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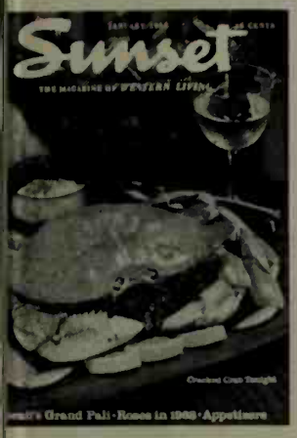

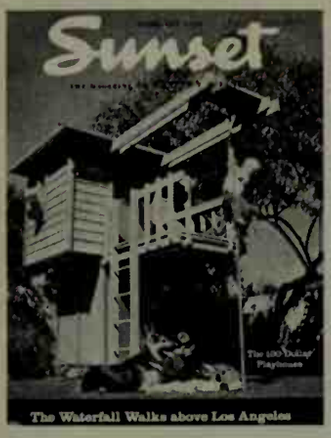

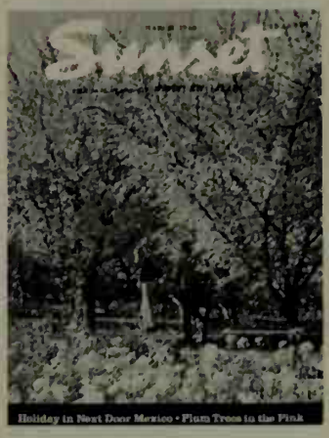

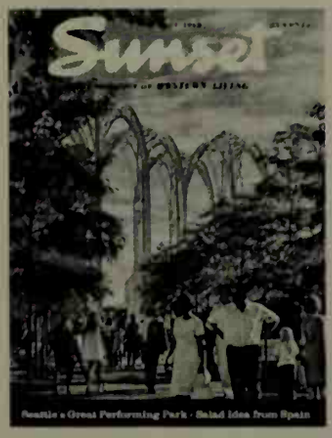

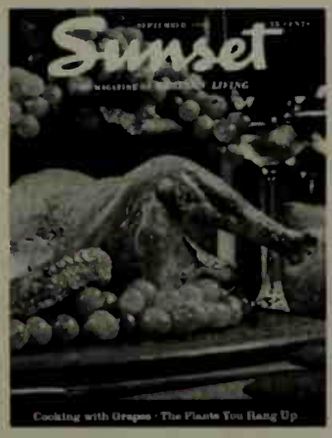

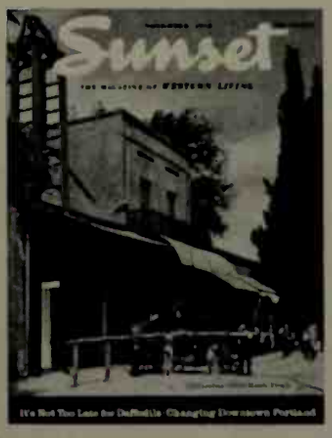

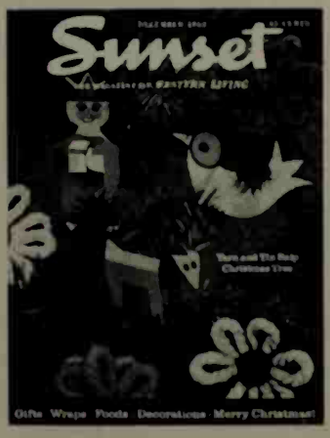

Western Gardening and Landscaping

- Monthly garden guides
- Flowers, shrubs, trees
- Lawns and lawn care
- Landscape planning
- Container gardening
- Patios, fences, pools
- Gardening techniques

Western Cooking and Entertaining

- Meal planning ideas
- Menus • Entertaining
- Foreign cookery
- Barbecuing • Baking
- Young people's cooking
- Seasonal foods
- Hundreds of recipes

Western Building and Remodeling

- Houses and house plans
- Remodeling ideas
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Western and Worldwide Travel

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- Boating • Skiing
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Sunset
THE MAGAZINE OF WESTERN LIVING

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SUNSET *is published each month in four editions:* Northwest edition for Washington, Oregon, Idaho, and Alaska; Central edition for northern and central California, Nevada, and Utah; Southwest edition for coastal Southern California and Hawaii; Desert edition for southeastern California, southern Nevada, and Arizona. Because of the climate and other differences, many SUNSET articles run in only one or two of the four editions.

You can tell which edition of SUNSET *you read* by looking on the index page of the magazine. At the upper left corner of the page you will see the name of the edition: Pacific Northwest, Central, Southern California and Hawaii, or Desert. The edition can also be found in small print at the bottom of the index page.

In the index listings, N denotes Northwest edition; C, Central edition; S, Southwest edition; and D, the Desert edition. The word "all" tells you that an article has appeared the same month and page in all four editions. Index listings are written as follows: May 76 N, C (May, page 76, Northwest and Central editions).

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241229

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Coronado National Monument, Nov 4 D
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- All-Indian Pow Wow, July 42 all
- Buffalo Park, July 6 D
- Hopi Craftsman Show, July 3 D
- Skiing, Jan 3 D

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Helvetia, ghost town, Oct 3 D
Maricopa County regional parks, Feb 3 D
McNary
- Skiing, Jan 3 D
- White Mountain Scenic Railroad, May 92 all

Monument Valley tours, Ariz.-Utah border, June 3 D
Navajo National Monument, Oct 22 C
Organ Pipe Cactus National Monument, State 85, May 3 D
Page Springs Fish Cultural Station, near Cornville, Mar 4 D
Parker Canyon Lake, Aug 6 D
Phoenix
- Heard Museum Indian Fair, Apr 4 D
- South Phoenix Festival of Arts, South Mountain Park, Mar 3 D
- Veterans Memorial Coliseum, Basketball, Hockey, Nov 6 D

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Scottsdale: Paolo Soleri Studio, Nov 60 all
Sedona: Red rock country, jeep tours, May 3 D
Seneca Lake, northeast of Globe, May 4 D
Southern desert country, snow, Dec 3 D
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- Chinese costume exhibit, Arizona State Museum, Dec 3 D
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- Skiing, Jan 3 D

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Crabbing, Ore., Wash., Apr 3 N
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Weather broadcasts, So. Calif., Mar 4 S

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Pardee Dam, northeast of Stockton, Calif., Apr 40 C

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River running, Klamath River, No. Calif., May 73 all
River runs, what to take along, Mar 34 all
River touring expeditions, Mar 30 all
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Beachcombing for Japanese Glass Floats, May 76 all
California Wine Country, a *Sunset* book, Sept 122 all
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Crisis on the Columbia, Dec 48 N
Desert Solitaire: A Season in the Wilderness, Apr 79 all
Farm & Ranch Vacation Guide, Mar 43 all
Ghost Towns of the Colorado Rockies, Aug 29 all
Here Today: San Francisco's Architectural Heritage, Oct 4 C
John Muir Trail and the High Sierra Region, Starr's Guide to the, Aug 4 C
Just in Case, a Survival Book for Stormy Days, Dec 6 N
Los Angeles, a *Sunset* book, May 80 all
Los Angeles—An Unusual Guide to Unusual Shopping, Feb 4 S
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Southeast Asia, a *Sunset* book, Sept 48 all
Taiwan, a *Sunset* book, Mar 137 all
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Trail Country, Dec 48 N
Trips and Trails, Oct 6 N
University of California, The: A Pictorial History, Dec 48 C, S
Washington, Travel Guide to, a *Sunset* book, June 50 all
Washington Birds, Their Location and Identification, June 3 N

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- Disneyland, guided tours, Sept 8 S, D
- Santa Fe & Disneyland Railroad, May 92

CALIFORNIA (Cont.)

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Beegum: Beegum Creek, fishing, July 38 S
Berkeley
University of California centennial celebration, May 3 C
The University of California: A Pictorial History, Dec 48 C, S
Beverly Hills, Film studio tours, Feb 4 S
Bishop Basin area, fall fishing, Oct 62 all
Bolinas Lagoon, Waterfowl, Feb 44 C, S, D
Buena Park, Ghost Town & Calico Railway, May 93
Buena Vista Lagoon: Waterfowl sanctuary, south of Oceanside, Dec 4 S
Burbank, Film studio tours, Feb 4 S
Cabrillo National Monument, commemorative ceremonies, Sept 4 S
Calico: Camping at restored ghost town, Feb 6 S
California Wine Country, a *Sunset* book, Sept 122 all
Camp Richardson: Lake Tahoe Visitor Center, stream profile chamber, Nov 48 N, S C
Carmel: Christmas bazaar, Dec 45 C
Carson Pass, State Hwy. 88, across Sierras, Oct 48 all
Channel Islands, south of Santa Barbara, cruise to, Apr 40 S, D
Chico, Bidwell Centennial, Oct 4 C
Chico to Paynes Creek via Ponderosa Way (State Hwy. 36), June 52 all
China Lake: Maturango Museum, Naval Weapons Center, Jan 4 S, D
Coalinga Mineral Springs, near Coalinga, Mar 6 C
Columbia, gold rush town, Nov 78 all
Coronado
Hotel Del Coronado, Nov 28 S, D
San Diego-Coronado ferry, Nov 4 S
Crescent City, Pebble Beach, Apr 28 N, S, D
Cuesta Pass, north of San Luis Obispo, exploring, July 30 C, S
Cuyamaca-Laguna Mountains, So. Calif., exploring, Nov 44 C, S, D
Daggett: Pioneer Picnic, Sept 3 S, 4 D
Del Norte Coast Redwoods State Park, new campground, June 3 C
Donner Memorial State Park, June 4 C
Ebbetts Pass, State Hwy. 4, across Sierras, Oct 48 all
Emeryville: Model railroad, Oct 4 C
Felton, Roaring Camp & Big Trees Narrow Gauge Railroad, May 93 all
Fish Camp, Yosemite Mountain & Sugar Pine Line R.R., May 92 all
Fort Bragg: Paul Bunyan Days, Sept 31 N, 22 C
California Western Railroad, May 93 all
Fresno
Christmas Tree Lane, Dec 3 C
Underground Gardens, Apr 52 N; May 31 C, 30 S, D
Generals' Highway, between Sequoia and Kings Canyon National Parks, snow drive, Jan 26 C
George J. Hatfield State Recreation Area, west of Merced, Oct 45 all
Hemet: Ramona Pageant, Apr 4 S
Henry Cowell Redwoods State Park, new campground, June 3 C
Hollywood: Film star murals, Home Savings and Loan building, Nov 4 S

CALIFORNIA (Cont.)

Independence: Eastern California Museum, June 4 S
Jalama Beach County Park, So. Calif., Nov 67 all
John Muir Trail and the High Sierra Region, Starr's Guide to the, book review, Aug 4 C
Kings Canyon National Park, Generals' Highway, Jan 26 C
Klamath River: River running, May 73 all
Laguna Beach: Shopping tour, watching craftsmen, Dec 40 S
La Jolla: Feature article, Sept 52 all
Lake Alpine via State Hwy. 4, June 46 N, C
Lake Chabot, Alameda County, Feb 3 C
Lake Tahoe, Camp Richardson, Profile stream chamber, Nov 48 N, S C
Lassen Volcanic National Park: Three lakes, easy hike, Sept 38 all
Lewiston: Trinity River Raft Race, July 24 C
Locke, north of Walnut Grove, July 23 N, S, D; Aug 24 C
Long Beach: Olympic trials, Aug 19 S, D
Los Angeles
Angels' Flight, downtown railway, Dec 4 S
County Museum of Natural History, Exposition Park, May 40 all
El Mercado, Oct 57 all
Fairfax Avenue, Sept 22 S, D
Film studios, tours, Feb 4 S
Griffith Park, five-mile hike, Jan 4 S
Hall of Arms and Armor, Museum of Natural History, Oct 60 all
Hancock Park, Mammoth models, May 4 S
Hollywood film star murals, Home Savings and Loan building, Nov 4 S
Los Angeles, a *Sunset* book, May 80 all
Los Angeles—An Unusual Guide to Unusual Shopping, book review, Feb 4 S
Los Angeles River, eat faces on storm drains, July 6 S
Metropolitan beach area, July 34 N, C, D, 58 S
Mexican fair, July 4 S
Observation towers, downtown, Feb 3 S
Olvera Street, Flower and Camera Day, June 30 all
Pacific Coast Stock Exchange, visiting, Apr 46 all
Planetariums, Oct 3 S
Los Angeles to Acapulco by ship, Mar 33 all
Los Padres National Forest
California condor, Mount Pinos, Aug 4 S
Santa Lucia Mountains, camping, hiking, Feb 24 S, D
Mariposa: Museum, Nov 4 C
McCloud, Shasta Huffen Puff, May 92 all
Mendocino: Art classes, Aug 3 C
Mendocino County: Steelhead, winter-run, Alder Creek, Dec 23 N, C
Merced: Applegate Park, Aug 4 C
Merced River: Trout fishing, late season, Nov 62 all
Montecito, Mar 10 N
Mount Pinos
California condor, Aug 4 S
Pines, limber, Oct 22 S, D
Nevada City: Artists' Christmas Fair, Dec 3 C
New Almaden-Santa Teresa area, south of San Jose, exploring, Apr 50 C
Newhall: Oil refinery, restored, Jan 19 S, D; May 29 N

CALIFORNIA (Cont.)

Newport Beach: Sand Castle Contest, Oct 3 S
Nojoqui Falls County Park, off U.S. Hwy. 101 north of Gaviota Pass, Jan 3 S
Oakland
Harrison Railroad Park, Nov 3 C
Jack London Square, new information center, Aug 4 C
Ontario: Air Museum, International Airport, Feb 3 S
Oroville: Tapestry Hall, Chinese Temple, Dec 50 all
Pardee Reservoir, northeast of Stockton, Apr 40 C
Pasadena: Bicycle tour, 13-mile, Mar 38 S
Paso Robles to Cambria via State Hwy. 46, Oct 34 all
Penngrove to Glen Ellen, Sonoma spring drive, Apr 4 C
Pleasanton: Standard Cheese Company, Sept 31 C
Pomona: Carousel, Los Angeles County Fair, Sept 4 S
Redondo Beach: Fisherman's Wharf, Nov 51 all
Redwood City: Marine World, June 3 C
Riverside: White Park, old trees, Mar 3 S
Rosamond: Burton's Tropico Gold Mine, Nov 70 all
Sacramento
California Exposition, July 3 C
State Legislature, visit to, Feb 3 C
Sacramento-San Joaquin Delta
Berry picking from a boat, Sept 4 C
Houseboat cruising, Apr 31 all
Sacramento Valley: Waterfowl, wildlife refuges, Nov 27 all
San Diego
Panama Pacific Exposition, Balboa Park, ornate buildings, Aug 3 S
Point Loma lighthouse, May 3 S
Torrey Pines State Reserve, Sept 4 S
San Francisco
American Indian Historical Society, Apr 40 N, 10 S, D
Bernal Heights Fair, Aug 6 C
Boat and sports shows, Jan 4 C
Chinese New Year celebration, Feb 27 N, C
Christmas window, St. Mark's Lutheran Church, Dec 3 C
Doll Club, annual show, Nov 4 C
Evans Studio, print-maker's gallery, Mar 6 C
Fort Mason, Nov 22 N, C
Grant Avenue street fair, June 9 N
Japanese Boys' Day, paper carp, May 79 all
Japanese Cultural and Trade Center, Apr 3 C; May 10 N; Aug 24 S, D
KQED auction, June 4 C
North Beach, gift shopping, July 34 S
Pacific Coast Stock Exchange, visiting, Apr 46 all
Presidio, Nov 88 all
Travel show, Mar 6 C
San Francisco Bay
Angel Island State Park, Aug 22 C; Oct 38 N, S, D
Bird watching, Mar 28 C
San Francisco Bay Area
Helicopter tour, Apr 33 all
Here Today: San Francisco's Architectural Heritage, book review, Oct 4 C
Photography shows, May 4 C

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San Gabriel Mountains
Bouquet, San Francisquito, Elizabeth Lake canyons, Apr 50 N
Cedar Canyon, June 3 S
High country hikes, Oct 70 S
Soldier Creek, Dec 3 S
Waterfall canyons, hiking, Feb 50 all
San Joaquin Valley: Interstate 5-580, new freeway, Jan 3 C
San Jose
Bottle Conclave, May 4 C
Photographer show, Nov 6 C
Santa Clara Valley Gem and Mineral Society Show, Feb 6 C
Zoological Gardens, May 34 all
San Juan Bautista to Paicines, spring drive, Apr 4 C
San Luis Obispo
Cuesta Pass, North of San Luis Obispo, exploring, July 30 C, S
Historical tour, Aug 26 C, 22 S, D
San Marino: Japanese garden, new, Huntington Botanical Gardens, Nov 3 S
San Pablo Bay: Striped bass fishing, July 4 C
Santa Barbara, Kite Day, May 3 S
Santa Cruz: Victorian houses, Mission Hill, Nov 28 N, C
Santa Maria: Waller Park, Aug 4 S; Oct 8 C
Santa Monica: Highland Gathering and Games, June 27 S, D
Santa Monica to Venice by tram, Mar 28 N, S, D, 26 C
Santa Rosa: Highland Games, Sept 3 C
Santee: Santee Recreation Lakes Park, July 3 S
Saratoga: Villa Montalvo nature trail, Jan 3 C
Sequoia National Park, Generals' Highway, Jan 26 C
Sierra South, book review, Aug 4 C
Solvang, Oct 38 C
Sonoma County, spring drive, Apr 4 C
Sonora Pass, State Hwy. 108, across Sierras, Oct 48 all
Stanford: Summer Festival of the Arts, July 24 N, S, D, 6 C
Stanislaus National Forest: Emigrant Basin Primitive Area, fall fishing, Sept 44 all
State parks, camping reservations, Feb 6 N, 3 C; Apr 3 S
Stinson Beach: Waterfowl, Bolinas lagoon, Feb 44 C, S, D
Stockton: Morris Chapel, University of the Pacific, Sept 4 C
Sunol Park, east of Mission San Jose, Mar 3 C
Tecopa, Resting springs, Jan 4 C, D
Thousand Oaks: Wildwood Park, July 3 S
Tioga Pass, State Hwy. 120, across Sierras, Oct 48 all
Tomales Bay
Gaper clams, Oct 3 C
Salmon, steelhead fishing, Dec 4 C
Tropico Gold Mine, Nov 70 all
Tulare, bottle show, Nov 6 C
Twain Harte: Lyons Lake via Sugar Pine Railway, Oct 69 all
University of California, The: A Pictorial History, book review, Dec 48 C, S

CALIFORNIA (Cont.)

Vandenberg Air Force Base, shore fishing, June 3 S
Van Nuys: Air Progress Show, July 29 all
Venice to Santa Monica by tram, Mar 28 N, S, D, 26 C
Weaverville: Joss House State Historical Monument, July 6 C
Weed: Dwinnell Reservoir, fishing, May 39 all
Yosemite National Park: Winter visit, Feb 6 C
Yucca whipplei, So. Calif., desert areas, May 3 S

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Bishop Basin area, Calif., Oct 62 all
Calico, Calif., restored ghost town, Feb 6 S
California state parks, reserving space, Feb 6 N, 3 C; Apr 3 S
Camp "cabinet," June 116 all
Coconino National Forest, Ariz., July 3 D
Cuyamaca-Laguna Mountains, So. Calif., Nov 44 C, S, D
Del Norte Coast Redwoods State Park, No. Calif., June 3 C
Desert camping, Dec 30 all
Desert picnics, Thanksgiving, Nov 43 S, D
El Vado State Park, N. Mex., June 3 D
Emergency kit, Oct 66 all
Henry Cowell Redwoods State Park, No. Calif., June 3 C
Jalama Beach County Park, So. Calif., Nov 67 all
Lake Alpine, State Hwy. 4, Calif., June 46 N, C
Los Padres National Forest, Santa Lucia Mountains, Feb 24 S, D
Navajo Lake, Utah, Sept 27 C, S, D
Parker Canyon Lake, Ariz., Aug 6 D
Public Lands, Camping on the, booklet, Jan 31 all
Sawtooth Valley, Idaho, Sept 58 N, C, D
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Sunol Park, east of Mission San Jose, Calif., Mar 3 C
Tree house for adults, July 67 N, C, D
Valley of Fire State Park, Nevada, Mar 3 D
Walker Lake, north of Hawthorne, Nev., Mar 26 N, S, D; Apr 10 C
Washington Park, Anacortes, Wash., Oct 3 N

CANADA

Edmonton: Klondike Days, July 4 N
Okanagan Game Farm, Sept 22 N
Rossland: Le Roi Mine, Sept 29 N
Stikine River cruise from Wrangell, Alaska, Aug 22 N
Vancouver
Centennial Museum, Dec 4 N
Christmas shopping, Dec 45 N
Vancouver Island
Duncan: Cowichan Valley Forest Museum, May 60 all
Nitinat Lake to Bamfield, hike from, Sept 20 N
Petroglyphs, Sept 3 N
Vernon: Winter carnival, Feb 4 N
Victoria
Christmas shopping, Dec 45 N
Point Ellice House, May 6 N
Victoria to Seattle via hydrofoil, Dec 3 N

CENTRAL AND SOUTH AMERICA

Guatemala: Tikal, Mayan temples, Mar 44 all
Guyana: Georgetown, Apr 74 all

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Acapulco from Los Angeles, Mar 33 all
Channel Islands, south of Santa Barbara, Calif., Apr 40 S, D
Hydrofoil from Seattle to Victoria, B.C., Dec 3 N
La Paz to Mazatlán, Mexico, by ferry, Apr 42 all
River runs, what to take along, Mar 34 all
River touring expeditions, Mar 30 all
Stikine River, Wrangell, Alaska to British Columbia, Aug 22 N

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Camping, winter, Calif., Ariz. desert regions, Dec 30 all
Eureka to Elko, Nev., via State Hwy. 46, May 50 all
Organ Pipe Cactus National Monument, Ariz., May 3 D
Paolo Soleri Studio, Scottsdale, Ariz., Nov 60 all
Picnics, Thanksgiving, Nov 43 S, D
Sheep, desert bighorn, Desert National Wildlife Range, near Las Vegas, Nev., Apr 3 D
Southern Arizona desert, snow, Dec 3 D
Tortoise, desert *(Gopherus agassizii)*, Feb 38 all
Walker Lake, north of Hawthorne, Nev., Mar 26 N, S, D; Apr 10 C
Yucca whipplei blooms, So. Calif., May 3 S

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Salzburg: Container gardening, Alter Markt Square, May 258 N
Vienna: Prater, Oct 21 N, 8 S, D
Wine Gardens, Vienna's suburbs, May 66 all
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Munich: Viktualienmarkt, Nov 77 all
Rothenburg, June 57 all
Rudesheim, Sept 42 all
Netherlands
Amsterdam: Flea market, Jan 23 N, 26 S, D; Sept 29 C
Switzerland
Lucerne, walking tour, June 42 all
Lugano: Wine festival, Oct 20 S, D
Neuchâtel: Wine festival, Oct 20 S, D

FISHING

Abalone, Mar 55 all
Bass, striped, San Pablo Bay, near Richmond, Calif., July 4 C
Cisco spawning run, Bear Lake, Laketown, Utah, Jan 32 all
Clams, gaper, Tomales Bay, No. Calif., Oct 3 C
Coconino National Forest, Ariz., July 3 D
Crabbing, Ore., Wash., Apr 3 N
Ice-fishing, Lake of the Woods, Oregon's southern Cascades, Feb 8 N
Kokanee, Pardee Dam, northeast of Stockton, Calif., Apr 40 C
Lake Chabot, San Francisco East Bay, Feb 3 C

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Ocean, Los Angeles metropolitan beach area, July 34 N, C, D, 58 S
Ocean, Redondo Beach Fisherman's Wharf, Calif., Nov 51 all
Oysters, picking, Apr 34 all
Parker Canyon Lake, Ariz., Aug 6 D
Salmon, steelhead, Tomales Bay, No. Calif., Dec 4 C
Salmon, winter blackmouth, Puget Sound, Wash., Nov 3 N
San Pedro Nolasco, Mexico, Dec 48 D
Santee Recreation Lakes Park, Santee, Calif., July 3 S
Sawtooth Valley, Idaho, Sept 58 N, C, D
Shore fishing, Vandenberg Air Force Base, near Lompoc, Calif., June 3 S
Snorkel fishing, June 46 S, D
Steelhead, winter-run, Dec 23 N, C
Trout, Beegum Creek, south of Beegum, Calif., July 38 S
Trout, Bishop Basin area, Calif., Oct 62 all
Trout, Dwinnell Reservoir, north of Weed, Calif., May 39 all
Trout, El Vado Dam, N. Mex., June 3 D
Trout, Emigrant Basin Primitive Area, Stanislaus National Forest, Calif., Sept 44 all
Trout, Merced River, No. Calif., Nov 62 all
Trout, Navajo Lake, Utah, Sept 27 C, S, D
Trout, Ponderosa Way (State Hwy. 36), north from Chico, Calif., June 52 all
Trout, Seneca Lake, northeast of Globe, Ariz., May 4 D
Trout, Sheep Creek Reservoir, Duck Valley Indian Reservation, Nev., Oct 54 all
Trout stream profile chamber, Lake Tahoe Visitor Center, Camp Richardson, Calif., Nov 48 N, 8 C

HAWAII

Halawa: Underground Pumping Station, Dec 22 S, D
Honolulu
  Bishop Museum, Nov 38 all
  Government Center, walking tour, Feb 42 N
  State Fair, June 26 N, 49 S, D
  Zoo, Kapiolani Park, Sept 50 N, 20 S, D
Kaui: Hanalei Art Festival, Aug 30 all
Mokuleia: Polo season, Mar 56 all
Nuuanu Pali Natural Park, Jan 36 all
South Point, between Hilo and Kona, Jan 26 N
Waimea Falls Park, Feb 23 N, 42 C, S, D

HIKING

Angel Island State Park, San Francisco Bay, Aug 22 C; Oct 38 N, S, D
Boots, care of, Feb 23 S, D; Apr 9 N, 28 C
Cape Perpetua, Siuslaw National Forest, Ore., Sept 24 N, 20 C
Cedar Canyon, So. Calif.'s San Gabriel Mountains, June 3 S
Cuyamaca-Laguna Mountains, So. Calif., Nov 44 C, S, D
Dogs, training to backpack, Apr 57 all
Emigrant Basin Primitive Area, Stanislaus National Forest, Calif., fall fishing, Sept 44 all
Escalante Canyon, southern Utah, Mar 38 N, C, D
Ferndell-to-Mount-Hollywood trail, Griffith Park, Los Angeles, Jan 4 S
Four Peaks area, Tonto National Forest, Ariz., Feb 24 N

HIKING (Cont.)

Lassen Volcanic National Park, Calif., three lakes, easy hike, Sept 38 all
Meals for backpackers, June 145 all
Medicine for Mountaineering, book review, Dec 48 N
Nitinat Lake to Bamfield, Vancouver Island, Sept 20 N
Packers and guides, Wash. state, booklet of, Mar 3 N
Sabino Canyon to Bear Canyon, near Tucson, Feb 3 D
San Gabriel Mountains, So. Calif.
  High country hikes, Oct 70 S
  Waterfall canyons, Feb 50 all
Santa Lucia Mountains, Feb 24 S, D
Sierra South, book review, Aug 4 C
Starr's Guide to the John Muir Trail and the High Sierra Region, book review, Aug 4 C
Sunol Park, east of Mission San Jose, Calif., Mar 3 C
Sunset Crater National Monument, Ariz., June 4 D
Trail Country, book review, Dec 48 N
Trips and Trails, book review, Oct 6 N
Wilderness Society trips, Mar 58 all

IDAHO

Bear Lake, Utah-Idaho border, May 68 all
Bonanza, ghost town off U. S. Hwy. 93, May 30 N
Bruneau Canyon, southwestern Idaho, Mar 51 all
Custer, ghost town off U. S. Hwy. 93, May 30 N
Malad River, south of Bliss, exploring, Mar 3 N
Mountain Home: Annual rock show, Oct 6 N
Mullan: Fabulous Valley Winter Carnival, Feb 4 N
Nez Percé National Historical Park, Apr 4 N
Sawtooth Valley, Indian summer, Sept 58 N, C, D
Sun Valley
  Air ski tour from Seattle, Dec 6 N
  Northwest Ski Train Special, Jan 4 N

INDIANS

American Indian Historical Society, San Francisco, April 40 N, 10 S, D
Duck Valley Indian Reservation, Sheep Creek, Nevada, Oct 54 all
Heard Museum, Indian Fair, Phoenix, Apr 4 D
Hopi Craft Show, Flagstaff, Ariz., July 3 D
Hopi Kachina dolls, Feb 58 all
Hubbell Trading Post, Ganado, Arizona, Apr 50 S, D
Indian Pow Wow, Flagstaff, Ariz., July 42 all
Makah Days, Neah Bay, Washington, Aug 26 N
Manturango Museum, China Lake, Calif., Jan 4 S
Marmes Man, Washington, Oct 3 N
Mayan ruins, Yucatan, Nov 32 all
Navajo Centennial events, Arizona, Aug 4 D
Navajo National Monument, Arizona, Oct 22 C
Nez Percé National Historic Park, Idaho, Apr 4 N
Petroglyphs, Vancouver Island, Sept 3 N
Sonora, Mexico, Mar 60 all
Tikal, Temples, Guatemala, Mar 44 N

MEXICO

Acapulco from Los Angeles by ship, Mar 33 all
Lake Chapala, Dec 40 N, C, D
La Paz to Mazatlán by ferry, Apr 42 all
Mexico City
  Minute Guide to Mexico City Museums, book review, Dec 37 all
  Olympic Games, cultural events, Oct 50 all
  Olympic Games, planning visit to, Jan 28 all; July 26 all
  San Carlos Museum, Dec 37 all
San Felipe, Baja California, Oct 4 S
San Miguel de Allende: Fiesta, Sept 28 S, D
San Pedro Nolasco, fishing, Dec 48 D
Sonora, exploring, Mar 60 all
Tepoztlán, Feb 34 all
Yucatán: Mayan ruins, fish-watching, Nov 32 all

MISCELLANEOUS

Air travel, discount rates, Apr 66 all
Children, traveling with, May 52 all
Japanese Boys' Day, paper carp, May 79 all
Merry-go-rounds, classic in the West, June 74 all
Passport, applying for, Oct 53 all
Public lands, recreational developments, Jan 31 all
Railroads, steam, remaining in West, May 92 all
Railway and Locomotive Historical Society, May 4 C
Ranch vacations, Mar 43 all
Weather forecasts, continuous radio, Apr 121 C
Wrecking firms, hunting for collectors' items, Dec 8 C, S, D

NATIONAL PARKS, MONUMENTS

Arches N.M., Utah: *Desert Solitaire: A Season in the Wilderness*, book review, Apr 79 all
Canyonlands N.P., Utah: The Maze, proposed addition to, Oct 28 all
Coronado N.M., Ariz., Nov 4 D
Grand Canyon N.P. Easter sunrise service, Mar 4 S
Grand Teton N.P., Wyo.: Snake River raft trip, Aug 21 S, D
Kings Canyon N.P., Generals' Highway, Jan 26 C
Lassen Volcanic N.P., Calif: Three lakes, easy hike, Sept 38 all
Mount McKinley N.P., Alaska: Wildlife, June 62 all
Mount Rainier N.P., Wash.: *Exploring Mount Rainier*, book review, Dec. 48 N
Navajo N.M., Ariz., Oct 22 C
Nez Percé N. H. P., central Idaho, Apr 4 N
Olympic N.P., Wash.: *Trail Country*, book review, Dec 48 N
Organ Pipe Cactus N.M., Ariz., May 3 D
Sequoia N.P., Generals' Highway, Jan 26 C
Sunset Crater N.M., Ariz., June 4 D
Tumacacori N.M., Ariz.: Patio garden, May 258 D
Yosemite N.P., Calif.: Winter visit, Feb 6 C

NATURE

Archeological dig, Palouse Canyon, Wash., Oct 3 N
Berry picking, July 52 all
Bird watching, June 3 N

NATURE (Cont.)

Bird watching, Madera Canyon Recreation Area, Ariz., Sept 4 D
Bird watching, San Francisco Bay, Mar 28 C
Bird watching gifts, Dec 54 all
Birds, Their Location and Identification, Washington, book review, June 3 N
Buffalo Park, Flagstaff, Ariz., July 6 D
Condor, California, Mount Pinos, Los Padres National Forest, Calif., Aug 4 S
Duck, koloa, Hawaii, Nov 40 all
Fish Cultural Station, Page Springs, near Cornville, Ariz., Mar 4 D
Game Farm, Okanagan, Canada, Sept 22 N
Gastroliths, Morrison Formation, Utah, Aug 36 all
Gem and Mineral Society show, Santa Clara Valley, San Jose, Calif., Feb 6 C
Horses, wild, Aug 3 D
Jungle walk, Los Angeles State and County Arboretum, Arcadia, Mar 3 S
Juniper grove, near Mattawa, Wash., Aug 4 N
Lava Butte, south of Bend, Ore., Sept 4 N
Lava fields, Columbia Basin, Wash., Oct 70 N, C, D
Mammoth models, Hancock Park, Los Angeles, May 4 S
Marine World, Redwood City, Calif., June 3 C
Natural History, County Museum of, Los Angeles, May 40 all
Natural history, Mojave Desert, Maturango Museum, China Lake, Calif., Jan 4 S, D
Nature guides, 67 titles, Dec 24 all
Nature trail, Villa Montalvo, Saratoga, Calif., Jan 3 C
Pines, limber, So. Calif., Oct 22 S, D
Planetarium, Oregon Museum of Science and Industry, Portland, Jan 4 N
Planetariums, So. Calif. area, Oct 3 S
Sheep, desert bighorn, Desert National Wildlife Range near Las Vegas, Nev., Apr 3 D
Snakes, as temporary pets, May 96 all
Stream Profile Chamber, Lake Tahoe, Nov 48 N, 8 C
Tortoise, desert *(Gopherus agassizii)*, Feb 38 all
Trees, old, White Park, Riverside, Calif., Mar 3 S
Waterfowl, Bolinas Lagoon, Stinson Beach, Calif., Feb 44 C, S, D
Waterfowl, Buena Vista Lagoon, south of Oceanside, Calif., Dec 4 S
Waterfowl, Sacramento Valley, Calif., wildlife refuges, Nov 27 all
Weather forecasts, continuous radio, Apr 121 C
Weeds, fun for children, Mar 46 all
Wildflowers, Uncompahgre Primitive Area, Colorado, Aug 29 all
Wildlife, Mount McKinley National Park, Alaska, June 62 all
Wildlife, photographing, June 60 all
Wildlife Refuge, Malheur National, southeastern Ore., May 74 all
Yucca whipplei, So. Calif., May 3 S
Zoo, at home, Aug 60 all
Zoo, children's, Woodland Park, Seattle, Apr 10 N
Zoo, Kapiolani Park, Honolulu, Sept 50 N, 20 S, D
Zoological Gardens, San Jose, Calif., May 34 all

NEVADA

Desert National Wildlife Range, near Las Vegas: Sheep, desert bighorn, Apr 3 D
Eureka to Elko via State Hwy. 46, May 50 all
Las Vegas Bombing and Gunnery Range: Wild horses, Aug 3 D
Lee Canyon Ski Area, northwest of Las Vegas, Jan 20 N, 24 C, S, D
Sheep Creek Reservoir, Duck Valley Indian Reservation, fishing, Oct 54 all
Sparks: Harrah's Automobile Collection, Feb 4 C
Valley of Fire State Park, Mar 3 D
Walker Lake, north of Hawthorne, Mar 26 N, S, D; Apr 10 C

OREGON

Anthony Lakes Ski Area, northeast Ore., new facilities, Mar 3 N
Banks, Vernonia, South Park & Sunset Steam Railroad, May 93 all
Bend, Lava Butte, Sept 4 N
Cannon Beach: Sand Castle Building Contest, Aug 3 N
Cape Perpetua, Siuslaw National Forest, Sept 24 N, 20 C
Coos Bay, crabbing, Apr 3 N
Gold Hill, Gold panning, May 4 N
Jacksonville
  Peter Britt Music Festival, Aug 6 N
  Peter Britt Société antique show, May 6 N
Lake of the Woods, southern Cascades, ice-fishing, Feb 8 N
Malheur National Wildlife Refuge, southeastern Ore., May 74 all
Mount Angel: Oktoberfest, Sept 8 N
National Forests, berry picking, July 52 all
Picture Gorge, near Dayville, Indian pictographs, June 6 N
Portland
  Highland Games, July 3 N
  New sights, Nov 44 N
  Planetarium, Oregon Museum of Science and Industry, Jan 4 N
  Portland Zoo Railway, May 93 all
Scout Lake, near Sisters, June 4 N
Sisters
  Dog sled racing, Jan 3 N
  Indian Ford Ranches, annual roundup, July 3 N
Siuslaw National Forest: Cape Perpetua, Sept 24 N, 20 C
Spout Springs-Tollgate winter sports area, Blue Mountains, Feb 49 all
Tillamook: Pig and Ford Races, Aug 4 N
Travel Guide to Oregon, a *Sunset* book, June 50 all
Umpqua River, loop trip, Oct 8 N

PACIFIC AREA

Australia, a *Sunset* book, Mar 37 all
Japan
  Kyoto: Kiyomizu temple complex, Apr 60 all
Micronesia islands, Nov 54 all
New Zealand
  Cecil Peak Station, Jan 20 C, S, D; Oct 22 N
  New Zealand, a *Sunset* book, Mar 37 all
Samoan Islands, Apr 71 all
Southeast Asia, a *Sunset* book, Sept 48 all
Tahiti, exploring by car, Nov 43 N, 20 S, D
Taiwan, a *Sunset* book, Mar 37 all
Tonga, Dec 45 S, D

SKIING

Anthony Lakes Ski Area, northeast Ore., new facilities, Mar 3 N
Arizona Snow Bowl, Jan 3 D
Big Cienega Ski Area, Ariz., Jan 4 D
Jackson Hole, Wyo., Feb 28 all
Lee Canyon Ski Area, northwest of Las Vegas, Nev., Jan 20 N, 24 C, S, D
Mount Lemmon Winter Sports Area, Ariz., Jan 3 D
Skiing, weather reports, Dec 4 C
Ski-jumping tournament, Leavenworth, Wash., Feb 3 N
Snowmass-at-Aspen, Colo., Feb 33 all
Spout Springs-Tollgate winter sports area, Blue Mountains, Ore., Feb 49 all
Sun Valley, Idaho
  Air tour from Seattle, Dec 6 N
  Sun Valley-Northwest Ski Train Special, Jan 4 N
Williams Ski Area, Ariz., Jan 4 D

SPORTS

Basketball, hockey, professional, Phoenix, Ariz., Nov 6 D
Bicycle tour, Pasadena, 13-mile, Mar 38 S
Boat and sports shows, San Francisco, Jan 4 C
Dog sled racing events, Pacific Northwest, Jan 3 N
Highland Games, Santa Rosa, Calif., Sept 3 C
Highland Games, Seattle, Wash., and Portland, Ore., July 3 N
Highland Gathering and Games, Santa Monica, Calif., June 27 S, D
Olympic Games, Mexico, planning visit to, Jan 28 all; July 26 all
Olympic trials, Long Beach, Calif., Aug 19 S, D
Polo, Mokuleia, Hawaii, Mar 56 all
Raft race, Trinity River, Lewiston, Calif., July 24 C
Raft races, Sammamish Slough, Wash., July 6 N
Rodeos, Apr 80 all
Sailing lessons, May 3 N
Sailplanes, So. Calif., Apr 3 S

STATES OTHER THAN EIGHT WESTERN

Colorado
  Durango: Denver & Rio Grande Western Railroad, May 93 all
  Ghost Towns of the Colorado Rockies, book review, Aug 29 all
  Snowmass-at-Aspen, new ski area, Feb 33 all
  Uncompahgre National Forest: Ghost town exploring trip, Aug 29 all
Montana
  Helena: Last Chance Gulch, Oct 4 N
  Marysville, old gold mining town, July 4 N
  St. Ignatius: Church, frescoes, Apr 4 N
New Mexico
  El Vado Dam, June 3 D
  State Hwy. 78 into Arizona, Oct 3 D
  Villages, eight old, along State Hwy. 76, Sept 34 all
  Zuni, ancient town, Apr 4 D
New York
  Niagara Falls, May 46 all
Rockies, Discovery Trips in the, a *Sunset* book, June 50 all

***STATES OTHER THAN EIGHT WESTERN** (Cont.)*

Texas
San Antonio: HemisFair '68, Apr 54 all; June 28 all
Wyoming
Grand Teton National Park: Snake River raft trip, Aug 21 S, D
Jackson Hole, midwinter visit, Feb 28 all
Teton Village: Summer tram ride, Aug 20 N, C; Sept 31 S, D

UTAH

Arches National Monument: *Desert Solitaire: A Season in the Wilderness*, book review, Apr 79 all
Bear Lake State Park, near Garden City, May 68 all
Escalante Canyon, north of Lake Powell, Mar 38 N, C, D
Laketown: Cisco spawning run, Bear Lake, Jan 32 all
Midway: Swiss Days, Aug 35 all
Monument Valley tours, Ariz.-Utah border, June 3 D
Morrison Formation, south of Green River, gastroliths, Aug 36 all
Navajo Lake, State Hwy. 14, Sept 27 C, S, D
Salt Lake City
Promised Valley Pageant, July 37 S
State capitol, guided tour, Sept 19 N, S C; Oct 24 S, D
Stock Exchange, visiting, Apr 46 all
Visitors Center, Temple Square, Apr 44 all
Springdale: Zion Ballet Festival, July 32 N, D, 23 C
The Maze, proposed addition to Canyonlands National Park, Oct 28 all

WASHINGTON

Anacortes: Washington Park, Oct 3 N
Bellevue:
Children's plays, June 4 N
Ice show, Apr 6 N
Bellingham: Whatcom Museum of History and Art, Sept 6 N
Birds, Their Location and Identification, Washington, book review, June 3 N
Brewster: Earth Station, Nov 3 N
Cle Elum
Dog sled racing, Jan 3 N
Triple L Dude Ranch, snow fun, Jan 24 N
Columbia, Crisis on, book review, Dec 48 N
Grand Coulee, Moses Coulee country, 250-mile loop drive, Oct 70 N, C, D
Grays Harbor: *S.S. Catala* shipwreck, Nov 4 N
Leavenworth: Ski-jumping tournament, Feb 3 N
Mattawa: Juniper grove on Columbia's east bank, Aug 4 N
Mercer Island: Arts festival, July 4 N
Mount Rainer, Exploring, book review, Dec 48 N
National Forests, berry picking, July 52 all
Neah Bay: Makah Days, Aug 26 N
Olympic National Park: *Trail Country*, book review, Dec 48 N
Omak: Stampede and Suicide Race, Aug 3 N
Palouse Canyon: Archeological dig, Oct 3 N
Puget Sound
Crabbing, Apr 3 N
Fishing, winter blackmouth salmon, Nov 3 N

***WASHINGTON** (Cont.)*

Sammamish Slough: Raft races, July 6 N
Seattle
Armed Forces Spectacular, May 6 N
Highland Games, July 3 N
Repertory Theatre, supper-theater tickets, Dec 8 N
Rodeo, Indoor, Apr 6 N
Seattle Center, Aug 40 all
Wilderness conference, Mar 6 N
Woodland Park Zoo, children's, Apr 10 N
YWCA Antique Show and Sale, West Seattle, Apr 6 N
Seattle to Victoria, B.C., via hydrofoil, Dec 3 N
Snoqualmie
Puget Sound Rail Museum, Sept 3 N
Snoqualmie Falls, park at, Oct 40 all
Spokane: Stock Exchange, visiting, Apr 46 all
Tacoma: Washington State Historical Society Museum, Feb 3 N
Travel Guide to Washington, a *Sunset* book, June 50 all
Vantage: French Draw, on old U. S. Hwy. 10, Apr 4 N
Winthrop: Sun Mountain Lodge, June 6 N
Wooten State Game Refuge, Blue Mountain foothills, June 4 N

WEST INDIES

Cayman Islands, Apr 63 all
Jamaica: Montego Bay to Kingston by train, Feb 24 C

BUILDING AND REMODELING

BATHROOMS

Addition for two boys, Nov 154 all
Bathtub, non-slip bottom, May 112 all
Cabinet, mirrored door, Nov 124 all
Clip, clothespin-like, July 64 N, C, D
Countertop, teak parquet flooring, Sept 83 all
Guest room becomes luxurious bath, June 128 N, C, 127 S, D
Improving, seven ideas for, Feb 93 all
Master bath-dressing room addition, Apr 126 all
Remodel, roomy, May 123 C
Shower, high-low, Nov 161 all
Soap dish for bathtub-shower, May 112 all
Step drawers, pull-out, for children, Mar 128 all
Sunbath bench, Nov 161 all
Tile, tub and floor, July 64 N, C, D
Tub-shower units, fiberglass, Apr 114 all
Vanities, back to back, July 84 S, D; Aug 66 C
With garden view or privacy, Oct 149 all

BEDROOMS

Bed, bunk, built-in, Aug 73 all
Bed, canopy, built-in, June 120 C; Oct 144 S, D
Bed, firepole, built-in, June 120 C; Oct 144 S, D
Bed-sitting room, screen-divided, Oct 144 N, C
Boy's room, built-ins for, Mar 131 N, C; Nov 166 S, D
Bunk, like ship cabin, Oct 104 all
Children's, with accordian walls, Apr 98 N, C, D
Closet doors, mirrored, three-way folding, Oct 100 all
Closets, shoe, May 130 all
Desk, clothes closet in alcove, Nov 163 all
Sky-lit bedroom, Nov 106 all
Teenager's room, used for sewing, dressing, study, Feb 76 all
Train table, fold-up, Aug 66 N, 80 C, S, D
Upstairs addition for two boys, Apr 112 N, C
Vanity, built-in, two ideas, June 120 S, D; Sept 85 N, 106 C
Vanity-wash-up center, May 146 all

BOOK REVIEWS

Recreation Rooms, Ideas for, a *Sunset* book, Sept 102 all

CABINS AND VACATION HOUSES

Cabin shopping, readers' experiences, May 155 all
Drying rack for boots, gloves, Feb 74 all
Mountain house built for snow, Jan 42 all
Sierra cabin, tall-standing, Jan 44 all
Tree house for adults, July 67 N, C, D
Vacation house, rent to pay for itself, April 162 all
Vacation house wrapped around deck, Apr 90 all
Vacation houses, cost correction, June 92 all

FURNITURE

Bed, canopy, built-in, June 120 C; Oct 144 S, D
Bed, firepole, built-in, June 120 C; Oct 144 S, D
Bookcase, hanging, for A-frame, Feb 82 all
Built-ins for boy's bedroom, Mar 131 N, C; Nov 166 S, D
Bunk, like ship cabin, Oct 104 all

***FURNITURE** (Cont.)*

Bunk bed, built-in, Aug 73 all
Desk, clothes closet in alcove, Nov 163 all
Desks, double, three ideas, Nov 152 all
Dining table, paddle-shaped, May 177 all
Kitchen table-desk, compact, May 177 all
Seating units, on-or-off-floor, Apr 121 N
Toy collections, dust protection, Apr 148 N

GARAGES, CARPORTS

Carport addition to 100-year-old house, July 150 C; Sept 170 S, D
Carport becomes horse's maternity ward, July 74 all
Carport converted to playroom, workshop, Nov 156 all
Grease trough, Nov 170 all

HOME MATERIALS AND EQUIPMENT

Adobe blocks, no stabilizer available, Sept 83 all
Bathtub, non-slip bottom, May 112 all
Clip, clothespin-like, July 64 N, C, D
Clothes washer, dryer, portable, Apr 196 all
Concrete blocks instead of poured foundation, Mar 89 all
Decking, laminated, Oct 100 all
Dimmer switches, new, Nov 106 all
Door knobs, new, Sept 83 all
Fans, ventilating, quiet, Feb 74 all
Fireplaces, prefabricated, Mar 78 all
Food warmer, countertop, Apr 196 all
Glass, useful information, Sept 86 all
Grill, counter-level vent, May 177 all
Hinges, spring-loaded, Oct 100 all
House siding, vinyl, Nov 106 all
Ice cube maker, portable, July 64 N, C, D
Kitchen-hood ventilating fan, noiseless, Sept 83 all
Lights, bathroom, free-standing theater, Apr 114 all
Lock for sliding glass door, Sept 83 all
Oven, portable electronic, June 174 all
Ovens, gas, self-cleaning, July 126 all
Paneling, rough-sawn, simulated hardboard, Sept 83 all
Plywood siding, aggregate finish, May 112 all
Record player, dial-in, Feb 74 all
Sauna, door-mounted unit, Mar 89 all
Screening, purchasing, July 70 all
Sliding glass doors, multiple-panel, May 112 all
Soap dish for bathtub-shower, May 112 all
Sunset's test kitchens, equipment report, Apr 173 all
Trash receptacle, kitchen, Mar 156 all
Tub, shower units, fiberglass, Apr 114 all
Vacuum, built-in, self-emptying, Mar 89 all
Wall switches, photoelectric, Nov 106 all
Water filter, kitchen faucet, Mar 156 all
Water heater, instant, Mar 89 all

HOUSES

American Institute of Architects - *Sunset Magazine* Western Home Awards:
- Cabins, vacation homes, previous award winners, Apr 88 all
- One-room vacation house, Apr 92 all
- Three-level vacation house, Apr 94 all
- Treetop house, Oct 82 all
- Vacation house wrapped around deck, Apr 90 all

General

H-plan house, Nov 96 all
Hawaiian pavilion house, Sept 60 S

***HOUSES** (Cont.)*

Hillside

Pavilion house cantilevered out from hill, July 88 N; Oct 126 S, D
Treetop house, Oct 82 all

Ideas (Misc.) and Special Rooms

Barbecue grill to serve two rooms, Apr 180 all
Blind, roll-down, to screen kitchen from dining room, Aug 100 all
Buffet counter, "dry sink," Jan 59 S, D; Nov 166 N
California Design show, Apr 96 all
Closet, ceiling light for, Oct 100 all
Collections, displayed on wall, Feb 91 all
Craft workshop, fold-away, June 126 C, 128 S, D; Oct 120 N
Delivery closet, Apr 171 S, D
Dining room on a bridge, Apr 116 all
Divider between kitchen-dining area, Mar 90 all
Door, front, with hinged side panel, May 115 all
Door spaces, old, bookcase in, Nov 143 N, C, 135 S, D
Dressing table, stand-up, Jan 61 all
Drying rack for ski boots, gloves, Feb 74 all
Entry closet, generous, May 132 all
Family room addition, camouflaged doors, Nov 158 N
Family room addition, closed off with sliding panel, Sept 92 C, S, D
Family room addition, two-story, Oct 117 C
Fans, ceiling, July 58 N, C, D
Fire extinguishers, June 92 all
Fire protection system, May 145 all
Fireplaces, prefabricated metal, Mar 78 all
Garden rooms, Mar 190 N
Hearth, cantilevered, inexpensive, Nov 149 all
Heat from registers, deflecting into room, Apr 122 all
Magazine rack on stair rail, Apr 124 all
Music center beneath window, Feb 98 all
Panels to shut off kitchen, Nov 130 all
Pass-through, open or concealed, Apr 148 C, S, D
Pass-throughs, five indoor-outdoor, Aug 58 all
Pass-throughs, two ideas, Feb 87 all
Picture gallery, Mar 131 S, D
Playroom and workshop in carport, Nov 156 all
Projection screen, handy, Nov 116 all
Registers, planning locations, Nov 136 all
Sauna in closet, Mar 89 all
Screen door, sliding, July 64 N, C, D
Screened rooms for outdoor living, July 46 all
Serving counter, dining area, Oct 106 all
Sewing center, foldaway, May 126 all
Sewing closet, Nov 135 N, C, 140 S, D
Sewing-hobby room, Apr 134 all
Sewing-laundry room, drop-down table, Aug 82 all
Sewing machine on raise-up shelf, Jan 58 N
Sky windows, June 80 all
Storage facilities geared to children, Apr 136 N, C
Storage wall, multipurpose room, July 86 N, 88 C
Storage wall, recessed shelves, June 115 N, C
Studio, second-story, Apr 171 C; Nov 128 N, S, D
Sunbath bench, Nov 161 all
Telephone, concealed in kitchen cupboard, Dec 92 all

***HOUSES** (Cont.)*

***Ideas (Misc.) and Special Rooms** (Cont.)*

Telephone centers, two ideas, Oct 120 S, D; Nov 144 N, 128 C
Television sets, concealing, Oct 124 all
Television viewing, improvising, Mar 120 all
Under-stair space, putting to use, May 116 all
Walls, masonry, giving warm appearance, Apr 119 N, C; Nov 143 S, D
Window planter box, Dec 202 N
Windows, self-washing, Mar 109 all
Wine rack, pass-through, Apr 119 S, D
Workshop, woman's, in kitchen, July 126 all
Workshop in remodeled carport, Nov 156 all

Remodeling

Addition planned around established landscaping, Oct 98 all
Additions on both ends of two-story house, Sept 92 N
Bath, luxurious, from guest room, June 128 N, C, 127 S, D
Bath, master, with dressing room, Apr 126 all
Bathroom, roomy, May 123 C
Bathroom, tile tub and floor, July 64 N, C, D
Bathroom for two boys, Nov 154 all
Bathrooms, seven ideas for improving, Feb 93 all
Bedroom for boys, upstairs, Apr 112 N, C
Door spaces, old, ideas for, Nov 143 N, C, 135 S, D
Entry closet, May 132 all
Family room, camouflaged doors, Nov 158 N
Family room, closed off with sliding panel, Sept 92 C, S, D
Family room, two-story, Oct 117 C
Five-step program, May 108 all
Garage converted into house, Aug 80 N
Hawaiian schoolhouse, new life for, Nov 109 all
Kitchen, family room, May 122 N
Kitchen, foods and utensils in sight, Aug 88 N, C
Kitchen, maple counters, June 96 all
Kitchen, open-plan, closing off, May 150 C; Aug 85 S, D
Kitchen, peninsula built into, Oct 147 N, C
Kitchen, second cooking area added, July 60 N, C, D
Kitchen, U-shaped, Oct 92 N, C, D
Kitchen cooking area, U-shaped, Aug 79 N, C
Kitchen wing, breakfast room, sewing room-office, Mar 126 N, C
Passageway, open, closing, June 125 C, S, D; Oct 127 N
Playroom, second-story, Nov 110 all
"Space explosion": one-bedroom house is expanded, June 122 N, C
Structurally weak house, Feb 64 all
Studio, second-story, Apr 171 C; Nov 128 N, S, D

KITCHENS

Appliance garage, countertop, Apr 196 all
Baking center, Oct 192 all
Barbecue grill to serve two rooms, Apr 180 all
Bins for cleaning tools at sink, Apr 196 all
Blind, roll-down, to screen kitchen from dining room, Aug 100 all
Breakfast counter, June 174 all
Children's storage facilities, Apr 136 N, C
Convenience, ideas for, Nov 122 all

***KITCHENS** (Cont.)*
Cooking area, U-shaped, Aug 79 N, C
Counter, fold-down, May 121 all
Cutting board to fit over sink, June 120 N; Nov 144 C
Delivery closet, Apr 171 S, D
Divider, between kitchen-dining area, Mar 90 all
Drawers under upper kitchen cabinets, July 126 all
Food warmer, countertop, Apr 196 all
Grill, counter-level vent, May 177 all
Ice cube maker, portable, July 64 N, C, D
Island idea, five kitchens, Sept 68 all
Island storage ideas, Sept 148 all
Open and shut kitchen, Jan 52 all
Open-plan, closing off, May 150 C; Aug 85 S, D
Ovens, gas, self-cleaning, July 126 all
Panels to shut off kitchen, Nov 130 all
Pantry, full-height, Feb 84 all
Peninsula, Sept 95 all
Peninsula in redesigned kitchen, Oct 147 N, C
Remodel, foods and utensils in sight, Aug 88 N, C
Remodel, kitchen and family room, May 122 N
Remodel, U-shaped, Oct 92 N, C, D
Remodeled, maple counters, June 96 all
Remodeled, with breakfast room, sewing room-office, Mar 126 N, C
Second cooking area addition, July 60 N, C, D
Spice drawer, Apr 196 all
Spice storage, Mar 156 all
Spice storage, three ideas, Oct 192 all
Spices, paper dispenser, convenient, June 174 all
Spices in antiqued frame, Aug 100 all
Steps, pull-out, to reach high shelves, July 84 N, C

***KITCHENS** (Cont.)*
Sunset's test kitchens, equipment report, Apr 173 all
Table, paddle-shaped, May 177 all
Table-desk, compact, May 177 all
Telephone, concealed in cupboard, Dec 92 all
Telephone, two ideas, Aug 100 all
Trash basket, hanging, May 177 all
Trash receptacle, Mar 156 all
Tray, pull-out, under sink, July 126 all
Utensil rack, wrought-iron, Aug 100 all
Utensil storage in bin, Aug 100 all
Ventilating fan, noiseless, Sept 83 all
Wall, recessed shelves, June 115 N, C
Warming trays, built-in, in pass-through, July 126 all
Water filter for kitchen faucet, Mar 156 all
Wine rack between kitchen and utility room, Apr 119 S, D
Workshop, woman's, July 126 all

LAUNDRIES
Laundry work centers: five ideas, Oct 138 all
Storage cupboard, fold-down front, Aug 82 all
Utility room, children's wing, May 152 all

LIGHTING
Bathroom, theater lights, free-standing, Apr 114 all
Ceiling light for closet, Oct 100 all
Dimmer switches, new, Nov 106 all
Lamp, draftsman's, wall-mounted, June 92 all
Light box above paintings, Oct 117 S, D
Shades to reduce heat, glare, July 82 all
Sky windows, June 80 all
Sky-lit bedroom, Nov 106 all
Wall switches, photoelectric, Nov 106 all

STORAGE
Appliance garage, countertop, Apr 196 all
Cabinet, pull-out, June 174 all
Cleaning tool bins, sink front, Apr 196 all
Closet shelves, easily installed, Feb 74 all
Closets, shoe, May 130 all
Closets, storage on doors, Oct 112 all
Desk, closet in alcove, Nov 163 all
Drawers under upper kitchen cabinets, July 126 all
Kitchen island storage ideas, Sept 148 all
Kitchen pantry, Feb 84 all
Laundry-sewing center cupboard, drop-down front, Aug 82 all
Magazine rack on stair rail, Apr 124 all
Paintings, cabinet for, May 118 all
Records, two ideas, Apr 142 all
Shelves, cabinets, recessed, June 115 N, C
Shoe closets, May 130 all
Spice drawer, Apr 196 all
Spice storage, Mar 156 all
Spices, paper dispenser, June 174 all
Spices, three ideas, Oct 192 all
Spices in antiqued frame, Aug 100 all
Storage facilities geared to children, Apr 136 N, C
Storage wall with desks in multipurpose room, July 86 N, 88 C
Toy collections, dust protection, Apr 148 N
Train table, fold-up, Aug 66 N, 80 C, S, D
Tray, pull-out, under kitchen sink, July 126 all
Under-stair space, putting to use, May 116 all
Utensil rack, wrought-iron, Aug 100 all
Utensils in bin, Aug 100 all
Vanity, built-in, two ideas, June 120 S, D
Wine rack, pass-through, Apr 119 S, D; May 124 N, C

OUTDOOR BUILDING

BENCHES
Bench-tables, Apr 150 all
Fireside, Apr 150 all
On deck railing, June 92 all
Wooden, garden, Apr 150 all

CHILDREN'S PLAY AREAS
Ground cover, walnut shells, Sept 181 all
Playhouse, "hundred-dollar," Feb 66 all
Playhouses, five ideas, Nov 84 all
Sandboxes, Sept 170 N, 178 S, D; Oct 152 C
Swings, tire, two, Aug 85 N, C, 89 S, D

FENCES, GATES, SCREENS
Entry court, brick-walled, Dec 210 N
Entry gardens, screened from street, July 150 N; Sept 164 C
Fences, whimsical ideas, Apr 159 all
Garden walls, stone with metal panels, May 148 all
Gate, sagging, how to fix, Oct 118 all
Gate in existing fence, July 81 N, C
Glass wall for terrace to control wind, Nov 144 S, D

***FENCES, GATES, SCREENS** (Cont.)*
Screen, lath, at entry, May 128 all
Screen, open-and-shut, Sept 110 N, 93 C, S, D
Screen, plant, for carport, Apr 169 all
Screen for sun control, privacy, July 86 C, S, D; Oct 156 N
Screens, translucent, Mar 210 N

GREENHOUSES, PLANT SHELTERS
Greenhouse, cool and warm, Feb 168 N; Oct 248 N
Plant shelter for display, protection, Feb 145 N; Mar 191 C, 200 D; June 218 S

MISCELLANEOUS
Bam-boom, garden noisemaker, Oct 109 all
Barbecue cabinet, Apr 136 S, D
Boat dock, prefab, May 140 all
Boathouse, pass-through, Sept 106 N, 84 C
Buffet, outdoor, roll-around, Nov 158 S, D
Clothesline, hidden, Oct 153 S, D; Dec 102 N, C

***MISCELLANEOUS** (Cont.)*
Drinking fountain, Oct 150 all
Dry well for drainage, Nov 165 all
Edging, railroad tie, June 118 all
Edging, railroad tie, for parking strip, Aug 120 N
Entrance, decks, fence, trellis, all for remodeled house, Nov 140 N, C
Floor covering, seamless, for outdoors, Apr 114 all
Garbage can, cover-up box for, Nov 146 N, S, D, 166 C
Garden table, brick and rock slab, Feb 141 S; May 262 D
Handrail-planter box combination, Nov 120 all
Heaters, infrared, outdoor, Jan 68 all
Horse's maternity ward in carport, July 74 all
Japanese gardens, ideas from, May 102 all
Kitchen in the garden, July 93 all
Measuring, the art of, Mar 80 all

***MISCELLANEOUS** (Cont.)*
Planter boxes from lumber scraps, Oct 161 all
Planter boxes, easy-to-make, June 104 all
Retaining wall, broken concrete, June 216 N, 194 C, S, D
Storage unit for outdoor entertaining, June 101 N, S, D, 100 C
Zoo at home, Aug 60 all

OUTDOOR LIGHTING
Entry light, Nov 126 all
Garden lighting, low-voltage, June 215 N, 200 C, 223 S, D
Lamp, crocus pot, Mar 114 all
Luminarias, around swimming pool, Dec 177 D
Streetside light, Nov 126 all

PATIOS AND DECKS
Deck, double, to replace slope, Oct 128 all
Deck, floor-level, to expand house, Jan 59 C
Deck railing, built-in bench, June 92 all
Deck topped with "space frame," June 94 all
Decking, laminated, Oct 100 all
Decks, entrance, fence, trellis, all for remodeled house, Nov 140 N, C
Engawa around old house, Apr 133 all
Patio and deck for sun or shade, July 68 N
Screened enclosures, July 46 all
Screening, purchasing, July 70 all
Terrace, glass wall to control wind, Nov 144 S, D

PAVING
(See Gardening and Landscaping section)

STEPS AND STAIRS
Steppingstones, June 190 N

SWIMMING POOLS, SHELTERS
Gazebo overlooking pool, Apr 128 all
Heating, costs, Aug 86 all
Party house, June 72 all
Pool safety with children, Sept 98 all
Ramada of saguaro ribs, Sept 187 D
Slide through cajeput tree, Apr 264 C, S, D

WEATHER CONTROLS
Glass wall for terrace to control wind, Nov 144 S, D
Screen for sun control, privacy, July 86 C, S, D; Oct 156 N

WORKSHOP AND CRAFT PROJECTS

BOOK REVIEWS
Crafts for Children, a *Sunset* book, Dec 119 all
Glass, Dec 114 all
Macrame—The Art of Creative Knotting, Feb 78 all
Mosaic Techniques, Modern, Feb 78 all
Stitchery for Children, Dec 46 C
Weaving is for Everyone, Feb 78 all
Woodworking Projects, a *Sunset* book, Dec 119 all

CRAFTS, Misc.
Bam-boom, garden noisemaker, Oct 109 all
Bowls, abalone shell, May 150 N
Candleholders, angel, Dec 85 all
Candleholders, birthday cake, July 91 all
Candles, cast in clay, Dec 82 all
Cane webbing, machine-woven, projects using, Oct 94 all
Charcoal lighter, electric, July 79 all
Christmas tree ornaments, Dec 64 all
Curtain, bamboo, June 130 N

***CRAFTS, Misc.** (Cont.)*
Gift cards, place cards, wood veneer, Dec 116 all
Knots, ten tested, Oct 133 all
Lamp, outdoor, crocus pot, Mar 114 all
Lamp base, concrete, Apr 171 N
Lamp shade, tulip, Oct 123 all
Necklaces, spice and vegetable, Oct 117 N
Paper, fold-and-dye, Dec 62 all
Pillow, using glue gun, Jan 65 all
Puppets, paraffin, Dec 99 all
Soldering, Oct 142 all
Toy containers, fiber drum, Dec 88 all
Window, glass and plastic, Mar 92 all

SEWING
Camp "cabinet," June 116 all
Christmas stockings, felt, Dec 68 all
Ornaments, Christmas, felt, stitchery, Dec 90 all
Picnic cloth, table setter, Oct 158 all
Pincushions, burlap, May 136 all
Smock-apron, child's, Aug 79 S, D; Oct 120 C

WOODWORKING
Barbecue cart, roll-around, Nov 119 all
Bread board, Sept 96 all
Bunk bed, built-in, Aug 73 all
Cutting board to fit over sink, June 120 N; Nov 144 C
Doll house, reach-into, Nov 102 all
Doll house, replica of old home, May 142 all
Dory, May 90 all
Gift-wrapping kit, Nov 158 C; Dec 102 S, D
Greenhouse, miniature, Dec 80 all
Ice chest, foam, shelf for, Sept 104 all
Magazine rack on stair rail, Apr 124 all
Ping-pong table, folding, rolling, Dec 110 N
Plant container that disassembles, Jan 40 all
Planter boxes from lumber scraps, Oct 161 all
Planter boxes, easy-to-make, June 104 all
Planter pole, decorative, Dec 112 all
Puppet stage, Dec 94 all
Stilts, Aug 74 all
Table tennis paddle and ball wall rack, June 127 N
Toy cutouts, plywood, Nov 112 all
Toys from scrap blocks, May 124 S, D
Wood finishes, glass-smooth, Nov 168 all

HOME MANAGEMENT

COMMUNITY PROJECTS
Arbor Day, ways to observe, Feb 151 C, 156 S, D
Arboretum, created by students, Bellevue, Wash., Apr 130 all
Bus stop shelter, Oct 154 all
Christmas trees, living, donating to Calif. cities, Dec 180 all
Firehouse-community center, Kings Mountain area, No. Calif., Sept 109 all

***COMMUNITY PROJECTS** (Cont.)*
Landmark tree, Whittier, Calif., July 137 all
Neighborhood park Booster Club, Fremont, Calif., Mar 123 all
Picnic areas, cleaning up, June 131 N
Plant sale, how to organize, Sept 179 N

COUNTRY LIVING
Horse's maternity ward in carport, July 74 all
Water system from spring, Oct 127 C

MAINTENANCE
Furniture of oiled wood, Apr 145 all
Glue, epoxy, fast-drying, July 64 N, C, D
Oiled wood finishes, removing wax, May 177 all
Soldering, Oct 142 all

MISCELLANEOUS
Bumper pads, stick-on, for furniture, Apr 114 all

***MISCELLANEOUS** (Cont.)*
Car, fixing for overloads, June 125 N
Charcoal lighter, electric, July 79 all
Clothesline, hidden, Oct 153 S, D; Dec 102, N, C
Drainage problems, solving, Mar 96 all
Fire extinguishers, June 92 all
Flashlight batteries, rechargeable, May 112 all
Ice chest, foam, shelf for, Sept 104 all
Knots, ten tested, Oct 133 all

***MISCELLANEOUS** (Cont.)*
Measuring, the art of, Mar 80 all
Shades to reduce heat, glare, July 82 all
Table pad, foam-backed, May 177 all
Television placement, Mar 120 all
Tool organizer, three-layered, June 92 all
Toys, painting name on, Mar 118 all
Vacation houses, renting out, Apr 162 all
Weathering woods, June 106 all
Windows, self-washing, Mar 109 all
Zoo at home, Aug 60 all

PAINTING
Raw wood, washing with cement, Oct 100 all
Weathering wood, June 106 all
Wood finishes, glass-smooth, Nov 168 all

POOLS
Heating, costs, Aug 86 all
Pool alarm, free-floating, Apr 114 all
Pool safety with children, Sept 98 all

CHRISTMAS IDEAS

CHRISTMAS TREES
Juniperus chinensis 'Robusta Green,' Dec 178 S
Living, donating to Calif. cities, Dec 180 all
Living trees, Dec 185 C, 186 S, D
Pine, tanyosho (*Pinus densiflora* 'Umbraculifera'), Dec 194 N

CRAFTS AND DECORATIONS
Candleholders, angel, Dec 85 all
Candles, cast in clay, Dec 82 all
Gift cards, place cards, wood veneer, Dec 116 all
Greenery, favorites of plantsmen, Dec 202 C, S, D
Lighting safety, Dec 108 C
Lights, little, decorating ideas, Dec 58 all
Luminarias, around swimming pool, Dec 177 D
Mistletoe, collecting, Dec 186 N
Ornaments: baker's clay, fold-and-dye paper, fat yarn rosettes, sheet aluminum, yarn pressed into beeswax, Dec 64 all
Ornaments, felt with stitchery, Dec 90 all
Pine cones, baking before using, Dec 177 D
Snowman, tumbleweed, Dec 178 S
Stockings, felt, Dec 68 all
Swimming pools, decorating with luminarias, Dec 177 D
Trees, wall, from Mexico, Dec 107 all
Wise Men made from sheet beeswax, Dec 108 N, S, D

FOOD AND ENTERTAINING
Basler läckerli, variations, Dec 152 S, D
Brazil nut chews, Dec 159 N
Bread, cranberry, quick, Dec 123 all
Brioche, Christmas, Dec 74 all
Brown sugar Christmas thins, Dec 133 all
Cashew shortbread stars, Dec 159 N
Chocolate walnut drops, Dec 159 N
Cookies, children's baking party, Dec 132 all
Cookies, pretzel butter, Dec 159 N
Cooky cups, cherry-nut, Dec 123 all
Filbert snowdrops, Dec 159 N
Fudge, fruitcake, Dec 145 all
Holiday buffet, Dec 134 all
Marzipan, Dec 124 all
Nürnberger lebkuchen, variations, Dec 151 S, D
Salad ring, Christmas, Dec 122 all
Storing gift cheese, Dec 162
Stuffing, apple sour cream, Dec 142 all
Toffee, almond, Dec 152 N, C
Toffee, chocolate, Dec 152 N, C

GIFT IDEAS
Automobile accessories, Dec 52 all
Baby packs for fathers, Dec 72 all
Baskets for kitchen uses, Dec 140 all
Bird watchers, suggestions for, Dec 54 all
Books for nature-loving Northwesterners, Dec 48 N

***GIFT IDEAS** (Cont.)*
Books: nature guides, 67 titles, Dec 24 all
Bread board, Sept 96 all
Canada, Christmas shopping in, Dec 45 N
Doll house, reach-into, Nov 102 all
Doll house, replica of old home, May 142 all
Food containers, gift-wrapped as three kings, Dec 147 all
Food gifts, distinctive containers, Dec 70 all
Garden books, Dec 215 all
Garden stores, Christmas shopping in, Dec 198 N
Gardeners, gifts for, Dec 198 C
Gift-wrapping kit, Nov 158 C; Dec 102 S, D
Greenhouses, miniature, Dec 80 all
Men, ideas for, Dec 120 all
Planter pole, decorative, Dec 112 all
Plants, insectivorous, Dec 177 S
Puppet stage, Dec 94 all
Puppets, paraffin, Dec 99 all
Scissors, for kitchen chores, Dec 78 all
Succulent plants, Nov 227 S
Supper-theater tickets, Seattle's Repertory Theatre, Dec 8 N
Toy containers, fiber drum, Dec 88 all
Toy cutouts, plywood, Nov 112 all
Toys from scrap blocks, May 124 S, D
Tree, flowering, Dec 177 C
University of California, The: A Pictorial History, book review, Dec 48 C, S

FOOD AND ENTERTAINING

APPETIZERS
Artichoke with red and black caviar, Jan 51 all
Avocado dip with red, black caviar, Jan 51 all
Bagna cauda vegetables, sauce, Apr 103 all
Beef tartar with caviar, Jan 51 all
Caviar, red, a la casa, Oct 213 all
Cheese spread, calico, Feb 139 all
Cheese spread, nippy, for vegetables, Feb 139 all

***APPETIZERS** (Cont.)*
Cheese with vegetables, Oct 164 all
Chicken livers, chopped, Oct 170 all
Chile-cheese turnovers, miniature, Feb 139 all
Father Cobb special, Sept 152 all
Jicama appetizer, Oct 184 N, 186 C; Nov 192 S, D
Kuminost toast triangles, Feb 139 all
Liverwurst and onions with caviar, Jan 50 all

***APPETIZERS** (Cont.)*
Mushrooms, sculptured, Feb 57 N, C, D
Pork dumplings (fin kue), May 198 N, C
Portuguese wow, Apr 242 all
Shrimp, spicy marinated, Jan 71 all
Shrimp dumplings (ha gow), May 197 N, C
Shrimp on toast with caviar, Jan 51 all
Squid, fried, Oct 184 S, D
Steak with caviar, Jan 51 all
Tomato cocktail, fresh, July 94 all

BAKING

Breads

Quick Breads
- apple fantans, Oct 208 all
- apple puffs, Oct 210 all
- bishops' (bischofsbrot), Apr 226 all
- cheese wands, Oct 224 all
- cornbread, onion-poppy seed, June 133 all
- cranberry, Dec 123 all
- crescents, apple, quick, Oct 210 all
- graham loaves, little, Jan 82 all
- hush puppies, Salton, Mar 142 all
- mincemeat, Nov 225 all
- muffins, bacon corn, May 200 C
- muffins, lemon prune, Oct 163 all
- muffins, lemon upside-down, May 200 C
- muffins, orange-raisin, May 200 C
- muffins, pecan-anise, May 200 C
- muffins, pineapple upside-down, June 140 all
- spread, orange-honey, Feb 134 all
- spread, pesto, Feb 134 all

Yeast Breads
- bachelor, Oct 216 all
- biscuits, Swedish raised (büller), Mar 150 S, D; Sept 133 N; Oct 185 C
- buccellati, Apr 101 all
- buckwheat, Mar 169 N; Apr 238 C
- buns, Greek cheese, May 210 all
- cheoreg, Apr 238 N, 239 S, D; May 182 C
- corn-rye, Mar 169 N; Apr 238 C
- croissants, quick butter, Mar 150 N, C
- Easter dove (colomba di Pasqua), Apr 101 all
- graham, Mar 169 N; Apr 238 C
- honey-corn, Mar 169 N; Apr 238 C
- honey-wheat crackle, Mar 169 N; Apr 238 C
- oatmeal, Mar 169 N; Apr 238 C
- oatmeal, steel-cut, Mar 169 N; Apr 238 C
- onion, barbecue-baked, Sept 120 all
- ragbröd, Oct 229 C
- rolls, crescent, meat-and-cheese, quick, Aug 99 S, D
- St. Basil's (vasilopeta), Jan 72 C
- spread, orange-honey, Feb 134 all
- spread, pesto, Feb 134 all
- vörtbröd, Oct 229 C
- wheat, cracked (bulgur), Mar 169 N; Apr 238 C
- wheat, whole, Mar 169 N; Apr 238 C

Cakes

Almond (amigthalopeta), Apr 194 all
Almond, toasted, Swedish, Oct 218 all
Angel, Ol' Grizz's glorified, Feb. 126 all
Banana, fresh, Oct 178 all
Banana chocolate, Feb 121 S, D
Banana date, Feb 122 S, D
Banana spice, Mar 135 all
Birthday, orange frosting, Nov 186 all
Cheesecake, chocolate-swirled, Aug 114 all
Cheesecake, German apple, Oct 175 N
Chocolate cream rum, Nov 214 all
Fondant, icing, Apr 230 all
Madeira, Feb 130 all
Mincemeat-applesauce, Nov 225 all
Persimmon, spicy, Nov 177 N, 178 C, S, D
Pineapple-carrot, glazed, Oct 188 all
Pound, marble, Apr 183 all
Pound, toasted, Jan 77 N, C, 73 S, D
Prune, spicy, with buttermilk glaze, Feb 122 S, D
Pumpkin, Oct 163 all
Roll, chocolate-cherry, June 139 all

Cakes (Cont.)

Tea, Italian meringue, Aug 97 all
Torte, chocolate caramel, Feb 122 N
Torte, coffee almond, Feb 123 N
Torte, date nut, Nov 101 N
Torte, Engadine nut, Dec 127 all
Torte, Italian apple almond, Oct 175 N
Torte, mocha raspberry, Feb 123 N

Coffee Cakes

Apple kuchen, Oct 208 all
Bear claw pastries, quick, Oct 186 N, S, D
Blueberry kuchen, July 129 all
Cinnamon-nut shortcake, Aug 91 all
Cinnamon sugar puffs, Mar 134 all
Ginger-date corn cake, Nov 212 all
Marmalade streusel kuchen, Nov 199 all
With tahini, Apr 237 N, S, D; May 180 C

Cookies

Almond butter, July 118 all
Almond-cinnamon leaves, July 116 all
Apple squares, sugared, Sept 140 all
Apricot-coconut bars, Aug 99 N; Oct 229 S, D
Apricot-oatmeal, June 162 all
Basler läckerli, variations, Dec 152 S, D
Brazil nut chews, Dec 159 N
Brown sugar Christmas thins, Dec 133 all
Butter cakes, sugar-coated (kourabiedes), Apr 194 all
Cashew shortbread stars, Dec 159 N
Cherry-nut cooky cups, Dec 123 all
Chocolate ginger crisps, May 204 all
Chocolate strips, Mar 158 all
Chocolate walnut drops, Dec 159 N
Coconut-oatmeal, June 162 all
Coconut Scotch bars, Mar 158 all
Dutch ginger (gemberkoekjes), May 204 all
Filbert snowdrops, Dec 159 N
Gingerbread, Halloween, Oct 181 all
Jan Hagel, May 191 all
Lemon almond crisps, Feb 118 all
Lemon sugar, June 160 all
Nürnberger lebkuchen, variations, Dec 151 S, D
Oatmeal, crispy, June 162 all
Oatmeal, salty, Sept 113 all
Pecan roll-ups, Feb 118 all
Persimmon, Nov 177 N, 178 C, S, D
Pretzel butter, Dec 159 N
Sesame bars, spicy, Aug 99 N; Oct 229 S, D
Shortbread, Easter (koulourakia), Apr 194 all
Sour cream sugar crisps, June 162 all

Pancakes and Waffles

Pancakes
- apple-filled, Sept 112 all
- crêpes, buckwheat (crêpes de ble' noir), Feb 103 N, S, D
- crêpes, Candlemas, Feb 103 N, S, D
- crêpes, ham and mushroom, Feb 104 N, S, D
- crêpes, strawberry ice cream, May 179 S, D
- crêpes, western shellfish, Feb 104 N, S, D
- Finnish (suomalainen pannukakku), Aug 106 N; Sept 116 S, D
- orange, fluffy, July 95 all
- Swedish oven, Mar 171 all
- turkey egg rolls, Nov 196 all

Waffles
- cornmeal, Apr 182 all

Pies and Pastries

Desserts
- almond pie, toasted, Nov 105 all
- apple pie, rosy, May 167 all
- bombe, summer snowball, July 97 all
- brownie nut pie, Jan 71 all
- filbert pie, toasted, Nov 105 all
- ice cream fruit tart, shortbread crust, July 97 all
- ice cream pie, banana-orange, Feb 109 all
- ice cream pie, peppermint, with hot chocolate sauce, July 97 all
- macadamia cream crunch pie, Nov 105 all
- orange pie, creamy, Nov 173 all
- peach cream pie, fresh, Aug 99 S, D
- strawberry French cream pie, May 182 N, S, D
- tart, lemon apple, Danish, Oct 175 N
- tart, pineapple and berry, Aug 93 all
- tart, plum, orange-glazed, Aug 93 all
- tart, strawberry-peach, Aug 93 all
- tarts, peach, upside-down, Aug 98 S, D
- tarts, pecan jam, Nov 105 all
- tarts, pistachio-peach, Aug 98 S, D

Entrées
- chicken pie, South American, Jan 73 N
- clam and potato chowder pie, Oct 190 all
- crab, creamed, in patty shells, Apr 249 all
- Crab Louis pie, Dec 167 all
- crab quiche, Apr 249 all
- greens pie (spanakopita), Apr 193 all
- ground beef and corn pie, Oct 162 all
- potato pie, Montluçon, Oct 190 all
- spinach tart roma, Nov 211 all
- turkey envelopes, Nov 194 all
- turnovers, chile-cheese, miniature, Feb 139 all

BARBECUING

Beef rib bones, Sept 131 C
Beef roast, sesame-marinated, Sept 119 all
Bread, onion, barbecue-baked, Sept 120 all
Cake, pound, toasted, Jan 77 N, C, 73 S, D
Carne asada, Oct 80 all
Chicken, Grecian fruited, Sept 114 all
Corned beef and cheese onion buns, June 153 N
Fire, starting, June 174 all
Fire ring cookery kit, July 108 C, S
Frankfurters, miniature, Jan 77 N, C, 73 S, D
French fries, grilled, Jan 77 N, C, 73 S, D
Kebabs with peaches, Sept 121 all
Lamb, butterflied, Apr 193 all
Lamb kebab in a bowl, June 89 all
Lamb leg, Javanese, Sept 114 all
Lamb rolls, Armenian, June 153 N
London broil, muffins, June 152 N
Meats, skewered, June 90 all
Pork, Chinese, Sept 115 all
Pork loin, with pistachios, Aug 105 all
Rib eye, roasted, Sept 128 C
Salmon fillets, Sept 117 N
Steak, bay, Aug 53 all
Steak, rib eye, Sept 130 C
Steak, sirloin, Jan 77 N, C, 73 S, D
Steak, Swiss mustard, Aug 53 all
Steak with tomatoes provençal, Aug 53 all
Stew, barbecue, June 169 all

BEVERAGES

Coffee, Turkish, Apr 194 all
Cranberry flip, Nov 185 all
Juice, strawberry-pineapple, Sept 120 all
Punch, golden fruit milk, May 202 all
Punch, guava fruit, June 90 all

BEVERAGES (Cont.)

Punch, planter's, May 172 all
Punch, rhubarb, spring, May 202 all
Punch, strawberry-ginger ale, May 202 all
Sangria, Chilean, Aug 108 all
Sangria de Granada, Aug 108 all
Sangria de Guadalajara, Aug 108 all
Table Wines, U. S. Varietal, pamphlet review, June 169 all
Wine-and-food tasting party, May 98 all
Wine Country, California, a *Sunset* book, Sept 122 all

BOOK REVIEWS

California Wine Country, a *Sunset* book, Sept 122 all
Sunset Cook Book for Entertaining, a *Sunset* book, Nov 217 all

CANDIES

Balls, chocolate nut popcorn, Oct 220 all
Fruit, glacéed, June 171 N, 152 C, 154 S, D
Fudge, fruitcake, Dec 145 all
Marzipan, Dec 124 all
Popcorn balls, orange, Oct 220 all
Toffee, almond, Dec 152 N, C
Toffee, chocolate, Dec 152 N, C

CASSEROLES

Beef taco-style, Oct 206 all
Beef with wine and vegetables (daube de boeuf), Sept 130 C
Cashew-yam, Nov 172 all
Cheese custard, Oct 162 all
Chicken mexicado, May 218 all
Chicken sealed in a pot, May 85 all
Chilaquiles, Oct 168 all
Corn, scalloped, and oysters, July 107 all
Corn pudding, June 142 all
Dressing, cashew rice, Nov 219 all
Dressing, sausage and fruit, Nov 219 all
Eggplant, stuffed, Apr 244 all
Enchilada, green chile, May 172 all
Enchilada, with eggs, May 170 all
Enchiladas, chorizo, May 174 all
Frittata, zucchini oven, June 139 all
Green beans béchamel, baked, Nov 220 all
Lasagne Belmonte, Dec 172 all
Lasagne del Mare, Dec 175 all
Lentils and sausage, July 95 all
Lima beans with curry sauce, June 133 all
Macaroni, Sicilian style, June 132 all
Meatballs and rice, baked, with mustard sauce, May 194 all
Moussakas, individual, Mar 165 S, D; Oct 229 N
Mushroom luncheon, Oct 176 all
Potatoes Anna, Dec 131 N
Shellfish ramekins, Nov 186 all
Soufflé, marmalade omelet, Apr 211 all
Soufflé, potato, Nov 101 N
Soufflé, potato, with veal stew, Oct 91 N, C, D
Soufflé, sour cream pimiento, Oct 226 all
Soufflé, spinach, Mar 172 all
Soufflé, Spinach, with chive sauce, Dec 131 N
Soufflé wedges, spinach, June 156 all
Spinach and artichokes au gratin, Nov 219 all
Stew, provincial beef, Dec 128 all
Sturgeon, baked, paprika style, Sept 131 N
Turkey au gratin, Dec 122 all
Turkey chile, Jan 71 all
Vegetable bake, fluffy, Oct 163 all
Yams, candied, Nov 219 all
Zucchini with mushrooms, May 166 all

CEREALS AND MACARONI

Cornmeal
- cake, ginger-date corn, Nov 212 all
- hush puppies, Salton, Mar 142 all
- polenta, Mar 168 C
- waffles, Apr 182 all

Macaroni
- mostaccioli Alfredo, Apr 240 all
- Sicilian style, June 132 all

Noodles
- chicken, snappy noodle, Aug 111 all
- Chinese, with pork sauce, Feb 132 all
- fettucine Alfredo, Mar 161 N, C
- lasagne, two recipes, Dec 172 all

Oatmeal
- cookies, three recipes, June 162 all
- Swiss-style (birchermüsli), Mar 149 all

Rice
- chicken mexicado, May 218 all
- cooking for company dinners, Oct 205 all
- curried, with lamb shanks, Feb 129 all
- dressing, cashew rice, Nov 219 all
- fried, with vegetables, June 90 all
- mansef, Mar 165 N, C; Apr 214 S, D
- meatballs and rice, baked with mustard sauce, May 194 all
- paella salads, four variations, Aug 55 all
- pilaf, Apr 193 all
- pilaf, grape, Sept 65 all
- pilaf, lamb, with vegetables, Dec 123 all
- pilaf, piñon, Aug 112 all
- risotto with salsiccia vin blanc, Mar 137 all
- sauté, rice and spinach, May 166 all
- wild, with beef medallions sauté, Dec 169 all
- with hot chile sauce, quick, Sept 154 all
- with peas, Apr 224 N, C; May 198 S, D

Spaghetti
- sauce, beef-olive, Feb 132 all
- with meatballs in sauce for back-packers, June 150 all

Whole grain breads, nine varieties, Mar 168 N; Apr 237 C

DAIRY PRODUCTS AND EGGS

Cheese

Casserole, cheese custard, Oct 162 all
Cheese buns, Greek, May 210 all
Cheese wands, Oct 224 all
Cheesecake, apple, German, Oct 175 N
Cheesecake, chocolate-swirled, Aug 114 all
Cheesecake, freezer, Oct 172 all
Cheeses, sixteen special, to serve with green salads, July 108 N, 120 C
Cherry and grape cheeses with fruit, two dessert ideas, June 154 N, C, 171 S, D
Cottage cheese, I hate, Nov 208 all
Dressing, blue cheese and shallot, Mar 140 all
Fondue, Swiss beer, Jan 77 N, C, 73 S, D
Kuminost toast triangles, Feb 139 all
Sandwiches, grilled, five combinations, Apr 191 all
Spread, calico, Feb 139 all
Spread, nippy, for vegetables, Feb 139 all
Spread, pesto, Feb 134 all
Storing gift cheeses, Dec 162 all
With fruit, vegetable combinations, Oct 164 all

Cream

Chocolate cream log, Nov 185 all
Frozen, three desserts, July 124 all
Sauces for fresh fruit, three recipes, Sept 117 C

DAIRY PRODUCTS (Cont.)

Eggs

Baked, Swiss, Nov 186 all
Casserole, enchilada, with eggs, May 170 all
Curried, and shrimp, Dec 134 all
Custards, bacon and cheese, Aug 105 all
Huevos rancheros, Dec 164 all
Meringue, Italian, Aug 96 all
Meringue, Italian butter cream, Aug 97 all
Omelet, crab, Dec 165 all
Omelet, two-egg, Mar 160 N, C
Omelet soufflé, marmalade, Apr 211 all
Omelets, individual potato, with bacon-cheese filling, Feb 110 all
Omelette, Mediterranean, May 214 all
Omelette, Señor Pico, June 167 all
Oriental, Aug 90 all
Pipérade, Dec 165 all
Poached egg cheese puffs, May 192 all
Salad, crab and egg, Apr 208 all
Sandwich, breakfast, Sept 121 all
Scramble, Mexican (chilaquiles), June 172 all
Zabaglione, chilled, two recipes, June 171 C

Yogurt

Salad, creamy fruit, Nov 172 all
Sauce, green pepper-yogurt, June 89 all
Sauce, with fresh fruit, June 140 all
Sauce, eggplant, Apr 224 N, C; May 198 S, D

DESSERTS

Babas angelia, May 185 N, C; July 110 D
Bananas Jamaica, hot, Dec 151 N, 131 S, D
Blackberry crunch, Blossom Hill, Aug 111 all
Blueberries, streuseled, July 129 all
Blueberry kuchen, July 129 all
Bombe, summer snowball, July 97 all
Cake, chocolate cascade, Feb 55 N, C, D
Champagne melange, July 113 S, D; Sept 159 C
Cheese with fruit, Oct 164 all
Cheesecake, freezer, Oct 172 all
Chocolate cream log, Nov 185 all
Crêpes, strawberry ice cream, May 179 S, D
Custards
- flan, July 100 all
- flan, rhubarb, Mar 154 C, 181 S, D
- Mexican, spiced (jericalla), Nov 204 all

Figs on ice, June 180 N
Fondue, burnt sugar, Sept 134 all
Fondue, butterscotch, Sept 134 all
Fondue, orange-honey, Sept 134 all
Fondue, powdered sugar, Sept 134 all
Freeze, peach and macaroon, July 95 all
Frozen creams
- chocolate, July 124 all
- Danish lemon, May 212 N, C
- fruit, July 124 all
- fruit juice, July 124 all

Fruit, fresh, three cream sauces for, Sept 117 C
Fruit, fresh, two sauces for, Jan 79 all
Fruit with cheese, two ideas, June 154 N, C, 171 S, D
Ice cream
- fruit tart, shortbread crust, July 97 all
- in cups, Nov 186 all
- persimmon, Nov 177 C, S, D
- pie, banana-orange, Feb 109 all
- pie, peppermint, with hot chocolate sauce, July 97 all
- rhubarb, Mar 154 C, 181 S, D
- sandwiches, Nov 220 all
- sundaes, cranberry, Dec 139 all
- sundaes, tropical, Sept 121 all
- torte, berry-lemon, Apr 200 all

***DESSERTS** (Cont.)*

Lime snow, Sept 136 all
Meringue mushrooms, baked Italian, Aug 97 all
Nut brittle freeze, Jan 84 all
Peach champagne soup, July 112 S, D; Sept 158 C
Peach delight, Mar 178 all
Peaches Helène, Mar 178 all
Peaches on ice, June 180 N
Pear crisp with cheese, Feb 101 all
Pears, cinnamon, in wine, Dec 151 N, 131 S, D
Plums, poached, Sept 126 all
Plums in Port, Sept 126 all
Plums Jubilee, Sept 126 all
Puddings
  carrot, almond crunch, Oct 188 all
  Orange Bavarian, Feb 57 N, C, D
  persimmon, baked, Nov 178 N
Refrigerator, pineapple-orange, June 133 all
Sandwiches, chocolate marshmallow, Jan 77 N, C, 73 S, D
Strawberries on ice, June 180 N
Strawberries, raspberry sauce, Apr 208 all
Strawberry champagne bowl, July 113 S, D; Sept 159 C
Tortes
  berry-lemon ice cream, Apr 200 all
  lemon, frozen, May 212 N, C
Zabaglione, chilled, two recipes, June 171 C
Zabaglione and ice cream, June 171 C

FISH AND SHELLFISH

Anchovies
  Portuguese wow, Apr 242 all
Bouillabaisse, Carmel, Mar 72 all
Caviar
  from salmon eggs, Oct 213 all
  red and black, avocado dip with, Jan 51 all
  red and black, with artichoke, Jan 51 all
  with beef tartar, Jan 51 all
  with liverwurst and onions, Jan 50 all
  with shrimp on toast, Jan 51 all
  with steak, Jan 51 all
Clams
  chowder, vegetable clam, Dec 139 all
  mushrooms, clam-stuffed, Nov 202 all
  pie, clam and potato chowder, Oct 190 all
Codfish
  capered salt cod and cabbage, Jan 75 S, D
  salt cod with vegetable sauce (baccalá con morselata), Mar 168 C
Crab
  Crab Louis, creamy dressing, Apr 182 all
  cracked, Pacific classic, Jan 48 all
  creamed, in patty shells, Apr 249 all
  omelet, Dec 165 all
  pie, Crab Louis, Dec 167 all
  quiche, Apr 249 all
  salad, crab and apple green, Apr 184 all
  salad, crab and egg, Apr 208 all
  salad, French bread boats, May 181 N
  salad, piquant, Sept 129 N
  sandwich on rye, Dec 154 N, 159 C, S, D
  sandwiches, broiled, Feb 100 all
  with steak, Sept 159 N, S, D
Fillets, curry-broiled, May 166 all
Fish sauce, Apr 242 all
Halibut
  fish dinner plate, individual, July 121 N
  Provençal-style, with shrimp sauce, Oct 222 all

***FISH** (Cont.)*

Herring, kippered, four different sandwiches, July 113 N
Lingcod, steamed, Apr 222 all
Oysters
  and scalloped corn, July 107 all
  feature story, Pacific varieties, preparing, Apr 34 all
  gingered, with onion, Apr 205 S, D; May 179 N
  sandwich, special, Mar 144 all
Salmon
  baked, with sauces, Sept 117 N
  buried, Aug 95 N, C
  caviar, red, a la casa, Oct 213 all
  fillets, barbecued, Sept 117 N
  fish dinner plate, individual, July 121 N
  marinated, Aug 95 N, C
  pickled, Aug 95 N, C
  poached, with horseradish butter, Sept 116 N
  smoked, paella salad, Aug 55 all
Shellfish crêpes, western, Feb 104 N, S, D
Shellfish paella salad, Aug 55 all
Shellfish ramekins, Nov 186 all
Shrimp
  and artichokes in aspic, Dec 131 C
  and curried eggs, Dec 134 all
  dumplings (ha gow), May 197 N, C
  French-fried, and onions, May 222 all
  halibut, Provençal-style, with shrimp sauce, Oct 222 all
  on toast, with caviar, Jan 51 all
  salad, California, Sept 145 all
  salad, green, with dilled shrimp, Dec 131 C
  shrimp tumble in lettuce cups, Apr 188 all
  soup, supper, Aug 90 all
  spicy marinated, Jan 71 all
Sole
  Amandine with avocado, Apr 211 all
  with grapes, Sept 64 all
Squid, fried, Oct 184 S, D
Sturgeon
  baked, paprika style, Sept 131 N
  broiled, with sautéed onion, Sept 130 N
  in piquant sauce, Sept 131 N
Swordfish
  baked Manzanillo, Apr 214 N
  broiled Sinaloa, Apr 214 N
  Excalibur, Apr 214 N
  stroganoff, Apr 214 N
Trout, baked, with sourdough stuffing, June 132 all
Tuna
  salad, paella, Aug 55 all
  salad French bread wedges, May 181 N
  sandwich, tuna and cheddar, grilled, Apr 191 all

FOREIGN COOKERY

Arabian

Mansef, Mar 165 N, C; Apr 214 S, D

Armenian

Cheoreg, Apr 238 N, 239 S, D; May 182 C
Coffee cake with tahini, Apr 237 N, S, D; May 180 C
Moussakas, individual, Mar 165 S, D; Oct 229 N

Basque

Pipérade, Dec 165 all

***FOREIGN COOKERY** (Cont.)*

Belgian

Civet de lièvre (rabbit in red wine), Mar 154 N, S, D, 181 C
Soupe aux poireaux à la crème (cream of leek and potato soup), Jan 75 N

Bulgarian

Turkey, Nov 211 all

Chinese

Beef, two-onion, Apr 205 S, D; May 179 N
Chicken, lemon, black beans, Apr 220 all
Fin kue (pork dumplings), May 198 N, C
Ha gow (shrimp dumplings), May 197 N, C
Lamb, Mongolian, with spring onions, Apr 205 S, D; May 179 N
Lingcod, steamed, Apr 222 all
Mushrooms, pork-stuffed, Apr 220 all
Oysters, gingered, with onion, Apr 205 S, D; May 179 N
Pork, barbecued, Sept 115 all
Pork, slivered, with sausages, Apr 219 all
Pork roast, oyster sauce, Dec 160 all
Pot roast, five spice, Dec 160 all
Shrimp tumble in lettuce cups, Apr 188 all
Soup, dumpling, May 198 N, C
Steam cooking, Apr 216 all
Water chestnuts, fresh, with Chinese peas, chicken, Apr 188 all

Dutch

Broodjes, May 188 all
Cookies, Jan Hagel, May 191 all
Gemberkoekjes (ginger cookies), May 204 all
Steak, Apr 202 all

French

Bouillabaisse, Carmel, Mar 72 all
Brioche pâtés, May 169 all
Crêpes, Candlemas, Feb 103 N, S, D
Crêpes de blé noir (buckwheat crêpes), Feb 103 N, S, D
Croissants, quick butter, Mar 150 N, C
Daube de boeuf (casserole of beef with wine and vegetables), Sept 130 C
Hamburgers Burgundy, Feb 115 N, 104 C
Potato pie, Montluçon, Oct 190 all
Poulet à la Vallée d'Auge (Chicken Normandy), Apr 213 all
Stew, provincial beef, Dec 128 all

German, Austrian, Swiss

Basler läckerli, variations, Dec 152 S, D
Bauernschmaus (roast pork and sauerkraut), Mar 163 all
Birchermüsli (oatmeal), Mar 149 all
Bischofsbrot (bishops' bread), Apr 226 all
Bologna, ring, with butter-roasted potatoes, Mar 136 all
Cheesecake, apple, Oct 175 N
Crêpes, strawberry ice cream, May 179 S, D
Fondue, Swiss beer, Jan 77 N, C, 73 S, D
Geschnetzeltes (julienne of veal), May 206 all
Hamburger schnitzels, Feb 114 N, 102 C
Kartoffelrösti (butter-roasted potatoes), May 206 all
Meat roll, Austrian, May 169 all
Nürnberger lebkuchen, variations, Dec 151 S, D
Salad, potato, May 200 S, D
Sausages and sweet onions, May 200 N
Torte, Engadine nut, Dec 127 all
Zwiebelrostbraten (steak and onions), Feb 106 all

FOREIGN COOKERY (Cont.)

Greek

Amigthalopeta (almond cake), Apr 194 all
Cheese buns, May 210 all
Chicken, fruited, Sept 114 all
Chicken sealed in a pot, May 85 all
Easter barbecue, Apr 192 all
Koulourakia (Easter shortbread), Apr 194 all
Kourabiedes (sugar-coated butter cakes), Apr 194 all
Lamb, barbecued, butterflied, Apr 193 all
Lamb in a bag, May 85 all
Pilaf, rice, Apr 193 all
Salad, Athenian green, Apr 192 all
Spanakopita (greens pie), Apr 193 all
Vasilopeta (St. Basil's bread), Jan 72 C

Guamanian

Soup, corn, Sept 138 all

Hungarian

Bab leves (speckled bean soup), Mar 176 all
Gulyás (goulash soup), Jan 80 all

Indian

Sassaties à la Grace Kelly, June 164 all

Iranian

Peach desserts, two recipes, Mar 178 all

Italian

Baccalá con morselata (salt cod with vegetable sauce), Mar 168 C
Bagna cauda vegetables, Apr 103 all
Biroldo and Italian green bean sauté, Mar 137 all
Buccellati, Apr 101 all
Colomba di Pasqua (Easter dove), Apr 101 all
Coteghino with lentils, Oct 196 all
Fettucine Alfredo, Mar 161 N, C
Frittata, spinach and asparagus, May 224 all
Frittata, zucchini, May 224 all
Lasagne Belmonte, Dec 172 all
Lasagne del Mare, Dec 175 all
Meringue, Aug 96 all
Meringue butter cream, Aug 97 all
Salsiccia vin blanc with risotto, Mar 137 all
Soup, maritata, July 108 D
Torte, apple almond, Oct 175 N
Zabaglione, Venetian, June 171 C
Zabaglione and ice cream, June 171 C

Javanese

Lamb leg, Sept 114 all

Korean

Short ribs, Aug 111 all

Malayan

Chicken, coconut, Oct 201 all
Lamb, savory marinated, Oct 202 all
Pork, Penang Island, Oct 205 all

Mexican

Carne asada (grilled meat), Oct 80 all
Casserole, chilaquiles, Oct 168 all
Chilaquiles (egg scramble), June 172 all
El Pepito (steak sandwich), Aug 117 all
Enchilada, green chile, May 172 all
Enchilada casserole with eggs, May 170 all
Enchiladas, chicken, Uruapan style, May 172 all
Enchiladas, chorizo, May 174 all
Gazpacho, Feb 56 N, C, D

FOREIGN COOKERY (Cont.)

Mexican (Cont.)

Hamburgers, taco-style, Feb 114 N, 102 C
Huevos rancheros, Dec 164 all
Jericalla (spiced custard), Nov 204 all
Jicama appetizer, Oct 184 N, 186 C; Nov 192 S, D
Judias verdes picantes (spicy green beans), Feb 126 all
Mole verde (green tomatillo sauce), Apr 229 all
Pico de gallo (jicama salad), Oct 184 N, 186 C; Nov 192 S, D
Pimientos verdes fritos (sauteéd green peppers), Oct 80 all
Pipian (sesame seed sauce), Apr 229 all
Plátanos fritos (fried bananas), Oct 80 all
Punch, planter's, May 172 all
Sangria de Guadalajara, Aug 108 all
Sopa Sonorese, Jan 76 S, D; June 180 C
Soup, asparagus, cream of, Jan 76 S, D; June 180 C
Swordfish, Manzanillo baked, Apr 214 N
Swordfish, Sinaloa broiled, Apr 214 N
Tostadas, California, Mar 161 N, C

Pakistani

Beef patties, Apr 224 N, C; May 198 S, D
Chicken, baked, Sept 142 all
Lamb patties, Apr 224 N, C; May 197 S, D
Rice with peas, Apr 224 N, C; May 198 S, D
Sauce, yogurt and eggplant, Apr 224 N, C; May 198 S, D

Scandinavian

Büller (Swedish raised biscuits), Mar 150 S, D; Sept 133 N; Oct 185 C
Cake, toasted almond, Swedish, Oct 218 all
Chicken and meatballs au gratin, Feb 122 C; Mar 181 N
Copenhagen special, Feb 121 C; Mar 181 N
Gravlax (buried salmon), Aug 95 N, C
Hamburgers, Finnish mushroom, Feb 115 N, 104 C
Pancake, Swedish oven, Mar 171 all
Ragbröd, Oct 229 C
Rullepolse (rolled sausage), May 169 all
Salmon, marinated, Aug 95 N, C
Salmon, pickled, Aug 95 N, C
Sandwich, Danish shooting star, May 186 C, 180 S, D
Suomalainen pannukakku (Finnish pancake), Aug 106 N; Sept 116 S, D
Tart, lemon apple, Danish, Oct 175 N
Tongue with vegetables, Swedish, May 186 N, S, D; July 113 C
Vörtbröd, Oct 229 C

Serbian

Pork loin roast, boneless, Oct 198 all
Pork seasoning, Oct 198 all
Spareribs, Oct 198 all

South American

Pie, chicken, Jan 73 N
Sangría, Chilean, Aug 108 all

Spanish

Gazpacho of Seville, July 100 all
Paella salads, four recipes, Aug 54 all
Sangría de Granada, Aug 108 all
Stew, linguisa-garbanzo, Mar 137 all

Turkish

Coffee, Apr 194 all
Imam bayildi (baked stuffed eggplant), Nov 191 N; Dec 154 C, S, D
Salad, white bean, Sept 113 all

FRUIT

Apples
- cheesecake, German, Oct 175 N
- compote, Mar 154 N, S, D
- crescents, quick, Oct 210 all
- dressing, sausage and fruit, Nov 219 all
- fantans, Oct 208 all
- kuchen, Oct 208 all
- lunchbox treats, Sept 140 all
- pancakes, apple-filled, Sept 112 all
- pie, rosy apple, May 167 all
- puffs, Oct 210 all
- salad, apple and tongue chicken, Mar 166 all
- salad, crab and apple green, Apr 184 all
- squares, sugared, Sept 140 all
- stuffing, apple sour cream, Dec 142 all
- tart, lemon apple, Danish, Oct 175 N
- torte, apple almond, Italian, Oct 175 N

Avocados
- chicken mexicado, May 218 all
- dip, with red and black caviar, Jan 51 all
- madrilène, Oct 170 all
- salad, ham and avocado, Feb 101 all
- salad, tomato and avocado, mogul dressing, Sept 81 all
- soup, avocado buttermilk, chilled, July 123 all
- with Sole Amandine, Apr 211 all

Bananas
- cake, banana chocolate, Feb 121 S, D
- cake, banana date, Feb 122 S, D
- cake, banana spice, Mar 135 all
- cake fresh banana, Oct 178 all
- fried (plátanos fritos), Oct 80 all
- hot, Jamaica, Dec 151 N, 131 S, D
- pie, banana-orange ice cream, Feb 109 all

Berries
- blackberry crunch, Blossom Hill, Aug 111 all
- blueberries
  - kuchen, July 129 all
  - streuseled, July 129 all
  - torte, berry-lemon ice cream, Apr 200 all
- cranberries
  - bread, quick, Dec 123 all
  - cranberry flip, Nov 185 all
  - pork chops, curry-cranberry, Dec 145 all
  - sundaes, cranberry ice cream, Dec 139 all
- raspberries
  - champagne melange, July 113 S, D; Sept 159 C
  - strawberries with raspberry sauce, Apr 208 all
  - torte, mocha raspberry, Feb 123 N
- strawberries
  - champagne bowl, July 113 S, D; Sept 159 C
  - champagne melange, July 113 S, D; Sept 159 C
  - crêpes, ice cream, May 179 S, D
  - juice, strawberry-pineapple, Sept 120 all
  - on ice, June 180 N
  - pie, strawberry French cream, May 182 N, S, D
  - punch, strawberry-ginger ale, May 202 all
  - tart, strawberry-peach, Aug 93 all
  - with housewife's petit suisse, July 98 all
  - with raspberry sauce, Apr 208 all

tart, pineapple and berry, Aug 93 all

***FRUIT** (Cont.)*
Cherries
roll, chocolate-cherry, June 139 all
sauce, for meat, Apr 205 N
Coconut
apricot-coconut bars, Aug 99 N; Oct 229 S, D
chicken, Oct 201 all
cookies, coconut-oatmeal, June 162 all
cooky bars, two recipes, Mar 158 all
soup, Guamanian corn, Sept 138 all
Figs
conserve, fresh fig, Sept 131 S, D
on ice, June 180 N
Fresh, three cream sauces for, Sept 117 C
Fresh, with yogurt sauce, June 140 all
Fruit bowl, winter, Feb 110 all
Fruit cream, frozen, July 124 all
Fruit cups, tropical, Nov 186 all
Fruit tart, ice cream, in shortbread crust, July 97 all
Fruitsicles, June 180 S, D
Glacéed, June 171 N, 152 C, 154 S, D
Grapes
chicken breasts veronique, Sept 64 all
lamb shanks, Thompson style, Sept 65 all
pilaf, Sept 65 all
with lamb stew, Sept 113 all
with roast chicken, Sept 64 all
with sole, Sept 64 all
Guava fruit punch, June 90 all
Lemons
gingerbread, lemon sauce, Feb 110 all
lemon cream, Danish, frozen, May 212 N, C
muffins, lemon prune, Oct 163 all
muffins, upside-down, May 200 C
tart, lemon apple, Danish, Oct 175 N
torte, frozen, May 212 N, C
Limes
dressing, lime fruit, Nov 178 all
snow, Sept 136 all
with curried chicken, Aug 90 all
Melons
cantaloupe halves, with chicken salad, June 136 all
Oranges
cake, birthday, with orange frosting, Nov 186 all
conserve, peach-pineapple-orange, Sept 130 S, D
dessert, refrigerator, pineapple-orange, June 133 all
muffins, orange-raisin, May 200 C
orange baskets with fruit, Apr 208 all
pancakes, fluffy orange, July 95 all
peel, grated, freezing, Dec 175 all
pie, banana-orange ice cream, Feb 109 all
pie, creamy orange, Nov 173 all
popcorn balls, orange, Oct 220 all
punch, golden fruit milk, May 202 all
salad, green, with orange dressing, June 139 all
salad, orange, almond green, Apr 184 all
salad, orange and beet slice, Jan 70 all
sauce, mandarin orange-olive, for meat, Apr 205 N
spread, orange-honey, Feb 134 all
Papaya seed dressing for green and gold salad, Feb 109 all
Peaches
champagne soup, July 112 S, D; Sept 158 C
conserve, peach-pineapple-orange, Sept 130 S, D
delight, Mar 178 all
freeze, peach and macaroon, July 95 all

***FRUIT** (Cont.)*
Peaches *(Cont.)*
Helène, Mar 178 all
on ice, June 180 N
pie, peach cream, fresh, Aug 99 S, D
Rio Oso Gem, freezing, Aug 106 C, S, D
tart strawberry-peach, Aug 93 all
tarts, pistachio-peach, Aug 98 S, D
tarts, upside-down, Aug 98 S, D
with kebabs, Sept 121 all
Pears
butter, caramel spice, Sept 131 S, D
cinnamon, in wine, Dec 151 N, 131 S, D
pear crisp with cheese, Feb 101 all
sauce, minted, for lamb, Apr 205 N
Persimmons
cake, spicy, Nov 177 N, 178 C, S, D
cookies, Nov 177 N, 178 C, S D
freezing, firm varieties, Nov 178 all
freezing, soft varieties, Nov 174 all
ice cream, Nov 177 C, S, D
jam, freezer, Nov 178 N, 177 C, S, D
pudding, baked, Nov 178 N
salad, persimmon fruit, Nov 178 all
with green salad, Nov 178 all
Pineapple
cake, pineapple-carrot, glazed, Oct 188 all
conserve, peach-pineapple-orange, Sept 130 S, D
dessert, pineapple-orange, June 133 all
half shells, gingered, Mar 160 N, C
juice, strawberry-pineapple, Sept 120 all
muffins, upside-down, June 140 all
sauce, sweet-sour, for meat, Apr 205 N
spareribs, pineapple-ginger, Sept 112 all
tart, pineapple and berry, Aug 93 all
Plums
in Port, Sept 126 all
Jubilee, Sept 126 all
poached, Sept 126 all
tart, orange-glazed, Aug 93 all
Rhubarb
flan, Mar 154 C, 181 S, D
ice cream, Mar 154 C, 181 S, D
pie, rosy apple, May 167 all
punch, spring, May 202 all
Salad, creamy fruit, Nov 172 all
With cheese, two dessert ideas, June 154 N, C, 171 S, D

FRUIT, DRIED
Apricots
apricot-coconut bars, Aug 99 N; Oct 229 S, D
cookies, apricot-oatmeal, June 162 all
Dates
cake, banana date, Feb 122 S, D
corn cake, ginger-date, Nov 212 all
torte, date nut, Nov 101 N
Prunes
breakfast, Feb 55 N, C, D
cake, prune, buttermilk glaze, Feb 122 S, D
muffins, lemon prune, Oct 163 all
with ginger pork chops, Feb 100 all
Raisins
muffins, orange-raisin, May 200 C
sauce, sweet and sour, Sept 152 all

MEAT
Bacon
custards, bacon and cheese, Aug 105 all
muffins, bacon corn, May 200 C
sandwich, bacon-tomato-herring, July 113 N
sandwiches, grilled cheese, two combinations, Apr 191 all

***MEAT** (Cont.)*
Beef
beef medallions sauté with wild rice, Dec 169 all
carne asada, Oct 80 all
casserole of beef with wine and vegetables (daube de boeuf), Sept 130 C
corned beef, Nov 186 all
corned beef, cheese sandwich, Mar 144 all
corned beef, orange-glazed, Dec 122 all
corned beef and cheese onion buns, June 153 N
corned beef salads, individual, Sept 129 N
Dutch oven, June 132 all
grill, mixed, steak and sausage, July 121 N
jicama with beef, Oriental style, Oct 184 N, 186 C; Nov 192 S, D
London broil muffins, June 152 N
meat roll, Austrian, May 169 all
meat rolls with dill stuffing, May 167 all
rib bones, barbecued, broiled, or baked, Sept 131 C
roast, paprika oven, Apr 208 all
roast, pot, five spice, Dec 160 all
roast, pot, Swedish-style, Aug 91 all
roast, rib eye, Sept 128 C
roast, sesame-marinated, Sept 119 all
sausage, rolled (rullepolse), May 169 all
short ribs, Korean, Aug 111 all
soup, beef and vegetable (petite marmite), Feb 136 all
steak, baked, June 139 all
steak, bay, Aug 53 all
steak, chile con, Nov 208 all
steak, Dutch, Apr 202 all
steak, gingered, with livers, Sept 159 N, S, D
steak, rib eye, broiled or barbecued, Sept 130 C
steak, sirloin, barbecued, Jan 77 N, C, 73 S, D
steak, Swiss mustard, Aug 53 all
steak and onions, Austrian-style (zwiebelrostbraten), Feb 106 all
steak garni, Sept 158 N, S, D
steak sandwich, Mexican (El Pepito), Aug 117 all
steak with caviar, Jan 51 all
steak with crab, Sept 159 N, S, D
steak with tomatoes provençal, Aug 53 all
stew, barbecue, June 169 all
stew, provincial, Dec 128 all
stew, rich, Dec 136 all
stew with pâté, Oct 91 N, C, D
stroganoff with green noodles for back-packers, June 148 all
two-onion, Apr 205 S, D; May 179 N
Beef, Ground
beef loaf, stuffed, June 185 all
beef tartar with caviar, Jan 51 all
casserole, taco-style, Oct 206 all
cutlets, ground meat, Apr 183 all
enchiladas, chorizo, May 174 all
hamburger, giant, four recipes, July 50 all
hamburger schnitzels, Austrian, Feb 114 N, 102 C
hamburgers, Finnish mushroom, Feb 115 N, 104 C
hamburgers, French burgundy, Feb 115 N, 104 C
hamburgers, Mexican taco-style, Feb 114 N, 102 C
Joe's special, May 208 all
meat loaf in a terrine, July 102 all
meat roll, salami, Nov 182 all
meat rolls with dill stuffing, May 167 all

MEAT (Cont.)

Ground Beef *(Cont.)*
meatballs, spinach, with tomato sauce, Feb 100 all
meatballs and rice, baked, with mustard sauce, May 194 all
patties, Pakistani, Apr 224 N, C; May 198 S, D
pie, ground beef and corn, Oct 162 all
salad, taco, May 167 all
sauce, spaghetti, beef-olive, Feb 132 all
teriyaki loaf, June 185 all
tostadas, hamburger, July 100 all
Bologna ring, with butter-roasted potatoes, Mar 136 all
Frankfurters
enchiladas, Mar 134 all
miniature, barbecued, Jan 77 N, C, 73 S, D
Ham
baked, with chutney, Feb 109 all
crêpes, ham and mushroom, Feb 104 N, S, D
crescent rolls, meat-and-cheese, quick, Aug 99 S, D
dinner for four, July 121 N
loaf, Feb 110 all
loaf, in sour cream crust, Apr 214 C
rolls, with asparagus, May 186 C, 180 S, D
salad, ham and avocado, Feb 101 all
sandwich, breakfast, ham-and-egg, Sept 121 all
sandwich, ham and cheese, grilled, Apr 191 all
sandwich, with pumpkin seeds, Feb 56 N, C, D
soup, ham and garbanzo, Apr 182 all
Lamb
butterflied, barbecued, Apr 193 all
cutlets, ground meat, Apr 183 all
double-pan dinner, July 121 N
in a bag, May 85 all
kebab in a bowl, June 89 all
kebabs with peaches, Sept 121 all
leg, Javanese, Sept 114 all
leg of lamb roast, boned, with rosemary, Mar 174 all
mansef, Mar 165 N, C; Apr 214 S, D
Mongolian, with spring onions, Apr 205 S, D; May 179 N
patties, Pakistani, Apr 224 N, C; May 197 S, D
pilaf with vegetables, Dec 123 all
roast, with artichokes, Jan 70 all
rolls, Armenian, June 153 N
sassaties à la Grace Kelly, June 164 all
sausage, rolled (rullepolse), May 169 all
savory marinated, Oct 202 all
shanks, Thompson style, Sept 65 all
shanks with curried rice, Feb 129 all
stew, autumn, Oct 172 all
stew with grapes, Sept 113 all
stroganoff, Greek, with Mexican overtones, Mar 138 all
Liver
Copenhagen special, Feb 121 C; Mar 181 N
ginger, à la Phillips, Jan 86 all
sandwich, four variations, Feb 121 N, 114 C, S, D
Meats, skewered, June 90 all
Pork
barbecued, Chinese, Sept 115 all
carne asada, Oct 80 all
chops and chile beans for back-packers, June 148 all
chops, curry-cranberry, Dec 145 all

MEAT (Cont.)

Pork *(Cont.)*
chops, ginger, with prunes, Feb 100 all
chops with peppers, Nov 173 all
Copenhagen special, Feb 121 C; Mar 181 N
dumplings (lin kue), May 198 N, C
kebabs with peaches, Sept 121 all
loin, barbecued, with pistachios, Aug 105 all
loin roast, Serbian style, Oct 198 all
loin with chutney glaze, Dec 151 N, 131 S, D
meat loaf in a terrine, July 102 all
mushrooms, pork-stuffed, Apr 220 all
patties with sweet potatoes and apples for back-packers, June 150 all
Penang Island, Oct 205 all
pork and sausage platter, Oct 91 N, C, D
roast, Austrian, with sauerkraut (bauernschmaus), Mar 163 all
roast, oyster sauce, Dec 160 all
sauce, for Chinese noodles, Feb 132 all
seasoning, Serbian, Oct 198 all
slivered, with sausages, Apr 219 all
spareribs, pineapple-ginger, Sept 112 all
spareribs, Serbian, Oct 198 all
wine hog #7, Jan 86 all
Rabbit, Belgian, in red wine (civet de lièvre), Mar 154 N, S, D, 181 C
Salami
meat roll, Nov 182 all
salad, hot salami, garbanzo, Apr 184 all
Sausage
biroldo and Italian green bean sauté, Mar 137 all
casserole, lentils and sausage, July 95 all
coteghino with lentils, Oct 196 all
dressing, sausage and fruit, Nov 219 all
grill, mixed, for two, July 121 N
homemade, with sweet onions, May 200 N
Italian, browned, Mar 161 N, C
linguisa-garbanzo stew, Mar 137 all
pork and sausage platter, Oct 91 N, C, D
salsiccia vin blanc with risotto, Mar 137 all
teriyaki loaf, June 185 all
veal, with leeks, May 200 N
with slivered pork, Apr 219 all
Sweetbreads
casserole, mushroom luncheon, Oct 176 all
chicken and meatballs au gratin, Feb 122 C; Mar 181 N
with capers, Dec 170 all
with Madeira, Dec 170 all
with tarragon and bacon, Dec 170 all
Tongue
salad, apple, tongue, chicken, Mar 166 all
with vegetables, Swedish, May 186 N, S, D; July 113 C
Veal
chicken and meatballs au gratin, Feb 122 C; Mar 181 N
stew with potato soufflé, Oct 91 N, C, D
Swiss julienne of veal (geschnetzeltes), May 206 all
teriyaki loaf, June 185 all

MENUS

Breakfasts

Bake-ahead, Jan 80 all
Mother's Day, May 191 all
Omelet, potato, Feb 110 all
Pancake, spring, Mar 171 all
Sandwich, Sept 120 all
Weekend, Nov 185 all

MENUS (Cont.)

Brunches

Casserole, Mexican, Oct 168 all
Continental, with fruit, July 98 all
Easter, family, Apr 206 all
Family weekend, Aug 105 all
Or light supper, June 139 all

Buffets

Barbecue for a crowd, June 88 all
Brunch, June 90 all
Delicatessen, Oct 166 all
Holiday, Dec 134 all

Dinners

Barbecue, beef and bread, Sept 119 all
Company, baked ham, Feb 109 all
Company, with a head start, Mar 172 all
Family, festive, Nov 182 all
Family, ham loaf, Feb 110 all
Family, quick, Apr 211 all
Guest, oven roast, Apr 208 all
Kebab, fruited, Sept 121 all
Pakistani style, easy, Apr 224 N, C; May 197 S, D
Party, Nov 186 all
Steak, baked, June 139 all
Sunday for the clan, Aug 105 all
Thanksgiving, transportable, Nov 99 all
Turkey, last-of-the, Jan 82 all

Lunches

Broodje, May 188 all
Guest, Nov 186 all
Guest, salad, Apr 208 all
June, June 136 all
Sandwich, Mar 174 all

Parties

Barbecue, cook-at-the-table, June 90 all
Barbecue, cook-at-the-table, June 90 all
Broodje supper, May 188 all
Brunch buffet, June 90 all
Buffet, delicatessen, Oct 166 all
Dinner, Nov 186 all
Dinner, do-ahead, Oct 170 all
Meal-in-a-basket, five menus, July 56 all
Wine-and-food tasting, May 98 all

Picnics

Barbecue, Greek Easter, Apr 192 all
Casserole, May 192 all
Lunch, roadside, from supermarket, Aug 102 all
Pastoral, July 100 all
Thanksgiving dinner, Nov 99 C, S, D

Suppers

Beef stew, colorful, Dec 136 all
Family clam chowder, Dec 139 all
Family feast, small, Mar 171 all
Fiesta, July 98 all
Fireplace, Jan 76 N, C, 72 S, D
Fondue, cheese, Jan 77 N, C, 73 S, D
Late, Nov 186 all
Light, June 136 all; June 139 all
Meal-in-one-dish, Oct 168 all
Mexican carne asada, Oct 80 all
Omelet, Mar 160 N, C
Pasta and sausage, Mar 161 N, C
Soup party, Jan 80 all
Steak, intimate, Jan 77 N, C, 73 S, D
Tostada, Mar 161 N, C

MISCELLANEOUS

Back-packers, meals for, June 145 all
Baskets for transporting food, Apr 244 all
Cooking tools, unusual, Sept 62 all
Crowd, ideas for handling, June 86 all
Fruit ripener, electric, Mar 156 all
Fruits and vegetables, as centerpieces, Oct 194 all
Scissors in the kitchen, Dec 78 all
Wine vinegar, how to make, June 176 all

NUTS

Almonds
  almond chicken with Brussels sprouts, Oct 162 all
  almond-cinnamon leaves, July 116 all
  cake, toasted almond, Swedish, Oct 218 all
  cookies, almond butter, July 118 all
  pie, toasted almond, Nov 105 all
  pudding, almond crunch carrot, Oct 188 all
  salad, orange and almond green, Apr 184 all
  toffee, Dec 152 N, C
  torte, coffee almond, Feb 123 N
Brazil nut chews, Dec 159 N
Cashews
  cashew shortbread stars, Dec 159 N
  casserole, cashew-yam, Nov 172 all
  dressing, cashew rice, Nov 219 all
Chestnuts muddled in Port, Nov 222 all
Cooky cups, cherry-nut, Dec 123 all
Filberts
  filbert snowdrops, Dec 159 N
  pie, toasted, Nov 105 all
Macadamia cream crunch pie, Nov 105 all
Nut balls, chocolate popcorn, Oct 220 all
Nut brittle freeze, Jan 84 all
Pecans
  muffins, pecan-anise, May 200 C
  tarts, pecan jam, Nov 105 all
Pie, brownie nut, Jan 71 all
Pine nuts
  pilaf, piñon, Aug 112 all
  with eggplant, Nov 200 all
Pistachios
  tarts, pistachio-peach, Aug 98 S, D
  with barbecued pork loin, Aug 105 all
Shortcake, cinnamon-nut, Aug 91 all
Torte, date nut, Nov 101 N
Walnuts
  chocolate walnut drops, Dec 159 N
  torte, Engadine nut, Dec 127 all

POULTRY

Chicken
  à l'orange, Mar 134 all
  almond, with Brussels sprouts, Oct 162 all
  and meatballs au gratin, Feb 122 C; Mar 181 N
  baked, Pakistani, Sept 142 all
  breasts, marinated, July 94 all
  breasts mère Catherine, Apr 213 all
  breasts veronique, Sept 64 all
  brioche pâtés, May 169 all
  chicken and vegetable sauté, Mediterranean, Oct 170 all
  coconut, Oct 201 all
  competition, Sept 150 all
  curried, with limes, Aug 90 all
  Don's country, July 107 all
  enchiladas, Uruapan style, May 172 all
  Eugenio, May 217 all
  Grecian fruited, Sept 114 all
  kebabs with peaches, Sept 121 all
  lemon chicken with black beans, Apr 220 all

POULTRY (Cont.)

Chicken *(Cont.)*
  livers, chopped, Oct 170 all
  livers with gingered steak, Sept 159 N, S, D
  mexicado, May 218 all
  mousse, Sept 129 N
  Normandy (poulet à la Vallée d'Auge), Apr 213 all
  Paul's, May 217 all
  pie, South American, Jan 73 N
  Poulet Maison Mouquin, Jan 87 all
  roast, orange-glazed, Dec 151 N, 131 S, D
  roast, with grapes, Sept 64 all
  salad, apple and tongue chicken, Mar 166 all
  salad, in cantaloupe halves, June 136 all
  salad, paella, Aug 55 all
  sandwich, chicken, cheese, and chile, grilled, Apr 191 all
  sauté toscano, Dec 169 all
  sealed in a pot, May 85 all
  snappy noodle, Aug 111 all
  soup, Bombay, chilled, July 123 all
  with water chestnuts, Chinese peas, Apr 188 all
Duck
  duckling, well stuffed, Dec 142 all
  duckling Hawaiian, Nov 172 all
Pheasant
  curried, Nov 192 N, C
  sour cream sauce, Nov 192 N, C
  whole roasted, Nov 192 N, C
Rock Cornish game hens, braised, Apr 183 all
Turkey
  Bulgarian, Nov 211 all
  casserole, turkey chile, Jan 71 all
  casserole au gratin, Dec 122 all
  croquettes with curry sauce, Nov 194 all
  egg rolls, Nov 196 all
  envelopes, Nov 194 all
  gravy, hot giblet, supreme, Nov 101 all
  risotto, Jan 84 all
  roast, cold, Nov 101 all
  roast, in under 2 hours, Nov 206 all
  stuffing, apple sour cream, Dec 142 all

PRESERVING

Conserves, Jams, Jellies, Preserves, Butters

Fig conserve, fresh, Sept 131 S, D
Peach-pineapple-orange conserve, Sept 130 S, D
Pear butter, caramel spice, Sept 131 S, D
Persimmon jam, freezer, Nov 178 N, 177 C, S, D

Freezing

Cheesecake, freezer, Oct 172 all
Corn, July 110 C, S
Cream, Danish lemon, May 212 N, C
Creams, three recipes, July 124 all
Nut brittle freeze, Jan 84 all
Orange peel, grated, Dec 175 all
Peach and macaroon freeze, July 95 all
Peaches, Rio Oso Gem, Aug 106 C, S, D
Persimmon jam, Nov 178 N, 177 C, S, D
Persimmons, firm varieties, Nov 178 all
Persimmons, soft varieties, Nov 174 all
Torte, lemon, May 212 N, C

Relishes

Relish, tomato, fruited, Sept 130 S, D

SALAD DRESSINGS

Basil, Sept 78 all
Deli-dressing, Det's, Apr 242 all
Lime fruit, Nov 178 all
Mogul, Sept 81 all
Shallot and blue cheese, Mar 140 all
Sour cream, for tomatoes, Sept 81 all
Tarragon, Sept 78 all

SALADS

Basil tomato sandwich, Sept 78 all
Bean, white, Sept 113 all
Carrots, artichokes in olive oil, Mar 135 all
Carrots with orange dressing, June 135 all
Cauliflower with black olives, June 135 all
Chicken, apple and tongue, Mar 166 all
Chicken, in cantaloupe halves, June 136 all
Chicken mousse, Sept 129 N
Christmas ring, Dec 122 all
Corned beef, individual, Sept 129 N
Cottage cheese, I hate, Nov 208 all
Crab, piquant, Sept 129 N
Crab and egg, Apr 208 all
Crab Louis, creamy dressing, Apr 182 all
Crab Louis pie, Dec 167 all
Eggplant provençale, July 107 all
Fruit, creamy, Nov 172 all
Green, Athenian, Apr 192 all
Green, crab and apple, Apr 184 all
Green, orange and almond, Apr 184 all
Green, three, July 108 N, 120 C
Green, with dilled shrimp, Dec 131 C
Green, with fruit, Oct 205 all
Green, with orange dressing, June 139 all
Green, with persimmons, Nov 178 all
Green and gold, papaya seed dressing, Feb 109 all
Green and white, May 220 all
Ham and avocado, Feb 101 all
Orange and beet slice, Jan 70 all
Paella, chicken, Aug 55 all
Paella, shellfish, Aug 55 all
Paella, smoked salmon, Aug 55 all
Paella, tuna, Aug 55 all
Peanut butter bowl, Apr 184 all
Peas with sweet onion, mint, June 135 all
Persimmon fruit, Nov 178 all
Pico de gallo, Oct 184 N, 186 C; Nov 192 S, D
Pink and green, May 220 all
Potato, antipasto, May 200 S, D
Potato, German, May 200 S, D
Potato, yellow, May 200 S, D
Salami, hot, and garbanzo, Apr 184 all
Sandwich, three recipes, May 180 N
Shallot and greens, July 108 N, 120 C
Shrimp, California, Sept 145 all
Shrimp and artichokes in aspic, Dec 131 C
Slaw, green cabbage, May 194 all
Spring plate, mustard-caper dressing, May 186 C, 180 S, D
Taco, May 167 all
Tomato, cheese-and-bacon, Sept 81 all
Tomato, fresh, July 94 all
Tomato and avocado, mogul dressing, Sept 81 all
Vegetable, mixed, June 134 all
Vegetables, shredded, buffet, June 89 all

SANDWICHES

Bacon, cheese, and mustard, grilled, Apr 191 all
Bacon-tomato-herring, July 113 N
Basil tomato, Sept 78 all
Chicken, cheese, and chile, grilled, Apr 191 all

SANDWICHES (Cont.)

Corned beef, cheese, Mar 144 all
Corned beef and cheese onion buns, June 153 N
Crab, broiled, Feb 100 all
Crab on rye, Dec 154 N, 159 C, S, D
Crab salad, French bread boats, May 181 N
Father Cobb special, Sept 152 all
Grinders, Mar 174 all
Ham and cheese, grilled, Apr 191 all
Ham-and-egg breakfast, Sept 121 all
Ham with pumpkin seeds, Feb 56 N, C, D
Hamburger, cheese and onion, July 51 all
Hamburger, giant, on French bread, July 50 all
Hamburger, mushroom-topped, July 51 all
Hamburger, pizza-style, July 51 all
Herring, Spanish-style, July 113 N
Herring, Westphalian, July 113 N
Herring and chile egg, July 113 N
Lamb rolls, Armenian, June 153 N
Liver, four variations, Feb 121 N, 114 C, S, D
Liverwurst, onions with caviar, Jan 50 all
London broil muffins, June 152 N
Oyster special, Mar 144 all
Pepper cheese and bacon, grilled, Apr 191 all
Shooting star, Danish, May 186 C, 180 S, D
Sour rye plate, May 181 N
Steak, Mexican (El Pepito), Aug 117 all
Tostadas, California, Mar 161 N, C
Tuna and Cheddar, grilled, Apr 191 all
Tuna salad French bread wedges, May 181 N

SAUCES AND SYRUPS

Béarnaise, Apr 213 all
Brown sugar rum, for fruit, Jan 79 all
Butter, parsley herb, Jan 77 N, C, 78 S, D
Cherry, for turkey, pork, ham, Apr 203 N
Chive, Dec 131 N
Cucumber-yogurt for fish, Sept 117 N
Dill-hollandaise for fish, Sept 117 N
Fish, Apr 242 all
Fondue, dessert, four recipes, Sept 134 N, C, 133 S, D
Green pepper-yogurt, June 89 all
Lemon, for gingerbread, Feb 110 all
Lemon whipped cream, Sept 117 C
Macaroon cream, Sept 117 C
Mandarin orange-olive, for turkey, pork, ham, Apr 203 N
Mayonnaise, lemon butter, Jan 49 all
Mustard, Nov 186 all
Orange cream, for fruit, Jan 79 all
Pear, minted, for lamb, Apr 205 N
Pineapple, sweet-sour, for pork, ham, Apr 203 N
Pork, for Chinese noodles, Feb 132 all
Raisin, sweet and sour, Sept 152 all
Remoulade, Oct 216 all
Sesame seed (pipian), Apr 229 all
Spaghetti, beef-olive, Feb 132 all
Strawberry ice cream, Sept 117 C
Tomatillo, green (mole verde), Apr 229 all
Yogurt and eggplant, Apr 224 N, C; May 198 S, D

SOUPS

Asparagus, cream of, Jan 76, S, D; June 189 C
Avocado buttermilk, chilled, July 123 all
Bean, Hungarian speckled (bab leves), Mar 176 all
Beef and vegetable (petite marmite), Feb 136 all

SOUPS (Cont.)

Bouillabaisse, Carmel, Mar 72 all
Cabbage patch, Nov 173 all
Chicken, Bombay, chilled, July 123 all
Chile con steak, Nov 208 all
Chowder, vegetable clam, Dec 139 all
Corn, Guamanian, Sept 138 all
Dumpling, Chinese, May 198 N, C
Finickers', Feb 124 all
Gazpacho of Mexico, Feb 56 N, C, D
Gazpacho of Seville, July 100 all
Goulash (gulyás), Jan 80 all
Ham and garbanzo, Apr 182 all
Leek and potato, cream of (soupe aux poireaux à la crème), Jan 75 N
Lettuce, creamy, Jan 70 all
Madrilene, avocados, Oct 170 all
Maritata, July 108 D
Mushroom essence, walkabout, Nov 99 N, 100 C, S, D
Pea, curried, Mar 135 all
Potato, chilled, Apr 208 all
Pumpkin (sopa de calabaza), July 104 all
Shrimp supper, Aug 90 all
Sopa seca de frijoles refritos, Sept 154 all
Sopa Sonorese, Jan 76 S, D; June 180 C
Stew, barbecue, June 169 all

VEGETABLES

Artichokes
- and carrots in olive oil, Mar 135 all
- and shrimp in aspic, Dec 131 C
- and spinach au gratin, Nov 219 all
- bottom, with creamy spinach and cheese, July 114 all
- mushroom-stuffed, Nov 202 all
- with melted butter, Mar 171 all
- with red and black caviar, Jan 51 all
- with roast lamb, Jan 70 all

Asparagus
- frittata, spinach and asparagus, May 224 all
- salad plate, spring, with mustard-caper dressing, May 186 C, 180 S, D
- sandwich, Danish shooting star, May 186 C, 180 S, D
- soup, cream of, Jan 76 S, D; June 180 C
- with ham rolls, May 186 C, 180 S, D

Bagna cauda (appetizers), Apr 102 all
Beans
- black, with lemon chicken, Apr 220 all
- chile, and pork chops for back-packers, June 148 all
- garbanzo and ham soup, Apr 182 all
- garbanzo and hot salami salad, Apr 184 all
- garbanzo-linguisa stew, Mar 137 all
- green, bechamel, baked, Nov 220 all
- green, spicy (judías verdes picantes), Feb 126 all
- Italian green bean and biroldo sauté, Mar 137 all
- lima, with curry sauce, June 135 all
- sopa seca de frijoles refritos, Sept 154 all
- soup, finickers', Feb 124 all
- speckled bean soup, Hungarian (bab leves), Mar 176 all
- white, salad, Sept 113 all

Beets
- salad, orange and beet slice, Jan 70 all
- salad ring, Christmas, Dec 122 all

Brussels sprouts with almond chicken, Oct 194 all

VEGETABLES (Cont.)

Cabbage
- salad, shredded vegetables buffet, June 89 all
- sauerkraut and roast pork, Austrian (bauernschmaus), Mar 163 all
- slaw, green cabbage, May 194 all
- soup, cabbage patch, Nov 173 all
- with capered cod, Jan 75 S, D

Carrots
- and artichokes in olive oil, Mar 135 all
- cake, pineapple-carrot, glazed, Oct 188 all
- in wine sauce, Feb 101 all
- pudding, almond crunch, Oct 188 all
- vegetable bake, fluffy, Oct 163 all
- with orange dressing, June 135 all

Cauliflower with black olives, June 135 all
Corn
- featherless swallows, May 214 all
- freezing, July 110 C, S
- muffins, bacon corn, May 200 C
- pie, ground beef and corn, Oct 162 all
- pudding, June 142 all
- scalloped, and oysters, July 107 all
- soup, Guamanian, Sept 138 all

Cress, sprouted in kitchen, May 227 all
Eggplant
- baked stuffed, Nov 191 N; Dec 154 C, S,
- marinated, Aug 91 all
- moussakas, individual, Mar 165 S, D; Oct 229 N
- provençale, July 107 all
- sauce, yogurt and eggplant, Apr 224 N, C; May 198 S, D
- stuffed, casserole, Apr 244 all
- with pine nuts, Nov 200 all

Garlic, fresh, kitchen nosegay, July 110 N
Glazed, to top steak, June 139 all
Jicama
- appetizer, Oct 184 N, 186 C; Nov 192 S,
- salad (pico de gallo), Oct 184 N, 186 C; Nov 192 S, D
- with beef, Oriental style, Oct 184 N, 186 C; Nov 192 S, D

Leeks
- soup, leek and potato, cream of (soupe aux poireaux à la crème), Jan 75 N
- with veal sausages, May 200 N

Lentils
- casserole, lentils and sausage, July 95 all
- with coteghino, Oct 196 all

Lettuce soup, creamy, Jan 70 all
Mushrooms
- artichokes, mushroom-stuffed, Nov 20[illegible]
- casserole, luncheon, Oct 176 all
- clam-stuffed, Nov 202 all
- crêpes, ham and mushroom, Feb 104 N, S, D
- essence, walkabout, Nov 99 N, 100 C, [illegible] D
- hamburgers, Finnish mushroom, Feb 115 N, 104 C
- pork-stuffed, Apr 220 all
- sculptured, Feb 57 N, C, D
- under glass, Dec 131 N
- Viennese, Oct 216 all
- zucchini, baked, with mushrooms, May 166 all

Onions
- beef, two-onion, Apr 205 S, D; May 1[illegible] N
- bread, barbecue-baked, Sept 120 all
- cornbread, onion-poppy seed, June 13[illegible]
- French-fried, and shrimp, May 222 all
- lamb, Mongolian, with spring onions, Apr 205 S, D; May 179 N
- oysters, gingered, with onion, Apr 205 S, D; May 179 N

VEGETABLES (Cont.)
Onions *(Cont.)*
sautéed, with broiled sturgeon, Sept 130 N
steak and onions, Austrian-style (zwiebelrostbraten), Feb 106 all
sweet, with homemade sausages, May 200 N
Parsnips, glazed, Feb 110 all
Peas
salads, fresh pea, two recipes, May 220 all
soup, curried, Mar 135 all
with rice, Apr 224 N, C; May 198 S, D
with sweet onion and mint, June 135 all
Peppers
green, sautéed, Oct 80 all
green chile enchilada, May 172 all
pimiento soufflé, sour cream, Oct 226 all
sauce, green pepper-yogurt, June 89 all
with pork chops, Nov 173 all
Potatoes
Anna, Dec 131 N
boats, rancher's, Nov 200 all
butter-roasted (kartoffelrösti), May 206 all
French fries, grilled, Jan 77 N, C, 73 S, D
omelets, individual, with bacon-cheese filling, Feb 110 all
pie, clam and potato chowder, Oct 190 all
pie, Montluçon, Oct 190 all
salad, antipasto, May 200 S, D
salad, German, May 200 S, D
salad, yellow, May 200 S, D
soufflé, with veal stew, Oct 91 N, C, D
soufflé casserole, Nov 101 N
soup, chilled, quick, Apr 208 all
soup, leek and potato, cream of (soupe aux poireaux à la crème), Jan 75 N

VEGETABLES (Cont.)
Rutabagas
vegetable bake, fluffy, Oct 163 all
Salad, mixed vegetable, June 134 all
Shallots
dressing, shallot and blue cheese, Mar 140 all
salad, shallot and greens, July 108 N, 120 C
Soup, beef and vegetable (petite marmite), Feb 136 all
Spinach
and artichokes au gratin, Nov 219 all
creamy, on artichoke bottom, with cheese, July 114 all
fried, Marshall's, Mar 138 all
frittata, spinach and asparagus, May 224 all
meatballs, tomato sauce, Feb 100 all
sauté, rice and spinach, May 166 all
soufflé, Mar 172 all
soufflé wedges, June 156 all
soufflé with chive sauce, Dec 131 N
tart roma, Nov 211 all
zucchini, spinach-stuffed, July 94 all
Squash
pumpkin cake, Oct 163 all
pumpkin soup (sopa de calabaza), July 104 all
zucchini, baked, with mushrooms, May 166 all
zucchini, spinach-stuffed, July 94 all
zucchini frittata, May 224 all
zucchini grande, Sept 147 N, C
zucchini oven frittata, June 139 all
Sweet potatoes
yam-cashew casserole, Nov 172 all
yams, candied, Nov 219 all
Tomatillo sauce, green (mole verde), Apr 229 all

VEGETABLES (Cont.)
Tomatoes
fresh, cocktail or salad, July 94 all
hot herbed, Sept 112 all
provençal, with grilled steak, Aug 53 all
relish, fruited, Sept 130 S, D
salad, basil tomato sandwich, Sept 78 all
salad, cheese-and-bacon tomato, Sept 81 all
salad, tomato and avocado, mogul dressing, Sept 81 all
sandwich, bacon-tomato-herring, July 113 N
sliced, herb dressing, Sept 78 all
with sour cream dressing, Sept 81 all
Water chestnuts
fresh, two recipes using, Apr 186 all
shrimp tumble in lettuce cup, Apr 188 all
with Chinese peas, chicken, Apr 188 all

YOUNG PEOPLE'S COOKING
Apple lunchbox treats, Sept 140 all
Cake, chocolate cascade, Feb 55 N, C, D
Cookies, big, two recipes, Feb 118 all
Cookies, Christmas, baking party, Dec 132 all
Cookies, Halloween gingerbread, Oct 181 all
Fruitsicles, June 180 S, D
Gazpacho of Mexico, Feb 56 N, C, D
Ice cream sandwiches, Nov 220 all
Mushrooms, sculptured, Feb 57 N, C, D
Orange Bavarian, Feb 57 N, C, D
Popcorn balls, chocolate nut, Oct 220 all
Popcorn balls, orange, Oct 220 all
Prunes, breakfast, Feb 55 N, C, D
Sandwich ham with pumpkin seeds, Feb 56 N, C, D
Sandwiches, chocolate marshmallow, Jan 77 N, C, 73 S, D

GARDENING AND LANDSCAPING

ANNUALS
Ageratum 'Blue Mink', 'Blue Mist', May 229 N
All-America winners, 1968, Jan 96 all
Amaranthus 'Early Splendor', Mar 196 all
Aster, China 'Dwarf Blue', 'Snow White', Apr 253 C
Aster, China *(Callistephus chinensis)*, from seed, Mar 200 N
Celosia 'Golden Triumph', Jan 97 all
Color, instant, June 78 all
Everlasting flowers, growing, Apr 254 all
Forget-me-nots, June 188 N
Geraniums, Carefree series, Jan 97 all
Impatiens turn perennials, Nov 227 S
Marigold, desert *(Baileya multiradiata)*, May 229 D
Marigold 'First Lady', Jan 96 all
Marigold 'Orange Jubilee', Jan 97 all
Monkey flower *(Mimulus tigrinus)*, May 262 N
Nasturtiums, May 275 C
Pansies, Feb 141 D
Pansies, new varieties, July 131 N
Pansy, Feb 168 S, D

ANNUALS (Cont.)
Periwinkle, Madagascar *(Catharanthus roseus)*, June 208 S, D
Petunias, fall-planted, Oct 231 D
Petunias, outstanding varieties, May 94 all
Petunias, rejuvenating, Sept 161 S
Phlox drummondii, June 189 C
Planting, fall, Oct 248 C, S, D
Planting, preparing soil for, May 231 C
Planting, September, Sept 176 C, S, D
Poppies, Iceland, Sept 162 S
Portulaca, Apr 251 S
Primrose, fairy, in container, Nov 242 C, S, D
Snapdragon, baby *(Linaria maroccana)*, Oct 233 D
Snapdragons, Nov 227 D
Summer annuals in winter, Sept 161 S
Sunflowers, report from "baseball gardens," Apr 251 N
Sweet peas, growing in container, Nov 230 C, S, D
Sweet peas, grown on fencing wire circle, Oct 233 S

ANNUALS (Cont.)
Sweet peas, pests affecting, July 131 N
Sweet peas, spring-blooming, Sept 162 D
Sweet peas, string trellis for, Oct 245 C, 267 S, D
Transplanting, May 229 N
Verbena 'Blaze', Jan 96 all
Viola-daffodil plant combination, Nov 240 S, D
Zinnia 'Paintbrush', May 230 S
Zinnia 'Wild Cherry', Jan 96 all
Zinnias, June 208 N, 212 C, 200 S, D

ARRANGEMENTS
Birch branch, Dutch iris, Mar 198 all
Everlasting flowers, growing, Apr 254 all
Fruit and vegetable centerpieces, Oct 194 all
Ikebana schools, Apr 258 N
Lilies, as cut flowers, Nov 252 all
Pyracantha, pruning for arrangements, Dec 177 D
Weeds, ornamental, Oct 233 D

BOOK REVIEWS

Bulbs, How to Grow, a *Sunset* book, Oct 234 all
California Plants to Color, Mar 184 C; Apr 252 S
Daylily Handbook, Sept 162 C
Forest Trees of the Pacific Slope, Oct 255 N
Gift books for gardeners, includes *The Rothschild Rhododendrons, America's Great Private Gardens, The Endemic Flora of Tasmania*, Dec 215 all
House Plants, How to Grow, a *Sunset* book, Nov 236 all
Japanese Gardens, a *Sunset* book, Apr 261 all
Landscaping for Western Living, a *Sunset* book, Apr 138 all
Plant California Today, Nov 229 C
Plants of the Three Sisters Region, Oct 233 N
Rhododendron Information, Apr 251 N, C
Roses, A Handbook for Selecting, Jan 89 C, S
Trees and Shrubs for Pacific Northwest Gardens, Mar 183 N
Trees and Shrubs of Mills College, May 230 C

BULBS AND BULBLIKE PLANTS

Alstroemerias, June 187 C
Anemone, poppy-flowered *(A. coronaria)*, May 230 N
Anemone tubers, how to plant, Nov 250 all
Begonia tubers, how to handle, plant, Feb 148 C, S
Begonias, tuberous, Aug 119 C
Begonias, tuberous, from seed, Feb 146 C, S
Bulbs, salvaging, May 229 S
Calla, black *(Arum palaestinum)*, Sept 185 N, S, D, 166 C
Cape bulbs, Nov 229 C
Care after bloom, Mar 183 C; May 231 N
Cyclamen, hardy, from seed, June 197 N
Cyclamen as ground cover, June 210 N
Daffodil-viola plant combination, Nov 240 S, D
Daffodils, November planting, Nov 94 all
Dahlias, May 275 S, D
Daylily Handbook, book review, Sept 162 C
Dutch bulbs, Nov 229 C
Ginger root *(Zingiber)*, Apr 253 D
Gladiolus, Apr 253 S
Gladiolus, baby, Oct 236 all
Gladiolus 'Lemon Lustre', May 229 N
Gladiolus, 1968 All-America winners, Jan 89 S; Feb 141 C
How to Grow Bulbs, a *Sunset* book, Oct 234 all
Hyacinths, grape, Sept 169 N, 191 C
Iris, dwarf bearded, standard, Apr 253 N
Iris, Siberian, June 189 N
Iris, winter *(I. unguicularis, I. stylosa)*, Oct 233 C
Iris display gardens, Berkeley, Stockton, Calif., Apr 274 C
Lilies, as cut flowers, Nov 252 all
Lilies, foxtail *(Eremurus)*, Oct 231 N
Lilies, hybrid, Dec 193 N
Peonies, planting, Sept 161 N
Planting, Sept 161 S
Potted, how to salvage, May 229 S
Ranunculus, Oct 232 D
Ranunculus, growing in containers, Nov 230 C, S, D
Ranunculus, two ways to buy, Nov 227 S
Tulips, Darwin hybrids, Oct 231 C
Tulips, Darwin hybrids, low-growing hybrids, Nov 238 N, C
Tulips, Parrot, Nov 258 N

CONTAINER GARDENING

Abutilon megapotamicum, Oct 259 S, D
Austrian container gardening, May 258 N
Bauhinia, red *(B. galpinii)*, Mar 189 C, S, D
Branch weights for hanging plants, Oct 233 S
Bulbs, salvaging, May 229 S
Camellias, sasanqua, for hanging baskets, Oct 232 S
Chrysanthemums, Oct 86 all
Container that comes apart, Jan 40 all
Containers, redwood strips, plastic straps, June 187 C
Delphiniums, Nov 230 C, S, D
Fatsia, Japanese *(F. japonica)*, Nov 229 D
Ferns, air, Apr 252 C; June 188 S, 187 D
Gardenias, three shapes, Aug 135 S
Geraniums, ivy-leafed, Apr 251 N
Hanging-basket plants, July 131 S
Hanging-basket plants for hot dry spots, Aug 119 S
Hanging plants, dependable, Sept 66 all
Hibiscus, May 229 D
Hoya bella, Sept 161 C
Ivy, growing on gate, May 248 C, S, D
Jasmine, star, around beach umbrella pole, June 187 S, 189 D
Juniper, training as upright, Apr 279 S, D; Nov 242 N
Loropetalum chinense, Oct 256 C
Mondo grass *(Ophiopogon japonicus)*, Apr 287 C; May 252 S, D
Orchids, cymbidium, Apr 262 S, D
Parasol tree, Chinese *(Firmiana platanifolia)*, Mar 183 C
Pine, tanyosho *(Pinus densiflora 'Umbraculifera')*, Dec 194 N
Plant boxes, Rocky Reach Dam, Wash., June 187 N
Plants and containers, matching, Aug 56 all
Primrose, fairy, Nov 242 C, S, D
Ranunculus, Nov 230 C, S, D
Roses, Aug 119 S
Sarcococca, Dec 185 N, S, D, 196 C
Soil, cooling off, Aug 119 D
Sweet peas, Nov 230 C, S, D
Trellis for container plant, Feb 141 N

ESPALIERING

Camellias, Mar 76 all

FERNS

Lady *(Athyrium filix-foemina)*, Nov 227 N
Native, collecting, Nov 248 N
Small, for garden corner, Aug 136 N
Sword *(Polystichum munitum)*, July 131 N

FRUITS

Almond trees, nut-producing, Oct 231 N
Apple scab, May 229 N
Apples, for So. Calif., Jan 89 S
Avocado, root ball, checking moisture, June 187 S
Avocado windfalls, salvaging, Nov 228 S
Banana belt in Southern California, June 84 S

FRUITS (Cont.)

Bananas, June 84 S
Bare-root trees, pruning before planting, Feb 141 S
Cherimoya, June 84 S
Cherry, Cornelian *(Cornus mas)*, Feb 151 N
Cherry, dwarf, 'Spur Bing', Mar 186 N
Citrus, heavy pruning, Mar 193 C, 219 S, D
Citrus, root ball, checking moisture, June 187 S
Citrus trees, watering, Aug 120 S
Crabapples, flowering, Nov 228 N
Figs, planting, May 229 S, D
Fruit trees, selecting, Feb 141 C
"June drop", May 230 C
Lingonberry *(Vaccinium vitis-idaea)*, Apr 280 N
Loquat, July 152 D
Macadamia trees, Nov 229 S
Mangoes, June 84 S
Olive, preventing fruit set, May 245 S, D
Oranges, Unshu, Dec 178 N
Papayas, June 85 S
Peach leaf curl, Jan 89 C
Pears, how to ripen, July 153 C
Pineapple, July 131 S
Sapote, white, June 84 S
Strawberries, raised bed for, Feb 142 S
Trees for desert, Feb 141 D

GARDEN STRUCTURES, GREENHOUSES, PLANT SHELTERS

Greenhouses, cool and warm, Feb 168 N; Oct 248 N
Plant shelter for display, protection, Feb 145 N; Mar 191 C, 200 D; June 218 S
Shade, getting ready, Apr 251 N

GARDEN TECHNIQUES AND MAINTENANCE

Aggressive plants, Aug 119 N
Annuals, removing before Dec., Dec 177 N
Annuals, September planting, Sept 176 C, S, D
August chores, from "baseball gardens", Aug 119 C
Balled and burlapped plantings, checking for new growth, Apr 253 C
Balled and burlapped plants, planting, Nov 232 C
Bare-root planting, roses, Jan 102 all
Bare-root plants, patience with, May 229 C
Branch weights for hanging plants, Oct 233
Bulb care after bloom, Mar 183 C; May 231 N
Bulbs, planting, Sept 161 S
Chores for rainy day, Jan 89 S
Clean-up time, Nov 227 D
Compost, making, May 229 N
Drainage, checking before planting, Oct 231 C
Drying out, preventing on newly planted roses, trees, Jan 89 D
Fertilizers, slow-release, Jan 93 all
Fertilizing lawns, Mar 183 S
Fire-damaged plants, care of, Mar 183 S
Fuchsias, how to pinch, Apr 274 N
Garden clean-up, Sept 161 N
Gardening-to-a-deadline, Mar 204 all
Greenhouse gardeners, useful ideas for, Oct 258 N
Greenhouse projects for December, Dec 177 N
Grooming, watching a professional at wor June 84 N, C, D

GARDEN TECHNIQUES AND MAINTENANCE (Cont.)

Hot weather, preparing plants for, Apr 251 D
Insecticides, systemic, May 234 all
June wedding, readying garden for, Mar 82 all
Lawn, Bermuda, renovating, Apr 251 S
Lawn care, June 187 D
Lawn care chart, Aug 119 S
Lawn feeding, Sept 161 S
Lawn grooming chores, Dec., Dec 177 N
Leaf drop, spring, on evergreens, Apr 252 C, 251 S
Mulch, holding in place, Oct 231 S
Mulch, pebble, how to clean, Sept 162 S
Mulch build-up, avoiding, Dec 177 N
Mulches, winter, Oct 231 D
Mulching, summer, May 230 D
Nitrogen fixation, Feb 141 N
Pesticides, care with, July 131 C
Plant packs, cubed plastic shell, June 187 S
Planting, December nursery buys, Dec 177 S
Planting, fall, in desert areas, Oct 231 D
Planting, moistening soil, June 187 D
Planting annuals, preparing soil for, May 231 C
Planting new shrubs, trees, Oct 233 N
Planting procedure, extra-care, Oct 231 D
Planting trees, shrubs, keeping roots moist, Apr 251 N
Plants, lawns, perking up, Aug 119 N
Plants from friends, how to get starts, precautions, July 138 all
Plastic bags, uses for plant collectors, Sept 163 C
Polyethylene sheets, uses for, Nov 227 S; Dec 177 D
Raking leaves, Oct 231 N
Root ball, checking moisture on recently planted tree, June 187 S
September gardening chores, Sept 161 C
Slopes, hydro-mulching, Nov 228 S
Soil binding, two plants for, Apr 252 D
Spray services, commercial, Feb 156 N
Square feet, converting to acres, Mar 183 C
Stakes, removing from established trees, July 131 D
Staking method for trees, Oct 231 S
Staking perennials, June 188 N
Starter solutions, Mar 183 D
Stumps, killing sprouts from, Mar 183 N
Summer stress on plants, July 131 C
Transplanting annuals, May 229 N
Transplanting trees, shrubs, Nov 227 D
Tree bark, protecting from sun, June 188 D
Tree pots, Sept 162 C
Tree roots, controlling, Sept 162 N
Watering, vacation time, July 131 D
Weeding, easy, May 229 S
Weeding, system for, June 187 N
Wind protection, finding spot for, Jan 90 S
Wind protection for trees, Oct 233 C
Winds, spring, preparing for, Feb 141 D
Winter protection, tender plants, Oct 232 D
Winter protection ideas for delicate plants, Nov 266 N

GROUND COVERS

(See Lawns, Ground Covers)

HERBS

Cress, sprouted in kitchen, May 227 all
Mints *(Mentha)*, Apr 282 N, 266 D; May 256 S

HOUSE PLANTS

Achimenes, Mar 189 N
Bringing in from outdoors, Oct 231 C
Cactus, Christmas, Dec 177 S
Chart of foolproof house plants, Feb 152 N
Darkness for winter-flowering plants, Oct 231 C
Feeding, Mar 184 N
Garden rooms, Mar 190 N
Glorybower, bleeding heart *(Clerodendrum thomsoniae)*, Jan 89 N
Growing in water, Jan 90 N
How to Grow House Plants, a *Sunset* book, Nov 236 all
Hoya bella, grown indoors, Sept 161 C
Indoor garden, pots within pots, Jan 104 C, S, D; Nov 260 N
Indoor plant care, Feb 141 N
Insectivorous plants, Dec 177 S
Lipstick plants *(Aeschynanthus)*, Jan 90 N
Mandevilla 'Alice du Pont', Jan 89 N
Mealybugs, controlling, June 212 S
Orchids, growing without greenhouse, Dec 183 all
Syringe, small, for indoor gardening, Dec 177 C
Window planter box, Dec 202 N
Windowsill gardens, Dec 196 N, S, D

LANDSCAPING

All-season viewing, garden for, May 264 N
Berried plants, Nov 244 N
Border, hardy, in Sedona, Ariz., Aug 120 D
Carport plant screen, Apr 169 all
Color, fall, shrubs for, Nov 227 C
Color, fall, trees for, Nov 254 N
Color, instant, June 78 all
Color, long-term, perennials for, Oct 231 D
Color, winter, shrubs for, Nov 227 C
Concrete block wall, planting in holes, June 187 S
Country feeling, Utah gardens with, Oct 242 all
Country house, spacious garden, Feb 146 N
Crevices, plants to grow in, May 252 C
Desert garden after ten years' work, Feb 146 D
Desert garden with bold character, Aug 122 D
Drainage problem solved with landscaping, Mar 184 N
Driveway planting, low upkeep, May 250 S, D
Entrance garden, rhododendron, Apr 256 N, 263 C
Entrance garden remodel, Feb 148 N
Entry garden, prize-winning, May 238 C, 270 S, D
Entry gardens, screened from street, July 150 N; Sept 164 C
Erosion control on brush-cleared land, Oct 90 S
Evergreens, broad-leafed, favorites, Feb 68 all
Foliage, spring, trees with vivid, Feb 141 C
Fragrant, summer-blooming plants, June 210 C
Garden Design Illustrated, book review, Mar 183 N
Garden for entertaining, plant display, Sept 170 C; Nov 232 S, D
Gardening-to-a-deadline, the art of, Mar 204 all

LANDSCAPING (Cont.)

Gray-and-white-foliaged plants, July 132 D
Ground cover, dirt, Aug 119 C
Ground cover combinations, Mar 194 N
Ground cover combinations, two plant, Mar 194 C, S, D
Ground covers for small areas, Aug 139 N
Hedge planting, two-tone, Feb 142 C
Ivy to frame ramada, Mar 183 D
Japanese Gardens, a *Sunset* book, Apr 261 all
Japanese gardens, ideas from, May 102 all
Landscaping for Western Living, a *Sunset* book, Apr 138 all
Mound to preserve soil level around tree, Mar 183 C
Mulches, pebble, June 190 C, 198 S, D
Natives, planting for summer cottages, June 189 N
Natural woods, gardens with look of, Sept 164 N
Ocean, plants which do well near, May 231 S
Oriental influence in Honolulu garden, Sept 164 S, D
Plant combination, red and gray, June 189 D
Plant combination for hot weather, July 131 C
Plants and containers, matching, Aug 56 all
Plants and gravel, Nov 228 D
Plants to pinch and sniff, Sept 172 S, D; Nov 256 C
Readying garden for June wedding, Mar 82 all
Redwoods, natural garden under, Aug 122 N, C
Remodeled garden, 100-year-old house, July 150 C; Sept 170 S, D
Sand boxes, Sept 170 N, 178 S, D
Screen planting, Nov 229 N
Shade, fast, for a wall, May 231 C
Shade, planning ahead for, Oct 256 N
Steppingstones, June 190 N
Streetside gardens for desert areas, Apr 280 D
Streetside planting, easy-care, July 131 D
Streetside planting, two aggressive ground covers, Aug 139 S, D
Succulent garden, Nov 244 C, S, D
Swimming pool, planting beside, May 254 S
Swimming pool, play garden adjoining, Apr 264 C, S, D
Trees to garden under, Mar 184 D
Vegetable garden screened with flowers, May 245 N, C
Walled garden, Oct 153 N, 156 C, S, D
Windbreaks for climate control, May 229 D

LAWNS, GROUND COVERS

Aaron's beard *(Hypericum calycinum)*, Aug 124 C, S, D
Bamboo, dwarf *(Sasa pygmaea)*, under bottlebrush, July 159 S, D
Bermuda grass, fertilizing, Feb 141 S
Bermuda grass, hybrid, filling in low spots, Aug 119 S
Bermuda grass, keeping green, Nov 227 S
Bermuda grass 'Santa Ana,' Apr 251 S
Bermuda grasses, renovating, Apr 251 S; Sept 161 S
Bermuda 'Tifdwarf' for putting greens, July 131 S
Clover, temporary lawn, Nov 228 D
Cyclamen, June 210 N
Daisy, trailing African *(Osteospermum fruticosum)*, May 231 D

LAWNS, GROUND COVERS (Cont.)

Dirt "ground cover", Aug 119 C
Gaultheria humifusa, Mar 186 N
Gazania 'Pink Hybrid', Mar 183 S
Gazania 'Sunrise Yellow', May 229 D
Grasses, cool-season, planting, Oct 231 C
Ground cover combinations, Mar 194 N
Ground cover combinations, two-plant, Mar 194 C, S, D
Ground cover for cool appearance, June 188 D
Ground covers, broad-leafed evergreen, for east of Cascades, Feb 142 N
Ground covers, evergreen, favorites, Feb 68 all
Ground covers, fall planting, Nov 229 D
Ground covers, fragrant, summer-blooming, June 211 C
Ground covers for small areas, Aug 139 N
Herniaria glabra, Oct 232 S
Ice plant, care after bloom, Apr 251 S
Ice plant, watering, July 131 S
Juniper, shore (*Juniperus conferta*), Aug 139 S, D
Korean grass (*Zoysia tenuifolia*), Aug 139 S, D
Korean grass, flattening, Sept 161 S
Lawn care, June 187 D
Lawn diseases, preventing, June 187 S
Lawn feeding, September, Sept 161 S
Lawn grasses, identifying, Oct 78 all
Lawn grooming, December, Dec 177 N
Lawns, fertilizing, Mar 183 S
Lawns, yellowing, May 229 S
Lingonberry (*Vaccinium vitis-idaea*), Apr 280 N
Loropetalum chinense, Oct 256 C
Mazus reptans, Feb 164 N, 168 C; Mar 190 S, D
Mondo grass (*Ophiopogon japonicus*), Apr 287 C; May 252 S, D
Myporum, prostrate (*M. parvifolium*), Mar 193 S, D
Native ground covers: See Natives
Periwinkle, Madagascar (*Catharanthus roseus*), June 208 S, D
Rosemary, Mar 219 N
Rye, annual, overseeding Bermuda grass with, Oct 232 D
Sarcococca, Dec 185 N, S, D, 196 C
Sedum, Mexican (*S. amecamecanum* or *S. confusum*), mound planting, Mar 183 C, S
Spurge, Japanese (*Pachysandra terminalis*), Sept 161 C
Spurge, Japanese (*Pachysandra terminalis*), propagating, June 188 N
Sunrose (*Helianthemum*), Sept 169 C, S, D
Turfgrass Management Program Chart, A, review, Aug 119 S
Wintergreen (*Gaultheria procumbens*), Aug 139 N

MISCELLANEOUS

Agricultural inspection stations, July 131 C
Arboretum created by students, Bellevue, Wash., Apr 130 all
"Baseball garden" contest, ideas from, Apr 104 all
Big Pumpkin Contest, May 229 C, S; Oct 231 S
Building scrap, buried, preventing, Sept 162 S

MISCELLANEOUS (Cont.)

Camellia shows, how to enter, Feb 152 C, S, D; Mar 213 N
Garden events, clubs invited to list in *Sunset Magazine*, Nov 228 C
Gardening classes, Los Angeles County, Sept 161 S
Gifts for gardeners, Dec 198 N, C
Men's Garden Clubs of America, Oct 240 all
Nursery sales in October, Oct 232 C
Plant sale, how to organize, Sept 179 N
Summer-fall garden contest, *Sunset's*, May 268 N, 267 C, 264 S, D; June 189 N, 187 C, 188 S

NATIVES

Bunchberry (*Cornus canadensis*), Apr 253 N
Cactus, beavertail, Apr 251 D
California natives, Theodore Payne Foundation, Oct 231 S
California Plants to Color, color book, Mar 184 C; Apr 252 S
Ceanothus, May 248 N
Cypress, Arizona (*Cupressus glabra*), Dec 177 D
Erythronium hendersonii, Aug 119 N
Fern, lady (*Athyrium filix-foemina*), Nov 227 N
Fern, sword (*Polystichum munitum*), July 131 N
Ferns, wild, collecting, Nov 248 N
Fir, alpine (*Abies lasiocarpa*), Nov 228 N
Forest Trees of the Pacific Slope, book review, Oct 255 N
Grape, Oregon (*Mahonia aquifolium*), pruning, Mar 184 S
Honeysuckle, desert (*Anisacanthus thurberi*), June 189 D
Huckleberry, evergreen (*Vaccinium ovatum*), Apr 280 N
Huckleberry, red (*Vaccinium parvifolium*), Apr 280 N
Iris, wild, May 271 N
Ironwood, Catalina (*Lyonothamnus floribundus asplenifolius*), June 192 C
Kalmiopsis leachiana, May 275 N
Maple, vine (*Acer circinatum*), transplanting, Oct 245 N
Mistletoes, collecting, Dec 186 N
Planting for summer cottages, June 189 N
Plants of the Three Sisters Region, Oct 233 N
Poppy, California, 'Mission Bells', Oct 231 S
Snowberry, creeping (*Gaultheria hispidula*), Aug 139 N
Sumac, African (*Rhus lancea*), Oct 233 D
Wildflower seed-gathering, American Rock Garden Society, Sept 166 N
Wildflowers, desert, Jan 89 D
Wildflowers, growing, June 187 N
Wildflowers, growing from seed, Nov 86 all
Wildflowers, planting in October, Oct 231 D
Willows, pussy, Feb 160 N
Wintergreen, alpine (*Gaultheria humifusa*), Aug 139 N
Wintergreen, Oregon (*Gaultheria ovatifolia*), Aug 139 N

PAVING

Concrete surfaces, two effects, Mar 116 all
Driveways, varied paving, Apr 157 all
Edging for parking strip, Aug 120 N
Steppingstones, June 190 N

PERENNIALS

Acanthus, July 131 S
Achillea taygetea, June 188 C
Aster, Stokes (*Stokesia laevis*), Oct 260 C
Bamboo, false (*Polygonum sachalinsis*), Dec 206 N
Bear's breech (*Acanthus mollis*), Nov 227 N
Begonias, bedding, Apr 251 C
Bergenia, Sept 182 N
Calceolaria, Apr 258 C, S, D
Christmas rose (*Helleborus niger*), Dec 178 N
Chrysanthemums, planting, Sept 162 D
Chrysanthemums, showing off, Oct 86 all
Chrysanthemums, winter protection, Nov 228 N
Chrysanthemums, wire mesh support, Apr 252 C, 253 S, D
Color, long-term, plants for, Oct 231 D
Coreopsis, dwarf (*C. auriculata* 'Nana'), Nov 262 S, D
Daisy, African (*Osteospermum fruticosum*), May 231 D
Daisy, Shasta, June 188 C
Delphiniums, growing in container, Nov 230 C, S, D
Gaillardia grandiflora, July 131 D
Garlic, society (*Tulbaghia violacea*), Nov 260 C
Gazania 'Pink Hybrid,' Mar 183 S
Gazania 'Sunrise Yellow,' May 229 D
Gentiana sino-ornata, Sept 162 N
Geraniums, ivy-leafed, Apr 251 N
Geraniums, scented foliage, Nov 227 N
Geraniums, wintering, Oct 231 N
Helleborus lividus corsicus, Corsican hellebore, Nov 271 N
Helleborus foetidus, Nov 271 N
Hollies, sea (*Eryngium*), Sept 161 N
Hollyhocks, Mar 183 D; Nov 229 S
Hummingbird flower (*Zauschneria*), Mar 186 N
Impatiens (*I. walleriana*), Apr 280 S
Johnny-jump-up (*Viola tricolor*), Feb 168 S, D
Lavender, English (*Lavandula spica*), June 219 N
Marguerite 'Palos Verdes,' Nov 228 S
Marguerites, thrip damage, May 230 C, S
Native perennials: See Natives
Pelargoniums, May 232 all
Peonies, herbaceous, Nov 227 C
Poppy, Mexican tulip (*Hunnemannia fumariaefolia*), Sept 161 N
Potentilla nitida, July 131 N
Rehmannia angulata, Nov 254 S, D
Rock-jasmine, trailing (*Androsace lanuginosa*), July 131 N
Roots, planting, Jan 90 S
Santolina chamaecyparissus, Oct 262 S, D
Sedum, showy (*S. spectabile*), Aug 130 C, 126 S, D
Seeds, finding unusual types, June 189 C
Sowing seed, June 188 C
Spurge (*Euphorbia veneta*), May 256 N
Staking perennials, June 188 N
Verbena, garden, Sept 161 D
Viola, Feb 168 S, D
Violas, Feb 141 D
Violet, sweet (*Viola odorata*), Feb 168 S, D
Yuccas, Mar 202 C, S, D

PESTS, INSECTS, DISEASES

Aphids, woolly, June 189 C
Apple scab, May 229 N
Bacterial blast, May 231 C
Birdproof cover, Jan 90 D; Feb 141 S
Blight on Aleppo pine, Apr 251 D
Borers, protecting tree trunks, Apr 252 C
Botrytis control, Apr 251 N
Camellia root rot, Mar 183 S
Caterpillars, silver spotted, Mar 219 C
Chewing pests, Aug 120 C; Sept 163 S
Chlorosis, June 187 D
Chlorosis, preventing pavement stain when treating, Aug 119 D
Dormant spraying, Jan 89 N; Dec 177 C, S
Fasciation (abnormal growth formations), May 242 N, C, 238 S, D
Gift plants, beware of bugs, diseases, Mar 184 C
Hornworms on tomatoes, July 132 S
In vegetable garden, June 188 N
Insect bombs, June 187 N
Insecticides, systemic, May 234 all
Mealybugs on house plants, June 212 S
Mildew, Aug 119 C, D
Mites, Aug 119 C, D
Moles, Apr 251 N
Peach leaf curl, Jan 89 C
Pest control products, reading label, Nov 227 N
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- Tucson garden with bold desert character, Aug 122 D

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- Natural garden under redwoods, Aug 122 N, C
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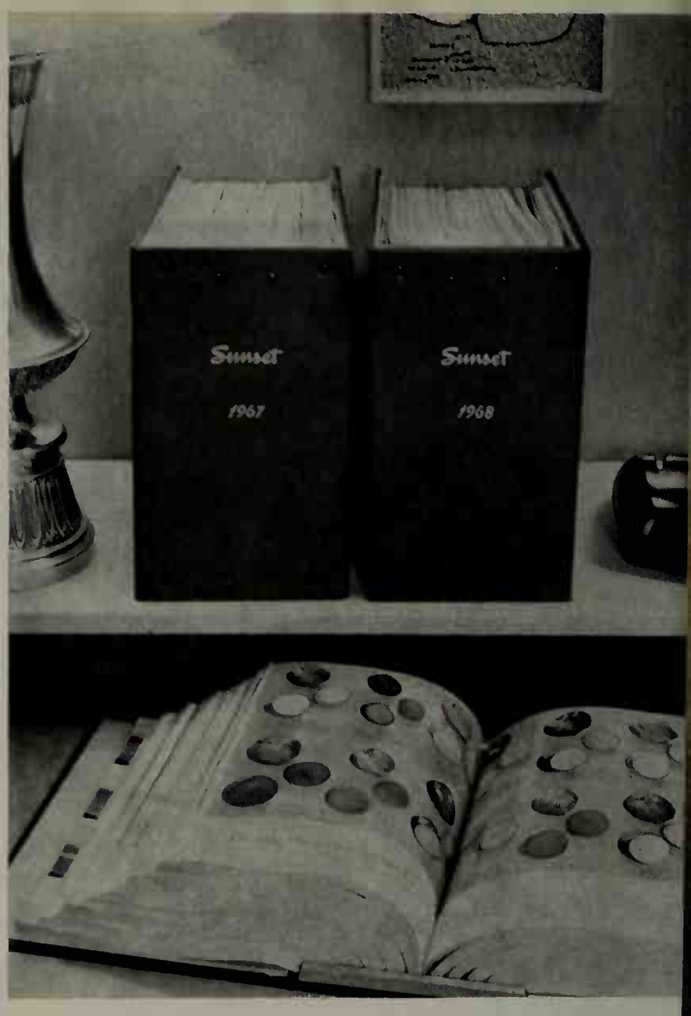

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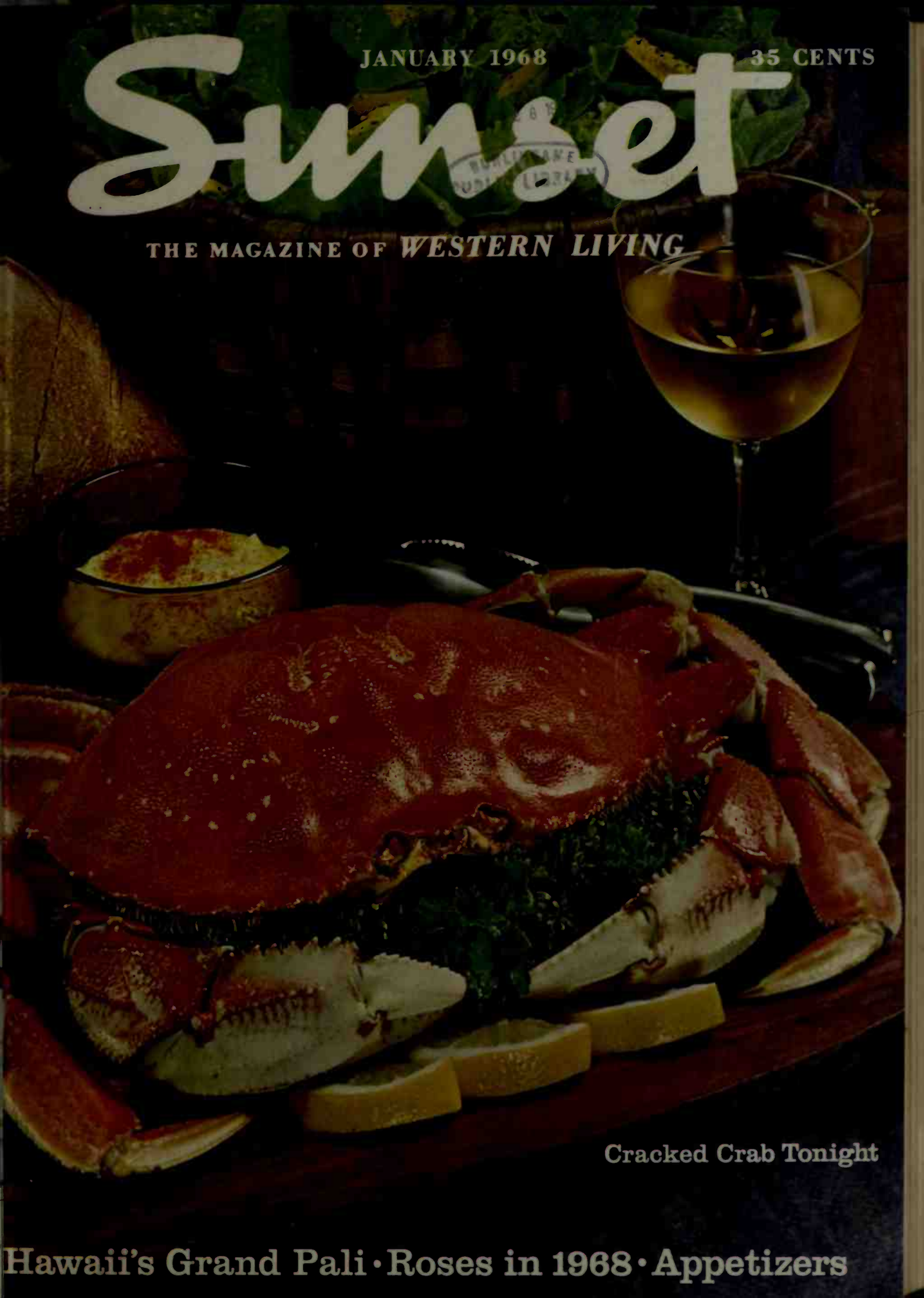

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Sunset*
THE PACIFIC MONTHLY*

*THE MAGAZINE OF WESTERN LIVING**

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The Cover Story

A prize shellfish of the Pacific coast is the Dungeness crab, shown on our cover. Simple presentation suits it best; and on pages 48 and 49 we tell how to serve it in a meal that has become classic: crab, salad, bread, and wine. Your preparation can start with live crab or with cooked crab dressed at the market. Crack the crab as you eat. Cover photograph by Glenn Christiansen

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What to wear on our Midnight Jet to London.

Don't laugh.

When you go to London, the first thing you ought to get yourself is a good night's sleep. (Just ask anyone who's been there lately. They don't call it "Swinging London" for nothing.)

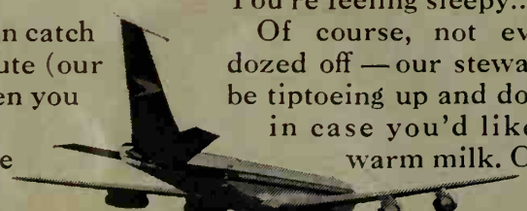
So we figure you can catch up on your rest en route (our time). Instead of when you arrive (your time).

Here's the plan. We have a big 707 Rolls-Royce fan jet ready to leave San Francisco just around the time you probably go to bed—midnight. You get on board. Stretch out with a nice fat pillow. Snuggle into a soft blanket. And click—lights out. You're feeling sleepy...very sleepy.

Of course, not everyone has dozed off — our stewardesses will be tiptoeing up and down the aisle in case you'd like a glass of warm milk. Or something more intriguing, like a tasty snack from our galley of gourmet delicacies.

Our Midnight Jet* leaves San Francisco for London every midnight of the week. Maybe you'd like to sleep on that.

For reservations, see your Travel Agent. Or call British Overseas Airways Corporation in San Francisco at YU 2-9500.



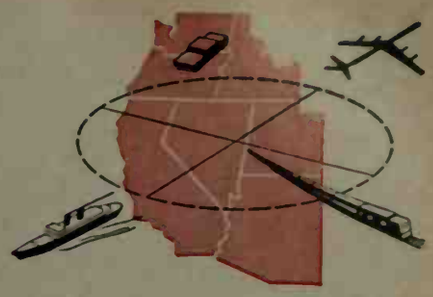
The Midnight Jet.

BOAC

TAKES GOOD CARE OF YOU

*in association with Qantas

January travel... in and beyond the West



A plant life primer and January walk

For a fine introduction to native plant life around San Francisco Bay, take a trail walk this month behind Villa Montalvo in Saratoga. The bark of the madrone is shiny red after the rains, leaves lie brown and matted beneath the bigleaf maple and valley oak, and the feeble January sun sends patches of light to the dank floor of the grove of coast redwood.

In all, 21 plants have identifying labels along a 1.1-mile trail on the estate (now open to the public) of the late Senator James Phelan. The nature trail, supervised by the County of Santa Clara, starts behind the senator's 19-room mansion. You can pick up a nature trail guide free at the office near parking lot 1.

The first half mile is fairly steep as you gain about 400 feet in altitude. In wet weather, boots or walking shoes help, for the steep parts can be slippery.

For a less strenuous walk, start at the end of the trail (near the tennis court) and read the trail guide from the back. Several alternate trails branch from the main walkway to vary the length of the walk. You may see a variety of bird life here, for the Montalvo Arboretum is also an Audubon Society Sanctuary.

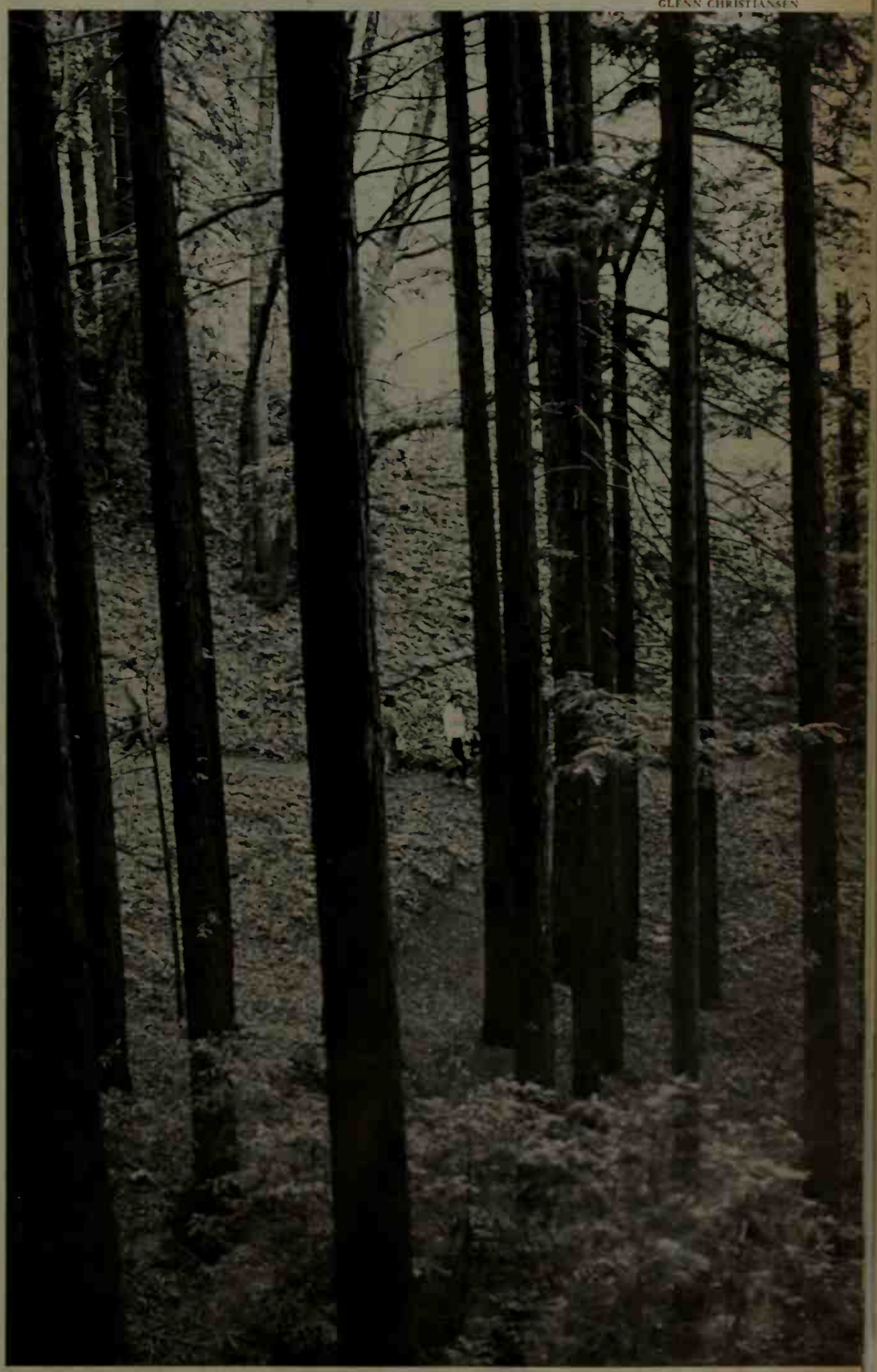
The grounds are open every day of the week during daylight hours. To drive to Montalvo when you go south on Junipero Serra Freeway (Interstate 280), turn off at Saratoga-Sunnyvale Road (State Highway 85). Follow it to the center of Saratoga and turn left (southeast) on Saratoga-Los Gatos Road (State Highway 9). It's about half a mile to Montalvo Road, on the right.

A new interstate link east of the Bay Area

Early this winter a 56-mile stretch of freeway opened between State Highway 152 (Pacheco Pass) and U.S. Highway 50. You can now turn southeast when you're 10 miles east of the Livermore exit and speed along the west side of the valley until you meet State 152 just 7 miles west of Los Banos.

This is the longest stretch of freeway ever opened at one time in California, and it reduces by half an hour the driving time between San Francisco and Fresno. It will

GLENN CHRISTIANSEN



Hikers *are nearly hidden by columns of redwoods on the Villa Montalvo nature trail*

Sunset

THE MAGAZINE OF WESTERN LIVING

January 1968

At our California *headquarters, Mrs. Knoll holds new rose named in her honor. Dr. Dennison Morey, right*

A new 1968 rose . . . for Elsa Knoll

A pleasant and most appropriate honor recently came to Elsa Uppman Knoll, Senior Editor of *Sunset Magazine*. She had a splendid new rose named for her.

Elsa Uppman joined us as Garden Editor in the early 1940's, after expansion at Stanford University crowded her California School of Gardening off the campus. To the magazine she brought a great store of garden knowledge, a love of fine gardens, and an extraordinary flair for plant combinations.

The new Elsa Knoll rose is a fragrant, coral pink Hybrid Tea developed by Dr. Dennison Morey, a widely known rosarian who is president of General Bionomics, Inc., of Santa Rosa, California, a research association that develops and tests ornamental plants for Western climates.

There's a picture of 'Elsa Knoll' rose on page 94, with a brief description.

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New *are 56-mile section of Interstate 580, and a connecting link to State 1*

one day be part of an uninterrupted fr way between Tijuana and Vancouver.

Bay Area drivers who use the new Int state 5-580 on their way to southern S Joaquin Valley can now by-pass tra bottlenecks in the towns of Tracy a Turlock. The hot summer temperatu and smell of gas fumes as your car cra through town from stoplight to stopli become, happily, a memory of the past

"No Trespassing" at Resting Springs

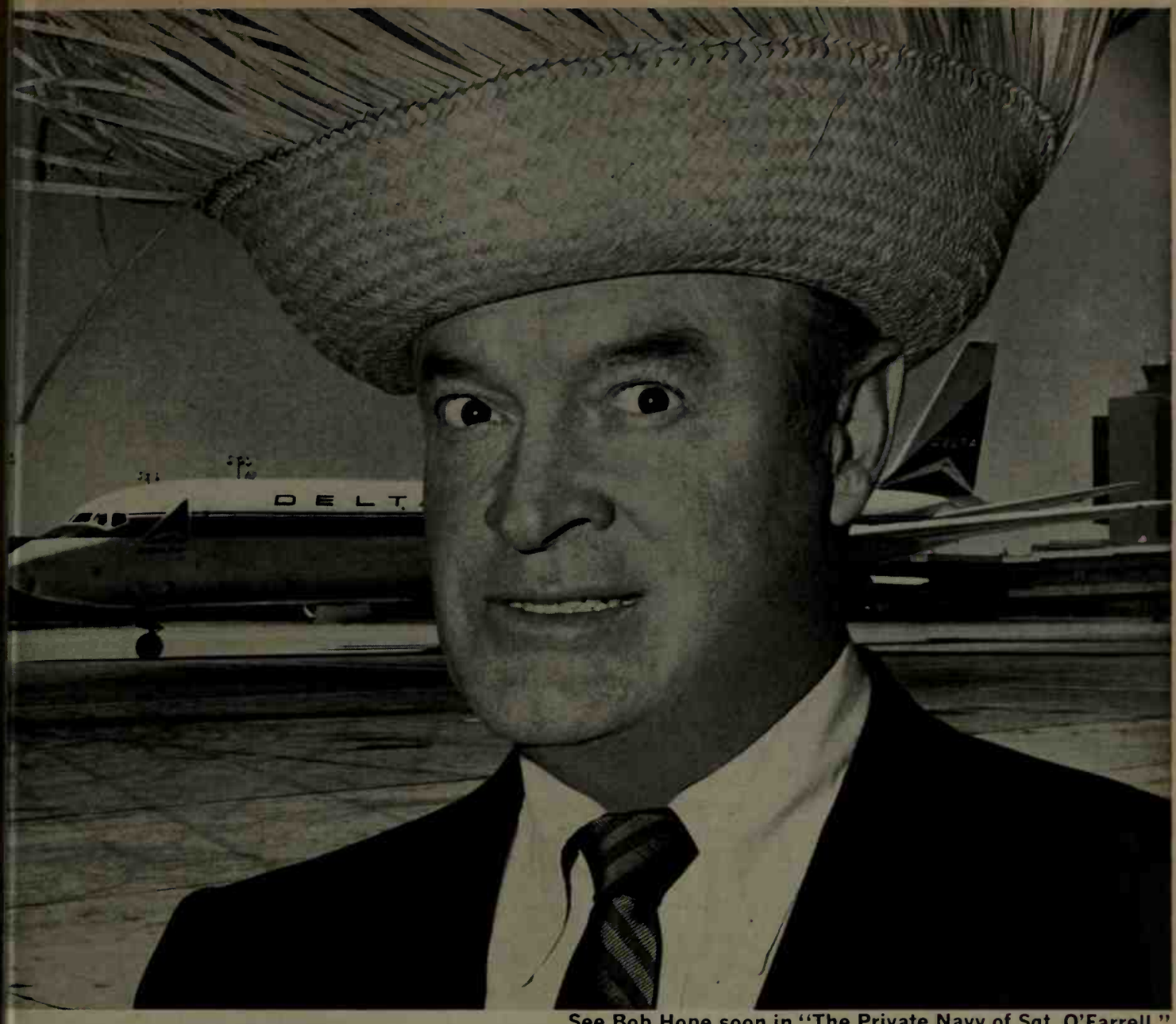
On page 24 of the November 1967 S *set*, we suggested that motorists in Death Valley vicinity might enjoy a bi visit to Resting Springs near Tecopa, C ifornia. We have since learned that Resting Springs property is privat owned, and is closed to the public.

Boat and sports shows in San Francisco

January is an armchair month for m of northern California's water-orient sportsmen. It's a time to plan next yea outings and to decide whether to rep or replace last year's gear. This is a the month when two shows for outdoo men are scheduled in San Francisco.

The International Boat Show of Nor ern California, January 3 through 10 Civic Auditorium, will be limited to s ing boats, power boats, and related equ ment. Innovations this year includ transparent boat for clear-water view and a sailboat that has been cut in half reveal its construction. Show hours January 3 are 7 P.M. to 10:30 P.M.; January 4 to 6 and 8 to 10, the hours noon to 10:30 P.M.; and on January 7, hours are noon to 7 P.M. Admission is for adults, $1 for children of 12 or young

The San Francisco National Sports a Boat Show, January 12 through 21 the Cow Palace, will display a broa variety of outdoor gear. The first natio



See Bob Hope soon in "The Private Navy of Sgt. O'Farrell."

'Talk about Discovering America, I discovered Delta could fly me to Puerto Rico with no change!" (No change of shirt; no change of plane!)

They speak a lot of Spanish down in the islands. It was the same way in California ut then we built the freeways.

It isn't exactly a freeway that Delta has to San Juan, Montego Bay and Caracas. 's fast enough—just a lunch and dinner away. There is a slight charge. But so what? ou can go now and pay later. Better give your Travel Agent a jingle. Or call elta: in Los Angeles, 620-1050; in San Francisco, 626-6500.

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You can also go deep sea fishing, sightseeing, play tennis, shuffleboard, swim, dine in a choice of restaurants, dance, or just take life easy, Kona Inn style. See your travel agent or write:

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RICHARD DAWS

Fleet of sailboats *dry-docked at Cow Palace for last year's Sports and Boat Sho*

show of its kind in 1968 (others will be held later in New York and Chicago), it offers a first look at this year's new boats and sports equipment. One new item is a device for teaching water skiing indoors, without a boat. Another item is an inflatable, full-sized houseboat.

Show hours on weekdays are 2 P.M. 11 P.M.; on Saturdays, 11 A.M. to 11 P.M on Sundays 11 A.M. to 7 P.M. Admissio is $1.75 for adults, 50 cents for childr of 12 or younger.

For travel planners, a January check list

Ski Utah. Rail tours to Utah ski resorts will leave Los Angeles on January 13 and 27, February 10 and 24, March 16, and April 6. Minimum price for a seven-day Park City tour—including round-trip rail transportation, six nights lodging, daily lift passes, and seven ski lessons—is $119.90 per person. Prices for a combination Park City, Alta, and Brighton tour begin at $135.40 per person. Tours can be booked by your travel agent or at any Union Pacific Railroad ticket office.

Garden tour. A 60-day "Gardens Around the World" tour leaves New York on February 26. Itinerary will include famous gardens and estate landscapes in Kenya, Iran, India, Nepal, Thailand, Malaysia, Hong Kong, Japan, and Hawaii. Tour price of $5,200 per person includes air fares, all accommodations, all meals, and the services of a professional tour escort. For information or reservations, see a travel agent or write to Lindblad Travel, Inc., 133 E. 55th St., New York 10022.

Mardi Gras cruise. A Mississippi River cruise aboard the steamboat *Delta Queen* leaves Cincinnati on February 17, returns March 8. Itinerary will include Louisville, Memphis, Natchez, and four days in New Orleans during Mardi Gras. Cruise prices begin at $450 a person and include stateroom accommodations, all meals, and special sightseeing excursions ashore. For reservations, see your travel agent or write to Greene Line Steamers, Inc., Dept S, Foot of Broadway, Cincinnati, Ohio 45202.

Europe for less. A low-cost European travel plan is being offered by Icelandic Airlines from now until March 29. Price of $285 per person includes round-trip air fare from New York to Luxembourg, plus (when two or more people travel together) a free rental car with unlimited mileage for 21 days. Type of rental car depends on the number of people using it; there's a $55 extra charge for a person traveling alone. As a bonus, the tour price also includes one night in a first class hotel, three meals, and a city sightseeing tour while in Luxembourg. For information, write for the "Best Value Car Tour" folder from Icelandic Airlines, Room 463, 630 Fifth Ave., New York 10020.

For rockhounds. An informative guide to the rocks, minerals, and gem materials of Arizona is available from the Arizona Development Board, 3443 N. Central Ave., Phoenix 85012. The free, illustrated booklet is entitled *Arizona Rockhound Guide.*

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Sunset School & Camp Directory

FURTHER INFORMATION AVAILABLE BY WRITING DIRECT TO THESE SUNSET-RECOMMENDED ADVERTISERS

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on the sands of Balboa Peninsula in the heart of California's Golden Riviera—Grades 7-11. Dedicated to the advancement of art, science, knowledge and the ivation of social graces. Beautiful classrooms, luxus dorms, gymnasium, auditorium, library, swim- pool, student union. Sound academic background. ll classes; distinguished faculty. Seacoast fun, water rts, ballet. **Copre, P.O. Box 688, Balboa, California elephone (714) 673-8610.**

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n can educate your child with approved Calvert ne-study courses. Step-by-step teaching manual. Kin- garten-8th grade. Start any time. Used by tens of usands. Ideal for enriching educational experience bove-average child. Non-profit. 62nd year. Catalog.

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Fully Accredited. Informal Western life. Healthful desert climate near Phoenix. (Boarding Grades 5-12.) Small classes. Excellent Staff. All sports, horseback riding, art, music. **Brochure, David S. Wick, Judson School, Scottsdale, Ariz. 85252.**

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On The Pacific Ocean — Carlsbad, California
For Boys Age 7-17
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CLOVERLEAF RANCH Santa Rosa, Cal. 95401 Tel. 707-545-5906

THE *Sunset* SCHOOL AND CAMP DIRECTORY

A Service for You - the Reader

The fine schools and camps, whose announcements appear in this section, invite your direct inquiry and request for a brochure. SUNSET suggests that you write or telephone the individual school administrator or camp director.

This Directory is now, we believe, the best single source for Western families seeking independent schools and the benefits of private camps for their children. This section appears in each monthly issue of SUNSET.

We will be happy to answer questions concerning advertising from school and camp officials. Please write School and Camp Directory, SUNSET Magazine, Menlo Park, California 94025.

Sunset School & Camp Directory

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A real farm. Daily riding classes (English, Western, ring, trail), horse science, horse shows; pool swimming, crafts, lake fishing, boating, stargazing, nature, archery, campfires, cookouts, leadership training, tutoring available. Visitors welcome. Brochure. Member CAPC and ACA. Mrs. Joe Roberts, SHADY LAWN FARM, Oakdale, Calif. Phone 209-847-1942.

Walton's GRIZZLY LODGE

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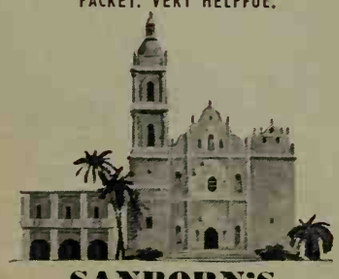

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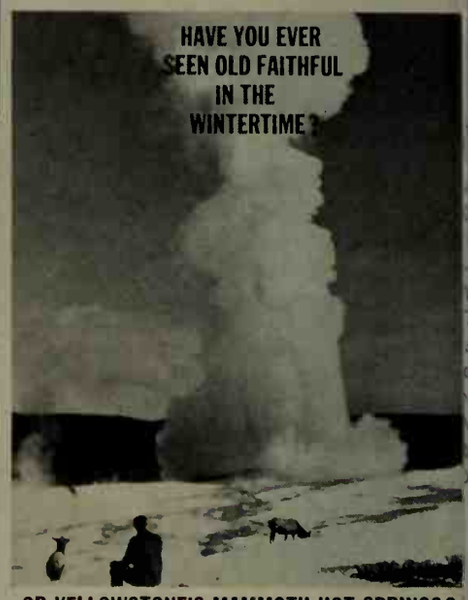

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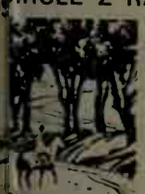

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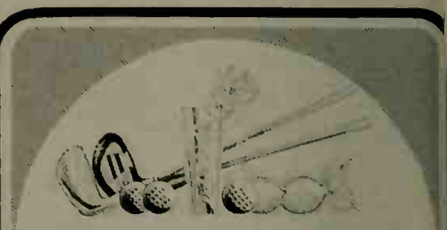

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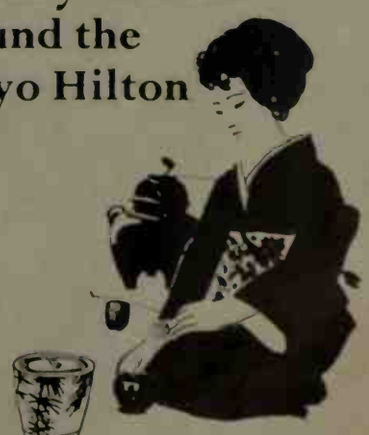

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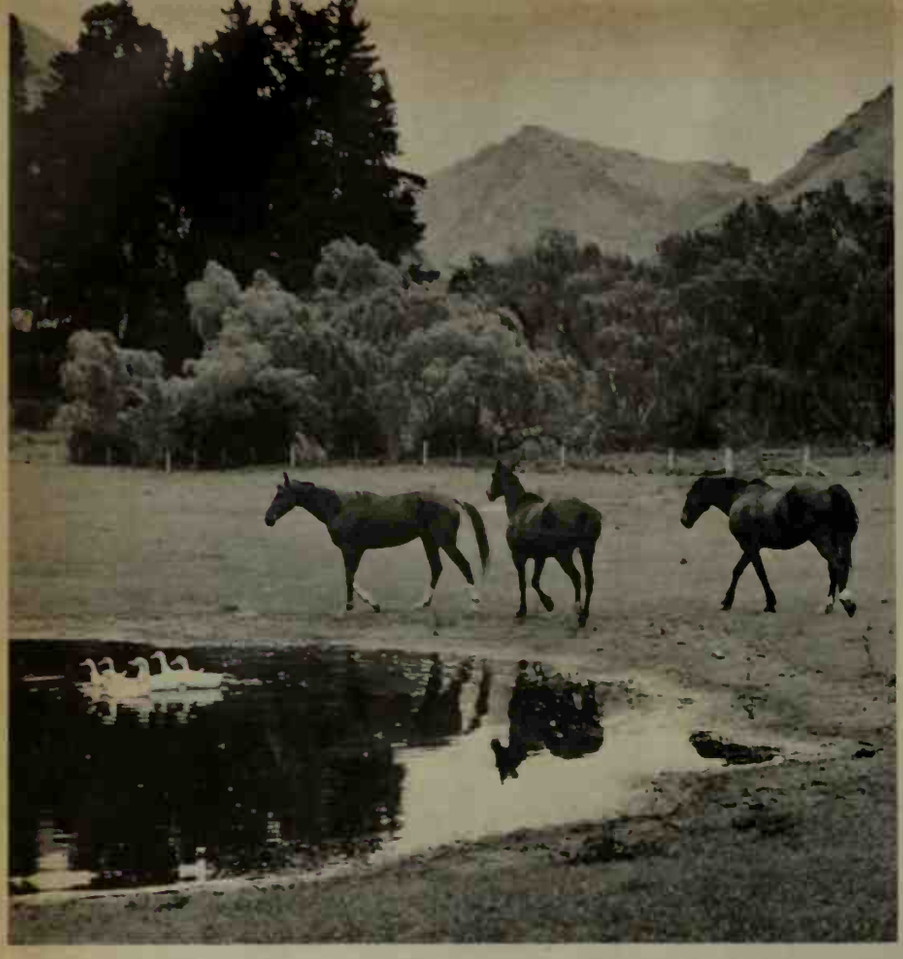

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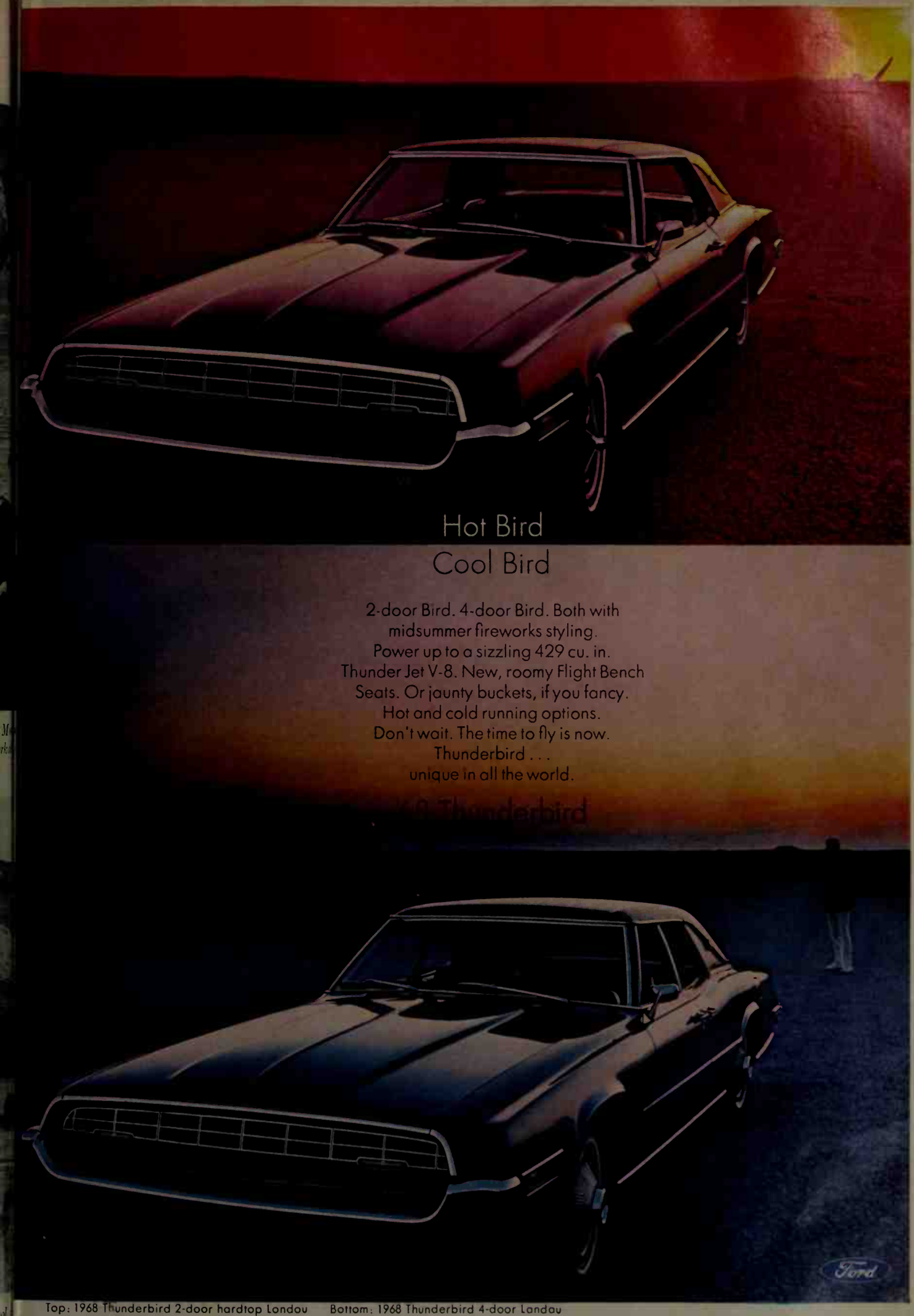

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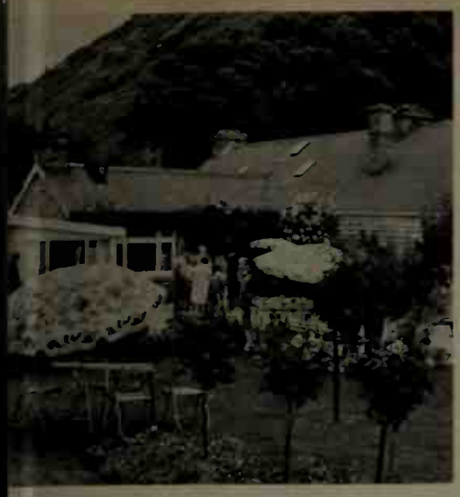

a time *for visitors at century-old home-ad where most overnight guests stay*

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re is something that is hard to find in West these days: a settlement capable sustaining itself indefinitely without ntact with the outside world. Neverthe-, outside contact is fairly regular in New Zealand summer (December to ril), especially through arrivals of vis-rs on holiday.

on a South Pacific tour, a too-rapid htseeing pace threatens to wear you out l your itinerary will permit a restful pover, a week or so at Cecil Peak Sta-n is something to consider. Your sight-ing will not stop, but it will proceed in lower, more intimate way as you stroll gardens, climb the flowery, craggy ghts, fly-cast in the torrents for rain-w and brown trout, or join in a strenu-"muster" (roundup) to bring the sheep for shearing.

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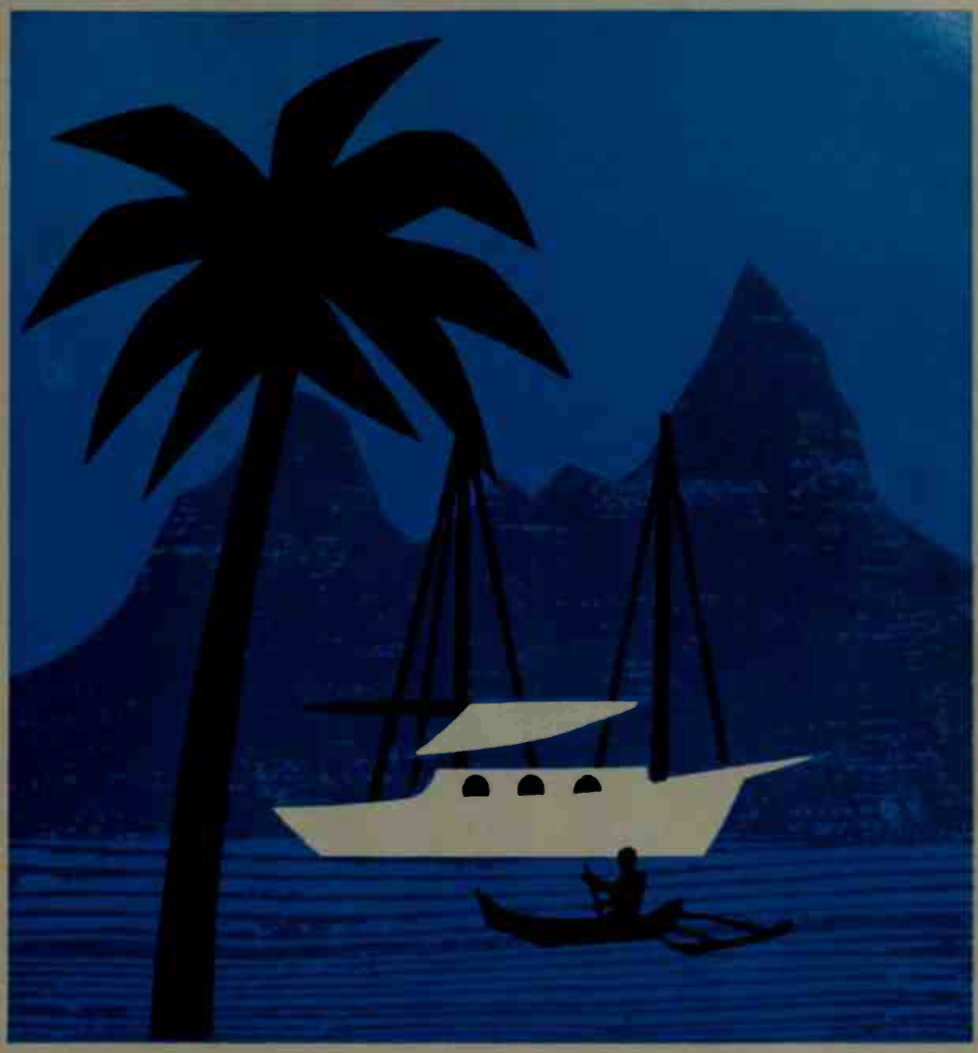

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6

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Ski school *is announced by old school offers individual and group instruc*

Lee Canyon and its ski slopes are just around the corner from Las Vegas

Canyon Ski Area is less than an hour's ive from Las Vegas. Although it's likely that anyone will go to Las Vegas t for the skiing, the tall pines and snow-ered slopes at the upper end of Lee nyon offer a delightful respite from all t bustle and whirl back in the metrop- of Clark County.

u can leave Las Vegas after breakfast, nd a pleasant day up in the snow, and back in town in plenty of time for linner show or other evening activity. ungsters especially will appreciate the portunity of breaking away from the lt-oriented activities of Las Vegas for hort family outing up in the mountains.

e ski area is a commercially operated ncession in the Mount Charleston Rec-tion Area of Toiyabe National Forest, an elevation of 8,500 feet, in a forest-nned amphitheater along the eastern arpment of the Spring Mountains. m Las Vegas take the Tonopah High-y (U.S. 95) northwest 29 miles to the ction of Nevada Highway 52. Turn left State 52 and head southwest up Lee nyon. In the 16 miles from the main ghway to the ski area, Highway 52 mbs about 6,000 feet.

e difference in elevation between the l valley floor and the snow-covered ne of Charleston Peak is responsible a remarkable sequence of climatic life es along the canyon drive. You pass ough five in a distance of just over miles, as you go from sage flats on the ert floor upward through yucca and hua trees, into piñon pines, and finally o tall yellow pines and groves of aspen.

Fortunately, the highway is paved, well graded, broad-shouldered, and offers numerous turnouts and viewpoints below the snow level.

Facilities at Lee Canyon Ski Area include a small but pleasant day lodge offering hot beverages, sandwiches, and soft drinks; a 2,700-foot-long T-bar (with a vertical rise of 700 feet) and a 3,000-foot-long double chair lift (with a vertical rise of 910 feet); a ski school; and an equipment rental and sales shop.

An all-day lift ticket costs $6 ($4.50 for the T-bar only). Skis, boots and poles rent for $4 (wooden skis) to $6 (metal). The ski school holds group classes each morning and afternoon, and individual instruction can be arranged at the convenience of the student and instructor. On weekends and holidays you can tour the upper canyon in a horse-drawn sleigh for $2.50.

Ample paved parking space is provided at the entry to the ski area.

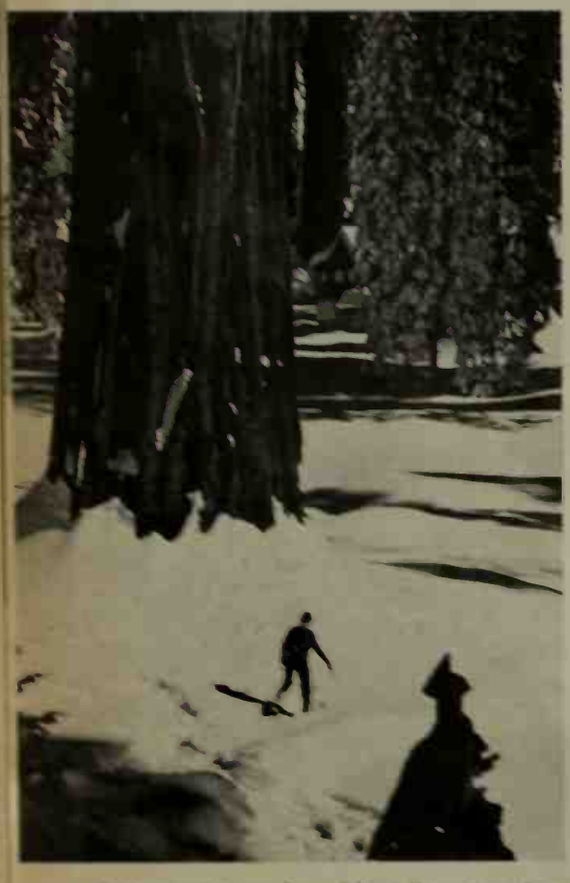
The ski season at Lee Canyon usually begins just after Thanksgiving and continues through February, sometimes to as late as the middle of March. The ski area is open weekdays from 9:30 A.M. until 4 P.M., weekends from 9 A.M. until 4 P.M. You can verify current snow conditions by telephoning Lee Canyon Ski Lifts, Inc., Las Vegas, at (702) 870-5308.

Campgrounds in the Mount Charleston Recreation Area are closed down for the winter this month, but there are many snow-packed sylvan glades for snow picnics and snowman-building, and wooded trails for snowshoeing.

Tall pines *and snow trails make Lee Canyon pleasant destination for both skiers and non-skiers. Las Vegas is 45 miles away*

Old tram road *behind lodge becomes a sled run after first snow falls. The run, banked with soft snow, slopes gently downhill*

Rotary snowplows *work steadily to keep Generals' Highway open. You are not likely to be delayed by a backlog of work like t*



Take time *to explore Giant Forest on foot*

It's snow driving at its best

It can be delightful to drive slowly through a snowy forest when you know you're not holding up carloads of skiers impatient for the slopes, and when you're pretty sure you're not going to get stuck.

A road made to order for contemplation of Western winter at its best is the Generals' Highway, between Sequoia and Kings Canyon national parks. Except for b closings during and after storms it is k open all winter, yet leads to no major w ter sports centers, so it carries little wi traffic. Between General Grant Grove Giant Forest, it passes through subl forest scenery, 6,400 to 7,400 feet ab sea level, in which the dominant trees giant sequoias, with their cinnamon- trunks standing in warm contrast to cool blue shadows and white highlight the snow.

Park highway *is 17-mile stretch in color*

Driving a loop with Fresno at one and Visalia or Tulare at the other t a leisurely day, does not commit you fast or heavy traffic or high mount passes, and—because it can begin and at the same point—enables you to k the same city hotel or motel accomm tions for two nights. If you want to br the trip half way with an overnight s in the mountains, you will find excel lodgings at Giant Forest.

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forested mountains plunge to deep
fjords. Around the bend, there's a
fishing village or a surprised whale.
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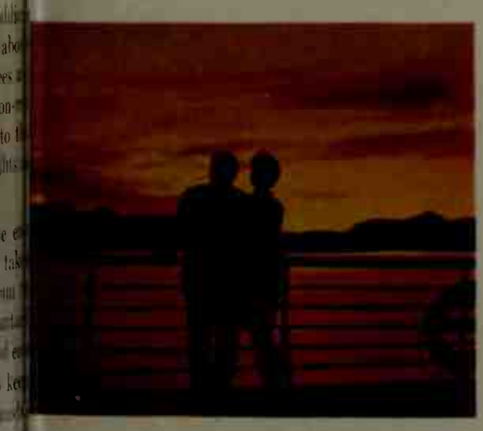
The weather's warm.



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totem poles anywhere. Wrangell,
gateway to the spectacular
Stikine River country. Petersburg,
the picturesque "little Norway"
fishing town. Sitka, where the
Russians said "nyet" too often to
the Tlingit Indians, resulting in
the "Battle of Alaska." Capital city,
Juneau, where you can ride an
ore car through one of Alaska's
fabled gold mines.

At the top of the Alaska
Panhandle you have a delightful
decision. Cruise to Haines and
take the Haines Highway 150
miles north to meet the Alaska
Highway. Or put your car on a
train at Skagway—jumping off
point for the Klondike Gold Rush.
Ride a parlor car over the Gold Rush
Trail to link with the Alaska Highway
at Whitehorse, Yukon Territory.
Then on to Fairbanks, where you
can live it up in a mining town
saloon or visit "Alaskaland," new
fun fair of the North.

More of this great state is still
ahead. Mt. McKinley and
Anchorage. Eskimoland above the
Arctic Circle. Along the way, you
can stop to fish, hunt, take in the
history, the scenery. And bring
your camera. These are pictures
your friends will want to see.

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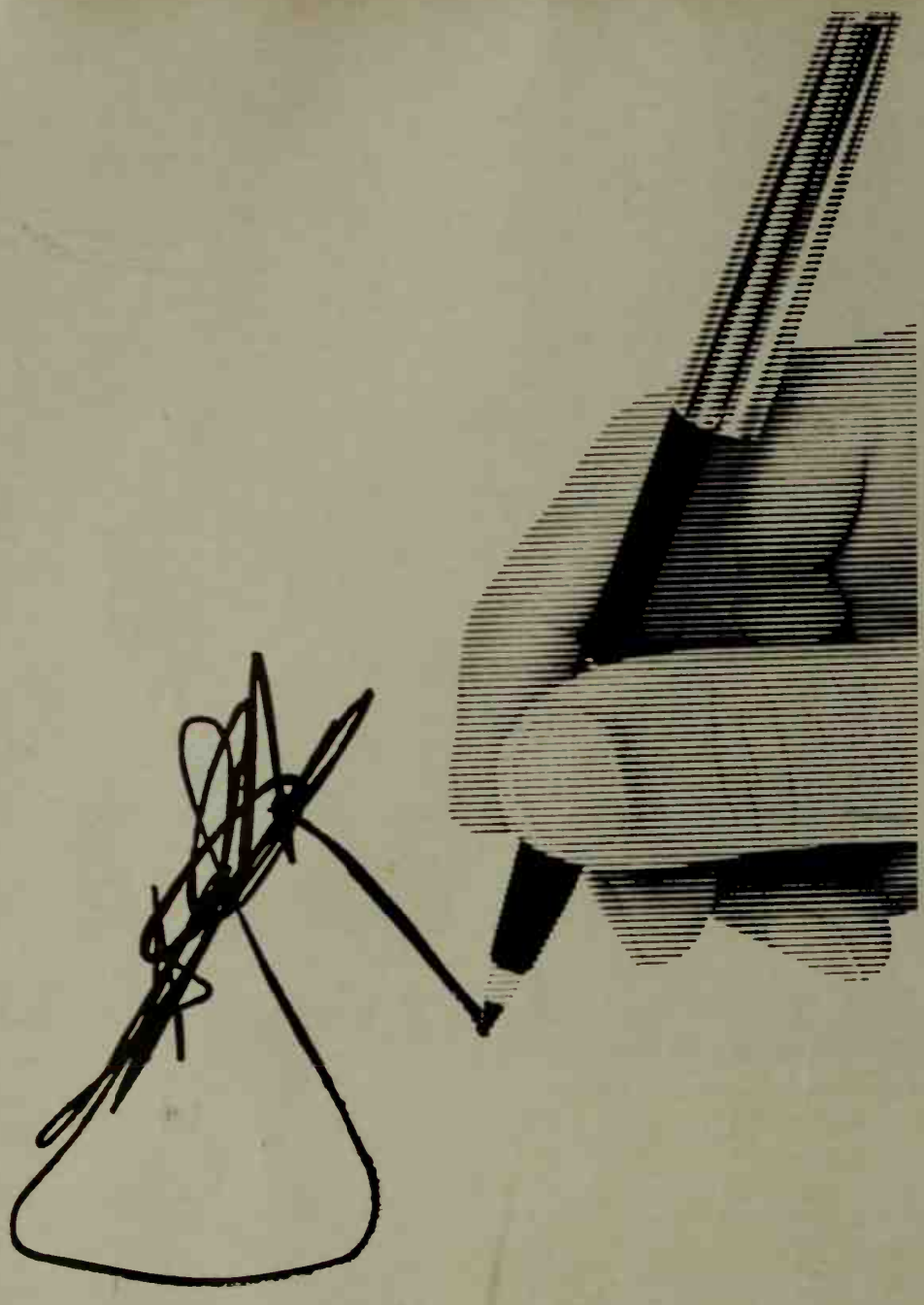

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If you plan to see the Olympics

This is the year of the Olympic Games i Mexico, and the great sports festival w be the dominant theme of much of th country's travel promotion in upcomi months. The games don't take place un next October, but it's none too soon start planning your visit. A carefully c ganized system of reservations for accor modations has already been in effect f some time.

HOUSING RESERVATIONS

Arrangement for lodging should be yo first step: You must have validated res vations before you may obtain tickets any Olympic event.

All hotels, motels, trailer parks, and otl establishments offering lodging—includi private homes—in the metropolitan ar of Mexico City are listed and accredit through a central agency. (The syst includes such towns as Cuernevac Puebla, Xochimilco, Oaxtepec, Tulanc go, and Toluca.) This thorough progra ming of accommodations is intended insure that all visitors will be prope cared for, and disappointment and fr tration avoided.

The central agency concerned is the C cina de Control de Alojamientos, A Juarez No. 89, Mexico 1, D.F. You c write directly to that office, but you w save time and effort by applying for yc accommodations through a travel age

Once your lodging reservations are va dated, you can complete the planning other aspects of your trip. The Oficina Control does not handle accommodatic outside the metropolitan area.

Transportation in the Mexico City a during the games will be enhanced jitney taxis operating at fixed rates a reserved for those wearing an "Olym Visitor" badge.

There will also be an extensive selecti of tours to various points of interest, w rates set by government order.

OLYMPIC EVENTS

The opening ceremony of the games scheduled for the Olympic Stadium University City on October 12. The tra and field meet and events in nine otl sports start the next day.

The track meet ends Sunday, October but competition in seven sports contin until the 26th. The closing ceremony tal place on Sunday, the 27th. Altogetl Olympic championships will be decided 19 divisions, including yachting, shooti and equestrian sports.

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Poking around on the "public lands"

ong with its wealth of parks, forests, ldlife refuges, and recreation lakes, the st contains about 175 million acres of deral property classified simply as ublic lands." Most of the larger parcels public lands are remote, arid or semi-id, and unsuitable for farming, but ny are actively used for livestock graz-g, wildlife and watershed management, mineral development; and quite often y are available to the public for recre-onal use.

e public lands are managed by the U.S. reau of Land Management (BLM), an ency of the Department of Interior. bout 150 BLM areas have been veloped with campgrounds and other reational facilities. In many cases the mpgrounds are less elaborate than those national parks or monuments; on the her hand, campers on the public lands e subject to fewer regulations.

en when developed campgrounds are ailable, you may elect to camp in unde-loped areas well removed from other mpers. Take along your dog or other ts if you like; there are no BLM restric-ns regarding camping with pets.

sh and game regulations are determined the state concerned; but rock hounds, tanists, and other collectors may re-ve specimens of mineral or plant mate-ls without a special permit. Antiquities d artifacts are protected by the Antiqui-s Act of 1916; permits to excavate his-ric or prehistoric sites or to remove any tifact are issued only to recognized edu-tional or scientific institutions.

e Bureau of Land Management pub-hes a free information bulletin, *Camping the Public Lands*, that includes a com-ehensive directory of all its recreational velopments.

ldresses of state offices of the BLM are follows:

izona: Federal Building, Room 3022, noenix 85025.

lifornia: Federal Building, Room 4017, cramento 95814.

lorado: Federal Building, Room 14023, nver 80202.

aho: 323 Federal Building, Boise 83701.

vada: Federal Building, Room 3008, no 89502.

w Mexico: Box 1449, Santa Fe 87501.

regon and Washington: 729 N.E. Oregon ., Portland 97208.

tah: 8217 Federal Building, Salt Lake ity 84111.

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MEXICO Tacos, senoritas, bullfights, exotic shopping are just across the border from our southern Arizona towns.

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SUNSHINE You can hardly get away from that here. Our valleys are warm, dry, sunny. Our high country is cool, dry, sunny. We have more sunny hours than any other part of the country — lots more!

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In Utah's Bear Lake in January, 50 fish in 5 minutes is legal

The annual spawning run of Bonneville cisco *(Prosopium gemmiferum)* will take place this month near the Idaho-Utah border along a wind-swept section of Bear Lake shore. Hearty cisco fishermen will brave the sub-freezing temperatures, frigid waters, and biting winds to net their limits of this tasty little whitefish as it makes its brief, once-a-year appearance from the deep waters of the lake.

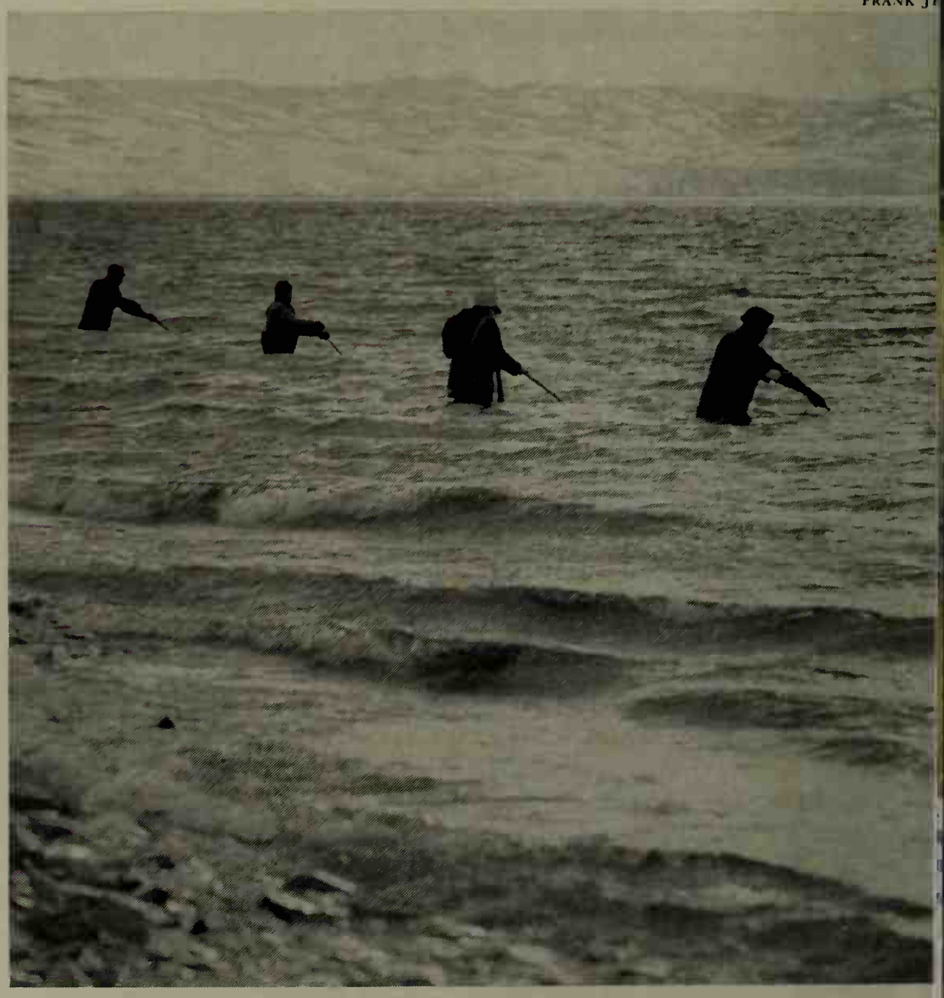
The spawning run only lasts for about 12 days, and is limited to a 1¼-mile stretch of shore about 9 miles north of Laketown, Utah. All you need to become an accomplished cisco fisherman is an

Cisco *average about 7 inches in len*

Idaho or Utah fishing license (a spe two-day non-resident license is avail for $2.50), an 18-inch hoop net with a handle, and the stamina and proper cl ing to wade out waist deep in the waters of the lake.

Very little skill is required. You just n the net through the water and hope

FRANK JE



Fishermen *net the small but tasty cisco during annual spawning run at Bear L*

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the best. When the lake is calm and
a strong-armed cisco fisherman ca
his limit of 50 fish in 5 minutes o
When the lake is choppy or muddy, f
men often retreat to shore and a wa
fire before attaining the limit. But l
anyone goes home empty-handed.

The spawning run has been knov
start as early as January 9 and as l
January 19. The run usually reach
peak from three to four days aft
first cisco are sighted, but the
spawning run has never exceeded
weeks in duration. The later th
spawn, the shorter the duration
run. The best fishing is at the pe
the run between 7 and 10 A.M.

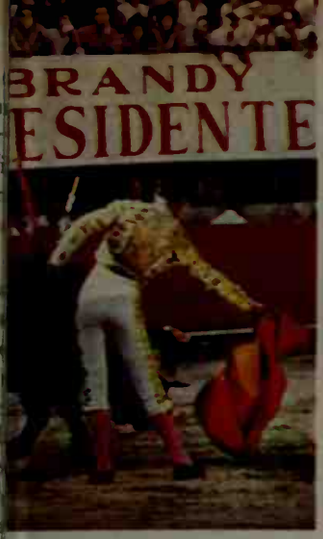
Very little is known about the life
and habits of the Bonneville cisco. E
for the brief spawning period in Ja
the cisco live in the 200-foot-deep v
of Bear Lake and are rarely seen
cisco is related to members of the wh
family, but until very recently the
of the Bonneville cisco has been rest
to the waters of Bear Lake. Cisco
Bear Lake were recently transplant
California's Lake Tahoe as forage fis
so far the transplants have refus
spawn in California waters.

Laketown, Utah, is about 140 miles
east of Salt Lake City, about 40
south of Montpelier, Idaho, and ab
miles northwest of Evanston, Wyo
The cisco spawning area is accessible
Laketown over an improved dirt roa
skirts the eastern shore of Bear
There are no developed camping or r
tional facilities along the eastern sh
the lake. Gasoline and supplies are
able at Laketown. Resort facilitie
located on the west shore of the l
Garden City.

Bonneville cisco are quite flavorful.
are usually fried in deep fat but c
smoked.

FRANK

Warmly dressed *members of fisher*
family offer aid and advice from



tement is the bullfight—an world spectacle, spring and mer in nearby old Mexico.

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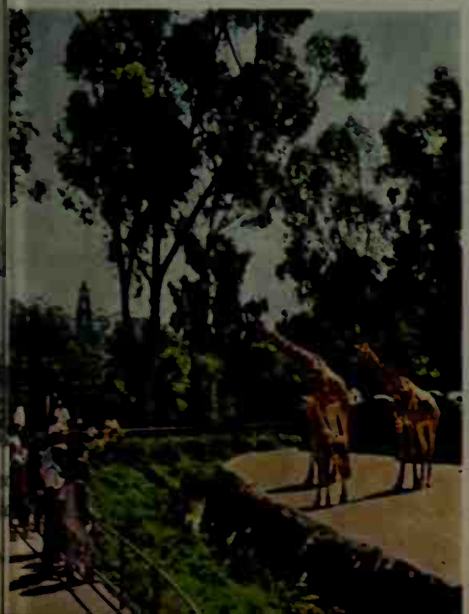
san diego

Celebrating 200th anniversary in 1969

itement is world-famous San Diego Zoo. r 5000 animals in tropical gardens. ded bus tours . . . and Children's Zoo.



***Excitement** is golfing any day on one of 65 courses, green fairways all year. Some lighted at night.*

***Excitement** is Sea World's performing killer whale, dolphins.*

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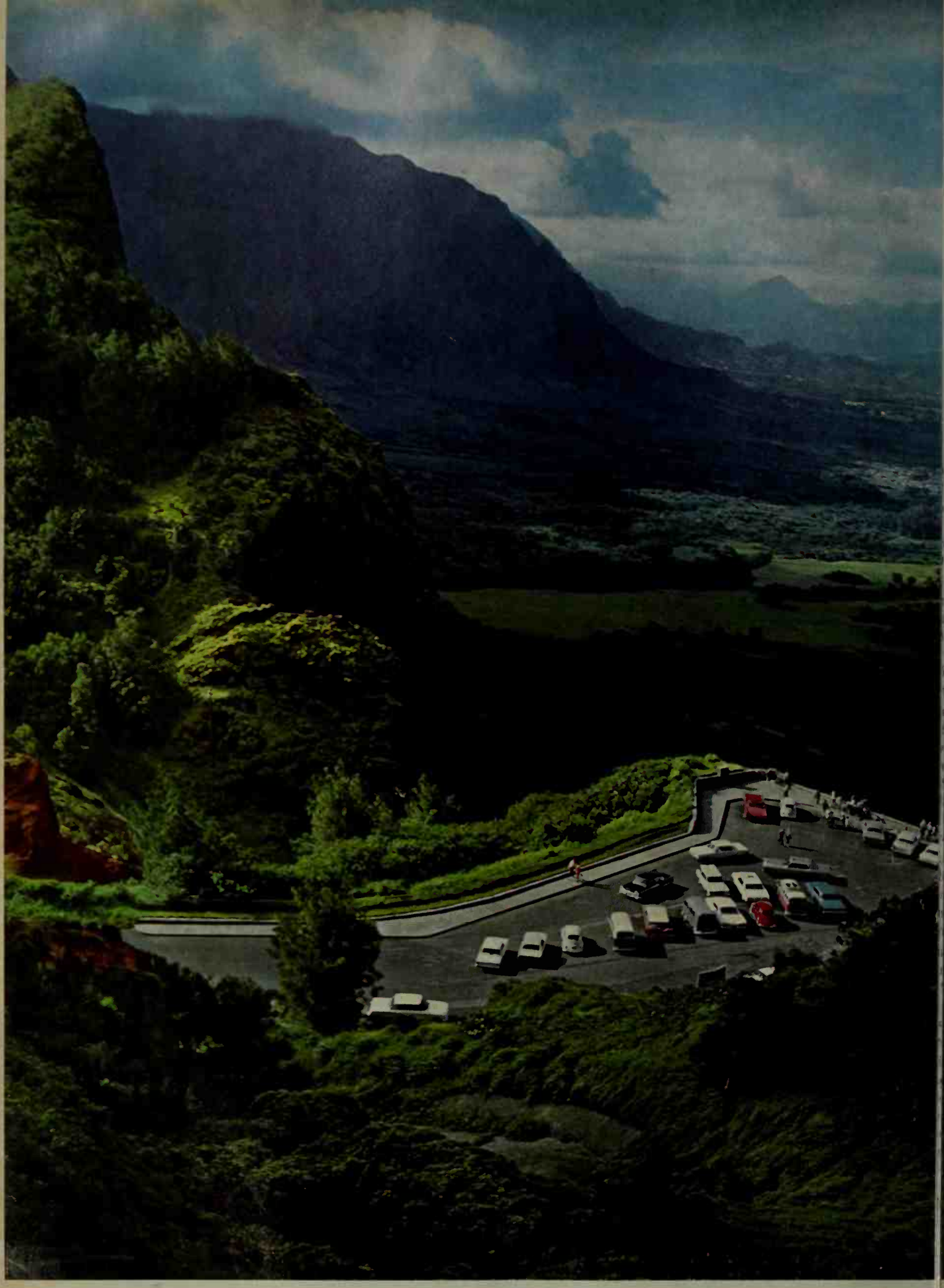


It's green to windward

From the Nuuanu Pali pass, fluted palisades stretch northwest to form the wind face of Koolau Range. Lookout, whipped by strong trade winds, is on former hig

The grand Pali

Oahu has a new mountain park right behind Honolulu. And its feature is the grand mountain pass through the Koolaus, the Nuuanu Pali (Noo-oo-ahn′-oo Pah′-lee)

ne of the great experiences in Hawaii is Nuuanu Pali, the spec-cular pass through the Koolau Mountains above and behind onolulu. Thousands of visitors on tour have paused at the li lookout to admire its famous view over windward Oahu. nfortunately, most have climbed right back on the bus, miss-g the splendid, changing views they might have had if they d walked about a bit more.

marvelous new mountain park is now in the making, with uuanu Pali as its main attraction. Actually the park is there ght now, with the land in public ownership. In the works are w terraces, pathways, windbreaks, parking spaces, and other cilities for visitors, and protection for the Pali itself and s views.

lany a visitor to Hawaii's tropical volcanic islands is impressed their fluted green mountains. Over centuries, wind and rain ve shaped the volcanoes that rose out of the sea into ranks wedge-shaped valleys running back into lines of nearly-rtical cliffs known as *pali*. Nuuanu Pali is a break in the *pali* the Koolau Range, the northwest-southeast spine of Oahu, d is one of the few places anywhere in Hawaii that you can ive right up into the midst of such a formation.

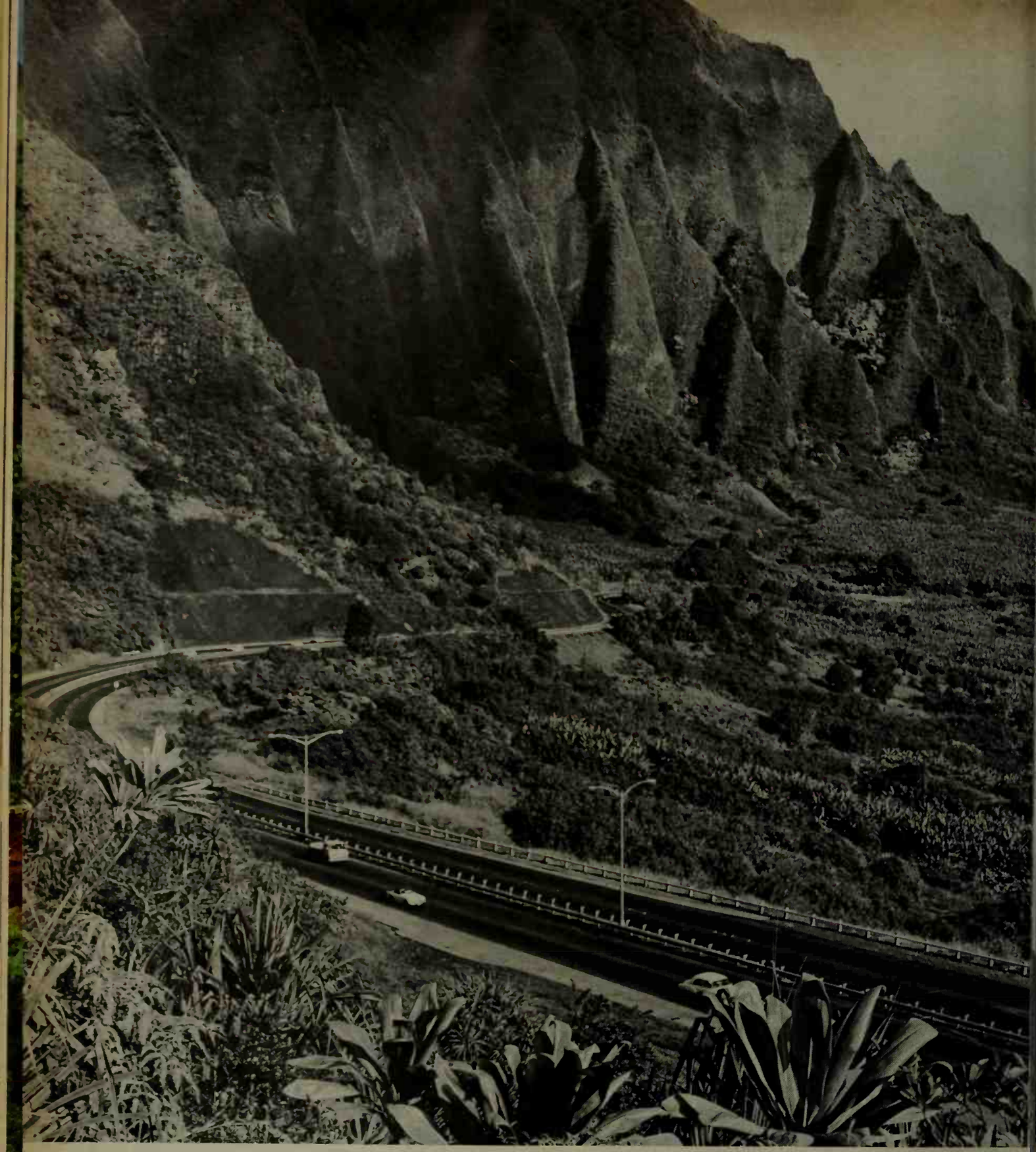
uuanu Pali was the high point of the cross-island highway ed until 1961 when the freeway tunneling through the cliff was mpleted. The Pali is also the famous precipice over which the vading army of Kamehameha the Great forced some of Oahu's arriors when Kamehameha conquered the island in 1795.

ou reach Pali lookout today on a spur off Pali Highway, about miles up from downtown Honolulu. The Pali Highway is the st way to get there, but if you'd like a more intimate view of e tropical rain forest that protects and nourishes Honolulu's pper Nuuanu Valley watershed, you can drive the older, two-ne, winding Nuuanu Pali Drive.

ither way you traverse the greenbelt extending much of the ay from Honolulu Harbor to Kaneohe Bay. Islanders plan to nprove and secure its high center so that Honolulu and the ushrooming towns on the windward side of the island won't erge into a single cross-mountain urban sprawl. The grand uuanu Valley approach is a permanent preserve figuring in e new Nuuanu Pali Natural Park. The plan for the park calls r removing the *kapu* (keep out) signs that have long made alkers feel unwelcome on the roadsides. Also proposed is an evated "trail in the trees," and a new turnout for views of the meadowland reservoir beneath the fluted southeast ridge.

On the drive up to the Pali you experience a remarkable weather change. At sea level it's warm and usually dry. Up 1,000 feet the air has turned cooler, and clouds pushed over the Koolaus by stiff trade winds let go the frequent showers that add up to 150 inches of average annual rainfall near the pass.

A marker on Pali Highway points to Upside Down Falls on the valley's northwest bluff, a temperamental performer that requires rain, then wind to blow the falls upward into mist.



From Wilson Tunnel, *Likelike Highway descends through banana farms along base of green cliffs seen from Nuuanu Pali look*

New roads tunnel under the cliffs, then shoot for the sea. But the high old Pali road is still there. Now it is for walkers

At the lookout a breathtaking view confronts you—and usu great blasts of wind. Your eye follows the grooved moun wall several miles northwest to Mokolii Island (Chinam Hat) and then travels back to Mokapu Peninsula at the op site end of Kaneohe Bay. Below you are the greens of woo cliffs, pastures, farms, cemetery, golf course, and undula hills. Clouds often hover over the lookout, but sun gener sparkles on the scene below.

Morning is the most predictable time for clear skies and g light for photographs. It's also when tour buses jam the terr

You'll see their passengers grab hats and skirts as they face into the powerful wind (the northwest corner is least buffeted).

Work will start soon to change public arrangements at the Pali. People are due to have preference over automobiles. The present shabby lookout will become a grass terrace crossed by a walkway sloping up from a new, lower parking area to high split-level viewing promenade. Later, new trails will wind up the mountain rises on either side of the Pali to Nuuanu Valley and to other windward outlooks.

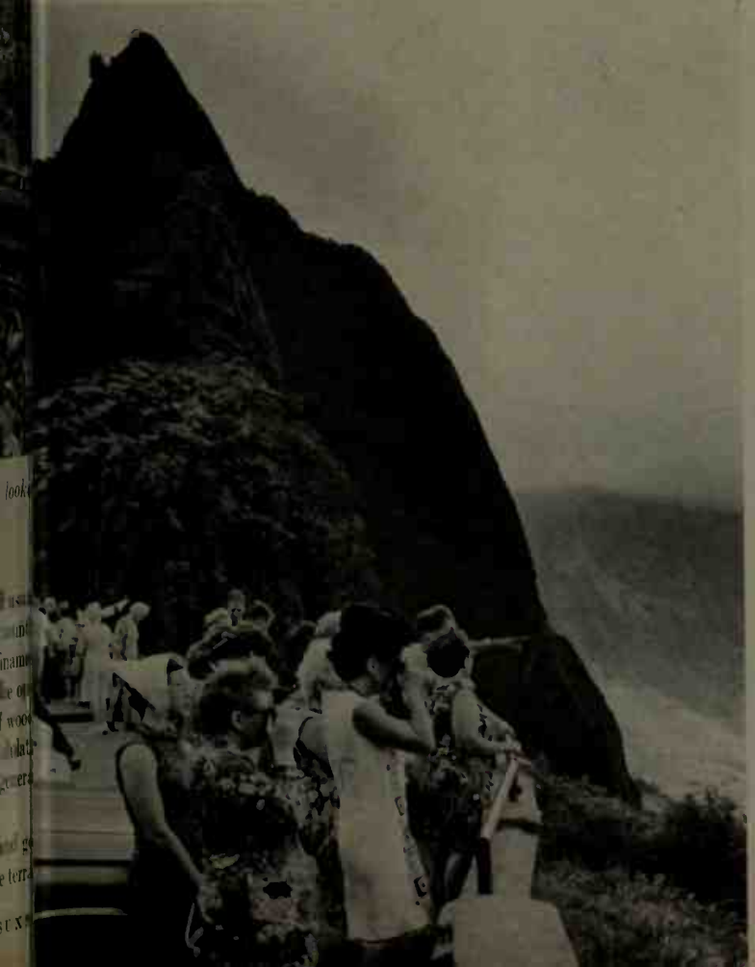
The old abandoned road will become—in two or three years—a pedestrian promenade with rest shelters.

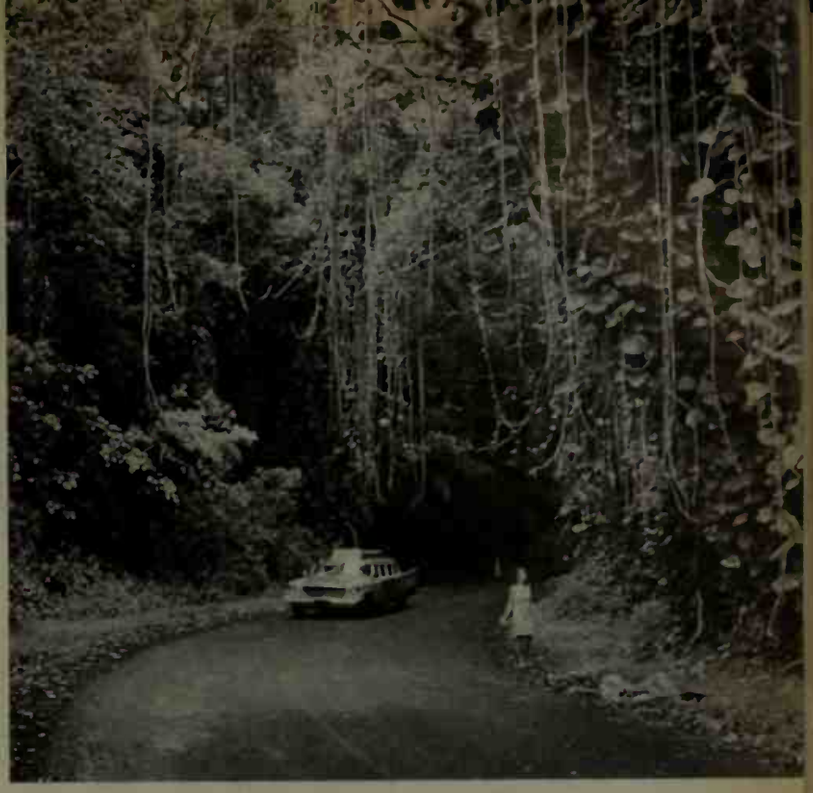
This road was originally an old Hawaiian footpath. In 1845 it was improved for a horse trail, later widened for carriages, and eventually for cars. Walking down the old road now you see sections of concrete and cobblestones that predate the modern asphalt. You also encounter one unduplicated view after another. A footpath goes underneath the highway to Auloa Road, another part of the old cross-island route which walkers can now enjoy. If you prefer you can drive up from below to where Auloa and Kionaole roads intersect, then walk. Future bridle trails and foot and bicycle paths will wind through these foothills of *kukui*, mango, and monkeypod trees.

Of course, the new state park will not make everything right with the historic Pali. It includes only a portion of the Pali scene. Housing has been gobbling up the windward greenery. Big transmission towers now march across the foothills. Buildings may sprout upon the Kapaa Hills opposite the lookout; already they have been gouged by a quarry. Construction is scheduled to start late this year on a large highway interchange also in view from the Pali.

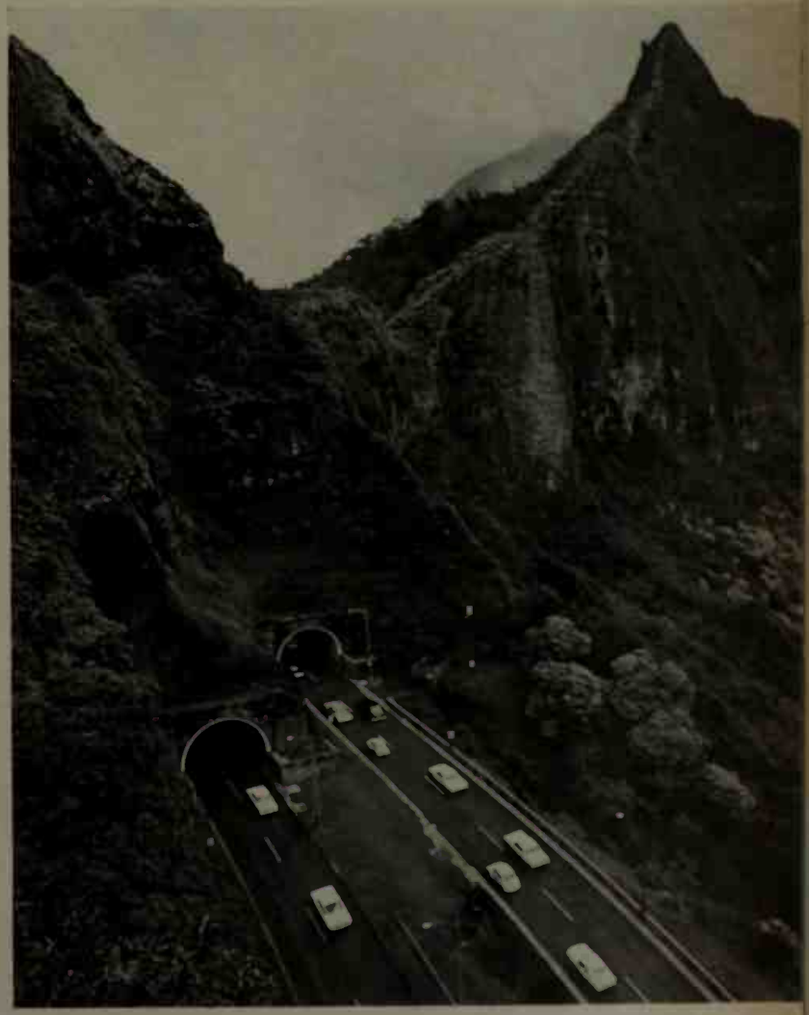
But the park plan for the Pali does propose one bold idea: That almost 6,000 acres of public and private land on both sides of this marvelous mountain pass—10 times the land in the park itself—be put under design control, keeping as much of it as possible as permanent open space.

Such a suggestion might frighten some business and government officials on the mainland, but it doesn't seem at all out of place in the young state of Hawaii.





Nuuanu Pali Drive *twists through jungle of eucalyptus, ginger, hau, philodendron. Jungle isn't native; planting began in 1890's*



Right below *abandoned old highway (cut in cliff at upper left) is what postcards don't show; this decade's traffic flows through twin tunnels. Lookout is at notch, Lanihuli Peak at right*

Tour bus arrival *means lookout will be crowded briefly. Wind, hard on hairdos, tends to blow women back to shelter of vehicles*

The goes-to-pieces plant container

It solves one big problem of container gardening

The great feature of these containers is that you can take them apart and reuse them whenever you want to. Simply undo the ropes and pull the sides away. The plant root ball stays intact. You can divide or root-prune the plant, return it to the container, and rebind with the rope —or use the container for another plant.

No nails are needed. The eight sides of each container are beveled and rabbeted to fit snugly around an octagonal base, and rabbeted to accept the encircling rope.

To make similar tubs, you'll need a radial arm, band, or table power saw, and preferably a dado blade.

You can use rough redwood for the sides, exterior plywood for the bases, and nylon rope from a marine supply store for the bindings. The big tub measures 19½ inches across the top; its sides are 1 by 8 lumber cut into 17-inch lengths, and it needed 54 feet of ⅜-inch rope (13 cents a foot). The tub with bamboo measures 15 inches across; it has 1 by 6 sides cut into 14-inch lengths, and it needed 26 feet of ⅝-inch rope (10 cents a foot).

We also built a smallish octagonal tub of 1 by 4 lumber, with ¼-inch rope binding; you can see it dimly behind the man in the large photograph. For a tub of this size, removing the plant isn't the problem it is with larger containers, and the sides could be permanently glued or nailed to the base and to each other.

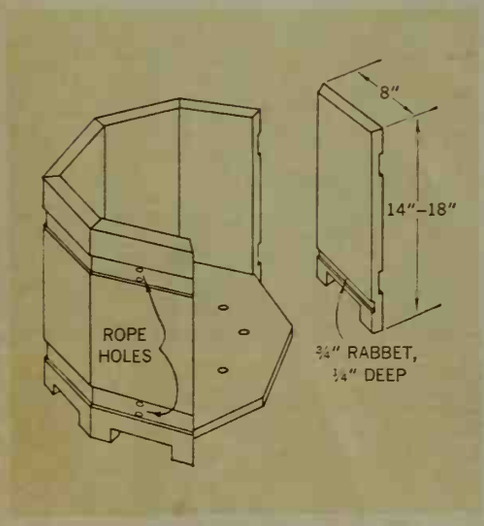
If lumber width varies (this often happens with rough lumber), rip-saw to a consistent width. Then cut the lumber to the lengths chosen. Make shallow rabbets, no more than ¼ inch deep, for the rope in some multiple of the rope's diameter. Cut the base rabbet to fit the base material loosely. Make the leg cutouts by repeated passes through the saw blade, or by using a keyhole saw (or change the design to a simpler cut).

Then set your power saw to bevel at a 22.5° angle. Beveling the entire thickness of the boards produces the tight corners of the largest planter; beveling to within ¼ inch of full thickness produces the slightly open joints of the bamboo plant

Stand up the completed sides on a le piece of paper or cardboard and mark inside corners. Join these points; add inch all around to allow for the base r bet; use this as a guide when cutting base plywood. Drill drainage holes.

To attach the rope, drill a slanting h at top and bottom of each rope rabb ⅛6 inch wider than the rope used. Slip end of the rope through to the inside staple it. Wind the rope around the tub many times as the rabbet allows, pull it tight as you go; then fit the other through the second hole and staple it. (the finished appearance outside, see bamboo planter in the big photograp The lower binding rope has to exit thro the bottom of the planter, where you unloosen it when repotting is necessa

Seal, stain, or paint the planter bef affixing the rope; or leave it to weat naturally. You can minimize dirt's st ing the rope by coating it, in place, wi clear wood sealer.



Suggested *measurements for biggest tub; select height to suit plant proportions*

Use *galvanized staples to hold rope ends. Note how lower rope exits through base*

DARROW M. W

To disassemble, *loosen the top and bot ropes, and pry sides off the octagonal*

GLENN CHRISTIANSEN

Up front in tub made of 1 by 8-inch boards is a spiky mahonia (M. lomariifolia). *Right, fast-growing golden bamboo* (Phyllostachys aurea) *will need repotting in two years. Nylon rope, stretched taut, holds boards firmly together, won't rot, mildew*

Nylon rope holds them together

DON NORMA

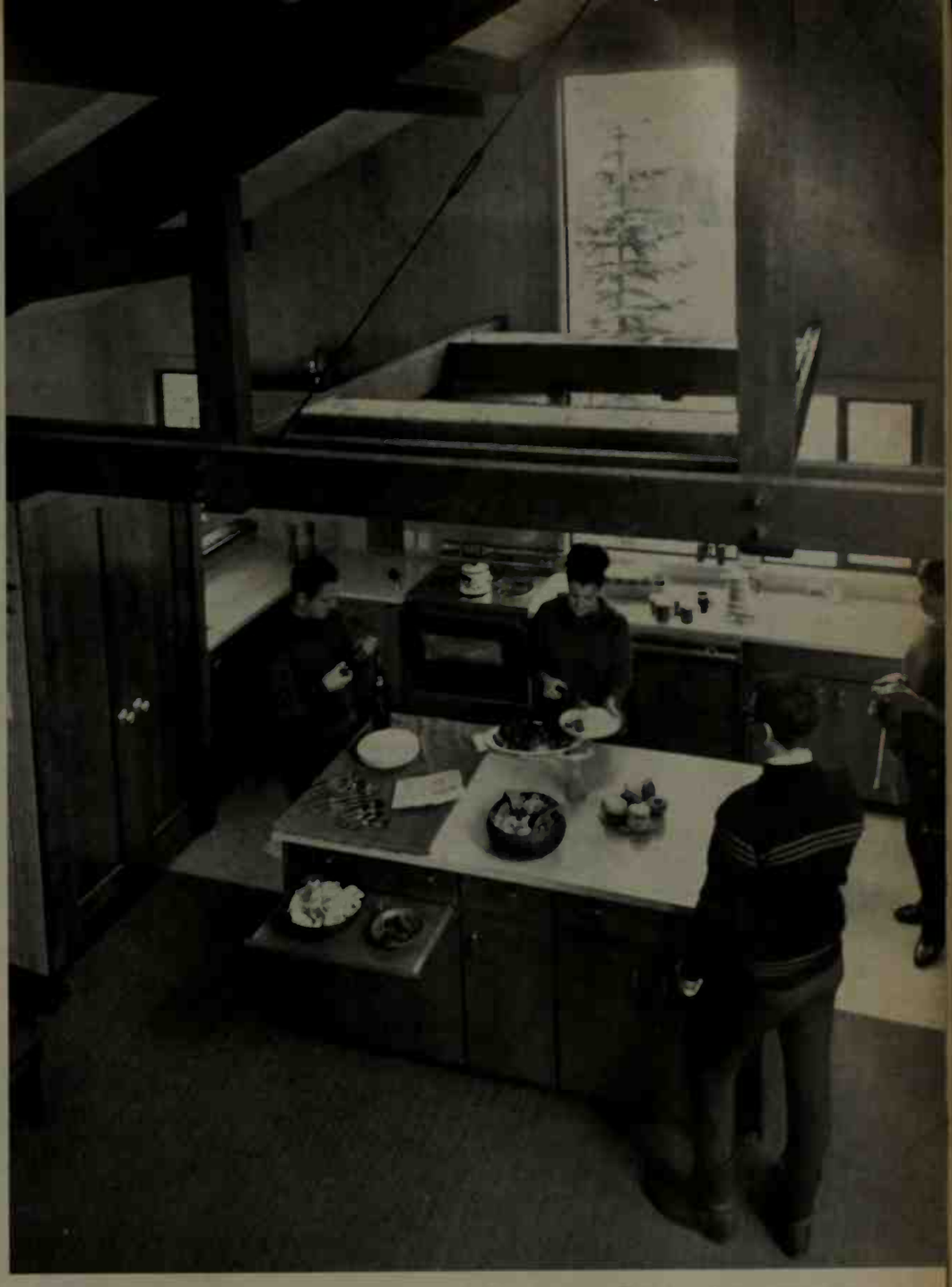
Fireplace *is two-way, serving the main living-dining-kitchen areas as well as a more secluded area, "the cave," hidden behind. A game table is in background, at far right. A ladder the sleeping loft is at left; it's accessible from the opposite si*

Cascade cabin...built for the deep snows of Snoqualmie

It has a sleeping loft, a mud room, a "cave" by the fire

ay window *projects onto deck, holds a indow seat, is main source of daylight*

Aud room *at entry. From here you can go p to living areas, down to bedroom level*



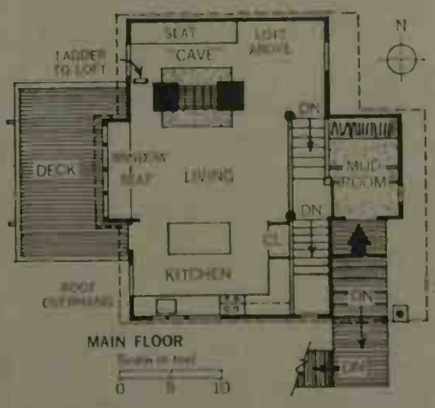
Island *provides storage space, functions as buffet counter. Kitchen has continuous counter, under-counter refrigerator. Hefty roof truss can carry heavy snow loads*

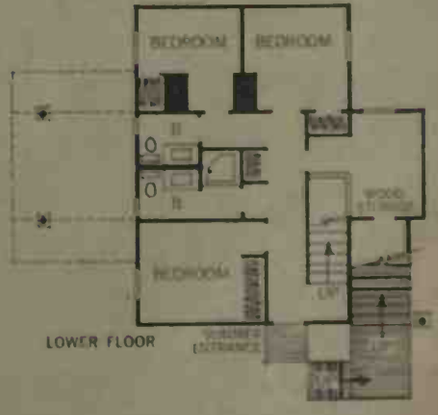
The mountain house shown here is made to be snug during the long heavy snows at Snoqualmie Pass in the Cascades of Washington. The main living areas of the 1,300-square-foot house are raised above the deep snow level; the sleeping rooms are tucked down below where they are often buried for most of the winter.

Features of special interest include a "cave" with its own fireplace and game table where teen-agers can get off to themselves (see plan); a loft where sleeping bags can be spread out when guests exceed the capacity of the three bedrooms; and solid wood shutters that slide across all windows accessible from the ground for protection against snow and vandals (they slide on tracks like a barn door).

Architects were A. O. Bumgardner & Partners, for Mr. and Mrs. Don R. Little.

Music, talk, cooking upstairs . . . the bedrooms are below





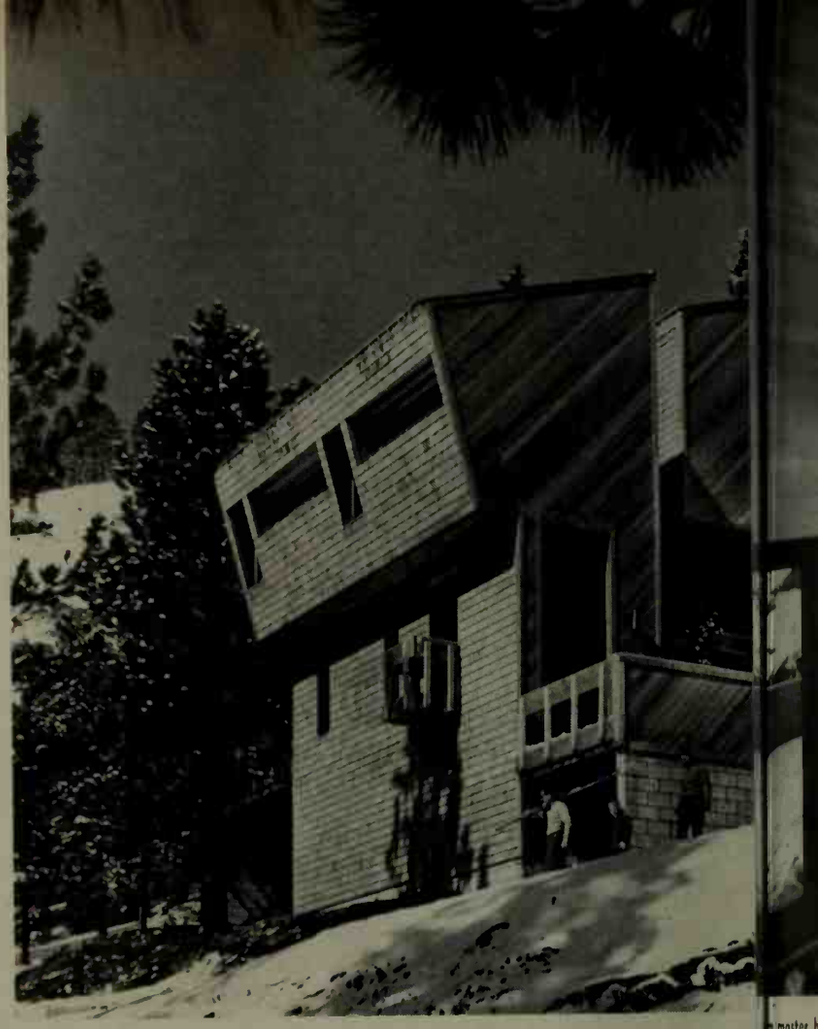
Sierra cabin stands tall

One result is a series of interior surprises

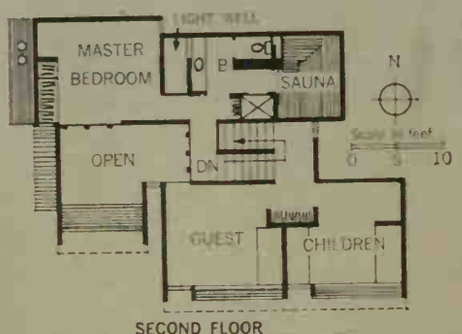
This mountain house is full of surprises. Levels open out or down on other levels—you look through rooms to views over balconies or through unusual openings in walls, like a tall ribbon door. It's not just one open area but gives that effect: the sleeping spaces can be closed off for privacy when needed.

Windows are arranged to frame only the choicest portions of a view or to draw your eye to a particular tree. There's a long, vertical window to light the stairwell, thin horizontal windows to cut out sky and snow glare, and a tall window wall with built-in window seat to bring natural light into the living area and bedroom balcony.

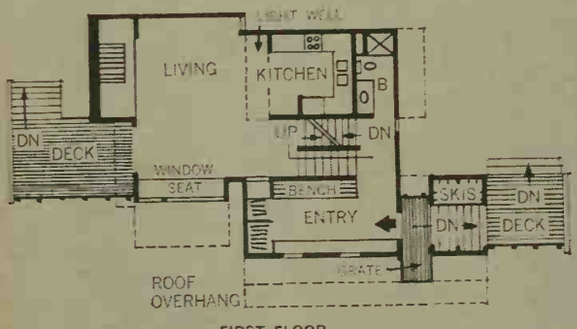
The architect was Gerald Gamliel Weisbach, for Dr. and Mrs. Sanford Lazar, Squaw Valley, California.



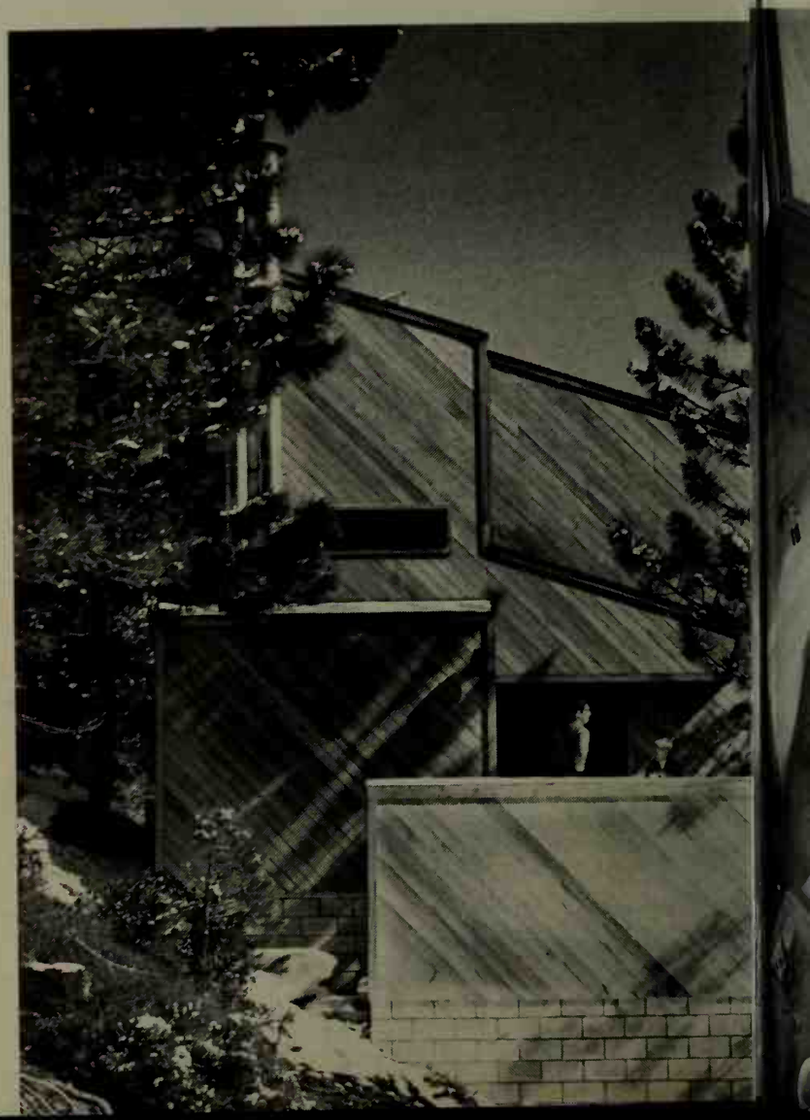
Snow and ice *fall clear of house because of angular design of upper of south-facing wall; it also helps reduce the sky glare into bedr*



SECOND FLOOR



FIRST FLOOR



Diagonal siding *on side walls provides earthquake bracing, resists snow loads. Front and back walls are shingled (see photo above)*

n master bedroom *you can look down into living area. Aceordion doors can elose room. Fireplaee is tucked under. The glass doors seen at left open out to a deck*

Ribbon window *lights the three levels in stairwell, lets you look out into trees*

ERNEST BRAUN

Also worth noting in this mountain house:

Three ways to enter the house, depending on the weather conditions at the time—through the basement, through a covered passageway, by an open deck.

A bath at the entry level for use after you're booted up or when you come in cold and wet from the snow.

Lockable storage closets for owner's personal effects when house is rented.

Metal grote by main entry for stamping off snow and mud (grate open to crawl space underneath).

High velocity forced-air heating system (4-inch ducts) to heat spaces as fast as possible.

Compartmented bath so all facilities can be used independently.

Spoce for sauna roughed in during initial construction; sauna to be installed this season.

Window sills recessed or weather protected by overhangs so ice and snow won't collect on them.

Built-in *window seat provides additional storoge space (under its hinged cover). Cabin designed around tree just outside*

eft. *Bailey acacia brings splash of winter gold to a w-key, easy-to-maintain entry garden of junipers, pines, urple hop bush. Bark ground cover helps keep down weeds*

ENN CHRISTIANSEN

DARROW M. WATT

Golden acacia *flowers are cut, shipped, and sold as "mimosa" in the florist trade*

Thanks to acacia, California's spring starts in January

hen winter comes to California, spring is ver far behind. The brightest evidence the blooming of Bailey acacia *(Acacia ileyana)*, a plant from Australia (where is called Cootamundra wattle). Indeed, is principally in January and February, hen days are the shortest and gloomiest, that Bailey acacia comes into golden flower to relieve storm-dark skies, reflect the sun, and sweeten the air with its pervasive fragrance.

So widespread and common that visitors to California often think of it as a native plant, Bailey acacia makes a generous contribution to the landscape not only while in bloom but throughout the rest of the year as well. The finely divided leaves are evergreen, and the overall texture of the plant is feathery and delicate.

Landscape architects often disagree with home owners about the place of Bailey acacia in the garden, and the thriving trees we see near houses, in lawns or parking strips, and over terraces or sitting areas show the triumph of amateurs' hope over professional advice. The plant has an impressive list of faults: Limbs are brittle; trees can blow over in storms; tops make a nearly continuous rain of blossoms, leaflets, seeds, and pods; root systems are greedy; there's much dieback of twigs and limbs; and finally, the trees are short lived.

On the other side of the balance sheet, the trees are beautiful in flower and leaf, exceptionally fast growing, and tolerant of drought and poor soil.

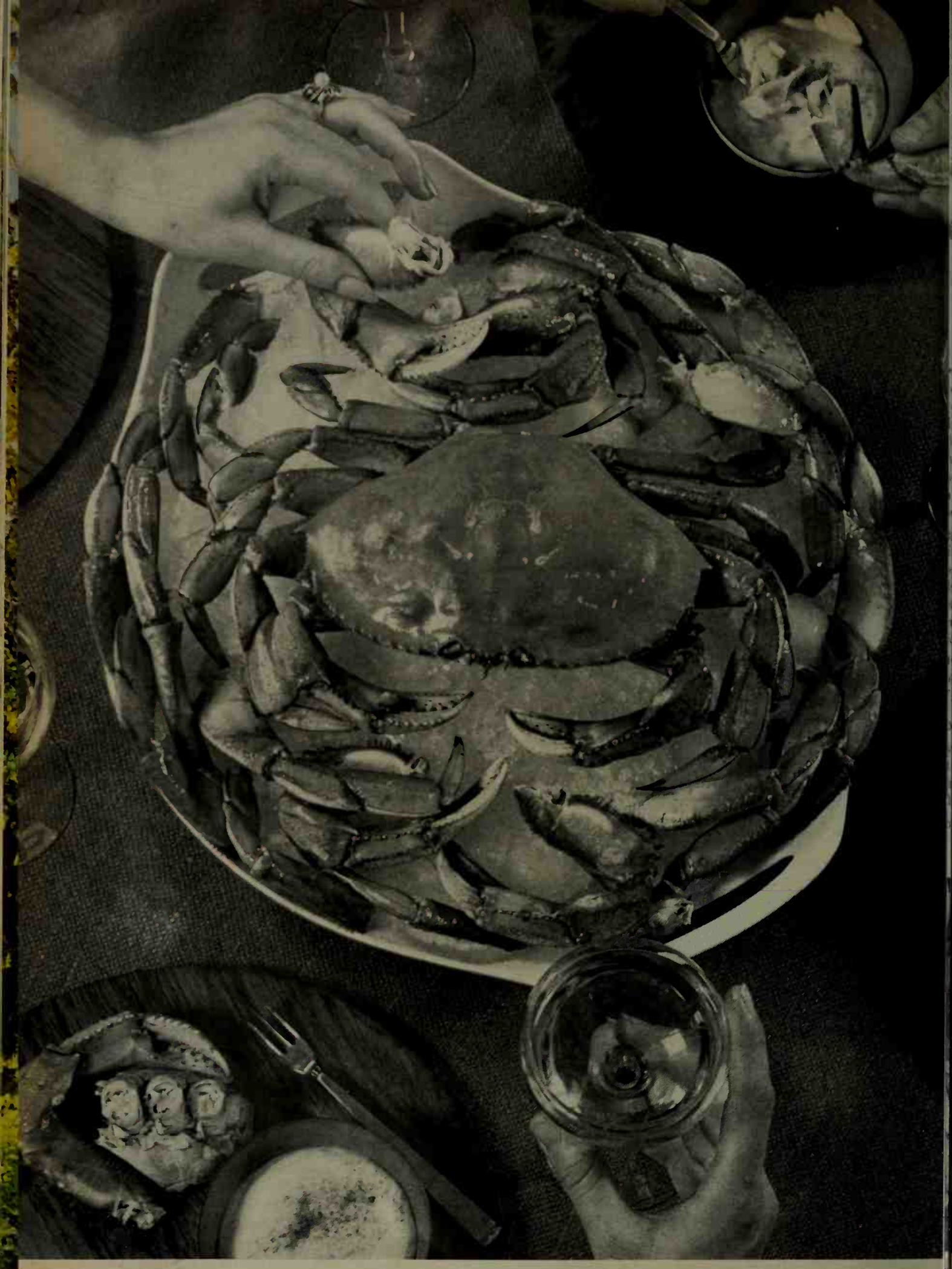
To utilize these virtues and minimize the faults, landscape architects advise using Bailey acacia on banks and slopes, as background or screen plantings, or as temporary fillers to be removed as longer-lived trees begin to mature. (If you use it as a filler, remember that it's physically and emotionally difficult to remove a healthy 20-foot tree.)

To grow Bailey acacia as a tree, stake the leading shoot and cut lower branches back to the trunk. To grow it as a multiple-stemmed tree shrub, nip out the leading shoot. Thin and groom plants by cutting out dead, crowding, or overlong branches right back to the trunk, and by cutting sprays of bloom back to a side branch.

Established plants live with little or no summer water, but they accept occasional deep watering if drainage is good.

WILLIAM APLIN

ncho Santa Fe, *California, is noted for displays of Bailey acacia. This plant grows as large shrub—the form that is favored by landscape architects for screening use*



Crab in the middle

Crab for four: Serving dish holds whole crab and parts of three more. Choose piec crack, and dip meat in mayonnaise. Dinner plate holds shells. Serve salad separate

PACIFIC CLASSIC

racked crab . . . with wine, reen salad, French bread

Dungeness crab: *the entrée for one of the great Western meals*

GLENN CHRISTIANSEN

Bibs *protect you from spatters which are likely during the cracking of the crab*

great Western delicacy, Dungeness is so good hot or cold, and so simple rve that with a light green salad, a white wine (such as Sylvaner, Sauvig- Blanc, or Folle Blanche), and crack- crusty French bread, you can have a ical feast. Dessert is optional; if you any, a bowl of fresh fruit is more adequate.

ng a cracked crab meal is no small nitment; bibs and plenty of napkins ssential. You work for each succulent el, breaking open the legs with a nut ker or seafood cracker and prying out rge white portions of body meat. The pick is the tip of one of the legs.

rt homemade lemon mayonnaise is deal accompaniment; it enhances but n't overwhelm the flavor of the crab.

CRAB

each individual, choose a Dungeness that weighs 1¾ to 2¼ pounds. If expect hearty eaters, allow 1 extra for every 4 to 6 guests.

can buy the crab cooked, or cook it yourself if you want to serve it while still warm or insure the freshest flavor possible.

To cook crab, bring to boiling about 2 gallons water and 2 tablespoons salt in a large kettle. Immerse 2 to 3 live crabs at a time in the water, pushing down. Simmer covered for about 20 minutes. Lift from water with tongs and drain; cook additional crab in the same water.

To clean crab (you can have this done when you buy them unless you want to save the golden crab butter), break free the appendages on the bottom side of the cooked crab body (warm or cold), then pull off the shell back. Scoop out and save the crab butter, if desired; to use its subtle flavor to advantage, stir it into the lemon butter mayonnaise according to taste. Remove and discard all soft material from shell back and body; rinse well and drain.

For individual servings (see below) place one crab on each plate, fill body hollow with parsley and replace shell back.

For a group serving (see left) place one whole crab, as for an individual serving, in the center of a large serving container (mounded with crushed ice for cold crab) and surround with whole legs and body sections from the desired number of crabs.

serve crab *as shown on the cover, put one cleaned crab on each plate. interior with parsley and replace top shell. Provide dishes for shells*

LEMON BUTTER MAYONNAISE

- 3 egg yolks
- 1 teaspoon grated lemon peel
- 2 tablespoons lemon juice
- 1 tablespoon white wine vinegar
- ¾ teaspoon sugar
- 2 teaspoons Dijon-style mustard
- ½ teaspoon salt
- ½ cup *each* salad oil and melted butter (cooled to lukewarm)

To make mayonnaise in a blender, combine egg yolks, lemon peel and juice, vinegar, sugar, mustard, and salt and whirl at high speed for 30 seconds. With motor turned on at high speed, add the oil and butter in a slow steady stream. As mixture thickens, turn blender off frequently and blend oil in with a rubber spatula. Serve blender mayonnaise at room temperature.

To make mayonnaise in a mixer, combine all ingredients but oil and butter; beat at high speed for 30 seconds. While beating at high speed add oil and butter in a slow steady stream. This mayonnaise is thinner than one made in a blender, and you can chill it to thicken. Makes about 1¾ cups; allow ¼ cup for each serving.

Caviar? Feel free

Sturgeon eggs from Iran cost $1.25 to $4 an ounce (ouch). Whitefish or lumpfish eggs are 15 to 25 cents. Both are delicious served like this

Liverwurst and onions with caviar

DARROW M

Artichoke with red and black caviar

Avocado dip with red and black caviar

Glistening mounds of caviar add a special glamour to party appetizers, and these six choices have the added appeal of being simple to prepare.

Our recipes simply specify black or red caviar. You can choose the preserved dark caviars (prepared eggs or roe) of sturgeon, lumpfish, or whitefish, or fresh sturgeon caviar, or preserved red caviar of salmon. Lumpfish and whitefish caviars are dyed to simulate the natural gray to black hues of sturgeon caviar. The name of the fish is always on the label, except for sturgeon caviar, which may be labeled just caviar.

In the photographs at right you see either preserved sturgeon caviar, lumpfish caviar, or salmon caviar.

Wide ranging as it is, price is no predictor of caviar's acceptance. At *Sunset* we ran a taste test of the caviars, all unidentified. The cost range was about 15 cents to $4 an ounce. The results were revealing. Caviar enthusiasts, not surprisingly, enjoyed the expensive sturgeon roe. But they also had an appreciative palate for caviars made from other fish roes. Other testers who were new to caviar enjoyed each kind without decided preferences.

Each caviar does have unique qualities, and you might keep in mind that fresh sturgeon caviar is usually salted more lightly than all others; preserved sturgeon caviar is more liquid in consistency; lumpfish caviar has an interesting crunchy texture; whitefish caviar is tiny and tender; salmon caviar is the most pungent.

LIVERWURST AND ONIONS WITH CAVIAR

To make each serving, top a slice of Westphalian-style pumpernickel bread with a large, thin slice of mild onion, then cover with 2 thin slices of liver sausage (liverwurst or braunschweiger). Place in the center of the liver sausage 2 or 3 teaspoons of commercial sour cream, then a portion of black caviar and minced mild onion; 3

Steak with caviar

Beef Tartar with caviar

rimp on toast with caviar

tablespoons black caviar blended with 2 tablespoons minced onion makes enough topping for 6 to 8 servings. Sprinkle sandwiches lightly with dill weed. Eat with a knife and fork (if you prefer smaller portions, cut each sandwich in half).

ARTICHOKE WITH RED AND BLACK CAVIAR

Drain small marinated artichoke bottoms (about 1¼-inch diameter) and place individually, cap side up, in paper bonbon cups. Spoon about ½ teaspoon red or black caviar into each artichoke bottom. Allow 2 or 3 for each serving.

AVOCADO DIP WITH RED AND BLACK CAVIAR

Split 1 large, ripe avocado, discard pit, and carefully scoop out flesh, preserving shell. Mash pulp with ¼ cup commercial sour cream, 2 tablespoons lime juice, and ⅛ teaspoon salt. Spoon into half shells.

With back of spoon, make a cavity in center of each mound of avocado; fill hollow of one with about 2 tablespoons black caviar; fill other hollow with about 2 tablespoons red caviar. Place avocado halves in a shallow basket and surround with tortilla chips or corn chips. Makes 8 to 10 servings.

STEAK WITH CAVIAR

Split a 15-ounce loaf of French bread vertically and cut 2 slices, about ½ inch thick, from the center. Broil surfaces of slices to toast; cool, and spread with sweet (unsalted) butter.

Thinly slice about a 1-pound piece of fat-trimmed, cold, rare beef steak (a tender cut such as fillet, rib section, or sirloin). Evenly divide slices and arrange half the meat on each buttered toast slice; salt meat very lightly.

Spoon a band of black caviar down center of beef, allowing 1 to 2 tablespoons for each toast slice. Garnish with a few slivers of green onion tops and serve with green onions. Cut in sections and eat with a knife and fork. Makes 8 to 10 servings.

BEEF TARTAR WITH CAVIAR

Shape ½ pound raw ground beef round into an oval patty about ½ to ¾ inch thick. Put in the center of a serving plate. Score surface in a diamond pattern by pressing with edge of a knife, then top with 3 or 4 diagonally placed bands of black caviar; you will need 2 to 4 tablespoons. Surround beef with finely chopped white onion (½ to 1 cup) and garnish with parsley. Spread on buffet-style rye bread. Makes 6 to 8 servings.

SHRIMP ON TOAST WITH CAVIAR

To make each appetizer place 1 cooked, shelled, deveined, medium-size shrimp (30 to 40 per lb.) on a slice of white Melba toast. Fill inside curve of shrimp with ½ teaspoon commercial sour cream; top with ½ teaspoon black caviar. Serve with lemon wedges to squeeze over appetizers.

It's an open and shut kitchen

But it's almost always open

Accordion doors *on piano hinges quickly close the kitc en. The doors, painted gray, match paneled wood wa*

Cooking end *has oven stack with separate hood and fan, stainless cook top with stainless panel behind, lights under hood*

The cook who uses this small kitchen considers its tight size a advantage. Everything is in easy reach; the walking space is feet one way, 6 feet the other. Cook and one helper work wit out colliding.

The kitchen opens up to a spacious 18-foot-square family roo that brings conversation close to the cook. The family room also an informal dining room for family and for guests. As o photographs show, on such occasions the kitchen can literal disappear. But usually it doesn't; it stays unbuttoned, half view, and nobody minds.

This is a kitchen designed for serious cooking. Its owner h time and likes to take her time. Her counters are maple; t sink and its drain area are stainless steel, as are cook-top, ove and built-in refrigerator. Vegetable cutting, meat trimmin pastry making take place right on the maple counters.

Baking center *is 32 inches high, other counters 36 inches. Lo spice shelf behind, parking space for the cook's stool is belo*

GLENN CHRISTIANSEN

n kitchen *has service bar with linens, glassware, beverage storage below. Floor is stained concrete; rug is Maya Indian*

kitchen is two years old this month. We asked its owner-
k. "What would you change?" "Nothing much," she told us.
nd what has the kitchen done for you?"
's like discovering what it's like to drive a sports car. Com-
ed to previous kitchens, this one makes me confident. I'm
to taking a chance."
kitchen layout works to facilitate buffet service. A shut-
ed (but normally open) window brings the family-room
vice bar almost into the kitchen. Hot dishes can go straight
n range to buffet on this bar.

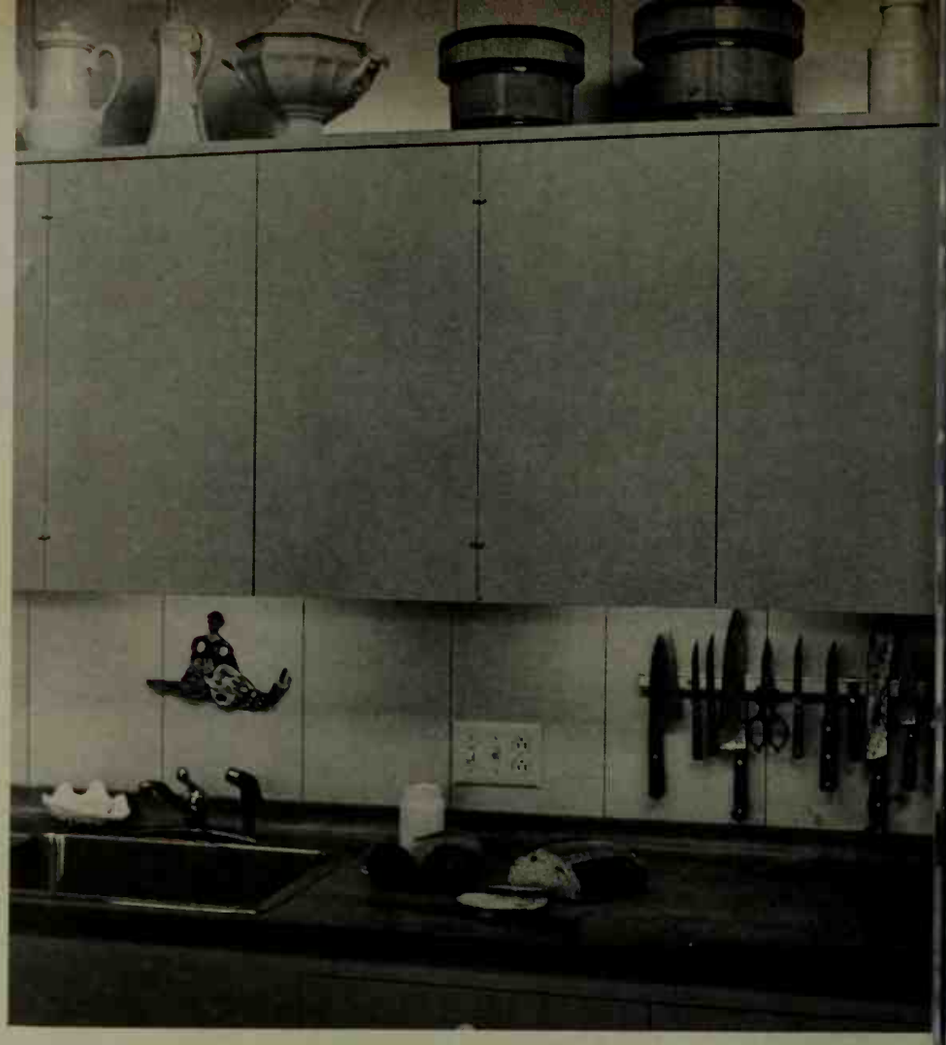
When it is opened, the kitchen is on display: cooking pots, coffee urn, rice tubs, soup tureens range along the top of the wall cabinets. Meal-making disorder on the counters is also in view; the impression is lively.

This is an interior kitchen, but it is day-lit. A high window the full width of the kitchen pours in daylight and gives the cook views of tree-tops and clouds when she has a chance to look up.

Plans for this kitchen were the work of Janeau, kitchen designer, San Francisco. Designer of the house and disciplinarian for the kitchen was John Matthias, of Tiburon, California.

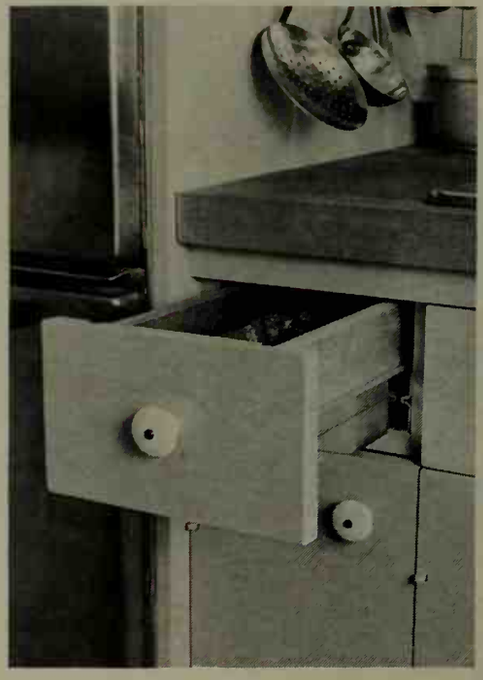
The open and shut kitchen

Heat-proof *landing place for hot pans is a dozen blue and white Mexican tiles*



Incandescent *tubes above cabinets supply general lighting; second set of tubes u cabinets throws direct light on the counters. Big magnetic rack on back wall for k*

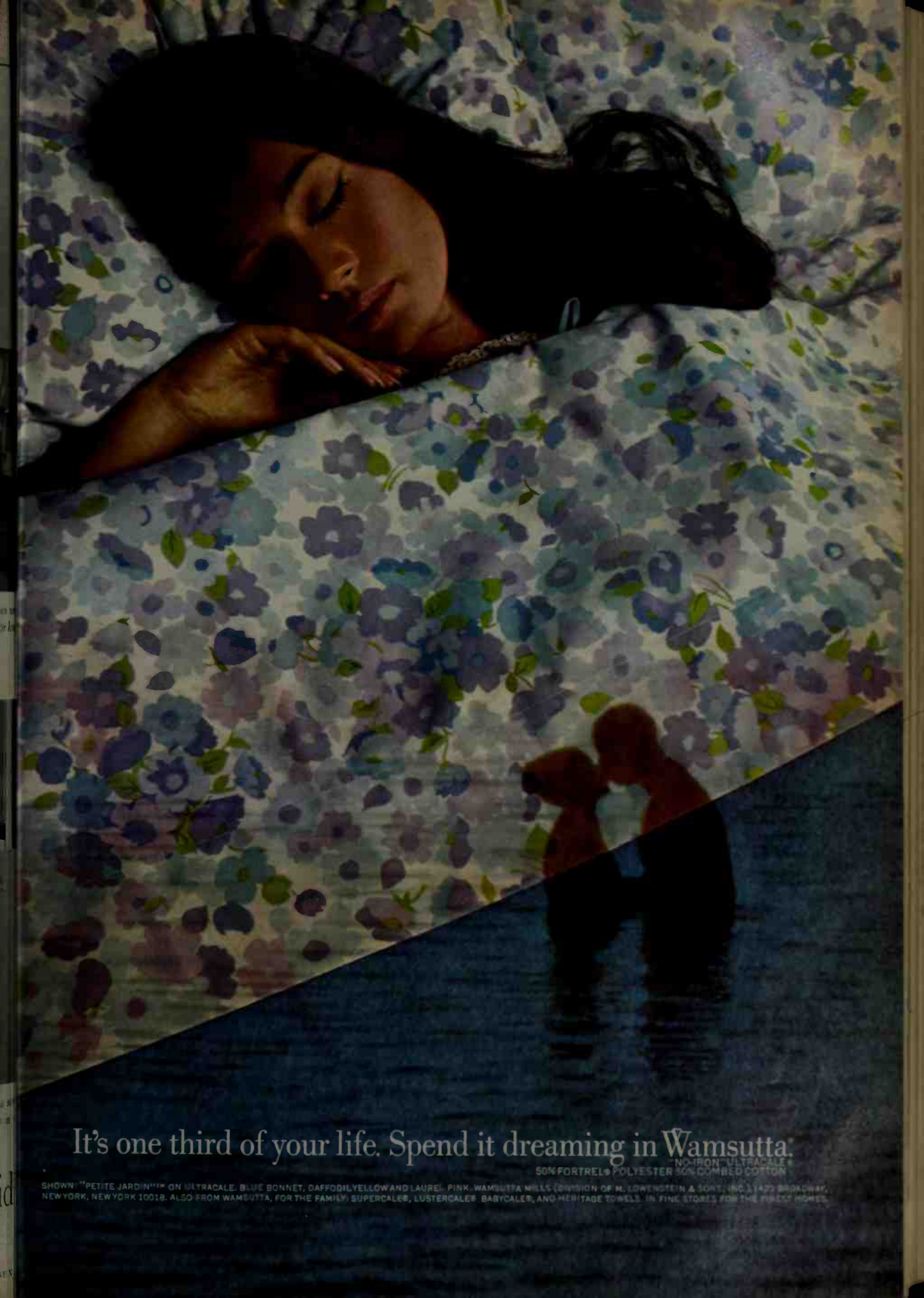
Slide-out trays *store big woven fiber placemats, also fabric placemats and napkins*



Slide-out drawer *moves smoothly on plastic rollers, comes to a safety stop at end*

Can storage *on kitchen side of the se bar is one-deep, so everything is in*

KITCHEN DETAILS: What's in sight and what's insid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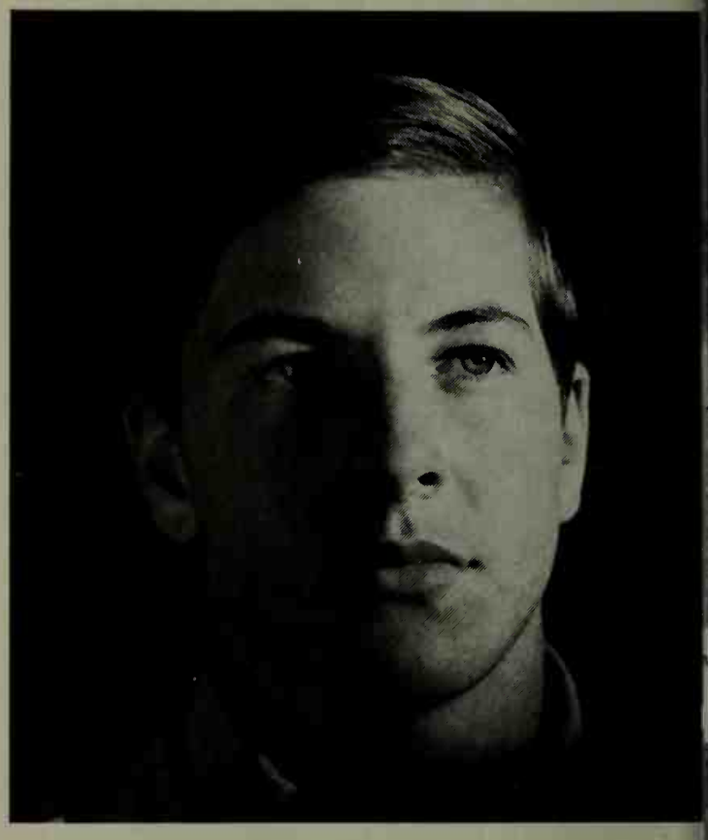

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Adding on a floor-level deck is a relatively inexpensive way to expand your house and gain some outdoor living space. It is a highly effective remodeling device for up-dating older houses that were not originally oriented to the garden (see the two photographs at the bottom of the page). And it provides a good reason for opening up rooms with glass walls and doors, as in the nearly new house pictured at left.

DON NORMARK

ont of *house has view, so deck was added there. Also hides living room from street. Owners: the Robert C. Roses, Medina, Wash.*

RICHARD FISH

w deck *joins house to garden. Owners: r. and Mrs. Isaacson, Westwood, Calif. ck design by Armstrong & Sharfman*

PHIL PALMER

Living-dining *areas of older Berkeley house now open to sunny deck. Note built-in seating at left. Not shown are pass-through from kitchen, steps to garden. Owners: Mr. and Mrs. Rudolph Hurwich. Design was by Royston, Hanamoto, Beck & Abey*

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Bill Lane

President and Publisher

RICHARD FISH

enient for a last-minute inspection checking accessories before leaving

It's a stand-up dressing table

its pair of doors closed, this appears just a wall cabinet. But when the s swing open to reveal mirrors at the and another straight ahead, it is a l-up dressing table. Other storage nd and below holds everything the of the house might need to prepare lf for stepping out.

itect Paul Sterling Hoag designed cabinet in connection with the re-eling of this Los Angeles home. Since ome happens to be built on a hillside, the street a considerable number of s below and with the bedrooms on an r floor, locating such a cabinet in the y hall made special sense.

ize was determined by space left in deling the stairway. The entire cab- required a 15-inch-deep opening in wall, 72 inches high by 32 inches wide.

cabinet has three parts:

the top is an enclosure lit by two n-lights built into the ceiling. The of this section is a fixed mirror. The s are also lined with mirrors—which be positioned, like a tailor's mirrors, side and rear views. Small shelves g the sides hold handbags and a vari- of accessories.

ediately below, a drawer contains netics and smaller items.

below that, a cabinet has shelves for artieles as umbrellas and overshoes.

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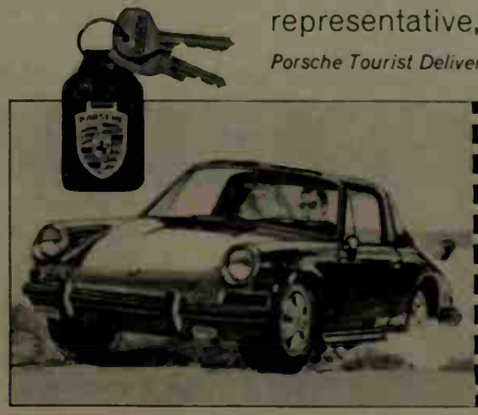

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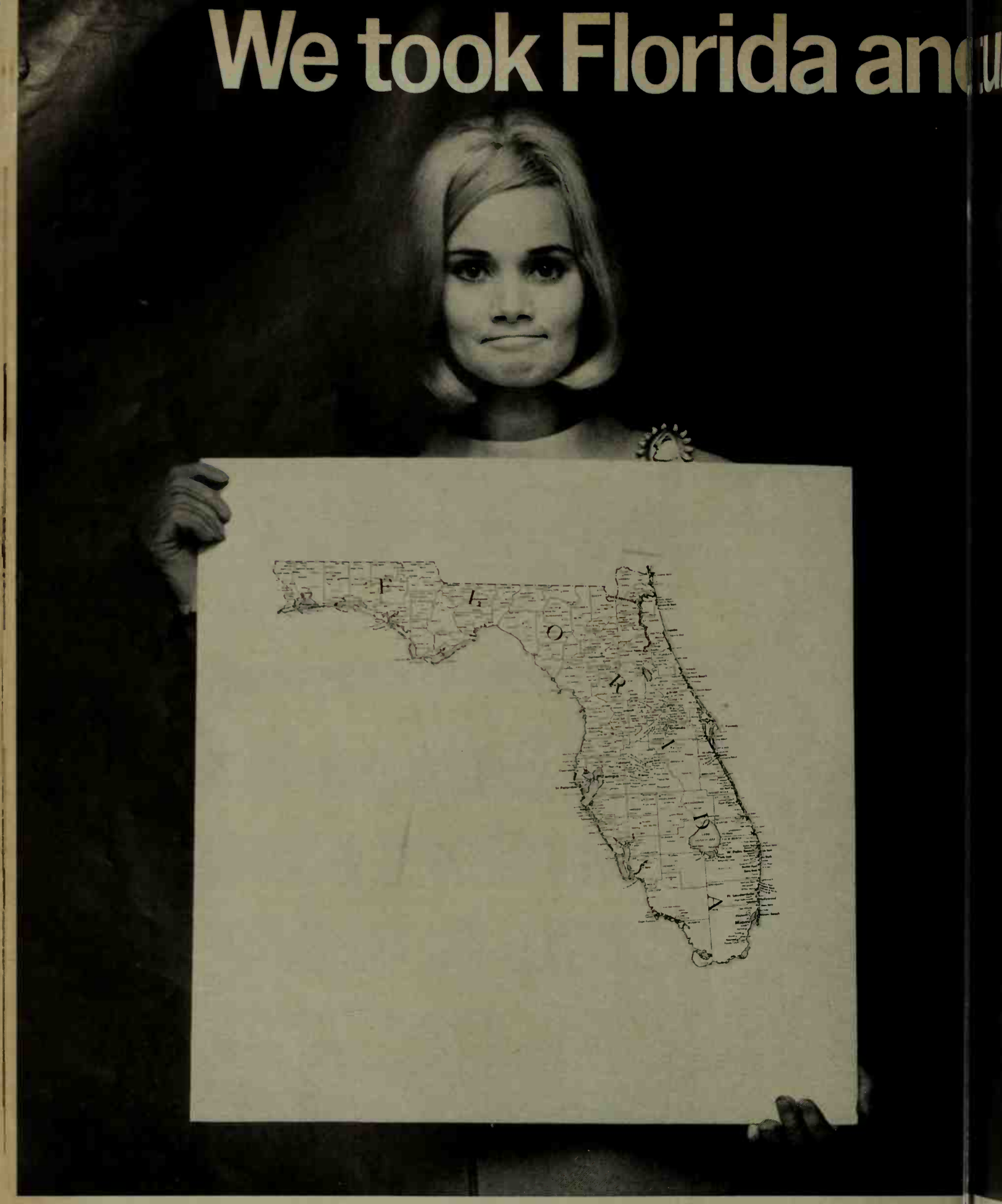

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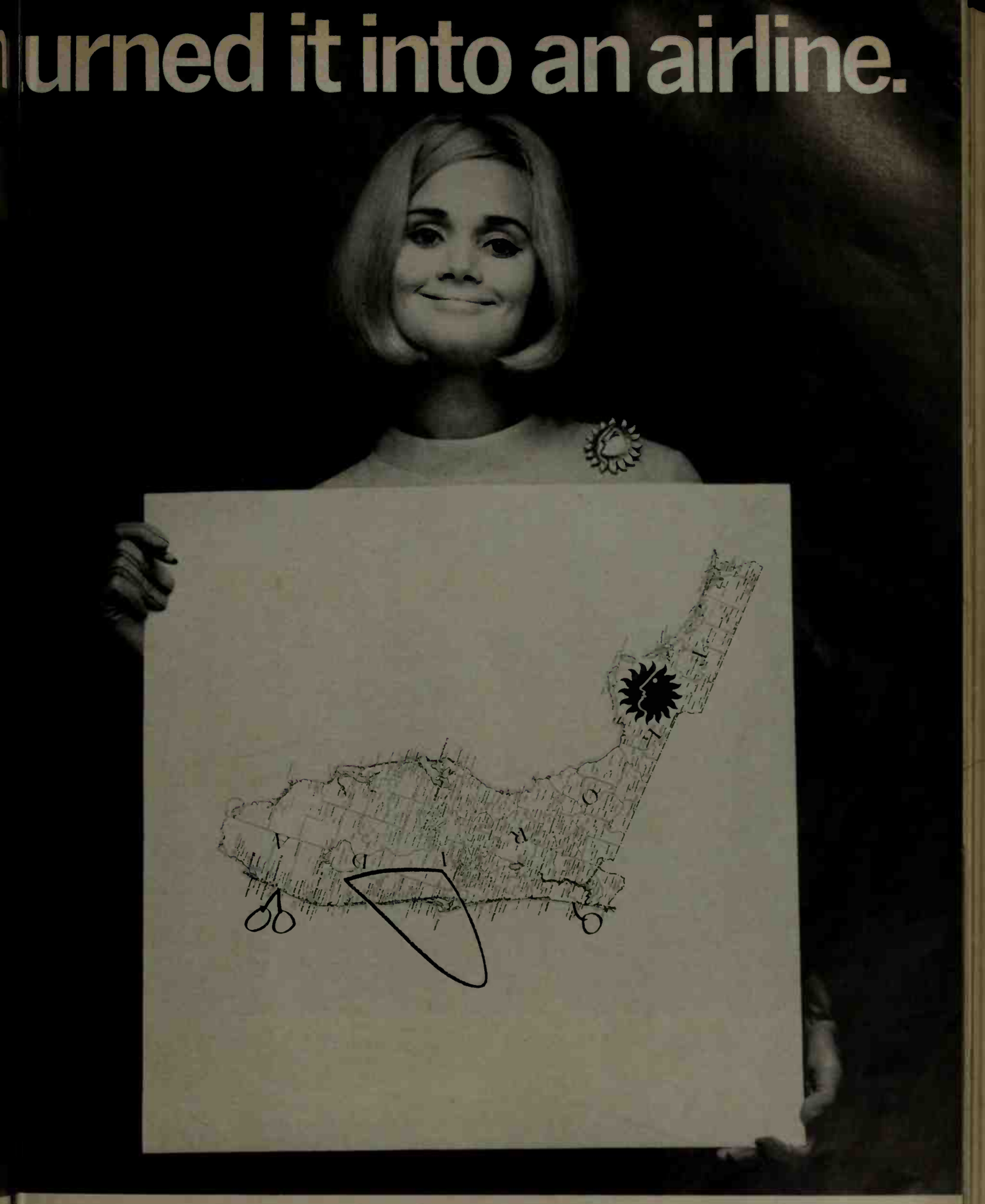
give you lots of Florida foods. Like Islamorada stuffed shrimps,
chobee hushpuppies, conch fritters, key lime pie. And we giv
Florida drinks. Florida fruit punches, Florida flips.

Even something we call a Tan-U. Open it up, and there's

urned it into an airline.



ctor staring you in the face. And, of course, the stewardesses in bright, new, Florida-colored uniforms. But as nice as these s are, they're only part of the story. The physical part.
en there's the mental part. The way you feel. Like you're in da. Call your travel agent or National.

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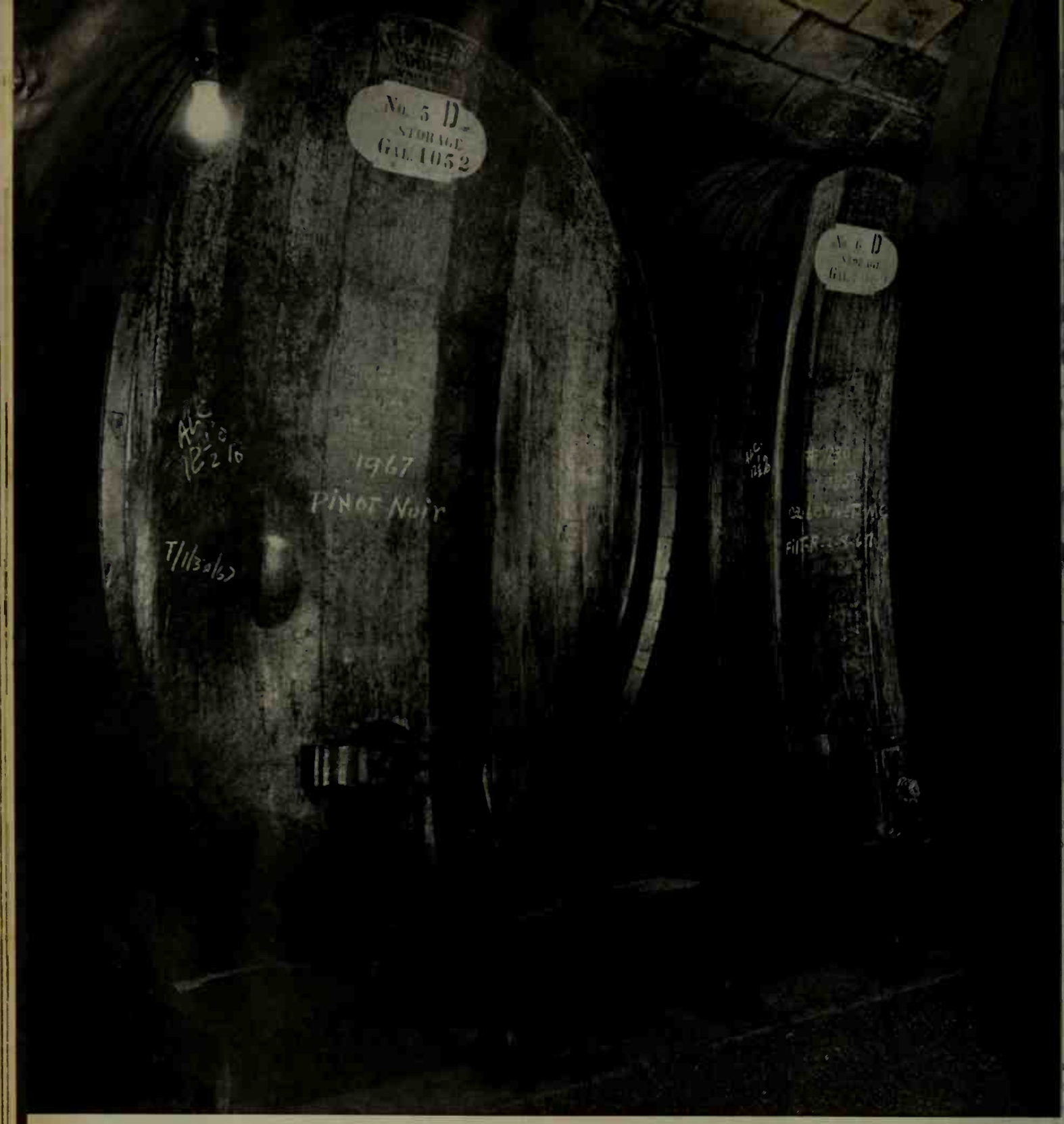
Is this any way to run an airline? You bet it is.



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Then, after it's in the bottle, it will be tasted again.

We can't make a great amount of wine this way. Just one good bottle after another. As a result, Inglenook wines are not always as readily available as we (and our customers) might like. While you're waiting for our Pinot Noir, may we suggest Inglenook White Pinot. It's a splendid white wine that matures more quickly than our Pinot Noir, but not less satisfactorily.

The unhurried wines of Inglenook

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DARROW M. WATT

ow—tassels and all—was put together h glue gun. Decorations are felt, glued backing of tightly woven cotton

r glueing felt *in place with the gun (on ing board), press with a hot iron to ad glue through fibers for a good bond*

glue gun "sews" this pillow

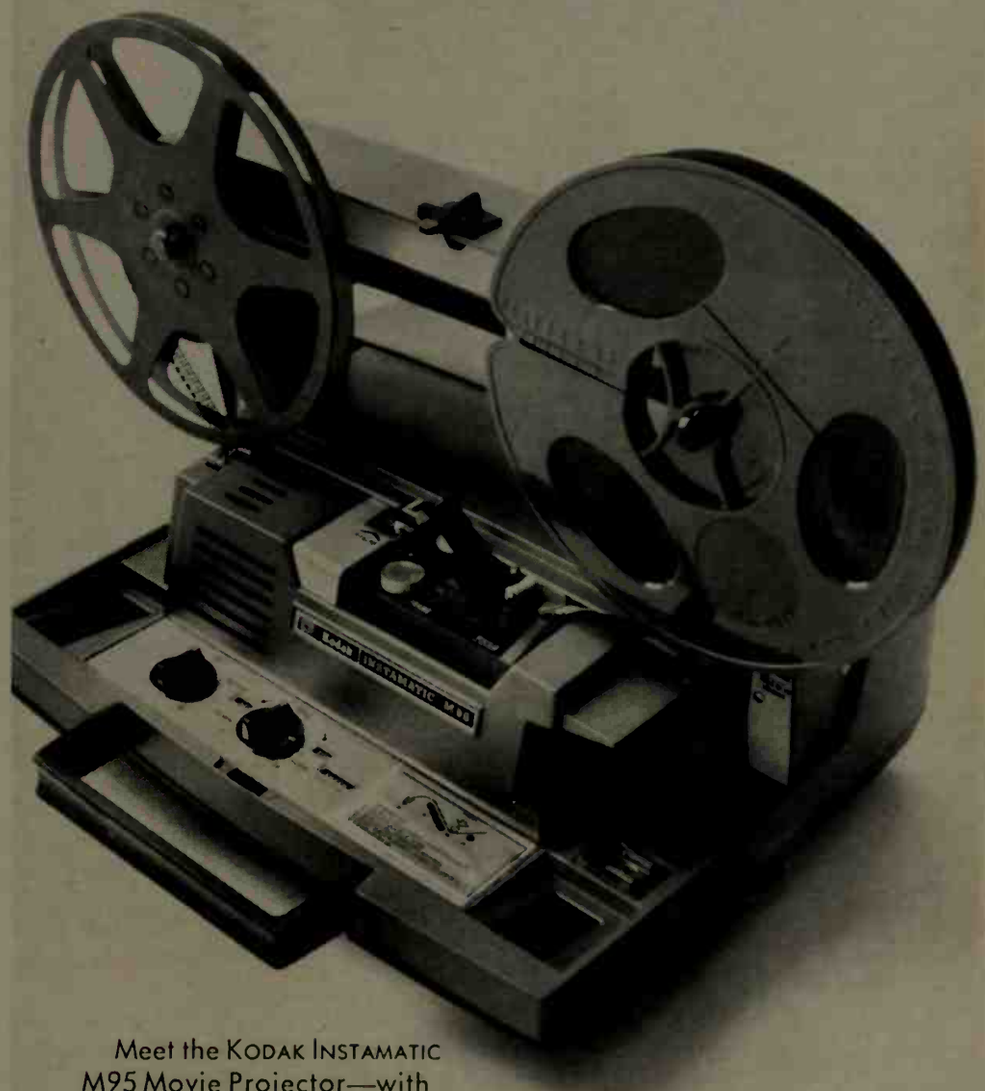
ead of a sewing machine, we used an trie glue gun to make this big, showy low. We found the gun particularly d for appliqué work. You could use same technique to make party aprons, holders, or festive tablecloths.

first reported on the glue gun in the vember 1966 issue of *Sunset* (page). Since then, the manufacturer has led a control valve to stop and start flow of glue. The gun handles cartridges of polyethylene-based, waterproof e said to withstand normal washing nditions, and comes equipped with lking cartridges, too. Available at most rdware stores for about $8, it could ve many uses around the house.

ake the pillow any size you wish; the e shown is 19 inches square. Choose a htly woven fabric such as ticking or

Kodak

SEVEN SPEEDS. AND THEN SOME.



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DARROW M. W

To insert zipper, *turn under ½-inch-de seam allowance on all raw edges; pre Insert zipper and press; then seam sid*

sailcloth for the cover. With a lar enough piece, you can fold the fabric half to form the back and front. F makes the best appliqué fabric since y don't have to turn under any raw edg If you want to make tassels, you'll nee skein of yarn.

It takes a little practice to learn to hand the gun, so keep your design simple; used triangles and medallions. Work rectly on an ironing board, because y should press the fabric after each appli tion of glue. You can protect the surfa of your board with wrapping paper.

Follow the directions that come with t glue gun. You open or close the cont valve by tapping the button on the si against a hard surface. Do not use yo finger; the valve gets very hot.

Glue the design in place first. Apply bead of glue to the felt, press it into po tion, then reinforce bond with a hot iro

When you've completed the design, tu in ½-inch seam allowance on all three (four) open sides of the pillow, and pre Insert the zipper on the side opposite t fold. Apply a bead of glue to the zipp tape and press the fabric in position. (will improve the looks of the finished p low if you let the two edges of the fabr overlap slightly just above the center the zipper.) With the zipper in plac finish bonding the remainder of the sea

If you plan to use tassels, wrap ya around your fist 35 or more times, depen ing on the size tassel you want. Tie t loops together at one end with sever strands of yarn, leaving a 2-inch tab the strands to be inserted into a corner the pillow; wrap another strand of ya around the loops just below this point form a small knob. Cut the loops at t other end and fluff out the yarn.

Tuck a tassel into each corner of the p low and seam the other two sides wi glue, pressing the bond as you go. Whe the cover is finished and the glue is dr stuff it with kapok or shredded foam.

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Sunset first reported on infrared outdo heaters in 1960. Now several companie offer electric and gas-operated units yo can mount on a ceiling or wall, use as fre standing heaters, or even move about a needed. Cost of units similar in design t those pictured here ranges from about $4 (1,000 watts, 120 volts) to about $6 (3,000 watts, 240 volts).

Units shown *are 4 feet long, operate o 240 volts, produce 10,239 BTU per hou*

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SUNSET'S

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The beginning of a new year may inspire you to try some new reci for your family. The six featured here this month all use fami ingredients but combine them in some interesting new ways.

For example, you might start a winter supper with a hot lett soup; the iceberg lettuce retains fresh flavor and crispness, and can make it almost as quickly as you can mix a green salad.

For another day, you could make a salad of orange slices and can beets, a tangy citrus dressing unites their flavors deliciously.

Two main dishes featured here take their inspiration from differ

You add the crisp shredded lettuce to this soup just before you serve it

CREAMY LETTUCE SOUP

If you prepare this ahead, add the cream shortly before serving it; reheat, then add lettuce and serve.

- 2 tablespoons butter or margarine
- 1 small onion, chopped
- 2 tablespoons flour
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 2 beef bouillon cubes or 2 teaspoons beef stock base
- 2 cups boiling water
- 2 cups half-and-half (light cream)
- About ¼ medium-sized head crisp iceberg lettuce
- Freshly grated nutmeg or minced parsley

Heat the butter in a 2-quart saucepan over medium heat. Add the onion and sauté until soft, about 5 minutes. S the flour, salt, and pepper until ble and bubbly. Dissolve the boui cubes or beef stock base in the bo water; gradually stir into onion ture. Cook, stirring, until thick and smooth. Add the cream and re slowly to just below the boiling po

Meanwhile shred the lettuce, and shreds across at about 1-inch inter (You should have about 2 cups.) to the hot soup, stir and heat for 1 nte, then serve immediately. Top serving with a light sprinkling of f ly grated nutmeg or minced pa Makes 6 servings.—*J. M., Sacram*

Marinate drained beet slices in the tart citrus dressing before making this salad

ORANGE AND BEET SLICE SALAD

Arrange the marinated beet and orange slices in alternate rows for a colorful effect.

- 1 can (about 1 lb.) sliced beets
- 3 tablespoons lemon juice
- 1½ tablespoons vinegar
- 2 teaspoons grated orange peel
- ¼ cup orange juice
- ¾ teaspoon instant minced onion
- ¼ teaspoon salt
- ½ teaspoon sugar
- ¼ teaspoon liquid hot pepper seasoning
- 2 large oranges
- Chicory (curly endive) or watercress
- 4 tablespoons salad oil

Drain the beets well, discarding liquid. In a jar or bowl combine the lemon juice, vinegar, orange peel and juice, onion, salt, sugar, and hot pepper soning. Beat or shake until blende pour over the beets in the can. R erate for at least 3 hours, or overn

Just before serving, cut the rind a the white membrane from the ora cut crosswise into thin slices. Drai beets, saving the marinade.

Arrange chicory leaves or watercr a serving plate. Alternate rows of oranges and beets, making two ro each. Add the salad oil to the res marinade; beat with a fork to l Drizzle some of the dressing ov oranges and beets; serve the rest table. Serves 6.—*H. N., San Fra*

Greeks have a delicious way of seasoning lamb with garlic, oregano, lemon

ROAST LAMB WITH ARTICHOKES

The vegetable cooks along with the roast, and benefits from its flavor.

- 1 clove garlic, minced or mashed
- 1 teaspoon *each* salt and whole oregano
- ¼ teaspoon pepper
- 1 large leg of lamb, 6 to 8 pounds
- 1 cup water
- 1 or 2 packages (8 oz. *each*) frozen artichoke hearts, thawed
- 1 can (8 oz.) tomato sauce
- 3 tablespoons lemon juice
- Rice pilaf (optional)

Combine garlic, salt, oregano, and pepper; rub all over the lamb and into the natural seams in the meat. Set into an open roasting pan (not on a rack), pour ½ cup of the water into pan. Insert a meat thermometer into the th part of the meat. Roast in a 400° for 20 minutes; reduce heat to 32 roast about 45 minutes longer.

Arrange artichokes in the pan a the roast, then pour into the pa tomato sauce and remaining ½ water. Continue to roast for 20 minutes, or until internal tempe registers 145° to 150° for mediu (or 160° to 165° for medium); several times. Remove meat to s plate and drizzle with lemon Serve with artichokes and sauc rice pilaf, if you wish. Makes a servings.—*A. E., Santa Monica,*

s of the world. There's a lamb roast flavored in typical Greek ion, and a casserole that uses leftover turkey or chicken, tor-s, and a spicy sauce that is Mexican in flavor.

recipe for spicy shrimp can be used two ways: for party appe-rs or for a supper main dish.

your own experimenting you evolve successful new recipes, we e you to share them with other Western cooks. Mail your contri-ons to Home Economics Department, *Sunset Magazine*, Menlo k, Calif. 94025. We pay $5 for each recipe that is published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

KEY CHILE CASSEROLE

ed chicken breasts will do if you have turkey on hand.

- cups diced, cooked turkey
- can (4 oz.) California green chiles (discard seeds), finely chopped
- medium-sized onion, finely chopped
- can (10½ oz.) condensed cream of chicken soup
- corn tortillas
- About 4 tablespoons soft butter
- pound sharp Cheddar cheese, shredded
- cup regular strength chicken broth

bine the turkey, chiles, onion, and en soup. Spread tortillas with but-ut each in half, and arrange 6 s over the bottom of a 9 by 13-baking pan. Spread a third of the turkey mixture over tortillas, top with a third of the cheese. Repeat layers of tortillas, turkey, and cheese two more times. Carefully pour over the chicken broth. Cover and bake in a 400° oven for 25 to 30 minutes. Cut in squares with a sharp knife and use a spatula to remove each serving. Makes 6 to 8 servings.—*W. T., Orinda, Calif.*

For a chicken casserole, omit turkey and simmer 4 whole chicken breasts in 3 cups chicken broth until tender, about 30 minutes. When cooked, dice meat, discard skin and bones. Save 1 cup of the cooking liquid to pour over ingredients in casserole before baking.

Leftover turkey makes an impressive second appearance—Mexican style

Y MARINATED SHRIMP

them as appetizers—or over rice for a light supper entrée.

- pound medium-sized raw shrimp (fresh or frozen and defrosted)
- tablespoons salad oil
- teaspoon salt
- teaspoon *each* pepper and garlic powder
- tablespoons *each* chile sauce and vinegar
- tablespoon Worcestershire
- Dash liquid hot pepper seasoning
- cup finely chopped parsley
- tablespoons butter, melted

and devein the shrimp and put bowl. Combine the salad oil with alt, pepper, garlic powder, chile , vinegar, Worcestershire, hot pepper seasoning, and parsley. Blend well and pour over the shrimp. Cover and refrigerate for 1 to 2 hours.

Spoon the shrimp and marinade into a shallow baking pan; drizzle butter over the top. Set about 5 inches under a preheated broiler, broil for 3 minutes, turn and broil 3 minutes longer. To keep warm for serving as appetizers, you might transfer the broiled shrimp and sauce to a chafing dish. Makes about 2½ dozen appetizers.—*H. B., Seattle.*

For a supper main dish, make rice pilaf from your own recipe, or prepare a package of seasoned rice mix. Serve the broiled shrimp and sauce over rice.

Just broil these flavorful shrimp and serve with picks for hot appetizers

WNIE NUT PIE

special treat for the family some ng, try this quick chocolate des-that's neither too sweet nor too for most tastes.

- 3 egg whites
- teaspoon salt
- cup sugar
- cup chocolate cooky crumbs (about 4 oz. thin chocolate wafers)
- cup chopped walnuts, filberts, or pecans
- teaspoon vanilla
- cup heavy cream, whipped
- tablespoon powdered sugar
- Chocolate curls (optional)

the egg whites with salt until soft s form. Add the sugar about 2 spoons at a time, beating after each addition until glossy; continue beating until whites hold firm peaks. Fold in the cooky crumbs, nuts, and vanilla until blended. Spread evenly in a greased 9-inch pie pan. Bake in a 325° oven for 30 minutes. Cool, then refrigerate until chilled, about 3 hours or longer.

About 30 minutes to 1 hour before serving, spread top with the whipped cream sweetened with powdered sugar, and garnish with the chocolate curls made by drawing a vegetable peeler over a bar of sweet or semisweet chocolate. Chill until time to serve. Makes 8 servings.—*M. G., Palo Alto, Calif.*

Chocolate curls made with vegetable peeler add festive topping to the pie

How to wish your family Happy St. Basil's Day

To salute *the new year, whole blanched almonds form "68" on sweet Greek yeast bread*

Children in Greece have special reason to look forward to January 1: As well as New Year's Day, it's St. Basil's Day—and St. Basil brings them presents.

In most Greek homes, the traditional *vasilopeta* (vah-see-*lau*-pee-ta), or St. Basil's bread, is made to be cut in his honor on New Year's Eve. The head of the household cuts the first slice for St. Basil, then the remaining slices for present and absent family members in order of seniority. There's a silver coin baked in the bread to bring its recipient good luck throughout the coming year.

Vasilopeta can vary from one house to the next. In some it may be a rich bread; in others a butter cake. But it is usually flavored with orange and topped with almonds and sesame seeds.

The recipe given here is traditional in the home of one of our readers. Since this recipe makes two loaves, she decorates one for New Year's Eve and freezes the second loaf, undecorated, for later breakfasts. On New Year's Eve she serves wa slices with butter and coffee; the rest sliced and toasted for breakfast.

VASILOPETA (ST. BASIL'S BREAD)

- 2 packages yeast, active dry or compressed
- ½ cup warm water (lukewarm for compressed yeast)
- ⅓ cup milk, scalded and cooled
- ½ cup butter, melted and cooled
- 4 eggs
- ¾ cup sugar
- ½ teaspoon salt
- 1 tablespoon grated orange peel
- 2 teaspoons grated lemon peel
- 5 cups unsifted regular all-purpose flour
- 1 egg white mixed with 2 teaspoons water
- About 36 whole blanched almonds
- 3 tablespoons sesame seed, optional

Dissolve yeast in warm water; let sta about 5 minutes. In a large mixer bo combine yeast mixture, milk, butter, eg sugar, salt, orange peel, lemon peel, an cups of the flour. Beat with electric mi on high speed until smooth, about 3 m utes. Gradually add remaining flour, be ing hard with wooden spoon to blend

Turn dough onto lightly floured board a knead until smooth and elastic, about minutes. Place dough in greased bowl a turn to grease surface of dough. Co and let rise in a warm place until alm doubled in volume, about 2 hours.

Punch dough down, knead lightly floured board, and divide dough in h Fold a foil-wrapped coin such as a quar into one of the loaves, if you wish. Sha each piece of dough into a smooth b taking care not to stretch the surface the dough. Place each loaf on a greas baking sheet and flatten to about 2 inc high with the palm of your hand. Let r in a warm place until almost doubled volume, about 45 minutes.

Brush both loaves lightly with the e white mixture. Arrange almonds on t of the loaf containing the coin (if used) form the numerals 68 for the new ye Sprinkle the second loaf with the sesa seed, if you wish. Bake the loaves in 350° oven about 30 minutes, or un golden brown. Serve warm; or cool bef wrapping. To reheat, wrap bread in f and place in a 350° oven about 15 m utes. Makes 2 round loaves.

Serve *warm slices of light, rich, citrus-flavored bread with butter, coffee*

DARROW M. WATT

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Skiers *rendezvous for fireside supper: frankfurters and pound cake toasted over log fire, savory Swiss beer fondue, fresl*

Cooking at the fireplace

At home or in ski country fireplace cooking is fun, and you can let guests do some cooking on their own

open fire just naturally sets the mood a convivial gathering. And since food ked over coals always seems to please sts, you may want to plan an informal ner around your fireplace.

eat helps when you bypass the kitchen such simple, inexpensive utensils as a rtable grate, popcorn popper, metal ks, and hinged wire broiler. This is also ime when cooperative cooking is most propriate and adds to the festivity.

ese two menus adapt equally well to a use or cabin fireplace, and to a group of nished skiers as well as to an at-home rty gathering. The first supper includes Swiss-style cheese fondue and several hes toasted over a log fire. The second tures steak barbecued over charcoal.

Cheese fondue supper

ests can spear barbecued frankfurters d French bread and dip them into a r-flavored cheese fondue.

Swiss Beer Fondue
Barbecued Miniature Frankfurters
French Bread
Mixed Green Salad
Winter Pears and Grapes
Toasted Pound Cake

u might delegate a guest to combine fondue over an alcohol burner while u dress a mixed green salad with oil and egar and garnish with cherry tomatoes l avocado slices. Precook all the franks gether in a hinged wire broiler over the ls. Use this same broiler or another to toast slices of pound cake for dest (see photo, left).

iss Beer Fondue. Coarsely shred ½ und *each* Swiss or Danish Gruyère msoe) cheese and Swiss Emmanthaler l mix with 1½ tablespoons cornstarch, easpoon dry mustard, ½ teaspoon gar- salt, and dash pepper.

at 1 can (12 oz.) beer and 1 tablespoon ion juice in a fondue pot over moderate t of an alcohol burner. When bubbles rt to rise to the surface, add cheese xture, a spoonful at a time, and stir wly in a figure-8 pattern with a wooden oon until all the cheese is blended to a ooth sauce. If the cheese and liquid should refuse to blend together, increase heat. If that fails, mix 1 tablespoon *each* cornstarch and cold water and stir into the hot mixture; keep stirring until it blends together.

Cut 1 small loaf French bread into 1-inch cubes with some crust on each; pile into a basket. Skewer French bread or barbecued frankfurters (directions follow) with a fork and dip into the cheese mixture. Serves about 4.

Barbecued Miniature Frankfurters. Place 1 pound small cocktail frankfurters in a wire broiler and heat over the coals just until they are hot through and start to toast. Place in a hot serving dish.

Toasted Pound Cake. Slice a fresh or frozen pound cake into ¾-inch-thick slices, place in a wire basket, and toast over coals.

Intimate steak supper

An inexpensive, collapsible camp grill, available in hardware stores, makes a fine cooking surface for barbecuing steak and supporting other foods while cooking or heating. (See photo below.)

Barbecued Sirloin **Parsley Herb Butter**
Grilled French Fries
Butter Lettuce Salad
French Pan Rolls
Apples in a Basket
Rum Babas (optional)
Chocolate Marshmallow Sandwiches (for children)

Lay a fire with charcoal briquets, instead of wood, for flame-free cooking that is easy to control. If your grate has an open shape that will not hold charcoal, you can make an impromptu grate simply with a piece of fine-mesh hardware cloth. Cut the piece about 16 by 24 inches in size and bend up each side about 1½ inches to keep the charcoal from rolling out; place on top of grate or andirons.

Cook the steak and French fries simultaneously over the coals. Heat the rolls in a heavy foil pan, if you wish. Serve 1 can (12 oz.) rum babas, heated in their own syrup in a foil pan on the grill; if you wish, flame them with 2 tablespoons rum.

Barbecued Sirloin. Place a 1-inch-thick top sirloin steak (about 2 pounds) over coals on a grill and barbecue on both sides, allowing about 4 to 5 minutes on a side for rare meat. Cut in servings and serve with parsley herb butter. Serves 4.

Parsley Herb Butter. Finely chop together ½ cup chopped parsley, 2 cloves garlic, and the white part only of 3 green onions. Heat ½ cup butter and stir in 2 teaspoons lemon juice and 1 teaspoon *each* anchovy paste and Dijon-style mustard. Remove from heat and stir in the minced greens. Makes 1 cup sauce.

Grilled French Fries. Place 2 packages (8 oz. *each*) frozen French fried potatoes in a popcorn popper or other wire basket and place on a grill over the coals, shaking occasionally, for 10 to 15 minutes, or until browned and cooked through. Serves 4.

Chocolate Marshmallow Sandwiches. Toast marshmallows over coals. For each one, place 2 thin squares chocolate bar candy on a chocolate wafer cooky, top with a hot toasted marshmallow, place a second wafer cooky on top, and squeeze together.

DARROW M. WATT

cond fireside dinner *features sirloin steak illed over the coals. French fries, rolls, d marshmallows also heat over the fire*

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DARROW M. WATT

on rum whipped cream sauce over pear
s for refreshing light winter dessert

Whipped sauces over fresh fruit

anuary pineapples, pears, bananas, and
les are particularly good for dessert
n enhanced by a delicate, flavorful
e. These two whipped cream sauces
plement fresh chilled or hot baked
ts.

WN SUGAR RUM SAUCE

2 eggs, separated
½ cup brown sugar, firmly packed
1 cup heavy cream
2 tablespoons rum or
½ teaspoon rum flavoring
Nutmeg

t egg yolks until thick and light and
lually beat in ¼ cup of the brown
r. Beat egg whites until soft peaks
and gradually beat in the remaining
up sugar. Fold the yolk mixture into
meringue. Whip cream until stiff, stir
um, and fold into the egg mixture.
into a sauce bowl and dust the top
nutmeg. Chill. Serve over fresh sliced
apple (marinated in rum, if desired)
liced winter pears. Makes 3 cups.

NGE CREAM SAUCE

1 cup heavy cream
3 tablespoons orange juice concentrate
3 tablespoons sugar

e cream, orange juice concentrate, and
r in a bowl. Whip until stiff. Serve
r hot baked apples, baked bananas, or
d winter pears. Makes 2 cups.

食譜三 RECIPE No. 3

HONG KONG REVEALS THE FINEST IN CHINESE COOKING

The Hong Kong Tourist Association help Sunset readers share the secrets of preparing some of the choicest dishes ever to come out of the Orient.

Last month we featured a typical Cantonese dish. This month's recipe is from Shanghai.

香酥鴨

FRAGRANT DUCK

(HEUNG SO ARP)

INGREDIENTS:

1 four-pound duck
2 teaspoons salt
1 8 teaspoon black pepper
3-4 pieces Faah Jui (Chinese Pepper)
1 8 teaspoon Wooi Heung (five spices powder)
2 stalks spring onion
1 tablespoon dark soy sauce
2 tablespoons Chinese wine
2 pieces of raw ginger
enough oil for deep-frying
2 tablespoons of cornstarch
1 2 teaspoon monosodium glutamate

METHOD: Clean duck, rub in monosodium glutamate, salt, black pepper, sliced ginger, Chinese wine, Faah Jui and Wooi Heung . . . let this stand for 1 hour. Steam the duck for two hours and cover with a piece of paper. After steaming, dry thoroughly. Rub in 1 tablespoon of dark soy sauce, 2 tablespoons of cornstarch and deep fry until it becomes crisp (about 15 minutes). In a condiment dish, mix salt & ground black pepper. Serve duck while very hot and crisp. Sprinkle with raw sliced spring onion. Pieces of duck are dipped in condiments before they are eaten.

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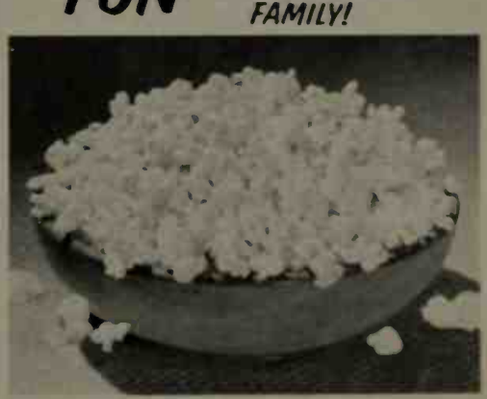

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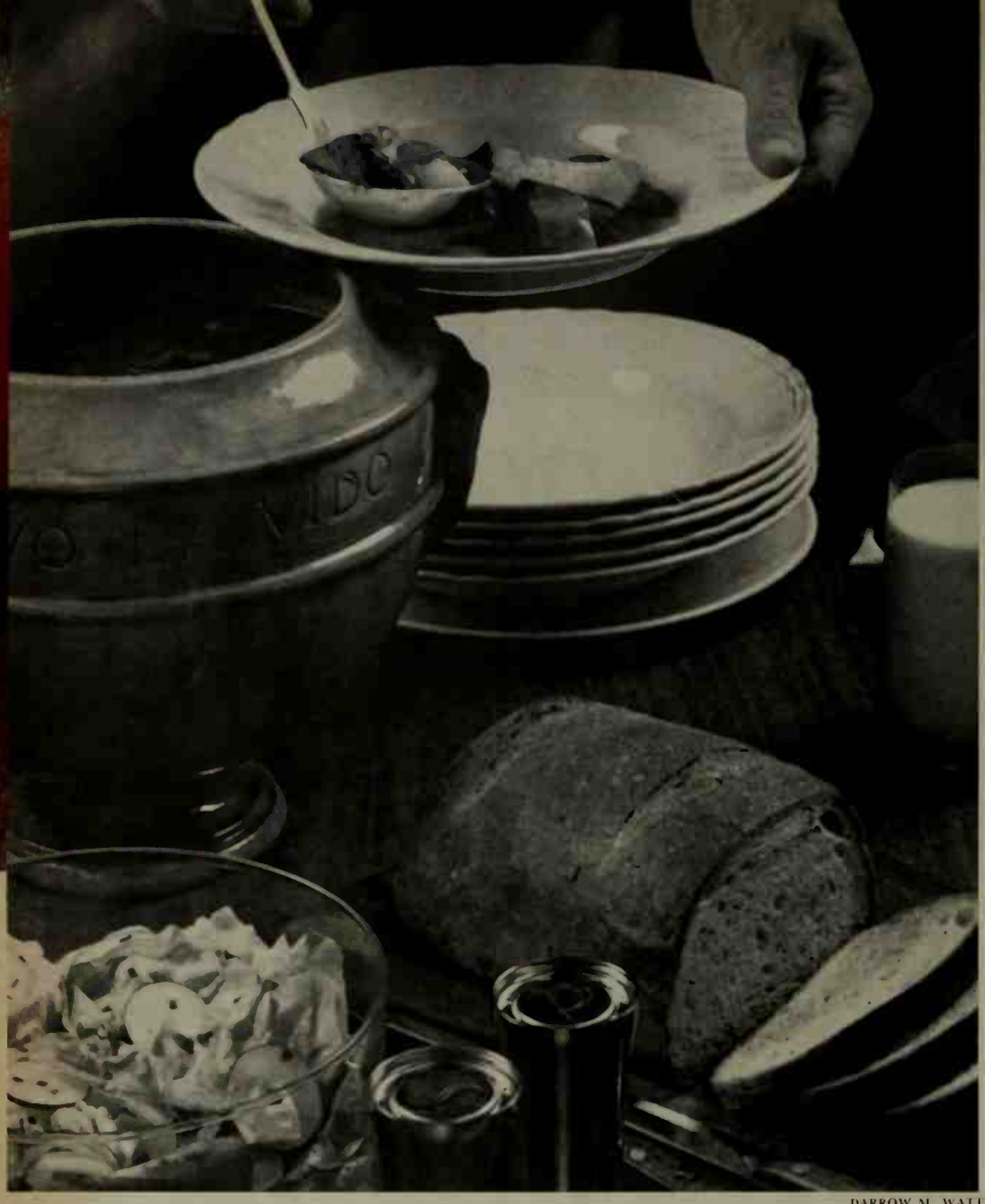

DARROW M. WATT

Goulash soup *makes a filling party or family dish; serve it with rye bread and a salad*

JANUARY MENUS

Welcome the new year with simplicity... a soup supper party, a bake-ahead breakfast, an end-of-the-turkey dinner

After the sometimes staggering array of holiday foods in December, simplicity at mealtime may be welcome. That's why each of our January menus is planned around just one substantial main dish, to which you can add whatever accompaniments you wish.

The supper, which could be an informal party, is based on a goulash soup. The breakfast features individual loaves of a quick, whole-grain bread. The family dinner is planned around a colorful risotto that takes care of what remains of the Christmas turkey.

Soup supper party

Our goulash soup is the dish Hungarians call *gulyás* (pronounced goo-*yahsh*). Its principal seasoning is sweet Hungarian paprika, available in delicatessens and the food sections of many import discou stores in large cities in the West (y could use regular paprika instead). Se the tart butter lettuce salad as a fi course or, in the more characteristica eastern European fashion, side by s with the hot soup.

Goulash Soup *(Gulyás)*
Butter Lettuce Salad Chive Dressi
Rye Bread
Warm Apple Strudel or Apple Turnove
Whipped Cream

If you have the time, it's best to m this soup a day or two ahead; refriger skim, then reheat it. For the salad fresh or freeze-dried chopped chives your favorite oil-and-vinegar dressi Buy the apple dessert you prefer—stru or turnovers—at a bakery (or frozen packaged). Heat either one during main part of the meal, then serve dessert warm.

Goulash Soup

- 3 pounds boneless beef chuck, cubed
- 2 tablespoons *each* salad oil and butter or margarine
- 2 large onions, chopped
- 1 small clove garlic, minced or mashed
- 1 tablespoon sweet Hungarian paprika, or regular paprika
- 5 cups water
- 1 large green pepper, seeded and cut in strips
- 2 teaspoons salt
- 1/8 teaspoon pepper
- 1 teaspoon caraway seed
- 2 tomatoes, peeled, seeded, and coarsely chopped
- 1 small, dried, hot chile pepper, crushed (optional)
- 2 medium-sized potatoes, cut in eighths

Brown meat, about one quarter at a t in heated oil in a large deep pan (at 4-quart size); remove and reserve me it browns. When all is browned, pou any pan drippings and discard them; butter in the same pan over medium Add onions and garlic, and cook onions are soft and golden (do not bro blend in paprika. Stir in browned and its juices, water, green pepper, pepper, caraway seed, chopped toma and chile (if used).

Bring soup to a boil, reduce heat, c and simmer for about 2 hours, or meat is almost tender. If possible at point, cool the soup slightly, cover, refrigerate for several hours or overn skim off fat and discard it, then bring to a simmer again. Add potatoes and for 20 to 30 minutes more, until both toes and meat are tender. Serve steaming hot. Makes 6 servings.—*B Palo Alto, Calif.*

Bake-ahead breakfast

Little loaves of currant-studded gr bread turn breakfast into a special sion. Bake the quick bread in small (the size in which condensed soup

SMOOTH AS VELVET. TAKE A PEAK.

ast smooth.
t-smooth!

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Mandarin Minted Mold:

Blend ½ c. Kraft Mayonnaise with ⅓ c. Kraft Mint Flavored Apple Jelly which has been melted in ½ c. water. Add 1 3-oz. pkg. lime flavored gelatin dissolved in 1 c. boiling water. Chill until slightly thickened.

Then fold in 1 c. each diced pears and mandarin orange sections and ⅓ c. chopped pecans. Pour into 5-cup mold; chill until firm. 6 servings. *P.S. Don't forget—Kraft's is the smoothest thing going for Cracked Crab.* KRAFT

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Wild Chicken in Champagne Sauce

1 package (6 oz.) Uncle Ben's Long Grain & Wild Rice
1 chicken, quartered
¼ cup flour
Salt, pepper, ¼ teaspoon ginger
½ stick butter (¼ cup)
1 onion, quartered
1 carrot, quartered
1 bay leaf
1 split champagne or 1 cup dry white wine
1 cup heavy cream
1 can (8 oz.) green grapes

Prepare rice according to package directions, keep warm. Meanwhile, shake each chicken piece in paper bag with seasoned flour; use all the flour. Brown slowly in salted butter. Add onion, carrot, bay leaf, and champagne or wine. Cover pan, simmer 25 minutes, until chicken is tender. Arrange rice on heated serving platter. Place chicken on top. Discard onion, carrot, and bay leaf. Add cream and grapes to the sauce, heat without boiling. Spoon sauce over chicken. Makes 4 servings.

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All the magic of wild rice at less than half the wild price

DARROW M.

Your own loaf *of graham bread for a w breakfast—with egg, juice, and sa*

canned). Serve the loaves with butte marmalade, juice, eggs, and sausage individual appetites dictate.

Chilled Apple Juice
Soft-Cooked Eggs
Link Sausages (optional)
Little Graham Loaves
Butter Marmalade or Peach Ja

Plan to bake the bread the day befor serve it; wrap cooled loaves in foil, reheat as needed. The loaves can al frozen and reheated.

Little Graham Loaves

1½ cups unsifted regular all-purpose flour
1 teaspoon soda
¾ teaspoon salt
½ teaspoon baking powder
1 cup graham flour
½ cup currants or seedless raisins
¼ cup butter or margarine, melted and cooled
¾ cup honey
1¼ cups cultured buttermilk
2 teaspoons grated lemon peel

Sift together flour, soda, salt, and b powder. Stir in graham flour and cur Beat butter and honey with a r beater until smooth; blend in butte and lemon peel. Add buttermilk mi to flour mixture; stir just until dry dients are moistened. Divide batter e into 5 well greased 10½-ounce can Bake in a 375° oven for 30 to 35 mi or until a pick inserted in center of loaf comes out clean. Cool in cans o for 5 minutes; remove from cans and immediately, or complete cooling, individually in foil, and reheat in a oven for 15 to 20 minutes (if froze crease reheating time to 45 min Makes 5 loaves.—*B. F., Carmichael,*

Last-of-the-turkey dinne

Use a packaged chicken-flavored ric as the base for this meaty main dis

hat Kind of Milk should you Drink on your Diet?

n you are on a reducing diet there's temptation to go overboard and omit foods entirely. But don't rob your by cutting out any of the essential nts. Build the foundation of your meals four Food Groups:

Milk Group; 2. Meat Group; 3. Vegs and Fruits; 4. Breads and Cereals.

h of these groups makes its own special bution to your well-being and an extra of one cannot make up for a shortage ther. For example, an additional glass nge juice, though rich in vitamin C, cannot replace milk. Neither can milk, with its unique supply of calcium, protein and riboflavin, take the place of fruit. But now there are several different KINDS of milk.

Whole Milk: The most widely used milk. Usually homogenized so that the cream is evenly distributed. (Only 3.5% fat content.)

Low-Fat Milk: Milk in which the fat content has been lowered by about 40% and the other nutrients increased. Many dieters prefer its taste to non-fat milk. (Only 2.0% fat content.)

Non-Fat (or Skim) Milk: Milk without butterfat—for weight watchers since it contains fewer calories than whole milk.

Buttermilk: Non-fat milk to which a lactic acid-producing culture has been added to give a characteristic tangy flavor.

With this choice you can continue to get the key nutrients of milk while staying on your diet.

****

Brought to you by the Dairy Council of California in the interest of everyone concerned with improving family health. For free brochure entitled, "Today's Dairy Foods" write Box 2066 S, Sacramento, Calif.

The "inside" cookout

(And an inside story that automatically makes you a member of the elegance club.)

Ten years ago, there weren't enough Rock Cornish Hens in the entire world to satisfy the exquisite tastes of the elegant few. And it was the elegant few who quickly discovered that of all poultry and game birds, the Rock Cornish Hen was the most remarkable:

—virtually all white meat, with a most extraordinary subtlety of flavor and young moistness.

—less of the heaviness, fattiness, and coarser texture of all other birds (and lower in calories than any other meat).

—quick and easy to prepare—barbecued, grilled, roasted—adaptable to the simplest recipes...or the most complicated cuisines.

—the perfect size—one bird per person. No carving; no keeping track of who gets what.

Today, Tyson's Pride supplies Rock Cornish Hens to the elegant many. By the shopping-cart full. Budget-priced and barbecue-ready. Just skewer a brace on your grill's rotisserie, brush with your favorite marinade, and serve! (Inside or out.)

Each adult gets his own bird, and half a hen for each child is the most delicious way yet to keep peace on the patio.

Tyson's Pride
ROCK CORNISH GAME HEN

FREE RECIPES (indoor *and* outdoor): Drop a note to Tyson's Pride, Box S-1, 175 Fulton Ave., Hempstead, N.Y. 11550

takes care of leftover holiday tu
Serve it quickly molded into a
cone, or spooned into a casserole.

Tart cranberry sauce, which you
also have on hand, complements the
of the poultry. Italian green beans
colorful addition.

Turkey Risotto
Italian Green Beans Cranberry S
Hard Rolls
Nut Brittle Freeze

Frozen Italian green beans are q
prepared. The dessert, which uses
favorite nut brittle, should be made
and frozen. Serve it in scoops, or in w
cut from a pretty mold. The dessc
be easier to spoon out if you move i
freezer to refrigerator about 30 m
before serving.

Turkey Risotto

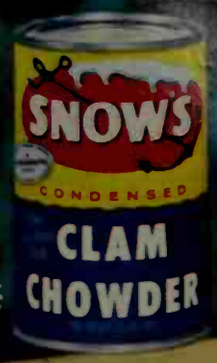
- 6 tablespoons butter or margarine
- 2 medium-sized onions, finely chopped
- 1 clove garlic, minced or mashed
- 2 medium-sized carrots, shredded
- 1 package (7 oz.) chicken-flavored rice
- ½ pound mushrooms, sliced
- ½ pound chicken livers, coarsely choppe
- ½ teaspoon salt
- ¼ teaspoon poultry seasoning
- Dash pepper
- ½ cup regular strength chicken broth
- 3 cups cubed cooked turkey
- ¼ cup chopped parsley
- 1 egg, slightly beaten
- Shredded Parmesan cheese
- Parsley sprigs and carrot curls (for garnish)

Melt 4 tablespoons of the butter in
frying pan; in it sauté onions, gar
carrots until onion is soft. Prepa
mix following package directions.
while, add mushrooms, chicken live
poultry seasoning, pepper, and the
ing 2 tablespoons butter to onion m
sauté for about 5 minutes longer,
occasionally. Add broth and tur
sautéed mixture and cook, stirrin
sionally, until liquid is reduced b
half. Blend in cooked rice, parsl
egg; cover and simmer until all ingr
are thoroughly heated.

Press rice mixture into 2-quart r
deep bowl, let stand for about 2 m
then invert onto a warm servin
Sprinkle generously with cheese,
with parsley and carrot curls, an
with additional shredded Parmesa
to sprinkle over each portion. M
servings.

Nut Brittle Freeze. Whip 2 cups
cream, 1 teaspoon vanilla, and ⅛ t
almond extract until stiff. Fold in
crushed peanut, almond, coconut
bert brittle. Spread in a 5 to 6-cup
a 9 by 5-inch loaf pan. Cover wit
clear plastic film, and freeze unti
to 4 hours. Unmold and cut into
or let mellow in refrigerator for 30
before scooping into dessert dish
nish with additional nut brittle
wish. Makes 6 to 8 servings.—*Z. I*
der Creek, Calif.

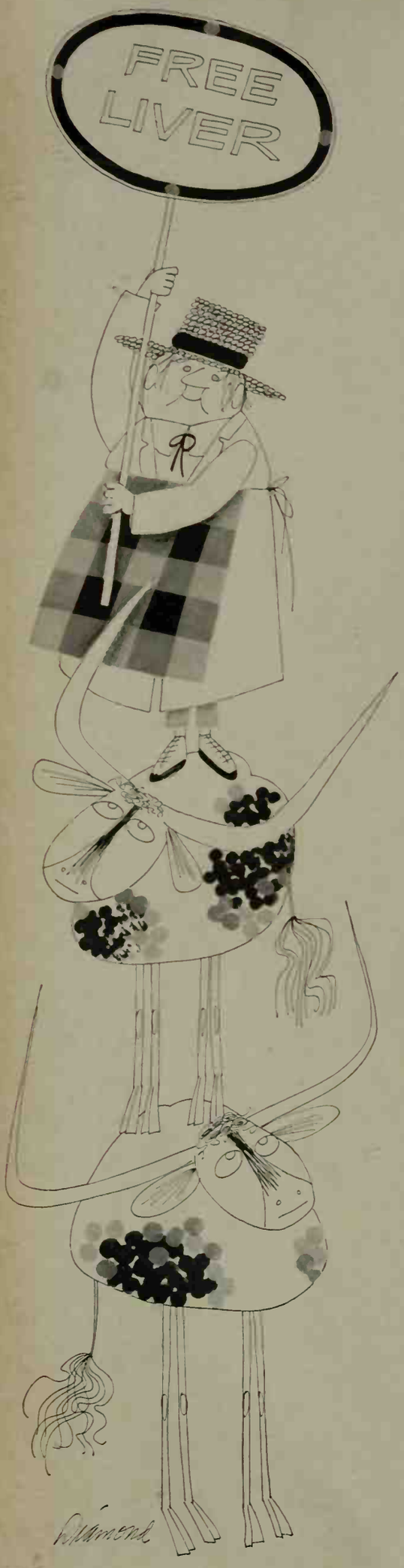
Soup just can't match it!



The chowder in the large can!

There's nothing so satisfying with your favorite sandwich as Snow's New England Style Clam Chowder. Full of plump, juicy deep-sea clams and tender potato cubes along with tasty herbs and choice spices. All you do is add milk and simmer with a piece of butter . . . lunch is ready! Sure to satisfy family or friends any day you serve it. Try it this week and see.

Try these other all-time favorites:
Snow's Fish Chowder — Seafood Chowder
Manhattan Clam Chowder — Corn Chowder
Minced Clams



"He knows a good thing when he cooks it and has the skill to sidestep prejudice"

Liver, like other interior portions of the steer, can be a controversial dish. In this cattle-rich and steak-conscious country, butchers once gave liver away, considering that no one would actually pay money for it. That era is long gone, but some of the feeling lingers, and a tempting dish of sautéed calves liver may not always bring on excited cries around the dinner table.

Chef G. W. Phillips, like others of his enlightened fraternity, knows a good thing when he cooks it and has the skill to sidestep the modicum of prejudice that remains. He says:

"Liver is scorned by most folks because their usual exposure is to a dish resembling a discarded shoe sole. At our house, even the 2½-year-old loves liver prepared my way." And one of our testers, a man with a liver prejudice, says: "Yes, if you must serve liver, let it be like this."

GINGER LIVER A LA PHILLIPS

- 2 large onions, thinly sliced
- 3 tablespoons butter or salad oil
- 4 slices calves liver (about 1 lb.)
- 4 tablespoons soy sauce
- 2 tablespoons Sherry
- 1 teaspoon freshly grated ginger

In a large frying pan, sauté onions in 2 tablespoons of the butter for 10 to 15 minutes or until golden and limp; lift out onto serving platter and keep warm. Meanwhile trim liver of exterior membrane and cut into 2 by 2-inch squares. Add remaining tablespoon of butter to frying pan, and over high heat quickly brown liver squares on one side (about 1 minute). Turn liver; add soy, Sherry, and ginger. Cook about 2 or 3 additional minutes, basting with the liquid. Arrange liver on platter with onions and pour over any remaining pan juices. Serve with sourdough bread and a green salad. Makes about 4 servings.

Gus F. Phillips

Saratoga, Calif.

"Wine Hog #7 is what I call this tion," says *Chef* Fred Cherry, a devot puns as well as good food. The sta point for pun and recipe is that wine age barrel known as the hogshead or

"The #7 refers to the seven wines were used, though any greater or l number could be used if the hand changed correspondingly. If you us many kinds as I did, an ounce or tv each is enough."

Just any seven wines (or any single v won't do here. You must use sweet, f wine to complement the citrus and grapes that you cook with the por should be white or amber, so as n spoil the color of the meat or sauce tested Madeira, Cream Sherry, W Port, and Muscatel and found them factory, but you will want to experi further.

WINE HOG #7

- About 1 cup dessert wine (one or sever kinds as circumstance dictates)
- 12 thin slices fresh ginger (about a ¾-inch piece)
- 4 pound pork loin cut into chops
- 1 large orange, thinly sliced
- 1 large lemon, thinly sliced
- About 1 cup stemmed seedless grapes
- 1 tablespoon butter

To the wine or wines, add the sliced g and let steep overnight in the refriger Place pork loin in a deep containe pour over the marinade, discarding gi Allow to marinate several hours or night, turning the meat several t Insert orange and lemon slices bet chops of marinated loin. Tie seer Place meat on spit and cook over fire until meat thermometer registers (Or place on a rack in a roasting p oven at 325° until meat thermomete isters 170°, about 2½ hours.) Baste quently with marinade to glaze i When meat is nearly done, pour pan pings into a small pan. Skim off fat add any remaining marinade. Hea

Chefs of the West®

The Art of Cooking . . . by men . . . for men

Fruity wine complements the citrus and fresh grapes . . ."

es in this mixture, adding butter. Pour e sauce over the roast before serving. es 6 to 8 servings.

Fred Chaney

San Francisco

es Harahan of Encino proffers this ate dish of chicken breasts with the wing historical comment:

is is my own concoction as far as I w, but I've decided to name it after grandfather, Louis Mouquin, who was of the great restaurateurs in New k early in this century."

LET MAISON MOUQUIN

- 3 tablespoons butter
- 1 tablespoon salad oil
- 4 whole chicken breasts, boned, skinned and cut in halves
- 1 medium onion, chopped fine
- ½ cup dry white wine
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- ½ teaspoon grated lemon peel
- ½ teaspoon tarragon
- 2 egg yolks
- ⅓ cup regular strength chicken broth

heavy frying pan, heat the butter oil together over medium heat and é chicken breasts on both sides, about inutes. Remove from pan, and add ped onion, cooking until translucent. on off fat, return chicken to pan with ns, add wine, salt, and pepper. Cover simmer 15 minutes, or until chicken st white throughout. While chicken niers, place lemon peel and tarragon ther in a cup and mash with the back spoon. Mix in egg yolks and broth, ng well. Transfer chicken to a warm ing platter and pour broth and egg ture into pan. Stir constantly, scrap- pan until mixture begins to thicken. ove immediately from heat, pour over ken, and serve. Serves 4.

Jim Harahan

Encino, Calif.

When you serve Saffola on the butter plate, only your doctor can tell the difference.

The important difference in Saffola margarine is safflower oil. This 100% vegetable oil is highest in good poly-unsaturates — and lowest in saturated fats. Yet Saffola tastes just like the real thing: the rich, expensive spread. When your doctor recommends that you guard your health with a fat-control diet, switch to Saffola. He'll notice the difference. (But nobody else will.)

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Four delicious ways to control the fat in your family's diet.

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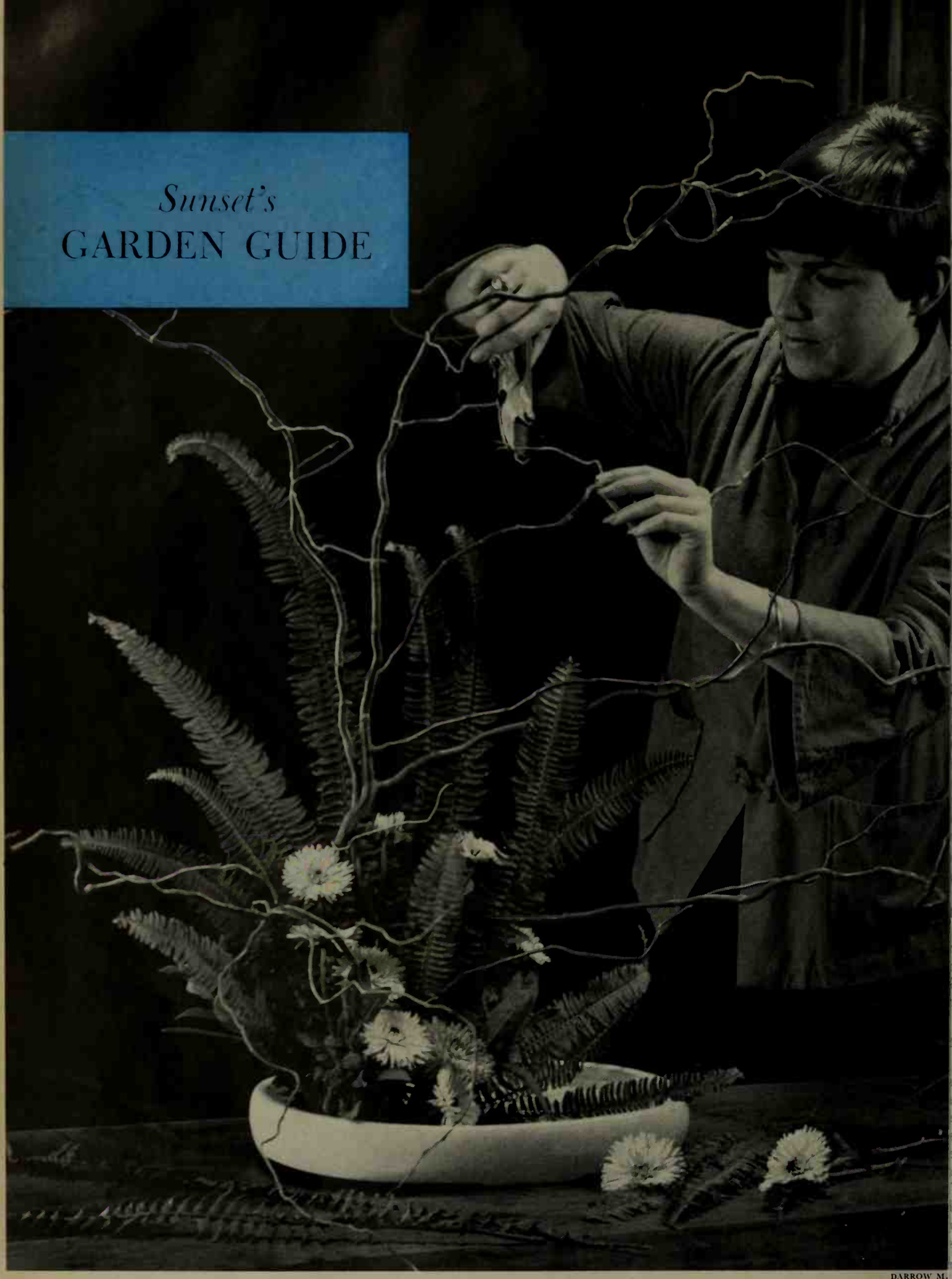

DARROW M.

Midwinter arrangement made with bare branches of corks willow, southern sword fern (Nephrolepis cordifolia), *cala las. After a few weeks in water, light green leaf buds of w will start unfolding. The fern fronds stay fresh for a long*

Later, corkscrew leafs out

JANUARY IN YOUR GARDEN:

It's prune, spray, weed . . . or sharpen, clean, mend

anuary, good weather will find you ning deciduous trees and shrubs, ying fruit trees, and keeping ahead of ls. But the weather isn't always good. 's raining, or if the ground is wet, d taking up jobs that involve digging ultivating garden areas. Working wet (even walking on it) compresses it, es out air, and slows penetration by water, and roots.

ead, find a sheltered spot and take the ortunity to sharpen, clean, and mend and other garden equipment. Restore s to hoes, cultivating tools, and spades a file. Replace broken or cracked han- Scrape off dried dirt with a stick, clean off rust and give tools a light ng with an oily cloth. You can com- the last two jobs by thrusting the into a bucket of oily sand.

k over the tank sprayer, clean the dle, and check hose and gaskets; you'll sing this tool quite a lot from now on.

rgain rose book

page 94 we introduce the new roses 1968. If you are interested in older s (those that date from the dawn of history up to 1967), you should buy py of *A Handbook for Selecting Roses*. can order it from its publisher, the erican Rose Society, 4048 Roselea Pl., umbus, Ohio 43214. Cost is 10 cents.

your dime you get a closely printed, age book that lists more than 1,000 s and furnishes information on dits, colors, and national quality rat- . To guide you through this vast mulation of fact, variety lists are bro- into sections—Hybrid Tea, Floribun- Grandiflora, Miniature, Climber, yantha, and Shrub.

ach leaf curl

h spring nurserymen get many re- sts for information about a disease that cts peach leaves, causing them to swell, ker, curl, twist, and change color. The ase is, of course, peach leaf curl, and requests for information always come late; by the time the symptoms occur, e's nothing you can do about it until nths later. Thorough and proper con- by spraying during the dormant sea- is the only control.

formed leaves, before withering and pping, produce a crop of spores that w about and finally come to rest, many them on branches or twigs of peach, vering peach, or nectarine. Here they remain until late winter or early spring of the following year, at which time they invade expanding buds. In ordinary infestations, leaves develop symptoms, shed spores, wither, and fall. Usually a second set of healthy leaves follows, but the tree is weakened. Several successive years of leaf loss can kill a tree.

To break the cycle of infection, spray the dormant tree to destroy infective spores. Basic spray materials are copper and lime sulfur.

Copper sprays (Bordeaux mixture, copper, and oil preparations) are persistent on tree bark; one thorough spraying any time after leaf fall and before opening of the buds should suffice.

Lime sulfur is less persistent; an early winter spraying may fail because the material has washed off in winter rains, permitting surviving spores to spread back to the buds. If you use lime sulfur, spray just before buds open.

Control sounds easy; it is, if weather and spray technique are right. But a few wet weekends at a critical time of year may keep you from getting your dormant spraying done. Clogged spray equipment or improperly mixed and agitated spray may keep control chemicals in the tank instead of putting them on the plant.

The most likely mischance is that hurried, impatient spraying may leave some twigs and buds unprotected by spray material. Be sure to cover all sides of all branches and twigs with spray, and carry spray out to the very tips of the twigs. Any area you skip will have live spores to infect new buds; if heavy rains follow a spraying, the spray material may wash off the plant, and spores may spread back to sprayed areas.

Spray materials are so cheap and spraying is so easy that any gardener with only a few trees might well be cautious and spray twice—once after leaves have fallen, and again just before buds open. If rains are unusually heavy be sure to spray twice.

Dwarf forsythia available

Forsythia has always been a popular shrub with inland gardeners. Near the coast it fails to thrive because of insufficient winter chill. It blooms well in coastal valleys, but gardeners there often ignore it in favor of smaller, more compact, evergreen shrubs. Most forsythias look really good only when permitted to take a natural form—which means a fountain, up to 10 feet tall and nearly as wide.

This fountain is splendid in golden bloom and pleasant enough in summer leaf, but just too big and too lifeless for most gardens after its leaves have fallen. A dwarf forsythia (*F. viridissima* 'Bronxensis'), much smaller and far more adaptable to small gardens, is in good supply this year.

First observed at the New York Botanical Garden in 1939 and named in 1947, this forsythia has been slow getting into the nursery trade because it is harder to propagate than other forsythias.

DON NORMARK

Dwarf forsythia *lifts yellow spires beside boulder. Won't grow over 1½ feet high*

It grows very slowly to 12 to 16 inches tall and 2 feet wide. It will not shade out or crowd out choice plants growing near it, and is excellent to use in flower borders or rock gardens. Its bright yellow, very early flowers are near enough to the ground to contrast well with blues and whites of grape hyacinths, pansies, violas. Plants in gallon cans sell for about $1.50.

Elegant beeches

"Elegant" is a much overused adjective, but there are times when its use is justified. It is hard to describe European beeches (*Fagus sylvatica* and its varieties) without using "elegant" because they fit so well most dictionary definitions of the word. They are "tastefully ornate," "marked by grace and refinement," and "excellent, first-rate."

Now is a good time to shop for and plant beeches; fresh plants, both balled and burlapped and container-grown, have come

Sunset's GARDEN GUIDE

in from growers in the Northwest. Balled and burlapped plants are neither common nor inexpensive, but they are shapely and tall—a consideration of importance since beeches are slow growing, especially when young. Gallon-sized plants are less expensive; they are a good choice for patient gardeners or for growing in containers.

The plant in the picture, a copper beech, is 20 years old and has reached 25 feet in height. It will reach 40 feet or more in the next 20 years and will become a broader, more rounded plant. A good lawn tree now, it will eventually cast too dense a shade to permit good lawn growth.

Beeches are beautiful in all seasons. In winter the features are smooth gray bark, graceful branching structure, lacy twig pattern, and pointed winter buds. In spring (season of peak performance) unfolding leaves have a handsome, silky texture and delicate colors which range (depending on variety) from pale gold to coppery red. Summer leaves are deep green, purple, or variegated. Autumn leaves (which hang on just a little too long) are orange-brown to red-brown.

The many garden varieties of *F. sylvatica* are better known than the species. Best known are the following:

'Asplenifolia.' Green leaves are narrow, deeply cut and lobed. 'Heterophylla' and 'Laciniata' are similar.

'Atropunicea' (often sold as variety 'Purpurea'). This, the copper or purple beech, is the most widely grown of the lot. Summer leaves are deep reddish or purple, fading somewhat to greenish purple in late summer. Best grafted forms ('Riversii' and 'Spaethiana') have nearly black-purple foliage in summer. Seedlings usually show considerable green mixed with purple.

'Pendula.' Weeping beech has green leaves, strongly drooping branches. You'll have to stake the trunk to make the tree head up fairly high.

'Purpureo-pendula.' Weeping copper or purple beech is slow growing, splendid for containers.

'Rohanii.' Leaves of this beech are purple and deeply lobed.

'Tricolor.' Tricolor beech has green leaves

DARROW M. W

Copper beech *leaves open coppery p turn deep purple or red; the trunk is*

variegated with white and pink. Slo smaller, more delicate than other beec it does best where sheltered from hot and strong winds. Good in containe

'Zlatia.' Young leaves of this beech yellow, turning pale yellow-green in s mer. Easily sunburned, this does bes a container plant in shade.

JANUARY CHECK LIST: *Here are the important jobs*

☐ **Food garden.** Artichoke, cane berry, and strawberry plants can be set out now, and also roots of asparagus and rhubarb. Plant in rich, well drained soil. Rhubarb will grow in full sun or in light shade. Others need full sun.

☐ **Frost protection.** All areas of northern California can expect frost this month. Read weather forecasts or listen to weather reports to find out whether frost is predicted. If it is, bring tender container plants into shelter of eaves or garage. Choice tender plants growing in the open ground can be protected by a canopy of burlap placed above, not on, the plants.

It's easier to cover plants if stakes or other supporting structures are already in place. It takes only a few minutes to throw a covering over a light wooden frame; to erect the frame on a cold night takes time—and character.

☐ **Pest control.** Do your dormant spraying this month if you haven't already done so. The oil, copper, and lime-sulfur sprays used in winter are relatively safe and nontoxic, but be sure to read the labels before using them. You can't use oil at high winter strength if temperatures are high, and there are certain plants that are sensitive to certain spray materials.

Set out bait frequently for snails and slugs. Rake up garden refuse to destroy their hiding and breeding places. Tilt up pots and containers occasionally and check drainage holes; destroy snails, slugs, or eggs that you find there.

☐ **Planting for flowers.** Bare-root roses, deciduous flowering shrubs, and flowering fruit trees can be planted as soon as they are available in nurseries. If weather is bad or soil too wet to work, buy anyway and heel in plants in damp sawdust, peat moss, ground bark, or commercial planting mix. Then, when the sun comes out and the ground dries, you won't have to spend a fine planting day just looking for planting material.

☐ **Planting for landscape effect.** Plant bare-root deciduous fruit and shade trees as soon as you can. If weather is unsettled, nervous nurserymen may hedge against losses that would be incurred by storing this material too long, and plant it up in containers. Prices will be higher then, and planting will have to be delayed until trees and shrubs are well rooted in the containers.

Balled and burlapped trees and shrubs are still available. For information on how to plant and care for them, see page 3 the *Sunset Western Garden Book* (edition).

☐ **Pruning.** Finish pruning decidu fruit trees, shade trees, and vi Use tree sealing compound to seal all ½ inch or more in diameter. Prune r this month; loosen and retie any la that are constricting plant tissue; n sure that stakes for tree roses are so ties firm but not tight.

Don't rush to prune out frost-dama foliage and branches. This material, w is usually near the top of the plant, furnish protection to lower portion plant in subsequent frosts. And then true extent of frost damage is not alw apparent. If you wait until spring may find new growth sprouting from w you thought frozen.

☐ **Weed control.** Spray young, rece sprouted weeds with weed oil f a pressure tank sprayer. An hour or s spraying will save many hours of pul or hoeing later on. Weeds die within ho dry and brown within days. If you the weeds while they are small—a n green fuzz—they will dry and blend v the color of the soil, becoming practic invisible.

Be sure to watch "The Doctors" in color, NBC, Monday through Friday, 2:30-3:00 P.M., N.Y.T.

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Sheer desperation made me try Cold Power" writes Mrs. Paul Schwartz, Miami, Florida

"Doubt if this is the sort of endorsement you desire, but feel it's my duty to write you anyway.

Sheer desperation

"It wasn't the New Jersey housewives on TV that induced me to give Cold Power a try, it was sheer desperation. My whites had been getting dingier, both in hand and machine washing.

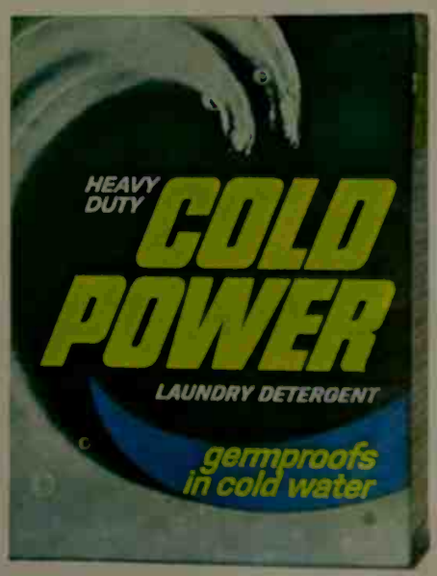
"Absolutely astounded

"I was absolutely astounded right from the start! Everything's immaculately clean. And the whites are just beautiful.

"Cannot begin to tell you what a pleasant surprise and shock this was to me. Such a joy!

"So felt I should at least scribble you this brief word of thanks."

Mrs. Paul Schwartz



Cold Power—gets out the worst kind of dirt in cold water. Germproofs too.

Kerala. India's big surprise.

It is a lamentable fact that those who travel through our country never travel far enough. A few days in Delhi. A side trip to Agra. A moment or two in Bombay. And then, good-bye, India.

What a pity. To journey so far and see so little. No saffron fields blooming in Srinagar. No dancers whirling outside the temple in Madurai. No boats floating down the Ganges in the moonlight.

And no Kerala.

To miss Kerala on a visit to India is to, perhaps, miss the best part of all. This tiny state, at the southernmost tip of our country, is filled with surprises.

In addition to some fine Hindu temples, Kerala has Portuguese churches, several mosques, a Jewish synagogue, Dutch architecture, and Chinese fishing nets.

Kerala has beautiful beaches. Thickly-wooded forests (sprouting, at last count, 600 varieties of trees). Lush inland waterways, and one of the most famous wildlife sanctuaries in the world.

Kerala has Kathakali, the pantomime dance-drama which depicts stories from the great Hindu epics. It takes years of training to master the intricate hand gestures (64 in all) and facial expressions (one for every mood) required in the great Kathakali art.

Kerala also offers some lovely ways of getting about. You can take a fast-moving train to all the major cities. Or a charming, slow-moving (what's your rush) motor launch past dozens of sleepy, backwater villages. You can rent a car, too, and drive through miles of magnificent rubber and tea plantations.

There are a number of first-class hotels for you to stay at in this lovely Indian oasis. All serving fine Indian and Western cuisine. All employing exceptionally gifted bartenders. Your travel agent or the Government of India Tourist Office can give you more information. There is an office in: New York, 19 E. 49th Street; Chicago, 201 North Michigan Avenue; San Francisco, 685 Market Street. Also in Canada.

India

The slow-release fertilizers

v planting-hole fertilizers have revised of the oldest, most oft-quoted rules bare-root planting. The old rule: Don't a chemical fertilizer into the soil when plant; it will burn the roots. The re- on: If the fertilizer releases nutrients vly, you can toss it right into the hole hout damaging the roots.

e two most widely sold slow-release ilizers look quite unalike—one's a tab- the other comes in granular form. You use either one when planting almost kind of plant (container-grown, balled l burlapped, or bare-root).

ısed at planting time, the slow-release es will be providing nutrients when a nt first starts to need them, and they'll tinue to do so for longer than most er chemical fertilizers. How long they p it up depends on a variety of factors. periments and observation indicate t there's an adequate nutrient supply several months to a year.

tablets. You just drop one or more of tightly compressed, thumb-sized tab- into the planting hole. Don't worry nt what looks like an uneven distribu- of food. A few roots growing into the a near a tablet can pick up all the nu- nts a plant needs.

e tablets contain a complete fertilizer h an NPK ratio of 20-10-5 (the num- s represent percentages of available rogen, phosphoric acid, and potash). e nitrogen is derived from relatively oluble urea-formaldehyde. The tablets supply some minor elements, the most portant of which is iron.

takes bacterial activity for the tablets break down and release nutrients to nts. In cold weather, when bacterial ivity is low, the tablets are slow to ak down; but that's also when a plant's d requirements are low.

e granules. You're supposed to blend white, pea-sized granules with the ckfill soil or planting mix. Each granule ntains two chemical compounds: magne- un ammonium phosphate and magne- m potassium phosphate. The NPK io is 7-40-6. There's no iron, so you'll ve to supply it for plants that need it.

ants can make use of the chemical com- nds gradually, since the compounds solve only a little at a time. No more an 2 per cent can be in solution at once. hen the percentage drops below that— en plants use nutrients or when water shes them out—more of the fertilizer ssolves.

Travel via Ventura... and never unpack till you're home!

You can live out of Ventura's deluxe Hangaway for 21 days, 7 countries, without pack-and-unpacking. The Hangaway organizes blouses, lingerie, accessories (even shoes) into detachable pockets that hang up so you can reach everything inside. Dresses, suits, etc. hang within easy reach, too. 6 minutes after you arrive, you're ready to sightsee. While others repack, you can nap, shop, snap that last picture. Then zip, zip—and go.

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The new 1968 roses . . . ready and waiting

'Europeana,' *considered most brilliant cardinal red Floribunda; flowers 2½ to 3 inches wide. Mounding 3-foot-tall plants*

'Scarlet Knight' *(Grandiflora). Two three 4 to 5-inch-wide, deep scarlet bloo on each stem. Upright plants to 5 f*

'Miss All-American Beauty' *(Hybrid Tea). This large, 5-inch-wide flower introduces to roses a new tone of vibrant rose pink. Blooms fragrant. Upright plants to 5 feet*

It's already time to start planting bare-ro roses in many parts of the West. And ev in the colder sections, where you mu postpone planting for several months, y can get a head start on spring by placi your order for some of the new roses.

The 1968 introductions are a tempting l highlighted by the three All-America Ro Selections pictured here—'European 'Scarlet Knight,' and 'Miss All-Americ Beauty.' In addition, 26 other outstan ing new roses are described in this repo The list includes 17 Hybrid Teas, 4 Flo bundas, 4 Grandifloras, a climber, and miniatures.

RED

'Alaska Centennial' (Grandiflora). De scarlet red, 3½ to 5 inches wide, 3 to in each cluster; long lasting. Plants 4 t feet high. Good variety for cold are

'Cadenza' (Climber). Bright red, fragra semidouble, 2½ to 3 inches wide, in ch ters of 6 to 12; blooms hold color well a last for a long period. Plants grow 6 f high, spread to 8 feet. Hardy.

'Europeana.' See photograph above.

'Fragrant Cloud' (Hybrid Tea). Ge ninm red, 5-inch-wide, fragrant flow open from pointed, coral red buds; p lific. Vigorous upright stems 2½ to 3 f high; attractive, glossy foliage.

'Little Mike' (Miniature). Deep velve red, very double, to 1½ inches wide; p lific; good cut flower. Vigorous plants to 16 inches tall. Very dark green leafle large for a miniature rose. Hardy.

'Night 'n' Day' (Hybrid Tea). Rich v vety red outer petals; inner petals co siderably lighter give a two-toned effe blooms, on long strong stems, keep w Vigorous upright bush to 5½ feet.

'Otto Miller' (Hybrid Tea). Clear brig red, 6 to 7-inch-wide blooms open fr urn-shaped buds 2½ to 3 inches lo

wers keep color well, have mild musk granee. Vigorous upright plants 3 to feet tall, well branched from base; flets large, leathery, and lustrous.

D CHIEF' (Hybrid Tea). Brilliant vel- y crimson flowers up to 6 inches wide, y fragrant (special award for fragrance the 1967 International Trials at Ge- va); long, heavy stems. Vigorous tall wer to 5 feet; handsome foliage.

N ANTONIO' (Grandiflora). Vibrant red t doesn't fade or turn blue; well shaped ls open to 4-inch flower; very prolific. ng, strong stems, excellent for cutting. gorous plant to 5 feet.

ARLET KNIGHT.' Photograph, page 94.

KING' (Hybrid Tea). Full deep crimson wers. 4½ to 5½ inches wide; fragrant. gorous bushy plants to 4½ feet high; ssy, dark green, leathery foliage.

NK

ABY PINOCCHIO' (Miniature). Pink ged with gold, very double, 1 inch wide. ds tiny, well shaped. Plants grow about inches high. Hardy in all areas.

ARLA' (Hybrid Tea). Soft dawn pink, granee, 3½ to 5 inches wide, on strong ms. Upright plant to 4 feet; broad, ssy dark green leaflets.

LSA KNOLL.' See photograph below, and on page 4.

ARY POPPINS' (Hybrid Tea). Shell pink, ly double, long lasting blooms, 4½ to 5 hes wide; notably weather resistant. right plants 3½ to 4 feet high; rich le green leaves with large leaflets.

ISS ALL-AMERICAN BEAUTY.' See pho- raph on page 94.

NTA FE' (Hybrid Tea). Orange-pink h a delicate rosy tinge, 5½ inches wide; aetive buds. Plants grow to about 3 or feet. Resembles the well known 'Trop- na' in growth habit and foliage.

ANNON' (Hybrid Tea). Coral pink, 4½ 5 inches wide; petals of faded blooms p readily. Grows 3½ to 4½ feet high.

ERRA DAWN' (Hybrid Tea). Coral pink fused with apricot, and a touch of den yellow at base of petals which also vers about half the reverse side. Blooms o 4½ inches across, fragrant; buds well aped. Plants grow 3½ to 4 feet.

LLOW

OLD COIN' (Miniature). Buttercup yel- , double flowers to 1¼ inches wide; olific; good for cutting. Well branched, mpact plants grow 10 to 12 inches tall.

OLDEN COUGAR' (Floribunda). Deep, rich re yellow, fragrant blooms, 4 to 4½ hes wide, opening from long, graceful, rome yellow buds tinged with red. Pro- ic blooms on long, strong stems hold lor well. Vigorous plants 2 to 3 feet high; nse, leathery, dark green foliage.

NBONNET' (Floribunda). Very bright, n-fading yellow blooms 3 inches wide, th fragrance like licorice. Low-growing plant to 3 feet; dark green, glossy foliage.

'WESTERN SUN' (Hybrid Tea). Brilliant, golden yellow flowers measure 4½ to 5½ inches wide. Plants grow to 3 feet. Long-pointed leaflets have a gray-green cast. Good yellow rose for warm climates.

ORANGE

'IRISH MIST' (Floribunda). Luminescent orange-scarlet, 3 to 3½ inches wide; buds and flowers shaped much like Hybrid Tea. Faded flowers drop readily. Dense compact plants about 3 feet high.

'NANCY REAGAN' (Hybrid Tea). Rosy orange flowers; face of petals darker than reverse side. Blooms 5 to 5½ inches wide with good fragrance open from long slender buds. Vigorous, upright plants 3 to 4 feet high; large waxy leaflets.

WHITE

'LA PALOMA' (Hybrid Tea). White flowers 4 inches wide, on long stems, open from long, well shaped buds. Plants grow to 5½ feet high, with olive green leaves.

LAVENDER

'LADY X' (Hybrid Tea). Soft pinkish lavender, 4 to 5 inches wide, holds color well and has good substance, light fragrance; flowers open from slender buds. Vigorous, bushy plants 5 to 6 feet tall; canes almost thornless, heavily foliaged.

BICOLORS AND BLENDS

'ARUBA CARIBE' (Hybrid Tea). Pink and ivory blend, fragrant, fully double, 5 inches wide, from pointed buds, free blooming. Plants grow 3 to 4 feet high; dark green foliage. Hardy.

'LOS ANGELES BEAUTIFUL' (Grandiflora). Deep yellow flowers with coral color on outer petals that intensifies to coral red; finally outer petals almost completely suffused with vermilion. Flowers open from bright yellow buds tipped with coral. Prolific blooms, 4 to 5 inches wide, subtle fragrance. Vigorous upright plants to 5 feet; dark green, glossy foliage.

'Elsa Knoll' *(Hybrid Tea). Well formed coral pink, sweetly scented flowers measure 4½ inches. Plants grow to 3½ feet tall*

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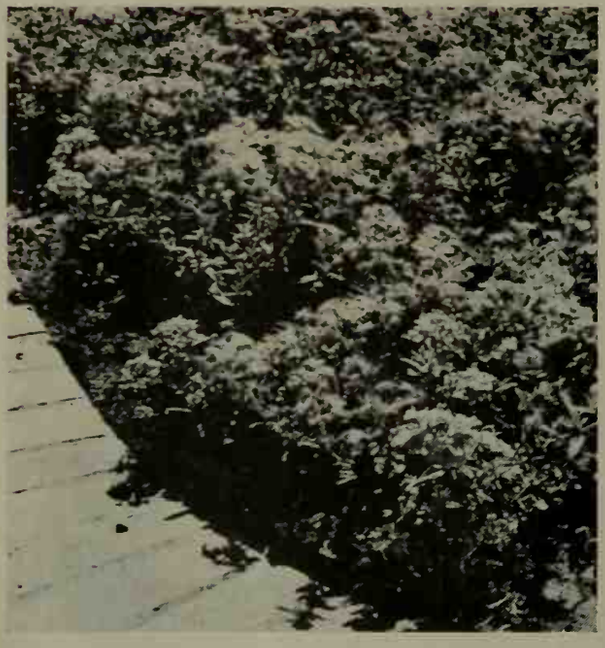
Here are new All-Americas for 1968

They include a zinnia, a pair of marigolds, a verbena, a celosia, and of all things, three geraniums

'WILD CHERRY' ZINNIA

The glowing, cerise red blooms of this prolific, cactus-flowered variety are to 6 inches wide. This is a new color in zinnias. Plants stand 2½ feet

DARROW M. WATT



'BLAZE' VERBENA

Clusters (3 inches wide) of rich, scarlet flowers almost cover compact plants; they're uniform 6 inches tall, 12 to 15 inches wide. Dwarf growth resembles 'Amethyst,' a blue, 1966 winner

'FIRST LADY' MARIGOLD

Bright yellow, 3-inch-wide flowers show up well against de foliage. Cut flowers last about a week; stems to 8 inches lo Plants compact, 18 inches tall, 12 wide; start blooming ea

wers that won All-America honors
in the annuals category comprise
est and one of the most diversified
roups on record.

first time in the history of these
geraniums are represented: Three
s of the new Carefree series are
(see photograph at right). These
ms are grown from seed instead of
ttings, which long have been the
employed in propagating gerani-
eeds sown indoors in winter or
ring begin to bloom in early sum-
This development has special im-
e because in recent years it has
next to impossible to keep cut-
own plants free of virus diseases.

ese three winners, along with the
er colors (including white) that
available this year, the Carefree
resents almost the complete spec-
geranium flower colors. Although
treated as annuals in many sec-
hese geraniums will overwinter
s in mild-winter areas.

er five award-winning annuals in-
one more silver medalist, 'Wild
zinnia, and four bronze medal win-
own at the bottom of these pages.

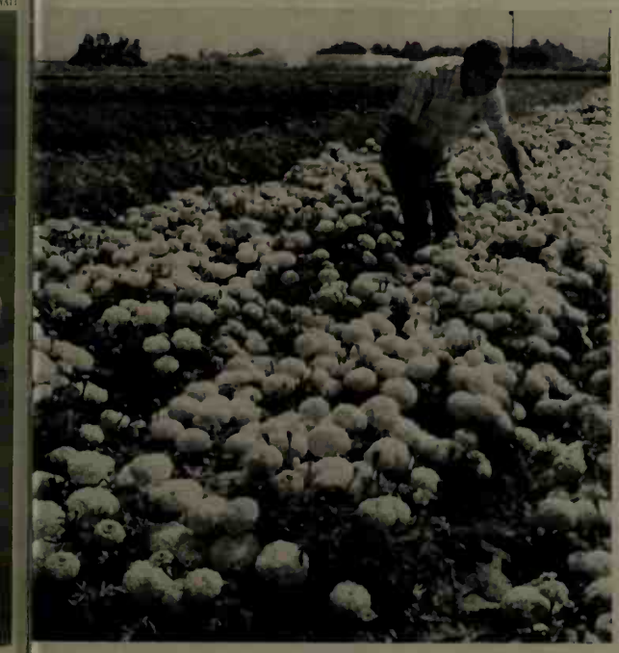
e of the geraniums, the zinnia, and
marigolds are hand-pollinated hy-
ith the vigor and uniform growth
aracterize such plants.

e geranium seeds are costly and in
supply, it's expected that only
will be obtainable this year. You'll
ds of the other award winners on
ed racks, or you can order them
ail-order seed companies.

WILLIAM APLIN

CAREFREE SERIES GERANIUMS

Three geraniums of this new series won awards: Scarlet and deep salmon are silver medalists; bright pink a bronze medal winner. All have same growth habit



'ORANGE JUBILEE' MARIGOLD

planting at trial grounds shows heavy bloom, compactness 18 to 24-inch-tall marigold. Flowers about 4 inches wide. habit same as 'Golden Jubilee,' a 1967 award winner

'GOLDEN TRIUMPH' CELOSIA

Full, golden yellow, plumelike flower clusters top these 2-foot-tall plants. Up to 10 smaller clusters form at tips of side branches. Make colorful combination with red 'Forest Fire' celosia

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SUNSET MAGAZINE, MENLO PARK, CALIFORNIA 94025

The time to kill crabgrass is now or soon . . . otherwise millions of seeds will become seedlings

If you live in western Washington, western Oregon, along the California coast, or in the cooler portions of the San Francisco Bay Area, crabgrass may be just a subject for joking about.

If you live where summers really get hot, it's no joke at all.

Crabgrass usually sprouts when soil begins to warm up in the spring; but in warm years or in sheltered, sunny areas it ean appear as early as January. Little seedlings soon become ugly elumps that crowd out better, finer-textured grasses or dichondra. At the first frost, clumps turn reddish brown and soon die, leaving behind great gaps in the lawn—and millions of seeds waiting for next spring.

If you had crabgrass last year, you're likely to have it again this year—unless you strike down this year's generation with pre-emergence weed killers. First, make sure that you're dealing with erabgrass; the chemicals listed on this page will not kill perennials such as Bermuda grass. Next, apply early enough to beat the germination date of crabgrass. Pre-emergence control chemieals work by killing the sprouting seed or the very young seedlings; they have little effect on established crabgrass plants.

FINDING THE CHEMICALS

Most pre-emergence weed killers have names so long and difficult that only a highly trained chemist could be expeeted to remember them. Hence, maufaeturers coin briefer names, which are eustomarily registered as trademarks. Other organizations coin common names (not trademark names) for many of these same ehemicals. As a result, a given chemical may have three names; we list the full ehemical name below only when we think you may need to know it in order to find the produet.

Packaging further eomplieates the situation. Although some of the ehemieals listed below are sold as straight, unmixed, pre-emergence lawn weed controls, you'll more often find them mixed with fertilizers or insectieides (or both) and sold by fertilizer companies as complete lawn eare packages.

There are good reasons for these mixtures. In the first place, they lighten the gardener's work load by redueing the number of jobs. Seeond, the diluting aetion of the bulky fertilizer minimizes the danger of harming the lawn with powerful, eoneentrated herbicides. Nevertheless, the name situation that has grown up is confusing in the extreme.

Reading the list below will help you seleet the chemical control you need. You'll still have to read paekage labels (ineluding all the fine print) to find the product that contains the chemical you've seleeted. At this stage a well trained nurseryman can be a great help.

USING THE CHEMICALS

Follow package directions to the letter. If your lawn is dichondra or contains a substantial amount of dichondra, be sure that the chemical eontrol you plan to use is safe for dichondra. Be sure that your lawn is sufficiently well established to stand up under the treatment, and be sure that the grasses you have will tolerate the chemical (bent grasses and fine-leafed fescues are most sensitive).

Don't apply more often or more heavily than directions state. Apply evenly; you obviously won't get any weed control in areas skipped or skimped, and yo damage plants in areas where overl coverage doubles the dosage. U sprayer or spreader recommended label on the produet, and make su all equipment is elean and in good ing order.

KEEPING CRABGRASS OUT

Timely application of a pre-eme killer should cut down dramatiea number of crabgrass plants that this summer. The few that man sprout and grow should be spraye one of the post-emergence eontrol cals before they have a chanee t seeds. Strong light and wet soil favo grass growth. Permit soil surfaee come dry between deep watering shade out potential seedlings by k bluegrass or bluegrass-feseue lawns tall side, say 1½ to 2 inehes tall.

Keep grass in good health by ad feeding and watering. Keep ou patches by reseeding in fall.

Here's help in reading the labels

The chemical	What it does	Cautions, comments
Azac	Controls crabgrass in established grass or dichondra lawns	Do not use on bent grass May injure fine-leafed fes
Balan, benefin	Controls crabgrass, other annual grasses in grass lawns	Apply in early fall to contr annual bluegrass; winter spring for crabgrass
Bandane (May be shown on label only under chemical name of polychlorobicyclo-pentadiene isomers.)	Controls crabgrass in grass or dichondra lawns. Kills ants, grubs, soil insects	Can be used on very youn lawns. For spring lawn pa ing, sow grass seed imme ately after applying chem
Betasan, bensulide (May be shown on label only under chemical name of N-[beta-o,o-diisopropyl-dithiophosphorylethyl]-benzene sulfonamide.)	Controls crabgrass, annual bluegrass in grass or dichondra lawns	Read labels carefully. Do use on dichondra if mixed with broad-leafed weed kil —2,4-D, dicamba, etc.
Dacthal	Controls crabgrass, many other grassy and broad-leafed weeds in grass lawns, ground cover plantings, around established shrubs	Do not use if your lawn de pends on dichondra for m of its color. Safe on choic bent grass lawns
Diphenamid	Controls many grassy and broad-leafed weeds in dichon-dra lawns, ice plant, straw-berry ground cover	Do not use on grass lawns Can be applied at dichon seeding time without inhibiting germination
Monuron	Controls crabgrass and annual bluegrass, kills oxalis; use on dichondra lawns only	Overdosing, careless app tion, puddling may sterili soil for long periods
Neburon	Controls crabgrass and spurge, kills oxalis; use on dichondra lawns only	Like monuron, a sterilant used too heavily
Pre-san (May be sold only under chemical name as S[o,o-diisopropyl] phosphorodithioate of N-[2-mercaptoethyl] benzene sulfonamide)	Controls crabgrass or annual bluegrass in grass or dichondra lawns	Good bet if your lawn is a mixture of grass and dichondra (and you want keep it that way)

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THE LAWN PEOPLE

Runcophobia, the fear of weeds, used to be incurable. Since SUPER BONUS you rarely hear of it.

How to plant a rose . . . bare-root

From now through March (or April, in some places), you get your chance to plant bare-root roses. These are dormant, leafless plants, with no soil around the roots. They were raised in fields, then dug and cleaned this winter for sale before spring.

When "before spring" is depends, of course, on where you live. In California and the low desert, try to complete bare-root planting before March 1. In the high desert, you get an extra month. In Oregon and Washington west of the Cascades, plant in January, February, or March, any time the ground is dry enough to be dug. East of the Sierra-Cascades, March and April are the bare-root months.

You find bare-root rose plants at nurseries and all kinds of stores, either with their roots buried in loose, damp packing material or in packages with their roots and stems treated to prevent the tissues from drying out and dying. They're cheaper this way than the leafy, flowering or bud-carrying plants you can buy in containers later in the year. And bare-root planting produces rose bushes at least as strong and vigorous as the ones container planting produces—sometimes even stronger.

The only advantage of planting from containers is that when you shop among container plants you can see real roses on them. Shopping for bare-root plants at this time of year, you'll have to rely on color pictures of the flowers on tags and in brochures and catalogs.

How to plant a bare-root rose is shown in the photographs on these pages. Essentially, you simply replace in your own soil a dormant plant that was removed from the grower's soil a few weeks ago.

It's simple, but there are endless variations on how to do it. Each thoughtful rosarian has his own recipe for preparing soil, adding or not adding a special fertilizer, and for filling soil around the roots.

Rosarians generally agree that you should mix some sort of organic material into the planting hole—peat moss, leaf mold, nitrogen-fortified sawdust, ground bark, or whatever is locally available. To do a good job, you should mix in enough organic material to make up ⅓ to ½ of the total.

You don't need to put any fertilizer into the planting hole. In fact, most rosarians specifically recommend no fertilizer. The most they recommend is usually a handful of bonemeal mixed in with the soil or a shovelful of manure at the bottom of the hole, covered with a layer of soil. Their thinking, however, may not take into ac-

DARROW

1 • *Dig hole large enough to tak*
Mix amendments (see text
soil. Build up a cone of the

2 • *Spread roots over cone (cu*
ones to 18 inches). Give roo
mal spread (30° out from v

3 • *Put bud union (where br*
grow out) just above soil, or
neath if temperatures go bel

some of the new slow-release plant-
le fertilizers (see page 93).

planting you'll have to cut back and
ut your rose bush if this hasn't al-
been done. Cut out all but the three
r strongest stems. Prune back each
o a length of 10 to 12 inches.

Fill soil mix over roots. Firm around roots in partly filled hole by tramping or by pushing with your fingers

When hole is just short of being completely filled, run water into it to soak roots and settle the soil

Pile on temporary cone of soil to protect plants from winds and cold. Gradually remove as growth starts

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RICHARD

A fresh, *crisp bird's-nest fern* (Asplenium nidus) *is brought in from lathhouse and in a sunken pot. It's easily lifted out when it needs to be repotted or moved*

Indoor garden . . . pots within pot

One of the main drawbacks of having an indoor garden in a confined area is that either the plants love the conditions and soon outgrow the space, or they don't and die out after a few months.

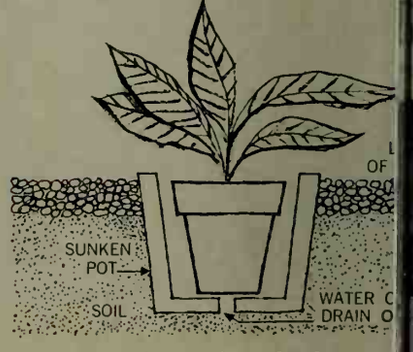
Landscape architect Richard C. Tongg resolved this dilemma effectively in the indoor gardens he designed for the atrium and the master bedroom - bath of the Clifford C. Wong house in Honolulu. (The architects were Sam Chang & Associates.)

With the scheme shown here, the plants can be changed whenever their appearance is poor, or when the Wongs want to create some special color display—by bringing in such plants as azaleas, orchids, poinsettias, or caladiums.

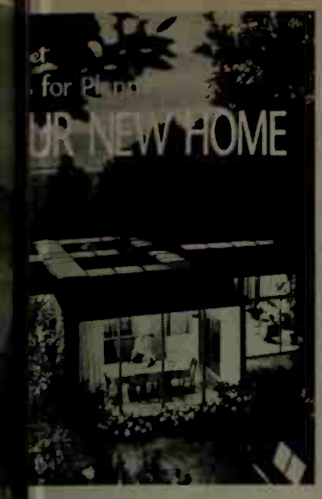
Potted plants can be simply brought in and set into larger pots sunk rim deep into the indoor garden areas. For these permanently sunken containers, the Wongs use the whitish gray, smooth-sided pots so commonly found in Hawaii; any pot will do as long as the one the plant is growing in will slip easily inside and still leave some room for your fingers.

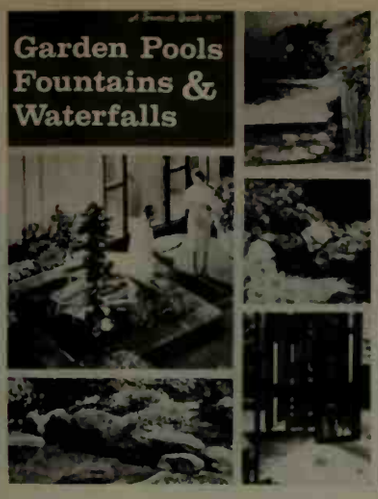
The potted plants are watered in place, and the excess water drains out into the soil below through the holes in both pots. This small amount of moisture, readily absorbed by the surrounding soil, soon dries out and has not presented a drainage problem.

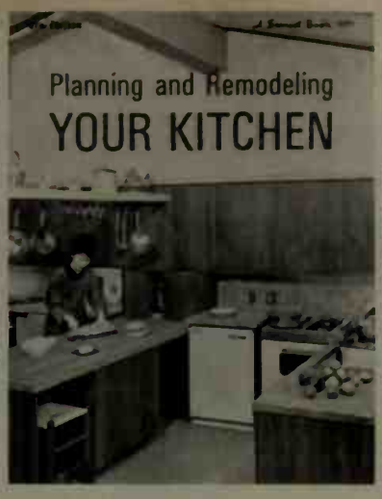
Dendrobium orchids *are brought in in flower, stay here for several*

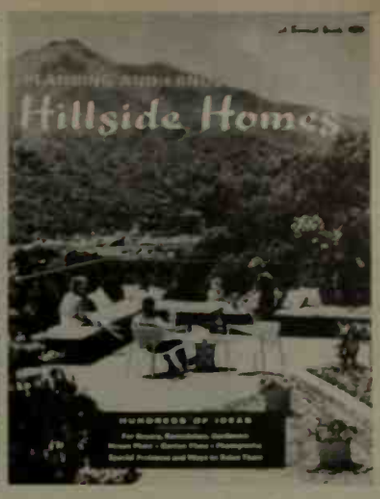


Pebbles *are decorative, also keep m splashing up when leaves are wa*









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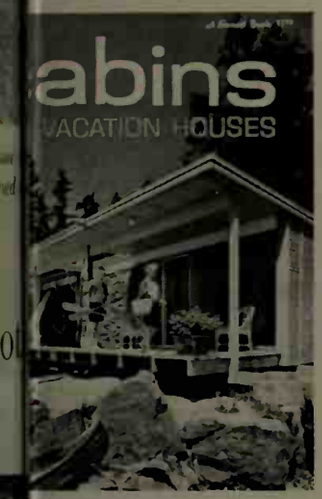

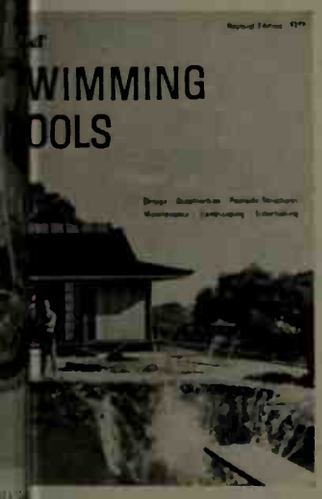

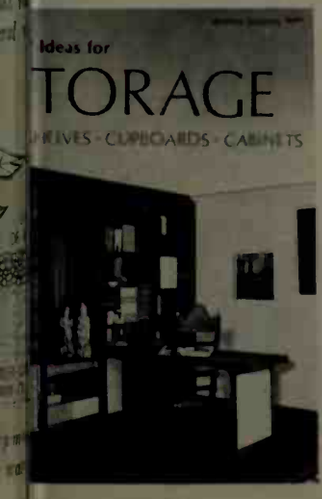

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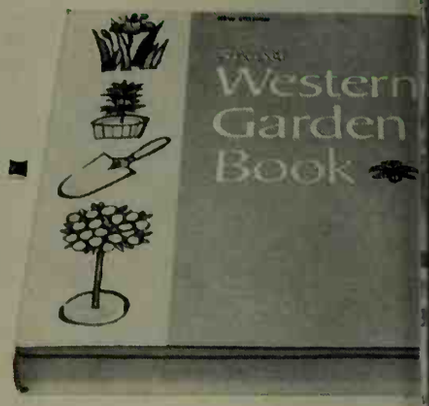

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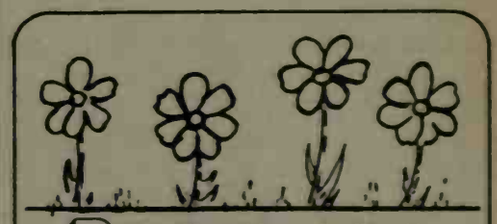

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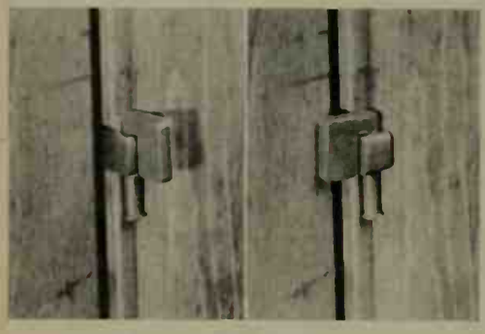

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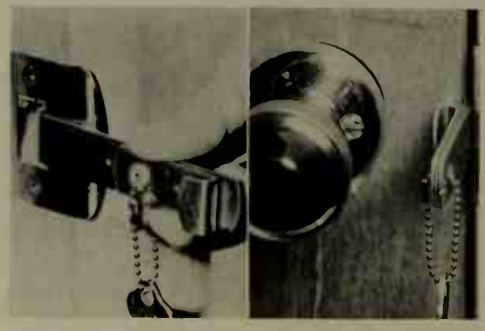

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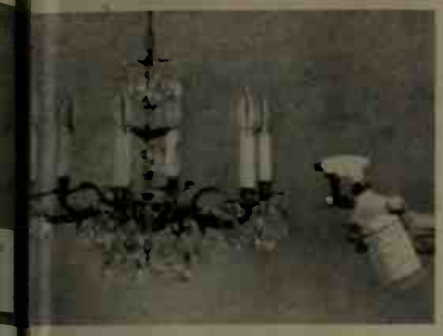

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Many gardeners don't like this plant because of its tendency to a sloppy habit of growth, and its coarse, 4 to 8-inch-long, heart-shaped leaves that have a peculiar odor when crushed. Too, it often becomes leggy with most of the leaves growing at the ends of the stems. But you can make it more presentable by pruning out dead branches and frosted tips, and cutting back branches to keep the stems leafy below; do this in spring.

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It grows rapidly if you plant it in full sun in well drained soil. If, in intermountain areas, it freezes to the ground, it usually comes back again from the roots in spring. The suckers, which it produces freely in all areas, should be removed or you'll have a young jungle.

It's best used where you can smell the fragrant flowers and view the attractive fruit. Avoid planting it near paths or any place where you might step on the fallen leaves since they smell so peculiar.

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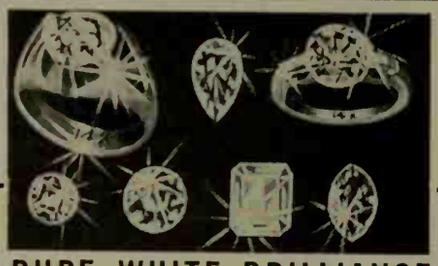

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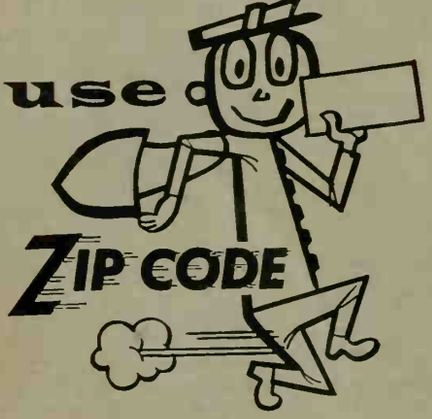

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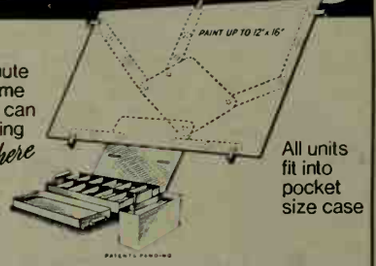

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This vine takes both heat and co

One vine you can depend on to with the hot summers and cold winters terior and intermountain areas is the mon trumpet creeper. What's mor colorful: From July through Septem produces a spectacular display of or red flowers in big arching sprays. virtues more than make up for its v leaflessness and the fact that its vig growth habit necessitates a lot of pru (It is too rampant for mild-winter Rather than share its suckers with neighbors, as you'd soon have to d better in such places to plant a vi more modest growth habit.)

Common trumpet creeper (*Campsis cans*, often sold as *Bignonia radicans* grow 40 feet high or more if you let If it should freeze down to the roo comes back as robust as ever.

The leaves are divided into 9 to 11 t edged leaflets, each 1½ to 2½ inches They are dark green on top, paler l

Each tubular flower is about 3 inches The five rounded lobes at the top ar the tube is orange, and flares to 2 i wide. (There is also a yellow form.)

The flowers, which attract humming grow in open clusters of about 6 to the end of the branches.

After the flowers come 3 to 5-inch cigar-shaped fruits.

Although this vine makes an effo climb by its own aerial rootlets, aren't strong enough to attach such growth firmly, especially in windy So you'll need to provide some ki sturdy support, and to tie the vine as it grows upward.

WHERE AND HOW TO GROW

Let common trumpet creeper rambl an arbor or a wide trellis over a pat prune it so it remains a large shrub. mon trumpet creeper will grow w almost any soil, and it will stand a c amount of drought or even wet soi best performance, set it out in full s a moist soil with ample organic ma added. Spray if you see aphids.

HOW TO PRUNE

Every year in early spring, shorte thin out branches. Remove dead and wood. But as you prune, always reme that the blossoms are formed on the y new wood, so if you prune too heavil won't get flowers. You'll also ne pinch the vine back frequently durin growing season to keep plants bush well foliaged at the base.

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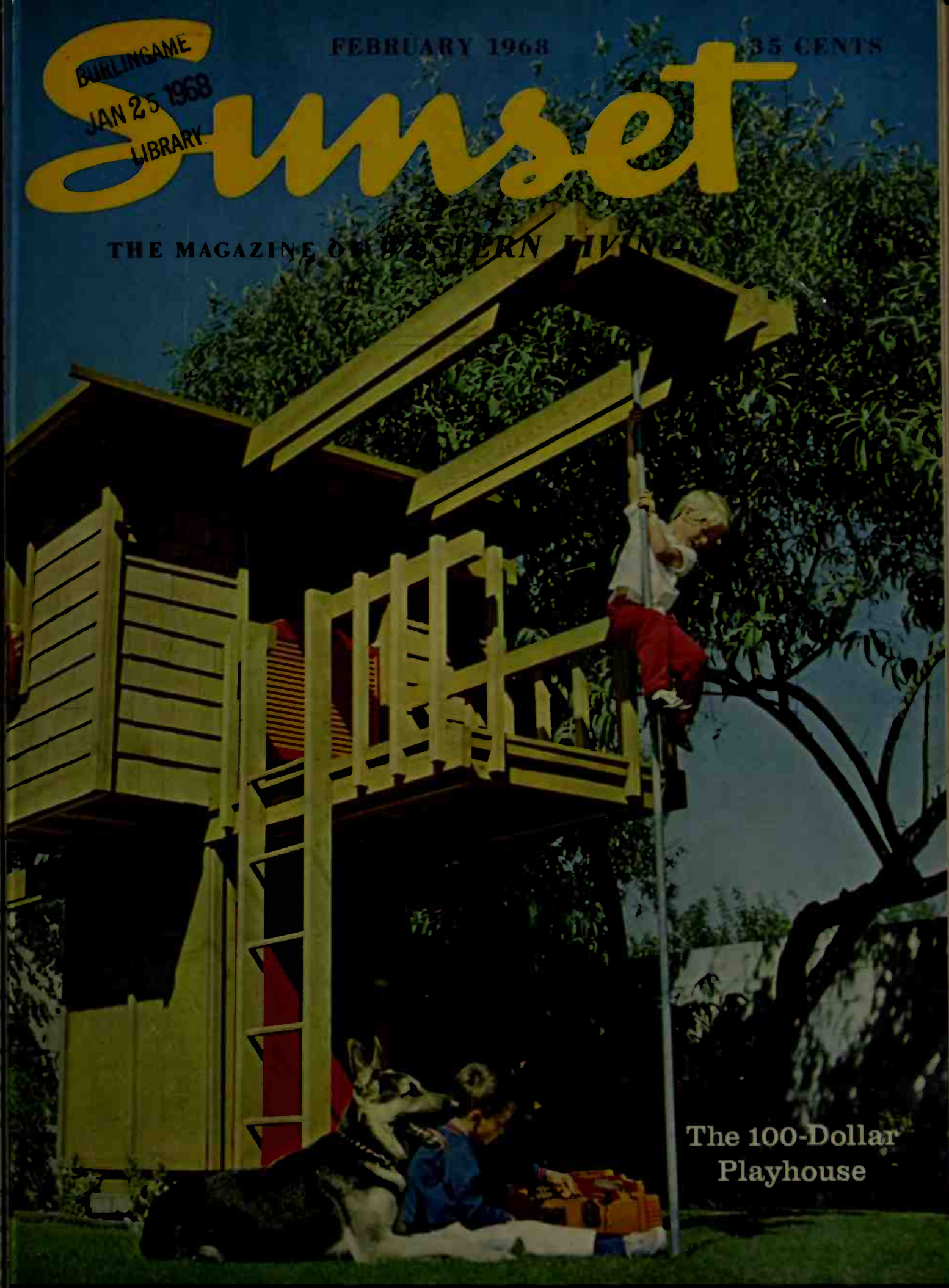

The 100-Dollar Playhouse

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THE PACIFIC MONTHLY*

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The Cover Story

Architect David Klages says he enjoyed building this playhouse as much as his children enjoy playing in it (see page 66). The day we photographed, Costa Mesa, California, had an unusually hot, still day. The metal fireman's pole felt so hot we tried cooling it with water, to little avail. Daughter Kelly, undaunted, slid it anyway. Cover photograph by Glenn Christiansen

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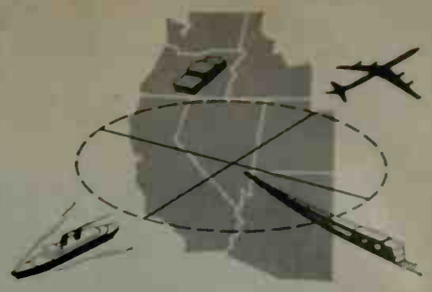

to the Legislature

rnia State Legislature convened y 8 for a regular session that p the legislators in Sacramento e middle of July—perhaps long- politics commanding so much this election year, you might n appropriate time to visit the itol and watch the legislative action.

e early days of a regular ses- Assembly usually meets in the nd the Senate in the afternoon. end of a session, both Assembly e may find it necessary to meet and afternoons, sometimes eve- weekends.

capitol and the visitor galleries Assembly and Senate are open 7 A.M. until 9 P.M. You're wel- come in and sit down at any can also join a guided tour of tive chambers any weekday (10 M., 1 and 2:30 P.M.) or go on a e governor's offices (12:45 P.M.).

GEORGE BALLIS

California legislators *(and visitors in the Assembly gallery) watch the tally of votes (green for "yes," red for "no") on electronic scoreboard at front of chamber*

e your space
lifornia state parks

is the deadline for reserving nd space in the California state 1968. Under a new, experimen- am now in effect, you can re- ampsite in a state park (on a ilable basis) for any time during icular park's established camp- n. The only four units of the k system not accepting camp- vations are Mount Tamalpais arloaf Ridge state parks, and Dimmick and George J. Hat- e recreation areas.

obtain campsite reservations m any state park or by writing to rtment of Parks and Recreation, , Sacramento, Calif. 95811. The udes a schedule of campground ons, and camping limits for each k accepting reservations.

rates for May 1 through Septem- ower rates prevail in off-season t most state parks):

n a Class A campground (flush d hot showers) costs $3 a night in a Class B campground (flush nd piped drinking water), $2 a night; in a Class C campground (pit toilets, central water supply), $1 a night.

You'll be asked to specify the park where you plan to camp, your expected date of arrival, and the number of nights you plan to camp. If you will arrive with a camper or trailer, indicate its length. Mail the completed form (or a letter with the necessary information) directly to this park, and include your check or money order for the total fee (the per-night cost times the number of nights, plus $1 for reservation service charge). Checks should be made payable to the State Department of Parks and Recreation. The reservation request form must be mailed at least 10 days before you expect to arrive at the park; you'll receive a confirmation by return mail. Send a separate application to each park at which you intend to stay.

On arrival at the park, you'll be assigned a specific campsite or given a choice of the sites still available.

If you cancel your reservation by letter or telephone call before 6 P.M. on the scheduled night of arrival, all the campground fees, except the $1 service charge, will be returned to you.

Cast for trout in the East Bay

Fresh-water fishermen, barred from the Sierra by snow and from coastal waters by the rampaging runoff, can look to the East Bay Regional Parks for some close-to-home recreation. Near the southern

Sunset

THE MAGAZINE OF WESTERN LIVING

February 1968

Art dealer *Bill Walters (right) discusses his collection of Kachina dolls with* Sunset *reporter, who holds Squash Kachina*

Whom do you ask about a Kachina?

Last year *Sunset* reporters made several visits to the Hopi Indian villages in Arizona to learn as much as possible about Kachina dolls. We talked with Hopi craftsmen, watched Kachina dances in the village plazas, and photographed more than a hundred dolls at the Hopi Crafts Guild.

But the Hopis are very reluctant to talk about their Kachinas. If you ask the wrong question, they smile and politely change the subject.

So we began to direct our questions to museum curators, art dealers, and private collectors. Bill Walters, proprietor of the Indian Village in Los Altos, California, proved to be a valuable informant. His knowledge of Kachina dolls goes back to the 1930's when he was a trader on the reservation.

Some of our questions about Kachinas never did get answered, but we learned a great deal, and this we share with you in the report beginning on page 58.

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end of this strung-out park syste
stretches from northern Contr
County through Alameda Cou
place to fish is 315-acre Lake
Since it was opened to fishing
1966, authorities have attempted
trol the population of rough fis
increasing the number of game
monthly plantings. Estimates of
cent population are: 35 per cent cra
per cent carp, 21 per cent trout
cent bluegill, 7 per cent bass, a
cent other.

You can hike to fishing spots o
that follows the lake around all
north shore. If you'd rather ride t
ing, boats take you to and from t
concession area for 50 cents. Or
fish from a rented boat availabl
marina for 50 cents a half hour,
hours, or $5 all day. Since the la
auxiliary reservoir, no swimming
private boats are permitted, but
bring and attach your own boat r
a rental boat.

A state fishing license and speci
Chabot fishing permit are requ
those over 16 years of age. The
permit can be purchased for $1.5
lake or by mail from the East
gional Park District, 11500 Skylin
Oakland 94619.

From October through March,
hours are 8 A.M. to 5 P.M. week
A.M. to 5 P.M. weekends. Main
to the lake is via Lake Chabo
which winds from northeast San
to Castro Valley.

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Entry of even one of the 1,500
vintage, or classic cars of Harrah
mobile Collection is a highlight
Western auto show or *concours d'*
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did, restored-to-factory-specificati
mobiles.

The collection, on Dermody

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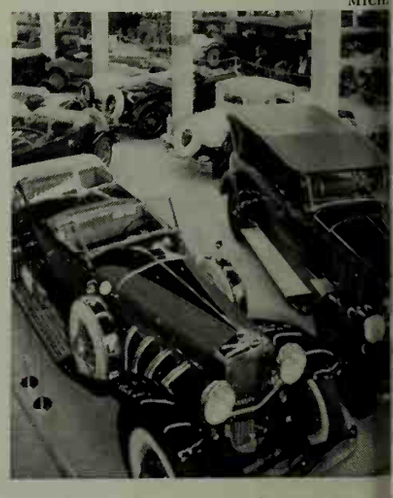

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El Cortez Motel

Sparks, Nevada, fills three buildings and keeps 120 employees busy. It is open to the public daily from 10 A.M. to 5 P.M. In addition to autos it includes motorboats, airplanes, motorcycles, a library for old car fanciers, and immaculate restoration shops. Out of sight in garages and warehouses throughout the area are an additional 750 autos purchased for the collection and waiting to be restored.

Admission is $1.50 for adults, 75 cents for anyone under 21.

San Jose show for rockhounds

Gem and mineral collectors may want to note the dates of February 24 and 25. That's when the Santa Clara Valley Gem and Mineral Society will hold its annual show at Santa Clara County Fairgrounds, 344 Tully Rd., San Jose.

Besides the usual displays by members and guests, there will be swapping, dealers' offerings of gems and equipment, and movies on geology and mineral collecting.

Hours are 10 A.M. to 10 P.M. Saturday and 10 A.M. to 6 P.M. Sunday. Admission for those 12 or older is 50 cents; children under 12 enter free when accompanied by an adult.

From the Bayshore Freeway (U.S. Highway 101), take the Tully Road exit west to the fairgrounds.

Winter visits to snowbound Yosemite

With the coming of winter, snow
the road into Glacier Point in Y
National Park.. The view down to
ite Valley is no longer obscured
haze of campfires. The only sou
the wind in snow-heavy pine bou
the ice-muffled roar of waterfalls
sand feet below. Here is one of th
winter scenes in the West, yet few
erners realize that they are quite w
to come and see it.

All winter the Yosemite Park an
Company keeps open the Mountai
at Glacier Point as well as the Ski
Ostrander Lake. You get there
snowfields—in special vehicles tha
from the ski lodge at Badger Pas
trip of the day is at 10 A.M. (a
are by advance reservation). The
$14 round trip per person. Cross-
skiers may want to ride only par
way back, for after an initial uphi
the way to Badger Pass from both
level enough for snow hiking.

You can go in for the day, or sta
night at Mountain House for $
smaller Ostrander Lake Ski H
guests) for $3.50. Three meals co
at either place.

For more information or reserv
write to Yosemite Park and Cu
Yosemite National Park, Calif. 95

For travel planners, a February check list

Havasu Canyon. Five-day camping expeditions into the Havasu Canyon region of Grand Canyon will leave from Kingman and Peach Springs, Arizona, on April 15, 21, 28, and May 5. Cost of $160 per person includes all meals and the services of expedition guides and camp staff during the day-long trail ride into the canyon, the three days of hiking and riding on the canyon floor, and the ride back out. Sleeping bags, inner liners, air mattresses, and ground cloths can be rented for an additional $1 a day. For information or reservations, write to Joseph C. Wampler, Box 45, Berkeley, Calif. 94701.

Ranch vacations. A free brochure entitled *Ranch Vacations* describes the various kinds of dude ranches in the West and offers advice on how to select one that is well suited to your family's needs. The brochure is available from Lee Crager Guest Ranch Reservation Center, 6000 Sunset Blvd., Los Angeles 90028.

Garden tour. A 25-day garden and festival tour of the Old South leaves Los Angeles on March 22 (departures also available from Portland and Oakland). Itinerary will include the Pilgrimage and Confederate Pageant in Natchez, the Spring Festival in New Orleans, the Bellingrath Gardens at Mobile, the Azalea Gardens and Homes Festival at Charleston, and the Dogwood Festival in Knoxville. Tour price of $995 per person includes round-trip rail fares from Los Angeles (prices based on two persons' sharing a bedroom compartm
all breakfasts and dinners except in
Orleans, Miami, and Charleston; all s
sceing tours; and the services of a tou
cort. For information, see a travel age
write to Laughlin Tours, Inc., 606 S.
St., Los Angeles 90014.

Travel health. The 1967-68 edition o
*munization Information for Internat
Travel* is now available from the Sup
tendent of Documents, Government I
ing Office, Washington, D.C. 20402,
cents a copy. The revised edition spe
immunization requirements for entran
foreign countries.

Driving in Europe. A useful bookle
titled *Planning Guide, Fly/Drive Eu*
discusses the options of buying, re
and leasing a car in Europe, and
many suggestions on route planning, r
and guidebooks for the car-driving to
The free booklet is available from offic
Pan American Airways; or write to
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What a travel agent can do for
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and special events. Travel agencies d
charge for arranging transportatio
package tours, but do charge for "cus
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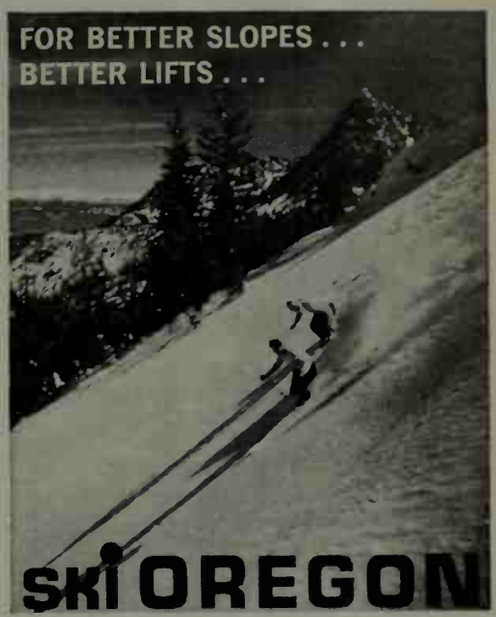

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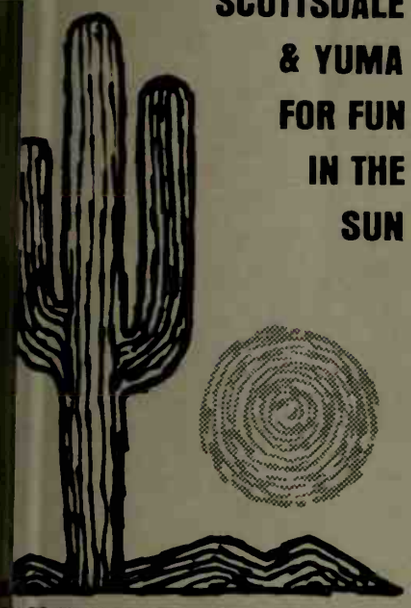

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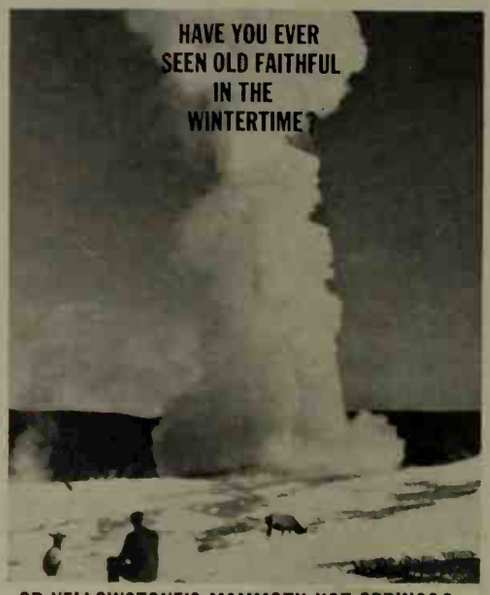

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If you buy a through-ticket to Kingston (it costs about $3.95), you will be in Kingston about 4 hours after you leave Montego Bay. But it is far more interesting to stop for the night in Mandeville, 6 miles from Williamsfield. The taxi fare to Mandeville from the Williamsfield station is about $2. Third largest city on Jamaica, Mandeville is the only place in the interior that has a hotel at present (although there are, of course, many hotels along the island Mandeville, high and cool, fre cloud-shrouded, is the only place Jamaica where you'd even thinl sleeping under a blanket. Th Mandeville, old and rambling an but comfortable enough, maintain orous atmosphere typical of many hostelries. You should make rese well in advance.

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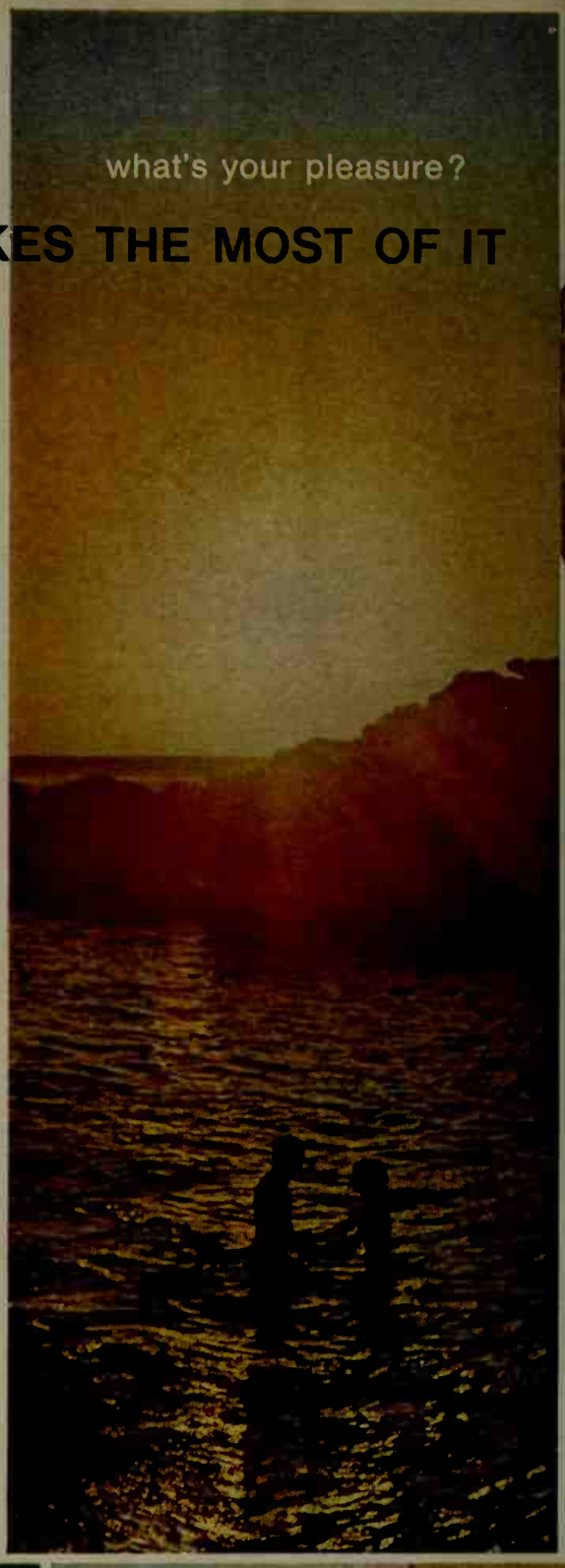

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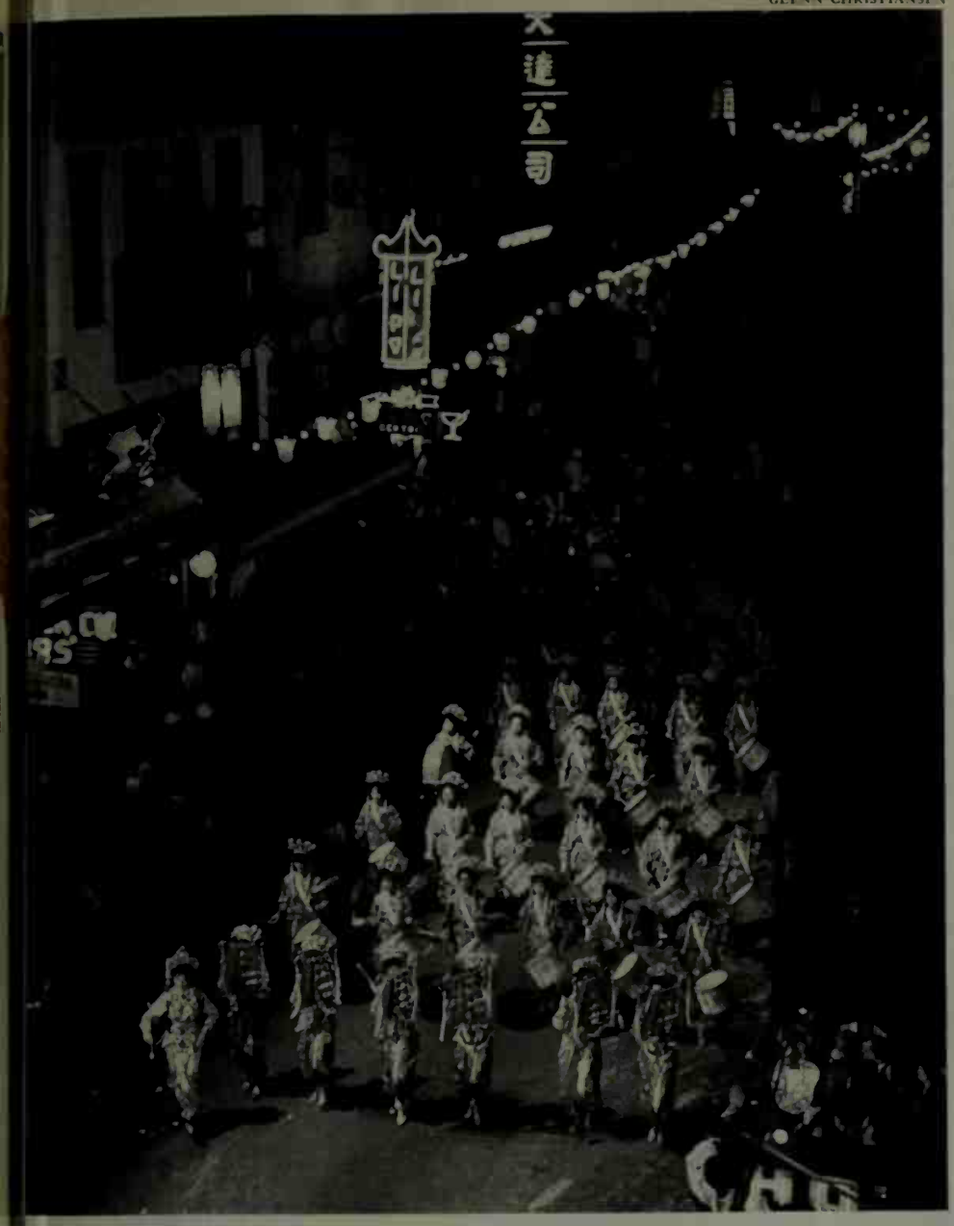

oll of drums *on Grant Avenue, San Francisco, signals Chinese New Year parade*

hinese New Year in San Francisco

u're going to San Francisco's Chinese Year parade on February 10, allow st an extra hour to get through the d. The spectacle that will usher in the of the Monkey—4666 on the lunar dar—is expected to begin on time, it will be briefer than usual.

year's parade, starting at 7 P.M., last about an hour instead of the 2 hours of former years. Parade units be limited to Chinese groups and ese-theme floats.

parade route also will be shorter this with Market Street eliminated en- because of the Bay Area Rapid sit work in progress. From a starting t at Bush and Montgomery streets, parade will head south on Mont- ery to Post Street; west on Post to t Avenue; north on Grant to Bush Street; east on Bush to Kearny Street; and north on Kearny to Washington Street where it will terminate just beyond Portsmouth Square.

Present plans call for blocking off the route to vehicular traffic at approximately 5 P.M., so the usual pre-parade traffic congestion can be expected (last year the parade drew some 300,000 spectators).

City officials suggest an early start to parade viewing points. Among parking possibilities, they suggest the Embarcadero area, from which you can walk a short distance, then board the California Street cable car and ride uphill to the perimeter of the parade route. As an alternative, they suggest the parking facilities south of Market Street, from which you can board a bus on Second or Third Street and ride to Chinatown.

When I'm in Hawaii shall I go to the new Naniloa or the Kauai Surf?

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superb. Swimming pool, two dining rooms, dancing, nightly entertainment and a piano bar, he says. And it's close to the volcano area . . . I've always wanted to see those smoldering fire pits and lava tubes and fern forests and all those orchids and things."

THE Kauai Surf

"He called it a swingin' place. Says it has a beautiful big white sand beach called Kalapaki, and a new 9 hole par 35 golf course too. And you can surf, sail, paddle an outrigger canoe, go ti leaf sliding (that sounds like fun!), dine in a pent house, or one of three other places, dance, play tennis, see a nightly show and I forget what else."

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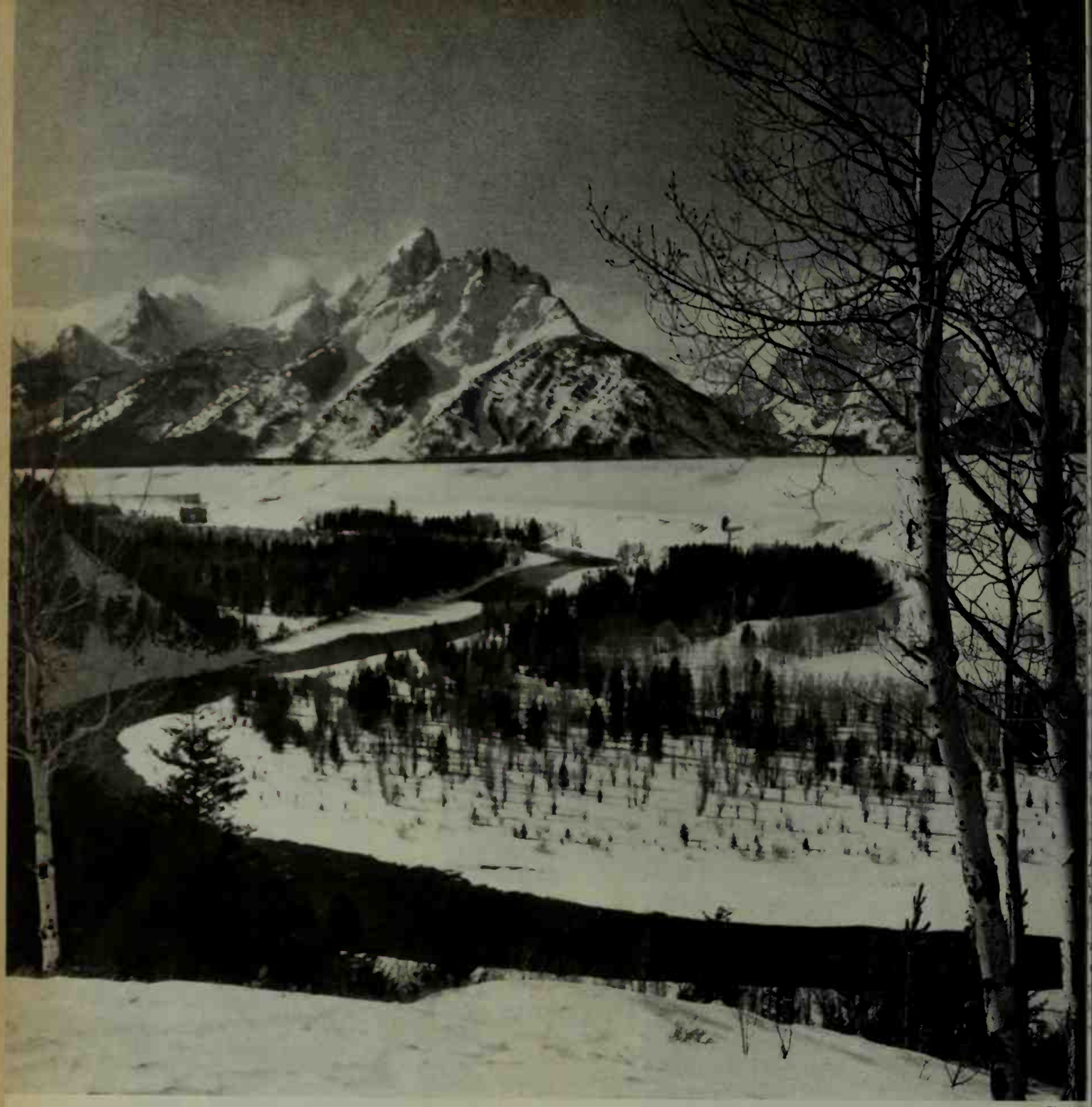


FRANK

Hoary with winter snow, *the cloud-mantled peaks of the Grand Tetons soar above the valley floor beyond Snake River Ov*

Along with great skiing, you can go for snowmobile and sleigh rides, and try fishing through the ice

Midwinter visit to Jackson Hole

and Tetons, sublime at any season year, seem even grander when nantle their slopes and their peaks f-hidden by clouds or wind-driven In addition to the spectacular . winter attractions include some finest skiing in North America, obile tours, snowshoeing, and trout through the ice.

highways into the Jackson Hole are now open all year. From the U.S. Highway 89-26-187 leads rom Jackson to Moran Junction. the east, U.S. 287-26 to Moran on is open over Togwotee Pass. Moran Junction, U.S. 89-287 is nly as far north as Colter Bay.

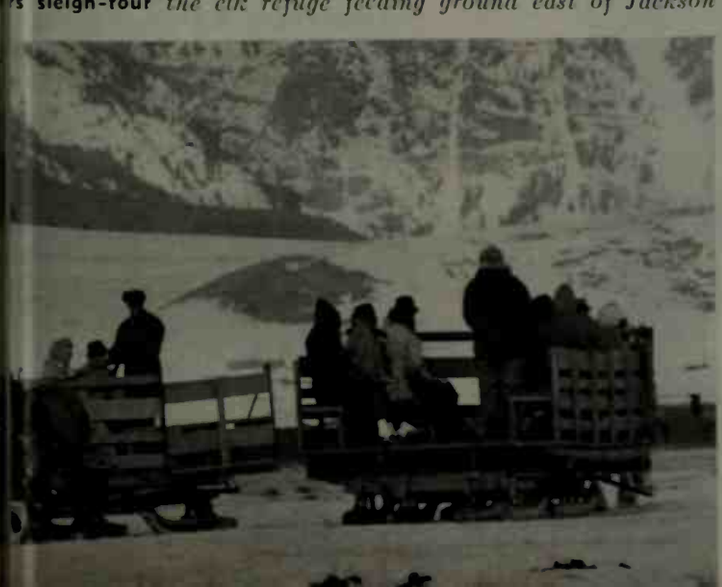
r Airlines has daily flights to Jack-le Airport from Denver, Salt Lake nd Billings. On its daily run be-Denver and Salt Lake City, the Pacific Railroad serves Rock (177 miles south) and Rawlins iles south), and there is daily bus between these cities and Jackson. cars, taxis, and shuttle bus service ailable at Jackson Hole Airport.

find motel and lodge accommoda-t Jackson and 12 miles north at the Village ski community. Single rooms son average about $10 a night. Sin-oms in one of the Teton Village range from about $12 to $16 a doubles from $20 to $25; special ory rates are $2.50 to $10 a person.

King Mountain, just south of the of Jackson, has a chair lift with a l rise of 1,500 feet. But the pride Jackson Hole country is the new n Hole Aerial Tramway at Teton . This tramway, with a vertieal lift 5 feet, can earry as many as 375 gers an hour to the top of Rendez-Peak. Three double chair lifts com-the ski facilities at Teton Village ombine with the tramway to offer ccess to more than 6 square miles of

You *can rent a snowmobile in Jackson, take a 25-mile tour to Shadow Mountain Ridge*

s sleigh-tour *the elk refuge feeding ground east of Jackson*



Tramway *has two cars, 65 passengers each*

Clock Tower *at Teton Village resort is lower tramway terminus*

Skiers *ready for the Gros Ventre trail below Rendezvous*

Private snowplane *skims across the frozen surface of Colte*

Two Great Pyrenees *pay a winter visit to the Grand Tetons*

patrolled ski slopes and many miles trails. All-day lift tickets cost $5 pe son; single tram rides cost $3.

Ski rentals, equipment sales, restau and resort services are available at Village and in Jackson.

You can make snowmobile excursion Grand Teton National Park and National Forest. A 3½-hour trip fro ton Village on a 12-passenger snowm costs $10 a person. An all-day sno bile tour from Jackson costs $25 a p Sled tours of the National Elk R just east of Jackson, are offered da the Jackson Junior Chamber of merce; a 40-minute tour costs $1.50 adult, 75 cents for a child under 12 of age.

Winter fishing for cutthroat and l inaw through the ice is permitted on son, Leigh, and Jenny lakes.

For more information on winter i Jackson Hole country, write to the C ber of Commerce, Jackson, Wyo. 8

capulco is something else

ut seven miles south of
lco (by rented car, jeep, or
sleeps the picturesque little
al village of Puerto Marques.
k anywhere and ask anyone
e you can find Victor
nguez. Victor speaks English.
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you rowing through the jungle
ways of Puerto Marques.
the subtle light of early morning
e afternoon, it's a boat ride
plete with the exotic sounds of
opics) you'll never forget.
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Hilton Hawaiian Village on Waikiki Beach, Isle of Oahu

Maui Hilton on Kaanapali Beach, Valley Isle of Maui

A flying start for Snowmass

ski area usually has to struggle
or several seasons with a single rope
one chair lift. But not Snowmass-
en.

d on the western slopes of the Colo-
Rockies 8 miles southwest of Aspen,
nass-at-Aspen opened this season
ve double chair lifts. They service
es of trails, some up to 3 miles long
3,500-foot vertical drop.

nass lift tickets cost $6.50 and are
nored at Aspen Mountain and But-
k Mountain. This affords you a
of 17 chair lifts and 130 miles of
ils. Between 6:30 A.M. and 2 A.M.
will shuttle free of charge between
nass and the town of Aspen.

ommodate skiers, the developers of
nass-at-Aspen have built West Vil-
provide for 800 guests in five lodges
1 apartment buildings. Elsewhere
village are restaurants, shops, four
ing pools, an ice skating rink, pad-
nis courts, and a central conference
and auditorium. Rates (for double
, and including lift tickets) vary
12 to $16 per person. Rate per day
er for a stay of a week or more.

nce to Snowmass-at-Aspen is from
r on the east, or Grand Junction,
do, on the west. Driving distance
Denver is 210 miles, over 11,992-foot
and Pass, via Interstate Highway 70
nwood Springs, then State 82. One
car firm has an agency (and there-
permits turn-in) at West Village.
al one-way cost for a winterized car
ski racks is $33.

ss buses depart from Denver Airport
spen on Fridays and Saturdays and
on Saturdays and Sundays; fare is
each way. Regular buses leave
town Denver at 9 A.M. daily and
a change in Glenwood Springs)
Aspen at 3:45 P.M. Return buses
at 11:35 A.M. daily.

Airways flies between Denver and
about five times daily for $25.

Grand Junction (served by air from
ngeles, Salt Lake City, and Phoenix;
ay fare $40 to $50), the drive is 120
via Interstate 70, with no passes to
Rental cars are available. So are
er flights; typical cost for a single-
e, three passenger plane is $52.30.
California Zephyr goes through
d Junction and Glenwood Springs
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There is also connecting bus service
een Grand Junction and Aspen.

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T. Inumaru, President and General Manager TOKYO

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Intricately *carved front of parish*

Before you go to Tepoztlán

The Mexican village of Tepoztlán 15 highway miles northeast of C vaca, can be enjoyed without a briefing. But the thoroughgoing c seur of Mexico may like it precis cause it has been so well studi documented.

It is the subject of books by two anthropologists. The first was inte a preliminary study: *Tepoztlán, a M Village*, by Robert Redfield (Unive Chicago Press, Chicago, 1930; However, Redfield never carried t his original plan for a follow-up here. That task was left for a seco thropologist, who reported on his r in a book first published in 1951 a available in this paperback: *Life in ican Village: Tepoztlán Restudied,* car Lewis (University of Illinois Urbana, Ill., 1963; $2.95).

If you have time for only one of the before you go to Tepoztlán, choo 512-page second one. It frequently to and quotes from the earlier boo

With a population of more than Tepoztlán is large for a village. It vided, as Lewis explains, into "seve rios or named locality groupings with its own church, patron sain internal religious organizations." T lage site is magnificent, sloping do a valley, and surrounded by partly w

Olé

The romance of Spain is subtly blended into the Bullfighter's Fiesta, a flaming specialty dish from one of Washington's fine restaurants. Stretching from the sands of the seacoast to Washington's Inland Empire, you'll find superb cuisine, as varied as the atmosphere in which it's served. While you dine, watch the changing panorama of ocean-scapes, listen to the thunder of cascading waterfalls, or gaze upon snow-capped peaks, thrusting craggy fingers into blue skies. On your next trip to Washington, relax and enjoy leisurely dining at any of our fine restaurants. Whatever your desire, you'll find culinary delights to satisfy your taste—and a decor to match your mood.

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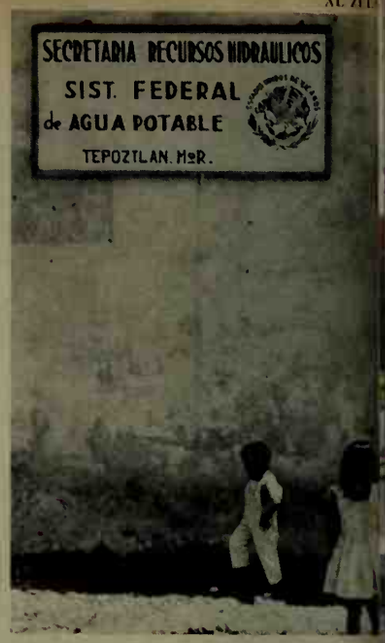

Instead of communal *wells, a federa tem now supplies drinking water. An sign of the times: children better dr more likely to be seen wearing*

hills and mountains with rocky peak buttes. The climate, like that of n Cuernavaca, is comparatively mild— below freezing nor over 80°.

Tepoztlán does not appear uniquel ferent from other Mexican villages centers around the plaza, where th an old church, convent, hospital, sc market, bus station, museum, and go ment offices. Here, too, are the ubiqu sights of Mexico: soft drink trucks, h children, peddlers of sugared ice, ("personalized" with names, colors religious symbols), and old women in peering from doorways.

The special thing about Tepoztlán- plied by your advance reading—is when you wander about, and take tures, you already know something its value system, life styles, and ecor

Its nearness to Cuernavaca (and a Mexico City) has always given Tepo a slight tinge of urban culture. It ha doubtedly changed a little since Lewis did his research, and more ch is to be expected. Right now, a new way comes to its edge.

Driving the toll road between Cuern and Mexico City, take the Cuautla tu and watch for the Tepoztlán sign. A ondary paved road leads directly Cuernavaca.

There is also frequent bus service Cuernavaca.

The most publicized tourist attract the pre-Conquest temple of Tepo unearthed by archeologists in 1895 a stiff climb (a rise of more than a sand feet) above the village.

If you want to stay overnight, the Posada de Tepozteco has a pool charges $16 per day, including mea

meone suggested land is one big castle.

uld be.

rets and towers soar
y toward the sky . . .
ag-like battlements
ed against the
ed mist of an
rnoon.
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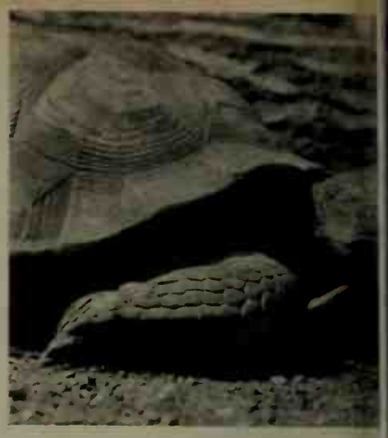

About *a foot long at maturity, th tortoise may live as long as*

When you se him, it's spri

The desert tortoise *(Gopherus aga* the official harbinger of spring in regions of southeastern Califor zona, and southern Nevada and U usually emerges from his three-mo hibernation in March (often co with the blooming of desert annu goes about his plodding, sumn quest for food and water.

The tortoise makes his excursions the morning, late in the afternoo overcast days and immediately rain. If he goes out at all in the he day, he stays in the shade.

He is particularly fond of bea cactus, prickly pear, and other n bearing desert plants. After rainst drinks from any puddle. Some of t goes directly into his stomach, so sac-like container under the top holds the stored water in reserve f long, dry periods between rainsto

An encounter with a tortoise may your family outing to the des spring, but resist the urge to br home as a pet. It's against the la move a desert tortoise from its habitat.

Female tortoise *deposits eggs in Ju ers with sand; they hatch in Sep*

bought it for its luxury—but all he talks about is performance. Owners
68 Cadillacs are so enthusiastic about the alert response and smooth, quiet operation of
ew 472 V-8 engine that they often fail to mention the other outstanding features. Your
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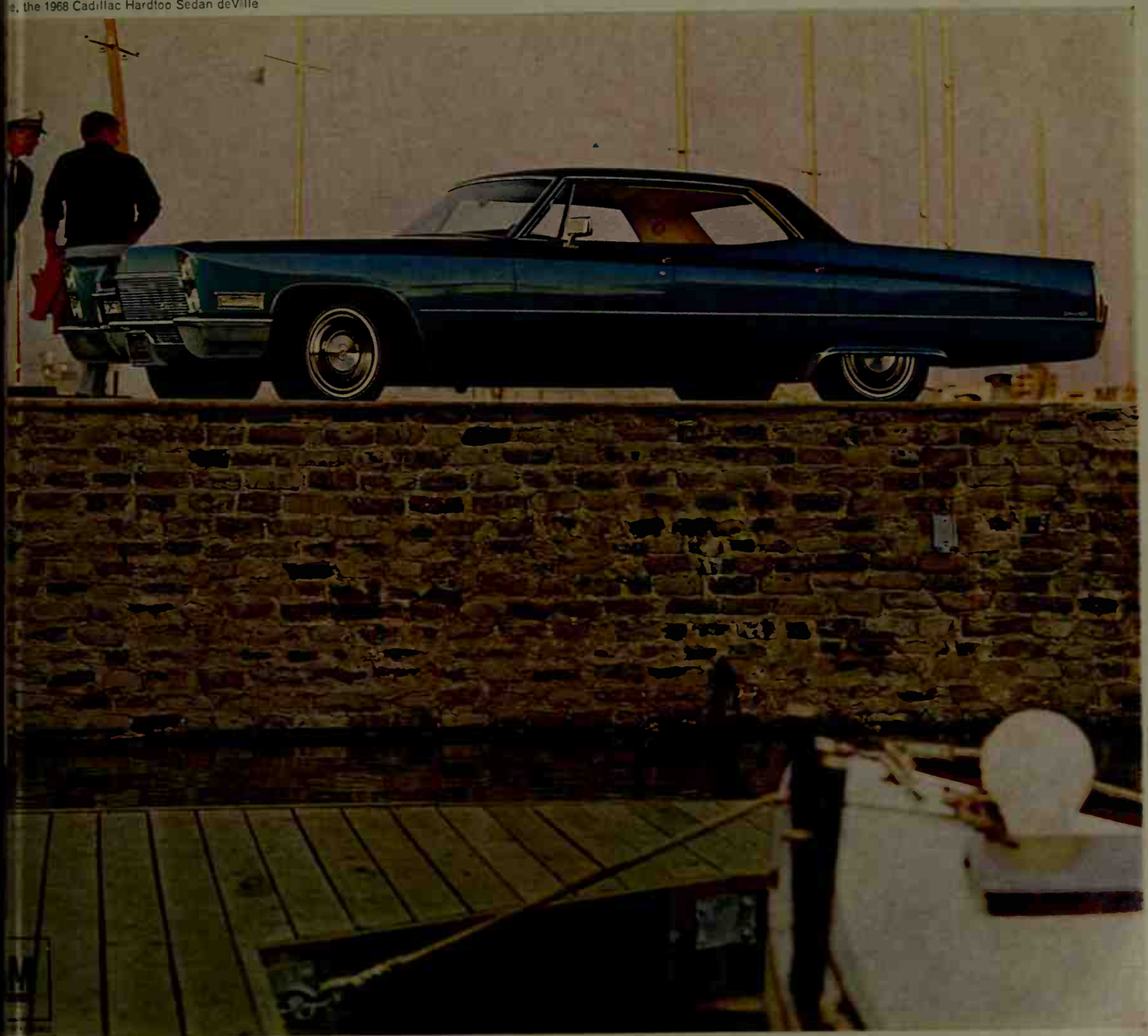
e, the 1968 Cadillac Hardtop Sedan deVille



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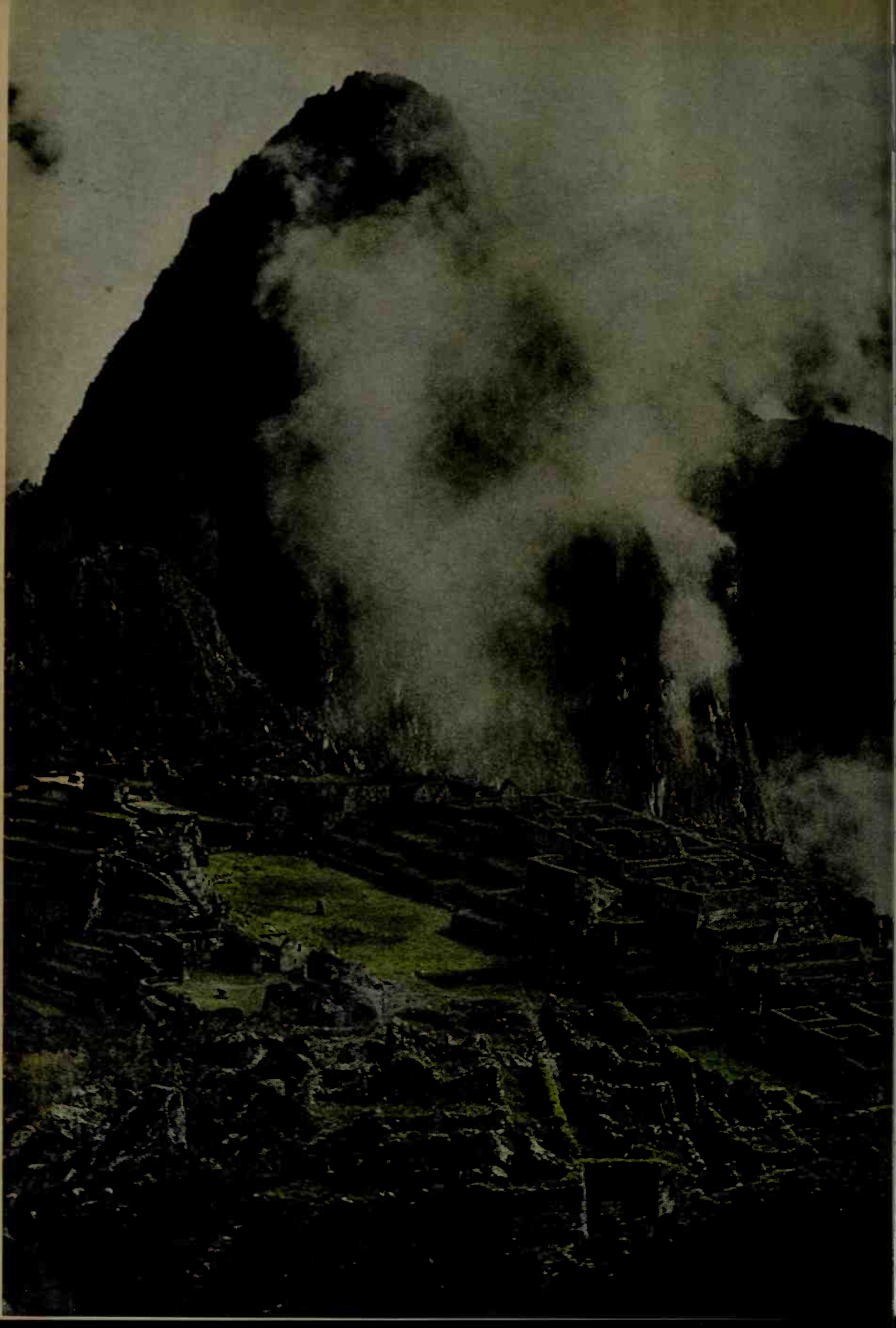

The next place.

Locked between two massive peaks of the Andes, and balanced at
e edge of a sheer, menacing abyss, lie the ruined palaces and
mples of an Incan city.

Machu Picchu.

The jungle growths that obscured Machu Picchu for centuries have
en cleared away.

But the natives swear the ancient gods still linger, laughing and
hispering among themselves.

Whispering of the graceful Incan maidens who filled this hidden city,
ho served only them.

Laughing, and waiting.

A well-traveled American once said: "I never felt anything like it.
om Machu Picchu, you can see the whole world."

Near the hotel at Machu Picchu are trails along which Incan
nners once carried messages.

They lead, it is said, to lost cities even more spectacular than
achu Picchu.

And to forgotten lakes, where the Incas hid their treasures from the
onquistadors.

When you come to Peru, you'll find many mysteries like these only a few
ours (and a few thousand years) from the sophisticated city of Lima.

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e'll be more than happy to give you directions.

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Pool *fed by Waimea Falls is warm, deep enough for swimming, clean despite red c*

To Waimea Falls from Honolulu

It's 46 miles to Waimea on Oahu's north shore if you go over the Pali and up the windward coast from Honolulu, or about 10 miles less if you cut through the center of the island. Either way, round-the-island travelers who leave Honolulu in the morning and make the usual stops for sightseeing often find themselves at or near Waimea by noon. A swim and a picnic lunch at Waimea Falls is a good way to break the drive.

Just north of Waimea Bay, a dirt road, marked by a tiki and a sign, turns off Kamehameha Highway (Route 83) takes you back half a mile into the va to the Waimea Falls Park gate. You le your car just inside the gate. Within c range are a children's zoo, a gift sh dressing rooms, and a snack bar wh you can buy a box lunch. Trails to falls and a road reserved for the "Me hune Train" radiate from this area.

The park hours are 10 A.M. to 6 every day. Admission is $1 for adults cents for children 6 to 12, free for child 5 and under.

GEORGE

Menehune Train *(free) begins 1-mile trip to falls. Some visitors hike out, ride ba*

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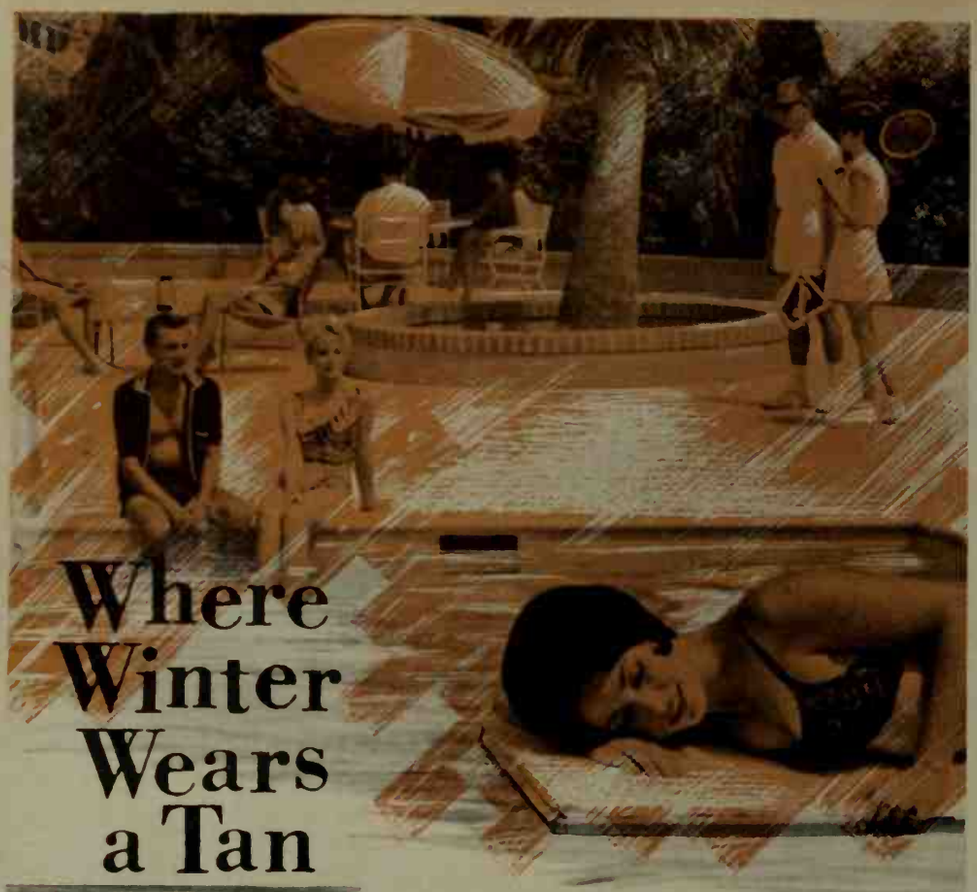

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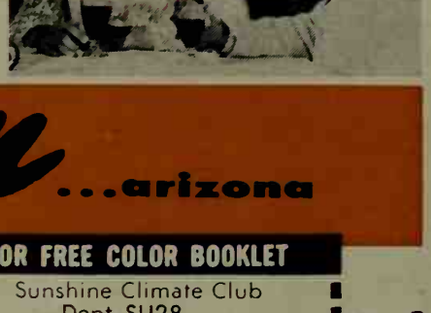

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MARION PA

Egret *rises from mud of Bolinas l*

Brown pelicans *stay all year. Male at*

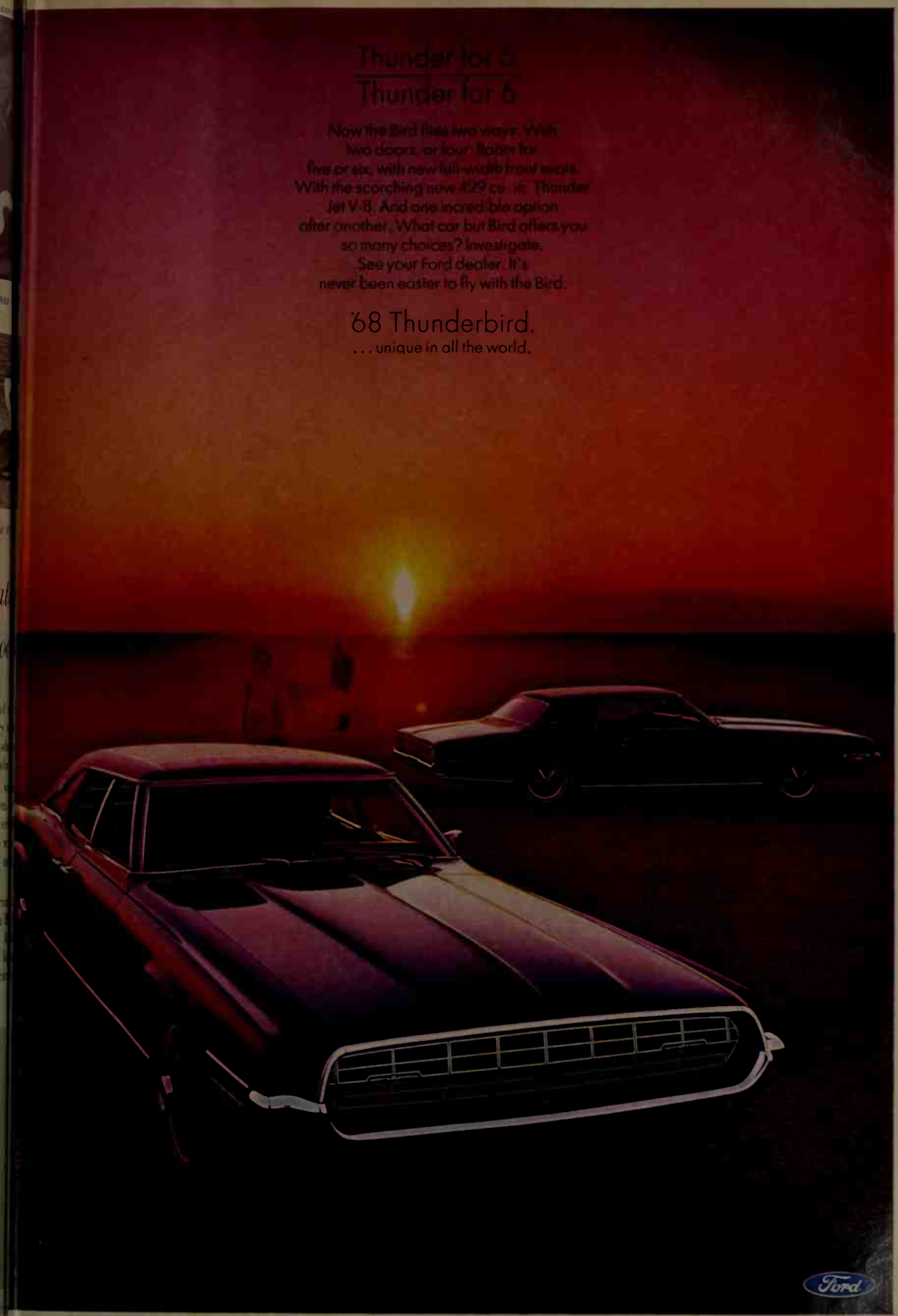
The winter wat at Bolinas lagoo

Snowy egrets, pelicans, herons, and n tudes of shore birds and migratory w fowl begin to gather on the sh marshes of Bolinas lagoon in midw

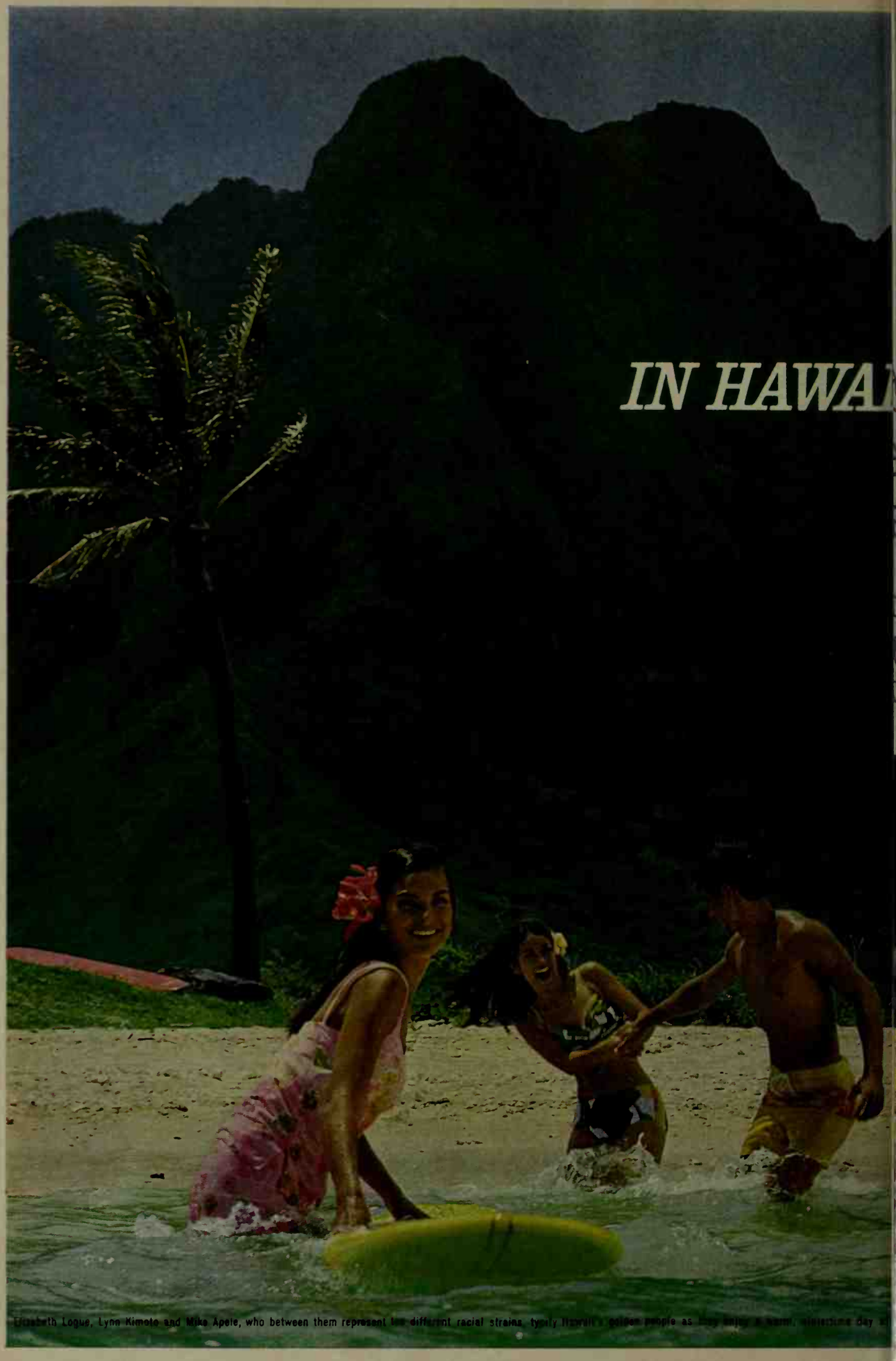
Early in the morning, you'll see w birds feeding just a few feet from car, while kingfishers perch overh Most of the birds move on in late wi but the herons and egrets stay to ne Audubon Canyon Ranch.

To reach the lagoon, drive north fron Golden Gate Bridge to the Stinson B turnoff, and from Stinson Beach f California Highway 1 north. The la begins just out of town and you cir on the 7-mile trip to Bolinas.

Great blue heron *perches on the ti an old dredger behind Stinson Beach*



Foreground: 1968 Thunderbird 4-door Landau. Background: 1968 Thunderbird 2-door Landau.



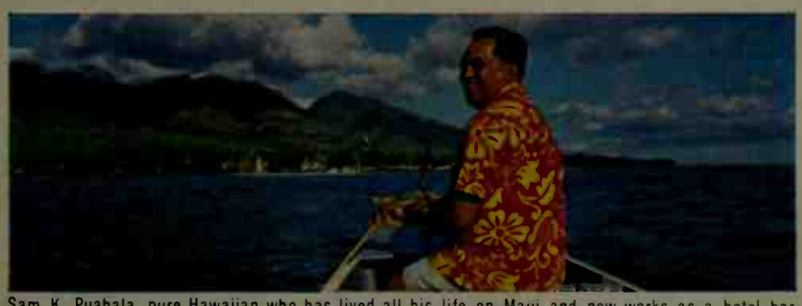
Elizabeth Logue, Lynn Kimoto and Mike Apele, who between them represent two different racial strains, typify Hawaii's golden people as they enjoy a warm, wintertime day at

Martha Miyahira, native of Yokohama before her marriage to a Hawaii Japanese, and her Honolulu neighbor, Mary Ann Cavanagh, originally from Michigan, take their children on shopping expedition through Ala Moana Center, an exciting complex of 155 shops — one of the largest in the world.

et the den People Paradise

never forget ays you spend them

Peter Cole first took his Hawaiian-Caucasian son, Kaaina, out in the Waikiki surf at tender age of two years. Now four, Kaaina hardly misses a weekend surfing with his father, a civilian mathematician for the Navy. Famed Waikiki Beach, the birthplace of surfing, is the Pacific's most glamorous resort area, with a wide variety of modern hotels.



Sam K. Puahala, pure Hawaiian who has lived all his life on Maui and now works as a hotel bartender, spends a quiet afternoon fishing for ulua off Lahaina, one-time whaling center of the Pacific and first capital of Hawaiian Islands, a short distance from the luxury hotels at golden Kaanapali Beach.

-year old beauty of Guama- ucasian parentage, studies ree in speech at University After dark, she dons grass hula dancer and joins ex- ki's varied nightlife scene.

Dela Cuesta sisters, La Verne Akiko, 13, and Karen Fumiko, 16, Honolulu schoolgirls of Japanese-Filipino-Spanish descent, wear traditional kimonos for a Japanese "bon dance," one of many ethnic celebrations which give Hawaii year-round festival atmosphere.

Donna "Kim" Ching, vivacious Kauai Chinese teenager who's a freshman at Cornell College in Mt. Vernon, Iowa, takes a summer swim at the Garden Isle's beautiful Haena Beach, one of scores of lush, tropical beaches found throughout all the Islands of Hawaii.

Joanne Brown and Melvin Park, first and fifth-grade schoolmates in Hilo, play midst some of the exotic orchids for which state's biggest island, Hawaii, is famous. She is Filipino-Hawaiian-Portuguese, he is Korean.

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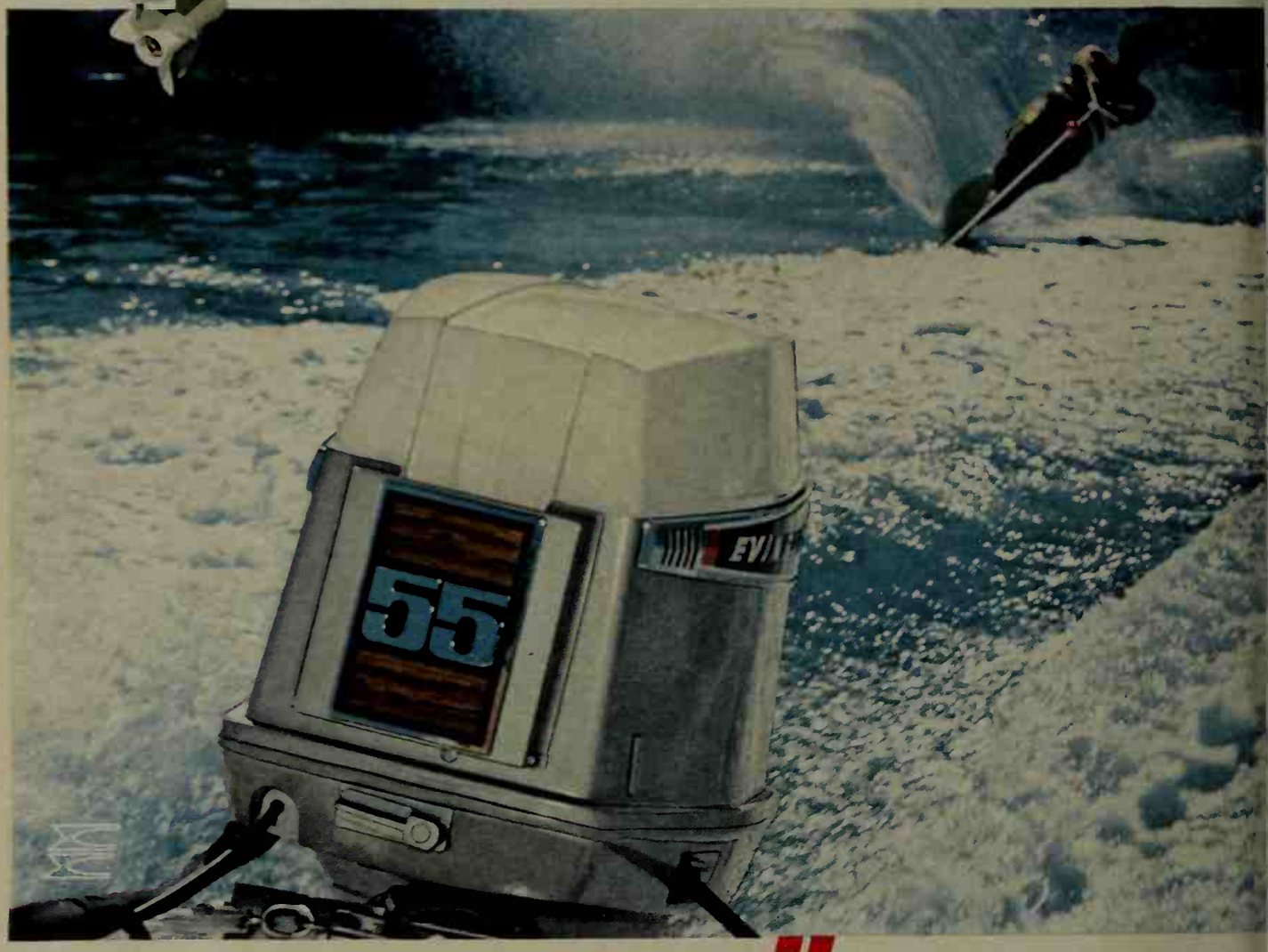

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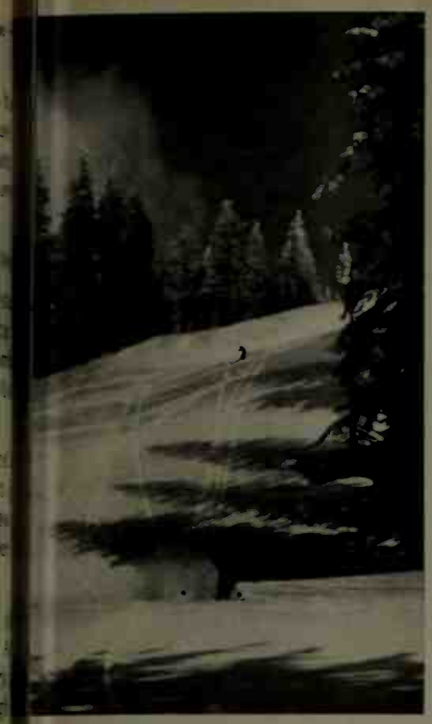


seldom run into a traffic jam on the Springs slopes in Blue Mountains

iing in Oregon's Blue Mountains

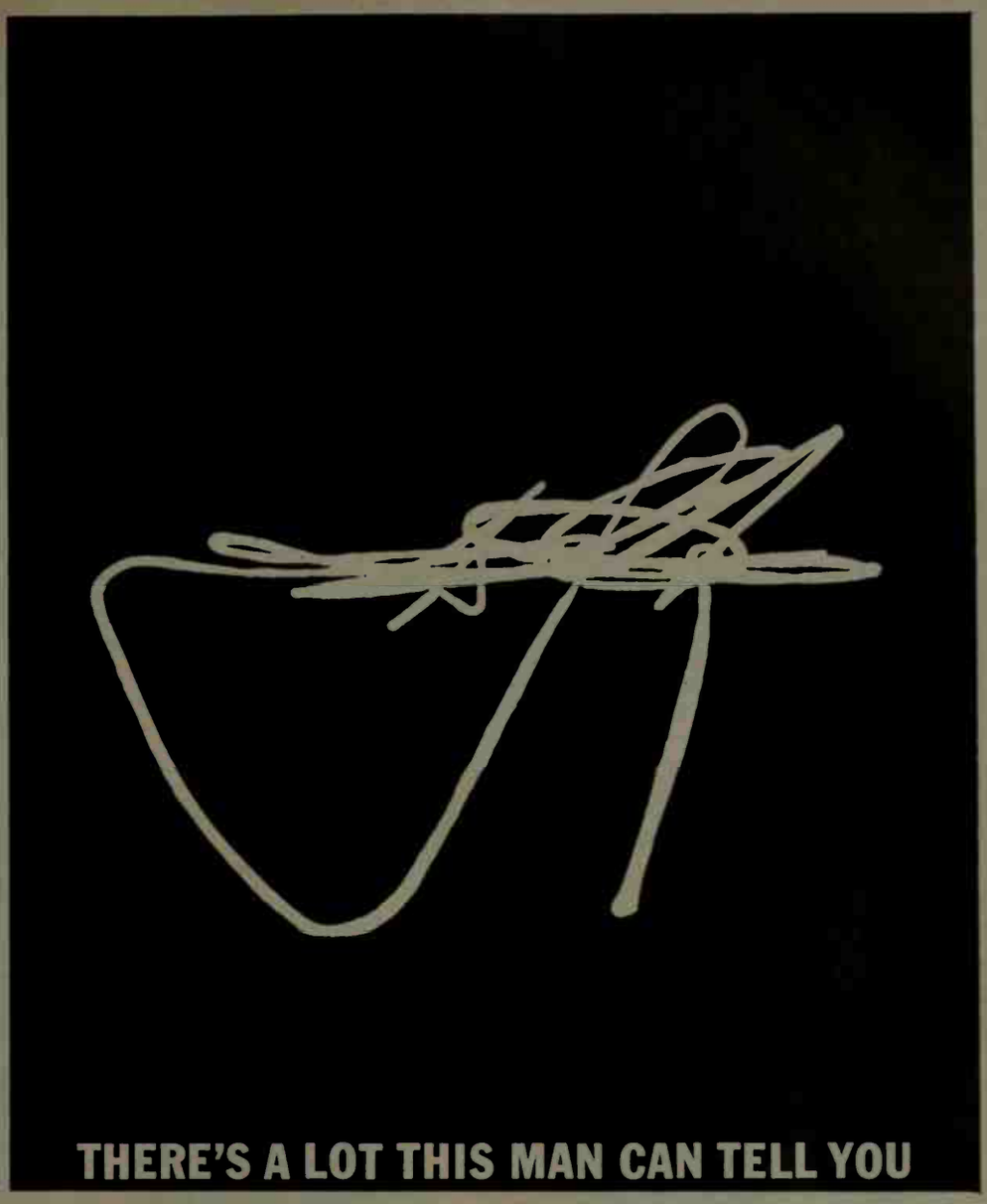
s dry and fast throughout the season inland cold belt of northeastern n. Still, even in midwinter, the slopes out Springs - Tollgate winter sports re considerably less crowded than of the better known Northwest ski s. You can drive there in an hour Pendleton or La Grande, Oregon, or Walla Walla, Washington.

Springs, at the 5,200-foot level in ue Mountains on paved State High- 04, was once a stagecoach stop on a ent route from the Oregon Trail to alla Walla Valley. Three miles west springs, travelers would pay a toll .50 to take a horse and wagon gh a large wooden gate—hence the of the small settlement, Tollgate.

cilities at Spout Springs operate day except Mondays through h: they include two double chair lifts s new this year), two T-bar lifts, and rope tows. Lift-and-tow tickets are per day; T-bars, $3; tows, $1.50. ts for night skiing (7 to 9 P.M. Satur- are $1.50.

night accommodations are not luxu- but they are comfortable, well kept, onveniently located near the slopes. vate room at the lodge costs $6 to r person; dormitory rate is $5. Rates de breakfast and dinner.

dditional information, or room reser- ns, write to Spout Springs Lodge, e 1, Weston, Ore. 97886.



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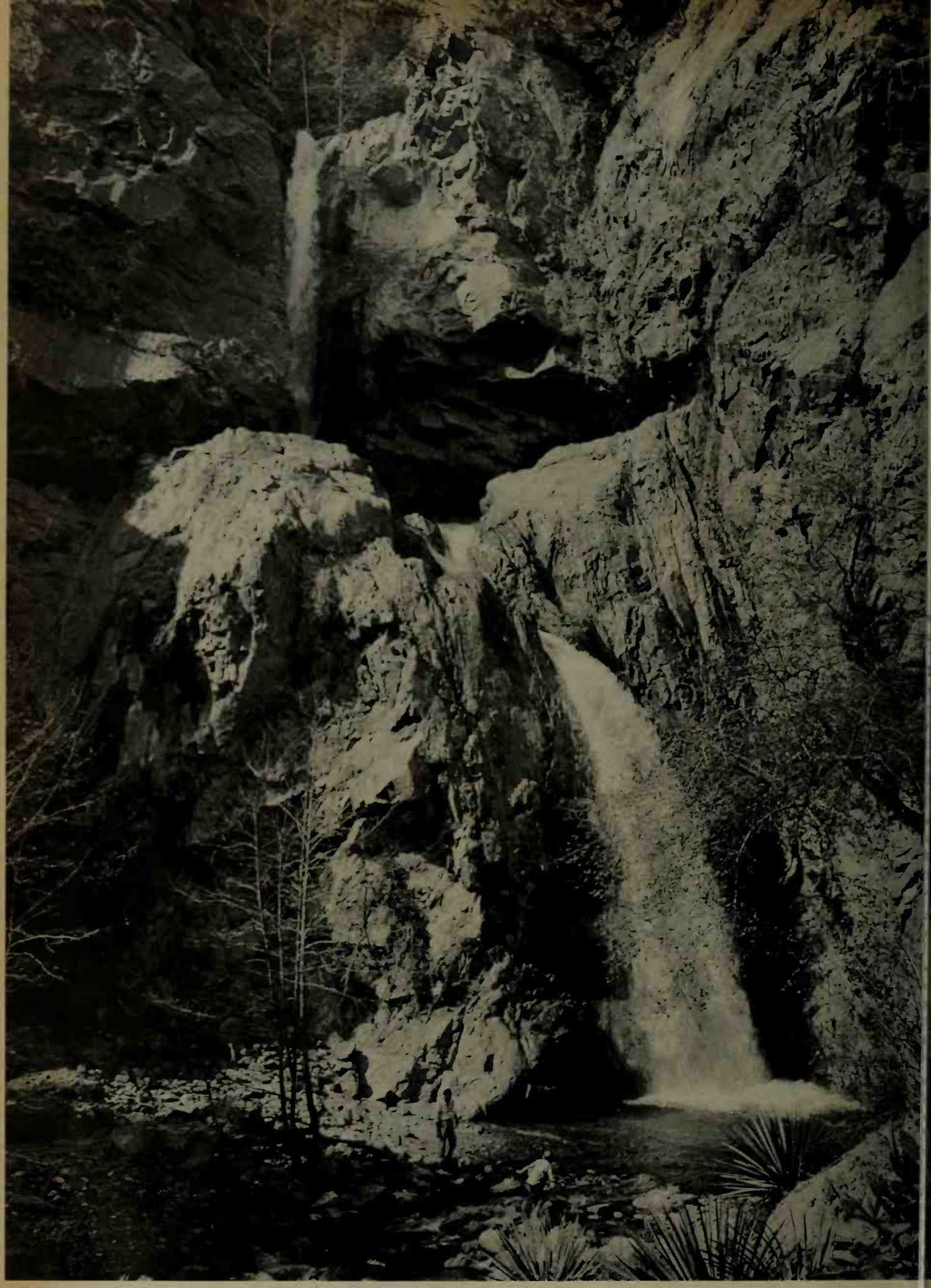


The great fall in Fish Canyon

Most dramatic waterfall in range is in Fish Canyon. You climb past lowest cascades to reach this cool spray-washed amphitheatre at foot of the middle

The waterfall walks above Los Angeles

The steep San Gabriels start right inside the city. If you have part of a day to spare, here is a new Los Angeles experience

In the canyons of the front range of n Gabriel Mountains, and you will r what the motorist would never t: These mountains that rise so ly to form the northern skyline of geles conceal a surprising wealth of ng streams, rocky gorges, and fra- woodland behind a façade that ustere indeed from the plain below en from mountain roads.

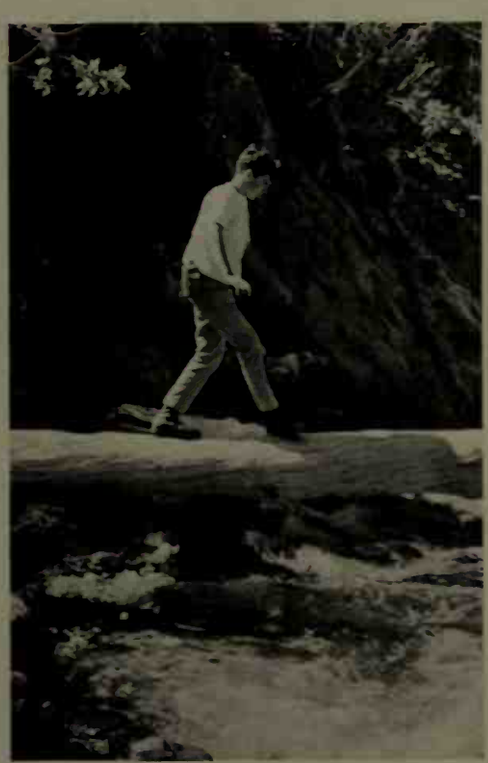
onth is probably the height of their ar season, for between winter rain- come those spells of clear air and balmy weather that turn the ts of Southern Californians to the y out-of-doors.

travels take you to Los Angeles such a period, you can get into ne back country in the front range ings ranging from an hour or two y-long. Not extensive enough for overnight backpacking, these moun- re better suited to the day trip; no point is farther than 20 miles from ge of town.

snow may occasionally block the ountry farther in, but in the front where the highest peak scarcely ex- 6,000 feet, snow is seldom more than t and short-lived blanket and sel- nough to obscure trails. In moun- that look so dry in the summer, it pleasure to walk beside tumbling —up and noisy now. It is even remarkable to come upon tall and booming waterfalls—as you will in of the front range canyons.

San Gabriels are unusual among American mountain ranges in that their axis runs east and west. This gives them a sunny south slope where spring stirs long before the calendar announces it, a chaparral-clad slope that can become uncomfortably hot by late spring. By summer it dries out, and for fire protection the front range is finally closed to public entry on July 1.

In winter, the chaparral is at its greenest and supplest, and the ground in moist and shady places is springy with dark green moss.



Be prepared *for creek crossings. Often a log is alternative to a leap—or wet feet*

Along creeks in deep canyons, most of the trees are bare, letting in the low slanting sun. This month the first alder leaves will start showing in sun-favored spots, to be followed later by those of sycamore and bigleaf maple.

But three principal creek side evergreens create year-around shady canopies over leaf or needle-carpeted paths—and make the transition from creek forest through the chaparral and up to the yellow pine forest on the heights. The three are the oak; the aromatic California laurel, its top ablaze with yellow bloom this month; and that stocky Southern California relative of the Douglas fir, the big-cone spruce.

A STEEPNESS THAT MAY SURPRISE YOU

The San Gabriels are also unusual among North American mountains for their steepness. Over half their slopes are at, or steeper than, the angle of repose (beyond it, rocks slide if they're loose)—a grade of 70 percent. You'll experience vividly several consequences of this. One of them is the astonishing view from such peaks as Lukens, Lowe, and Wilson, or from some south-slope trails. You seem to be looking out across the vast Los Angeles plain as though from a cliff top—a cliff over 4,000 feet high.

Another consequence is that many trails, although by no means all of them, are downright steep. The steepest in the front range, the Stone Canyon trail up Mount Lukens, climbs 3,300 feet in perhaps 3½ miles; some of the Mount Wilson trails are nearly as abrupt. Happily, since

Northern skyline *of Los Angeles metropolis is 63-mile main San Gabriel massif. Vertical scale is tripled to bring out p*

almost all of this hiking is at elevations below 6,000 feet, the added stress of rarefied air is small.

Steepness and the inordinately fractured and faulted rock of the San Gabriels call for caution: better not stray far from established trails. Trails are safe enough, unless unusual washouts have occurred, but generations of unwary walkers have contributed to these mountains' reputation as "most dangerous in the nation"; the records of search-and-rescue teams here are voluminous.

BEFORE YOU SET OUT

From the rangers you can get an excellent free map that shows trails and other facilities in the forest. They can also provide current information on the state of trails and the condition of streams. The height and steepness of these mountains subject them to the most violent effects of the weather, so parts of trails can disappear in a downpour. The chief damage of last November's record rain was to make certain trails impassable for horses; on most trails, people could—and can—still get through.

You can usually tell just by looking at the mountains in the morning what the weather will be like. This time of year, mornings tend to be frosty, but days are often warm. In planning an outing, remember that the sun is still low: east-west-lying canyons may be sunless and usually will be cool. Remember also that days are still short; for a long hike, s ule an early start to allow leeway a end; or take a flashlight along if yo a late start.

On the practical side, trousers are b than shorts. You often have to through prickly brush, and there stream canyon that does not have p oak within brushing distance of h legs. Rattlesnakes and the gnats and flies that haunt all-year strean warmer seasons are retired now, but son oak keeps its toxicity even aft has lost its leaves.

For longer trips, sturdy walking sho boots are preferable, but few trails a rocky that canvas shoes would be un able. A long canyon-bottom walk th

Use this map *to locate walks in relation to foothill communities; consult Forest Service map, topographic sheets for closer d*

below, left, shows front range country; seven waterfall canyons noted in this article run from Arroyo Seco east to Fish Canyon

y boulder hopping may be hard in s shoes, but these shoes have the of drying rapidly; you might carry r in your knapsack. Front range ns vary in volume depending on the of time since the last rain; they reach peak flow by February—so be red for the choice between wet feet urning back.

along a full canteen if your route nly away from watercourses. Water creeks is generally good to drink—t where stream flow is sluggish or there is obviously a great deal of n traffic or habitation. Fresh, cool tain water is a pleasant contrast to emical-laden water of some munici-es, but the water of the San Gabriels hly mineralized and may produce a ising thirst of its own.

OOD INTRODUCTIONS

are brief notes on some trails that ive you a sampling of this country, e with the Forest Service and topo-ic maps:

o Seco. Park on Angeles Crest High-at Switzer camp side road, 10 miles on Foothill Boulevard in La Canada. down ¼ mile to campground, then t 1 mile downstream to trail camp at of Switzer's Falls. Cross stream; past view of falls to trail junction, er ¼ mile. Downward trail takes to creek; base of falls is upstream. return to main trail; loop is about niles. Main trail leads 8 miles more length of canyon; for a car shuttle, place to park at southern end is intersection of Ventura Street and Windsor Avenue in Altadena.

Millord Conyon. From Loma Alta Drive in Altadena, turn north on street named "N. Chaney Trail"; park near Sunset Ridge ranger station. Walk paved fire road a little way to find Millard Canyon trail: about 4 miles in, through canyon then up to Tom Sloan Saddle.

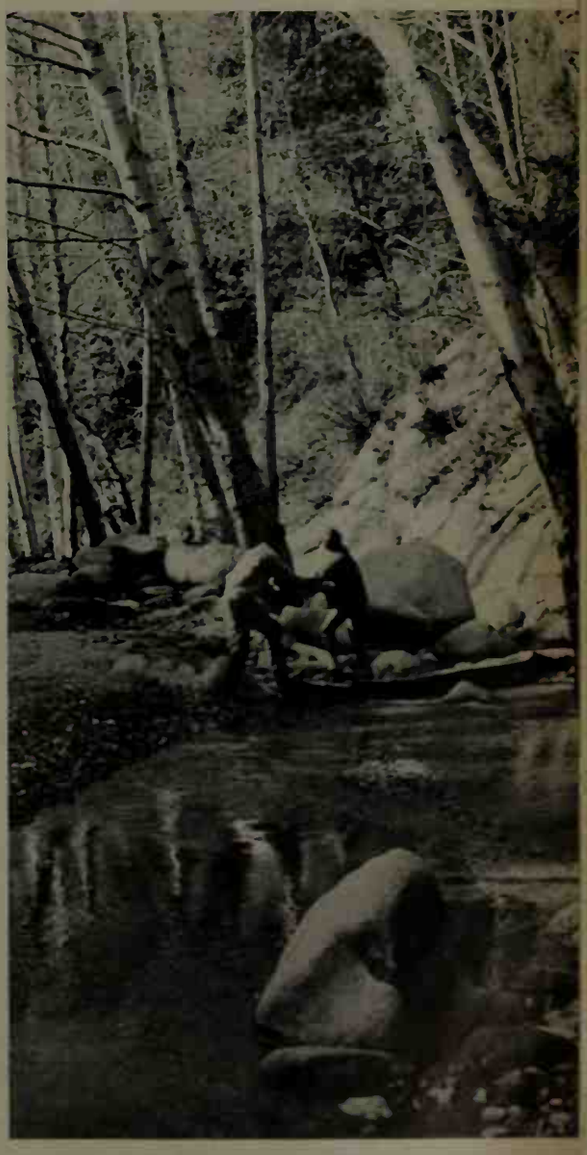
Echo Mountoin. Park on east side of Lake Avenue at intersection with Loma Alta Drive in Altadena. Trail starts south of large stone gate, leads in nearly 3 miles of climbing through chaparral to ruins of hotel complex at head of former Mount Lowe incline railway—a site famous for its view. Take along water.

Little Sonto Anito Conyon. Park near intersection of Miramonte Avenue and street named "Mt. Wilson Trail" in Sierra Madre. Trail begins a little way up Mt. Wilson Trail. Beyond a chaparral-covered ridge, trail overlooks forested canyon with half a dozen waterfalls. It's 4 miles in all to site of Orchard Camp; take along water if you want to go another 3½ miles on steep climb to Mount Wilson.

Sonto Anito Conyon. From Arcadia, drive Santa Anita Avenue north into mountains to Chantry Flat (ranger station, picnic area). Route down into canyon takes you in 2 miles to Sturtevant falls. Backtrack ¼ mile to find Santa Anita Trail to canyon above falls; it's another 2 miles in to Spruce Grove trail camp.

Mount Wilson. Turn off Angeles Crest Highway at Red Box Gap to reach summit, a little over 19 miles from La Canada. Steep Rattlesnake Trail starts ¼ mile west of Skyline Park gate, takes you through superlative forest on 3½-mile trip down to West Fork of San Gabriel River (then 3½ miles, 2,400 feet back up).

Usually you can tell just by looking if it is a good day to go



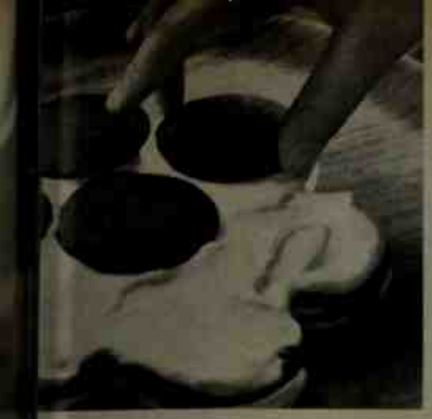
On woy *to Switzer's resort site in upper Arroyo Seco, walk requires boulder hop*

DARROW

Gently scoop *a lavish mound of wide milk chocolate curls onto the center of chocolate cooky and whipped cream cake to make cascades that give the dessert its name. Then, for a very professional-looking finish, dust cake lightly with powdered*

The young cooks take over

Here are six success stories. And in all cases the tasty results are achieved without heat



te layers of cookies and whipped to give the cake this flower shape

getable peeler firmly across a piece k chocolate to make the wide curls

completed Chocolate Cascade Cake veral hours so it can be easily cut

g cooks, confident and full of enthu-, rarely doubt their abilities in the en. So they sometimes find them- in situations beyond their control l beyond yours.

equipped with recipes that take into nderation their skills and abilities, can produce handsome, tasty dishes could be the pride of any cook of any and certainly give a boost to their le (not to mention that of the regular chold cook, who usually can do with real help).

The six dishes here prove our point. Each was tested several times in *Sunset's* kitchens by boys and girls 8 to 14 years old. None of the recipes requires cooking or powered equipment; all are distinguished enough for company as well as family.

CHOCOLATE CASCADE CAKE

- 1 package (about 8½ oz.) chocolate wafer cookies
- 1½ cups whipping cream
- 2 tablespoons powdered sugar
- 1 teaspoon vanilla
- 1 bar (12 oz.) milk chocolate, at room temperature
- Powdered sugar

Divide cookies into stacks of seven each; you should have five or six stacks. Combine the cream, 2 tablespoons powdered sugar, and vanilla in a deep bowl. Whip with a rotary beater until stiff enough to hold sharp peaks when you lift up the beater.

Put one of seven cookies in the center of a flat plate and encircle with remaining six. Spread evenly with about ⅓ cup of the cream, just out to the edge of the cookies. Top exactly with seven more cookies and repeat layering until all the cookies are used. Spread sides of cookies and top with all the remaining cream; use a long, slender spatula to get a smooth effect. Place in refrigerator while you prepare the chocolate curls.

Break the chocolate bar into designated sections. Using one section at a time, place on waxed paper, smooth side up, close to the edge of a table (see center photograph at left). Brace chocolate edge with left thumb as shown. Pressing down firmly, pull a vegetable peeler down with left forefinger (reverse process if left handed). Lift off each curl and lay aside. Turn chocolate section, place thin edge against thumb, and continue peeling to get as many curls as possible. Repeat with each section of chocolate.

If room is warm, transfer curls to a pan in the refrigerator as you work. Save leftover chocolate chunks for other uses or for eating as they are.

Pile curls onto cooky cake and dust lightly with powdered sugar. Then chill cake for 6 hours so cookies become soft enough to cut. Makes 12 servings.

BREAKFAST PRUNES

- ½-inch-thick orange slice
- 4 whole cloves
- 2 thin lemon slices, cut crosswise
- 1 pound package moist-pack dried prunes
- 3 or 4-inch cinnamon stick
- ½ cup sugar
- 2 cups hottest tap water

Cut the orange slice in quarters and stick a clove in each piece. In a 1-quart jar combine the lemon, orange, prunes, and cinnamon, alternating the kinds of fruit as you fill the jar. Mix sugar with water and pour over prunes. Cover, chill overnight, or as long as a week. Serves 8.

(Turn the page for more recipes)

Pour *hot water and sugar over breakfast prunes with fruit, spices; chill. She's making a double recipe because her family loves prunes*

GLENN CHRISTIANSEN

Spark *flavor of gazpacho to your l with lime juice; add ice to keep soup*

The young coo

The first of these four recipes is a cl cold soup. The other three require cutting or mixing.

GAZPACHO OF MEXICO

- ½ cucumber, peeled if you like
- ½ mild red or white onion, peeled
- ½ ripe avocado, peeled
- ½ teaspoon whole oregano, crumbled
- 3 tablespoons olive oil or salad oil
- 2 tablespoons wine vinegar
- 4 cups canned tomato juice
- Ice cubes and 2 limes, cut in wedges

Slice off a few pieces of cucumber onion; save. Chop rest of cucumber onion in small pieces; slice or chop cado. Put onion, cucumber, avocado, ano, oil, and vinegar in a serving b Pour in the tomato juice. Top with cumber and onion slices; chill. Ladle bowls, adding 2 or 3 ice cubes and juice to taste. Serves 6.

SANDWICH HAM WITH PUMPKIN SE

- 1 small canned ham (1 lb. 8 oz.)
- 1 can (about 8 oz.) frozen avocado dip, thawed
- 2 to 3 tablespoons salted pumpkin seeds
- Parsley and cherry tomatoes
- 8 to 10 slices bread, white or whole wheat

Drain off ham juices, or if ham is peel off gelatin. Trim off and discar much fat as possible. Place meat o platter and spread top and sides thi with avocado dip. Decorate surface pumpkin seeds; surround with pars tomatoes. Put bread on tray. Cut har thick slices and serve portions betw bread slices. Makes 4 or 5 sandwich

To make *Gazpacho of Mexico, chop on cucumber, and avocado, and add to mato juice; notice how he holds the k*

ate *avocado-coated ham with salted in seeds, parsley, cherry tomatoes*

Cut *simple patterns in tender mushroom caps, then soak in flavorful salad dressing*

Garnish *orange Bavarian pudding, based on a mix, with orange slices, mint leaves*

ike gazpacho, orange pudding, sandwich ham

DARROW M. WATT

TURED MUSHROOMS

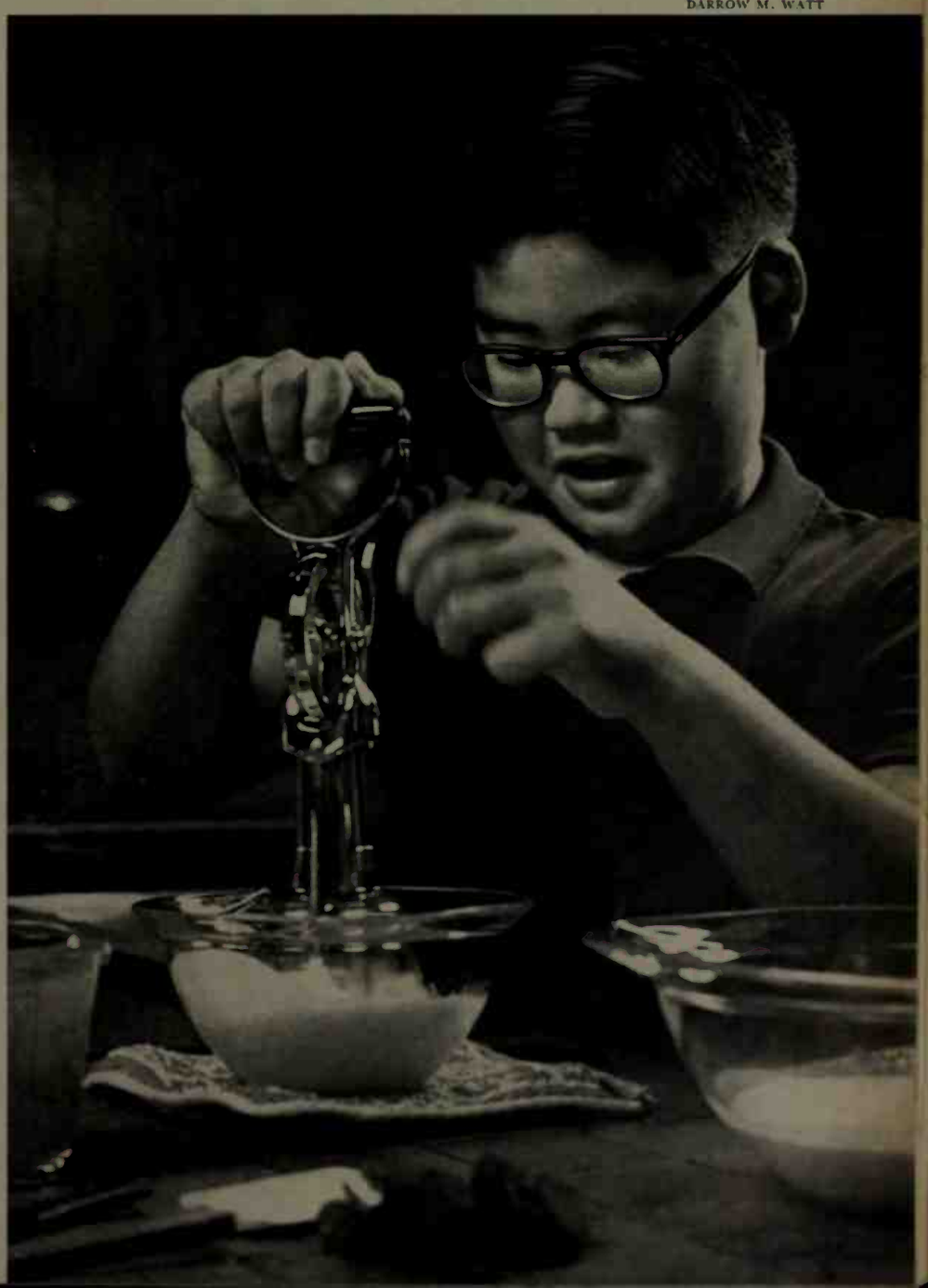
pound medium sized mushrooms
cup (8 oz.) prepared Italian dressing

mushrooms and cut off stems flush ap. Cut designs in cap (hold as to prevent cutting yourself) by g a line with knife, then undercut- long the line and lifting out scraps. ine mushrooms and dressing in a r with a tight lid. Let stand at least , shaking occasionally; or keep up eek in the refrigerator. Use as a gar- or cooked meats—steak, beef pat- r add to salads.

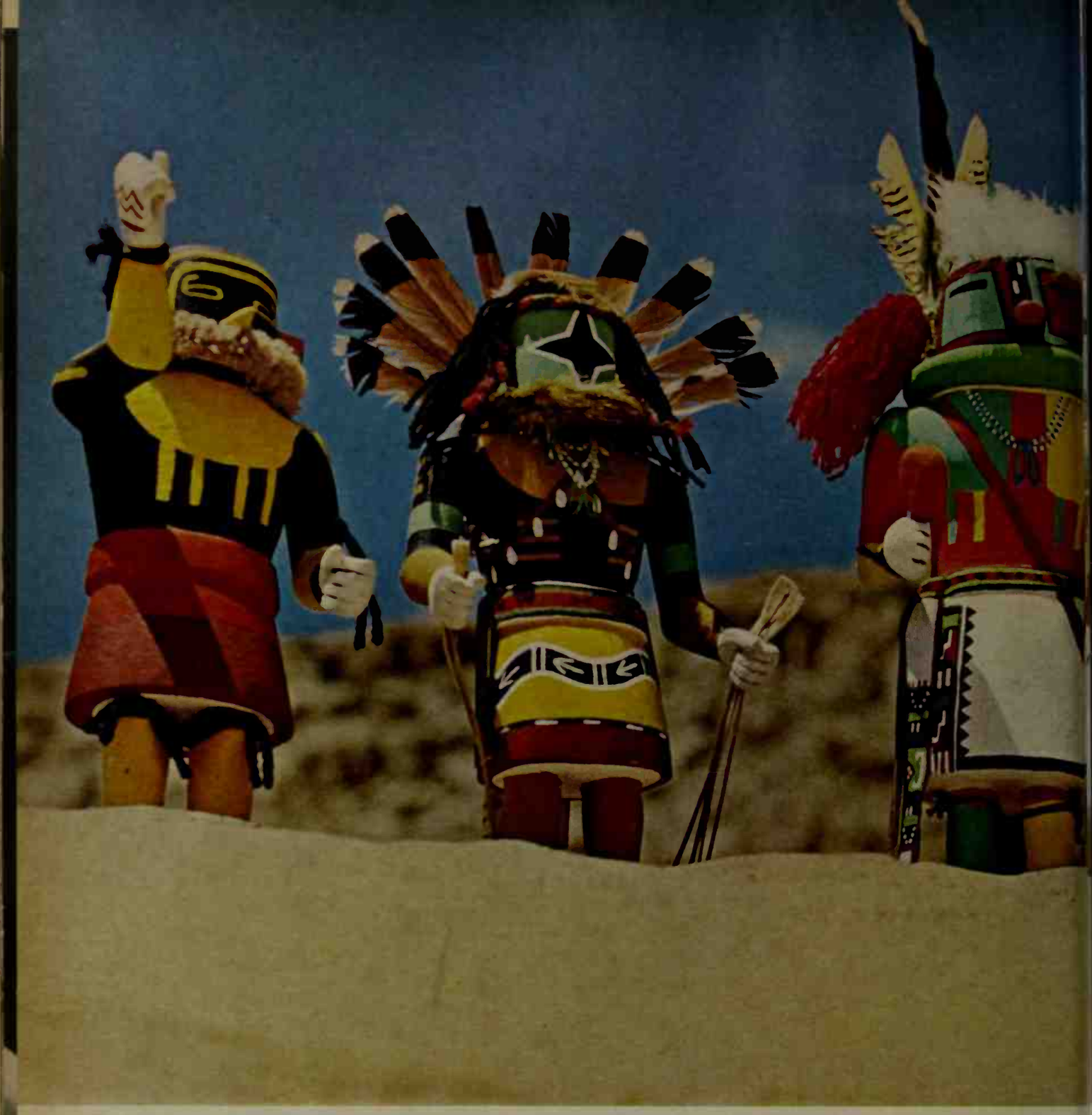
GE BAVARIAN

eggs
cup sugar
cup *each* whipping cream and orange juice
large package (5½ oz.) instant vanilla pudding
Orange slices or wedges and mint leaves

a rotary beater, beat the eggs and in a small bowl until tripled in vol- set aside. In another, larger bowl and ut washing beater, whip the cream stiff peaks form when you lift up the rs. Put the cream in with the eggs. In ream bowl, combine the orange juice udding mix. Beat until mixture gets , then add the cream and eggs and with beater until well blended. Pour pretty bowl and chill for at least 1 serve on the same day (pudding ates if it stands long). Decorate with e slices and mint and spoon soft ing into dessert bowls. Serves 6.



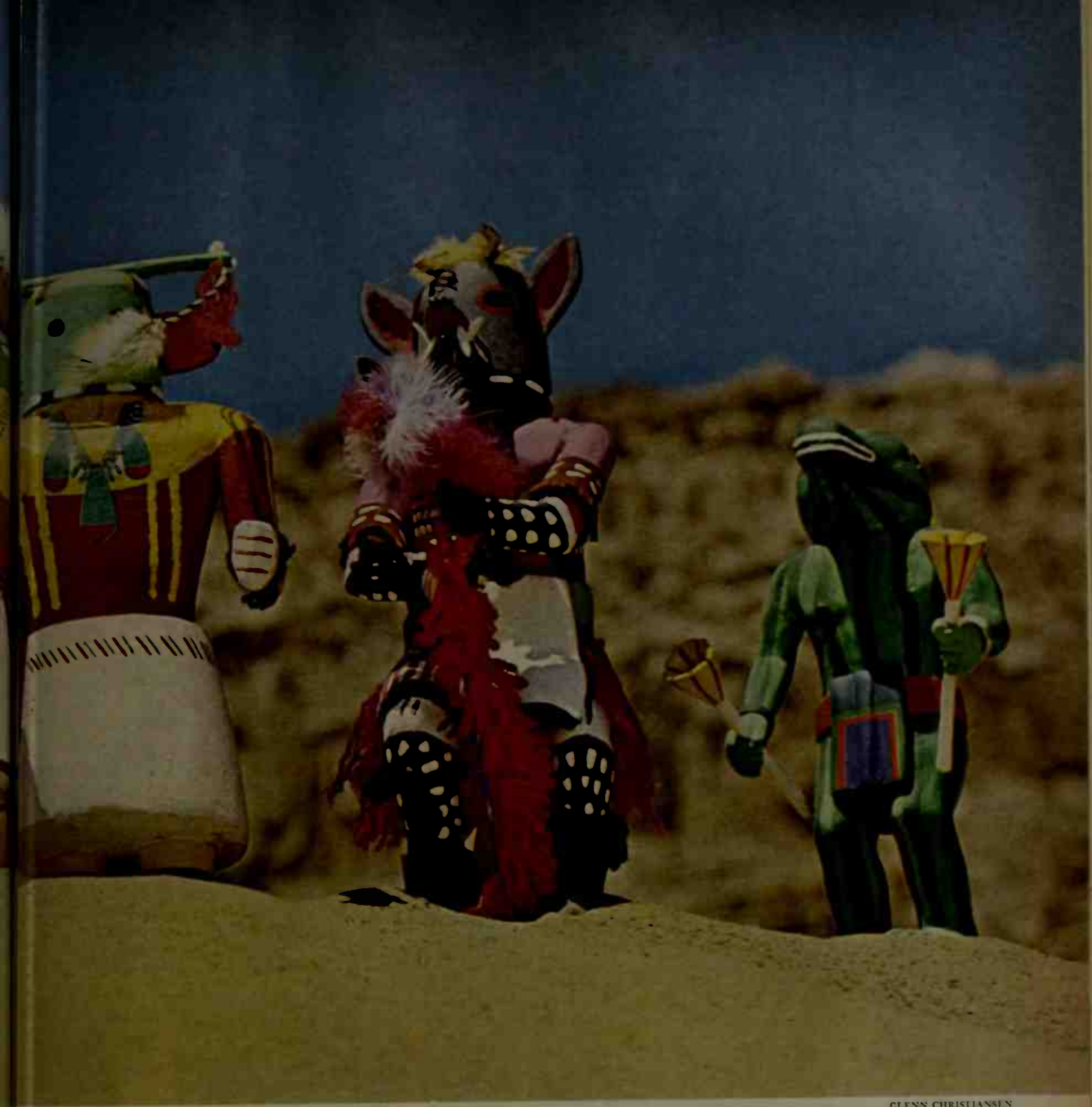
Hold *bowl steady on a pot holder and beat pudding ingredients; you whip up three separate mixtures, then stir all together*



Hopi Kachina dolls *pose for their portrait against escarpment of the Second Mesa in northern Arizona. Left to right: I*

Meet the Kachinas

This month supernatural beings come down to Hopi villages from their home atop the San Francisco Peaks in northern Arizona. They'll stay until July. You can't see them, but you *can* see Kachina dances and shop for Kachina dolls at the tribal crafts guild



GLENN CHRISTIANSEN

ina ($25), Star Kachina ($40), Malo Kachina ($40), Corn Kachina ($18), Wolf Kachina ($45), and Squash Kachina ($50)

er chills the high, windswept mesas of northern Arizona's n Country this month, but there's a springlike sense of tation in the tiny, mesa-top villages on the Hopi Indian rvation. This is the season of Powamu, the Bean Dance mony, when the Hopi Kachina spirits are supposed to re- to the villages to bless—and admonish—the Hopi people. rful masked dancers, each one assuming the costume and f the Kachina spirit he represents, impersonate the super- ral visitors in ceremonial functions from now until the g Home ceremony next July. These impersonators dance e ceremonial kivas and village plazas, accept petitions for health, and good fortune, and chastise those who have of- ed tribal law and custom. They also bring gifts of food to ected village elders and present *Kachintihü* (doll-like effi- of the various Kachina spirits) to Hopi children.

The brightly colored Kachina dolls, treasured mementos of the Kachina visits, are traditionally displayed from the rafters and walls of Hopi homes to help youngsters learn to identify the distinctive mask and costume of each Kachina spirit. The dolls are neither worshiped nor especially revered by the Hopi, but serve instead as decorative reminders of the spirits they represent. Beyond the Hopi villages, the dolls are prized by collectors as some of the most meaningful and colorful examples of Indian art. Cost of a Kachina doll ranges from about $18 to $50.

The pantheon of Kachina spirits includes about 250 individuals, ranging from a gift-bearing Santa Claus type to a ferocious black ogre who disciplines disobedient children. Many of the spirits, such as the eagle, wolf, hornet, and lizard Kachinas, are animal representations. Others represent plants or flowers; sky objects like the sun, moon, and stars; or legendary figures from

Compassion *Kachina soothes damaged ego of youngsters who are punished ($20)*

Sky Spirit *is not a true Kachina, but old deity. He carries a lightning stick ($25)*

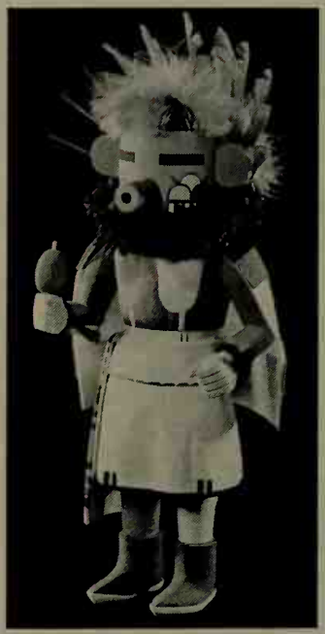
Crow Bride *Kachina wears wedding robe, carries cornmeal. Some believe she is mother of Kachinas ($20)*

Mountain Sheep *Kachina has ruff of Douglas fir, dances with canes. Hopis believe he is able to cure spasms ($35)*

Whipping *Kac carries yucca w threatens disobe Hopi children (*

Great Horned Owl *Kachina wears a buckskin robe draped across his shoulder and spies on the more irreverent activities of the Clown Kachinas ($50)*

Hopi history. Many Kachinas are identified only by their particular ceremonial roles (runners, clowns, and escorts) or by some idiosyncrasy in costume or behavior. There is no fixed number of accepted Kachinas. New ones are introduced almost every year, but return the next year only if they develop a popular following or bring about some beneficial effect. Some of the least popular Kachinas have apparently been completely discarded. The Yucca Skirt Kachina is seldom presented anymore because his appearances seem to



Dawn *Kachina has tubular mouth, rain symbols on cheeks. He sings songs often critical of villagers ($45)*

Marau *Kach dances in Wom Ceremony, wears pod headdress (*

Kachina is the Santa Claus. He s to children's re- s for toys ($16)

Left-Handed *Kachina has diamond-shaped eyes, may represent a left-handed hero from Hopi legend ($30)*

GLENN CHRISTIANSEN

Eagle *Kachina wears a cape of eagle feathers. The feathered neck ruff is a sign that this is a Third Mesa representation of the eagle spirit ($75)*

Some Kachinas are quite menacing, but one just soothes children whose feelings have been hurt

d Head *Kachina is ery popular clown. ries a feather staff a rattle ($35)*

Mocking *Kachina makes fun of everyone, has black mask, tubular eyes and mouth, and juniper bark hair ($45)*

Heheya's Uncle *wears white goatskin wig. He guards other Kachinas as they rest between the dances ($35)*

Maiden *Kachina has a veil, beard, wears hair in whorls, dances with Hemis Kachina ($25)*

Corn *Kachina is a new type from the Pueblo villages of Rio Grande ($30)*

be accompanied by damaging storms.

The same Kachina spirit may also be presented a little differently in different villages. One of the popular gift-bearing Kachinas now appears in several villages wearing a Western-style business suit, having discarded the traditional buckskin robe still prevalent in other villages. The mask of the Hornet Kachina on First Mesa is completely different from that of the Hornet Kachina on Second and Third mesas. Slight differences in ceremonial role may also occur from village to village.

The Kachina Cult—belief in Kachina spirits, ceremonial function of masked Kachina impersonators, and carving of Kachina

If you are lucky enough to catch a Kachina dance in a Hopi village, leave your camera in your car

GLENN CHRI

Eagle *Kachina catches youngster's eye at Tucson mu Several Arizona museums have good Kachina colle*

dolls—is shared by the Zuñi Indians of New Mexico and by some of the Pueblo Indian villages along the Rio Grande; but its most widespread acceptance is among the Hopis. Each Hopi individual is somehow involved in the cult, and the Hopi group is the only one that has developed the carving of Kachina dolls into a popular and profitable art form.

BUYING A KACHINA DOLL

Visitors to the Hopi Reservation can buy traditional, hand-carved Kachina dolls at the Hopi Arts and Crafts Cooperative Guild on Second Mesa. The cost depends almost entirely on the quality of workmanship. A well executed doll around 8 inches tall sells for about $30; elaborate detail work in the carving or costume design may push the price up as high as $50. Authentic hand-carved Kachina dolls can also be purchased in quality Indian art shops and museum gift stores.

Several Hopi entrepreneurs manufacture a line of "tourist trade" Kachina dolls that are popular items in roadside curio shops. These simulated Kachina dolls (not true representations of a particular Kachina spirit) sell from about $1.50 to $ can usually be recognized by the simplicity of the lathe-t body and by a teepee-shaped notch at the front of the base, representing the Kachina's feet. Genuine, hand-c Kachinas have individually carved feet.

Even the simulated Kachina dolls have their imitators. imitations bear the label "Indian made" and are manufa by non-Pueblo Indians who have probably never seen Hopi Kachina, or by "Indians" in the employ of enter curio dealers. Others come from as far away as Japan

Authentic, Hopi-made Kachina dolls are ceremoniously c from the root of a living cottonwood tree. Most sim Hopi-made Kachina dolls are also manufactured from c wood, but not necessarily from the root. Cheaper imit

DARROW M

Crafts Guild *is on Second Mesa between Oraibi and Polacca. Guild representative shows dolls to visitor. Black Ogre Kachina (Hopi boogeyman) is on counter*

Bogus *Kachinas include imitation Japan (right) and Navajo-made*

made from a variety of woods including balsa, pine, sometimes old broomsticks. Japanese imports are most manufactured from ceramic materials, sometimes from plaster or plastic.

best assurance of authenticity is to buy directly from ld showroom on the Hopi Reservation or from a repu- ndian art dealer. Authentic Kachina dolls often carry a at includes the name of the Kachina spirit represented o the name of the craftsman who created the doll.

NG THE HOPI VILLAGES

a Highway 264 (Reservation Highway 3) passes within distance of most of the Hopi villages on its trans-reser- route between Tuba City (on U.S. Highway 164) and vajo capital of Window Rock on the Arizona-New Mex- der. The showroom of the Hopi Arts and Crafts Guild is te 264 about halfway between Oraibi and Polacca.

n travel State 264 as an alternate route between Flag- nd Gallup, or use it as a lateral connection between outh U.S. highways 89 and 666.

Iopi villages offer very little to attract visitors off the y except during the performance of a Kachina dance. s are most frequently presented on weekends, but being right village at the right time to witness one of these l ceremonials is largely a matter of luck.

and places of Kachina dances are not publicized, but if fortunate enough to be on the reservation on the day of e, someone at a trading post (or perhaps a sales repre- ive at the crafts guild) may reluctantly confess that is indeed a dance today at such-and-such a village. If nformant happens to be an unusually gregarious Hopi, y even offer vague directions to the appropriate village.

Hopis graciously accept the presence of outsiders at their onial dances as long as visitors abide by the established l rules. Be as unobtrusive as possible and in no way in- t or interfere with any ceremonial procedure.

ras, recording equipment, and even sketch pads are y forbidden. Put your camera away—preferably out of or locked in your luggage compartment—before you enter pi village. These regulations are rigidly enforced, and as and recording equipment of violaters will be confis- by village authorities.

N THE KACHINAS DANCE

nost conclusive evidence that a Kachina dance is under- s likely to be a concentration of cars and pickup trucks d one of the small villages. Indian police or village au- ies are usually on hand to direct parking.

u approach the village plaza you first hear the muffled ce of a drum, then the melodious chorus of voices. The are famous for singing the plaintive Kachina songs.

first impression of the dancers may be no more than a glimpse through a passageway onto the open plaza, but rabness of the tiny village is immediately transformed by olorful brilliance of the ceremonial pageant. Kachinas ly dance in chorus, and the sight of 15 or 20 of these ed dancers, identically costumed and dancing in slow, ured rhythm, is an experience one is not likely to forget.

plaza is crowded with Hopis wearing their finest silver- and most elaborate sashes. Ceremonial leaders and village s are often seated in places of honor at the edge of the , while youngsters take advantage of the better view the rooftops of houses that front the plaza.

egular intervals during the day-long ceremonial, the masked rsonators interrupt the precision ritual of the dance to dis- te gifts: three-lobed loaves of Pueblo bread still warm from ovens, pumpkin pies, and even canned goods and sacks of from the trading post. At a dance last spring, we saw Kachina withdraw a large birthday cake, complete with icing and candles, from a cardboard carton and present it to a small Hopi boy.

After such gifts are distributed, the masked dancers usually take a short rest period and other Kachina impersonators enter the plaza singly or in small groups. The Powamu Ceremony this month often includes a parade of as many as 50 different Kachinas. Among the many intermission entertainers, the irreverent Mudhead Clown Kachinas are frequently the most popular. The Mudheads burlesque the masked dancers, jest with the spectators, and frequently present biting satires of non-Indian visitors.

As the sun dips behind the rim of the mesa, the masked dancers retreat single-file from the plaza, singing a song of farewell. The villagers, speaking in subdued voices, return to their homes, and soon the plaza is silent.

Once you have seen the Kachinas dance, the doll you bring home is sure to be much more than a casual curio.

Craftsman *at Museum of Northern Arizona demonstrates doll-making techniques, adds final touch to Hemis Kachina*

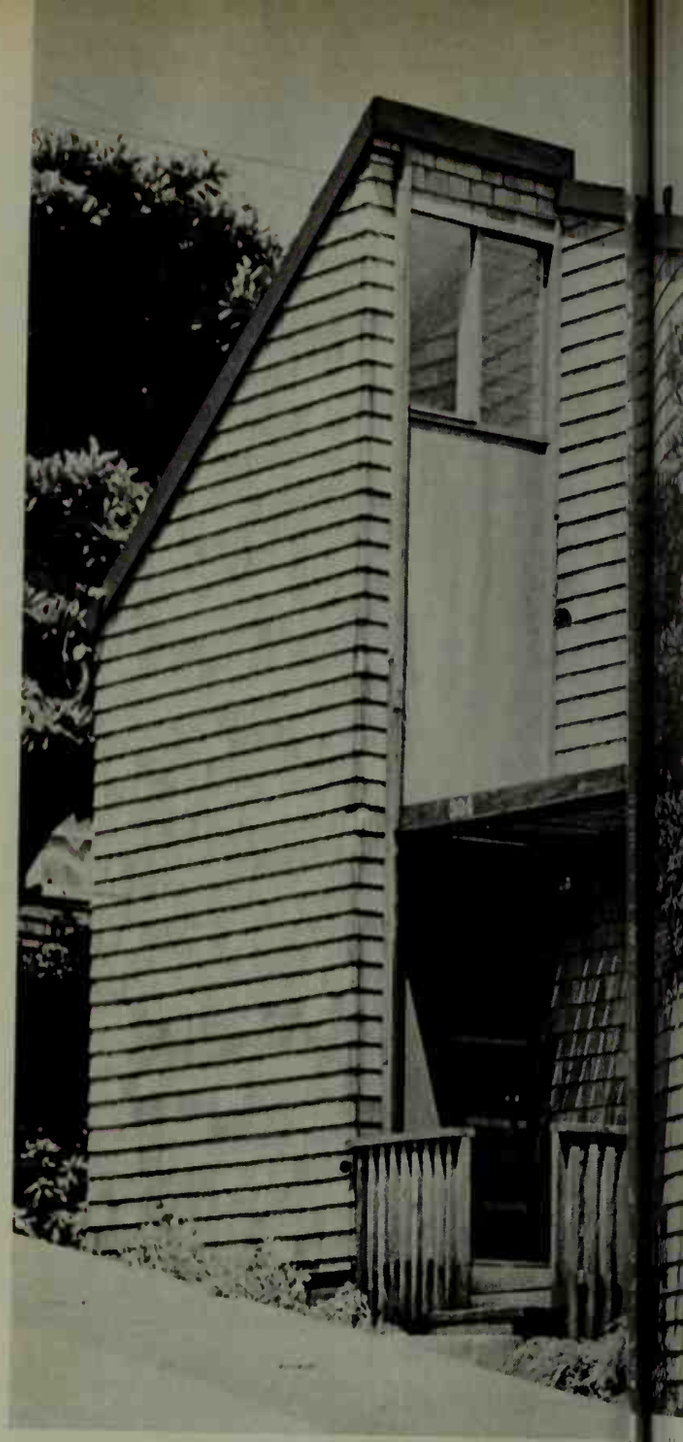
ROBERT WENKAM

New upstairs . . .

Roof raised *so three bedrooms, bath could be fitted into former attic. Master bedroom occupies corner above dining area, deck*

new downstairs . . .

Living, *dining rooms enlarged by incorporating old glassed porch*



View from street *(same as* Before *view below). Two*

and handsome new outsides in cedar shingles

Before. *Weathered old house sagged, barely hung toge*

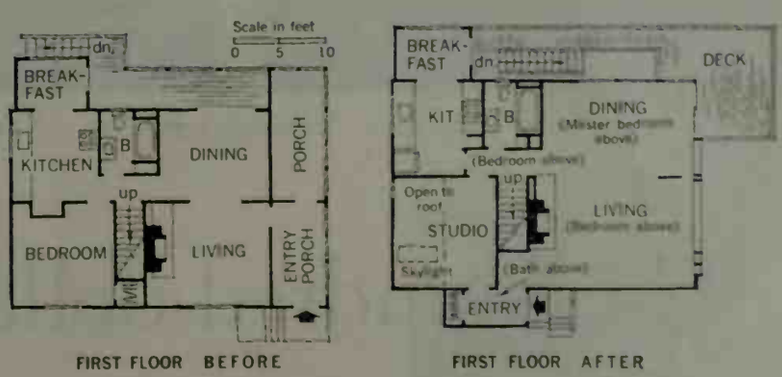
ERNEST BRAUN

m added to front contains entry and a new bath above. For privacy, and because of strong winds, no windows face the street

people wouldn't have considered this house suitable for remodeling. Over years since it was built as a summer ge (it's in Sausalito, California), the ents had gradually weakened its strue- until it was almost uninhabitable. The e was questionably supported by 4 by h joists spaced 3 feet apart and span- over 12 feet.

itect Igor Sazevich was well aware of problems when he bought it, but was certain that he could make it strue- lly sound and suitable to his family's ds. (His first task was to jack up the se and pour a proper foundation.) Here see how he expanded the house from a bedroom cottage to a three-bedroom, -bath house with a generous studio.

The first floor plan tells the story



In remodeling, *the entry was moved, living, dining rooms expanded. Former attic area now has bath, three bedrooms*

Watch out below! *Here comes Kelly down the fireman's pole. It's a ¾-inch galvanized pipe, held at the top by a floor fl*

The "hundred-dollar" playhouse

It has a fireman's pole, a balcony-deck, a ladder for going up

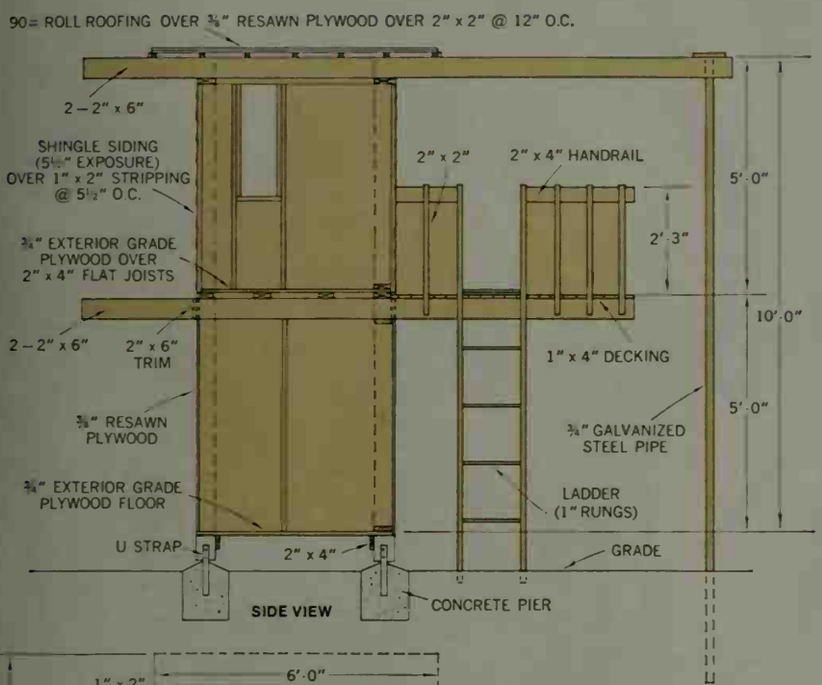
e. The playhouse on the cover did bout $100 to build. But before you or the building supply center, we'd explain that the designer-builder- is architect David Klages of Costa California, who was able to cut by utilizing on-hand scraps and some leftover materials from various construction jobs. He built it in three weekends, and put the orange paint on the doors just before we arrived to photograph it.

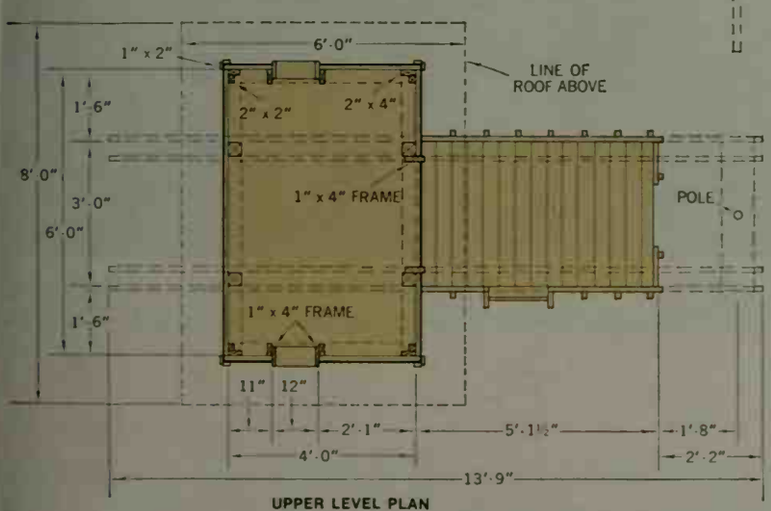
The whole project was sparked by photographs of playhouses in *Sunset* that the children, Mark and Kelly, saw. "They hounded me to design and build one for them," said their dad.

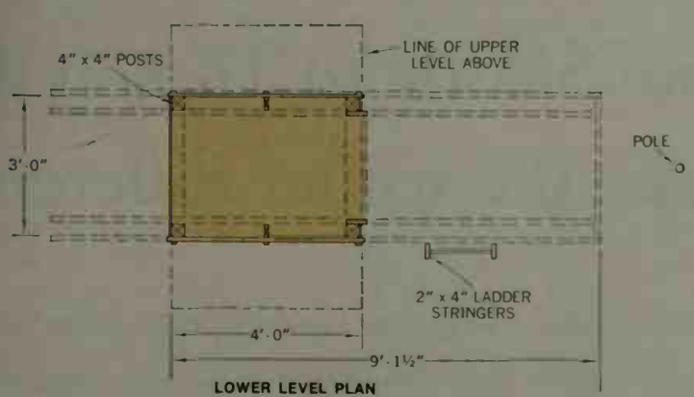
Here is the result.

The basic materials are Douglas fir framing, cedar shingles, resawn redwood plywood, roll roofing, and wood stain.

Architect David Klages built the playhouse in three weekends

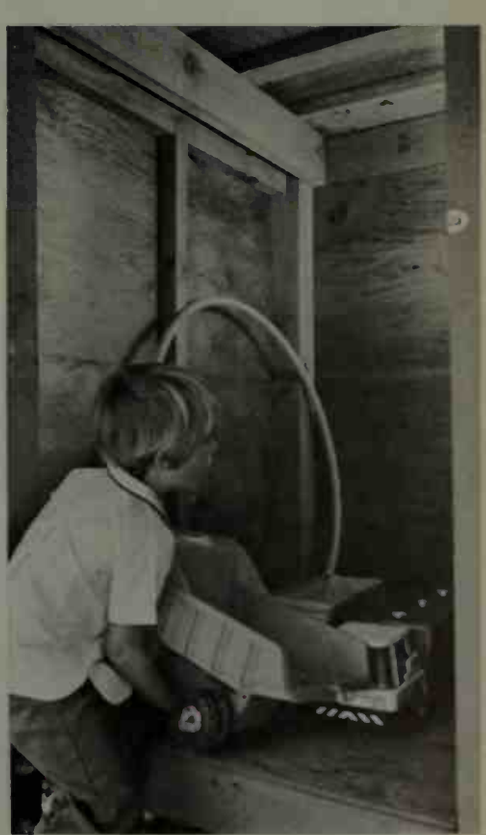






GLENN CHRISTIANSEN

Saloon doors *into playhouse let the air circulate; also, no one can get locked in*



Lower level *is for toy storage. Originally designed for dog—but dog didn't like it*

GLENN CHRIST

1. Strawberry tree *grows in all but coldest climates. It can be pruned as tree or left unpruned as large shrub for background, h or screen. Close-up below. The tree seen above was set out from gallon can 28 years ago by the Virgil Andersons, Stanford,*

DON NORMARK

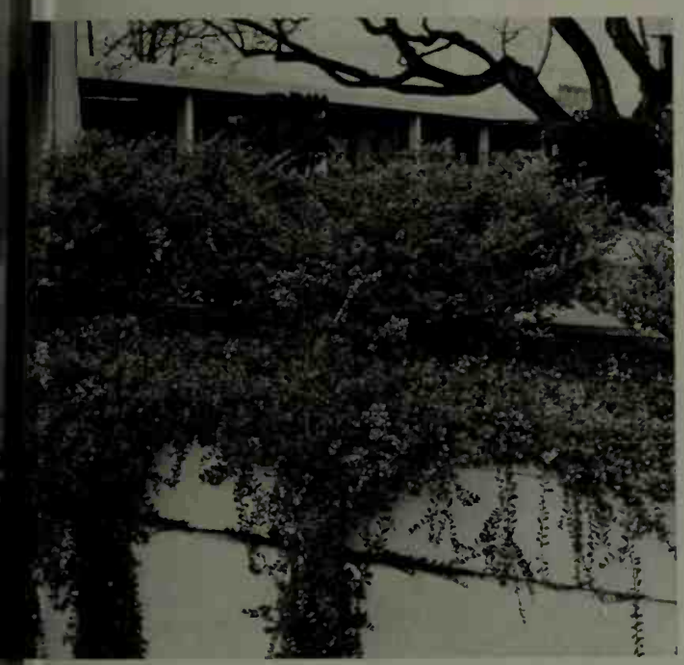
2. White *flowers, red and yellow fruits, dark green leaves of strawberry tree*

From Seattle to Tucson they make the winter difference

So we asked Western landscape architects to name their favorite broad-leafed evergreens

DON NORMARK

anese aralia's *big, glossy, dark green leaves look bold mound of smaller, darker leaves of* Skimmia japonica



panese holly (Ilex crenata *'Convexa') provides a refined, green backdrop for trailing, draping kinnikinnick branches*

5. Kinnikinnick's *solid, broad-leafed cover contrasts with needle-leafed shore juniper near the steps. Design by Kay Tanouye*

lifornia's valleys and coastal regions n the southern Arizona lowlands, the r scene is never austere—even now the weather is doing those things chamber of commerce people never ion. Why? One of the main reasons nt we enjoy the presence of broad- l evergreens on the skyline and in ndscape. (And in Hawaii we enjoy broad-leafed evergreens and a com- lack of winter weather.)

ontrast, when winter comes to Ne- a or Ohio or New Jersey or just t anywhere else in the rest of the ed States except Florida and the heast, the skyline flora consists of ing but cold-looking conifers and the ss skeletons of deciduous trees. Here, ur broad-leafed evergreen country, the winter skyline contains real leaves.

When you plant a broad-leafed evergreen shrub, tree, ground cover, bank cover, or vine, you help maintain one of the special joys of our environment. Long live the b.l.e.'s!

"Evergreen" means a plant that never loses all of its leaves at the same time. "Broad-leafed evergreen" does not necessarily mean that the plant has wide leaves like those of a banana, aucuba, or *Fatsia japonica*. The person or persons who coined the term used it to distinguish this group of evergreens from the needle-leafed kinds, which are commonly called conifers.

Of all the people in the Western gardening and landscaping fields, it's probably the landscape architects who hold the broad-leafed evergreens in greatest esteem. They use these plants to supply year-around softness, substance, and color in the gardens and grounds of their clients. They use the plants to form the basic framework of the gardens and to do functional jobs such as supplying focal-point interest, screening, and wind baffling. Many broad-leafed evergreens also happen to be major suppliers of flowers and fruits for garden color.

Recognizing this interest, we asked a number of landscape architects from Seattle to Tucson to name their favorite broad-leafed evergreen plants — the ones that they rely on most. When all the votes were tallied, we selected the 40 plants that had been named most frequently. These are listed and described

below and on the following pages.

Many are shown in various landscape uses on these pages. And the map below shows the original native homelands for the same 40.

Here, alphabetically by botanical names, are those popular broad-leafed evergreen plants and how to use them. For complete descriptions and how-to-grow instructions, see the encyclopedia section of the *Sunset Western Garden Book* (Lane Books, Menlo Park, Calif., 1967; $5.95).

STRAWBERRY TREE *(Arbutus unedo)*—9 votes, from all over. See photographs 1, 2. Uses: screen, hedge, background plant, windbreak, container plant, patio tree.

KINNIKINNICK *(Arctostaphylos uva-ursi)* —7 votes, mostly from the Northwest. See photograph 5. Uses: ground cover, drape over walls.

JAPANESE AUCUBA *(A. japonica)*—5 votes from Northwest and California. This 6 to 10-foot shrub gives its display in leaves of its variegated forms: green plus yellow or white. Uses: plant for brightening dark corners, container plant for shady spots.

BOUGAINVILLEA—5 votes, from California and Arizona. Big, shrubby vine with thorny stems, noted for showy flowers from summer to first frost. Uses: vine, ground cover, container plant (indoors and out).

BOTTLEBRUSH *(Callistemon)*—7 votes, from California and Arizona. Most are tall shrubs or small trees with narrow leaves and red flowers, summer and fall. Uses: garden or patio tree, clipped hedge.

CAMELLIA—17 votes, from Northwest and California. Shiny, rich green foliage; wealth of flowers, November to April. Many kinds, colors, and flower forms. Uses: flowering shrub, container plant, espalier, hedge, screen.

NATAL PLUM *(Carissa grandiflora)*—7 votes, from Southern California and Arizona. Dark green foliage on spiny branches; fragrant flowers, edible, red, plumlike fruit. Uses: screen, hedge, or ground cover.

CITRUS—4 votes, from California and Arizona. Fragrant spring flowers followed by vitamin C-laden fruit. Many kinds. Uses: tree for garden or patio, hedge, container.

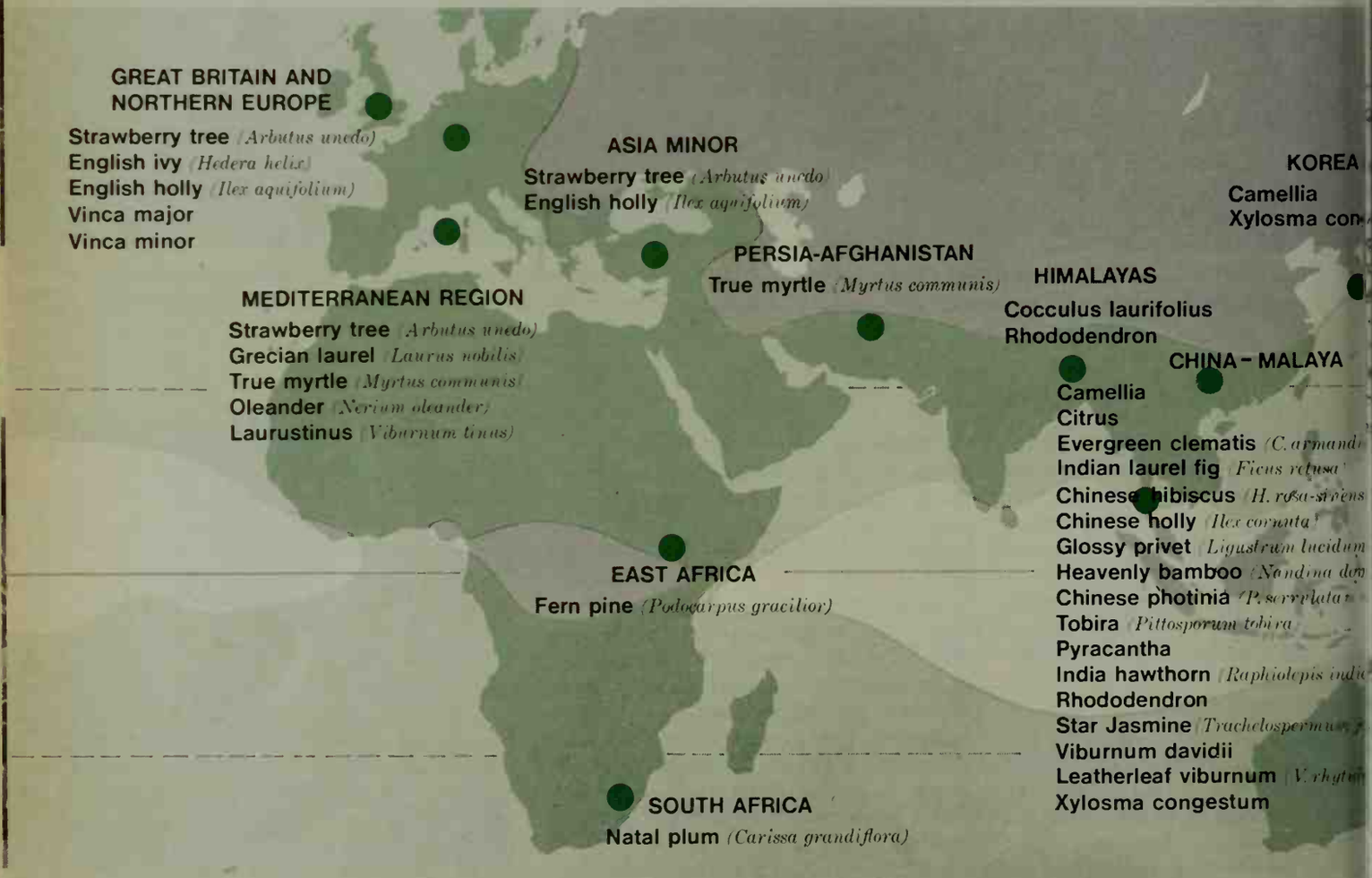
EVERGREEN CLEMATIS *(C. armandii)*—5 votes, from Northwest and northern sections of California. Graceful vine with dark green, glossy foliage; glistening white, fragrant flowers in March, April. Uses: vine for fence tops, gables, or frame.

COCCULUS LAURIFOLIUS—5 votes, from Southern California and Arizona. Shrub or small tree to 25 feet or more, v shiny, dark green leaves. Uses: patio garden tree, hedge, screen.

HOP BUSH *(Dodonaea viscosa)*—4 vo

WILLIAM

6. Sugar gum (Eucalyptus cladocalyx *superb skyline tree in milder clim*



alifornia and Arizona. Fast-grow-
ub 12 to 15 feet high, with dark
willowlike leaves. Takes wind,
t, poor soil. 'Purpurea' is bronzy
Uses: garden or patio tree, back-

PTUS—10 votes, from California
izona. See photograph 6. Some 50
re sold. Uses: windbreak, hedge,
ee, garden tree, street tree.

SE ARALIA *(Fatsia japonica)*—5
from Northwest and California.
otograph 3. Uses: container plant,
plant for shaded spots.

PLE GUAVA *(Feijoa sellowiana)*—3
from California and Arizona. Shrub
ll tree to 25 feet, with gray-green
white, red-stamened flowers, edi-
y-green fruits. Uses: hedge, screen,
ound, garden and patio tree.

LAUREL FIG *(Ficus retusa)*—3
from Southern California. A slim-
d, 25 to 30-foot tree; lustrous 2 to
-long leaves. *F. r. nitida*, upright
g, adapts easily to shearing and
shaping. Control thrips. Uses: gar-
treet, patio tree; background; large
ners.

-H IVY *(Hedera helix)*—8 votes,
ll over. Hardy, multipurpose vine:
dark green, usually lobed leaves

7. Pyracantha *is easy to grow, versatile in use. White flowers in summer, red berries fall and winter. Grows here with santolina edging in Milo Perkins' Tucson garden*

Uses: vine, ground cover, erosion control.

CHINESE HIBISCUS *(H. rosa-sinensis)*—4 votes, from Southern California and Arizona. Shrub or small tree up to 15 feet, with single or double flowers in white, pink, red, yellow, orange. Uses: hedge, screen, espalier, standard, containers.

ILEX (holly)—10 votes, from all over,

The Special World of the Broad-leafed Evergreens

The green dots show the regions of the world where the West's most popular broad-leafed evergreen trees, shrubs, vines, and ground covers originated.

The light green-shaded bands are the parts of the world that share with us one aspect of our West Coast broad-leafed evergreen climate—an annual average temperature range of more than 5° and less than 40°. On the polar sides of the shaded areas the winters are more than 40° colder than the summers. On the equator sides there is little or no change from winter to summer.

As you see, most of our popular broad-leafed evergreens come from the parts of the world that share our temperature range.

These rank high in the balloting

WILLIAM APLIN

8. Fern pine (Podocarpus gracilior) *as wall shrub. Alex Robertson, San Marino, Calif. Design is by Hahn, Hoffman & Schmidt*

GLENN CHRISTIANSEN

9. Xylosmo *above, raphiolepis below, in Joseph H. Greenburg garden, Stanford, California. John Brooks Boyd, architect*

10. Below. *Carolina laurel* (Prunus caroliniana), *dense, glossy green foliage, grows to 40 feet; mild-climate street tree*

especially strong in Southern California. One kind, *I. crenata*, is shown in photograph 4. Five others, including English holly, received votes. All have berries and interesting leaves. Uses: garden and patio tree or shrub, hedge, screen.

GRECIAN LAUREL *(Laurus nobilis)* — 2 votes, from California and Arizona. Shrub or tree to 12 to 40 feet, with dark green, aromatic leaves; small yellow flowers. Uses: hedge, screen, patio tree, containers.

PRIVET *(Ligustrum)* — 6 votes, from all over. Japanese privet *(L. japonicum)*, glossy-leafed, 10 to 12-foot shrub or small tree. Glossy privet *(L. lucidum)*, to 35 feet, has medium green leaves. Uses: hedge, screen, garden or patio tree, street tree.

SOUTHERN MAGNOLIA *(M. grandiflora)*—5 votes, from all over. Tree to 80 feet with big lustrous leaves, velvety brown on back, and large white, fragrant blooms. There are many named forms. Uses: shade tree, espalier, screen, containers.

OREGON GRAPE *(Mahonia aquifolium)*—5 votes, from all over. A spiny-leafed shrub to 6 feet, with clusters of yellow flowers in spring, blue-black berries in fall. Uses: hedge, screen, deep ground cover.

PACIFIC WAX MYRTLE *(Myrica californica)* — 4 votes, from Northwest. Big shrub or small tree has clean-looking, dark green foliage; purplish fruits in fall. Uses: hedge, screen, background, patio or garden tree.

TRUE MYRTLE *(Myrtus communis)* — 3 votes, from California and Arizona. This shrub can ultimately become a small tree. Has glossy, bright green, aromatic leaves. Uses: hedge, screen, background plant.

HEAVENLY BAMBOO *(Nandina domestica)* — 7 votes, mostly from California. Delicate leaves on upright stems 3 to 8 feet high; green leaves can become red-tinted in fall and winter. Uses: hedge, screen, focal-point plant, container plant.

OLEANDER *(Nerium oleander)* — 8 votes, from California and Arizona. Big shrub with leathery leaves, flowers all summer — white, yellow, pink, salmon, or red. Uses: hedge, screen, container plant.

JAPANESE SPURGE *(Pachysandra terminalis)*—5 votes, mostly from Northwest. A subshrub to 10 inches high, with dark green leaves in clusters, bearing fragrant white flowers in summer. Use: ground cover in shade.

PHOTINIA—7 votes, from all over. Dependable shrubs to 10 feet or more, with lustrous, leathery, large leaves, bronzy when young, many turning red in fall and winter. Uses: hedge, screen, esp background plant.

LILY-OF-THE-VALLEY SHRUB *(Pieris j ica)* —5 votes, from Northwest. El shrub to 10 feet, with glossy le bronzy red when new; drooping cl of white flowers. Uses: hedge, screen, tainers, mass filler for shady beds.

PITTOSPORUM—9 votes, all from Ca nia. A large group of varied shrubs, trees, grown mostly for foliage. *P. to* most popular, has fragrant flowe spring. Uses: hedge, screen, backgr plant, small trees, container plants.

PODOCARPUS — 7 votes, from Calif and Arizona. *P. gracilior* is show photograph 8; the other popular on *macrophyllus*, has wider leaves. Te cally, podocarpuses are conifers, but look and act like broad-leafed evergr Uses: espalier, hedge, screen, tub pl

CAROLINA LAUREL CHERRY *(Prunus liniana)*—3 votes, from California and zona. See photograph 10. Uses: garde patio tree, street tree, background, fo clipped hedge, or tall screen.

PYRACANTHA — 4 votes, from Califo and Arizona. See photograph 7. U espalier, background, barrier hedge.

RAPHIOLEPIS — 9 votes, from all mostly California. Most popular kind *indica*, is in photograph 9. The othe *umbellata*, has rounded leaves, gr taller. Uses: deep ground cover, facing, espalier, standard, container pl

RHODODENDRON — 9 votes, mostly Northwest. No shrub so well comb excellent and varied foliage and flow Often called king of shrubs. Uses: sp flower display in shady beds, contain

STAR JASMINE *(Trachelospermum jasm oides)* — 6 votes, from California and zona. A twining vine or low shrub, it glossy leaves, fragrant white flowers. U vine, ground cover, tub plant.

VIBURNUM — 11 votes, from Northw and California. All have handsome lea flowers in clusters; most are large shr Uses: hedge, screen, background plan

VINCA—4 votes, from all over. Trail or creeping plants with glossy oval lea and lavender-blue flowers. *V. major* gr to 2 feet high, *V. minor* to 6 inches. U ground cover, slope cover.

XYLOSMA CONGESTUM — 9 votes, fr California and Arizona. See photogra 9. Uses: hedge, screen, divider, espal small tree, deep ground cover or ba cover (prune upright branches).

Trees, shrubs, vines, ground covers ... there's a broad-leafed evergreen for just about any landscape job

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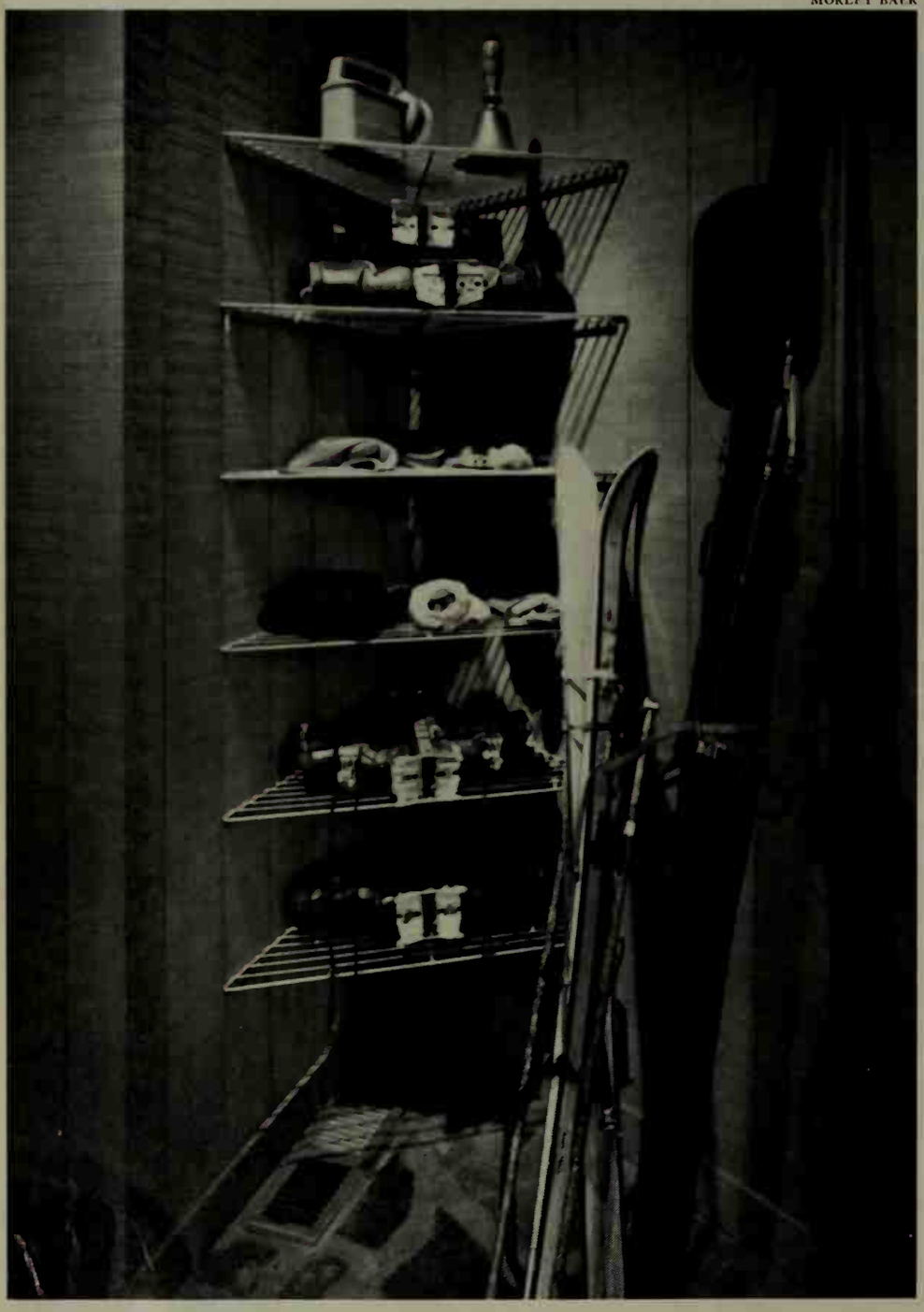
MORLEY BAER



Drying rack for boots and gloves

This simple, open rack in a vacation home entry efficiently dries ski boots and gloves. It consists of galvanized metal shelves made at an iron works and a warm-air furnace vent in the floor. Design is by architects Volkmann & Stockwell.

Quiet ventilating fans

A deficiency of many kitchen, la and bathroom ventilating fans in tl has been the noise they generate operating.

New ventilating fans are being intr with a special emphasis on quietnes can hardly hear one of these fans w is turned on.

These new fans are self-enclosed a installed outside the house—on an e wall or the roof. There are several Some have quiet impeller fans and have blower-wheels; all have sealed ing motors. Available from heatin conditioning firms and lumberyards cost from $20 to $50, depending o and type.

Easily installed closet shelv

To provide extra storage in closet can easily install, without carpent extra shelf or two. Made of steel an ished in oyster-white enamel, th shelves come in 12 and 14-inch deptl in several lengths to fit closets 18 inches wide. Each length extends o scopes to fit exactly. The metal en ports are quickly hung; so are clothes if desired. Accessory brackets allo shelves to be installed also on wall side of closets. Cost runs from $3.5 an 18 to 30-inch linen closet she $13.50 for an 84 to 96-inch clothes shelf with rod.

Dial-in record player

You now can buy a stereo-hi-fi c containing a mechanism that hol records (12-inch, 33 rpm LP), a sca device that selects the records for and a computerized memory bank t geared to a dialing apparatus simila telephone dial.

To program your music selections yo two-digit numbers from a "phone b —any number of records, from one those in the machine. The mechanism dutifully play in succession each one you dial, and can also reject a record, the memory of previous selection automatically play all 100 sides (40 h of music). Remote control station available that enable you to dial from part of the house.

The unit keeps records in excellent c tion. Once placed in the machine, the not touched by hands, are stored v cally and separate, are wiped free of while playing, and are further pamp by a feather-light tone arm.

The music center, enclosed in a hand 6-foot-long cherry, walnut, or pecan net and including an AM and FM tu costs $1,400. If you already have hig delity components, you can obtain record-dialing equipment separately $800. Other optional accessories inclu stereo tape cartridge player, headph and microphone.

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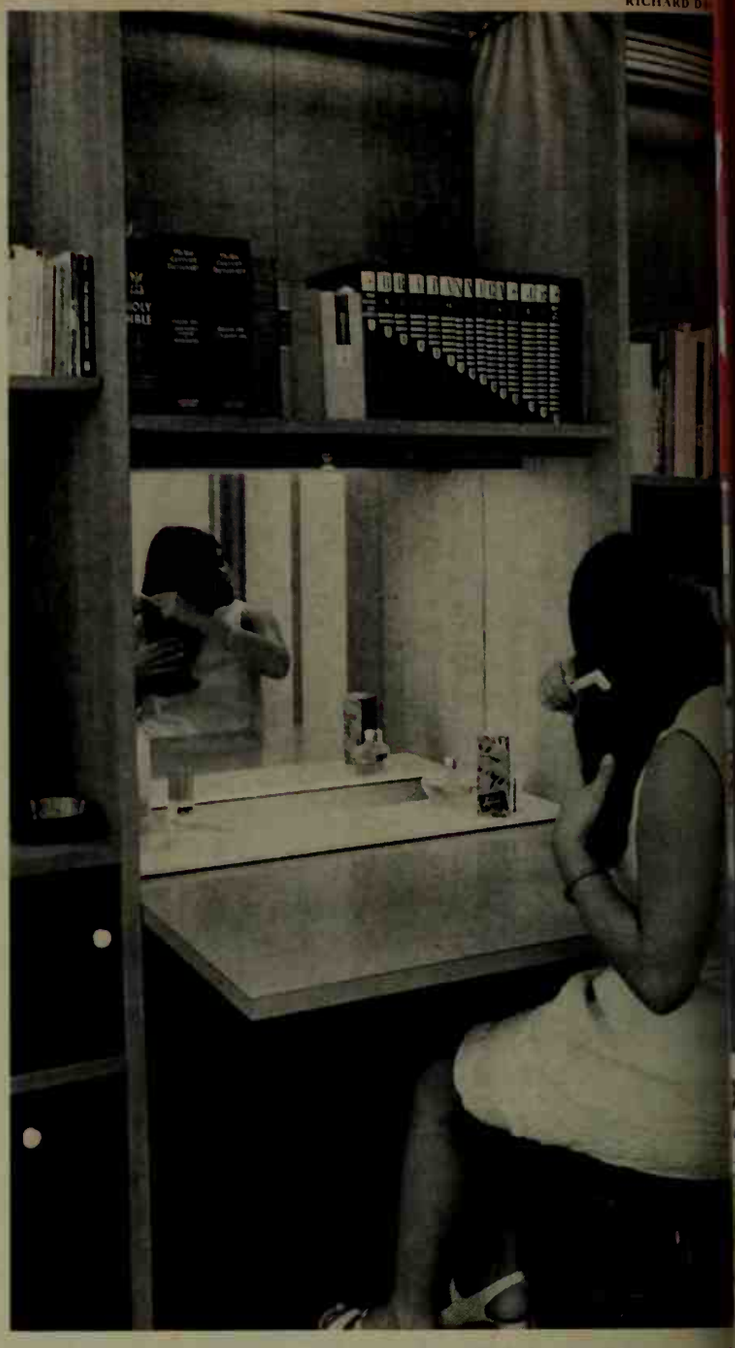
It's sewing room, dressing room, bedroom, study

This bedroom for a teen-aged girl is also a family study and sewing room. It has a wall of built-ins for storage and display (with disappearing vanity), and a built-in work counter. The architect was Sidney Snyder of Vladimir Ossipoff and Associates, for Mrs. L.A.R. Gaspar, Honolulu.

Wall unit, *7 feet high, has adjustable shelves, tube lights above the slatted top*



Vanity top *pulls down, section above swings back. The mirror tube lights above and below. Lower light shield also serves as sh*

Counter *has ample space to spread things out (2½ by 8½ feet). It can be used for sewing (spools, patterns kept in drawers), or as desk*

For typing, *a special shelf is at the side, set 3 inches lower than the counter*

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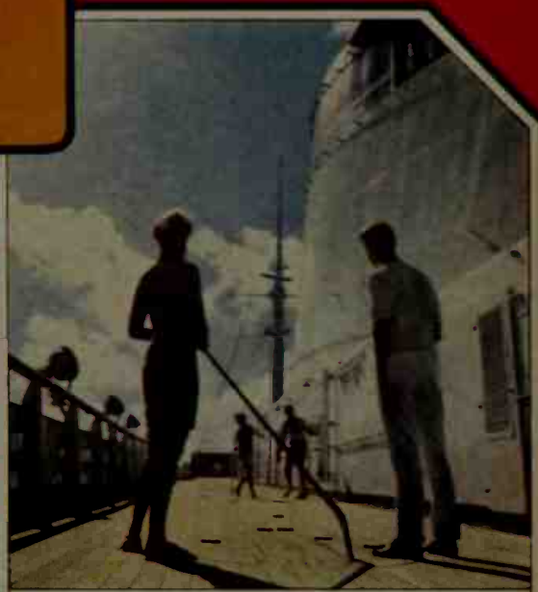

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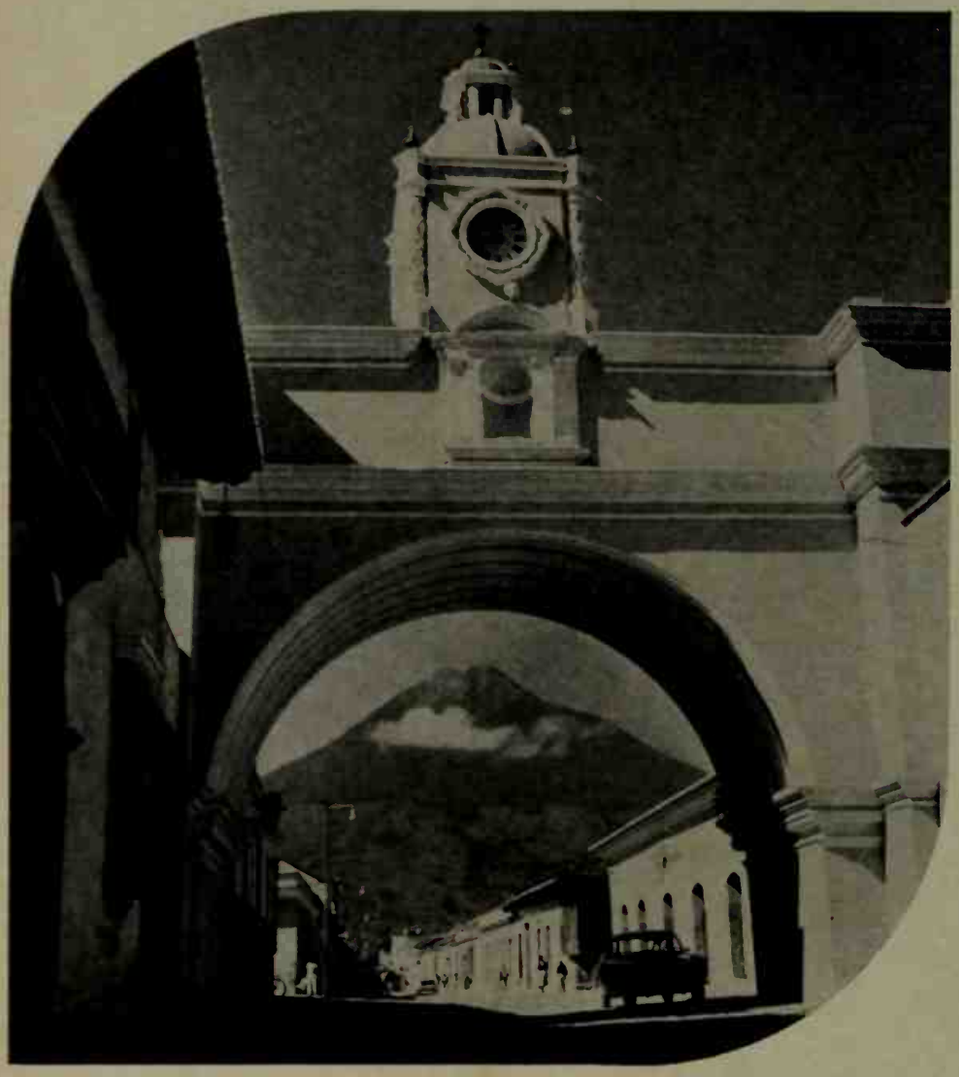

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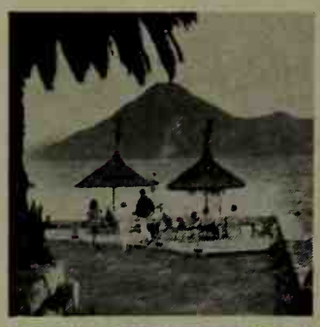

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Introductions t handicrafts

Each of the following new books duces a craft that might aid *Sunset* ers in decorating their own home three have something worthwhile to the advanced craftsman as well the novice.

Weaving Is for Everyone, by Jean V (Reinhold Publishing Corporation, York, 1967; $8.50). Here's a book to nlate enthusiasm for weaving and boost to your confidence in your ov sign talents. Mrs. Wilson's theory i anyone can weave, using any ma She shows how to weave on a p frame and even on a sheet of cardb and how to weave with almost any —string, grasses, strips of fur.

After describing and illustrating niques, the book outlines nine pr for a beginning weaver. They incl doll-house rug, a tapestry, and a pillow.

Macrame—The Art of Creative Kno by Virginia Harvey (Reinhold Publi Corporation, New York, 1967; $8 Macrame is a little known word of ish origin that refers to the ancient h craft of knot-tying with rope, cor string.

Practiced in Babylonian times and mittently fashionable since then, perhaps best known as the traditi pastime of sailing men who still use decorate their ships with fancy work. In addition to covering the hi of macrame, the author describes th simple tools and materials needed to and suggests projects for the begi There are over 100 detailed illustrat The book closes with a glossary of t and an index of knots.

Modern Mosaic Techniques, by Janic voos and Felice Paramore (Watson-G till Publications, New York, 1967; $8 This well illustrated handbook on ma mosaics from all types of materials beyond the usual how-to-do-it boo include the mosaics used by man today's artists in conjunction with c art forms—collage and assemblage example.

It has something for craftsmen at va levels: pictorial step-by-step instruct for the beginner, an array of more vanced projects for the sophisticated saicist, and a special section for teac of primary and secondary schools. E chapter is illustrated by the work of eral artists.

ere's really only one way to go Wide-Tracking in '68. Aren't you glad?

tiac's monopoly on Wide-Tracking goes unchallenged he tenth consecutive year. However, success has led to complacency on our part—as the '68 Grand captured below so elegantly illustrates. For instance, Grand Prix is endowed with upholstery of rich, ble Morrokide or combination cloth and Morrokide. loors and dash are adorned with Carpathian burled vinyl. And thick nylon-blend carpeting lies underfoot. don't let Grand Prix's opulence and beautiful, sweeping lines dull your sense of adventure. For 350 hp from a 400-cu.-in. V-8 coupled to dual exhausts hints that this personal luxury car is equally at home in the world of concrete and asphalt. Grand Prix even comes with bucket seats, rich console and stick shift—floor-mounted, of course. But enough talk. Wide-Tracking is something that's meant to be experienced. And the only way you can go Wide-Tracking is to see your Pontiac dealer. Naturally.

...ously handsome practitioners of the art of Wide-Tracking: Bonneville, Catalina, Brougham, Executive, Ventura, GTO, LeMans, Tempest and the Five Firebirds. Pontiac Motor Division

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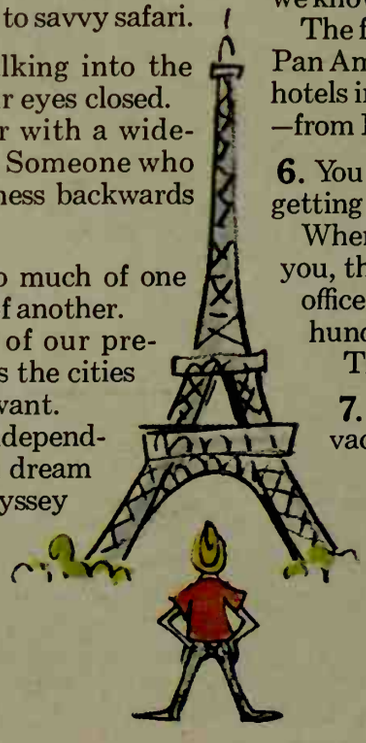

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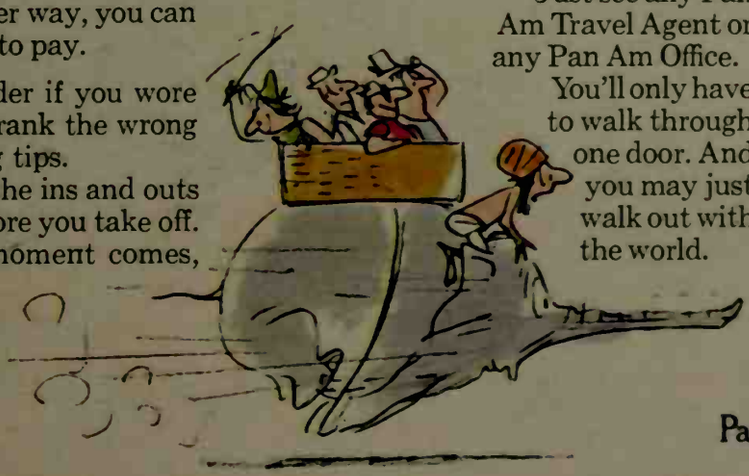

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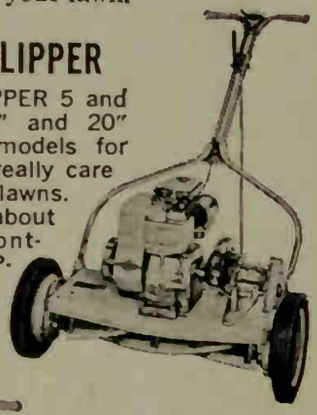

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Bookcases *for modified A-frame house are suspended from beams, conform to roof*

Here is a hanging bookcase

The roof-wall of an A-frame house can present problems when it comes to furnishing; ordinarily, there isn't sufficient head room to place standard furniture against such a wall.

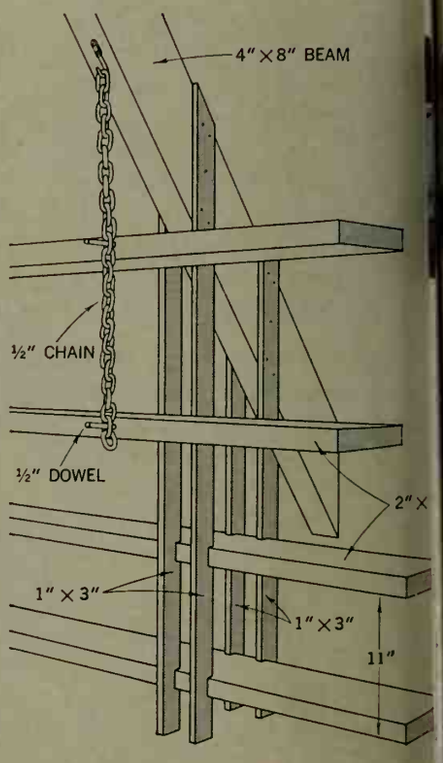
This hanging bookcase, holding more than 300 books on its four shelves, is one attractive and efficient solution.

The four shelves are rough cedar 2 by 10's, each 18 feet long. Eight pairs of 1 by 3 hangers of clear fir straddle the 4 by 8 beams supporting the roof. Each hanger is notched to accept the shelves. Both edges of the two lower shelves are fitted and nailed to the hangers; the upper two shelves are supported only at the rear by the hangers.

Four short lengths of chain (measuring 1½ inches outside link diameter) support the upper shelves at the front, by means of ½-inch dowels inserted through the links and into holes drilled in the shelves' front edges. The chains hang from hooks attached to the roof beams.

Cost of materials was about $20.

The bookcase was designed by R. L. Loveless, for Mr. and Mrs. Barry Anderson of Issaquah, Washington.



Upper shelves *project forward of lo shelves. Chains, 1 by 3's provide supp*

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Perforated *hardboard lines pantry door, providing storage for odd-shaped utensils*

Here is kitchen convenience

Any kitchen short on storage space might benefit from a full-height pantry like this one in the home of Dr. and Mrs. John S. Dunn, of Santa Rosa, California. Front edges of its adjustable shelves stop short of the door to leave room for utensils hung inside it on a perforated hardboard liner. Mrs. Dunn can hang forks, spoons and spatulas used at the range or at the food preparation counter opposite. All are easy to find.

The trash chute has a white wood edging to simulate the grout pattern of the tile. The door is almost invisible.

The architects were A. Jane Duncombe of Duncombe-Roland-Miller, Santa Rosa, California, and Donald James Clark and Thomas Higley, San Francisco.

ERNEST BRAUN

Door *to waste chute is faced with tile to blend with walls of the cooking alcove*

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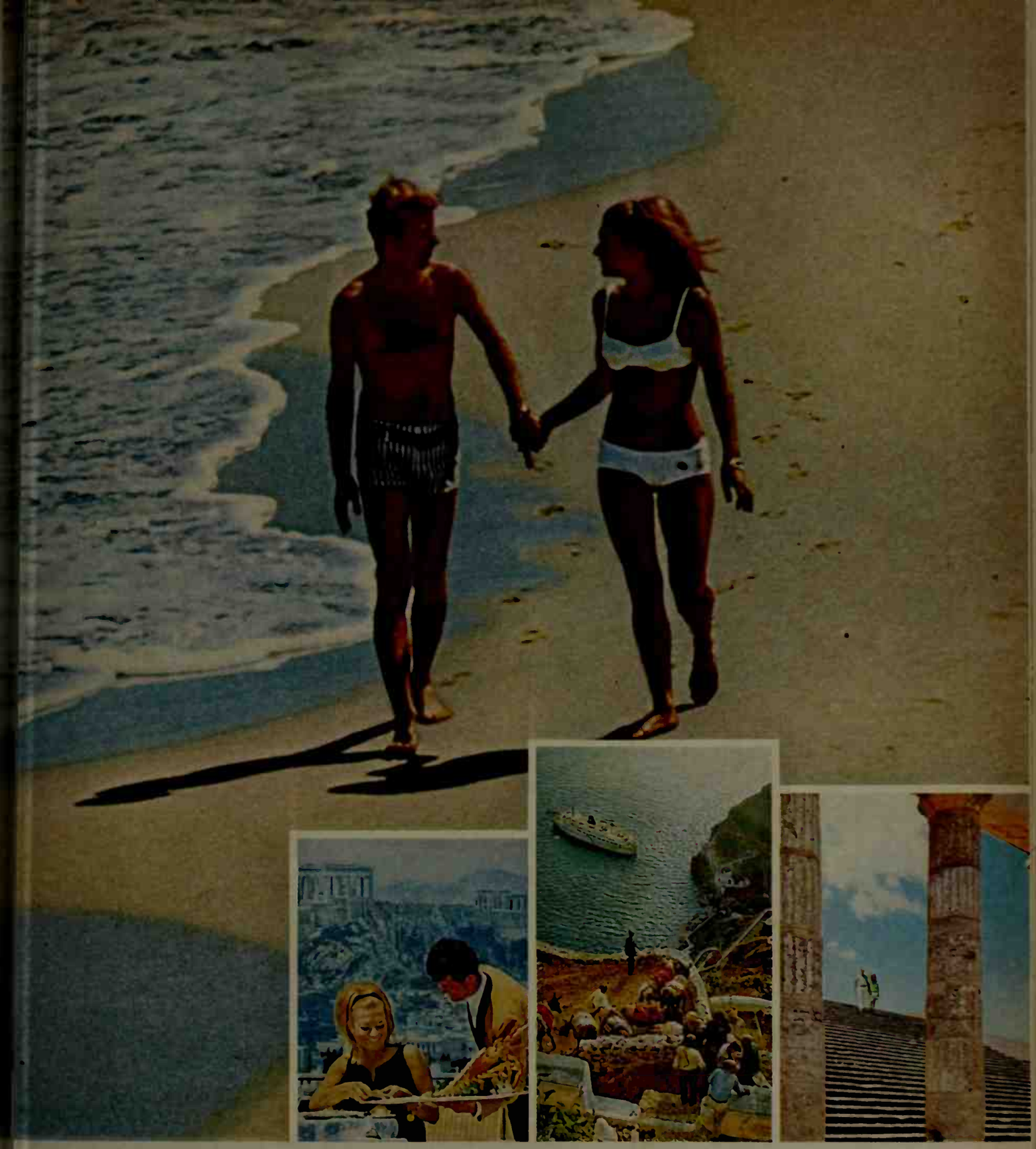

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DARROW M. WATT

ding door *conceals pass-through* *n not in use, blends with walls*

peek-through and a talk-through

gh primarily practical, pass-throughs lso be quite imaginative—even t.

ne above was designed by architects D. Fong and George Mock for Mr. Irs. Art T. Fong, Los Altos Hills, rnia. A bifold door opens to reveal ss-through, two-way dish storage , drawers for silverware, and storage d serving pieces below.

arrow pass-through below, instead of the usual low slot, opens to standard height and permits conversation to easily between the cook and her . It, too, can be closed with bifold rs. This is in the home of architect E. Book, Mill Valley, California.

ll *pass-through is also a "talk-rough," has bifolding shutters*

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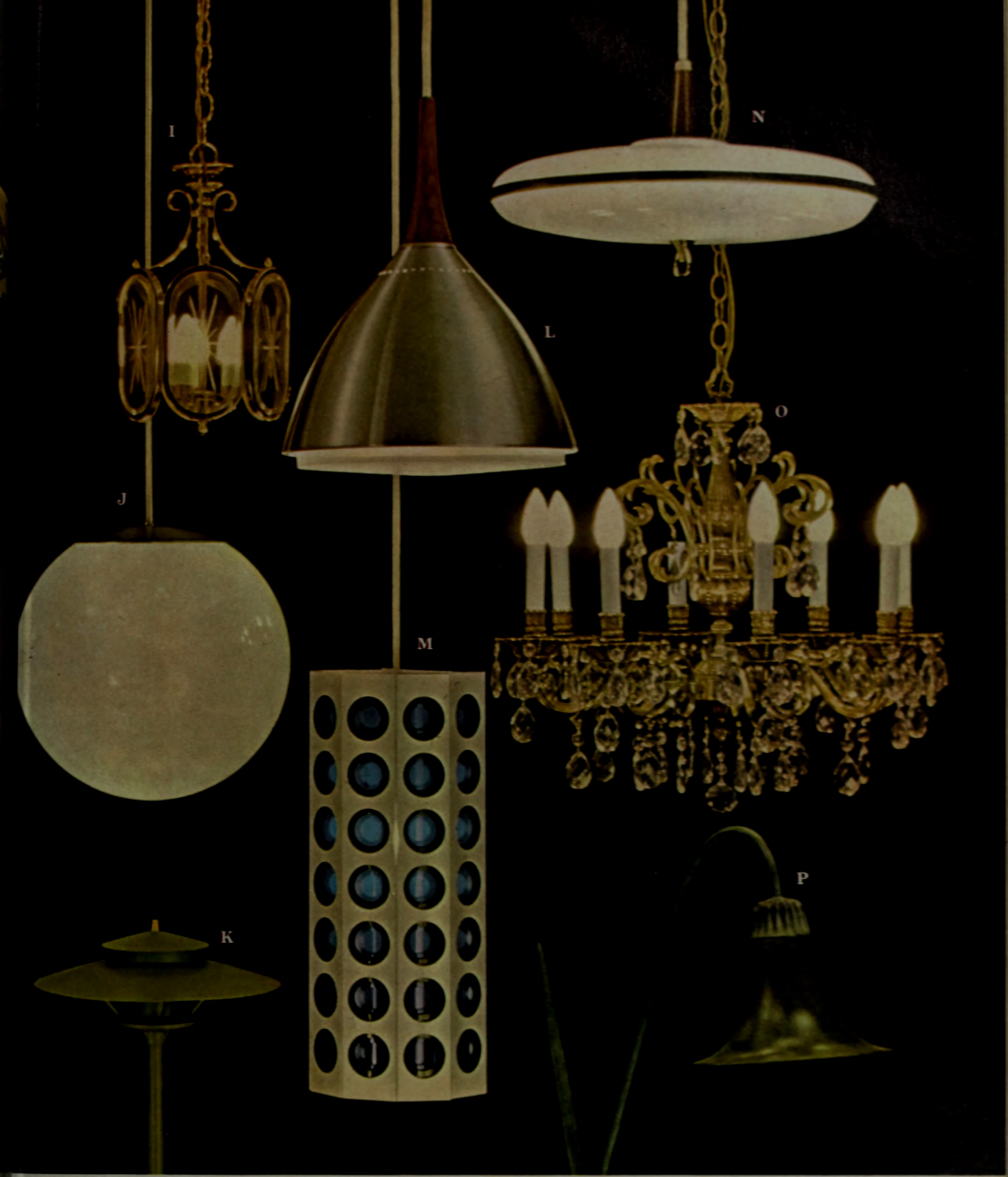

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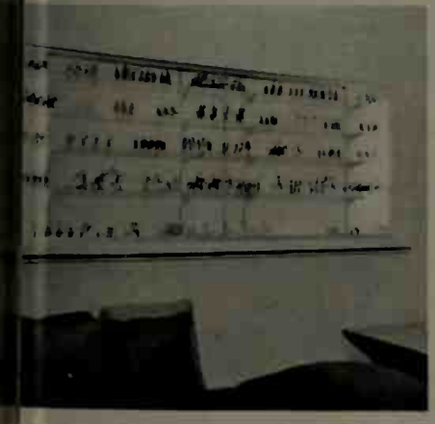
MAGNOLIA the seat of the in hous

keepsakes *hang on simple cup and pins spray-painted black in 26-inch frame. Owners: Mr. and Herb Fleming, Salinas, California*

A collection on the wall

collections were brought out of into well lighted wall locations. , the mementos of three genera- are arranged on black velvet ed over cardboard, mounted in an nsive frame, and hung over a desk master bedroom.

, the toy soldiers stand on plate shelves on bronze supports. The t, set 3¼ inches into the bedroom s about 30 inches high, 74 inches and 5 inches deep; it's lighted by 4-inch, 20-watt fluorescent tubes.



oldier collection *is arranged behind g plate glass. Design by owner, O. Du Bois, Pebble Beach, Calif.*

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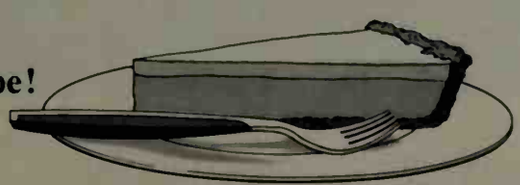

IMO CHEESE CAKE

6 oz. cream cheese
2 cups IMO
½ cup sugar
1 tsp. vanilla
2 eggs
Pinch of salt

Combine sugar and cream cheese. Add eggs and beat well. Add IMO, vanilla and salt. Pour into graham cracker crust in a 10" pie dish and bake 50 minutes at 325° F. Spread with topping. Bake 5 minutes longer. Chill 4 hours. Topping: Mix 1 cup IMO with 2 Tbsp. sugar and 1 tsp. vanilla.

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The flavor of English muffins in a crunchy, fragrant toa

We had toast, and only toast, in mind when we baked this bread. It's a simple bread. Almost as simple as that of our English muffin. Just unbleached wheat flour, water, corn sugar, and sourdough. No shortening.

Lift a piece, look at its texture, and you can see that the heat of toasting will strike deep. Strike deep it does, to give you about the crunchiest (but not dry) piece of toast you have ever eaten.

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RICHARD DAWSON

ine cabinet door, *hinged mir-ight, form wings of three-way r. Architect: Gordon Potter for loyd Osbornes, Kailua, Oahu*

nproving your bathroom

tographs that illustrate this arti- seven different ways to give throom a custom look and to its efficiency. They can be incor- into a new house or done as part odeling project.

e, there are any number of other u can dress up a bathroom with- arking on major remodeling. One implest is to carpet it. Most de- t stores carry carpeting kits. Car- s warm on the feet and helps ound.

as changing the appearance of ls by repainting, you could use t wall coverings—perhaps tile,

DON NORMARK

ts *projecting from mirror are heostat so brightness can be ged. Architects: Liddle & Jones he James B. Lundbergs, Tacoma*

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食譜四 RECIPE No. 4

HONG KONG REVEALS THE FINEST IN CHINESE COOKING

The Hong Kong Tourist Association help Sunset readers share the secrets of preparing some of the choicest dishes ever to come out of the Orient.

Last month we featured a typical dish from Shanghai. This month's recipe is a favourite with the Cantonese.

銀芽炒雞絲

Fried Shredded Chicken with Green Pea Sprouts

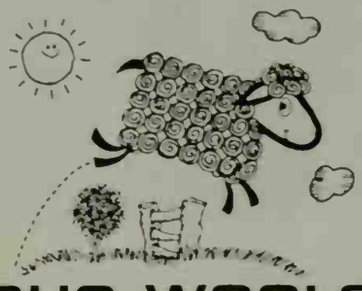
(Arn Ngar Chow Guy Si)

INGREDIENTS:

½ lb. chicken fillet
2 teaspoons light soy sauce
a dash monosodium glutamate
1 egg white
1 tablespoon cornstarch
½ lb. green pea sprouts
enough oil for deep frying
salt
2 tablespoons Chinese wine
1 tablespoon stock
1 thin slice of ginger
1 piece leek stalk (Peking Onion)

METHOD: Remove all tough parts of green pea sprouts. Shred chicken fillet and season with salt, a dash monosodium glutamate, 1 tablespoon cornstarch, 1 egg white and 1 tablespoon Chinese wine. Heat oil and deep fry for a few seconds, drain the oil and put aside. Heat 2 tablespoons oil, add Peking Onion and ginger until brown, discard. Add chicken and green pea sprouts, mix well and add soy sauce, salt, Chinese wine, monosodium glutamate and cornstarch, mix with stock. Serve hot.

The Hong Kong Tourist Association, 291 Geary Street, San Francisco 94102, Tel: 986-2858



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Towel bor *of oiled teak, 1½ t inches, projects 2 inches from on brass fittings. Owner-arch was Frank S. Robert, Hon*

wood paneling, plastic laminate (plain or patterned), or wallpape steamproof and washable.

If you're tired of the present conn you might try a different materia require professional installation; you can put on by yourself. You also look into the sticky-back p in a wide variety of colors and p that quickly cover the face of e

You could add different towel ba haps like the handsome wood one above, or relocate existing bars for convenience and faster drying.

There has been a great improvem lighting fixtures for the bathroom choices include theatrical light u

Towels *hanging across louvered d dry surprisingly fast (in about minutes in Lloyd Osborne hou A good idea for a vacation ho*

Find another car under $2,000 that has l that the Renault 10 has, and we'll buy it for you.

e the Renault 10 gives for your money than car.
he fact that sales have nce we introduced it, to believe that quite a le agree. We sold 72% 7 Renaults than 1966

some doubters remain, this challenge:
nother car under $2,000 all that the Renault 10 we'll buy it for you.

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heel disc brakes
kes take hard braking an drum brakes. They g been used on super- per-priced automobiles.

oors instead of 2
have to fight the front et to the back seat.

miles per gallon
ple say they get more.

toured seats that cline for sleeping
ther positions for when t sleeping.

ine weight over the drive wheels
e wheels bear down on l ice because the engine ears down on them.

ning circle of 30 feet
make most u-turns in n sweep.

heel independent suspension
heel moves up or down affecting all the other wheels. So when one wheel hits a bump, only one gets bumped. The other 3 keep the car and you going in a level position.

4-speed synchromesh transmission
This matches the speeds of the engine and transmission to allow the gears to mesh easily. Which makes shifting a lot easier on you and your transmission.

Replaceable wet cylinder sleeves
When the cylinders wear out in a conventional engine, the whole engine has to be pulled out and rebored. Sometimes it pays to buy a new car. But a Renault piston moves in a replaceable wet sleeve. If the sleeve ever wears out, you can put in a new one easily and inexpensively.

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Above: *The Gulfstream*, Model Y1405. 12" diagonal picture.

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Above: Super Screen Model Y2224, *The Regis*. The first true 21" diagonal picture—biggest picture in portable TV.

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SUNSET'S

Kitchen Cabinet

One good recipe for a main dish is all it takes to start the pla of an interesting menu for family or guests. Two hot meat are featured in our recipe selection for February.

The pork chops are cooked with prunes and mildly spiced; you serve them with baked sweet potatoes and a green salad for ple menu. Spinach meatballs are easy to make if you use you to do the browning; just before serving, reheat them in a t sauce that is good spooned over spaghetti or rice.

For variety you might plan a meal around a hearty sandw

Brown chops and onions in a frying pan, then cover and simmer in sauce

GINGER PORK CHOPS WITH PRUNES

A slightly sweet and spicy brown sauce forms as these chops cook.

- 4 pork chops, about ½ inch thick
- Salad oil or shortening
- 2 medium-sized onions, chopped
- ½ teaspoon ground ginger
- 1 teaspoon brown sugar
- 1 clove garlic, minced or mashed
- ¾ cup regular strength beef broth
- 1 stick whole cinnamon
- 1 tablespoon soy sauce
- 4 teaspoons Worcestershire
- 12 large pitted prunes
- 1 tablespoon flour blended with ¼ cup cold water
- Lemon wedges

Score the edges of the pork chops. In a frying pan that has a tight cover, lightly coat the bottom with o brown the chops on both sides. onion and sauté until lightly br Then add the ginger, brown garlic, broth, cinnamon, so Worcestershire. Stir until blend the prunes on top of chops, co simmer very slowly for about 3 minutes, or until the chops are

Remove the meat and prune warm serving plate. Stir the flo water paste into gravy and b boiling; cook, stirring, until thi Serve the gravy in a bowl. meat with lemon wedges. M servings.—*H. N., San Francis*

Prepare meatballs and oven-brown them ahead, if you wish, then reheat

SPINACH MEATBALLS, TOMATO SAUCE

You might sprinkle Parmesan cheese over the meatballs before serving.

- 1 package (10 oz.) frozen chopped spinach
- 1 medium-sized onion, finely chopped
- 1 clove garlic, minced or mashed
- 1½ pounds ground beef
- 3 tablespoons *each* grated Parmesan cheese and fine dry bread crumbs
- 1 egg, slightly beaten
- 1 teaspoon salt
- ⅛ teaspoon pepper
- 2 tablespoons *each* butter or margarine and flour
- 1 can (8 oz.) tomato sauce
- 1 teaspoon Worcestershire
- 1 cup water

Defrost spinach, drain by pressing through a wire strainer; chop finely. Combine spinach with onion, beef, cheese, bread crumbs, eg and pepper; mix until well b Form into balls about the size balls, and arrange in a single l a shallow baking pan. Put into oven for 7 to 9 minutes. Mea melt butter in a large pan; stir until bubbly.

Gradually stir in the tomato Worcestershire, and water; coo thickened. Add the meatballs a juices and reheat. Sprinkle Pa over top when you serve, if Makes about 6 servings.—*A. I desto, Calif.*

Serve hot crab sandwiches with steaming tomato soup for a quick supper

BROILED CRAB SANDWICHES

Use fresh or canned Dungeness or king crab for these open-faced sandwiches with broiled topping.

- 1 pound (about 2 cups) fresh crab meat, or 2 cans (about 7½ oz. *each*) crab meat
- 1 bunch green onions (include part of green top), thinly sliced
- 3 tablespoons lemon juice
- ¼ cup chile sauce or catsup
- 5 tablespoons mayonnaise
- 8 slices toast or 8 English muffin halves, lightly buttered
- 2 eggs, separated
- ⅓ cup shredded mild Cheddar or Swiss cheese

Turn the crab meat into a bowl; pick over and discard any pieces of shell. Add the onions, 2 tablespoons lemon juice, chile sauce or cats 1 tablespoon of the mayonnai with a fork until blended. Spr the buttered toast or English

In another bowl, blend togetl remaining 4 tablespoons may and 1 tablespoon lemon juice: b egg yolks and cheese. Beat egg until they hold firm peaks: fo mayonnaise mixture. Spread ove wiches, covering crab filling. sandwiches on broiler rack set inches below a preheated broile until browned, 3 to 4 minutes. 8 sandwiches.—*J. D., Ojai, Cali*

ote the recipes for broiled crab sandwiches and ham and
salad. These dishes suit family or guest occasions any time
at a light, but satisfying, meal is needed.

e looking for a vegetable to serve with roast or steaks, we
arrots in wine sauce, easy to handle for a company dinner.

paring meals in your own home, if you discover winning
evolve original recipes, you're invited to submit them for
our kitchens. Mail contributions to *Sunset Magazine*,
rk, Calif. 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

AVOCADO SALAD

sing combination of flavors
es distinguishes this salad.

- redded coconut
- diced cooked ham (about b.)
- ommercial sour cream
- spoon lemon juice
- oon curry powder
- liquid hot pepper seasoning
- edless raisins (optional)
- onions (include tender parts ops), chopped
- avocados
- ce for garnish

he coconut in a shallow bak- nd put into a 350° oven. efully and shake the pan oc- until coconut is toasted, 8 to 10 minutes. Combine ½ cup of the toasted coconut with the ham, sour cream, lemon juice, curry powder, hot pepper seasoning, raisins (if used), and onions. Do not peel avocados but cut each in half and remove the seeds. Arrange each avocado half on a serving plate and garnish with lettuce. Mound the ham mixture into each avocado cavity. Sprinkle remaining toasted coconut over top of each salad. Makes 6 servings.—*M. C., San Mateo, Calif.*

For fewer calories, you can make this salad with yogurt instead of sour cream; use 1 cup plain yogurt and omit the sour cream and lemon juice.

A salad main dish for serving when company comes for lunch or supper

S IN WINE SAUCE

n of this recipe uses orange ad of the wine.

- um-sized carrots, peeled
- spoons butter or margarine
- h green onions, thinly sliced
- oon salt
- spoon water
- poons flour
- half-and-half (light cream) or lk
- spoons dry white wine, Sherry, Madeira
- y chopped parsley

ots about ⅛ inch thick. In a n that has a tight cover, heat r. Add the carrots and onions about 3 minutes. Add the water; cover and simmer until carrots are almost tender, about 7 minutes. Sprinkle with flour, and cook, stirring, until the flour is bubbly. Remove from heat and gradually stir in the cream and wine; cook, stirring, until thickened. Serve immediately.

Or remove from heat, cool, then chill until just before serving time. Reheat over low heat, stirring several times just until heated through. Spoon into a serving dish and sprinkle with parsley. Makes 4 to 6 servings.—*W. J., Everett, Wash.*

If you omit the wine, use 3 tablespoons orange juice with 1 teaspoon grated orange peel.

This way to dress up carrots can be done hours ahead; just reheat to serve

RISP WITH CHEESE

amily enjoys apple pudding th a crumbly cheese topping, probably welcome this vari- ng winter pears.

- ou or Bosc pears, peeled and iced (about 5 cups)
- espoons lemon juice
- flour
- sugar
- spoon cinnamon
- spoon nutmeg
- spoon salt
- (⅛ lb.) butter or margarine
- shredded sharp Cheddar cheese
- pping cream or vanilla ice cream optional)

pear slices with the lemon t into a buttered baking dish (about 8 inches square). In another bowl combine flour, sugar, cinnamon, nutmeg, and salt. Add the butter and cut in with a pastry blender or a fork until crumbly. Mix in the shredded cheese and sprinkle evenly over the top of the pears. Bake, uncovered, in a 350° oven for about 50 minutes, or until pears are tender. Serve warm or cooled.

You might offer cream to pour over servings of this pudding when it is served. Or serve each portion topped with whipped cream or vanilla ice cream. Makes about 6 servings.—*R. M., Rosebury, Ore.*

Serve pear pudding fresh baked and warm or well chilled, and offer cream

To Europe and to Mexico ...for our hamburgers

DARROW M. WATT

Austrian-style *hamburger topped with a gently fried egg, capers, and anchovies makes a gala family dinner entrée served with shoestring potatoes, pickled beets, cucumbers*

At most family tables hamburgers bring hurrahs. To help you vary the typical bun-mustard-catsup routine, here are four hamburger steaks with international flavors. Visits to Austria, Mexico, France, and Finland inspired these savory entrées.

Festive toppings and sauces dress up the hamburgers in quick order. Buy a lean grade of ground beef (chuck or round). Figure on about 6 ounces ground beef for a generous adult serving; for children, 4 ounces should be adequate. Broil or barbecue the patties, or pan-fry them when you need drippings for a flavorful sauce to spoon over.

A take-off on the famous Austrian *Wiener schnitzel,* this hamburger is topped with anchovy fillets, capers, and a softly fried, sunny-side-up egg. Include wedges of lemon to squeeze over all before mingling the garnishes with the meat patty.

AUSTRIAN HAMBURGER SCHNITZ

- 1½ pounds lean ground beef (chuck or round)
- ½ teaspoon *each* salt, onion salt, and garlic salt
- 1 tablespoon butter or margarine
- 4 eggs
- 8 canned anchovy fillets (part of a can)
- 2 teaspoons capers
- 4 butter lettuce cups
- 4 dill pickles
- 12 canned small whole pickled beets
- 1 lemon, cut in wedges

Mix meat with salt, onion salt, an salt, and shape into four patties ab inch thick. Place on a broiling ra broil, turning once, allowing about utes on a side for rare meat. Mea melt butter in a large frying pan, in the eggs one at a time, and cook just until set.

Place meat patties on a warm s platter or individual plates, and a a fried egg on top of each. Cross 2 vies over each yolk and sprinkle v few capers. Garnish plate with l cups full of pickles (cut partway th and separated into fans), pickled and lemon wedges. Serves 4.

Colorful elements of a Mexican t guacamole, red peppers, jack chees green onions—enliven these cumin- hamburger patties.

MEXICAN HAMBURGERS TACO-ST

- 4 corn tortillas
- ¼ cup salad oil
- 1½ pounds lean ground beef (chuck or round)
- ½ teaspoon *each* salt, garlic salt, and ground cumin
- ¼ pound jack cheese, shredded
- Guacamole (recipe follows)
- 2 green onions, sliced
- 4 canned, pickled hot red chili peppers
- 1 lime, cut in wedges
- Shredded iceberg lettuce (optional)

Cut tortillas in wedges and fry in o frying pan until crisp; pass in a b

Mix meat with salt, garlic salt, and c and shape into four patties about ¾ thick. Place on a broiling rack and turning once, allowing about 4 minu a side for rare meat. Arrange patti serving platter or individual plates. kle each patty with cheese, add a sp of guacamole, sprinkle lightly with o and top with a red pepper. Garnish a lime wedge. If you wish, make of shredded lettuce around each Serves 4.

Guacamole. Halve 1 medium-sized cado, remove seed, and scoop out the with a tablespoon; place in a small Mash avocado with a fork and ble 3 tablespoons lemon juice, ¼ tea *each* salt, garlic salt, and ground c and 2 canned California green chiles, chopped.

In the French manner, you deglaz pan drippings with wine for a simple

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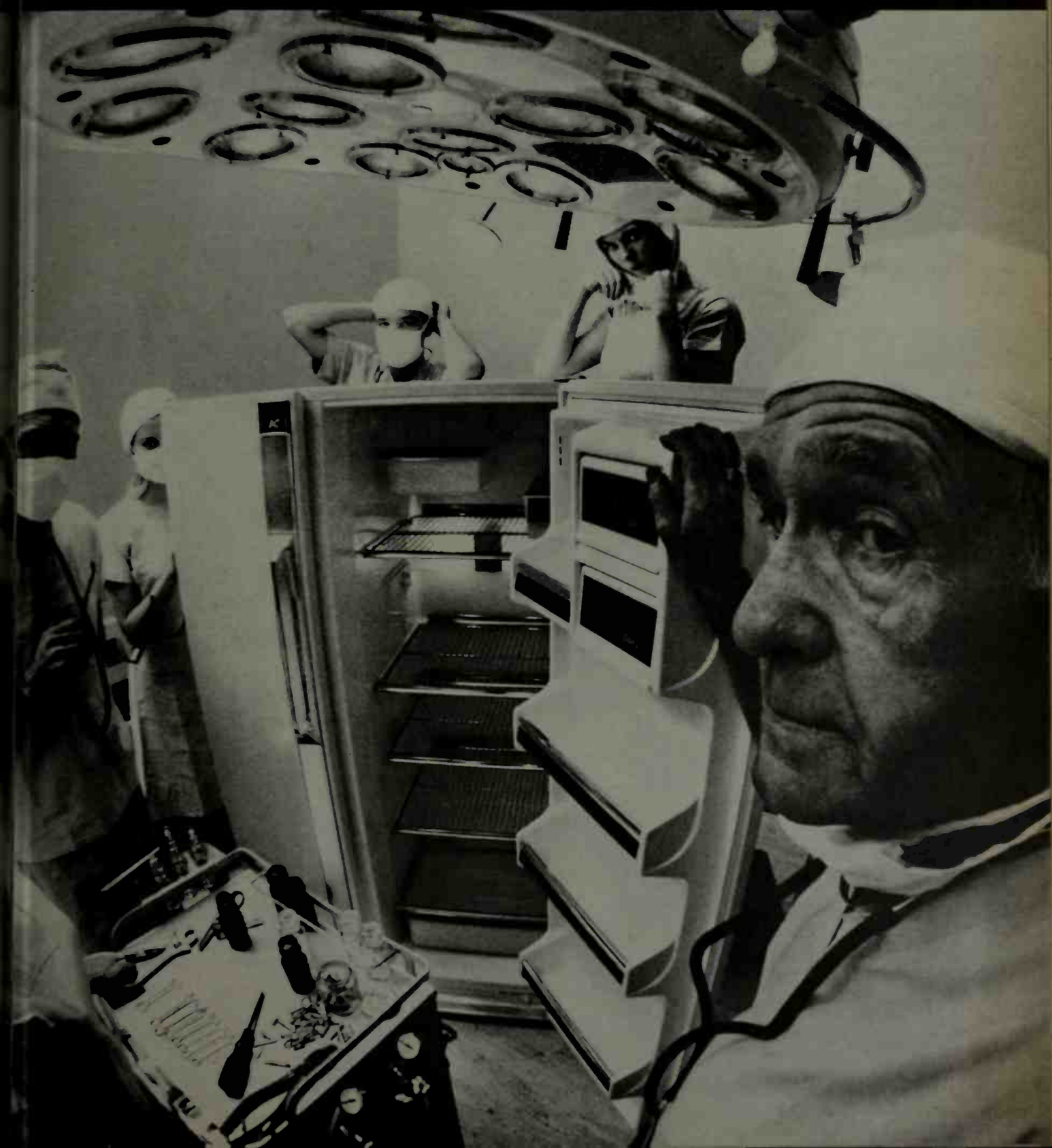


culent sauce for hamburgers. French-fried onion rings pyramid the top.

FRENCH HAMBURGERS BURGUNDY

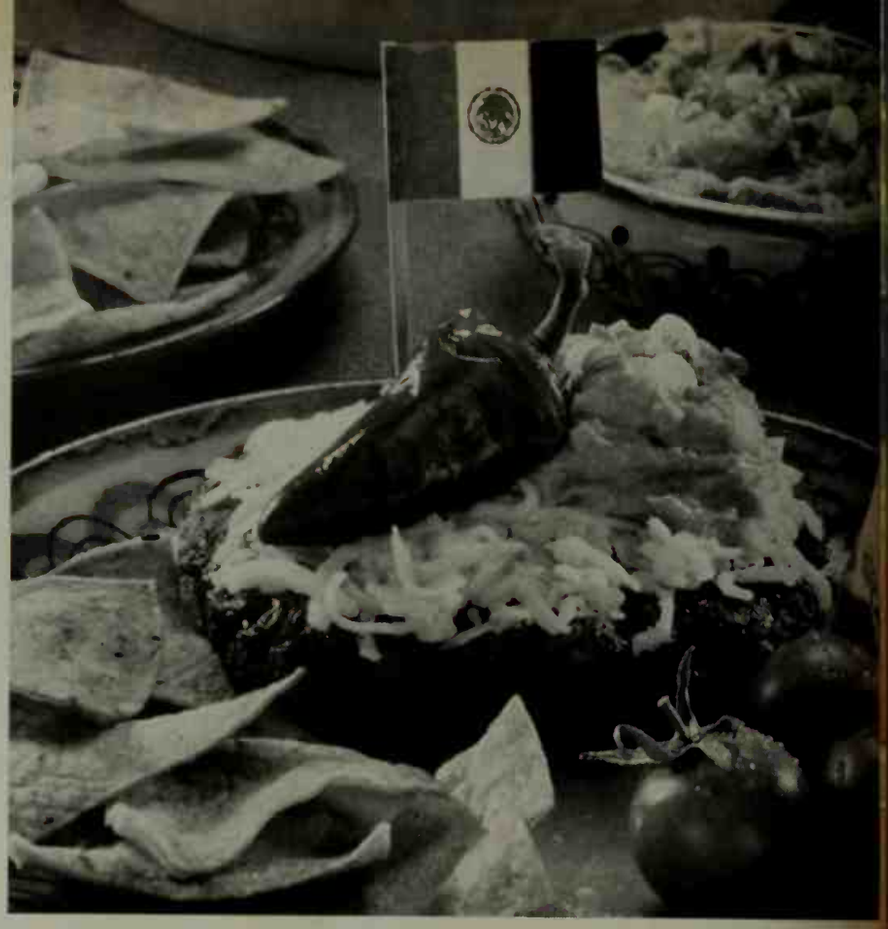
- 1 package (8 oz.) frozen French-fried onion rings or 1 can (8 oz.) onion rings
- 1½ pounds lean ground beef (chuck or round)
- ½ teaspoon *each* salt and garlic salt
- 1 ounce blue cheese
- 1 tablespoon butter or margarine
- ¾ cup dry red wine
- 1 teaspoon beef stock base
- 1 small loaf French bread

Spread onion rings in a single layer on a baking sheet and heat as directed.

Mix meat with salt and garlic salt, and shape into four patties about ¾ inch thick. Cut cheese into four pieces and press a piece into the center of each patty so that meat completely encases cheese. Melt butter in a large frying pan and brown patties on both sides until done as desired. Transfer to hot plates.

Mix wine with beef stock base and pour into pan drippings; bring to a boil and reduce to ¼ cup. Spoon juices over the hamburgers and pile onion rings on top. Serve with sliced French bread. Serves 4.

A Scandinavian cheese called *gjetost (yay-toast)* lends a caramel flavor to a creamy



Mexican-seasoned *hamburger has a handsome topping of shredded jack chee spiced guacamole, sweet red pepper. Squeeze lime over all to lend extra fl*

DARROW M. WATT

mushroom sauce for hamburgers. dinavia this same sauce often gla meats, stew, or meatballs.

FINNISH MUSHROOM HAMBUR

- 1½ pounds lean ground beef (chuck or round)
- ½ teaspoon *each* salt and onion salt
- ½ pound small mushrooms (caps ½ t inch in diameter)
- 2 tablespoons butter or margarine
- 1 tablespoon lemon juice
- ½ cup *each* dry white wine and whipp cream
- 3 ounces gjetost cheese (Scandinavi goat cheese), thinly sliced
- ½ teaspoon whole tarragon (crumble
- Whole cranberry sauce

Mix meat with salt and onion s shape into four patties about thick. Place on a broiling rack a turning once, allowing about 4 on a side for rare meat. Wash mu and leave whole if small (if la thinly). Melt butter in a large fry add mushrooms and lemon ju sauté 2 minutes, stirring. Add v cook until liquid is reduced sligh cream and cheese and heat, stirri blended. Sprinkle with tarragon.

Place patties on a hot serving p individual plates and spoon ov room sauce. Pass a bowl of c sauce to spoon alongside. Serves

Right. *French hamburger (uppe picture) with onion rings; articl side. Mushroom sauce smothers hamburger, served with pota*

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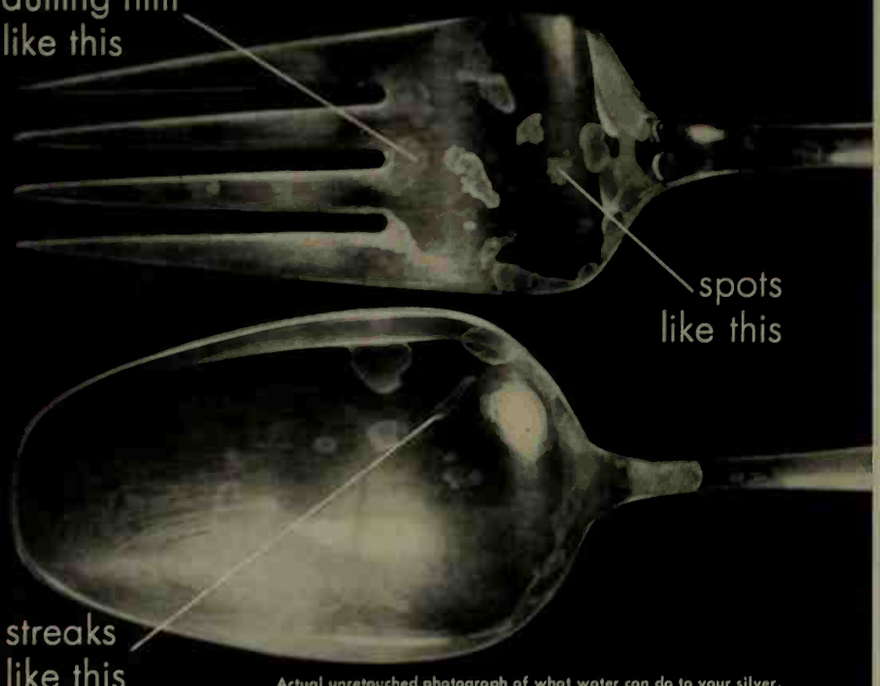

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Spoon *sautéed onions over pa steak; serve it with browned new*

Slow onions a quick steak

The long-standing partnership and onions is popular in many cu Austria and southern Germany, y it on menus as *Zwiebelrostbra*

Easier to prepare than to pronou *tsvee*-bl-roast-brahtn, if you' try), it consists of slowly cooke and quickly pan-broiled steak. C onions and steak in clarified butt doesn't burn easily.

STEAK AND ONIONS, AUSTRIA (Zwiebelrostbraten)

Thinly slice 4 large onions; sepa rings. In a large frying pan, slo onions and 1 clove garlic, m mashed, in 3 tablespoons clarifi (directions follow); stir occasion onions are limp and golden, abou utes. Increase heat to brow slightly; remove from pan.

Meanwhile, cut 2 pounds of ¾-i boneless top sirloin steak into sized pieces. Rub with salt an Add 2 tablespoons more clarifi to pan; increase heat and bro quickly, about 2½ minutes pe rare. Remove to a warm platter.

Add ¼ cup *each* dry red wine a (or ½ cup regular-strength beef pan; cook quickly to reduce sligh ring in brown particles from pan heat, stir in onions, and heat th Spoon onion mixture over steak 4 servings.

To clarify butter: Melt ½ cup butter over medium heat, then t to lowest setting and let stand f Pour butter through 4 layers cened cheesecloth; hold back milk in pan bottom. Makes about spoons.

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The arms alone have burlap, fiberfill, muslin and batting back to back beneath the velvet.
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buffet *has accents of green, gold: Brussels sprouts, curried rice, kumquat-garnished ham, chutney, special salad, dressing*

FEBRUARY MENUS

Here's one dinner built around a baked ham, another around the ham left over. And here's an omelet breakfast

ing ham holds the spotlight for ruary company dinner you see suggest another menu using the ham to make an old-fashioned f for a family supper. And for t or a late-morning brunch this you might serve potato omelets attractive bowl of winter fruit.

ked ham for company

en a long time since you baked a ne-in ham, you might do a large company dinner.

Baked Ham with Chutney
Curried Rice and Peas
Buttered Brussels Sprouts
Green and Gold Salad with Papaya Seed Dressing
nana-Orange Ice Cream Pie

the pie in the morning or several ead. Using chart at right, figure time for the ham; allow for it to f the oven at least 10 to 15 minutes before it is carved. You can prepare and refrigerate the salad greens and the dressing ahead, if you wish.

For the rice, use your favorite curried rice mix or make about 6 servings from your own recipe. Run hot water over 1 cup frozen peas to thaw quickly; stir into rice, cover, and let stand 10 minutes.

Baked Ham with Chutney. If you want to bake a whole bone-in ham, you may need to order it a day or so ahead. Figure about 2 or 3 servings per pound of ham with bone, about 4 to 6 servings for boneless ham.

To prepare ham for baking, be sure any fabric sacking or threads are removed; leave ham as it is or score fat and skin about ¼ inch deep with a sharp knife.

Bake ham on a rack in an open roasting pan in a 325° oven. To test doneness, use a meat thermometer inserted into the center of the thickest muscle (tip shouldn't touch bone or fat). Partially cooked ham (often labeled "ready-to-cook" or "cook-before-eating") should reach an internal temperature of 160°. Fully cooked hams should reach an internal temperature of 130° to be heated through. This schedule will help you estimate cooking time:

Cook-before-eating ham	Min. per pound
Whole ham with bone	18 to 20
Half ham with bone	22 to 25
Boned, rolled ham	30

Fully cooked ham	Min. per pound
Whole ham with bone	10
Half ham with bone	14
Boned, rolled ham	12 to 15
Canned, about 6 pounds	15 to 20
Canned, 8 to 13 pounds	10 to 15

If you want to glaze the ham, brush it two or three times during the last hour of cooking with ¼ cup chutney whirled smooth in a blender and mixed with ¼ cup canned applesauce.

Green and Gold Salad with Papaya Seed Dressing. Wash, dry, and tear 3 to 4 cups salad greens. Peel and dice 1 small (or ½ large) papaya, reserving seeds for the dressing. Thinly slice 1 medium-sized cucumber. For the dressing, combine ½ cup salad oil, 3 tablespoons tarragon vinegar, 2 teaspoons sugar, 1 tablespoon lime juice, ¼ teaspoon *each* dry mustard and instant minced onion, ⅛ teaspoon salt, and 2 tablespoons of the reserved papaya seeds. Whirl dressing smooth in an electric blender; shake before mixing with greens. Makes 6 to 8 servings.—*I. R., North Sacramento, Calif.*

Banana-Orange Ice Cream Pie. Finely crush 18 chocolate wafers (or whirl in blender); you should have 1 cup crumbs. Mix crumbs with ¼ cup sugar and 3

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tablespoons melted butter. Lightly pat the mixture over bottom and sides of 9-inch metal pie pan. Bake in a 350° oven about 8 minutes; cool.

In an electric blender, whirl until smooth 1 can (6 oz.) orange juice concentrate (undiluted), ⅓ cup lemon juice, ½ cup sugar, 3 peeled bananas, and 1½ cups whipping cream. Pour into cooled shell and freeze firm. To serve, garnish top of pie with drained mandarin orange segments (canned or fresh) and chocolate curls. Makes about 8 servings.

Ham loaf for the family

This ham loaf is also good sliced cold for sandwiches.

Old-Fashioned Ham Loaf
Glazed Porsnips
Mixed Green Salad
Gingerbread with Lemon Sauce

You can make the ham loaf early in the day and refrigerate it until baking time. Use your favorite recipe or a commercial mix for the gingerbread; bake it along with the ham. The lemon sauce may be made ahead. To complement the ham, you might add some unpeeled, diced tart apple to your favorite green salad. Cook parsnips when the ham loaf is almost done.

Ham Loaf

- 1 pound *each* lean ground beef or veal and cooked ham
- 1 large onion
- 2 carrots
- 3 eggs, slightly beaten
- 2 cups soft bread crumbs (whirled in blender)
- ¾ cup milk
- 2 teaspoons prepared mustard
- 2 tablespoons minced fresh parsley
- 1 tablespoon *each* honey and prepared mustard

Using medium blade on a food chopper, grind together beef and ham to make 6 cups. Grind onion and carrots; mix into meat (onion may be chopped and carrots shredded). Add eggs, crumbs, milk, the 2 teaspoons mustard, and parsley, mixing well. Pack into a 5 by 9-inch loaf pan, mounding meat to make a smooth loaf. Cover and refrigerate, if you wish. Bake in a 350° oven about 1¼ hours.

During the last 15 minutes of baking, baste top of loaf several times with mixture of honey and the 1 tablespoon mustard. Cool loaf about 10 minutes in the pan; pour off excess juices and carefully lift loaf onto serving platter with two wide spatulas. Makes about 8 servings.

Glazed Porsnips. Scrape or pare about 4 large parsnips; slice lengthwise into quarters. Put parsnips in a large shallow pan, add about ¾ cup water and ½ teaspoon salt; cover and cook about 8 minutes or until parsnips are just tender; drain. Add 3 tablespoons butter or margarine and sprinkle with 1 tablespoon brown sugar. Cook, uncovered, over moderately high heat, turning parsnips in the bu well glazed. Makes 6 servings.

Lemon Sauce for Gingerbread. C cup sugar, 1 tablespoon grate peel, 6 tablespoons *each* lemon butter in the top of a double bo over simmering water, stirring ingredients. Beat together 2 several tablespoons of the hot le ture in eggs; then gradually stir ture in pan. Cook, stirring, abou utes until slightly thickened. Ser or chilled. Makes about 2 cups.

Potato omelet breakf

The addition of mashed potato egg mixture makes these omel cially easy to cook and slip ou pan. The recipe makes enough fo omelets to serve 3 persons; you c double the recipe to serve 6 You'll need an 8-inch omelet pa

Winter Fruit Bowl
Individual Potato Omelet with Bacon and Cheese Filli
Sour Cream or Yogurt **Brow**
Toasted English Muffins **B**

Prepare the fruit bowl first a chill. Have the omelet mixture r bacon fried, and the cheese shred have muffins split, ready to toast

Winter Fruit Bowl. Peel 3 large t or tangelos and divide or cut ments; remove seeds. Peel, core, ⅓ medium-sized pineapple. Sp gerines and pineapple into serv and garnish with mint. Chill. Als a dish of sour cream or yog another dish of brown sugar to be over fruit. Serves 3.

Individuol Pototo Omelets with B Cheese Filling. Beat 4 eggs with mashed potatoes (leftover or i tuted dehydrated mashed potato ¼ teaspoon salt, dash peppe tablespoons minced fresh parsl well to blend. Cook 8 slices baco crumble, and set aside. Also ha ⅔ cup shredded cheese (Chedd or Swiss) and 2 tablespoons butt

To cook each omelet, melt 1 butter in an 8-inch omelet pan. S ter to coat bottom and sides Dip about 3 tablespoons egg pour into pan; place over moder Slide pan back and forth over keep omelet from sticking. When begins to set, lift edges with spat uncooked egg flow underneath.

When lightly browned on bottom surface is almost set, sprinkle tablespoons cheese and some c bacon over top. Fold omelet in slide onto heated platter. Kee while you repeat, making 6 om about 3 servings. Garnish with p

M.F., La Canada, Calif.

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Liver sandwich Calcutta *has to* *cucumber slices, yogurt, onion*

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Liver Sandwich Calcutta. Spri... téed liver lightly with groun... place on buttered, toasted Fren... Top with several thin slices cu... spoonful of yogurt or sour cream... green onion, and a dash groun...

Liver Sandwich Sonora. Sprea... wheat or egg bread with prepa... tard; top with sautéed liver. ... slices cheese (jack or mozzare... to melt cheese. Add avocado sli... with chile sauce and a wedge of...

Liver Sandwich Stockholm. Sp... teaspoon lemon juice over each ... téed liver before removing it f... set liver on buttered, toaste... pumpernickel bread. Top wit... slices drained pickled beet, a sp... sour cream, chopped green oni... dash dill weed.

Liver Sandwich California. Sp... teaspoon lemon juice over each ... téed liver before removing it f... place liver on buttered, toaste... bread. Top with about 3 slices ... sprinkle avocado lightly with le... Add about 2 slices bacon, cooke... and crumbled; serve with wedge...

*Trademark

ow to buy a good dishwasher.

some things to look for if ooking for a good dish-

f all, peek inside and see ashes the dishes. Some hers use spray ks. But g isn't . Water ave the elocity, and mo- get dish- y clean. henAid her uses y wash th water effective ome out ly clean, ut any insing.)

check how it dries. Most shers have a simple heating t dries dishes the same as if k them in a hot oven. Concen- eat like this could harm fine d plasticware. (A KitchenAid dishwasher has a separate heater and fan located outside the wash chamber that circulates hot air nder and around each dish. y thorough and safe.)

ure to consider how long shwasher will last, too.

This is hard to tell, but here are a few things to look for. Is it made of durable materials? (For example, KitchenAid has porcelain enamel on the inside and outside of the wash chambers.) Is the motor dependable? (Few manufacturers bother to design their own motors. KitchenAid does. And tests them electronically before assembly.) Is the dishwasher inspected after it's assembled? (Every part is thoroughly checked and every single KitchenAid dishwasher is hooked up for a test run before it leaves the factory.) Is the dishwasher made by specialists? (At KitchenAid it is. KitchenAid is built by the people who have made commercial dishwashers for restaurants, hotels, hospitals, etc., for over 80 years; home dishwashers for nearly 20 years. And many of these original home

dishwashers are still going strong.)

Another point. Find out how much the dishwasher holds. You'll probably get an answer in place settings. But look for yourself, too. If you see empty corners or notches cut out of racks, the dishwasher has a lot of wasted space.

But capacity isn't everything. A good dishwasher should be convenient to use, too. See if you can adjust the racks to hold big things like roasters and deep bowls. And you should be able to pull the racks all the way out so you can reach in the back easily. On a portable dishwasher, can you reach the lower rack without unloading or removing the top rack? And watch out if you have to load dishes in a certain way. This gets to be a pain in the neck.

One more thing. You shouldn't have to fuss with dials or knobs with a good dishwasher. So make sure the dishwasher works completely automatically, at the touch of a button. And if you want your dishes and glasses to dry without any spots get a dishwasher with an Automatic Rinse Agent Dispenser. You'll find this is very important if you live in a hard water area.

Now if you want to save some time before you start looking, here are two more things you can do. (1) Ask some KitchenAid dishwasher owners how they like their dishwashers. (2) Send this

coupon to KitchenAid Dishwashers Department 8DG-2, The Hobart Manufacturing Company, Troy, Ohio 45373. You'll get full details on portables, built-ins, convertible-portables and dishwasher-sink combinations.

Name_____

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First the chicken is browned, starting each piece skin side down.

Next shallots are swirled in the same skillet until golden.

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Big 6-inch cookies *make a special dessert along with hot chocolate and mars*

What these cookies are is big

Children, especially, delight in these big cookies. A single cooky makes a generous dessert along with a fresh pear or apple, and it's also a fine after-school treat.

Lemon peel flavors this old-fashioned sugar cooky. Its sliced almond topping toasts during baking.

LEMON ALMOND CRISPS

- 1 cup (½ lb.) butter or margarine
- 2 cups sugar
- 2 eggs
- 2 teaspoons grated lemon peel
- 3½ cups regular all-purpose flour
- ¼ teaspoon salt
- 2 teaspoons baking powder
- 3 tablespoons lemon juice
- ½ cup sliced almonds

Cream butter until light and fluffy. Gradually add sugar, creaming until smooth. Beat in eggs, one at a time, and add lemon peel. Sift flour, measure, then sift again with salt and baking powder. Add dry ingredients alternately with lemon juice, mixing well. Let dough chill 1 hour.

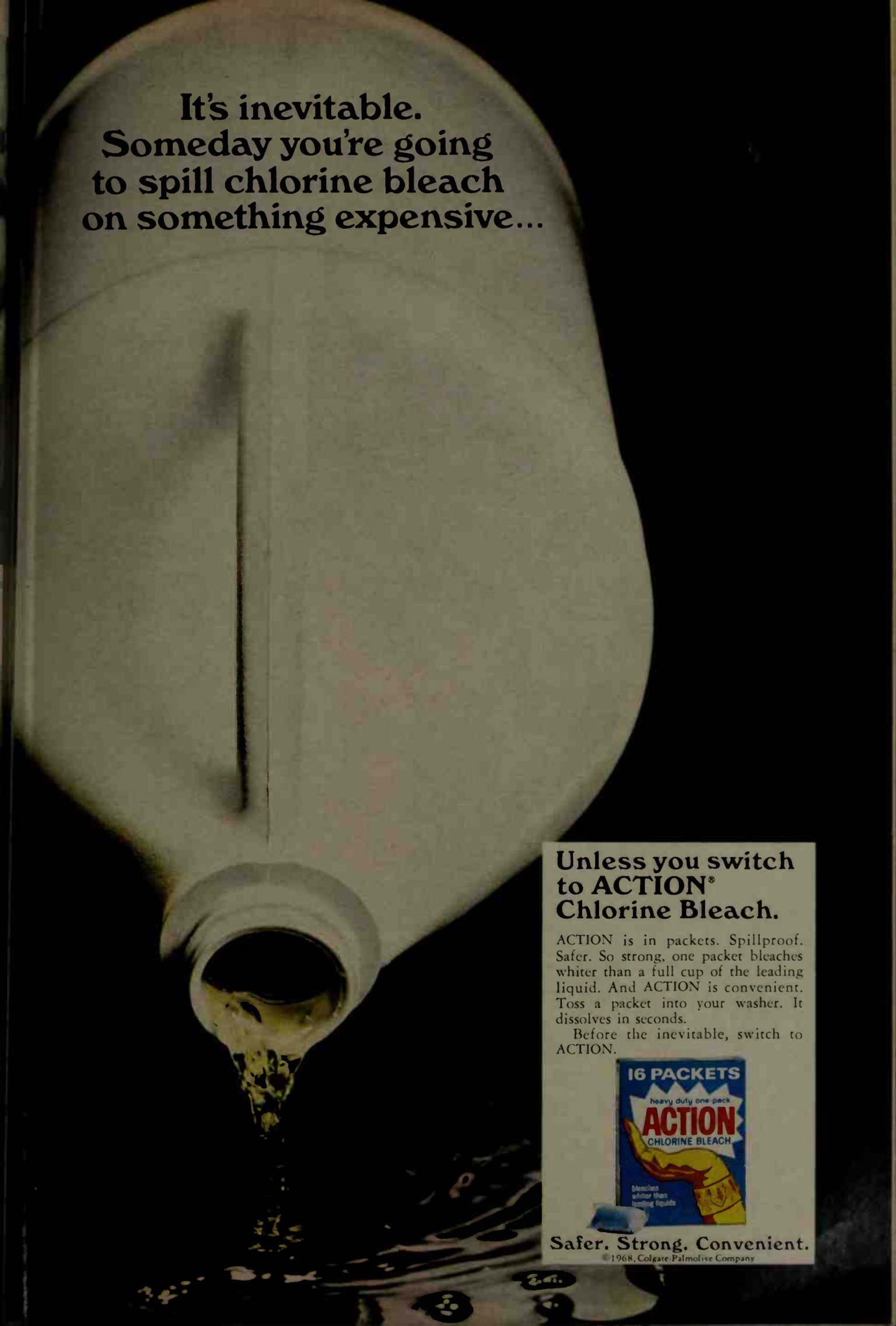
Then roll out on a lightly floured board about 3/16 inch thick. Cut out with a 6-inch cooky cutter (or use a round gelatin mold about that size). Place on a greased cooky sheet about 2 inches apart and sprinkle the tops lightly with almonds. Bake in a 375° oven for 8 minutes, or un brown on the edges. Let cool Makes 16 cookies, 6 inches in

While this pecan cooky is stil flexible, roll it around a wooden shape it into a fat cylinder.

PECAN ROLL-UPS

- 2 eggs
- ⅔ cup brown sugar, firmly packed
- 1 teaspoon vanilla
- ¼ cup unsifted regular all-purpose
- ⅔ cup finely chopped pecans
- 4 tablespoons (⅛ lb.) butter or ma melted and cooled

Beat eggs until thick and pale. A sugar, 1 tablespoon at a time, bea Beat in vanilla. Mix in flour, butter. Place a heaping tablespo ter on one end of a greased coo spreading batter thinly in a 6-in Repeat with a second round of the same cooky sheet. Bake at to 6 minutes, or until browned Remove from oven and let cool a a minute, then slip spatula u to loosen cooky. Place the ha wooden spoon on one end of the roll up loosely to shape the co cylinder. Place on rack to cool Makes 8 cookies, 6 inches in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heavy duty one pack
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How about eating out in?

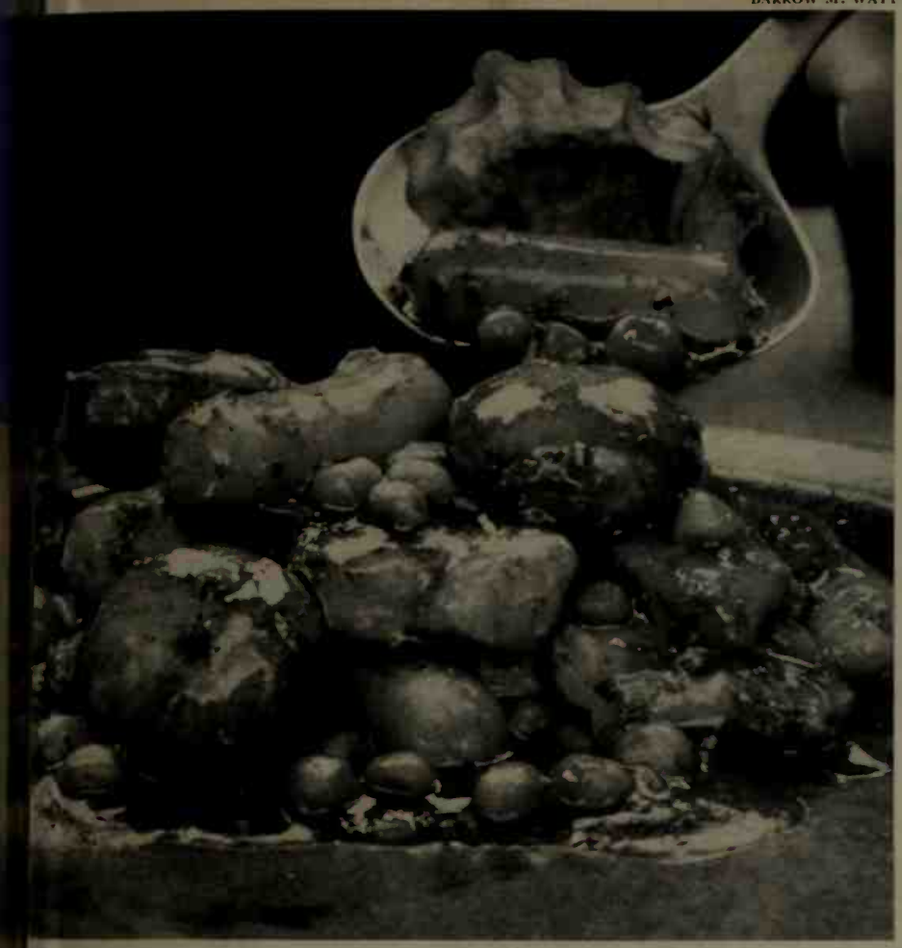
At the Stockholm, in glittering Manhattan, a dinner favorite is Swedish Meatballs in Sour Cream. Here's how to make it with Betty Crocker Noodles Romanoff.

1 cup soft bread crumbs
½ cup milk
1 pound ground beef
3 tbsp. chopped onion
1 egg, slightly beaten
1 ½ tsp. salt
¼ tsp. nutmeg
⅛ tsp. pepper
2 tbsp. butter or margarine
1 pkg. (4-serving size) Betty Crocker Noodles Romanoff

Soak bread crumbs in milk. Mix in ground beef, onion, egg and seasonings. Shape mixture into 1- to 1 ½-inch balls. Melt butter in large skillet; add meatballs and brown on all sides. Cover; simmer over low heat 10 minutes. Prepare Noodles Romanoff as directed on package except—increase milk to ⅔ cup. Drain excess liquid from meatballs; pour noodles over meatballs. Cover and simmer about 5 minutes or until desired consistency. *4 to 6 servings.* Crisp rolls and a crackling green salad round out the meal.

Doing anything tomorrow night? Sure. Eating out—in.

DARROW M. WATT



Copenhagen entrée of tender pork, bacon, liver, tiny sausages, vegetables

The Danes like to mix things

nt visit to Denmark, we sampled) exceptionally fine looking, fine ain dishes. Each features a com- of several meats, which are pre- arately, and vegetables. Because make-ahead entrées, they have peal for busy Western hostesses.

n might be called a stew except meats cook quickly and each parately. Reheat meats, vege- nd sauces together to serve.

AGEN SPECIAL

slices bacon
und pork tenderloin or 1½ pounds
ork chops, boned, fat trimmed
und calves liver, cut in 1-inch-wide
ips
t and pepper
und small whole mushrooms
p each chopped onion and parsley
p dry red wine
y leaf
n (about 14 oz.) regular strength
eef broth
blespoons each water and cornstarch
und cocktail sausages
ckage (10 oz.) frozen peas, thawed
rsley

rge frying pan, cook bacon until erisp. Loosely curl each slice, drain and cool, then wrap and refrigerate. Reserve bacon drippings.

Slice pork about ½ inch thick. Using same frying pan, with 2 tablespoons of the bacon drippings, brown pork on both sides. Reduce heat, cover pan, and cook tenderloin 5 minutes (cook chops 20 minutes). Transfer pork to 2-quart bowl.

Sprinkle liver lightly with salt and pepper and brown on both sides in the frying pan with about 2 tablespoons of the drippings; add to bowl with the pork.

Using about 4 tablespoons of the drippings in the frying pan, sauté the mushrooms until lightly browned; lift out with a slotted spoon and add to the meats. Add onions and parsley to the pan and sauté just until onions are soft. Add wine, bay leaf, and broth; bring to a boil and cook 1 minute; discard bay. (If you plan to serve the dish later, cover and refrigerate the sauce and meats in separate containers.)

Shortly before serving, blend the water with cornstarch; stir into the sauce mixture, and heat, stirring, until thickened

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Bill Lane

President and Publisher

slightly. Add the meat-mushroo and the sausages and cook u through. Stir in peas; cook ab utes. Spoon into heated servin garnish with bacon curls an Makes about 6 servings.

You precook the chicken bre balls, and sweetbreads; then them in a serving dish that c the broiler before serving.

CHICKEN AND MEATBALLS A

- 1 cup (½ lb.) butter or margarin
- Veal meatball mixture (directi
- 2 large whole chicken breasts, bo and skinned
- Cooked sweetbreads (direction
- 2 tablespoons *each* butter and fl
- ¼ teaspoon Dijon style mustard
- ⅔ cup chicken broth (canned or f
- ½ cup whipping cream
- ⅓ cup dry white wine
- 1 cup shredded Danish Samsoe or Gruyère cheese
- 1 jar (4 oz.) sliced pimiento, drai
- Parsley

In a small sancepan, heat the ter until bubbly, but not brow slightly rounded teaspoonfuls c ball mixture and slide off spo butter. Cook several meatbal turning as needed, just unti about 4 minutes. Drain me paper towels, then put into bowl; reserve the butter.

Slice chicken into ¼-inch-th Heat 4 tablespoons of the re ter in a frying pan and sau until white throughout; trans with meatballs. Add butter make 2 tablespoons and saut sweetbreads until lightly brow bine with meatballs.

For the sauce, heat the 2 t butter in a pan; add the flou tard and cook until bubbly. stir in broth, cream, and wine. ring, until slightly thickened. gradually, stirring, until melte from heat and stir in pimien wish to serve later, cover and sauce and meats separately.)

Just before serving, reheat ch Add meat and cook slowly u through. Spoon into serving you can use in broiler), and 5 inches from heat for 2 minut top is bubbly, but not brow with parsley. Makes about 6

Veal meatball mixture: Combi ¾ pound ground veal, ¼ cup f ⅛ teaspoon salt, dash pepper, grated fresh onion, and ½ cup with a spoon until very smooth stand at least 5 minutes.

Cooked sweetbreads: Wash 1 sweetbreads. In a pan, simm breads in 1 quart cold water spoon salt and 1 tablespoon l for 15 minutes. Drain, rinse in to cool, drain again. Peel and membranes; break into bite-si

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CARIBBEAN SALAD DRESSING

1 clove garlic, peeled
1 slice soft bread
1 can (1 lb.) stewed tomatoes
⅓ cup salad oil
2 tablespoons vinegar
½ teaspoon salt
¼ teaspoon pepper
1 teaspoon sugar
2 teaspoons Angostura

Cut garlic in three or four pieces and insert in bread. Let stand half an hour and remove garlic. Mix tomatoes, oil, vinegar and seasonings. Add bread and beat until thoroughly mixed. Serve as a dressing for a mixed green salad.

If you want some more recipe ideas on everything from meat to desserts, send for Angostura's free recipe book, "The Secret of Better Taste." It has over 100 recipes. Address requests to Angostura, Dept. S6, Box 123, Elmhurst, New York 11373.

or how to become a gourmet in two shakes.

They cheered Finickers' Soup, and also spicy beans, Ol' Grizz, shanks with rice

It's great to have people cheer our accomplishments. Some *Chefs of the West* give generous credit to those who have encouraged them. William E. Knowles acknowledges his private circle thusly:

"Tempted, yes; but for years I remained a cautious fish in your sea of readers who haven't nibbled at the bait of *Chefs of the West* accolade. Now finally pushed (or should I say nipped on the fins?) by well wishers, I proudly submit the following recipe for your consideration. It is one of the few of my prized mixtures that received 100 per cent acceptance from my 'Finicky Five' tasters."

FINICKERS' SOUP

- 1 package (1 lb.), or about 2½ cups, *each* small white beans and black-eyed beans
- Water
- 1 large can (46 oz.) tomato juice
- 1 can (8 oz.) tomato sauce
- 12 beef bouillon cubes
- ¼ cup butter
- 2 large onions, finely diced
- 2 pounds lean, diced ham (about 7 cups)
- 2 quarts water
- 1 tablespoon sugar
- ¼ teaspoon liquid smoke

Wash both kinds of beans, combine, cover with water, and soak overnight. (Or cover with water, bring to boil, boil 2 minutes; remove from heat, cover and let stand 1 hour then proceed with the next step.)

Next day, drain and reserve liquid; place beans in large kettle. Add tomato juice and tomato sauce. Heat 4 cups of bean-soaking liquid to boiling and dissolve bouillon cubes in it. Add all to kettle.

Melt half the butter in a frying pan and santé onions in it over low heat until slightly browned; add them to kettle. Melt remaining butter in same pan and lightly brown the diced ham; add to kettle.

Add the 2 quarts water to kettle, bring the contents to a boil, then reduce heat to simmer. Add sugar and liquid smoke. Continue simmering about 3 hours, or until beans are tender. Serve hot. Freeze any that is left over and reheat as needed. Makes about 9 quarts.

William E. Knowles

San Diego

Stuart Moore has a reputation
met cook for banquets at his
one of his toughest assignm
meal with a Spanish theme—
fried beans, tortillas, or enchil
you." One of Elena Zelayeta
cookery books stood him in
until he came to the vegetable
"In order to round out the c
plate, a green vegetable was
green beans were the likely
However, Elena's only recip
chile sauce and this would p
go over with the majority of
ioners. I therefore started ex
on the family. Every night fo

"I was tasting one and then t

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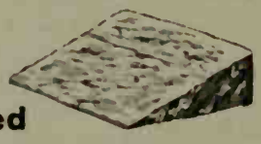

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Dennison

we had at least two different green bean preparations. It finally narrowed down to two and we had a final runoff. I was tasting one and then the other, they were side by each on the plate, and the sauces ran together. One taste, and a fiendish inspiration struck. I emptied one of the serving dishes into the other and stirred. "Although the family had been complaining about having to eat green beans for the previous nine days, not a bean was left from that batch."

JUDIAS VERDES PICANTES
(Spicy Green Beans)

- 1 package (9 oz.) frozen green beans (regular cut, not French cut)
- ⅓ cup thinly sliced green onions (including the green tops)
- 1½ tablespoons butter

Sauce:

- 3 tablespoons soft butter
- 1 teaspoon *each* prepared mustard and Worcestershire
- ¼ teaspoon salt
- Dash *each* of black pepper and cayenne pepper

Cook green beans according to package directions until just barely tender. Meanwhile, sauté onions in the 1½ tablespoons butter just until soft. Cream together all sauce ingredients until well blended.

Drain all water from beans. Stir in sautéed onions and all drippings from pan. Add sauce mixture and stir well. Cover and let stand over lowest heat 5 minutes; turn into serving dish. Serve with Spanish or Mexican dinners, or with any fairly mild-flavored meat. Serves 3.

The beans have best color if you serve immediately, but they can be kept warm half an hour or so longer, tightly covered, on a warming tray without losing too much fresh color.

Stuart Moore
Los Angeles

Newcomers to The Mountaineers may think Robert L. Wood is called Ol' Grizz because of the beard he grows ganization's two-week summer into Olympic National Park. (bers, of course, recall that th started when he used to write from the Grizzly's Den" colu *Mountaineer Bulletin*. But we Wood as a *Chef of the West*, not at all incongruous to us th should submit a recipe for wl Glorified Angel Cake.

This is more dense yet less typical angel food cake. We lik with frosting than without. make an unusually good bas additions as fruit and whippe

OL' GRIZZ'S GLORIFIED ANGE

- 1½ cups sifted cake flour
- 1½ cups sugar
- 2 teaspoons baking powder
- 1½ cups egg whites (whites of abo
- ½ teaspoon cream of tartar
- ¼ teaspoon salt
- ¼ teaspoon almond extract
- 1 teaspoon *each* lemon extract ar
- ½ cup commercial sour cream

Sift together cake flour, 1 sugar, and baking powder; set into large bowl of electric mix the egg whites, cream of tarta Beat until foamy; then conti until stiff, but not dry. Gradu maining ½ cup sugar while co beat until stiff peaks form (bu egg whites become dry and fl ing). Add almond extract, lem and vanilla.

Put into small mixing bowl th ½ cup egg whites. Beat until nally blend in the sour crea tinue to beat until a bubbly ture is formed; set aside.

Alternately fold the mixture o dients and the sour cream m the beaten egg white mixture i manner in which you fold in gredients when you're making angel food cake. Pour into an 10-inch tube pan. Place in a

"Because of the beard he grows on summer backpacks into Olympic National Park"

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and Fish Fillet

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ontrol to 325°, and bake for
inutes. Invert and let cool,
e cake from tube pan. Serve
r frost with icing of your
es 10 to 12.

Robert L Wood

Seattle

Damron of Fresno makes a
after a lapse of some years
lazy") and wins an apron to
ap. His additions and season-

n lamb shanks in salad oil"

form lamb shanks into a dish
ressive than you expect.

NKS WITH CURRIED RICE

shanks, each cut in two pieces
spoons salad oil
oon salt
oon pepper
lope (3 to 4-serving size) dried
on soup mix
condensed beef consommé, or
easpoon beef stock base in ⅔ cup
iling water
oon Worcestershire
Major Grey chutney, chopped
ut 2 cups cooked, curried rice,
epared according to your favorite
ipe or with a mix

y pan with a cover, brown lamb
salad oil. Add salt, pepper,
p mix, consommé, and Worces-
Cook over low heat about 2 to
, or until lamb is tender enough
ff bone. Cool, refrigerate, and
at. Add chutney. Heat just until
g. Serve over the curried rice.

Jack Damron

Fresno

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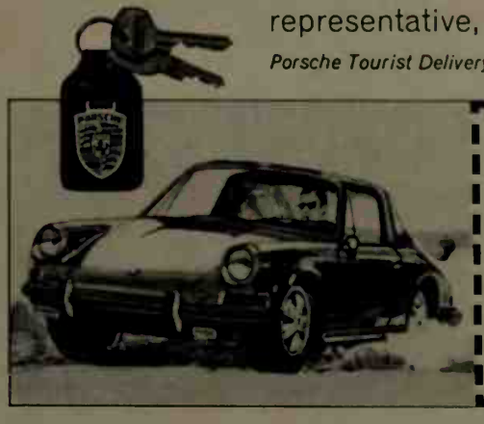

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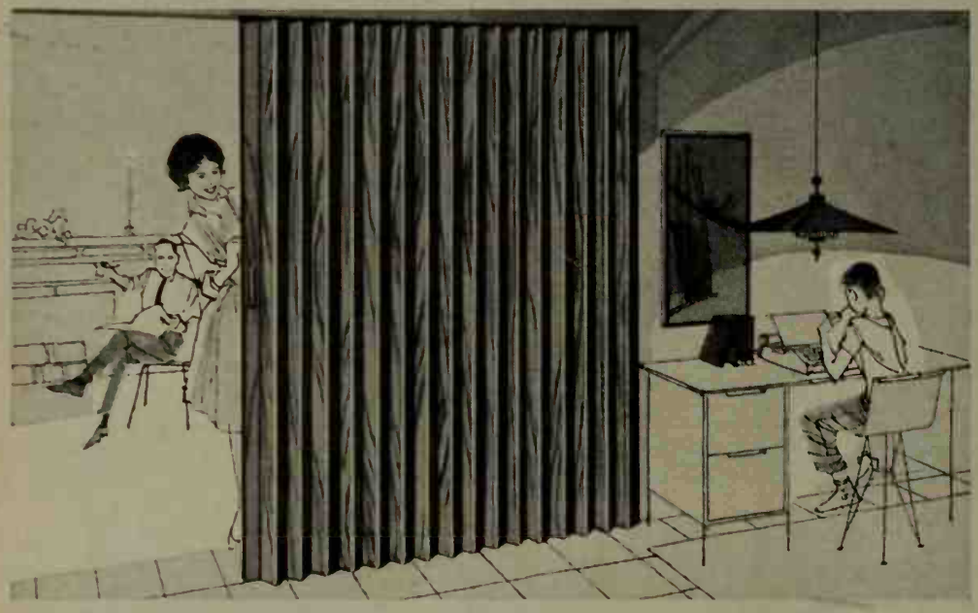

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Serve *this spicy cake with Mad*

You make i with Madei

This fragrant cake is made wi cently introduced and modes California Madeira wine.

MADEIRA CAKE

- About 1¼ cups Madeira
- ⅔ cup currants
- ½ cup *each* butter and shortening
- 2½ cups sugar
- 6 eggs
- 4 cups unsifted regular all-purpose
- 1 teaspoon soda
- ½ teaspoon salt
- 1 teaspoon *each* ground cinnamon, cloves, and ground nutmeg
- ½ cup milk
- 1½ tablespoons lemon juice
- Powdered sugar

In a small bowl combine 1¼ cup and currants; let stand one hou

In the large bowl of a mixer (or mixer) cream butter and shorte sugar until fluffy, then thorough the eggs, one at a time.

Combine flour, soda, salt, c cloves, and nutmeg; sift once to

Drain as much Madeira as pos currants, adding to it enough deira to make a total of 1¼ c bine the milk with lemon juice a Madeira. Alternately add flou and liquid to egg mixture, ble after each addition. Stir in cu hand. Pour into a greased and flo 10-inch tube pan.

Bake in a 375° oven for 1 hour 15 minutes, or until center spr firmly when lightly touched. C 10 minutes and remove from p warm or cold, dusted lightly w dered sugar. Slice in thick or th as you like.—*A. J., Honolulu.*

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If your famil... likes spaghet...

Your family probably enjoys ... with a hearty sauce as an occasi... ner main dish. For variety, you m... to try one of the following comb... ground beef and vegetables in a ... tomato sauce over vermicelli; or ... pork sauce over long, flat, Chi... noodles.

BEEF-OLIVE SPAGHETTI SAUCE

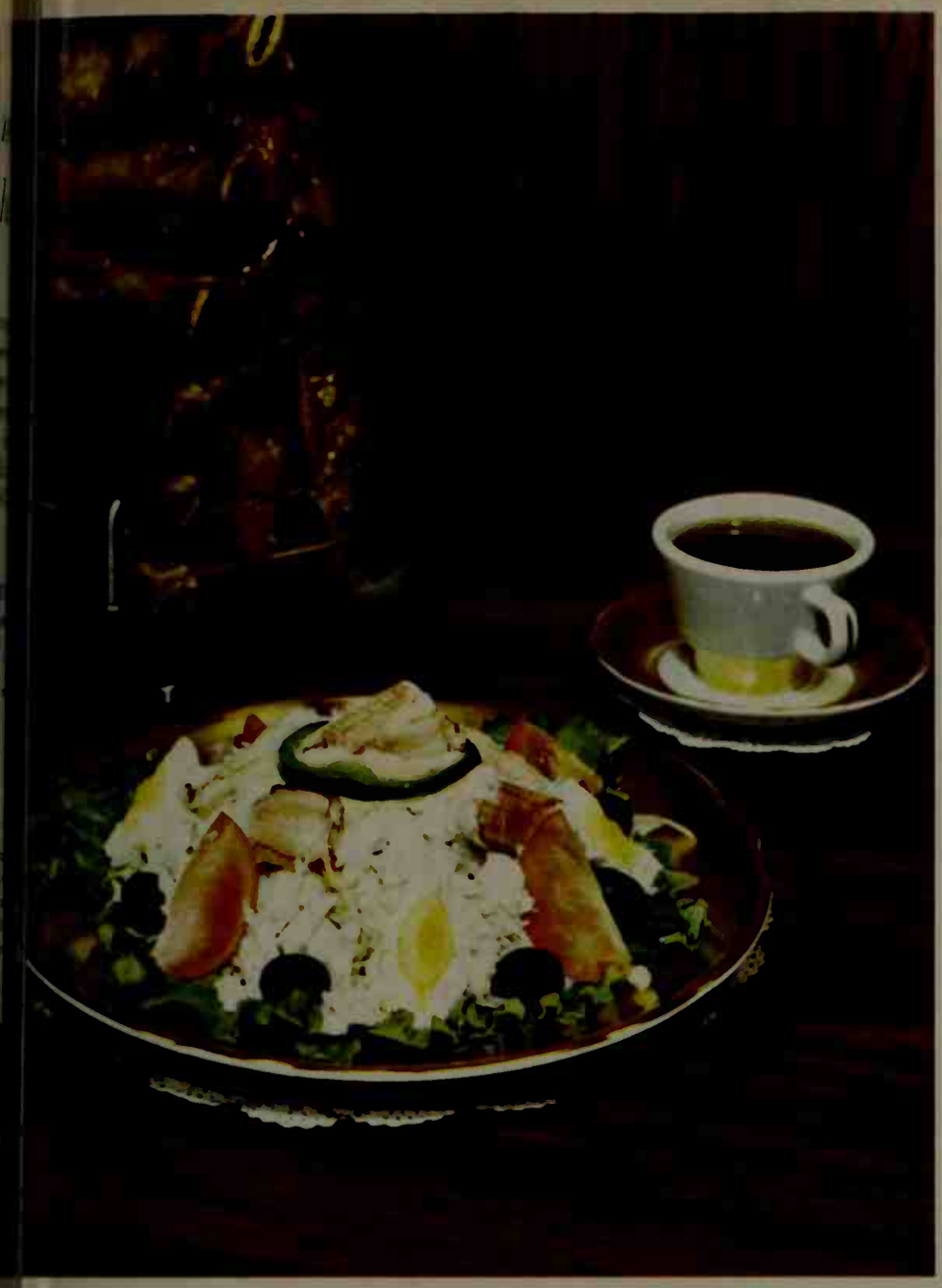
- 1½ pounds ground lean beef, crumble...
- 1 large onion, chopped
- ½ cup chopped green pepper
- 1 large clove garlic, minced or mash...
- 1 carrot, shredded
- ½ pound mushrooms, quartered
- 2 tablespoons chopped parsley
- 1 can (1 lb.) tomatoes
- 1 can (8 oz.) tomato sauce
- 1 can (6 oz.) tomato paste
- ½ cup dry red wine, or 2 tablespoons ... lemon juice in 6 tablespoons wat...
- 2 teaspoons spaghetti sauce seasonin... (bottled), or 1 teaspoon basil an... ¼ teaspoon *each* savory, rosema... and marjoram
- ½ teaspoon *each* sugar and salt
- ⅛ teaspoon pepper
- 1 can (2¼ oz.) sliced ripe olives
- Hot, cooked vermicelli, or fine spa...
- Shredded Parmesan cheese

Brown ground beef well in a larg... pan or Dutch oven. Reduce h... onion, green pepper, and garlic, a... until onion is soft, stirring occa... Stir in carrot, mushrooms, parsle... toes, tomato sauce, tomato past... spaghetti seasoning, sugar, salt, a... per. Simmer, covered, for 1½ ho... olives and cook, uncovered, for a... minutes longer, until sauce is thic... spooned over vermicelli, with c... sprinkle on to taste. Makes 4 to 6 ... —*A. C., San Francisco.*

PORK SAUCE FOR CHINESE NOO...

- 1½ pounds boneless lean pork, ... cut in ½-inch cubes
- 1 clove garlic, minced or mashed
- 1 can (10½ oz.) condensed cream of ... mushroom soup
- ⅓ cup soy sauce
- 2 medium-sized tomatoes, peeled, ... seeded, and chopped
- 1 green pepper, cut in thin strips
- 1 onion, thinly sliced and separated i...
- Hot, cooked, long, flat, Chinese-sty... noodles, or tagliarini

Brown pork in a large frying pan... garlic. Blend soup and soy sauce; m... pork, cover, and simmer for al... minutes, or until pork is nearly ... Add tomatoes, green pepper, and... continue cooking, covered, for ... minutes more, until vegetables are... crisp. Spoon over noodles. Makes... servings.—*K. C., McCleary, Wash...*



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1. Holding crab body in one hand, place other thumb under back shell and pull off. Discard shell, or scrub and use for unique individual serving dish.

2. With thumb or edge of spoon remove leaf-like gills from crab body. Rinse away crab "butter" under faucet. Your Dungeness crab is now clean, ready to pick and eat.

3. Break off claws and legs, crack open with nutcracker for solid chunks of delicious pink-hued meat. Break body in half, pick out white meat. Keep crab meat chilled until ready to use.

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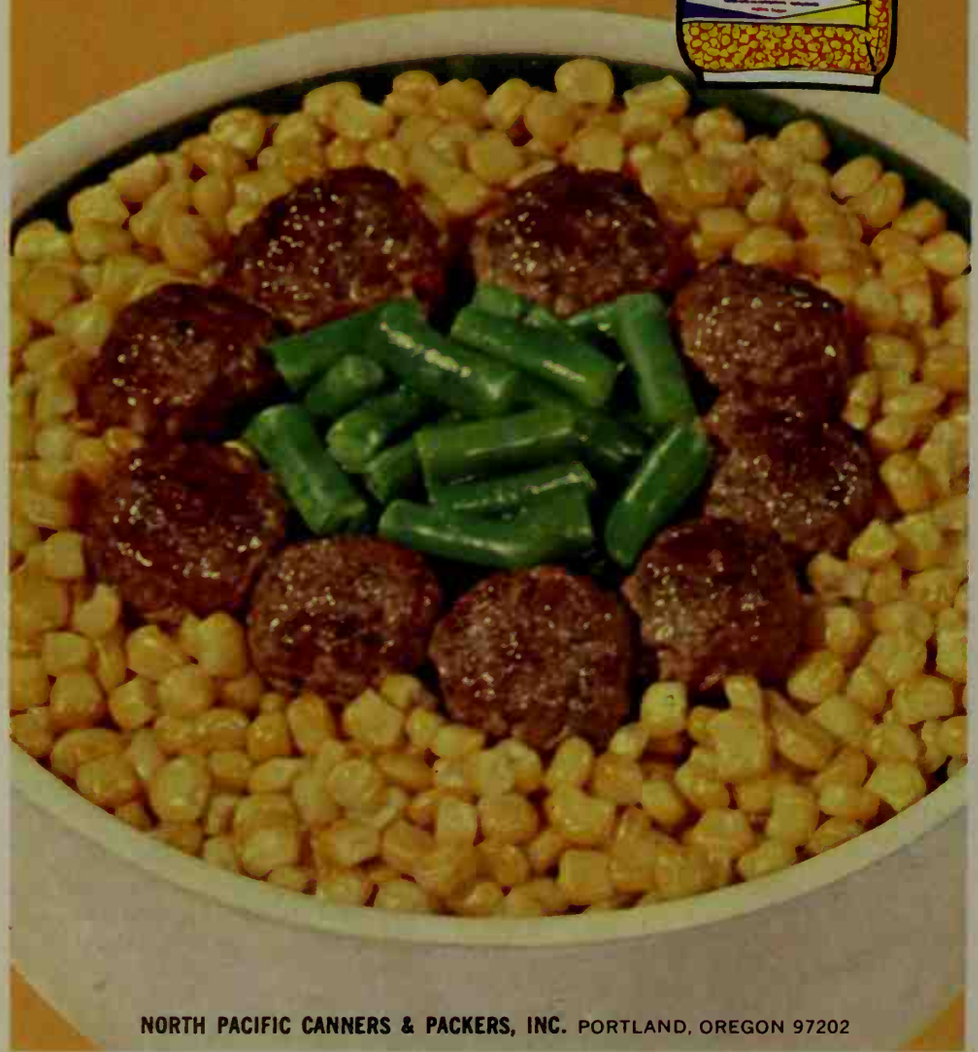

NORTH PACIFIC CANNERS & PACKERS, INC. PORTLAND, OREGON 97202

Special sprea for hot breac

A delicious way to embellish the meal is to serve a special spre bread—and two good choices butters, one sweet and one sav you can keep on hand in the ref

This slightly sweet, citrus-flavor can be served two ways. Spread biscuits, muffins, yeast rolls, w pancakes. Or spread it on unhea such as split English muffins, spl sliced bread, or cornbread squa broil to heat and glaze.

ORANGE-HONEY SPREAD

- 1 cup (½ lb.) butter, slightly soft
- 5 tablespoons honey
- 2 teaspoons grated orange peel
- 2 tablespoons thawed, frozen orang concentrate

Cream the butter with a spoon o mixer until fluffy, then beat in t orange peel, and orange concentr cold, covered, until ready to use; about 30 minutes at room ter to soften for easy spreading.

Spread butter generously on e of bread of your choice. To br about 4 inches below heat source is lightly browned and glazed loo allows time for the bread to l Serve at once. Makes about 1½

This butter bears great similari famous, richly aromatic *pesto,* sauce, of Genoa. Because it c quantity of cheese it broils beau a topping for breads. Try it on sl of French or sourdough bread, s lish muffins, squares of corn sliced white or wheat bread (I toasted on bottom side first).

PESTO SPREAD

- 2 tablespoons *each* minced fresh pa and dried basil
- 1 cup shredded or freshly grated Parmesan cheese
- 1 cup (½ lb.) butter, slightly soft
- ½ teaspoon anchovy paste *or* 2 anchovy fillets, mashed with a
- 2 tablespoons lemon juice

In a bowl combine parsley, b cheese, and stir. Add butter and a spoon or an electric mixer ur Beat in the anchovy paste a juice. Keep cold, covered, until use; then let stand about 30 m room temperature to soften for s Thickly spread butter on cut s bread. Broil about 4 inches be source until topping is richly bread will heat in this time, too once. Makes about 1⅔ cups spr

e one time
your life
nen you dare not
ke chances...

time when you find a new meaning to
nd a deepened sense of responsibility.
matter of diet, for instance, now takes
uch more importance than that of losing
pounds to get into a size 10. It's a time
you really listen to your doctor's advice
use the foods he tells you to eat no longer
you alone.

A dietary guide for the mother-to-be

hen prenatal or postnatal complications
they may sometimes be traced to incor-
diet. So it is wise to build your meals
nd the four Food Groups: The Milk
p, Meat Group, Vegetables and Fruits,
ds and Cereals.

Add extra milk, meat and other protein-
foods at this time. Milk, as well as being
portant source of protein and riboflavin,
perior to all other foods as a supplier of
um for bone formation. The daily recom-
dation for an expectant mother is 4 or
e glasses—for a nursing mother at least 6.

Increase your servings of vegetables and
s for extra vitamins A and C.

Go light on sweet foods, fried foods, rich
erts, fats, gravies and other high calorie
s to avoid gaining excess weight.

oman who follows these simple rules will
her baby the best possible start and set
stage for a happy future family life.

****

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COOKING WITH Kellogg's

Corn-Crisped Chicken

So crisp 'n tender—just dip, roll 'n bake, using Kellogg's Corn Flake Crumbs

Everyone's favorite—old fashioned, home-cooked chicken and without the fuss of frying. Kellogg's® golden Corn Flake Crumbs keep it crisp 'n crunchy on the outside . . . the extra richness of evaporated milk keeps it extra moist 'n tender inside. And, with a foil-lined baking pan, there's no pan to scour at cleanup time. Try this easy recipe soon.

Corn-Crisped Chicken

Have ready—3 lbs. frying-chicken pieces.

DIP pieces in ½ cup evaporated milk (thin milk just won't do).

ROLL in mixture of: 1 cup Kellogg's Corn Flake Crumbs, 1½ teaspoons salt, ¼ teaspoon pepper. Place chicken pieces, skin-side up, in shallow baking pan lined with heavy duty aluminum foil; do not crowd.

BAKE in moderate oven (350° F.) about 1 hour, or until tender. No need to cover pan or turn chicken while cooking. Cover loosely with foil if less crisp crust is desired. Serve with tart jelly.

Yield: 6 servings

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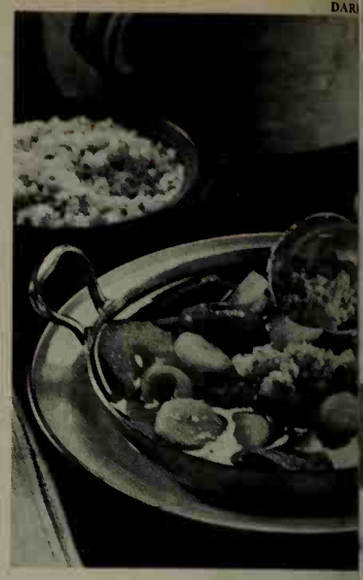

Sprinkle *a generous spoonful of cheese mixture over bowl of hot*

"Little pot" a big soup

Petite Marmite, "little pot," is r meal soup, laden with succu shanks, chicken livers, and ass vegetables. This version includ cheese that you lavish over ea

BEEF AND VEGETABLE SOUP

Petite Marmite

- 3½ pounds beef shanks, cut 1 inch t
- 3 quarts water
- 1 tablespoon salt
- ¼ teaspoon pepper
- 1 bay leaf
- 2 whole allspice
- 1 medium-sized onion, peeled
- 2 whole cloves
- 1 bunch carrots
- 2 turnips
- 3 stalks celery
- 3 leeks
- ½ pound chicken livers
- 1 tablespoon beef stock base *or* 3 bouillon cubes
- Parsleyed cheese (recipe follow

Place beef shanks in a large s add water, salt, pepper, bay le and onion stuck with cloves. boil, skim off frothy scum on and simmer 2 hours, or until n der. Lift out meat and let cool.

Peel and slice carrots. Peel an nips. Slice celery thinly on th Slice leeks thinly. Add vegetabl livers, and beef stock to broth a 20 minutes. Remove bones a dice meat into bite-sized pieces to soup and reheat. Ladle into serve with the cheese. Serves 8

Parsleyed cheese. Cream 2 t butter. Mix in ¼ teaspoon tablespoons chopped parsley, shredded Parmesan cheese.

His beans are getting butter all the time

What do you do with a whole summer-full of snapping-crisp green beans? The Green Giant slices his bite-size and twise—to expose more of the crisp inner bean. hen Sliced Brand diagonal cut green beans, alls them.) Then he freezes them in a delicately oned sauce of real 93 score butter. In a special r-tight cooking pouch. Best shape—and er sauce—beans have ever been in!

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Avocados from California

ese appetizers u do ahead

izers, full of cheese, will make ons to your repertory of do- d'oeuvres. Two are served t the other two just before y to serve.

ese Spread. Beat together 1 ge (8 oz.) cream cheese and ons milk. Stir in 1½ cups sharp Cheddar cheese, 1 jar oz.) sliced dried beef (chopped), ns chopped pickles (sweet or lespoon chopped parsley, and n Worcestershire. Spoon into h, cover, and chill. Serve with ers. Makes about 2 cups.

Toast Triangles. Remove crusts es firm-textured white or rye st bread, then cut each slice ngles. Blend together 2 table- h butter and parsley, and ¾ ded kuminost cheese; spread ide of each triangle. Top each nond slices. Arrange on baking rigerate until needed. To heat, er broiler until cheese melts, inute. Serve hot. Makes 20.

ese Spread for Vegetables. With mixer, beat together 1½ cups sharp Cheddar cheese, ½ cup cottage cheese, ¼ cup (2 oz.) e, 3 tablespoons dry Sherry, ¼ Worcestershire, and 2 table- opped chives. Use as dip for vegetables, or fill short pieces of akes about 1½ cups.—*J. T., z, Calif.*

Chile-Cheese Turnovers. Pre- kage pie crust mix (enough for -crust pie), adding water as on package; blend in 2 cups sharp Cheddar cheese. Have an (4 oz.) California green chiles up shredded cheese. Remove n chiles; cut into 1-inch squares. stry in half; roll out first half htly floured board to 1/16-inch . With a cooky cutter, cut out circles. Moisten edge of each th beaten egg white; place a chile and about ¼ teaspoon cheese in center of each. Fold press edges together with a fork been dipped in flour. Place tarts ed baking sheets. Repeat with g pastry. Refrigerate or freeze s. Brush with beaten egg white beaten egg white); bake in a en about 12 minutes (14 min- rozen), or until lightly browned. bout 3½ dozen.—*E. B., Hills- Calif.*

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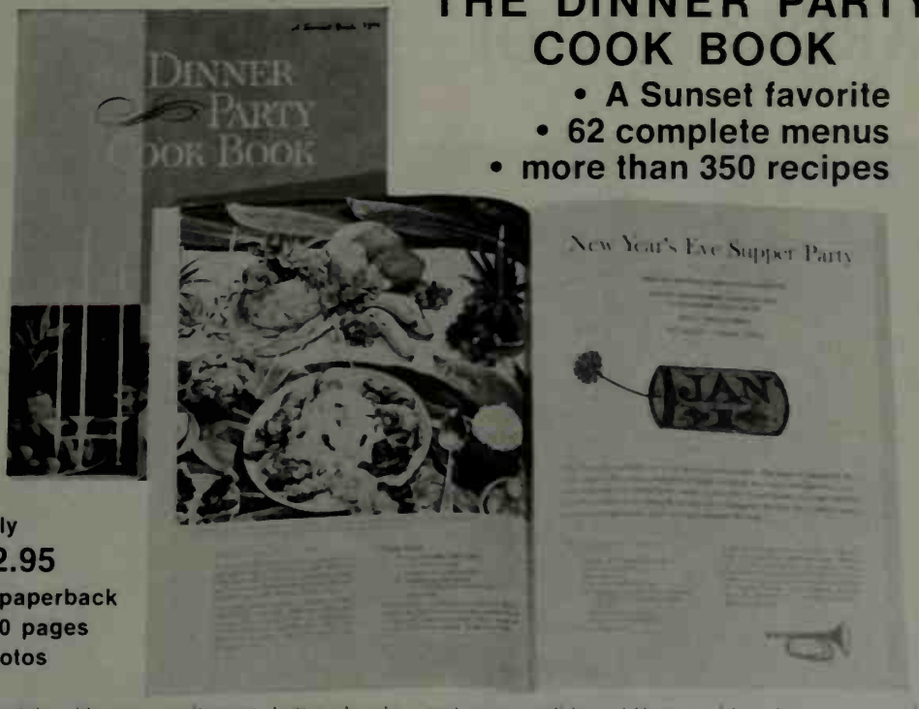

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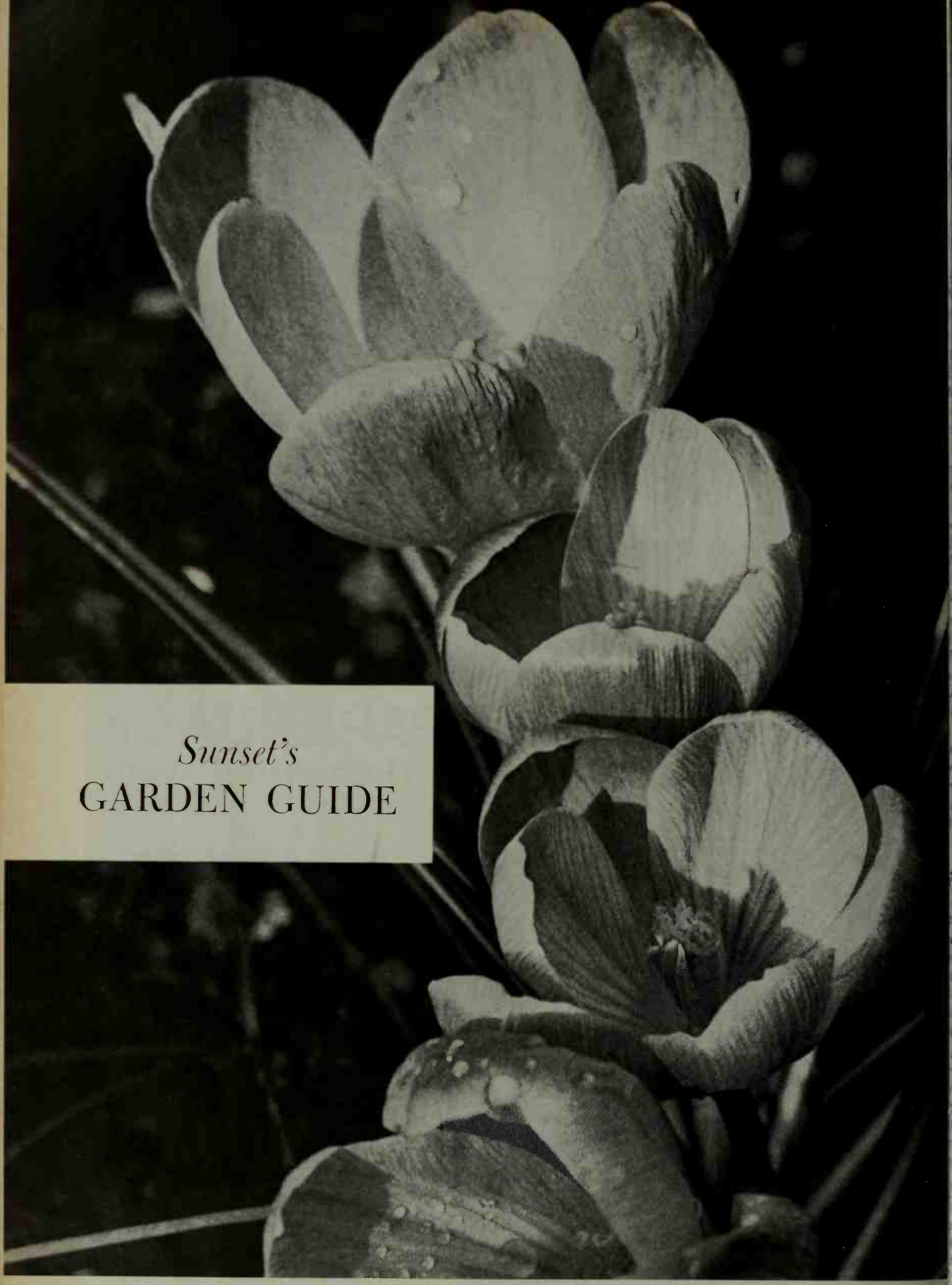

Sunset's GARDEN GUIDE

Dutch crocus blooms in February

Crocus goblets come in purple, lavender, yellow, c Many are finely penciled with dark veins; all have finish. These belong to the common garden kind k Dutch crocus, only kind widely grown in all Western

FEBRUARY IN YOUR GARDEN:

t's time to plant fruit trees . . . and to appreciate crocus

e first sign of spring? Opinion
h the region in which you live.
t's acacia, almond blossom, or
ard. To those who live where
e really cold, it's forsythia. To
s, it's a field or bank of wild-
fresh green grass.

rocus is one sign of spring that's
erywhere in the West (or, for
er, wherever there are springs
rward to, and forward-looking
).

the most delightful feature of
he element of surprise. Crocuses
burst from the earth without
s soon as weather conditions
. Only the most watchful gar-
the little spear of leaf tips that
ies and shelters the flower bud
des the flower.

lbs must be planted in the fall
t a spring show next year. Make
buy bulbs in September. If you
e, plant crocuses in masses of a
lor rather than planting mixed
random. If you haven't much
u can still have crocuses. Tuck a
s underneath a handsome shrub
growing in a large container.
em between paving blocks or
tones, beneath the gravel mulch
e planting site, or underneath
f low ground cover.

ng fruit trees

is a good month to buy and
re-root deciduous fruit trees. Do
homework before making your
onsider first what kinds and va-
ow and bear well where you live.
see that varieties you select are
lf-fertile or will be near suitable
ng varieties.

well whether the crop you're
get will justify the space and
'll spend getting it. Try to assess
benefits" (shade, ornament, flow-
ening for privacy); some trees are
it factories, while others make a
le contribution to the landscape.
a few specific do's and don'ts:

elect fruit varieties solely on the
on they have in fruit markets.
putations are based on selected
own by professional growers in
owing areas. Do listen to the rec-
lations of an *experienced* nursery-
read the new *Sunset Western Gar-
ook* (Lane Books, Menlo Park,
1967; $5.95) before selecting va-
rieties for your own garden.

Don't crowd trees. You can't grow even one standard-sized apple or sweet cherry in a 10-foot side yard; obviously you can't grow a whole orchard there. Do consider dwarf fruit trees, either grown as small trees or as espaliers, as space savers. If you need a pollenizing variety, save space by buying a tree that has a pollenizing variety grafted on.

Don't count on fruit trees to give you carefree gardening. Except for fig and persimmon, all will require spraying. All will require shaping in their early years; many will need careful pruning throughout their lives. And many will eventually provide far more fruit than you can use. Do think twice (or even three times) before rushing out to get your 'Delicious' apple, 'Elberta' peach, or 'Kadota' fig.

All-America gladiolus selections for 1968

To win the All-America award, a gladiolus variety must prove its worth against a number of aspirants in gardens across the country. You'll recognize the winners in the nursery; each corm is individually wrapped in a little net jacket that indicates flower color, and each carries a name label. This year a red, a white, and a blue took the honors:

'Royalty.' Velvety, rose red flowers of medium size; up to eight of the 20 or more buds are open at once.

'Purity.' Pure white flowers are very large (5½ to 6 inches across); six or seven are open at the same time.

'Bluebird.' Flowers very near pure blue, with white throats. A miniature, it opens eight of its small (2 to 3-inch-wide), frilled flowers at once.

Another acacia

Last month we showed (page 46) a Bailey acacia (*Acacia baileyana*) in bloom. Just about the time this tree begins to go off color, its near relative, green wattle, begins to reach its peak bloom, thus prolonging the acacia bloom season.

Green wattle (*A. decurrens*) and its silvery-leafed variety (*A. d. dealbata*) resemble Bailey acacia and are often confused with it. They are bigger (to 50 feet) than Bailey acacia, with larger, darker leaves and lighter yellow, somewhat more scattered flowers. Some observers feel that the flowers of green wattle are even more fragrant than those of Bailey acacia.

Green wattle *has silvery or green leaves, profusion of tiny, fragrant yellow flowers*

Like Bailey acacia, green wattle grows with remarkable speed; a seedling may reach 25 feet in two years if it has good soil and some supplementary watering. Plants will get by in poor soil and with little water, but growth will be slower.

Use green wattle as hillside planting, as a big privacy or sun screen, or (in groves) as fast cover for vacant land.

Spring foliage— another garden dimension

In any given year, the color of autumn leaves may prove disappointing, especially if autumn is mild, wet, or very stormy. But spring foliage is reliably the same color, and it seldom appears until conditions are settled enough to sustain its even development. Spring leaves of many plants are brightly colored, yet only a few connoisseurs would think of selecting a particular plant and siting it for its spring foliage effect.

Of the many trees that have vivid new foliage, Japanese maple (*Acer palmatum*) is best known. Even common green seedling trees show pinkish, coppery, or red tones in the expanding leaves. Red-leafed varieties show purplish to greenish red in summer, but the spring leaves are rich rose red to scarlet. The variety called 'Bonfire' has brilliant orange-pink leaves.

Scarcely inferior to maples in spring foliage coloration are the beeches. (For an account of beech varieties, see page 89

Sunset's GARDEN GUIDE

of the January 1968 *Sunset.)* Green-leafed beeches have pinkish or bronzy tints in new leaves. Purple beeches have bright coppery red new leaves. Colors in all new beech leaves are toned and softened by a growth of silvery, silky hairs, which disappear as the leaves approach maturity.

Plant your maple or beech where the new foliage can be readily seen from close at hand—alongside a path or near a garden sitting area, for instance. Or plant either one in a container, so it can be moved to where traffic is.

Good companion plantings are delicate-seeming flowers that bloom while tree leaves are expanding—bulbs, pansies, primroses, and violas. These, with their pure, soft colors and tender texture, blend as well with the tender expanding leaves of maple or beech, as bold chrysanthemums do with brilliant autumn foliage.

Unusual hedge planting

The rules of landscape design say that a hedge like the one in the picture shouldn't work. This hedge, say the rules, should be either solid green or green-and-white variegated. Nevertheless, this hedge is successful; it looks right in its setting. Why does it work?

In the first place, it's well maintained. Straggliness, overgrown shoots, gaps, or any results of poor pruning would be more than usually conspicuous in such a striking hedge as this. Good maintenance and clean lines emphasize the formality of the design. In the second place, the background is clean, simple, and modern enough to support some richness in ornamentation.

This particular hedge consists of *Cotoneaster lactea* or *E. parneyi* (the solid green portion) and variegated dwarf myrtle (*Myrtus communis* 'Compacta Variegata'). To start a hedge like this, you could set plants in blocks of t three variegated, and so on. are patient, you could set singl alternating colors three feet maintain a neat look, you'll ha not only top and front, but of each block as well to prev running together.

Two-tone hedge *of dark green cotoneaster, green and white variegated dwarf myrtle*

Garden events in Febru

California. February and Mar camellia shows sponsored by var and associations. See page 158 f places, dates.

San Jose. February 9. Flower program presented by Las J Garden Club. Place: Calvary Church, Naglee and Morse Hours: 1 to 2:30 P.M.; tea foll program. Admission: $2.50; tick able from Mrs. Victor La Mar, lowdale, San Jose 95118 (or 264-4709).

San Francisco. February 18. Bon and demonstration by Bonsai ternational; *suiseki* (stone arra hibit. Place: Hall of Flower Avenue and Lincoln Way. Hour to 5 P.M. Admission: free.

San Francisco. February 23. Nort ifornia Regional Meeting of the tional Shade Tree Conference, Chapter. Place: Hall of Flower Gate Park. Hours: 8:30 A.M. Registration fee $1.50; with (make lunch reservation by Feb

FEBRUARY CHECK LIST: *Here's what needs doing*

☐ **Bulbs.** As soon as pink sprouts begin to appear on surface, start tubers of tuberous begonias in flats of leaf mold or prepared planting mix. Don't set out started tubers until weather is settled and warm. Plant anemones, yellow and pink callas, cannas, gladiolus, ranunculus, and tigridias.

☐ **Dividing, transplanting.** Divide gerberas, Shasta daisies, and chrysanthemums. Replant vigorous, healthy outer divisions. Discard woody, worn-out center portions. Move carefully any camellias that need better locations.

☐ **Lawns.** Feed cool-season grasses; they will make vigorous growth during warm spells and the heavier the turf, the less likelihood there is of weeds getting a foothold. If crabgrass was a problem last year, apply pre-emergence controls; see page 100 of the January *Sunset*.

☐ **Pest control.** Continue to spread bait for snails and slugs. Small quantities put down frequently will give more killing power than single heavy applications spaced too far apart—especially if rains are heavy. Complete dormant spraying of fruit trees and roses. Get rid of weeds that act as winter hosts for garden insects.

☐ **Planting for flowers.** Shop now for camellias; they are at the height of bloom. Also prime: some evergreen azaleas, field-grown clumps of delphinium and Polyanthus primrose, Oriental magnolias in bud or flower, daphne, dogwood, bare-root flowering trees and roses. Many of the hellebores are blooming now; they are an excellent choice for narrow beds in shade, for use near floor-to-ceiling windows, or among shade-loving shrubs.

☐ **Planting for landscape effect.** Balled-and-burlapped conifers and Japanese maples are still available. Bare-root shade trees should be picked up and planted as soon as possible. If warm weather comes early, buds will begin to sprout and nurserymen will can root plants, increasing their p siderably.

☐ **Pruning.** Finish dormant p fruit trees and roses. Pru ing fruit trees and early-bloomi uous shrubs by cutting flowering to use in arrangements. If co opening of flowering quince, apricot, or forsythia, cut branch them indoors, and place in wa will bloom surprisingly fast. Sha lias by removing a few leaves flowers you cut, shortening branches, and removing those awkwardly placed.

☐ **Weed control.** At times soi dry and firm enough for c or hoeing. Be especially carefu disturb growing tips of emergi or perennials. If you are not a certain where those bulbs are, h weeds until bulbs show their foli proceed with hoeing or cultivati

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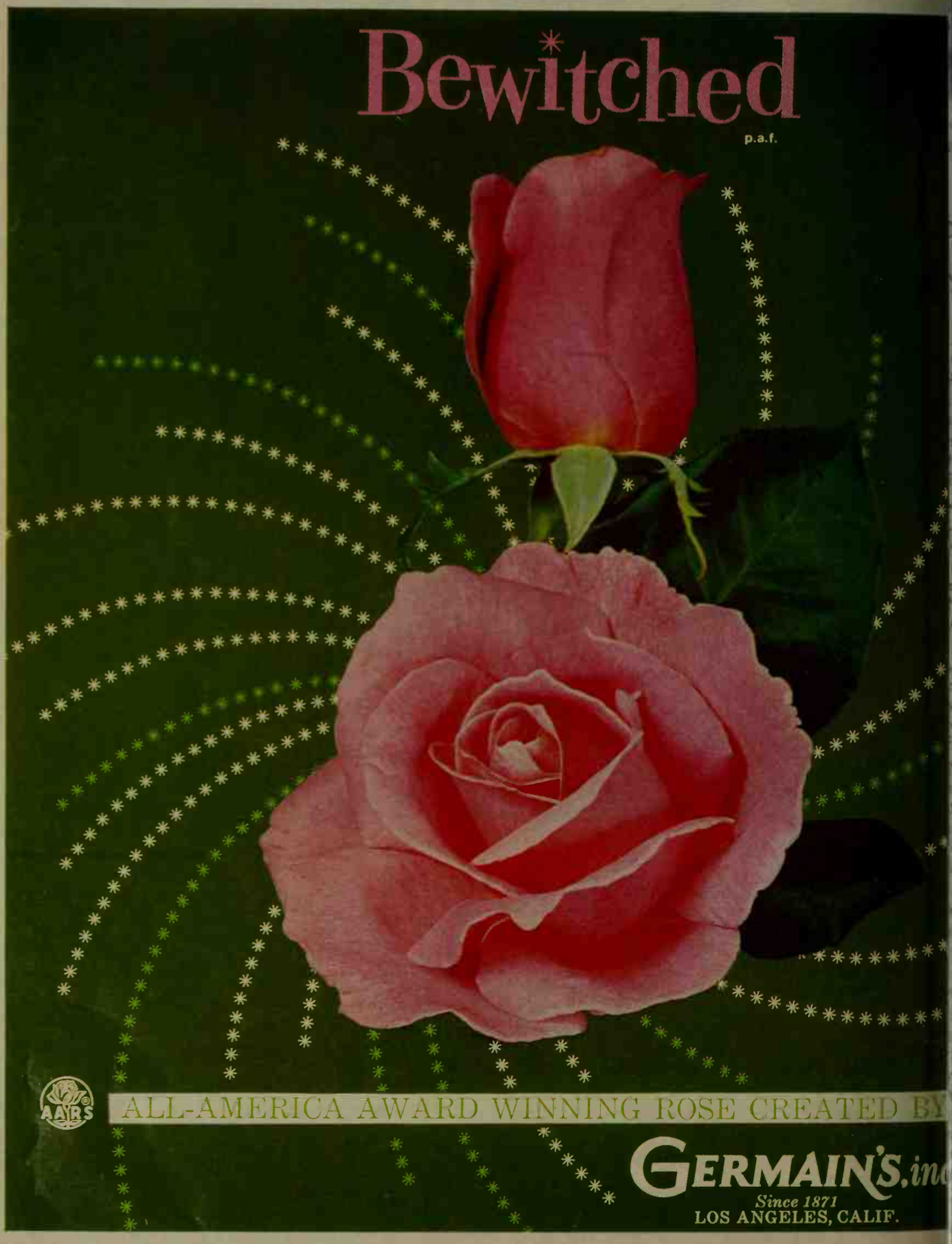

d, flame vine foliage gets denser, nore upright. Palms Springs, Calif.

r winter bloom flaming color

olor is scarce during late fall and ew plants supply such warm color vine. It offers an impressive dis- crimson orange flowers over a long This evergreen vine grows well in deserts and in frost-free sections e California coast.

y flame vine is about as hardy as villea. Where temperatures some- o below 28° to 30°, better plant ll sun against a south-facing wall, e eave line of the house, or against ney. If it should freeze to the it usually comes back from the f you plant it in a container with trellis, you can move it to the most ed position during the winter . In frost-free areas, let it climb by e-branched tendrils over a pergola, , or arbor.

ine *(Pyrostegia venusta,* often sold *onia venusta)* presents its flowers clusters of about 20 to 30 that rom the ends of ropelike branches. to 3-inch-long blossom is a slim pped by five small lobes.

native Brazil, the vine may climb as 70 feet into the trees, but it grows to about 25 feet in mild- areas of the West. The leaves are into two or three glossy green, ped leaflets 2 to 3 inches long.

vines in well drained, rich soil in n. Keep soil around roots moist, lly during the bloom season. Prune ng after flowering to thin out any thick growth and to encourage new . This pruning will also keep plants ecoming somewhat bare at the base. raining the vine young to keep the n you have chosen.

vine is relatively free of pests.

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ERNEST BRAUN

Rose-form tuberous begonia — *a flower of superb form and substance, available in white, blush pink, salmon, rose, carmine rose, red shades, yellow, apricot, orange shades. Grown from seed about as fine as dust*

1. *Sift sterilized leaf mold through fine screen after through ⅛-inch screen (forego card siftings. Unsifted leaf*

5. *Soak seed container from water (absorbed through holes) until mix is moist. Or above with fine mist spray*

Growing your tuberous begonias from seed

This month you can start tuberous begonias from seed or tubers. Either method will produce flowering plants this summer, although tubers will give you slightly larger plants that flower earlier.

On these pages you see how Frank Reinelt, internationally recognized originator of the Pacific strain of tuberous begonias —as well as delphiniums and primroses— sows begonia seed. On page 148, observe how he handles tubers from starting time to potting plants in containers.

There's no question but that growing tuberous begonias from seed is a challenging task demanding special care. First, the seed is extremely fine—so fine, in fact, that it takes over 2,000,000 seeds to make an ounce. A regular half-packet contains a minimum of 250 seeds; the biggest (commercial) customers buy only ⅛ ounce; and the entire market in the United States absorbs only 2 to 3 ounces.

Second, because the tiny seedlings are especially susceptible to damping off (a fungus disease) it is necessary to sterilize the seed mix.

Sterilizing mix for a half-packet of seed (the amount used here) is comparatively simple. Put the mix in a heat-proof baking dish, and place this dish in a larger dish of hot water. Let the water boil for at least half an hour. Or bake the mix at 200° for 10 minutes. Let the mix cool before sowing the seed. If you transfer the mix to another container for sowing, disinfect the seed container by soaking it in a solution of 2 tablespoons of chlorinated household bleach in 1 gallon of water. Dry the container before adding the seed mix.

Third, seeds and seedlings require sustained heat. Seed will germinate in 6 days in a temperature of 70° to 75° (considered ideal). Germination takes 12 to 14 days at a temperature of 65°, and 3 to 4 weeks at a temperature of 55°.

9. *Lift seedling with point pencil (as above). Hold leaf; take care not to injure as you pry them out of the s*

mbine leaf mold (foreground) that ained in sifter (see left) with s part finely sifted peat moss. pen, fluffy mix that never packs

3. *Place leaf mold in the bottom of 5-inch-square plastic container (or use shallow pot). Sifted leaf mold - peat moss mix on top. Level surface; don't press hard*

4. *Gently tap ½ packet seed (250 minimum) from palm of hand. Can mix with very fine sand for easier visibility, even distribution. Do not cover the seed*

GLENN CHRISTIANSEN

ver container with clear plastic n to maintain humidity. Moisture on film inside, drops onto seed mix. re water until after germination

7. *Place a piece of cardboard, heavy brown paper, or double sheet of newspaper on top to keep out light until seeds sprout. Maintain temperature of 65°-75°*

8. *Seeds germinate in about 6 to 21 days depending on temperature (see main text). These seedlings (largest leaves about ½ inch wide) are ready to transplant*

Transplant seedlings 1½ to 2 inches apart in leaf mold - peat moss mix r than for seed). Mist-spray after planting. Full light, no direct sun

11. *Seedlings 10 weeks after sowing, 3 weeks after first transplanting. Next move into small pots or space more widely in another flat; set outside in April, May*

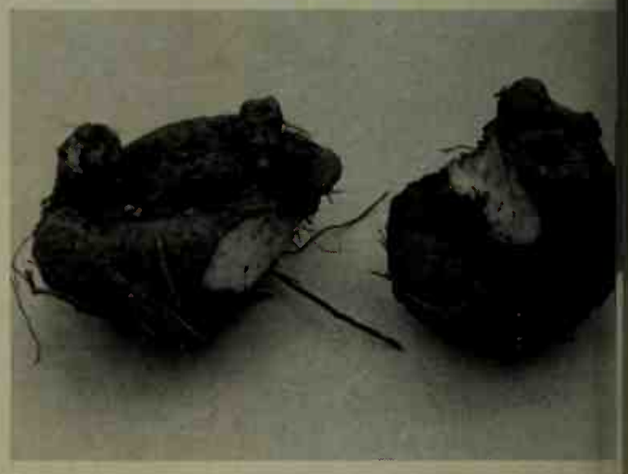
For how to handle begonia tubers, turn to page 148

GLENN CHRISTIAN

Top: *breeding tuber. Below, left to right: medium (1½-inch); large (2-inch); extra large (2¾-inch)*

Breeding tuber, *4 to 5 years old, limited in quantity. W make very large hanging plant with stems over 2 feet l*

How to handle and plant begonia tubers



Same tuber *after dividing with knife. Expose cut surfa for few days in warm, dry, light place to form callu*

Here are step-by-step directions for handling begonia tubers from the time they start sprouting small pink buds (almost any day now) until you plant them in the containers or the garden bed in which they will bloom this summer. The best plants are usually produced from young, vigorous tubers 1½ to 2½ or 3 inches in diameter. As with sprouted seeds, started tubers require full light, but should not be exposed to direct sun. They grow best in a temperature maintained at 65° to 75°.

1. *After pink buds show, place tubers, rounded side down, in flat of unsifted leaf mold. Don't pull off roots. Cover with ½ inch leaf mold; keep moist, not wet*

2. *About a month later, plant in ¾ coarse leaf mold, ¼ nitrogen-treated redwood sawdust. Mix ¼ cup fish meal in lower two-thirds of mix, away from roots*

3. *Water in lightly. Feed amounts when buds appe leaves look pale. Use solutio fish and low nitrogen (2-10-1*

cognize four of the girls as the "Lennon Sisters" who sing on the Lawrence Welk Show, ABC-TV. Top row: Bill Lennon, Sr.; Mrs. Bill Lennon, Sr.; enning; Pat Lennon, 15; Anne Lennon, 8; Joey Lennon, 10; Bill Lennon, 13; Dan Lennon, 17. Middle row: Dick Cathcart, with Joey Cathcart, 3 months; cart, with Chris Cathcart, 19 months; Mimi Lennon, 11; Kathy Clark; Mahlon Clark; Dianne Gass, with Tommy Gass, 18 months; Dick Gass with Dee Dee, ppy (Chris) Lennon, 7. Front row: Julie Cathcart, 2½; Janet Bernhardi with Billy Bernhardi, 3½ months; Lee Bernhardi; Mary Gass, 3 years, 9 months.

The Lennons all agreed, "Maytags for Janet."

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COMMUNITY ACTION:

How to join in on Arbor Day

Californians observe Arbor Day by planting thousands of trees each year on March 7—also celebrated as Luther Burbank's birthday. Nevada and Utah celebrate Arbor Day on the last Friday in April. The activities of this day, in what is actually a nationwide beautification program (started in 1872), have always involved school children most heavily, but people of all ages participate through various organizations.

If you're a member of a garden club or service club, it's quite easy to set up an Arbor Day tree planting project for your group. When given enough advance notice, your park department can usually give you the help that you need.

In large parks, certain areas are sometimes set aside for Arbor Day plantings. At Fresno's Roeding Park, for example, the D.A.R. is establishing a memorial grove to which a new tree is added annually. In most instances, the city park department determines the kinds of trees that are planted on city property and it also usually supplies the trees.

But you don't have to be a club member to participate; you might choose to observe the day with a simple family tree-planting at home or by organizing a neighborhood tree-planting ceremony. Be sure to consult your park department before planting street trees.

Or perhaps your church, club, or scout hall grounds need landscaping; Arbor Day is an appropriate time to inaugurate the project.

Many schools highlight this annual celebration by planting trees on the school grounds, where the children see them frequently and can watch them grow. Parent-teacher associations, garden clubs, and service clubs often cooperate in these ceremonies. Since 1964, more than 1,200 Arbor Day trees have been planted around Sacramento area schools.

Member nurseries and area chapters of the California Association of Nurserymen take an active part in Arbor Day ceremonies, assisting schools, city beautification committees, and other groups. Consult your nurseryman now about projects you have in mind; he can offer valuable assistance.

Pacific Gas and Electric Company, Sacramento Municipal Utility District, and the Sierra Pacific Power Company (Nevada) publish booklets on tree selection, planting, and care; these are available free to individuals and groups.

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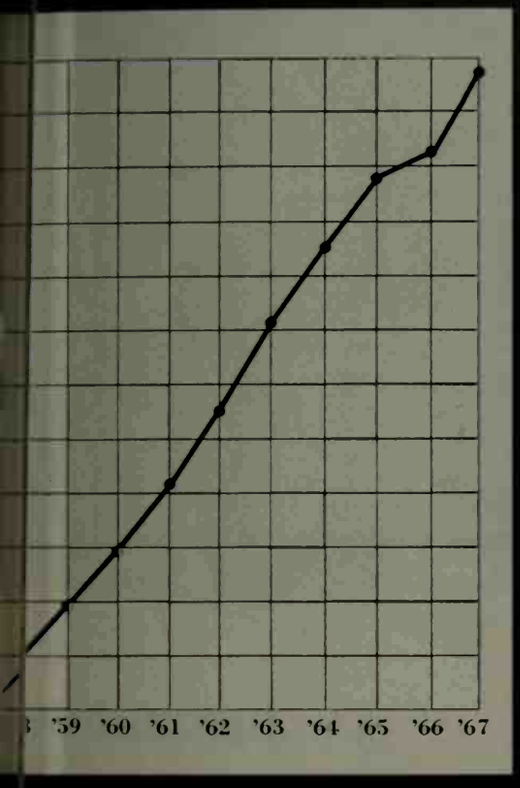

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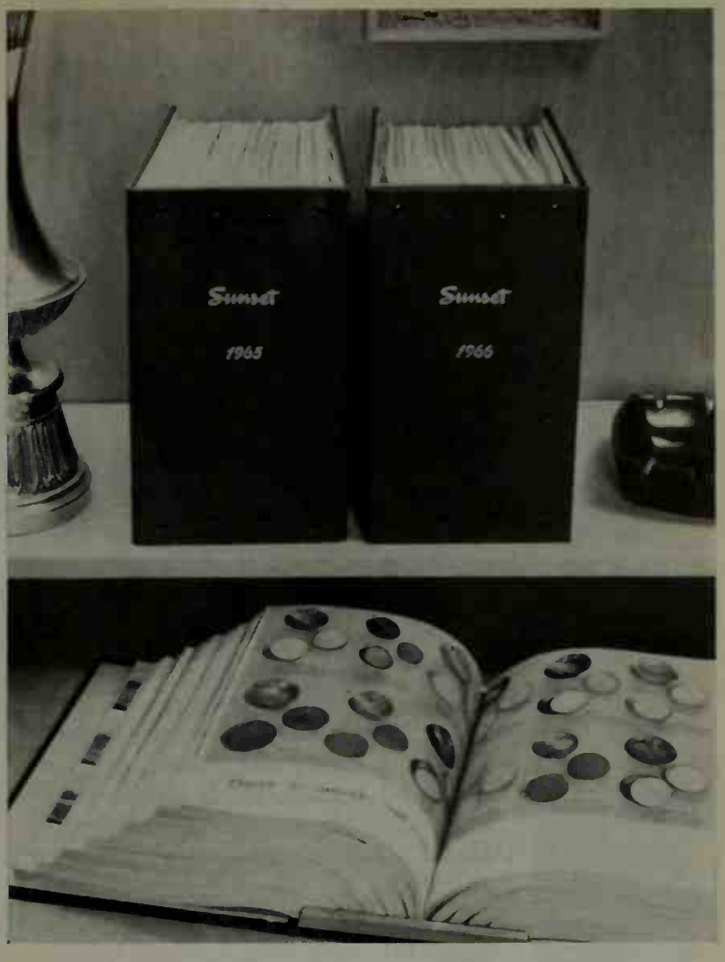

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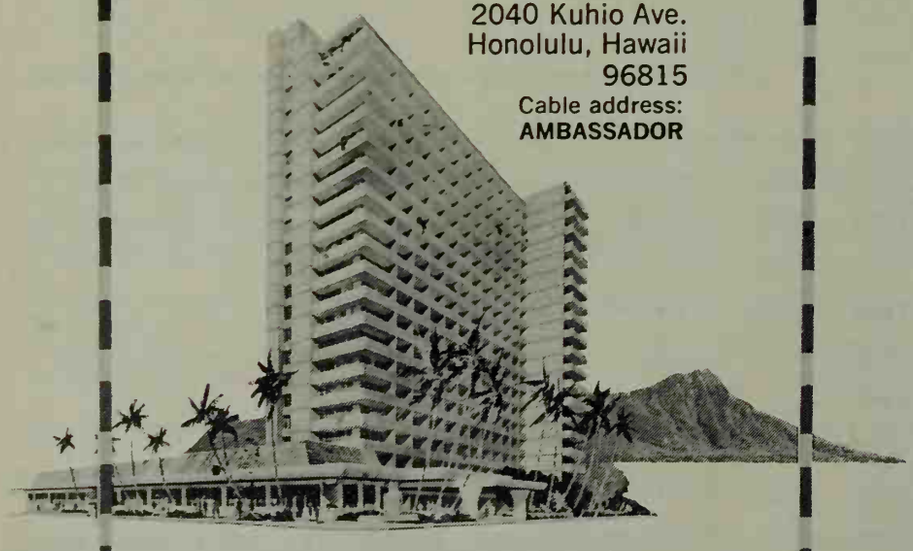

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whether you have one camell… many. You need not be a me… camellia society or belong to … garden club to compete. The r… require that you be an amateu… Children, too, can compete in t…

The great majority of the flo… ited are well known standar… Some of the more advanced ca… cialists, however, enter interest… from new seedlings or hybrids … developed.

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These photographs were tak… Delta Camellia Society's show … at Pittsburg (California) High …

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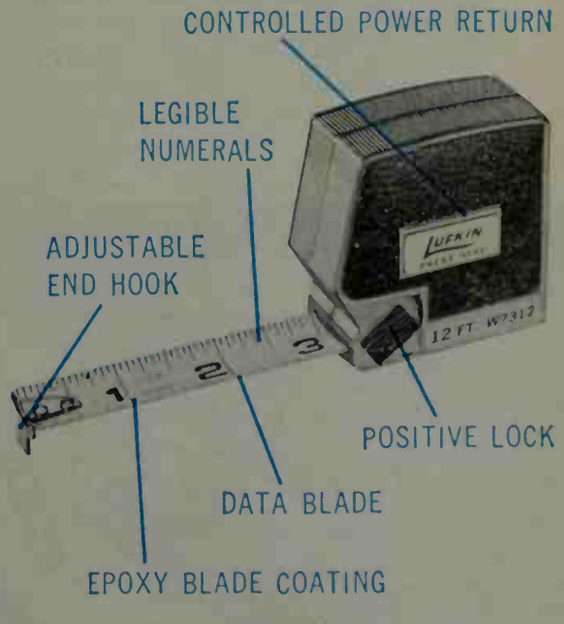

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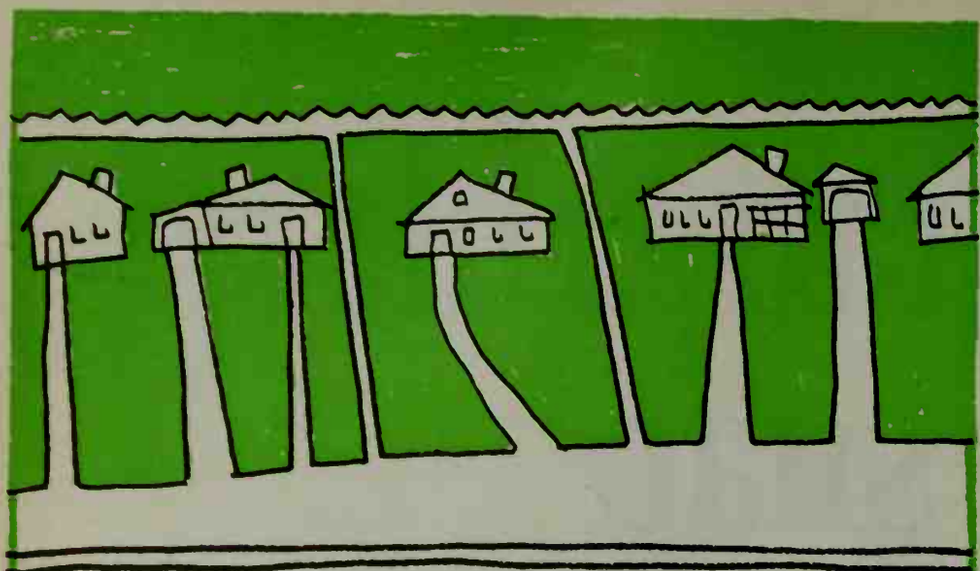

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Pomona. February 17, 18. Pomon Camellia Society. Place: Pomo Federal Savings and Loan, 399 Ave. Hours: 1 to 7 P.M. Saturday to 5 P.M. Sunday. Free.

Redwood City. February 17, 18. P Camellia Society. Place: Veteran rial Bldg. Hours: 2 to 8 P.M. Satu A.M. to 5 P.M. Sunday. Free.

Arcadia. February 24, 25. Tem Camellia Society. Place: L.A. S County Arboretum. Hours: 1 to 6 urday; 9:30 A.M. to 5:30 P.M. Sund

Pittsburg. February 24, 25. Delta Society. Place: Pittsburg Seni School. Hours: 3 to 9 P.M. Satu A.M. to 6 P.M. Sunday. Free.

San Jose. February 25. Camellia of Santa Clara County. Place: Union Bldg., San Jose City Hours: 2:30 to 10 P.M. Free.

La Canada. March 2, 3. Los Ang mellia Council. Place: Descanso Hours: Noon to 6:30 P.M. Satu A.M. to 6:30 P.M. Sunday. Free.

Sacramento. March 2, 3. Camellia of Sacramento. Place: Memori torium. Hours: 3 to 7 P.M. Satu A.M. to 6 P.M. Sunday. Free.

Bakersfield. March 9, 10. Camellia of Kern County. Place: Bakersfi School Cafeteria, 13th and F Hours: 1 to 6 P.M. Saturday; 11 5 P.M. Sunday. Free.

Pleasant Hill. March 9, 10. North ifornia Camellia Society. Place: Valley College. Hours: 2 to 10 P urday; 10 A.M. to 6 P.M. Sunday sion: 50 cents.

Fresno. March 10. Central Califo mellia Society. Place: McLar School. Hours: 1 to 6 P.M. Sund

Modesto. March 16, 17. Modesto lia Society. Place: New Admini Bldg., Gallo Winery, 600 Yosemi Hours: 2.30 to 9 P.M. Saturday; 6 P.M. Sunday. Free.

Sebastopol. March 30, 31. Visiting Service for Sonoma County and County Camellia Society. Place: Memorial Bldg. Hours: 2 to 8 P urday; noon to 6 P.M. Sunday. Ad adults, $1; children, 25 cents.

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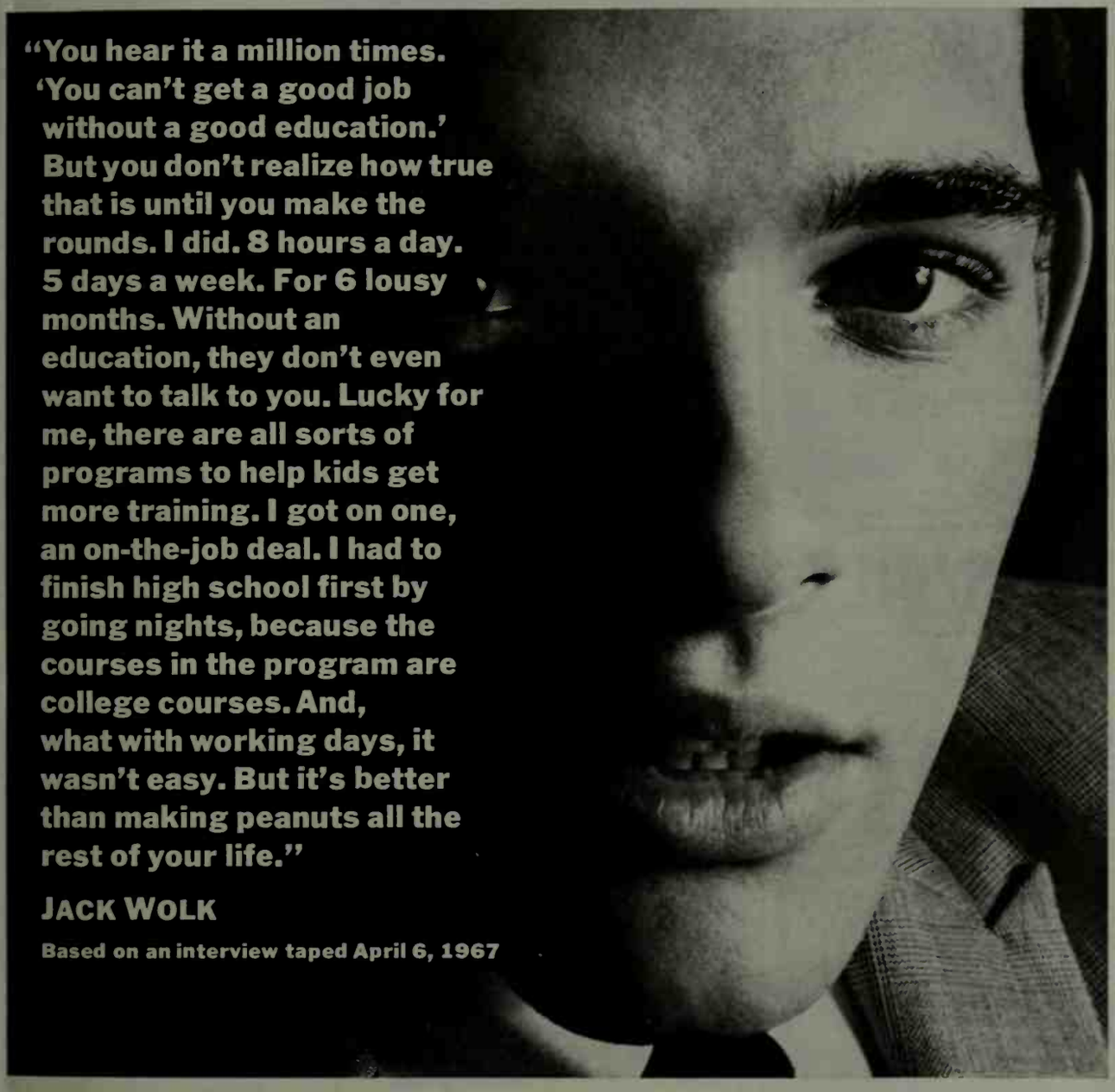

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JACK WOLK

Based on an interview taped April 6, 1967

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February is time to prune xylosma

Fast recovery after a heavy pruning is an important point in favor of xylosma (*X. congestum*), a very useful and popular broad-leafed evergreen shrub (deciduous when subjected to heavy frosts). You can prune it back to a skeleton of main framework branches, and in about four months, the bare branches become almost completely concealed by fresh, vigorous new growth, as shown in these photographs.

With regular, light pruning once or twice each year, xylosma is easily kept in bounds. The plants in the top photograph happened to have gone unpruned for two full seasons, so more drastic pruning was necessary.

If you have xylosma plants in your garden that need pruning, February is a good time to do the job. Established plants, such as those shown here, normally start to put out new growth at this time. The heavy pruning serves as added growth stimulus, and it won't be long before buds all along the stem begin to enlarge and grow; most of these growth buds are completely hidden beneath the bark.

Because the new growth closely follows the pruning, you won't have to live with the stark, stubby silhouette for long.

The shrubs in this planting are spaced 3 feet apart; they were set out seven years ago against this warm, west wall of light-colored concrete bricks.

These plants needed nutrients to support the strong surge of new growth that followed pruning, so they were fed with a complete fertilizer, containing about 10 per cent nitrogen. Iron sulfate was applied at the same time to prevent chlorosis. (Iron chelates are also excellent for treating chlorosis.)

You can also set out xylosma plants now. They grow best in sun or partial shade, and thrive in most soils. In addition to the hedge-type planting shown here, xylosma is used effectively for screening and espaliers; you can also train it into a 10-foot-tall shade tree.

Spreading *3 feet beyond t bed, unpruned plants stan 5 feet wide, encroach on th*

New shoots *form almost fringe from the branch tip level within a few weeks a*

Four months *after pruning, fresh growth forms nearly solid cover. The new growth already has been lightly pruned back twice*

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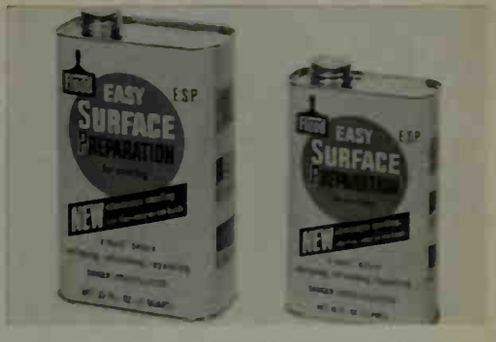

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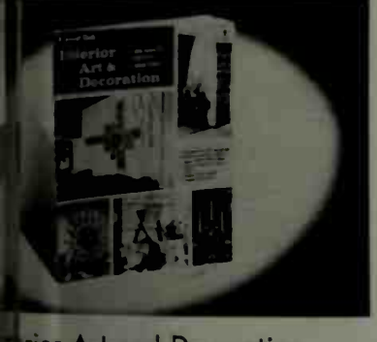

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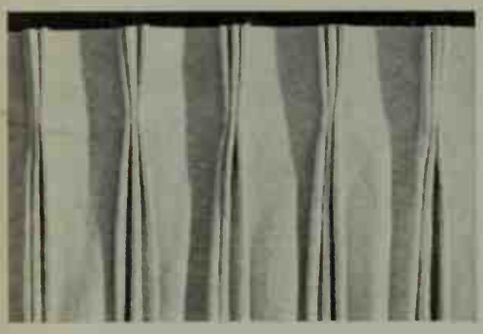

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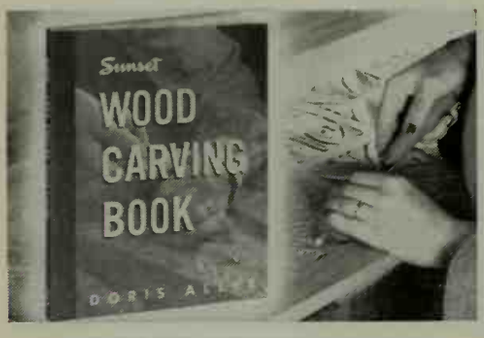

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Cutting an overgrown camellia down to size

Cutting a camellia plant in half sounds drastic, but it really isn't. That's good to know when you have a plant taller than you'd like, when extensive pruning is about the only thing you can do.

The sketches on this page show how Dr. Gordon Richmond, of Lafayette, California, cuts his too-large camellias down to size. His method involves two steps, a year (sometimes two) apart. It also includes a two-step soil renovation.

Start in late winter or early spring, just before camellias begin their new growth. Select the main stem and cut off all its side branches except for a tuft at the top (left there to help the plant nourish itself). Coat the cuts with pruning s same time, dig two trenches sides of the plant. Replace th soil with soil mixed with gr peat moss, well rotted sawdu organic matter.

Vigorous new shoots should along the bare trunk. Select want to form the framework plant, and rub the other shoot

If there's a good deal of new next year, proceed as in diagra wise wait another year. Cut trunk above the top branch low-down foliage clump. Seal and refill two more trenches.

1. Camellia has outgrown space in garden. grams 2 to 4 show how to cut it down to
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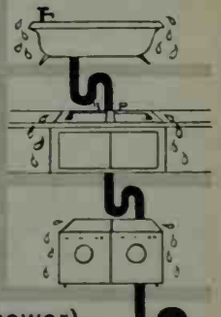

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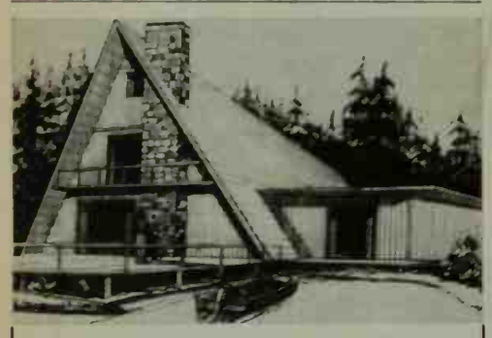

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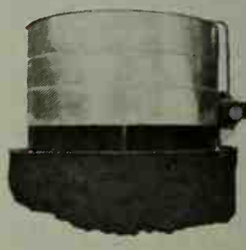

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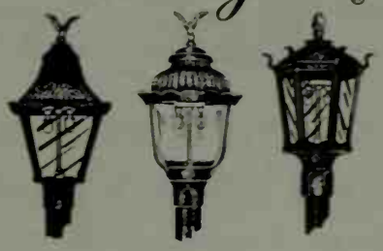

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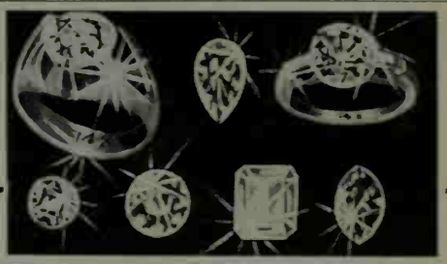

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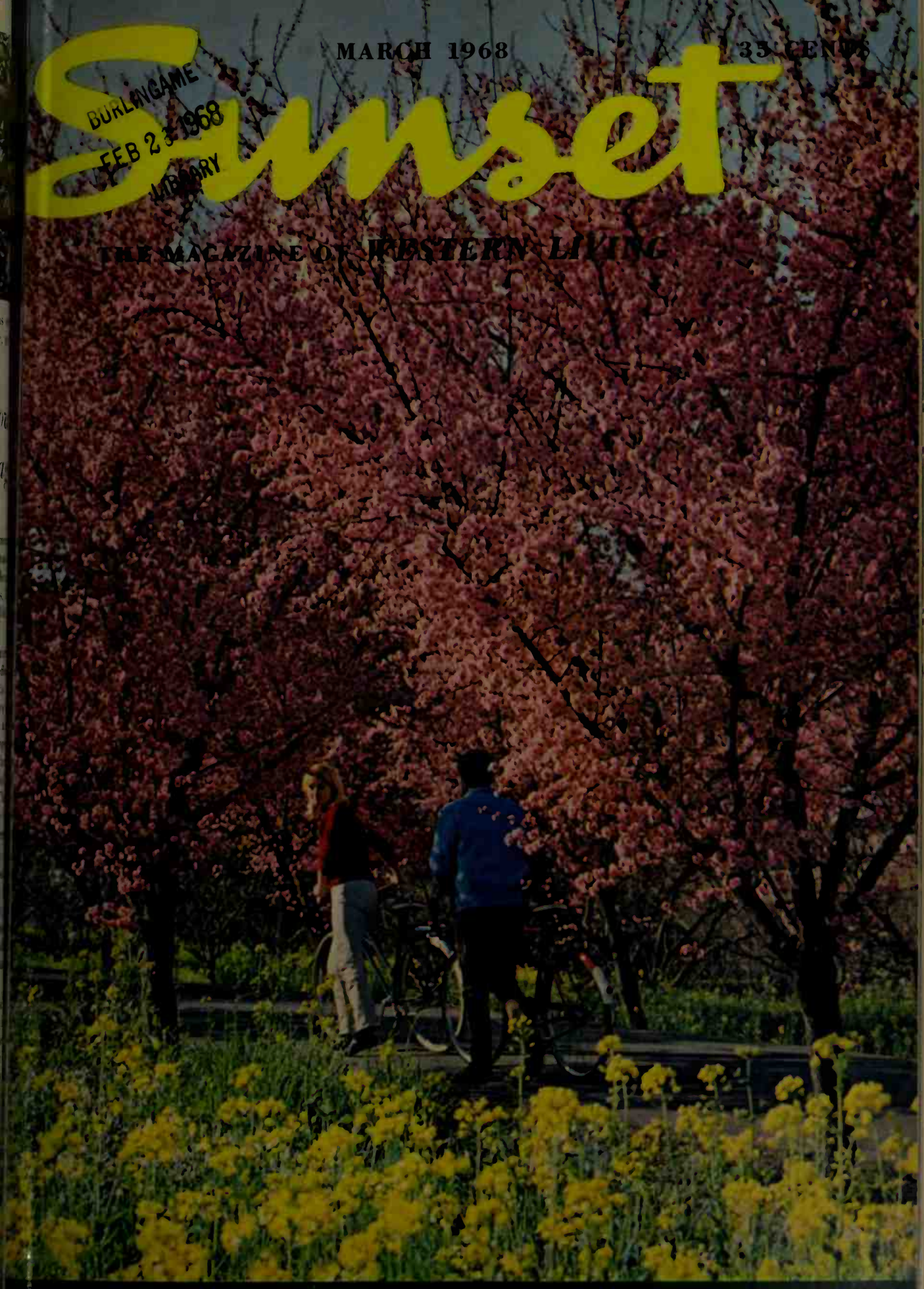

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The Cover Story

These flowering plum trees (Prunus blireiana) *along a country driveway blend well with the orchard apricots in the background but don't drop fruit on the pavement. Yellow flowers underneath are volunteer wild mustard. This plum's virtues and needs are described on page 70. Glenn Christiansen took the photograph*

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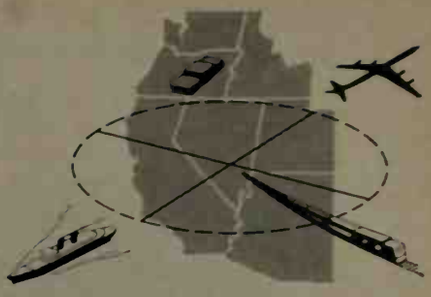

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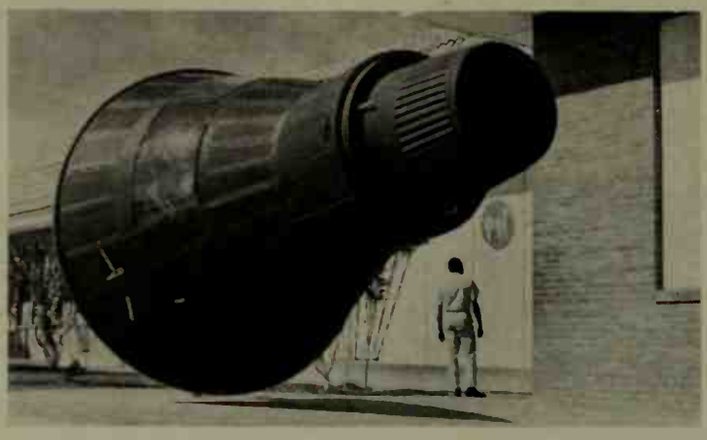
THE MAGAZINE OF WESTERN LIVING

March 1968



Capsule, *seemingly floating above ground, is really supported on a sturdy pipe in yard at NASA tracking station in Sonora*

What's a space capsule doing in Sonora?

There is a U. S.-operated NASA tracking station in Mexico just 271 miles below Arizona's border. You may recall the Mercury and Gemini astronauts in orbit receiving data from this Sonora station.

The tracking station is just one of many surprises, big and small, that *Sunset's* reporters checked out for this issue's lead article on Sonora. Change is coming fast as the sleepy Mexican state gears up for the steadily increasing inflow of families driving south for the fishing, for the fun of a "foreign" visit, or perhaps to Mexico City and the 1968 Olympics.

And change is one reason *Sunset* keeps coming back to Sonora. Our last big report was a 16-page feature in January 1961. But the Sonora we pictured in 1961 is a different place today. So we've re-explored the state, made new notes, new photographs, prepared a new report. It begins on page 60.

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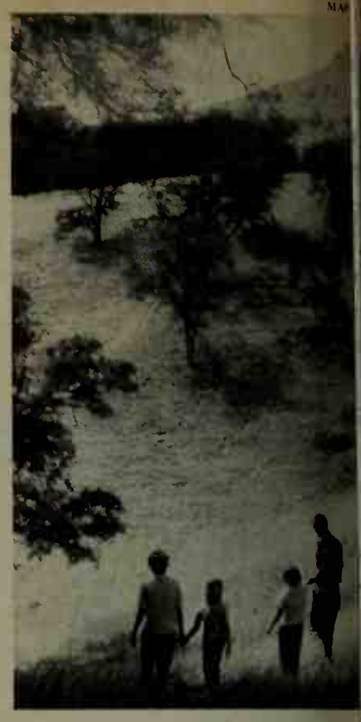

Oaks *take over from sycamore drones as you leave Alameda Cr ern shoulder of Flag Hill in b*

interpretive program includes day afternoon nature walks led ralists.

Anyone intending to go for an hike in the hills should first ask ranger for a simplified map. picnic area by the largest swimm the hike up Flag Hill (elevat feet, or 875 feet higher than you point) is just about right. You the hilltop in view as you v chart your own course along mocky ridges. If you tire, rest gnarled old oak and survey the

You may spot California groun and gray squirrels and a few deer. Birdwatchers will note an i variety of bird life. Bobcats, mon here, are now seldom seen.

From the long rocky crest of you can head back down by the winding east and then south to center; or take any path down of the hill; or clamber down western flank to Alameda Cr walk upstream along its sycam oak-studded banks to the pic Allow 2 to 3 hours for the hik if you plan to picnic on Flag Hil to carry water.

For more spectacular views, try climb up McGuire Peaks (1,6 reached from Welch Creek Road.

An added park attraction about urday evening every month fr to October is a stargazing session bring your own telescope or look the several that will be set up in Ask the ranger for a schedule.

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to camp overnight in one of the park's 11 unimproved campsites; then the charge is $1. No reservations are accepted, but to check availability you can telephone (415) 862-2244. Driving time is about 25 minutes from Niles district of Fremont, via State Highway 84 and Calaveras Road.

Visit to a print-maker's gallery

Visitors are invited to inspect an old printing press, observe the process of linoleum block printing, and see an exhibit of prints of wildflowers in San Francisco this month.

Artist-printer Henry Evans starts with the actual flower, drawing and cutting its shape into a section of linoleum. He attaches the linoleum to a block of wood and places it in his 1852 Washington hand press. Cranking the press by hand and re-inking after each print, he runs off 100 prints, then destroys the block.

The Evans studio is at 555 Sutter St. It is usually open from 1 to 5 P.M. Monday through Saturday, but it is advisable to telephone ahead to be sure. The number is (415) 392-5849.

New park land near Coalinga

Coalinga Mineral Springs, a turn-of-the-century health spa, is open again to the public. The baths and mud cures are gone, but early this year the California Wildlife Conservation Board, the County of Fresno, and the U.S. Bureau of Land Management agreed to turn the 319-acre parcel into a park. Visitors will find a few picnic tables, rest rooms, places to park cars, drinking water, and primitive overnight camping sites.

Although horseback riders and hikers can enjoy cross-country exploring right now, there are plans to develop a system of improved trails.

The acquisition of the Coalinga Mineral Springs opens up to public use a previously inaccessible 12,700 acres of public domain. The land this month is green with grass; there are oaks and Digger pines and chaparral. Highest point is the rocky summit of Kreyenhagen Peak (3,558 feet), well above the winter fog of the central valley. The 5-mile road to the mineral springs leaves State Highway 198 about 12 miles west of the town of Coalinga.

Travel show in San Francisco

Information for trip planning and demonstrations of new recreation equipment are the subjects of *Vacations '68*, the San Francisco Travel and Outdoor Recreation Show. Dates are March 2 through 10, in San Francisco's Civic Auditorium. Hours are 4 P.M. to 10 P.M. Monday through Friday; noon to 10 P.M. Saturday; noon to 7 P.M. Sunday. Admission is $1.50 for adults, 75 cents for children under 12.

For travel planners, a March check list

Alaska ferry. Late last year the State of Alaska inaugurated a new, once-weekly passenger/car ferry service from Seattle direct to Ketchikan. The ferry leaves Seattle each Saturday afternoon, arrives Ketchikan early Monday morning, then continues north to Juneau and Skagway.

This new service supplements the existing "marine highway" service between Skagway, Alaska, and Prince Rupert, B.C. One-way passenger fares on the Seattle-Ketchikan run are $36.50 for adults, half fare for children 6 through 11. For vehicle rates, write to Marine Transportation Division, Pouch R, Juneau, Alaska 99801.

Banana boat. Passenger-carrying freighters leave Los Angeles Harbor each Tuesday for 27-day round-trip voyages to the Panama Canal Zone with a port-of-call at either Puerto Armuelles, Panama, or Golfito, Costa Rica. Passengers spend seven days ashore in Balboa, Panama. Cruise prices are $385 per person (double occupancy). For information or reservations, write to Philip Martin Associates, 2031 Franklin St., Oakland, Calif. 94612.

Hawaii underwater. Glass-bottomed boat tours leave Kewalo Basin each morning at 9 for a 50-minute cruise beyond the Waikiki breakwaters. Additional tours leave at 10 and 11 A.M., and at 1, 2, and 3 P.M. Tour price is $2 for children under 12, $3 for others. For information, write to Glass Bottom Boats Hawaii, Inc., 1515 Nuuanu Ave., Honolulu, Hawaii 96817.

Lake Powell. Half-day cruises leave the Wahweap Marina daily at 8 A.M. and 1 P.M. for a 22-mile run up Lake Powell to explore the watery passageways of Labyrinth Canyon, part of the Glen Canyon National Recreation Area. Cruise prices are $15 for adults, $10 for children under 12. For information on this and other Lake Powell cruises write to Canyon Tours, Inc., Box 1597, Page, Ariz. 86040.

Rail/sea tour. A combination cross-country rail tour and eight-day Caribbean cruise leaves San Francisco on March 18, returns April 11. You travel to Miami by train; visit St. Maarten, St. Thomas, and Puerto Rico, by cruise ship, then return to San Francisco by train. Complete tour prices begin at $985 per person and include first-class ship accommodations, round-trip rail fare with Pullman between San Francisco and Miami, all meals aboard ship, and sight-seeing tours. For reservations, write to Cliff Travel Service, 495 Geary St., San Francisco 94102.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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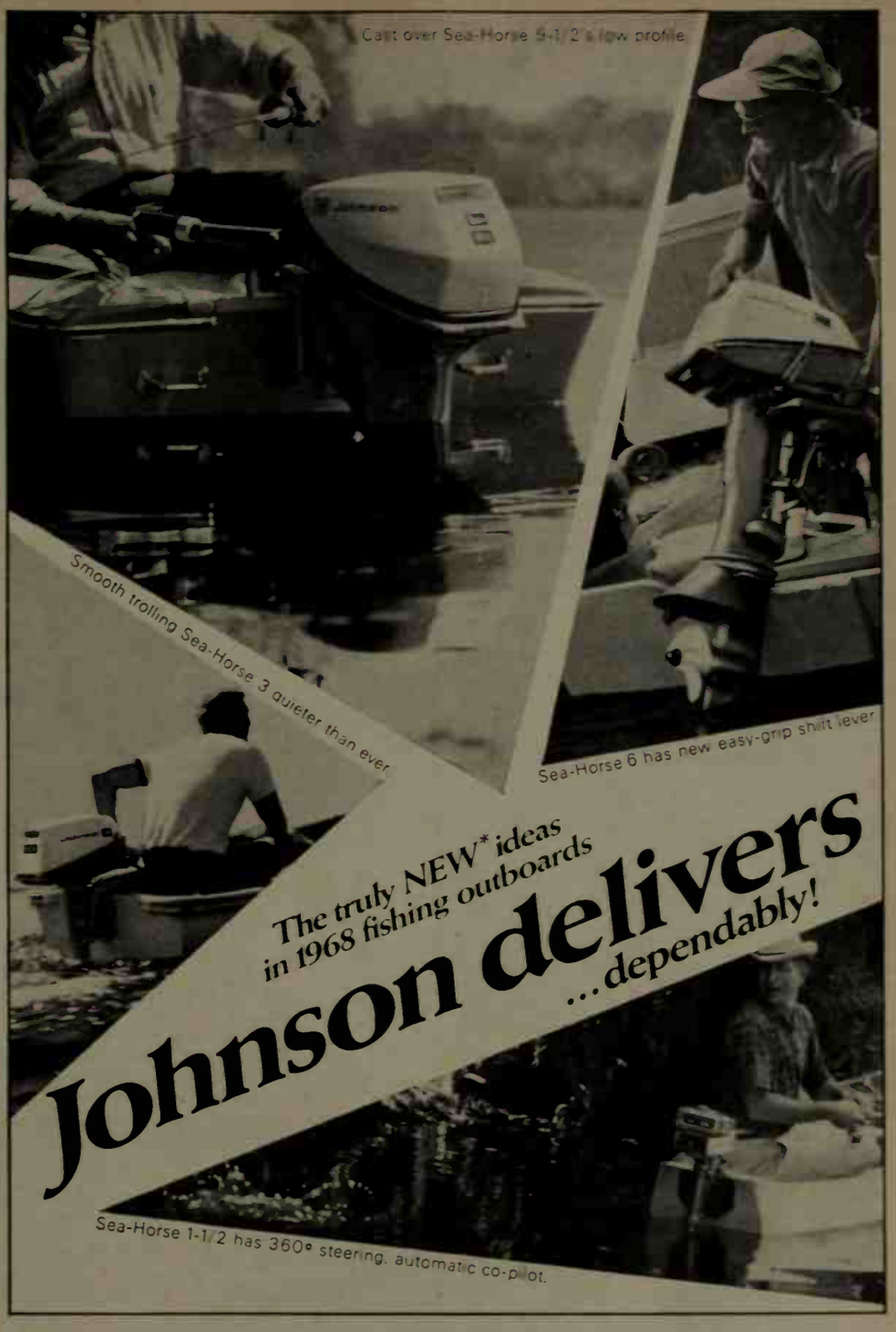

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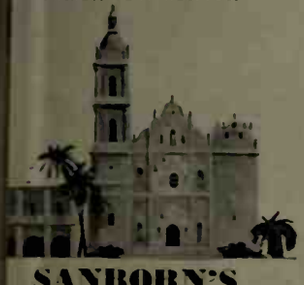

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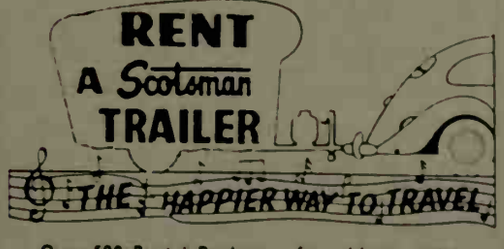

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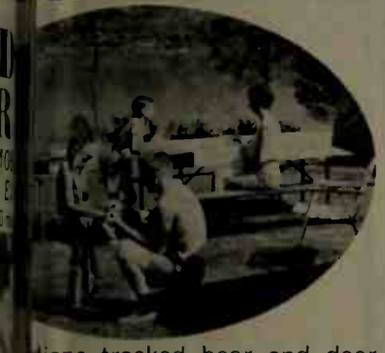

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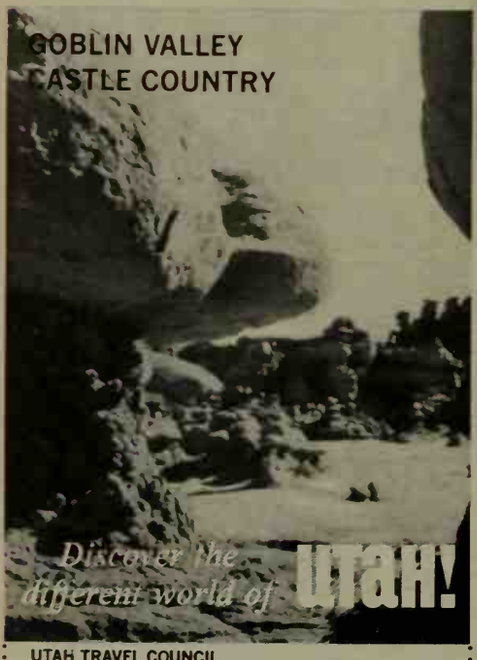

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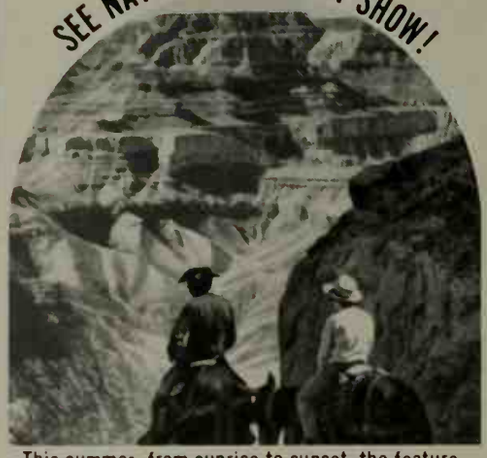

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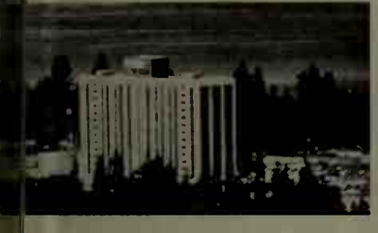

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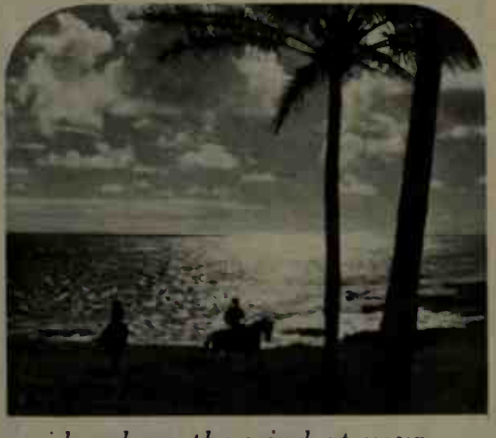

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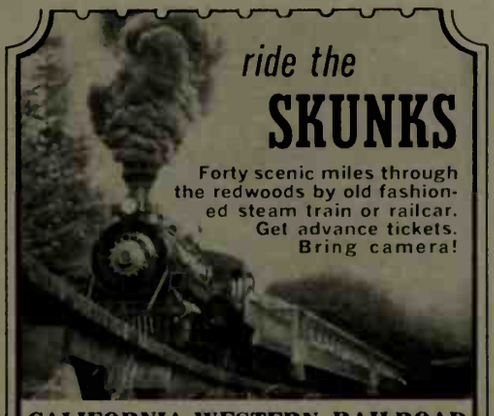

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☐ *Lv **Willits** 1:45 P.M., back by 7:30 P.M. (*starting June 15th)
$_____ enclosed ($4.50 adult; $2.25 child 5 to 12 or under 5 occupying seat)
Reservations accepted up to 90 days in advance; schedules subject to change.

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Acapulco Hilton
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The Sunset Travel Directory

HOTELS

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Travelers to Mexico City call it a legend. In actual fact, the beautiful Del Prado Hotel is more like a luxuriously elegant city within a city. The home of visiting presidents and other dignitaries, it has sumptuous accommodations, a roof garden, a solarium . . . and a priceless Diego Rivera mural in its lobby. Naturally, it's a Balsa. Come. Live awhile at the Del Prado. Find out for yourself why smart travelers always choose a Balsa.

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For information see your travel agent or contact one of our representatives
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Trams *on Santa Monica line "circus-tent" tops. They'll sto*

From Santa M to Venice by t

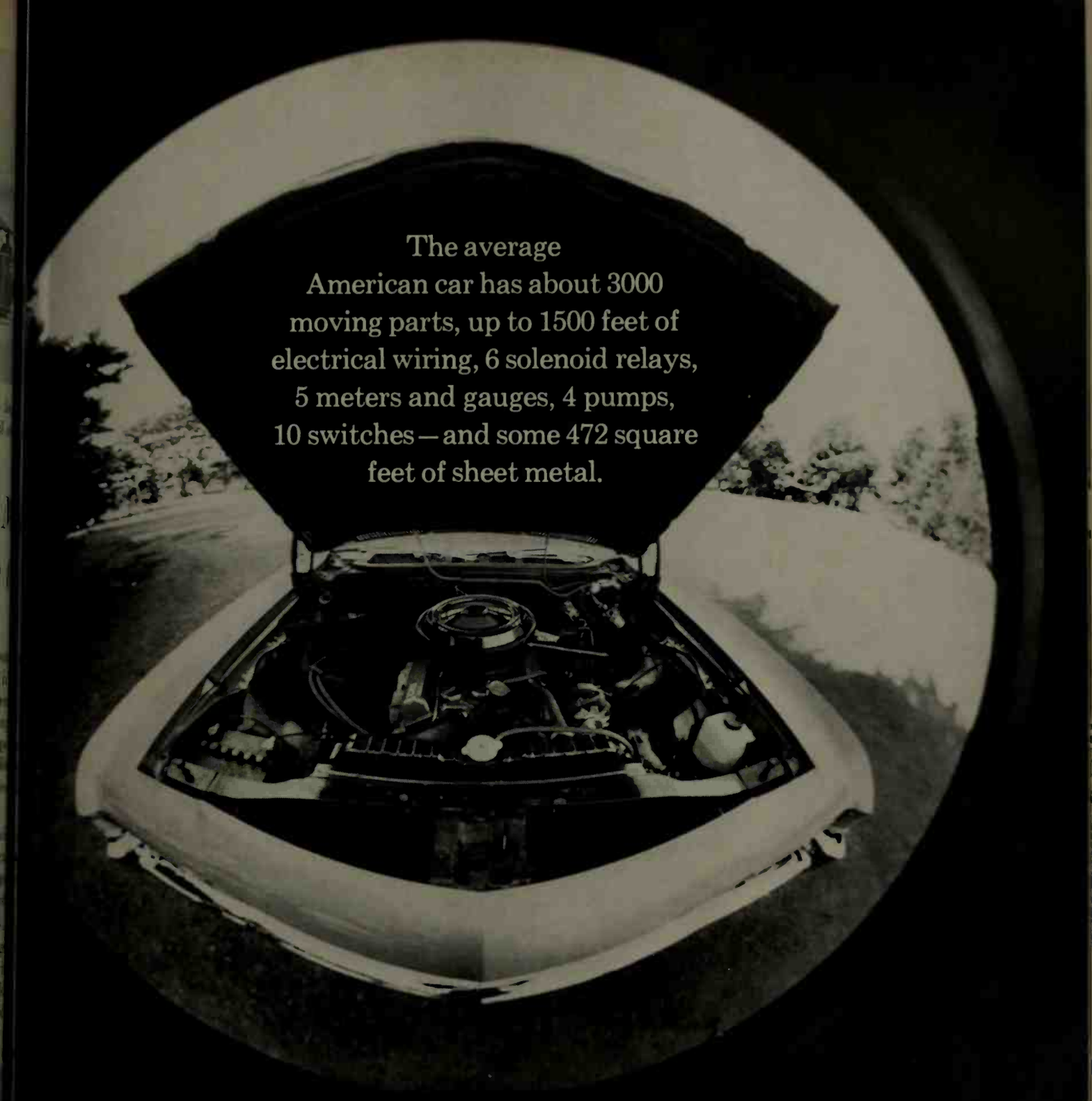
Even before asphalt and auto placed canals and gondolas in V ifornia, there was a smooth con enade or "boardwalk" along where handy little battery-pow cars ran noiselessly on rubbe the way north through Ocea the Santa Monica pier.

Plugging along at 6 or 7 mile these reliable conveyances car wives to market and beach-goe amusement zones. And they stil day, from 10 A.M. until dark.

There have been some changes trie motors were replaced wit Ford motors now 38 years old, enade has been repaved and aligned, and the fares have g 10 cents between Venice and O (⅘ mile), 15 cents between O and Santa Monica (1⅜ miles).

One thing remains the same: talk to the motorman all you w

Plain profile *marks Venice lin prefer west-facing seats for oc*



This is one reason we have 11 million members.

hing's perfect. And when you combine verage American car with the average ican driver, something's got to give.

nay be just the battery (we'll come out ive it a boost). Or it may be the camshaft, versals and the left rear fender. What-t is, the CSAA (we're the AAA in ıern and Central California and da) will see to it that you're well taken care of. We have 24,000 affiliated garages and service stations throughout the United States and Canada, and we guarantee they'll do a proper job at a proper price.

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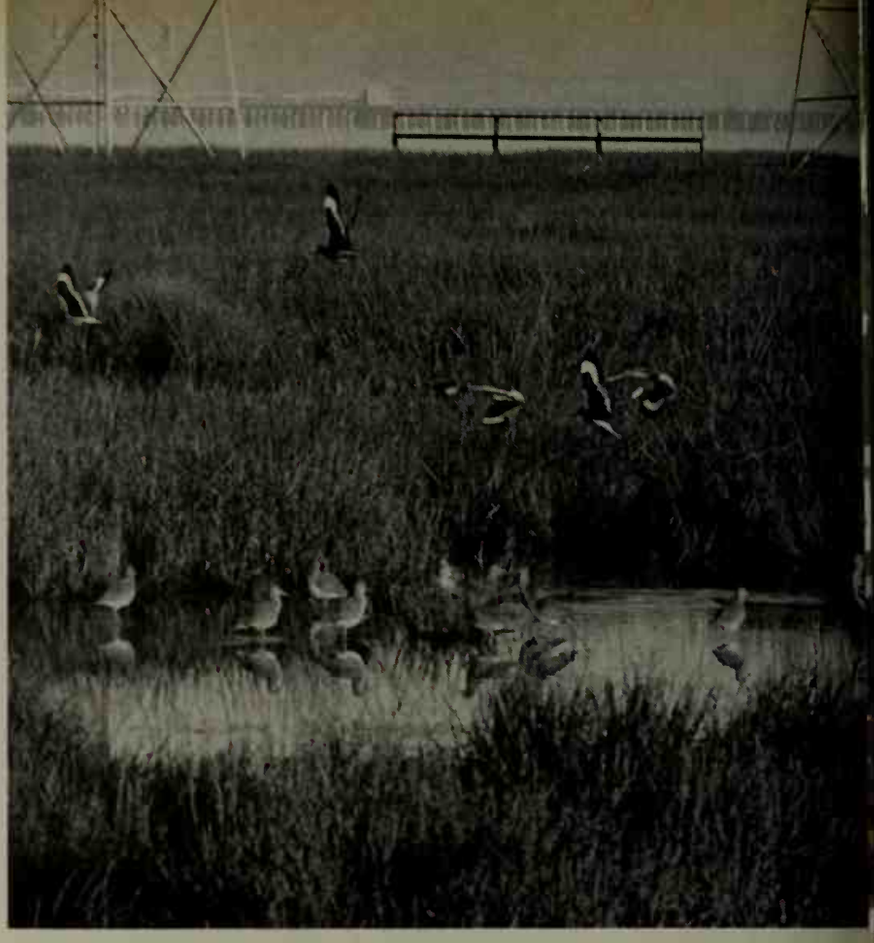
He's spied *a sandpiper hidden in marsh*



Willets and avocets *bob for food in final minutes before incoming tide fills m*

March bird watching on southern San Francisco Bay

A passing glimpse of shore birds feeding close to the Bayshore Freeway (U.S. Highway 101) is all that most motorists see of life in the tidelands as they hurry along the western edge of San Francisco Bay. Yet this speedway between San Francisco and San Jose rims marshes and tidal flats that shelter an estimated 70 per cent of the water and shore birds that travel the Pacific Flyway.

If you are curious about bird life along this part of the bay, you might schedule your looking for the ebb of an especially high tide when the birds are feeding close to shore. Try the mornings of Saturday, March 9, through Tuesday, March 12, and Saturday, March 23, through Tuesday, March 26; or the afternoons of Wednesday, March 13, through March 17.

With a good pair of binoculars see some of the birdlife by goi ends of side roads off Bayshore The only sizable areas open to lic are two wildlife sanctuari bay's edge in Palo Alto. You both by turning east from the Freeway onto Embarcadero Ro

In half a mile Embarcadero f left fork takes you to the end of mooring, where you can park. A road is a mile-long nature trail.

The right fork of Embarcadero the city dump. You can park. through the gate to a marked traverses a levee for a 4-mile r

The Palo Alto sanctuaries are c the booklet *Exploring Our Bay* Diane R. Conradson. You can p for $2 (plus 5 per cent tax if y California resident) from the p Palo Alto Chamber of Comm 1321, Palo Alto, Calif. 94302.

Just north of Palo Alto, the Du Bridge (toll: 35 cents per car) c bay; except for a 1½-mile span, practically at water level past and salt ponds. Parking is not but you can pull over at a rad mitter site a mile west of the tol

At the east end of the bridge nea is an Audubon Society refuge. T a visit, write to the Audubon 376 Tiburon Blvd., Tiburon, Cal or telephone (415) 388-2524.

Levee *at a Palo Alto wildlife sanctuary is lookout over glistening salt marsh slough*

Maybe what you need a change of people.

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…en's Tivoli Gar-
…gs with amuse-
…works, even a
… Band. No kid-
…u should hear it.

… gets to fall in
… spring here.
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…ntic settings?
…dn't dream of
…ut it's true.

There's just no tonic like friendly faces, right? And in Scandinavia you're "in" with Europe's friendliest people. Danes, Norwegians, Swedes greet you cordially in English. Even welcome you to their homes. Look, why not try the direct approach yourself? Fly SAS, to springtime in Scandinavia.

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WRITE SAS, 130 POST STREET, SAN FRANCISCO, CALIFORNIA 94108.

Your choice in scheduled river runs this year

River-tour operators have scheduled a total of more than 200 expeditions on the Colorado, Green, Yampa, San Juan, Salmon, Rogue, Stanislaus, American, Klamath and other rivers, beginning in April and continuing into September.

The boating services listed here are those that publish an advance schedule of river tour expeditions open to the general public. Most of the operators use large neoprene rafts or pontoon floats, powered by outboard motors in some stretches of the river, by oars in others.

All the scheduled river-tour operators offer options as to length and duration of river trips, and most offer guide service and group charter rates to private river parties. These are the trips scheduled for 1968, and their departure dates (but not their points of departure; for such details, write directly to the operators).

American River Touring Association
1016 Jackson Street
Oakland, California 94607

Colorado River, Grand Canyon: 9-day trips at $324 per person—Apr. 6; June 15, 29; July 13, 27; Aug. 10, 24; Sept. 7.

Rogue River, Grants Pass to Gold Beach: 5-day trips at $185 per person—June 17, 24; July 1, 8, 15, 22.

Salmon River, Middle Fork: 6-day trips at $255 per person—June 24; July 1, 10, 18, 26; Aug. 4, 13.

Salmon River, Main Fork: 7-day trip at $255 per person—July 9.

Stanislaus/American rivers: 2-day trips at $44 per person—Apr. 27; June 1, 7, 15, 22, 29; July 6, 13, 19, 27; Aug. 3, 10, 17, 24, 31; Sept. 1, 7, 14, 21, 28.

St. Croix River, Wisconsin, headwaters to the Mississippi: 10-day trip at $180 a person—Aug. 24.

Grand Conyon Expeditians
Box 21021
Salt Lake City, Utah 84121

Colorado River, Grand Canyon: 10-day trips at $365 per person—Apr. 18; May 6, 30; June 14; July 1; Aug. 5, 26; Sept. 16. One 22-day trip at $475 per person—Oct. 7.

Harris-Brennon River Expeditions
250 North 500 Eost
Centerville, Utoh 84014

Colorado River, Grand Canyon: 10-day trips at $380 per person—Apr. 22; May 13; June 10; July 8; Sept. 9.

Colorado River, Cataract/W yons: 5-day trips at $190 per 10; May 5, 25; July 25; Aug.

Yampa/Green rivers, Dinos Monument: 5-day trip at $1 —June 1.

Green River, Desolation an yons: 4-day trip, $95 per pe

Hatch River Expeditions
411 East Secand North
Vernol, Utah 84078

Colorado River, Grand Ca trips at $315 per person—M 22; May 6, 27; June 12, 17 Aug. 19; Sept. 2, 23; Oct. 8,

Yampa/Green rivers, Dinos Monument: 1-day to 6-day $177 per person; 4-day trip, —May 2, 9, 16, 23, 30; June July 4, 11, 18, 25; Aug. 1, Sept. 5, 12.

Mexicon Hat Expeditions
Box 157
Mexican Hot, Utoh 84531

Colorado River, Grand Ca section): 5-day trips at $350 June 23.

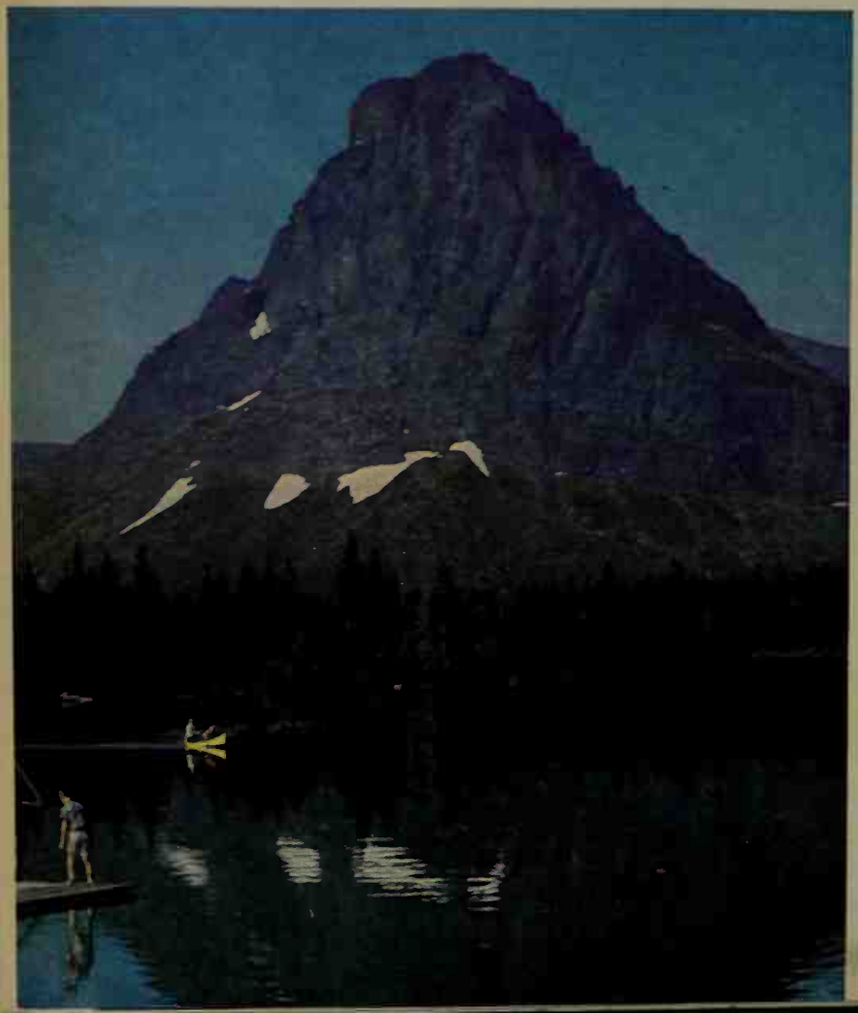
Colorado River, Grand Ca section): 9-day trip at $450 June 28.

Colorado River, Grand Can 14-day trip at $800 per pers

Green River, Flaming Gor River, Utah: 10-day trip at son—July 15.

LEWIS & CLARK EXPLORED the vast land that be

TWO MEDICINE LAKE, Glacier National Park



CASTLE: typical Montana ghost town

Expeditions
50 South
, Utah 84106

River, Grand Canyon: 11-day
5 per person—Apr. 16, 30; May
ne 11, 25; July 9, 23; Aug. 6,
17.

River, Cataract Canyon: 5-day
5 per person—May 30; June 17;

iver, Desolation Canyon: 5-day
5 per person—June 10; Aug. 5.

ver, Middle Fork: 5-day trips at
rson—June 24; July 1, 8, 15, 22.

ver, Main Fork: 6-day trips at
erson—July 29; Aug. 5, 12, 19,
9, 16; Oct. 7, 14, 21.

een rivers, Lodore Canyon. Dino-
nal Monument: 2-day trips at
rson—June 3, 5, 10, 12, 17, 19,
ly 1, 3, 8, 10, 15, 17, 22, 24,
g. 5, 7, 12, 14, 19, 21, 26, 28;
9, 11, 16, 18.

er, Lodore Canyon: 5-day trips
r person—July 1, 8, 15, 22, 29;
; Sept. 2, 9, 16.

e

Californio 92655

River, Grand Canyon: 12-day
300 per person—Apr. 8; May 6,
7; July 8, 29.

Expeditions
84512

River, Bluff to Mexican Hat: 1-
at $15 per person—daily Apr. 15 through Sept. 29, conditions permitting.

Wilderness Society
5850 East Jewell Ave.
Denver, Colorodo 80222

Missouri River, Havre, Montana: 8-day trips at $260 per person—June 27; Sept. 6.

JOHN LITTON

River runners *ride a churning rapid in the Stanislaus River*

Yukon River, Dawson, Yukon Territory: 10-day trip at $310 per person—June 15.

Boundary Waters Canoe Area, Minnesota: 7-day trip at $175 per person—Aug. 18.

Wilderness Woter Ways, Inc.
4 Live Ook Circle
El Sobrante, California 94803

Stanislaus River, Power House to Parrott's Ferry Bridge: 2-day trips at $35 per person—Apr. 6, 13, 20, 27; May 4, 11, 18, 25; June 1, 8, 15, 22, 29; July 6, 13, 20; Sept. 7, 14, 21, 28.

Rogue River, Galice to Agness: 5-day trips at $115 per person—July 14; 3-day trips at $130 a person—June 21; July 4, 19.

Klamath River, Happy Camp to Ti-Bar: 3-day trips at $45 per person; 5-day trips at $85 per person—Aug. 2, 4, 8, 11, 14, 18, 23, 25, 31.

Trinity River: 2-day trips at $35 per person—May 4, 11, 18.

Eel River: Dos Rios to Alder Point: 4-day trip at $100 per person—May 30.

American River, Coloma to Folsom Reservoir: 2-day trips at $35 per person—June 29, July 27.

Wonderland Expeditions
3862 South 825 West
Bountiful, Utoh 84010

Colorado River, Grand Canyon: 12-day trips at $350 per person—June 4; July 23; Aug. 13.

Colorado River, Cataract Canyon: 6-day trips at $175 per person—June 24; July 8.

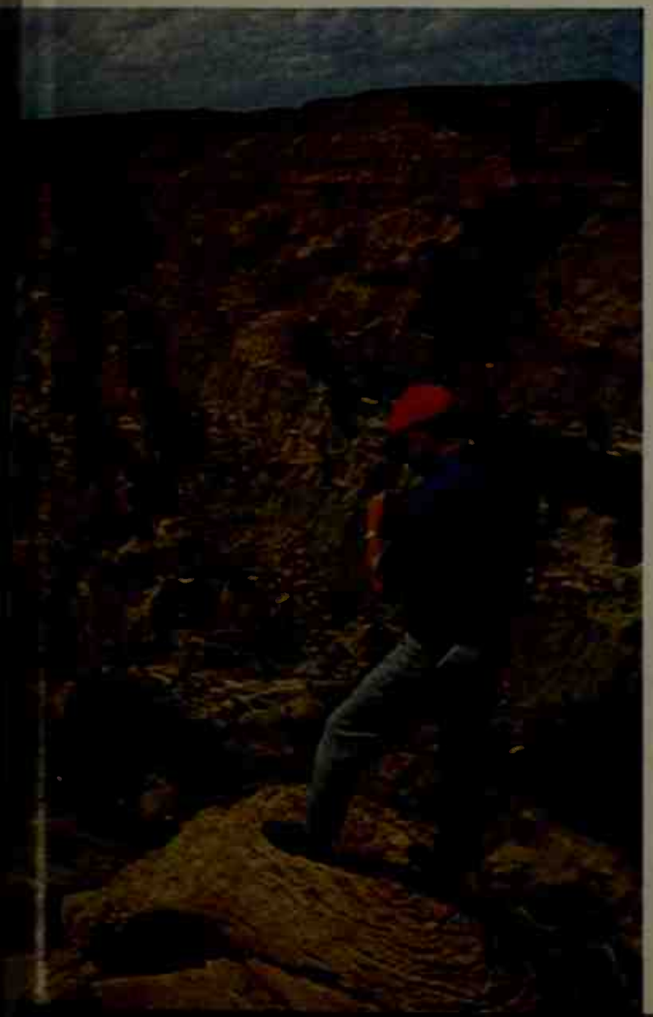
San Juan River, Goosenecks of San Juan: 7-day trip, $175 per person—May 19.

Green River, Lodore/Split Mountain canyons: 3-day trip, $125 per person—June 19.

Many of the operators listed also offer horseback and hiking expeditions.

ONTANA

MAKOSHIKA STATE PARK: scenic Montana badlands



Now it's your turn...

Explorers Lewis and Clark traveled 1940 miles in Montana through uncharted wilderness, enduring untold hardships. Today you can travel the same distance, parallel the route of explorers on modern interstate highways, and do it with pleasure and fun.

Follow the official Lewis and Clark Trail highway markers; watch buffalo on the National Bison Range, Indian celebrations, rodeos and stampedes. Follow timber trails into wilderness areas; float the mighty Missouri or the Yellowstone River; visit the site of Custer's Last Stand.

Include Yellowstone National Park on the south border and Glacier National Park on the north border; Pompeys Pillar to the east and the Big Hole Battlefield to the west. Bone up on history; hike, swim, ride, fish, boat and enjoy yourself. This year follow the Lewis and Clark Trail in MONTANA,

The BIG SKY Country

Advertising Director, Dept. 68-8
Montana Highway Commission
Helena, Montana 59601
Yes. I want to follow the Lewis and Clark Trail in Montana. Please send me my MONTANA VACATION planning kit.

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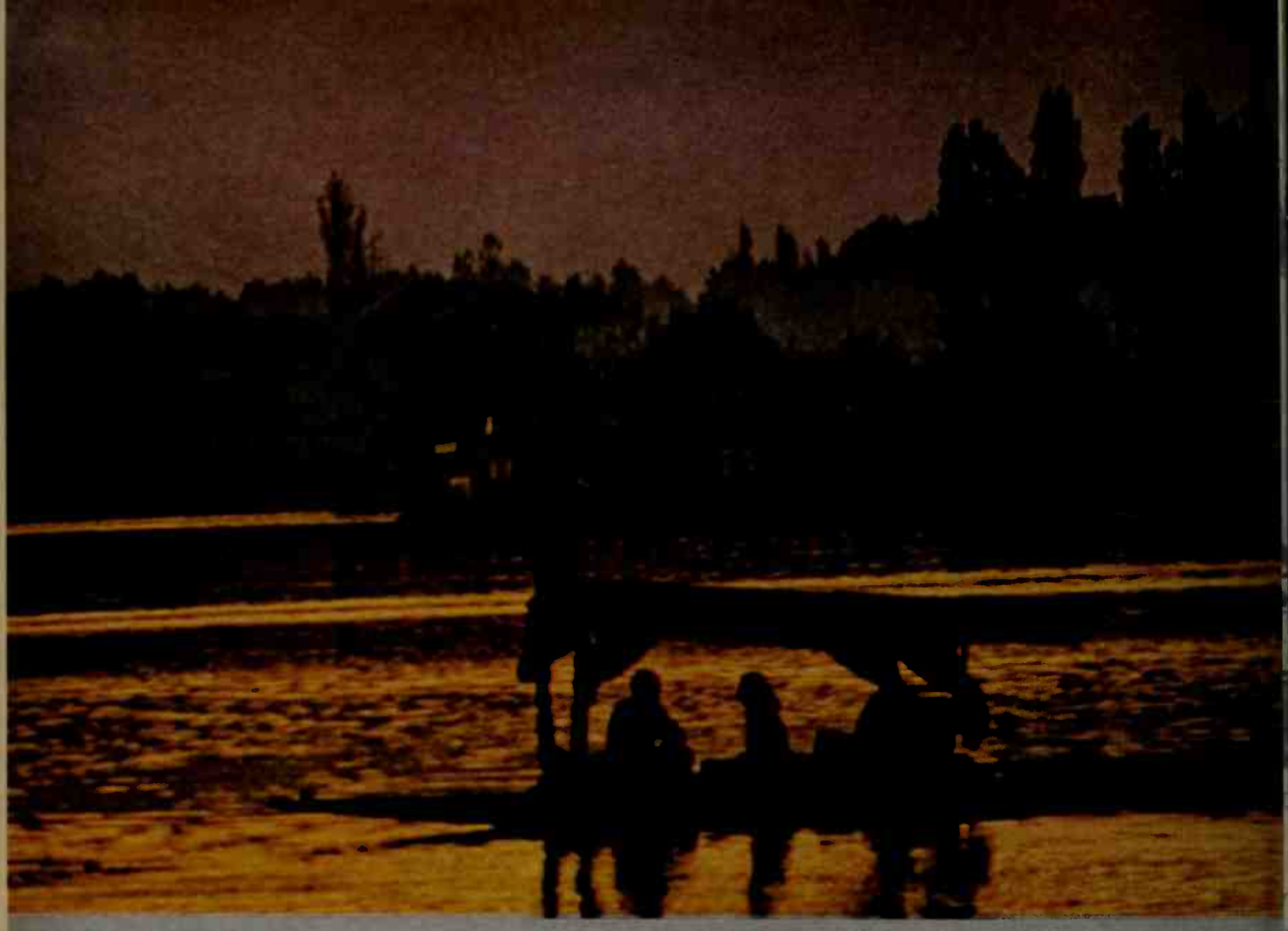
STREET_____

CITY_____ STATE_____ ZIP CODE_____

(Your zip code, please . . . it's postal regulations)



A message to anyone who's been to Europe.

If you've fed the pigeons in Trafalgar Square, and looked down at Paris from the Eiffel Tower, if you've stared at the crowds on the Via Veneto, and watched the bulls charge in Madrid; in short, if you've seen Europe and are looking for a new place to write home about, let us make a suggestion:

Come to India.

Stay on a houseboat in Kashmir and sip cocktails prepared by your own personal valet. Bargain for jewels and rugs with merchants who love to haggle. Flirt with par on lush, rolling golf courses.

Visit the caves of Ellora and Ajanta where a 2,000-year-old civilization—Buddhist, Hindu and Jain—has been immortalized in rock. (Bring a pair of comfortable shoes. The caves, filled with carvings and frescoes, stretch on for miles.)

Go see Madras, a colorful, bustling city that boasts, among other things, the finest silk emporiums in all of India. (Only a strong man can resist bringing back his wife a few of the bright, gaily-colored sarees Madras is famous for.)

Journey to the deep south. To Kerala, the fertile, palm-studded region so reminiscent of islands in the South Seas and the Caribbean. Loaf about on beautiful beaches. Explore mysterious inland waterways. Visit a wild life sanctuary abounding in elephants, tigers, and wild boars. (Also visit with some of the handsomest people in the world.)

Does the thought of such a trip intrigue you? We hope so. We hope you come and stay with us awhile. It would be our pleasure to have you.

For more information on what to do and see in India, see your travel agent, or write to: Government of India Tourist Office; New York, 19 E. 49th Street; Chicago, 201 North Michigan Avenue; San Francisco, 685 Market Street. Also in Canada.

India

alia passes Vincent Thomas Bridge, San Pedro, at end of maiden voyage

Cruising down to Acapulco

eamed, when Canadian Pacific's *Princess Patricia* was launched nd in 1947, that one day she ove the feasibility of regularly cruises along the west coast of om Western ports.

965 and 1966 she did, and then modestly to her summer-only assage runs to Alaska, leaving ound Acapulco-by-sea traffic to roster of newer vessels.

t and immediate successor is the ,000-ton *Princess Italia,* which d a maiden voyage from Trieste Angeles in December and is al- we go to press) on her fifth 14- ico cruise in a schedule of 15 de- from Los Angeles this season, last one set for June 28.

ected the *Italia* and found her and comfortable. All cruise ex- re covered by the fares, which $450. Itineraries are the same ises: Los Angeles, La Paz, Puerto (one-day stop), Acapulco (two s), Mazatlán (one day), Los An- r a full schedule, with deck plans, Princess Cruises, 643 S. Flower Angeles 90017.

clubbier, and even more luxuri- n the *Italia* is the Greek vessel ot quite big enough (though cer- table enough) to be thought of as n liner but too big for a yacht. The *Jason* has completed her winter cruises to Acapulco for this season, but will take passengers one way to Mexico, Central America, and the West Indies as she heads to the Mediterranean for the summer.

This 17-day Caribbean cruise leaves Los Angeles March 5 and costs $845 to $1,275. All expenses (including airline return) are covered by the fares; there is no tipping. If you're in a position to pack up and go now at the last minute, check with Williams, Dimond & Co., 530 W. Sixth St., Los Angeles 90021, or 215 Market St., San Francisco 94111.

Major shipping lines have sent their bigger ships on occasional cruises down the coast of Mexico ever since shipboard air-conditioning came to be taken for granted in subtropical and tropical waters. Holland-America Lines' *Statendam* has completed her California-Acapulco trips for this season, but Matson Lines' familiar favorite, *Lurline,* will make her single Acapulco cruise of the season this month, with festive stops at Mazatlán and Puerto Vallarta. The 11-day trip starts at Los Angeles March 4; prices begin at $455. The ship is fully booked as we go to press, but there is always the chance of cancellations; you can check space availability with Paul Thompson, Cruise Counselor, Matson Navigation Company, 215 Market St., San Francisco 94105.

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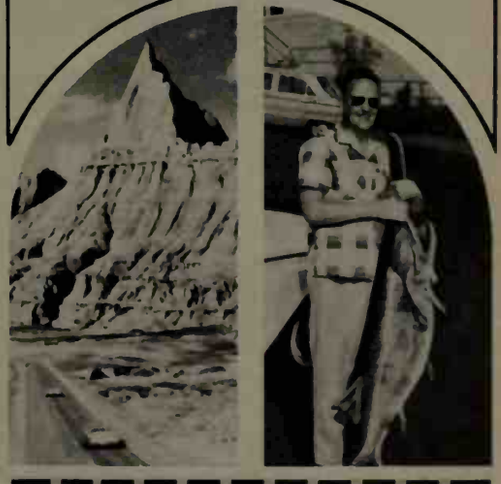
South Dakota

OLD WEST TRAIL



Travel & Information, Room 64
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Pierre, South Dakota 57501

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GUATEMALA TOURIST COMMISSION

500 Sansome, Rm. 404, Dept. N • San Francisco, Cal. 94111 □ 6a Avenida 5-34 Zona 1 Guatemala City, Guatemala

What to take on a river ru

On your first river-running exc haps chosen from this year's commercial trips, listed on p 31) you'll very likely welc advice you can get.

The basic adviee is simple i to take equipment that wil rains or dunking. Choose clot you stay pleasantly cool duri warm at night. And limit you maximum weight specified l operator (30 to 40 pounds,

You will, of course, receive of equipment suggested by th ator after you have made yc tions. With the list in hand, welcome some further sugges by veteran river runners as to of gear will help make the r trouble-free as possible.

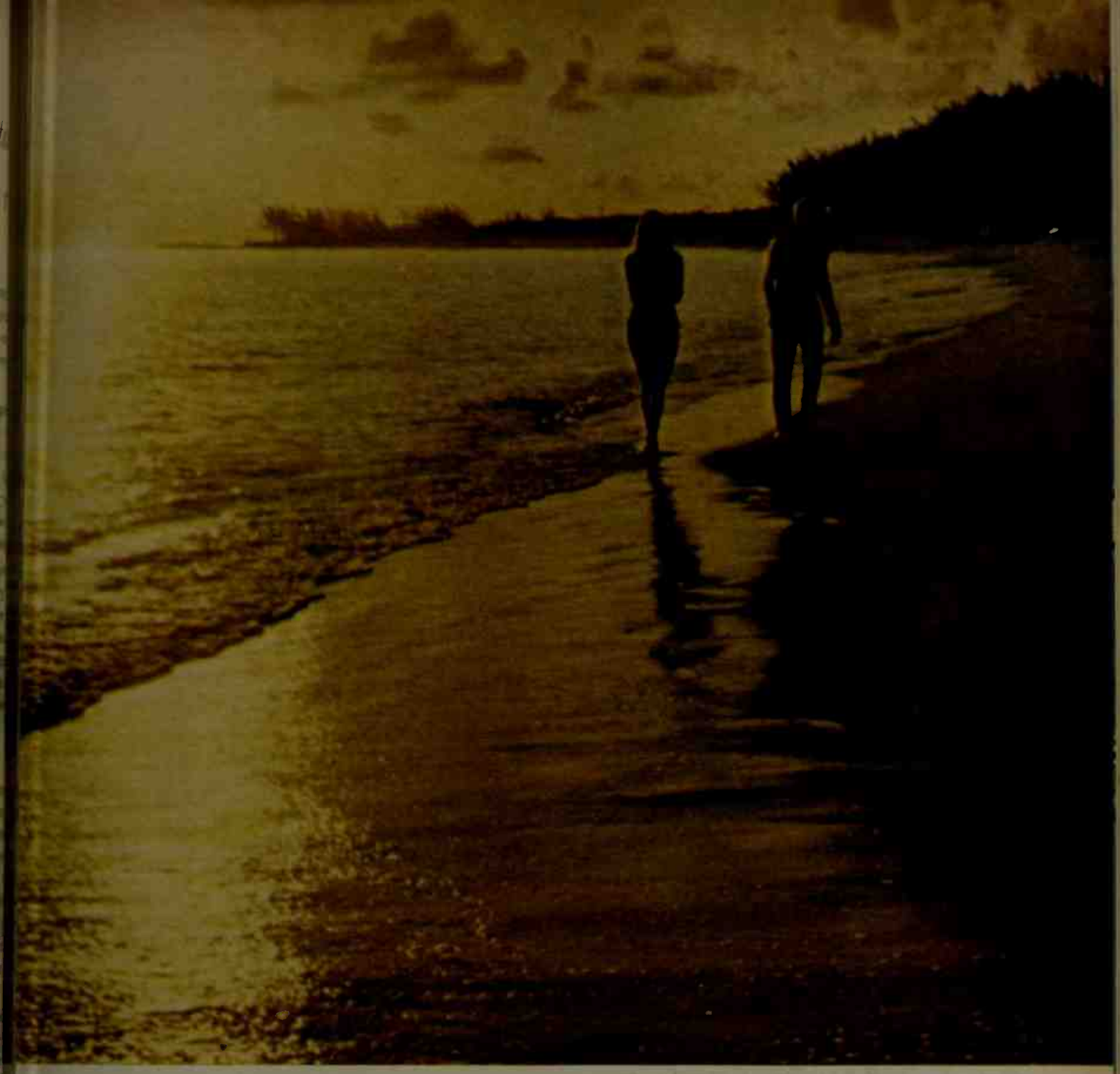
DUFFEL BAGS

Don't underestimate the impc *good* duffel bag. One costing and advertised as "waterproc for river trips" may be just not for long. Be prepared to $15 for a bag that is light sturdy enough to withstand a than a day or two. Test it it in the bathtub to make s won't leak.

Duffel bags of plastic-coated full-length zipper and spaee f pounds of gear, cost $15 or l and light in weight, they a reliable and praetical. But ev duffel bag may still get sna several-day trip through rugg Take along a roll or two of st ing tape (a 25-foot roll of nylon tape with adhesive ba about $2.50).

Some river runners take two bags instead of a single large advantages of this seheme sho you have to transport 30 to of dunnage in one bag a goc uphill from boat landing to the heat of a summer afterno

As an alternative to two duffe might use one small bag and saek or your baekpack fram (if aeeeptable with the trip Carry your routine overnigh neeessities in the rneksaek an sleeping bag, eneased in a stuff bag, onto it. Reserve the fel bag for gear you won't neec (poncho, tube tent, hiking boo



The Out Island of Eleuthera. No passport. No visa.

ould walk 100 miles–
ength of Eleuthera Island–and see nobody.
Cozy, huh?

have it the other way.

Bahama Out Islands

700 of them. So near. And yet so far.

Top: 1968 Thunderbird 2-door Hardtop. Bottom: 1968 Thunderbird 4-door Landau.

This year, double excitement: You can fly the roomy new 4-door Bird
or a racy 2-door Bird. Both with the scorching new 429-cu. in. V-8
to thunder you across the landscape. Choose optional buckets or new standard
full-width front seats. Room for 4, 5, or 6. Option after option after option.
Get double your share of action this year. Fly the Bird.

'68 Thunderbird

unique in all the world.

this on the boat when you the equipment in it.

EQUIPMENT

need a warm sleeping bag on a n desert country during sum- with nylon cover and lining are us: They dry much faster if ed; sand, silt, and dust slip off without the frequent brushing -covered ones require.

an air mattress, take a sturdy tic-coated nylon. Test it before with you. If you prefer a foam l, be sure yours is of unicellular rial—*not* of ordinary foam rub- is easily water-soaked. A pad is weight but takes more space in age than an air mattress. It n encase it in a stuff bag with g cords.

ROTECTION

army surplus cartridge case to camera: the .30-caliber size 50), for 35-mm cameras; the .50- e (about $2.50) for larger ones. outside of the case with white aluminum paint to reflect heat; terior with foam or other ma- d keep cameras in plastic bags— l ammunition cases are not leak- sure the case cover is lined with n the inside edge.

ND SHOES

r hiking boots for exploring can- the river, wear sneakers. Those ted soles that give superior trac- t sailboat skippers wear them) the price (about $11) if you educe the risks of slipping off a toon as you embark or debark.

Three guides to the Pacific

new travel guides—revised us of *Australia* and *New Zea-* and a completely new book, *n*—have just been issued as Travel Books.

guide contains introductory ters on travel documents, portation services, accommo- ns, currency, climate, sports, ation, and special events. Other ters guide tourists in specific aphic areas, with detailed in- ation on where to go, what to hat to see.

hree guides were prepared un- the direction of Frederic M. These new travel books ($1.95) are available in most book- s or can be ordered from Lane gazine and Book Co., Menlo s, Calif. 94025.

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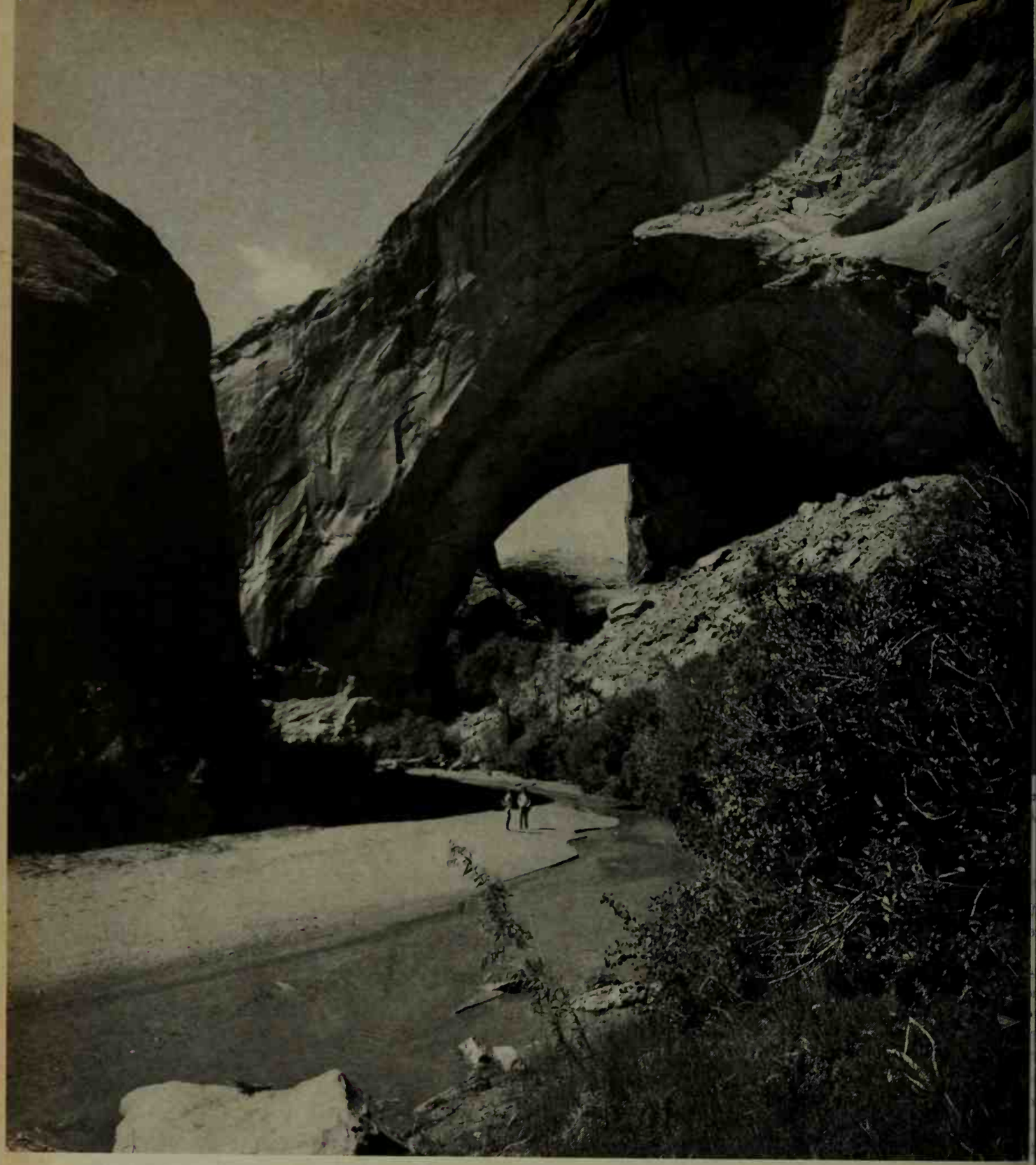


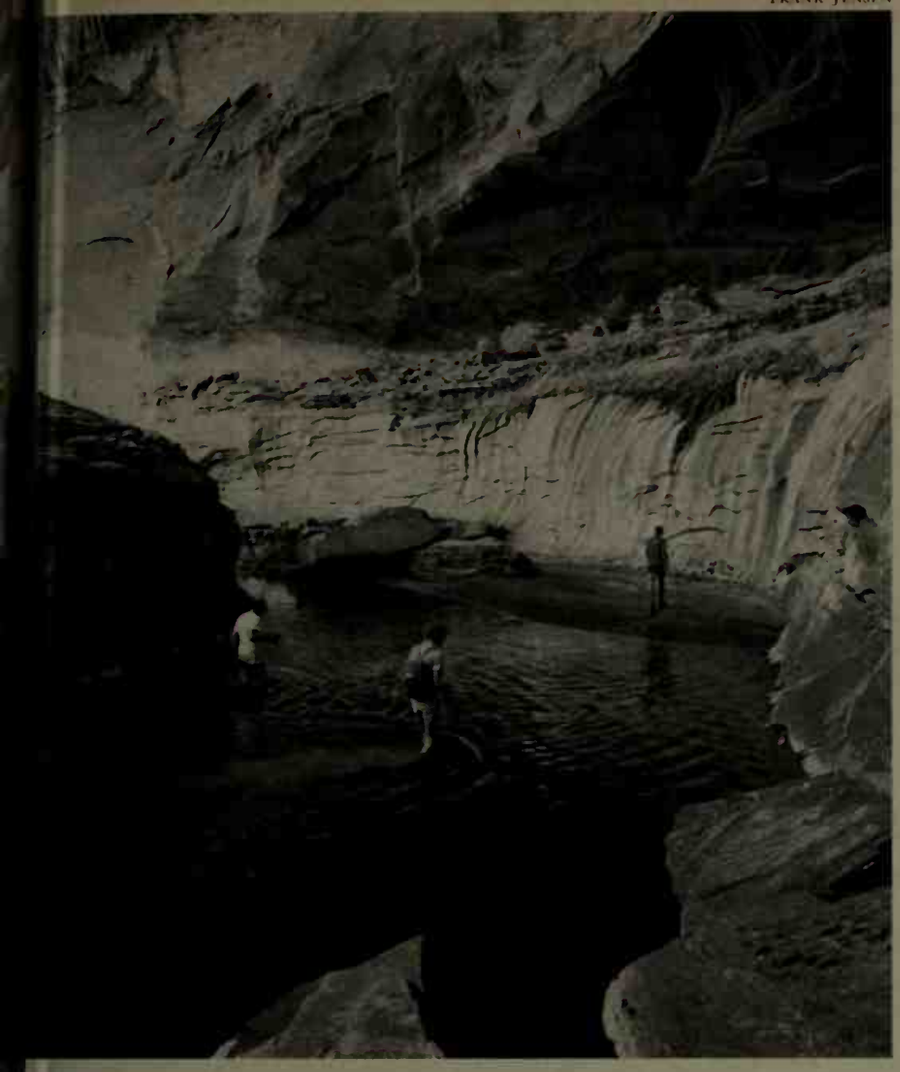
Jacob Hamblin Arch *forms a natural flying buttress for wall of Coyote Gulch, 1½ miles below its confluence with Hurric*

A grand spring adventure in Utah . . . on your own or with a group into lonely, beautiful Escalante Canyon

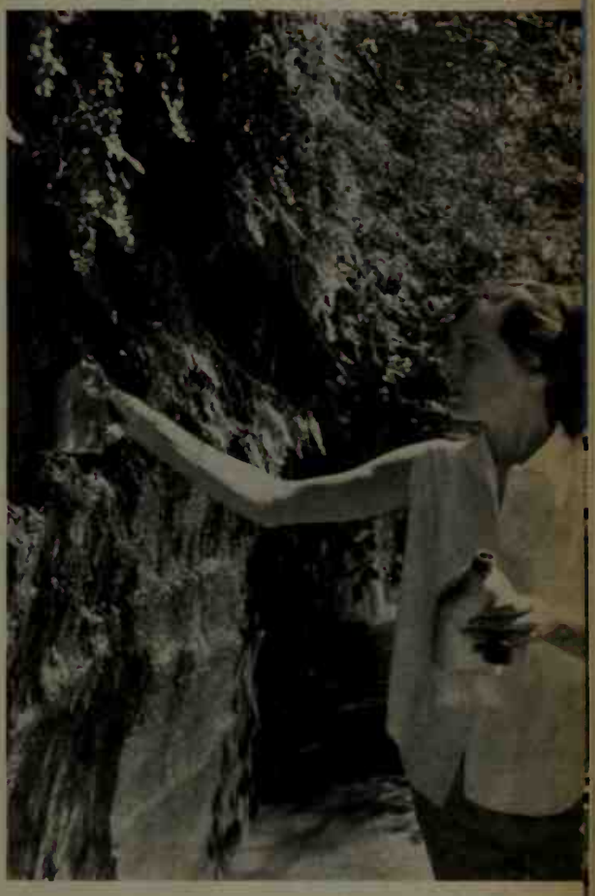
About halfway up man-made La from Glen Canyon Dam, the lit lante River comes in from the n Before the rising reservoir reach backed into its lower reaches. directly into the Colorado Riv Canyon.

Now that the glens and historic s the Colorado are gone, the stret Escalante lying beyond Lake highest reach attracts people wh enjoy the kind of country you c

FRANK JENSEN



Canyon, *stream often reaches from wall to wall. On rim above is airy Skyline Arch, largest remaining arch in Escalante area, 300 feet across*



Dripping springs, *common in Utah canyon country, are edged with ferns and orchids*

nyon before 1963.

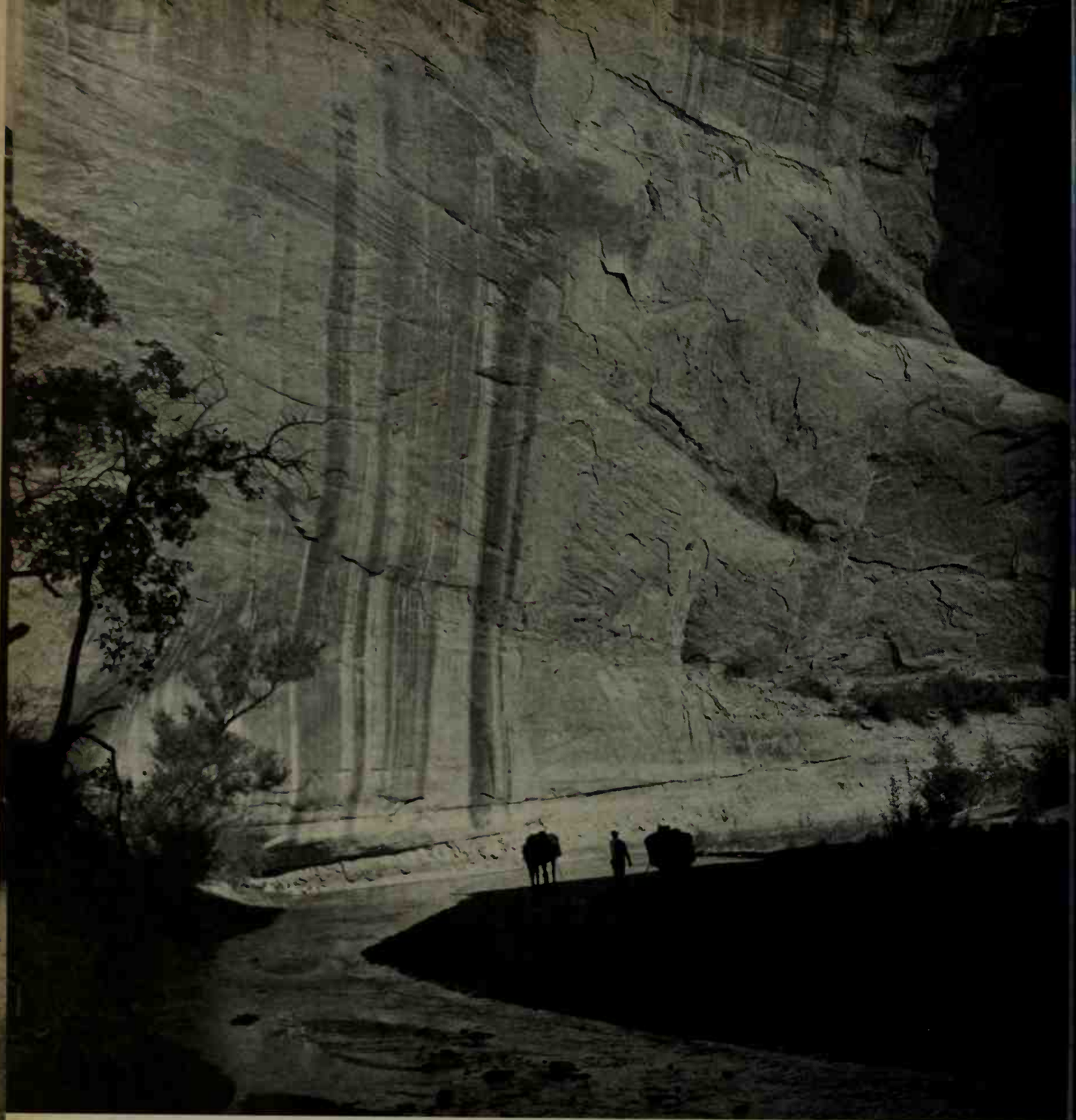
enty of opportunity for foot ere, amid scenery of a type for h's Canyonlands National Park a's Canyon de Chelly are also fact, some have proposed that ante country be set aside as a area within the Glen Canyon Recreation Area.

t entry is not via Lake Powell above, with the little town of as your starting point.

ante River, named for a Spanish ho never got within 150 miles of lly clear and shallow, but occa- after a summer thunderstorm— muddy torrent. In March its likely to be very cold; but April come warmth, and you should weather just about right if you for April or early May.

several ways into the canyon; spectacular parts of it you will go on foot or horseback. The and easiest way is through an grand tributary, Coyote Gulch. calante, drive 40 miles southeast raded Hole-in-the-Rock road to Tank, a usually deserted cattle- headquarters with an old cabin,

Hikes start *at Willow Tank, or from the primitive road into and through Harris Wash*



Pack horses *and mules carry supplies here in Coyote Gulch, and in Escalante Canyon. The streams must be crossed m*

It will be cold in the canyon in March . . . but it should turn warm in April

some corrals, and a spring. This jumping-off place is at the head of Hurricane Wash, which you hike for five dry miles to its junction with Coyote Gulch. Then you have eight more winding but easy miles to the Escalante, so you are in for an overnight (or longer, if you explore the Escalante itself) backpacking trip.

If you'd rather not be burdened with a heavy pack and the bother of organizing your own trip, consider the vacation you can have by going with an organized group under expert guidance. For a typical outing of a week or more, you show up at Escalante with your personal gear and from that point on everything else is furnished.

Pack horses carry the supplies f to camp while you mosey alon own pace. Here are three such tr uled for 1968:

April 1 to 10, $150. Wonderlan tions, 3862 South 825 West, Utah 84010.

April 13 to 21, $175. The Wild ciety, 729 15th St., N.W., Wa D.C. 20005.

April 28 to May 11, $195. Sie 1050 Mills Tower, San Francis

Another possibility is to arrange guided trip into Escalante Can one of the several guides who in southern Utah towns.

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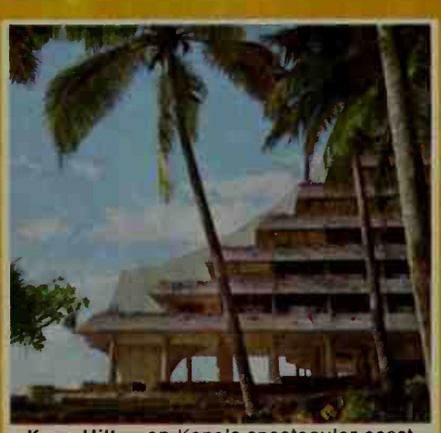
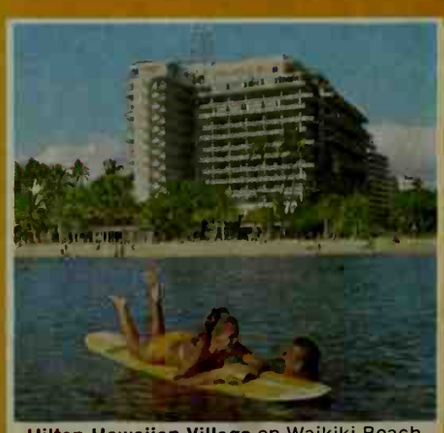
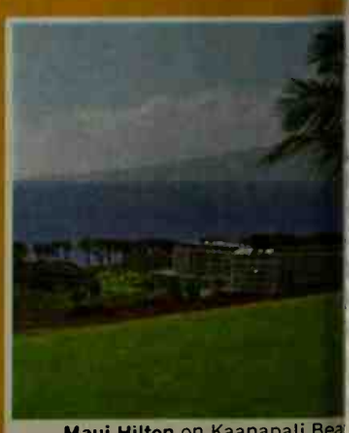


Kona Hilton on Kona's spectacular coast, Isle of Hawaii



Hilton Hawaiian Village on Waikiki Beach, Isle of Oahu



Maui Hilton on Kaanapali Bea
Valley Isle of Maui

d calf *feeding time at this small ranch near Santa Margarita, California*

e pleasures of a ranch vacation

n we find a farm to visit?" n our children watch a cow d, or feed a calf, or help gather *set* readers frequently ask us ons as these.

st, where most farming of the ge-scale industry, the nearest ending a vacation on a family h you can do in the East and is to stay at a small cattle though devoted primarily to stock, some of these ranches few paying guests; but they t be confused with the dude chixe guest ranch operated pri- visitors, with little or no active going on.

obviously some limits on how can really become a member of during your stay at a working h; in most cases there will also guests besides your family. But he ranchers have children and ppy to have your young ones the chores. And some adult l enjoy taking part in the ranch and will probably be encour- o so.

nly as much as you wish, and here are no organized recrea- ivities. You may not even find o ride, but the added compen- clude things like ponds for fish- ms for swimming, or a roundup ght time of year).

of only a few places in the West t the number of their guests so yone can sleep in the ranch house and eat together in the dining room — giving you the feeling that you might have returned to Grandma's farm for a visit. Weekly rates (lodging and meals) start at $50 for adults, $35 for children. Some ranches will accept children alone.

Many of the other ranches accommodate guests in separate cottages, some with housekeeping facilities so you can prepare your own meals; such units typically accommodate a family of four or five for about $75 to $100 per week. And some ranches with separate cottages will supply meals if you wish them, at an added charge.

For an up-to-date directory that includes some small ranches in the West along with the more traditional farms in other parts of the country, see *Farm & Ranch Vacation Guide* (36 E. 57th St., New York 10022, 20th annual edition, 1968; $1.50). This paperback book, available in bookstores, contains a brief description of each ranch and farm listed, has photographs of many of them, and—new this year—previous guests' comments.

Another source of information on ranch vacations is The Dude Ranchers' Association, Box 1363A, Billings, Mont. 59103. Although most of the member ranches are large cattle spreads catering to a sizable number of guests, the association's directory does list some smaller ranches. If you want more personal first-hand advice on a Western ranch vacation, you might like to get in touch with Lee Crager, Guest Ranch Reservation Center, 6000 Sunset Blvd., Los Angeles 90028.

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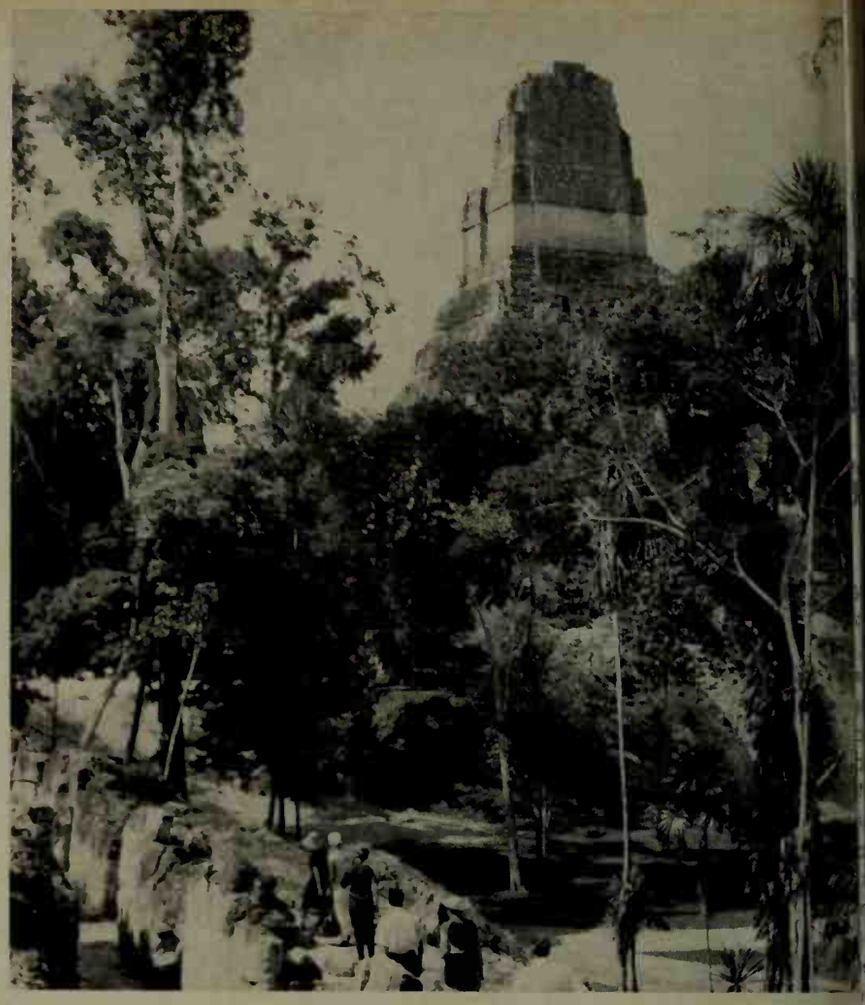

Temple I *rises 155 feet (high as a 16-story building). Three are smaller; one*

The mysterious temples at Tik

If you don't demand luxury all the way and can face the possibility of minor discomforts and delays, you may always cherish the memory of flying into the heart of Guatemala's northern jungle to see the mysterious tall temples the Mayans built at Tikal around the time of Christ.

You can see Tikal in a day-long excursion from your hotel in Guatemala City. Or you can stay over at Tikal's small Jungle Lodge. Its accommodations ($64 for two days, and one night, including meals) seem more than adequate when you learn that even the drinking water is brought in by plane. It also serves lunch ($3) to transient visitors.

Aviateca flies a DC-3 to Tikal ($33 round trip) several times a week (check a day in advance), leaving about 7:30 A.M. You fly first across hills, then real mountains, finally nothing but flat green jungle. There may be a brief stop at Flores, on large Lake Petén Itzá. A little over an hour from Guatemala City, you see Tikal's temples, tallest the Mayans ever built. It's easy to imagine the awe they inspired in the first Europeans who saw them—possibly in 1696, surely i

The most important recent s was a 10-year archeological exca the University of Pennsylvania area comprising 200 square mil designated a national park.

The climate is tropical, so sh possible any time, especially fro October. You'll welcome the su tion of a hat and long sleeves. M abound in shadows; carry insect

To see the sights you must climb a good deal, and ride occ The standard tour costs $9 (in the $45 to $50 price of an all-d sion from Guatemala City). Gui unusually well informed on the and stelae (stone shafts) and m you're lucky you may see also so birds; the small museum near th strip has books on them as we other local phenomena.

Some time between midaftern dusk, your DC-3 returns after the rounds of all nearby landing pick up the load of jungle prod will probably fly back with you.

ou need irror to this rse!"

lch, golf pro at Spokane's Canyon, is quick to inform ting golfer that the third quires using a mirror, d high above the tee. It was re so golfers could see the which is tucked behind a the fairway. This challenging is only one of more than a d golf courses located hout the state. They range from tricky par three layouts hole courses of champion-caliber. Because of Wash-'s mild climate, golf is a round sport in many areas. ore information, mail us the n. We'll send you a brochure bing course locations and es of both private and courses.

ian Canyon

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DARROW M. WATT

One green straw *makes a raspy woodwind. With more, you get mellow chords, tunes. Blow hard for high notes, softly for low*

The delights of a weed lot in March

Youngsters nowadays are so constantly entertained, challenged, and distracted by sophisticated playthings that they can grow right through the traditional years of wonder without discovering the simple delights of a weedy vacant lot. March is the month to show them, in the West's milder coastal and foothill climes, what a patch of young wild oats is good for—in addition to the obvious pastime of tunneling through it on hands and knees.

(Continued on page 48)

When oats *are full-grown but still succulent, pull stalk to slide it from sheath*

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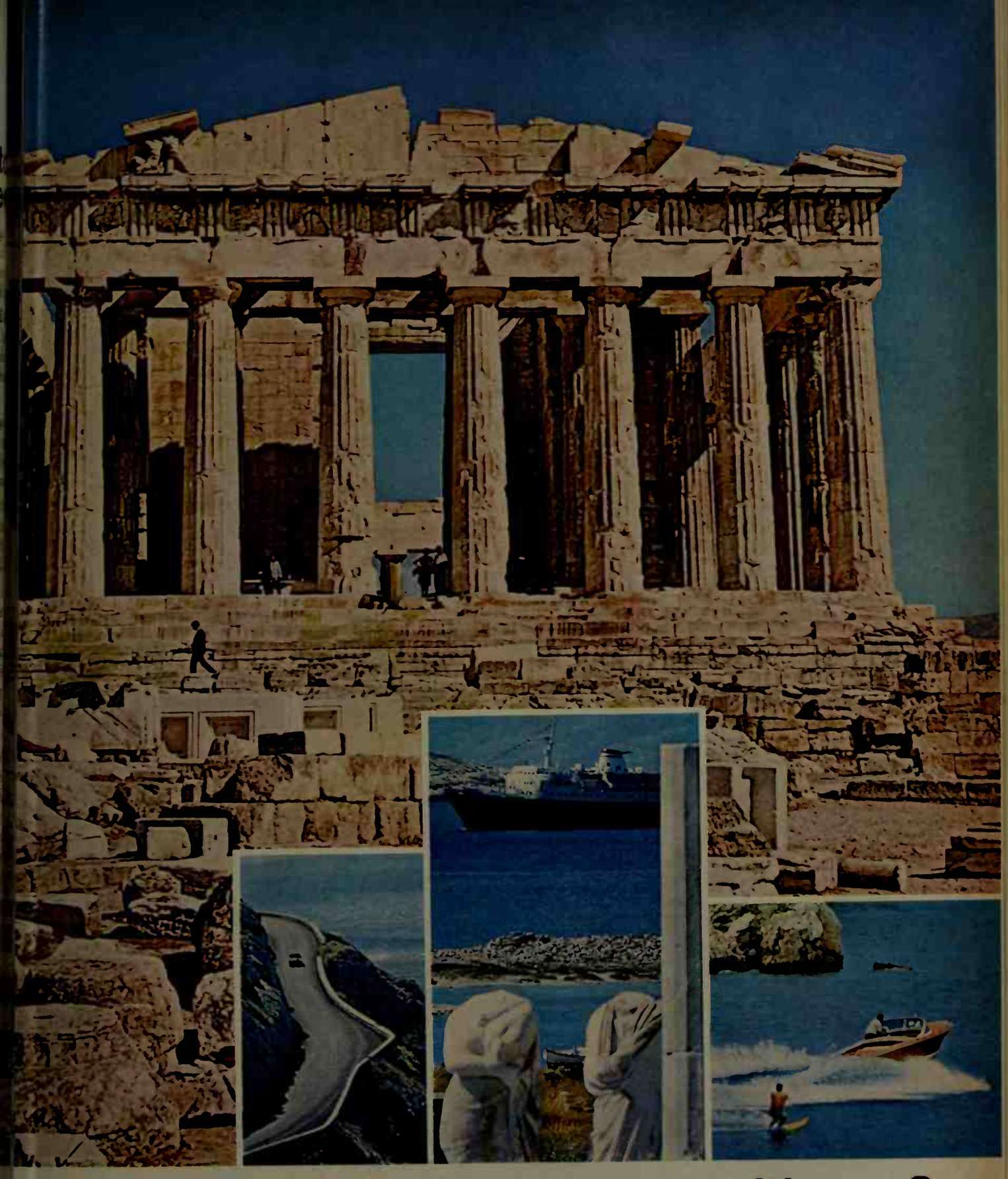

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SUN LINE

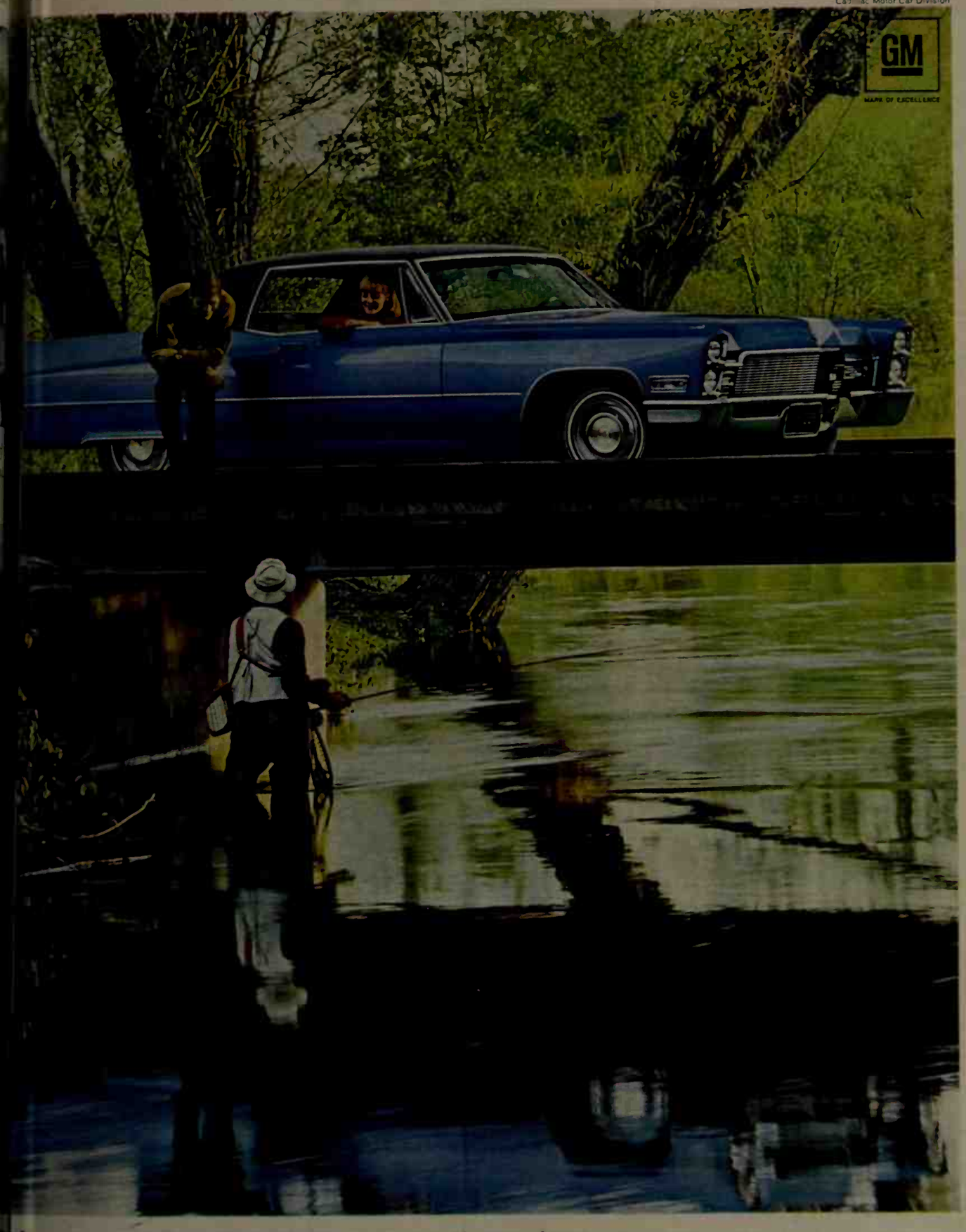
In a weed lot in Ma

Bite off *2 or 3 inches of st damaging tender butt end f*

Flatten *tender end (not bitte crack both sides. Put in mouth*

"Diamond ring," *in tradition o store ads, results when you sli up stalk, snapping off florets a*

Cadillac Motor Car Division



dillac owners look a little younger these days. The 1968 Cadillac has already ved to be the most popular luxury car ever built. More and more young people, and those o are young in heart as well, are getting with and staying with Cadillac. It's easy to see why. tinctive Cadillac styling expresses elegance and grace poised for action, and this promise ulfilled by brilliant performance from a totally new gine—the largest, smoothest V-8 ever put into a pro- tion passenger car. To feel the youthful spirit of this utiful car you must drive it. Visit your dealer soon.

Cadillac

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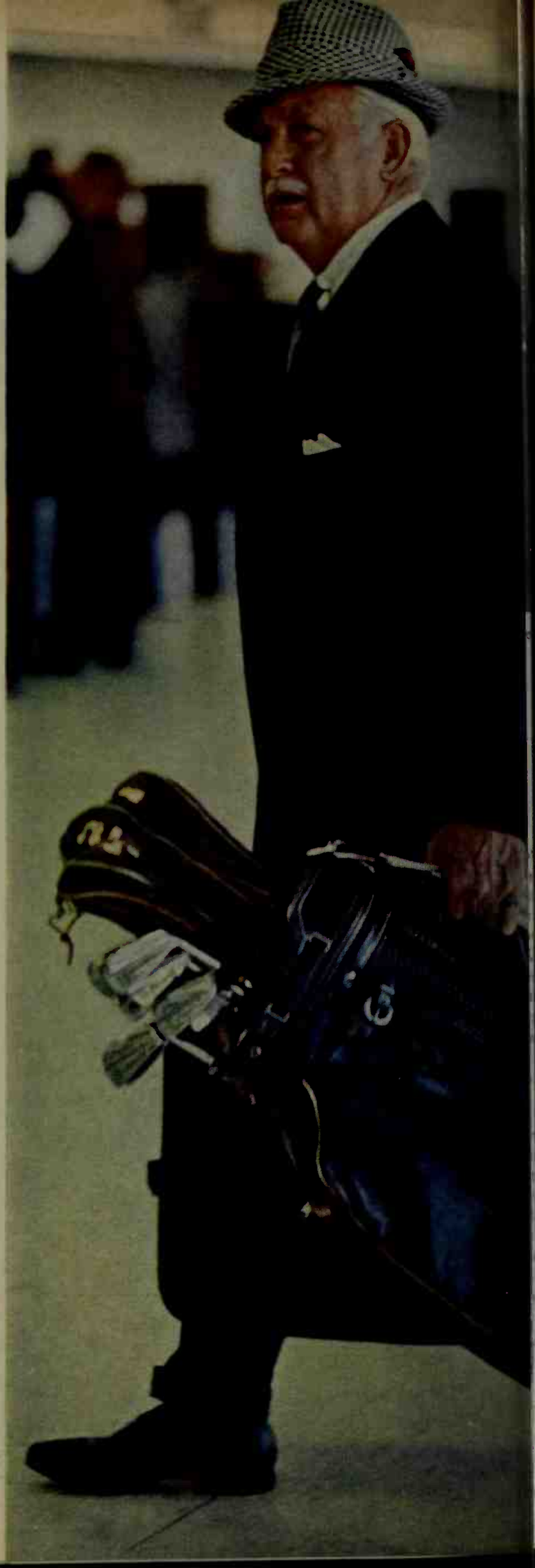

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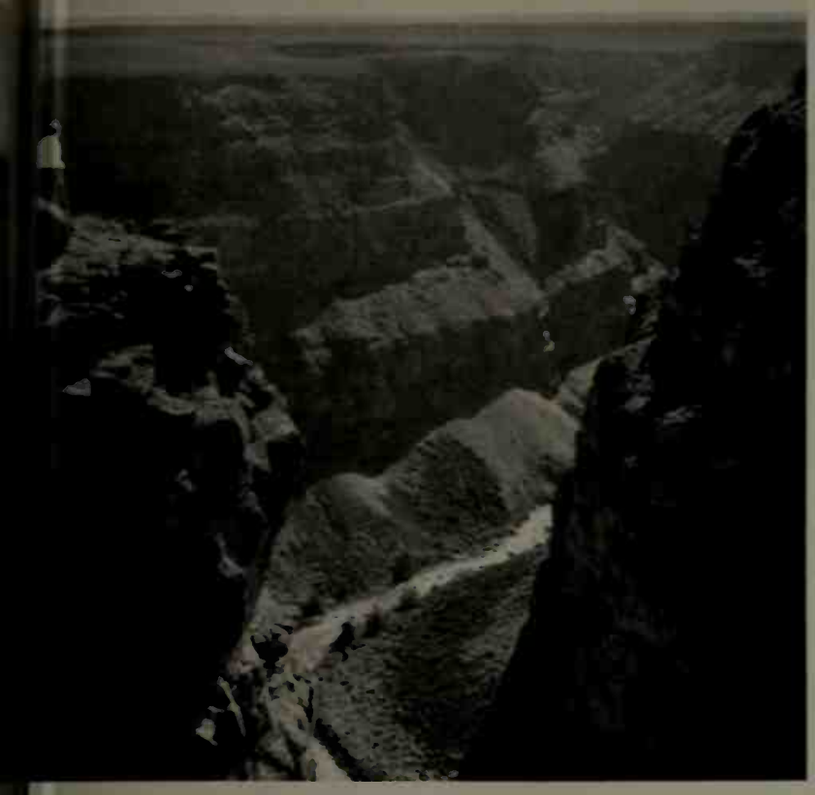
HUGH PARADISE



neau Canyon *overlook, 800 feet above river. View here is south*

Idaho has a deep surprise

rn Idaho is usually described as ntry—sage and sand, deficient remote and sparsely settled. It an upland desert, etched with d gorges. Most of the region is y the Bruneau River and its through Bruneau Canyon, one pest and narrowest chasms in erica. Its very steep, sometimes rtical walls drop almost 2,000 ces; only in a few locations can scend to the bottom.

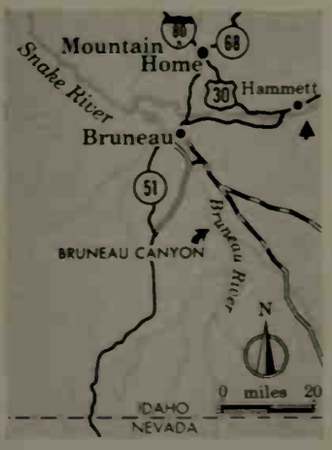
VES

velers have three favorite spots uneau. The first is the sand dune Turn off U.S. 30 at Hammett k, and drive 12 miles to the west. leads directly to the base of the r a small lake which offers good and a variety of fish. Several of are more than 400 feet high—e world's tallest. Although you'll where adventurous drivers have road, it's safer to walk on the an drive on them. If you get lp is 10 miles away at Bruneau.

U OVERLOOK

uneau, continue 18 miles south ad (half pavement, half gravel) allels the east bank of the river. g signs pointing to the overlook, you will cross a flat lava desert and come abruptly upon the canyon itself, 800 feet deep at this point, and no more than ¼ mile wide at the top.

It's traditional to try to lob a rock across the canyon, but this is an increasingly poor idea because more and more boaters are running the river each year. If the urge proves irresistible, at least check to make sure no one is below.



The roads *to Bruneau Canyon*

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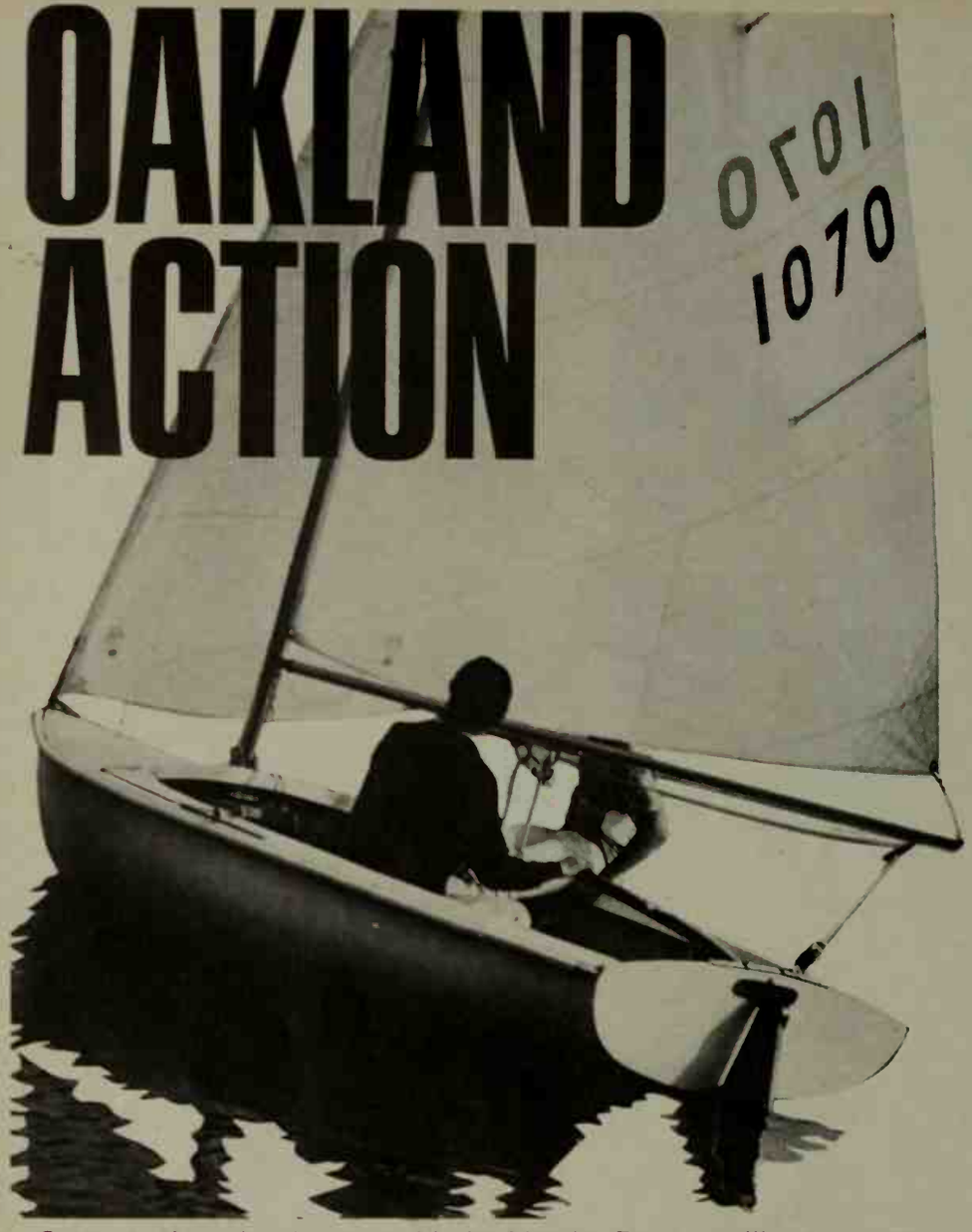

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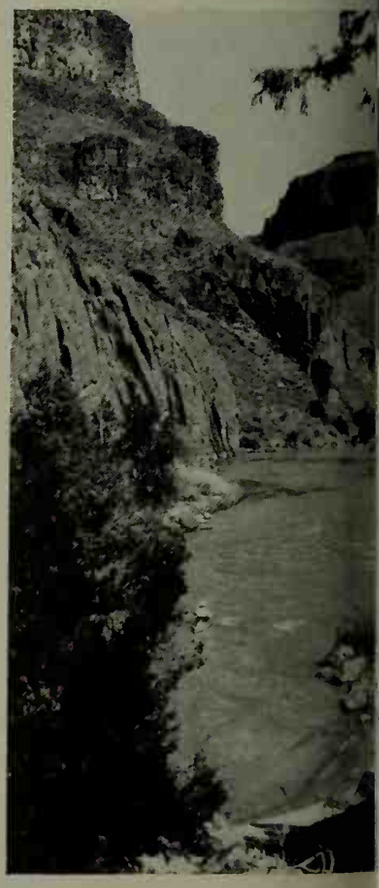
CECIL M

A few kayakers *have begun to ex canyon; this one approaches from*

just before you reach pavemen the river, then bear left on grav for 5 miles to a lava knoll abov that percolates to the surface, plu a pool, and then joins the Brunea Here are the Indian Bathtub Creek Falls. The "tub," some 3 f is a fine place to relax in water of mately 100°.



The canyon walls, *precipitously ste just a few places where you can*

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In the heart of Oregon City you can fish for salmon at Willamette Falls—only 20 minutes from downtown Portland. Spectacular ocean beaches are only an hour away. So is year 'round snow atop the rugged Cascades. A short drive over fine highways will take you from big-tree forests to wide open Old West range country or broad, green valleys. It's an uncrowded country — 96,000 square miles big and beautiful. Oregon is so conveniently arranged by nature that you are never more than minutes away from something new. You can relax in luxury at modern resorts or rough it in style at superb state parks. To change the scene to suit your pleasure, simply move 50 to 100 miles in any direction. That's the way it is here—the fastest fun in the West. Come see for yourself, soon.

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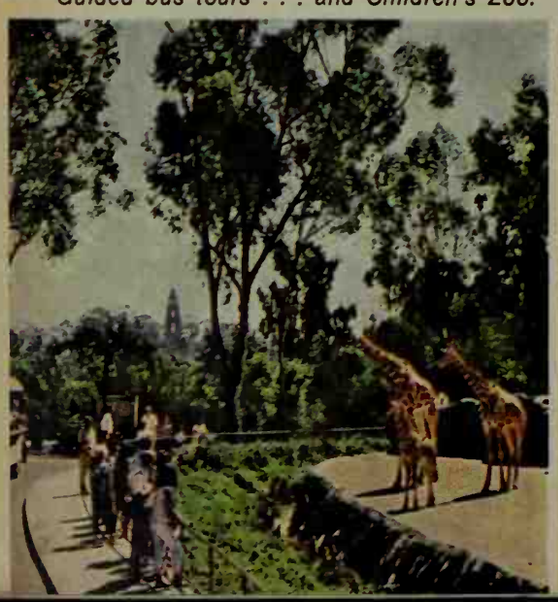


***Excitement** is golfing any day on one of 65 courses, green fairways all year. Some lighted at night.*

***Excitement** is Sea World's performing killer whale, dolphins.*

***Excitement** is tho racing, all year a summer and fall a*

lone season is March 16

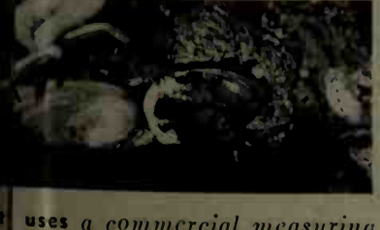
of the 1968 abalone season is and shore-pickers and skin be out along the rocky sec- California coast—braving and surging offshore currents of these tasty, rock-clinging nally large salt-water snails). y be collected from ½ hour se until ½ hour after sunset. mbination of circumstances is e (that falls within the legal ours) and a calm surf. There's hat the surf will be like, but occur this month each morn- unday, March 17, through arch 25.

a valid California sports fish- ($3 for residents, $10 for non- nd some sort of tool to pry the se from its purchase on the an buy a special abalone tool narkings in most sports shops crowbar that does not exceed length. The legal limit is five r person per day.

an abalone, measured across part of the shell, is of critical . Every collector must have in ion a ruler, measuring tape, alone tool, or other measuring nimum legal size limits are as l abalone, 7 inches; green aba- nches; pink abalone, 6 inches; ne, 5 inches; all other species, you can't distinguish between s species, collect only those inches in diameter or larger.

ne that you detach but are not to retain must be replaced im- by hand, with the shell out- he same surface of the rock it before detachment. The aba- ring to shore must be attached ells.

kin-dive for abalone in all ocean ut self-contained underwater apparatus (SCUBA) may be in ocean waters south of Yankee Monterey County.



uses *a commercial measuring insure legal size of abalones*

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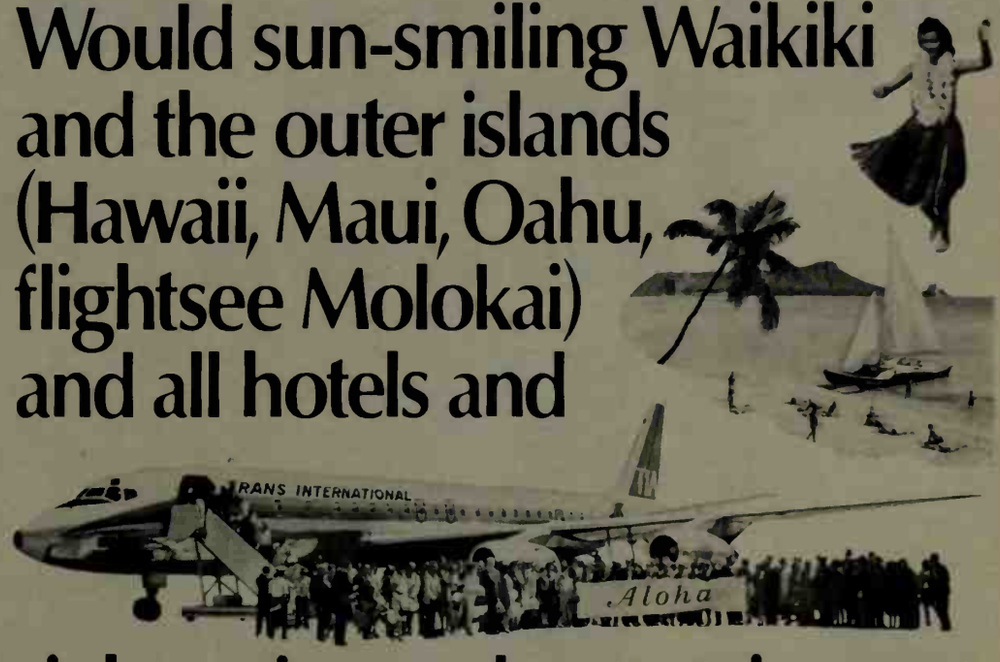

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You may want to make the drive island sightseeing tour—going by the windward coast, returning to lulu through the central pineapp try, with a stop at a north shore b

For further information, write Mokuleia Polo Club, 1811 Ala Blvd., Honolulu 96815, or telepho 949-5331.

Polo spectators *take pictures, picnic sun or in shade of ironwood trees of them drive to the field, sit in or*

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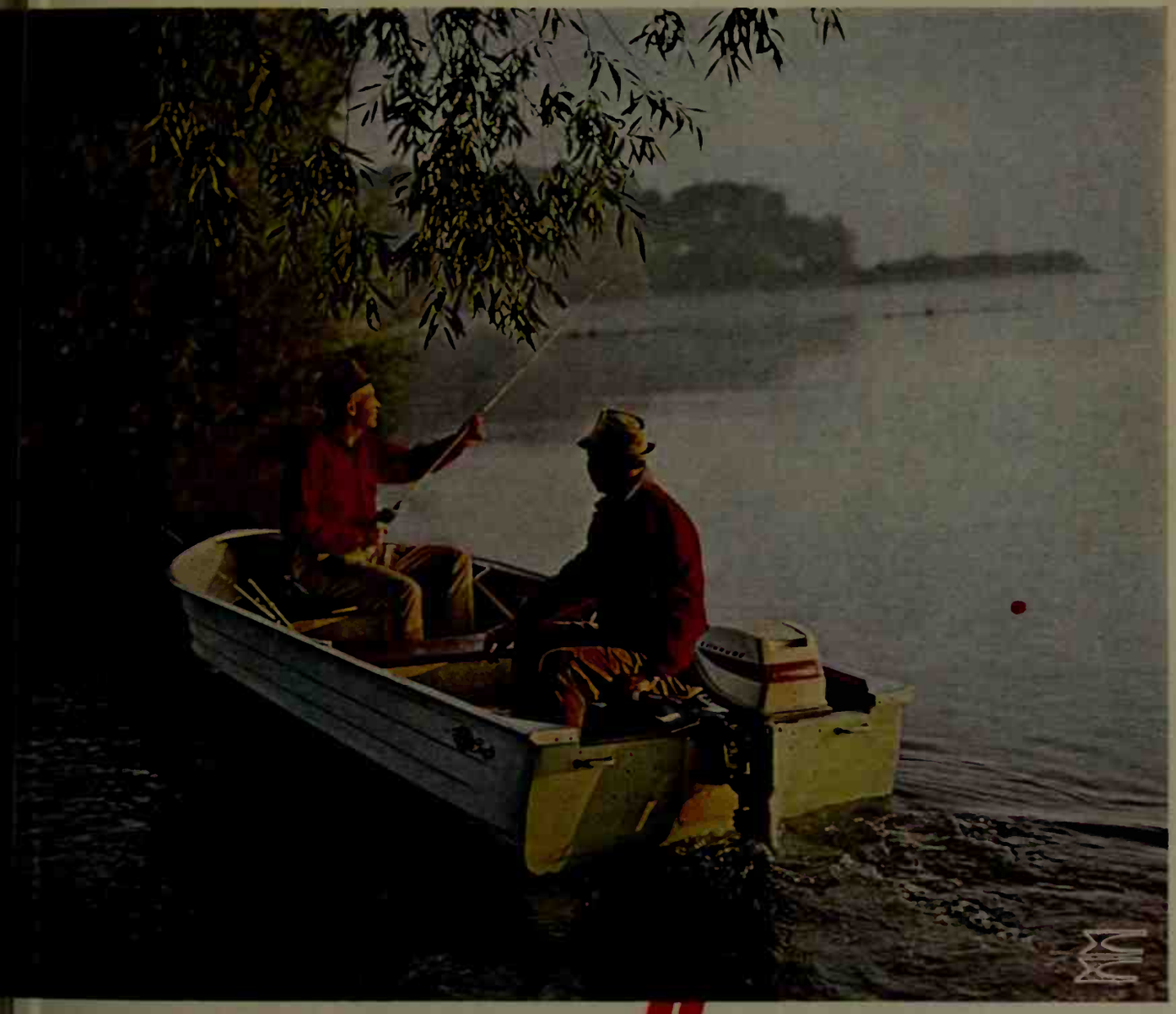
CATALOG FREE: *See your Evinrude Dealer, or send name and address to: Evinrude Motors, 4029 N. 27th St., Milwaukee, Wis. 53216. (Division of Outboard Marine Corporation.)*



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For 1968...30 into wildern

The Wilderness Society is once paring its annual program of trips, "A Way to the Wilderness modating both novice and ex hikers and horsemen, the nonp are part of the society's contin to introduce individuals and f the nation's wilderness areas.

This year the society's program greatly expanded to include 30 h backpack, and hiking trips into ent wilderness areas. Each back hiking trip costs $160 to $185, e back trip $250 to $325.

HORSEBACK TRIPS

Superstition Mountains Wilde zona: April 1 to 7, from Mesa.

Pecos Wilderness, New Mexico: Ju September 19 to 28, from Santa F

Selway-Bitterroot Wilderness, July 17 to 27, from Missoula.

Bob Marshall Wilderness, Montan to 31, August 3 to 14, from Misso

Eagle Cap Wilderness, Oregon: J August 5, from LaGrande.

North Cascades Wilderness, Wa July 31 to August 10, from Wena

San Juan-Rio Grande Wilderness. August 1 to 14, 17 to 30, from Du

Yellowstone Park Wilderness, V August 6 to 17, 20 to 31, from Jac

BACKPACKING TRIPS

Flat Tops Wilderness, Colorado: J 20, from Glenwood Springs.

Eagles Nest Wilderness, Colorado: August 3, August 11 to 17, from Vai

Canyonlands Park Wilderness, Uta 25 to 31, September 22 to 28, from

High Uintas Wilderness, Utah: Sep to 7, from Salt Lake City.

HIKING TRIPS WITH PACK STO

Escalante Canyon Wilderness, U 13 to 21, from Escalante.

Gates of the Mountains Wilderne tana: June 15 to 22, from Helena.

Salmon River Breaks Wilderness July 8 to 16, from Grangeville.

Jewel Basin Wilderness, Montana: to 27, August 2 to 10, from Kalispel

Idaho Wilderness, Idaho: July 20 to Idaho Falls.

Mission Mountains Wilderness. July 23 to 31, August 4 to 12, from

Cloud Peak Wilderness, Wyomin to August 5, from Sheridan.

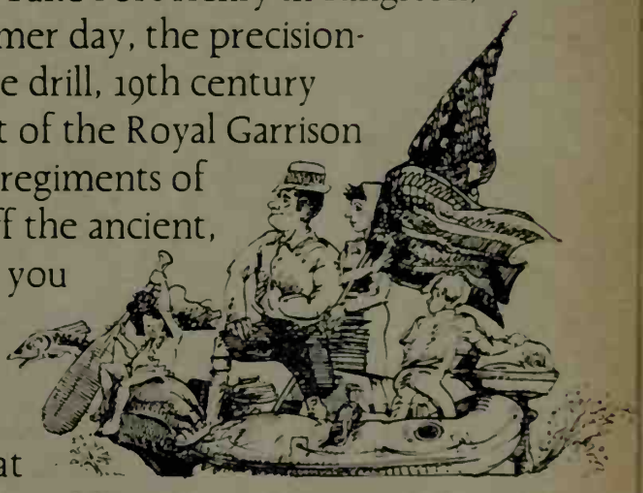
Selway-Bitterroot Wilderness. August 15 to 23, August 26 to Sept from Missoula.

Washakie Wilderness, Wyoming: to 30, from Cody.

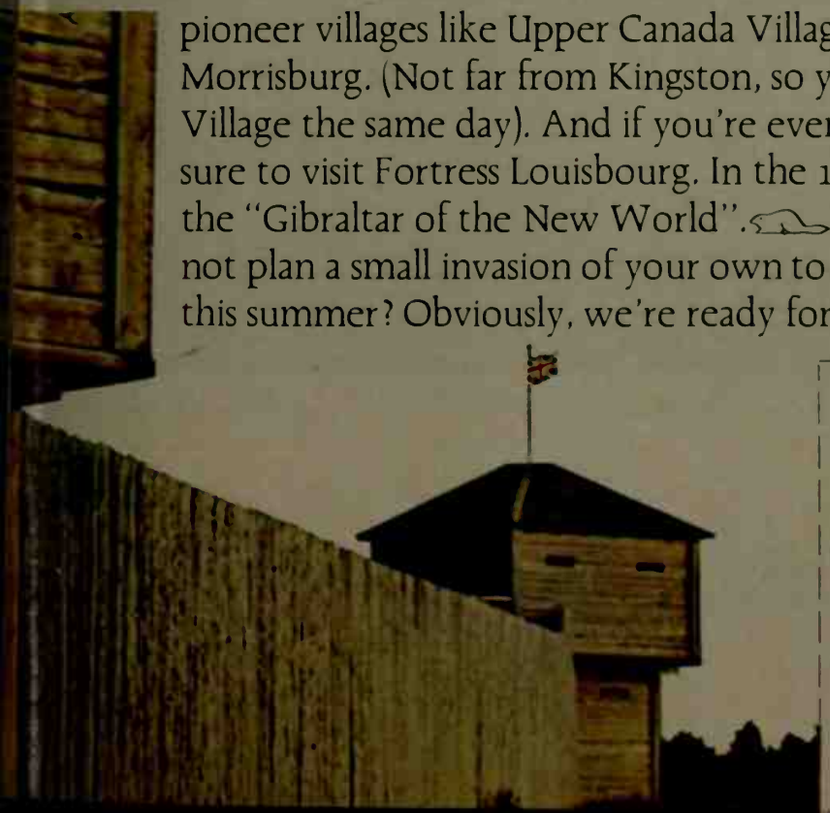
For additional details, write to derness Society, 2422 S. Dow Denver 80210.

Here's where your guys beat our guys. Come back, all is forgiven.

This is Old Fort York. Just about all there was to the city of Toronto way back in 1813. After your guys got through with it, there wasn't even *this* much! Friendship has been restored for over 150 years, but Canada's many fortresses just keep right on surrendering. To tourists from both sides of the border. Take Fort Henry in Kingston, Ontario. Every summer day, the precision-trained guard displays the drill, 19th century uniforms and equipment of the Royal Garrison Artillery and British line regiments of 1867. They even shoot off the ancient, zle-loading cannon, weather permitting. Everywhere you n Canada, there are reminders of our early history... ort MacLeod, Alberta, in restored Gold Rush towns British Columbia's Barkerville, and in recreated pioneer villages like Upper Canada Village at Morrisburg. (Not far from Kingston, so you could see Fort Henry and the Village the same day). And if you're ever down Cape Breton way, be sure to visit Fortress Louisbourg. In the 18th century, it was known as the "Gibraltar of the New World". Why not plan a small invasion of your own to Canada this summer? Obviously, we're ready for you.



Canada



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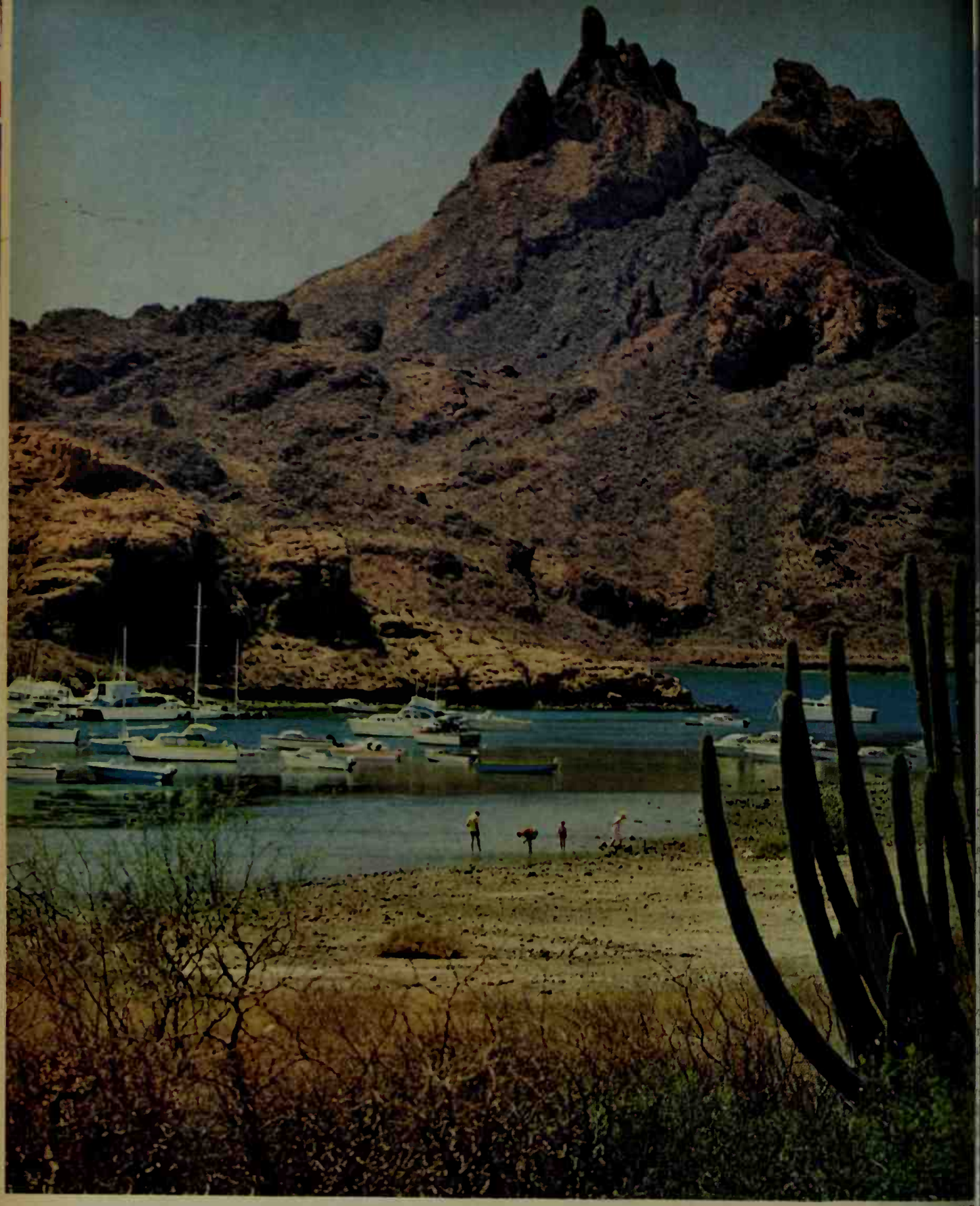
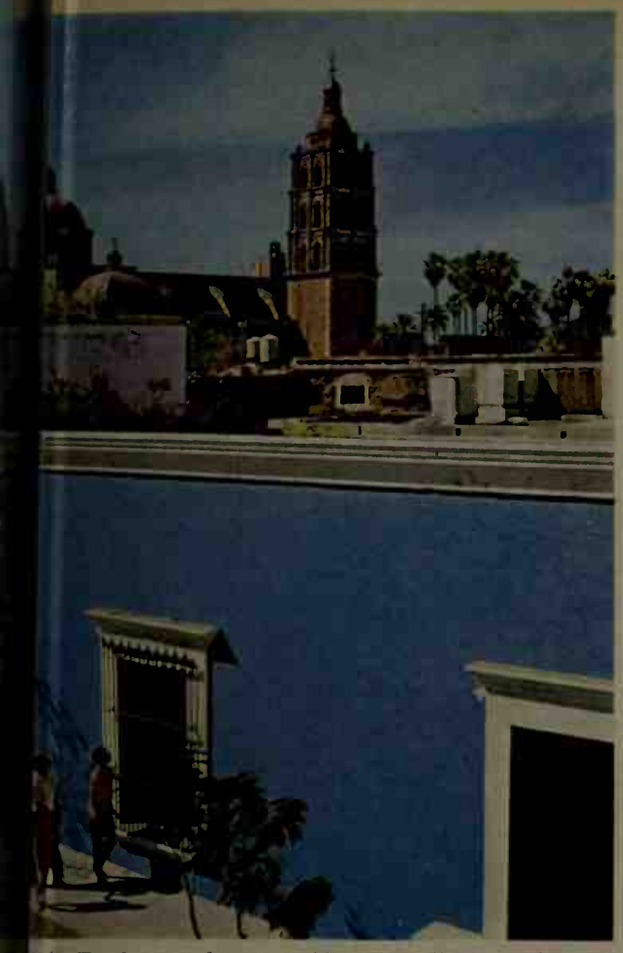


GLENN C

Gulf Sonora. *Dramatic meeting of land and sea, sheltered Bahía de San Carlos is at one end of Guaymas city-port-resort*

By car into next-door Mexico

Sunset
THE MAGAZINE OF WESTERN LIVING
MARCH 1968



ora. *Exuberant hues on Alamos walls are colors of limates, as brilliant as flowers in patio gardens*

zona's friendly neighbor, Sonora

y, history, and temperament, Arizona's neighbor- Sonora gives you the gentlest of introductions to a ıtry. And the easiest introduction to Sonora is the hway 15, main western gateway to Old Mexico, r which you reach its most important towns.

astal slope extends the familiar southern Arizona through wide open spaces still free of billboards, aks of the Sierra Madre on the east to the warm, illed Gulf of California. The benign winter and ıte of Arizona also extends into Sonora, warming it stretches 400 miles south.

ighway, abrupt transitions from dark desert cover t green of irrigated fields are reminiscent of desert . But the gardens and parks of Hermosillo first hint s to come south of Sonora.

abrupt cultural change you encounter across the ogales, you are still in Padre Kino mission country. n edge is at Mission San Xavier del Bac at Tucson nora); it only gradually gives way south of Magda- ns that look like deeper Mexico, culminating in the n of Alamos.

might be a port anywhere on the Mexican coast. Ciudad Obregón suggests a booming agricultural town north of the border. Navojoa, again, might be anywhere in Mexico.

The physical similarities to north-of-the-border country make other differences seem less strange—all except for the language. You *are* in a foreign country. People understand your money but often must substitute a smile for an understanding of your words. But you do get the friendly smile, and in Sonora's pleasantly country atmosphere, you can be at ease on a visit.

Colonial Sonora. *Under arcades, sheltered from sun, glare, and summer rain, Alamos life is more public, more relaxed than ours*

As you drive south, Hermosillo is the first oasis town, 175 miles below the border. A picnic is a good way to break the journey

GLENN CHRISTIANSEN

Roadside shade *trees are rare, but they do exist, and a picnic is a good way to break the 175-mile Nogales-to-Hermosillo drive*

Students *walk away from the University of Sonora campus toward the state library-museum opposite, just across highway*

You need a Mexican tourist card to go south of N can get one at Mexican consular or tourist offices in States or at the border. Get your Mexican car in Nogales, Arizona. (To return to the United Stat longer need a vaccination certificate after a Mexica Then under the soaring concrete shells of the Mex pavilion, stop to check in at Immigration and to e money into pesos ($1 buys 12.50 pesos; a peso is wor

Our advice is to head on south, saving Nogales for You do not go down into Sonora just for the shoppin you can buy good Mexican things at the Casa Bona sillo, at the gift shops at the two big hotels in Guayr two shops in Alamos, and—chiefly Mayo rugs—at t Mayo in the market at Navojoa. Coming back, you gales has as rich a selection as many a place deeper

You make customs entry at a highway station near end of town. Here you get your car permit and have gage inspected—a sometimes thorough examination.

From there on, it's open highway, ticked off by markers that decrease as you go south. (Kilometer 0 ico City.) The road is generally good, but if you lear Spanish, *Puente angosto* (narrow bridge) will becor your vocabulary. It's wise to allow oncoming trucks their headlamps lit, right-of-way across these road co

Magdalena, pastel-hued and weatherbeaten, is the fi town. The great excitement here last year was the di the long-sought burial place of Padre Kino, the gre builder, right at city hall; it's worth a short stop shrine.

If you enter Sonora via long, lonely Highway 2 whic from Mexicali, San Luis (south of Yuma), and Sono join the main road at the little junction town of Sant

Then it's desert, brightened this month by wildflower there and the occasional yellow explosion of palo ver som. You pass small roadside shrines, isolated fa a tower in the chain of new microwave relays that wi west coast telephone service later this year. Traffic sparse, so you can make good time on the road. But blind curves and hills; Mexican vehicles sometimes c and an occasional burro or cow or road crew can b pected obstacle. Be sure, too, to use Pemex 100, the line grade. Cheaper grades will produce knocking.

Hermosillo is the first of the oasis towns, its flowers a sudden, refreshing change. You'll find motels northern highway entrance to town, hotels are fart toward downtown. This, the state capital, is a goo stay overnight or to spend a few hours exploring.

Right on the highway, stop by for a look at the unive pus and at the state museum (open 9 A.M. to 1 P.M. da holidays). The museum displays the mummified r Yécora Man—at 10,000 years of age, Sonora's oldest and a collection of pre-Columbian artifacts and pictu

Downtown, park near where the highway (here ca Rosales) crosses Calle Obregón. This places you near dral, its plaza, and the state and city government all worth seeing along with nearby residential stree oldest part of town. You are also near the folk art a wares store, Casa Bona, the elegant new Focolare r and the start of the main shopping street, Calle S make a loop through town, go east and then north Matamoros—past the municipal market, a park, and agonal cross street—the Merendero Colores barbecue r

From Hermosillo it is about 85 miles south on the hi the Gulf at Guaymas, or nearly 65 miles west to th Bahía Kino. The westerly drive goes through some agricultural land, then through a remarkable stand of to end at a ramshackle fishing village known as "Old the left, or a residential development called "New Kin beach to the right. New Kino has limited motel acc

parks, a grocery, and a restaurant. Halfway back
lo, a paved road cuts southeast to Highway 15
es north of Guaymas.

on the highway out of Hermosillo, you pass an-
of desert and finally reach the Gulf at Guaymas
n detail next page). The highway continues on
on east of Guaymas, past the close-packed shanties
ccumulated around the rail junction of Empalme,
ough fields and back into desert.

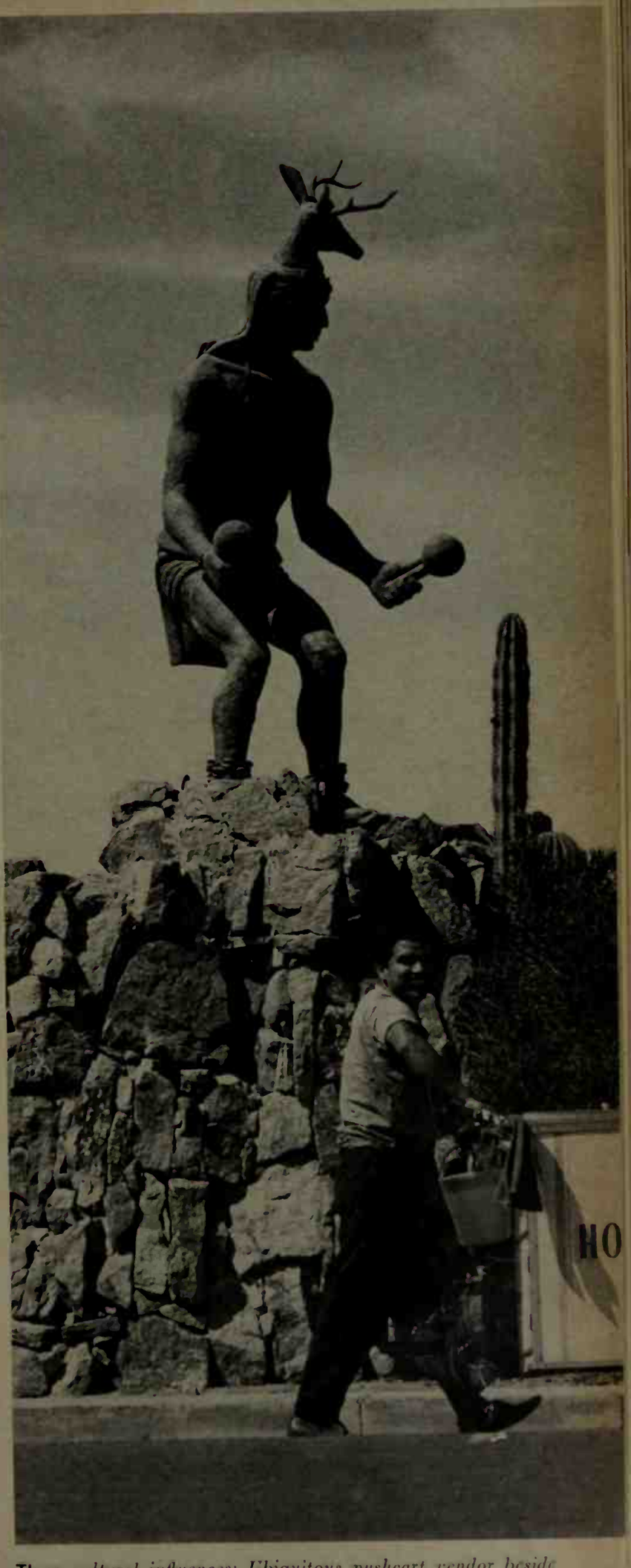
egón occupies the middle of the most impressive
long the road, the vast area irrigated by the Río
ke most other Sonoran towns, Obregón was planned
of its boom, and still shows it somewhat amid all
of rapid growth. Its streets are well lit and some
ed, its power lines are underground, and its resi-
ions are gleaming. Its new church is taking shape
he most striking skyline monuments on the route,
wery is the town's pride, its airport looks efficient,
way motels are big and new-looking.

ls once more, desert once more, and then you come to
in the drainage of the Río Mayo. Its bridge crosses
ver bed, green with tall cottonwoods and often active
le: picnicking, wading, even washing a car.

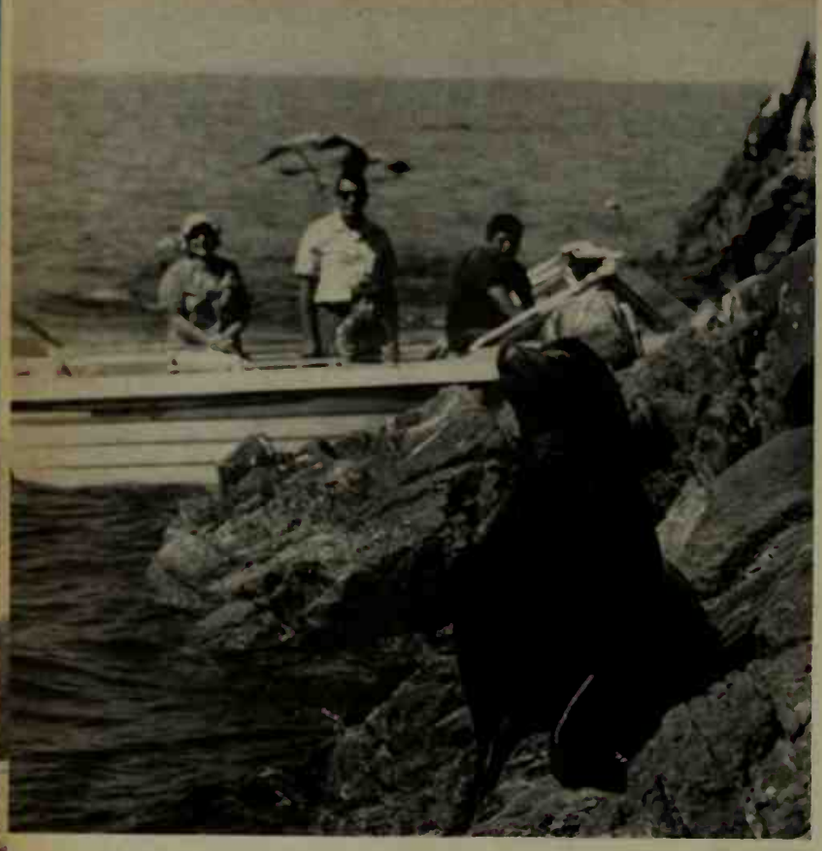
less bustling than Obregón, is interesting chiefly for
wn: adobe ruins and part-ruins in a verdant setting
from the highway bridge. It was devasted by flood
fter which the town relocated on higher ground.

in front of the church in the old town is the scene
Mayo Indian celebration from about noon until well
vening the day before Easter. Its chief feature is the
al burning of the masks that many have worn through-
, accompanied by the dancing and singing for which
os are famous. Visitors are permitted, if they remain
t observers; photography is not advised.

avojoa's motels is north of the bridge, two are in town.
nos road (page 67) starts near the center of town.



Three *cultural influences: Ubiquitous pushcart vendor beside Yaqui deer dance statue in Obregón sells* "Hot dogs calientes"



San Pedro Island *sea lion contemplates visitors with equanimity*

SUNNY GUAYMAS

Offshore in the morning for the sea lions and the fishing . . . then back to shore in the afternoon for *siesta*

About 75 miles south of Hermosillo, the desert changes subtly. Perhaps it's the landscape looking more violent, like the surface of the moon; perhaps it's the faint tang of sea air. You are nearing the area people call Guaymas, actually three places.

The first is announced by a paved side road and the Guaymas equivalent of the billboard: white rocks on a mountain spelling "San Carlos," and an arrow to the right. This road passes salt flats, laced with the informal road tracks of shellfish seekers, beside the sprawling lagoon called Estero Soldado—your first view of water. Early in the morning you may see a cluster of fishermen handling a net, or perhaps oyster diggers, or probers of the estero's clam beds.

Farther along, a sand spit separates the lagoon from a long crescent beach on the Gulf. The road will be thronged on a Sunday afternoon with Mexicans, a watermelon vendor, a free-lance renter of horses, a crowd at the beer-garden Balneario San Carlos. During Easter week, small trees shelter campers, tents, or groups of sleeping bags of outdoorsy Ameri

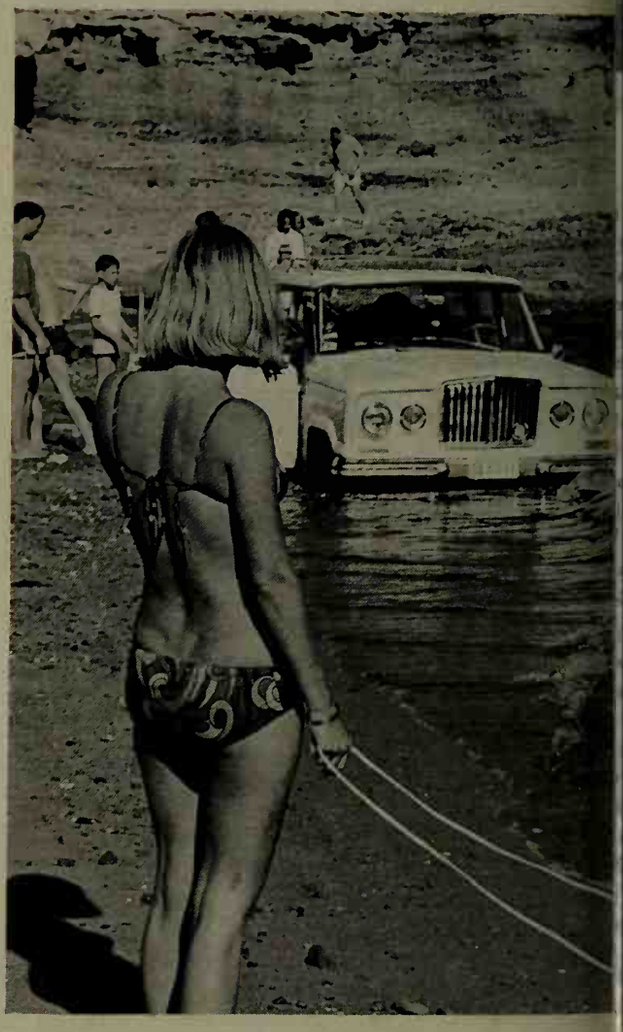
The road delivers you to the bustling complex offici Nuevo Guaymas but commonly known as San Carl tains one of the region's showplace beach hotels, La San Carlos; a trailer park; new houses; an airstrip; rina. All are still new and—all but the hotel—still ra

Landlocked San Carlos Bay is worth exploring just is picturesque. You can drive part way around on passable road, past a shantytown shrimp fisherme and past a mangrove swamp to shellfishing shallow haunt of the white egret.

Or explore its clear waters in a boat, which you can l marina. The marina offers nearly everything for w recreation, including air for scuba divers, ice, and a a weekend you need to reserve a boat the day before

This is also the marina closest to Isla San Pedro Nol fishing out by this island is said to be best in the wh but the close-in views of sea lion and cormorant a colonies of this wildlife sanctuary alone make the tr light of the Guaymas experience—as does the fascinat close along shore. A boat will cost $8 to $10 an hour, pilot and tackle.

Back on the highway, and a few miles south, you pa port and the outskirts of the city of Guaymas, inclu way motels. Then you come to the short side road to t of the three Guaymases: Bacochibampo Bay. Here ar smaller lagoon, another sandspit beach, a more estab greener beach house colony, two more marinas, two m parks, a motel, and the celebrated grand old Hotel Cortés, center for Guaymas social life as well as a res



Beach *too accessible from road may present hazard week crowd was big enough to rescue this San Carlos ad*

need not be all activity. Row of hammocks under the trees at Playa de Cortés is hard to resist in land of the siesta

GLENN CHRISTIANSEN

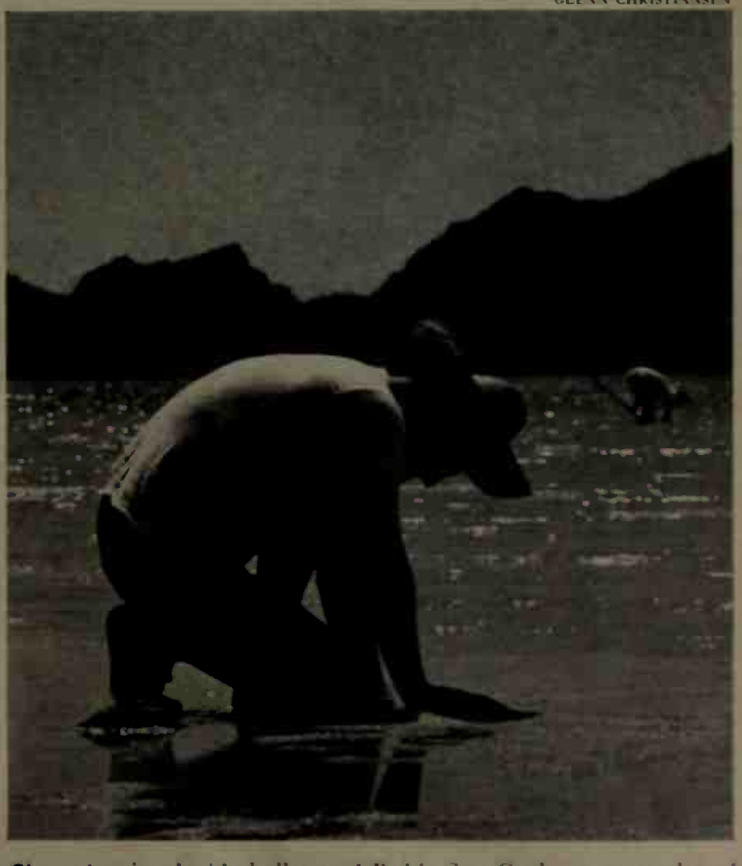
ot overly dressy) tradition.

ort distance south on the highway, you are in the uaymas. Though it shows some of the untidiness that go with any working port, it nonetheless has interest plorer. As you near the center, look for the city jail street to the right: a tall gray and white fantasy like a musical comedy stage set. Stop and explore down- h its public market, parks, and newly refurbished ercado Zaragoza is an excellent supermarket.

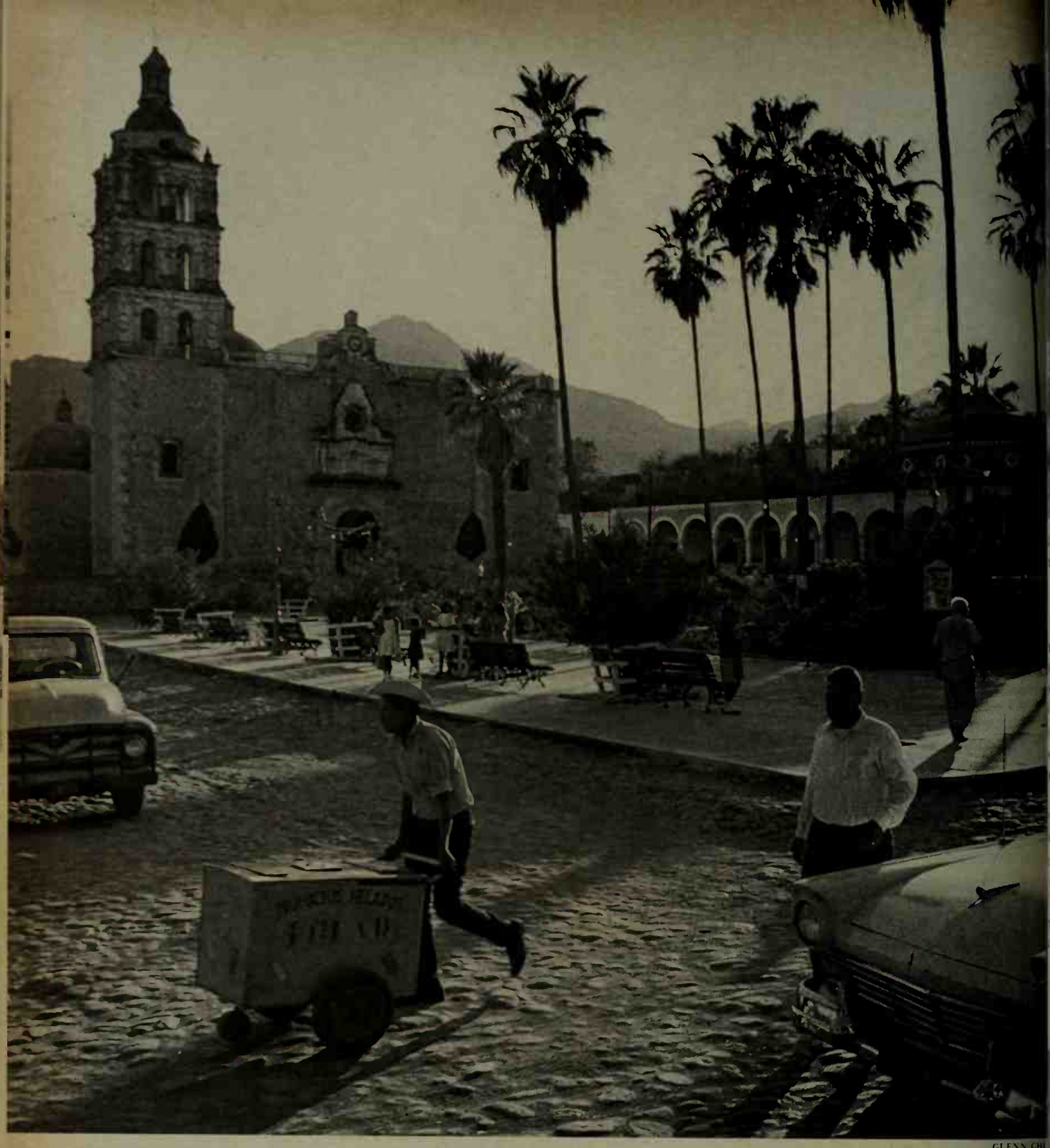
rfront is most fun with park, playground, and sport- ck (where you can engage a boat). Then drive on out e bay, all the way—past two trailer park-boat places—to where road ends at the naval base. Guay- s its most picturesque aspect from across the bay.

trip, drive out the airport road on a Sunday after- you will see some lively baseball in progress (cool baseball season here). Off the road beyond the airport, ow drive 5 miles up to the microwave relay tower on you see from here; from this height you get an aston- l memorable view of the lunar setting of Guaymas chibampo bays.

ide trip off the highway, 11 miles south of town, takes e U.S. satellite tracking station (usually open from M. on weekdays.) Beyond, you can follow the road 25 miles of agricultural Mexico to the hamlet of Ortiz nd near a massive fort. When this ponderous brick as built in the mid-1920's this was still frontier and a dian uprising was still possible. Many of the fort's spaces have become living quarters, but courteous re not discouraged.



Clamming *in placid shallows of Bahia San Carlos, source also of scallops, spiny lobsters. This month has daytime minus tides*



GLENN CH

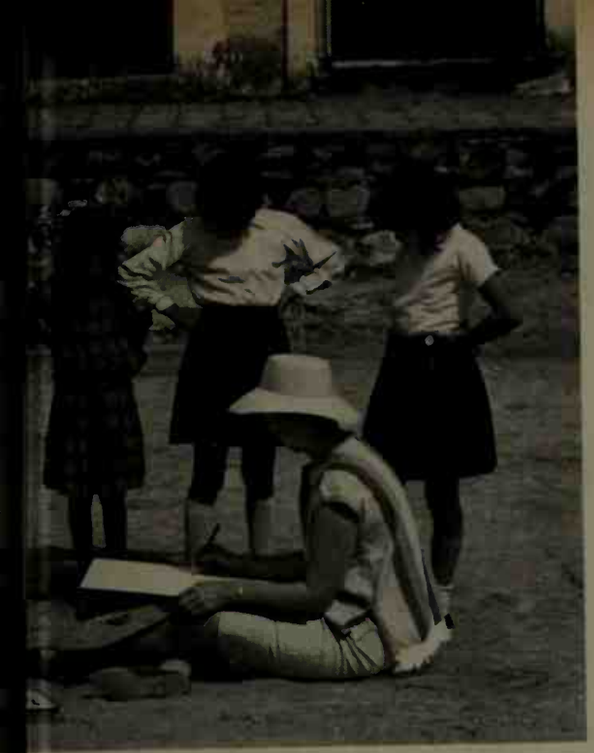
Afternoon *shadows lengthen over Plaza de Armas, center of Alamos, disturbed by few cars. Single-towered church is 164 y*

SLEEPY ALAMOS

This old colonial town is part ruin, part restoration. The time to see it is now... before too much of the past disappears

The discovery of silver in 1683 started the mining boo made Alamos a city. A century later the town had 10 t many people as it has today, and here (in 1781) the S destined to found the pueblo of Los Angeles began the ney to the far land that was to become Southern Cali

When mining finally failed early in the 1900's, Alamos dr into obscurity until in recent years Americans began di ing the pleasures of its setting and the fascination of r its ruins. Today the town has become one of the chief ments of Sonora. But in its new prime it faces a new The architectural unity it acquired in two centuries ca be diluted; already, new houses springing up in the near



es observe work of American painting ruins; she's ugh seated in the middle of cobbled Calle Comercio

ing. Eroding adobes on its brief outskirts hem in the entrance road to a narrow cobbled street. The street soon forks: left to the commercial center of the Alameda plaza, shaded by *alamos* (cottonwoods); right to the main plaza and the church.

Not laid out for and still unclogged by cars, Alamos is best for walking. Street arrangement is whimsical, but you can't really get lost. On foot, you see a rich sequence of architectural detail, but the sensual impressions are bound to be stronger: a wall the color of boysenberry sherbet, a grandmother's face in the dimness behind a jalousied street window, voices of a class reciting in unison in an open-windowed school, a flaming bougainvillea in a sunny interior patio, the clip-clop of horses' hooves on cobbles, silence inside the church—its bells still this month, during Lent.

An excellent illustrated walking or driving guide to the town, called just *Alamos*, sells for 20 pesos at the shop of the Casa de los Tesoros (this and the Galería Alamos shop on the plaza are the two best shopping places in town). You can hire a taxi driver for 30 pesos an hour, or an English-speaking driver (at the Casa de los Tesoros) for $5 a half day to take you around town and into one or two restored houses and gardens. If you would like to tour the town and countryside on horseback, go out past the cemetery to Polo Acosta's trailer park, where a horse rents for $2 a half day or $4 all day.

s identity. It is designated a state monument, but nforcement provisions; thoughtful residents hope cted by the strict controls of a national colonial o far without success.

future, at this moment Alamos is charming. You just have lunch—at the superlative Casa de los the more modest Hotel los Portales, but both are en full (and the former is closed from May 1 to Navojoa and Obregón, with more abundant motel d alternate bases.

tank before leaving the highway at Navojoa on rip to Alamos. Look for the sign just past the n. Your route leads into foothills; you soon pass f settlement and enter a somber countryside where ert and deciduous tropical thorn forest meet.

on Alamos, in its shallow valley, with little warn-

One *of Mexico's charms is its children. These bakery vendors set up their trays on Alameda, popular two-century-old park*

A road of sorts leads over 7 miles up the Cuchujaqui River, past inviting bedrock pools. Horseback riders go farther up into pine country where orchids grow, on a day-long expedition. Anglers who have their own boats go to Mocuzari Reservoir, off the Navojoa road, for the bass. Some visitors take the daily mail bus to backwoods San Bernardo; the ride is a country social affair with spontaneous singing. Some go to nearby Uvulama to see the women make pottery. And some go to Aduana to see the mines, the somnolent village, the little church and its miraculous cactus—where the wealth of Alamos began.

Legend *of Aduana: Cactus in church wall marks where Virgin revealed presence of silver; resultant boom made Alamos a city*

Statue *of General (and President) Obregón is one of monuments along boulevard entrance to Hermosillo. He lost arm in battle*

MODERN SONORA

Landscaped boulevards in the towns . . . trailers and campers on the beaches . . . fighting fish in the Gulf, if you are lucky

Travelers who return to Sonora after some years' a notice some changes. One of the most noticeable architecture—often very good, frequently surprisi examples are the border crossing station in Nogal railroad stations at Nogales and Hermosillo, the in Obregón.

This makes a fascinating contrast to existing adol and nineteenth century colonial styles, and to the castle style of public building that echoes the state' military history—notably in the splendid city jail in the fortress at Ortiz, the city hall in Alamos.

A new look is also coming to the highway entra Sonoran towns. Conscious of the important first gained by passing motorists on their way to Octol pics, the towns have been hard at work embelli entrances with planted median strips, new street li paving—and always a statue or monument.

The new environment shows in a different way in residential areas, especially in Hermosillo and Obre areas are worth a drive off the main streets to see landscaped avenues, the inventive designs of thei new houses, and the luxuriant new gardens.

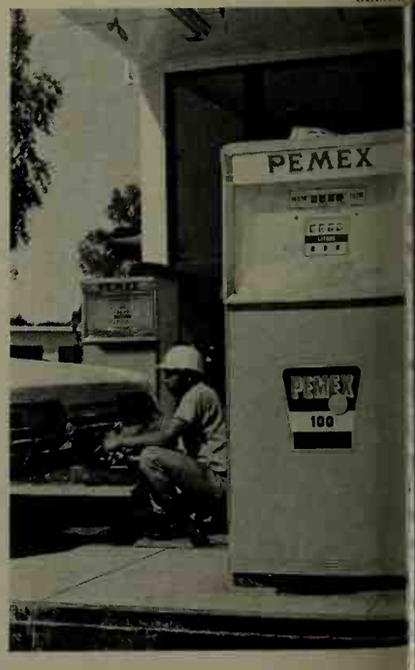
Large old trees give the towns a sense of oasis in The trademark tree of Sonoran towns is probably the Indian laurel, but no city plaza is without its curi trunked kapok trees.

And the cityscape is colorful. One surprise of Sonora —tapering off now after peak bloom in January. O are fragrant now and bright with fruit, orchid t flower, bougainvilleas are riots of vermilion and purp gold vines are splashy with yellow.

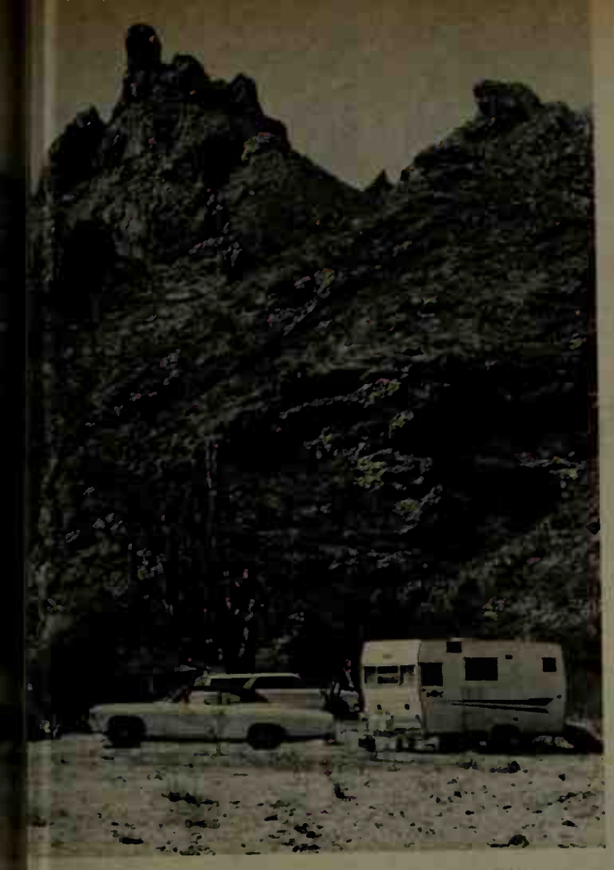
Traffic is changing. There's more of it, but except not what a West Coast resident would describe as

In the towns you notice a greater proportion of mostly compacts, along with more battered specime trucks that almost outnumber cars. Highway traffic Great truck rigs and fleet overland buses are especia able, as well as the cars, campers, and trailers of vi

GLENN



High-octane *Pemex-100 now accor American cars. Look for the yell*



l seashore always has a desert setting: This is ou
ia San Carlos, at foot of pinnacled Tetas de Cabra

it a transplant. On second look you know it's not: Shelves do hold familiar brands, but even more that are unfamiliar. And cans and jars may contain guava, mango, sea turtle, abalone, paella—or aromatic Mexican instant coffee.

The marvelous fishing that has brought world fame to Guaymas bears an inverse relation to the marvels of the climate. When the late winter-early spring climate is at its most appealing, there are days when the chief pleasure of a fishing expedition is the weather—and you need a really knowing guide to find and catch yellowtail, red snapper, or whitefish.

But soon, along with the weather's warming in spring, comes the bigger game: first striped marlin, then sailfish and black marlin, for a May-through-September season. Guaymas holds its game fishing tournament in July each year.

Summer in Sonora is just downright hot, but that does not deter such visitors as confirmed anglers, families whose vacations are tied to school schedules, or desert dwellers for whom it's not a radical change.

At the coast at Guaymas a sea breeze, daily until about mid-August, has some cooling effect. The summer heat is humid and comes from the same air masses that move up from the tropics to bring thunderstorms to our southwest deserts and even as far north and west as Los Angeles. And the littoral of Sonora shares, with the Gulf and Baja California, the turbulent, near-hurricane storms called *chubascos* that sometimes occur during the July-to-October rainy season.

ro may be driving a pickup truck or flying his own
days, but the *vaquero* is still there and still on
Nor is the horse gone from the army, as you will
cavalry practice field at Esperanza, just north of

vn and country the picturesque little burro is still
on, the horse-drawn wagon is still in evidence, and
rural bus has not yet gone sleek and modern.

itions are improving. Where once you expected a
ration of roadside motels to be not quite up to
orth of the border, now you will find a new gen-
ing or in place, with swimming pools, often air
g, usually a restaurant. As a consequence, rates are
he enormous bargain they once were, but they are
ite.

you can expect to find rooms available any week
servations are advisable for weekends and are prob-
o get now for spring school vacation week. Sonora is
h to Arizona to reflect its weekend travel rhythm.
ts about as much as it does in restaurants at home,
sedate Mexican pace of serving often takes con-
onger. Most Sonoran menus have parallel Spanish
h sections. It is a good idea, in the interest of an
rder, to try to pronounce it in Spanish—just in case
r's ear for English may not be finely attuned to
h. Sometimes it's easy: Nearly every breakfast menu
l Mexican item called "Hotcakes."

an attractive midday option, easy to assemble with
ection of bread, the great variety of fresh fruit, and
nt beer and omnipresent soft drinks. Best picnic
along the shore at Guaymas and San Carlos, along
wood-lined Yaqui and Mayo rivers outside Obregón
joa, and in the countryside around Alamos.

ping for a picnic at a supermarket is a revealing
on to present-day Sonora. On first look one such as
n on the highway in Hermosillo or the Mercado Zara-
naymas is so fresh and modern you might consider

Yellowtail *is the prized fighting fish of winter and early spring season. These satisfied anglers spent day near San Pedro Island*

Pink flowering plum *Prunus blireiana* was discovered April 10, 1901, near the French town of Bléré. Edouard André had planted seeds of a beautiful purple-leaf plum from the garden of the Shah of Persia, and seeds of the ancient and elegant Japanese flowering apricot. The trouble was, he couldn't remember which he planted where. When one seedling produced exquisite semidouble pink flowers instead of the single white ones of the plum, André knew that he had a good thing, but he didn't know whether it was plum or apricot. Actually it was a hybrid of the two, a new pink flowering marvel, the tree on this month's cover, photographed last March in Los Altos, California

It's not a true plum . . . but it's the most in the pink

Semidouble *pink flowers of P. are shown here life-size—an*

There's every reason why *Pr. ana* should be an outstanding p parent, the purple-leaf plum. nections with royalty. M. Pi dener to the Shah of Persia, purple-leafed branch growing erwise normally green-leafed ch tree in the Shah's garden. He ma agations from it and sent some t where, as *P. pissardii*, it quickly popular tree. As *P. cerasifera* purea' it is still popular.

The other parent, Japanese apricot *(P. mume)*, has even mo guished antecedents. Chinese p its praises 12 centuries ago. Oriental artists have devoted t to painting its blossoms. The curiously, are spoken of as Japa ering plum when employed as jects of painting and poetry. I varieties include several semido double kinds, and colors range fr through pink and rose to nea are faintly but delightfully sce

From the purple-leaf plum *P* takes its sturdy, robust, vigorou and its purple foliage. Japanese apricot contributes early bloo flower size, and rich flower colo *ana* takes something from both in size and habit. It is larger regular in outline than flowerin smaller than purple-leaf plum. soil it will reach 25 feet in heig spread of 20 feet.

Young trees require some att shaping; branches tend to grow rections, and those that grow in need removing or the tree will come an unmanageable tangle.

ows well in all climate zones
ldest mountains, the hottest
and the mildest Southern
astal districts. In the last-
s of winter chill inhibits
d insect attacks spoil sum-
they affect other purple-leaf
me way). In low-desert gar-
Atropurpurea' or one of the
-leaf plums will do better.

g trees are as useful in the
blireiana. Its rosy flower
well with the soft, clean col-
spring flowers; its purple-red
purple foliage and compact
ngly or in groups, make it a
cape feature with green or

The trees *here are in an ideal setting; dark green background enhances the pink*

WILLIAM APLIN

gray-foliaged plants. Several trees lined up along a street, driveway, path, or garden fence are stunning in bloom or leaf.

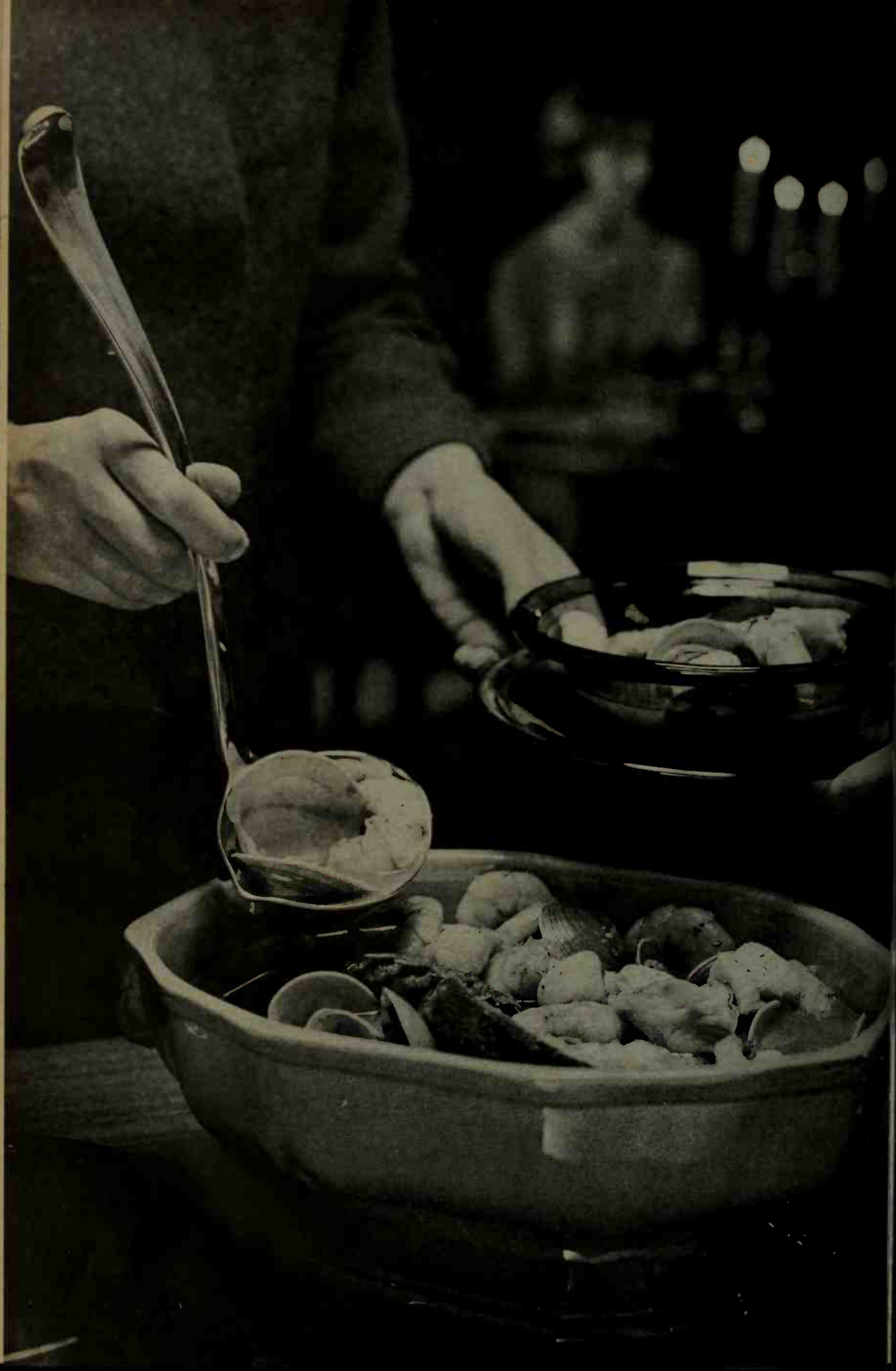
Perhaps because it is a partially sterile hybrid, perhaps because spring flowers come on too early for successful pollination, *P. blireiana* produces only a few scattered fruits or (more likely) no fruits at all—a habit that makes it highly suitable for planting near decks, paved patios, walks, and driveways. Trees planted in such situations should, of course, be trained high enough for easy traffic beneath. *P. blireiana* grows well in a container. It is possible to keep a tree in good health for several years in a 2-foot-square, 2-foot-deep box or container.

Trees tolerate most soils but need fairly good drainage; if planted in an area where soil stays wet, trees should be set in a raised bed with the soil surface at least 6 to 12 inches above surrounding grade. Stake young trees and prune carefully to control form and keep branches high enough for good traffic circulation. If you prune at flowering season you can use cut branches in arrangements.

Insect pests can be a bother. Spray to control aphids, caterpillars, and spider mites. Watch base of trunk for peach tree borers and treat with DDT or lindane in late spring if damage is evident.

There may be a few bare-root trees left in the nurseries; don't wait too long to look for them, because nurserymen will be canning them up, especially if the weather is warm. Trees are also available in 5-gallon and larger containers; these will be heavily budded or in bloom if they were canned up last spring.

Ten-year-old Prunus blireiana *grows and blooms in a 2-foot container at the Arboretum Foundation-*Sunset Magazine *Demonstration Home Gardens, Arcadia, Calif.*



BOO-YA-BESS

The great sea-soup of southern France

Bouillabaisse, the great seafood soup of southern France, has an elusive nature: It's seldom quite the same from one encounter to the next. The contents of a bouillabaisse (pronounce it boo-ya-bess) depend on the fish available in an area or season—and on the whim of the chef.

As you might expect, bouillabaisse has this same happily accidental character wherever it's prepared. The Western version that follows makes a laudable main dish for an informal dinner party.

The saffron-scented tomato broth of this bouillabaisse hints at its Provençal heritage. Widely used in Mediterranean cooking, saffron imparts a distinctive, softly bitter flavor and a brilliant golden color. It is the costliest of all spices, but in most dishes you use but a touch of it. If you wish, you can substitute turmeric in this recipe; it gives a similar color, although the flavor is milder.

To make the bouillabaisse ahead, prepare and refrigerate the tomato base up to the point of adding the saffron. Before serving, reheat it, add saffron and fish, and simmer until fish are cooked.

This version of bouillabaisse was created by the chef of a small French restaurant, La Marmite, in Carmel, California. You can find his choice of fish and shellfish in well stocked fish markets along the entire Pacific coast.

Sablefish is sometimes sold under the name of black cod or butterfish; salmon could be used in its place. Any rockfish may be used; other names for it are rock cod, red snapper, and Pacific ocean perch. If you're unable to obtain clams in shells, use canned ones, drained.

Accompany this bouillabaisse with French bread (spread with garlic butter and heated), a chilled white wine, and steamed rice. Each diner spoons some rice into his bowl as he makes room for it. Follow the main course, or precede it, with a crisp green salad bathed in an oil-and-vinegar dressing.

CARMEL BOUILLABAISSE

- 3 large cans (1 lb. 12 oz. *each*) tomatoes
- ½ cup water
- 1 teaspoon *each* salt and whole thyme
- 2 small bay leaves
- ¼ teaspoon white pepper
- 1½ pounds large shrimp or prawns
- 2 dozen small hardshell clams
- ½ pound scallops
- 4 frozen lobster tails, thawed
- 3 sablefish or salmon steaks (about 1½ lbs.), skinned and boned
- 1 pound rockfish fillets
- ⅛ teaspoon powdered saffron or ¼ teaspoon turmeric

In a large pan (about 5-quart size) combine tomatoes, water, salt, thyme, bay leaves, and pepper. Bring to a boil, reduce heat, and simmer, covered, for 20 minutes. Discard bay leaves; press tomato mixture through a fine strainer, reserving broth.

To prepare fish, shell and devein shrimp; rinse clams and scallops with cold water; cut lobster tails in half lengthwise; cut the sablefish and rockfish into about 1½-inch chunks.

Bring broth to a boil in a large deep pan (at least 6-quart size). Stir in saffron. Add shellfish and fish. Simmer, covered, for 10 to 15 minutes, or until shrimp and lobster turn pink and fish flakes easily. Remove from heat and loosen lobster meat from shells; return to fish mixture. Serve soup immediately, distributing some of all the fish into each bowl. Makes 8 servings.—*C. H., Carmel, Calif.*

GLENN CHRISTIANSEN

Lobster, shrimp, clams *dominate Western bouillabaisse; other fish and shellfish also enrich saffron-seasoned sea stew. At the table each diner adds his own steamed rice*

They frame the entry

Sasanqua camellias 'White Doves' planted on either side of entry climb to the se on the east side of the house facing a protected court. Design: Lockwood

WILLIAM APLIN

'Fielders White' azaleas *in Pasadena patio of Mr. and Mrs. Philip Brown. Lois Brown design*

CAMELLIAS AND AZALEAS,
THE GAY PERFORMERS

They'll do just what you tell them

nd patience to produce a pillar of camellias or an covered with bloom, but to be an expert to achieve wn here. The plants lend haping and training.

an buy azaleas and camel- ained in these and other ou enjoy watching things leasure from guiding them successive stages of devel- night start with untrained plants, as did several of the gardeners whose plants appear here and on the following two pages.

The two 'White Doves' Sasanquas (also called 'Mine-No-Yuki' or 'Snow') seen on the left were planted as balled-and-burlapped plants a little over 30 years ago. Toichi Domoto (of Domoto's Nursery in Hayward, California), whose father supplied these particular plants, points out that if Sasanqua camellias get going in the right exposure and under proper growing

Five-year-old *'Fielders White' azalea had a 2-year start in ground before potting*

'Hana-Jiman' Sasanqua, *white edged pink, on 7-foot wall in Wilson Bradley garden, Pasadena. Design: Hahn, Hoff*

One great way to grow camellias is informally against a wall

conditions, they can hardly be stopped. They can be pampered or allowed to grow at will. They can climb, as seen on page 74, cascade down, sprawl to form a deep ground cover, or be espaliered, as seen above, in graceful tracery against a wall.

You can also train Sasanquas in standard or tree form: outstanding examples grow in the Descanso Gardens in La Canada, California. These tree Sasanquas were grafted onto Japonica understock at ground level; a single stem was allowed to grow to a 4-foot height, then nipped to force side branching. After growing in containers for 10 years, the plants were set out 2 years ago in an open position adjacent to (but not under) high branching trees that cast filtered shade in the late afternoon.

The two magnificent Southern Indica azaleas on top of page 75 are now about 15 years old and have been in these same containers for 7 or 8 years. They are fertilized with cottonsee spring after the flowering summer, and in early fa In addition to regular w the growing medium co (not soggy), the contain copiously several times a y harmful salts. Last year, a old peat moss was remov the roots, plants were re peat moss. (Some gardene year.) The plants are pru

The small 'Fielders Whit bottom of page 75 was the ground from a 4-inch pruned and staked to a sin the stem reached a height pinched to encourage side

Two years later, after it head of foliage, it was lifte a permanent container. T seen on the upper left of t moved after new growth

loom period.

Sasanqua camellia, left, is
lants set out from 5-gallon
rick wall about 8 years ago.
pproximately 8 feet across.
nches are fastened to the
twine attached to cement
nts are pruned once a year
y branches extending out-
he path and the top growth
r the top of the wall.

below, Japonica camellias
gant espaliers. They can be
w flat, as here, or allowed to
or less naturally, forming a
from which only the longer
wing stems are removed.
g Japonica camellias for es-
se those that show a natural
ranch horizontally, such as
ra Rosea' in the photograph.

'Sweetheart,' *pink Japonica camellia, shifted from ground into pot 4 years ago*

Among other varieties that make excellent espaliers are 'Coronation,' 'Elegans (Chandler),' 'Guilio Nuccio,' and 'Kramer's Supreme.' The plant in the photograph is fastened to the masonry wall with plastic-coated wire ties twisted onto cement nails pounded into the mortar above the stem.

The Japonica standard on the left was planted in the ground as a fully branched shrub in 1961, and transplanted into its present container in 1963. Before potting, lateral growth was removed from the main stem up to 4 feet, and remaining branches were shortened to about 8 inches from the supporting stem. For support, and to keep it straight, the trunk was tied at frequent intervals to a strong stake. Four years later, in early spring, the plant looked as you see it here. It no longer needs a stake, and the head requires very little pruning.

DON NORMARK

a Rosea' Japonica *camellia in February bloom under a protecting eave in the garden of Mr. and Mrs. Bruce Robb, Seattle*

DARROW M. WATT

In poolside pavilion *at Dr. I. A. Marder home, Redwood City, Calif., circular Firemite. Architects: Wertheim & Van der Ploeg*

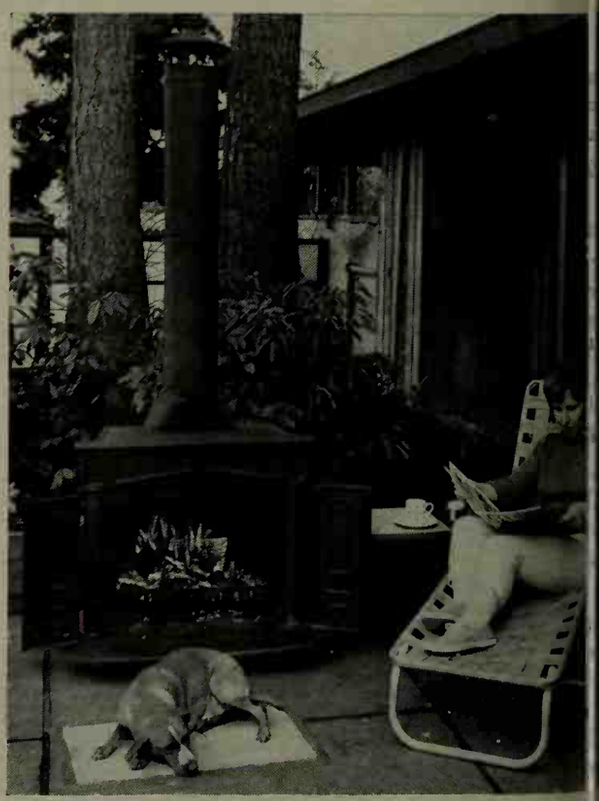
Hearth of lava rock *and coral chips with teak facin Firehood fireplace in Rodney L. Fitkin home, Kamu*

The easy way to add an extra fireplace

"Official approval" is the key phrase to remember when you're choosing a prefabricated metal fireplace.

Such fireplaces are usually about as easy to install as a kitchen stove, but they must be installed under a building permit. And here's where "official approval" comes in: In most cities and towns in the West, building inspection departments now routinely approve installation of any fireplace unit that has passed the rigorous tests set by the International Conference of Building Officials (ICBO). The building department in your area probably has a rather impressive file on such units—there are some 20 different types, most with several models.

Units without ICBO approval, and custom units, usually must meet the complex requirements of the Uniform Building Code, which is interpreted differently in different jurisdictions.



Ben Franklin's *invention of 1742, still a strong sell chilly outdoors air at the R. E. Mackey home, Eve*

GLENN CHRISTIANSEN

ed Aztec fireplace on foot-square ceramic tiles
n, Robert E. Lincoln home, Los Altos Hills, Calif.

you buy a standard unit it's wise to get assurance
roval. All the units pictured or sketched in this
nch approval.

nufactured in the West and are sold by fireplace
ps, furnace dealers, and department stores. You
inquire around to find a specific model.

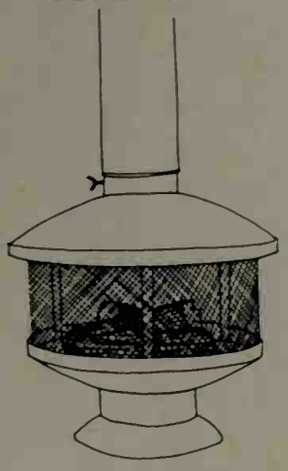
tely installed, ranges from $200 to well over $500.
provide a package that includes enough flue to
g of normal height, and can arrange installation
additional insulated chimney parts needed usually
$90, more if installation is awkward or complex.
s about $50 for a simple installation through a
ceiling and roof deck; more if there's an attic.

rson can usually install a prefabricated, freestand-
in less than a day. For step-by-step pictures, see
the May 1964 *Sunset*. If you plan to do the in-
's wise to buy all necessary parts from the fire-
er.

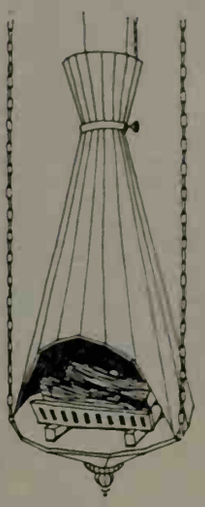
(floor covering) is not part of the typical package.
d or charcoal-burning units, even the suspended
e a hearth at least ⅜ inch thick, of non-combus-
ial: asbestos-cement, brick, marble, metal, rock,
e. The unit's installation sheet and your building
department will specify the dimensions required;
e hearth must extend 20 inches in front of the fire-
12 inches on the sides.

Here are some other choices

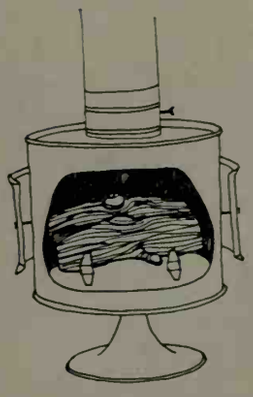
Prices given include enough flue to reach normal ceiling



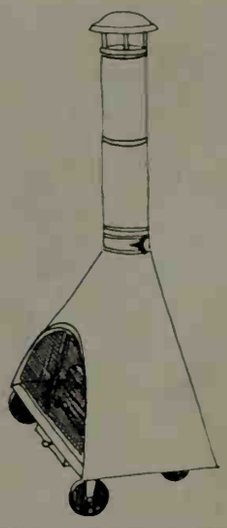
Malm "Fire Prince" (about $300 and up) spreads its heat in big cheery circle



Scandinavian Art Metal "Encora" (about $300) hangs from the ceiling



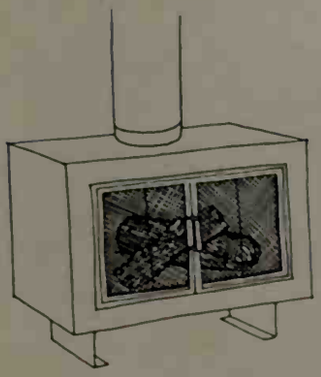
Fire Drum I (less than $200) is basically a steel drum with opening, shield



Majestic "Contemporary" (about $250); one of several patio units available

Strawberry Bank "Igloo" (more than $400): thick ceramic walls, unique shape

Tall conical units like this ($110 to $300) are made by Malm, Hearth Craft, and other firms

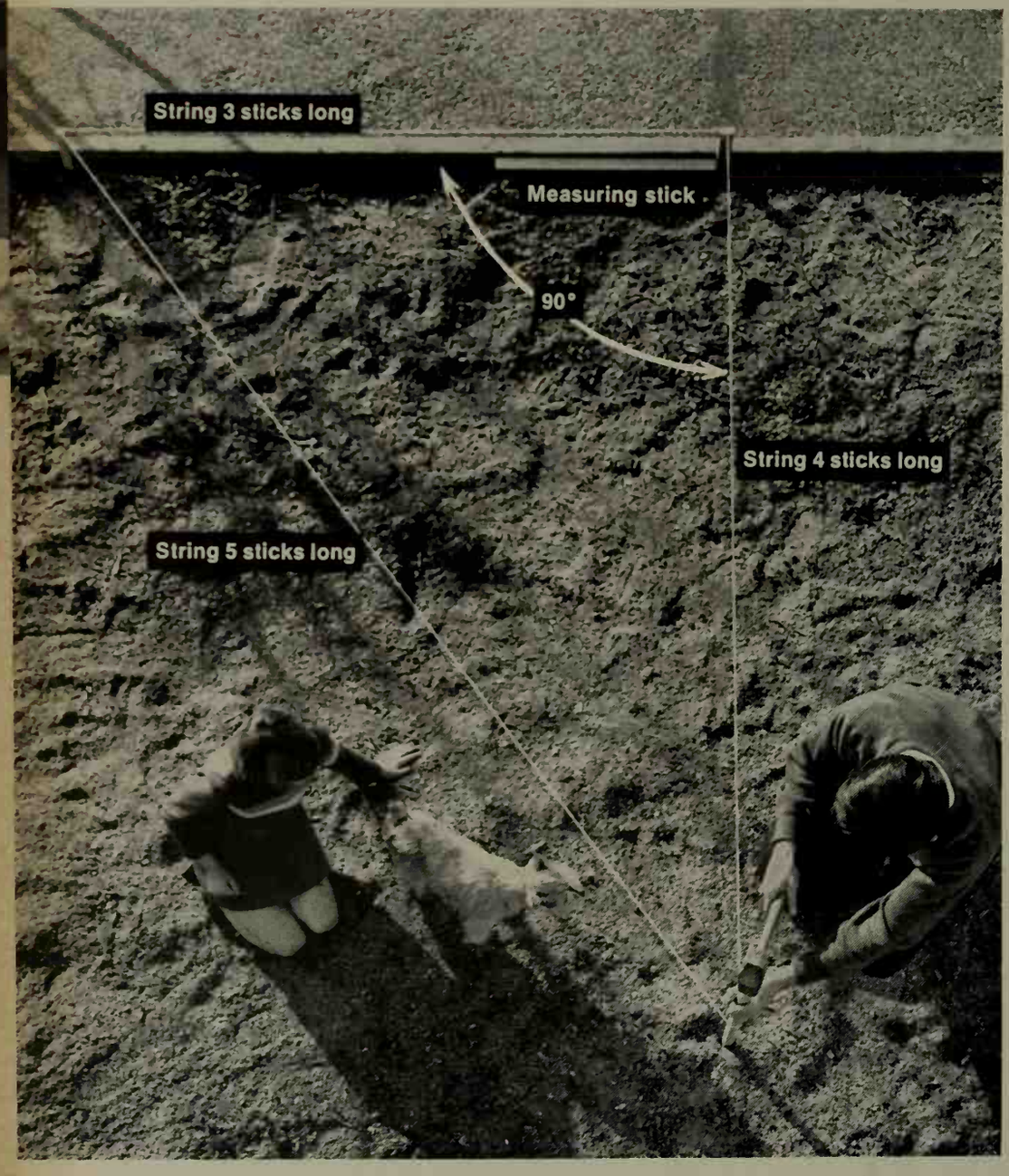


Manchester - Pierce (more than $300) is liked by architects for simple, strong lines

The art of measuring

. . . using paper, sticks of wood, and various parts of yourself

Two sticks *give simple and a side" measurements. Hold th pushed out to sides, and mark*



Any stick *and some string will give you accurate square corners for large projects, simply because a triangle with sides 3, 4, and 5 units long has to be a right triangle. Mark off strings with stick, secure one, move other two until their lengths meet*

One stick *with two small na scribes large circles. Drive nail into work, other just th*

Too often, when you are worki thing and need a measuremen find a rule, and if you do, t ment comes out $7\frac{7}{16}$ inches. or some other fraction difficul your head.

Most of the time you don't what that dimension is in a and fractions—all you want cate the size of something or a certain space. You can do and precisely on most home p a pencil and sticks or pape you can divide, duplicate, or

Any scrap wood will do as sticks. Stiff corrugated car from a box is good for large

…nen have at least one fin-
… inch from first to second
… andy to know which one

Duplicating. *To match cabinet handles or the like, mark a cardboard template for the first holes, use it to locate others*

Fitting. *You can't measure such things as boat bulkheads. Use trial-and-error with paper templates, then outline on the wood*

DARROW M. WATT

… a pipe? Wrap paper around
… fold into thirds; one third
… o pipe's outside diameter

Mitering. *For an accurate 45° angle, fold a filing card or similar material as shown; mark along the folded edge with a pencil*

Halving. *Fold paper double; open it, lay across board, corners at board edges; crease is center. Fold twice for fourths*

…nen's shoes are about 1 foot
… yours, remember the dif-
… you have a built-in rule

Excellent for short measurements are the common 3 by 5 or 5 by 8-inch filing cards (they are fairly stiff, yet fold easily).

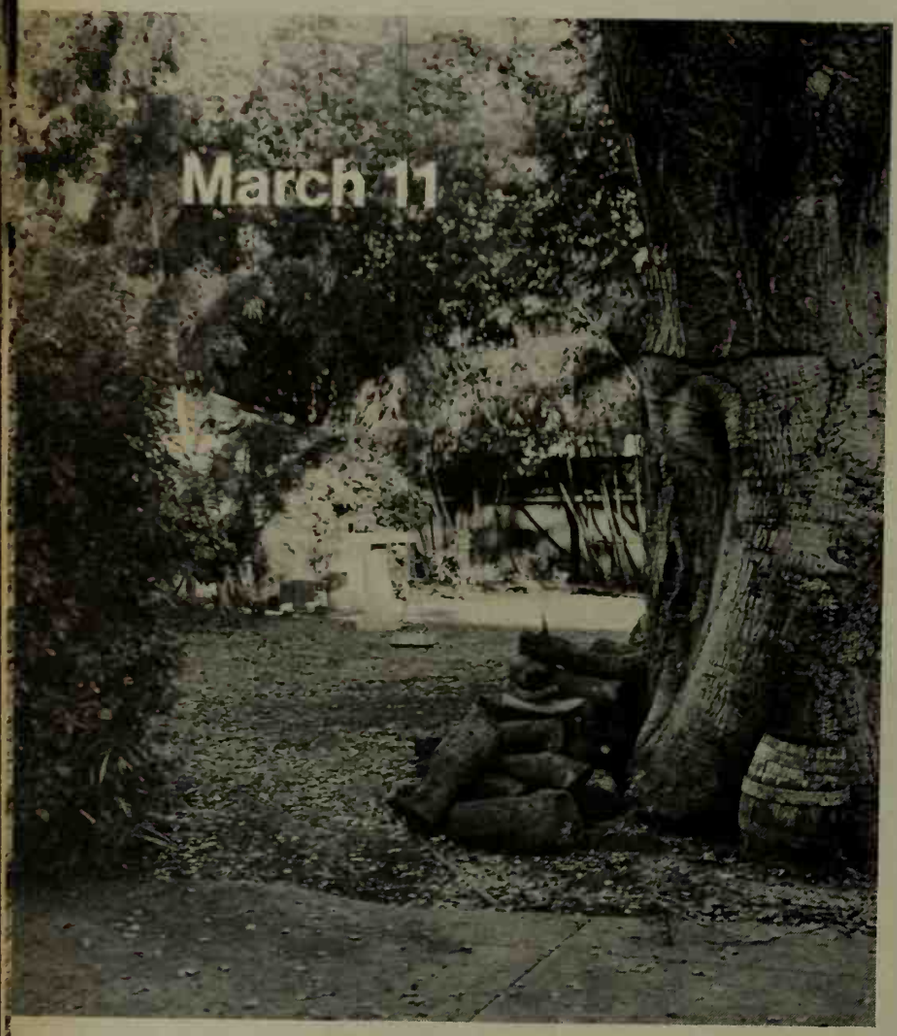
You can also make approximate measurements with parts of your body — quite accurately once you know your own dimensions. Besides your height, and the "built-in" inch, foot, and fathom measurements shown here, you can determine how close to a yard the distance is from your nose to the end of a stretched-out arm; and you can check your stride for measuring long distances.

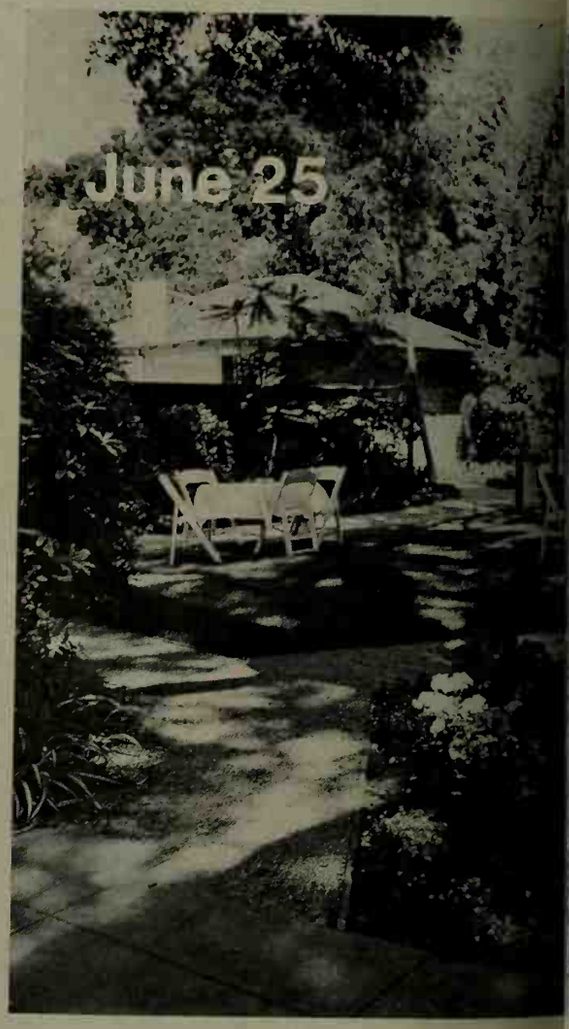
Don't try to change your stride to exactly 3 feet; use your natural stride, and count how many steps carry you a distance of 100 feet (it's usually 30 to 35 strides).

A fathom. *It's 6 feet, the distance most sailors can stretch out their arms. Check yours for one more built-in measure*

Even if you start on March 1
you have only 13 to 17 weeks
until the bells ring

Getting the garden ready for a grand occasion in June





Dog and boys' roughhousing area simply disappears

In March, *this garden was domain of a dog and some 9-year-old boys. Transformation, left to right: hedge cut back; ground cover under it groomed; paths renewed with fresh gravel; bare lawn under swing replaced with sod; large pl moved, pruned, highlighted with fuchsias; potted p plunged around oak (last minute). Furniture place*

g to be thousands of weddings in the West this and July and August), and after many of them will be in the garden. The task of getting the omething better than apple-pie order for the going to fall on someone's shoulders—usually ather or mother of the bride.

s of those shoulders we address this article. On have between 13 and 17 weeks (if it's a June hich to make your garden as beautiful and as nodating as you possibly can.

ng for July or August, as many wise families do egon and Washington where June can be wet and can join us, too. And you can count your bless- ave more time and more of nature on your side. uld also be addressed to anyone who is getting a to accommodate any happening of consequence

ou'll find a check list of things to do each month rden ready. The text that follows supplies some xplain the more involved acts on the list.

204 there's a form chart giving good and bad the June-flowering plants that you might consider. phs on these pages were taken last year in a fornia garden as it was being prepared and, later, during a wedding reception that took place on June 25.

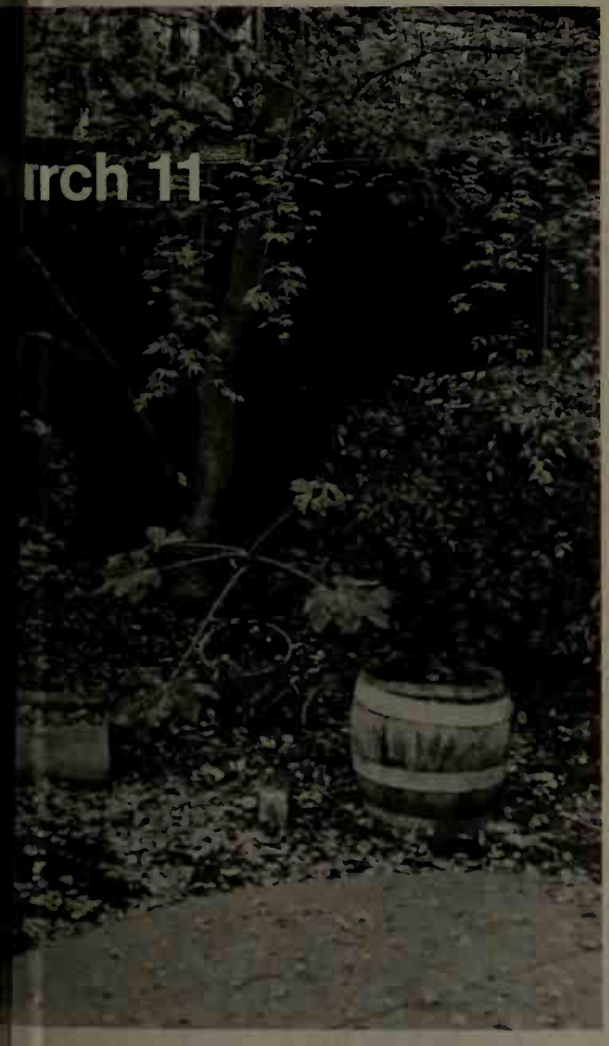
What happens first? When realization penetrates the thought processes of the garden-keeper that he is going to have perhaps several hundred people in his garden on a given date, there comes a sort of knee-kick reflex. Even when the date is months away, he's seized by the housekeeper's frenzy: "Company's coming so I'd better get this place cleaned up."

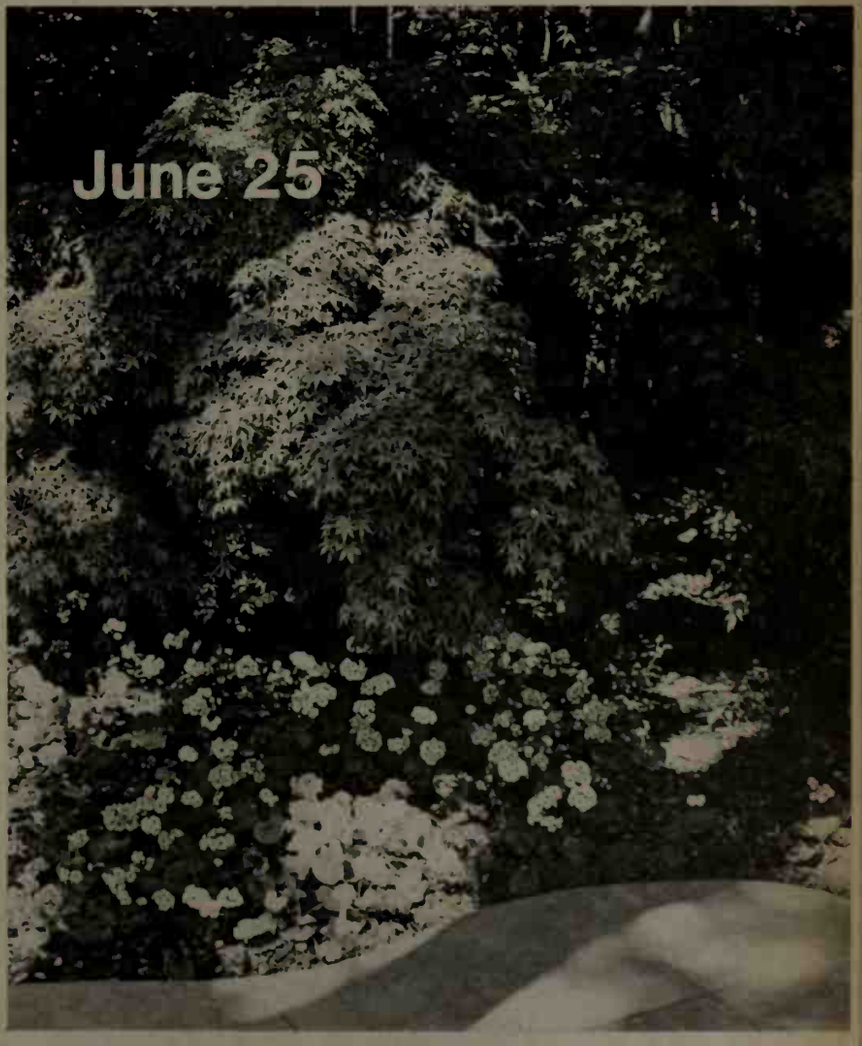
Put down that urge. You'll waste precious time if you begin to clean the place up now. Many more winds are going to blow before June. Instead, take advantage of your lead time, in March, to lay plans and make commitments.

First plans to make are with the "crowd engineer"—the caterer you have booked for the reception, or a wedding consultant, someone who's been through this mill many times. Have that person come to your home and tell you how he thinks you should handle the event, in detail—everything from where the reception line will be to where the bouquet will be thrown.

The second person to consult in early March is a plant-and-design consultant—a landscape architect, nurseryman, florist, or a green-thumbed, hard-nosed friend or acquaintance who has done this kind of thing many times. Tell him what you and the crowd engineer have decided. Carry a notebook and take a full set of notes as you go.

After you've gone all through the garden (the house too, if it





Key date was April 29 when three flats of primulas went in

p some messy old beds can wait in early spring while re seasonally important things elsewhere. This bed disarray until late April when time was approaching to plant Primula obconica. *After clearing, 4 inches of decayed leaves were dug into soil. Then the plants went in—2 flats blue, 1 flat white in 130 square feet, spaced 8 inches apart*

figures in) and decided what you will plant where, go back over the list of plants and decide with the consultant when each plant can be planted in order to have it in bloom on the wedding day.

Plant for bold display. Avoid little fussy beds. Avoid intricacies. Your planting should make the day festive; it should be in keeping with the significance of a wedding, and in scale with the outdoors.

You will probably want to order some plants grown in containers in a greenhouse. They should be large plants in large containers. Pots under 10-inch size will probably go unnoticed and might just be something for someone to trip over.

Some plants that you will want to plant out in April or May might normally be in short supply when planting time comes. As soon as you've decided on a planting list, *place orders with a nurseryman, florist, or greenhouse grower for all plants*—for containers and hanging baskets, those that go in the ground, and even the cut flowers. Order some extra items for both sun and shade, because something is going to go wrong somewhere and you'll need them.

Aim to have all flower beds planted by May 15 if possible, or at the very latest by two weeks before the wedding. Except in the possible case of such stiff-limbed items as hydrangeas, pelargoniums, and forced chrysanthemums, you cannot make a flower bed look natural with last-minute planting. Unless soft plants get two weeks or more to settle in, the plantings will look stuffed, like those you see at new model homes.

Tree pruning comes very early in March because you should let maximum light and heat through to garden beds beneath during the spring to force possible growth. This is very important with evergreen trees, and fairly important with deciduous ones—they may be lightly foliaged in March, but they will have developed maximum leaf density by June.

If the trees are small, you can thin out the branches yourself. If they are over 20 feet high, it would be safer to hire the work done by a commercial tree pruner. Unless the tree is in bad health, you want a *thinning* job, with a pole saw or lopping shears, not a major pruning. Some commercial tree pruners seemingly have an emotional attachment to their chain saws and would rather amputate with them than anything else; tell them this time to leave the chain saw idle.

Although it may seem like folly to thin a tree and then feed it, that's what we recommend. A feeding—again by a tree crew, using large injectors to put liquid fertilizer down at the root level—will bring on plenty of fresh growth where buds remain after thinning.

One act of garden construction that you should start early (March) would be digging trenches for any utilities that you will want to put into the garden—underground wires for night lighting, water pipes, or even gas pipes for torches or heaters. Roots will be cut and they'll need maximum recovery time. Also, you will probably want to plant over excavated strips.

If your trees are overgrown, consider *thinning* them. And after thinning, *feed* them

Check list – March to June

Jobs are listed in approximate order you should be done. See text for details.

March

- ☐ Consult, make plans with "crowd engineer" and plant-and-design consultant
- ☐ Order all plants you think you'll need.
- ☐ Thin big trees to let light through.
- ☐ Feed trees, shrubs, vines, perennials.
- ☐ Install underground wires, water pipes, gas pipes for any special effects.
- ☐ Transplant shrubs, trees, perennials; plant new ones from nursery.
- ☐ Prune shrubs, vines, ground covers, other plants that need recovery time.
- ☐ Begin long-range corrective work on lawn.
- ☐ Put out slug and snail bait (continue do it every two weeks).

April

- ☐ Feed and (in California) fungus-treat lawn.
- ☐ In California and Arizona, begin planting the hardier annuals.
- ☐ Plant hanging baskets and containers.
- ☐ Shear hedges—it's your last chance.
- ☐ In California and Arizona, plant more tender annuals as soon as nights get warm.

May

- ☐ Feed and (in California) fungus-treat lawn.
- ☐ Reseed bare spots in lawn. Install sod on new lawns at least four weeks before use (six to eight is better).
- ☐ In western Oregon and Washington, try to do all planting of annuals May 1 to 15.
- ☐ Anywhere, plant ordered, greenhouse-grown plants after May 15.
- ☐ Closely examine suspect trees and shrubs for aphids, scale. Spray as necessary.
- ☐ Begin construction and repair.
- ☐ Pinch back petunias and other plants that can be encouraged to spread.

June

- ☐ Visit nursery or gardener friends to see what's available for last-minute fill-in.
- ☐ Paint or stain fences, gates, benches.
- ☐ Feed lawns two weeks before the date.
- ☐ Get rid of flying insects.
- ☐ Fill in where necessary with bloomers, plants from flats.
- ☐ Water lawns last time four days before the day if your turf will hold that long.
- ☐ Mow lawns two days before the day.
- ☐ Put dog and other nuisance pets in boarding kennel. Hide or take down children's swings and other apparatus.
- ☐ Do last-minute grooming, pruning, watering, raking. Lightly cultivate exposed soil surface. Scrape neat edge on garden beds.
- ☐ Place container plants.
- ☐ Check all work sites for unfinished details, tools, unnecessary stakes, guy lines.

Day Before

- ☐ Clip off any unharmonious flowers.
- ☐ Sprinkle garden to freshen everything.
- ☐ Fret no more. You've done all you can do.

Wedding Day

- ☐ Use aerosol on lesser houseflies.
- ☐ Caterer brings in his props (awnings, pots, umbrellas, tables, benches, cushions).

If you're *blessed (or cursed) with a huge shade tree, have it thinned early. More light can push spring growth in garden plants.* **Above:** *Father of bride instructs the tree pruner, March 7.* **Below:** *Enough shade for guests' comfort (80° day) and enough sunlight for the lawn and flowers*

March is action time. If old plants need a move, act. If you need new shrubs, plant

If time is limited, just dig the trenches, install the lines, cap them temporarily at the ends, and refill trenches. Then in May, you can go back and install the equipment at the capped end.

At the time you go over your garden with the design consultant you may find plants that could wisely be transplanted. Perhaps you presently have one kind of plant spotted here and there but you'd have a better effect on the party day if all were brought together into one colony. Or, you may have some prickly shrubs too close to paths where they might snag guests. March is the time to do any such moving.

At the same time you do the transplanting, plant any new shrubs that you have decided would be helpful. These shrubs won't grow much bigger by June than they are when you buy them in March.

Vines take a long time to establish and perform as you want. With the possible exception of large-flowered clematis in the Northwest and star jasmine in hot parts of the Southwest, the only vines you could count on would be fast-growing annual ones, and they are a gamble. Generally speaking, forget vines.

If you have openings or walkways that would be improved with a trellis, arch, or arbor over them on the wedding day, look into the possibility of renting arches or arbors from a florist, display rental firm, or theatrical supply house. From such places, you often can order an arch of any size covered with a plastic vine—plastic stems, leaves, and flowers of your own choice.

Many good gardeners have a reasonable aversion to plastic flowers. To them we point out that when you prepare for a happening like this, showmanship becomes inextricably mixed with horticulture. Use some Hong Kong flora and don't feel bad about it.

About the lawn, some people say it's foolish to use a lot of time working it up to perfection for a wedding reception because after the first 20 guests arrive it won't be seen. But there are good arguments to the contrary. For one thing, you might as well have the lawn look nice for the first 20. Also, some areas will not be stood upon much and will be seen by all. And, finally, there is that everlasting challenge to make every part perfect, even the lawn.

If grass or dichondra was sparse last summer, look now to the possibility that roots from surrounding trees are starving it. Dig root-severing trenches around the sides in March (see page 64 of the July 1967 *Sunset*). Feed lawns now and often enough all spring to keep them growing vigorously (strong growth between now and June will keep weeds out).

In California lawns go bad in late summer as a result of a complex of lawn fungus diseases. Most likely, this complex won't strike as early as June, but you can play safe by spraying or treating monthly with a broad-spectrum fungicide. If your lawn has chronically been haven to sod webworms, grubs,

Old cage *rebuilt, painted blue of nearby lobelias, stocked with white doves*

Guests will enjoy garden sidesh

Fuchsias *grown in pots made with bolt at bottom, installed on top of posts*

A friend *loaned his collection of bonsai to displ along what otherwise would have been undistin*

or other insects, you might also begin treatment in April.

If the lawn is the bane of your gardening life, put it in the hands of a commercial pest control man early in the spring.

Now, let's say it's April. This is the month to begin planting in the ground—plant everything from the master list as soon as it becomes available and the ground is workable.

Weather permitting, there will be much to plant in California and Arizona and some interior sections. In western Oregon and Washington and some colder interior regions, the bulk of the planting will come after May 1 or 15.

As a matter of course, dig soil conditioner thoroughly into each planting bed before you plant. And feed at planting time —either by putting a small measure of a safe, dry fertilizer (read the label) in soil around the roots or by watering in with a liquid fertilizer. On a calendar make a note of each planting date and feed each again two weeks after planting, and then every 30 days. Use a complete fertilizer, one relatively high in phosphoric acid and soluble potash. It should indicate on the label that feeding of flowering plants is one of its main uses.

In April dry spells can begin to come to California. (But you never know—if you said "dry spell" to a beleaguered, wet, determined wedding gardener last April, he'd have thrown rocks at you.) When and if dry spells do come, begin watering to keep the still-shallow roots growing on the young annuals.

In early May take a critical look at your lawn. If there are some spots that are hopelessly thin and you doubt that you'll see any thickening by the wedding day, overseed them with annual rye grass. Mow the existing grass low. Rake the lawn hard to expose as much mineral soil as possible, sow the seed, scatter a very thin veneer of ground bark or peat moss over the seeded area. Keep it soaked for the next two weeks.

There's a more drastic procedure to correct a hopeless lawn at this stage—install sod from a sod grower (see page 62 of the September 1967 *Sunset*). This is what was done to the poor lawn in the garden photographed here. The old lawn was thin in the corners because it was too shaded, and it was bare in the middle where it was the floor under a much-used swing.

In the middle or end of May, check your trees and large shrubs to see if any infestations of sucking, honeydew-drip are developing. We refer chiefly to aphids and scale small infestation can explode into a catastrophic very quickly at this time of year. And you know would mean—sticky stuff dropping out of trees thing and everybody beneath. If you have had s tions in the past, you might expect them again. I any doubt about identification or treatment, call mercial pest control man to examine and treat as

Other insects that could destroy or detract from would be the flying ones, the most annoying of wh lowjackets. If you have any, call the pest control what he can do, or try it yourself. Trapping ye is ineffective. Best control is to trace them late (almost at dusk) to their source, usually a nest in or in brush. After dark, pour gasoline or insecti entrance, and then plug it.

Two sprayings with dibrom five days apart on plants, garden surfaces, and the garbage can (inside will reduce or eliminate source of mosquitoes and if they come from your premises. For mosquitoes, standing water. Look for it in obvious places, plus (fill them with sand) and leaking septic tanks leaks). If you can't eliminate water, dose it with or oil. Install mosquito fish *(Gambusia)* in ornam If you pay taxes to a mosquito abatement distri headquarters for help. Ask for cooperation from

The lesser housefly *(Fannia)* is something else. He one that flies all day long in circles in company of his kind—generally in one piece of airspace. For spray the area with an aerosol space sprayer just before guests arrive. Lesser houseflies have to be by the fog droplets in this case—to be killed.

Once all the basic planting in the ground is finish lawn and other greenery is coming along, you sho construction and painting needs. Pace this work in order to finish it at least a week before the wed weeks is better). You'll need those last weeks as cle sible so that you can attend to countless last-minu

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The Changing Western Home

Finnish bath in a closet wall . . . a built-in vacuum cleaner that's self-cleaning . . . the case for concrete blocks under your house

Vacuum that empties itself

A central vacuum cleaner with each room and only the hose to carry saves you a lot of one new unit goes a step far- ever empty it. When you begin , a reservoir fills with 2½ gal- er. When you finish, water and mped into the sewer line. The t recommended for use with s since dirt from the vacuum does not break down entirely and may eventually plug the tank.

Since you are using water as a medium to hold the dirt, the unit can be used to pick up liquids as well as dry material. You can vacuum up accidental spills, and a squeegee nozzle sold with the unit can be used for window washing and floor mopping. You just dip the nozzle into a cleaning solution, use the wet-mop side for cleaning, the squeegee side for drying.

As with all central vacuum cleaning systems, the price depends to an extent on the size of your house. The basic unit costs about $500, and requires a space 84 inches tall and 34 inches wide and deep. It needs a drain 2 inches or more in diameter and a water pressure of at least 10 pounds per square inch.

Sauna in a closet

door-mounted unit that works mal 120-volt house current it quite easy to transform a loset into a one-person sauna. it is sold ready-mounted, as above, on a special door built your closet. It includes a win- d light, and costs about $795, paneling and benches in the extra.

Instant hot water in a small space

Hot water heaters with a reservoir tank are so standard now in single-family houses that most people have probably forgotten that any other kind exists. In Europe, however, the instant heater is the rule, as it was years ago in this country. Very large instant heaters are still in use here in places where demand is great, such as apartment houses or gymnasiums, but these units are expensive both to install and to operate.

Recently, small heaters have become easier to find in the West.

The disadvantage of instant heaters is that they require a great deal of heat and consequently more fuel, since cold water is heated as it flows to the tap.

But they have advantages for special situations. The instant heaters made for houses are quite small, since they need no large tank to hold heated water, nor any insulation to keep it hot. Secondly, you can't run out of hot water, since the water is heated as you use it.

These advantages make instant heaters excellent for small vacation cabins where space is at a premium and where large groups of people may all need hot water at the same time of day. Small size also makes such heaters useful on a boat where a reservoir heater may be hard to install.

A small instant heater is also excellent for a garage or workshop where hot water is needed only occasionally.

Gas-fired instant heaters, primarily English or German products, are often available through trailer and boat supply houses for use with LP gas at a cost of about $80. You can adapt them to natural gas where it is available.

Before buying you should inquire how much hot water the unit will produce, since some are intended only for washing a few dishes, but not for bathing. Minimum capacity for showering is about 30 gallons an hour at a 100° rise in temperature. If your cold tap water is at about 40° to 60°, this will give you ½ gallon of very hot water per minute.

Concrete blocks where trucks can't go

On building sites where a sharp slope or limited access makes it difficult for trucks to move around, it is often expensive and complicated to pour foundation walls or retaining walls of reinforced concrete. If you're planning a house on a hillside, you might talk to your contractor about using concrete blocks instead of a poured foundation. Blocks now available fit together tightly to eliminate some mortar joints and cut the amount of labor.

It is still necessary to pour a concrete footing for the blocks, but the amount of concrete and the form work needed is negligible compared to that needed for a full foundation.

The blocks must be reinforced with both vertical and horizontal steel reinforcing rods following local building codes. Once laid, they are filled with a concrete grout so that the finished wall is solid. Building codes usually specify a maximum height for masonry walls that bear a load, but single-family houses will rarely need foundations exceeding the maximum.

Concrete block is available in several colors and also in decorative patterns for areas where large surfaces will be exposed.

Could we see your project?

We're looking for original workshop projects to feature in the pages of *Sunset*. If you have some particularly successful ones and would like to share them with us, here's what we'd like to see:

A photograph or perspective drawing together with a brief description of the project—piece of furniture, a special toy, an original chess set, anything you designed and built at home. Send to Workshop Editor, *Sunset Magazine*, Menlo Park, Calif. 94025.

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Screen *is 12 feet high, made of 1[illegible] inch pieces; it sets kitchen apart[illegible] built-in appliances, cupboards fr[illegible]*

Between you an[illegible] the kitchen

The airy divider shown here af[illegible] pleasant visual transition from kit[illegible] family-dining area while soften[illegible] view of mealtime disorder. The [illegible] work island, containing a doubl[illegible] and a dishwasher, is easily reache[illegible] all sides, and daylit by a skylight [illegible] the range.

Craft projects of the owners are [illegible] porated here in the form of crew[illegible] broidery, framed in on the dinin[illegible] backed by square mosaic tiles [illegible] kitchen side. Tiles are also used [illegible] ders around the walls.

The architect was W. W. Davies, f[illegible] James P. Aceds.

Clean-up island, *convenient to fami[illegible] and dining area, takes accumulat[illegible] dishes, leaves the other work areas [illegible]*

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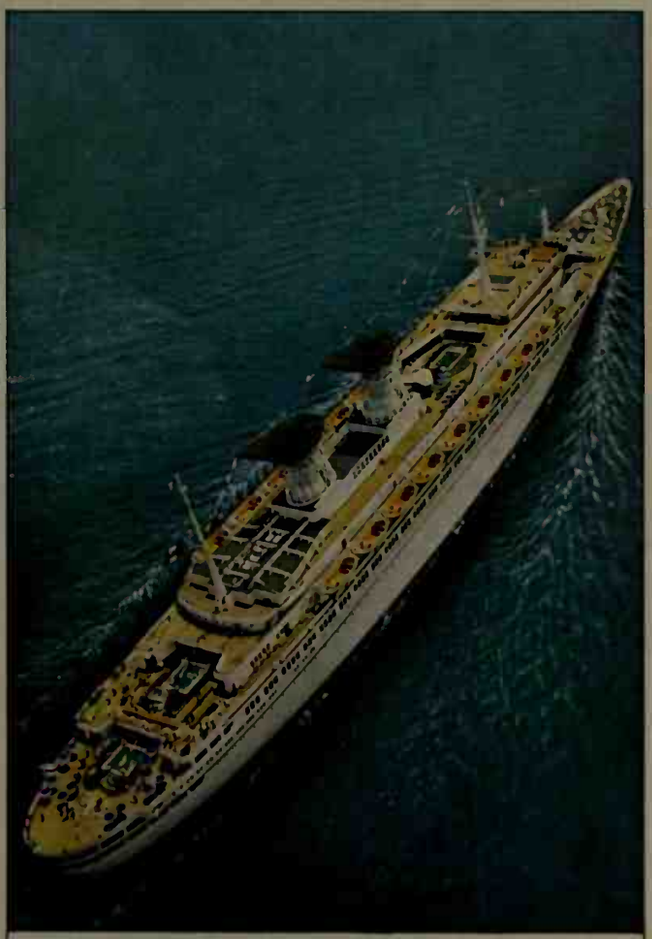

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How to make a glass and plastic window

DARROW

This gay panel, *offshoot of traditional art, is resin-coated glass framed by a*

With plastics now so readily available as an art medium, more and more people are working with them to create new effects.

Simulated stained-glass windows, especially attractive results of this trend, can be made with a few special materials, in two or three days, and by a beginner.

MATERIALS

You will need a pane of inexpensive glass or transparent acrylic, cut at the glass shop to the desired size. (If you use a glass pane, avoid cut fingers by binding the edges with masking tape.)

You will also need sheet lead strips for the design outline. Cut the strips from pieces of sheet lead, available at plumbing supply stores for about 90 cents a pound (a square foot weighs approximately 2½ pounds). Sheet lead is malleable and easy to cut; measure strips of equal width and cut with kitchen scissors or metal shears. Although pre-cut lead strips may be available in a hobby shop, they usually have rounded edges that do not retain the resin as do the strips you cut yourself.

You will also need polyester casting resin; a catalyst; resin dyes; and perhaps, a thixotropic filler (see below). Try to purchase resin in the manufacturer's original can; you can find it at most hobby and marine supply stores. Some hobby stores divide large quantities into their own smaller, unmarked cans, and with these there is the possibility of receiving inaccurate directions.

Other materials you will need are a special lead-to-glass adhesive or white glue; implements for stirring and spreading the resin (ice cream sticks and toothpicks work well); small, disposable wax-coated paper cups; acetone or fingernail polish remover; and rubbing alcohol.

THE DESIGN

Trace your design on a sheet of paper sized to fit the pane. Keep the design simple, with large open spaces. You might look for ideas in coloring books or the lead-strip cartoons available at many hobby shops.

GLENN CHRISTIANSEN

Place *glass pane over design; press down glue-coated lead firmly to affix to glass*

Use *erasers to support pane above surface. Pour resin between lead*

Place design under the pane on a level work surface. Clean the glass with alcohol to remove fingerprints. Coat backs of lead strips with a lead-to-glass adhesive or white glue, and affix to the glass pane, bending the lead to shape along the design. Allow to dry thoroughly.

CASTING THE RESIN

When working with polyester c
resin, choose a well ventilated wor
Resin fumes can be extremely anno
some people.

After the adhesive has dried thor
raise the pane approximately a
above a white, level surface. (Th
help you judge the color intensity
resin.) Supporting the pane with

landcrafted Color TV is so easy to tune you can do it blindfolded. Zenith
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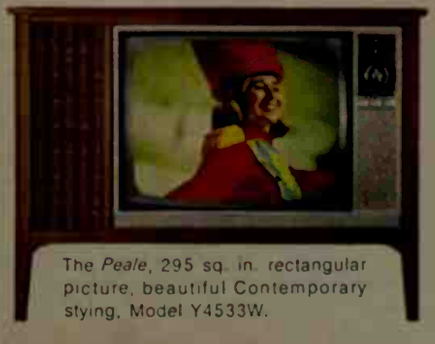

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食譜五 RECIPE No. 5

HONG KONG REVEALS THE FINEST IN CHINESE COOKING

The Hong Kong Tourist Association help Sunset readers share the secrets of preparing some of the choicest dishes ever to come out of the Orient.

Last month we featured a typical dish from Shanghai. This month's recipe is from Peking.

糟溜魚片

STEWED SLICED YELLOW FISH IN WINE SAUCE

(Cho Lao Yua Pin)

INGREDIENTS:

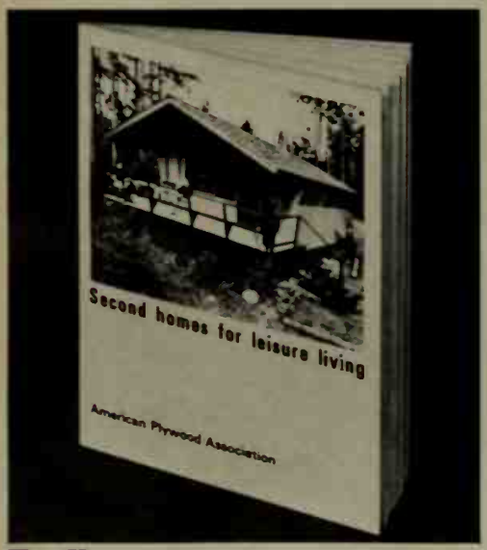
1 lb. yellow fish fillet, cut into 2 inch slices
Salt to taste
1 teaspoon Chinese wine
A dash monosodium glutamate
1 egg white
2 tablespoons starch
Oil for deep frying

Sauce Ingredients:

1 tablespoon lard
½ teaspoon vinegar (Chinese kind)
Salt to taste
A dash of monosodium glutemate
1 tablespoon stock
2 tablespoons wine sauce
2 tablespoons chicken fat
½ teaspoon spring onion and ginger oil
½ teaspoon starch mixed with cold water

METHOD: Wash and dry fish fillet thoroughly. Season with salt, monosodium glutamate. Mix with egg white and 2 tablespoons of starch. Heat oil and deep fry for 2 minutes. Heat 1 tablespoon of lard in frying pan. Add vinegar, stock, monosodium glutamate, salt, sugar, wine sauce and starch mixed with cold water, stirring all the time until the sauce is thick. Then add chicken fat, spring onion and ginger oil. Mix well. Pour the fish and sauce onto a plate and serve hot.

The Hong Kong Tourist Association, 291 Geary Street, San Francisco 94102, Tel: 986-2858



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works well and keeps it from slippin Make sure glass is clean and dry.

Measure an ounce of resin into a wa coated paper cup. Add dye to the res Mix thoroughly and slowly with an i cream stick so as not to incorporate bubbles.

At this point you may take the option adding thixotropic filler to the resin. T filler thickens the resin (on its own, syrupy consistency) and makes it easi to control. If you plan to work on ad tional resin projects you might consid purchasing one of these commercial fille usually available in quantities of pounds and up. To use the filler, s small quantities at a time into the res until the desired consistency is reache (The filler is a very fine powder and c he dangerous if inhaled.)

If you would like to use a filler and a unable to find one, send a stampe addressed return envelope to Resin Ed tor, *Sunset Magazine,* Menlo Park, Cali 94025.

Test the color intensity on another pan of glass or piece of aluminum foil. T achieve an intense, bright color for the thin pourings, you will use more dye tha is usually recommended for thicke castings.

Add catalyst as directed by the manu facturer; mix slowly and thoroughly.

Pour resin slowly between the lead strip forcing it into corners with a toothpic Any resin that runs under the lead (b cause of inadequate bonding) or over it ca be wiped clean as the resin begins to jel

Cast only one color at a time, and allo to dry thoroughly before the next casting If resin is not dry, the next casting ma run into it and blend or mottle the colors The resin may take from ½ hour to over night to harden, depending on such fac tors as humidity, temperature, and color

THE FINAL STEPS

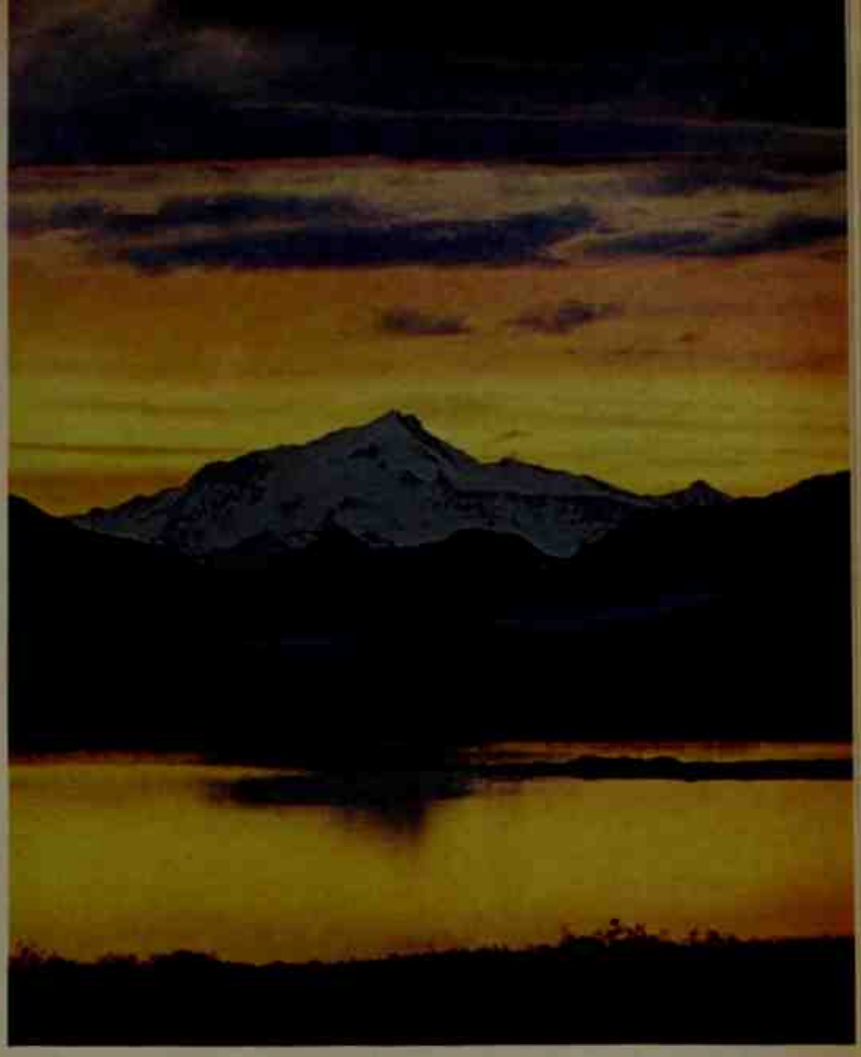
After casting all the colors you want i the design, cover the rest of the pan with clear or lightly tinted resin for a authentic stained-glass effect. (If you have used masking tape around the edges of a glass pane, remove the tape before you apply this resin.)

If you have used a thixotropic filler, you may have to paint a thin coat of clear catalyzed resin over the dry resin for a brighter gloss.

Allow to dry, and remove any resin on the lead strips or back of glass with acetone or fingernail polish remover.

Frame or mount as you desire. Avoid placing the resin window in direct sunlight. Some colors have a tendency to fade.

If you are interested in the properties and various uses of plastics, you'll find an excellent reference book is Thelma R. Newman's *Plastics as an Art Form* (Chilton Books, Philadelphia, 1964; $12.50).



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2) Seek a place without freeways, smog, too many people —and the frantic pace. Long for the great outdoors, where there's over two square miles of elbow room for every man, woman and child—and you can breathe the cool, clean air of the last frontier. ____ yes ____ no.

3) Adventure-minded. Want to see and do things never experienced before. Like to shake hands with an Eskimo, pan for gold, hunt caribou. ____ yes ____ no.

4) Long to meet a new kind of people: friendly, gregarious, enthusiastic. Folks who are allergic to apathy because they're too excited about where and how they live. ____ yes ____ no.

5) Desire an escape from conventional ways of travel. Would go for cruising wondrous waterways on a modern ferryliner through a magnificent land. Or travel a narrow gauge railway over a gold rush trail. Or hop a float plane to a secluded lake. Even ride in a walrus-skin boat. ____ yes ____ no.

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GLENN CHRISTIANSEN

Your downspouts *usually collect and discharge the most rainwater that needs to be drained away from the house*

How good is your drainage?

Whenever anyone builds a house on a lot, the ability of that piece of ground to absorb and gently drain away a downpour of rain is reduced greatly, often by half or more. Roofs, patios, and driveways do not retain rainwater; they run it off somewhere immediately. And the excavations, fills, and leveling made during construction change the ground's contours, with the result that puddles and washouts may occur even in a gentle rain.

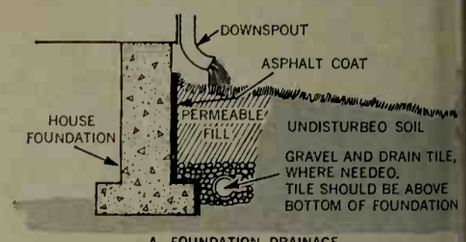
Most of these drainage problems are usually solved during a house's construction by some of the simpler means we describe on these pages; but if your home is new, you should keep a close watch this time of year on how and where rainwater collects and drains away. If there are any drainage problems (there usually are some), you may be able to prevent further damage by correcting them now.

If your home is several years old, the drainage has probably been well taken care of. It is further helped by landscaping. Established plants and lawns hold soil and water in place, and they transpire a sizable amount of excess rainwater into the atmosphere when the sun reappears. But even a fully landscaped home can have some drainage problems that will never go away with usual procedures.

DOWNSPOUTS

The deluge from your downspouts is usually the major immediate source of water that needs to be carried somewhere aw from the house. It should be piped to toward a storm sewer or drainage dit if one is convenient to you, or piped a dry well, or at least led a very mi mum of 2 feet away from the house fou dations toward ground that slopes awa

Carrying the downspout water away important not only to prevent flooding planting beds alongside your house b



A. FOUNDATION DRAINAGE

also for the reason shown on sketch A When a house with a crawl space or base ment is built, an excavation usually made for foundations, and later it backfilled on the outside. Even thong it may be carefully graded to slope awa from the house, the backfill (often trash filled) remains soft and permeable fo many years, so that any sizable amoun of water dumped on it will fill it as if were a tank, especially if there is no drai tile along the base of the foundation.

That water will try to enter the craw space or basement (and if a gopher dig a tunnel under that foundation wall, you

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you've never owned a car that made you anticipate the rning ritual of sliding behind the wheel—then it's time. For openers, try easing yourself into the supple buckets at grace our sleek LeMans below. And then turn the key. r residing underhood, is a unique 175-hp overhead cam that gained its reputation by startling jaded V-8 owners ven though it runs all day on regular gas). Or you can der a 215-hp, premium-fuel edition. Or V-8s up to 320 hp.

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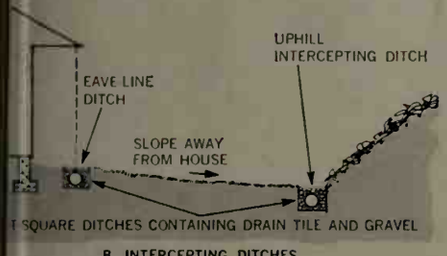
have a veritable spring under the). The same situation can develop lesser degree with most slab founda— they tend to absorb part of any s water dumped around them.

should use nonperforated 3 or 4- drain pipe, sometimes 6-inch pipe large roof, to carry downspout water any other concentrated source of ater to a storm sewer or dry well. smaller piping clogs too easily, has quate capacity during a storm, and little saving in cost. If you just to aim downspout water away from oundations, you can use the 2-foot rete splash blocks available at lumrds, but if there is any indication ooding the foundations, you should the water a few feet farther away a pipe, trough, or ditch.

her answer is to attach one of the ut plastic tubes (available at hard- stores) to a downspout outlet. er just dribbles through the rolled-up during a sprinkle, but in a heavy the weight of the water unrolls the out over the lawn or patio to dis- ge it several feet away.

our house has no gutters and down- ts, the runoff from the roof will be



B. INTERCEPTING DITCHES

ersed throughout the house's length is less likely to work its way down ler the foundations in quantity. In this ation, you may need only to slope the away from the house, or you may need to plant sturdy shrubs or lay ravel strip or the like under the eaves prevent the falling water from eroding soil and splashing mud against the es of the house.

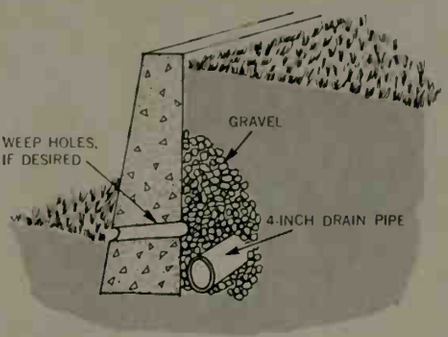
netimes, particularly on the uphill side a sloping lot, you may need more inage — perhaps a line of perforated e or drain tile in a foot-wide ditch filled h gravel to carry the roof's water away, shown in sketch B.

LLSIDE DRAINAGE

other place where drainage becomes tical is on the uphill side of a hillside . There, your house foundation walls d garden retaining walls may act as ky dams, containing water or divert- g excess water to where it isn't wanted. d level lawns and planting beds can come collecting ponds for surface and ound water flowing down the hillside.

he answer is usually fairly obvious— d simple to achieve because you have a definite slope for draining excess water away. Also, most homes built on a slope in an area with heavy rainfall have drain tile along the foundation bottoms on all uphill sides (sketch A) and have those foundation walls coated with asphalt to resist water penetration through them.

That foundation drainage usually keeps your crawl space or basement dry, but it



C. RETAINING WALL

has little effect on patio slabs and gardens above it on the hillside. For those areas, a line of drain pipe or tile laid in a gravel-filled ditch across the uphill side of the lot (sketch B), with the pipe draining off to one side of the house or both, will usually take care of the excess water. It's best to have this intercepting drainage ditch 15 feet or more away from the house; and if at all possible, the ground and patio slabs should slope down from the house toward this ditch.

A retaining wall with drainage pipe or tile behind it, as shown in sketch C, serves the same purpose as the intercepting ditch; the drain also prevents excessive water pressure from building up behind the wall and collapsing it.

Any hillside drainage piping needs to be led to or towards a storm sewer, ditch, or natural drainage where the concentration of storm water will not cause damage to property farther down the hillside.

LOWLAND DRAINAGE

Often real drainage problems are presented by the house built in a hollow or flat area that has no natural drainage at all. The best answer is to make the foundations fairly high when building the house and to bring in earth fill to raise the ground level around the house so the foundations will not appear high and so the land will slope away from the house.

It's also advisable to build where there are community storm sewers or ditches that either drain or pump excess water away. If your home was built close to the ground in a lowland, where there is no community drainage, you may have a drainage problem that you'll simply have to live with. One possible answer is to dike off your property from the surrounding area with earth fills and to make it more absorbent with dry wells.

Several dry wells dug down through a somewhat impervious topsoil to a sandy

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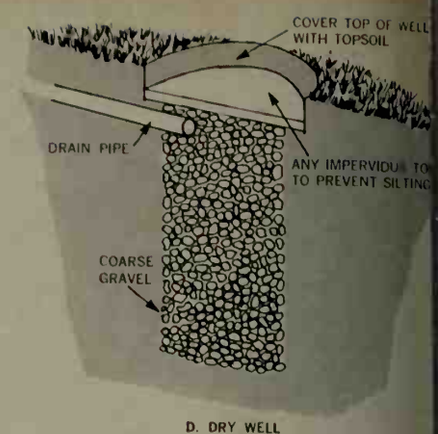


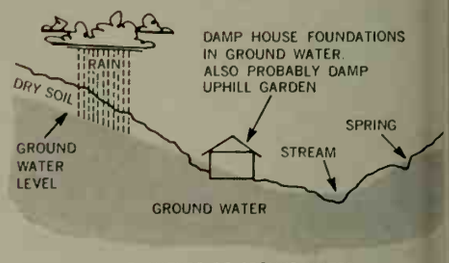
D. DRY WELL

or gravelly layer of subsoil will of drain storm water away efficiently. try just one dry well first to see i works in your situation. If the grou water level of the area is close to surface, dry wells will be of little help.

Dry wells are simple devices. You dig them by hand and make them holl like cisterns, with porous walls of c crete block, wood, or metal (but av digging over six feet deep by ha because of the danger of a cave-in). T simple and quite inexpensive way to is to hire someone to come in wit truck equipped with a powered au Quickly, these machines can drill 24 36-inch-diameter holes down 20 feet more. Then you fill these holes w coarse gravel, run your drain piping them, and cap them with wood, concre heavy asphalt paper, or any other ma rial that will prevent silt from wash down into them from above.

GROUND WATER

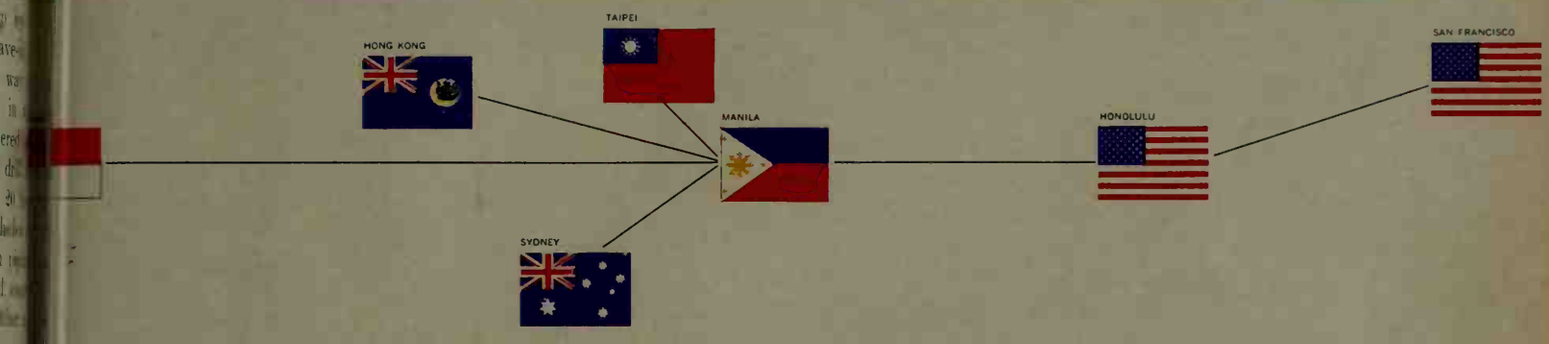
Ground water may need to be drai away from your home. Seemingly m terious are the ways it can dampen c crete slabs, crawl spaces, and basemen



E. NATURE OF GROUND WATER

but its nature is really quite easily und stood (see sketch E). It originates rainwater, which seeps down through t ground until it is stopped by some imp vious layer of earth or rock. It then p meates the ground above the impervio layer, filling it as if it were a lake. But will also keep trying to drain off downh through the ground, slowly.

Thus you'll usually find the ground wat level deeper below the surface on hi ground and closer to the surface in v leys. Wherever a depression or cut in t terrain places a portion of the grou surface below the area's ground wat



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The Mini-Brute.

Buick's new Opel Kadett Deluxe Wagon. The economy import that provides so much low cost transportation for the price you'll wonder why you ever tried any other way.

This Mini-Brute boasts 55.65 cu. ft. of cargo space. (Enough for an average sized refrigerator, plus.)

A new tougher suspension with an anti-sway stabilizer bar and a powerful 55 hp. engine with beefed-up drive-train are only a few of the things that deliver American style riding comfort.

There are five other Opel Kadett models this year. The Rallye Kadett, LS Sport Coupe, Deluxe Sport Coupe, 2-door Sport Sedan and 2-door Sedan. All feature a long list of comfort and convenience equipment and the new GM safety package. They're at your Buick-Opel dealer now, in over 1600 locations across the country.

This week, see for yourself how grea the new style in economy can be.

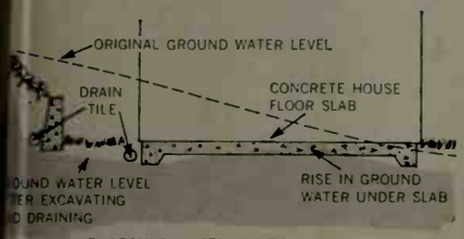
Buick's New Opel Kadett.

GENERAL MOTORS' LOWEST PRICED WAGON.

, a spring may occur right there. The nd water level usually varies season- with the amount of rainfall, but it remain fairly constant if prevented draining away by tilted substrata act as dams, particularly in localities receive some rainfall every month.

n you've cut into a hillside to build home, you may reach this ground r level and thus create a spring of s that will keep a concrete slab, crawl e, or basement almost continually p. The answer is the same as for ace hillside drainage—to install drain or tile along the bottoms of the up- foundation walls and to coat the ls with asphalt. A deep intercepting h some distance up the hillside helps.

tch F (below) illustrates how ground er has a tendency to rise up slightly ler a large concrete slab (usually only ler a large home or building). Also, 'll occasionally find a building site ere ground water has a definite upward ssure, like an artesian well, that will e it upward underneath the smallest slabs. In either case, the ground water ll usually find its way somewhere ough any waterproofing membrane



F. GROUND WATER UNDER A SLAB

at may have been laid underneath the ab, and then, by its pressure or capil- ry action, it moves up through the con- ete to produce a damp concrete floor.

he best answer to this problem is to ace one or more lines of drain piping nderneath the slab before it is laid. hese drain lines can be level (until out- de of the slab), because they are there mply to lower the ground water level eneath the slab and to eliminate any pward pressure. If such lines were not stalled underneath a concrete slab and he slab proves to be damp, another pos- ibility is to lay lines of drain piping ompletely around the perimeter of the lab and about a foot below it.

Similarly, one or more lines of drain pipe or tile laid underneath a concrete patio lab will drain excess water away and help prevent frost heave in cold climates.

SPECIAL PROBLEMS

Hard-to-explain dampness. Sometimes a new or older house that is built on a slope with a good system of foundation drain- age and drains under large slabs will still have a damp concrete floor, damp crawl space, or damp basement in wet weather. Perhaps the drainage pipes are clogged with silt. If you can't clear them with a

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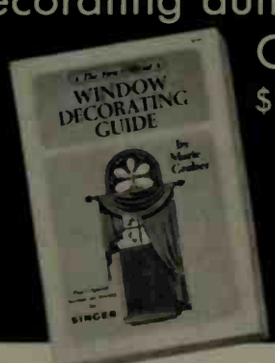

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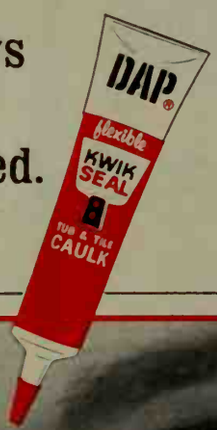

THINK ABOUT IT DAP®

DAP Inc. General Offices: Dayton, Ohio 45401 / SUBSIDIARY OF Plough, Inc.

hose, you may need to call in som with a powered rooter snake.

Another cause may be that simply much surface or ground water is d ing toward the house for the existing tem to handle. Then, intercepting dit some distance away should alleviate problem.

Or it can be that the foundation or b ment walls were not waterproofed asphalt on the outside during const tion. One answer here is to dig dow expose, clean, and coat them with phalt, but this is messy and destruc to your landscaping. You can first tr seal the concrete on the inner, exp side with one of the concrete sealing pounds available at building mate yards. Unless there is a very heavy drostatic pressure on the outside of concrete, one of these interior coat will usually suffice. Follow the manu turer's directions carefully.

Where concrete meets concrete. Ano drainage problem may occur when add more area to a concrete patio d You'll often find that the new conc slab will drain back toward the edg the original slab unless you radie change the contours of the garden beyo This occurs because lawns and gar areas are quite often sloped down to edges of patio slabs (handy places to

Expansion joint *with openings gives dra age between a new and old patio s*

lect and drain water away). As a resu large puddles form where the new a old concrete meets unless you provi some sort of drainage.

Often, a few "weep holes" of about inch diameter drilled through the ust 2 by 4 wood expansion joint between t two slabs will suffice. The photogra above shows a more positive solutio Instead of the usual 2 by 4 expansi joint, two ½ by 4-inch wood strips wi spaced ½ by 2-inch blocking betwe them were installed to provide drainag Below the wood strips is a gravel-fill ditch containing drain tile.

This year think colorful thoughts.

Think Montina® Vinyl Corlon® by Armstrong.

Think of the deepest, richest, loveliest blues you've ever seen. Think of new blue Armstrong Montina Vinyl Corlon, shown on this kitchen floor.

By day, this blue Montina is bright and cheerful. At night, it takes on a deep, pearly glow, helps create a smart, elegant atmosphere.

Day or night, the gently textured surface gives this floor a rich, handcrafted look, helps hide heel and scuff marks. And because it's vinyl, it's the easiest floor in the world to keep beautiful.

The new Armstrong Time Payment Plan makes it easier than ever to own this floor. Ask your retailer about it. He's listed in the Yellow Pages under "Floors." And, when you buy, remember to look for the Armstrong name on the roll. It's your assurance of quality.

Free! 24-page color booklet of decorating ideas for all the active rooms in your home. Write to Armstrong, 6803 Ruth Avenue, Lancaster, Pa. 17604.

The floors for the active rooms: vinyl floors by

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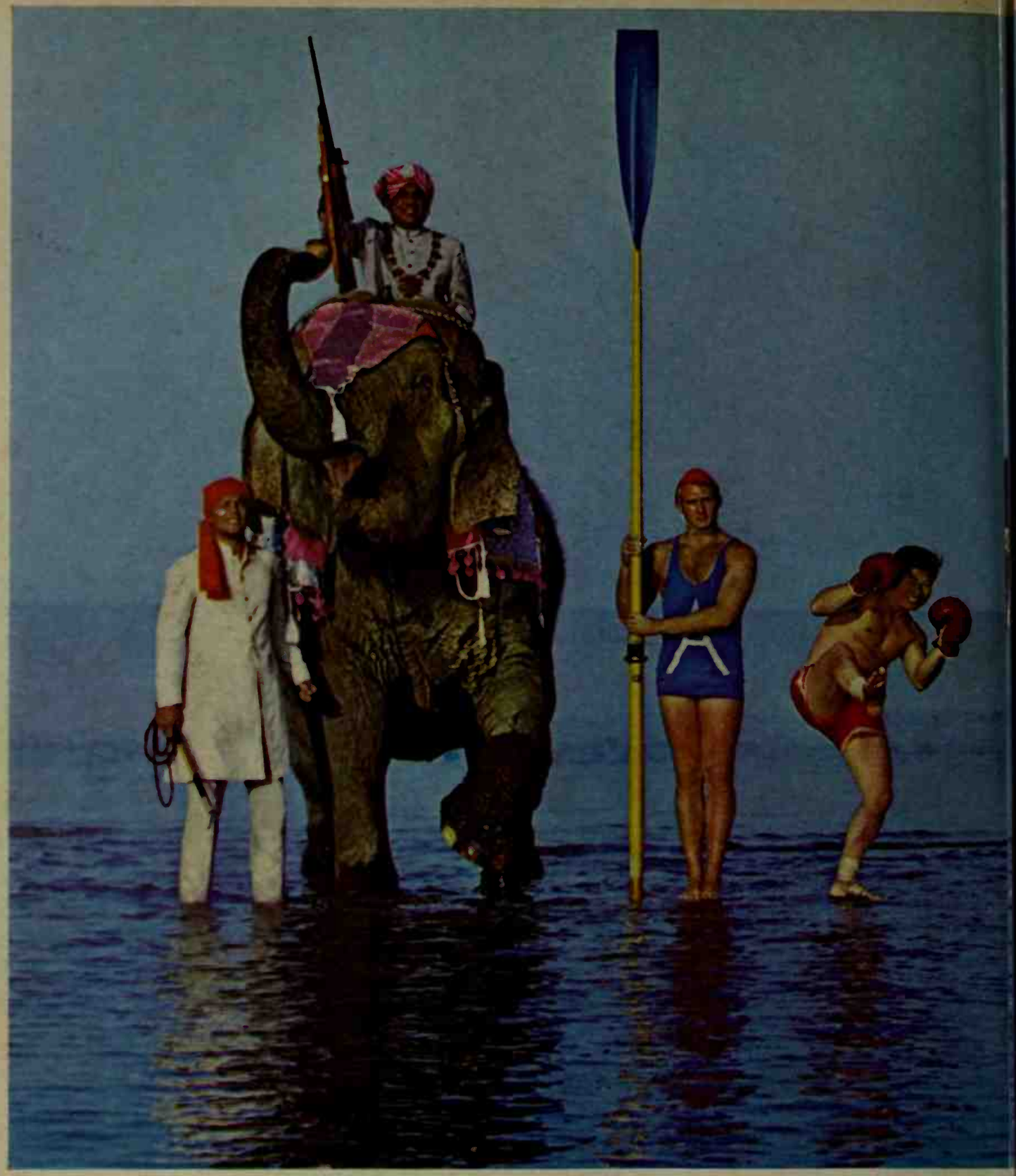
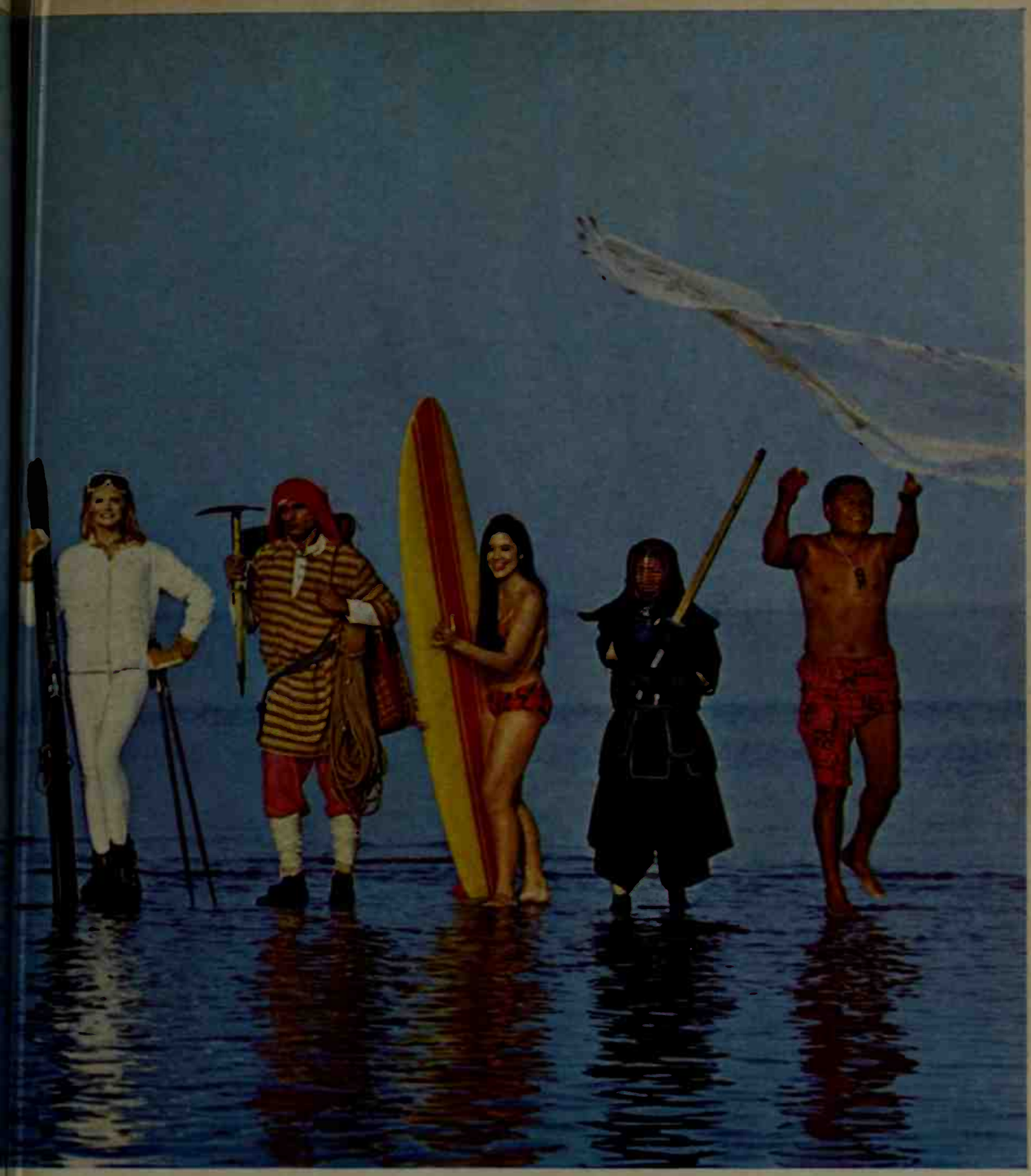


You meet such good sports in the Pacific.

Elephant boys, sherpas, skiers and kendo men; you'll meet them all as you jaunt around the Pacific. You may also meet fishermen—Tahitian style—or boxers who fight with their elbows, knees and feet—Thailand style—and beach-happy surfers and lifeguards. Or you can be a sport yourself. You can surf, skin dive, scuba or just float on your back in a lovely Hawaiian lagoon. (Some travelers say Pacific water is more buoyant; actually, it just makes you feel that way.) You can get your boards into some great skiing in New Zealand, even in the middle of summer. (Their winter is our summer.) You can bag a tiger in India or a bear in Alaska, or climb a mountain in Nepal—Everest, for example. There's exciting spear-fishing in Tahiti, New Caledonia and Western Samoa. Colorful cock fights Guam. Horse racing in Hong Kong, J Alai in the Philippines. You can fis with a lasso in American Samoa or hu elephant and wild oxen in Cambodi Best of all, you're surrounded by a tra eler's favorite indoor sports: good foo and good accommodations. That's th beauty of the Pacific—the familiar con forts are close to fascinating, unfamili



sights. But perhaps the greatest sport of all will be planning your trip and deciding where to go: twenty five different destinations, each offering a profusion of things to see, do, taste, touch and buy. Your travel agent can help you sort this out and tailor your itinerary. Meanwhile, read our beautiful 28-page color story, DISCOVER THE PACIFIC. It's free.

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THE $125 DIFFERENCE

After the flowering vine has been carved from a single piece of wood, the hand of the Heritage finisher p up its ridges in gold. When a cabinet is given a character that mirrors much more than pure function, only more money can buy it.

You might be able to find a cabinet that looks somewhat like this for about $640. And, if all you want is a shelf to hold a pair of bronzed baby shoes, you'll be happy with it.

This Heritage cabinet costs about $765. Or $125 more than its look-alike. This cabinet was made for the person who considers a cabinet a showcase, of no less importance than the objects she puts on the shelves.

The antiqued, delicate look of the finish was built up slowly. Two coats of paint, a striping of gold, lacquer, a glazing to pick up the marks of the brush, more lacquer, a flick of some paint for distressing and a final shield of lacquer produced this elegant exterior finish. Inside, we textured the wood, added a coat of pure silver, dyed it the color of gold, then accented, mellowed and aged it.

The higher price on this cabinet, or any piece of furniture we make, buys something that only more money can buy. Whether it's the way we'll take a cabinet out of the realm of cold function or the way we'll shape a chair from its frame to hold its lines and looks.

When you see work like this, you'll find the Heritage name. Burned inside the doors of this Heritage cabinet, hiding under the cushions of a cru e velvet Heritage sofa.

If you'd like to see how He a could fit into your home, se l two dollars for a Heritage c collection and room planni kit to Dept. SS-3-68, Heri ge Furniture Company, High Po North Carolina.

HERITAGE

A Division of Drexel Enterprises,

RICHARD DAWSON

stic pipe runs across top of each win-w with jets (see photo below). Sill is k, sloped so water drains away quickly

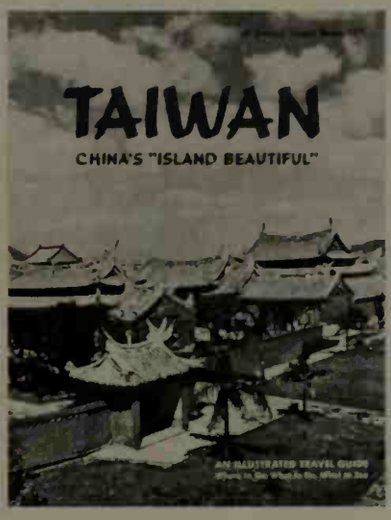
These windows wash themselves

very morning ocean-facing windows of e Lloyd B. Osborne house in Kailua, ahu, wash themselves clear of salt spray. he washing system, devised by the wner, consists of an automatic sprinkler ystem timer, and greenhouse-type spray ts. Total cost was about $125.

he timing device is preset so washing ontinues about 7 minutes. This system sn't a complete substitute for washing ith a cleaner but does keep the windows emarkably clean. A similar device could e used for large skylights and high or wkwardly placed windows.

Small *brass spray jets are spaced every 9 inches along pipe: more efficient than plain holes, easy to clean if clogged*

FASCINATING DISCOVERY BOOKS FROM *Sunset*



NEW! This all-new *Sunset* book offers an interesting view of a little-known but important land. *Taiwan* describes the beautiful island (also known as Formosa) which is offshore from mainland China and is, in fact, a rich sampling of China itself. It pictures the scenic attractions of Taiwan and also presents fascinating glimpses of its treasures of art, culture, and traditions. Here, too, is complete and practical data on transportation, facilities, accommodations, what to wear, restaurants, entertainment, etc. Hundreds of photographs, plus maps. Only $1.95

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New Zealand The two islands that comprise this nation contain some of the most spectacular scenery and outdoor sports opportunities in the entire world. Now, the *Sunset* book that describes all of this for you has been completely updated with new photos, facts on facilities, rates according to the new currency exchange, and additional excursions that have been made available for the visitor. You will enjoy this absorbing portrayal and complete guide to one of the most exciting areas in the Pacific. Only $1.95

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DARROW M. W

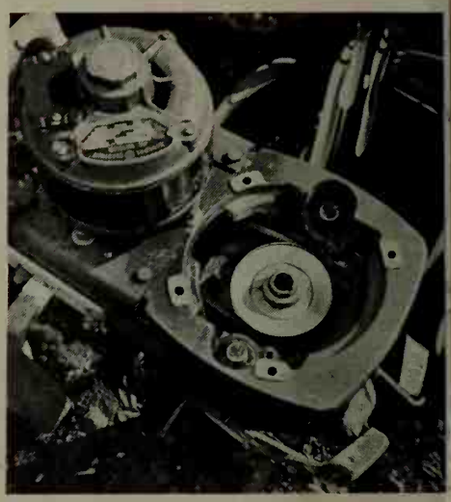
Converted *garden tiller, now electric-po ered, squeezes easily into tight locati*

He subdued his garden tiller

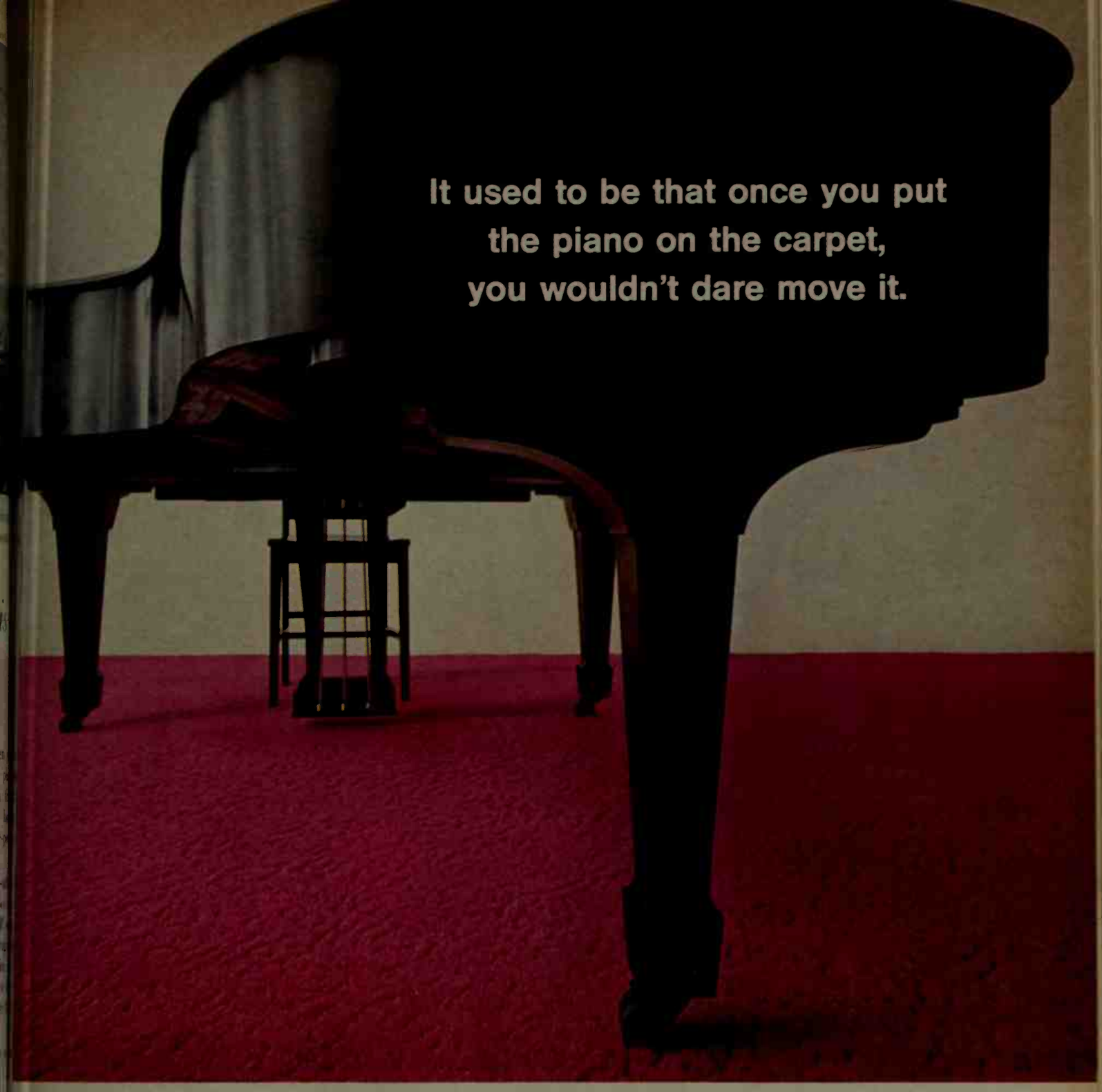
A garden tiller is a great help when y need to cultivate your gardens or pla a lawn, but there often comes a ti when your plants have grown so la you cannot run the usual gasoline-po ered tiller around them.

The owner of this garden tiller—af using it for five years—found it too to cultivate the small open areas of remaining in his garden; the gas eng was also becoming quite contrary in operation. So he gave the engine to son to play with and planned to take rest of the machine to the dump.

Then he took another look at it. He



Motor *is mounted behind original engin base and driven by a V-belt. A plywoo cover (removed here) fits over the pull*



joice, piano fans, because Mas-
nd makes an extraordinarily re-
ent carpet. The pile bounces
ht back up, even after having
en crushed by the legs of your
by Grand.

sland calls the carpet "Audi-
n," and the reason for this ter-
ic resiliency is that Masland makes "Audition" with Kodel® polyester fiber. Kodel, you see, allows carpets to retain their appearance better than any other carpet fiber. And that's a fact.

But resilience is just one reason why "Audition" is such a great carpet buy. It's also unusually beautiful. Multi-level pattern. Random sheared texture. Twelve exciting colors. And it's made by Masland.

Even if you don't own a piano, see "Audition" soon at your Masland dealers. (You have a chair, don't you?)

The Magic of Masland Carpets®

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KODEL

Samsonite Furniture belongs practically anyplace.

It's most unlikely you'll ever breakfast on 5th Avenue. But you can be sure that the Samsonite Round Table Set will grace your home with the same style and convenience.

It's like an instant room you can keep neatly in a closet. Unfold it in seconds and you have a superb set of furniture. Fold it up and use it with the same ease anyplace else.

The Samsonite Round Table is designed to blend quietly into its surroundings. Never looks out of place. Welded tubular steel construction gives it the strength to do hardworking jobs that other furniture's not built to do. Its baked enamel finish is smooth and scratch-resistant. Its vinyl coverings, in bold colors, are easy to clean with a damp cloth. Safety locks and hinges avoid pinched fingers.

Round Table $18.95. Flaire® Chairs $12.95 each.

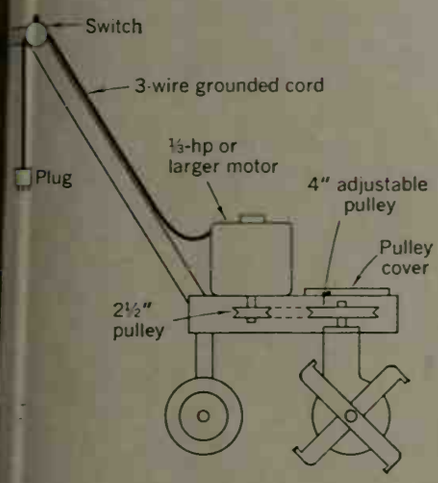
Round Table is shown in Deepwood vinyl with Levant Black chairs. Table also available in Antique White, Tan and Green vinyl with matching chairs. Available at better department and furniture stores everywhere.

Samsonite® Furniture Samsonite Corporation, Denver, Colo.

wn to size, attached an electric r, and now finds it ideal for the small nt of cultivating he needs to do.

many other garden tillers, the outer ng tines on this one were removable ultivating in small spaces. The owner anently removed them from this . To make it even more compact, he ved a drag bar from the rear of the ine and cut away its support.

his power source, the owner obtained d ⅓-horsepower, 115-volt, 1,725-rpm ing machine motor (for $5). It is nted on the tiller behind the previous ion of the gas engine and drives the by means of a ½-inch V-belt. The lt pulley on the motor is 2½ inches



ematic drawing *of the tiller conversion*

diameter and the one on the tiller ft 4 inches, giving almost two-to-one luction in speed. The holes drilled in tiller frame for mounting the motor slotted so the motor can be moved tighten or loosen the V-belt as needed; d the 4-inch pulley on the tiller shaft an adjustable type that can be changed tighten the V-belt and to vary the eed reduction to some degree.

short 3-wire (grounded) cord runs from e motor up the tiller handle, and its g end hangs about a foot down from e top of the handle. The cord has an f-on switch at the handle grip.

perating this electric tiller does involve e slight annoyance of having to trail an ectric cord, and it is only about a third powerful as it originally was. But the otor starts instantly and the tiller is ghtweight, very easy to handle, and al-ost soundless (you can use it early on a nday morning without disturbing any-ne). Most important, it cultivates prac-ically anywhere you can use a shovel.

Occasionally, some untilled soil is so dry nd hard that this lightweight machine ill not dig down into it. The owner mply soaks such soil before cultivating, r lashes on a water-filled plastic jug to dd weight temporarily.

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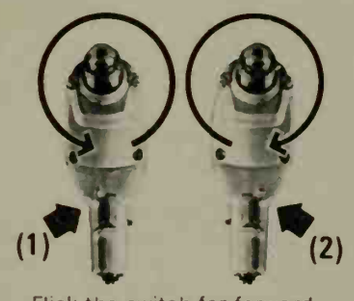


Flick the switch for forward or reversing action.

Drill or drive in any material with perfect control.

Now the Skil Drive-R-Drill comes with adjustable Trigger Speed Control. A special dial built into the trigger *lets you preset any desired maximum speed.* You can't overaccelerate. Result: more control and accuracy on every job. Only the new Drive-R-Drill offers so many features for positive, professional results: (1) the unique dial adjustment to preset maximum speed; (2) Trigger Speed Control to vary speed within the preset range; (3) reversing action that lets you remove screws as well as drive them. See the new Drive-R-Drill with adjustable Trigger Speed Control soon. Available in ¼", ⅜" and ½" sizes.
Skil Corp., Chicago, Illinois 60630

Put power in your hands with SKIL®

By front door, *this lamp is just a s crocus pot, wired for use as electric l*

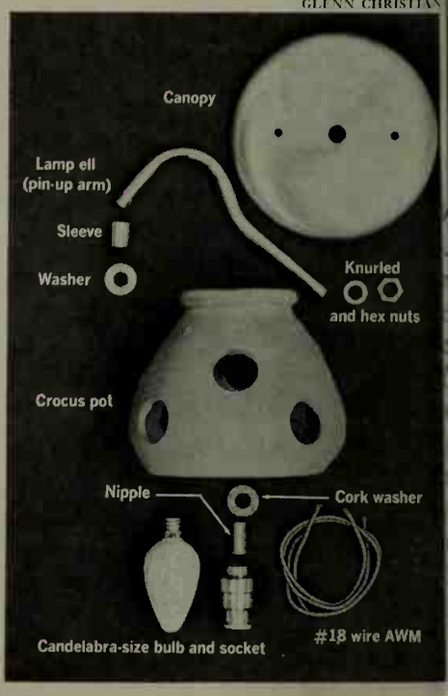
This lamp is a crocus pot

You can easily transform any sturdy garden pot into an outdoor lamp.

The light shown here is at an entryw All of its fittings, obtained at an electr shop for about $4, are of brass. The sh is a 5-inch-high crocus pot, which is m with openings around the side. The dra age hole in the bottom of the pot hac be enlarged with a ⅜-inch masonry c to receive the light socket's nipple.

The light socket, nipple, and cork was go inside the pot, and a brass washer a sleeve above connect them all toget and to the lamp ell, or support.

GLENN CHRISTIAN



All parts of lamp *except pot came from electrical shop. Nuts, ell, sleeve, nipp washer are "⅛-inch" brass lamp fittin*

New Zealand is for a very special kind of bird. Maybe even you.

New Zealand is where you can stretch your wings. Let loose. Live. New Zealand is powerful stuff—with rugged cliffs and boiling lakes, a mysterious and beautiful glowworm grotto, and frosty glaciers that move beneath your feet; and it's also so gentle and sweet, this "land of the long white cloud." With forests of whispering fern and meadows filled with grazing sheep and quiet beaches and charming inns and the most friendly people you'll ever meet. New Zealand is for you to catch a fighting trout, watch a Maori traditional dance, explore a Scottish city, drink in an English garden tavern. In the small world of New Zealand you can find just about everything. Many people come to New Zealand to simply find themselves. Jets depart daily and luxury liners make regular calls to this—the most marvelous place in all the world. But remember—the islands of New Zealand are for a very special kind of bird: you?

NEW ZEALAND GOVERNMENT TOURIST OFFICE,
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No wonder it outsells all others combined—

d-CON MOUSE-PRUFE

DON NO

Using pattern *and texture to create a highly decorative concrete entry patio and*

CONCRETE SURFACES Your choice is almost endle

One plus feature of concrete is the almost infinite variety of ways you can finish it. You can have it smoothed, lightly or heavily brushed, washed to expose the aggregate, seeded with rock salt for a pocked effect, surfaced with handsome pebbles, swirled, scored, patterned.

Pictured on this page are two possible effects. One combines two different finishes. The other utilizes plant leaves to produce a pattern.

The two-textured effect shown above was designed by landscape architect Robert W. Chittock for the entry at the Philip Meyer house on Bainbridge Island, Washington. The pads were poured first. Each was formed with 2 by 4's on the straight edges, and with sheet metal strips on the curves. A hard rubber float was used to produce a sand finish without directional lines or swirls.

After the pads had set up sufficiently, the forms were removed and the spaces between them filled with concrete and almost immediately hosed and brushed to produce an exposed aggregate finish. Lampblack was added to this mix to darken the concrete and to sharpen the contrast.

For the concrete surface shown in the photograph below, the decorative in with the leaf imprints were cast s ately in a mold, then set in place s rest of the walk could be poured ar them. They were designed and mad Charles R. Hooper of Upland, Califo who used a tapered, 2-inch-deep mold (about ⅛-inch taper from bo of mold to open end). He coated the tom and sides of the mold with paste

GLENN CHRISTI

Fossil imprints? *The effect's much same, but you don't wait years fo*

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wax, forcing more wax into the corne round them. The taper and wax mak mold slip off easily, and the rounded ners are less likely to chip.

To make the stones, place each leaf side up, in the bottom of the mold. Hooper used leaves of the rice p plant (*Tetrapanax papyriferus*) and sh down the thick ribs with a potato p so the impression wouldn't be so dee to create an uneven, heel-catching face; but almost any heavily veine ribbed leaf will do. The object is to c a bold outline. Pour in a ½-inch lay grout (white or colored), then a ½- layer of concrete. Over this, place a p of 1-inch chicken wire cut about the s size as the mold, and finish filling mold. The wire reinforces the stepp stone so it won't crack.

Keep the steppingstones damp in mold for three or four days—Mr. Ho kept them covered for three days wi wet rug. Turn the molds upside-d and lift them off the steppingstones

You can use the finished product steppingstones, sinking them in a law gravel, or into the soil for a garden p Or use them as they were used he decorative inserts in a larger paved a Make sure the steppingstones will level with the finished grade of the rounding paving; then carefully pour crete around them so none spills over.

DARROW M. WAT

Putting his name on

To prevent arguments over ownership—and to make retrieval easier if small wheeled toys are borrowed or lost—you may want to "brand" the toys your youngster owns. Cut a cardboard stencil (or large and small stencils, if the range of toy sizes is great) with his name or initials; place it on each toy in turn, and spray with enamel. Use any color that will show up well.

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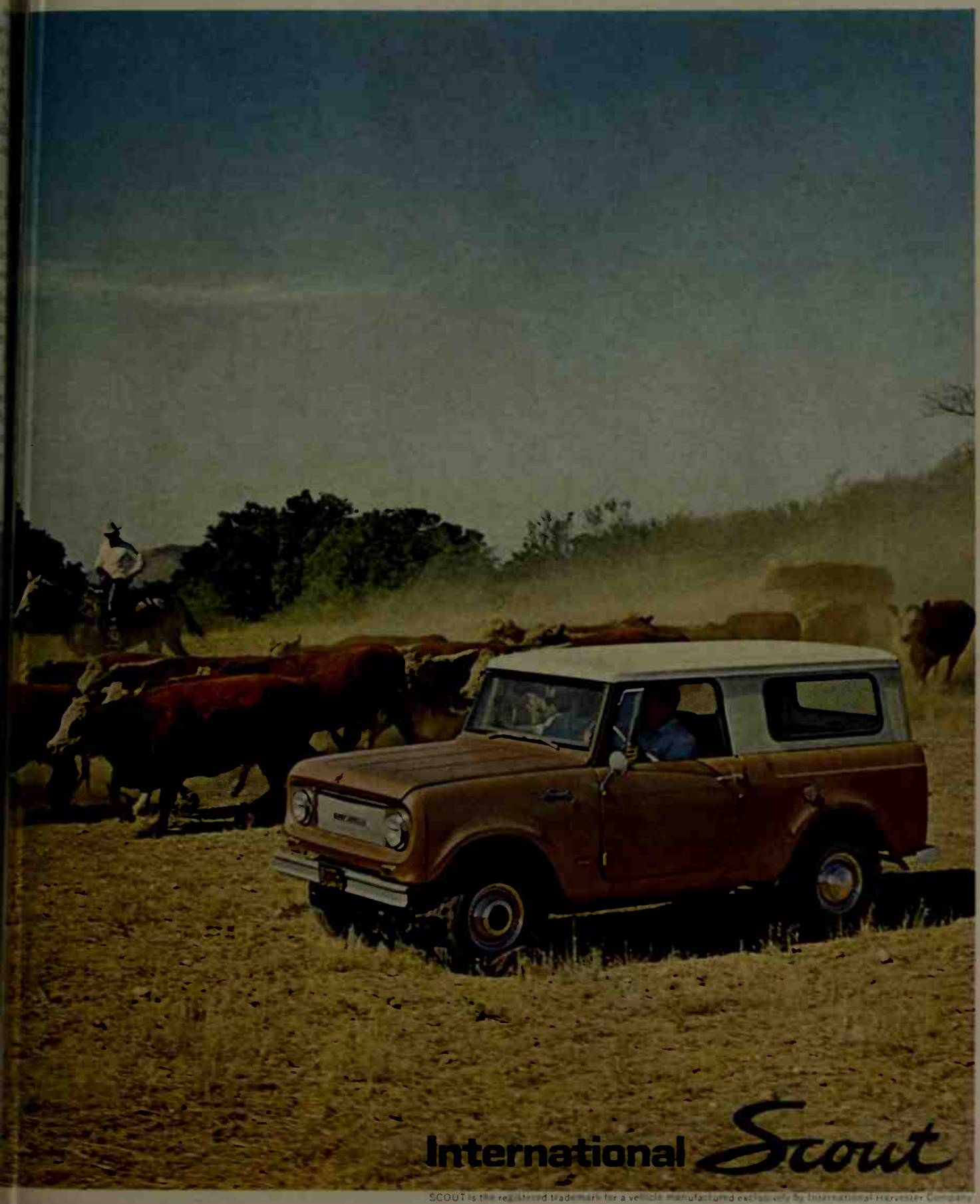

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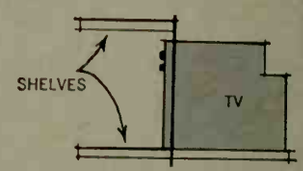
DARROW M

Portable set *on swivel board. Becau weight, wall-hung shelf is supporte angle iron (covered with wood st Design: F. J. Agardy, Santa Clara,*

TV gets some pushing aroun

Television viewing is most pleasu when you can see from a favorite ch bed without craning your neck or m furniture. When commercially-m stands and swivels aren't suitable, Westerners do some improvising. A photographs here show, they're pu sets on specially designed swivel sh



ROBERT WI

This TV, *set flush with back wall of b case, is serviced through closet u stairs behind wall. Architect: Tom for Mr. and Mrs. Charles Rolles, Hono*

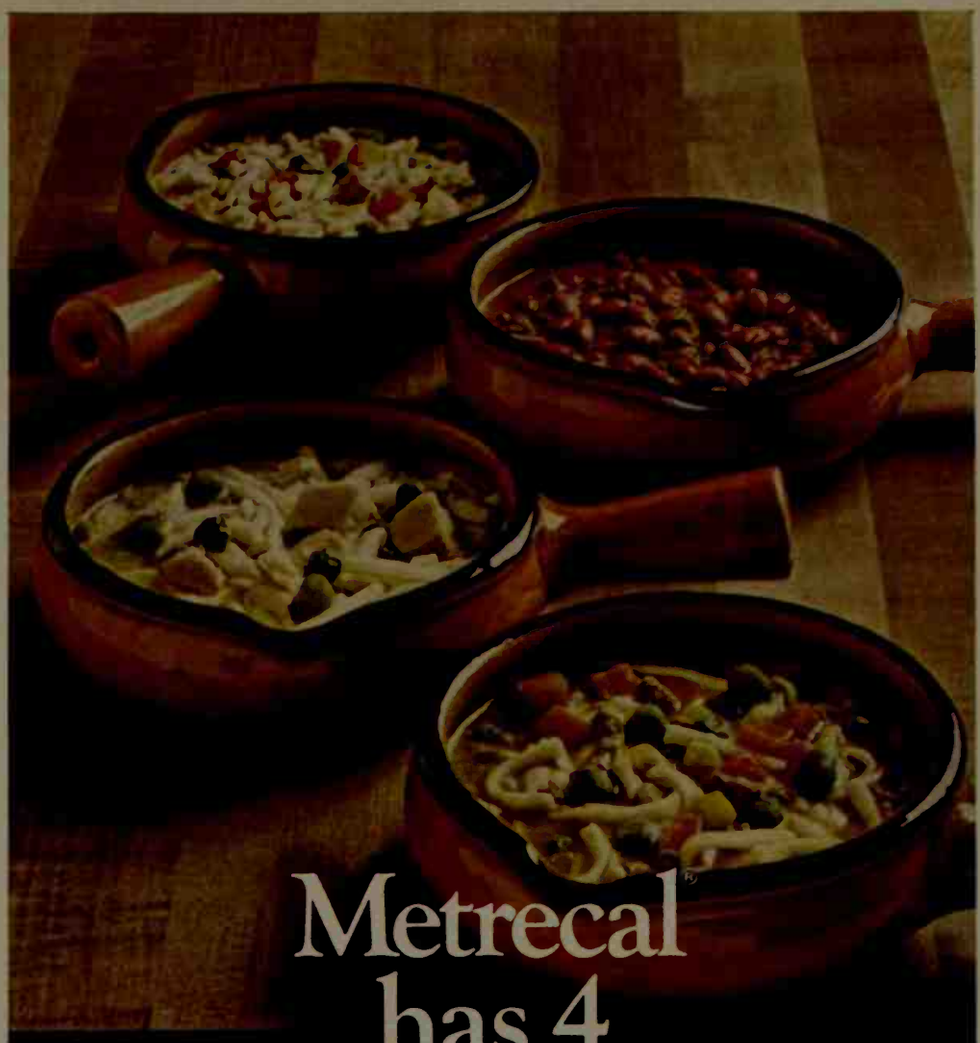
shelf *was especially designed by Clair DuBois of Pebble Beach, Calif., so y could watch during breakfast and ch. Shelf, frame screwed into wall studs*

ting them into walls, and even hanging m from ceilings.

houses with more than one set, there's longer the need to create a theater-like rangement for the entire family in the ing or all-purpose room. TV watching now more personal. The children may ve their own set (either the old retired nily set or small portable) in their room. the adults escape to their room with e spare set.

some cases, as in the photograph above, econd TV set is set up for viewing only special times. In this case it's primarily ned on for the mealtime news; major ograms are watched in greater comfort another room.

Chains *support TV up near ceiling in family room of Mr. and Mrs. T. Lawrence Newton, Atherton, Calif., so there's unobstructed view of screen from dining room*



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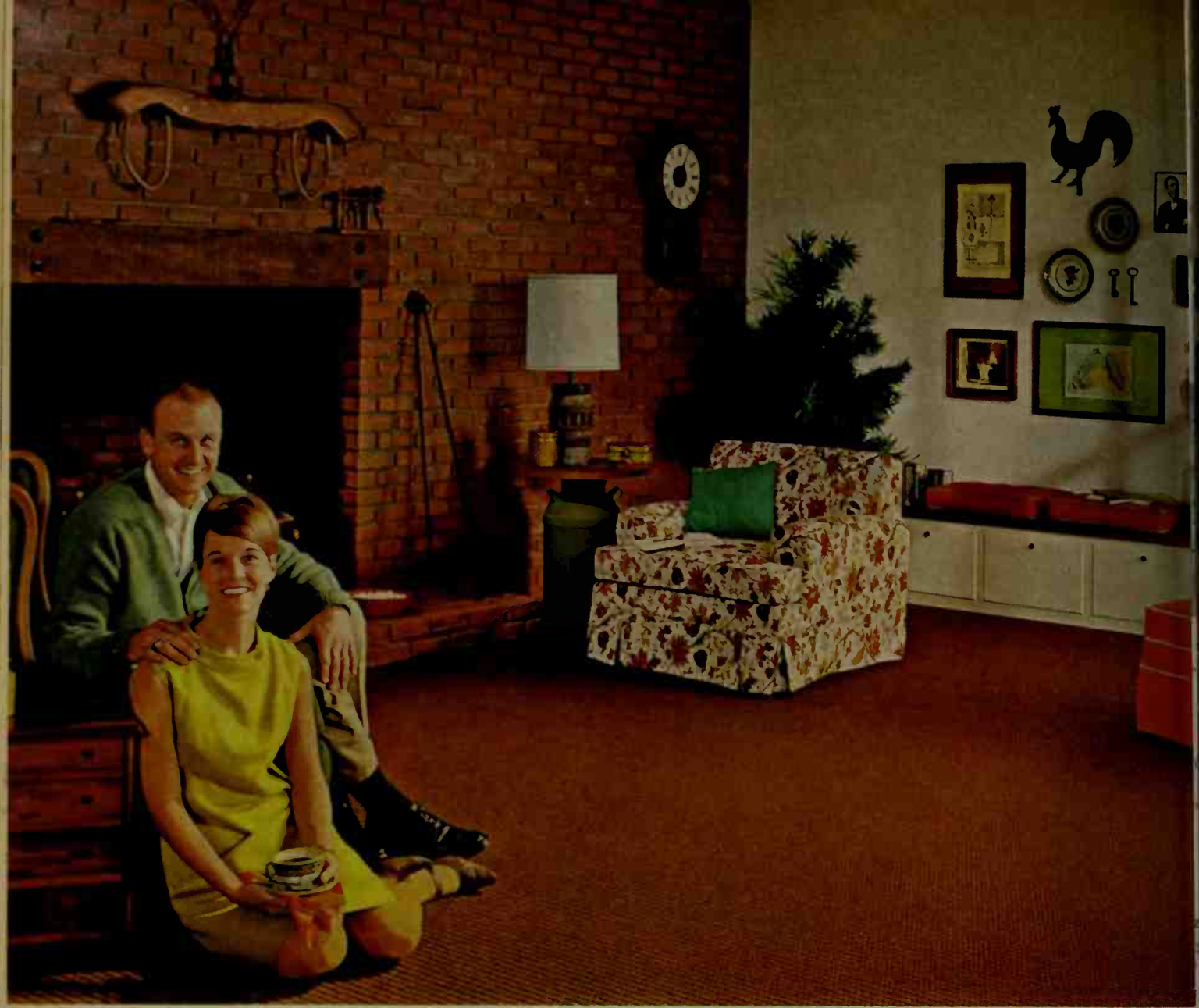

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DARROW M. WATT

ng, sliding, climbing, *youngsters enjoy three favorite childhood activities on pace platform and spring rockets at Marshall Neighborhood Park, Fremont*

MMUNITY ACTION:

They didn't wait for their park

residents of Marshall Neighborhood st growing Fremont, California, dis- ed that it would be years before the set aside for their neighborhood park be developed by the city, they de- to do something about it.

er than harass the city council for n that couldn't yet be taken, they nized to raise funds and work with ity to develop the park themselves.

irst the group was made up of a parents of children who attended shall School, which is adjacent to park site. This nucleus generated the est of neighbors by making announce- ts through the school and newspapers by distributing door-step flyers.

he initial meeting at Marshall School, Marshall Neighborhood Park Com- ee was formed. The committee later nged its name to Marshall Park ter Club because it felt that many ple assume "committee" refers to a ed group, and they wanted no one to excluded.

Booster Club then explained its pur- to city officials: to work in close peration with the city government in eloping facilities at the park.

Fremont city council responded with insiasm and cooperation, commend- the group for its efforts and "do it selves" attitude.

To give the Booster Club treasury a start, members staged fashion shows, held wine-tasting parties, and sold blocks of tickets

Swings, *other play equipment were among the first park facilities to be installed*

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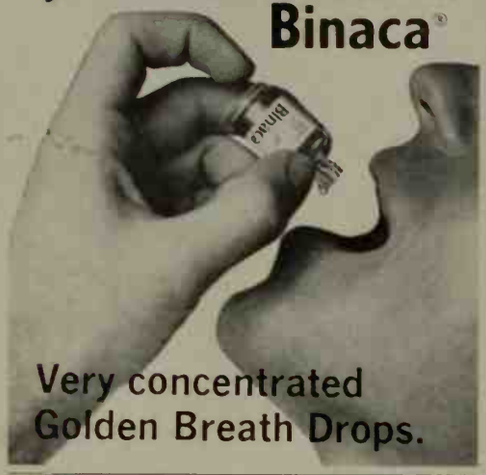

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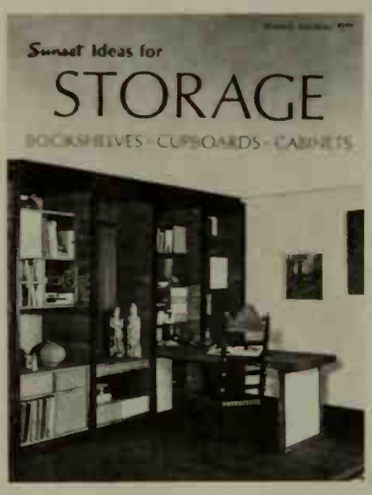

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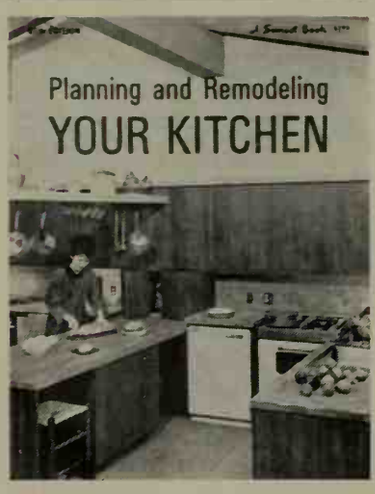

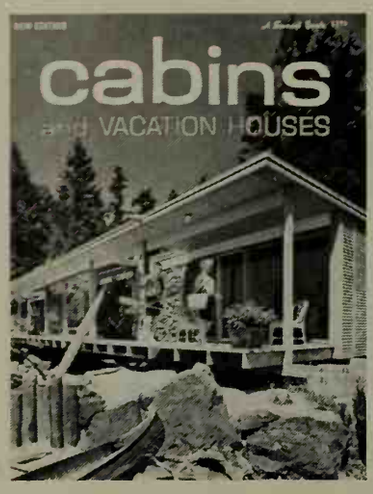

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for Fremont Youth Theater plays The club also solicited direct contribu from neighborhood residents.

When the city council called its a budget meeting, the club successful petitioned for matching funds. Ther Marshall Park Booster Club paid the cost of approved purchases an city paid the other half.

Having worked out the financial arr ments, the Booster Club set to wo the 5-acre park site. Work days scheduled—usually on Saturdays various projects. For each of thes chairman coordinated delivery of su and materials and use of equipment the city park division. Then club bers were signed up to do the work ally about a dozen, but only as ma the particular project required, to wasting members' time and effort.

The Booster Club installed play ment, picnic tables, and firepits. Th park division provided heavy e ment and operators as needed; a other things, they cut the paths th the park.

The Booster Club's participation i Marshall Park development is no complete, but when it is, responsi for maintenance of the park will l sumed by the Fremont Park Divi

Thus, because of cooperative comm effort, Marshall Neighborhood will have an attractive recreational area eral years before it would otherwise been possible. Already in constant by neighborhood children, the park serves Marshall School for nature st and art projects, and the Fremont partment of Recreation and Leisure ices for after-school activities.

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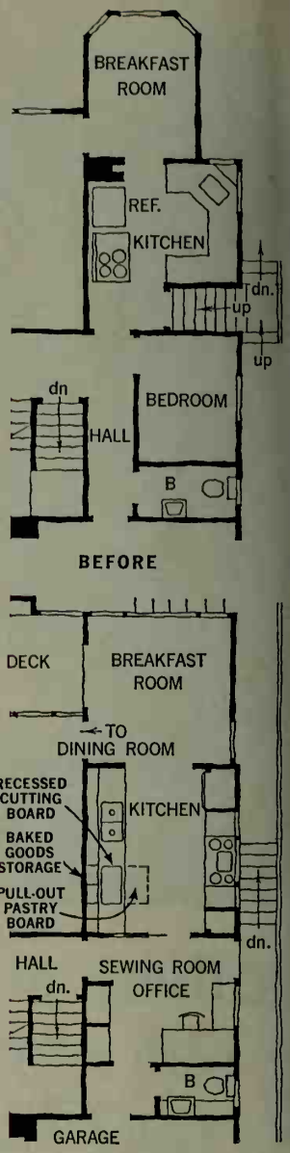
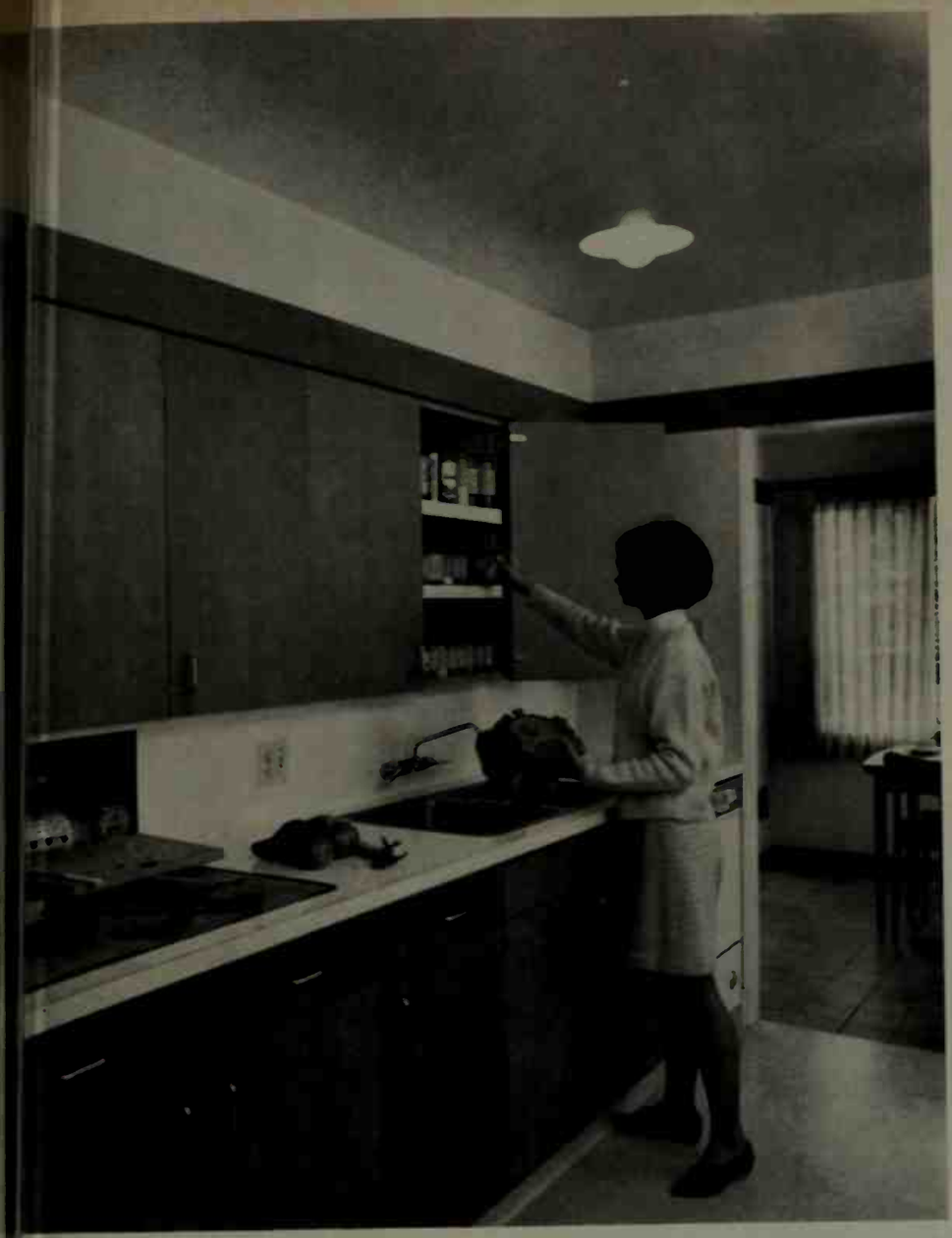
GLENN CHRISTIANSEN

Tiled cooking alcove, *flanked by refrigerator and double ovens, is generous in size and in storage space, well lighted by day or night (note ceiling recess with lights and fan)*



What they got was a new kitchen, a new breakfast room, a new sewing room-office

This all started out as a modest deck-a
stairway project to eliminate an in
stairway. As the work proceeded, n
and more possibilities were seen, until
end result included a whole new kitc
wing with a breakfast room, and a c
bination sewing room and kitchen of
The original kitchen was square and
rificed some space to stairs leading d
and outside; two of its major appliar
were in direct line of traffic from hal
breakfast room. It is now a well plan
corridor kitchen, opening at one end i
a new breakfast room (enlarged to
commodate a family of six) and at
other, to the pleasant and much u
sewing room-kitchen office. The 5½-fo
wide "corridor" permits limited foot t
fic without inconveniences to the cook
Even at that, architect Charles D. Sti
ney didn't use the full width of the o
inal room. To lessen the number of st
between the cooktop and the sink,



wall opposite *cooking alcove there's long expanse of cabinet, counter with double . Large maple board set flush provides cutting surface in laminated plastic counter*

Space *between backsplash and original wall is used for tin-lined compartments*

Board *pulls out below drawers and from behind cabinet doors for extra work space*

RICCO-MAZZUCHI

ewing room *and office was former bedroom. Low table used for machine or typewriter*

moved the counter and lower cabinets along the inside wall toward the center of the room. Above this counter, he used space between the new backsplash and the original wall for upper cabinets and for two tin-lined storage bins. Because the upper cabinets don't project at all, the counter work space is unhampered.

The new deck (not pictured here) opens off the breakfast room and living room; the interior stairway was replaced by exterior stairs and the floor space thus freed was added to the new kitchen.

One of the pleasantest work stations in this kitchen is the tiled cooking alcove with its large picture window. The same 6-inch red quarry tiles used here were used as flooring in the breakfast room. All cabinetwork and trim is vertical grain Douglas fir; walls, appliances, counters and vinyl sheet flooring are white.

The owners are the Earl F. Cheits, Kensington, California.

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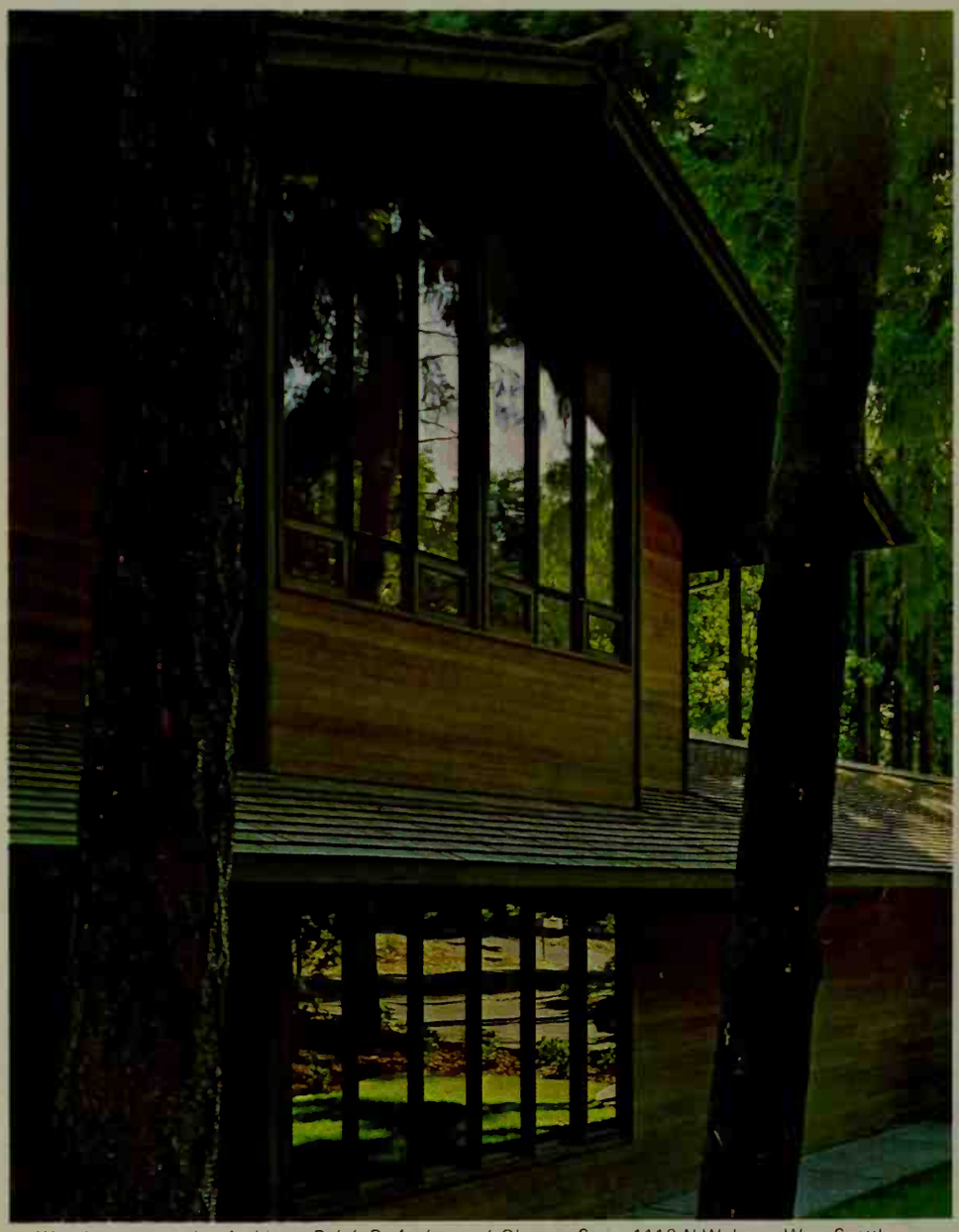

Wood: resawn cedar. Architect: Ralph D. Anderson / Olympic Stain, 1118 N.W. Leary Way, Seattle

Steps *permit children to reach the basins, later will be converted to dra*

Until they grow taller

These pull-out step drawers and laundry bin with a towel rack handle designed by architect Richard Sund for the children's bath in the Alan D tor house, Portland.

The pull-out step in front of each lava takes the place of a footstool to bri child up to comfortable height for u adult-level fixtures. The steps are sim plywood drawers with sturdy botto used bottom-side up. When the chil grow tall enough to reach the fixt comfortably, the drawers can be tu over and used as storage.

Between the lavatories is a large bin tilts out for soiled clothes. A wooden d serves both as a handle for the bin as a rod for towels.

Towel rack *between the basins also ser as a pull for the soiled clothes ham*

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June Lockhart is the wife of Los Angeles architect John Lindsay

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SAYS June Lockhart

TV and Motion Picture Star

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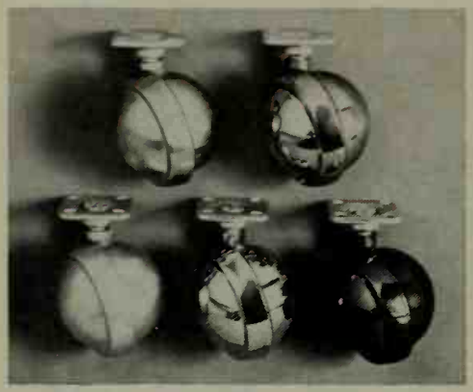
3. "Cleaning behind and under furniture is b breaking work. But with Shepherd Casters the furniture, I push it out of the way and c *properly*. It's easier, faster and cleaner."

4. "Carpets last longer if you rearrange the furniture now and then, because the wear is more evenly distributed. With Shepherd Casters I can move furniture *myself*. Rearrange an entire room in minutes.

5. PLUNK! June drops into a chair. "I do this to show people that furniture with Shepherd Casters stays put when you sit in it. To move the furniture, you have to *push* it from the back or the side."

6. "Ordinary furniture legs make ugly dents holes in carpets. But Shepherd Casters are k to even the thickest carpet. If you have r carpets, I suggest you put Shepherd Casters your furniture."



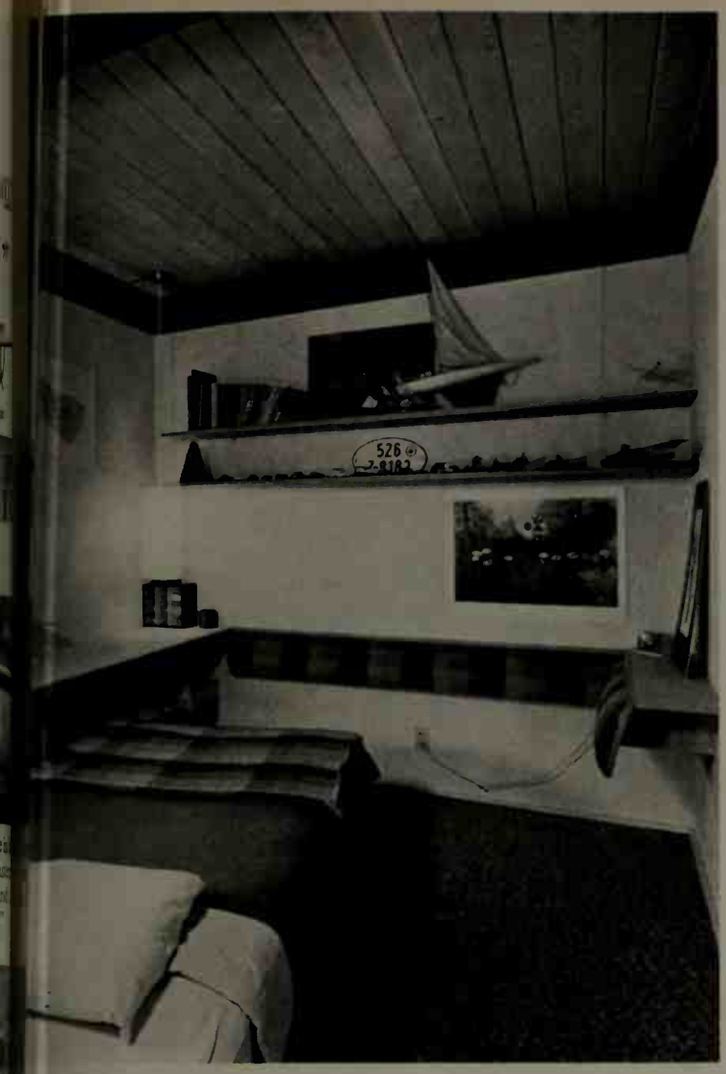
7. "There are seven different finishes. From a brilliant Bright Brass color to an elegant Antique Copper color. And you can choose from seven sizes to suit everything from cribs to nine-foot sofas."

8. "If a Shepherd Caster fails to work perfectly in the home, the manufacturer will replace it free. And this unconditional guarantee is for *25 years*." June adds, "This is the kind of product you like to tell your friends about."

9. "I recommend you put Shepherd Casters your furniture tomorrow. They're in hardw and department stores everywhere. From $2 per set of four. I know you'll be as pleased w Shepherd Casters as I am."

®A TRADEMARK OF SHEPHERD CASTERS INC.

SHEPHERD CASTERS INC. Benton Harbor, Mi



To make *room for changing the bed, you simply swing it out into room. For sleeping it's rolled back again into position against wall*

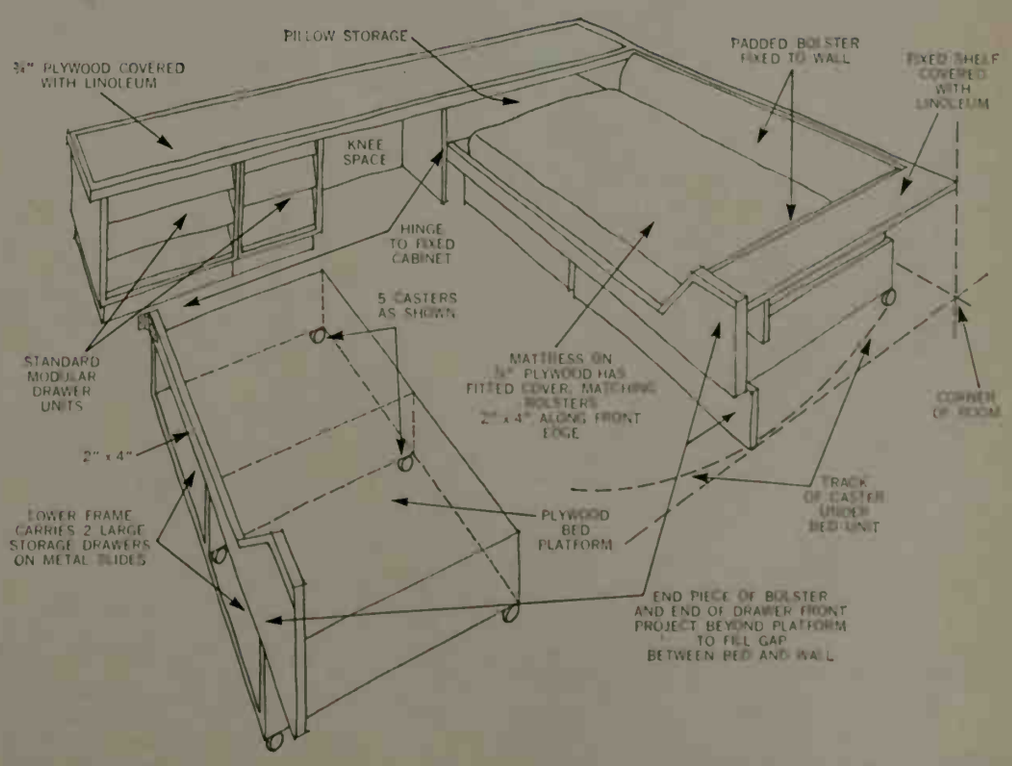
By day, *room is used for study, play; bed functions as sofa. Not shown: door (left), closet (behind camera), tall window (right)*

Built-ins make his small room generous

We had a great problem figuring out a good furniture arrangement for our boy's room—bed plus desk and storage in a small room only 8½ by 11½ feet. It worked out so well I decided to send it along to *Sunset*." So writes architect Peter Gray Scott of Oakland. And here you see how highly workable his solution was.

Where possible, Mr. Scott utilized standard commercial products. The drawer units, for example, are the kind of modular, ready-to-finish (or prefinished) units sold at furniture and department stores and at many lumberyards. The two drawers under the bed were custom-made.

Mrs. Scott upholstered the bolsters and made the mattress cover and pillow slip. The total cost of the project, including all the built-in units but not the mattress, light, pillow, or two hanging shelves above the bed, came to roughly $150.



After lo these many years our humble little bug has gone automatic.

Gone is the clutch.

Gone is the wifely whine, "It's cute, but I can't drive it."

Gone is an era of Volkswagendom. Sniff.

And in its place?

A Volkswagen you can drive all over town without shifting.

Only on the highway do you shift.

Once. (This is an economy move. Which, after all, is still the name of the game.)

But you *do* have a choice in the matter: you can drive it the easy way (described above). Or you can start out in low and take it through the gears like a regular stick shift.

The automatic stick shift is an option: you pay a little more.

But you do a little less.

© VOLKSWAGEN OF AMERICA, INC.

Volkswagen introduces the automatic stick shift.

SUNSET'S

Kitchen Cabinet®

Some dishes almost certain to please the younger members of yo family are featured here this month—but all won approval by c adult taste testers, too.

You roll frankfurters inside corn tortillas to make the simplifi Mexican enchiladas. They are covered with tomato sauce and bak with a topping of melting cheese.

A smooth blend of sweet-tart flavors enhances the chicken dru sticks and thighs that are simmered in sauce made with fresh oran juice and peel.

These simplified Mexican enchiladas bake with sauce and shredded cheese

FRANKFURTER ENCHILADAS

A frankfurter replaces the usual stuffing inside each tortilla.

- 1 medium-sized onion, chopped
- 2 tablespoons butter or shortening
- 2 cans (8 oz. *each*) tomato sauce
- 1 can (4 oz.) California green chiles, seeded and chopped
- 2 teaspoons chile powder
- 10 corn tortillas
- 10 frankfurters
- 1½ cups shredded Cheddar or Swiss cheese

In a frying pan, sauté the onion in the butter or shortening for about 5 minutes. Add the tomato sauce, chopped green chiles, and chile powder. Bring to boiling, reduce heat, and simmer for about 10 minutes.

Using tongs, dip each tortilla into hot sauce; roll the tortilla aroun frankfurter, and arrange, seam s down, in a shallow 9 by 13-inch bak pan. When all the enchiladas are in pan, pour over the remaining tom sauce. Sprinkle with the shred cheese. Bake, uncovered, in a 3 oven for about 25 minutes, or u bubbly. Makes 5 servings of 2 enc ladas each.—*R. B., Costa Mesta, Ca*

For added embellishment, you mi add 1 can (10 oz.) whole green Spa tomatoes. Drain the tomatoes and range them over the enchiladas bef pouring over the tomato sauce.

As chicken pieces brown, remove from pan; set aside while the onions sauté

CHICKEN A L'ORANGE

Consider serving this chicken in orange gravy over a simply seasoned rice pilaf.

- 4 *each* broiler-fryer chicken legs and thighs
- ⅓ cup flour, seasoned with 1 teaspoon salt and ¼ teaspoon pepper
- ¼ cup (⅛ lb.) butter or margarine
- 1 small onion, minced
- ⅔ cup regular strength chicken broth
- 1 cup fresh orange juice
- 1 teaspoon grated orange peel
- Fresh orange slices for garnish

Dredge the pieces of chicken in seasoned flour to coat lightly. In a frying pan that has a tight cover, heat the butter; brown the pieces on both sides over moderately high heat. As they are browned, remove and set aside. Add onion to the pan and sauté abou minutes.

Sprinkle in the remaining seaso flour and stir until blended. Gradu stir in the chicken broth, orange ju and peel; cook, stirring, until sligh thickened. Return chicken to the p Reduce heat, cover, and simmer gen for 25 minutes, or until tender. Garn with thin slices of whole orange. Ma 4 servings.—*A. H., Dublin, Calif.*

You could use 3 whole chicken brea in this recipe instead of the legs a thighs. Split breasts and remove bo and skin. Reduce final simmering ti to about 10 minutes.

These sweet yeast rolls are quick to prepare; you bake them in muffin pans

CINNAMON SUGAR PUFFS

Wrap puffs in foil to reheat if you make them ahead or have some left over.

- 2 packages yeast, active dry or compressed
- ½ cup warm water (lukewarm for compressed yeast)
- ¾ cup milk, scalded
- ¼ cup sugar
- 1 teaspoon salt
- ½ cup soft shortening or salad oil
- 2 eggs
- 3 cups unsifted all-purpose flour
- 1 tablespoon vanilla
- ¼ cup melted butter
- ½ cup sugar with 2 teaspoons cinnamon

Dissolve yeast in warm water. In the electric mixer bowl, combine milk, the ¼ cup sugar, salt, and shortening; let cool until lukewarm. Add yeast m ture, eggs, and half the flour. Beat medium speed for 2 minutes. Add maining flour and vanilla; beat with spoon for 2 minutes—or use your mi if it has a dough hook.

Drop dough into well greased, medi sized muffin pans, filling them ab half full. Let rise in a warm place (s as the oven with heat turned off a a pan of very hot water inside) u doubled. Bake in a 375° oven u golden brown, about 15 minutes. D tops of hot rolls into melted butt then in the cinnamon-sugar. Makes to 2½ dozen.—*D. D., Vallejo, Cali*

The cinnamon puffs are sugar and spice-coated yeast rolls that you mix like a batter bread (they require no kneading) and bake in muffin pans. They reheat well and are good for breakfast or any time.

For dessert there's a banana-nut spice cake baked in a tube pan. You can serve it plain or with whipped cream.

We invite your contribution to *Sunset's* food pages whenever an outstanding recipe evolves from your experiments in creative cookery. Mail recipes to Home Economics Department, *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

CURRIED PEA SOUP

Served in small bowls, this soup makes a delicious first course for a company dinner. For a family lunch or supper you might serve it with tuna or ham sandwiches, or try the recipe variation that uses ham.

- 2 slices bacon
- 1 tablespoon butter
- 2 tablespoons *each* finely chopped onion and celery
- 1½ to 2 teaspoons curry powder
- 1 cup water
- 1 can (about 11 oz.) condensed green pea soup
- ½ cup half-and-half (light cream)
- 2 tablespoons Sherry (optional)

In a frying pan, cook the bacon until crisp; remove and drain on paper towels. Add butter to the bacon drippings in the pan and sauté the onion and celery for about 5 minutes. Stir in the curry powder. Add the water and the soup. Heat to boiling, stirring frequently. Stir in the cream and Sherry, if used. Reheat, but do not boil. Crumble the bacon and sprinkle on each bowl as you serve. Makes 4 to 6 small servings.—*H. N., San Francisco*

To make the pea soup with ham, omit bacon; sauté the vegetables in 2 tablespoons butter; stir in about 1½ cups diced, cooked ham with the curry powder. Garnish soup with toasted croutons when you serve.

Crumbled crisp bacon is sprinkled in each bowl of soup when it's served

CARROTS AND ARTICHOKES IN OLIVE OIL

This marinated vegetable salad is adapted from an Armenian recipe. Serve it with lamb or poultry.

- 1 bunch carrots (about 5 medium-sized carrots)
- ⅓ cup olive oil (may be part salad oil)
- ⅔ cup water
- 2 tablespoons lemon juice
- ½ teaspoon grated lemon peel
- 2 teaspoons salt
- 1 teaspoon sugar
- ⅛ teaspoon pepper
- 1 package (8 oz.) frozen artichoke hearts
- Lettuce for garnish (optional)

Cut carrots into ½-inch-thick diagonal slices. Heat olive oil in a large pan, add carrots, cover, and cook until partially tender, about 8 minutes. Add the water, lemon juice and peel, salt, sugar, and pepper. Bring to boiling, add the artichoke hearts, and cook until they are just tender, about 4 minutes. Lift out vegetables with a slotted spoon and arrange in a bowl. Cool vegetables and the cooking liquid separately, then pour liquid over vegetables and refrigerate for several hours.

To serve, lift vegetables out of the marinade and arrange on serving plate; spoon some of the marinade over top. Garnish with lettuce leaves, if you wish. Makes 4 to 6 servings.—*E. M., Los Altos Hills, Calif.*

Cooking liquid is poured over vegetables; then they chill and marinate

BANANA SPICE CAKE

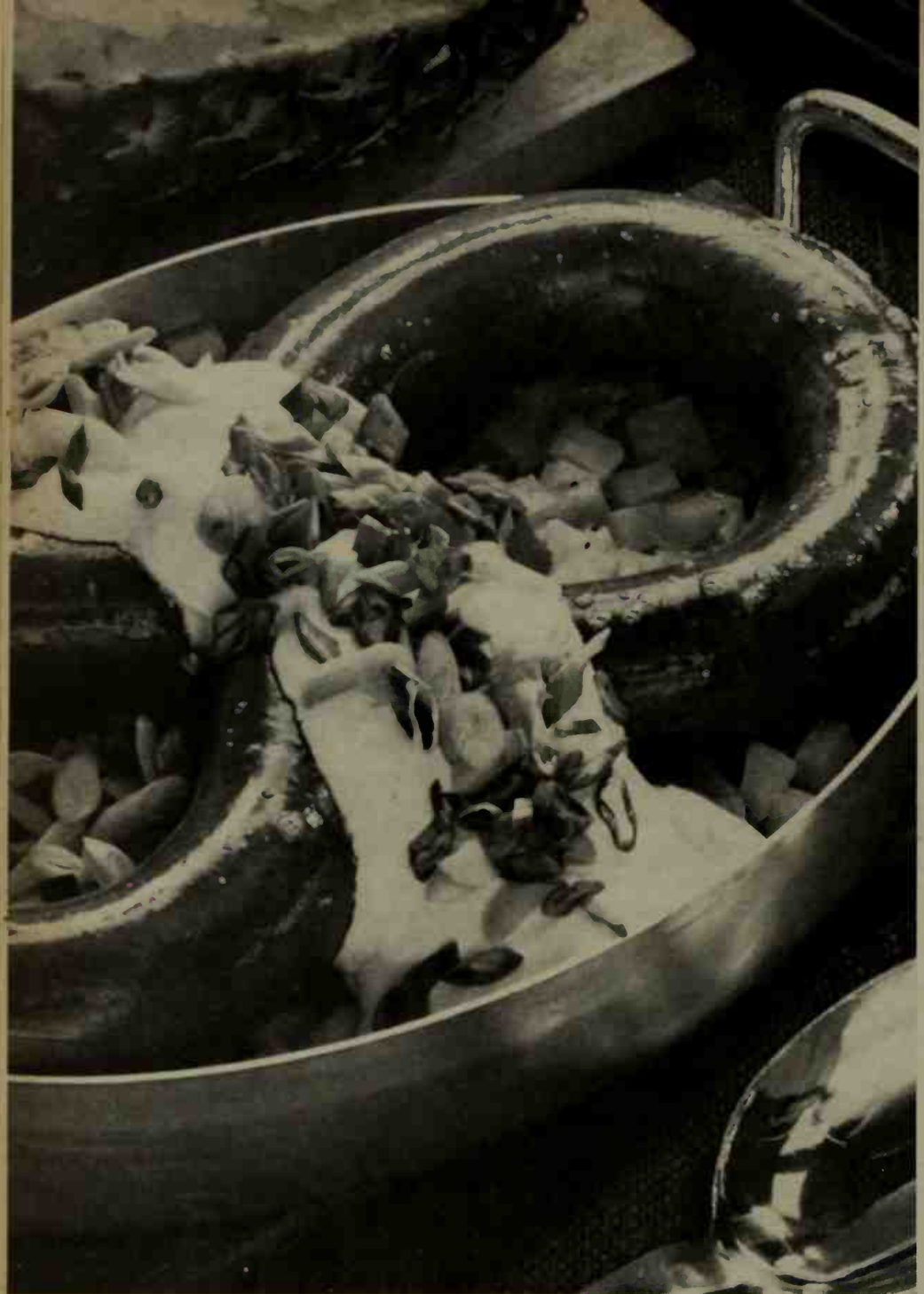
You might dust powdered sugar over this cake when you serve it. If you wish, top each serving with whipped cream or ice cream.

- 2 eggs, separated
- ½ cup (¼ lb.) butter or margarine
- ½ cup *each* brown sugar, packed, and granulated sugar
- 2 medium-sized fully ripe bananas
- ¼ cup commercial sour cream
- 1¾ cups unsifted all-purpose flour
- 1 teaspoon *each* baking powder and soda
- ½ teaspoon salt
- ¼ teaspoon *each* cinnamon and nutmeg
- 1 cup finely chopped walnuts

In a small bowl, beat the egg whites until they hold firm, moist peaks; set aside. Cream together the butter and both sugars until light. Mash the bananas (you should have about 1 cup) and add to sugar mixture with the egg yolks and sour cream; beat well. Combine the flour with the baking powder, soda, salt, and spices and sift into batter. Mix until blended. Stir in the walnuts. Fold in egg whites. Spoon into a greased 9 or 10-inch tube pan.

Bake in a 325° oven for about 50 minutes, or until cake tests done when a pick is inserted. Cool in pan about 10 minutes, then turn out and cool on a rack. Makes about 12 servings.—*R. M., Roseburg, Ore.*

You'll find plenty of fresh banana flavor in this light-textured tube cake



DARROW M. WATT

Bologna rings *heat on butter-roasted potatoes; serve with sour cream and pineapple*

These unusual and delicious shortcut main dishes are reminiscent of more complex European dishes. The sausages that give each its unique character come in loops or long strands that you coil in the cooking pans.

Ring bologna, ring biroldo, salsiccia vin blanc, and linguisa are rather special sausages, occasionally available in refrigerator sections of well stocked supermarkets but more consistently found in good delicatessens. For this reason, we give optional choices of sausages easier to locate—pork link sausages, frankfurters, bratwurst, and Polish sausages. You might try the different suggestions just for the variety they offer. As each dish involves many flavors, a salad or bread and a light dessert can complete the meal.

The traditional Swiss dish *kartoffelröst* (a carefully pan-fried potato dish served with sausages) is the inspiration for these crusty, butter-baked potato bits handsomely presented with fat, juicy bologna circles. If you wish a substitute for the bologna, use the equivalent amount of frankfurters or the slender veal frankfurters.

Although you start the potatoes on top of the range, they finish browning in the oven, so be sure to allow time for the oven to reach the correct temperature.

RING BOLOGNA WITH BUTTER-ROASTED POTATOES

In an oval 11-inch or round 10-inch pan (that you can use for cooking both on top of the range and in the oven), blend together 4 cups peeled, diced, raw potatoes; 1 cup diced onion; ¾ teaspoon salt; ¼ teaspoon pepper; and 6 tablespoons melted butter. Spread potatoes evenly in pan. Cook over moderate heat for about 5 minutes, or until edges show signs of browning; *do not stir*. (If you use a heavy frying pan, such as a cast iron one, the potatoes may need to cook as long as 10 minutes to begin browning.)

To design a meal around ring sausage

Here are four ways to go . . . using special sausage from a delicatessen or everyday sausage from your supermarket

mediately bake, uncovered, in a 450° n for 15 minutes. Place 2 small ring gnas (or a total of about 1 lb. sau-) on top of the potatoes and return oven for 10 minutes longer. Remove h oven and spoon ½ to 1 cup com- cial sour cream in a mound over sau- s and sprinkle with 3 or 4 thinly d green onions. Makes 4 to 6 servings.

simplified version of this family-style ian entrée combines gently sautéed ons, frozen Italian green beans, and lly (but distinctly) flavored blood sau- e. You can use the Italian biroldo g, plain or with raisins; the Portuguese rcella (or murcela); or the French bou- . You might prefer to try the dish first ng the same amount of veal bratwurst sages; if so, cover the bratwurst with ling water, let stand 15 minutes, drain, then brown with the onions as di- ted—except do *not* cover pan.

ROLDO AND ITALIAN EEN BEAN SAUTÉ

inly slice 3 medium-sized onions and nd with 6 tablespoons melted butter in ide frying pan. Add ½ teaspoon basil, mbled, and cook over moderately low t until onions are soft and golden with nt browning; stir occasionally.

sh onions to the sides of the pan and the center lay a biroldo ring sausage bout 1½ to 1¾ lbs.). Cover and cook ntly for 10 to 12 minutes to heat sau- ge through; turn it over after the first or 6 minutes. (An alternate method you n use if you prefer the sausage slightly isp is to cut the uncooked sausage in 2- ch lengths and place them, cut sides wn, in pan with onions; cook, uncov- ed, for 10 to 12 minutes, turning once.)

ransfer biroldo to a serving dish and ep warm. To pan add 2 packages (9 oz. *ch)* thawed, frozen Italian green beans d 2 tablespoons water. Cook over high at, stirring frequently, until beans are ell heated and lightly cooked; takes about 3 minutes. Salt beans to taste; spoon with onions in and around sausage. Makes 6 servings.

A separately cooked risotto (the savory Italian rice) sets off nicely the delicate salsiccia (sal-*seech*-chee-ah) vin blanc, or French-style pork sausage. This sausage, although credited to the French, is also found in Italian delicatessens. In place of this meat, you can use the more generally available Italian garlic-flavored pork links, salsicce (sal-*seech*-chay), and follow the same cooking directions; or cook regular pork sausage links by the same method, but simmer for only 10 minutes.

SALSICCIA VIN BLANC WITH RISOTTO

Neatly coil about a 1½-pound length of salsiccia vin blanc in an 8 or 9-inch frying pan and add enough water to fill pan about ¼ inch. Prick sausage lightly in several places with a fork. Cover and simmer gently for 30 minutes. Drain off juices, cover, and brown sausage in its own fat over moderate heat, turning once; use a wide spatula to guide meat.

In the meantime, combine in another pan 2 tablespoons melted butter; 1 medium-sized onion, chopped; and 1½ cups pearl (short grain) or long grain rice. Cook over moderately high heat, stirring, until rice looks translucent and onion is slightly browned.

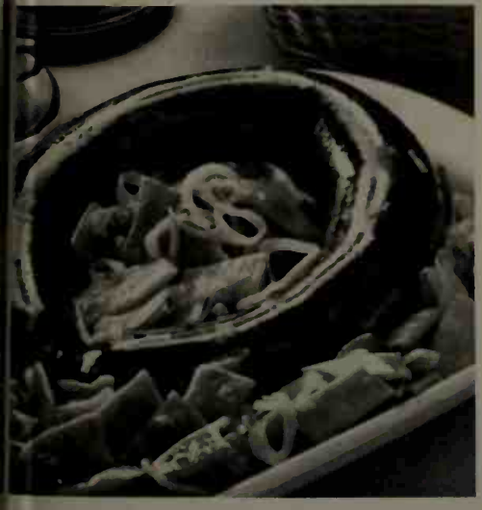
Add 3½ cups regular strength chicken broth and cook, loosely covered, over low heat for about 18 minutes, or until rice is tender to bite; stir occasionally. Stir in ½ cup shredded Parmesan cheese and turn mixture into a serving dish; lay the sausage on top and serve. Makes 6 servings.

In the cuisines of Spanish and Portuguese-speaking people, there are several hearty, wholesome stews of similar characteristics —*puchero, cocido, cozido*—and this dish might well be described as a liberal interpretation of any one of them. You use canned garbanzos, thereby saving hours of simmering. The seasonings come from the spicy Portuguese linguisa (lin-*gwee*-sa). Other sausages you can use the same way are smoky Polish sausages or the highly seasoned Portuguese chouriço (chore-*ree*-so), sometimes called hot linguisa.

LINGUISA-GARBANZO STEW

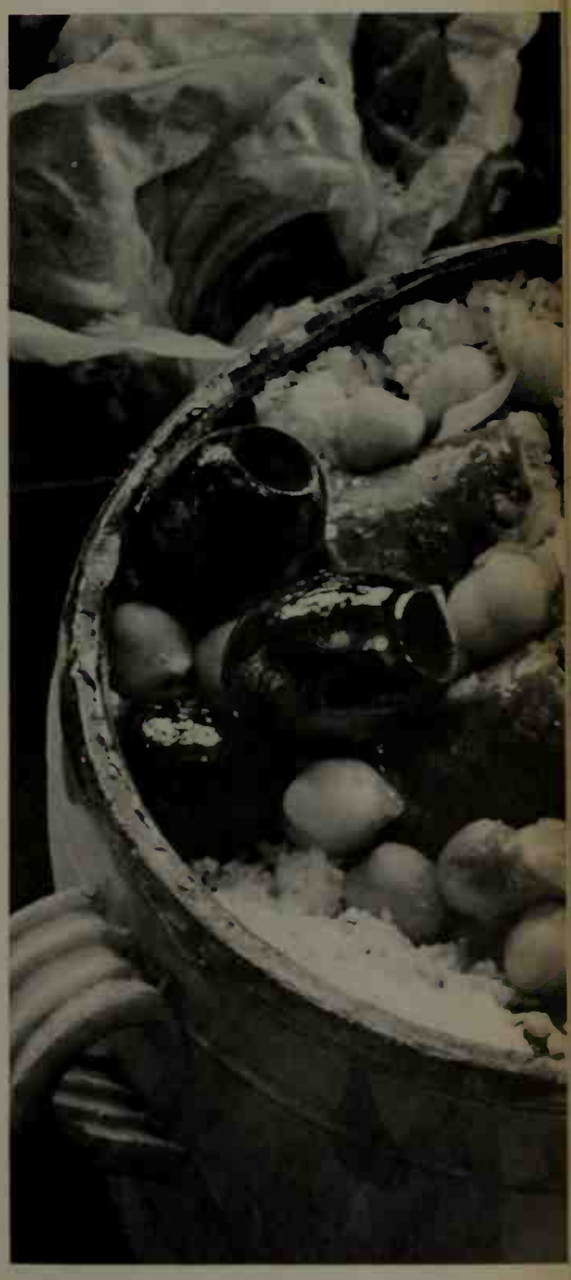
In a large frying pan over moderately low heat cook ½ cup diced onion and 3 cups shredded cabbage in 2 tablespoons olive oil or salad oil until vegetables are soft and lightly browned. Stir in 3 cans (about 1 lb. *each)* garbanzos and liquid (also called chick peas).

Gash or cut in large chunks 2 linguisa sausage rings (or a total of about 1½ lbs.) and add to pan. Cover and simmer gently for 30 minutes, stirring occasionally. Pour into serving dish and garnish with 1 hard-cooked egg, finely mashed, and 3 or 4 pitted large ripe olives or pimiento-stuffed Spanish style olives. Makes 6 servings.



Sautéed onions *blend flavors of biroldo ring, Italian beans. Offer a crusty bread*

A twirl *of salsiccia vin blanc on bed of risotto, with salad of romaine, anchovies*



Offer *a hearty potful of linguisa, garbanzos, cabbage, onion, with a tossed salad*

One Chef comes bearing spinach . . . another offers *Greek* Stroganoff in *Mexican* style

"**More people** should pay attention to spinach," affirmed one of our tasters when *Chef* A. L. Marshall's Fried Spinach was brought to his attention.

The fact is that spinach is not a neglected vegetable, and right now at the height of the season great quantities of the crisp, dark green leaves will be carried home from produce counters. The extraordinary thing is that with all that spinach being sold and presumably eaten, so few people admit to liking it. Only Popeye shows a real passion for the stuff, and he relies on a canned product that is efficient but inferior to fresh.

Chef Marshall's mixture is bound to change all that. He describes it as "quite hearty—not bland at all," but it's a good deal more. If you cook it as spinach should be cooked—just until wilted but still freshly green—it will be worthy of the grandest as well as the most humble of meals.

MARSHALL'S FRIED SPINACH

- 2 bunches fresh spinach (about 1½ lbs.), stems removed
- 1 small clove garlic, minced or mashed
- 3 tablespoons olive oil
- 2 tablespoons butter
- 2 eggs, slightly beaten
- 3 tablespoons grated Parmesan cheese
- ½ teaspoon salt
- ⅛ teaspoon pepper

Thoroughly wash the spinach; drain. In a large frying pan with a lid, sauté the garlic in the oil and butter about 2 minutes. Add spinach, cover, and cook over low heat until spinach is wilted, about 3 or 4 minutes. Drain. Add the eggs, 2 tablespoons of the cheese, salt, and pepper, and stir gently with a fork until the egg is just cooked, about 1 minute. Turn into serving dish and sprinkle on remaining cheese. Serve immediately. Makes about 4 servings.

A. L. Marshall

CDR, USNR (Ret.)
La Jolla, Calif.

A recipe meant to use up leftovers (and perhaps cover their defects) often turns out so well that the next time around, the whole thing is made from the ground up. Something of the sort has happened in the Harold Stokes household, where Mr. Stokes started by trying to use up the leavings of a leg of lamb, but now buys the lamb specialty for a dish that he likes

"Greek Stroganoff, Mexican overtone

to call "Greek Stroganoff with Mexi Overtones."

When you try this one, watch the gr chiles. Their bite varies from can to and tolerance varies from person to p son. If you know you love them, d worry. If you wonder a little, then cut amount.

GREEK STROGANOFF WITH MEXICAN OVERTONES

- 2 tablespoons olive oil
- 1½ pounds cubed boneless lamb, leg or shoulder
- 1 clove garlic, minced or mashed
- 1 large onion, diced
- 1 can (4 oz.) pimientos, drained and sliced
- ½ cup sweet Vermouth or Sherry
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- 1 cup sliced mushrooms
- 1 can (4 oz.) California green chiles, seeded and sliced
- 1 can (2¼ oz.) sliced ripe olives, drained
- 1 cup commercial sour cream

Heat the oil in a large frying pan a brown lamb on all sides. Add garlic, oni and pimientos; cook until onion is tra lucent, then add Vermouth, salt, a pepper. Cover and cook until lamb is t der, about 1 hour. Add mushrooms a chiles and cook about another 10 minut Stir in olives and sour cream and co stirring, just until heated—the mixt should not boil. Serve with butte noodles, if you wish. Makes 3 or 4 servin

Harold N. Stokes

Redondo Beach, Calif

That trim little onion relative, the shall is one of those ingredients that seem add some emotional as well as flavor overtones to food, for just pronounci the name brings a little trill of exciteme to the voice of a true aficionado. It clea ought to rhyme with "mallet" or "palat but it shows its French origin in the offic pronunciation that makes it rhyme wi "a lot."

Only the name is French, by the way. T vegetable itself is an early migrant fr the Middle East where some Rom found it growing in Ashkelon. Bob Mey of Arcadia, California, uses a quarter c

Chefs of the West®

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"I'm trying S&W Corn because S&W Pears are so good"

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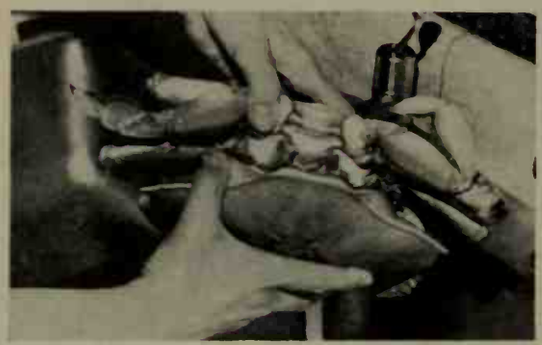
How to Beat the "Shell" Game



1. Hold base of crab with one hand, place thumb under shell at midpoint and pull off back.

2. Turn crab over and run thumb around body, removing the leaf-like gills. Sometimes a spoon edge aids in this step.

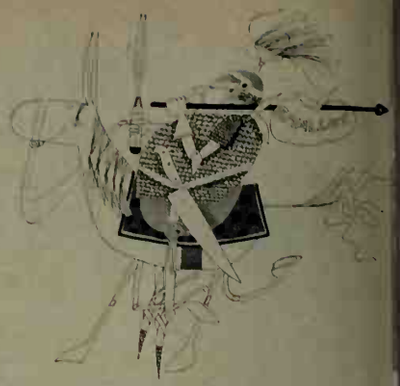
3. Place crab under a heavy stream of cold water, washing away "butter" from its center.

Since your Dungeness crab is sold to you cooked, it is now ready to eat. Remove the legs and claws, break the body in half... crack and pick. Be sure to keep crab chilled until ready to serve.

FREE: Write for Dungeness crab recipes:

DUNGENESS CRAB

1126 S.W. 13th Avenue, Portland, Oregon 97205



"Some Roman found it in Ashkelon"

of it in preparing a salad dressing that cause talk around the dinner table.

SHALLOT AND BLUE CHEESE DRESSI

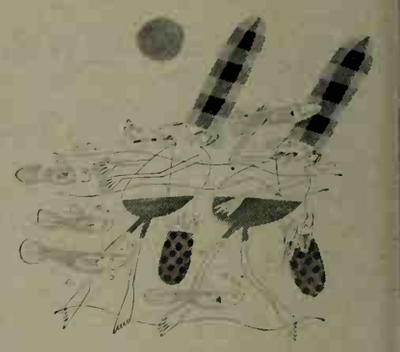
- 6 ounces blue cheese
- ¼ cup shallots (about 5 large shallots)
- 2 cloves garlic
- 1 teaspoon Worcestershire
- Dash liquid hot pepper seasoning
- ½ cup cultured buttermilk
- 2 cups mayonnaise

Place blue cheese, shallots, garlic, Wor tershire, hot pepper seasoning, and b termilk in a blender and whirl u smooth. Add mayonnaise and blend a seconds more. Chill overnight. Mal about 3½ cups.

Bob Meyer

Arcadia, Calif

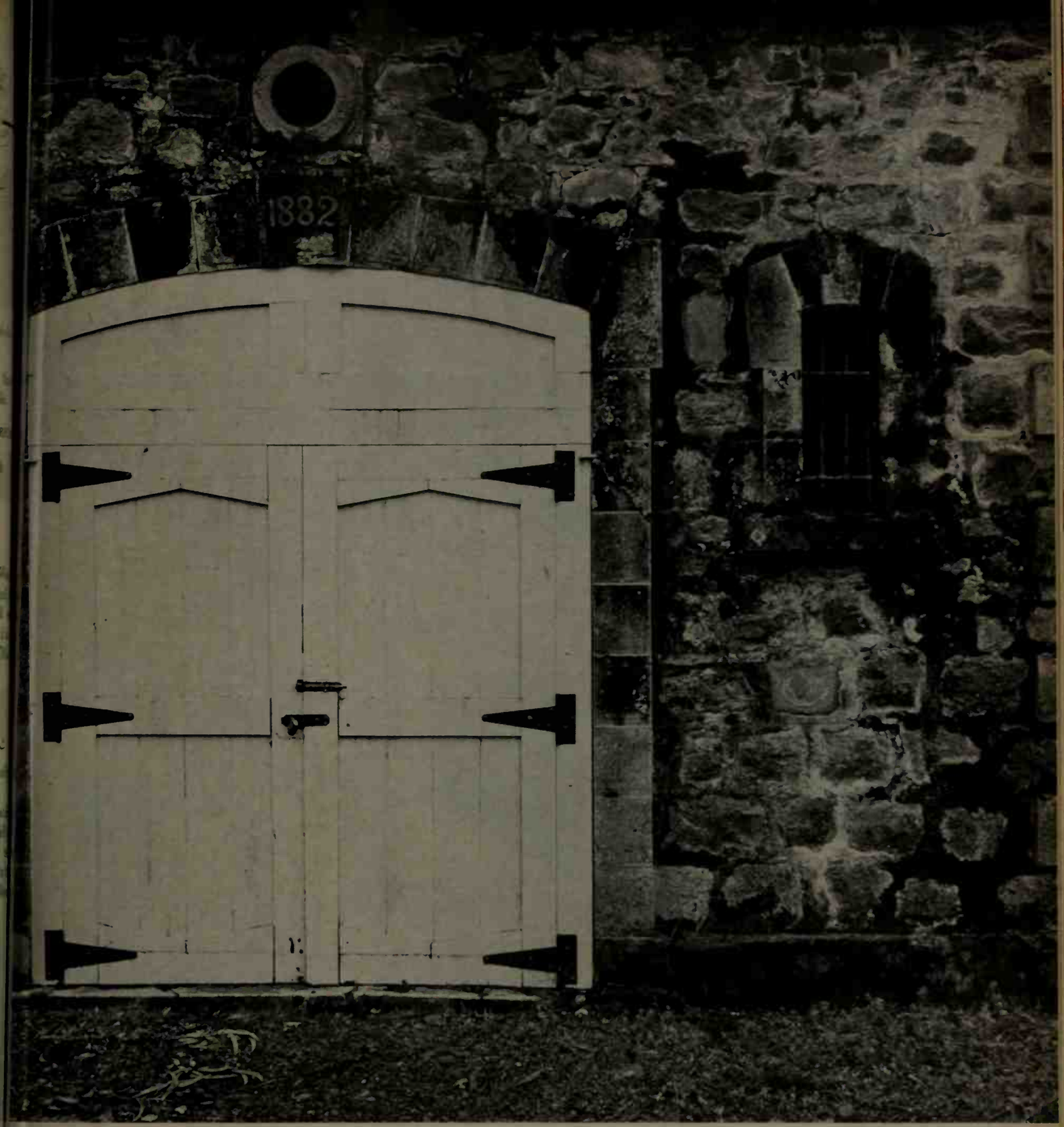
Hush puppies call up visions of catfi but any other fryable white fish will as well. *Chef* Garfield M. Quimby u corvina fresh from the Salton Sea. In fall of the year he commented as follo



"The fish swim to meet us"

"Now that the hot weather is over and t corvina are biting again, a group of us down to the Salton Sea and wade out to our armpits. The fish, appreciating o efforts, swim in to meet us. The who thing ends up with a fish fry, and with it make these hush puppies. One enthusia tic old Southern gentleman declared the were so good that you could cook the with the fish, then throw the fish away a just eat the hush puppies."

Fish fanciers will probably want to kee both, but these crusty little cornme



Some great wines are serving time at Inglenook.

Although it resembles a prison, the cellar of the Inglenook winery is really more of a finishing school.

Inside, Gamays, Cabernets, Zinfandels, Rieslings and other promising wines acquire a final touch of maturity and character in casks of white oak, some of them three hundred years old.

The amount of time a wine spends here depends on the wine. Since all Inglenook wines are sold with the year of vintage printed on the label, each wine must reach full maturity before it's bottled. Some wines serve a little time, others a lot.

We have a house rule: every wine is bottled only when it's ready, not when we are.

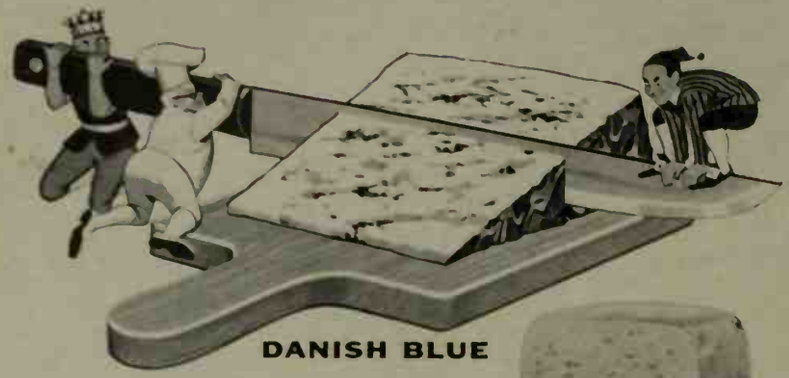
Not surprisingly, this strict upbringing has won a large reputation for our small winery. And one we're determined to live up to. Which means it's still possible to get a good deal more than you pay for when you buy a wine, when the wine you buy comes from Inglenook.

Example: Inglenook Chenin Blanc, a fruity, medium dry white wine, delightful served chilled with either light or rich foods. Like every Inglenook wine, it has to be awfully good to get out of our "finishing school".

The unhurried wines of Inglenook

INGLENOOK VINEYARDS, NAPA VALLEY, RUTHERFORD, CALIFORNIA

CHIP OFF THE OLD BLOCK



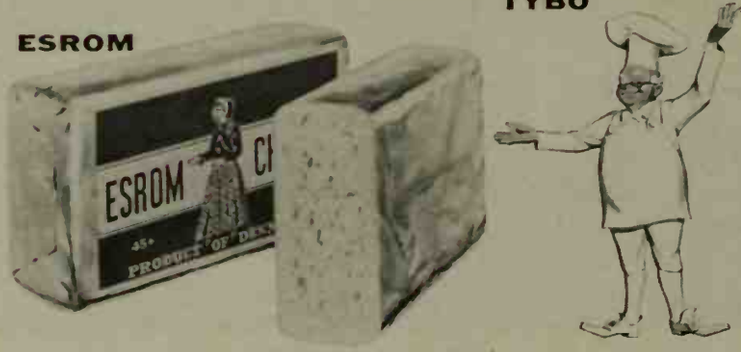
DANISH BLUE

SAMSOE

HAVARTI

TYBO

ESROM



Any way you slice them, imported Danish cheeses are terrific! Try tasty Tybo with a crunchy potato chip. Elegant Esrom or Samsoe with crackers. Buttery-rich Havarti or the noble blue for just plain nibbling . . . and let the chips fall where they may.

Imported DANISH CHEESES

cakes are good and contrast beautifully with the soft flesh of the fish.

SALTON HUSH PUPPIES

- 2 cups yellow corn meal
- 1 tablespoon flour
- 1 tablespoon sugar
- 1 teaspoon salt
- 1 teaspoon baking powder
- ¾ teaspoon soda
- ⅛ teaspoon pepper
- 1 egg
- 1¼ cups cultured buttermilk
- 5 slices bacon, fried crisp, crumbled
- ⅓ cup chopped onion

Mix corn meal, flour, sugar, salt, baking powder, baking soda, and pepper in a bowl. In another bowl beat the egg with a fork; then add buttermilk, bacon, and onion, and blend well. Mix liquid and dry ingredients, blending well. Drop small teaspoonfuls of batter into deep fat heated to 375°. When brown on bottom, turn over and cook until brown. Serve hot with fried white fish. Makes about 4 dozen.

Garfield M. Quimby

Desert Hot Springs, Calif.

The gourmet palate, widespread among *Chefs*, has found that the pearl is second to the edible portion of the oyster. *Chef* George H. Steffey has found a way to bring more happy members into the gourmet camp. He does it with his Oyster

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And we know one of the ways that's best to serve it: Stuffed Fish Fillets.

When you make this recipe, be sure to use the one little ingredient that will make the one big difference, Angostura. Angostura bitters brings forth the good taste already in fish and adds a subtle flavor of its own.

STUFFED FISH FILLETS

6 sole fillets
3 cups toasted bread cubes
⅓ cup melted butter or margarine
1 cup applesauce
2 teaspoons grated lemon rind
1 small onion chopped
2 tablespoons chopped parsley
1 teaspoon salt
1 teaspoon Angostura aromatic bitters
Paprika

Combine all ingredients except fillets and paprika. Place ⅙th of filling mixture on one end of each fillet. Roll fillets around stuffing. Fasten with toothpick. Place on a foil-lined greased baking pan, sprinkle with paprika, and bake at (375° F.) for 15-20 minutes or until fish flakes. Yield: 6 servings.

If you really want to become a gourmet in two shakes (or one teaspoon or a tablespoon), send for Angostura's free recipe book, "The Secret of Better Taste." Write Angostura, Dept. S4, Box 123, Elmhurst, New York 11373.

or how to become a gourmet in two shakes.

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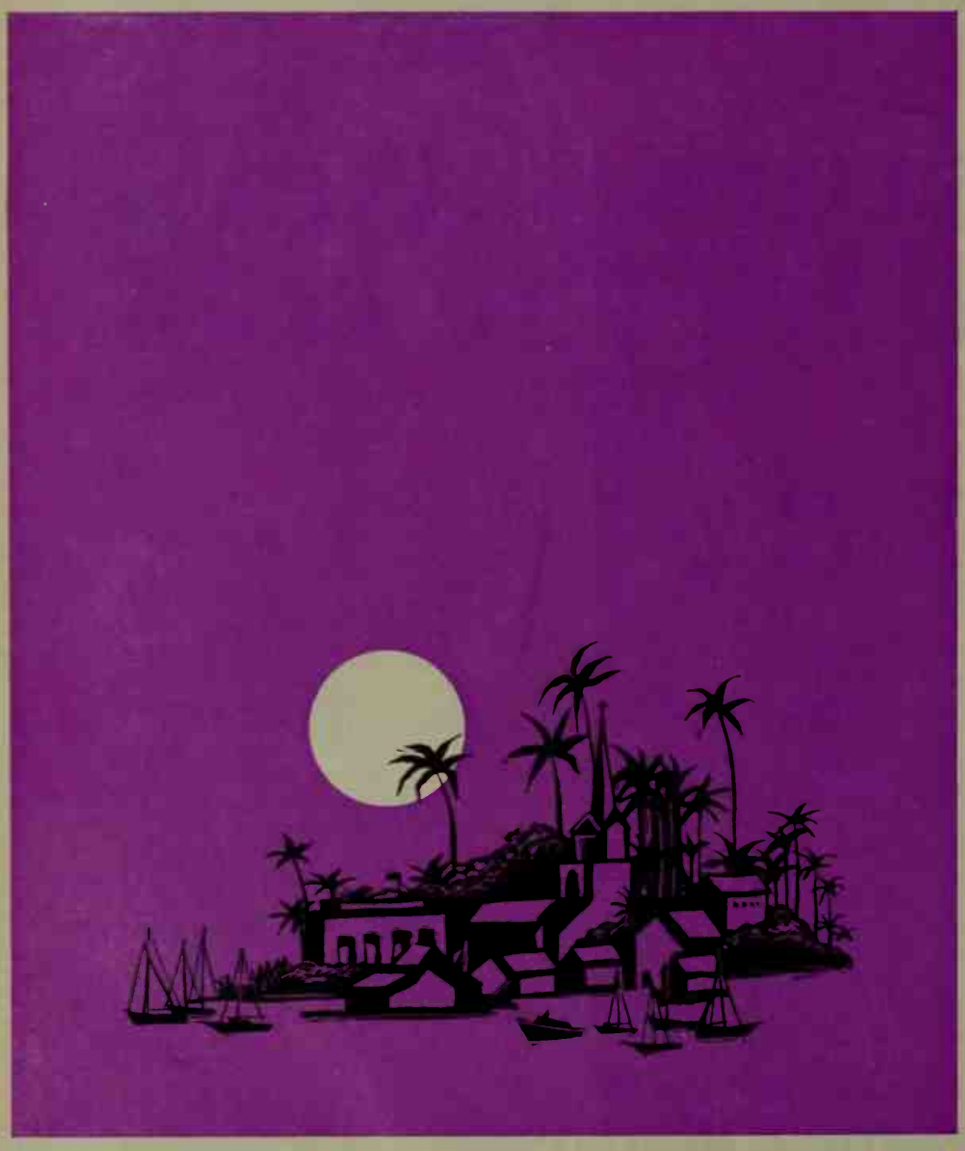

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Special Sandwich, about which he says "Herewith is a recipe that is easy a Western. In 1961 it took me to the fin of the National Sandwich Contest, l the cheese is a recent variation."

Cheese being what it is, you may want vary it to suit your own taste. *Chef* Stef uses a process American, convenient cause it is already sliced and bland enor not to smother the oysters. You mig like to try another ready-sliced che such as a Cheddar or very mild jack.

OYSTER SPECIAL SANDWICH

- 6 or 7 slices French bread, cut ½ inch thick
- 4 tablespoons butter, creamed with 1 small clove garlic, minced or mashed
- 3 tablespoons butter
- 2 jars (10 oz. *each*) medium-sized Pacific oysters
- About 6 ounces sliced cheese (American, jack, or Cheddar)

Toast the bread on one side under t broiler, then spread the untoasted s with garlic butter and return to broi to brown. In a large frying pan, heat t 3 tablespoons butter and cook the oyst over medium high heat until the ed curl and lighten in color, about 3 minut turning once. Place a 1-ounce cheese sl over every two oysters, and cover fryi pan until cheese melts. Place 2 or 3 oyst on each slice of garlic toast and serve i mediately as a knife and fork sandwi Makes 6 or 7 sandwiches.

George H. Steffey

Vancouver, Wash.

DARROW M WATT

Corned beef, cheese

To make these generous open-faced sandwiches, chill 1 can (12 oz.) corned beef; toast 6 slices rye or white bread on one side; spread untoasted sides with butter. Cut corned beef into 6 equal slices; place over bread, spread with mustard, and top each with a slice of tomato. Sprinkle each sandwich with ¼ cup shredded Swiss cheese. On a baking sheet broil about 6 inches from heat until cheese melts and meat is hot. Makes 6.—*L.F., Portland.*

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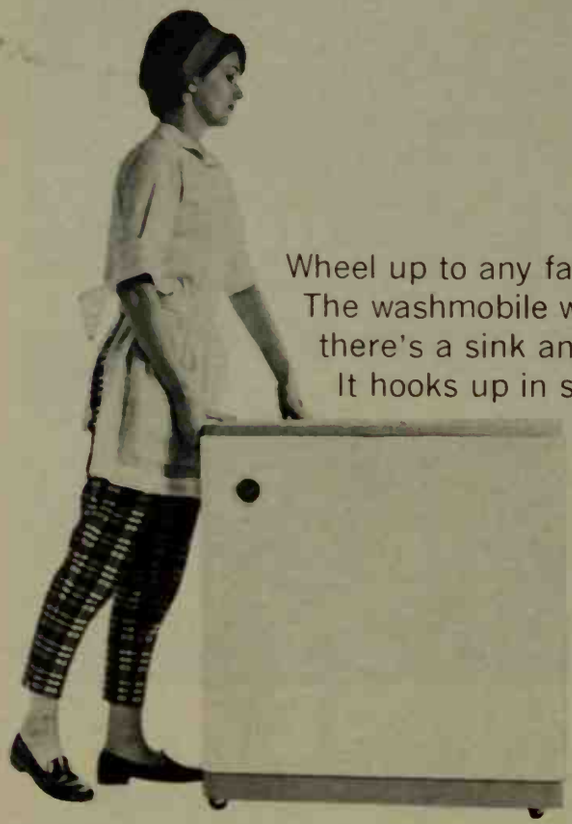

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DARROW M. WATT

h fruits *enhance this oatmeal; apples and nuts (mixed with oats) give crunchiness*

The one-dish Swiss breakfast

Switzerland breakfast is often a one- meal, *Birchermüsli*. A doctor named cher developed this surprising mixture uncooked rolled oats, milk, nuts, and t more than 50 years ago and whim- lly named it *Müsli* (pronounced *mewz-*), a word in the Swiss-German dialect t means small mousse.

r tasters were dubious about the com- ation until they sampled it; now sev- l of them make this Swiss-style oat- al at home.

rt of the appeal of the dish is in the le range of flavor variations. You have ne choice of nuts and dried fruits to incorporate in the oatmeal mixture, and you can serve almost any fruit on top, including sliced bananas, apples, pears, or papayas; sliced or halved strawberries; halved seeded grapes; or halved orange slices.

You soak the rolled oats overnight in milk. We found that regular rolled oats, the kind that cooks in 5 to 10 minutes, or longer, gave the best texture in this dish. You may wish to experiment with different packaged and bulk rolled oats to find which you like best.

Blend the soaked oats with the other ingredients just before serving.

SWISS-STYLE OATMEAL (Birchermüsli)

- 1⅓ cups *each* regular rolled oats and milk
- 2 tablespoons regular or sweetened wheat germ
- 2 tablespoons currants, golden raisins, or chopped dried fruit
- ¼ teaspoon salt
- ½ cup chopped toasted blanched almonds or toasted filberts
- ¼ cup honey
- 2 unpeeled, tart apples, shredded
- 3 tablespoons lemon juice
- Sliced fresh fruit
- Milk
- Brown sugar (optional)

Combine rolled oats and milk in a large bowl; cover and refrigerate for about 8 hours or overnight. Just before serving, mix in wheat germ, currants, salt, almonds, honey, apples, and lemon juice. Top with fresh fruit and serve immediately with milk and brown sugar. Makes 4 servings. —*R. G., Ashland, Ore.*

Shred apples *directly into rolled oats mixture; flecks of peel add bright color*

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EASY CROISSANTS

A quick way to make buttery crescent rolls

New, easy method: *Cut butter into part of the flour, mix in yeast batter. Cut dough circle in eight wedges; roll each, curl to make crescent*

DARROW M. W

Serve *warm, butter-flaked croissants with coffee for c tinental breakfast, or use like dinner rolls at other m*

Travelers to Europe bring home pleasurable memories of the light, flaky, crescent-shaped breakfast rolls that go by the French name *croissants*. Traditionally these famous rolls are made by incorporating layers of butter into yeast dough; by repeated folding, chilling, and rolling of the dough, bakers create the thin, thin layers of butter and dough.

Recently we've discovered a remarkably simple home method of making croissants that closely resemble the traditional ones. You cut firm butter into flour (as you would when making baking powder biscuits), then blend this mixture with a yeast batter. The resulting dough is marbled with pockets of butter that form layers when rolled to a flat circle for shaping.

It's essential to keep the dough cold while making and shaping these croissants.

You can store the dough in the refrigerator up to four days, until you're ready to shape and bake the rolls. Or you can freeze the baked rolls, tightly wrapped, and reheat them before serving.

QUICK BUTTER CROISSANTS

- 1 package yeast, active dry or compressed
- 1 cup warm water (lukewarm for compressed yeast)
- ¾ cup evaporated milk, undiluted
- 1½ teaspoons salt
- ⅓ cup sugar
- 1 egg
- 5 cups unsifted all-purpose flour
- ¼ cup butter or margarine, melted, cooled
- 1 cup (½ lb.) firm butter or margarine, at refrigerator temperature
- 1 egg, beaten with 1 tablespoon water

In a bowl, let yeast soften in water. Add milk, salt, sugar, egg, and 1 cup of the flour. Beat to make a smooth batter, and blend in melted butter; set aside. In a large bowl, cut the 1 cup firm butter into remaining 4 cups flour until butter particles are the size of dried kidney beans. Pour yeast batter over top and carefully turn the mixture over with a spatula to blend just until all flour is moistened. Cover with clear plastic film, and refrigerate until well chilled—at least 4 hours or up to 4 days.

Remove dough to a floured board, press into a compact ball, and knead about turns to release air bubbles. Divide dou into four equal parts. Shape one part a time, leaving remaining dough, wrapp in plastic film, in refrigerator.

To shape croissants: Roll one part of dough on a floured board into a cir 17 inches in diameter. Using a sharp kn cut the circle into eight equal pie-shap wedges.

For each croissant, loosely roll wed toward the point. Shape each roll i a crescent and place on an ungrea baking sheet with the point down; all 1½ inches of space around each croissa Cover lightly, and let rise at room te perature in a draft-free place. (Do speed the rising of the rolls by plac them in a warm spot.) When alm doubled in bulk (about 2 hours), bru with egg and water mixture. Bake 325° for about 35 minutes, or un lightly browned; serve warm. Makes

To reheat, arrange rolls in single layer baking sheet, and bake, uncovered, 350° oven for about 10 minutes.

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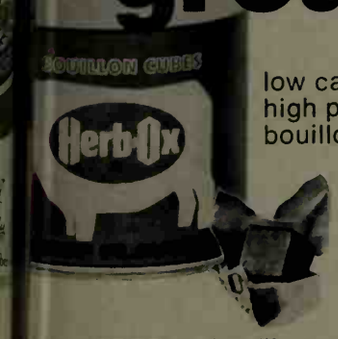

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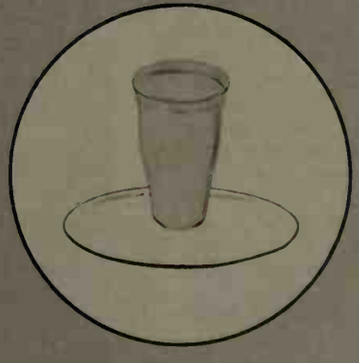

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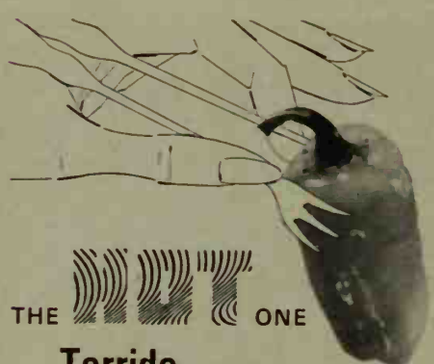

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Order from Sunset Books
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Pink rhubarb for dessert

Take advantage of the beautiful pi
barb that's so plentiful in Weste
kets this month and serve it o
company and family. Here are tw
cious make-ahead desserts using t
barb in custard and ice cream.

You bake this rhubarb custard in
try-lined French flan ring or stand
pan. Garnish the cooled pie with a
of powdered sugar or a spoonful
cream or whipped cream just
you serve it.

RHUBARB FLAN

- 2 cups sugar
- ⅓ cup flour
- ¼ teaspoon *each* mace and cinnamon
- ½ teaspoon vanilla
- 4 eggs, slightly beaten
- Pastry for an 11-inch flan ring or 10-in pie pan
- 6 cups finely diced rhubarb
- Powdered sugar

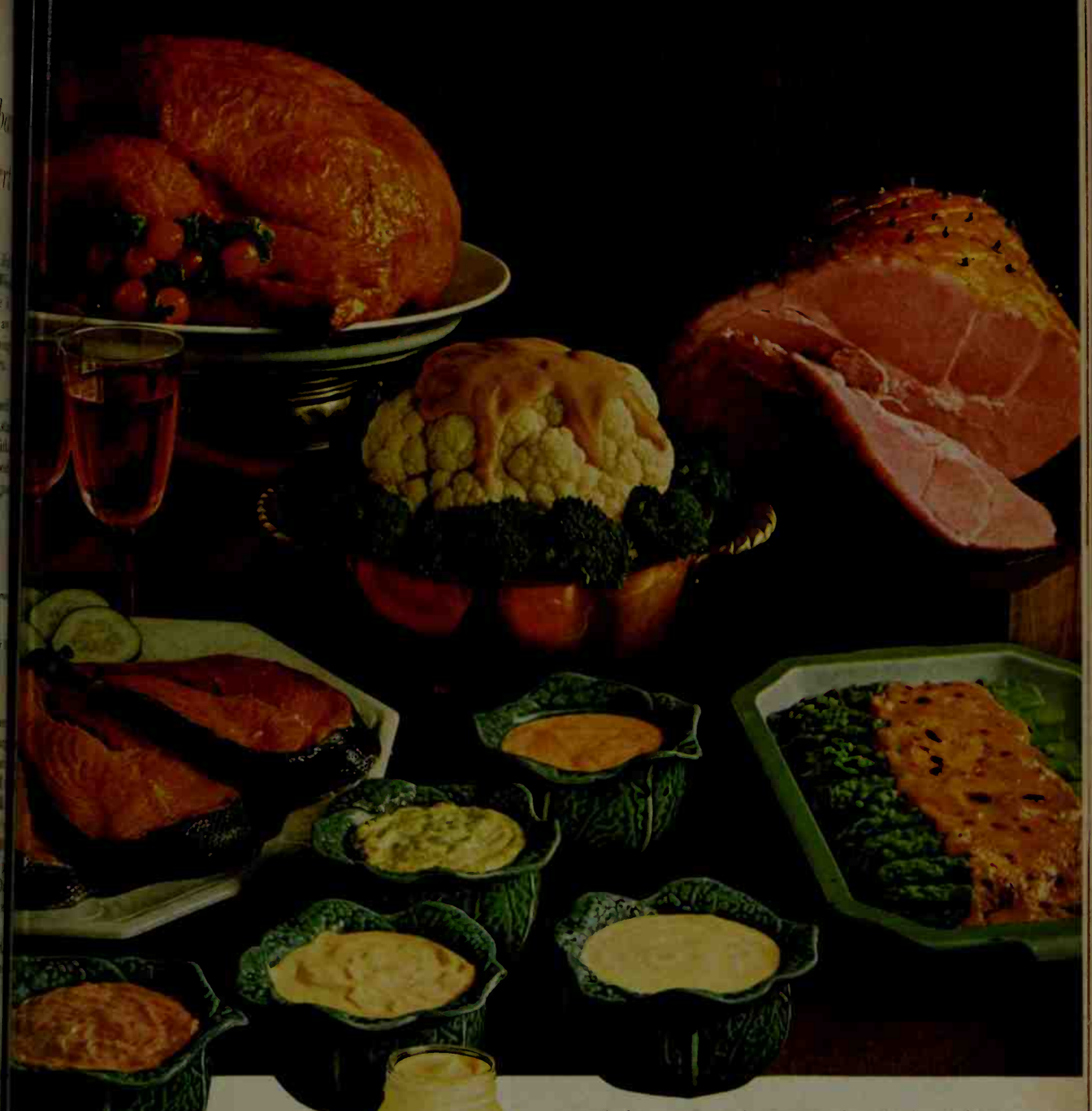
Mix together sugar, flour, mace,
mon, vanilla, and eggs in a large
Line an 11-inch flan ring or 10-inch
with pastry. Spoon finely diced r
into the pastry shell. Set on rack i
and pour the egg mixture evenly o
rhubarb. Bake in a hot oven (40
50 minutes or until custard is ju
Cool thoroughly on a wire rack. Du
powdered sugar. Makes 10 to 12 se

Rhubarb ice cream, sweet yet tart,
a fine light dessert. If you have an
blender, it's easy to prepare.

RHUBARB ICE CREAM

- 3 cups diced rhubarb (about 1 lb.)
- ¾ cup sugar
- 1 tablespoon *each* cornstarch and vanil
- Dash salt
- 4 egg yolks
- 2 cups heavy cream
- ½ cup orange juice
- ¼ cup lemon juice

Combine rhubarb and sugar; cool
medium heat until rhubarb is b
about 5 minutes. Whirl sauce in a b
until smooth, or press through a
strainer. You'll have about 2 cup
barb purée. Whirl the cornstarch, v
salt, egg yolks, cream, and orang
lemon juices together in an el
blender, or mix with an electric
Blend in rhubarb purée. Pour m
into a 2-quart freezer container and
tially freeze. Turn into a large bow
beat with an electric mixer until sm
Return to freezer and freeze firm. I
cream mellow about 15 minutes i
refrigerator. Makes about 1½ quart



BE A SAUCE BOSS...

th real mayonnaise...Best Foods

Scared of sauces? Don't be. Best Foods makes it easy for you. Now you can dress up vegetables and meats, hot or cold, with these glamorous, savory sauces in just minutes. Be sure to start with Best Foods, though. It's real mayonnaise. Real whole-egg mayonnaise with the body and smoothness you need to blend creamy sauces like these. When you make it with Best Foods, you've really got it made.

YUM SAUCE
up BEST FOODS® Real Mayonnaise
up dairy sour cream
up chopped scallions
ablespoons soy sauce
easpoons ground ginger
l. Serve over vegetables.

QUICK GREEN SAUCE
1 cup BEST FOODS Real Mayonnaise
3 tablespoons minced spinach
2 teaspoons lemon juice
1 tablespoon chervil
1 tablespoon tarragon
Blend. Serve with fish.

TART BERRY SAUCE
1 cup BEST FOODS Real Mayonnaise
1/2 cup whole-berry cranberry sauce, crushed
1 teaspoon lemon juice
1/2 teaspoon grated orange rind
Blend. Serve with fowl.

EASY CHEESE SAUCE
1 cup BEST FOODS Real Mayonnaise
1/2 cup milk
1/2 cup shredded Cheddar cheese
1/2 teaspoon paprika
Blend. Warm •and serve over vegetables.

SMOKY MUSTARD SAUCE
1 cup BEST FOODS Real Mayonnaise
1/2 cup dairy sour cream
1/4 cup white wine vinegar
1 teaspoon smoked salt
2 tablespoons mustard with horseradish
Blend. Serve with ham.

•Note: To heat any of these sauces, warm over low heat, 2 to 3 minutes, stirring constantly.

IS IS NO PLACE FOR "SECOND BEST"...BRING OUT THE BEST WITH BEST FOODS REAL MAYONNAISE

THE Western Kitchen

NEWS AND IDEAS

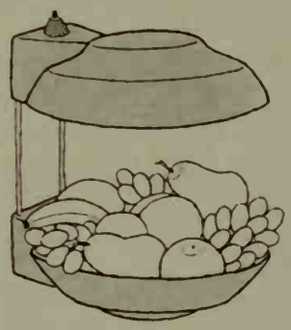
RICHARD FISH

The trash disposer fits inside the studs

A commercially made trash receptacle in the Mike O'Havers' home in Arcadia, California, is seen only as a hinged door inside the kitchen. Outside, trash is removed in a disposable bag. Bags hang on a hoop inside a metal box that is in part recessed between the studs.

A home ripener for fruits

If top-quality produce isn't available or you can't shop several times a week, you might want to consider a new electric appliance that ripens fruits and vegetables at home. It would enable you to buy less-ripe produce, with fewer bruises, and ripen it yourself. The new item resembles two soup bowls: a lower one to hold the produce, and an upper one, inverted, containing a special lamp that plugs into a

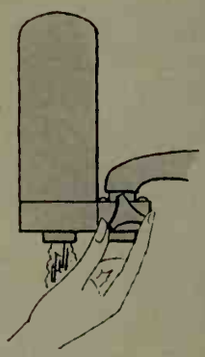


standard outlet. Tested in the *Sunset* kitchens, it worked best on such fleshy fruits as avocados, papayas, pears, bananas, tomatoes, and pineapples. Instructions for use come with the appliance. It retails for about $17.

New filter to make the water taste better

Our own tests of a new water filter that attaches directly to the kitchen faucet indicate it may hold promise for people living in areas with poor drinking water. Those of our taste-testers who happen to live in an area with a private water supply that gets progressively worse during the summer months were enthusiastic about the filtered water. Other testers could detect an improvement in municipal water when filtered by the new unit.

The chrome-plated filter, about 7 inches high, diverts tap water through an activated carbon cartridge that removes the unappetizing flavors of chlorine and phur as well as foreign matter like scale, and algae. By turning a s valve, you can r normal faucet fl any time.



Cartridge life is iable—with f dirty waters, yo figure on about months for a fam four who use th tered water for ing and drinking Complete with a ers that make si fast installation possible on most ki faucets, the unit retails for about replacement cartridges cost $2.50.

ROBERT WENKAM

A row of spices just above the counter . . .

This long shelf for spices arranged from A to Z was installed by Mr. and Mrs. Leroy Devereux, Honolulu. Its hinged cover blends with the wall; open, it locks to base of upper cabinets.

. . . or tucked in under the cooktop

In front of a cooktop in the Henry T. Peterson home, San there's one-deep storage for large jars and a small pull-out tion for tins. Chain-supported door closes on magnetic ca

Make the most of their "Wonder Years"

The "Wonder Years," one through twelve, are the formative years when you can do the most for your child's growth

During these years your children develop in many ways—actually grow to 90% of their adult height. To help make the most of their "Wonder Years," serve them nutritious Wonder Bread. Every delicious slice is carefully enriched with foods for body and mind. So make the most of their "Wonder Years."

Serve Wonder Bread—for enjoyment, for enrichment.

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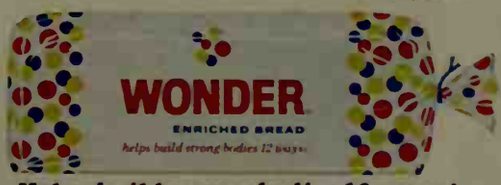

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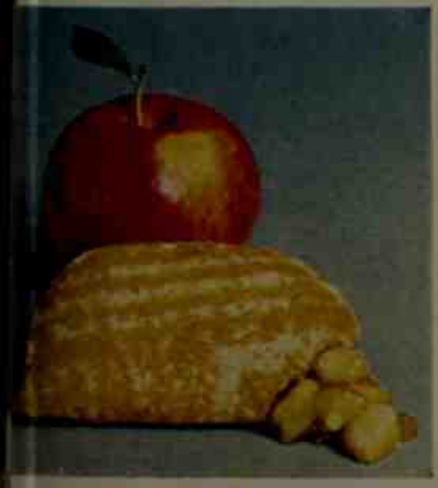
and serve Hostess Fruit Pies—made with more fruit filling than crust.



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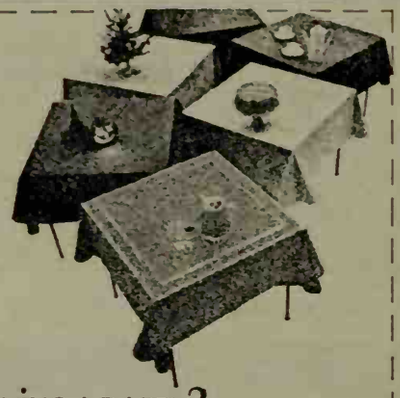

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Lively Jolly Time — fun to pop and fun to eat. Every kernel pops, every poppin' time — and so light, fluffy and tender. Different from any other pop corn. You'll love it.

If product or performance defective Good Housekeeping GUARANTEES replacement or refund to consumer

It has to be good!

Two coconut cooky bars

You can quickly make and cut out two cooky bars. The first has a c flavor; the second is chocolate-fla Both use brown sugar and cocon riched with pecans, almonds, or w

COCONUT SCOTCH BARS

- ¾ cup butter or margarine
- 2 cups brown sugar, firmly packed
- 2 eggs
- 1 teaspoon vanilla
- 2 cups regular all-purpose flour
- 2 teaspoons baking powder
- ¼ teaspoon salt
- 1 cup flaked coconut
- 1 cup chopped pecans or walnuts

Place butter and sugar in a small p heat over low heat until bubbly. Transfer to a mixing bowl and ad one at a time, beating thoroughly each addition. Stir in vanilla. Sift measure, then sift again with l powder and salt. Stir into the brown mixture, beating until smooth. M coconut and nut meats. Spread in a layer in a greased, 10 by 15-inch s baking pan. Bake at 350° for 25 m Cut in strips and transfer to wire to cool. Makes 5 dozen.

CHOCOLATE STRIPS

- 3 ounces unsweetened chocolate
- 1 cup (½ pound) butter or margarine
- 1 cup light brown sugar, firmly packed
- 1 teaspoon vanilla
- 1 cup packaged grated coconut
- 3 cups regular all-purpose flour
- 4 ounces semisweet chocolate
- ¼ cup finely chopped almonds or walnu

Melt the unsweetened chocolate ov water and let cool. Cream butte light and fluffy. Mix in the cool c chocolate. Gradually add sugar, 1 spoon at a time, creaming until s Mix in vanilla and coconut. Sift measure 3 cups, and mix into the late mixture; beat until smooth. dough in quarters and shape into s logs. Place logs lengthwise on waxed lined baking sheets. Press with a for along width of each log, forming Strips should then be about ⅜ inch and 3 inches wide.

Bake in a 400° oven for 8 to 9 mi or until strips are set up and kee shape if lightly touched. Remove oven and place pans on racks.

Meanwhile, melt the semisweet cho over hot water and, with a spatula, s warm cookies with melted chocolat sprinkle with nut meats. Slice diag in 1-inch-wide pieces. Lift onto wir to cool completely. Makes 7 dozen.

A salad without Wish-Bone Italian is just a bowl of wet vegetables.

All the flavor comes from the Wish-Bone Italian.

Sassy flavor.

Real Italian flavor.

Brimming with bits of tiny tender garlic, chunks of mild sweet pepper.

Flakes of oregano floating in pure golden oil and pungent vinegar.

Other Italian dressings may try to be as good, but they just don't succeed.

Only Wish-Bone really turns wet vegetables into a first class salad!

At the drop of a hat

Here are three delicious suppers planned for quick preparation with no advance warning at all

Impromptu supper parties are easy to stage, provided the hostess plans ahead and keeps her kitchen equipped with the supplies she will need.

These three menus are designed for a spontaneous supper invitation whenever the occasion arises — after the theater, following a ball game, or at the conclusion of an "open house" when some of the guests decide to wind up the evening by having a meal together.

The menus rely on easy-to-stock ingredients from cupboard or freezer. Because the dining hour tends to be late for most last-minute suppers, the fare leans to the lighter side. A basic criterion for each menu is speed of preparation, since the hostess generally arrives home at the same time as the guests.

An omelet supper

Individual omelets with assorted toppings are particularly welcome fare for late evening. Since they must be made singly, they are appropriate only for a small group, say 4 to 6 guests. And fresh pineapple shells make a handsome dessert for topping off this meal; or, lacking the fresh fruit, substitute canned pineapple, perhaps served in a footed compote.

Two-Egg Omelets
Sour Cream Caviar Cherry Preserves
Asparagus Spears Crescent Rolls
Gingered Pineapple Half Shells

First prepare the pineapple dessert, cover, and refrigerate. Put rolls in to heat and cook fresh or frozen asparagus spears. Fill condiment dishes with commercial sour cream, lumpfish caviar, and cherry preserves.

Then assemble the ingredients for the omelets so you can make them one right after another. As each is made, turn it out on a warm plate and keep warm in a low oven until all are made.

Two-Egg Omelets. For each omelet, break 2 eggs into a bowl and add ¼ teaspoon salt and 1 tablespoon water. Beat with a fork or wire whisk just enough to mix yolks and whites. Heat 1 tablespoon butter in a 7 or 8-inch omelet pan or frying pan over medium heat until the butter sizzles. Shake pan so butter coats bottom evenly, then pour in beaten eggs, all at once. As the eggs start to set, lift edges with a fork so that the liquid on top can run under.

Repeat until liquid is gone but eggs are still moist and soft. Remove pan from heat and with a spatula flip over one-third of the omelet toward the center. Fold over the other third and lift out of pan onto hot plate. Repeat, allow omelet per person. Keep plates hot i oven until all are ready to serve.

Gingered Pineapple Half Shells. Cut l fresh pineapple in half lengthwise, ing plume intact; use a grapefruit to scoop out meat. Cut out core. and dice pineapple and return to half shells along with 1 can (11 oz.) darin oranges, drained. Sprinkle w tablespoon finely chopped ginger, i sired. Serves 6 to 8.

DARROW M

Supper omelet *has choice of toppings—sour cream, caviar, and cherry serves. Asparagus spears, crescent rolls, and pineapple round out m*

supper *offers rich pasta entrée, mixed at table and ringed with spicy sausage. course antipasto platter includes tuna, relishes. Bread sticks, pears complete meal*

Tostada supper

A Mexican-style tostada is a meal in itself, with its crispy tortilla base, meat sauce, shredded cheese, and various relishes to pile on top. Rum stirred into soft coffee ice cream is the cool finale.

California Tostadas
Assorted Condiments
Coffee Rum Ice Cream Cooky Rolls

Fry the tortillas and keep them warm in a low oven while simmering the meat sauce and assembling the relishes in small bowls. For 6 to 8 servings, offer several or all of the following relishes: 2 cups shredded iceberg lettuce; 1 cup shredded jack cheese; 1 small avocado, diced, or 1 can (6 oz.) guacamole sauce; 1 large tomato, chopped; and 1 can (2 oz.) sliced ripe olives.

California Tostadas. To fry the tortillas, heat ½ cup salad oil in a large frying pan over moderate heat. Using 1 dozen (1 package) corn tortillas, slip one tortilla at a time into the hot oil and cook for about 30 seconds on a side (until it bubbles and browns slightly); turn with a fork or tongs and cook other side; remove to paper towels to drain. Wrap loosely in foil and keep warm in a low oven. Offer extra tortillas as "bread."

For the meat sauce, sauté 2 finely chopped medium-sized onions in 1 tablespoon butter until golden brown; turn out of the pan and reserve. Brown 2 pounds ground chuck in pan, stirring with a fork to make it crumbly. Season with 1 teaspoon salt, ½ teaspoon garlic salt, and ¼ teaspoon ground cumin. Add sautéed onion and 2 cans (8 oz. *each*) tomato sauce. Cover and simmer 20 minutes. Makes enough sauce for 8 servings.

To assemble tostadas, each guest places a crisp tortilla on his plate, spoons over the meat sauce, and sprinkles on the condiments of his choice.

asta and sausage supper

Italian-inspired supper revolves d a delicious pasta dish, drenched in my cheese sauce which you blend in efore serving.

n sausage (fresh from the freezer) homemade antipasto platter (asled from the cupboard) accompany ttucine.

Antipasto Platter Bread Sticks
Fettucine Alfredo
Browned Italian Sausoges
Winter Pears

start the sausages. Then make up ntipasto platter, including such inents as canned white albacore tuna ed in a round chunk), pitted ripe s, marinated artichoke hearts, celery s, cherry tomatoes, and canned picked hot chile peppers. Then concentrate on the fettucine, which you can complete at the table in a chafing dish, if you like, or in the kitchen.

Fettucine Alfredo. Cook 1 package (12 oz.) tagliarini (fine egg noodles) in boiling salted water for 6 minutes, or until barely tender; drain thoroughly. Using a large frying pan or chafing dish, melt 6 tablespoons butter, add noodles, and pour over 1 cup whipping cream. Sprinkle with 2 cups shredded Parmesan cheese; using 2 forks, mix lightly over moderate heat until sauce blends together and coats pasta thoroughly. Sprinkle with freshly ground pepper and serve immediately. Serves 6.

Browned Italian Sausage. Place 6 to 8 Italian sausages (about 2 pounds) in a pan with water to cover; simmer 20 minutes; drain and sauté until browned. Arrange around fettucine.

For Mexican meal *guests assemble tostadas with tortillas, meat sauce, relishes*

Holland maakt kaas waar men
reeds 800 jaar van geniet.

Er is veel voor nodig om deze kaas
te kunnen maken. Het Hollandse gras,
de melk van Hollandse koeien, de zorg
en kundigheid van de Hollandse Kaasmaker.

Edam en Gouda.

Echte Edam en echte Gouda.

It's Dutch for Edam and Gouda.

Can you imagine describing hot dogs
in any language but American?

HOLLAND
IMPORTED CHEESE

DARROW M. WATT

arty Austrian dish *combines seasoned sauerkraut, roast pork, sausages, and potatoes. Here it's served with chilled white wine and a butter lettuce salad*

In Austria it's "peasants' feast"

schmaus (*bow*-earn-schmouse) is a Austrian dish. Although its name "peasants' feast," this savory com- on of sauerkraut, fresh and smoked and sausages is festive enough for pany dinner.

he sausage, we used long, slender, lavored veal frankfurters. If you're e to find this kind, you can use wurst or any regular-length frank- s you prefer. We substituted pota- for the traditional Austrian bread lings.

sauerkraut mixture can be baked l and refrigerated. Then bake it until d through, add the roast, and con- as directed in the recipe.

RIAN ROAST PORK SAUERKRAUT
ernschmaus)

- 1 tablespoon caraway seed
- 2 teaspoons salt
- ½ teaspoon white pepper
- 2 cloves garlic, minced or mashed
- 3-pound boneless, rolled pork loin roast
- 2 large cans (1 lb. 12 oz. *each*) sauerkraut
- 2 tablespoons pimiento strips
- 1 onion, thinly sliced
- 2 tart apples, peeled and thinly sliced
- 4 strips thick-sliced bacon, cut in halves
- ¼ cup beer or apple juice
- 1 tablespoon *each* butter and salad oil
- 8 long veal frankfurters
- 6 to 8 boiled, halved potatoes

caraway seed, salt, pepper, and garlic. half of this seasoning mixture over all surfaces of the pork roast. Cover and refrigerate for at least 2 hours, or overnight. Meanwhile drain sauerkraut thoroughly. Spread about a third of the sauerkraut in a roasting pan, Dutch oven, or 4 to 6-quart casserole; sprinkle on about half of the remaining seasoning mixture, then top with half of each of the following ingredients: pimiento, onion, apples, and uncooked bacon. Repeat with another one-third portion of sauerkraut and the remaining seasoning mixture, pimiento, onion, apple, and bacon. Cover with remaining sauerkraut. Pour beer over all. Bake, covered (use heavy foil if pan does not have a cover), in a 325° oven for 3 hours (if you use a glass baking pan, reduce oven temperature to 300°).

Pat seasoned pork roast dry with paper towels; in a frying pan brown it on all sides in butter and oil. Spread sauerkraut mixture to sides of baking pan; place browned pork roast in center. Cover again, return to oven, and cook until thermometer inserted in thickest part of roast registers 170°, about 1½ hours. About 10 to 15 minutes before pork is done, press frankfurters down into sauerkraut; continue cooking until they are heated through.

Slice pork. Remove sauerkraut from pan with slotted spoon; arrange on platter. Top with pork, surrounded by frankfurters and potatoes. Makes 8 servings.

Adaptation of a traditional votive candlestand in the spirit of Ch'ien Lung bronzes. 41 inches. About $102.50.

The Stiffel Lamp

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It takes a lot of doing to
mayonnaise Kraft-smooth. Like l
eggs and extra egg yolks. And l
beating Kraft's special way.
Mayonnaise—it's pure velve
sandwich. Or in blend
this for **Viking Tuna**
Blend 1/2 c. Kraft Mayor
and 1/2 c. dairy sour cream
1/2 c. chopped cucumber, 2
chopped onion and 1/2 tsp. dill
mix well. Makes 1 1/2 cups. Then serve with
Ring made by combining 2 6 1/2-oz. cans tuna, dra
flaked, 1 can condensed cream of mushroom
2 eggs, beaten, 1 c. dry bread crumbs, 1/2 c.
Mayonnaise, 1/2 c. chopped onion, 1/4 c. cho
green pepper, 1/2 tsp. salt; mix well. Bake in
ring mold at 350°, 50 min. Unmold
on serving platter. 6 to 8 servings.

KRAF

See Kraft Music Hall, Wednesday Night, NBC-TV

K'S ADVENTURE:

Bedouin dinner

d frugal is the life of the nomadic
of northern Africa and south-
Asia most of the time, but their
lish, mansef, is an enjoyable ex-
— even to Westerners with quite
tastes and backgrounds.

ate an authentic mansef in the
m, Jordan (below), sharing the
meal of lamb, rice, and pine nuts
ommunal platter. Here we have
the simple menu as the basis of
nal party for 6 to 8.

ok the bite-sized pieces of lamb
icy broth flavored with cream
nd lemon juice (this approximates
d yogurt used by the Bedouins).
e rice separately, then mix drained
ice, and browned pine nuts, and
all on a large platter. If you'd like
he meal as the Bedouins do, put
ter on a low table and sit around
p the mansef hot by frequently
g steaming meat juices over all.

nally, your fingers are your eat-
nsils, and flour tortillas (similar to
louin bread) hold the mixture. A
d fork, however, may be welcomed
e first few bites. A dry white wine
s Sylvaner or Green Hungarian
a refreshing beverage. For dessert,
a basket of fruit and perhaps tiny
f thick, sweet, Turkish coffee.

dan, *host directs warming of mansef:*
broth is poured over it frequently

DARROW M. WATT

Mansef: *tender lamb pieces with rice, pine nuts; scoop into flour tortillas to eat*

MANSEF

5 to 6-pound leg of lamb
6 cups water
2 teaspoons salt
2 cinnamon sticks, each 3 to 4 inches long
10 whole cloves
2 large packages (8 oz. *each*) cream cheese
5 tablespoons lemon juice
Butter, about 4 tablespoons
16 flour tortillas (1½ packages)
Hot cooked rice (directions follow)
1 cup pine nuts
Mint and lemon slices

Have your meatman bone the leg of lamb, but save the bones. Trim off and discard most fat from meat and cut meat into about 1 to 1½-inch pieces. Put meat and bones in a large pan with water, salt, cinnamon, and cloves. Cover pan and bring to boiling, then simmer for 1 hour.

Skim off and discard as much fat as possible. Ladle out 3 cups of meat juices and save. In the large bowl of a mixer (or in a blender), gradually blend the 3 cups juices smoothly with cream cheese; then return all to pan. Add lemon juice and continue to simmer, covered, for about 1 hour, or until meat is very tender when pierced (you can cover and chill overnight).

When meat is done or reheated, lightly dot the tortillas with butter and pile in 2 stacks of equal size. Wrap each stack in foil and warm for 10 to 15 minutes in the center of a 350° oven.

Melt about 2 tablespoons butter in a wide frying pan and, stirring constantly, lightly brown the pine nuts over moderate heat; *be careful not to scorch*. Mix most of the nuts with the rice and pile rice on a large rimmed platter. Lift meat from juices with a slotted spoon and distribute through the rice; discard bones. Strew remaining nuts over all. Fold tortillas in quarters and arrange around the mansef. Garnish liberally with mint and lemon wedges.

Keep the meat juices very hot and, just as you serve, pour several ladles of the sauce over the mansef; keep mansef hot by spooning on the steaming juices as needed. To eat, spoon a little of the meat-nut-rice mixture onto half or quarter of a flour tortilla, fold up, and eat with your fingers; or you can eat with a fork from a plate. Makes 6 to 8 servings.

Hot cooked rice. Bring about 3 quarts water to boiling in a large pan. Add 1 pound long grain rice and 2 teaspoons salt. Boil moderately, partially covered, for about 15 minutes, or until rice is tender. Drain well and serve. Makes 8 cups.

put SPRING in your step on the sands of the Waikiki Outrigger Hotel

Why wait? Come now, before summer crowds, and stroll on the sands of the deluxe Outrigger Hotel, on a beach once reserved for Hawaiian Royalty. Forget cares and capricious climate as you surf, swim, sun, canoe or splash in the oceanside fresh-water pool. Browse through our 40 fascinating shops or walk to any of Waikiki's major attractions. (You're in the center of things here.) Enjoy cocktails in one of the 4 exotic lounges and dine in one of our 5 restaurants . . . but take time to enjoy your luxury accommodations (from $22.00, twins) with an ocean view lanai, soft carpeting, bath-dressing room, adjustable air-conditioning and television, radio and refrigerator. Family suites? Of course! See your travel agent or send coupon for a free brochure.

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Chicken ond tongue *salad makes a festive guest luncheon entrée. Accompany w*

You build a salad pyramid

We discovered this handsome and unusual chicken and smoked tongue salad in Amsterdam. It is a pyramid of diced chicken, apple, and celery (molded first in a custard cup), surrounded by julienne strips of the meat. A spiced whole peach and crisp apple wedges enhance the combination of flavors. You might consider it for a guest luncheon.

APPLE AND TONGUE CHICKEN SALAD

2 *each* chilled, cooked, split chicken breasts and thighs (directions follow)
¼ pound sliced, cooked, smoked beef tongue
3 red-skinned apples
1 cup chopped celery
Tarragon dressing (recipe follows)
Butter lettuce
4 pimiento-stuffed olives
4 canned, spiced whole peaches

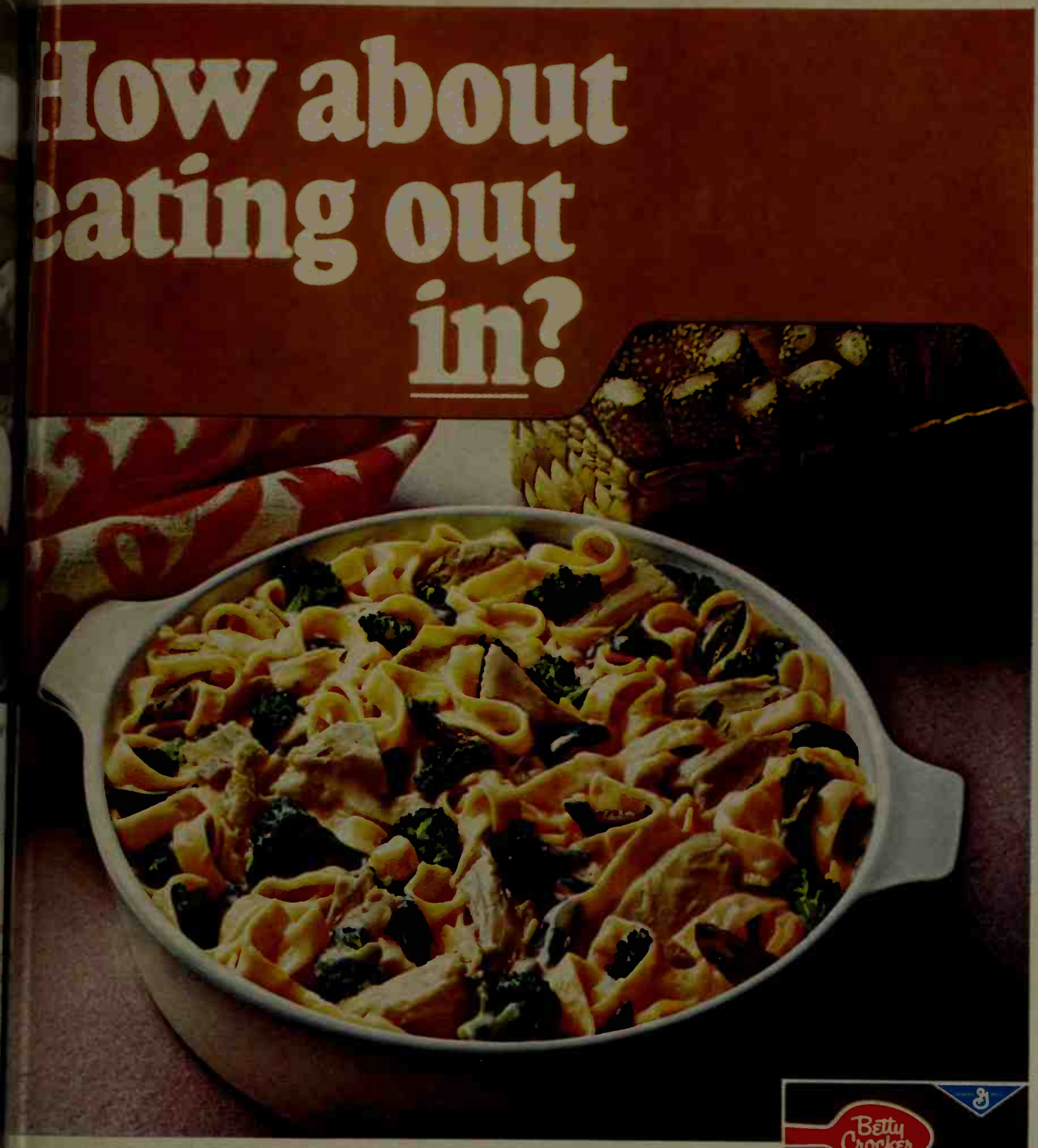
Skin and bone chicken breasts and thighs and cut breasts into julienne strips, about ¼ inch wide; dice the thighs into bite-sized pieces. Cut tongue into julienne strips, about ¼ inch wide. Quarter and core 2 of the apples, then dice finely. Mix diced apple, celery, and diced chicken thighs with enough tarragon dressing (recipe follows) to bind lightly. Spoon into 4 custard cups and pack down

Line 4 dinner plates with butter and unmold an apple-celery-chicke in the center of each. Lay st chicken and tongue alternately each salad. Top each salad with a Garnish with a spiced peach. Quar core remaining apple, slice thick arrange several slices on each plat remaining salad dressing in a sauc Makes 4 servings.

Chicken Breasts and Thighs. I *each* split chicken breasts and th a large frying pan; add ½ cup w teaspoon chicken stock base, and spoon garlic salt. Cover and simm minutes, or until tender. Drain an

Tarragon Dressing. Place 1 eg blender container. Add 1½ table *each* lemon juice and white vineg teaspoon *each* salt, dry mustar sugar; ½ teaspoon *each* paprik whole dried tarragon (crumbled). and blend a few seconds. With running, slowly pour in 1 cup sal blending until smooth and thicl mayonnaise; chill. Makes 1 cup.

How about eating out in?



acques, on Chicago's fashionable Michigan Avenue, Chicken Casserole Supreme delicious dinner favorite. Here's how to make it with Betty Crocker Noodles Romanoff.

kg. (4-serving size) Betty Crocker oodles Romanoff
an (10½ oz.) cream of ushroom soup
ups cut-up cooked chicken
kg. (10 oz.) frozen chopped roccoli, thawed and drained
up pitted ripe olives, ut into wedges

Heat oven to 350°. Prepare Noodles Romanoff as directed on package except—use ½ cup milk. Stir in soup, chicken, broccoli and olives; pour into 2-quart casserole. Cover and bake *25 to 30 minutes* or until broccoli is tender. *4 to 6 servings.* French rolls and a tossed green salad round out the meal.

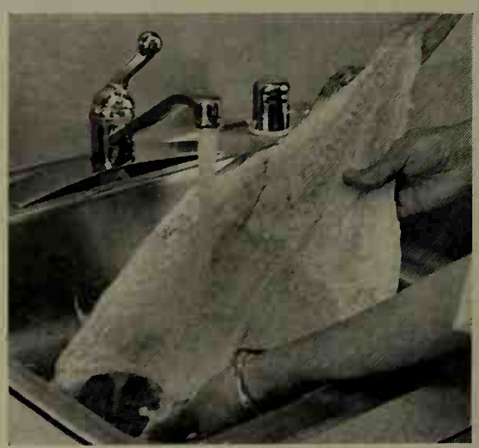
Doing anything tomorrow night? Sure. Eating out—in.

Spoon chunks *of salt cod, in rich tomato-vegetable sauce, over mounds of hot, golden polenta (a coarse-ground cornmeal mush) in wide, shallow bowls for a hearty main dish*

Salt cod... the Italian way

An Old World staple of undeniably assertive character is dried salt cod. This hard, flat fish (see right)—treated with respect and imagination in cuisines all around the Mediterranean—differs in appearance and requirements of preparation from the Scandinavian *Lutfisk* and from the thick, moist-looking chunks of brine-cured cod sold in many fish markets. You will usually find salt cod in stores that specialize in foreign foods from Italy, Portugal, Greece, Spain, or Mexico.

A real fondness for the rather mild taste (surprising after the rank aromas of cooking) and the coarse, chewy texture of salt cod will come readily if you are one who genuinely enjoys plain, peasant-style dishes, such as this robustly flavored



Rinse *the crusty surface of salt from the dried cod, then cover with cold water for 24 to 48 hours. Change water several times*

Flake *the meat from partially cooked and set aside; discard bones, skin, cartilage. Continue to cook cod in s*

Italian *Baccalá* (salt cod) *con Mor* (with vegetable sauce): a full meal bread, wine, salad, and fruit desser

BACCALÁ CON MORSELATA

Wash a salt cod of average size (al lbs.) thoroughly under cold running then immerse in cold water (cut pie necessary to fit into a container); and keep cold for 24 to 48 hours. C water two or three times during th riod. Immerse cod in boiling wat cover, and simmer, covered, for 15 utes. Drain and cover with cold When cool enough to touch, remov discard all bones, skin, and cartilage. the cod cold, covered, until ready to

Next, make the sauce. In a large, pan, heat ¾ cup olive oil and bunches (about 2 lbs.) coarsely ch Swiss chard (reserve about 2 cups green part only); 2 large onions, cho 8 leeks, very thinly sliced (includin der green part); and ½ small head bage, chopped very coarsely. Cook tables over high heat, stirring frequ until they are soft.

Blend in 1½ cups dry white wine, (about 1 lb.) whole or Italian pear toes (breaking up with a spoon), 3 (8 oz. *each)* tomato sauce, and (about 14 oz.) chicken broth. Cove simmer 1½ to 2 hours; stir occasio (Chill sauce, covered, if made ahead

Add precooked salt cod to hot cover. Simmer gently for another h

Immerse the reserved 2 cups Swiss greens in boiling salted water, and uncovered, for 5 minutes. Drain we stir into the cod mixture. Serve this in wide bowls, spooned over hot p (directions follow) or hot cooked Serves 8 to 10.—*E. C., San Francisc*

Polenta. Bring 6 cups water with spoon salt to boiling. Stir in 1½ cu lenta (a coarse-ground cornmeal ava in Italian delicatessens), and cook, st frequently, for about 30 minutes; mi is very thick. Stir in 3 tablespoons and pour into serving dish. Serves 8

Pardon me, Ma'm, but half of your gas air conditioning is showing.
Lucky you. What you thought was only a gas forced air furnace, could actually be half of a complete air conditioning system. Chances are you could add a gas cooling unit to your existing heating system.
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For all the cool facts on gas air conditioning, write PG&E, Room 434, 245 Market Street San Francisco, 94106.
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Help your wife put up a beautiful front...

with new Designer-Doors from FRIGIDAIRE

You, sir, plus your wife's decorating talent, plus these new appliance door kits can create a truly individual kitchen. Designer-Doors are stylish, sturdy metal frames that hold any material up to 3/16" thick. They're available on a whole family of Frigidaire built-ins—refrigerators too!

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Create the blend-together look. Put matching easy-to-clean vinyl cloth wall covering over wood on your Frigidaire wall oven.

Model RB-533N

Beautiful frame-up: smart Designer-Door on a brand-new Compact 30 Range. A Compact 30 puts everything in one handy place—oven plus surface units in just 30 inches of space.

When she gets help like this, you get more wife and less housewife. Want help with Designer-Door installation? Your builder or kitchen remodeling dealer can handle the whole job.

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Innovate! Try your floor vinyl on the door! She'll get more help from this Frigidaire undercounter dishwasher, too. More help in cleaning and sanitizing dishes . . . and without pre-rinsing. The hard-scrubbing Super-Surge Washing Action does the work.

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Buy her Frigidaire built-ins because...

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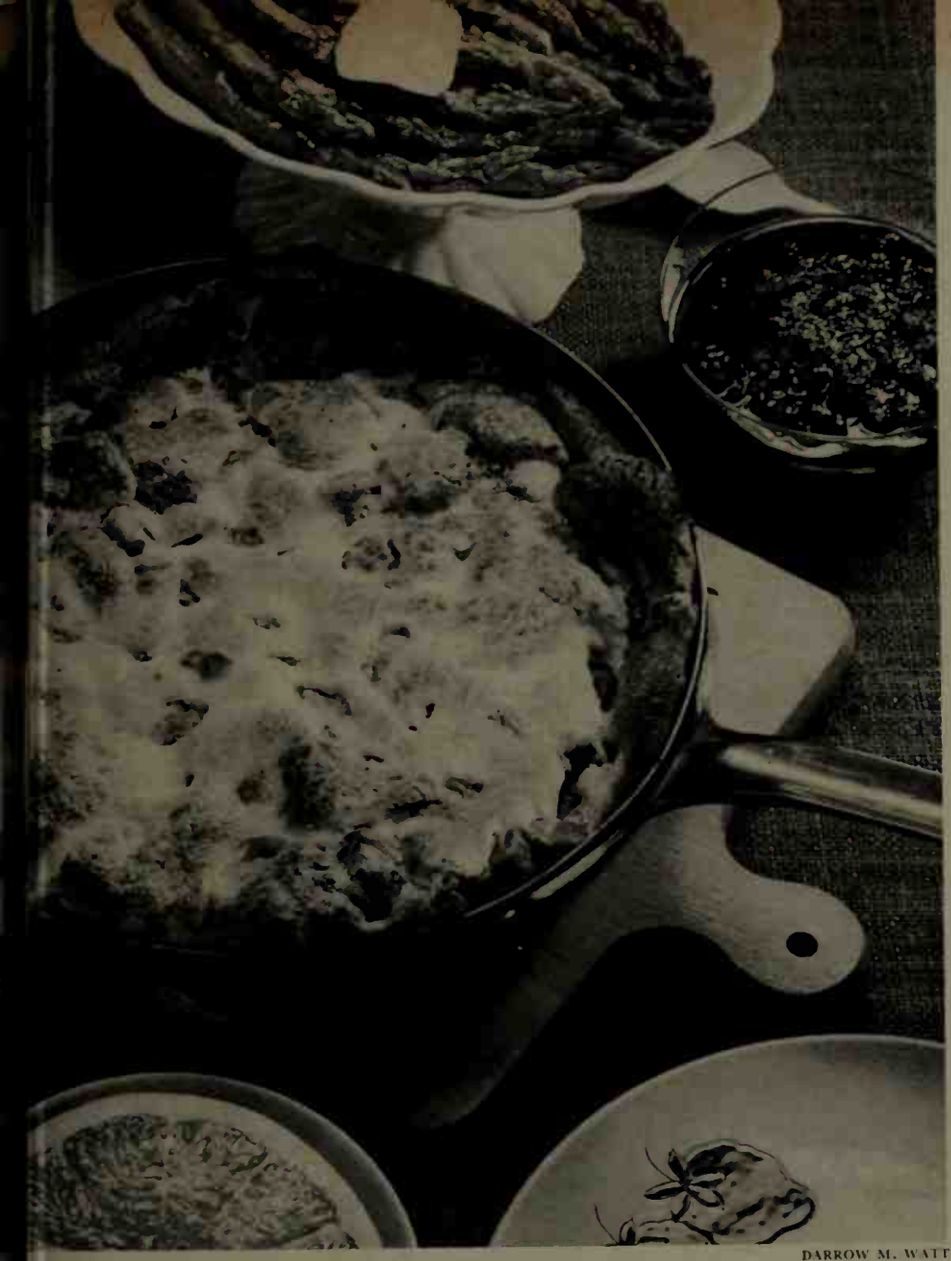


DARROW M. WATT

Swedish pancake *filled with tender bits of pork makes a light and delicate main for breakfast. Serve with tart preserves, fresh asparagus, and grapefruit halves*

MARCH MENUS

Puff pancakes for breakfast . . . big grinders for lunch . . . a family feast with crab, a guest dinner with boned lamb

e's a hint of our Western spring in of these menus for March. Simplic- seasonal ingredients, and freshness acterize the family meals: an oven kfast, a crab and artichoke feast, and per-sandwich lunch. For company we est a slightly more elaborate meal.

Spring pancake breakfast

n the diced pork in a frying pan, pour in a thin egg batter and bake; pancake puffs and billows like a pop- as it browns.

Swedish Oven Pancake (Fläskpannkaka)
Buttered Fresh Asparagus
Lingonberry Preserves
Pink Grapefruit in Shells

Cook the season's fresh asparagus while the pancake bakes. If lingonberry preserves are not available, use any other tart jelly or jam, or cranberry preserves.

Swedish Oven Pancake. Cut ½ pound boneless pork butt into ½-inch squares; sprinkle lightly with salt. Brown meat in a 9-inch frying pan over moderate heat. Meanwhile, beat 3 eggs with ½ cup milk and gradually beat in ½ cup unsifted all-purpose flour until smoothly blended. (If you do not have a frying pan that can go into the oven, distribute meat and drippings in a 9-inch pie pan.) Pour batter over pork in baking pan. Bake in a 400° oven for 25 minutes, or until puffed and well browned. Cut in wedges and serve at once (it collapses as it cools) with lingonberry preserves. Makes 4 to 5 servings.—*E. S., El Cerrito, Calif.*

A small family feast

Both crab and artichokes are plentiful and excellent this month, and now's the time to take your fill. The meal is messy, so have lots of napkins.

Cracked Crab
Artichokes **Melted Butter**
French Bread

Buy the crab cracked and ready to eat; or cook live ones, clean, and serve whole to crack at the table (see page 48 of the January 1968 *Sunset*). Allow 1 whole crab (1½ to 1¾ lbs.) for an adult and about half as much for a child. The crab cooks in 15 minutes, but start it about the same time as the artichokes so it will have a few minutes to cool before you clean it.

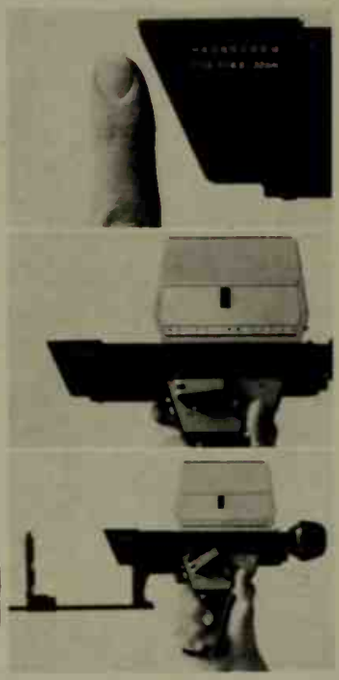
Artichokes with Melted Butter. Have 1 or 2 medium-large artichokes for each adult and ½ to 1 artichoke for each child. Break small outer bracts from artichokes. Cut thorny tips off remaining bracts with scissors. Trim stem ends.

To cook 6 to 8 medium-large artichokes,

A real *family treat: all the crab and artichokes with melted butter you can eat*

Holy Macrozoom! You can get within one inch of the lens!

Holy Macrozoom! You can get within one inch of the lens!



With ordinary 8 or Super 8 cameras, the closest you can get to a subject is about four feet. But with the Bolex 155 Macrozoom, you can get close-ups so close, you'll hardly believe what you see on the screen. Cranberries the size of apples, a baby's finger a hundred times larger than life. A whole world of possibilities that you've never been able to shoot before. The Bolex 155 Macrozoom 8.5 to 30mm f/1.9 lens has the widest focusing range ever built into a zoom lens. That's what led us to invent the Multitrix, an incredibly versatile titling device.

Because of the unique focusing range, the Multitrix makes it possible to shoot your own movie titles, as well as incorporating slides and post cards into your footage. And with the Multitrix you can do professional looking superimpositions while you're shooting, as well as special trick photographic effects, using the focusing mechanism to make dissolves.

Holy Macrozoom! The Bolex 155, with Multitrix (no extra charge), can make your home movies unique! For a demonstration of the endless possibilities, send $2.00 to Paillard and you'll receive an exciting color film about the Bolex 155. (Available in 8mm or Super 8.) Paillard Incorporated, 1900 Lower Road, Linden, New Jersey 07036.

BOLEX
155 Macrozoom

combine 6 quarts water in a large kettle with 2 teaspoons salt, 2 tablespoons olive oil or salad oil, 2 tablespoons vinegar, 1 bay leaf, 8 to 10 whole black peppers, and 1 teaspoon whole rosemary. Cover pan and bring water to boiling. Add artichokes, cover; simmer 30 minutes or until stem is tender when pierced.

Drain artichokes upside down; serve hot with melted butter. Allow about 4 tablespoons melted butter for each adult serving of crab and artichokes.

Company dinner with a head start

The first course of this elegant meal is a delicate spinach soufflé, which you can prepare ahead and let stand in the refrigerator several hours before baking. An easy-to-carve boned lamb roast is the main course. One oven is adequate even though the first two dishes are baked.

Spinach Soufflé
Boned Leg of Lamb Roast with Rosemary
Mashed Potatoes with Roast Juices
Butter Lettuce and Watercress Salad
Oil and Vinegar Dressing
Pastry of Your Choice

You can cook and mash the potatoes while the soufflé bakes, or prepare t as much as an hour earlier, then them in a double boiler over hot w Serve the salad as a separate cour you like. Choose dessert from the sp ties offered at a favorite bakery; w joyed a rich rum-flavored butter warmed in the oven after the soufflé

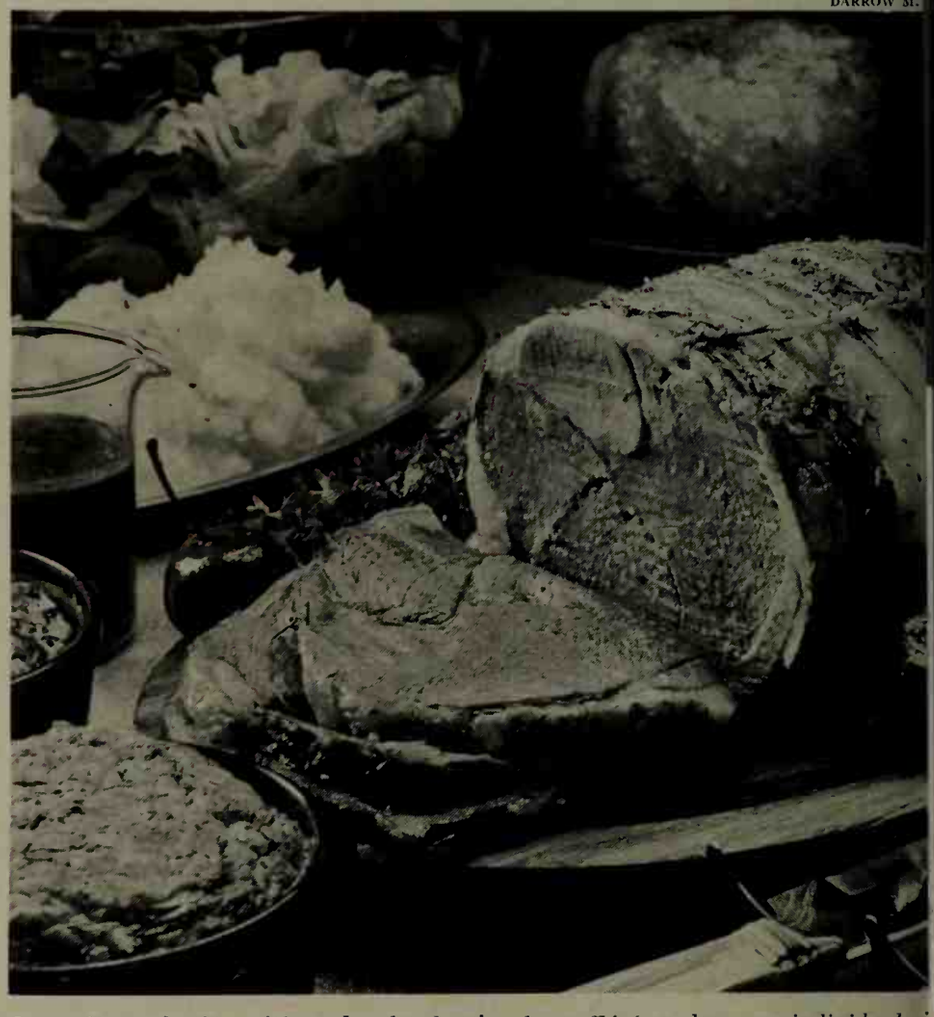
Spinach Soufflé

- 1 package (12 oz.) frozen leaf spinach, thawed
- 1 medium-size onion, minced
- 4 tablespoons butter
- 3 tablespoons flour
- 1 cup milk
- ½ teaspoon *each* salt and nutmeg (freshly ground, if possible)
- 4 eggs, separated
- 3 tablespoons shredded Parmesan cheese

Squeeze liquid from spinach and f chop; set aside. Cook onion in b until soft but not browned, then st flour and cook until mixture is a gold. Gradually blend in milk, add nutmeg, and spinach; cook, stirring, thick and bubbling. Remove from h then stir in egg yolks.

Whip egg whites until stiff enough to peaks that curl slightly when beat withdrawn. Stir half the whites into sa then gently fold in remaining whites. mixture into a well greased baking You can use 6 individual cup-size so

DARROW M.



Guest dinner *begins with make-ahead spinach soufflé (one large or individual si with lamb roast, mashed potatoes and roast juices, green salad, and a bakery pas*

LASAGNA
These tender yellow ribbons of pasta are a favorite simply served with sauce and aged Parmesan cheese.

MANICOTTI
King of the stuffed pastas, manicotti is a giant macaroni, filled to bursting with seasoned meat or cheese.

FARFALLE
Looking like little yellow butterflies, egg bows are a pretty pasta made from egg-rich noodle dough.

RIGOLITTI
Like other pastas, these gay little spirals of pasta have a taste all their own. Kids giggle at them.

FUSILLI
Sometimes called "wiggly spaghetti," fusilli is a favorite party pasta. No, it doesn't tickle going down.

Perk up 'the plentiful pastas'

with homemade good Spaghetti Sauce Mix and Grated 100% Parmesan Cheese from Kraft

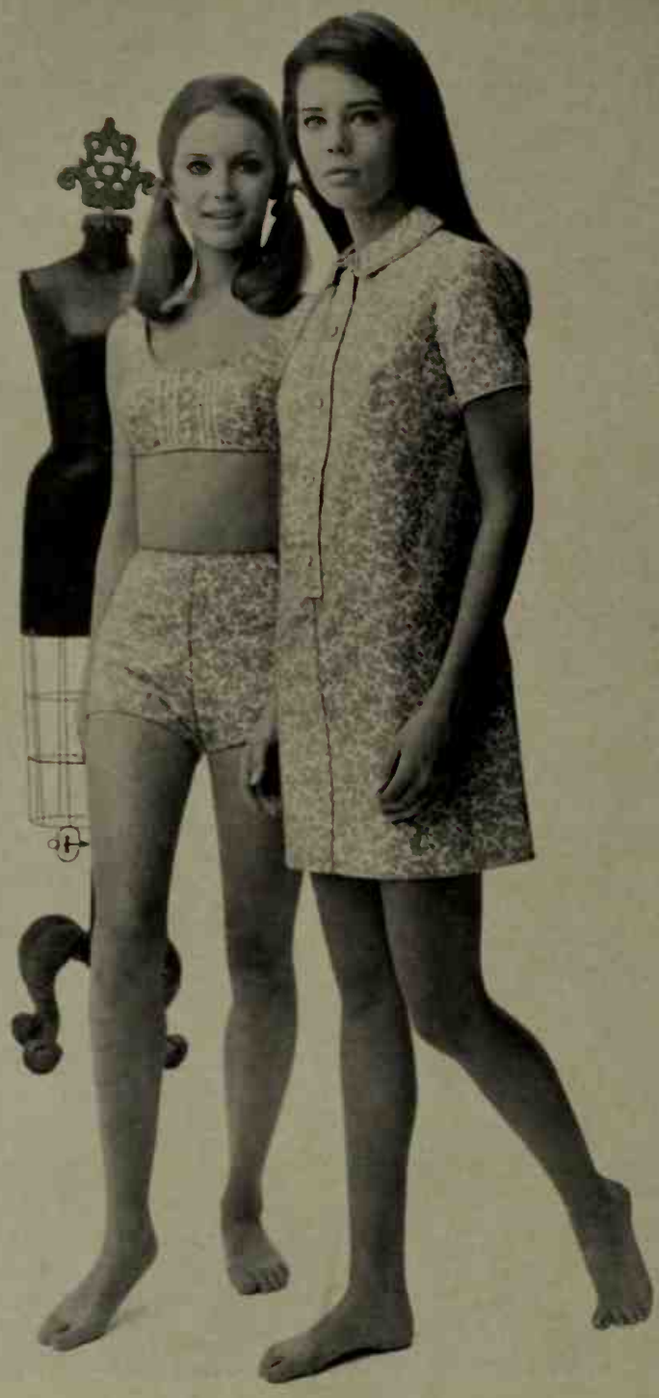
The pastas are plentiful. At last count there were a good 300 or so. And they all taste better—good and Italian-y—when you serve 'em up with Kraft Italian Style Spaghetti Sauce Mix and Kraft Grated Parmesan Cheese.

The sauce is rich, red and rewarding—a robust, memorable sauce. It's homemade good because you cook it up fresh, bubbling with good Italian flavor.

The cheese is 100% Parmesan made sprightly by more than 14 months of careful aging...a full-flavored grated cheese that perks up all kinds of Italian dishes.

Try a new pasta tonight. Manicotti, vermicelli, torroncini, etc.—you'll find plenty at your grocer's to choose from. And perk up these plentiful pastas with Kraft Spaghetti Sauce Mix and Grated Parmesan Cheese. Real Italian-style eating from the good cooks at Kraft.

KRAFT



Splash

A two-piece suit in which to swim madly all the way out to the raft and float all the way back in. And a cover-up for organizing volleyball games, collecting shells, avoiding seaweed and stopping off for fresh vegetables at a country stand. Both of spirited Fortrel polyester and cotton in Forgetmenot, Azalea or Honeydew flower prints. Swimsuit 6 to 14, cover-up P, S, M, L.

Swimsuit about $20, cover-up about $20 at good stores and college shops.

The Villager®

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dishes, or a single 1½-quart soufflé any straight-sided) dish. Sprinkle flé mixture with cheese; you can soufflé at this point as long as 3 to 4 h

Bake in a 400° oven; allow 18 minute small soufflés, and 30 to 35 minute large soufflé; they should be slightly in the center. Serve at once to 6.

Boned Leg of Lamb Roast with Roser

Have your meatman bone, roll, and 6-pound leg of lamb; you should about 4½ pounds meat. Thinly sl clove garlic. Cut small gashes in and tuck in garlic. Rub meat with oil; pat on 1 teaspoon whole rose Salt lightly.

Bake in a 325° oven until a meat mometer registers 140° for rare or for medium rare (very slightly meat); about 1 hour and 45 minut 2 hours.

Let lamb rest in a warm place at lea minutes before carving. (If you're the meal with one oven, turn up ten ature for soufflés as soon as roast is but keep meat warm until serving t

Skim fat from pan juices and dis reheat pan juices if needed and serve small dish. Makes 6 to 8 servings.

Sandwich lunch

"Grinder" is the colloquial name for massive sandwich of the Dagwood g Assemble your meal on trays to eat side if the day is inviting.

Grinders
Sparkling Apple Juice
Peanut Butter Cookies **Pears or A**

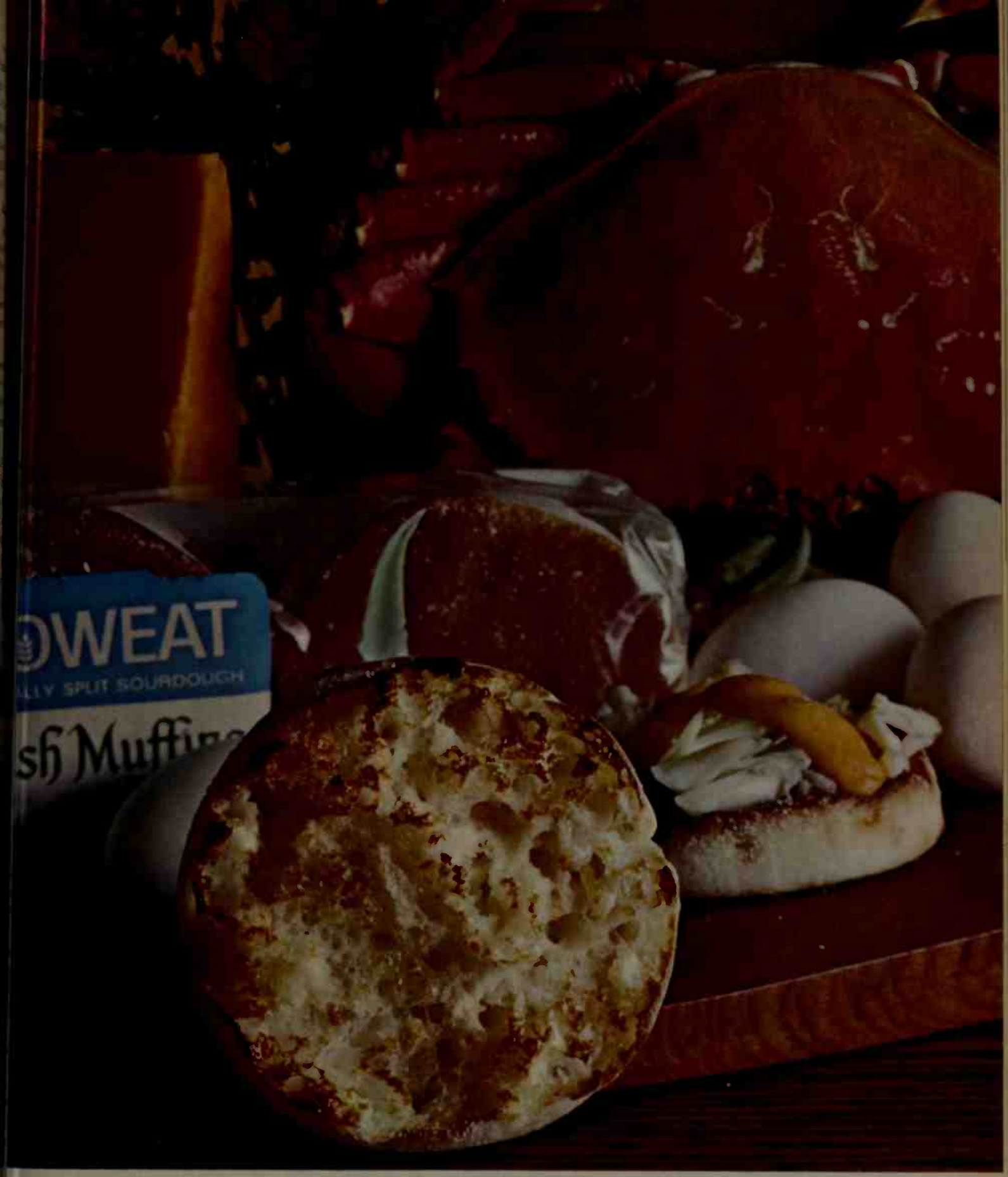
Apple juice or cider are good alter if you prefer a non-carbonated beve

Grinders. Put 2 whole pimientos in a dish and pour over them 2 tablesp olive oil or salad oil and 1 tablespoon vinegar; set aside.

Finely shred 1½ cups iceberg lettuce mix with 2 tablespoons olive oil or oil, 1 tablespoon wine vinegar, ¼ spoon *each* basil and oregano, crum and salt to taste.

Split, but do not cut all the way thro 2 rectangular crusty rolls (5 to 6 i long, or round rolls of an equivalent and spread open. Cover cut sides of rolls with sliced provolone cheese (a 2 oz. for *each* roll). Lavishly cover side of each sandwich with 1 to 2 ou thinly sliced salami (or other cold of your choice, or canned tuna). Pile the lettuce on other side of each sandv

Lift pimientos from marinade and s if necessary, to lay flat; put one pimi on each sandwich. Close sandwi enough to slip each about halfway a small plastic bag. Close completel eat; the bag helps hold the sandwich gether and catches drips. Makes 2 s wiches.



For those good Lenten dishes

here is a satisfying go-togetherness out Oroweat English muffins and the heese, egg, and fish dishes in the enten menus.

s an accompaniment, the Oroweat uffin has just the right blend of crisp- ess and chewiness and just the right vely flavor tang of sourdough.

s the supporting ingredient, the muffin has the substance and flavor needed to glorify the simplest of dishes — as simple as these:

- Cover toasted muffins liberally with a piping hot blend of canned mushroom soup, a beaten egg, a little sherry, and flaked tuna.
- Oroweat muffins give French toast a new personality. To make eggnog French toast, add a little sugar, a dash of vanilla, and some fresh nutmeg to your batter.
- To give toasted cheese a lift, lay two anchovy fillets on each muffin half, cap with crumbly aged cheddar. Toast in oven until cheese melts.

OROWEAT
WHOLE GRAIN BREADS

when chicken needs a chum

Try Betty Crocker Scalloped Potatoes
A golden brown chicken and tender potatoes in a velvety smooth sauce. Delicately seasoned with herbs, mellow Cheddar. A dinner to crow about.

when a burger needs a buddy

Try Betty Crocker Au Gratin Potatoes
Succulent burgers built up with tomatoes, onions, greens. Serve with potatoes in a sauce of blue cheese, Cheddar and herbs baked nice and brown. Hungry?

Our bean soup is Hungarian

Steaming bean soup makes a sati main dish at noon, or first course a ner. This soup is the Hungarian *bal* (pronounced bob *lev*-ahsh).

It's liberally seasoned with paprik the sweet Hungarian kind sold by catessens, or substitute regular pap you wish. Chunks of smoky ham also flavor the soup. If you serve i main dish, accompany the soup wi bread and cold meat or cheese.

Hungarians in the West make this with brown flecked pinto beans speckled cranberry beans, which res their native mottled beans.

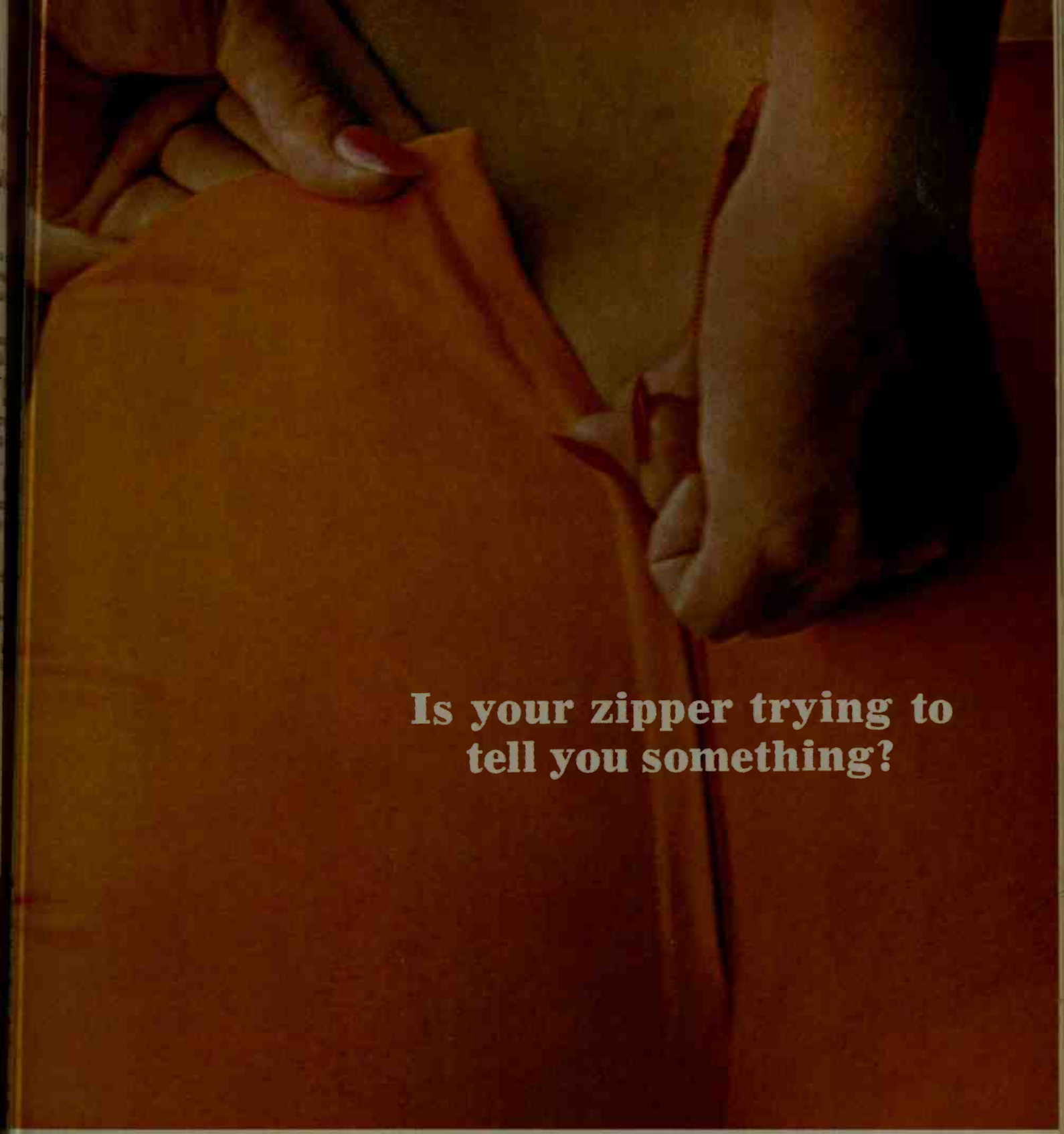
HUNGARIAN SPECKLED BEAN SOU
(Bab Leves)

- 1 pound dried pinto or cranberry beans
- Cold water
- 2 large smoked ham hocks (about 2 lbs.
- 2 pounds veal or beef bones, cut in 3 to 4-inch pieces
- 2 medium-sized carrots, peeled
- 1 parsnip, peeled
- 5 sprigs parsley
- 1 onion, peeled and halved
- 1 whole clove garlic
- About 1 teaspoon salt
- 1 tablespoon *each* butter and flour
- 2 teaspoons sweet Hungarian paprika o regular paprika
- ½ cup water
- Commercial sour cream (optional)

Place beans in a bowl and cover wit water; let stand for 4 to 5 hours or night. Drain beans, reserving water. ham hocks, veal bones, carrots, pa parsley, onion, and garlic in a large pan (at least 6-quart size). Measure drained from beans; add more wa make 3 quarts. Add the 3 quarts wa pan and simmer, covered, for ab hours, until ham is tender.

Pour soup through a strainer, rese ham, carrots, and parsnip. Return str broth to pan; add drained beans an mer, covered, until beans are te about 1 hour. Slice carrots and pa cut ham from bones, discarding ski and bones. Dice the ham. Add vege and ham to soup; taste and add s needed. If possible at this point, soup, then skim off fat and disca heat soup again to simmering.

Melt butter in a small pan, stir in and paprika, and cook until bu Gradually add the ½ cup water, st constantly; cook until thickened. flour mixture into soup, and cook 5 minutes longer. Spoon a dollop o cream into each serving of soup, i wish. Makes 8 to 10 servings.—*B Palo Alto, Calif.*



Is your zipper trying to tell you something?

nsider your zipper one of your closest nds. It'll tell you things no one else . Like the fact that you're gaining ttle weight. That's a good time to t thinking more carefully about your ltime selections.

Do's and Don'ts for those who Watch and Weigh

Since you have to cut down on ories, do make sure that your require-nts are met mainly from the four od Groups: Milk, Meat, Vegetables Fruits, Breads and Cereals.

Don't forget that your bones, muscles, and nerves need calcium whether you're dieting or not. Milk stands out as a source of calcium as well as high quality protein and riboflavin. Non-fat or low-fat milk gives you just as much of these nutrients but with fewer calories.

3. Don't go off on a diet "kick" of your own. Drastic changes and off-beat food habits can endanger your health by causing you to omit essential nutrients.

4. Don't torture yourself. Base your diet on sensible eating habits that you can stick to without hardship. Otherwise the pounds you lose will soon come creeping back.

5. Do increase your physical activity. Walk short distances instead of riding in the car. Mow the lawn. Wash the car. You'll burn up calories and maybe even save a little money at the same time.

People who are physically fit look better, feel better and get just a little more out of life. And that's quite a bit.

This information is brought to you by the Dairy Council of California in the interest of everyone concerned with improving family health through proper nutrition.

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Outside or inside—you can brighten and enliven your home with decorative glass while adding exciting beauty. Select from a wide variety of patterns from your nearby distributor.

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DIVISION OF MASCO CORPORATION

DARROW M

Spiced peaches *make sauce for ice c*

Persians like their peaches

In Iran and many neighboring cou the word "delight" may be assign almost any favorite dessert. So it i surprising that both these recipes covered by a *Sunset* reader traveli that part of the world, were called delight. To avoid confusion she ren the second one for her daughter.

PEACH DELIGHT

Drain the syrup from 1 can (about sliced cling peaches into a pan. peaches into a bowl. Bring syrup to ing and boil a few minutes to reduc thicken slightly. Remove from heat in ½ teaspoon ground cardamom a teaspoon grated lemon peel; pour peaches. Chill. Spoon over vanill cream; top each serving with whi cream, if you wish. Makes 6 servi

PEACHES HELENE

Drain 1 large can (1 lb. 13 oz.) cling peaches. Pour peaches into gr baking pan or dish (about 8 inches s or round). Sprinkle 4 teaspoons l juice over peaches. In the small bo an electric mixer, cream together 3 t spoons butter or margarine and ¼ sugar. Add 2 egg yolks and 2 teas grated lemon peel, and beat well. flour, measure 1 cup, and sift with 2 spoons baking powder and ¼ teas salt. Alternately add flour mixture ½ cup milk to the creamed mix Spoon evenly over the peaches.

Bake in a 350° oven for about 30 utes, or until cake topping tests when a pick is inserted. Serve war cold, with whipped cream if you Serves 6 to 8.—*H. W., Atherton, Cal*

Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix . . . both made with cocoa from imported cocoa beans. Cocoa so rich, it's more flavorful than even the finest chocolate. Together, these two mixes make a devilishly delicious, wickedly wonderful dessert. Sin a little. Tonight? *When the flavor's this exciting you can bet it's Betty Crocker.*

Cocoa more flavorful than the finest chocolate in this devilishly delicious Betty Crocker dessert.

Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix

The cream style corn with a patent on smoothness

The Green Giant has his own special process for creaming his sweet golden corn—so special, in fact, it's protected by an official U.S. patent. That's why Green Giant Brand cream style corn is consistently smooth and sweet. Never too thick. Never too thin. Always the creamiest!

© Green Giant Company

DARROW M. WATT

an-style *rabbit goes well with new potatoes to take up rich sauce, apple compote*

It's rabbit cooked in wine

it cooked in red wine is a prized dish elgian-French cooking. The usual is a dish called *civet de lièvre* (si-deh lee-*evr*), or ragout of hare.

r rabbits from our supermarkets sub-te here for Belgian hare. Adding the ed rabbit livers to the sauce mini-s flavor differences. You may prepare ntire dish ahead and refrigerate, then at it.

ve also included a recipe for an apple pote often served with rabbit.

GIAN RABBIT IN RED WINE
et de Lièvre)

- 2 large onions
- 2 fryer rabbits (about 2½ lbs. *each*), cut up
- 1 bay leaf
- 1½ cups Burgundy (such as Pinot Noir or Gamay)
- 1 tablespoon red wine vinegar
- Juice of 1 lemon
- ¼ teaspoon whole thyme
- ½ teaspoon salt
- ¼ teaspoon pepper
- About ⅓ cup butter or margarine
- 1 tart apple, peeled and chopped
- 2 shallots, or 2 large green onions, finely chopped
- 1 cup regular strength canned beef broth
- 2 teaspoons cornstarch, blended with 1 tablespoon water
- 1 teaspoon bottled brown gravy sauce

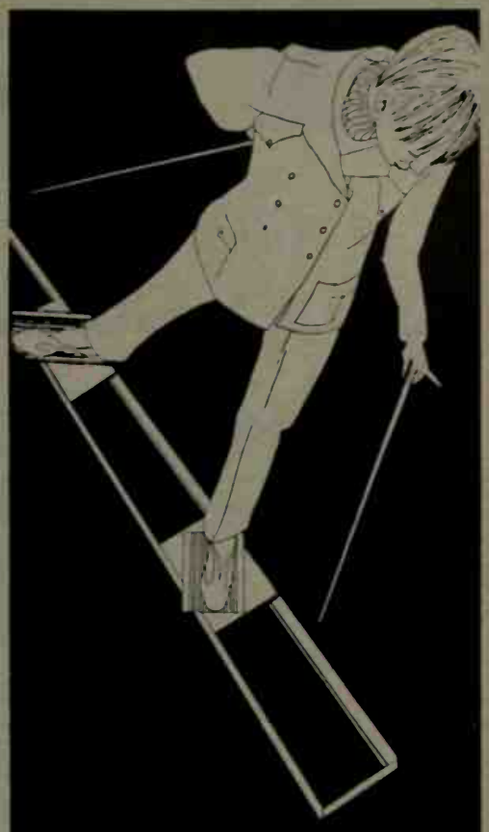
l one of the onions, slice it thinly, l separate it into rings. Place rabbit, ou rings, and bay leaf in a large shallow bowl. Pour on a mixture of the wine, vinegar, lemon juice, thyme, salt, and pepper. Cover, refrigerate, and let stand for 24 to 36 hours.

Drain rabbit, reserving marinade and onion rings; discard bay leaf. Chop livers and sauté in 2 tablespoons of the butter in a saucepan. Chop remaining onion; add it with apple to livers. Sauté until onion is soft. Add 1 cup of the reserved marinade; simmer covered for 1 hour.

Meanwhile, melt remaining butter (about 3 tablespoons) in a large frying pan. Brown rabbit pieces well on all sides. Add shallots, reserved onion rings, remaining marinade, and beef broth. Simmer, covered, for about 1 hour, until rabbit is tender. Remove rabbit from pan; reserve.

Purée liver mixture in blender. Stir liver purée, cornstarch mixture, and brown gravy sauce into liquid in pan. Cook, stirring constantly, until thickened. Add rabbit to sauce; simmer, covered, for about 10 minutes longer. Makes 6 to 8 servings.—*G. L., San Francisco.*

Apple Compote. Melt 2 tablespoons butter in a medium-sized saucepan. Add 4 large tart apples, peeled and chopped; ¼ cup brown sugar; dash salt; 1 teaspoon lemon juice; and ¼ cup golden raisins. Simmer, covered, until apples are translucent, about 20 minutes; stir occasionally. Makes 6 servings.



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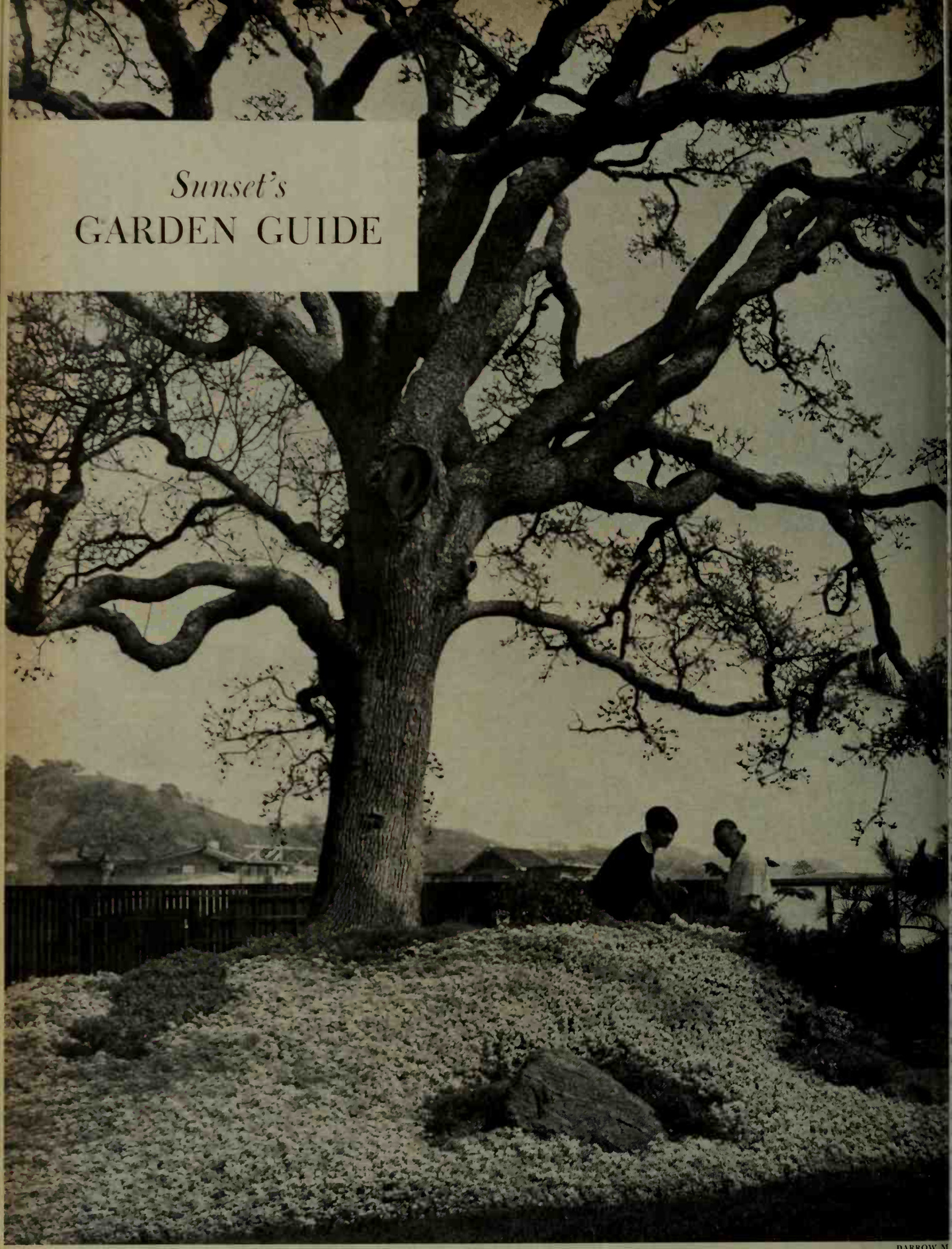


DARROW M

Late March in the A. G. Zimmermann garden, Alamo, Ca nia. Giant valley oak is just leafing out. Boulders and anese black pine (at right) give an Oriental touch. For on the mound and its Mexican sedum ground cover, see opp

Sedum mound goes around

MARCH IN YOUR GARDEN:

Whether it's warm or cool . . . here's what needs doing

t winter in the mountains and inter- in regions. Spring has definitely o the coast and valleys, with fruit spring bulbs, and wildflowers all in But so unpredictable is March r that clouds and rain can set the back to winter.

dvantage of either turn: If temper- stay low, you'll have ample time to lormant pruning and spraying in all the warmest regions. If weather is and dry, you'll have to finish winter fast, then move on to springtime t once.

isn't too wet for digging, plant now. n gain a month or two at the begin- f the growing season, take advan- f moisture present in the soil, mini- isk of heat damage or wilting in lants, and beat the eager hordes lescend on nurseries with the first hot weekends.

n bulbs finish flowering

you do with bulbs after they flower ds on the plans you have for their use and for the area they are grow- . If you are pleased with the way ulb plantings have worked out and to keep them the same for next year, lbs can stay in place.

sure a good display next year, do you can to help the bulbs develop um size this spring. Water and he bulb bed until foliage ripens to w color. Don't remove leaves until are dry. To help conceal untidy ng foliage (or at any rate to divert ion from it) plant annuals among umps of bulb foliage.

er plants will occupy the bulb bed g the summer, plant them early so bulb foliage will mark location of and prevent digging into them and ging them.

plan to replant the bulb bed, if you to convert it to another use, or if for ther reason you find it necessary to ve bulbs shortly after bloom, lift carefully, keeping as much soil about oots as you can. Set bulbs and root es in a trench in some out-of-the-way , cover them with soil, and keep t until leaves ripen. Then lift, separ- ulbs, and replant at once or store in l, dry place.

ng-established bulb plantings have n to drop off in bloom production, likely that the bulbs have split and grown to the point of overcrowding and that they have exhausted nutrients in the soil. Lift and divide overgrown clumps when foliage has ripened.

Sedum and mounds

Low mounds of earth can be handsome and useful additions to the landscape—and they can do more than just look good. Consider the mound at left.

Its first use is to preserve the soil level around the base of the big native valley oak. It also keeps lawn irrigation water away from the base of the oak. It breaks up the flatness of lawn and fence line and relates the garden to the hilly landscape of the neighborhood. And it serves as a stage for displaying plants.

The principal plant in the mound is Mexican sedum *(S. amecamecanum* or *S. confusum).* The sedums grow well either in full sun or in the light shade of high-branching trees. Since they are at their best in well drained soils, they are well adapted to mound planting. With good drainage they can take much water (as they do on the side nearest the lawn) or very little (as they do near the base of the oak, which will not stand much summer water).

Evergreen leaves of Mexican sedum are fleshy and bright yellow-green. In March and April the 6 to 8-inch-tall plants brighten even more as golden yellow flowers appear.

In colder climates other hardier sedums replace Mexican sedum. *S. acre, S. spathulifolium,* and *S. spurium* are three of many that can withstand subzero temperatures.

Converting square feet to acres—the easy way

Sometimes you'll find agricultural chemicals available in large sacks at a good price per pound. One problem in using them is that application rates may be given only in terms of pounds or ounces per acre. How do you convert the back orchard or side hill into acreage?

Here's an easy way that came to our attention recently through the courtesy of the United States Forest Service and the Agricultural Extension Service, University of California:

First, find the number of square feet in the area concerned. If the area is rectangular, multiply average length by average width. For triangles, multiply the height of the triangle by half the base. For circles, multiply the square of the radius by 3.14.

Next, multiply the number of square feet by 23, and point off six decimal places in the product. The result is in acres, tenths, and hundredths of an acre. Accuracy of the method is high enough, error being only two one-thousandths per acre.

For example: Find the acreage of a rectangular area 30 feet by 200 feet.

Step 1: 30 x 200 equals 6,000.

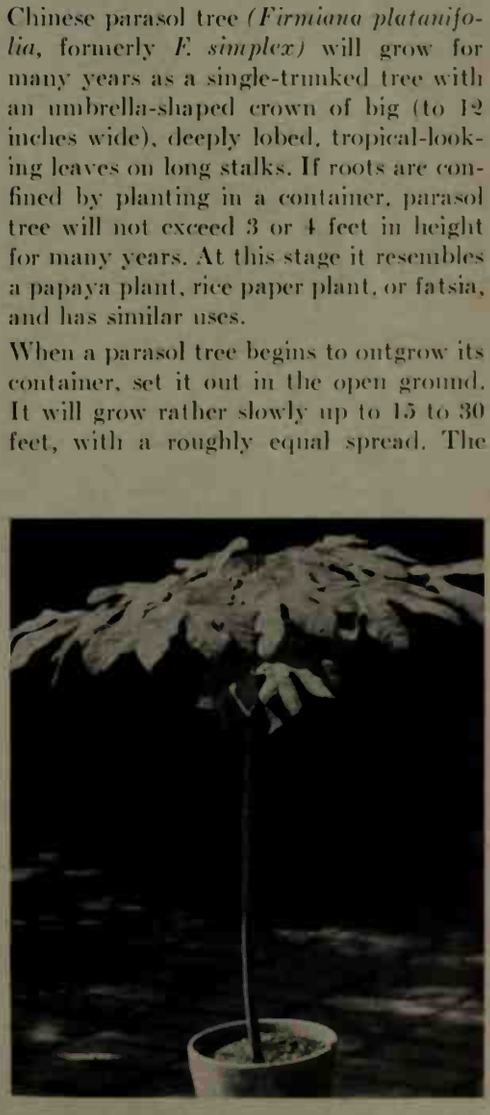
Step 2: 6,000 x 23 equals 138,000; so the answer is .138 acre.

Using the same method, you can quickly gauge the acreage of your present lot, or of a lot you intend to buy.

Two careers for this tree

Chinese parasol tree *(Firmiana platanifolia,* formerly *F. simplex)* will grow for many years as a single-trunked tree with an umbrella-shaped crown of big (to 12 inches wide), deeply lobed, tropical-looking leaves on long stalks. If roots are confined by planting in a container, parasol tree will not exceed 3 or 4 feet in height for many years. At this stage it resembles a papaya plant, rice paper plant, or fatsia, and has similar uses.

When a parasol tree begins to outgrow its container, set it out in the open ground. It will grow rather slowly up to 15 to 30 feet, with a roughly equal spread. The



Chinese parasol tree *in 10-inch pot has tropical look in summer, is quite hardy*

bark is light gray-green and smooth. The trunk usually forks into three or more branches fairly near the ground; these fork again into a sparse, irregular branching pattern that is picturesque during the rather long winter dormant season.

Leaves continue to cluster at the branch ends on older trees, so that the name parasol tree continues to be applicable.

These trees do best out of strong winds, which can tatter the leaves. Plants withstand sharp frosts and high summer heat but won't take prolonged freezing temperatures.

Beware gifts bearing bugs

March, April, and May are the great months for informal plant exchanges among friends and neighbors. Unfortunately, plants that enter the garden over the back fence often bring with them pests and diseases. These will not be the obvious kind; no one would bring you anything so gross or conspicuous as a tomato hornworm. The ones to worry about are the invisible or nearly invisible pests that inhabit the soil—nematodes, soil mealybugs, weevil grubs.

Gift plants in soil can also carry soil-borne diseases if the plants are lifted from infected areas. Nurserymen take great pains to sterilize soil or provide substitute soil for their plants; they can't risk losing a crop. Well meaning friends can't be expected to take such pains, and their garden soil could carry spores of such soil diseases as verticillium.

Seeds and cuttings are safe; plants grown in containers in prepared mixes are usually safe. It's the plant dug out of the garden that can cause trouble. If you are given such a plant and can't find a tactful way to reject it, at least put it in quarantine. Plant it in a container and grow it in some out-of-the-way place until you're satisfied that it's healthy; then plant it out in the garden.

Bird of paradise seeds

The patient gardener can grow bird of paradise plants *(Strelitzia reginae)* from seed. Sprouting takes three to nine months and total time from sowing to bloom takes five years or more; but plants are sturdy and easy to grow once started. The problem until recently has been finding the seed, which forms in this country only if flowers are hand-pollinated. Seeds, although they have always been obtainable, have not been widely distributed.

Lately we've seen little packets of seed in nurseries and garden stores. A packet of six seeds costs 50 cents; a sheet containing how-to-grow-it information accompanies each packet. Packets make good gifts for young people just getting interested in gardening, for a visitor from back East who wants to carry back a typically Western plant as a souvenir, or for a patient and curious gardener who wants to grow a number of bird of paradise plants.

Ordinarily a packet of seeds wouldn't make much of a gift, but these seed quite large (the size of small navy b and strikingly colored—glossy black bright orange wigs at one end.

Seeds *of bird of paradise are small size, shiny black with fuzzy orange*

Gift for young naturalists

It's always encouraging to detect i very young glimmerings of interest i ture. Foster them in any way you by taking children on camping tri hikes, by visiting parks and botanic dens with them, and by encouraging do-it-yourself nature projects at sch at home.

One useful device for teaching young dren about native plants has appear cently. It is *California Plants to Co* coloring book of native California and wildflowers published by the Barbara Botanic Garden, 1212 Mi Canyon Rd., Santa Barbara, Calif. 9 The 32 pages contain clear, acc sketches of native plants. The brief

MARCH CHECK LIST: *These are the basic jobs*

☐ **Feed.** For most plants the big growth push is about to begin. Be sure that when it does, plant food is in the soil. An annual feeding suffices for most deciduous or evergreen trees and large shrubs that make one annual growth flush. Camellias and azaleas should be fed after bloom and again later in the season. Don't feed rhododendrons until buds show color or until after bloom. Feed established annuals and perennials for fast growth and heavy bloom.

☐ **Food garden.** If soil is not too wet, spade or rotary-till soil for food and cut-flower garden. If you haven't added organic material recently, now is the time to do it. Even durable peat moss and ground bark break down in time and lose their aerating power. Till in complete fertilizer at the same time.

In most of California it's late to look for berry and grape plants, rhubarb, and artichokes, but some nurserymen can them up (or plant strawberries in flats) for late planting. In mountains or intermountain areas plant berries, rhubarb, asparagus, and American grapes as soon as soil is ready to work.

Set out canned or balled and burlapped citrus and avocado trees now.

☐ **Lawn care.** Cool-season grasses make their best growth in March, April, and May — if they are well fed. Temperatures are right for growth, wrong for pests and diseases; the more vigorous the growth of grass at this season, the sturdier the root system and the resistant the plants are to summer s Feed lawns well and encourage deep ing by infrequent deep waterin needed.

Control broad-leaf weeds with sprays taining 2,4-D; 2,4,5-T; silvex; dicamb combinations of these. For pre-emer weed control, see page 100 of the uary 1968 *Sunset*.

☐ **Plant for flowers.** Flat-grown p available now include kinds us thought of as winter and early s flowers (calendula, pansy, stock, v and summer flowers (China aster, nia). All will give satisfactory bloo planted now, but the cool-season k will go out of bloom first in hot in

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DODGE fever

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Sunset's GARDEN GUIDE

accompanying the drawings describes flower color (or fruit and leaf color where pertinent), tells where the plant grows, and, in some cases, furnishes other worthwhile information. Drawings are by Jacqueline Broughton, text by Mary Allcott. *California Plants to Color* can be ordered from the botanic garden at the address previously listed for $1 plus 15 cents for tax and handling.

A new color in miniature trees

Latest miniature rose to appear (February 1968) is 'Lavender Lace,' a breakthrough in miniatures—a true lavender without magenta shading. Slight touches of yellow at the bases of the petals serve only to make the lavender look brighter. Flowers are 1½ inches in diameter or slightly less (large for 10-inch-tall plants) and have 30 to 40 petals. Buds and open flowers have true Hybrid Tea form.

Like other miniatures, 'Lavender Lace' will grow well indoors or out and is useful and attractive in a number of landscape situations. Grow it in flower borders, as edging for beds of taller roses, or in containers.

Deck the halls with prunings

Flowering fruit trees should be pruned while they are in bloom or immediately afterward. You can use some of the cut sprays in arrangements, but you'll probably have far too many for this purpose if you do a thorough pruning job on a fair-sized flowering peach or flowering plum.

Wade in as soon as flowers fade and remove superfluous wood. At this period trees make fast recovery, cuts heal quickly, and fast-pushing shoots soon conceal the bare look of a freshly pruned tree.

Prune early-flowering deciduous shrubs (forsythia or weigela, for instance) at the same stage of growth, cutting out to the ground old wood that has flowered, weak shoots, and dead branches. Resist any temptation you may feel to shear tops of these plants to a uniform height.

Shape camellias and daphne by carefully cutting flowers and foliage for arrangements or for corsages. Cut to well placed side branches or vigorous buds. "Well placed" means so situated that subsequent growth of the side branch or bud will go the way you want it to—into a bare space, or outward (if you want the plant to spread), or upward (if you want the plant to grow taller).

Fast flowering tree

It takes as little as two years for the golden trumpet tree (*Tabebuia chrysotricha*) to go from seed to 5 or 6 feet tall, with yellow flowers like those shown in the photograph at right. Such a growth rate and such stunning flowers explain why this Brazilian native is quickly catching on in Southern California.

It's also worth a try in the milder areas of northern California. One batch brought in by an experimental-minded nurseryman in Los Altos survived last wint 5-gallon cans, then bloomed. Plants withstand temperatures of 24°.

Display a golden trumpet tree whe can be seen—in a lawn, on a patio, hillside. It should eventually reach a 25 feet high, 15 to 25 feet wide. It take most soils and watering sche

WILLIAM

Golden trumpets *1½ inches across. On trees, as many as 27 flowers in cl*

but try not to let the soil dry out.

The leaves, a dark olive green, ar vided into five leaflets. At flowering in early spring, the foliage drops off new growth follows soon.

As in many trees that grow rap growth habit is awkward. You'll ne stake a tree for its first five years o You'll also have to prune annuall shape it. After flowering season, cut any branches that get out of line give the tree a lopsided look.

Your nurseryman can obtain plants a number of Southern California gro

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areas. If you live near the coast, these cool-season plants bloom into and through summer. A few real heat-lovers (zinnias, for instance) won't really grow well until the days grow warmer in late April or May. They will just sit there.

Continue planting gladiolus, and set out dahlias if soil is reasonably warm. Set out perennials from cans, flats, or plant bands.

☐ **Plant for landscape effect.** If March is cold and damp, you may still be able to buy bare-root trees and shrubs. If you can, waste no time in planting them. Buds and roots are beginning to push, and both are easily damaged by even brief drying out.

It's one of the best months for planting ground cover plants and native shrubs—in fact, one of the best months for all except tender plants (bougainvillea, heliotrope, hibiscus) that might suffer in light frost and that need warmth to grow.

☐ **Propagate.** To increase stocks of favorite chrysanthemums, take tip cuttings; or remove single rooted divisions from the outside of the clump, discarding the woody center. Divide Shasta daisies. If you'd like to propagate some rare or difficult shrub or tree, try layering a low-growing branch. You'll find details on page 89 of the new *Sunset Western Garden Book*.

☐ **Prune.** Hurry out and finish pruning any deciduous trees and roses not pruned as yet. Also prune fuchsias and pinch tips of chrysanthemums, geraniums, and pelargoniums to force side branching—but don't pinch young seed-grown geraniums. These are bred to grow, branch, and bloom as annuals. Pinching this spring may seriously delay bloom.

Don't be over-pessimistic about tropical plants that look shabby following winter's sharp frost. Give them a ch to sprout before you cut them bac the ground. They may have more wood than you think.

☐ **Spray or dust.** If plants have yet been sprayed and if buds l not yet expanded, give fruit trees roses a dormant-strength spray. If r are heavy and late, spray deciduous trees to control brown rot, which en blossoms and later affects twigs, f foliage, sometimes even whole branch

☐ **Water.** Don't forget to water pl under overhangs. Water newly plants if rains are not frequent or d Avoid over-watering new bare-root pl ings that haven't made new roots and growth yet. Be especially careful newly set silk trees, fruitless mulbe Japanese persimmon, fig, and walnut

The Garden Primer
or
How to Reason with Bugs and Weeds

the alert! Bugs,
and plant diseases
set to attack your
nd garden.

TO WATCH OUT FOR

ickers. Insects like
, leafhoppers, scale.
suck out the life juice
lant. Some infect it
isease.
times you can spot whole
es on a plant. But often they
nder leaves.
den or not, wipe them out. Spray
t plants and shrubs with a rec-
ommended insecticide.
And apply it right.
Use a sprayer or
duster that puts
the bug-killer
exactly where
it's needed.
That's what
Hudson sprayers
and dusters do.
With their long
extensions and adjustable
zzles, you can reach into plant
e. Get under leaves. Cover
s thoroughly—but without over-
or waste.

leaf chewers.
ts like beetles,
pillars. They
h on leaves,
oy a plant's
making system.
t even with
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dson sprayer or duster.

e freeloaders. Plant diseases
lackspot, other fungi. They live
lants. Destroy chlorophyll.
ken plants.
fungicide—spray or dust—will
ent or stop these troublemakers.
s applied in a fine spray mist or
cloud that covers all the plant—
kind you get with a Hudson
yer or duster.

e lawn weeds. You know the
—dandelions, plantain, crab-
s, chickweed. They make a lawn
ugly fast.

Clear them out.
Apply a weed-killer
with a Hudson sprayer.
It's fast, easy. One
application
usually does
the job. But
keep spray
away from
flowers and shrubs.
Use the sprayer
at low pressure
to prevent drift.

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Blood-suckers
like mosquitoes.
Disease-carriers like
flies. Both spoil your
outdoor fun. Fight back.
First, eliminate breeding
places. For mosquitoes:
stagnant water in rain
gutters, old containers, bird baths.
For flies: uncovered refuse cans,
compost piles.

Next, spray or dust
their daytime resting
places: nearby shrubs, gar-
den, breezeway ceiling.
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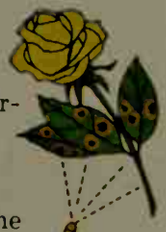

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d bauhinia, *about three years old when planted from egg can, has been in con- for three years in enclosed patio at Sunset's office. In growing season it's d frequently, fed every six weeks. Plant moved to even more shelter in winter*

Give it heat . . . watch it bloom

n maximum heat from May to Oe- red bauhinia *(B. galpinii)* puts on a display that's almost as spectacular t of bougainvillea. Its 2½-inch-wide s in clusters at the ends of the new h suggest oversize nasturtiums. are a lovely soft brick red or terra in color—an unusual shade among .

se the plant needs heat, it's best against a full-sun, white wall. With rt and occasional tying it makes a ome espalier. Its branches with their two-lobed, bluish green, 1½ to 3- ong leaves make a distinctive pat- although this plant is not always evergreen.

bauhinia has often been classed as a in its native South Africa it may le into trees to about 20 or 30 feet. e West, however, it will grow to 10 feet high with a 15-foot spread un- deal conditions.

lso possible to grow it as a shrub container (see photograph above). ll need to prune it back heavily after ring to keep it this way; also pinch tips at any time except during cold her. If kept somewhat rootbound e container, it will remain more like.

y pruning after flowering encourages growth that bears the flowers. These ar in clusters of two to ten at about y third joint as new growth elongates. wing red bauhinia in a container has

Close-up *of flower cluster, leaves. Each petal has a slim narrow base flaring to roundish lobes. Note two-lobed leaves*

another big advantage. Since it's tender to frost (it can stand about 22°, but not for extended periods), you can move it into a sunny, well sheltered location during cold spells. Early spring frosts may also damage the first blooms.

Plant it in good, well drained soil, but in very dry areas keep humidity up or leaves may look burned on the edges. Plants grown in containers need more frequent watering. Shelter plants from wind. Although temperature requirements along the coast of California may suit this plant, it won't flower if summer fogs are persistent.

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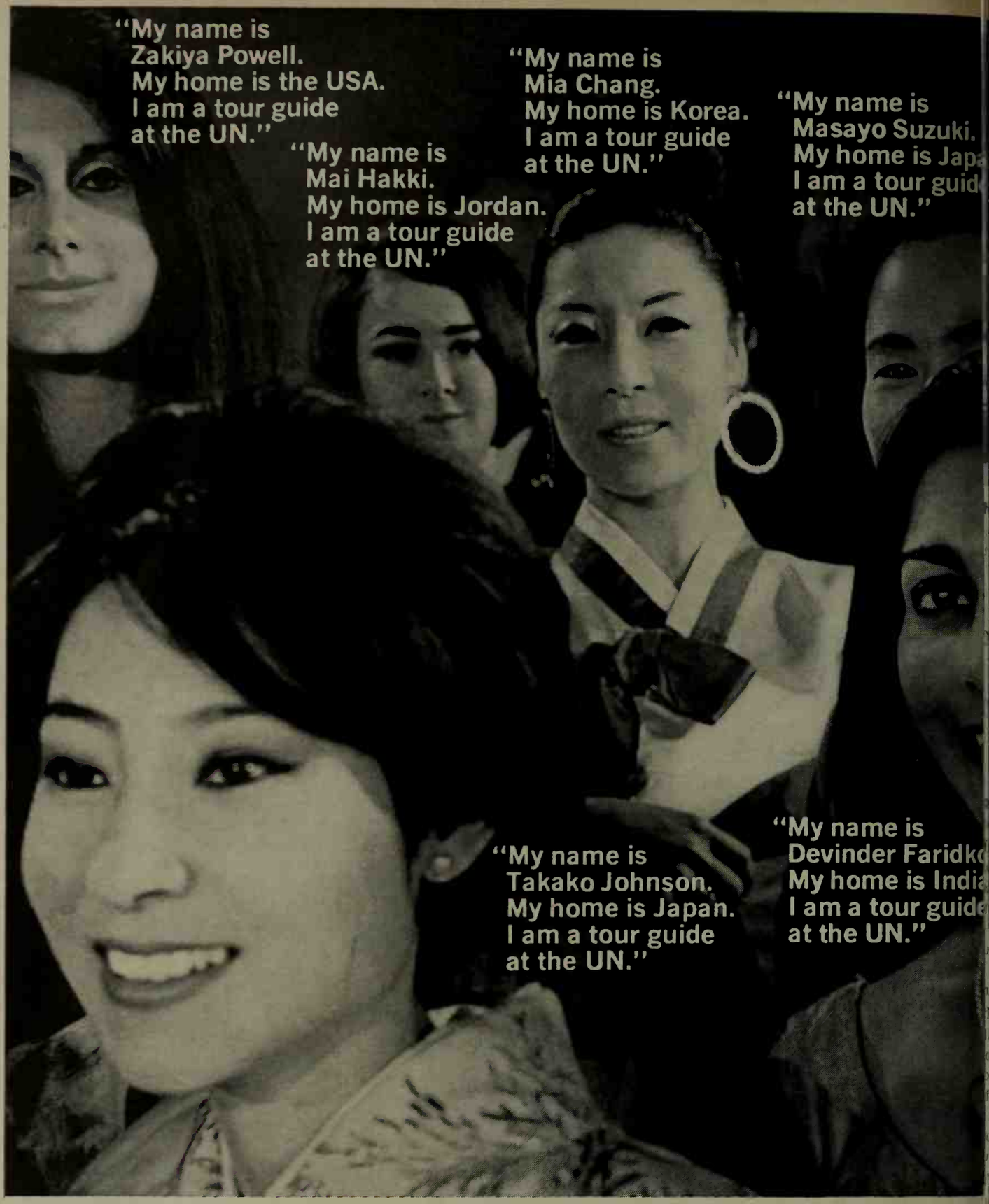

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27,000 visitors come to United Nations Headquarters every week. Guided tours start every 10 minutes 9:00 am to 4.45 pm, 7 days a week. Tours cost $1.25 for adults, 50¢ for children and students, last one hour, and will fill many letters home.

For a free UN Tour Booklet and Visitor's Button, writ UN Association of the United States, New York 10017.

Contributed by this publication as a public service in cooperation with The Advertising Council.

ROBERT COX

plants *thrive in shelter attached se. People inside house see them h window (visible at top of door)*

Plant shelter ıd plant display

mple shelter displays plants at the time it protects them.

ıed and built by the owners, Mr. Irs. Charles F. Martin, of Loomis, rnia, it's attached to their house just e the den window. Anyone in the ın look out and enjoy fuchsias and dium orchids. The ones blooming at the time hang from perforated oard at eye level.

helter was built to provide the sort ditions that the plants need in this foothill climate. It cools them off hot summer and keeps them warm g the frosty winters; through the w (always left open) it picks up from the house in winter, cool air summer.

helter, which stands under the house ang, consists of three walls and a It's 6 feet across the front, 8 feet tall, feet deep.

rame is made of 1 by 2-inch redwood fastened together with angle irons crews instead of nails.

rame is covered with two sheets of polyethylene, one reinforced with num wire, the other plain. A sheet pled to each side of the frame, with air space in between for insulation. dditional insulation, ½ by ¼-inch ıer stripping seals the door, the sides ıed to the house, and all the joints.

Snail slugger.

Snarol reaches out and attracts both snails and slugs. On contact, it begins to kill them. It's as simple as that. Just two or three applications at weekly intervals and you have these garden-riddling pests under control. Choose either pellets or meal. Snarol. The snail-slugger that really works.

SNAROL

attracts and kills snails and slugs

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TAKES GOOD CARE

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DARROW M. WATT

12-inch-tall stubs of dwarf citrus plants, just after pruning in early March

July, *new growth forms a leafy canopy. Plants 2 feet tall, with equal spread*

CITRUS: Off to a new start

at the stumps of these two dwarf plants as you see them in the upper , you might give them up for lost. you see in the lower photograph, only three months later, the two tangerines responded by sending inches of new growth.

m here was to develop a stronger, more compact branch framework so nts can be held to an eventual of about 5 feet, instead of the nor- to 10 feet. The safest time for such pruning is spring, after danger of past, so the new growth won't be by the cold. Be sure that the are healthy; this assures you that ot system is sound, and you can ex- normal response to the pruning.

ver, you can accomplish the same while maintaining a more attractive, plant. To do this, prune successively ring, summer, and fall, removing a third of the plant each time. gloves when you prune citrus; the hes of most kinds are thorny.)

never method you use, the follow-up especially during the first two years pruning, is extremely important. A few weeks after pruning, closely spaced new shoots appear along the stems, mostly toward the tips. Remove up to half of these: those you keep should be rather evenly spaced along the stems. Cut off any new growth from below the bud union.

Later, cut off a few more of the fastest growing shoots. To force remaining new growth to branch out, prune back the tips when about 8 inches long.

The resulting new branches should be tipped back, in turn, after they've grown about 8 inches long. At the same time, remove crowded branches; too dense growth shades the center of the plant and restricts future flower and fruit production.

To protect the newly exposed bark from sunburning, either coat it with a white protective paint (often called "tree white") or build a cloth-covered wood frame to shade the plant from the hot afternoon sun. Because of the drastic reduction in the size of the plants, they require less frequent watering; too much water might cause root rot. Irrigate more frequently as the plants increase in size.

Citrus pruned this heavily normally won't produce a crop for two or three years.

What a Jolt, Ben, But Can You Make It Last— Like Nonburning Nitroform?

When Ben Franklin flew that kite, he got quite a jolt—but it didn't last. And, he could have been badly burned.

Jolting lawns with fast-acting fertilizers doesn't last either. Many applications are necessary for adequate nitrogen feeding. And, there is always danger of burning the tender grass.

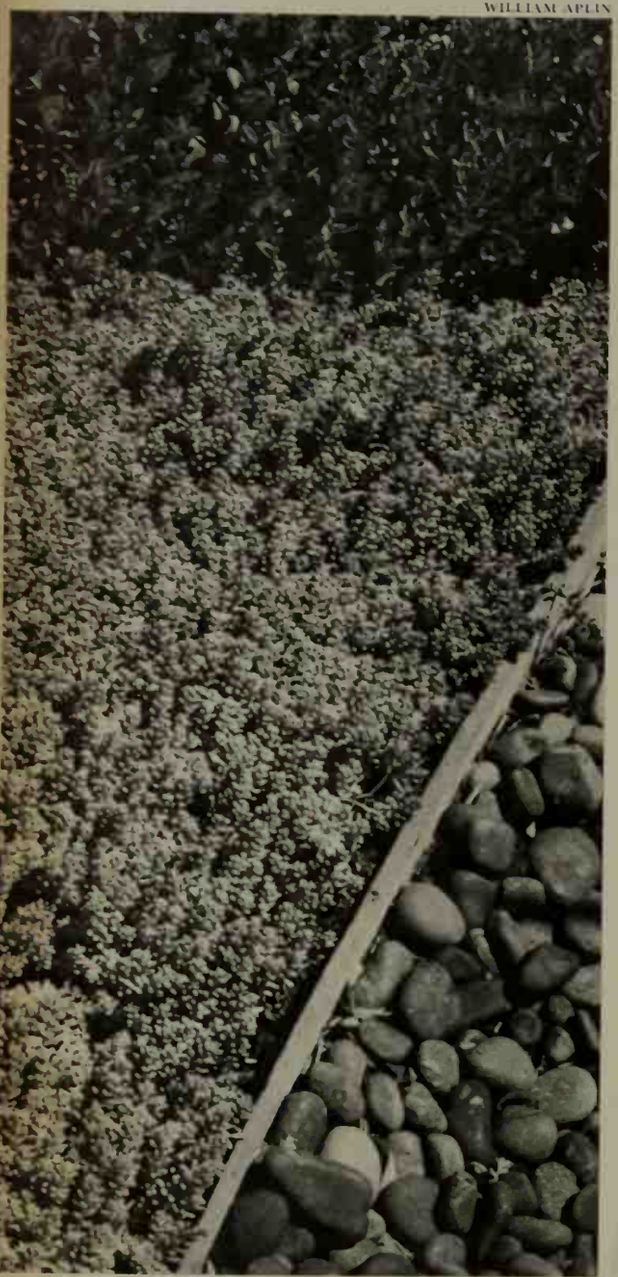
That's why long-lasting, nonburning NITROFORM® turf food is the best nitrogen choice for balanced lawn fertilizers. The 38% nitrogen is nonleaching and in a chemical form that lasts for sustained feeding. Since the nitrogen release depends on moisture and temperature conditions needed for growth, the Nitroform feeding is slow and constant. And, Nitroform nitrogen is available just when the grass is growing and needs it most.

Turf & Horticultural Products, Hercules Incorporated, Wilmington, Del. 19899

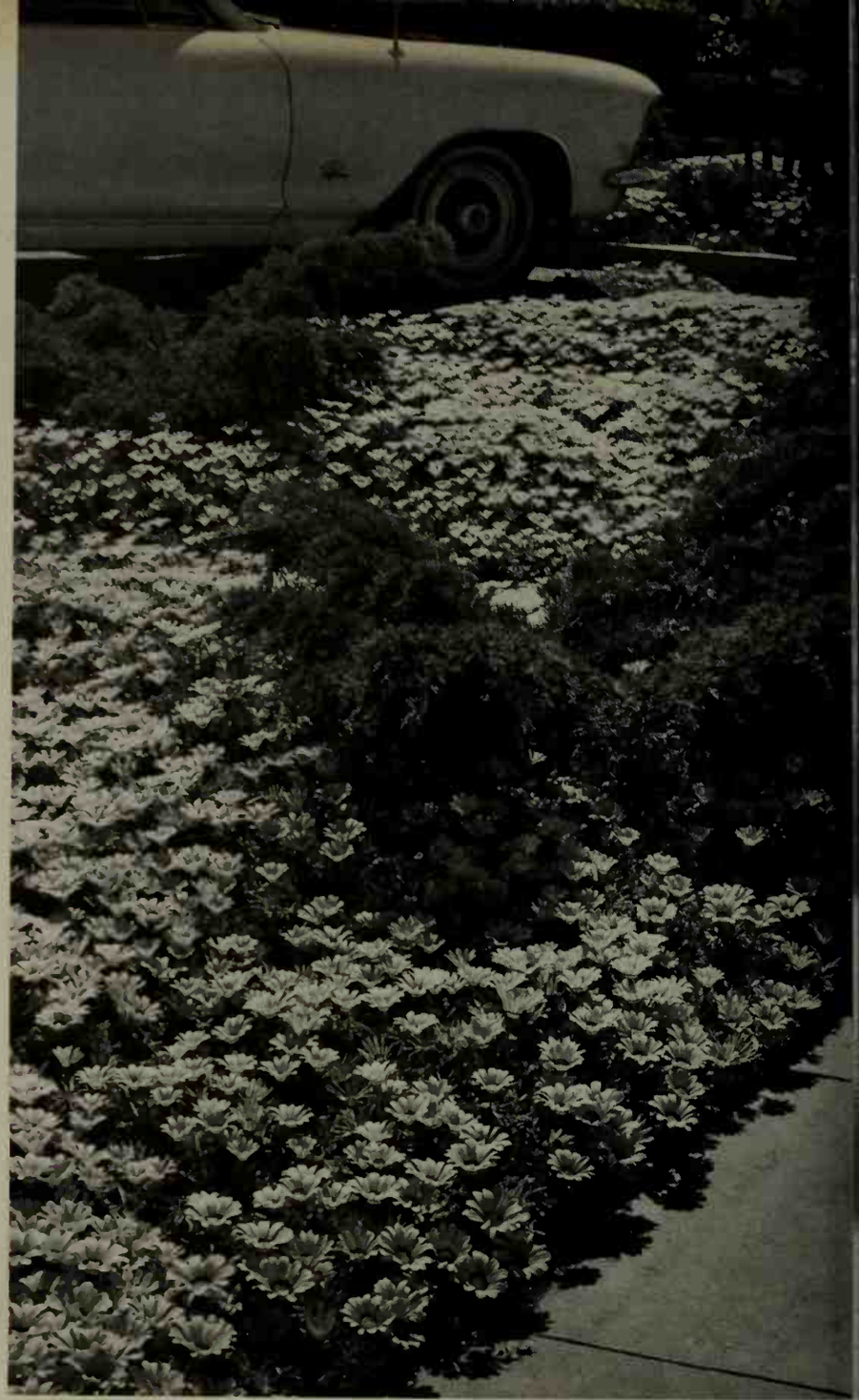
LOOK FOR THE BLUE CHIP® FERTILIZER tag on the bag you buy to be sure that at least one-half of the nitrogen is the granular Blue Chip form of long-lasting, non-burning, nonleaching Nitroform—developed especially for grass and other plants that need sustained feeding.

HERCULES

WILLIAM APLIN



Glossy, *coppery-red-tinged* Sedum rubrotinctum; *dark green dwarf Natal plum*



Carpet *of orange-flowered gazania between Pfitzer junipers, spaced about 10 feet Gazania blooms heavily from spring to midsummer, has attractive gray-green*

Here are two-plant ground cover combinations

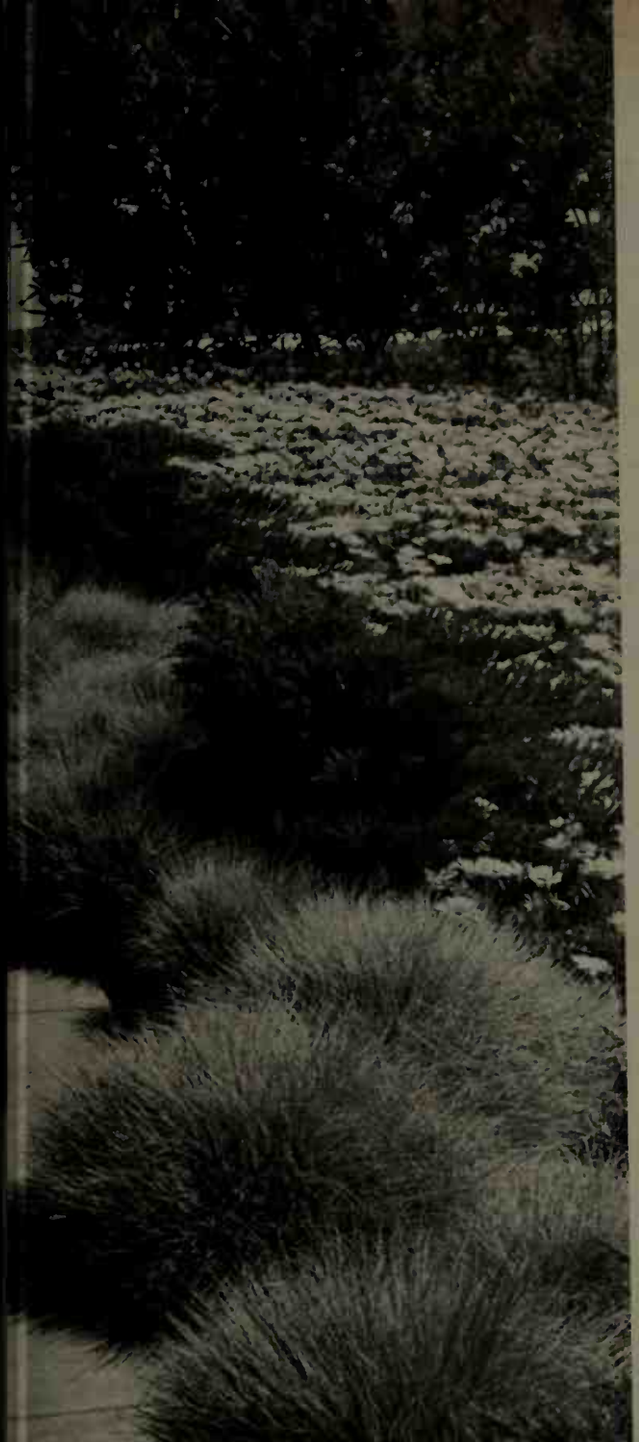
For sun or shade . . . and for color in different seasons

In all of the West, about 120 different kinds of plants are as ground covers. From this total, the nurseries in any or can offer you as many as 30 to 60.

This is a large selection—a broad and mighty palette to from when you plant. A ground cover, you know, doesn' to be a one-color, one-texture blanket. If you choose ele carefully—flower color, flowering time, leaf texture, leaf c you can create patterns and designs that give double or the eye pleasure that you'd get from using one kind of pl

We have arranged the following simple, two-plant co tions according to season of bloom. Flower color and a imate time of bloom follow the plant name *the first ti* plant appears on the list. With some plants, such as *minor* and ivy geraniums, you have a choice of flower col

All the plants pictured, and most of those listed, grow throughout the milder parts of California. Combin marked "hardy" overwinter in the coldest sections.



of blue fescue soften edge of the path; contrast well dely spaced tamarix junipers and mass gazania planting

Mountain meadow *effect: low, yellow-flowered sedum covers between tamarix junipers. Landscape design by Walt Young*

"desert" grow in low and intermediate desert gardens. s a good time for planting ground covers in the milder the West. (This is the *Year of the Ground Cover* in Los Beautiful's "Celebrate with Color" program.)

re specific information about where these plants will d how to care for them, see the new *Sunset Western Book* or the *Sunset* book, *Lawns and Ground Covers*.

ny areas (some of these combinations also thrive in shade; some need partial shade in desert):

lla verna, yellow, spring, summer; *Thymus serpyllum*, rplish white, summer. Hardy. Desert.

lla verna; agapanthus (including dwarf kinds), blue, ite, summer. Desert.

g rosemary, blue, winter, spring; agapanthus. Desert.

rubrotinctum, red-yellow, spring; agapanthus. Desert.

(green, bronze, purple-leafed kinds), blue, spring; snow-in-summer, white, early summer. Hardy.

Evergreen candytuft, white, spring; *Daphne cneorum*, rose, spring, early summer (best in colder areas). Hardy.

Vinca minor, blue, white, spring; *Teucrium chamaedrys*, reddish purple, white, summer. Hardy. Desert.

Polygonum capitatum, pink, summer; mondo grass. Desert.

Mondo grass; compact Oregon grape, yellow, spring. Desert.

Juniperus horizontalis (several varieties); *Pyracantha* 'Santa Cruz,' white, spring, red berries, fall. Hardy. Desert.

Lippia, lilac to rose, spring to fall; blue fescue. Desert.

Peruvian verbena, red, spring to fall; juniper (low-spreading kinds). Desert.

Hahn's ivy; dwarf forms of Natal plum, white, fragrant, spring to fall, red edible fruit. Desert.

Ivy (Algerian, English and small-leafed kinds); ivy geraniums, white, lavender, pink, rose, red, spring to fall. Desert.

Ivy; *Lantana montevidensis*, lavender, spring to fall. Desert.

Snow-in-summer; poker plant, coral red, cream, yellow, summer. Hardy. Desert.

Asparagus sprengeri; Ilex cornuta 'Rotunda.' Desert.

Euonymus fortunei 'Colorata,' purple leaves in fall and winter; tamarix juniper. Hardy. Desert.

Zoysia tennifolia; blue fescue. Desert.

For shady areas (most stand full sun in cool, coastal sections):

Bergenia, rose, winter, spring; baby's tears.

Bergenia; Sasanqua camellias, white, pink, red, fall to spring.

Sweet violets, white, blue, violet, pink, spring; ferns.

Japanese spurge, white, fragrant, summer; *Sarcococca humilis*, inconspicuous white flowers but very fragrant, early spring.

Mondo grass; Kaffir lily, yellow, orange, winter, spring.

Ajuga; baby's tears. Desert.

Potentilla verna, Lysimachia nummularia. Hardy.

Saxifraga stolonifera, leaves white veined, pink beneath, flowers white, spring, summer; pink azaleas, spring.

Coral bells, white, pink, crimson, spring, summer; columbine, white, pastels and deep shades, spring, summer. Hardy.

EXCITING!!
GARDEN FAVORITES

Springtime RAPHIOLEPIS INDICA (TRADE MARKED)

Enchantress RAPHIOLEPIS INDICA (TRADE MARKED)

A CLUSTER OF MAGNIFICENT BLOOMS

(ZONE 7)

These oriental beauties are extremely versatile, easy to grow, flourish in full sun or shade, thrive in any soil. They provide an abundance of dazzling rose pink loveliness unmatched by any other shrub. 'Springtime' produces a graceful, upright habit — 'Enchantress' retains a dwarf mounded form. So adaptable their uses are unlimited as color accents, hedges, or wherever a low show-piece is desired.

'ENCHANTRESS' RAPHIOLEPIS — displays splendid dwarf habit

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Available at Leading Nurseries

MONROVIA NURSERY CO.

Flaming crimson *leaves at ends of of 'Early Splendor' amaranthus shi against the darker colored leaves*

A crimson eye-catcher

A new annual, *Amaranthus* 'Early dor,' was a surprising eye-catcher *Sunset* garden last summer and From a distance, its pomponlike cl of flaming crimson leaves looke giant flowers.

'Early Splendor' is the most rec introduced variety of *A. tricolo* old-fashioned annual commonly Joseph's coat because of its blotch and green leaves. The newcomer passes both the species and an introduction, 'Molten Fire,' whose son leaves are less brilliant and col two weeks later than those of ' Splendor.'

All three of these amaranthus gr bushy branching plants up to 3 or 4 Leaves are 2½ to 6 or 8 inches Small round flower clusters are spicuously situated among the leav

Although plants of 'Early Spl probably will not be widely availabl spring, nurseries in some areas will a limited supply. Sow seeds indoor month or next. Set out plants after in the warmest, sunniest spot in drained, not-too-rich soil.

Combine 'Early Splendor' with sil leafed or white-flowered plants. some in containers for patio convers pieces. Use the leaves in arrangem

...ALS, READ DIRECTIONS AND CAUTIONS BEFORE USE. ORTHO, CHEVRON DESIGN, BUG-GETA— REGISTERED TRADEMARKS.

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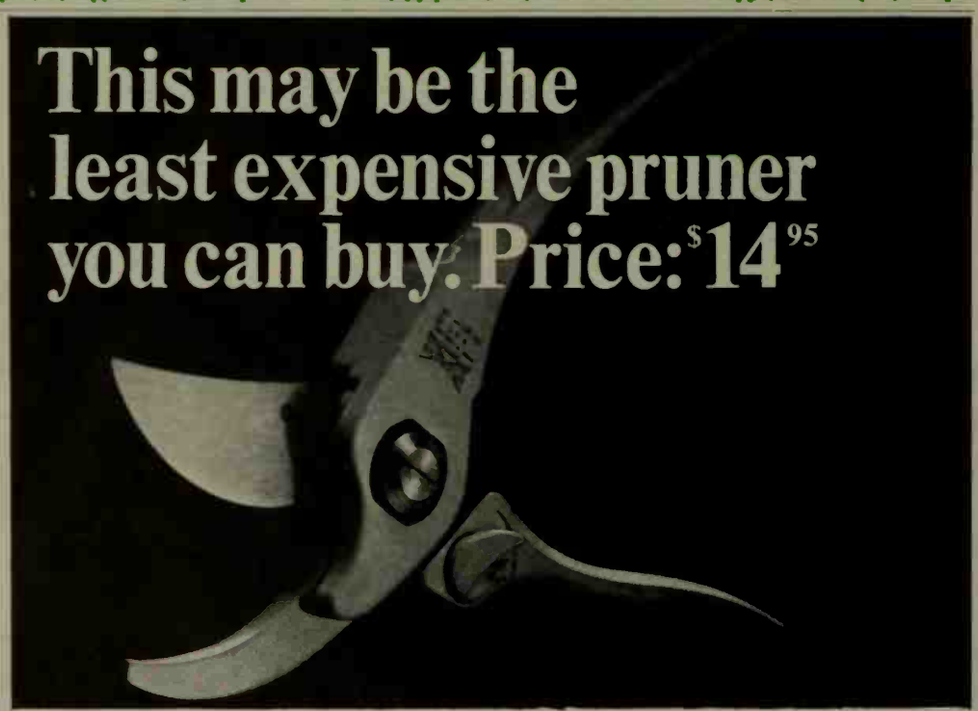
We give advice to the Love-Lawn

SCOTTS, the lawn people, makers of TURF BUILDER
1880 PLEASANT VALLEY AVENUE, OAKLAND, CALIF 94611

This may be the least expensive pruner you can buy. Price: $14.95



You can buy a pruner for $6.95. Or $2.50. Or $1.79. But a Wilkinson Sword Pruner gives you things you can't put a price on.

For example, it's almost impossible to make a pruning mistake. It cuts clean, like a nurseryman's knife. Won't bruise tender shoots. Cuts close to buds, so branches won't die back.

Blades are rust resistant. They stay sharp for years. The nylon bearings never need oiling. Balance is perfect. An exclusive groove lets sap run off, so blades won't jam.

And this pruner is built so well, you may never again have to buy another.

Think about it.

At $14.95, the Wilkinson Sword Pruner is a steal.

WILKINSON SWORD
Mountainside, N.J. 07092

DARROW

Spirit *of spring epitomized in th rangement made with tightly bu birch tree branch and Dutch iris b*

Birch branch an Dutch iris

When buds swell on bare branche the first spring flowers open, it's ha resist the urge to bring some of into the house.

In the simple arrangement above, yo the delicate lines and interesting s ette of a leafless birch braneh conti with the stockier stems and subst form and texture of the iris.

Leaf buds usually start swellin branches of many deciduous trees shrubs after they have stood for days in water in a warm room. I keep them inside long enough, yo watch tender green leaves unfold.

Other deciduous trees and shrubs yo use in spring arrangements include ering plum, alder, pussy willow, flow quince, and witch hazel.

Cut branches from the south side o plant where growth is generally advaneed. To hasten opening of pound or slit the lower three inch hardwood stems, and let entire bra soak in tepid water for a few hour fore arranging them. Place the arr ment in a well lighted loeation away direct heat or drafts. Add fresh wat the container whenever neeessary.

Find another car under $2,000 that has ll that the Renault 10 has, and we'll buy it for you.

lieve the Renault 10 gives nore for your money than ther car.
nd the fact that sales have d since we introduced it, us to believe that quite a eople agree. We sold 72% 1967 Renaults than 1966 ults.
ut if some doubters remain, fer this challenge:
ind another car under $2,000 has all that the Renault 10 and we'll buy it for you.

The Renault 10 has, s standard equipment:

4-wheel disc brakes

brakes take hard braking r than drum brakes. They long been used on super- , super-priced automobiles.

4 doors instead of 2

don't have to fight the front to get to the back seat.

35 miles per gallon

e people say they get more.

Contoured seats that recline for sleeping

18 other positions for when re not sleeping.

Engine weight over the drive wheels

drive wheels bear down on w and ice because the engine ht bears down on them.

Turning circle of 30 feet

can make most u-turns in clean sweep.

4-wheel independent suspension

h wheel moves up or down hout affecting all the other wheels. So when one wheel hits a bump, only one gets bumped. The other 3 keep the car and you going in a level position.

4-speed synchromesh transmission

This matches the speeds of the engine and transmission to allow the gears to mesh easily. Which makes shifting a lot easier on you and your transmission.

Replaceable wet cylinder sleeves

When the cylinders wear out in a conventional engine, the whole engine has to be pulled out and rebored. Sometimes it pays to buy a new car. But a Renault piston moves in a replaceable wet sleeve. If the sleeve ever wears out, you can put in a new one easily and inexpensively.

Sealed liquid cooling system with expansion tank

Water-cooled engines are much quieter than air-cooled engines. However, water and anti-freeze can frequently overflow. But Renault's water-cooling system has an expansion tank to keep the overflow from escaping.

5 main-bearing engine

Instead of three bearings supporting the crankshaft, we have five. (As many as most V-8's.)

Special vents for draft-free ventilation

You can get plenty of fresh air with the windows shut. Which, incidentally, shuts out noise.

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Eliminates play in the steering.

2-speed hot-water heater and dual defroster

Our heater uses the same hot water that circulates in the engine. So our heater heats faster and produces a more even temperature than any air-type heater.

15 inch wheel

Most economy cars have 13" or less. Our larger wheel makes fewer revolutions to go the same distance. Which saves rubber. Which saves money.

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If you get a flat you don't have to unload the trunk and get everything dirty.

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We're not the biggest in this department, but neither are we the smallest. The smallest only has 2.3 cubic feet, which is about as much space as we have behind our back seat alone.

Hits a top speed of 85

That's pretty surprising considering the mileage we get.

Unique warranty

12 months/unlimited mileage.

Price – Under $2,000

Way under $2,000.

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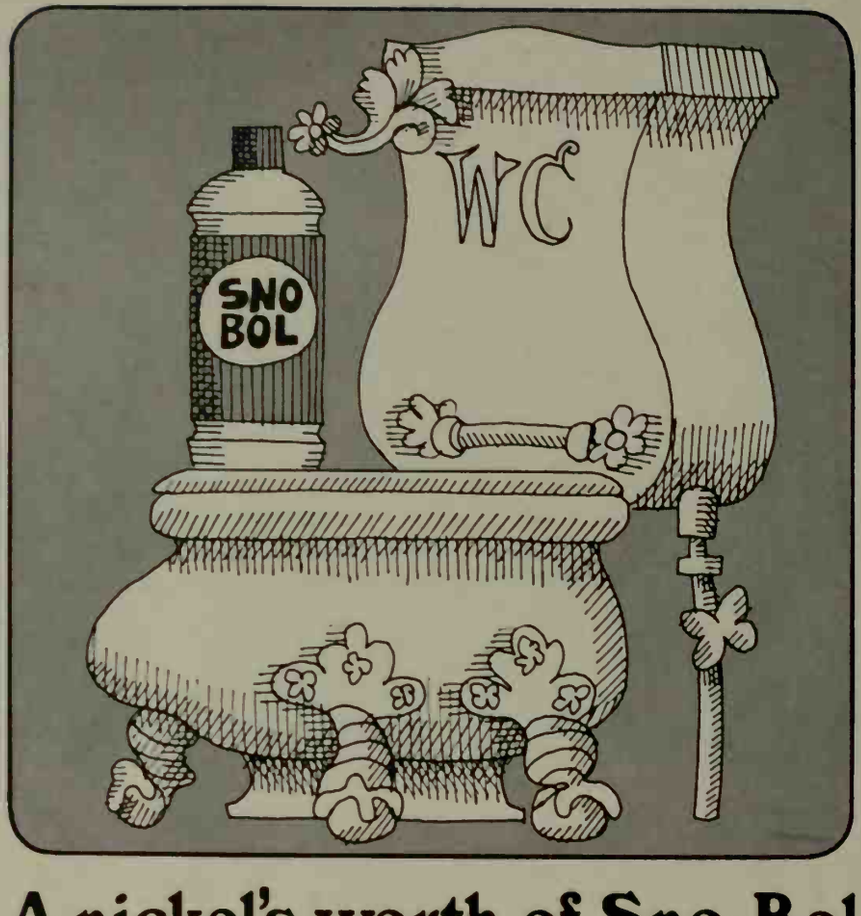

A nickel's worth of Sno-Bol will sanitize and deodorize your you-know-what.

Liquid Sno-Bol cleans in seconds while it sanitizes and deodorizes. It's faster and more efficient than any dry toilet bowl cleaner. You can pour Sno-Bol full strength to remove rust stains and calcium deposits. It's so effective that a little goes a long way. Try a nickel's worth and see...

(and we'll give you the nickel.)

Here are Marc garden events

Sacramento. March 2 and 3. Show sored by the Camellia Society of mento. Place: Memorial Auditorim and J streets. Hours: 3 to 7 P.M. day; 10 A.M. to 6 P.M. Sunday. Fr

Pleasant Hill. March 9 and 10. Sho sented by Northern California Ca Society. Place: Diablo Valley C Hours: 2 to 10 P.M. Saturday; 10 A 6 P.M. Sunday. Admission: 50 cents.

Fresno. March 10. Show sponsore the Central California Camellia S Place: McLane High School, 2727 Ave. Hours: 1 to 6 P.M. Free.

Point Reyes. March 14. Primrose Te sented by Inverness Garden Club. Community Center, Mesa Rd. Ho to 4 P.M. Admission: 75 cents.

Modesto. March 16, 17. Show spo by Modesto Camellia Society. Place Administration Bldg., Gallo Winery Yosemite Blvd. Hours: 2:30 to 9 P.M nrday; 12:30 to 6 Sunday. Free.

Sacramento. March 16, 17. Show pres by Sacramento Orchid Society. Plac morial Auditorium. Hours: 1 to 9 P.M nrday; 10 A.M. to 6 P.M. Sunday. Fr

Oakland. March 23 and 24. Show sored by the Northern California fodil Society. Place: Lakeside Park den Center, 666 Bellevue Ave. Ho to 5 P.M. Saturday; 10 A.M. to 5 Sunday. Free.

San Jose. March 24. Sogetsu F Arrangement Exhibit. Place: Bud Church Annex, 640 N. Fifth St. F 9 A.M. to 5 P.M. Free. Demonstrati Shoka Narimatsu, teacher, at 2 P.M

San Jose. March 28 and 29. Show sored by the Santa Clara Valley C Society. Place: Wells Fargo Bank, First St. Hours: 10 A.M. to 10 P.M. T day; 10 A.M. to 6 P.M. Friday. Free

San Francisco. March 29, 30, an Spring flower show presented by th Area chapter of Ikebana Internat Place: Hall of Flowers, Golden Gate Hours: 10 A.M. to 6 P.M. Admissio (advance tickets 75 cents); studen cents; children 25 cents.

Sebastopol. March 30 and 31. Ca show sponsored by the Visiting N Service for Sonoma County and So County Camellia Society. Place: Ve Memorial Bldg. Hours: 2 to 8 P.M. S day; noon to 6 P.M. Sunday. Adm $1; children 25 cents.

Above: El Camino

3/4-ton Fleetside Custom Camper

Below Fleetside Custom Camper

Suburban

Everything under the sun ...from Chevrolet!

Choose from all kinds of campers ...every kind of convenience!

ing isn't the rough sport it used to be—thank goodness! , it's leisurely family fun. Thanks to recreational vehicles ese Chevrolet models.

can get a Chevy camper vehicle virtually made-to-order u. And, at the same time, specify all sorts of special ment that will add to your ease and enjoyment. Order extras like new speed & cruise control that lets you desired traveling speed; new heavy-duty battery plus ry camper battery; new wide-tread camper tires. And nditioning, sporty bucket seats, front stabilizer bar.

u can order these and many, many more, depending e model you select. See your nearby Chevrolet dealer erything under the sun in camper vehicles. Ask him for a of Chevrolet's free Camper g or write us for one: Chevrolet ational Vehicles, P.O. Box W, it, Michigan 48202.

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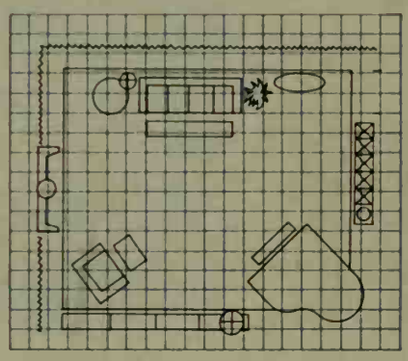
Hannah Grover is one of America's most distinguished decorators. Her services are now available to you, courtesy of your Boysen paint dealer. If you have a decorating problem, make a sketch of the room, diagram major pieces of furniture and indicate color of drapes, furniture and carpets. Give us as much information as you can. State your problem concisely and allow a reasonable time for answer. Mail to Hannah Grover, A.I.D., 1240 La Collina Drive, Beverly Hills, California. Your Boysen dealer has a handy postage-free mailer for your convenience.



You'll find a Boysen dealer in the Yellow Pages... he has more than 1300 colors to choose from.

A GROW Chemical Corp. Subsidiary

Group of yuccas *well suited to Su ranch-style building, handsome in l*

Brave and bold . . . the yuccas

Evergreen, sword-leafed plants esta bold vertical patterns in a garden pending on your choice and the si your garden, you can use one large cl ing type or several species in a grou shown in the photograph above.

Of the plants with swordlike leaves yucca is outstanding.

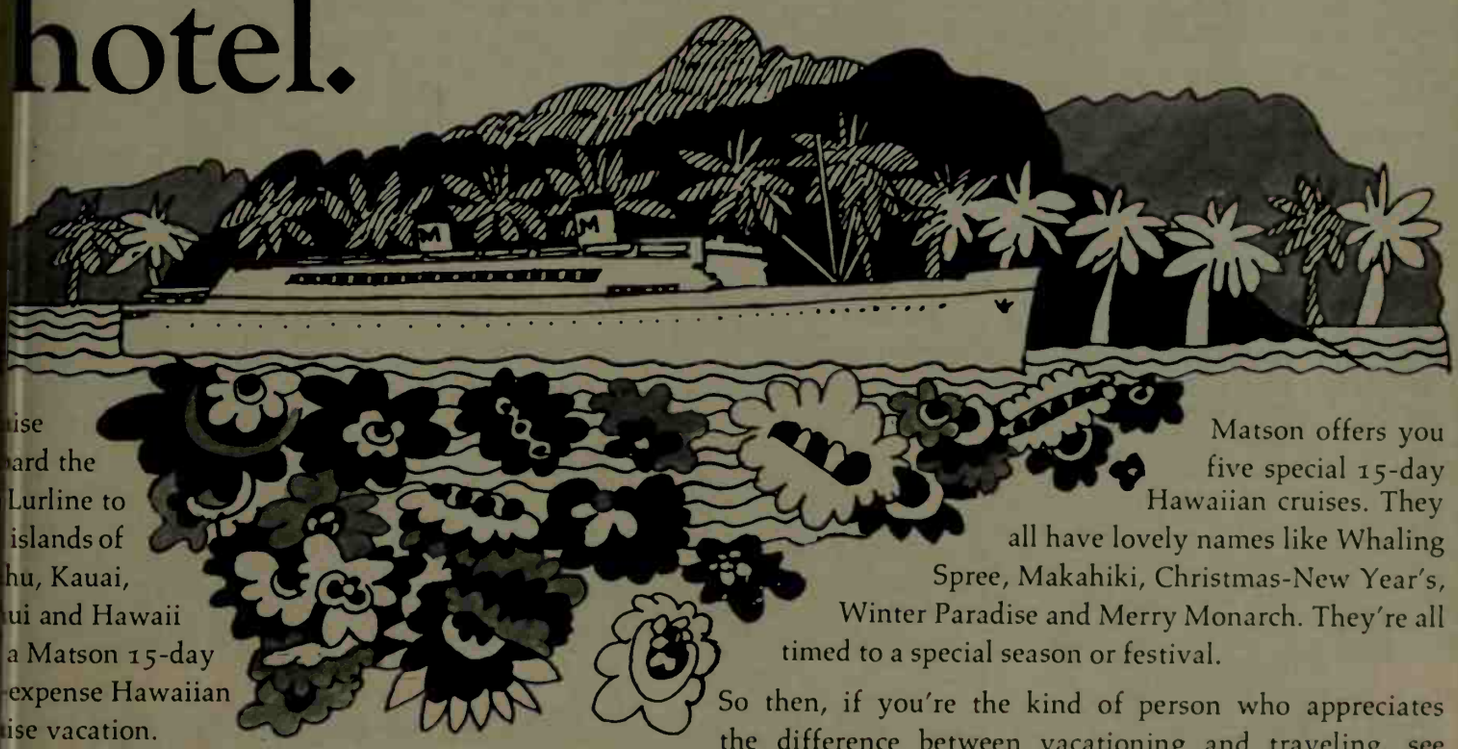
There are low-growing kinds with a s stemless cluster of leaves. Some, lik Southwest native *Y. whipplei*, die bloom and you must propagate new p from offsets. You can also get tree —picturesquely branched with up flower clusters (like the Joshua tr *brevifolia)*, or with long drooping clu

Although most species have foliage is handsome all year, the ivory (some greenish or reddish tinged), flowers in large clusters are always center of attention when they appea

The one you see in bloom in the pl graph above (taken in late Septemb sold as *Y. recurvifolia* (or *Y. pendul* the nurseries. It's growing with se other species, and the low-growing b is *Agapanthus* 'Peter Pan.' This y usually has a short trunk 6 to 10 fee and 2 to 3-foot-long leaves that are b green and end in a spiny point. Th inch-wide leaves of a mature plant often bent so that you're not likel brush against the spiny tips.

Grow yuccas in full sun in well dra soil. Most kinds can get along with water, but they also thrive on re watering. Prune off faded flowers.

Enjoy four different Hawaiian Islands without changing your hotel.



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u'll be free to relax in a deck chair and enjoy the rm sun and fresh air. Your shipboard hotel will bring e islands to you. You'll visit world-famous Honolulu d Waikiki Beach on the island of Oahu, Nawiliwili on e "Garden Island" of Kauai, the colorful old whaling rt of Lahaina on the island of Maui, and Hilo on the Orchid Island" of Hawaii.

Matson offers you five special 15-day Hawaiian cruises. They all have lovely names like Whaling Spree, Makahiki, Christmas-New Year's, Winter Paradise and Merry Monarch. They're all timed to a special season or festival.

So then, if you're the kind of person who appreciates the difference between vacationing and traveling, see your travel agent and let him tell you about Matson. He'll also give you a full-color brochure containing all the details of a 15-day Hawaiian cruise aboard the Lurline. Or send this coupon to Paul Thompson, Matson Cruise Consultant.

SAFETY INFORMATION: SS Lurline, registered in the U.S., meets International Safety Standards for new ships developed in 1960.

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Los Angeles, Calif.

How to master the art of gardening-to-a-deadline

When you plant for a wedding reception or other important occasion in your garden, you must suddenly and completely master the art of gardening-to-a-deadline. The article on pages 82 to 86 tells you how to plan and carry out the work involved in getting a garden ready for a June wedding date. Here, we appraise the plants that you could plant in March, April, or May for flowers in June.

These are the best plants for this purpose. We took nominations from many professionals and advanced amateurs and then had a panel of experienced gardeners grade each plant (using the old classroom grades A, B, C, D, and F) for the four considerations that can make a spring-planted, June-blooming plant succeed or fail. The plants listed here make up the honor roll. The first alphabetical list of 30 (with descriptions) got a B average or better. At the end there's another list (names only) of those that averaged B-minus.

In our grading, *decorum* means appropriateness to weddings and other grand occasions. *Deportment* means garden manageability.

Agapanthus

Growth by June: **B+** Decorum: **B+**
Reliability of June bloom: **C**
Deportment: **A−** Grade average: **B**

Big clusters of blue, purple, or white flowers on 1 to 3-foot stems. Strap leaves. Blooms naturally by last two weeks of June in California and Arizona. In March plant largest, huskiest plants available.

Azalea, evergreen (late varieties)

Growth by June: **B+** Decorum: **B+**
Reliability of June bloom: **B**
Deportment: **A−** Grade average: **B+**

Though most are through by June, the one strain that blooms that late is the Macrantha (Gumpo, Chugai, and Satsuki). Good to edge or spot in a June-green azalea bed. Not for desert.

Begonia, fibrous rooted

Growth by June: **B+** Decorum: **A**
Reliability of June bloom: **A−**
Deportment: **A−** Grade average: **A−**

Small white, rose, red, or pink flowers among the waxy leaves (green or red). Sun near coast, shade inland. Plant as soon as available. Feed and water often.

Chrysanthemum, forced

Growth by June: **A** Decorum: **B+**
Reliability of June bloom: **A**
Deportment: **B+** Grade average: **A−**

Expensive tour de force but excellent last resort.

Cineraria

Growth by June: **B+** Decorum
Reliability of June bloom: **B+**
Deportment: **B−** Grade average

White, pink, purple, and red little da
in clusters. Shade. If you have lot
volunteers of the perennial kind, tr
plant them into one colony early in sp
With luck, some may bloom in June.
blooming, annual kind in late spring
plant in shade. Not for low desert.

Citrus

Growth by June: **A−** Decorum
Reliability of June bloom: **C−**
Deportment: **B+** Grade average

Bloom peaks March to May; can b
green by June. For June flowers (
their fragrance), shop for ones with l
in late May. California and Arizona.

Clematis, large-flowered deciduou

Growth by June: **B+** Decorum:
Reliability of June bloom: **A−**
Deportment: **B** Grade average:

Purchase in bud, plant as early as
sible, keep fed and watered. Half-sun
longest bloom. Best in Northwest, i
rior, and northern California.

Daylily

Growth by June: **A−** Decorum:
Reliability of June bloom: **B+**
Deportment: **B** Grade average

Lilylike flowers on stems about 3
high. Sword leaf. Ask for early to
season varieties. Pastel shades are pre
Needs sun, will take some shade.

Delphinium

Growth by June: **B−** Decorum:
Reliability of June bloom: **C+**
Deportment: **B** Grade averag

Tall thick spikes of white, blue, or lav
der flowers. Plant husky plants as soo
available. Sun. Timing for June can
tricky, especially in Southwest.

Felicia (blue marguerite or agatha

Growth by June: **A−** Decorum:
Reliability of June bloom: **B+**
Deportment: **B** Grade average:

Sky blue, yellow-centered daisies on pla
1½ feet tall, spreading to 3 or 4 feet. S
Recommended mostly in California. S
off old blossoms regularly.

Foxglove

Growth by June: **A** Decorum:
Reliability of June bloom: **A−**
Deportment: **B** Grade average:

Tubular purple, yellow, white, and pa

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flowers in tall spikes. Shade (half-sun near coast). Big seedlings (volunteer or fall-planted) will bloom in June; same kind planted now as young seedlings would not. Foxy strain will if planted three months before date. Not for desert.

FUCHSIA

Growth by June: B+ Decorum: A−
Reliability of June bloom: B−
Deportment: B Grade average: B+

The West's classic shade plant with sophisticated, crisp, little flowers. With early assist from greenhouse, can be brought into good bloom by a June date. Shade. Best in marine-influenced climates.

GARDENIA

Growth by June: B+ Decorum: A
Reliability of June bloom: B
Deportment: C+ Grade average: B+

Sweetly fragrant white flowers are perfect *if* they'll form. Needs maximum heat, sun, water, drainage, and fertilizer to look and bloom well. Variety 'Veitchii' is best (most compact). Not for Northwest.

GERANIUM

Growth by June: A− Decorum: B+
Reliability of June bloom: B+
Deportment: B+ Grade average: B+

Round flower clusters in red, light red, hot pink, light creamy pink, salmon, or white. Good leaves. Popular for June wedding parties in Northwest. Good for tubs. Ivy-leafed kind very good in hanging baskets. There's a salmon variety called 'Honeymoon.'

GLADIOLUS

Growth by June: A Decorum: B+
Reliability of June bloom: B+
Deportment: C Grade average: B

Corms planted in March usually bloom in 90 to 100 days (but June bloom not reliable in Northwest). Tall spikes of flowers in wedding colors, stand up high enough to be seen.

HYDRANGEA

Growth by June: B+ Decorum: A−
Reliability of June bloom: A−
Deportment: A Grade average: A−

Nice round plants with nice round flowers in bridesmaidish colors. Order now and get blooming plants in late May. Use as tub or garden-bed plants. Not for desert.

IMPATIENS (BUSY-LIZZIE FORMS)

Growth by June: B+ Decorum: A−
Reliability of June bloom: A−
Deportment: A Grade average: A−

Many half-dollar size flowers in red, pink, rose, violet, orange, or white. Clean pest-free plants. Sun or shade. Grow 4 to 8 inches high. Not for desert or hot, interior Southern California — there use "Vinca rosea" *(Catharanthus roseus)* for same effect.

LANTANA

Growth by June: B Decorum: B−
Reliability of June bloom: B
Deportment: B+ Grade ave

Profusely sets little round flowers i colors including a string of pastels in maximum sun, best drainage, an longest possible lead time to ge June performance. Not for Nortl

LOBELIA

Growth by June: B+ Deco
Reliability of June bloom: A−
Deportment: A− Grade avera

Soft plants become covered witl flowers in any of several shades blue to violet. In April or early M plant as edging, in pots, boxes, or ers. Shade or part shade. Not for

MARGUERITE

Growth by June: A Deco
Reliability of June bloom: A−
Deportment: A− Grade aver

The only straight A plant for June. (also yellow or pink) daisies with centers on plants that grow fast to across by summer. Early planting inch plants pays. Great in tubs a containers. Pinch tips continually.

MARIGOLD (TAGETES)

Growth by June: B+ Decoru
Reliability of June bloom: B
Deportment: A− Grade avera

For bloom by June 15, plant tall in California by April 20, in Nor by May 1. Dwarfs are sold in blo flats. All best in sun.

OLEANDER

Growth by June: A− Decoru
Reliability of June bloom: B
Deportment: A− Grade avera

Evergreen shrubs with white, y pink, salmon, or red flowers from to fall. In the parts of the West spring deals real heat, you can co them by June because heat is their Plant large shrubs in ground or big Pinch tips back at March planting

PANSY

Growth by June: B+ Decoru
Reliability of June bloom: B
Deportment: C+ Grade aver

Familiar little cool-weather plants until July if already in place or pl up through first week in April in C nia, by May in Northwest. Keep fl picked to extend season.

PELARGONIUM

Growth by June: A− Decor
Reliability of June bloom: A−
Deportment: B+ Grade averag

Erect plants with flowers in loose, ro clusters, white, pink, red, lavender, ple. Good in containers, or to pl (potted) in garden beds where n when days are numbered.

PETUNIA

Growth by June: A− Decoru
Reliability of June bloom: B+
Deportment: A Grade average

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PRIMULA OBCONICA

Growth by June: B+ Decorum:
Reliability of June bloom: A−
Deportment: B+ Grade average:

Large round clusters of white, pink, l or lavender flowers (see photograph lower right on page 83). Plant in A or early May in well drained soil; as much feed and water as possible. T full shade. California.

RHODODENDRON (LATE VARIETIES)

Growth by June: A Decorum:
Reliability of June bloom: C+
Deportment: A− Grade average:

Pretty much over the hill by June cept in Northwest. There, plant the lowing in bud in May for June blo 'Angelo,' 'Azor,' 'Britannia,' 'Mars.'

ROSE

Growth by June: B+ Decorum:
Reliability of June bloom: B
Deportment: C Grade average

In Northwest and interior, bloom peak June. There, a good item for showm slip (row of tubbed standards, and li In California and Arizona, may be at of first flush.

SNAPDRAGON

Growth by June: A− Decorum:
Reliability of June bloom: B+
Deportment: B− Grade average:

Spikes of flowers in many bright and p tel colors. June's a little late in Califor and Arizona; but in Northwest and terior, early May planting can do fine late June.

SWEET ALYSSUM

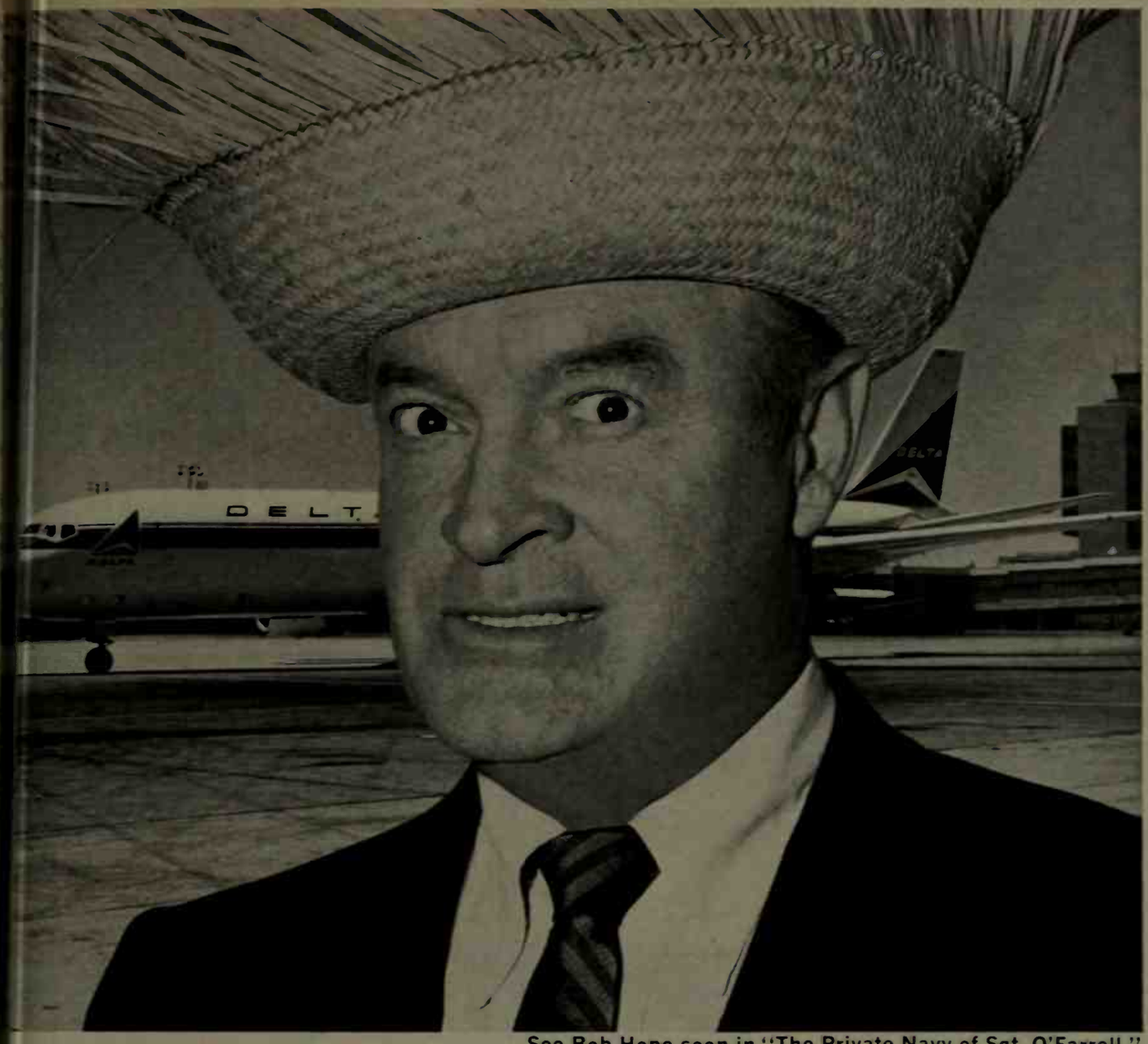
Growth by June: B+ Decorum:
Reliability of June bloom: B
Deportment: B+ Grade average:

Many little clusters of white, lavend rose, or purple flowers cover low plan Set out plants as soon as available. Gr ing from seed is risky when you try bloom on a June date. Full sun.

THE B-MINUS JUNE PERFORMERS

The following got a B-minus avera They are good plants for June (all on honor roll are) but space doesn't all appraisal of them.

Achillea (yarrow)
Ageratum
Calceolaria
Candytuft
Coleus
Dwarf dahlia
Forget-me-not
Gazania
Plumbago auriculata (P. capensis)
Stock



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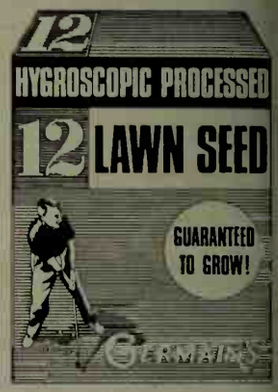

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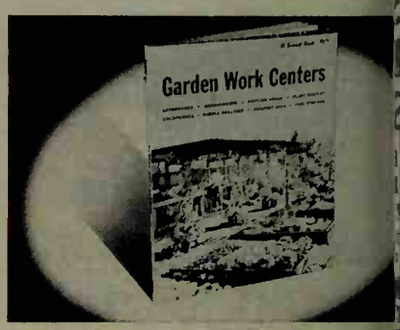

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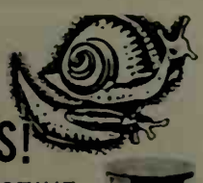

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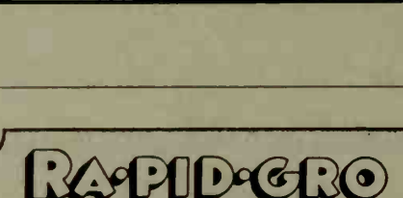

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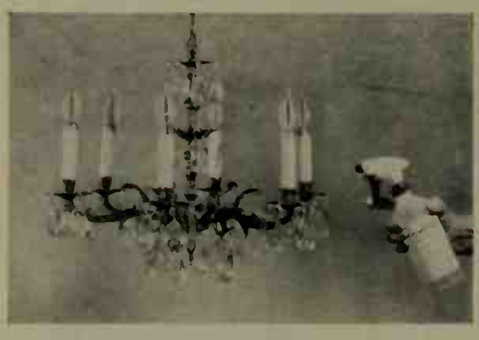

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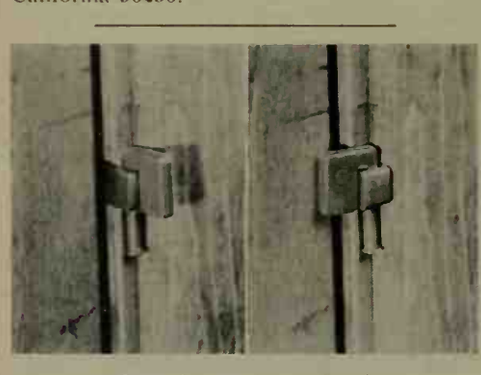

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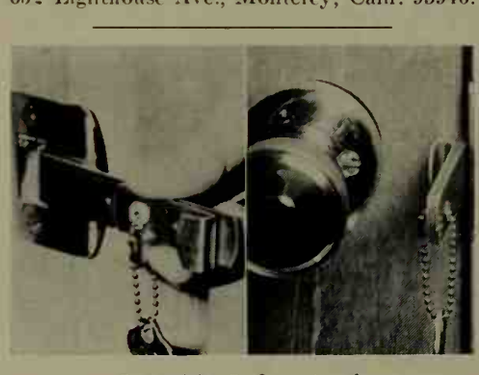

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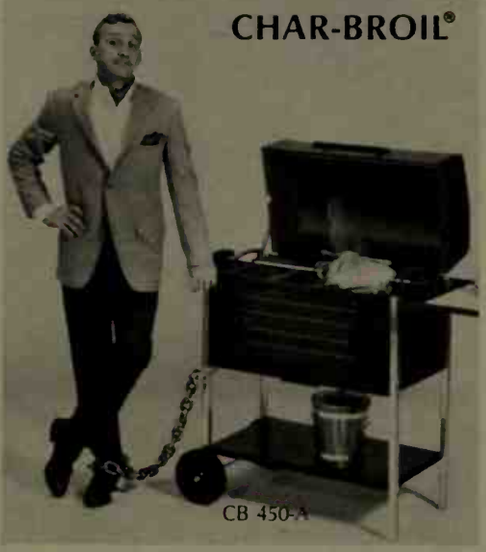

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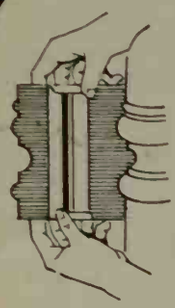

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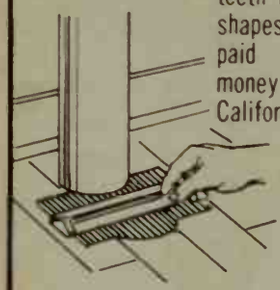

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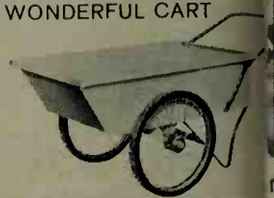

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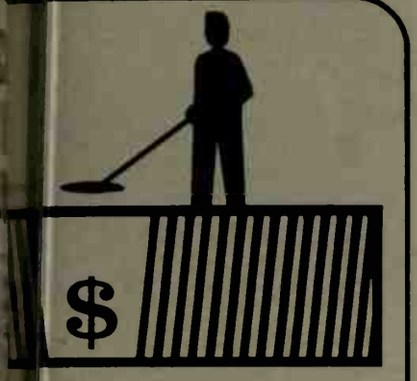

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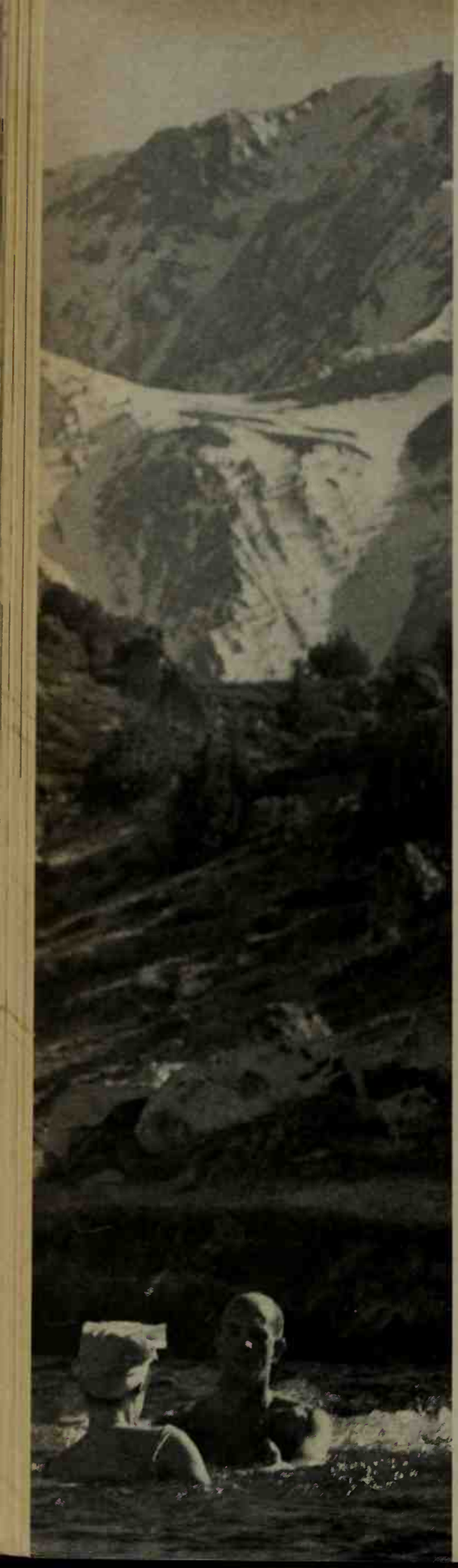

If you know Sunset better, you'll find it more useful

This page inaugurates what we hope will become a rewarding conversation between *Sunset's* readers and *Sunset's* staff.

This March 1968 *Sunset* will go into some 850,000 homes, most of them in the Western states of California, Nevada, Utah, Arizona, Hawaii, Idaho, Oregon, Washington. It will be read by something over 2,000,000 people during the next month. It will then hang around the house for more weeks or months (sometimes years), getting picked up or referred to, being *used*.

If you are a long-time *Sunset* reader, you are probably aware of some of *Sunset's* differences. Among American magazines ours is somewhat unorthodox, and deliberately so. For one thing, *Sunset* is a regional magazine, the only regional consumer magazine in America that has achieved large circulation. There are four different editions of *Sunset*, edited for four different parts of the West.

Sunset carries a lot of advertising, and this makes it possible for us to publish a great many editorial articles. But *Sunset* also turns down a lot of advertising—and some people think that's strange.

Sunset publishes books, and most of these are handbooks or how-to-do-it books that are direct outgrowths of the magazine's editorial research.

For a long time we've been answering questions about *Sunset's* reasons for doing things as we do, but answering them only in letters or in conversation. Now we're ready to try an experiment—to explain a little about *Sunset* on this page each month. If we are successful, you'll understand *Sunset* a bit better and you should find the magazine more useful.

We'll be answering questions about *Sunset* that have been raised frequently in the past; for instance, why we keep *Sunset* off newsstands outside the Western states and why we charge more for subscriptions outside the West, why we don't run articles on personalities, and why we don't have by-lines on our articles. But we also expect to talk about subjects that haven't come up before, tell you about new *Sunset* projects, and invite you to visit our publishing headquarters at Menlo Park when we have something new to show you.

WINDOW ON THE WEST: Hot Creek

These cheerful swimmers are enjoying the 115° water of Hot Creek in California's Mono County on a pleasant day in March. About a mile above them is snow-tipped, 11,812-foot Mount Laurel. These swimmers were skiing on Mammoth Mountain only one hour earlier. Such a quick switch from cool to hot, from high to low, from cool forest to warm desert or from mountains to salt water, occurs again and again in the West. Most striking to strangers, possibly, is the quick switch from crowded city to wilderness. From some Western cities you can make this move within an hour. From any Western city you can do it in half a day.

APRIL 1968 35 CENTS

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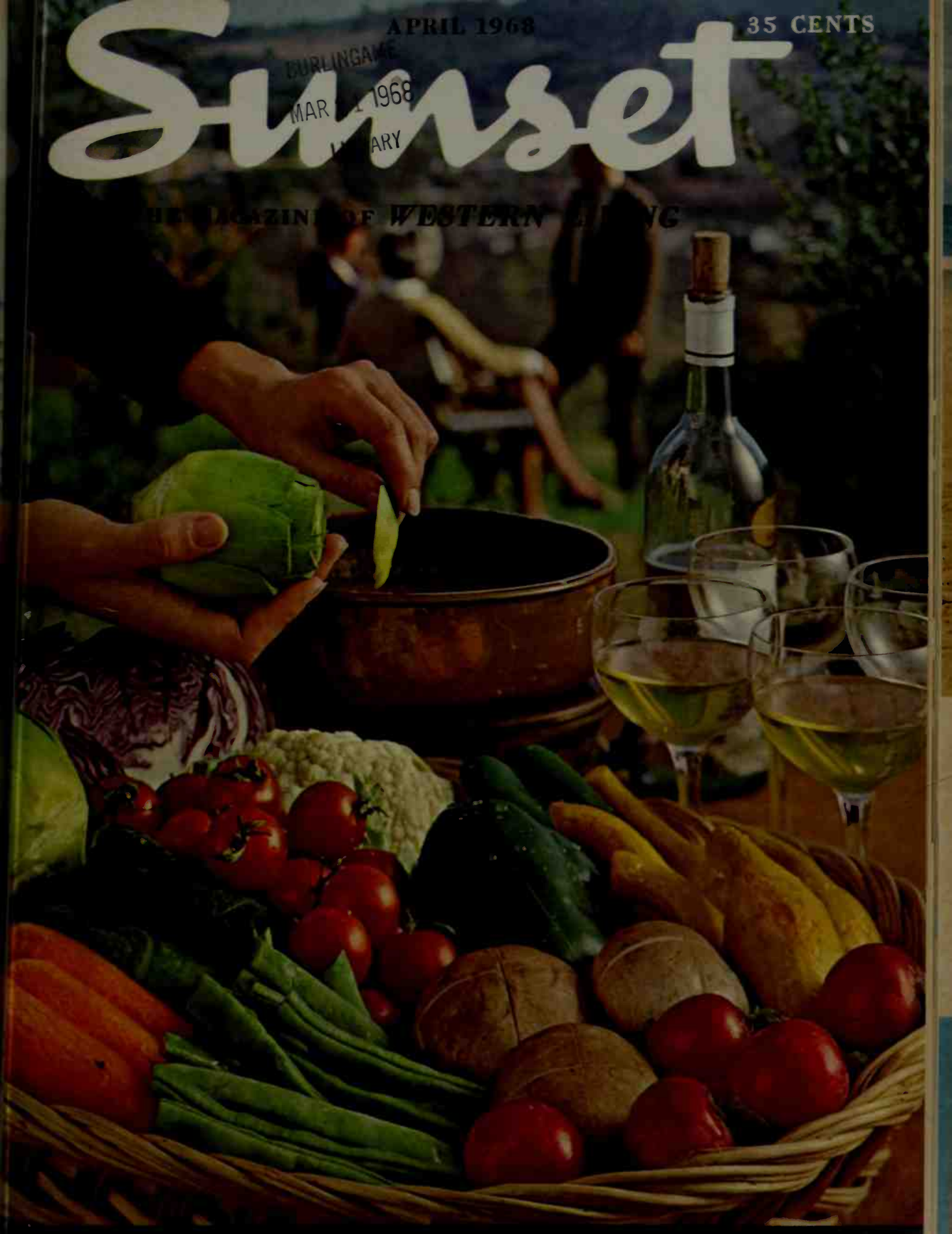
THE MAGAZINE OF WESTERN LIVING



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How can you stay at a First Class American resort—and still see the world? Book passage now for the next round-the-world sailing of the SS President Roosevelt.

In 90 days, this all First Class luxury liner will take you to 20 faraway ports. Between calls, you'll enjoy all the special pleasures of an ocean voyage. On board you'll discover large sunny areas for shuffleboard and other deck games. A golf driving range. A heated swimming pool. Enclosed promenades for strolling. A quiet library and writing room. Six different lounges where a partner for bridge is never hard to find. And the biggest luxury of all: time to relax.

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In every port of call American Express Company has arranged a schedule of optional ½-day and day excursions. You can shop for bargains in Hong Kong, go nightclubbing in Rio, sightseeing in Acapulco. Longer side trips can take you across Japan, inland to India's Taj Mahal, through Africa's great game reserves and national parks. You can even spend a night at Treetop Hotel and watch the lions come down for a drink.

The SS President Roosevelt is the only U.S. passenger liner making a round-the-world voyage this year. And we hold our passenger list to 275. Previous sailings have been well-booked months in advance. Make sure you have choice accommodations by making your reservations now. The next cruises sail from San Francisco October 24, from Port Everglades January 6, 1969, from Los Angeles January 19 and again from San Francisco on January 23. Fares for the complete cruise start at just $2,600. For details see your Travel Agent or write directly to us.

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SAFETY INFORMATION: The SS President Roosevelt, registered in the U.S.A., meets International Safety Standards for new ships developed in 1960.

American President Lines, Dept. 2-A, International Bldg., San Francisco, California 94104

Sunset*
THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

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The Cover Story

Asking your guests to swirl plain raw vegetables through a bubbling bath of butter, oil, garlic, and anchovies is a fine way to begin a dinner, as we suggest on page 102. The dish is bagna cauda, *an Italian appetizer that makes good use of the fresh produce now in our Western markets. Cover photograph by Glenn Christiansen*

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The seat for every body.

For years, Eeonomy Class passengers squirmed in their seats. Long legs longed for a plaee to rest. Angular elbows sought more eomfortable angles. Freshly-pressed clothing quiekly became rumpled.

Then, along came a more advaneed eommercial jet: the BOAC VC 10. And with it came a more advanced Eeonomy Class seat. Roomier, cushier, eomfier.

In designing it, we tossed out the conventional bulky metal frames that took up so much room. And got rid of the lumpy padding that caused so much diseomfort.

In their place, we've substituted spaee-saving mould-ed plastic shells and a special synthetic foam. The eombination not only eontours itself t shape that's in it, but also supports that shape be fully.

We then reeessed the baek of eaeh seat so the pe behind eould really streteh out. (Even if he pened to be a 7-footer like basketball star Chamberlain.) We also redueed the nu of seat legs needed to support each row six to two. Leaving more room for people Compared to an ordinary jet seat, the V seat is more like an armehair. A cus made one, at that.

We invite everybody planni spend some time in the air (t to Britain, Bermuda, Na Freeport, Jamaiea, Anti Barbados, Europe, Africa Middle East or the Orien sit in one.

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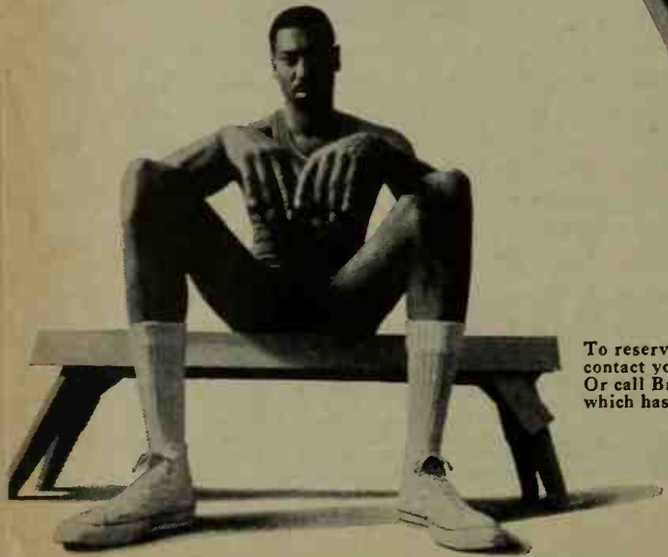

To reserve a seat on the BOAC VC 10,
contact your Travel Agent.
Or call British Overseas Airways Corporation,
which has offices in principal cities.

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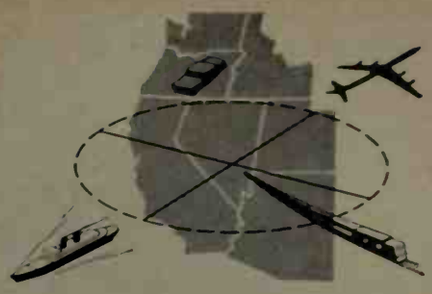
in and beyond the West



GLENN CHRISTIANSEN

center for Japantown

ently San Francisco's Japantown, district spreading out from the on of Post and Buchanan streets, highly conspicuous landmark to attention. A district of big faded -style houses and small shops good many of the city's 11,500 -Americans live and work, it is relatively few visitors to San discover.

y soon know it better because of nese Cultural and Trade Center, he San Francisco Redevelopment Western Addition project.

anese community will be showing new town hall-entertainment showplace during a Cherry Blos- tival scheduled for the weekend of March 29, through Sunday, 31.

of handsome white buildings be- eary Expressway and Post Street, anese Cultural and Trade Center on the east at Laguna Street, caps Webster Street with a curved ay of shops, and ends on the west nore Street. Tenants include the e Consulate, manufacturers with oms for industrial equipment, and s selling everything from bonsai o pearls.

Japanese guests *will understand the bilingual staff and signs at Miyako Hotel*

Each oyster *contains a cultured pearl. Ladies at left are shopping for earrings*

signs base of finished vase for sale panese Cultural and Trade Center

In the complex are three commercial buildings (one, bordering Fillmore and not yet completed, will house a cabaret-restaurant). There is also a 14-story hotel with 172 rooms ($15 for standard rooms with contemporary Japanese decor; $75 for Japanese-style suites). A garage, with entrances on Post and Geary, can accommodate 800 cars. The center also has a spacious Peace Plaza. The 100-foot pagoda that will eventually rise from it will be lighted at night and will probably become a new San Francisco landmark.

Presiding over the opening ceremonies and Cherry Blossom Festival will be the Japanese Ambassador, Takeso Shimoda. Judo demonstrations and other forms of Japanese self-defense will be held in the plaza on Friday, March 29, from 7 to 10 P.M. and the following night from 6 to 9 P.M. Also on Saturday between 7 and 10 P.M. there will be folk dancing and singing at the Buddhist Church Hall (Pine and Octavia streets). Sunday, March 31, a parade will start from the Buddhist Church at 1 P.M. and end an hour later at the Peace Plaza which fronts on Post at Buchanan.

A month to get outdoors

April is a fine time for driving through green countryside that is displaying the banners of spring: rhododendrons along the north coast, apple blossoms in the

Sunset

THE MAGAZINE OF WESTERN LIVING

April 1968

It looks easy—*until the bronc bucks rider and heads to the left*

Going where the action is

The rodeo arena is no place for a greenhorn, but one *Sunset* assignment last year put a photographer into a rodeo arena anyway. He rapidly lost his greenhorn status.

Braving runaway broncs and wild bulls, photography editor Ellsworth Marugg worked inside several different rodeo arenas week after week to catch the rodeo excitement at close range. Sometimes it was too close. One of Marugg's memorable experiences was being run down and trampled by a riderless saddle bronc at San Juan Bautista. Photographer and camera survived the mishap, but the incident increased his respectful regard for the hazards of rodeo.

Mostly, Marugg shot with a hand-held 35 mm camera with a moderate-length telephoto lens. By the end of the 1967 season, his rodeo portfolio was filled with a remarkable collection of action photographs. You'll find the best of them published in the 8-page article that begins on page 80.

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Sebastopol area, redbuds alon
County roads. And picnicking is
pleasure on a meadow or hillsi
wildflowers all around you.

This is also an ideal month to
rodeo in a Central Valley town
the temperatures soar to their
heights. (For a calendar of rod
pages 86 and 87.)

Two spring drives

Among the many possible choi
have picked out two portions
country road that weekend driver
find very pleasant right now.

Over the Sonoma hills. The first
starts at Penngrove, off the R
Highway (U.S. 101) north of P
(see map), and crosses rolling hill
about 15 miles to Glen Ellen. Y
tinue north on Petaluma Hill Roa
turn right (east) on Roberts Road
ultimately merges with Pressley
and finally right again at the j
with Sonoma Mountain Road.

This is a hard-surfaced route, but
traveled. It is winding and nar
places, but passing presents no
ties. Some of the creek crossings a
way, wooden bridges; and there
white line marking the center of th
Many a mile is bordered with fen
patterned with gray-green lichens

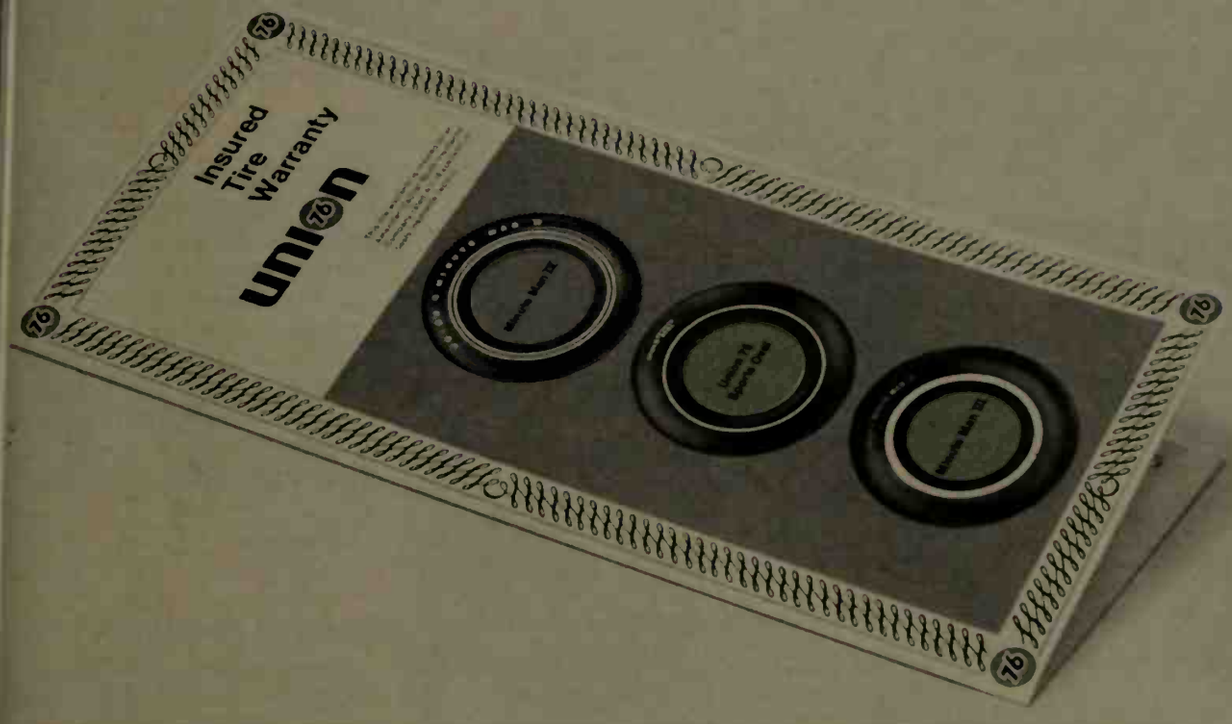
As you approach the crest of the
tains (a little over 1,000 feet), t
drenched hillsides suddenly give
cool, deep tree shade. You will not
especially at unmarked Coopers G
small stand of *Sequoia sempervi*

Over the hill: *Penngrove to Glen*

the point where Matanzas Creek c
your route.

It's another 5 miles to the hamlet of
Ellen, with several antique shops,
and restaurants, and a country store
than 2 miles to the southwest is
London State Historical Park, wit
brooding remnants of London's
House." Still standing is the "Hou
Happy Walls" which his widow s
quently built on the superb site that
looks what London called the Vall
the Moon. You can picnic at the pa

Who else but Union Oil would give you an Insured Tire Warranty like this on the tire you buy?



So far, nobody.

e tire fails, you get a new one free.

's the gist of Union Oil's Insured Tire Warranty. ll find it on Union's Minute Man IV tire, the Union 76 rts Oval tire and the Minute Man III. Don't bother ing for it on any other make of tire on sale anywhere ny price. You won't find it.

Union Oil offers America's strongest tire warranty. e tire fails for any reason except malicious damage epairable puncture during the first year or 10,000 es (whichever occurs first), you get a new tire free. at's more, you get many more miles of prorated pro- ion after that time.

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The Minute Man III — A tire that delivers up to 35% *more* mileage than an original-equipment tire on a new car.

For your own protection, you can't beat the Insured Tire Warranty that each of these Union Oil tires carry.

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union 76

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NOTE: Key dealerships available in Alameda, Mono, San Mateo Counties, California and Reno, Nevada. For information, write Vesely Company.

you care to. Fires are prohibited, and there are no designated areas with table and benches.

You can return from Glen Ellen south through Sonoma. Or you could make it a loop trip by taking Bennett Valley Road back to Santa Rosa, then the Petaluma Hill Road south to Penngrove.

Cienega Road. This route runs about 25 miles, beginning at San Juan Bautista, a short distance off U.S. 101, and ending at Paicines on State Highway 25. From San Juan Bautista you go about 5 miles due east on State 156. Just where the straight stretch ends, turn right on Union Road, then take the next right on Cienega Road. From there on, you are in little or no danger of losing your way. (An alternate approach is to Cienega Road all the way from Hollister.)

For the first few miles from the Union Road junction, Cienega Road is quite lonely, but the bare hills are now clothed with deep green or the intense yellow of mustard. The road dips and winds considerably, then settles down into a straight stretch — which happens to coincide with a quite active part of the San Andreas Rift Zone. (For more details, see the *Sunset* book *Earthquake Country.)*

You continue past vineyards, winery buildings, the little red Cienega School, and occasional farm houses before crossing the San Benito River and merging with State Highway 25 just south of Paicines.

You can return quickly to Holl San Juan Bautista on State 25. may want to go just a few miles

Route from *San Juan Bautista to P*

south to Pinnacles National Monu

If you are picnicking, you'll co places at the side of the road th inviting. About midway between P and Tres Pinos at Bolado Park, the arena surrounded by trees and stretches of greensward, there are facilities open to the public. You also picnic on the state park grou Mission San Juan Bautista, or south to Fremont Peak State Pa

For travel planners, an April check list

Shakespeare in Oregon. July 20 through September 8 will be the dates of the 1968 Oregon Shakespearean Festival at Ashland. This year's program will include *Cymbeline, Hamlet, As You Like It,* and *Henry VIII.* For program information or reservations, write to the Oregon Shakespearean Festival, Ashland 97520.

Summer cruises to Mexico. The M.V. *Princess Italia,* luxury cruise ship that has been plying the waters between Los Angeles and Acapulco since last December 15, has expanded its schedule to include six 11-day summer cruises. These will leave Los Angeles on July 15 and 26; August 6, 17, and 28; and September 8. Prices begin at $375 per person. For information or reservations, see your travel agent or write to Princess Cruises Line, 643 S. Flower St., Los Angeles 90017.

Alaska tours. May 11 is the first departure date for a summer-long series of seven-day Alaska tours featuring Inside Passage cruises and rides on the White Pass and Yukon Narrow Gauge Railroad. You fly from your home city to Vancouver and Prince Rupert, board one of the Alaska ferries for Juneau and Skagway, ride the narrow-gauge railway to Lake Bennett, then fly home from Juneau. Tour prices begin at $390.57 per person from Seattle, $474.74 from San Francisco, $514.27 from Los Angeles. Tour price includes all transportation, accommodations, and sightseeing excursions. For information, see your travel agent or write to Kneisel Tra 1014 Sixth Ave. S.W., Portland 97204.

Dining in 10 languages. One of the l and most comprehensive listings of fore food specialties is Pan American Airwa 160-page *Menu Translator* (Doubled New York 1968; $2.95). The pocket-siz hard-cover dining guide is now available most book stores.

Olympic tours. The 1968 Olympic Gar in Mexico City will be the destination seven deluxe tours leaving San Franci on October 10 and 11. Tours range in du tion from 12 to 18 days, and in price fr $510 to $668 per person. Tour prices clude round trip air fares between S Francisco and Mexico City, all accomm dations (no single occupancies), so meals, and special sightseeing tours. To price does not include admission to Oly pic events. For information or reservatio see your travel agent or write G T Travel, 1435 Fourth St., San Rafael, Ca 94901.

What a travel agent can do for yo Provide information on tours; reserve spa on air, rail, bus, and steamship lines; ma hotel, ranch, and resort reservations; ta care of trip planning, including side tri and special events. Travel agencies do n charge for arranging transportation package tours, but do charge for "custo tour service.

Sunset School & Camp Directory

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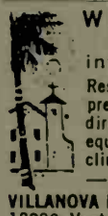

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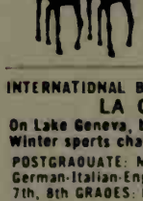

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Sunset School & Camp Directory

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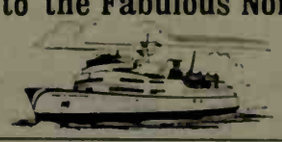

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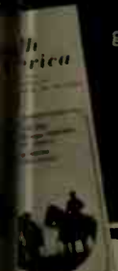

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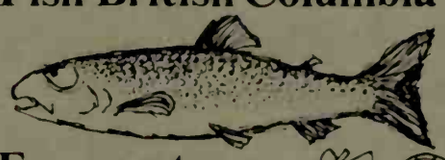

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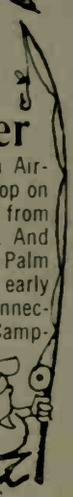

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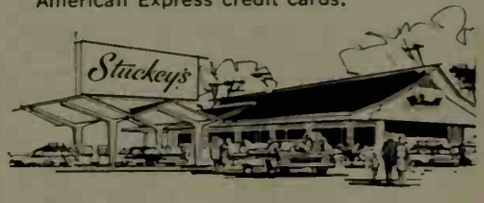

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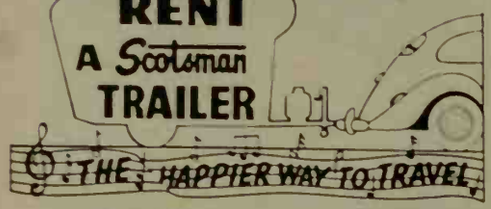

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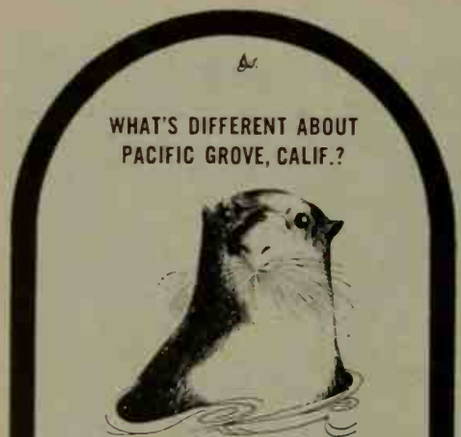

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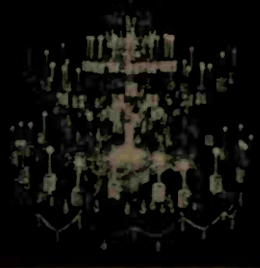

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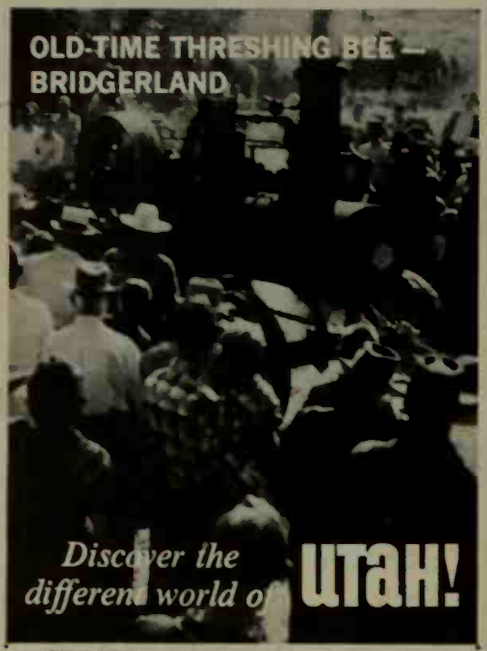

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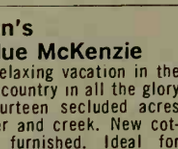

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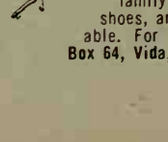

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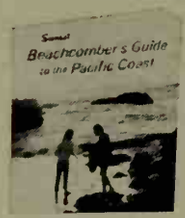

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On your return. After every wearing, ... boots for scratches and cuts, and for ... in the stiffened heel and toe areas. A... buffing will smooth the scratches. If ... has left a loose flap of leather, glue it ... in place with epoxy or other strong ... hesive. You can fill deep gouges ... epoxy; when dry, daub with mat... color from a felt-tipped pen or use le... dye. To raise a dent, place several t... nesses of damp towel over it and ap... hot iron; buff the area after it has d...

Clean the boots thoroughly. Saddle s... applied with a damp cloth or a ... wrung-out sponge, is generally rec... mended.

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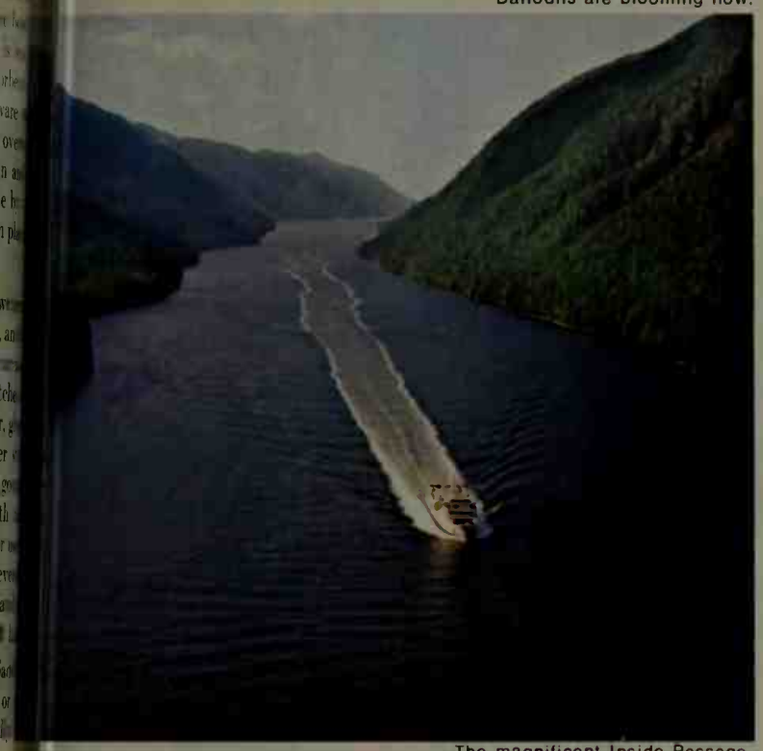

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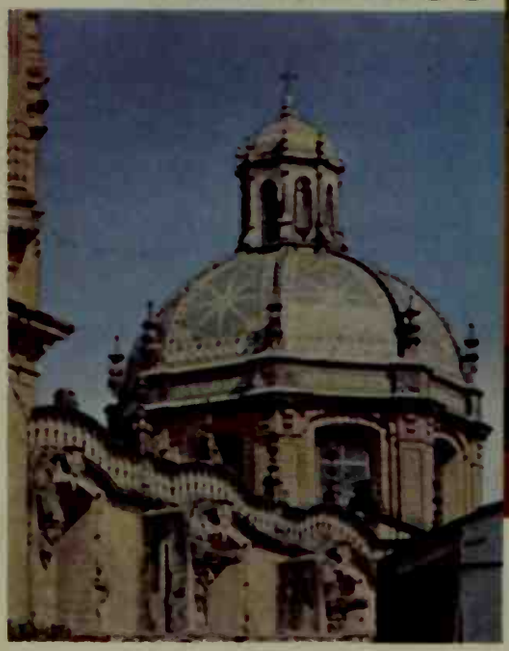

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DARROW M. WATT

l houseboat *coasts to anchorage in Snodgrass Slough east of Sacramento River*

Houseboat cruising in the Delta

ust take food and bedding to the region of the Sacramento and San in rivers, step aboard the drive-elf outboard-motorized floating you've reserved, and cruise the (some say 1,500, some say 2,000) of winding waterways.

is this year's rental houseboat lineup, have it to date. Overnight use is in-l in daily rentals.

ch area. Near the confluence of the mento and San Joaquin rivers, this closest to home for most residents San Francisco Bay Area.

H Boat Yard (south end of Antioch e), Route 1, Box 514, Antioch 94509; one (415) 757-3621. Six houseboats, each to nine persons. Basic rate for four: eekdays, $60 per day on weekends, $350 eek; $2.50 extra per day for each addi-l person.

el Island. About 10 miles east of Anti- this is the busiest boating area in the a, with many harbors.

A Cruz Houseboat Rental, Inc. (Sand nd Blvd.), Box 392, Bethel Island 94511; hone (415) 684-2345. Fourteen boats: Ten six persons; four sleep eight. Rates: $45 50 weekdays, $100 to $110 on two-day eends, $295 to $425 per week.

XE Houseboat Rentals (10 Riverview , Box 209, Bethel Island 94511; telephone) 684-2689. Eight boats for four to eight ons: $40 to $70 per day, $234 to $425 per .

URE Landing, Box 488, Bethel Island 1; telephone (415) 684-2166. Nine boats ix persons: $65 weekdays, $78 per day on eends, $350 to $450 per week.

ian-Bell Canal, near Tracy

ALARK, Box 5386, San Jose 95150; telephone (408) 264-2217. Summer only, beginning June 15. Twenty boats for six to eight persons: $50 weekdays, $60 per day on weekends, $320 per week.

Stockton area

Holiday Flotels (at Windmill Cove), Box S-211, Stockton 95201; telephone (209) 477-9544. Nine boats for six persons. Until May 19: $35 to $45 weekdays, $85 to $105 per 48-hour weekend, $225 to $295 per week. After May 19, add $10 per day, $55 per week. June 10 to September 16, rentals by week only.

Ladd's Stockton Marina (west end of Brookside Rd.), Box 1385, Stockton 95201; telephone (209) 477-9521. Fifteen boats for six to eight persons: $35 to $45 per day, $215 to $280 per week.

New Marina Yacht Harbor, 345 N. Center, Stockton 95202; telephone (209) 465-1928. Two boats for six persons: $35 per day, $215 per week.

Tiki Lagun Resort-Marina, 12988 W. McDonald Rd., Stockton 95206; telephone (209) 463-4430. Seven boats for six persons: $35 to $60 per day, $215 to $350 per week.

Uncle Bobbie's Houseboat Haven, King Island, Star Route, Stockton 95202; telephone (209) 477-5001. Thirty boats for three to six persons: $50 per day, $295 per week.

Sacramento River area

Van Vee's Houseboat Rentals, Route 1, Box 61C, Isleton 95641; telephone (916) 777-6840. Four boats for six to nine persons, based at Moore's Riverboat and Yacht Harbor: $35 to $47.50 per day. July until Labor Day, three-day minimum at $45 to $60 per day.

International Houseboats, Inc., with 80 houseboats altogether, has three rental locations along the Sacramento River—at Elkhorn Marina, Sacramento; Walnut Grove Marina in Snodgrass Slough; and Steamboaters' Club (the headquarters), Steamboat Slough, Courtland 95615; telephone (916) 775-6501. Sixty-eight houseboats for eight persons, $345 per week; 12 boats for six persons, $50 per day, $89 per three-day weekend, $295 per week.

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otor overhead roars, and up you go sweeping view of San Francisco Bay. than a hundred times a day, heli- ers take off from points around the to deliver travelers to San Francisco Oakland airports. Regular fare is $4 .50 one way; linked with a connect- airline flight, the fare is often less. morning and evening flights when the ways are full of traffic, all seats aboard usually taken. At other times of the and all day Saturday, there's usually e for sightseers.

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can (for example) start in Berkeley, h down in Marin County, downtown Francisco, and San Francisco Inter- ional Airport, and then return to keley after a trip of about an hour. you can use the one stop-over allowed take a later flight, as long as you com- te the circuit within one day. The fleet ludes three 26-passenger helicopters.

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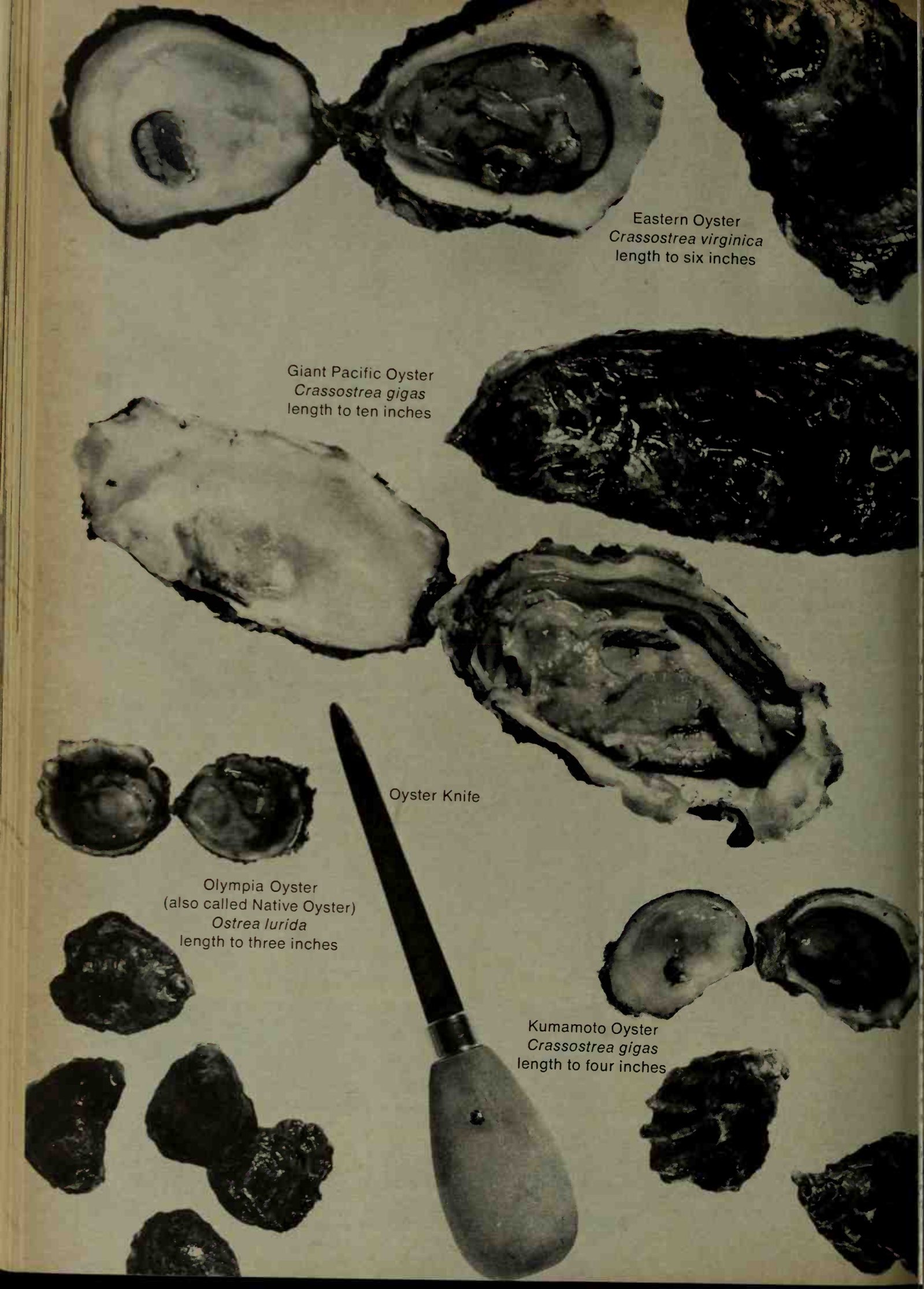
Eastern Oyster
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length to six inches
Giant Pacific Oyster
Crassostrea gigas
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Oyster Knife
Olympia Oyster
(also called Native Oyster)
Ostrea lurida
length to three inches
Kumamoto Oyster
Crassostrea gigas
length to four inches

GLENN CHRISTIANSEN

Oyster grower *loads up gunny sack for visitors to Tomales Bay near San Francisco*

Oysters in the shell... they're delicious now... and the great place to buy them is at the beach

Oysters divide people. There are oyster lovers, oyster snobs, total abstainers, and many others who just haven't met oysters yet in their natural state.

Along the West Coast, oysters still aren't the familiar sight they are to an Easterner or a European. You have to comb the fish markets or order ahead to find them in their shells, and only the lucky Northwesterner can go oyster picking on his own and hope to come home with a bucketful for dinner. Washington has many more oyster beaches, Oregon has a few. In California you have to rely on commercial oyster beds, where you can buy some to take home or just stop on the spot for an oyster picnic.

Whether you buy or find your oysters, you're much more likely to come home with an immigrant from the Atlantic or European than the tiny native Olympia.

The Olympia, *Ostrea lurida*, was once so numerous that the Indians of San Francisco Bay and the Point Reyes Peninsula piled up great mounds of their empty shells. In recent times the Olympia has dwindled in California; but in Gold Rush days, a San Francisco-bound sea captain could find a good supply in the Northwest, notably in Willapa Bay and Samish Bay, and coast lumber ships carried them down to California until the 1890's, nearly stripping the oyster beaches clean.

At least two Northwest towns were founded on the oyster trade: Oysterville, Washington, a quaint village facing Willapa Bay; and Newport, Oregon, now a resort community on Yaquina Bay.

Preserved Eastern oysters (*Crassostrea virginica*) were shipped to the West Coast as early as 1849, but it wasn't until the completion of the transcontinental railroad (1869) that seed oysters were brought from New York and Baltimore and planted in San Francisco Bay. By 1900, the Bay was producing nearly 3 million pounds of oyster meat a year, but just a few years later the industry was almost gone, mostly because of pollution and also because the oysters failed to fatten.

The Giant Pacific oyster, *Crassostrea gigas*, is the one you're most likely to

Color *on map at left shows coastal oyster growing grounds; right, those in Puget Sound*

DARROW M. WATT

find these days. The Pacifics are brought in as seed oysters from Japan and planted from Washington to Southern California, reaching sizes up to 10 inches long. These oysters like other imports don't normally reproduce themselves in commercial quantities since the water is too cold, but last year's long hot summer in the Northwest brought on a healthy set of spat (baby oysters), and oysters may begin appearing where there were none before.

The Pacifics come to market under many names. Most of them reflect the locality of origin, and each year adds more. You'll find Willapa, Quilcene, Waketickeh, Tillamook, Hamma Hamma, and Rock Point. Willapoint is a registered trade name.

The Kumamoto or Yaquina, a small variety of the Pacific, is also imported from Japan, but so far has only been planted in limited quantities. Kumamotos are ready to eat when only a little bigger than the Olympia.

Drakes Estero and Morro Bay oyst[ers] have recently begun to experimen[t] French and Portuguese oysters.

WHERE TO LOOK FOR OYSTERS

In Washington, look for oyster-pro[ducing] tidelands and state parks with [public] beaches in lower Puget Sound, on [Hood] Canal, and bordering Willapa Bay[. Pri]vate beaches and state-owned oyst[er] serves are off limits to oyster picke[rs] they are usually well marked. You [need] no license to pick oysters, but the [limit] is 18. If you eat them at the sho[re] sure to return the oyster shells t[o the] water. Oyster spat needs the smoot[h] face to anchor and grow.

In Oregon there are four commercia[l] ter growing locations (see map on [page] 35). If you don't find oysters in n[atural] public areas, you can probably buy [them] from one of the growers.

In California you can't pick oysters [but] you can buy them from oysterme[n] Humboldt Bay near Eureka, and a[t] males Bay and Drakes Estero, an h[our's] drive north of San Francisco. Durin[g the] week, business hours are 10 A.M. to 4 [P.M.]; at Tomales Bay there's always som[eone] present on weekends. Farther south, [you] can buy from growers at Morro Bay, [near] San Luis Obispo, every day of the we[ek].

THE OYSTER SEASON

You can eat oysters at any time of [the] year without harm provided they c[ome] from clean waters, but they are fi[nest] and fattest from November through J[anuary]. During the summer if the water is w[arm] oysters expend prodigious amount[s of] body materials in spawning, which le[aves] them thin and milky.

RAW OR COOKED?

Oysters that are ideal for eating raw [in]clude these varieties: the aristocratic [and] distinctively flavored tiny Olympias; [the] somewhat larger, milder Kumamotos; [the] culent Eastern oysters and delicate [Pa]cifics from shells no longer than 3 [or 4] inches. Pacifics over this size look m[ore] appetizing—and are generally conceded [to] be more palatable—when they're cook[ed]. One of the simplest and most delici[ous] treatments for Pacifics that we have e[ver] tried is to bake them in their shells ([see] the directions that follow).

WASHING OYSTERS

Regardless of how you intend to serve [them], the first thing you should do with a[n] oyster in the shell is to scrub the sh[ell] well with a stiff brush under clear runni[ng] water, then drain.

HOW TO OPEN A RAW OYSTER

The most efficient implement for pryi[ng] open a raw oyster is the oyster knife (p[ic]tured on page 34). The oyster grower m[ay] be able to sell you an oyster knife (abo[ut] $1.50) or direct you to a hardware sto[re].

Oysters tend to divide people. To some they are a prized delicacy, to some a yet-to-be-discovered pleasure. And some people are simply a bit unsure

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recommend a motel?
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Northwest has 13 weekly nonstops from Seattle/Tacoma to Anchorage and daily direct service from Washington, Cleveland and Chicago. Plus, daily nonstops from the Orient.

NORTHWEST ORIENT
THE FAN-JET AIRLINE

in the area. But you can make do with any strong, narrow-bladed instrument.

The objective when opening an oyster is to get the knife into the shell carefully to cut the adductor muscle that holds the shell closed while preserving the shape of the oyster. Put the oyster cupped-side-down on a firm surface, then proceed as directed for each variety (experts hold the oyster, but there is danger of the knife slipping).

Olympias and Kumamotos are easiest to handle because they are small. Force the knife into bill (curved side opposite hinge end of shell), and follow bottom contour of shell until you cut the adductor muscle. Pull off top shell, cut oyster from it, and serve the oyster in the bottom shell or in a dish.

Pacific and Eastern oysters can be opened in about the same way, but less effort is required if you first break off about ⅜ inch or so of the bill with a hammer to make a gap between the shells; then a knife can enter without force (rinse bits of shell off first). Again, follow bottom curve of shell, cutting adductor muscle. Pull off top shell, cut oyster free, and serve it from bottom shell or in a dish.

Take care, in all cases, to preserve as much of the juices as possible. Chill oysters until ready to serve.

Eat plain, or season as you like with lemon juice, catsup, seafood cocktail sauce, liquid hot pepper seasoning, horseradish, or any such condiments that suit your fancy.

HOW TO BAKE PACIFIC OYSTERS

Fill a wide baking pan (or bottom of broiler pan) with about ¼ inch water. Lay well scrubbed Pacific oysters cupped-side-down in pan, arranging closely together in one or two layers. (You can prepare two pans for the same oven if you want to cook large quantities; or cook oysters in sequence for a hot batch as desired.)

Bake in a 400° oven for 20 to 30 minutes. If you can pry the oysters open after 20 minutes, they will be just nicely heated and very juicy; by 30 minutes they will definitely have a cooked appearance, but the shells will gape slightly and be easier to open.—*H. T., San Francisco.*

HOW TO OPEN A COOKED PACIFIC OYSTER

Put an oyster, cupped side of shell down, on your plate. Protect your fingers with a hot pad if shell is still hot; however, shells usually cool quickly. With an oyster knife or a blunt table knife, pry shell open at wide end, slipping in knife to cut adductor muscle that holds shell closed, then pull off top shell; preserve juices. (You'll need a container for empty shells.) The tricky part is seeing where these wildly voluted shells come together, and deciding where to pry.

Drizzle a little melted butter over the

Drizzle melted butter *over hot Pacific ter, baked warm in the shell, for fine*

oyster; grind on a little pepper, if like; and eat. You may have to cu Pacific oyster into smaller pieces to bite-sized portions. Allow 6 to 12 oy for each serving. And keep in mind known true oyster fans who polish double the maximum suggested.

BUYING OYSTERS IN THE SHELL

You can sometimes order oysters in shell from your fish market. Pacifics 85 cents to $1.50 a dozen. A dozen O pias in the shell cost about 50 cents. are grown commercially in Puget So Eastern oysters from Tomales Bay Drakes Estero are about $2.50 a do Kumamotos, grown in the Northwest, about $1.25 a dozen.

PEARLS: YOU MAY FIND ONE

Any mollusk is capable of forming hard concretion that we call a pearl; gem pearls come from tropical ma pearl oysters *(Ostrea pinctada).*

GROWING YOUR OWN

If you own a stretch of salt water be with a long, gradual slope, the char are good that you can grow oysters. best locations can be rocky, gravelly, tide flats, but they should be in bays where the tide doesn't scour the beach winter storms shift sand and silt.

If you decide that your beach has oyst ing possibilities, you can find out wh to buy oyster seed or spat (about $1 case) by writing to the Pacific Coast O ter Growers Association, 1201 Black La Blvd., Olympia, Wash. 98501. Check wi your state department of fish and game be sure that the seed is free of pests, a with the department of health to see the water in the growing area is unpo luted.

When seed arrives (broken oyster sh with infant oysters — spat — attached scatter it between half tide and low ti marks, picking up and destroying su oyster predators as starfish and Japane drills when you see them.

THIS MAN LEFT A CALL FOR 8 A.M.!

It's 8:30 and he's still asleep. So was the hotel operator. In a Del Webb hotel an extra half-hour of sleep is one extra we don't believe in. We'll wake you up on time... even if you hate us for it. Keeping an eye on your time is just another extra of Del Webb hotels... like free ice and plenty of hot water when you want it. Next time you miss a wake-up call, think twice and **Be Our Guest!**

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Mountain Shadows SCOTTSDALE, ARIZ.

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MIKE HAYDEN

The fishing's good *at Pardee. Picnic sites are close to launching ramp, parking*

Pardee Reservoir *is 38 miles from Stock*

Put your boat in at Pardee

To the impatient fisherman in California, the April 27 opening of trout fishing season throughout most of the state still seems a long way off. If you share that feeling, now is a good time to try your luck at Pardee Reservoir.

At this impoundment of the Mokelumne River, the season started on March 1 and will run through July 28, each weekend from Friday noon until Sunday evening and on holidays from dawn to dark. Here you can picnic and camp and go boating and fishing—but not water-ski or swim.

Another advantage of Pardee will become apparent later in the year. Since it is located upstream from the much larger Camanche Reservoir, which serves as a storage supply for flood control, it suffers less from the summer "draw-down" (or release of water) that often lowers the level of Central Valley reservoirs.

This season's fishing—and kokanee is the big attraction at Pardee—is predicted to be better than average because of unusual conditions last spring and summer. There was an extremely heavy run-off at both Camanche and Pardee reservoirs because of the unusually abundant late rain and snowfall of the previous winter. The result is that a great many catchable kokanee remained in the reservoir—and 300,000 fingerlings planted in 1964 will be mighty big fish in 1968.

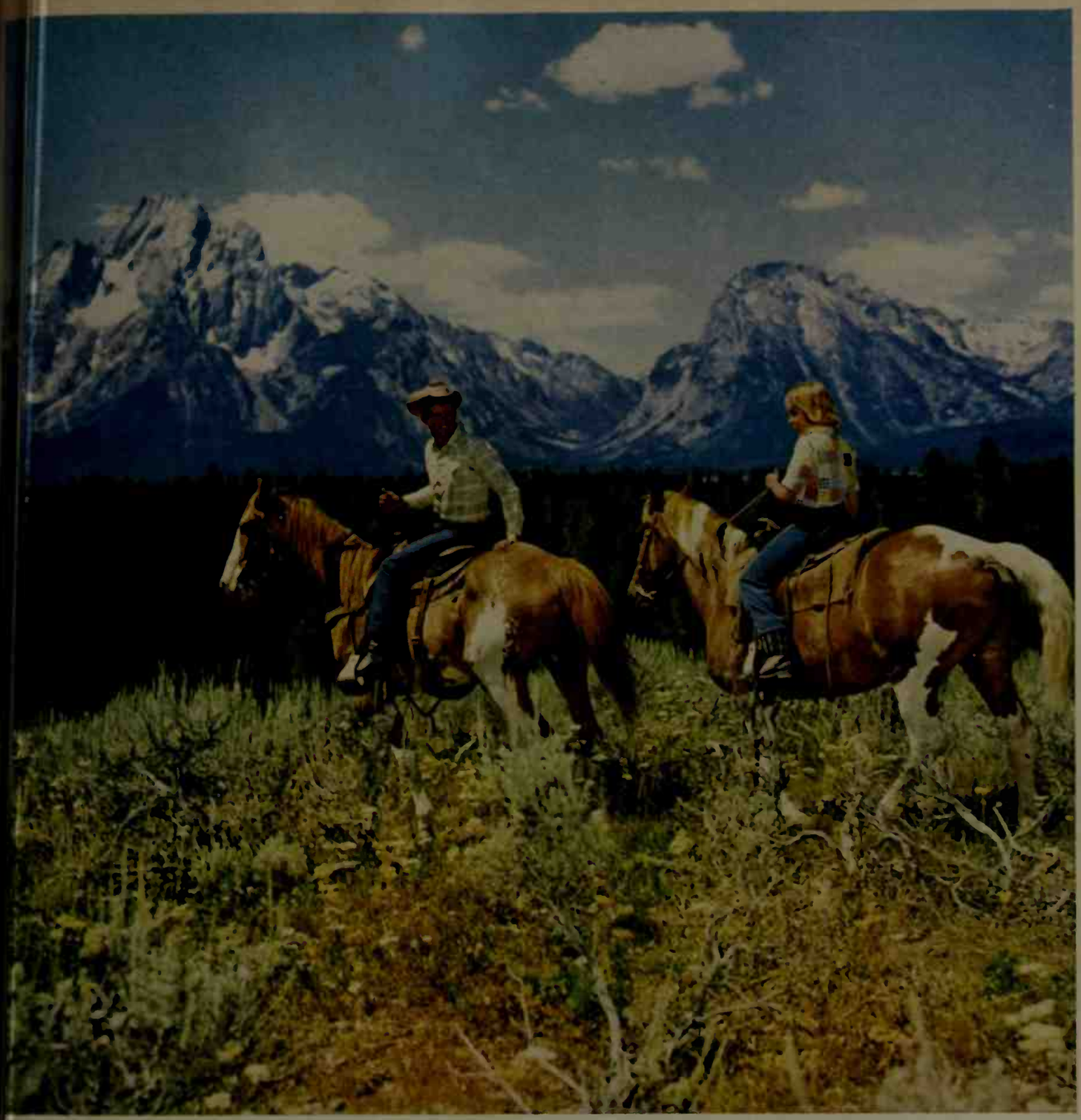
Facilities include a boat launching ramp (see photograph) and a boat and bait shop (rowboats, $6 per day; $3 to $3.50 per half-day; or $1.50 per hour; motors, a tional, at the same rates). Berthin available for privately owned boats.

Also at Pardee are campsites ($1 night), trailer sites ($1.50), picnic a (covered by the $1 admission charg the recreation area), and a coffee shop.

For further information and a map of area, write to Customer Relations Off East Bay Municipal Utility District, P 4616, Oakland 94623.

Your sailboat—*or any other craft on water—can't be less than 10 feet in lengt*

Launching ramp *at reservoir is large enough to accommodate 10 boats at a tim*



COME TO GRAND TETON'S WILD OPEN SPACES IN JUNE AND SEPTEMBER

You don't have to be a very rugged individualist to have more of the Grand Tetons' pleasures to yourself—just be a June earlybird or September laterbird vacationer. Have a big half-mile of swift clear trout stream for your own. Share a vast meadow of wildflowers with nobody else, if you like. Choose other individualists for company while moose-watching, spotting the rare bald eagle, or boating on the lakes.

July and August in the Grand Tetons are great, too. You have more company on the horseback mountain trips and raft trips down the sweeping curves of the Snake River...convivial audiences for the evenings of Indian tribal dances and real cowboy songs . . . plenty of partners for golf on one of the West's most scenic and challenging courses, with fairways always green and freshly watered.

Without disturbing this National Park preserve, we've built a luxurious Lodge and comfortable family-style cabins. Highway, rail and air connections are excellent. Make definite plans with the detailed Grand Teton vacation brochures which are yours for the asking. Please mail the coupon.

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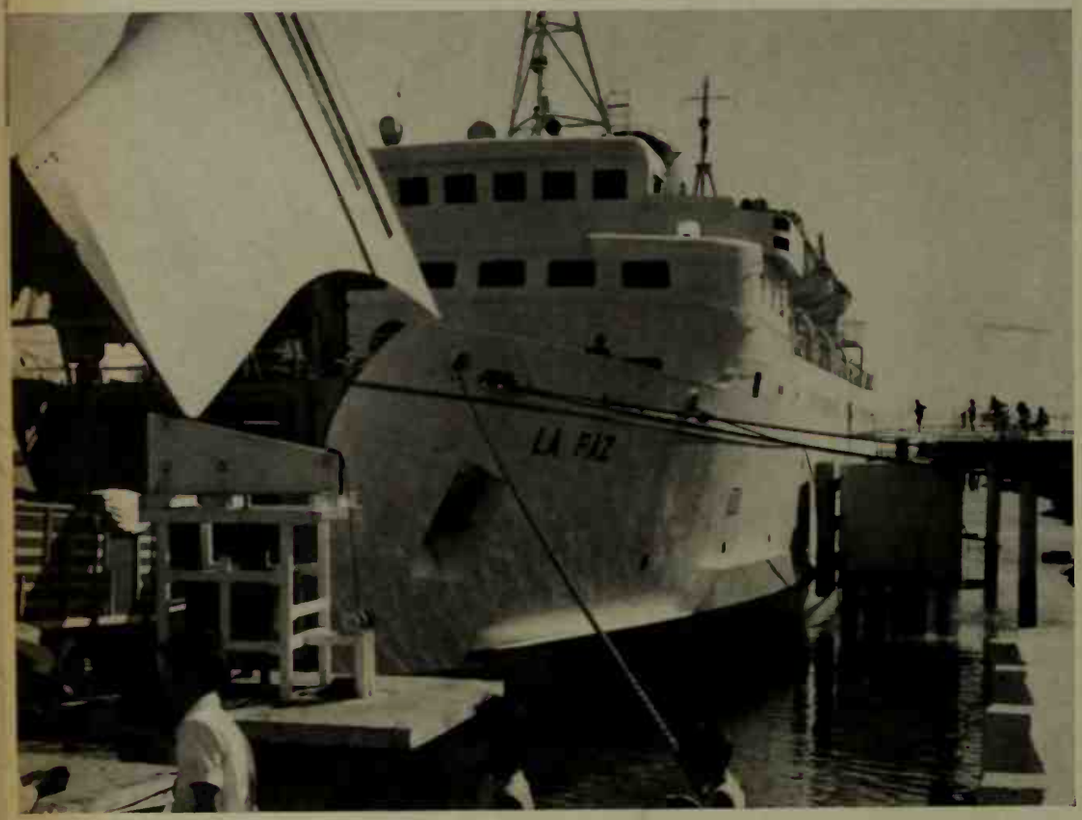
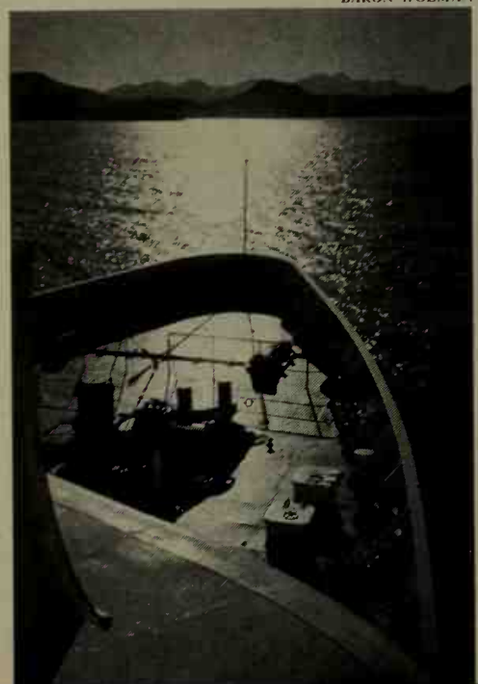
Overnight by ferry between La Paz and Mazatlán

With bow closed, *stubby but rakish motorship* La Paz *resembles modern ocean l*



Unusual doorway: *Entire bow section raises and reveals opening for motor vehicles*

BARON WOLMAN



Right. *Inside La Paz Bay, ferry turns southeast into morning sun before docking*

We get many inquiries on the subjec water transportation across the Gulf California, between Baja California the Mexican "mainland." Most of questions deal with passenger and au mobile ferry service.

Between Santa Rosalía and Guayn such service is practically non-existe although it is sometimes possible to yourself and even your car on a sm freighter. Between Loreto and Guayn a ferry is still in the talking stage. I between La Paz and Mazatlán it has b an accomplished fact since early 19 with schedules kept dependably by a v sel built in Japan expressly for the ru

Not much publicized north of the bord the *La Paz* makes the 280-mile cro ing overnight in 16 hours, twice a w in each direction. It leaves Mazatlán a P.M. Saturdays and Tuesdays; leaves Paz at 5 P.M. Sundays and Thursda Arrivals at both ports are at 9 A.M.

You can drive the West Coast Highw to Mazatlán and just go out the str called Calle Carnaval to the ferry slip. you arrive early on the day of departu or the day before, you can make reserv tions right on the spot. Unless you ha a very strong reason for taking your c across, it's best to park it in Mazatlá ferry rates vary according to the length the vehicle but average about $44—whi would pay for a lot of La Paz taxi rid

If you are willing to spend the night in reclining chair, you can make the on way voyage in "salon class" for $4, takin your meals in the cafeteria at extra cos For $16 (plus cafeteria meals), touris class passengers have rather Spartan stat rooms and a large lounge. "Cabin class is really first class, $28 and probabl worth the difference, on its own deck wit swimming pool, bar, lounge, full restau rant service in an attractive dining roo (meals are not included in the fare), an relatively luxurious staterooms, all wit private bath. Then there are several "spe cial class" suites for $50 per person.

Airline fare between the ports is $16.24.

Maybe your favorite chair should be in your car.

eople are alike. That includes you.
fer a variety of seats in our
ker.
in-1 divided front seat—a highly
piece of furniture. Armrest up, it's
feet wide. Armrest down,
the feel of real buckets. And
the seats adjust individually. For additional comfort, the passenger's side reclines.

Contoured bucket seats are another way to go. They're anthropometrically designed. That means custom comfort. They're shaped to fit you. No matter what shape you're in.

Then, there's our standard New Yorker seat. Deep coil springs. Not one, but two layers of padding. And 9-inch-wide pull-down center armrests both front and rear.

If your favorite chair isn't in your car today, it can be—tomorrow. Make your move.

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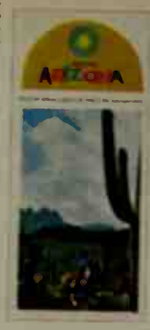

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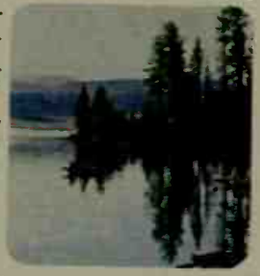
COWBOYS They're outnumbered by the Indians, but we still have 50,880,000 acres of range land in Arizona, some of the world's finest cattle, several of the world's most thrilling rodeos.

CITIES Clean, modern, ringed with resorts designed for your pleasure. You can rough it in Arizona — you can also find luxurious comfort. We want to be sure you have a good time!

MEXICO Tacos, senoritas, bullfights, exotic shopping are just across the border from our southern Arizona towns.

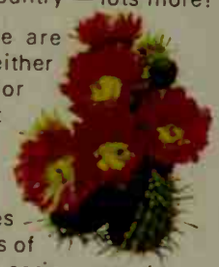
MOUNTAINS AND COOL PINES We have the world's largest expanse of Ponderosa pine forest, 17,736 sq. mi. of national forests, and ski slopes within easy drive of the warm, sunny valleys.



HISTORY 400-year-old missions, 2,000-year-old Indian ruins, ghost towns, old mines and military posts, the trails of Coronado, Cabeza de Vaca, Padre Kino, the Pony Express, Cochise Stronghold and Zane Grey country.

SUNSHINE You can hardly get away from that here. Our valleys are warm, dry, sunny. Our high country is cool, dry, sunny. We have more sunny hours than any other part of the country — lots more!

CACTUS Some people are fascinated by it. You either love the desert or run for an oasis (we've got plenty of them, too — with swimming pools). Come see how *you* react. We have 62 species of cactus, whole forests of giant Saguaros. In the spring, our desert is a mass of color.



WATER SPORTS 2,000 miles of shoreline. The Colorado River runs around two sides of Arizona through the Grand Canyon, deep blue lakes and rich farm land into the Gulf, where Arizona roads lead to the world's sportiest deep sea fishing. Bass, trout, crappie and channel cat are plentiful in the Colorado and the canyon lakes. Rainbows are jumping in our mountain lakes and streams. Coming down from the mountains, we have a chain of canyon lakes that store water for our valley cities and make the world's best water skiing.

GOLF 78 sporty courses from near sea level to 8,000 feet (where your drives *do* go farther). You can play golf every day of the year in Arizona.

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DISCOVER AMERICA

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Mormon Temple *is seen through the gl walled entry of the new Visitors Ce*

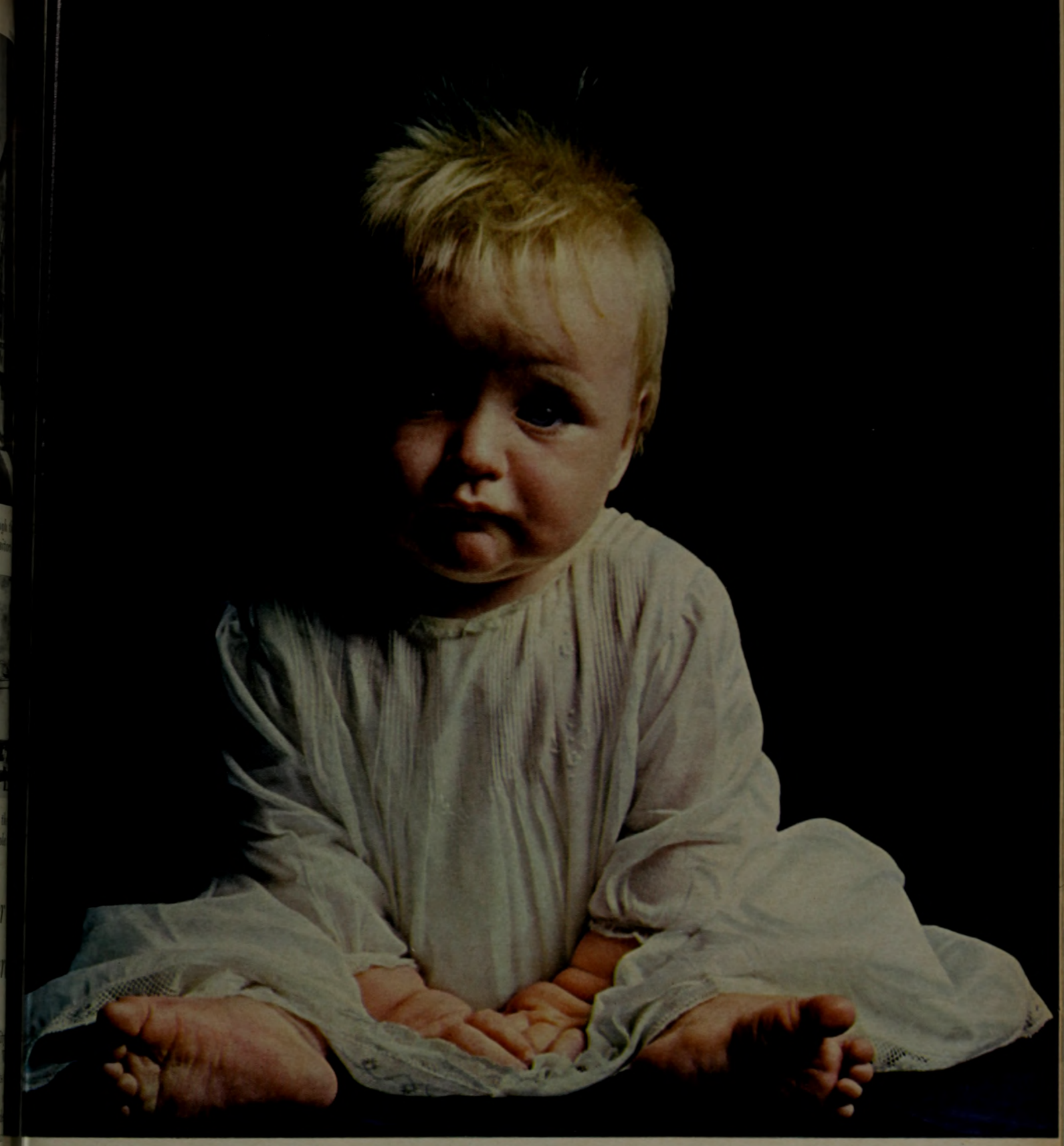
Visitors Center *is situated on the no west corner of historic Temple Squ*

Bold newcomer i Temple Square

A major change in Salt Lake City's h toric Temple Square is the new Visit Center, completed last summer. Its dom roof is somewhat reminiscent of t Tabernacle, but otherwise its modern sign and glass-walled façade bear lit resemblance to the structures that ha graced the square for so many years.

One of the most striking features of t Visitors Center is a spiral ramp th winds upward into the circular rotunc As you walk up the ramp you are su rounded by a huge mural painting the universe covering more than 11,0 square feet.

Tours of Temple Square leave every minutes from the old Bureau of Inform tion Building near the entrance of t square. The Visitors Center is open da from 8:30 A.M. until 7:15 P.M. There no admission charge.



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In fact, we baby them.

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That's the American Way.

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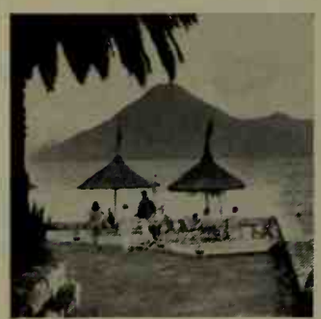

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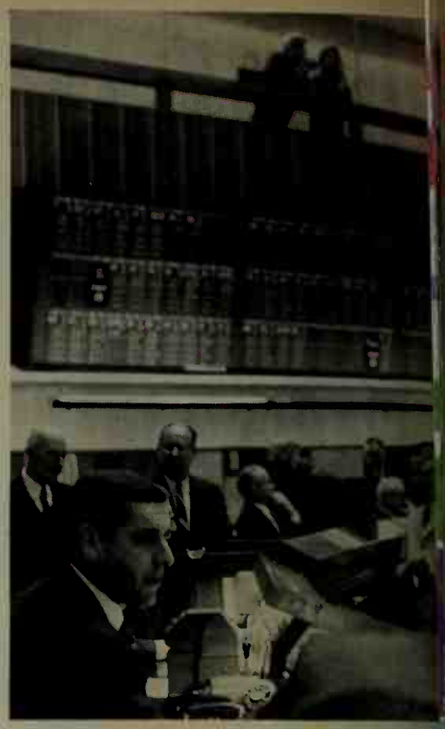
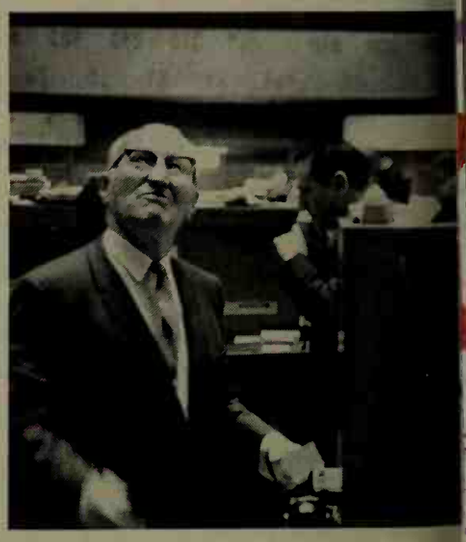


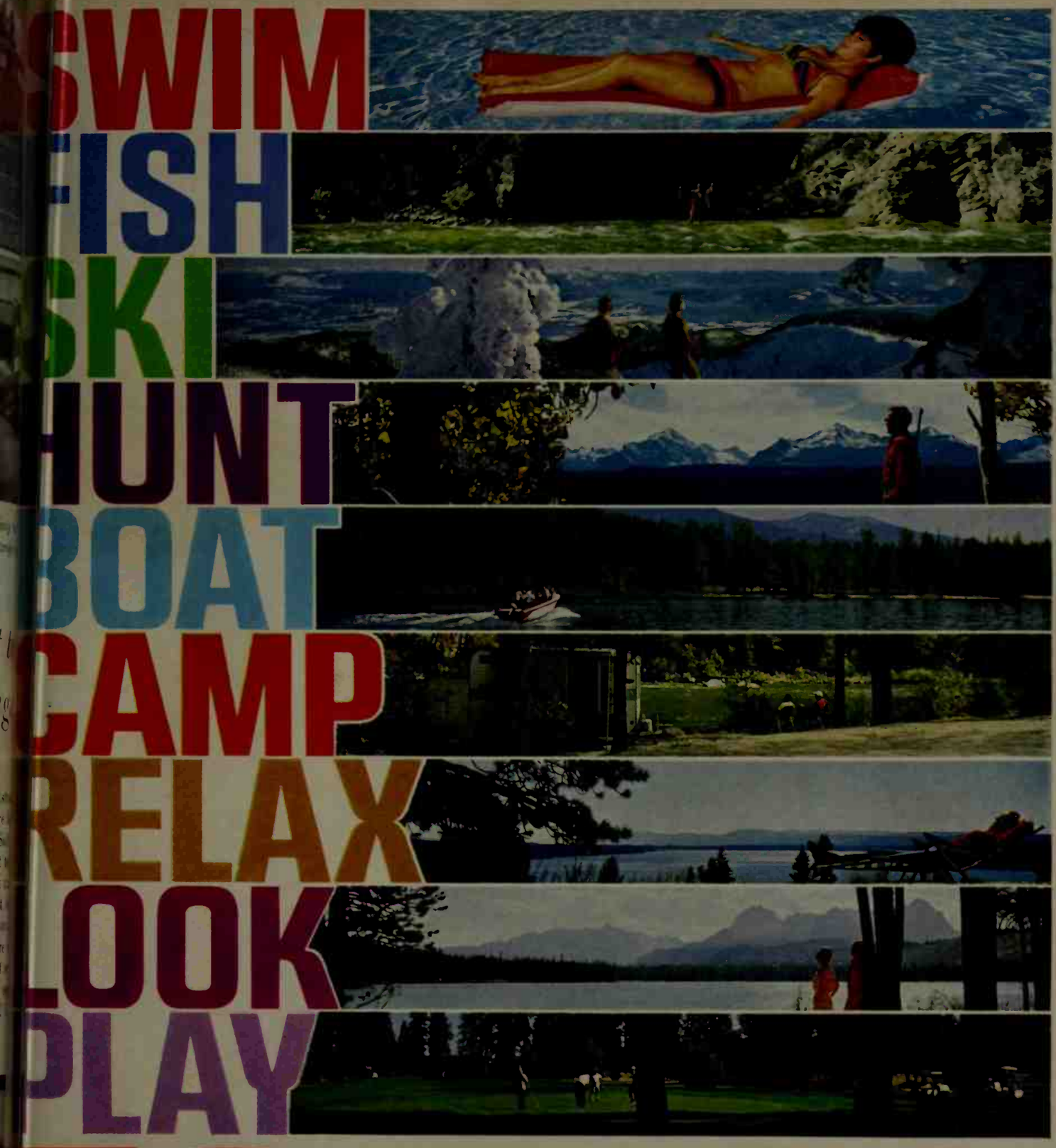
Specialists *discuss day's trading as vi tors peer out from stock exchange galle*

Morning visit to a stock exchange

On a visit to one of the four stock e changes in the Far West (they're locate in San Francisco, Los Angeles, Salt Lak City, and Spokane), don't expect to lear how to make money in the stock marke The stock exchange itself doesn't buy sell, fix prices, or receive profit from sale It's simply the marketplace where inte mediaries for buyers and sellers of secur ties gather to trade; the resulting suppl and demand determine the price of bond



A glance up *at electric board. In rear, New York, American, and Pacific Coast tapes*



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readers know, the stock exchange
n is a form of auction. Bids and
re called out above the noise of the
floor, and the sales consummated
nsmitted almost instantaneously
e ticker tape by employees of the
ge. When there are more bids to
n to sell a security, its price goes
en the opposite is true, the price
wn.

ne of business, the Pacific Coast
Exchange, with trading floors in
ancisco and Los Angeles, is sur-
only by the New York and Amer-
changes. Started in 1882 as the
rancisco Stock Exchange, it suc-
several earlier exchanges, the old-
which dated back to 1862. Los An-
pened an exchange in 1889, and in
e two merged as the Pacific Coast
ge. Today it lists over 700 securi-
d on its floors are representatives
firms.

s to the floor in San Francisco at
ne St., or in Los Angeles at 618
ng St., can listen to a taped expla-
of how business is transacted and
nated on two floors 400 miles apart.
l learn that through open telephone
s and special amplifiers, the voice
ember speaking on one floor can be
on the other. Over fifty open-line
ones on each floor make possible
ay conversations.

are guided tours for groups of visi-
individuals can watch the trading
the gallery during exchange hours
arily 7 A.M. to 2:30 P.M.; but when
went to press, both floors were ex-
enting with a closing time of 1 P.M.).

ling orders from millions of inves-
appears to be a routine and almost
d procedure at the Pacific Coast
Exchange. It's when some major
development breaks—especially if
fternoon after the New York ex-
es have closed — that visitors will
xcitement mount, hear the level of
s rise, and see couriers hurrying
waving orders to buy or sell.

exchanges in Salt Lake City and
ane deal almost exclusively in min-
nd petroleum stocks. They operate
pen auction system, with far fewer
bers on the floor. At Salt Lake the
accepts highest bids on a list of
t 60 securities from the exchange's
or nine floor traders who sit in a
shoe around the auctioneer's podium.
list is read at 9 A.M. and again at
A.M. Visitors are invited to sit in on
activities from 9 A.M. to noon. The
ess is 39 Exchange Place.

Spokane Stock Exchange, in opera-
for 68 years, is in the Radio Central
ding, 725 W. Sprague Ave. Its 14
traders deal in 26 securities. Visitors
watch from 9:30 to 11:15 A.M.

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Slide a film cartridge into the KODAK INSTAMATIC M8 Movie Camera and join the new wave of super 8 movie-makers. With this camera there's no fiddling at the start, no flipping at midpoint, no winding anywhere along the way. Shoot a full fifty feet of uninterrupted movies in the exciting new super 8 film format.

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Sun Valley

Sun Valley

Sun Valley
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does everything!

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Please send information on:
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☐ Activities and Young Summer
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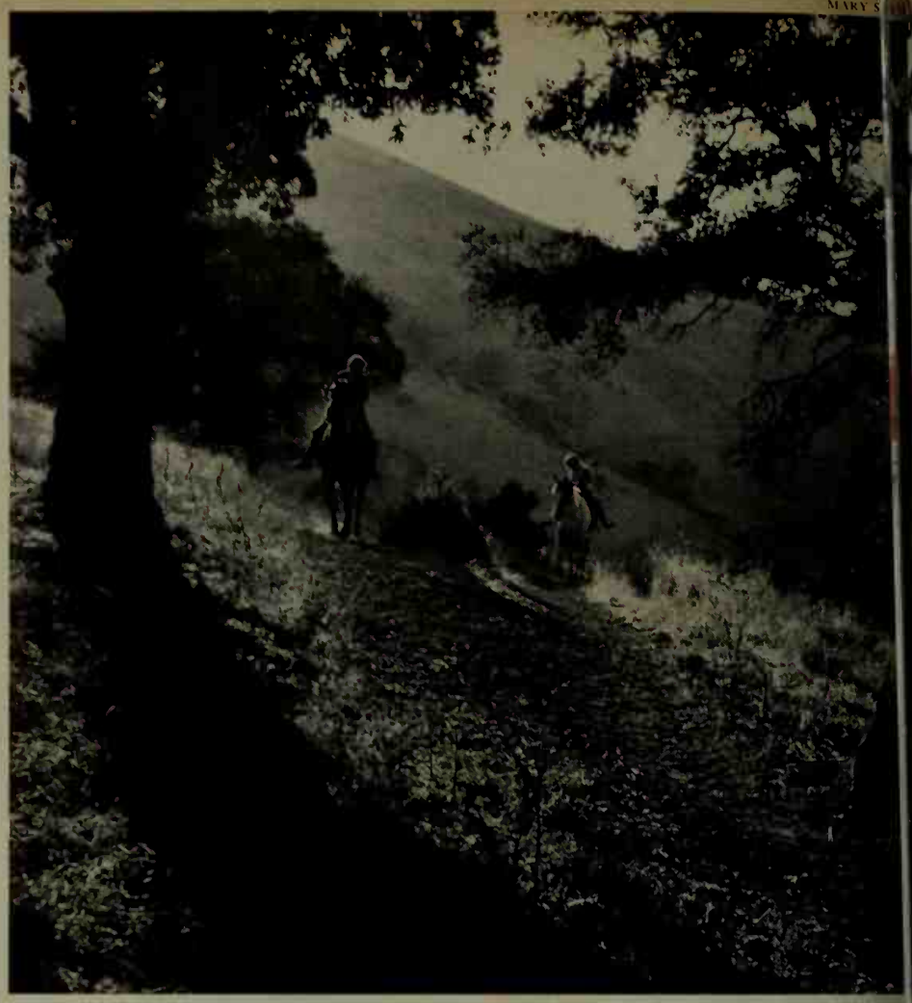


At private stables *next to Santa Teresa County Park, you can rent horses and out on a lazy ride through a ranch and along miles of neighboring park*

Get away for a day in the country

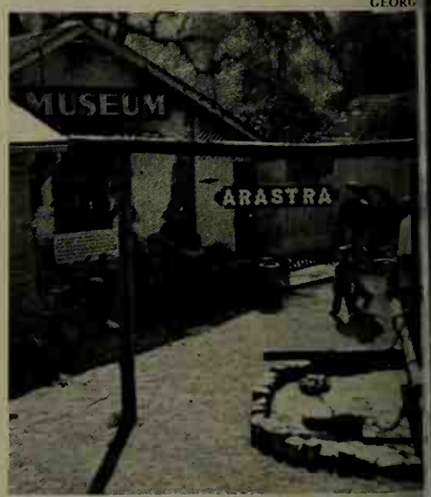
On a day-long car exploration of the New Almaden-Santa Teresa area just south of San Jose, you can combine a streamside drive, a visit to an old mining town, a picnic in a pleasant park, and a horseback ride in oak-studded foothills.

From California Highway 17 linkin; Jose and Santa Cruz, take the Ca Avenue exit eastbound; follow Camd Hicks Road; continue on Hicks.

Soon the housing developments and ping centers give way to grassy knoll

Hicks Road *parallels Guadalupe River, is prettiest way to approach New Almaden*

GEORG



Entrance *to town's museum is past re of drag-stone mill used for pulverizing*

aces weather
er small cars
uldn't face.

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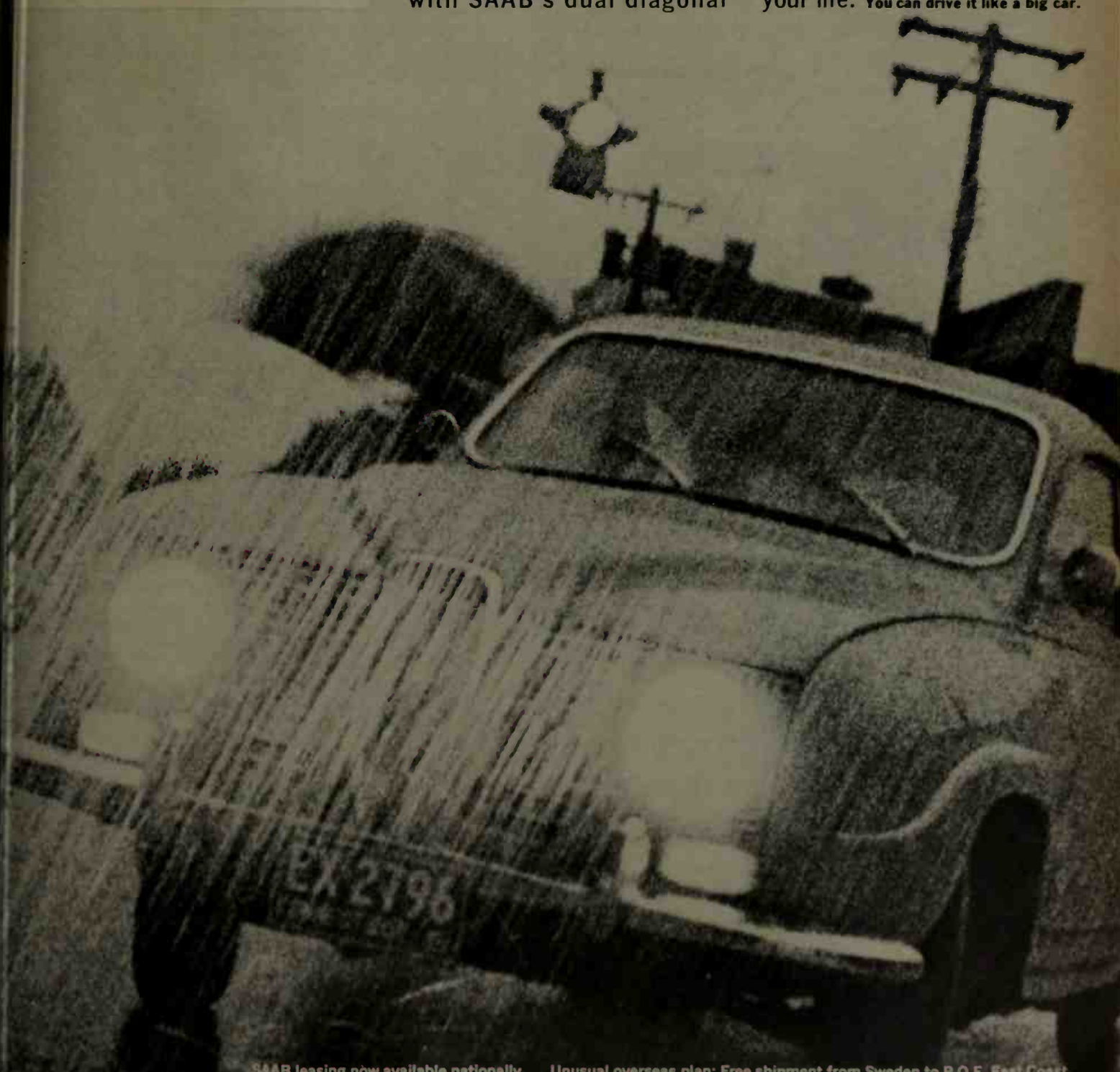

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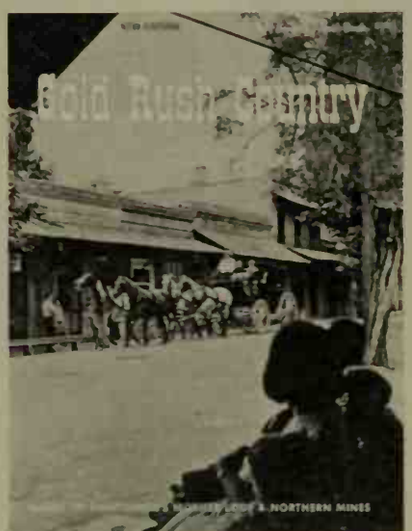
EXPLORATIONS AND TRAVEL IN CALIFORNIA'S MOTHER LODE



This comprehensive revision of a popular *Sunset* travel guide has been re-written and thoroughly checked for accuracy—for fire, flood, time, and progress have taken their toll on the constantly changing gold rush towns.

GOLD RUSH COUNTRY has been divided into convenient geographic areas for easy traveling and provides a wealth of practical information for exploring California's Mother Lode and Northern Mines. Detailed road maps, as well as numerous black-and-white photographs, will guide you to the Mariposa, Sonora, Jackson, Placerville, Auburn, Grass Valley, Oroville, and Downieville areas, in a general South to North direction. Each section will provide you and your family a weekend of enjoyable exploration. Special features, set aside in panelled boxes, tell much about local lore and give humorous anecdotes and points of interest.

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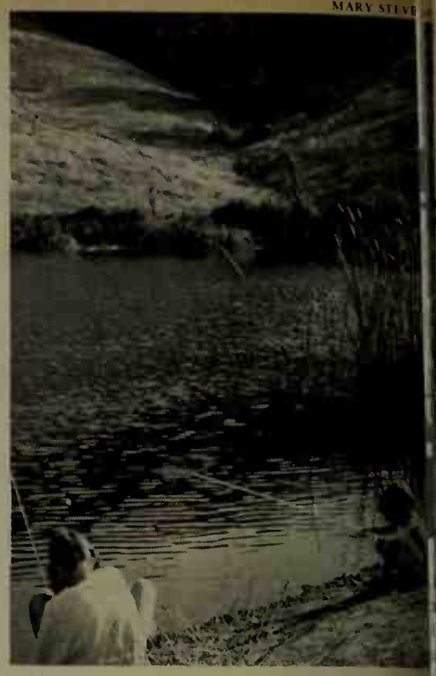


Only youngsters *5 to 12 are allowed fish for the trout planted regularly in tificial lake in Santa Teresa County P*

hillocks, brilliant green in the early spr sun. The creek beside you is Guadalu River; the youngsters may enjoy wad in it or walking along a rock retain wall that parallels it.

As you continue past Guadalupe Re voir and approach New Almaden, rust-r scars in the hills are a reminder that t town was once the quicksilver capital North America—the site of mines th produced more than a million 75-pou flasks of the liquid metal from the 185 to the turn of the century. It's now a n tional historic landmark.

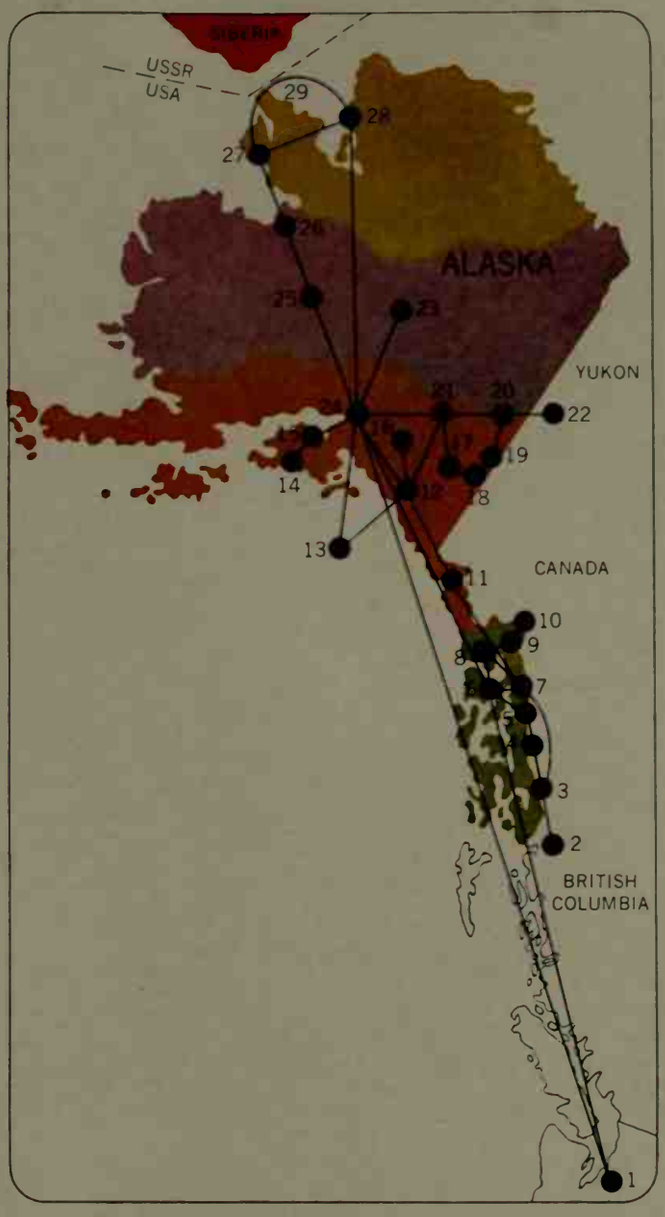
The few remaining buildings of Spani Town and Cornish Town, hilltop mini communities that once flourished he are on fenced-off property. But an exce tionally good record of the old days is display in the several rooms of the Ne Almaden Museum, open from 10 A.M. 5 P.M. daily except Monday. Admissi is $1 for adults, 50 cents for children to 18, 25 cents for children 6 to 11.

The great white *Casa Grande* at the ea end of town dates from 1852; it's now summer resort. Here old melodramas presented on Friday and Saturday ev nings (admission: $1.50).

Follow the map route (page 50) to U Highway 101 and Santa Teresa Count Park. Here you'll find a few oak-shade picnic tables next to the golf links; other high on a hill overlooking the valley ma also be open. Driving to the upper site last April, we noticed a fine display o white popcorn flower, blue lupine, filare wild hollyhock, and johnny-jump-up.

Santa Teresa Ranch Stables, next to th park, rents horses for $2 an hour week days, $2.50 to $3 on weekends. For reser vations, telephone (408) 227-9738.

TOUR THE TOP OF THE WESTERN HEMISPHERE WITH ALASKA AIRLINES



a, there are foreign languages to be heard and cultures to be viewed such as those of the Indian and Russian. For scenery Alaska is led. Unique villages and bustling cities offer ding accommodations, activities and adven- laska Airlines, through its pending mergers rdova and Alaska Coastal Airlines, will serve r Alaskan tour attractions. This makes Alaska the "Great Way" to, from, and within Alaska.

a Airlines has convenient connections from all irlines in Seattle 1 where the original Gold o Alaska began. Plan your trip to Alaska ka Airlines' Golden Nugget Fan Jets, the jets e plush Gay 'Nineties—Gold Rush decor and esses dressed in turn-of-the-century costumes.

heast Alaska has more scenic grandeur than ld capture on film in a decade and more history u could read in a year. Prince Rupert 2 is in Columbia, but it's an "honorary" city of Alaska e of its close ties to Alaskan history and com- Ketchikan 3 is known as the "Salmon Cap- the World" and site of ancient Indian relics, ts, totems and villages. Wrangell 4, the only n city to have lived under three flags (Russian, h and American), and Petersburg 5, one of althiest cities per capita in the world, are both s for their fishing output.

a 6 is the gateway to Southeast Alaska, the cal capital of Russian America and the center git Indian culture and artifacts. Alaska Airlines n Nugget Fan Jets serve Sitka daily to and from e and Anchorage. From Sitka, it's only a short to other Southeast Alaskan communities and to u 7, Alaska's capital city. Juneau is the site of mous House of Wickersham, and Mendenhall r is a short drive away. Visitors to Glacier Bay 8 ke an eight-hour cruise boat ride around the bay ew sixteen active tidewater glaciers. Haines 9 e of an unusual Totem Village and the Chilkat n Dancers. Skagway 10 has a Gold Rush back- d so illustrious that it has been declared a nal Historical Site.

the South-Central region, Yakutat 11 is a g and commercial center. Cordova 12, known visitors as "Alaska's friendly city," is a sports- s paradise. Middleton Island 13 is the site of med "Bunny Hop," annual rabbit hunts with a e atmosphere. The birthplace of the Alaskan Seward 14, is one of the three best natural rs in the world and a breathtaking scenic spot. i and Soldotna 15 are located on the oil-rich i Peninsula, where ancient Russian influence can e seen. Scenic Valdez 16, the "Switzerland of a," offers the scenery and recreation of a modern e city.

ning in the early part of the Century created the towns of Chitina 17, Kennicott McCarthy 18 Chisana 19. Now, "silence has lease." North- 20 is on the Alaska Highway at mile 1263 Gulkana 21 is midway on the Tok Cutoff Highway to Anchorage and is the trading center of the vast Copper River Valley. Dawson City 22, Yukon Territory, another "honorary member" of Alaska, is the site of an unforgettable two-day tour, where visitors relive the Klondike Gold Rush of 1898.

Fairbanks 24, Alaska's second largest city, is in the heart of Alaska and is the site of "Alaskaland," an entertainment center that is a "must" for all visitors. Alaska Airlines serves the population centers of Fairbanks and Anchorage with convenient morning, afternoon, and evening Golden Nugget Fan Jet flights from Seattle.

Anchorage 25, Alaska's largest city, is the hub of Alaskan activities, the business and industrial center of Alaska, the air crossroads of the world, and the Gateway to Mt. McKinley, Westward Alaska and the Arctic. Nearby is Mt. Alyeska Ski Resort, the skiing capital of Alaska. Alaska Airlines Golden Nugget Fan Jets converge on Anchorage from Seattle, Sitka, Juneau and Fairbanks, and depart twice daily for Alaska Airlines' two-day Arctic Excursion Tours to Nome and Kotzebue.

The interior Alaskan community of McGrath 26 has a runway as its front street. The Norton Sound village of Unalakleet 28 is "The Fishing Capital of the Arctic."

In Nome 27, visitors enjoy the nostalgia of the thrilling Gold Rush days . . . from an authentic Gold Rush Saloon to a real, operating gold mine just outside town. Alaska Airlines' Arctic Excursion Tour centers in Nome, where you're entertained by the King Island Eskimo Dancers and their ivory carving, skin sewing, blanket tosses and skin boat demonstrations. The Tour includes an afternoon in the authentic Arctic Eskimo village of Kotzebue 23. You receive a personalized certificate for crossing the Arctic Circle, and enjoy a unique side trip, the "Shadow of Siberia" flight 29, which takes you within sight of the Siberian coast of Russia.

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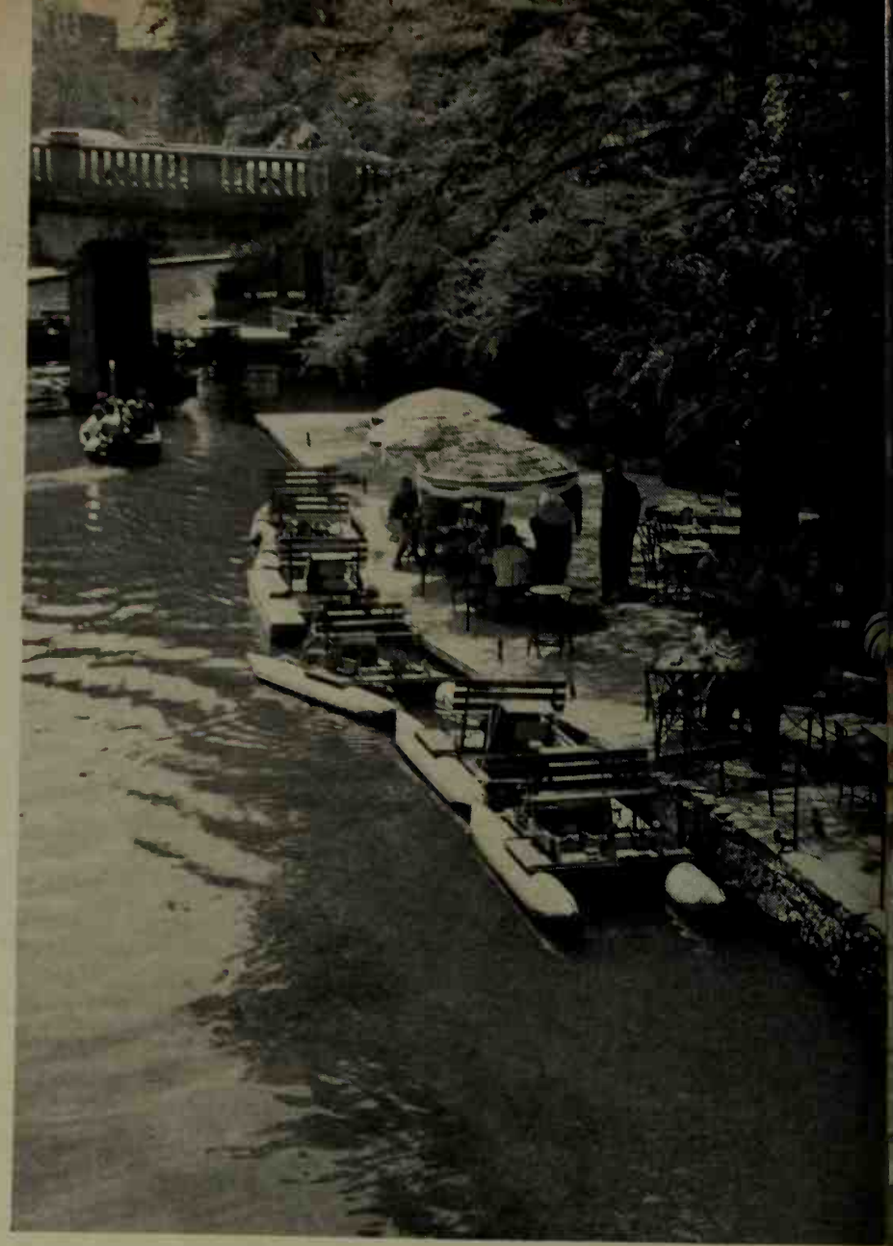


Water taxis *enter HemisFair near the Market Street bridge*

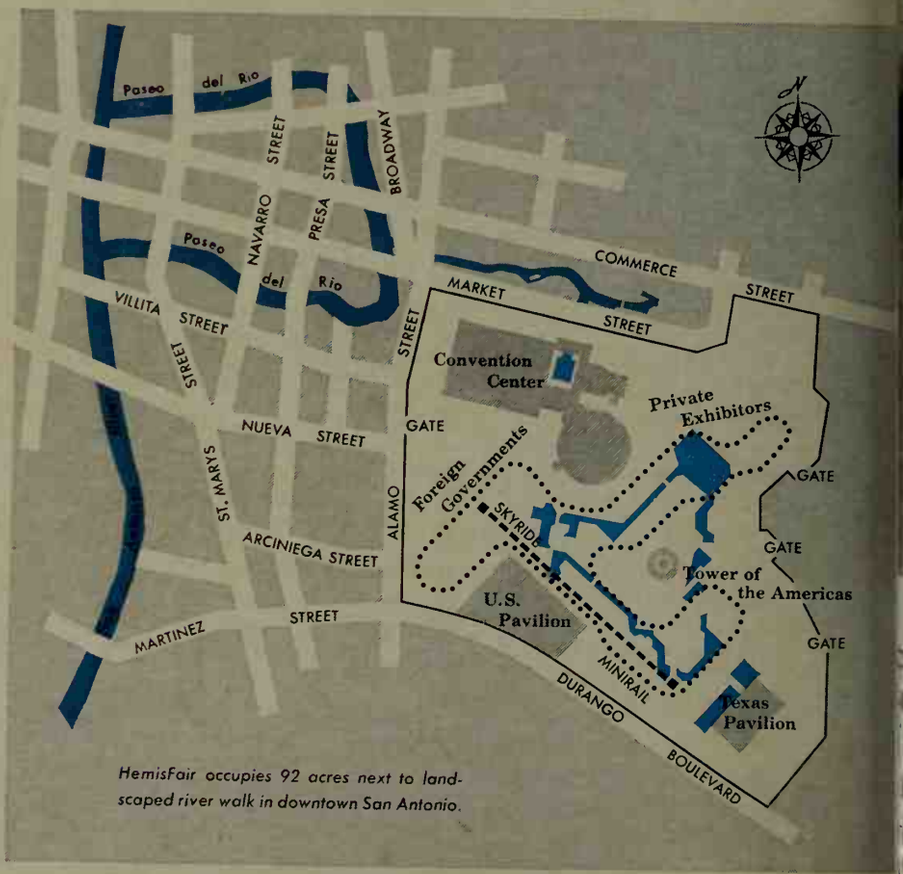
HemisFair opens April 6 in San Antonio

This month San Antonio, Texas, begins celebrating its 250th anniversary with HemisFair '68, which will hold forth on a 92-acre site in downtown San Antonio from April 6 through October 6. HemisFair '68 rates officially as an international exposition—meaning a "world's fair" of the same category as the 1962 Century 21 Exposition in Seattle. Its theme, "The Confluence of Civilizations in the Americas," will emphasize the cultural contributions of distant continents to the development of the American nations.

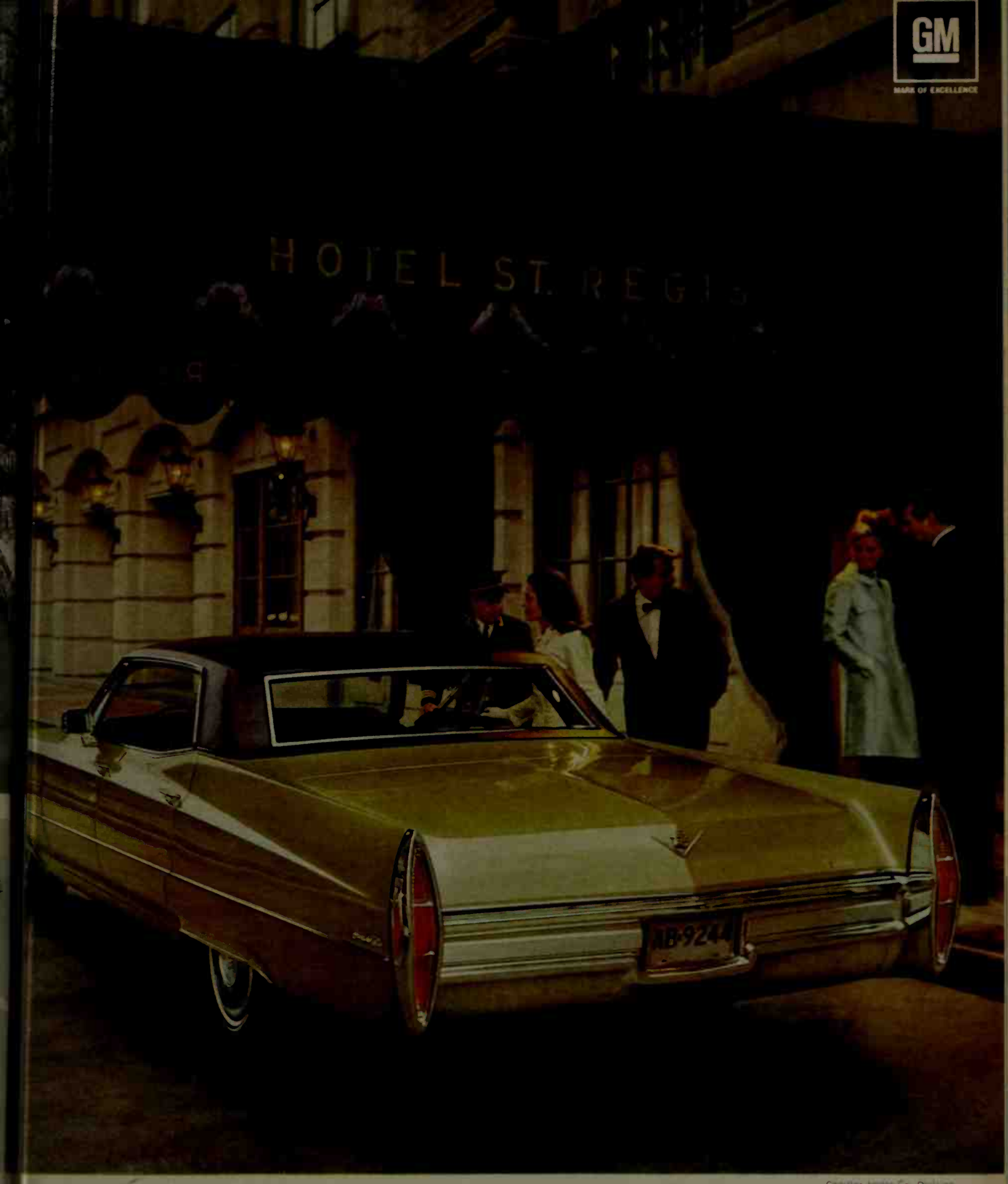
The exposition grounds adjoin the city's attractive Paseo del Rio, a landscaped walk along the banks of the San Antonio River through the heart of historic San Antonio. Visitors can reach the fairgrounds by boat from hotels and motels in the central shopping and business district, then tour the fair by gondola, minirail, or overhead skyride.

The focal point is the 622-foot Tower of the Americas, 22 feet higher than Seattle's Space Needle and featuring a revolving restaurant and observation decks. The exposition includes a United States pavilion, a host exhibit by the State of Texas, exhibits by foreign governments and private enterprises, an elaborate amusements area, and horticultural displays and gardens featuring plants from every nation in the hemisphere.

Admission is $2 for adults, $1 for children under 12. For tickets and information on accommodations, write to Visitor Services, Box H, San Antonio, Texas 78206.



HemisFair occupies 92 acres next to landscaped river walk in downtown San Antonio.



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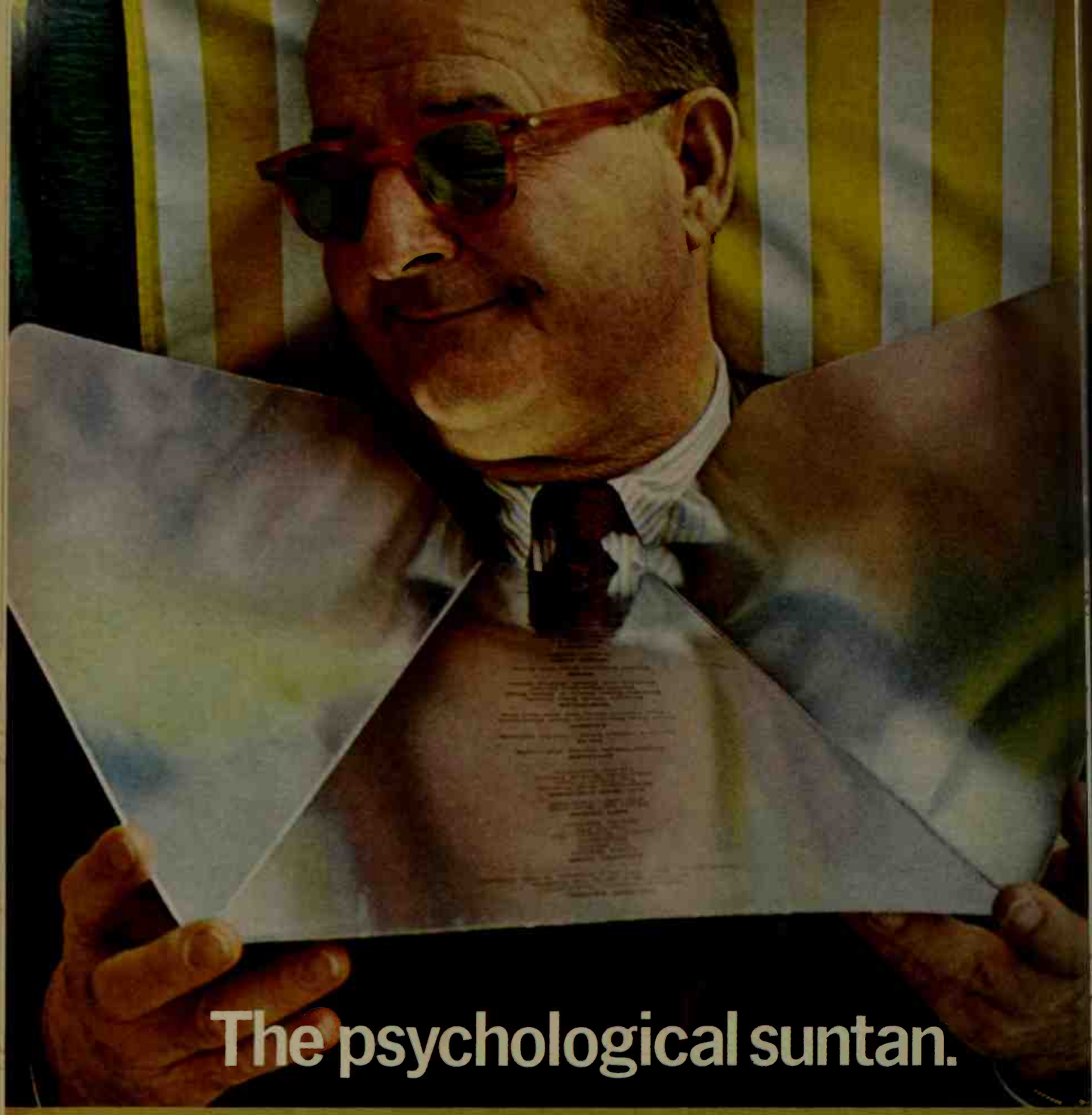

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There are Florida seafoods. Like stuffed shrimp. Desserts like key lime pie. Drinks like tropical punches and flips.

The chair you sit in, with yellow and white stripes, looks like a cross between an airplane seat and a beach chair.

And, of course, there's a crew of National stewardesses in their bright, Florida-colored outfits.

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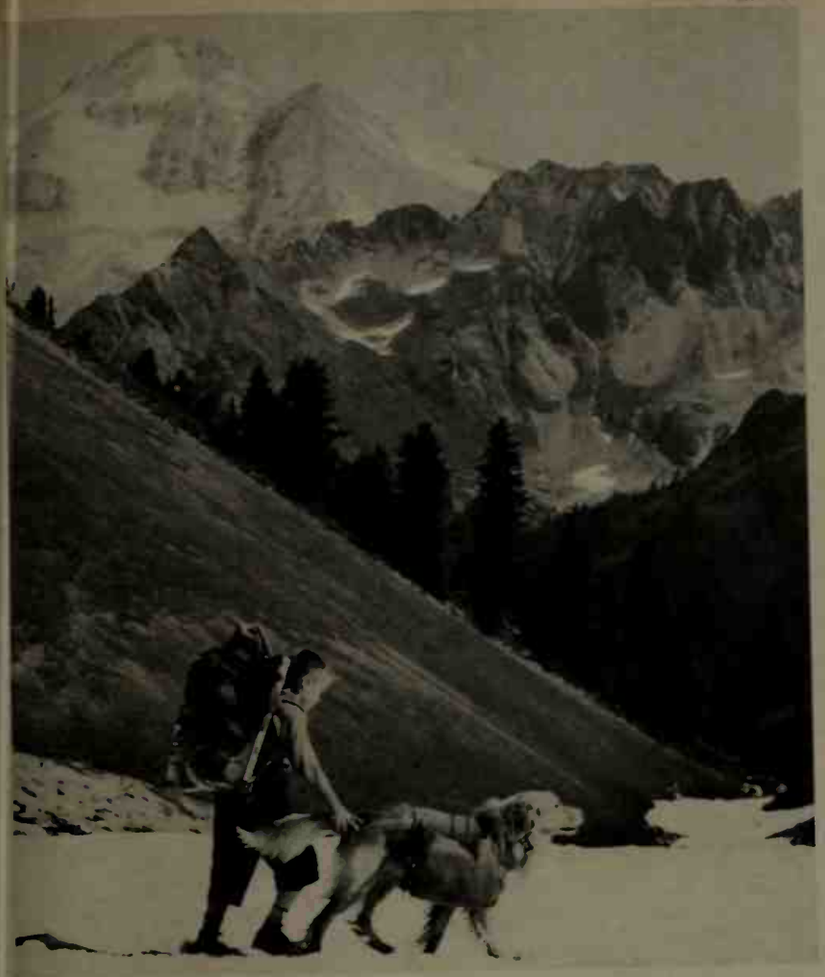

. **Dog and boy** *break trail across ice field along Cascade Crest Trail*

Train your dog to backpack?

your dog to backpack, and he can his own camping supplies and a few urs as well. The surprising animal n here learned to pack dog food, hos, and assorted odds and ends after a few days training and seems to it.

e pictures were taken on a six-day, ile hike through the north-central ades, a trip on which 3 family dogs mpanied 19 hikers. The dogs' only ious training consisted of half a dozen long hikes.

is what the owners learned about ng with these family pets.

heory, a trained working dog specifi- bred for such loads can carry half own weight. But this is considerably e than you should expect of most s. Begin your training with a light l, and gradually increase it to per- s 25 or 30 per cent of the dog's weight e seems able to handle it. Dogs of king breeds — collies, huskies, the r sheep and cattle dogs — can carry re than sporting breeds. Obviously ly large, long-legged dogs are best

With packs on, *dogs are well behaved and steady hikers, recognize and follow trail*

suited to packing.

On this long hike, two of the dogs carried homemade packs; the third carried a commercially manufactured model. Available at some pet stores, manufactured packs cost $10 to $15.

A typical pack consists of two small bags,

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You pass islands *and steep, green mountains cruising to the Sunshine Coast.*

They call it the Sunshine Coast

just a cruise and a drive away from Vancouver, B.C.

North of Vancouver's towering office buildings, parks and beaches is a unique holiday area, totally separated from the city, yet less than 2 hours away by car. To get there, drive the Upper Levels Highway to Horseshoe Bay and board a spacious car-ferry. A 50-minute cruise across spectacular Howe Sound lands you at Langdale, near the town of Gibsons. Technically, you're on the Sechelt Peninsula, but everyone calls it the Sunshine Coast – partly for its pleasant climate, but more for the slow-paced, relaxing mood of the place.

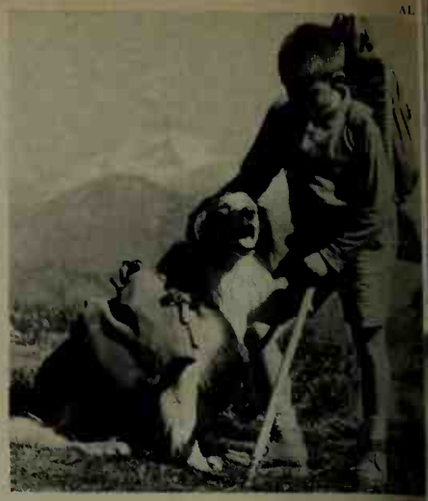
You drive north through evergreen forest, wending near the coast past coves dotted with resorts and summer cabins. Take a side road and you could find a rocky beach covered with oysters, or a sandy stretch with nothing before you but the sea and, perhaps, a wooded island or a passing tug.

Fishing is excellent along this coast, with Pender Harbour the favored centre for anglers after big Spring and Coho salmon. Plenty of marinas to supply gear if you're in the mood for action. You can travel 92 miles north of Langdale, with a second ferry cruise – across Jervis Inlet – taking you to the upper Sunshine Coast and the major centre of Powell River.

Returning to Vancouver, you might be in the mood for dinner at one of the city's fine restaurants, followed by a night club or theatre. You'll find Vancouver an exciting, cosmopolitan city, in the midst of a magnificent scenic and recreational area. For a detailed Visitor's Kit, write: *Greater Vancouver Visitors and Convention Bureau, 650 Burrard Street, Vancouver 1, British Columbia, Canada.*

At Sechelt, *an old Indian church faces the sea – and the broad beach, though it rims the town, is never crowded.*

Pleasure boating *and salmon fishing are prime holiday pursuits at Powell River on the upper Sunshine Coast.*



Scratch *a dog's ears and he's happ about back-packing. Properly loaded, d require rests no more often than peo*

connected by one or more adjusta straps and a saddle, well padded (f quently with several layers of muslin canvas) to prevent chafing. Because i important to keep the weight well forwa over the dog's shoulders, there is a ch strap to keep the pack from slipping bac wards. When loading, be sure to equal the weight on the two sides.

Once accustomed to their packs, the d behave remarkably well on the tr These three didn't roam up and down a around the trail with their packs on, b moved right along with the hikers. T of the three dogs were male, and thou there was some snarling when the pa were off, working on the trail the two nored each other.

There were few incidents. Once one of t dogs elected to swim a creek rather th cross on a log, thus soaking his pa Now and then a whistling marmot alo the trail proved irresistible. But w working the dogs were not easily di tracted.

The hikers found dehydrated "burg dog food best: lightweight, compact the course of the shorter day hikes, t dogs discovered that they carried the own food, a realization that seemed have the effect of making harnessi much easier. On the trail, the dogs we fed their customary amounts at regul feeding times.

One of the dogs had a difficult time lyi down with his pack on. The other tw did not. Whenever the human hikers too their packs off to rest, the packs wer removed from the dogs, too.

Since packs restrict scratching, it's a goo idea to deflea your dog before a trip. It also recommended that you bathe th dog and trim him if he needs it a we before departing to insure that the do is in top condition before the hike.

Backpacking dogs are restricted to Na tional Forest trails, since in Nationa Parks pets must be kept on leashes.

national air service—over 175 flights weekly, including jets.

James Bond slept here.

u know the movie "Thunderball" was shot in Nassau?
sunshiney, seabreezey city of Nassau, they can't forget it.
n't let a man like Bond (and those people he hangs out with) run around a town
pect nothing to happen.
n't know where they're shooting Bond's next movie, "On Her Majesty's Secret Service."
ar it's your home town.

Nassau. Bahama Islands

m New York—weekly 7-day cruises from $210. Home Lines, 42 Broadway, New York. From Miami—3-day cruises from $69. 4-day cruises from $85. Eastern Steamship Lines, Miami.

Gate near hilltop *is first major structure you encounter. Steps are steep, but you do not have to hurry*

KIYOMIZU: What you hoped to see in Japan

The antique array of shrines and temples at Kyoto may do more than bedazzle you and eventually confuse you as to which is which: It can also run you ragged, if you're determined not to miss anything in the course of the usual few days' stay.

So when you look at the hill you must climb to explore Kiyomizu, you may be tempted to skip it and move on to the next thing on your list, but this is no place to falter. The temple complex amounts to a capsule display of the kinds of things you go to Japan to see, and its elevated position is ideal for viewing central Kyoto and musing on the misty groves and pagodas showing on the hills all around.

An hour is all you need for the buildings and approaches. Add whatever time you wish for contemplation of the gardens, and for shopping (check the tea sets) along the pedestrians-only extension of Gojo Street that ultimately becomes a series of short stone staircases leading up to the temple grounds.

Among the structures—most of which were rebuilt in 1633, although the temple was founded here in 805 A.D.—one of the most pleasing is a generously wide three-story pagoda flanked by mellow old pavilions with gracefully upturned eaves.

But the outstanding architectural achi ment is the relatively plain but impo open-air veranda of the main hall, n of which rests on a massive trestle of g timbers rising boldly out of the pine maple forest in the ravine to the south The whole site is dedicated to the elev headed Kannon, or Goddess of Mer represented by an aged wooden statue

Massive temple veranda *extends out over hillside on wood trestle rising from ravine*

Mile-high OREGON

Atop Oregon's snowy Cascades, incredibly blue Crater Lake offers one of nature's most spectacular vistas—a cerulean mirror framed in colorful volcanic cliffs. Without inlet or outlet, it is the deepest lake in the United States at nearly 2,000 feet. A 35-mile perimeter drive affords breathtaking views of its serene and mystical beauty from the lofty rim.

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d-attracting *fish cages on Grand Cayman hold live captured turtles and sharks*

he Caymans . . . a Caribbean surprise

islands in the British West Indies are remote or obscure than the Cayman p, three tiny speeks on your Caribn map (if they show at all), south of a and west of Jamaica.

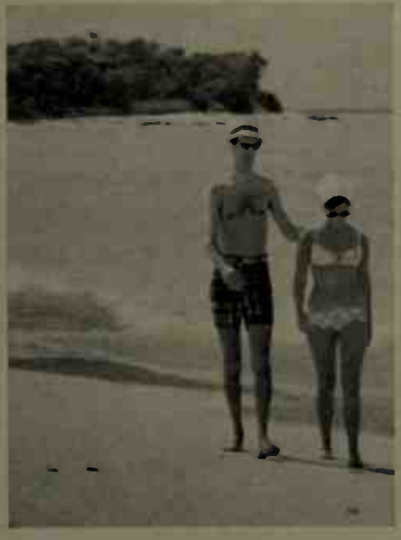
man Brac and Little Cayman, the two ller islands, were charted by Columin 1503 on his fourth voyage to the v World. What impressed Columbus, brought mariners from throughout world to the islands, were the huge n turtles that lived in their waters. biggest island, Grand Cayman, had most turtles of But by the mid-0's they were gone, the Caymans be-ne best known as unsavory haunt castaways and pi-es. Neal Walker, Henry Morgan, Blackbeard were ong the islands' st infamous visi-s. As late as the 00's, the favorite rt on Grand Cay-n was luring ships to the island's reefs, en looting them.

bseurity overtook rand Cayman in is century. The is-nd was so lightly regarded that it was often left off Caribbean maps. But tourism is changing that. A dozen hotels now offer accommodations, and the airstrip has been enlarged to handle jets.

Still, this British crown colony is considerably less developed than more famous and traditional Caribbean vacation destinations, while offering the same white coral sand beaches, clear waters, and abundant fish (exotic ones to look at and big ones to catch).

Caymanians speak English with a soft and musical West Indies accent, and pronounce the name of their island "Grahn Caymáhn." Their currency is the Jamaican pound, and like the English they drive on the left.

Grand Cayman is about 22 miles long and 1 to 8 miles wide (a huge lagoon almost cuts it in half). Its interior is mostly a scrubby jungle of mangrove, ironwood, mahogany, bougainvillea, mango, palm, breadfruit, and tropical almond. It is penetrated by several



Island's *longest uninterrupted stretch of sand, Seven Mile Beach*

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roads which you can explore on a bicycle ($2 a day), by car ($10 a day), or by cab. Since the island's highest elevation is about 60 feet, there are few sweeping views except along the beaches.

During the hot summer, and any time after a rain, mosquitoes are abundant and vicious, particularly at night. Bug repellent is as useful as sunburn lotion. Most of the hotels have antimosquito fogging machines.

The resort hotels, mostly new, are quite pleasant. A few offer modern cottages. Winter rates, December through April, vary from $50 a day for two (American plan) to $10 a day for two (European plan). Rates are less from May through November. Meals are moderately priced and good; local specialties are Caribbean lobster and turtle steak (the turtles are now caught by Cayman sailors off the coast of Central America).

All the resorts are water oriented, and most rent diving gear (from face masks to scuba equipment) and boats (sail and motor). There is charter boat fishing for barracuda, marlin, sailfish, dolphin, tarpon, grouper, snapper, mackerel, bonita, and other species. Spear fishing is excellent, and there are numerous submerged shipwrecks to explore.

Miles of isolated beaches provide excellent beachcombing and shell collecting.

Grand Cayman became a free port in 1965, and a traveler can do some bargain shopping there. Cameras, radios, and perfumes are cheap.

Lacsa Airlines and British West Indian Airways fly directly to Grand Cayman from Miami; and from November through April, Pacific Western Airlines offers a $550 two-week tour package to the island from Vancouver, B.C. For PWA tour information, write to World Tours, Ltd., 810 W. Hastings St., Vancouver 1, B.C.

For additional information, write to Cayman Information Center, 17150 N.E. 10th Ave., North Miami Beach, Fla. 33161.

Open-air *barbershop is in Georgetown, island's largest settlement*

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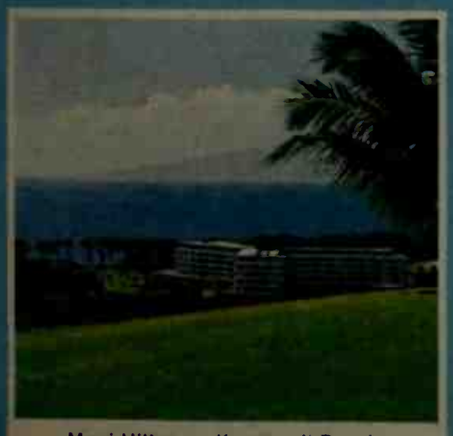

Maui Hilton on Kaanapali Beach, Valley Isle of Maui

Kona Hilton on Kona's spectacular coast, Big Isle of Hawaii

Hilton Hawaiian Village on Waikiki Beach, Isle of Oahu

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The cut rates in air travel

Most travel agents feel that the promotional fares offered by airlines are too complicated and should be simplified, standardized, or eliminated, according to a survey recently made by Western Airlines. The travel agents complained that their customers were confused and often irritated by the various fares, and that much of the agents' time was used simply to explain which, if any, of the discount rates were applicable.

You may see it differently. If you're planning a family air excursion within the United States, and take the time to thread your way through all the options now available, you may find you can save a sizable amount of money. The special fares discussed below are offered by most major domestic airlines, with only minor differences in discounts.

FAMILY PLANS

Families traveling together are entitled to a discount on all except one adult ticket. All tickets must be purchased together, but you do not have to make the entire round trip at the same time; flying one way together is all that is required, making the plan suitable for combined vacation-business trips. The family plan also applies if only one parent is flying: He or she pays full fare, the first accompanying child (12 through 21) pays what would otherwise be the other parent's fare, and the other children get the normal discounts according to age. (If all children are under 12, one of them would pay one-half of the regular fare.)

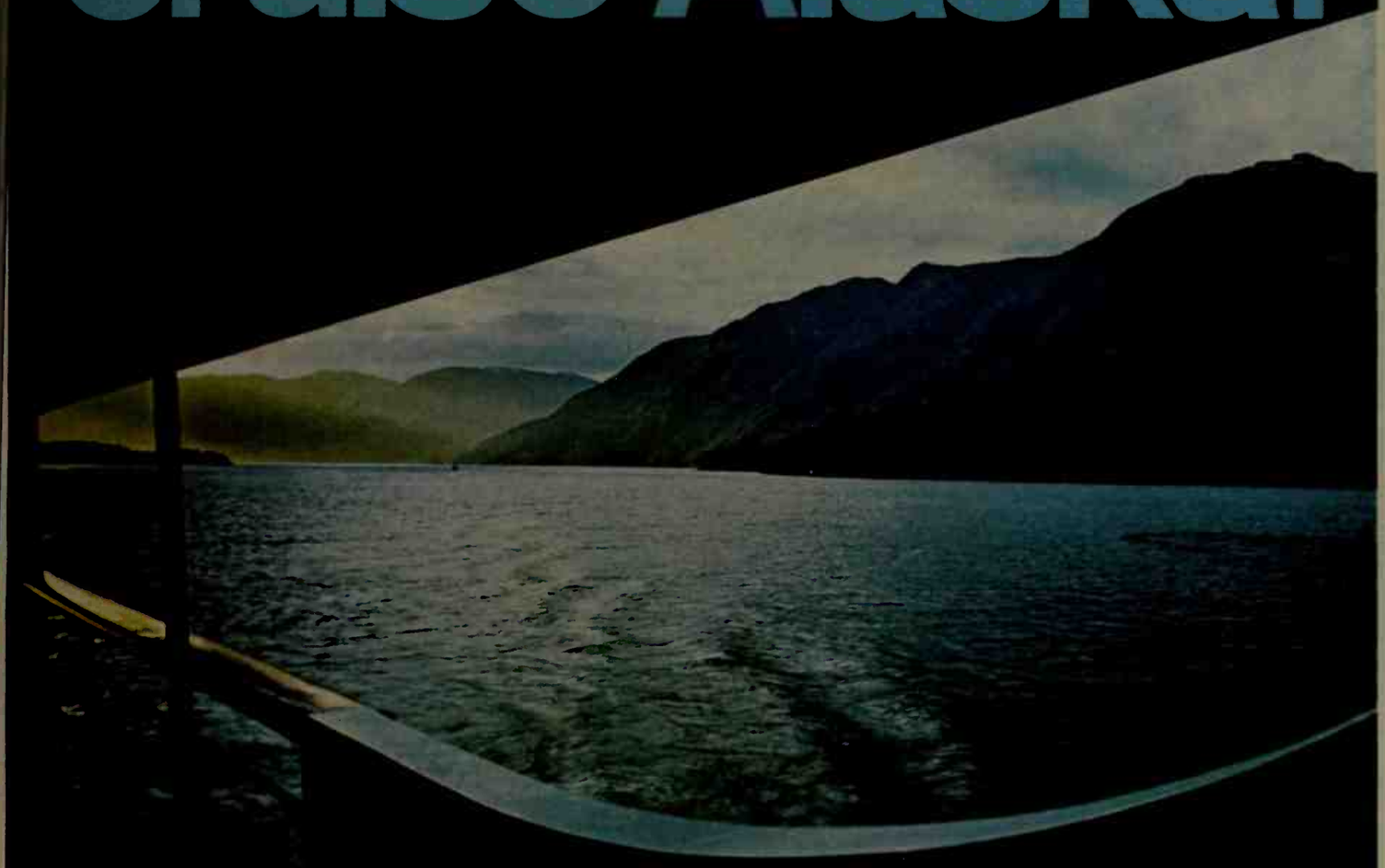
Family plan discounts are in effect for both coach and first-class travel, differing only on amount of discount. "Black-out" periods (times at which these fares are not available) are the same for both classes: noon Sunday through noon Monday, and noon to midnight Friday.

The least expensive family plan is to fly coach between Monday noon and Friday noon: One parent pays full fare, the other parent pays two-thirds fare, and each child 2 through 21 years pays one-third of the regular fare. (Usually children under 2 years fly free, if they do not occupy a seat—but if you have more than one child under 2, only one is free. The second child's fare would be subject to the appropriate discount for children 2 through 11.)

If you fly coach family plan on Saturday or on Sunday morning, or first-class family plan anytime except the restricted periods, you will pay full fare for the head of the family, three-fourths fare for

If you want a cruise with a difference relax aboard the S.S. "Prince George" and

cruise Alaska!



How's this for an unexplored frontier? The fabled towns of Ketchikan, Juneau and Skagway. The wild expanse of the Mendenhall Glacier, waiting millions of years for you to come and stand on it.

And our CN luxury cruise ship, the S.S. Prince George, is standing by in Vancouver, B.C. to take you there.

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spouse and children 12 through 21, hal fare for children 2 through 11.

Family plan fares are not in effect t Alaska during the summer months, or t Hawaii. Special excursion rates are offere by several airlines, however.

DISCOVER AMERICA EXCURSION FARE

Based on regular round-trip air fare (except first-class jet), these excursio rates offer 25 per cent discount for adult and 50 per cent discount for children through 11. Main restriction is on *whe* you can travel. You cannot return befor the next calendar week, and most excur sions must be completed within 30 day after date of departure. The same black out periods as for family plan are i effect, and there are also certain holiday periods in which you cannot travel.

Two stopovers are permitted, one of which is your turn-around point. For example, you can fly from Los Angeles stop off in Chicago, end up in New York and fly back to Los Angeles—if you stay within the 30-day period.

You can't combine the discounts of both family plan and Discover America excursion fares. A full fare ticket can be discounted only once. You should check with your travel agent or with the airline you are planning to use to learn which plan would be best for your particular family.

The airlines have petitioned to change both the rates of discount and the blackout periods for the family plan and the Discover America excursion, so check the current situation when you make your reservations.

MILITARY AND YOUTH FARES

Airlines differ somewhat on both of these, but generally both military personnel and youths can travel for one-half the regular fare on a standby basis, or two-thirds the regular fare with confirmed reservations.

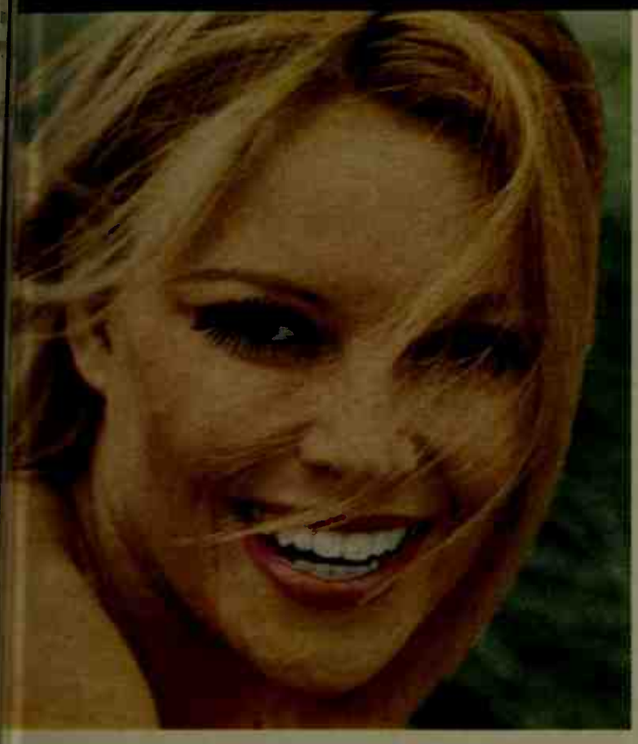
To qualify for military fare you must be on active duty, be in uniform, have a copy of your orders, and be traveling at your own expense. Youth fares apply to persons 12 through 21. You need (as proof of age) an air travel identification card, available in advance from airlines for $3.

OTHER FARES

Discounts on other fares are offered by some major air carriers and many smaller airlines. These include "commuter" flights between heavy traffic areas (for example, San Francisco-Los Angeles-San Diego; San Francisco or Los Angeles to Las Vegas); special "thrift" fares (no meals included) from San Francisco or Los Angeles to Hawaii, and from Los Angeles to Chicago; package excursions for specific areas in the United States; and 17 to 30-day excursions from the United States to Puerto Rico and other islands in the Caribbean.

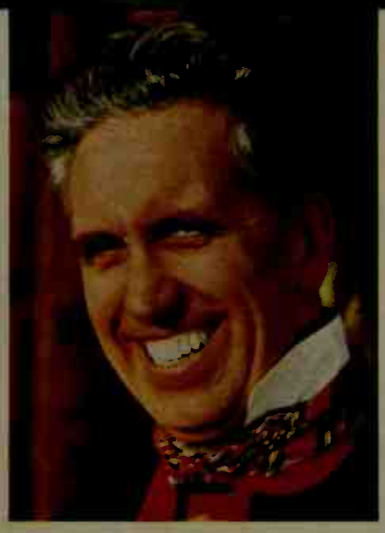
Maybe what you need is a change of people.

Scandinavia.



Is she Danish, Norwegian or Swedish? Well, why worry. You'll find big, sunny smiles like this all over Scandinavia. Sounds a welcome change? It is. And SAS would love to fly you there this springtime. Come, your friends are waiting.

When you see our kids you'll know how Hans Christian Andersen came to write his fairy tales. Now, how about a tour through the country where he lived?



Have yourself a ball at our festivals and parties. We eat. We drink. We dance. This man, in his national costume, invites you in yours.

Or drive to one of our islands. We have thousands. Also fjords. Flowers. Thatched cottages. XIIth (and XXth) century towns.

You'll be tempted. And you should be. Scandinavia's a treasure-trove of ceramics, glass, textiles, silver. (And that stunning furniture!) As a visitor, count on special help, usually in English. And the same prices for all. So go ahead, why not? We'll help you fly the loot home.

Scandinavia—you'll love us for it.

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Jasper National Park A superbly beautiful vacationland of 4,200 square miles, Jasper cuts along the eastern slope of the mighty Canadian Rockies. A sea of peaks, it lifts snow-crowned heads above the clouds. Beautiful alpine valleys are spangled with lakes and coursed by rushing streams. To the south, glaciers of the vast Columbia Icefield send meltwaters to three oceans: Pacific, Arctic and Atlantic.

Banff National Park Straddling the main ranges of the Canadian Rockies, Banff's 2,564 square miles stretch 150 miles along the eastern slope of the Continental Divide. To the north, Columbia Icefield, remnant of the Ice Age, links it with Jasper. Banff Park highlights include two world-famous resorts, Banff and Lake Louise.

Waterton Lakes National Park This park is immediately north of the International boundary. Colorful and charming, its mountains rise abruptly from the plains. Their remarkable colouring of purple, green, and gold gives to the peaks a warm and brilliant tone. In 1932, through legislation enacted by Canada and the United States, Waterton Lakes and Glacier National Parks were proclaimed the Waterton-Glacier International Peace Park.

Glacier National Park
Its site in the rugged Montana Rockies, Glacier is a million-acre alpine wonderland named not from the 60-odd glaciers of today, but because huge Ice Age glaciers carved its breathtaking scenery. Two hundred glacial lakes stud valleys or sit like jewels in rocky cirques. Crystal clear streams offer good fishing. Going-to-the-Sun Road, a spectacular 50-mile drive east and west, crosses the Continental Divide at Logan Pass and traverses the towering Garden Wall.

Yellowstone National Park Three of Yellowstone's five entrances are in Montana. This "Nature's Wonderland" is renowned for geysers, pools, mud caldrons, mountains, canyons, streams, lakes, forests, waterfalls . . . 2,221,000 acres of scenic beauty. Park wildlife includes buffalo, moose, elk, deer, antelope, Big Horn sheep, grizzly and black bear. Fishing is excellent in the largest and oldest of all national parks in the United States.

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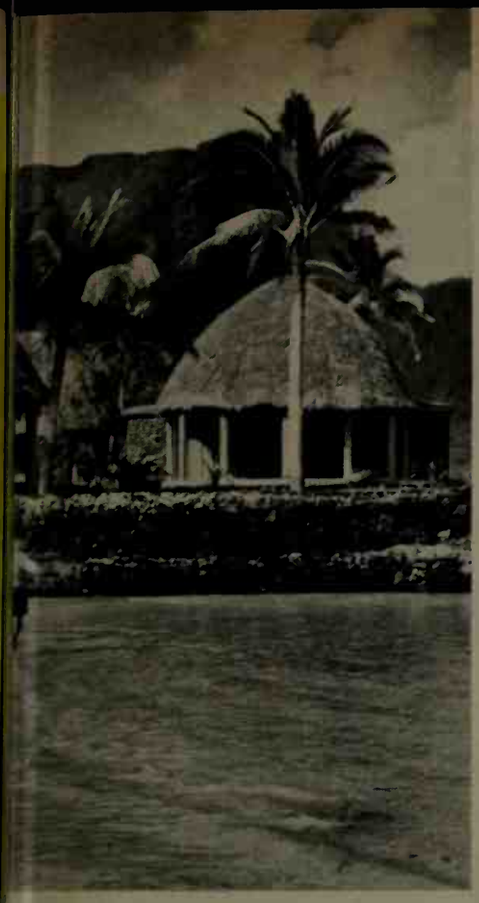
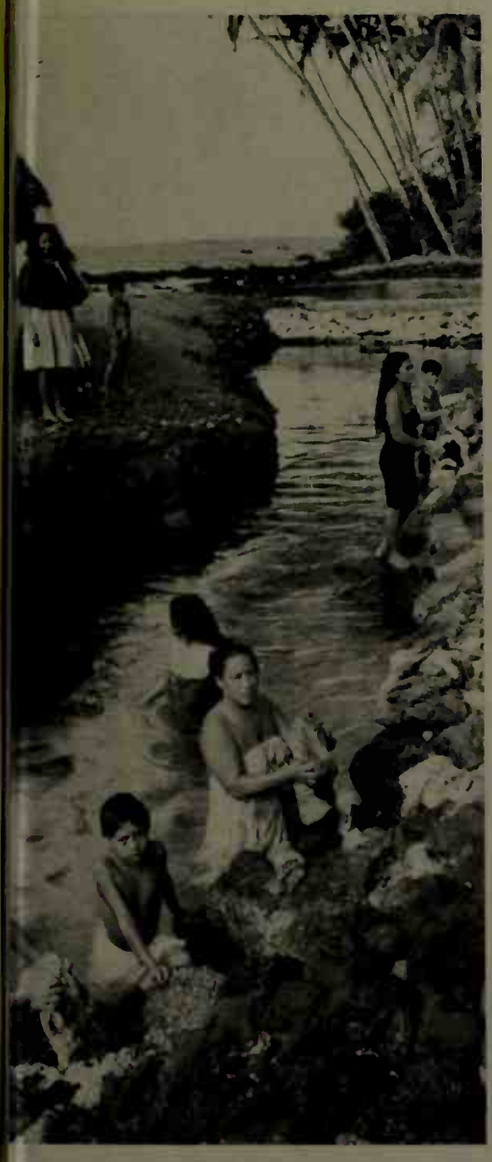


Pago Pago's *Inter-Continental Hotel juts into bay. Beyond it: Rainmaker peak*



People bathe, *do laundry, chat here—at Safune, on lava shore of eastern Savai'i*

Samoa has joined the jet world . . . now you can easily stop over

Typically South Seas in scenery, and where Polynesian people are your hosts, the Samoan Islands are well worth a stop on a South Pacific journey. They lie 14° south of the equator, almost 5,000 miles from the West Coast and about halfway between Honolulu and Sydney. In most cases ongoing air travelers can include the stopover without extra charge.

Most Samoans on these islands still live in paternalistically-organized, self-sustaining villages comprised of clans, each presided over by a *matai*, or chief. Houses, known as *fale (fah*-lay), are thatch and open-walled, but at least one monumental European-style church dominates each village scene.

Politically there are two Samoas.

Western Samoa, independent since 1962, is ruled by a noble head of state and elected chiefs, who are treated with royal respect. It began the century as German territory, then was administered by New Zealand, still representing it abroad.

British flavor is strong in Apia, the capital, only town, and home of 25,000 of the tiny state's 135,000 people. Apia is on the main island, Upolu, second in size (430 square miles) of the nine in this volcanic group. Savai'i, accessible only by small boat, is half again as large and rises almost twice as high—to 6,094 feet.

The U.S. Territory of American Samoa is a group of seven islands and coral atolls to the southeast, totaling only 76 square miles. Most of its 25,000 people live around the rim of mountainous Tutuila (52 square miles) which is almost bisected by magnificently fiord-like Pago Pago Bay. Acquired in 1900 for a naval base and administered by the Navy until 1951, American Samoa is now under the Department of the Interior. The President appoints its governor; the people elect one house of the legislature and village councils select chiefs for the other.

Governor H. Rex Lee's stay (1961-67) brought the territory into today's world fast with a jet airport, luxury hotel, schools with educational TV, new houses of wood and concrete, and more corrugated iron roofs on the traditionally thatched *fale*.

Samoa's driest months are May through September, but seasonal change is more noticeable in Western Samoa. Pago Pago rainfall is about 200 inches a year, almost twice Apia's. High humidity and 70° to 90° temperatures are fairly constant.

To enter Western Samoa, you must have a passport, smallpox vaccination certificate, and onward or round-trip ticket. No visa is necessary to stay three days, and you can arrange a longer visit at the Immigration Office (or arrive with a visa obtained at a New Zealand or British consulate). For American Samoa you need a vaccination certificate, on-going ticket, and proof of citizenship.

You spend dollars in American Samoa, and can use them in Western Samoa or change to *tala* ($1.40) and *sene* (14 cents). Tipping is discouraged. You'll use English to get around and do business, but most Samoans still converse in Samoan. It is similar to Hawaiian: vowel sounds like those of Romance languages and every syllable pronounced. A peculiarity is the way *g* is given the *ng* sound—as in Pago Pago, or *palagi* (foreigner).

Pan American has three flights a week each way between Honolulu and American Samoa. Two of the five-hour trips are legs on West Coast - Sydney runs and the other a leg on a Hawaii-Tahiti turnaround. A special Honolulu-Pago round-trip fare of $298.20 now applies on trips to Western Samoa; just add $26.60 (round trip) for the 80-mile, 45-minute hop made twice most days by Polynesian Airlines (on DC 3's) to grassy Faleolo Airfield, 23 miles west of Apia.

Air New Zealand has a weekly jet turnaround flight to American Samoa from Auckland and Nadi, Fiji. From Western Samoa you can make connections once a week to Suva, Fiji (Fiji Airways), and twice a week to both Nadi and Tonga (on Polynesian Airlines).

Matson's South Pacific cruise ships *Monterey* and *Mariposa* visit Pago Pago for a morning on their homeward journey; one calls every three weeks.

Union Steam Ship Co. of New Zealand's 69-passenger *Matua* calls at Apia and its 73-passenger *Tofua* at both Apia and Pago Pago on monthly cruises to Fiji, Tonga and Samoa.

Matson Lines and Pacific Islands Transport Line cargo-passenger vessels usually put into Samoan ports (Matson at Pago Pago only) about once a mounth, South Pacific-bound.

Western Samoa's hotels are institutions. Aggie's, at the east end of Apia's waterfront, is run by owner Aggie Grey herself, a famous South Seas personality. The main house has a veranda dining

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oom and lounge, busy bar, and some ooms, but most of the 78 units are in ings spread about the garden (along with ool and entertainment *fale*) and have ir-conditioners and private baths. Rates $16 to $26 a day, double) include meals.

The Casino Hotel, near the other end of Beach Road, is a picturesque, rambling, German-built structure, publicly-owned and run by Aggie's sister, Mary Croudace. Rates for its 24 rooms are $7 to $10 per person a day and include meals.

American Samoa's only hotel, the 101-oom, air-conditioned Pago Pago Inter-Continental, is handsome indeed, but ooms and meals come at stateside prices rooms alone: $18 to $25 a day double). Sixty more rooms are planned. There's a luty-free shop here and at the airport.

Upolu has three agencies (Gold Star, Retzlaff's, Samoa Scenic Tours) and Tutuila, two (Samoan Tours, Pago Pago Tours) to take you touring with perhaps a picnic stop beside an emerald lagoon where you can go swimming and snorkeling. Guided trips cost about $5 an hour per car. Drive-yourself cars rent for $8 a day plus 7 or 8 cents a mile. Taxiing about the towns costs 50 cents. On Tutuila you can ride boxy, open-air buses for 25 to 50 cents. In either Samoa you can arrange outer-island boat trips.

In Western Samoa by all means visit villages. People are active in the morning and before sundown — bathing, washing clothes, drying pandanus, toting water or taro, building fires, playing cricket.

Near Apia you might visit Mulinu'u, with royal tombs, the parliament *fale*, and independence monument; and Valima, Victorian mansion of the head of state, and Robert Louis Stevenson's last home (a trail goes to his tomb on Mount Vaea).

In Apia opposite the curved, tree-shaded seawall, you can shop Samoa's best selection of baskets and mats, tapa, shell jewelry, and carved wooden kava bowls, miniature canoes and *fale*—at 50 cents to $10. Cottons hand-printed on tapa blocks cost $1.25 a yard, and Aggie's shop and several boutiques will make a *lavalava* or *puletasi* (Samoan dress, a *lavalava* with tunic).

Along Tutuila's 26-mile south shore drive or cross-island to Fagasa, you're struck with the scenery: Sculptured, wooded peaks and ridges rise out of the surf. Pago Pago is still the hamlet of Somerset Maugham's *Rain*, with a clutter of wooden buildings beneath and upon the hillside back of the bay. But modern touches include two tuna canneries (visitors welcome) and the television studio where school lessons for the whole territory are produced (visit Tuesday and Thursday mornings). Feature attraction is the 7-minute, mile-long tramway ride across the harbor to the lookout (and TV transmitters) atop 1,612-foot Mount Alava; the round trip costs $2.50.

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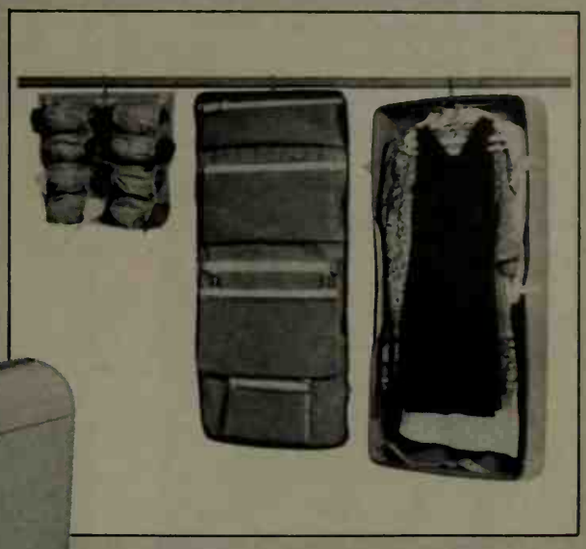

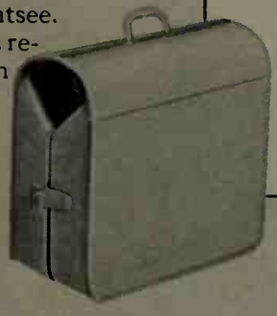

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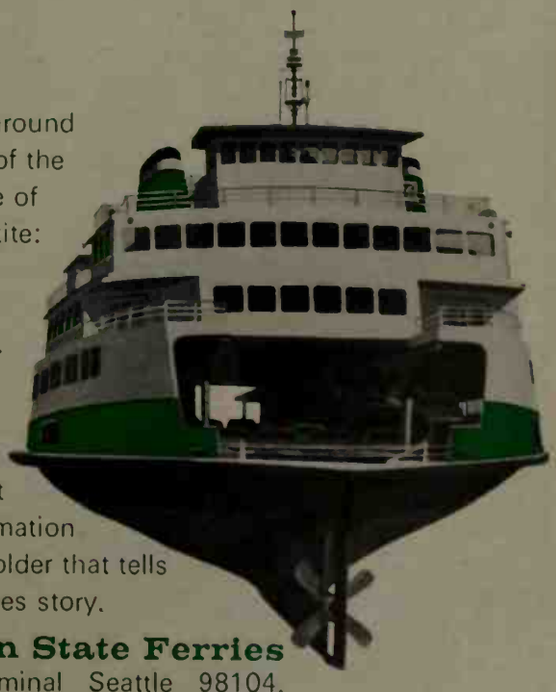

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Making a sound silent projector, like the Bolex 18-5 Super 8, involves designing the most light-weight compact body, the most precise automatic threading, optical perfection, and maximum brilliance. For frills, the Bolex 18-5 has an extraordinary ultra-slow motion at 5 frames per second which permits detailed analysis of movement. Then there's instant switching from forward to reverse projection. The Bolex 18-5 is available with 15, 20 or 25mm lenses or versatile zoom lens. All four lenses have a remarkable f/1.3 aperture, for more light on your screen.

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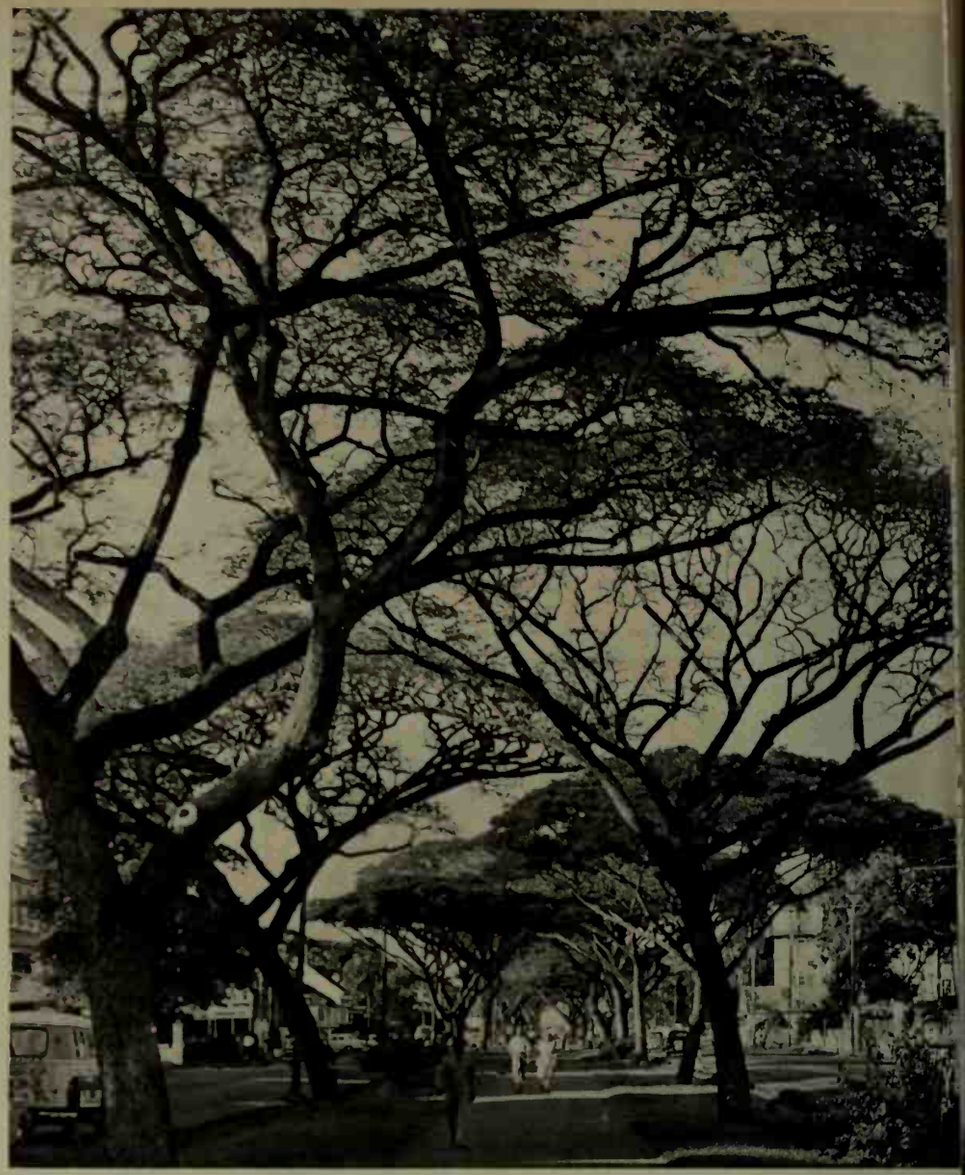
The Bolex "silent sound" projector lets you really hear your soundtrack. And from only $379.50, it's a very sound deal.

For folder and name of Bolex dealer nearest you, write to Paillard Incorporated, 1900 Lower Road, Linden, New Jersey 07036. BOLEX



Divider strip *in Georgetown's main street is garden path shaded by royal poinciana*

Back into the colonial 19th century

It's easy enough to stop over in Guyana (formerly British Guiana, and still quite British in many ways), either on an aerial circuit in South America or as an extension of a trip to any of the islands in the Caribbean Sea. This westernmost of the three Guianas is attractive to hardy tourists of the old school for the spectacular scenery of its interior (see *The Potaro goes over the edge* in the May 1966 *Sunset*). It deserves fame also for its capital city of Georgetown, the only English-speaking capital in South America.

Georgetown represents the British colonial epoch better than any of the Latin American capitals represent colonial Spain or Portugal—partly because Guyana remained a colony until 1966 (after first having been in intermittent possession of the Dutch from 1621 to 1814), but also because it is small and has not done much

Wooden Georgian architecture *dating back to 1814 makes frequent use of towers, is often frilled with Victorian gingerbread*

Expo 67. Now, Canada 68.

This year get a close-up of the country that created Expo 67, Canada.

Quebec, the Old World come to the New. Winding streets with the sights and sounds of Europe. Children scampering by in a cascade of French. Not cooking, but cuisine. And the countryside. And beyond, forests of solitude. In Canada's cosmopolitan Montreal, "Man and His World," the encore to Expo 67.

The Atlantic Provinces, salty and scenic. Fishing villages so unspoiled, you'll feel you alone found them. The drone and skirling of bagpipes. Nova Scotia and Prince Edward Island. New Brunswick and Newfoundland. On the crisp waters of the Atlantic where the sun rises.

Ontario, Canada's contrast country. Shakespeare at Stratford, Indian powwows at Manitoulin Island. Hot Dixieland jazz in Toronto and red-coated soldiers in the changing of the guard at Ottawa's Parliament Hill. Thousands of lakes rippled only by trophy-size trout, and thunderous Niagara Falls gasped at by the world's tourists.

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BOLEX
155 Macrozoom

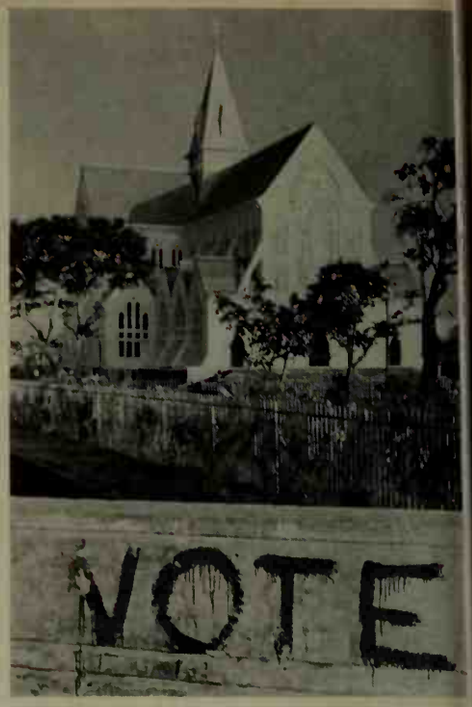
building since the turn of the century.

Named for the king in 1812 (it was Stabroek under the Dutch), Georgetown is called the best-preserved collection of Georgian buildings anywhere — although the construction that continued actively through the Victorian period actually resulted in overlapping and hybridization of styles, even adding Victorian gimcracks to some of the graceful, uncluttered older eaves and gables.

Neither of Georgetown's two principal hotels, the Tower and the Park, is anything to write home about, and you will not be there for the dining or the shopping. Aside from the great outlying Botanic Gardens, the best places to spend your time are the downtown streets, where you can enjoy the imposing architecture and also the outgoing friendliness of the racially heterogeneous people. Negroes and East Indians are most numerous, with strong Amerindian, Chinese, Portuguese, and English minorities and just about every mixture you can imagine.

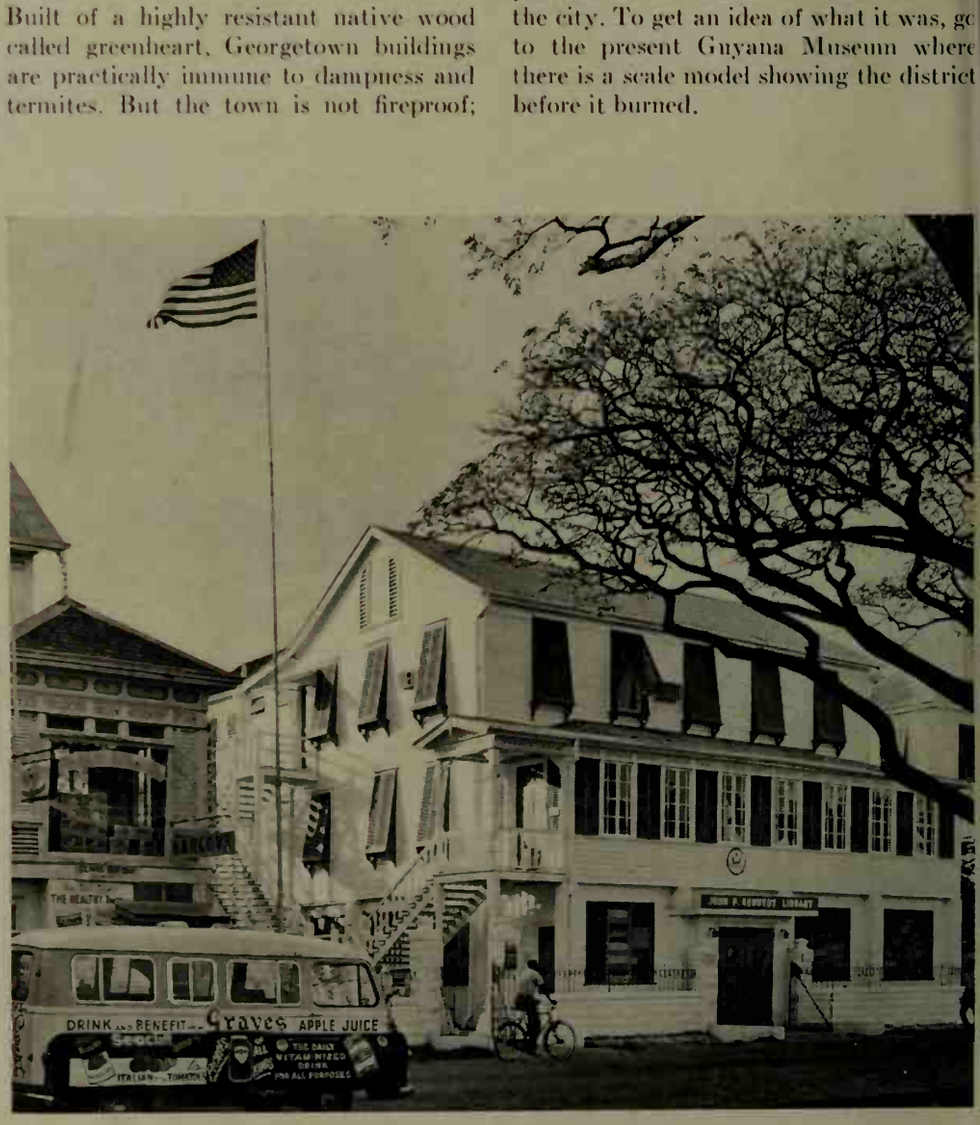
A popular Georgian motif — the arched window flanked by two shorter rectangular ones — will help you identify the more venerable houses, which often are as well preserved as newer structures and just as freshly painted.

Built of a highly resistant native wood called greenheart, Georgetown buildings are practically immune to dampness and termites. But the town is not fireproof;



St. George's Cathedral *(1892), said to b world's tallest wooden building. Plea t vote, hastily painted on wall of bridg over canal, doesn't say what to vote fo*

the Great Fire of 1945 wiped out the prized cultural and commercial heart of the city. To get an idea of what it was, go to the present Guyana Museum where there is a scale model showing the district before it burned.

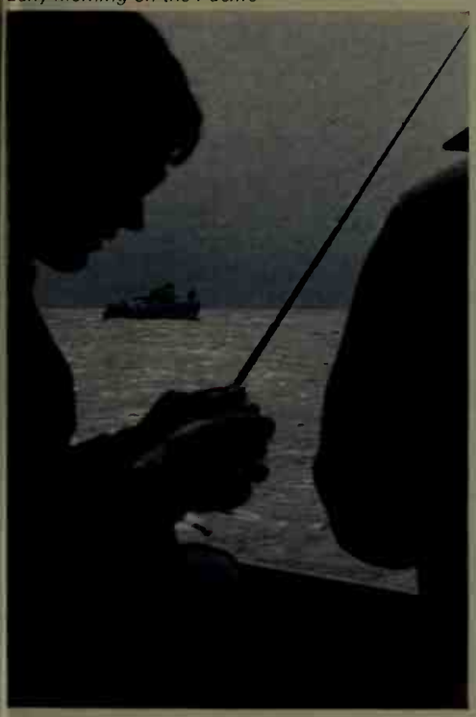


John F. Kennedy Library *is one of manifestations of U.S. presence in Georgetown*

"Fish On"

"Fish on!" is a familiar cry to seasoned charter boat skippers like Zane Rockey, of Westport. It means that another sea-going passenger has felt the slamming strike of a King or Silver Salmon...and the fight is on! Washington's saltwater fishing season starts in mid-April and runs through October, as hundreds of charter boats operate from ports like Ilwaco, Westport, Neah Bay, Sekiu, La Push and Port Angeles. No license is required. Bring your own gear — or you can readily rent all the equipment needed. This year toss a line over the gunwale of a charter boat... then settle back and wait for your fish to hit. The excitement really starts the moment you feel a fighting salmon take that hook and head for the open water. *"Fish on!"*

Early morning on the Pacific



The character of Washington State

It's fishing the green-blue waters of the Pacific...or inspecting the golden stalactites in the underground world of Gardner Caves, in Crawford State Park. Washington State offers the visitor a unique choice of caves for exploration, ranging from the spectacular Ice Caves on Mt. Rainier to the labyrinth known as the Lava Tubes on Mt. St. Helens.

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A season in the wilderness

novelist-poet from Pennsylvania came Utah, took a job as seasonal ranger in rches National Monument, and kept a urnal that grew into a great book. It the salty, unabashed collection of oughts and anecdotes—sometimes dead rious, sometimes irresistibly funny— en- led *Desert Solitaire: A Season in the ilderness*, by Edward Abbey (McGraw- ill Book Company, New York, 1968; 5.95).

e suspect Abbey is wrong in his forecast n the introduction) that "serious critics . . will if they read this book dislike it tensely; at least I hope so." For its asual syntax, some critics may dislike the ook a little, but only the spoilers of eautiful places will dislike it *intensely*.

he opening paragraph of Chapter 1 is a ingle sentence, evoked by waking up at rches after arriving in the dark the night efore: "This is the most beautiful place n earth." From then on, Abbey's lone- ome house trailer is the base to which ou and he return from time to time for using and reverie, for contemplation f the natural scene and the mostly far-off uman race. The rest of the time is spent anging near and far, often on projects hat have nothing, officially, to do with is being a ranger.

s Abbey warns, this book is an elegy; nost of what he writes about is "already one or going under fast." Where destruc- ion is deliberate, he responds with fury, ut he observes the inevitable—such as he passing of "real" cowboys, for ex- mple—with sentimental fatalism. His vivid account of participation in a cattle drive, in which you share his thirst, sad- dle-weariness, and mixed sympathy and hatred for the plodding, bawling, dust- raising herd, is a classic.

There is much more—like the stern mo- ments when the irrepressible Abbey takes risks with cliffs or darkness and gets into trouble; thoughtful discourses on Nava- jos and on Mormonism; some brief floun- derings in politics; an occasional rousing whack at his temporary employer, the National Park Service; and a memorable sequence of the witty things he says to the Labor Day tourists along with the things he is tempted to say but doesn't: ". . . Turn that motor off. Get out of that piece of iron and stretch your varicose veins . . . Yes sir, yes madam, I entreat you, get out of those motorized wheel- chairs . . . and walk, *walk*, WALK upon our sweet and blessed land!"

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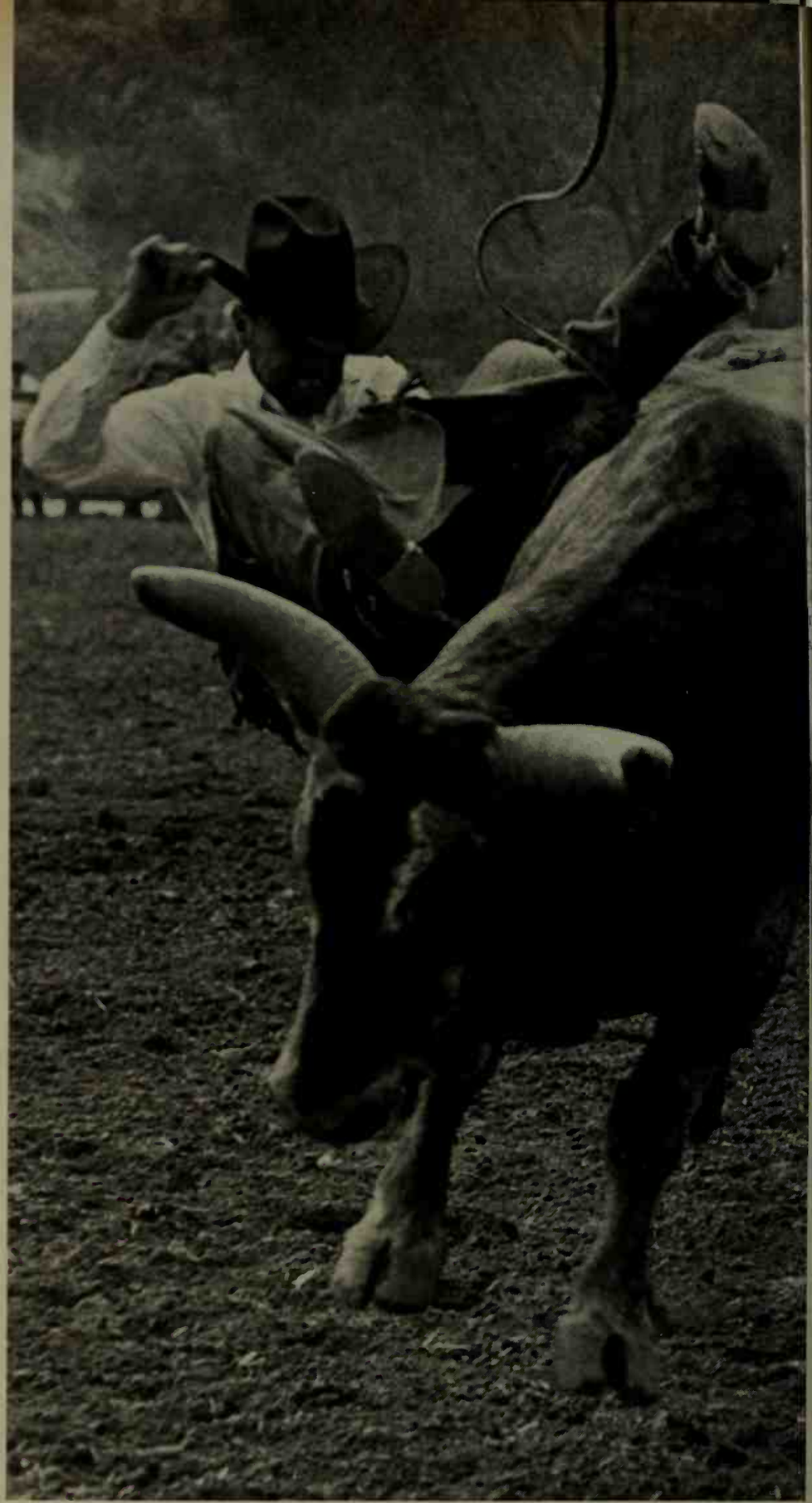
Cowboy *dented his hat on this landing*

A better way: *He may end up on his feet*



Bull rider *braces himself for abrupt, spine-jarring end to slide down the starboard flank*

Rodeo...our wildest spectator sport...

Sunset
THE MAGAZINE OF WESTERN LIVING
APRIL 1968

e top cowboys who follow the professional rodeo circuit have t Phoenix and the Jaycees Rodeo to move on to Long Beach · the Pacific Indoor Rodeo and on up the coast for the big ows at Portland and Spokane. Meanwhile, almost any week-d, you'll find other cowboys competing in smaller contests over the West. The rodeo season lasts all year; and many of highlights of 1968 are still to come.

o-day-o" may sound better to students of Spanish, but here the West you're likely to be taken for a dude if you pro-unce it that way. The cowboy contestants say "*ro*-dee-o," d they're the ones being bucked, banged, and bruised by the ones and Brahma bulls.

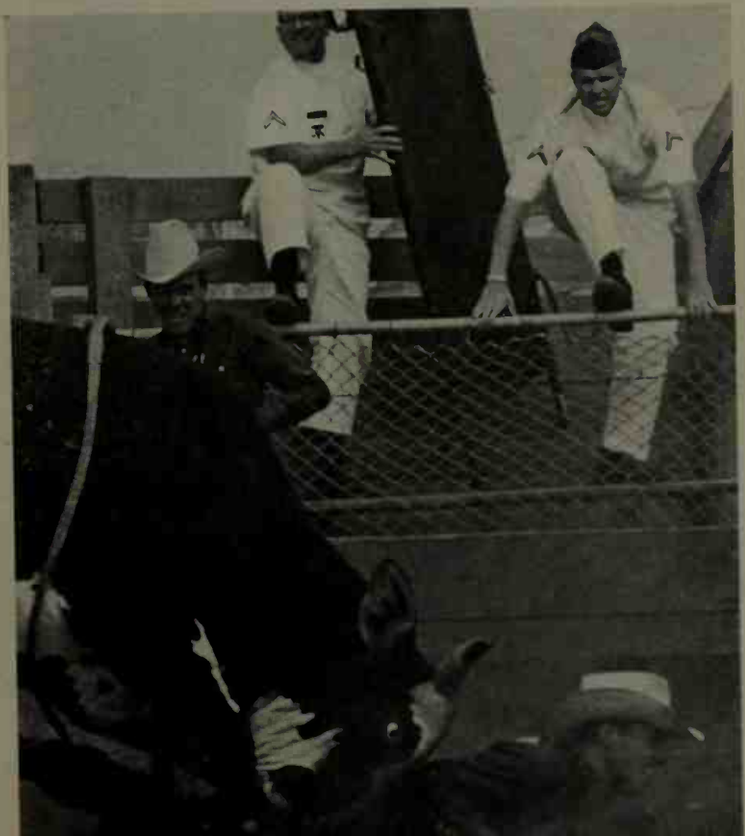
hether it's a small town "pumpkin roller" or a big city "grand tional," the rodeo remains one of our wildest and wooliest ectator sports, akin to the bullfights of Latin countries and

Just out *of chute, Brahma sends cowboy flying*

Up and off. *The picknp man is too late to help*

All feet *off ground, bronc bends almost double to dislodge rider*

Wild-eyed bull *pins prostrate cowboy as medics come over fence*



t... now in full swing

Pretty girls, *handsome horseflesh, and the pageantry of the grand entry are rodeo bonuses*

reminiscent of the days when gladiators faced the imperial n
nagerie in the circuses of Rome.

Match up 2,000 pounds of raging, red-eyed Brahma with 1
pounds of stubborn, showoff cowboy and you have a guara
teed attention-grabber. Toss in a brass band, the colorful spe
tacle of the grand entry, and the humor of the clowns, and t
result is two hours or more of solid entertainment.

No two rodeos are exactly alike, but there are two things y
can always count on: the showmanship of the rodeo cowb
and the ornery disposition of the rodeo stock.

HOW IT ALL BEGAN

A truly Western phenomenon, the professional rodeo grew o
of the boastful dares of working cowhands who pushed her
north on the long cattle drives from Texas in the years th
followed the Civil War. Arriving in a trail town, the dust
drovers would often pit their riding and roping skills again
those of the local cowboys, or stage exhibitions to impress the
small-town audience.

At Cheyenne, Wyoming, in 1872, the townsfolk flocked dow
to the edge of town to watch a wild bunch of cowboys hold
"cow-riding" contest. In 1883 the citizens of Pecos, Texas, pu
up prize money for a steer roping contest right down the mai
street. In 1886 the town of Prescott, Arizona, awarded a silv
buckle to a top rodeo contestant, and two years later it built
grandstand and sold tickets to what was to become the olde
annual rodeo in the West.

Today California is the rodeo center of the world, with mor
such events each season than any other state in the union; an
the professional rodeo circuit stretches clear across the conti
nent, even invading a few of the New England states.

After the grand entry come the competitive events. Roping is always a contest with the clock

1. **Roper throws** *loop at running calf. In addition to cowboy's skill with lariat, event requires well trained horse*

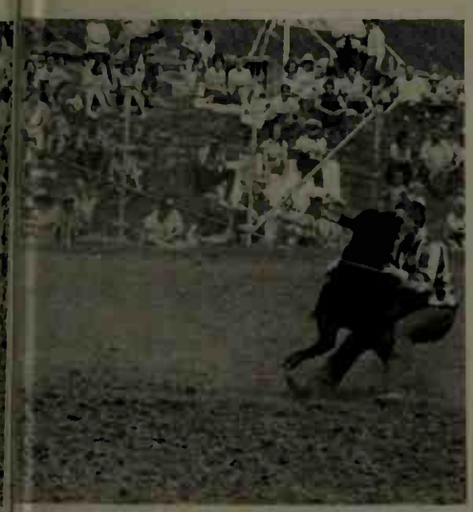
am roping *is partnership. Header throws first, makes a legal catch around steer's horns. Heeler must catch hind legs*

E PROFESSIONAL COWBOY

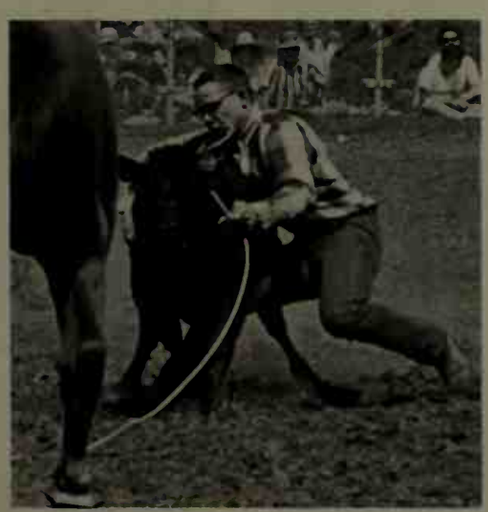
odern rodeo has become a highly competitive sport, as well ganized as professional golf or baseball. The rag-tag trail ver contestant of yesteryear has been succeeded by a new ed of rodeo cowboy whose skills can bring the fame and for- ne accorded professional athletes in other fields.

iding light of rodeo today is the Rodeo Cowboys Associa- n, an organization that sets the standard rules and regulations governing every RCA-approved contest. The RCA also serves as a sort of "cowboys' union" to look after the interests of the professional rodeo contestants.

Prize money for each rodeo event is made up of a "purse" plus entry fees paid by the contestants. Each event is divided into "go-rounds"; the high-scoring cowboy wins "day money" in each go-round plus the chance at "average" money for the best total or average score.



2. **Up-ending calf** *by hand, roper counts on his horse to maintain the proper ension in rope without dragging the calf*



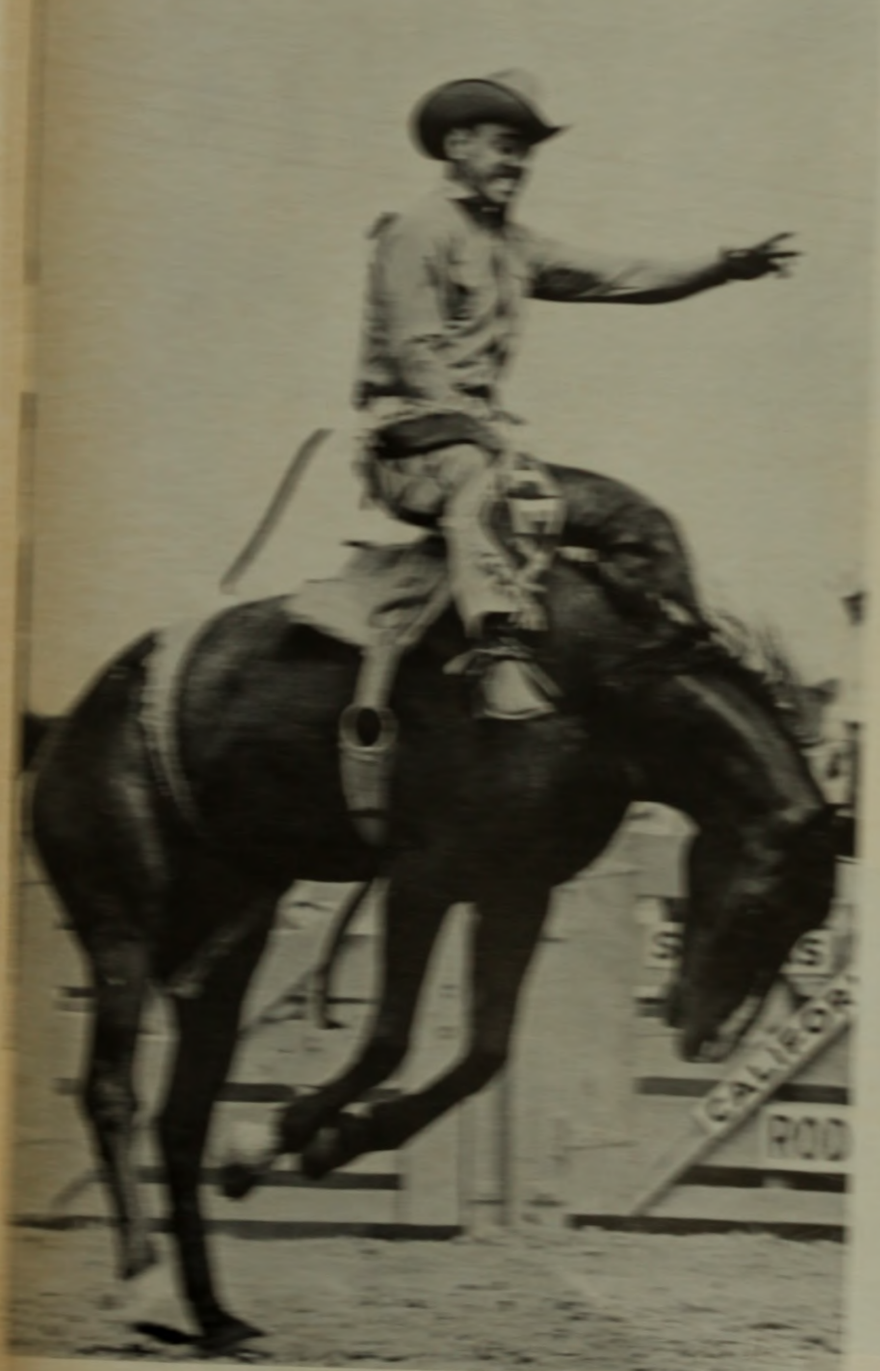
3. **Calf struggles** *to keep its balance, but roper uses hands, feet, and body weight to throw calf to the ground*

4. **Roper signals** *completed tie with calf's legs crossed and tied. Judges wait 6 seconds to see if calf gets up*

Bull, saddle bronc, and bareback riding, and steer wrestling . . . these are the wildest events

Bulldogger makes his dive from back of horse at rac[illegible] steer. Hazer rides alongside to keep the steer from swerv[illegible]

Dogged and twisted down, wrestled steer must belying f[illegible] on its side with head and feet pointing the same directi[illegible]



Spurs in contact high on animal's shoulder; bareback rider shows good form. If he sticks tight, he should score high on this ride.

Pick-up man rescues saddle bronc rider from buckin horse a[illegible] conclusion of ride. Arena officials both judge an protec[illegible]

wboy hustling for prize money will enter as many events can squeeze into a day of rodeo, but a serious contender ne of the championship titles paces himself and selects his ts with great care. Obviously a broken leg can put a cow- ut of competition for the rest of the season.

p rodeo performer may earn $40,000 or more in prize y in a single season, and possibly that much again if he's g to brush his teeth on television or endorse a specific l of cowboy boots. If he can keep from breaking his neck enough, a champion can retire from competition after a good seasons with enough cash to buy his own ranch. Quite retired champions who just couldn't get rodeo out of their l have become major rodeo producers, stock contractors, quent rodeo officials.

he close of the 1967 season, Larry Mahan of Brooks, Ore- was named the All Around Cowboy of the year. His total ings of $51,996.37 broke all previous records.

championship titles are awarded by the RCA, based on prize money won by each cowboy during the rodeo season. ddition to the top-ranking All Around Cowboy, the RCA names a champion in each of the RCA-approved events: le bronc riding, bareback riding, bull riding, calf roping, r wrestling, team roping, and steer roping.

EO EVENTS

t rodeo events are a contest against the clock—trying for fastest time in one of the roping events or "lasting the t" during a ride. But the skill and technique of the con- nt (and in riding events the performance of the animal g ridden) are equally important factors in the final score.

can enjoy the thrills and excitement of rodeo without erstanding all the fine points of judging. A basic knowledge ow an event is scored, however, will make the rodeo even e meaningful. Here are a few points to watch in the tradi- al events:

dle bronc riding. The rider must have his spurs in contact on the horse's shoulders as the animal's front feet hit the nd on the first jump out of the chute. One of the rider's s must be free at all times. The rider is disqualified if he bucked off, loses his stirrup or buck rein, wraps the rein nd his hand, touches the saddle ("pulls leather") with er hand, or touches the horse or rein with his free hand at time during the ride. The event is timed for either 8 or 10 nds, at the discretion of the stock contractor. The horse is red separately for his bucking performance.

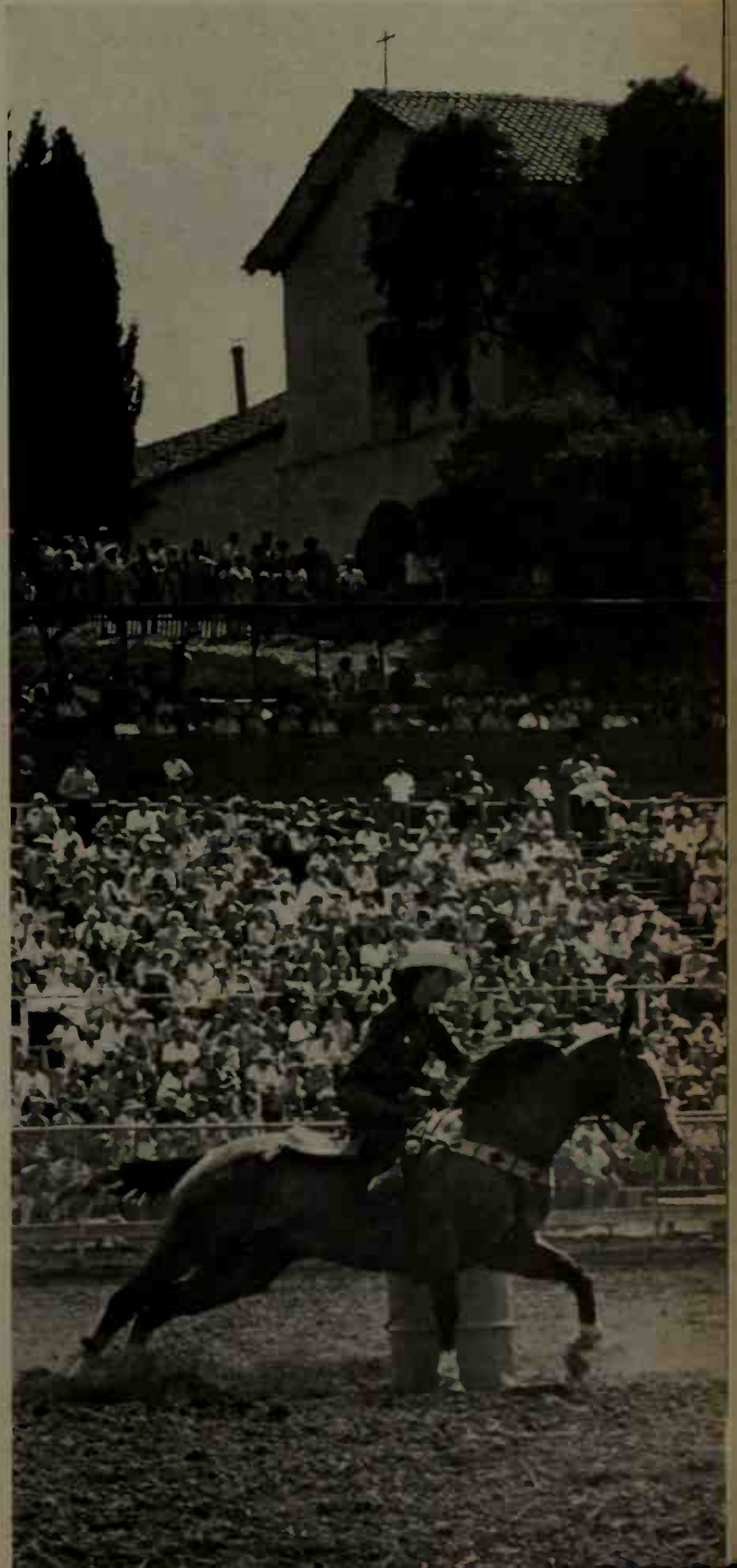
eback riding. As in saddle bronc riding, the horse's shoulders st be spurred on the first jump out of the chute until its nt feet hit the ground. One of the rider's hands must be free ll times (with the other he holds fast to a kind of rope belt ed the surcingle). The rider is disqualified if he gets bucked touches the animal with his free hand, or allows the sur- gle rigging to come off the horse. The event is timed for 8 onds. The horse is scored separately.

l riding. The rider must keep one hand free at all times (with other he holds fast to a loose bull rope). The rider is dis- alified if he gets bucked off, touches the animal with his free nd, or uses sharp spurs. The event is timed for 8 seconds. e bull is scored for bucking.

lf roping. The mounted rider waits in the chute until the re- sed calf crosses the barrier line. If the roper leaves the chute reaks the barrier") before the calf crosses the line, he's nalized—usually 10 seconds. The roper may carry two ropes d, if he misses with the first, use the second. When the calf roped the rider must dismount, "go down the rope," and ow the calf by hand. Rope and rein must be adjusted in such manner as to prevent horse from dragging calf. The roper en uses a tie rope ("piggin' string") to cross and tie any three the calf's feet, and signals the completed tie by raising both nds. If the tie rope comes loose or the calf gets to its feet

The traditional events are for men . . . but the barrel race is just for the girls

Girl barrel racer *makes turn on cloverleaf ride at San Juan Bautista last July. Mission in background*



Flank strap *keeps belled Brahma bucking. Rider's one-handed grip keeps bull rope tight around bull*

before the tie is ruled fair by judges, the roper is disqualified.

Steer wrestling (or bulldogging). Each bulldogger has a partner ("hazer") to keep the steer headed in the right direction. The steer and hazer leave the chute together; the time begins when the barrier is released in front of the mounted "dogger." Riding at break-neck speed and leaning toward the steer's horns, the dogger dives from his horse, grasps the horns, digs heels in the ground to bring the steer to a stop, and twists it down to the ground. The steer is judged down only when it has flat on its side, all four legs and head in the same direction dogger must have his hand on the steer when flagged.

Team roping. This event and its alternate, team tying, involve two mounted ropers, a "header" and a "heeler."

In team roping, the two ropers catch a steer by head and feet and bring it to a stop *without* throwing it to the gr Each partner is allowed three throws but only one rope header must make his catch first. Time is taken when the s ing steer is roped at both head and heels (5-second pena only one heel) and both horses are facing the steer in line the ropes.

In team tying, the heeler's horse stretches the rope ta throw the steer while the heeler dismounts to tie the hind

Steer roping. Time begins when the barrier is released an mounted roper comes out in pursuit of the steer. The cow loop must settle over the steer's horns; if a foul catch is a second rope may be used after the first rope is released either saddle or steer. The steer must be thrown by the The roper than dismounts and ties any three of the steer's The catch rope must be on the steer and tied to the saddle tie is complete. The roper is disqualified if the steer regain feet after roper has signaled completion of tie but before ju have ruled a fair tie.

In order to qualify for RCA approval, a rodeo must includ five major events of saddle bronc riding, bareback riding, riding, calf roping, and steer wrestling. Team roping and tying are recognized but optional. Other events may in steer roping, stock herding, wild cow milking, wild horse ra barrel racing, wagon racing, trick riding, trick roping, scrambles, and steer decorating (tying ribbons on horns

Here are the Western rodeos ... from April to October

The rodeo season gets started down in the sunny cactus country near the Mexican border in early January, moves across the winter-warm Southwest in February and March, follows the spring weather north through April, May, and June, reaches all the way up to western Canada by midsummer.

"Back east" promoters import the rodeo in late summer and early fall. Then the circuit swings west again for the big shows at Pendleton and San Francisco. The World Series of professional rodeo is the National Finals Rodeo at Oklahoma City in December.

Dates, places, and final results of all RCA-approved professional rodeos are listed in the twice-monthly trade publication *Rodeo Sports News* (Rodeo Information Commission, 2929 W. 19th Ave., Denver 80204; $4 a year).

Here are professional and non-professional rodeos (including junior, "little britches," all-girl, and all-Indian rodeos) of special interest on the 1968 schedule:

ARIZONA

April 26–27, *Thatcher*
May 23–26, *Douglas*
July 3–4, *Holbrook*
July 3–5, *Prescott*
July 4–6, *Flagstaff*
Aug. 16–18, *Payson*
Aug. 30–Sept. 2, *Window Rock*
Aug. 31–Sept. 2, *Whiteriver*
Sept. 1–2, *Williams*

CALIFORNIA

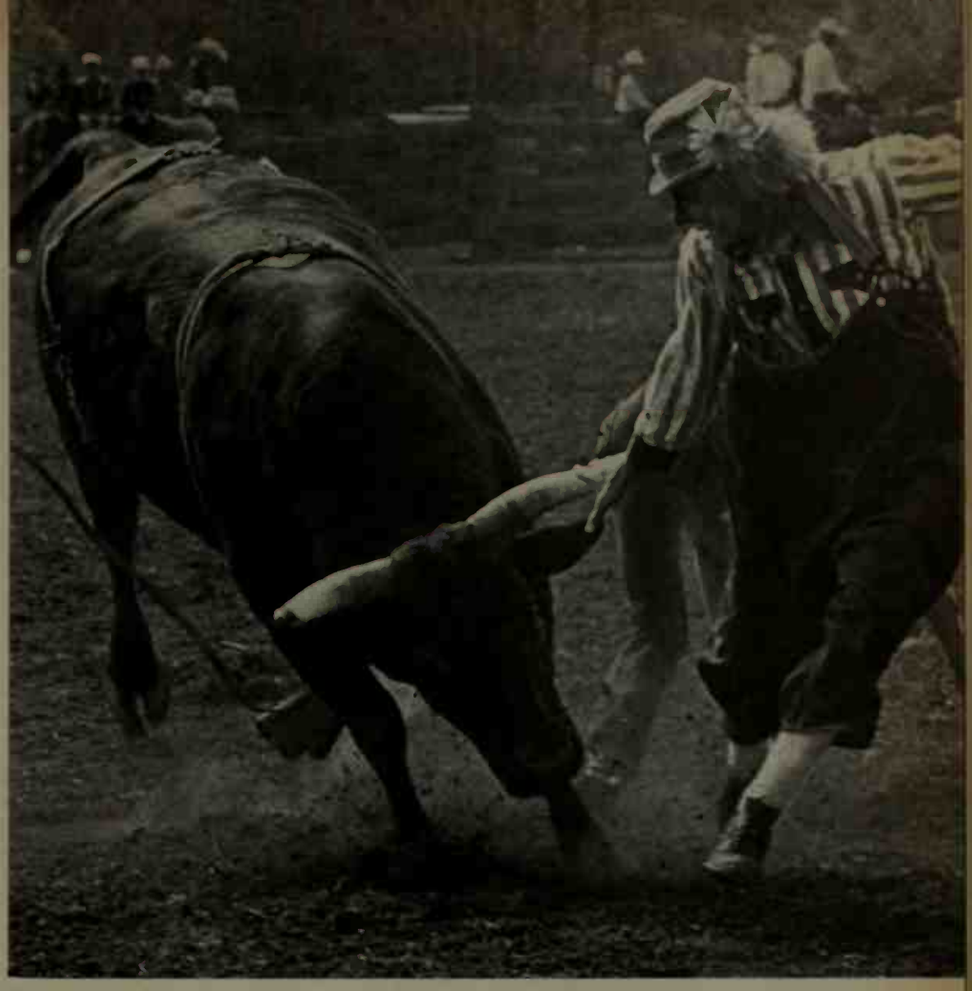
April 6–7, *Springfield*
April 20–21, *Northridge*
April 20–21, *Red Bluff*
April 27–28, *Clovis*
May 3–5, *San Diego*
May 4, *Los Banos*
May 4–5, *Hayward*
May 4–5, *Porterville*
May 11–12, *Dixon*
May 11–12, *Woodlake*
May 18–19, *Angels Camp*
May 24–25, *Redding*
May 25, *King City*
June 1–2, *Los Angeles*
June 3–7, *Sacramento*
June 7–9, *Monterey*
June 8–9, *Livermore*
June 8–9, *Thousand Oaks*
June 15–16, *Colusa*
June 22–23, *Vallejo*
June 23, *Hollister*
June 29–30, *Eureka*
June 29–30, *Petaluma*
July 6–7, *Del Mar*
July 9–14, *Sacramento*
July 13–14, *Bishop*
July 14, *San Juan Bautista*
July 18–21, *Salinas*
July 20–21, *Roseville*
July 24, *Santa Maria*
July 24–25, *Santa Rosa*
July 27, *Red Bluff*
July 27–28, *Sonora*
Aug. 3–4, *Anderson*
Aug. 3–4, *Antioch*
Aug. 3–4, *Yuba City*
Aug. 9–10, *Turlock*
Aug. 10–11, *Orland*
Aug. 10–11, *Plymouth*
Aug. 10–11, *Quincy*
Aug. 10–11, *Yreka*
Aug. 16–17, *Paso Robles*
Aug. 17–18, *Hayfork*
Aug. 17–18, *Placerville*
Aug. 17–18, *Susanville*
Aug. 17–18, *Woodland*
Aug. 20–21, *Sacramento*
Aug. 23–25, *Hemet*
Aug. 24–25, *Cedarville*
Aug. 24–25, *Crescent City*
Aug. 24–25, *Gridley*
Aug. 26–Sept. 10, *Sacrament*
Sept. 1–2, *Lancaster*
Sept. 1–2, *Mariposa*
Sept. 1–2, *McArthur*
Sept. 1–2, *Victorville*
Sept. 14–15, *Auburn*
Sept. 21–22, *Bakersfield*
Sept. 21–22, *Tulare*
Sept. 27–29, *Pomona*
Sept. 28–29, *Boonville*
Oct. 5–6, *Ventura*
Oct. 12–13, *Fresno*
Oct. 25–Nov. 3, *San Francisco*

IDAHO

April 14, *Murphy*
May 4–5, *Homedale*

The clown is a skilled professional . . . his job is to distract the bull

Rodeo clown *is the real hero of bull-riding event*



Distracting bull *from fallen cowboy, clown becomes target of animal's rage*

May 4–5, *Riggins*
May 11–12, *Grand View*
May 18–19, *Glenns Ferry*
May 27–28, *Homedale*
June 13–15, *Blackfoot*
June 15–16, *Kamiah*
June 21–23, *Burley*
June 25–27, *Pocatello*
June 27–29, *Caldwell*
July 2–4, *Rupert*
July 3–4, *Hailey*
July 4, *Idaho Falls*
July 4–6, *Grangeville*
July 11–13, *Weiser*
July 12–13, *Malad*
July 16–20, *Nampa*
July 17–20, *Idaho Falls*
July 19–20, *Oakley*
July 19–20, *St. Anthony*
July 23–24, *Idaho Falls*
July 24, *Victor*
July 26–27, *Coeur d'Alene*
July 28–30, *Twin Falls*
Aug. 1–3, *Preston*
Aug. 3–4, *Macks Inn*
Aug. 6–10, *Caldwell*
Aug. 8–11, *Glenns Ferry*
Aug. 9–11, *Council*
Aug. 11–13, *Gooding*
Aug. 14–17, *Burley*
Aug. 14–17, *Emmett*
Aug. 14–17, *Homedale*
Aug. 14–17, *Payette*
Aug. 15–17, *Montpelier*
Aug. 18–25, *Jerome*
Aug. 22–24, *Mud Lake*
Aug. 29–31, *Salmon*
Aug. 30–31, *Ririe*
Sept. 2, *Garden Valley*
Sept. 4–7, *Filer*
Sept. 4–7, *Malad*
Sept. 6–7, *Lewiston*
Sept. 7, *Mountain Home*
Sept. 19–22, *Nezperce*
Oct. 5, *Rexburg*

NEVADA

April 27–28, *Henderson*
May 16–19, *Las Vegas*
June 28–30, *Reno*
July 4, *Fallon*
Aug. 30–Sept. 2, *Fallon*
Aug. 30–31, *Panaca*

OREGON

April 5–7, *Portland*
May 4–5, *Arlington*
May 18–19, *Tygh Valley*
May 18–19, *Vale*
May 27–30, *Klamath Falls*
June 8–9, *Sisters*
June 15–16, *Roseburg*
June 21–23, *Sheridan*
July 3–4, *St. Paul*
July 3–5, *Molalla*
July 4, *Condon*
July 4–6, *Halfway*
July 6–7, *Enterprise*
July 6–7, *Redmond*
July 11–14, *Eugene*
July 12–14, *Klamath Falls*
July 19–20, *The Dalles*
July 20–21, *Cottage Grove*
July 26–28, *Joseph*
July 27–28, *Gearhart*
July 30–Aug. 4, *Redmond*
Aug. 9–11, *Prineville*
Aug. 14–18, *Myrtle Point*
Aug. 24–Sept. 2, *Salem*
Sept. 1–2, *Paulina*
Sept. 11–14, *Pendleton*

UTAH

April 26, *Orem*
Late May, *Green River*
June 20–22, *Pleasant Grove*
June 21–22, *Morgan*
June 27–29, *Lehi*
July 4, *Cedar City*
July 4, *Oakley*
July 4, *Salina*
July 11–13, *Nephi*
July 18–20, *Ogden*
July 21–22, *Monticello*
July 22–24, *Ogden*
July 22–24, *Spanish Fork*
July 23–24, *Ephraim*
July 24, *Cedar City*
July 24, *Marysvale*
July 24, *Parowan*
Mid-August, *Price*
Aug. 15–17, *Logan*
Aug. 22–24, *Manti*
Aug. 22–24, *Tremonton*
Aug. 24–Sept. 2, *Salt Lake City*
Sept. 2, *Neola*
Sept. 19–21, *St. George*

WASHINGTON

April 5–7, *Spokane*
May 4–5, *Renton*
May 12, *Mount Vernon*
May 25–26, *Tonasket*
June 1–2, *Coulee City*
June 1–2, *Roy*
June 8–9, *Brewster*
June 15–16, *Bremerton*
June 28–29, *Chelan*
June 29–July 4, *Sedro Woolley*
July 4, *Grandview*
July 4, *Toppenish*
July 4, *Washougal*
July 13–14, *Nespelem*
Aug. 2–3, *Newport*
Aug. 10–11, *Omak*
Aug. 16–18, *Enumclaw*
Aug. 23–25, *Kennewick*
Aug. 30–Sept. 1, *Walla Walla*
Aug. 31–Sept. 2, *Ellensburg*
Sept. 14–15, *Waterville*
Sept. 14–22, *Cusick*
Sept. 27–29, *Yakima*

A.I.A. Sunset Western Home Awards

Breaking the rules... and breaking through

Some of the most innovative designs in the biennial Western Home Awards have been vacation houses, cabins, weekend places. Here is a look back at several outstanding early award winners. Starting on page 90 is a look at three unusual new ones

ART HUPY

1957 *Honor Award weekend house built by Seattle architect Paul Thiry for himself is early, handsome A-frame*

Cabins and vacation houses make up only a small portion of the entries in the Western Home Awards, the house design program sponsored every two years by the American Institute of Architects and *Sunset*.

But again and again, cabins and weekend places win more than their share of awards. In the recent 1967-1968 round of the Western Home Awards, such "second homes" really stole the show. They won almost half of the awards that the jury granted for custom design.

The reason a small weekend place wins a design award may simply be that as a project, it offers both client and architect freedoms they don't have when they are struggling with the major investment and the complex requirements of a year-around family house.

The budget for a vacation house is usually much lower and the client's approach is usually more casual. He tends to be less worried, more willing to experiment, more willing to put up with omissions and minor inconvenience.

The result can be freshness, innovation, idea breakthroughs. The six houses pictured on these two pages are award winners going back through the whole history of the Western Home Awards. Originality was evident in every case.

The A-frame was one idea that caught on in the 1950's. With this triangular approach, the roof and walls of the cabin are one. The design does have its disadvantages but it is easy and economical to build, it is dramatic-looking, and the spaces indoors are interesting. The 1957 winner pictured here was a handsome early example of the A-frame idea. It won its top

1959 *Honor Award mountain cabin by San Francisco architect Henrik Bull for Peter Klaussen has square plan and neatly folded roof with the ridge running along the plan's diagonal*

nor Award in the very first round of the Western Home ards.

of the cabins on these two pages are quite small, and none s very expensive. The little beach house on poles, a 1965 ner, actually was built for $5,000, and this price included architect's fee.

o of these little places are simply conversions. One is a con- ted redwood wine tank; the other is a converted redwood enhouse on pontoons.

of the six pictured here have been in *Sunset* in previous ars, three in articles published a year or more before they n their awards. Two were on *Sunset's* cover: the wine tank bin in February, 1962, the little house with the great glass ll in May, 1964.

d these unusual small weekend places have interested *Sun- 's* readers.

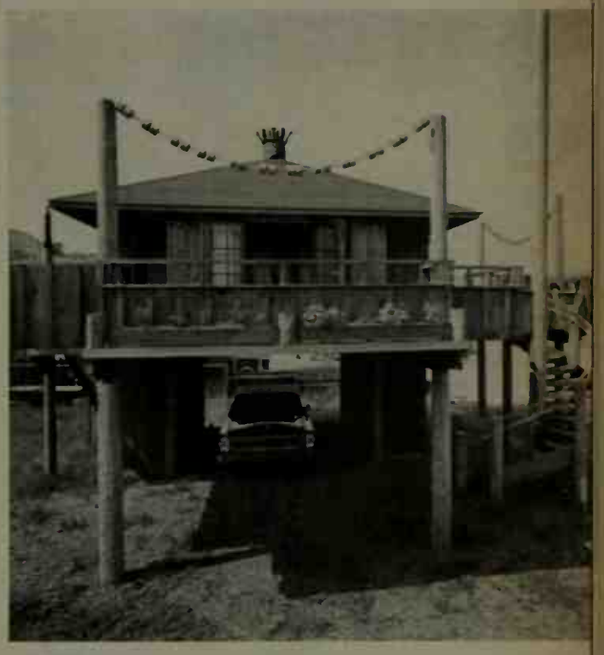
chitect Henrik Bull's 1959 award winner, the little square bin with the folded roof, has brought more reader letters to *nset* than any other house the magazine has ever reported. day, 10 years after we first published it, we are still getting tters month after month from readers asking for more infor- ation, or for copies of the original artiele. All available copies e long gone, but the cabin is pictured on pages 12 and 13 of e *Sunset* book *Cabins and Vacation Houses* (Lane Books, Menlo Park, Calif., 1967).

he 1963 winner with the tall glass wall pictured below is built a redwood forest.

s design breakthrough was simple but dramatic: within it is a wo-story-high room facing out into a tapestry of trees. There a balcony bedroom above, and the staircase coming down om it doubles as extra seating.

he search for fresh answers continues, as three unusual vaca- on and weekend houses pictured on the next six pages dem- nstrate. All were award winners in the recent 1967-1968 ound of the Western Home Awards. Each won its award, not rimarily for its "looks," but for the fresh design thinking it xpresses.

1963 *Special Award cabin by architect Henrik Bull for Dr. Ermorine Edwards is a converted wine tank. Cabin is surprisingly spacious, has balcony bedrooms*



1965 *Special Award cabin by San Francisco architects Osborne & Stewart for Rosemary Walton is hung on poles*

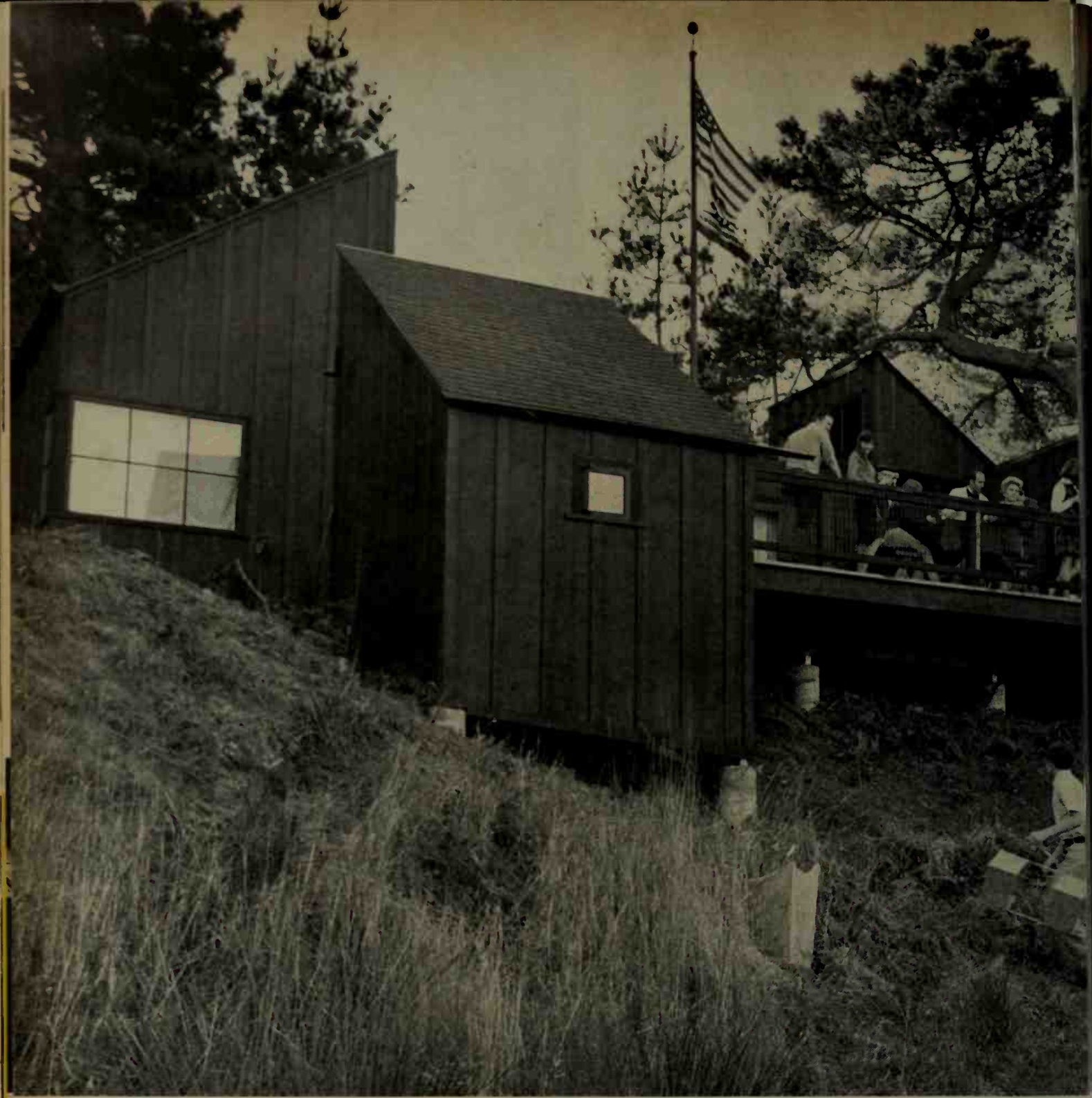
1963 *Special Award cabin by architects Charles Moore, Doulyn Lyndon, William Turnbull, Richard Whitaker, and Warren C. Fuller, associate, for Marilyn Bonham. The great glass wall makes small cabin seem spacious*

MORLEY BAER

GLENN CHRISTIANSEN

1967 *Special Award cabin by architect John M. Campbell (Agora) for himself is actually a greenhouse on pontoons*

On the next pages, a look at three unusual "second homes"...



Over three areas—*master bedroom (left), kitchen (at rear), and sunroom—roof is popped up for more vertical space, with clere*

HONOR AWARD

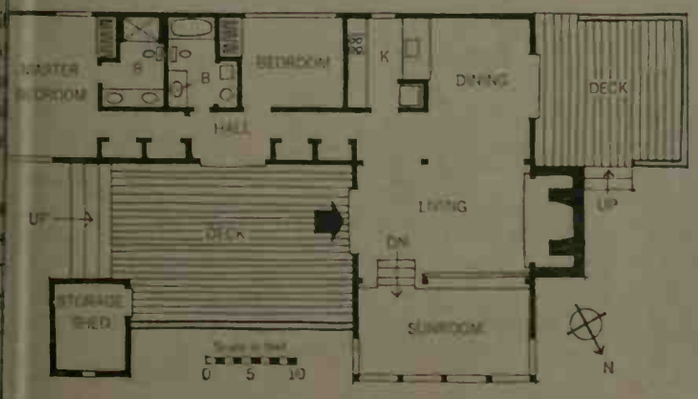
The deck is the heart of the house . . . it's the great room they didn't have to build

Although it looks like a multiple-uni house, this is actually a single, L-shape structure wrapped around two sides of 17 by 25-foot deck (only the storage she is detached). The deck is the heart of th house, a great outdoor gathering room.

Inside, the living-dining area occupies flat-ceilinged space that can function a an intimate retreat. When more indoo space is needed for gathering, there's th sunroom with its built-in seating and view

The architects were Rosekrans, Broder and Siegel, for Mr. and Mrs. Thomas Blackaller, Inverness, California.

...tories to pull in natural light, provide view of trees, clouds



House is *a little over 1,300 square feet; decks add 750 more*

Compact *8 by 10-foot kitchen seems larger because of high ceiling, clerestories. Sink-counter (not shown) opens to dining area*

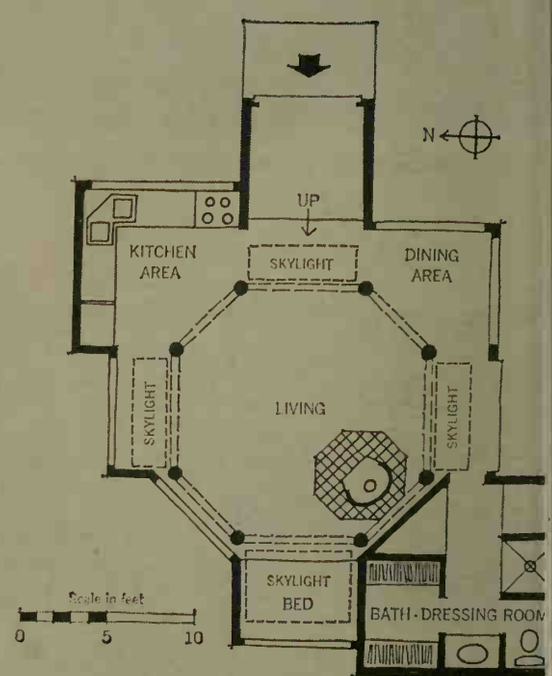
GLENN CHRISTIANSEN

Sunroom *is 2½ feet lower than living area, fully carpeted with built-in seating (storage bins underneath), view of Tomales Bay*

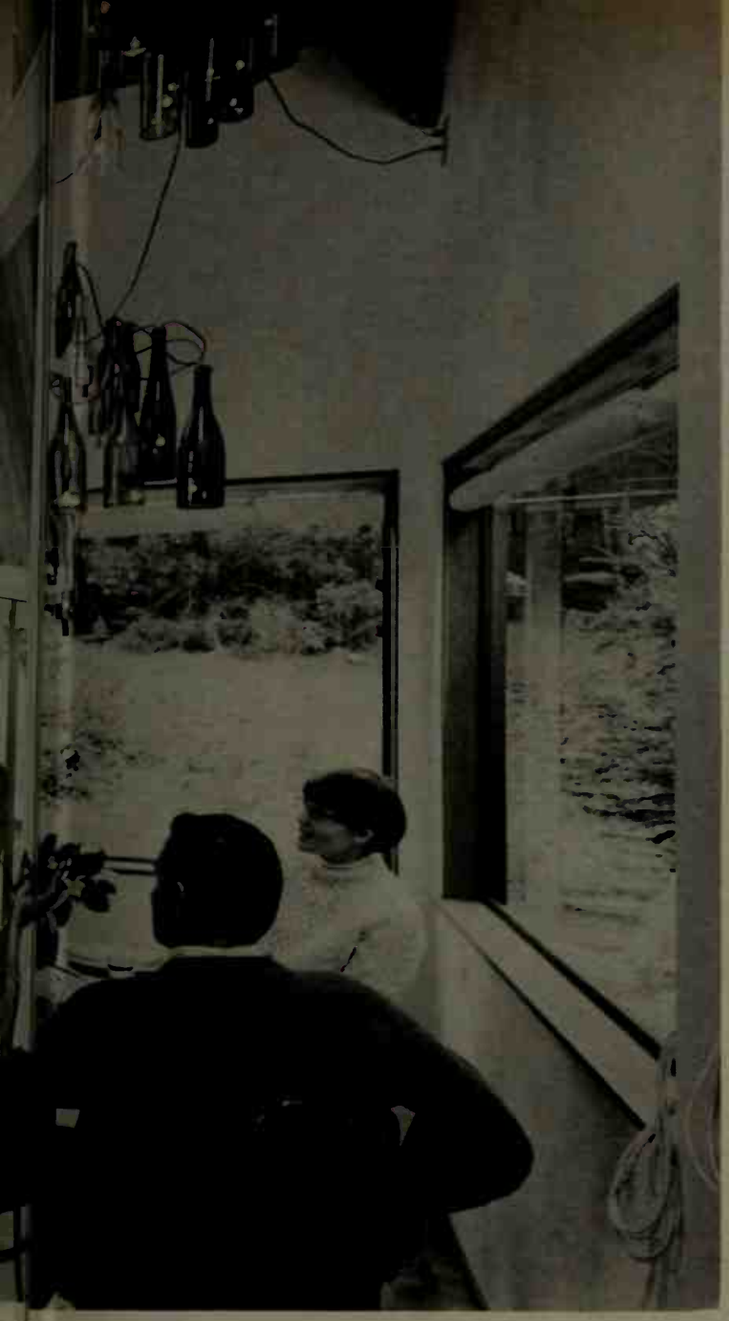
Kitchen, *entry, and dining area are outside the pole-supported octagon. Roll-down canvas blinds give priv*

MORLEY BAER

At the entry *you look through the house and see the ocean and rocky coast*



Four *skylights (dotted lines) pierce the ro*



n control. Chandelier is bottles with low voltage lights

GLENN CHRISTIANSEN

Metal stove *is only source of heat, but the flue radiates warmth over its length. Built-in seat in niche becomes master bedroom*

SPECIAL AWARD

It's just one small room . . . hung on poles . . . but look around!

This little house (only 585 square feet) has the intimacy of a garden house, but with the airy feeling you might experience in a large tent or pavilion.

Cooking, eating, and sleeping facilities are all at hand, yet you're not overly conscious that the interior is a single room. Basically it's an open octagon supported by eight poles and contained by a simple pyramidal roof. Secondary spaces—the kitchen, dining, sleeping areas—become extensions of the formal octagon; the roof was just lengthened where necessary.

The owners, a young couple from San Francisco, don't presently feel they need a separate bedroom. However, another room can easily be added outside the dining area and reached through the double glass doors beside the bath-dressing room.

The architects were MLTW/Moore Turnbull, for Mr. and Mrs. Reverdy Johnson, The Sea Ranch, California.

AWARD OF MERIT

Upstairs sometimes is theater . . . downstairs is the bunkroom

Since it's surrounded by a thicket of conifers, you can't guess what's inside this house by looking at the outside. You're certainly not prepared for the kind of space you see in the color photograph at right. Within the three levels of house there's room for a crowd, and places to have privacy too.

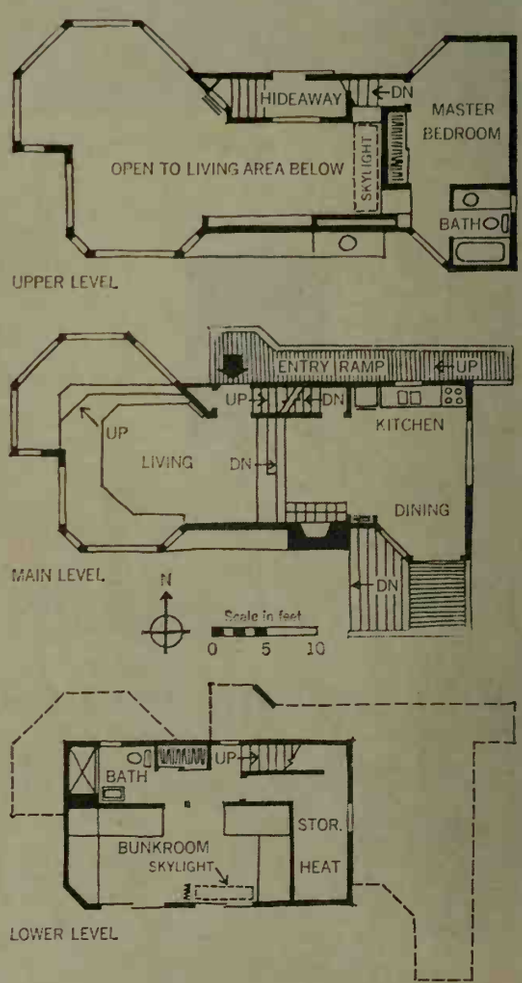
One of the more whimsical features is a hideaway built into the hollow wall above the entry. To reach it you go up a wall-hung ladder and through a concealed door; there's an opening through which you can peer down into the living room. It's a place to escape, to read a book, to nap; it could also accommodate another sleeping bag when the rest of the house is full.

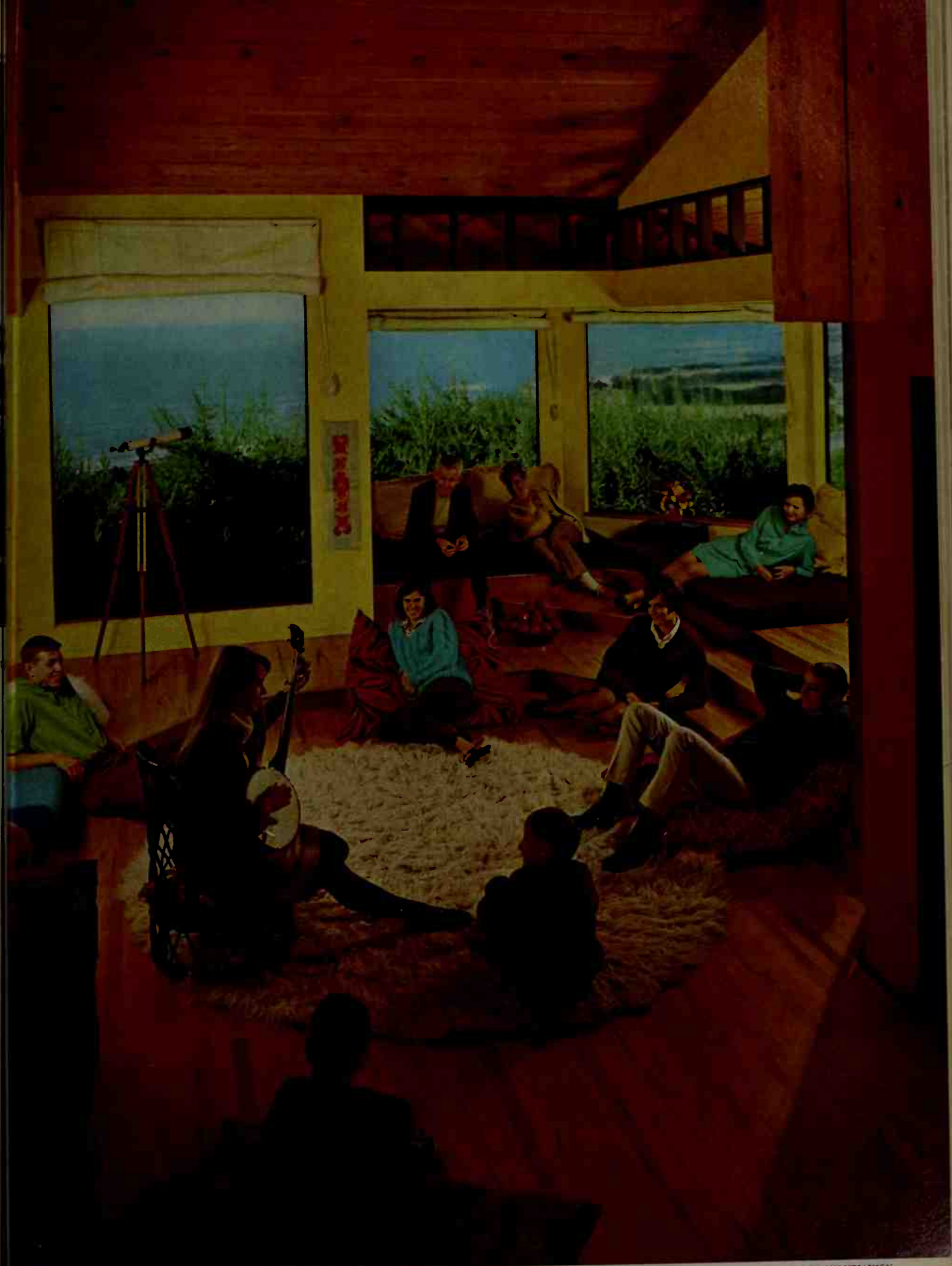
A hinged wall section in the master bedroom can be open to share the high-ceilinged living room space, or closed to make the room an adult retreat.

The architects were MLTW/Moore Turnbull, for Mrs. Manning Lawrence, The Sea Ranch, California.

Wind-protected *patio is off bunkroom on lowest level. In background lead up to a deck outside dining-kitchen*

Bunkroom *sleeps seven (one bunk is a single), has radiantly heated concrete slab, accordion door for dividing into two rooms*





GLENN CHRISTIANSEN

Sometimes it's a theater

Stepped-up levels in corner bay make this a good amphitheater for entertainments. At other times people use it for lounging, ocean viewing, sunset admiring or storm watching

The lively California Design show gives you a look at tomorrow

It's in Pasadena through May 12 . . . in Sacramento starting June 28

You might expect design creativity to a superlative degree in a state that, if it were a nation, would rank sixth in the world in gross national product and first in standard of living. And you will not be disappointed in the exhibition called California Design X in Pasadena this month.

If you're not in Southern California during its run there, you'll have another opportunity: The show will be moved in its entirety to be the opening design exhibit at the new California Exposition in Sacramento from June 28 through September 17.

Tenth in the series of California Design shows, now held triennially, it opens at the Pasadena Art Museum (46 N. Los Robles Ave.) on March 31 and continues through May 12. Hours are 2 to 5 P.M. Sunday; 10 A.M. to 9 P.M. Tuesday and Friday; 10 A.M. to 5 P.M. Wednesday, Thursday, and Saturday. (The museum is closed Monday.) Admission is $1 (50 cents for students).

On display will be 780 objects designed in the last three years, of which about half are for manufacture. The remainder are one-of-a-kind works of designer-craftsmen; juries in Oakland and Pasadena selected some 250 of these from about 3,000 submissions, and about 100 were entered by invitation.

The range goes far beyond that of most design and craft shows. It includes a whole new class of things made of paper, recreational vehicles such as a dune buggy and a sand sailer, some innovative street furniture, even such whimsy as a sophisticated pendulum that draws its own wave-motion pictures.

Cybernetic clock *by Arnold Forsman, designer-craftsman. Lights indicate 7:34—we think*

DARROW M. WATT

Multipurpose toy. *Three of nine variations. Design: Elsie Crawford; manufacturer: Colortime*

Left. Sampling of show's variety (left to right, from upper left corner): Patio chair by John Caldwell, for Brown Jordan. Tapestry by Carol Hansen Wagner, designer-craftsman. Chrome and leather chair by Robert Kjer Jakobsen, for Virtue Brothers. Wall clock by Larry Snyder, for Canterbury Clocks. Serving cart (and turntables, right foreground) by Charles Burke and Barbara Byk Schulman, for California Sun Set. Paper chair by Jerry Johnson, for Plywood Benders. Cabinet cradle by Sam Maloof, designer-craftsman. Wooden light fixtures, prototype for manufacture, by Elsie Crawford. Fiberglass newspaper stand, prototype for manufacture, by Ron Yeo. Fiberglass child's stool, prototype for manufacture, by Stacy Dukes. "Georgy Girl" storage doll and small wooden dolls by Pamela Weir, designer-craftsman. Meyers Manx dune buggy kit by Bruce Meyers, for B. F. Meyers. Rattan and plywood chair by Danny Ho Fong, for Tropi-Cal. City planning toy, prototype for manufacture, by Gere Kavanaugh. "Orange crate modern" by Gerald McCabe, for Eon Furniture. Glassware by Don McFarland, for Phoenix Products.

Space borrowing

You do it by using accordion walls

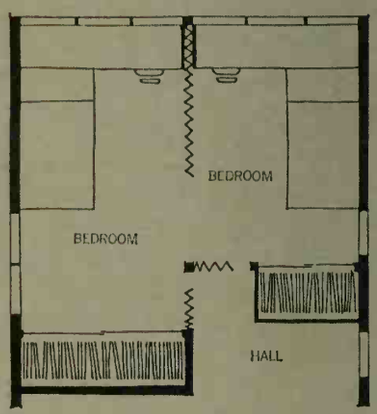
Each room *has closet, its own entry to hall*

The two bedrooms become one playroom

In these convertible children's rooms, space opens up into a large playroom or partitions off into smaller private sleeping quarters.

A boy and a girl share the one at right. An accordion-folding door stacks into a boxlike structure between the two desks. These desks run the full width of each room and serve as headboards for the freestanding beds. Above the windows are bookshelves; at the opposite end of each room is a closet with a built-in chest of drawers.

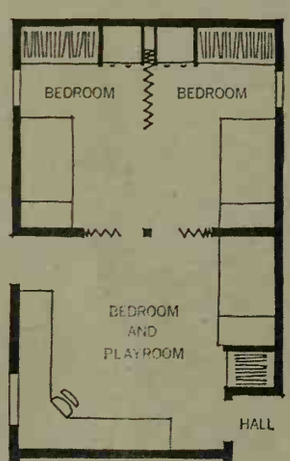
The architect was Edward Sullam for Dr. and Mrs. Edward G. Maehara, Honolulu.



The two rooms can open into one or divide into three

Three small children live in the room at right. It's really two rooms that open into one or divide into three. The combined floor space makes one large play area; the three divided spaces give each child a private bedroom, a closet, built-in drawers, and a window.

Because the house is small and every bit of space counts, the architect-owner, Donald R. Goldman, of San Diego, covered most of the available wall space with a variety of storage—open shelves above the play counter, for example, and closed storage above the bed in the playroom. The wall beside each bed is covered with cork so each child has his own bulletin board, in addition to the large shared one above the play counter.



Playroom *sleeps one child. Note the high storage; closet door is also a blackboard*

The walls close up for study or sleeping

HUNT SMITH

her brother *needs to study, she can close off his section with folding door*

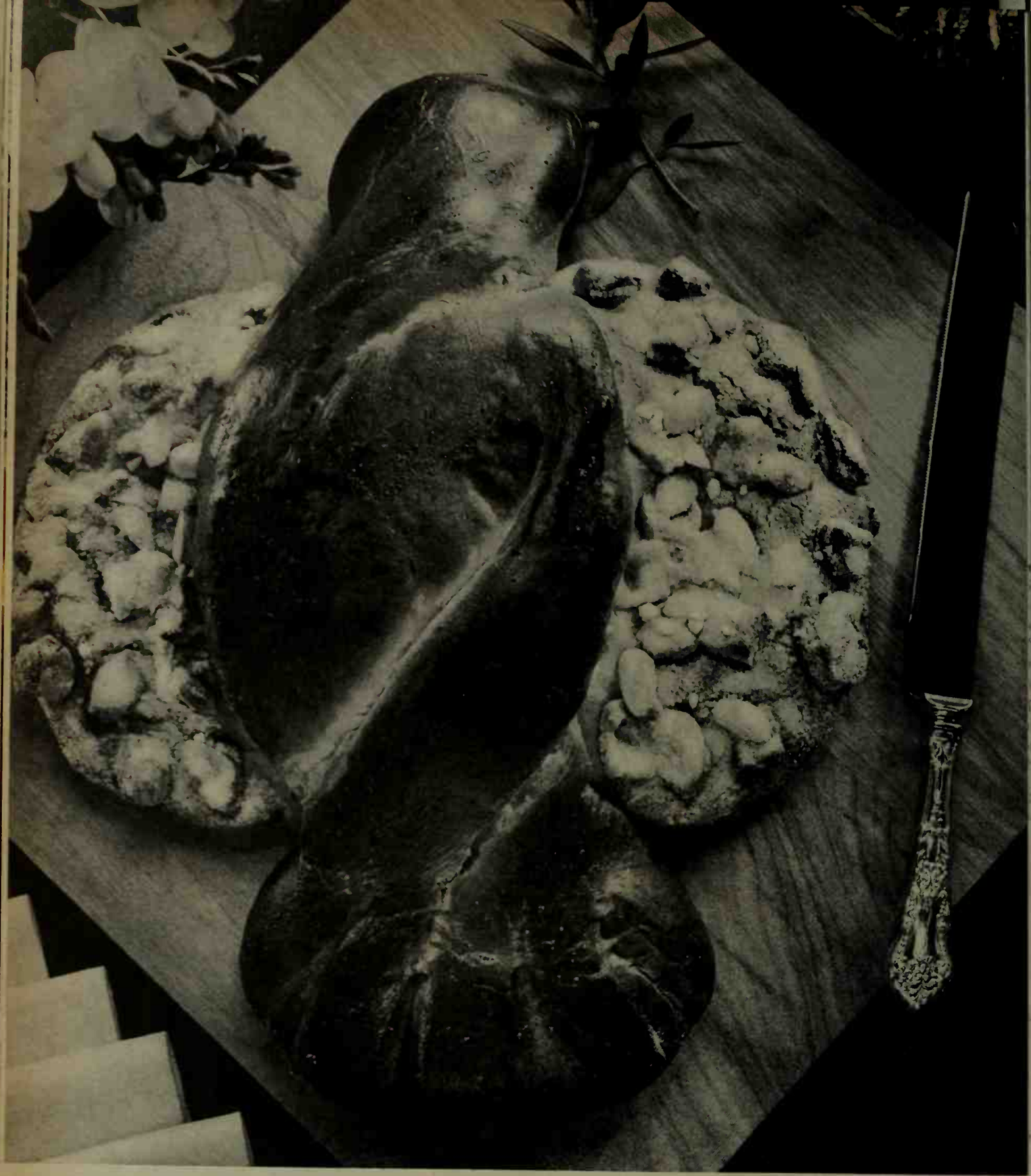
ROBERT WENKAM

Closed, *large room becomes two small ones*

ain play area *is furnished with long built-in corner counter, shelves and a roll-it bin for toys, bookshelves and a large bulletin board for the children's artwork*

MAX ECKERT

Rear room *divides into two sleeping rooms. Divider pulls from between dressers*



Dove of Easter *is a charming traditional Italian bread for this holiday. Lemon-fragrant loaf is in flight on sugar-almond crusted wings. It's delightful served warm for Easter breakfast or ju some time during the day with coffee or a glass of sweet wi*

Why not bake a bird for Easter?

Push chunks *of almond paste deep into dove wings formed by a flattened oval of dough. The body section is a dough triangle twisted to define the head and tail; pinch a beak, slash the tail*

During the season when Easter and the coming of spring share festivities, breads take on special shapes and flavors in Italy. Two of the most handsome are *colomba di Pasqua* (pronounced *pause*-quaw), or dove of Easter, and *buccellati* (booch-chay-*lah*-tea)—shiny, smooth rings.

Both are remarkably easy to re-create in your own kitchen, and both share the same egg-butter rich dough; you just vary the flavors and shapes. Both breads freeze.

COLOMBA DI PASQUA
(Easter Dove)

- 1 package yeast, active dry or compressed
- ¼ cup warm water (lukewarm for compressed yeast)
- ½ cup milk
- ½ cup (¼ lb.) soft butter
- 10 tablespoons (½ cup plus 2 tablespoons) sugar
- 2 tablespoons grated lemon peel
- 2 teaspoons vanilla
- ½ teaspoon salt
- 3 whole eggs
- 3 egg yolks
- 4½ cups unsifted regular all-purpose flour
- About 4 ounces (4 to 5 tablespoons or half an 8-oz. can) almond paste, cut in ½-inch cubes
- About 36 whole blanched almonds
- Beaten egg white and granulated sugar for decoration

Stir yeast into warm water and set aside to soften. Heat milk to scalding; cool.

In the large bowl of your mixer, cream butter, sugar, lemon peel, vanilla, and salt until mixture is fluffy. Beat in eggs and egg yolks, one at a time. Mix in milk and yeast; then at slow speed gradually beat in flour. Turn soft dough onto well floured board; knead vigorously until smooth and quite elastic; takes 10 to 15 minutes.

Put dough in a large buttered bowl; turn over once to grease top. Cover bowl and set in a warm place for about 1 hour and 30 minutes, or until dough is doubled.

To shape the dove, knead dough on lightly floured board to remove bubbles. Cut in half and shape each half into a smooth ball.

In the center of a greased 12 by 15-inch baking sheet, flatten one dough ball and roll out across narrow dimension of pan to make an oval about 11 inches long and 6 inches wide. On a floured board, roll other ball of dough out to make a softly outlined triangle about 14 inches tall and 6 inches across wide end. Lay triangle across oval as shown above. Twist narrow end to make head; pinch to form beak. Twist wide end to make tail; pull tail into fan shape and cut gashes to simulate feathers.

Stick almond paste chunks into wings and stud with almonds. Let rise in a warm place about 25 minutes, or until slightly puffed looking. Brush gently with beaten egg white and sprinkle wings generously with sugar. Bake in a 350° oven for about 40 minutes, until bird is richly browned; for lighter color you can cover bird with foil the last 15 minutes.

Serve warm or cool, cut wings from body and offer slices of both. If bread has been frozen, thaw, wrap in foil, and reheat in a 250° oven for 40 minutes. Makes 1 large loaf.

BUCCELLATI

Prepare dough for Colomba di Pasqua with these changes: Combine ⅓ cup seeded muscat raisins with 3 tablespoons Marsala or Port wine; set aside for at least 30 minutes. Add 2 tablespoons anise seed to milk before scalding. Omit lemon peel and vanilla and use instead 1 teaspoon anise extract. When you add liquid ingredients to the egg mixture, also add the wine drained from the raisins.

After you knead the dough, flatten with your hands until ¾ inch thick. Spread drained raisins over surface and roll jelly-roll-fashion, enclosing raisins and tucking ends under; let rise until doubled.

To shape buccellati, knead out air bubbles and divide dough into thirds; knead each to make a smooth ball. On a small greased baking sheet roll each into a round cake 7 inches in diameter. Poke a hole in the exact center of each dough cake.

Pull into rings as shown below; each opening should be 6 inches across. Omit almonds, paste, and egg white and sugar decoration. Let rings rise in a warm place for about 25 minutes, or until puffed looking. Brush with beaten whole egg. Bake in a 350° oven for 30 minutes, or until well browned.

Serve warm or cool; if bread was frozen, thaw, wrap in foil, and reheat in a 250° oven for 30 minutes. Makes 3 rings.

DARROW M. WATT

Buccellati, *anise-flavored rings, are made with basically the same dough as the Easter dove. For smooth shape, pull each flat cake of dough from the center into a skinny loop. Serve breads with coffee or espresso, plain or with butter and honey*

Just a few cuts *prepare these fresh, crisp, raw vegetables for the eye-catching Italian appetizer* bagna cauda. *The only other a*

Everybody dips the cut, raw vegetables into the hot bath, then eats with his fingers

The ancient custom of eating from the same dish to signify the spirit of good fellowship is celebrated with greatest variety and finesse in the Alpine regions of northwest Italy and southwest Switzerland.

There you find such communal dishes as Swiss beef fondue and Italian fonduta. Most familiar, perhaps, is the skier's favorite of melted Swiss cheese fondue. But the most beautiful is the Italian spectacle of *bagna cauda* (*bag*-nyah *caw*-daw) or, as translated from the Piedmontese dialect, hot bath.

This pre-dinner dish is so straightforward it almost belies its goodness. It is just plain raw vegetables dipped, *but not cooked*, in a mutually shared bowl of bubbling butter and olive oil, made bold by garlic and anchovies.

The artistry, freshness, and ease of bagna cauda, served as pictured on *Sunset's* cover, suit it well to our casual Western entertaining. The quality and quantity of vegetables available here make it practical. And the adaptability of the ingredients lets you scale an appetizer course to fit a group of 8 to 30.

HOW TO SERVE BAGNA CAUDA

Prepare the vegetables according to the following directions. You want to keep that right-from-the-garden look so you do just enough cutting that it will be easy to break away portions to eat.

Arrange vegetables in a basket of appropriate size. Place alongside it the butter-oil sauce (recipe follows). And p sent a basket of thinly sliced Fren bread or sliced crusty rolls.

To eat, swirl a piece of vegetable throu the hot sauce. Some prefer to impale vegetable piece first on a skewer so it be completely immersed in the sau Hold a piece of bread like a napkin un the vegetable to catch drips as you it. Eventually, the bread soaks up enou drippings to become a tasty bit itself.

Keep in mind that people are often a to consume an astonishing quantity bagna cauda—it's easy to justify taki your fill of the fresh, crisp vegetables b cause very little of the rich sauce actua sticks to each morsel.

DARROW M. WATT

is to heat the anchovy-garlic butter sauce—guests do the rest. There are enough vegetables here for about 16 generous servings

BAGNA CAUDA VEGETABLES

You'll need about 1 to 2 cups vegetable pieces per person, but you'll have to estimate quantities while vegetables are still whole. Choose a colorful assortment. Sprinkle with water just before serving.

Artichokes. Break off small outer bracts; cut thorny tips from remaining bracts with scissors. Trim stem ends. Keep in acid water (1 tablespoon vinegar to 1 quart water) until ready to serve. To eat, bite off tender base of each bract.

Cabbage. Cut red or white cabbage in half. Cut vertical gashes in each half. Break off chunks to eat.

Carrots. Leave on an inch of stem; peel. Gash carrot not quite through in short sections; break apart to eat.

Cauliflower. Cut out core, keeping head whole. Break off flowerettes to eat.

Cherry tomatoes. Dip with stems.

Green beans. Snap off ends and remove strings. Leave whole to eat.

Green peppers. Cut pepper vertically down to the stem in 8 to 12 sections around the seed center. Break to eat.

Mushrooms. Trim stem ends. Eat small mushrooms whole. Cut large ones through cap only into 4 to 6 sections; break to eat.

Radishes. Cut off root ends and all but one or two leaves to hold for dipping.

Turnips. Peel and cut not quite through in thick slices. Break apart to eat.

Zucchini and yellow crookneck squash. Trim ends; cut not quite through in short sections. Break apart to eat.

BAGNA CAUDA SAUCE

Choose a heatproof container that will be only about half filled by the quantity of sauce you make. In it, combine ½ cup (¼ lb.) butter, ¼ cup olive oil, and 4 small cloves garlic, mashed. Drain 1 can (2 oz.) flat anchovy fillets well on paper towels and finely chop; add to sauce and stir over moderate heat until mixture bubbles.

To serve, set over candle or low alcohol flame. Mixture must not get hot enough to brown and burn. Makes 8 to 10 servings (or double recipe for 16 to 20 servings; triple it for 24 to 30 servings).

For *bagna cauda sauce, heat butter, olive oil, garlic, anchovies*

WILLIAM APL

Pumpkins all around her

Pumpkin vines cover ground around Philodendron *'Evansii' and sandbox. Here Mr. James O. Deluhery, Anaheim, Calif., listened to radio, watched son, relaxed, gardene*

What can a gardener do between now and October? A great deal. Here is proof

A year ago, *Sunset* took six pages to sho how the baseball season, mid-April t mid-October, is also the season of summe garden triumphs. We called these garden "baseball gardens," and we invited read ers who'd like to grow one to send us report, after the World Series, of the results. Several dozen people (or families stuck with us from opening day throug the Series and sent in their reports.

This month we show and tell you wha some of these gardeners accomplished. A about the time Boston, Detroit, Minne sota, and Chicago were fighting it ou for the American League pennant las fall, we visited many of these garden The photographs we took illustrate thi article.

A wall of grape leaves

This had been a bare, junky corner. Lester Dickinson, Richmond, Calif., erected the shade house, planted grape vines (outside) April 3, tuberous begonias (inside) May 16

e witness
evelation

he happy-looking mother in the photo-aph on the opposite page is surrounded her ripening pumpkin crop. Elsewhere e had nine other crops ripening. A ginning vegetable gardener in April, she d since discovered that growing vege-bles is, for her, great fun.

hings she learned in one season: Mem-rs of the squash-melon family have ale and female blossoms; each flower es not become a fruit. Fresh pole beans e outstanding cooked with ham, bacon, chicken. Her fresh corn was the sweet-t, tenderest her family had ever eaten. he won't grow 'Hubbard' squash again; takes up too much room. Peas are mar-elous—her family wanted more—but ac-ually the plants take up too much room or what you get out of them. She'll grow ss lettuce next year.

he man who grew
e beautiful begonias

n the shade house in picture at the top f this page, we see a well pleased man. Ie knows now that he can grow tuberous egonias as well as anybody: "Our first ry and we got raves from everyone!"

n April 2 Mr. Dickinson put together nd welded the metal framework for his hade house. The next day he put up the iberglass roof and wall. That same day, t a nursery sale, he bought the three grape vines. They went outside the shade ouse, against the sunny south wall. He ut up wire between the uprights on that

An old gym set

In five months, Mrs. Allison Child, Glendora, Calif., covered gym set with gourds, squash, morning glory

side for the grapes to climb on. Someday these vines will supply the shade for the house; fiberglass will serve meanwhile.

And on the third day, he spaded the vegetable garden in front of the grape vines. He mixed in copious quantities of soil conditioner, sand, and manure. (From the unusual amount of first-year growth the grape vines made, we can assume that they got their toes into some of this treated soil.)

Then, for the rest of April it rained, snowed, hailed, and rained some more.

Mr. Dickinson made good use of four days off, May 12 to 15. He brought in 12 yards of soil to fill in low spots around the shade house and garden fence. He installed the shade house's edging boards and brought in and spread five loads of pea gravel for its floor.

On May 16 he planted 60 tuberous begonia seedlings. For these he excavated the soil and planted in leaf mold and sand. All summer he fed the begonias weekly with fish emulsion and watered them lightly about once a week. (In warmer, dryer climates you'd have to water more often.)

When we visited Mr. Dickinson's garden, his tuberous begonias looked every bit as good as those you see at the Santa Cruz commercial growers'. None of the plants needed staking.

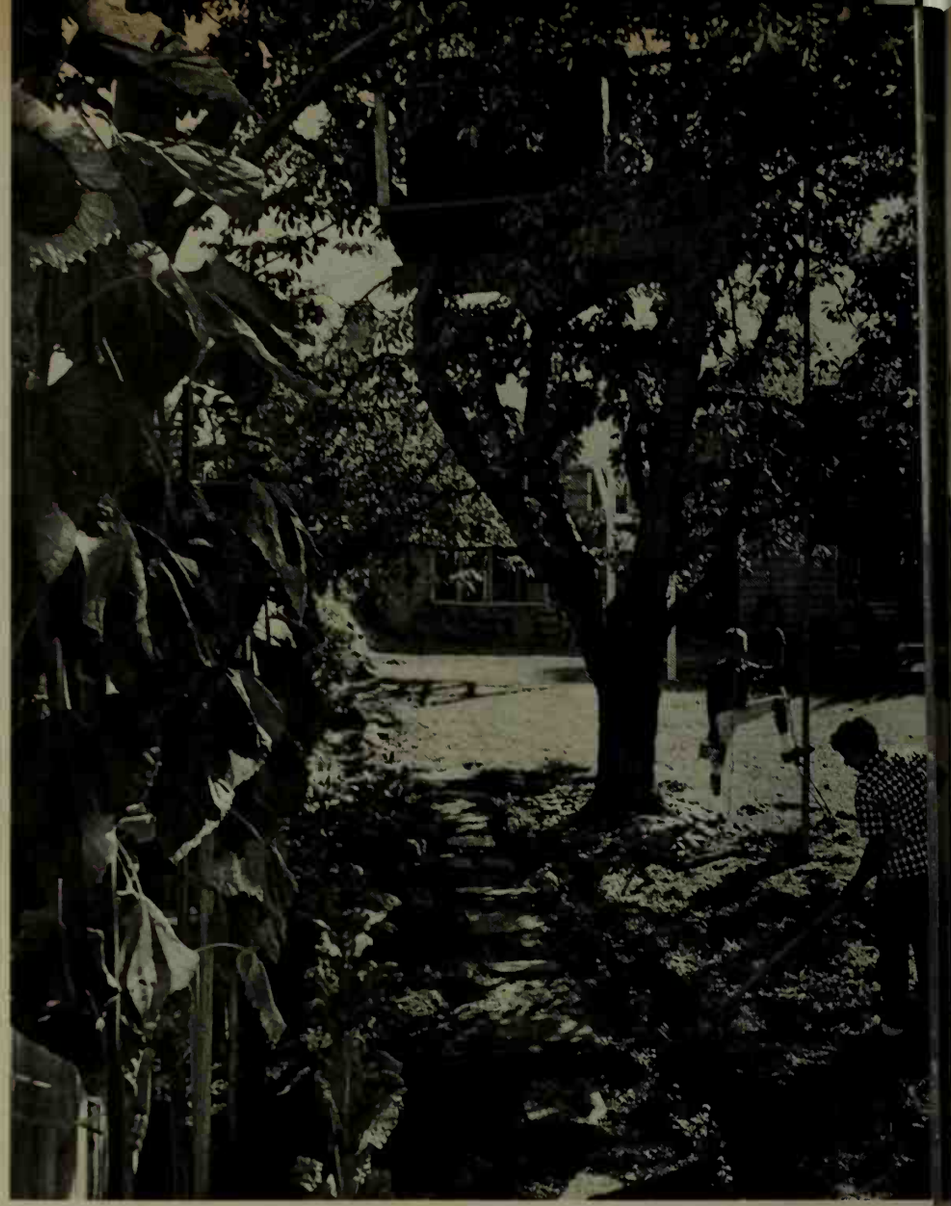
To complete the tally, this energetic man also grew and harvested a huge vegetable garden (the match of any others on these pages), planted and tended rhododendrons and azaleas in his shade house, grew a fine border of zinnias, chrysanthemums, marigolds, and dahlias—while bringing in the wherewithal to support a family of six.

He's a San Francisco Giants fan, and he signed off his report on September 29: "The Giants and I are already looking forward to next year." But he's also a curious-minded man: When our baseball garden reviewing panel awarded him four tickets to any West Coast opening day game in 1968, Mr. Dickinson allowed that he'd like to take a look at those new Oakland A's. That's where he and his party will be (box seats between home plate and first base) on the night of April 17.

A trend: plants on old gym sets

We can report to the world that there is a late-1960's trend in Western North America toward growing gardens of vining plants on old gym sets. Several gardeners

For the rest of April it rained, snowed, hailed . . .



Twelve-year-old *Eric Hanna, Seattle, laid stone walk (center), grew chard and 10-f sunflowers (left), dwarf marigolds (he's hoeing them), put house in cherry tree (t*

DON NORM

Eric picking chard. *He planted it May 14, picked first bunch July 16, more at tim in July and August, almost daily in September, October. Best of his crops, he sa*

WILLIAM APLIN

Ten-year-old *Robert Abe, Carpinteria, Calif., hoes his garden while his little brother swings. At back you can see some of Robert's marigolds; in foreground, his petunias*

Robert Abe, age 10, simply says, "I had fun all summer."

independently reported on it.

Mrs. Florence Kellogg Lyon of San Diego was one. She endorses tomatoes. "The tomatoes grew so profusely on it that they formed a better arbor than the scarlet runner beans and kudzu vines that were planted for that purpose."

Mrs. Allison Child of Glendora, California, grew the garden on the old gym set shown at bottom of page 105. Hers was an octagonal set with fire pole. She filled in five sides with wire and grew vines on those panels and on the fire pole. She tried gourds, moonflowers, morning glory, cypress vine, scarlet runner bean, sweet peas, banana squash, and pumpkin—all planted as seeds in June. Her most successful gym-set-coverers were gourds, banana squash, and morning glory.

Gardens grown by two determined boys

Robert Abe, of Carpinteria, California, who was then 10 years old, seems to be the dauntless kind who does not recognize or worry about long odds against him.

He reported: "We have a creek in the back of our home with lots of birds. Therefore, I made a border with pie plates (tin) dangling to keep the birds from eating the seeds. The area where I planted the seeds was never used before so the soil was hard. I dug deep and mixed fertilizer in the soil before I planted the seeds. All the seeds did not grow. Just some of them. But the plants that came out did very well. I really enjoyed watching the plants grow and taking care of them. I had fun all summer."

Robert did all his planting on May 8—the petunias as nursery plants and everything else from seed. Here are his first-bloom dates: 'Calypso' petunia, May 22; 'Blue Lace' petunia, May 28; nasturtium, June 28; gourd, July 10; cockscomb, July 16; marigold, August 2; pincushion flower, September 7; bells of Ireland, September 28.

A 12-year-old in Seattle, Eric Hanna, wrote a report that shows his two years of seniority over Robert and reflects the many interests of a bright, husky, resourceful boy. Below are a few excerpts. (The Angels are the Seattle Angels, the baseball team that Eric followed. Remember that this was a *baseball* garden.)

The diary's first entry: "This spring I finished building a tree house in a large old cherry tree. I placed my gardens so that I could view them from the tree house. But two robins built a nest in the floor joists so I can't go up to it yet . . .

"May 14—Good day for gardening but a bad day for the Angels. Planted six rows of Swiss chard seeds.

"May 19—Planted two rows of green onion sets and transplanted half of sunflowers along fence. Robins have left nest in cherry tree, so I can have it back.

"July 2—Spent morning pinching tomatoes and weeding, and afternoon in the tree house listening to Angel double-

In foreground, *Robert's gourd crop in late August. He planted gourd seeds May 8, harvested his crop (31 gourds) October 7*

DON NO

Abundant *27 by 40-foot plot of R. W. Hunt Jr., Camano Island, Wash., gave 14 kinds of crops: peas and carrots to popcorn an*

header with Portland. Kirkpatrick and Vinson now lead the club in home runs.

"July 19—Ate first cherry tomatoes today to celebrate Angels' splitting a twin bill with Hawaii, pitching Burgmeier and Locke. Picked half of green onions and left half in ground to dry.

"August 1—Angels finally broke 11-game losing streak by defeating Tulsa 1-0 on Banks' ninth home run. Aphids eating chard again, but too windy to spray.

"August 3—Went salmon fishing on the Skagit—no luck. Angels also had poor luck in losing to Tulsa 6-2. Tomatoes all loaded with green fruit but needing lots of water. Fertilized again. Marigolds blooming their heads off.

"October 14—Pulled up tomatoes and hung them in garage to finish ripening. They finished season like Angels—good showing at start, but kind of puny at the end."

The experimental gardeners of the Pacific Northwest

We'd like you to meet the willing-to-try-almost-anything vegetable gardeners of western Oregon and Washington:

Mrs. Marie Slinger of Salem planted nasturtiums among her cucumbers to repel diabrotica. She planted tall marigolds among beans to repel aphids. Apparently both tricks worked. She grew potatoes in hay—planted the seed potato in a pocket of compost, covered it with 4 inches of hay, and later reached into the cover and pulled out smooth, pest-free potatoes whenever she wanted some.

Mr. Larry Goodhew of Port Ludlow, Washington, was one of two Puget Sound gardeners to grow and introduce us to soldier beans (see photograph on last page of this article). These tasty dry beans with the Rorschach inkblot ings are not sold, it seems, but are ficked over garden fences.

Mr. and Mrs. R. W. Hunt, Jr., o mano Island, Washington, tried things in their bountiful garden, s above. They grew their soldier beans, flowers, tomatoes, pole beans, and s runner beans in submerged gallon with no bottoms. "My plan," Mr. said, "was to try electroculture in as ways as possible." Electroculture is a oretical means of "harnessing atmosp electricity for plant growth" by u metal above plants and in soil. We admit that the Hunts' electroculture plants were big, husky, and productiv

ROBERT COX

In Sacramento, *Eugene Paine built low deck, grew flowers, vegetables around it. Had a portable television, portable cooler*

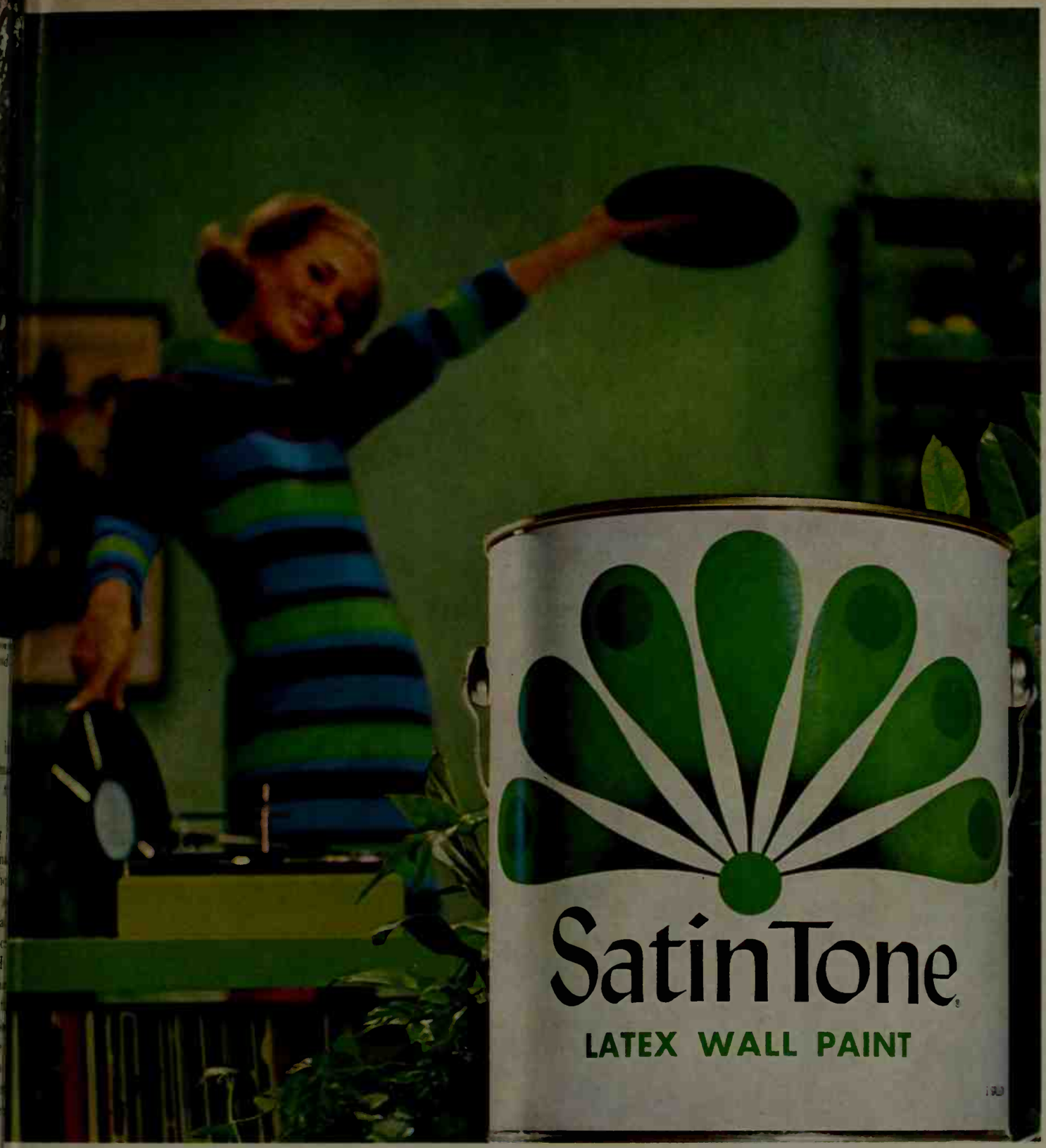
TV and cold drinks with asters at your knees

You can see the pleasant little TV-cold-drink garden that Eugene L. P of Sacramento built and grew in the tograph at left. The L-shaped deck a simple affair of 1 by 6-inch planks by 4-inch framing. He built it in 3½ h at a cost of less than $10. He made structure simple because he's a renter didn't want anything too large or per nent in case the landlord didn't appro

Landscaping for a dog named Charley

Mrs. Roy G. Goodman noticed that b ball garden participation did not dem seasonal planting. So she landscaped

"... electroculture as many ways as possible..."



SatinTone . . . *the easy paint!*

This morning she brought this room to life, ready for the crowd. One coat did it, thanks to new SatinTone Latex Wall Paint . . . the easy paint!

What else could she have done to make so much difference so quickly, so easily, so inexpensively?

Old Colony PAINT

Old Colony PAINTS

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Congoleum-Nairn cushioned vinyl.
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Kid-Cushioned Floors
come clean fast!
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can't be absorbed
on our textured surface.
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It's true. Kid-Cushioned Floors insulate.
Help make rooms warmer and quieter.
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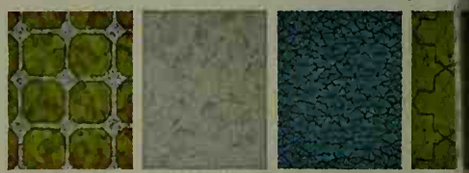

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anted a permanent garden—for the mily's dog Charley. It features a ground ver of white gravel around his house; slat bench nearby, for people; an attrac- ve cement pond just one lope from harley's front door (it serves as his over- zed water dish, and he also allows birds bathe and drink there); and a planting podocarpus, azaleas, a fuchsia, a fatsia, d a bottlebrush.

cknowledgments

others

nfortunately, our space does not allow s to tell in detail of the triumphs, disap- intments, discoveries, and hortieultural icks of the others who sent in baseball rden reports. But our thanks, appreci- ion, and apologies for the brief sum- arizing go to these, from south to north:

lank Gargano, with a weekend place in ista, California, who claimed that by eptember 1 his score in the tomato ague was "Insects, birds, and gophers 40 me 12." The Garganos got 12 tomatoes. Weekend places miss the seven-day solici- ude that keeps the beasties away.

Iajor F. Schollenberger, of Redlands, alifornia, who was the only baseball gar- ener to use dynamite. His pick struck ut on his huge, hard-packed, adobe slope; o he obtained a blasting permit, got ome dynamite sticks, caps, and a fuse, nd in two hours of blasting he had a gen- rous-sized shelf in the slope for benches, able, and parasol.

Elmer L. Millage, of La Crescenta, Cali- ornia, whose carrots were so tough the amily's rabbit wouldn't eat them.

The Kenneth G. Holmes family, of Tu- unga, California, who had fun trying to ring in truck-garden crops on decom- osed granite soil. They did come up with multiple-use combination: a dwarf peach ree (flowers and fruits) underplanted with New Zealand spinach (resembles ajuga, astes better than real spinach).

Louis B. Hill, of Berkeley, with one of the neatest, most abundant vegetable gar- dens of all. The weedless soil looked sculp- tured. The harvest was measured in quarts, half-gallons, and 20-pound lots.

Donald Bosque, of Novato, California, the scientific gardener who kept records of the germination and growth of six kinds of plants grown from seeds that he took from his own garden the year before.

Ron Derobertis, of Sacramento, who built a nice flagstone patio and grew Japanese cucumbers (white, sausage-shaped, 2 feet long). He trained them on a fence.

Lloyd L. Olson, Sr., of Happy Camp, Cali- fornia, who had to drive 80 slow, hot miles to get plants so he sowed, begged, bor- rowed, or discovered all the plants that made his attractive garden.

Mrs. Birdie Kuehl, of Yakima, Washing- ton, who skillfully planted 46 kinds of flowering plants in a 20 by 40-foot plot—shrubs, annuals, perennials, and bulbs.

Fruits and flowers are grand rewards

ROBERT COX

Turk's-cap *gourd. Sown in May, vine grew to top of 5-foot fence in 4 months*

DON NORMARK

Flower *of an eggplant, violet-purple with yellow center, 1½ inches across*

Soldier beans *are so called because some people see soldiers in the markings*

Green peppers, *a popular crop. They turn red and get sweeter as they ripen*

Big plans for a summer-fall garden?

The gardens on these pages came to our attention through a contest announced in *Sunset's* "baseball garden" article last April. This year we plan another garden contest.

If you are going to build and plant a summer-fall garden this year, may we suggest that you consider entering our contest? (You can drop out at any time if your garden doesn't pan out.)

Last year all entrants who sent in a report were given a baseball plant *(Euphorbia obesa)* and a printed certificate. Those whose gardens were judged most impressive were awarded baseball tickets and cash prizes. This year we plan some similar awards.

To enter the contest, just send your name and address (and age if you're under 16) to Summer-Fall Gardens, *Sunset Magazine*, Menlo Park, Calif. 94025. We'll send you an entry number, instructions, and prize list.

In addition to the kinds of gardens and plants shown on these pages, we'd especially like to see these summer-fall garden ingredients: fuchsias (in suitable climates), gladiolus, succulents, container plants, moving water, more pools, more begonias, more strawberries, more structures, more loafing areas, more innovations.

In upstairs *addition, boys share one large room and bath, with plenty of play space. Accordion-folding wood partition on track along beam can provide semi-privacy*

At either end, *built-in desktop, shelv provide space for a boy's special thin*

Right side *of cabinet has no bottom. Door and shelf will be removed later for cha*

They built a new upstairs for their two boys

Before: *Low-roofed center section connected two wings of house*

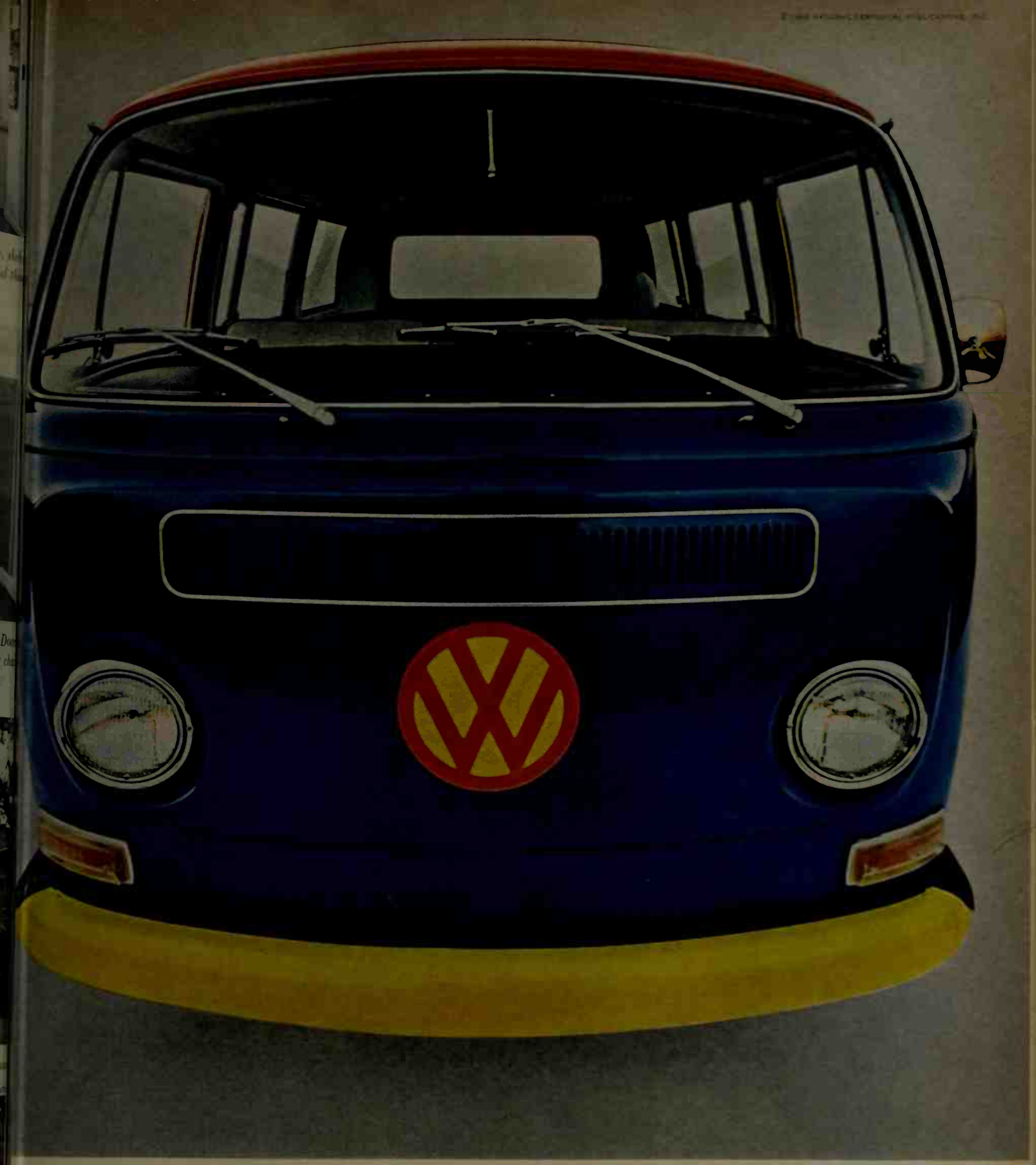
GLENN CHRISTIANSEN

After: *Roof ridge raised slightly to accommodate heating ducts*

You'd never know that this upstairs addition wasn't part of the original house.

Like many another couple before them, the Bernard Arfins of San Carlos, California, looked around for a larger house to accommodate their growing family, then decided to build on to their present one because they liked it better than anything else they could find. Added above the lowest part of the original house, the addition provides one large room and a bath for their two young boys. Eventually, the optional separation provided by an accordion-folding partition can be made permanent; each end of the room has a large window, its own built-in cabinet and closet, and hallway access to the bath.

The original heating ducts were extended to supply heat; the exposed beams are the actual roof supports, painted blue-green against a light green plaster board ceiling.



Superwagon.

Cleverly disguised as a mild-mannered Volkswagen this station wagon costs very little to begin with. Around $2650.

It uses very little gas. Around 23 mpg.

It denies itself water and antifreeze.

It humbles itself into parking places made for small sedans.

It consumes pints of oil instead of quarts.

But, let a crisis arise:

And you've got a station wagon that's able to hold up to 9 people at a single sitting.

You've got a station wagon capable of carrying nearly twice as much as an average wagon.

Slide open its sliding side door, slide the seats out and you can slide a piano in.

Or a giant hutch.

Or a baby elephant.

The list of things it can carry is endless.

So if you've got an endless list of things to carry:

Look.

Up in the picture.

The Changing Western Home

Theater lights in the bathroom . . . floating swimming pool alarm . . . new tub and shower in one . . . outdoor floor sprinkles on

Something a little different

Instead of mounting flush to the wall, these theater lights for a vanity or bathroom mirror consist of a freestanding brass bar supported at the center by a brass plaque. The 6-light unit shown costs $25 to $30. A 4-light unit is about $20. Architect was George L. Cody for the Erie Altrees, Palo Alto, California.

Stick-on bumper pads

There's always a spot somewhere in the house where a cupboard door bangs the wall, the lid of a record player invariably slams, or two other objects meet with a bang and you need some kind of bumper. For about 30 cents you can equip yourself at a hardware store with a dozen ½-inch-square rubber pads with adhesive backs. Just press them on wherever they're needed.

Most alarming

A swimming pool alarm is a worthwhile investment if you have small children or animals that might fall in when you're not there to watch them. Built-in alarms, however, are generally quite expensive and should be installed when the pool is being built.

A free-floating alarm now available for about $60 is triggered by water movement. The unit is circular, about 1½ feet in diameter, and floats at the end of a tether tied to a pool ladder. If an object weighing 18 pounds or more falls into the pool, the wave it creates rocks the unit and an air horn goes off, blowing continuously for 2½ minutes. You can change the sensitivity of the unit to a certain extent to prevent the alarm going off in a windstorm. Since the alarm depends on wave action, it will not be set off by an object that slides gently into the water.

The unit is battery-powered; one power pack should last the season. Replacements are available.

Sprinkle on a new floor outdoors

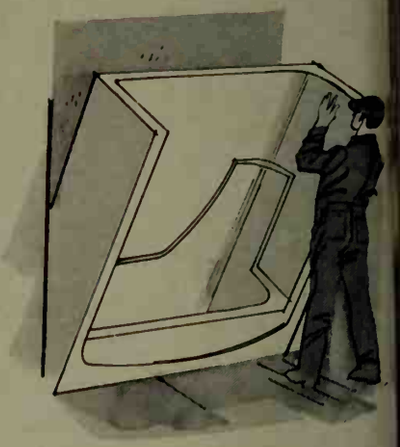
A seamless (liquid-application) floor covering is extremely durable and requires only sweeping and occasional light mopping to keep its good looks. The main drawback in the past has been that strong light would yellow most polyurethane binders, limiting the use of such covering primarily to indoors.

Now several acrylic-binder seamless products are available that are specifically approved for outdoor as well as indoor use. The process of installation is more or less the same for each of these products.

With one, you first clean your old floor thoroughly. Over that floor goes a white or black base coat. Then you roll on a clear liquid and sprinkle vinyl chips evenly over it until you have a solid layer. Once the liquid dries, you s up excess chips and roll on a second of liquid. When that is dry, you lightly to remove rough edges, then on a final coat of liquid for a glossy f For a more durable surface, you ca one or two more glaze coats. Ve surfaces, such as coving and stair r should be done first. You paint t then throw on chips or slide the from a dust pan.

You can walk on the floor as soon as stage is dry, so you don't need to f it all the same day. You do have t careful to keep it free of dirt until have finished completely.

The seamless flooring has a non-slip face, making it safe for steps or ar a swimming pool. If you damage it, easily repaired by a spot applicatio more acrylic and chips. Materials cost you about 60 cents a square There is a wide range of color selec



Tub and shower all in one piec

Normally, a bathtub is put in place a then the walls surrounding it are tiled a shower. Tiling calls for extra labor a skill, and the joint between tub and must be carefully caulked. Once the is done, the grout between tiles may sta crack, or chip loose.

The new tub and shower units of fib glass are cast in one piece, with the th shower walls an integral part of the t The unit is simply nailed in place with joints to leak and no tiles to set or gro to clean. It requires a space appro mately 5 feet long and 3 feet wide, wi three walls or other solid surfaces at lea 6 feet high along the back and at bo ends. A raised section of the back w forms the inner tub rim, then sweeps higher at the drain end. On this rim a both high and low soap holders.

You close off the open side with a curtai or any standard shower door.

The kind of fiberglass used for the t and shower unit is less slippery than t nsual tub surface and feels warmer. Th unit comes in six pastel colors and whit and costs about $150—a little more tha the most economical standard bath, bu somewhat less than a really fine tile batl

Music, swinging and cool. Beautiful people, cool and swinging, till the dawn. It could be London.

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DESERT INN

Hotel, Las Vegas, Nevada

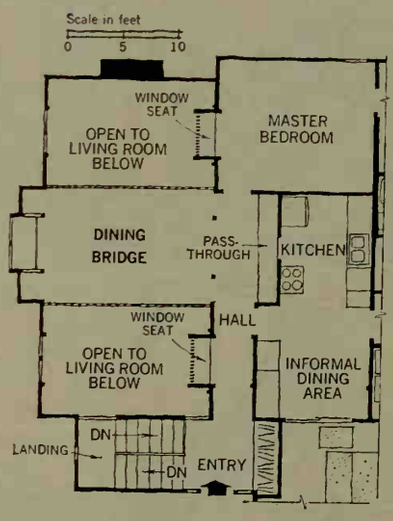
London, U.S.A.

There's *a certain excitement in dining on a bridge. You can see the fire, enjoy the high space, and still feel somewhat seclud*

FRANK JENS

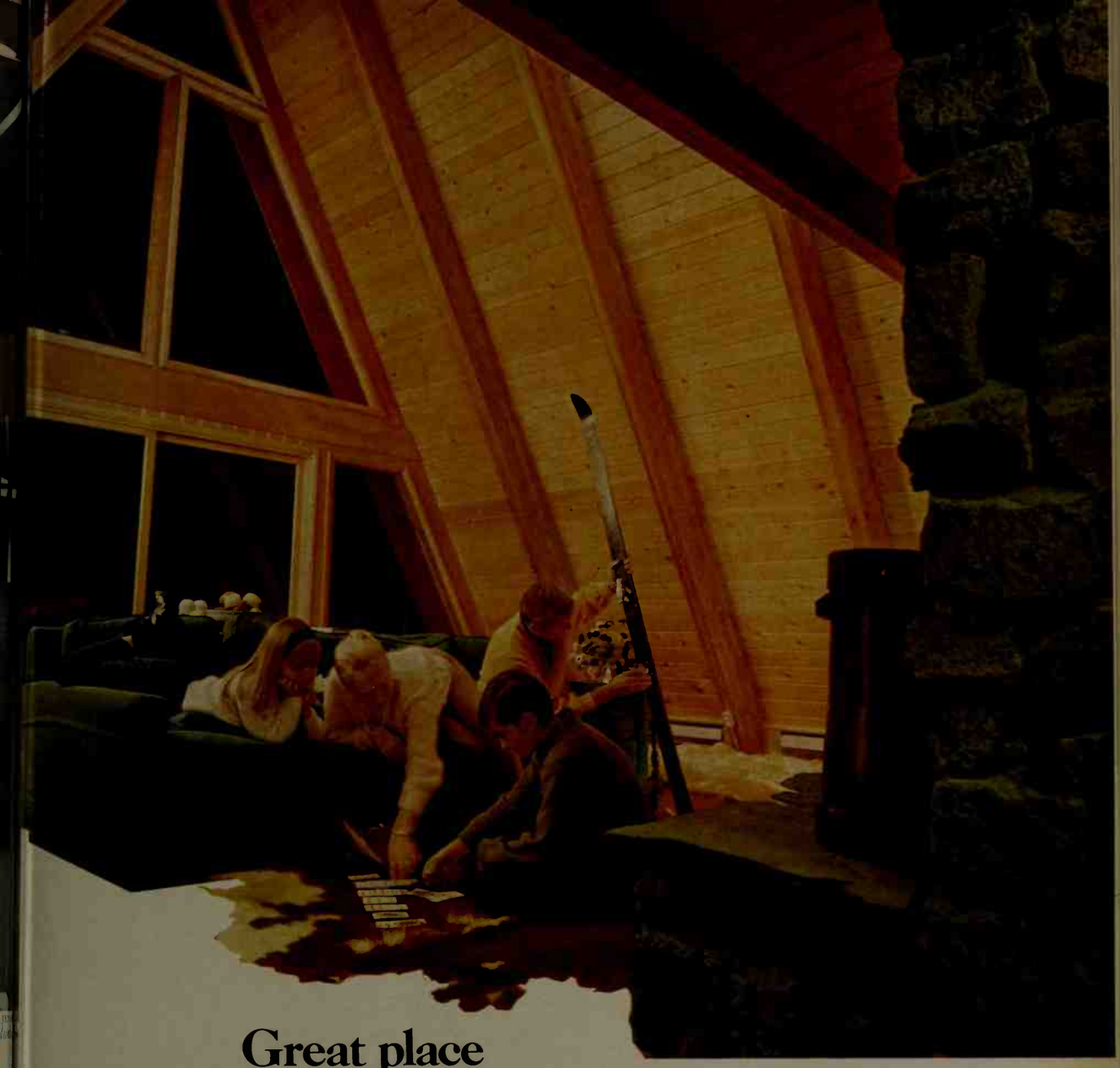
She sets the table on the dining bridge

The dining room in this Salt Lake City house is really a bridge that spans a two-story-high living room. Dining here presents no extra work, for the bridge connects directly with the kitchen on the main entry level. Living, activity, and children's rooms are one level below.



Bridge *is 10 feet wide, spans 16 feet across living room, is carpeted like rest of house. Architect and owner: Ronald L. Molen*

Tiled *counter with storage below run along end wall. Pass-through from kitche can be closed off with louvered shutter*



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Here, in RCA's *Almanzora* (above) is where *Swan Lake* takes on the rippling colors of a live performance. An integrated circuit in the tone arm beautifully amplifies the music at its source—and transports you to an on-stage *pas de deux*. A massive 8-speaker system is linked to 150 watts of peak power to make the lightning of Stravinsky flame and crackle in your mind. All you want in Stereo is here—from Solid State design to FM-AM-FM stereo radio. Even the option of listening to a little sitar on the side.

RCA

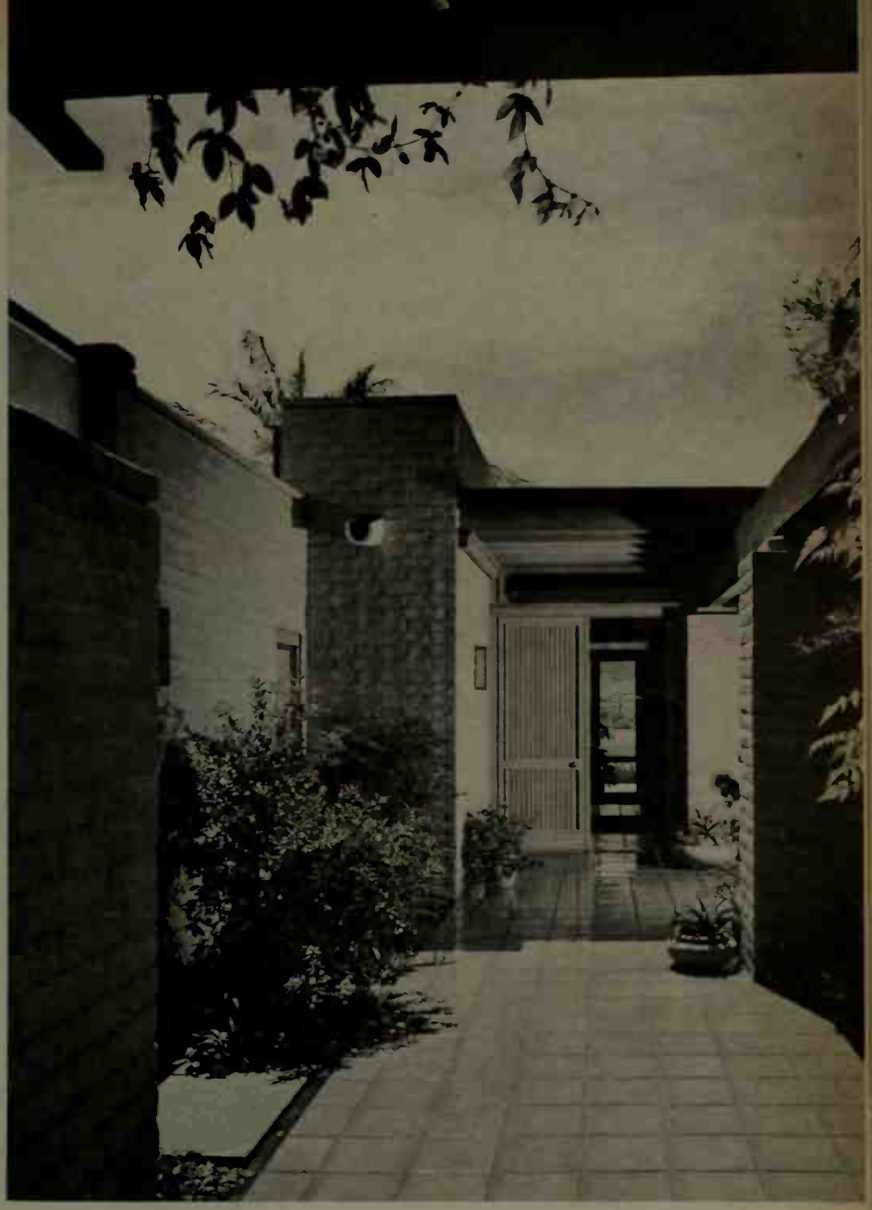
NEIL KOPPES

Adobe *with dark grout gives bold look to bedroom wall. Architect: Bennie M. Gonzales, for the W. M. Woottons, Tacna, Ariz.*

Three architects show ways to "warm up" a wall

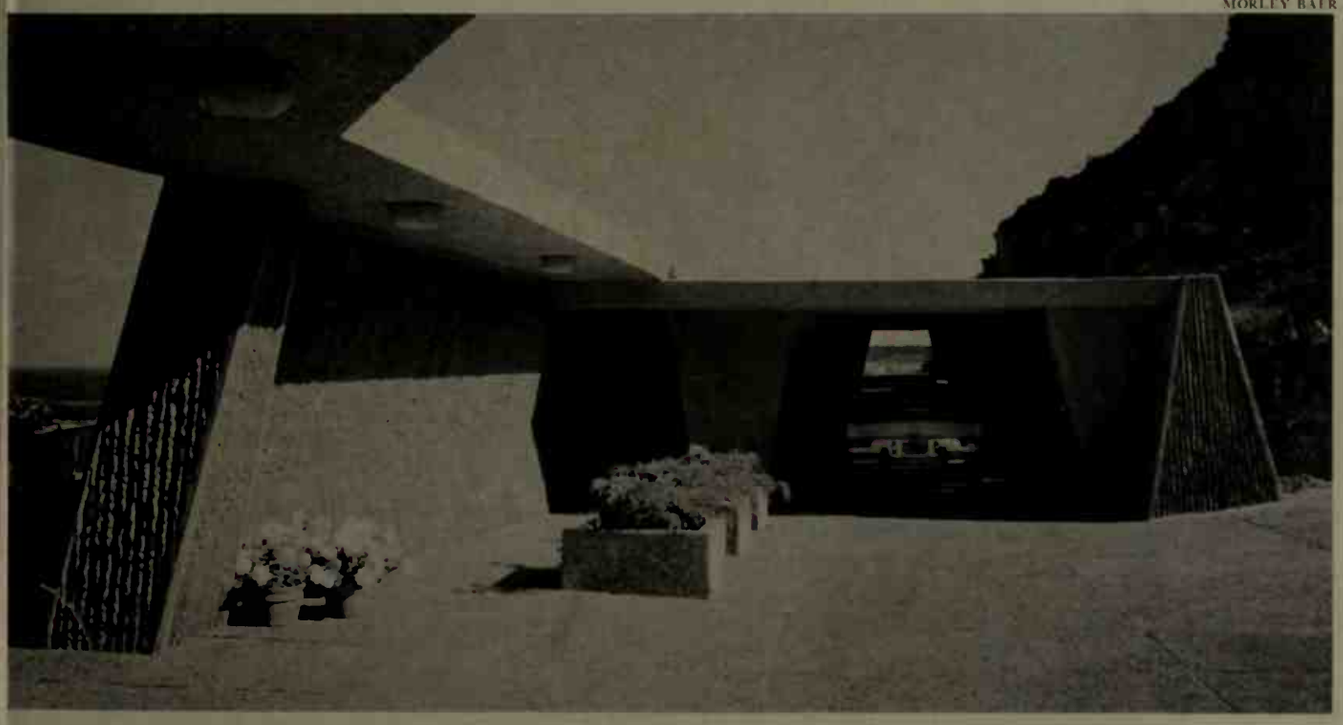
Walls of masonry or concrete look more inviting when they aren't perfectly smooth and regular in texture and color. For one thing, the smoother the wall, the colder it seems, quite apart from actual temperature.

Therefore, architects often try hard to "warm up" the walls they design. Here are three successful examples.



Shadow patterns *on face of concrete slump block make entry in Phoenix more dramatic. Architects: Calvin C. Straub & Denis P. Kutch*

MORLEY BAER



Concrete *takes a variety of textures. Here you see it sandblasted (drive, planters, and overhead), and ribbed (after it's set, ridges are roughened with a bushhammer). Architect: Mark Mills, for the Philip Farrars, Carmel, Calif.*

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Continuous weather forecasts on radio

The Forecast Center of the U.S. Weather Bureau at San Francisco is now broadcasting detailed weather reports continuously, 24 hours a day, on a VHF (very high frequency) FM radio station that operates on 162.55 megacycles.

Designed primarly for mariners and yachtsmen, who have special need to keep watch on coastal weather, the taped reports detail and forecast the weather conditions from Point Arena to Point Conception. They also cover inland areas, including the Sierra Nevada, for the general public and (for example) give special forecasts for skiers on Thursdays and Fridays during the season.

A similar station is in operation in Los Angeles on the same frequency; and one is in the planning stage in Seattle.

As a result of this new reporting system, anyone interested in outdoor recreation can tune in at any time and immediately get a weather report. And the information is up-to-date, coming directly from the Forecast Center. By comparison, the weather forecasts in a newspaper are usually at least 12 hours old by the time you see them, and there often is a considerable time lag in weather reporting of radio and television stations, too.

The center's taped forecasts are fully updated every 6 hours; observational reports from some stations are updated every 3 hours; any sudden change in the weather, and issuance or cancellation of small-craft storm warnings, are reported immediately.

Because the weather radio station broadcasts on 162.55 megacycles, its range is limited and its transmissions are on the same broadcast band as police, fire, and mobile services, a band not included on the typical home or car radio. If you do not have a radio that will receive the station, you can purchase a portable transistor set (from $20 up) that will receive it. For industrial firms, schools and law enforcement agencies, there are sets costing $200 or more that turn on automatically by remote control from the Forecast Center to call attention to important weather information.

Transmitter for the San Francisco station is on Mount Pise, a few miles west of Redwood City. Although reception is considerably reduced in shadow areas shielded by hills and mountains (as with television reception), the site provides coverage over most of the coastal and intermediate valleys of the greater Bay Area and outward more than 40 miles over the Pacific.

CHAMP IN Camp!

When it comes to versatile footwear for over-the-road camping, Red Wing Irish Setter Oxfords take first prize! Smart, low-cut styling—plus rugged construction—make 'em equally at home in a roadside restaurant or a rocky ravine. Oil-tanned uppers, tough crepe soles. Come in, meet camping's lightweight champ at your nearest Red Wing Irish Setter Dealer!

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RED WING

Red Wing Shoe Company, Red Wing, Minnesota 55066

RED WING SHOES

This may be the least expensive pruner you can buy. Price: $14.95

You can buy a pruner for $6.95. Or $2.50. Or $1.79. But a Wilkinson Sword Pruner gives you things you can't put a price on.

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And this pruner is built so well, you may never again have to buy another.

Think about it.

At $14.95, the Wilkinson Sword Pruner is a steal.

WILKINSON SWORD

Mountainside, N.J. 07092

Plastic hood *deflects warm air away fro draperies, has magnets to hold it in pl*

DARROW M

Another deflector, *a homemade plywo box, screws onto a register bene*

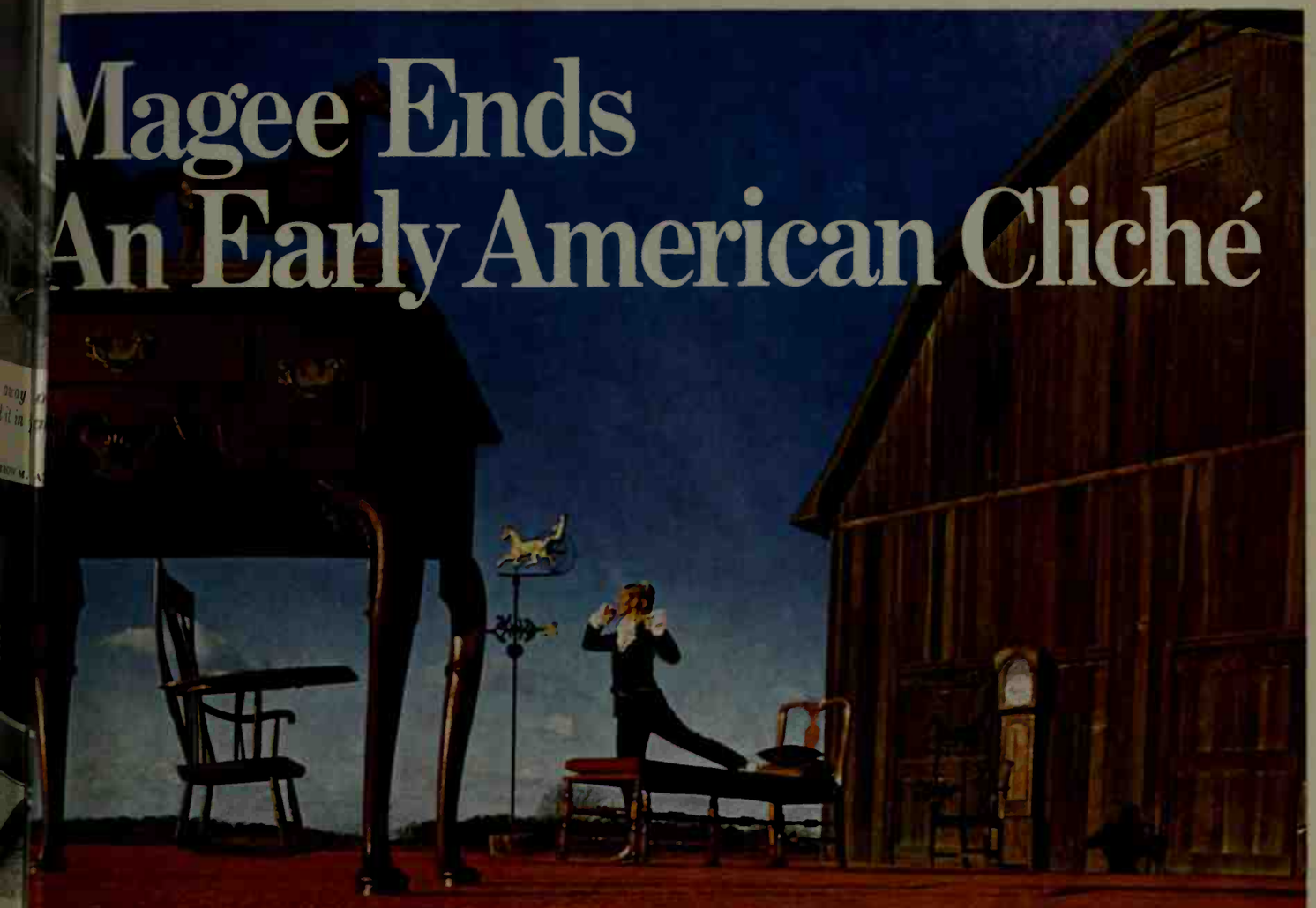
Deflecting heat into the room

The warm-air registers of forced-air fu naces in homes are often located in fro of large expanses of glass. This practice basically sound, because the flow of heate air warms those cold areas. But often th registers are placed too close to the walls Then, the warm air rustles your draperies tends to soil them, and, may even shrin part of the draperies above the register.

If you have this problem, you can usually eliminate it quite easily by just deflecting the warm air farther into the room. The top photograph shows one answer: a plastic hood, available at heating equipment companies for about $2.75, that has four magnets to hold it to the register.

If your register is directly under the draperies, and you need a lower hood, you may have to make one yourself. The one in the lower photograph above is simply a low plywood box open on one side; it is screwed to the metal register and covered with scraps of the floor's vinyl linoleum.

Magee Ends An Early American Cliché



You see it in almost every Early American room: the rag rug. Or the Williamsburg blue carpet. They're correct. But awfully routine these days.

Be a little adventurous. You wouldn't have Early American furniture if you had humdrum taste. Pick a color as fresh as pumpkin. The real pioneers used it—in fabrics and glassware.

Magee does, too. In The Flair of 1776 Group of carpets. Here are nubby tweeds and woolly shags that almost look homespun. Warm colors that give a fireside glow to your room.

Some Flair carpets are wool; some just look like wool. Some are expensive; some just look expensive. All are made with the care Magee is known for.

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British regency urn with foliated husk and ring bails on pedestal and plinth. 38 inches. About $102.50.

The Stiffel Lamp

For brochure of selected Stiffel lamps, send 25¢ to The Stiffel Company, Chicago 60610.

Where once *a wrought-iron stair rail looked bare against a wall, now a shallo wood rack for magazines, pamphlets, art books provides band of warmth and col*

Magazines go on the rail

This shallow wooden rack accomplishes two things: It holds a collection of magazines, pamphlets, and art portfolios, and it dresses up what used to be a somewhat barren part of the room.

The rack was attached to an existing wrought iron railing next to a stairwell. Its compartments are only 1⅞ inches deep, so even floppy magazines can be displayed vertically.

Top sections, right and left, are 12 inches high, for *Sunset* and similar-sized magazines. Sections below them are 14½ inches high, for larger magazines. The center panel contains an 8½-inch-high section for small pamphlets and books, and an 18-inch-high section for art and other tall publications.

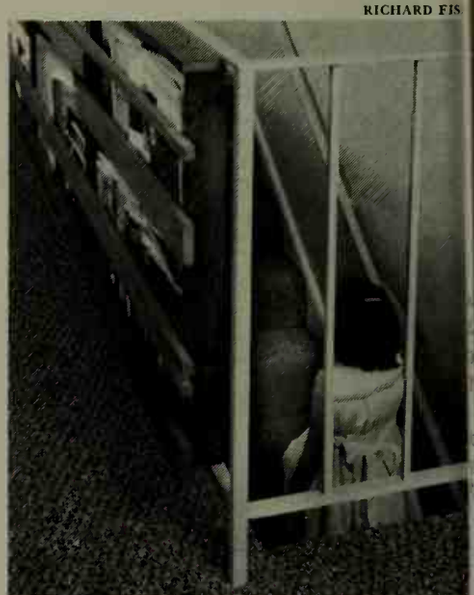
You could adapt this idea to suit your own stair railing. In the installation here, the trick was to start with ½-inch plywood panels, one for each of three divisions of the railing. These rest on the bottom rail and are held from behind by screws fitted through holes drilled in the metal rail uprights.

All the lumber was 1 by 3's (actually ¾ by 2⅝ inch); some of it was ripsawed down to 1⅞-inch width to make the four inner verticals and the shelves (keep the leftover thin strips for cross members).

Nail a full-width vertical side piece to each outermost edge of the rack. Attach a pair of the narrower vertical pieces beside each inner railing post, with screw through the rear of the plywood. The nail shelves to these verticals and rein force each with two screws from behind.

Nail 1 by 3's to the top of the rack an in front of each shelf. Finally, add th thin cross members to keep magazine upright; space these a little less than hal way up the opening.

RICHARD FIS



End view *shows how rack fills space between top, bottom members of stair rail*

Easily maintained,
cheerfully runs on peanuts,
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The Mini-Brute.

Buick's new Opel Kadett LS Sport Coupe. Our deluxe Mini-Brute. An economy import that begins where the others leave off.

It looks good. Special appointment touches put it a cut above other imports. And it's tough, with a muscle-clad 55 hp. engine, a rugged drive-train and a new rear suspension to give you American-style riding comfort. Plus, you have a power choice. Available engine packages in 80 and 102 hp. versions.

There are five other ways to go Mini-Brute this year, too. A Rallye Kadett, a Deluxe Wagon, a Deluxe Sport Coupe, a 2-door Sport Sedan and a 2-door Sedan. All feature a long list of standard comfort and convenience features, plus the new GM safety equipment. And they can be seen now at over 1600 Buick-Opel dealer showrooms across the country.

Go make one prove to you that economy has changed its style.

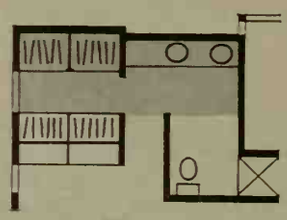
Buick's New Opel Kadett.

GENERAL MOTORS' LOWEST PRICED LUXURY SPORT COUPE.

Sometimes a bathroom can just grow

"Floating" *ceiling, louvered glass wall give dressing room a sense of space*

Principal *addition was two-basin counter with sit-down space, lit by ceiling dowr lights. Note narrow vertical-louver windows above mirror, for light and ventilatio*



Shaded *area shows added space*

Louvered windows used in a big panel and in a long strip brighten this addition to the rear of a master bedroom. At about 7 by 18 feet, the new spaee more than doubled the size of a bathroom and created a dressing room for the Joel Colmans, of Pacific Palisades, California.

Conventional windows were not used because the addition—at the rear of the house—abuts a steep slope, and beeause the wall space was needed to provide space for mirrors and storage. The architect, Raymond Kappe, met the ehallenge of making the interior spaces light and airy—and livable—by using both natural and artificial light skillfully and by calling for extra amenities.

Two devices keep the new dressing roor from looking like a narrow and confinin hallway. A louvered window at one enc all the way from the floor to a closet height fascia, provides a private garde view and the illusion of great extra spac as well as light and ventilation. And panel of glass above the faseia make the ceiling seem to float above the room The apparent height of the eeiling is fur ther increased by indirect (tube) lighting above the elosets.

More than usual attention was paid t making the bathroom seem warm and pleasant. Note the amenities: carpet wallpaper and pictures, bookshelves, and —again—careful lighting.

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Stop in at any Baldwin showroom.

And while you're there, ask for a free copy of our colorful decorator booklet. (House Beautiful magazine planned it for us.)

It's full of ideas on how to decorate your home with our music.

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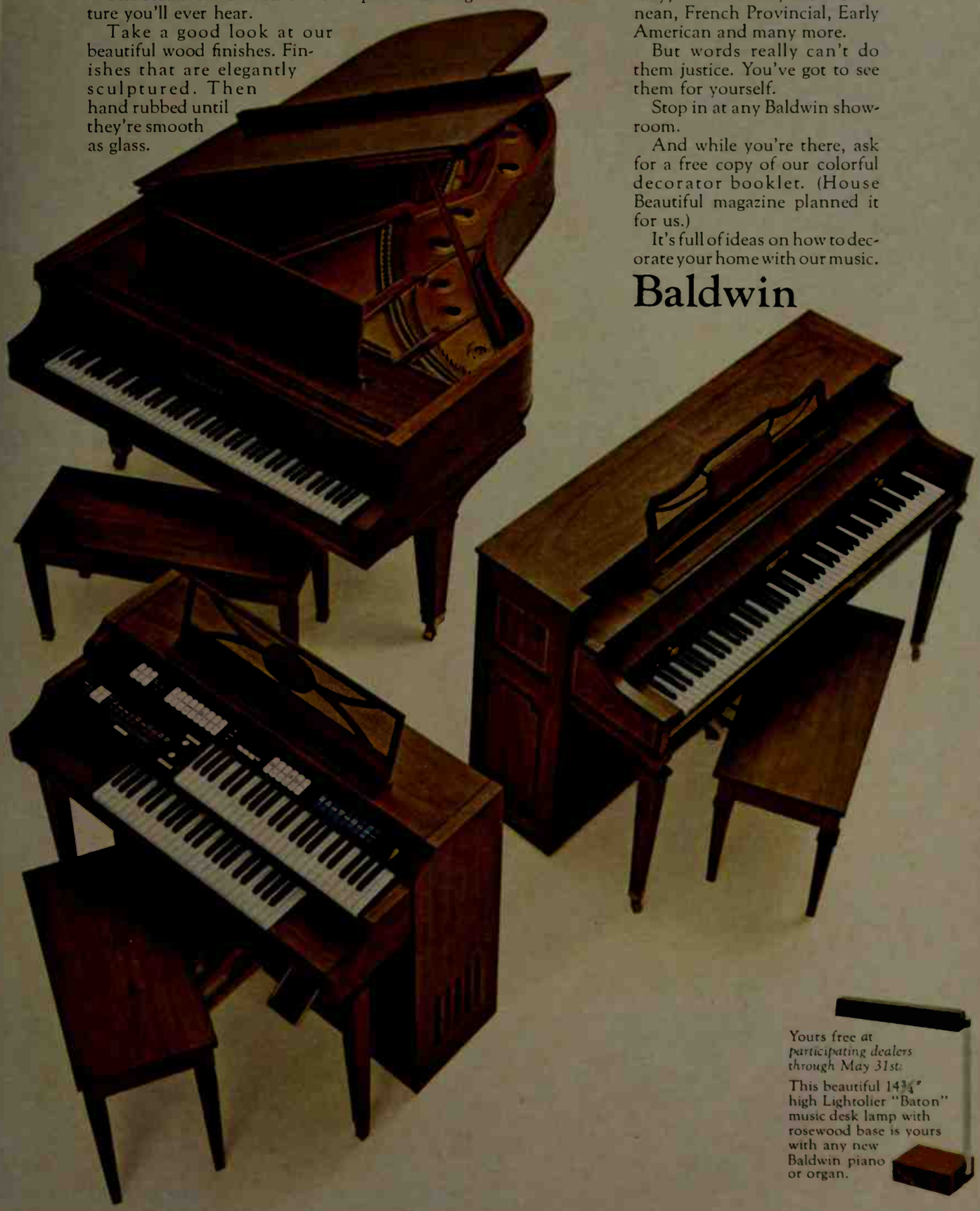
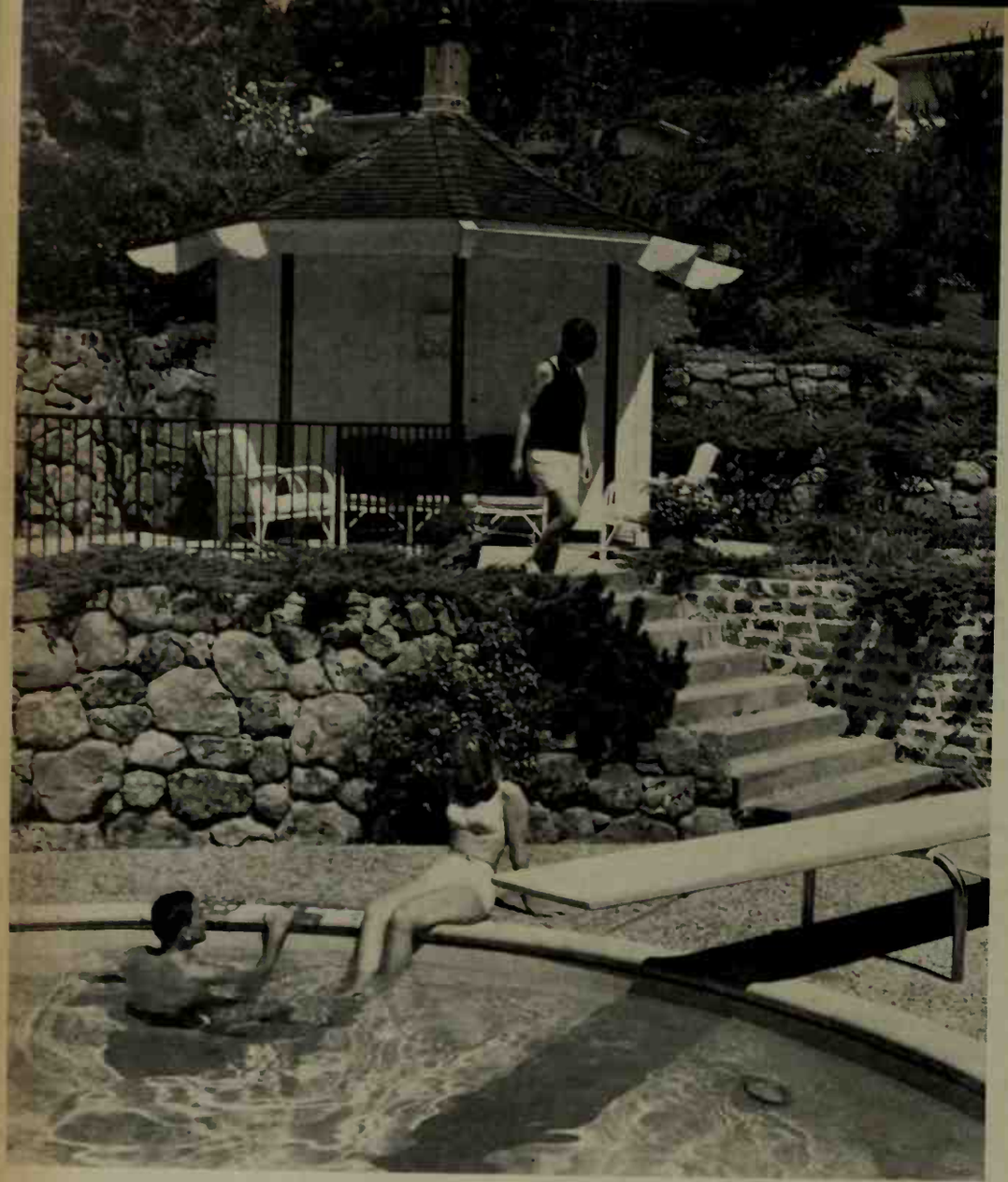


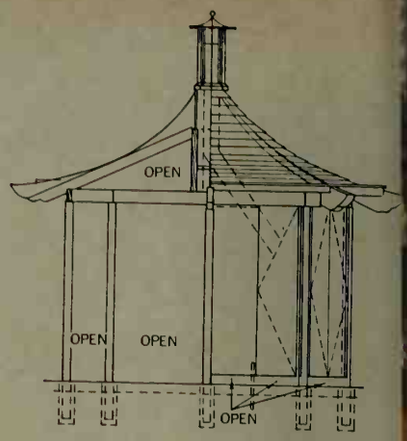
Yours free at *participating dealers through May 31st:*

This beautiful 14¾" high Lightolier "Baton" music desk lamp with rosewood base is yours with any new Baldwin piano or organ.

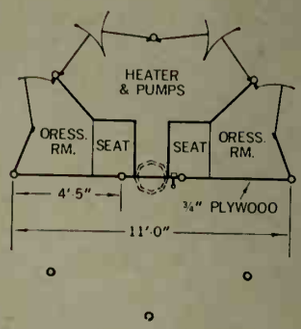


GLENN CHRISTIANSEN

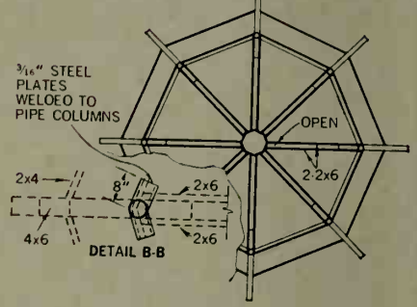
Tiny, white gazebo, *housing pool equipment and dressing rooms, overlooks pool from upper terrace where it also provides a small semicircle of shade for warm afternoons*



Left half *of diagram shows open part of gazebo; right half is elevation view of enclosed part*



Dressing rooms *are small, each with built-in seat; just enough room for one to change clothes*



Little gazebo . . . above the pool

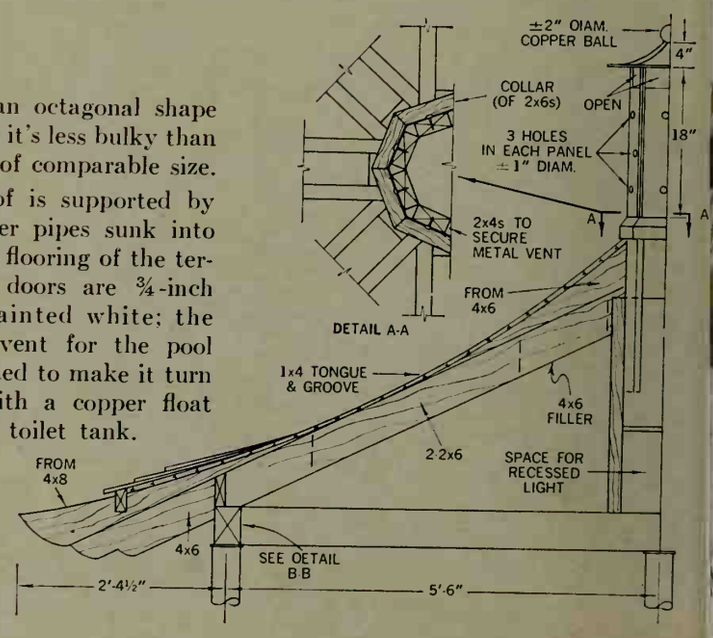
This octagonal gazebo is only 11 feet in diameter, but in just half of it architect Morgan Stedman managed to house the mechanical equipment for the pool and provide two dressing rooms, while the other half forms a sun-protected outdoor room.

Before they put in their pool, Mr. and Mrs. Ross B. Yerby, Jr., of Hillsborough, California, had a 50-foot-deep back yard, sloping upwards from the rear of the house to the property line, with a minimal garden and a series of terraced walls.

A flat area was excavated close to the house to provide enough space for the pool, and new walls were constructed to create a small upper terrace for the pool equipment.

The architect chose an octagonal shape for the shelter because it's less bulky than a rectangle or square of comparable size.

The open-beamed roof is supported by eight 4½-inch-diameter pipes sunk into the exposed aggregate flooring of the terrace. The walls and doors are ¾-inch exterior plywood, painted white; the fanciful top-knot, a vent for the pool heater, is copper, treated to make it turn green, and topped with a copper float of the type used in a toilet tank.



'UMN LEAF, one of four distinctive patterns in the new Filon Carousel series.

Pattern design and patio by Lloyd Faulkner, A.I.D.

Elegant Living! Either way you look at it – outside, inside – with new translucent *Filon-Stripes*

The colors are striking and beautiful, but Filon-Stripes have an added magic quality that's hard to photograph. The strong fiberglass panels softly transmit light, banishing patio darkness. Result—elegant, light-filled living accented with beautiful and lasting year-around color!

There are four distinctive Filon-Stripes patterns, all in rich (and durable) earth and sky colors that let you take your outdoor decorative color scheme right from nature. The Autumn Leaf pattern is shown. The others: Red Oak, Driftwood, Bluegrass. The cost? You'll be pleasantly surprised when you visit your dealer.

Beginning to see a patio idea for your home? There are a good many more ideas, including carports, fences, screens, storage shelters, and pavilions in our free *Patio Planning Kit*. The kit is an idea-starter complete with Decorator Guide, Color Selector, Building Plans, and Materials List.

Filon-Stripes and the free Patio Planning Kit are available right now at leading building supply dealers. Or use this coupon.

FILON

DIVISION OF VISTRON CORPORATION

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Please send me your **free** Patio Planning Kit with pictures and plans of new Filon-Stripes.

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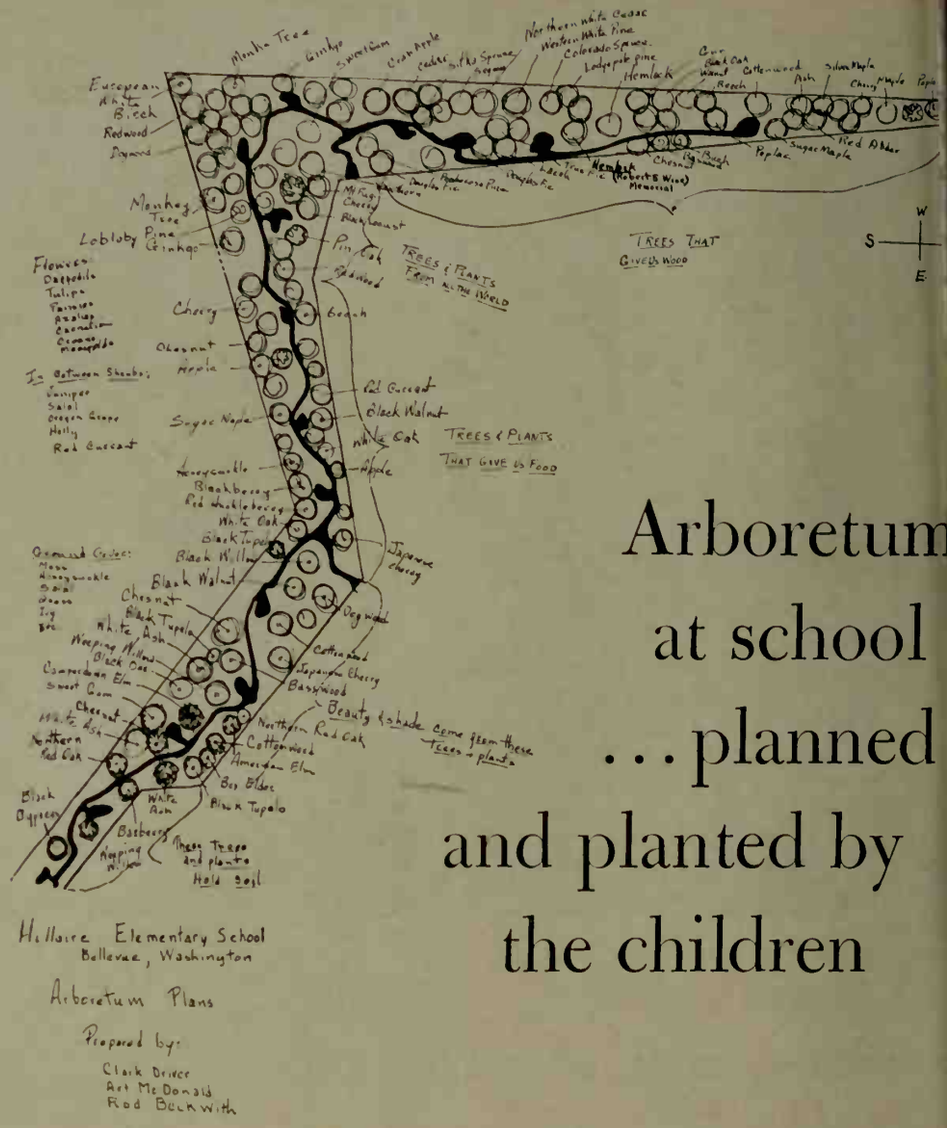
Community Action in the West:

Arboretum at school ... planned and planted by the children



The landscape plan reproduced above is unusual for several reasons, not the least of which is that it was drawn by a committee of students from kindergarten through sixth grade. What it shows is an arboretum now being installed by the students of Hillaire Elementary School in Bellevue, Washington.

The project began in 1964 when the Hillaire Parent-Teacher Association decided that a fallow piece of land adjacent to the school grounds would serve well as an arboretum. A fund was established for the purpose, but all agreed that the arboretum would be of greatest value to the students if it was their own undertaking.

Under the guidance of Albert Wright, a fifth-grade teacher at Hillaire, the youngsters (some only a step beyond the sand pile) began to study the practical problems of soil engineering, horticulture, and landscape design.

Some of these subjects are introduced classroom; others are learned by doin For example, students raise trees an shrubs from seeds planted in a nurse bed constructed by parent volunteers.

Each classroom group elected two repre sentatives to a committee that dete mined the kinds of plants best suited t the arboretum, and how they should b arranged. Then they drew a plan.

The plant materials, in addition to thos raised from seeds by the students, com from several sources. Some classes hav saved money to buy trees and shrub Nurserymen, parents, and the PTA hav donated other plants.

The creation of any arboretum is a long slow process, and the Hillaire Junior Ar boretum will require many years to com plete. This is intended. Eventually every Hillaire student who has passed through the school over a considerable span o time will have helped plant at least one tree or shrub, and will have actively participated in this memorable project.

DON NORMARK

Fifth-graders *add tree to their arboretum in ceremony last June on final day of semester*

68: a vintage year for Wide-Tracking.

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This year, Pontiacs, like that long, luxurious Bonne- below, ride more quietly, more comfortably, more oothly than ever before. Our habit of introducing olutionary firsts continues with the world's first bumper that you have to kick to believe. (It's standard equipment on this year's Car of the Year, the GTO.) And our reputation for building great road machines is enhanced every time one of the five Pontiac Firebirds is sent into motion. Which is often.

So when you add it all up, there's really no doubt that '68 Pontiacs will be talked about for years to come. And lucky you. You can own one without paying classic car prices. Just visit your Pontiac dealer.

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Admiral Big Screen Color: feature for feature, dollar for dollar, the best you can buy!

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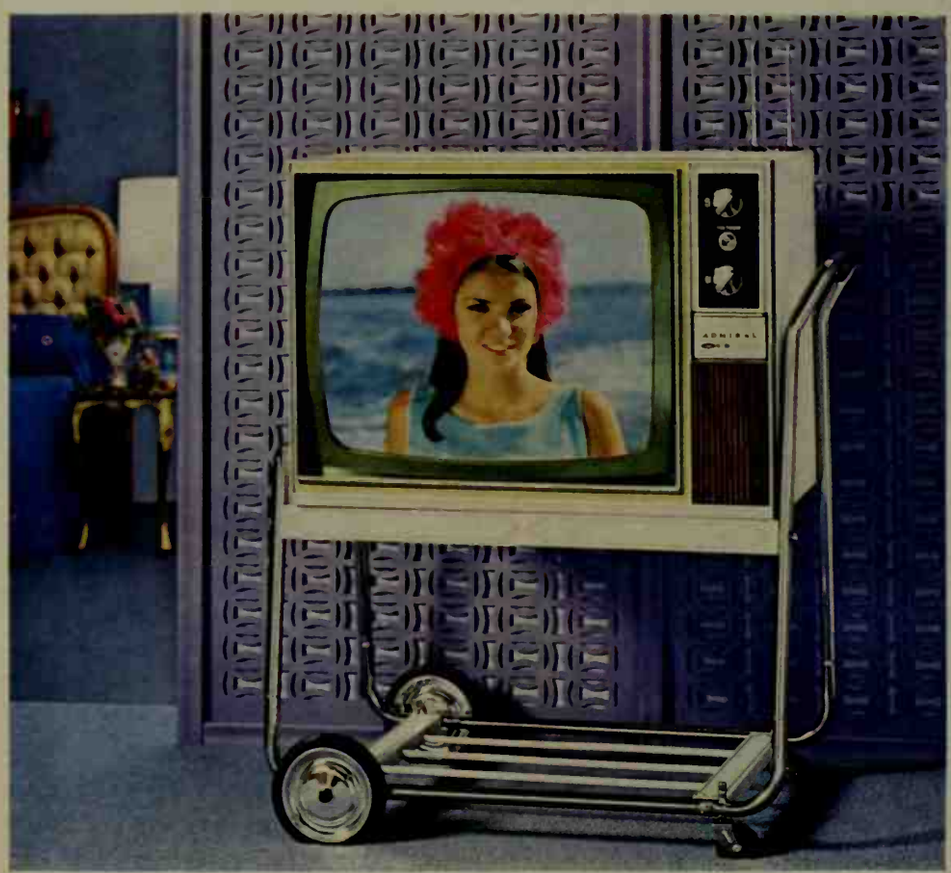
The Jameson, Model 201L, 20-in. (diag. me color console. Contemporary styling with walnut grained finish. Only **$399.95***.

The Westchester, Model 241ST. Combines 20-inch (diag. meas.) color TV, stereo, FM/AM, FM stereo radio. One of 6 new Stereo Theatres priced from only **$550.00***!



The Houston, Model C8024T, 18 inches (diag. meas.) of magnificent Admiral Big Screen color—with portable convenience! Elegant white linen finish. Smart roll-about decorator cart included at no extra cost. Prices start as low as $348.88*.

Many models are available with Admiral Color Sonar. Controls volume, changes channels, controls color intensity and tint, turns set on and off—all from your easy chair.

*Mfr. suggested retail price, slightly higher in some areas

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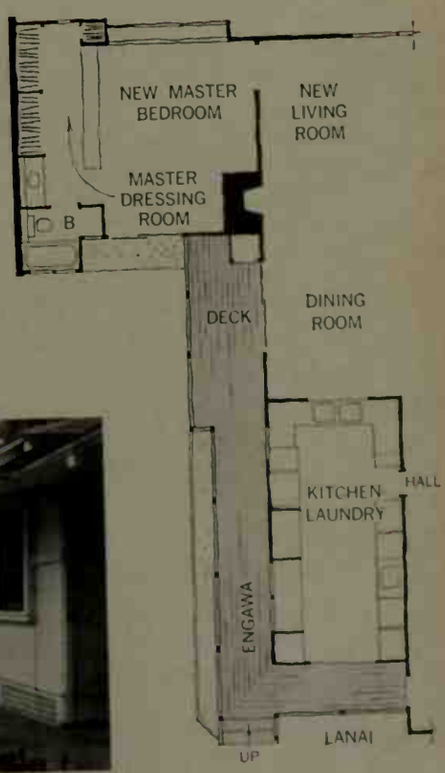
NELSON/ZELLERS

ew engawa *helps tie old, new parts of house together. It covers a concrete walk (photograph below), with gravel strip hiding edge*

They wrapped a new engawa around the old house

The addition of an engawa contributed markedly to the Japanese look of this 30-year-old beach cottage in Kailua, Oahu. Functionally it also made good sense. It enabled the architect, Claudia W. Gauen, to eliminate the inconvenient and unattractive entry through the kitchen, and to improve both indoor-outdoor and room-to-room circulation.

Outside the dining room, the engawa widens to give Mr. and Mrs. Rufus C. Longmire a sitting area that overlooks a new Japanese garden and is shielded from ocean winds by the bedroom wing.



Before. *Kitchen door was also main entry into house. Now there's a new entry (not shown) that is part of living room - master bedroom addition*

Legs, *stored in closet, screw in place so panel can fold down as a cutting table*

Big cutting table . . . and roomy storage

Although this sewing-hobby room might seem a bit luxurious, its designers, Dr. and Mrs. G. T. Randall, Tarzana, California, say that they can't think of any one expenditure, other than perhaps their pool, that has given their family more pleasure. Its carefully-thought-out storage areas take everything from pins to wrapping paper—and the bed beneath the table accommodates an occasional guest.

Table *is a good height for stand-up use. Patterns, fabrics, gift wraps store on specia designed racks. Closet, left, with ironing board, also has a built-in full-length mirr*

Floor-to-ceiling *storage, interrupted only by counter, is concealed by folding doors*

RICHARD F

Sewing counter *opposite table has shallow drawer below machine for threads, acces sories. Machine lifts out for storage in drawer at right; counter cut-out is replaced*

The Sony Silencer

If you're a man who craves peace & quiet at breakfast, plug this Sony into the wall. For total silence, plug your wife into this Sony. It's brand new.

It has an earphone. A sunglass screen to cut down the morning glare. And an 8" picture (measured diagonally). And that's big enough to keep a harem quiet.

If the coffee pot and toaster hog all the outlets, you can run it on a rechargeable battery pack. (Which comes in handy when you want to run it out of the house.)

But fair's fair. Sometimes the talker wears the pants. So... if you're a lady who craves peace & quiet at breakfast...

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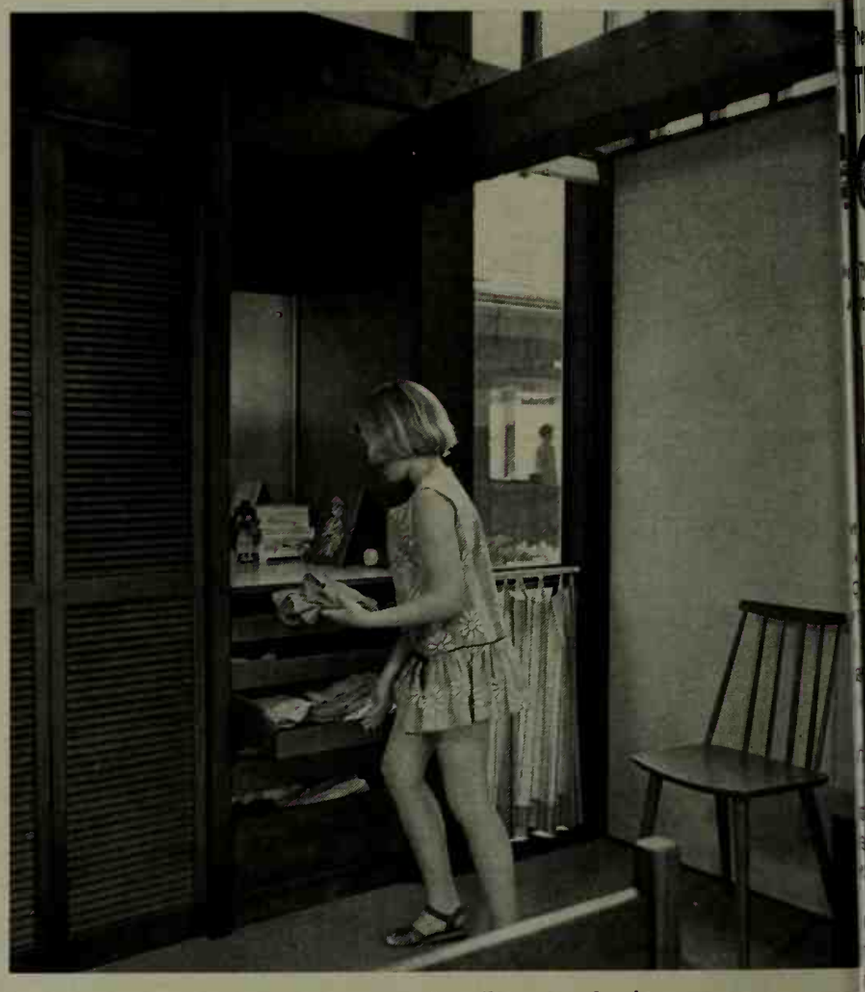
Ladderlike *arrangement in bath provides more towel racks than could be put on wall. Drawer is easier to reach than medicine chest*

In mud room, *dry coats go in closet, left; wet ones can be left on the bench. Heater beneath blows warm air upward and out across brick fl*

For hanging up and putting away

Sometimes just the form and the placement of storage facilities tend to encourage children's neatness by subtly directing them to the right place to put their things away. Here are three examples in a house that architects Anderson and Bell, of Seattle, designed for a family with four little girls. Each child has her own room—small but private—and they share the bath.



Built-in drawers *with counter-top and wall-mounted mirror serve same pur pose as dresser, look neat, take up minimum floor space in each small room*

Photograph by Ernest Braun

here's room to roam at

The Sea Ranch

The beautiful second-home colony on the Sonoma Coast

There is a priceless dividend with your homesite at The Sea Ranch. Open space. Hundreds of acres of it. Great white beaches and quiet coves to explore. Over 45 miles of bridle trails to ride. Broad, green meadows to walk. Wooded hills to climb.

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In fact, The Sea Ranch—with a private swimming pool, tennis court and saunas—gives you the pleasures of a large country estate, without the cost and maintenance problems.

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Careful planning (including paved roads throughout and underground utilities in most units) sets this development apart. It also makes Sea Ranch building sites (priced upwards from $5,500) an excellent investment.

Find out more about this nationally-acclaimed Castle & Cooke second-home colony—just 2½ hours north of San Francisco. Send the coupon today for further information.

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SS-1

Plantings, *structures in this canyon garden are determined by site and by oaks. Tropical-looking foliage plants are a feature*

DON NOR

Mossy bank *(actually Irish moss), Scotch pines give childre garden the look of a forest glade. Bank is soft and sprin*

Trim, *dignified streetside face of a town garden uses ivy on wall and ground, clipped pittosporum hedge against brick wall*

DARROW M. W.

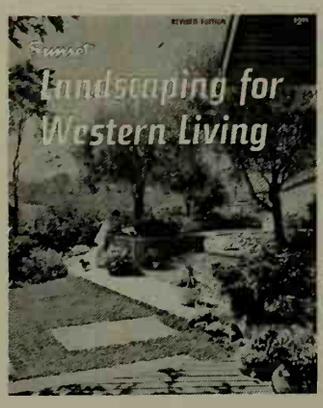
Low-growing *plants in boxes along deck open up view acro water, keep the unwary from strolling over edge into the lagoo*

New handbook for home landscapers

The first *Sunset Landscaping for Western Living* appeared in 1956; for 12 years and through 12 printings this book guided Westerners who were planning new gardens or upgrading existing ones.

Now a second edition has been published (Lane Books, Menlo Park, Calif.; $2.95). Although it bears the same title, it is practically an altogether new book.

Some basic principles of landscape design carry over from the text of the one to the text of the other; but the application of these principles is shown in scores of brand-new photographs like the ones you see here, nearly all from recent issues of *Sunset.*



Publication *date: March 20*

The 160 pages are divided into nine chap ters, each dealing with some aspect of hom landscaping, from site inventory to choic of plant materials. There is a chapter fo dedicated gardeners who want to work a hobby plant collection into the landscapes another for those who want to keep mainte nance work to a minimum, a third for those who garden on hillsides.

There's much new material on decks, ter races, screens, lighting (including the new low-voltage lights), and garden heating. And everywhere are inspiring photographs of what other people have accomplished, on their own or with professional help.

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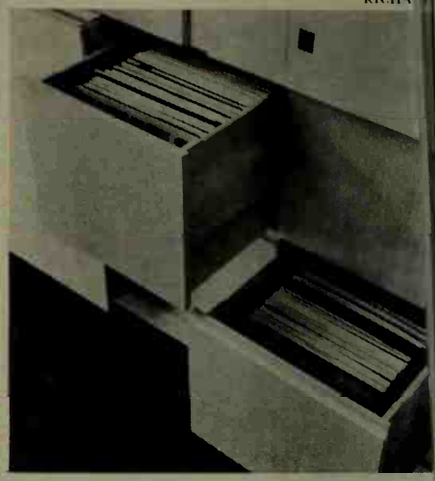
AMERICAN OF MARTINSVILLE

Magazine rack *arrangement for re*
has a wide lip to hold records in



In deep drawers *operating on file-dra*
hardware, records are easy to flip thro

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Records should be stored vertically, aw
from heat and dampness. Here we've p
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The open shelf storage permits you
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file drawers, they permit you to catalo
records to suit your tastes. They're part o
a stereo music center designed by Rudolp
Weingarten of Beverly Hills, California.

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AMERICAN EXPRESS

S-4-68

For furniture with an oiled finish

ost teak and rosewood furniture and a owing proportion of walnut furniture being shipped from the factory with a nd-rubbed oil finish. Some of the usual les about care and maintenance don't pply to this kind of furniture. Here are me points worth knowing if you have quired such furniture recently.

ollowing fairly common practice these ays, the flat surfaces of this furniture e usually veneer. (Where appearance or ear are important, as on table edges, olid wood is used, and of course, all rned pieces like chair legs and rungs ill be solid wood.) The veneer varies in nickness, but on most oil-finished pieces averages about 1/25 inch—or the thickess of a cardboard luggage tag. The veeer is applied with resin glues to furniure-core plywood, then finished with everal coats of one of the new oil-type nishes (successors to the old standby oiled linseed oil and gum turpentine finshes), rubbed in with fine steel wool.

ometimes these woods will be given a hin, flat, lacquer finish instead. It is imortant to know whether or not the piece as a lacquer finish before you begin any epair work. Since the difference between he lacquered finish and the hand-rubbed il finish is not always apparent to the ntrained eye, you may have to ask a lealer or furniture refinisher to tell you which you have on a particular piece.

Teak is the real workhorse of the three woods; if you've lived with a piece of teak furniture, you often tend to think of it as being indestructible. Walnut, long extolled as a fine cabinet wood, is also quite tough and durable. Both woods are relatively porous. Teak will rarely have a lacquer finish; walnut will in some cases. Rosewood is not quite in the same class. It is very hard and dense, but because it's more subject to expansion and contraction, it is most often given a flat lacquer finish. And the lacquer finish will scratch more easily than an oil finish.

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The mistake people most often make with oil-finished furniture is to oil it too often with too heavy an oil.

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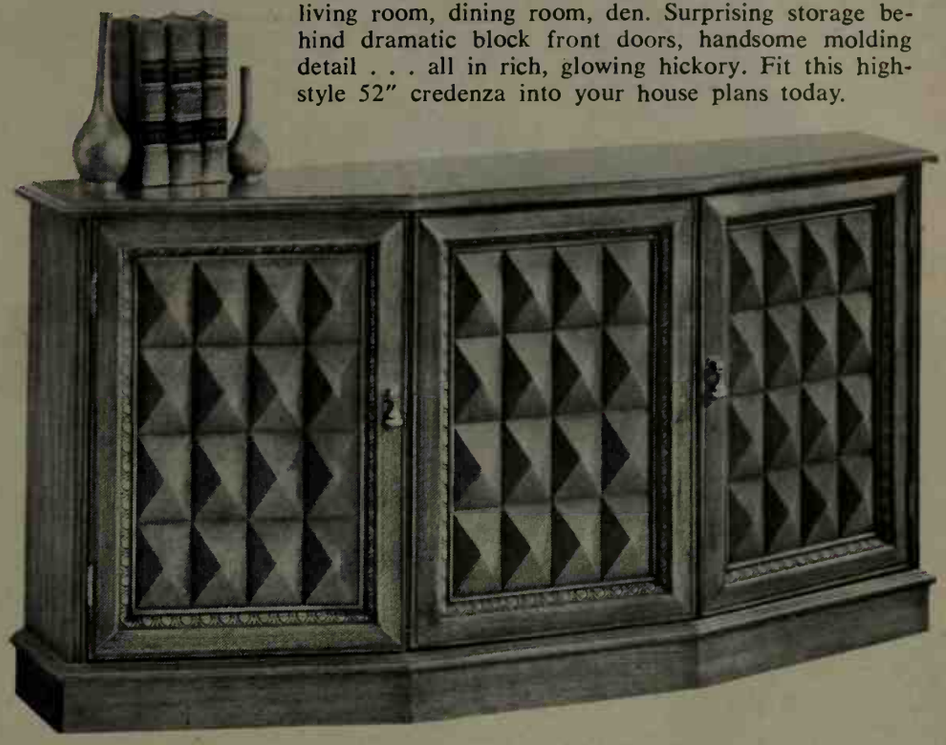

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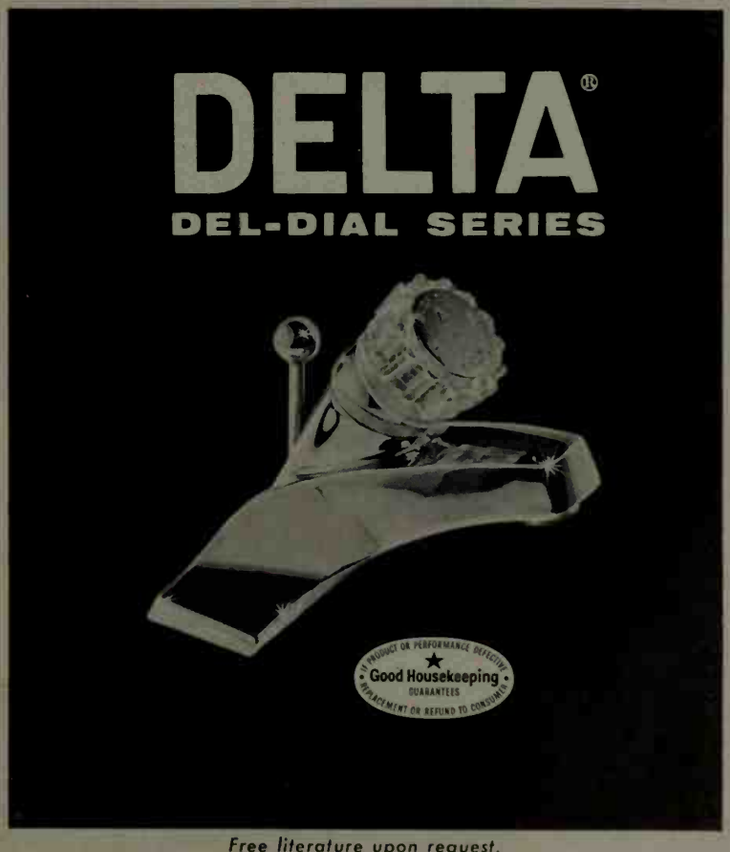

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a year, clean the surface with a mild s
or mild detergent, apply the dea
recommended oil with a pad of very
#4/0 steel wool, rub it well into the
face of the wood, let it stand, and reu
the excess oil with a soft, clean cloth

TO REPAIR SCRATCHES, DENTS, STAINS, BURNS

If the wood has a lacquer finish, bev
of trying to repair damaged areas y
self. Lacquer can be scratched easil
and once this happens the whole sur
may have to be refinished.

If you have an oil-finished piece, h
ever, you can often repair it at ho
Scratches can be removed by rubbing
dealer-recommended oil into the surf
with #3/0, or with care #2/0, steel w
going *with* the grain of the wood. A f
application of oil will bring back the o
inal patina. *One precaution:* Whene
you use steel wool, be sure you don't
through the veneer by rubbing too h
in one small area. Take any deep gou
to a furniture refinisher.

Dents can be removed from oiled vene
by the use of steam to bring the s
wood core under the veneer back i
position. If this is not done prope
however, you can pull the color out
the wood and raise the wood grain. T
too, is best handled by a refinisher.

Remove water and alcohol stains by r
bing the spot with the dealer-reco
mended oil on a soft cloth. We've s
this treatment work effectively even
much as 24 hours after a wet glass l
a white ring on an oil-rubbed surface.

If acid stains have bleached out the wo
color, consult a furniture refinisher.

Burns may be a special problem. If th
is any possibility that the burn has pe
trated the veneer, take the piece to a
finisher. He can lift the veneer and repla
it so you can't even find the patch.
it's a scorch mark, you can treat it
home as you would a scratch, rubbing
down with oil and steel wool, then
storing the wood tone with oil.

Although teak and walnut can be handl
in almost identical fashion, rosewo
needs a little special care. If it has a la
quer finish, you can still protect the su
face with a coat of light furniture oil—it
like putting wax over the paint on yo
car. On straight oiled rosewood, take pa
ticular care to wipe up all excess oil; sin
it's denser than teak, rosewood won
absorb as much additional oil.

As a general rule, never put wax on oile
woods. If you do, you can't go back t
oil or the surface will get sticky. An
both water and alcohol, left standing, wi
turn a waxed surface white.

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r is an event of a lifetime.
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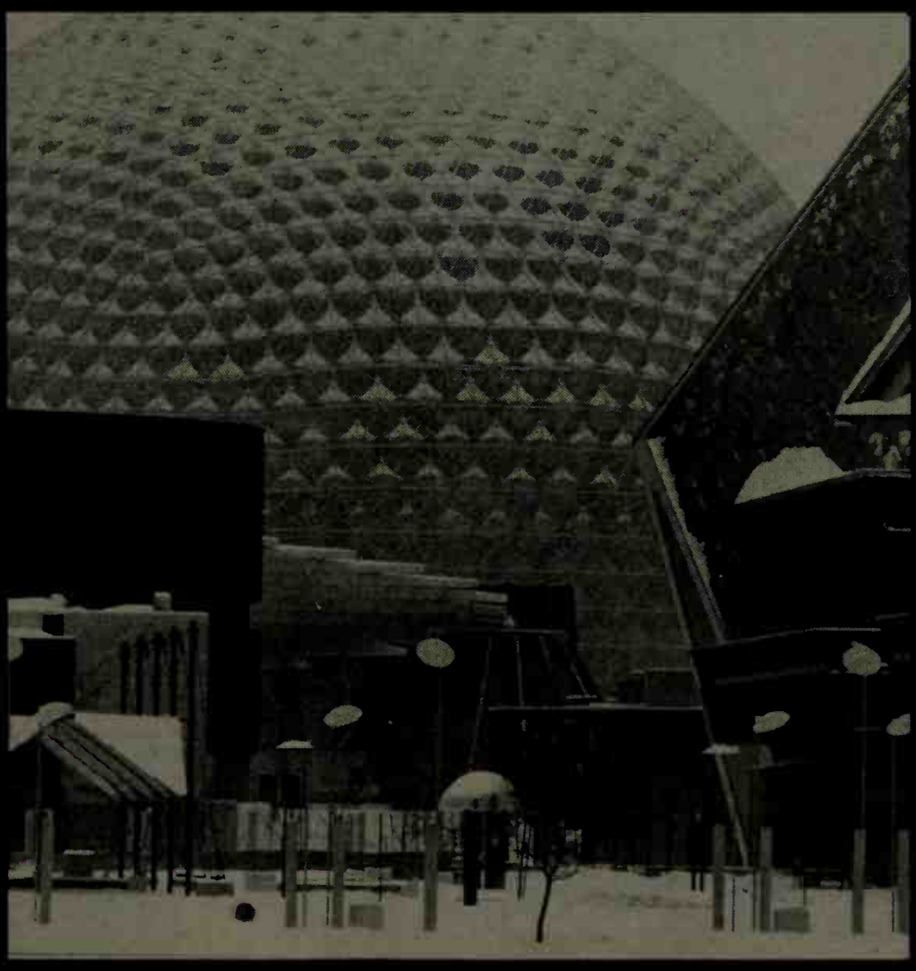
For information on HemisFair, tickets and accommodations, write Visitor Services, Drawer H, San Antonio, Texas 78206. © 1968, HemisFair 68 ®

Now that Expo's over, the competition has a word or two to say about it.

Great



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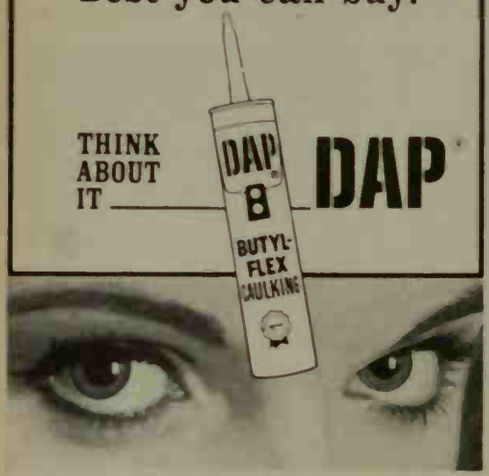

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This generously proportioned pass-through opens up the kitchen for daily use and, though seldom closed, also provides a satisfactory way of concealing kitchen clutter on special occasions.

Architect Theodore T. Boutmy designed it for his own house. Two long panels of natural-finish birch plywood, faced on the kitchen side with laminated plastic, fold down on piano hinges and come to rest on supports that pull out from the dining room wall (one of the supports is clearly visible in the large photograph above).

A 2-inch-wide section just below the pa els folds up to conceal the hinge for t bottom panel (see photograph above When closed, the panels are secured at t top by wing nuts.

A light fixture and a fan for the cookt (on the kitchen side of the counter) a housed in the upper cabinets.

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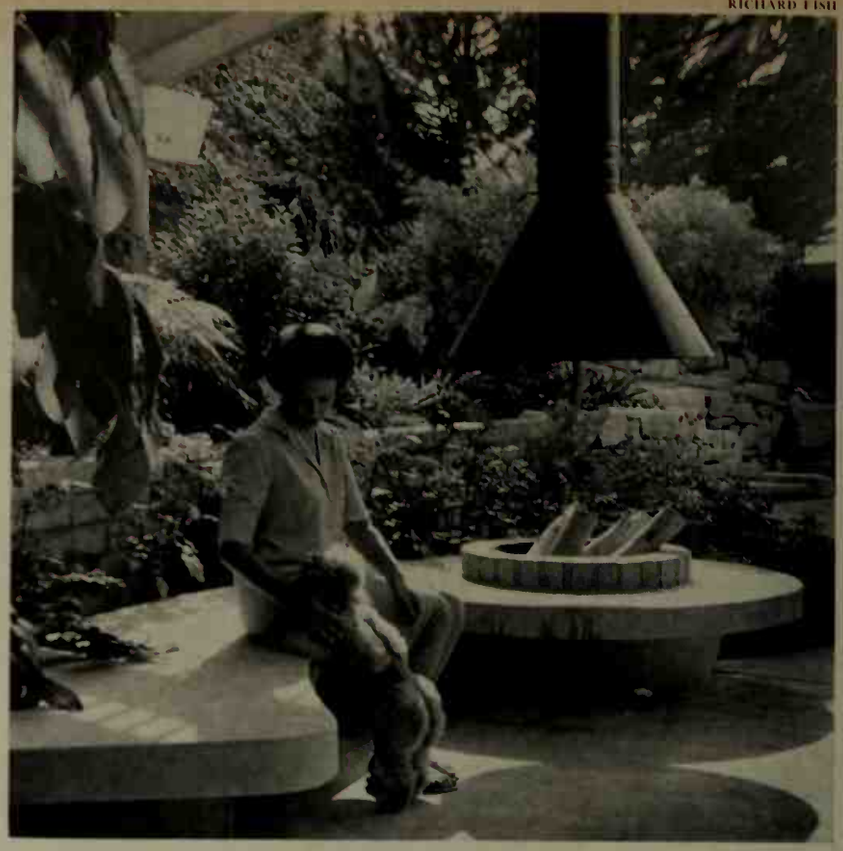

Combination *concrete bench and fireplace (with gas log lighter) in the Dale A. Call garden, Encino, Calif. Landscape architect: Warren E. Lauesen*

These garden benches go by the fire

Curved wood *bench, hanging place in Charles Foster garden, cino. Design: John Michael A*

The eight garden benches illustrated in this article are quite different in design. The three you see on this page take advantage of an outdoor fireplace. Those shown on the next page are designed as bench-tables. And the last three are

FRANK L. GA

Adobe bench *has 21 feet of sittable space. It is 15 inches high, 25 inches deep, integral part of wall behind it. Designed by owner, Melville H. Haskell, Tuc*

's see. There's Aunt Emily's sofa. usin Alice's Empire secretary. cle Gerald's lacquered oriental fee table. Assorted white ele- ants. Miscellaneous hand-me- wns.

course you were grateful to re- ve all this furniture, but where you start decorating — or re- corating—with stuff like that.

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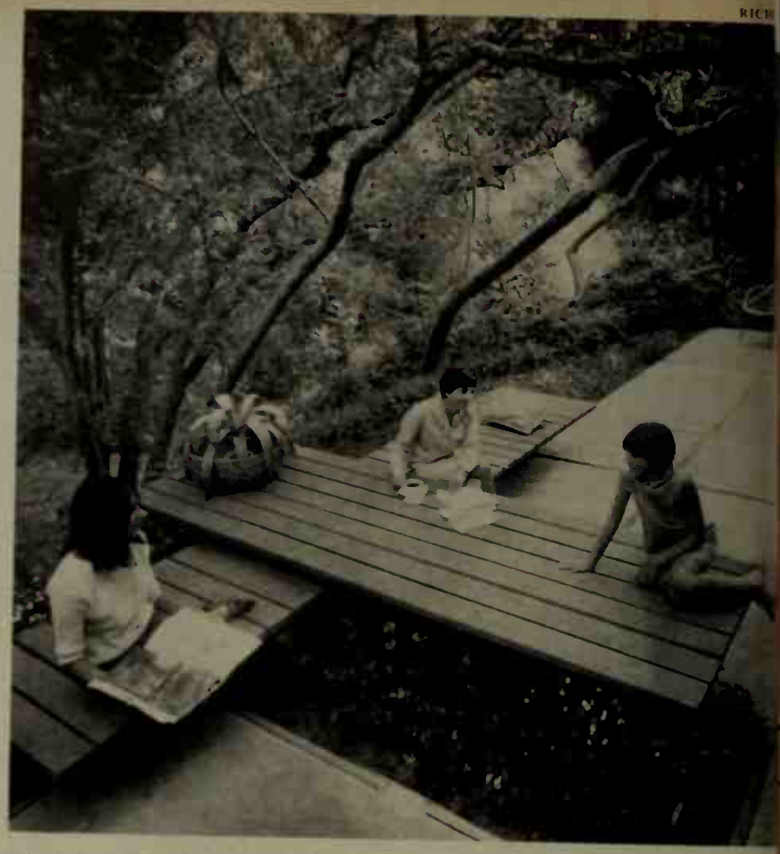


It's a *low bench and a high bench, or a bench and a table—depen you. Dr. Charles S. Stein, Jr., Beverly Hills. Design: John Michael*

simply benches for people to sit or sprawl on at their leisure.

Although most garden benches are permanent, they do have one advantage over regular garden furniture. They're always in place and ready to use any time—no need to pull them out of storage for a few hours of use.

They also dress up the garden. This is a major consideration in areas of the West where winter gardens tend to look a bit empty and bleak.

One Northwest landscape architect told us he always designs benches for his gardens, making them strong design elements, and putting them where they can be seen from within the house. "Ev we can't use our gardens much in ter, there are days when we can sit time on a bench in the sun. Whe can't, a bench still makes it loo though we can."

Since you can't move this type of b better have a good idea of where needed and where it will get some Orient it to a view—a view is a velous excuse for sitting on a bench it to edge a patio or terrace for guest seating and to create a focal for outdoor entertaining. Put one in a shady spot and another in a s place so you have a choice.

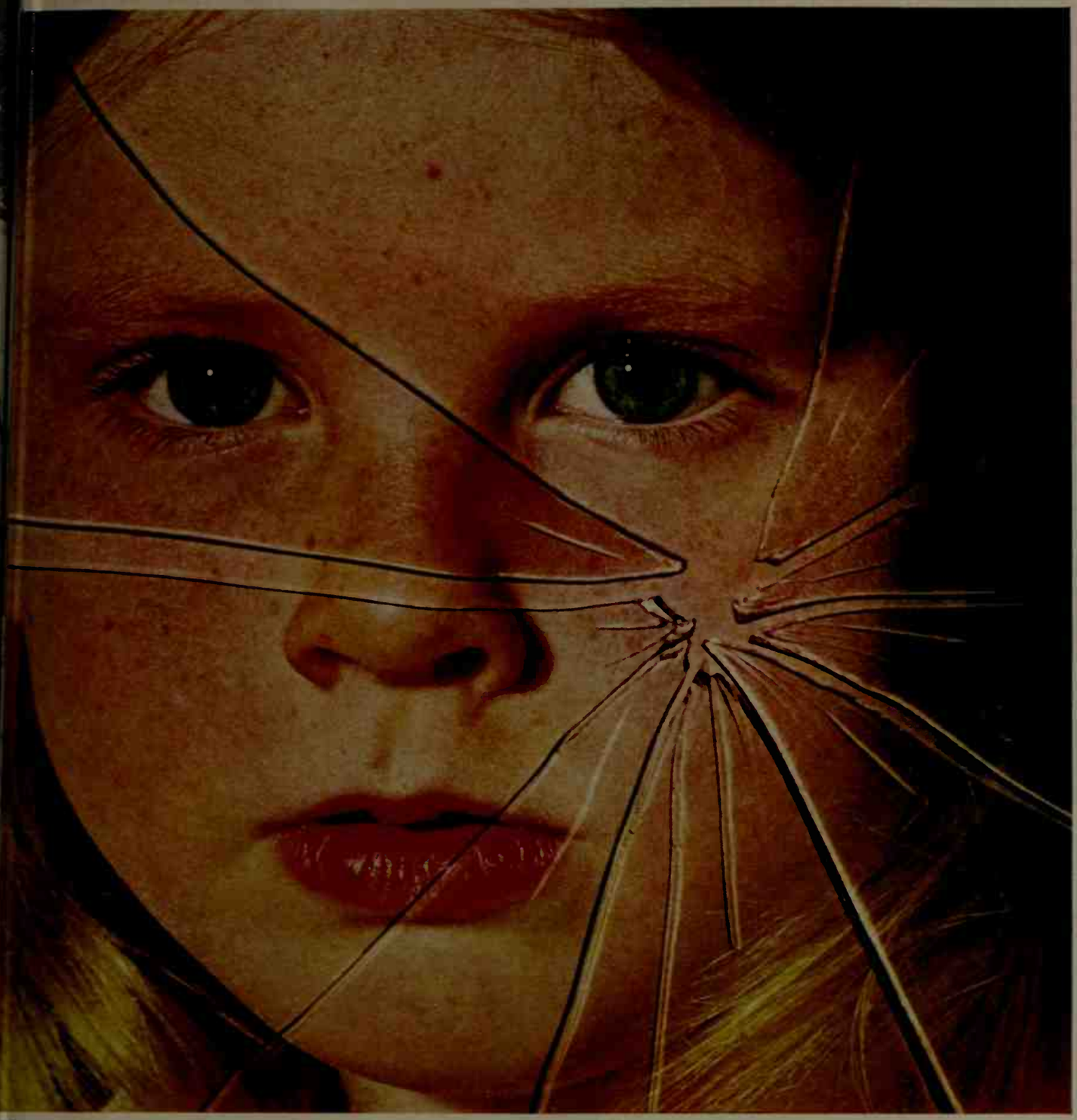
If you're in a new house, you may to wait a full season before deciding w to put a bench. By then you'll k where you like to sit and how you the bench to function—for sitting, bathing, eating — and you can desi accordingly.

Benches can't compete with outdoor niture for comfort, but cushions and will help. Use the colorful new wash and fade-resistant fabrics and there'

PHIL PALMER

Slatted-back *bench with oversize end table. In garden of Dr. David Young, San Bruno, California. Design: John Vogley*

These benches are bench-tables



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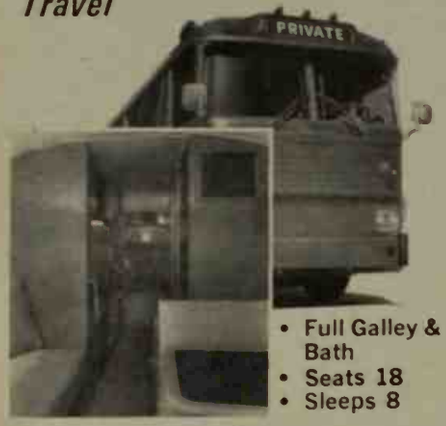

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DARROW

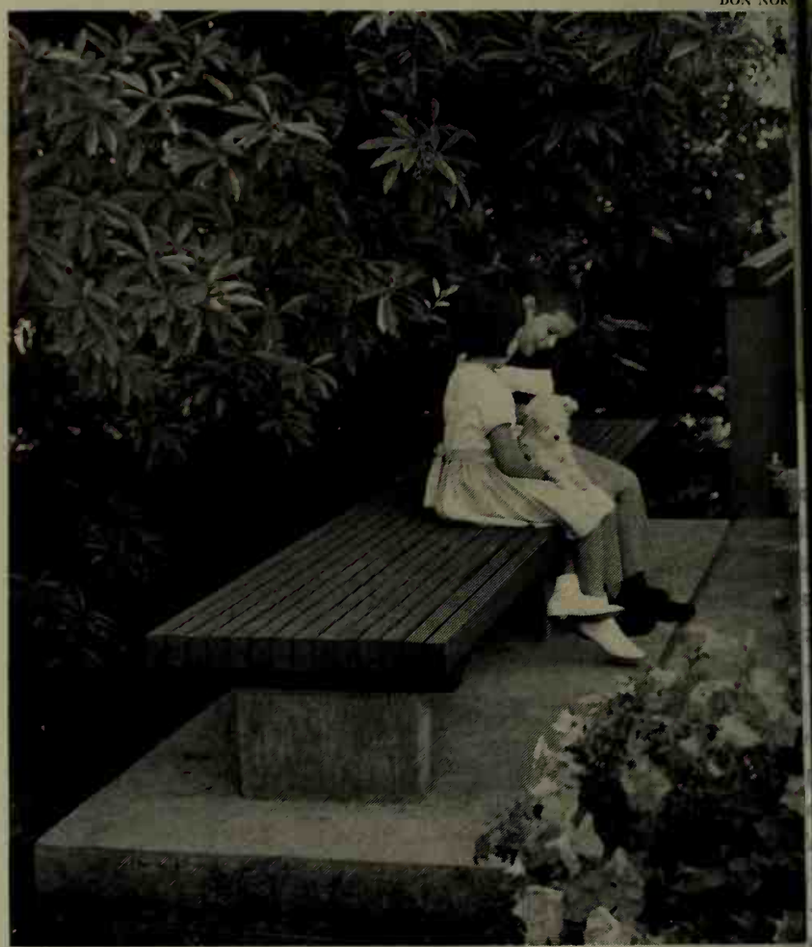
Springs *from an old sofa and chair were designed into this lounging bench. Th section (center) is separated from chair (far left) by a square of wood used as a*

A quiet, *out-of-the-way place to read in A. G. Zimmerman garden, Alamo, Calif.*

reason why you can't leave them doors (under cover if need be) all If you cover each side of the cu or pad with a different color or pa you can change the color scheme garden to suit the season or to go seasonal flower color in containe nearby planting beds.

These benches are for sitting and sprawling

DON NOR



Wide bench *at end of terrace also serves as safety railing. Garden of Benjamin Mayers, Mercer Island, Wash. Design: Robert W. Chitto*

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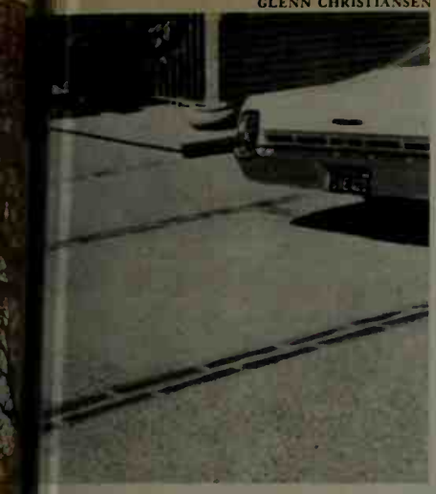

ands *running through concrete ark guest parking stalls. Architect rl Maston for the John Killefers*

ood blocks, *but grooved railroad ties brick drive. Landscape architect: rd Beeson for the Edgar Witmers*

Two ways to vary paving

ducing a change in texture or mate- can effectively minimize the expanse paved driveway.

he example shown at the top, the ace of the concrete drive has an ex- d aggregate finish. Running through re bands of brick so arranged that add a decorative element and also neate parking stalls for guests.

driveway shown below it is paved brick set in sand over a firmly com- ted, 2-foot-deep crusher run base. Rail- l ties set flat on a sand base provide hange in texture. A power saw was l to make wide saw kerfs (cuts) in railroad ties to carry out the block- appearance of the bricks.

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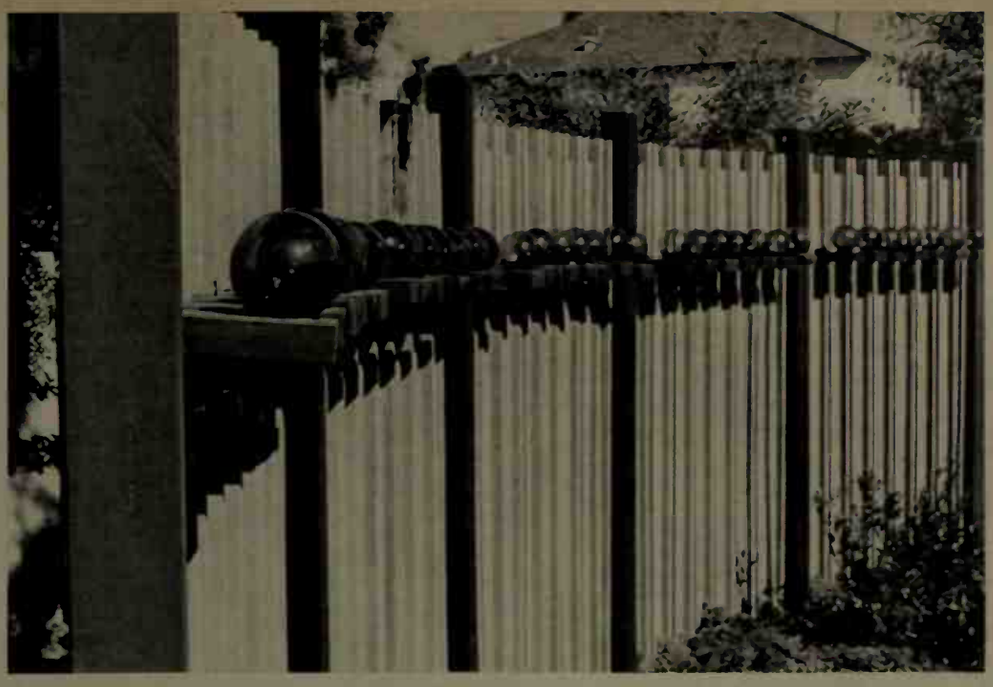

Blue-green *glass floats give this curved screen a highly decorative touch. They're glued in 1-inch holes drilled into 8-inch lengths of 2 by 4. Screen between posts made of 1 by 4's and pairs of 1 by 2's on edge. Owner: W. S. Thomson, Santa Ana, Cal.*

See-through *screen has airy quality achieved partly by not extending 4 by 4-inch posts to top, hiding them behind 1 by 6's. The 1 by 6's are rounded top and bottom; edges notched. Stringers, cap, verticals are 2 by 2's. The H. J. Plumb garden, Santa Ana*

Fences can be whimsical

Spring is a good time to take a long, critical look at garden screens and fences. If they haven't been stained or painted in several years, they probably could stand freshening up. Some of the wood members may have come unnailed or warped so badly they need replacing. Or it just may be that you could improve the whole garden by redesigning existing structures. If posts and stringers are in good condition, you might change the kind of fencing material or alter its looks in some way.

The fences and screens you see on these two pages function in different ways: to give privacy, to divide space within the garden, to mark a property line. But they have one thing in common—they're decorative. Each has been carefully designed to take advantage of the play of light and shadows in the garden: Wood members

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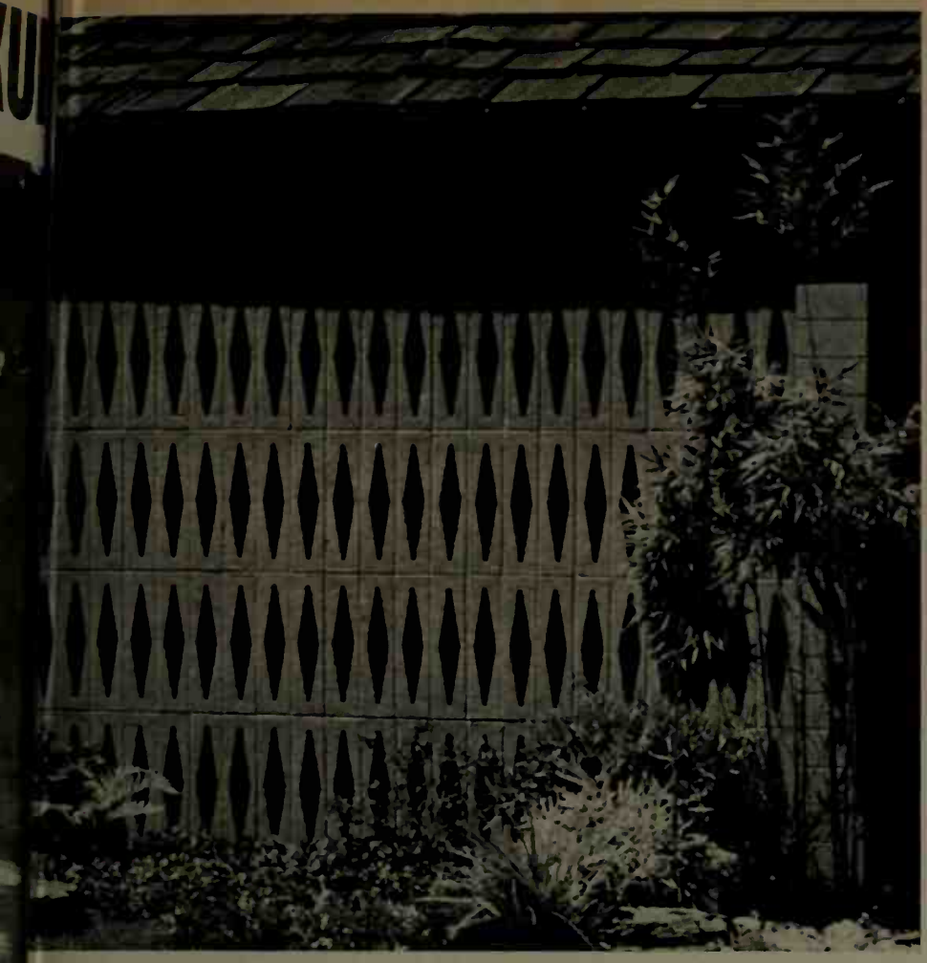
RECREATIONAL VEHICLES



n achieve *highly decorative effects with masonry, too. A good example is this e block screen with bold, diamond-shaped openings. It's across front of window- ll, hides walkway. Owners: Dr. and Mrs. Sanford M. Moose, Woodside, Calif.*

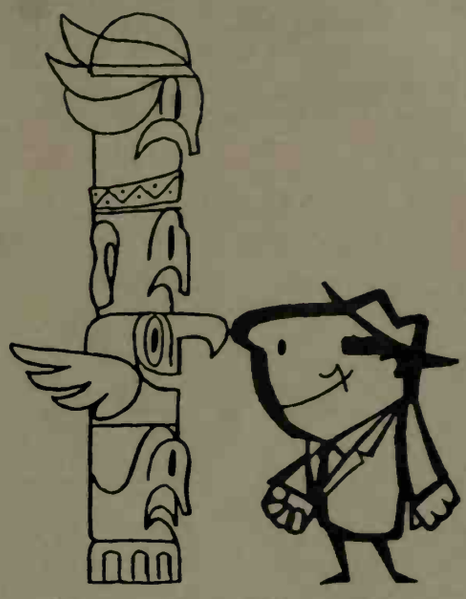
nfered and notched *4 by 4-inch posts, and 2 by 2's projecting above fence line, stand harply against neighbor's wall, making good use of the plain background. Note ow pattern made by 2 by 2's on face of 1 by 6's. Also in H. J. Plumb garden*

asonry) project above the fence line ut from its face to create strong ow patterns; or, in the example shown e top of page 159, the color of natural is altered by having it shine through nber of glass balls.

Frequently you can heighten or subdue the strength of fence design by changing the color used on various portions.

Except for the screen at the top of this page, all examples shown were designed by landscape architects Jones & Peterson.

For people who want to see everything up close!



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Will a vacation house almost pay for itself if you rent it out?

A vacation house is a temptation that many people put aside because the expense of buying and maintaining a second house seems too great.

Even if buying a second house does not seem too difficult, you may hesitate to spend a large amount to maintain it when you intend to use it only for short periods each year. Many of the owners we interviewed have found that renting out the vacation house paid back a substantial amount of the cost of owning it. A very few manage to pay the entire cost by renting, but this is rare. If you use the house yourself, you are unlikely to make it pay more than half its costs.

OFFERING A SECOND HOUSE FOR RENT

An important part of your return is not the rent itself but the saving on income tax. Because you rent, you will be able to subtract some of your costs of ownership and an amount for depreciation. It is wise to discuss what you do with a tax consultant, since deductions vary depending on how much you use the house for yourself, and there are several ways of figuring depreciation. The easiest way to figure deductions is to decide at the start exactly how much of each year you will use the house yourself and stick to your decision. The rest of the year, then, you offer the house through an agent or advertisement and claim your deductions accordingly.

WHERE WILL YOU BUY?

The first consideration when you buy with the intention of renting is geographical. Your house must be in an area that draws large numbers of people at some season of the year. Near a ski resort, your rental season will be governed by snowfall, and you can check with resort operators to find out how many weeks in a typical year offer good skiing. Near a lake or ocean beach, your house will be in demand during an 8 or 10-week summer season. In a few areas, such as Lake Tahoe or Lake Arrowhead, you can hope for both winter and summer rentals.

Chambers of commerce can tell you the seasons of heavy tourist traffic, and real estate agents and other house owners can suggest when their own properties rent well. If you decide on an area, it is wise to rent a house there yourself during the best rental seasons and check on the number of houses occupied.

JUDGING POSSIBLE RETURNS?

Simply asking what a house of size rents for is not enough on base an estimate. Size and place important, but real estate age owners who rent assure us that th ing considerations are equally im

How is the house decorated? A ho nished in odds and ends with slop and inconvenient facilities attrac renters, and in good rental areas y competition. You must spend so making the house attractive and able. You should also check th tenance carefully. Full wastebask other leftovers of departed rent turn prospects away.

How will you offer the house fo You have some choice in the w offer the house. You can hire a rea agent, work through a develop agent, run a classified advertisem city papers, or even conduct a dire campaign.

Agents will charge a fee of up to cent for their services, but you the few responsibilities. You need only them in advance when you wou the house for yourself.

A classified advertisement will cost what less, but you will have to be able at the telephone and keep re tion books. One owner launched his campaign the first year by writi every physician in the Sacrament phone directory, describing his hous giving rates. He got some returns fewer than he had hoped for. Ma the successful renters we talked to by offering the house to friends, they invited first as guests to acq them with the house. Those who interested in renting often invited own friends, who became renters in

What do you do to acquaint renters the house and local activities? Peopl more likely to return another year if stay has been trouble-free and fun.

One man who owned and rented a h near Lake Arrowhead prepared two ters for renters and left them at the h One letter explained in detail how to ate everything in the house. He made instructions easy to follow with a so color code. He painted cold water p blue, hot ones red, painted impor switches, taps, and turncoeks in br colors so that they were more obvi then referred to the colors in his list.

Easy going. Douglas DC-9.

Whether you're scheduled or a one-day business trip, or off on a weekend pleasure aunt, the Douglas DC-9 can make the going easier han ever.

This is the sleek twinjet that's fast becoming a favorite the world over. In fact, more than 35 leading airlines now fly DC-9s.

Airlines like the DC-9 for its reliability and performance. And air travelers like it because it wings them on their way at smooth, 600 mph jet speeds.

Flying somewhere soon? Then ask your airline or travel agent to book you aboard a quick and quiet Douglas DC-9, or on one of our big, super-luxurious Super DC-8s.

It's almost easier done than said.

MCDONNELL DOUGLAS

BIG
wyoming

Grand Tetons. Yellowstone. The grandeur of soaring peaks. The quiet of mountain forests. The sport of angling for trout in a rushing stream. The adventure of a TV Western where the cowboys and Indians are real. The clear, cool air. Your home for awhile—a tent, a camper, a cabin, a dude ranch, a motel. In Wyoming.

FOLLOW THE OLD WEST TRAIL IN WYOMING

For free vacation information write: WYOMING TRAVEL COMMISSION, Dept. S468, 2320 Capitol Ave., Cheyenne, Wyoming 82001

second letter listed activities in the vicinity, broken down by age groups. Thus young children and adolescents who were new to the area were directed to things that interested them without having to search for them. And adults spent less time looking for what they wanted.

Will your renters return next year? After the first season, you will have much more success if some of your clients return in following years. A number of the owners we talked to counted heavily on repeat rentals, and only slightly less heavily on recommendations from renters to friends.

An excellent plan, suggested to us by the owner of a beach house, is to make up a form letter and mail it to the best of your former clients a few weeks before the rental season. You need only say that the house is still available and that you would be happy to have them take it again. The reminder is often enough to bring in reservations.

How will you maintain the house? If it is close to your main residence, you can clean it yourself between rentals. More likely you will have to hire someone to do the job for you. You should check this work and ask for reports on the condition of the house after the tenants leave. Poor tenants should not be offered the house a second time. Major cleaning, painting, and decorating can be done in off seasons, by you or under your surveillance.

HOW TO FIGURE WHAT RETURN YOU NEED

First you must decide how much you are willing to spend for the pleasure ing the house. If you decide that put $1,500 into it for your own p and the amount you must pay out it is $3,000 a year, then you mu $1,500 in rents and tax benefits.

The form below will help you whether you can earn what yo but your results are only as good figures, and those figures will cha each year you hold the house.

The figures on the form are base house costing $25,000. The loan, one, is for 60 per cent and for 2 The borrower is paying 7½ per ce tax bracket is 25 per cent, and he house himself for two months eac The figures given are approximati the first three to four years. Ther allowance for general maintenanc 5) since the house is still new or redone.

The land the house is on cannot preciated. In figuring depreciation form, we have set land value at cent. Therefore, the value of the for purposes of determining depre is $18,750.

Since the owner uses the house f months, one-sixth of certain iten been subtracted from the income t umn, notably from neighborhood a tion fees, insurance, depreciation, nt He will also subtract one-sixth maintenance costs when he redec or repairs anything.

For income tax figures, which yo transfer to the tax forms, be sur

House: $25,000 **Loan:** 60% for 20 years at 7½% **Down:** $10,000 **Tax Rate:** 25% **Owner Use:** 2

		ACTUAL PAYMENTS AND RECEIPTS				REPORTABLE FOR INCOME T			
	Payment on loan principal	360							
	Loan interest	1,092				1,092*			
1	Neighborhood association fees	200				166			(* ⅚ to Schedule E ⅙ to Form 1040)
	Property tax	500				500*			
	Insurance	100				83			
2	Depreciation					520			
3	Total fixed costs			2,252				2,361	
4	Gross rent income		2,000				2,000		
	Listing fees	400				400			
	Cleaning	150				150			
5	Utilities	300				250			
	Gen. maintenance	0+				0+			
6	Total rent cost		850				800		
7	Net rent income			1,150				1,200	
8	Total cash outlay (item 3 plus item 6)				3,102				
9	Taxable rent income								−1 (ite mi iter
10	Tax benefit (item 9 times your income tax rate — 25% in this example)			290					
11	Total real income (item 7 plus item 10)				1,440				
12	Actual cost to owner (item 8 minus item 11)				1,662				

e Indians do not like strangers. hat is why we have so many friends.

You are in a silk shop in dras. The proprietor, er showing your wife a v saris, expresses a de- to talk with you about nerica. "Stay for tea. I ve a thousand questions. y. It may be years before u are back in Madras ain."

On the way to Agra, your iver speaks of his mother- law. "Ah, there is a gifted man. She has a voice that n shatter glass. And fre- ently does." You laugh d talk the trip away and hen you arrive in Agra he ys: "How long will you in India? Stay another ek and come to my neph- w's wedding. The poor chap is getting married Saturday."

Languishing on your houseboat in Kashmir, a flower vendor paddles alongside. "A dozen roses, sir?" You have no need of roses. "Have you need of conversation, sir?" Indeed you have. *When will the almond trees be in bloom?* "In about another week, sir. Then the willows will turn green. And the snows in the upper reaches start to melt. Would you like me to show you around Srinagar, sir? I will do it for the pleasure of your company."

Such happenings are not uncommon in our country. A foreigner is not destined to remain a foreigner for long. Why this is so we are hard pressed to explain. But the reason does not matter. You will be welcome, that is what matters.

If you would like to know more about India, complete the lines below and mail them to us. We will send you a colorful, 50-page booklet filled with useful travel information. There is no charge, dear friends.

Government of India Tourist Office: New York, 19 E. 49th Street; Chicago, 201 North Michigan Avenue; San Francisco, 685 Market Street.

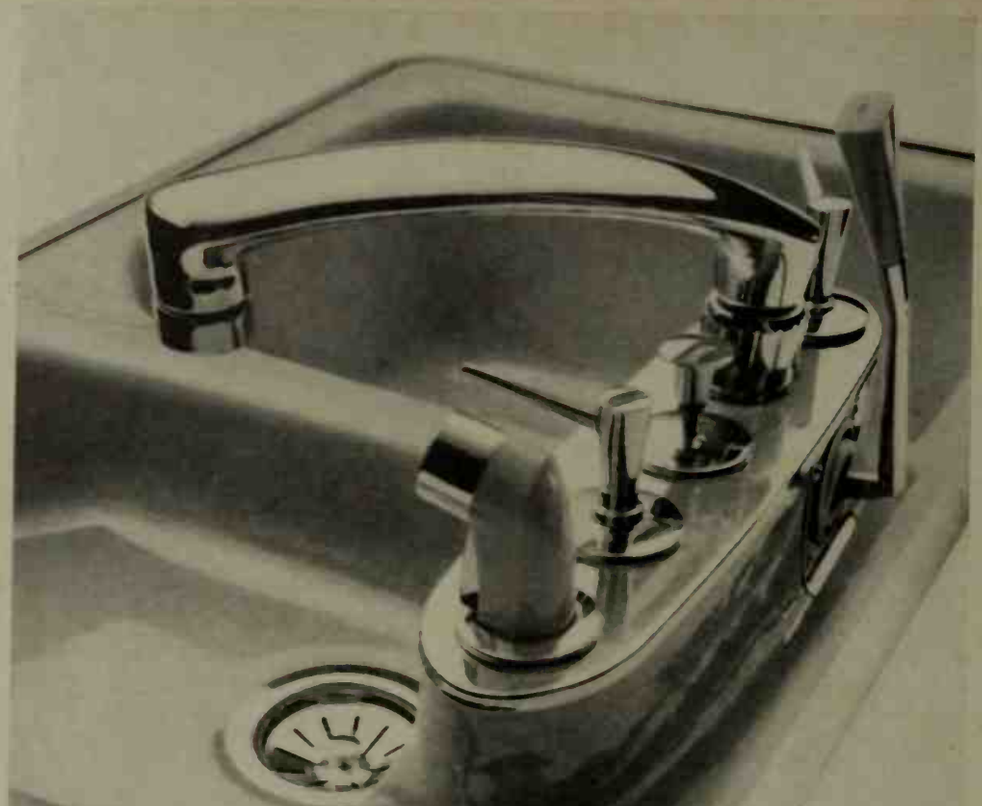
Name_____

Street_____

City_____

State_____ Zip Code____

India



The wild one

The sporty Fiesta makes other kitchen sinks look like they're standing still.

You get a whole new feeling with that souped-up instrument panel to command. With one hand, you shift into the perfect water temperature, pop open the drain, even shoot out a stream of detergent. And Fiesta colors are as wild as the action—all 6 of them.

Add an American-Standard food waste disposer and V-A-R-O-O-O-M—you've left dullsville behind!

The revolution is on at American-Standard.

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I'd like all the details (including pictures of models and colors available) of your new Fiesta sinks.

MY NAME_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____

For your nearest American-Standard dealer look in the Yellow Pages under "Plumbing Fixtures" or "Plumbing Supplies."

PD 368

keep careful records, bills, and
You should be able, in addition,
that the rent you charge is no
your area. The Internal Revenue
will look with suspicion on th
charge off large losses because th
offered their houses for rent but
renters. If your rents are high
those around you, the Service m
allow your claims.

Item 1. Insert principal and int
your loan in the payments and
column. Insert interest only in
column. Association fees include s
moval, special assessments, and s
Note that this and the insurance
are one-sixth lower in the tax col
cause the owner uses the house o
of the year.

Item 2. Based on straight line de
tion and a usable life of 30 year
will need the help of a tax consul
this and some other questions. Ba
you claim 3⅓ per cent of $18,75
figure given is one-sixth less th
maximum allowable.

Item 3. Total of figures above this
These costs do not vary as those
may. The sum in the tax column
tirely deductible. The sum in th
ments column is what you wi
whether or not you rent.

Item 4. For this example, a very c
ative gross rent has been inserted.

Item 5. Listing fees would incl
agent's fee if you use an agent (ba
20 per cent of the gross rent), the
advertising if you use that method
eral maintenance refers to major
of the house and grounds; no figu
been included, since we assume the
is new (maintenance will vary mark

Item 6. Total of payments in item
pay this sum each year *because* you

Item 7. The net rent (gross rent
rent costs) is only part of the mone
will make on the house. You mus
include tax benefits (below) to know
real return.

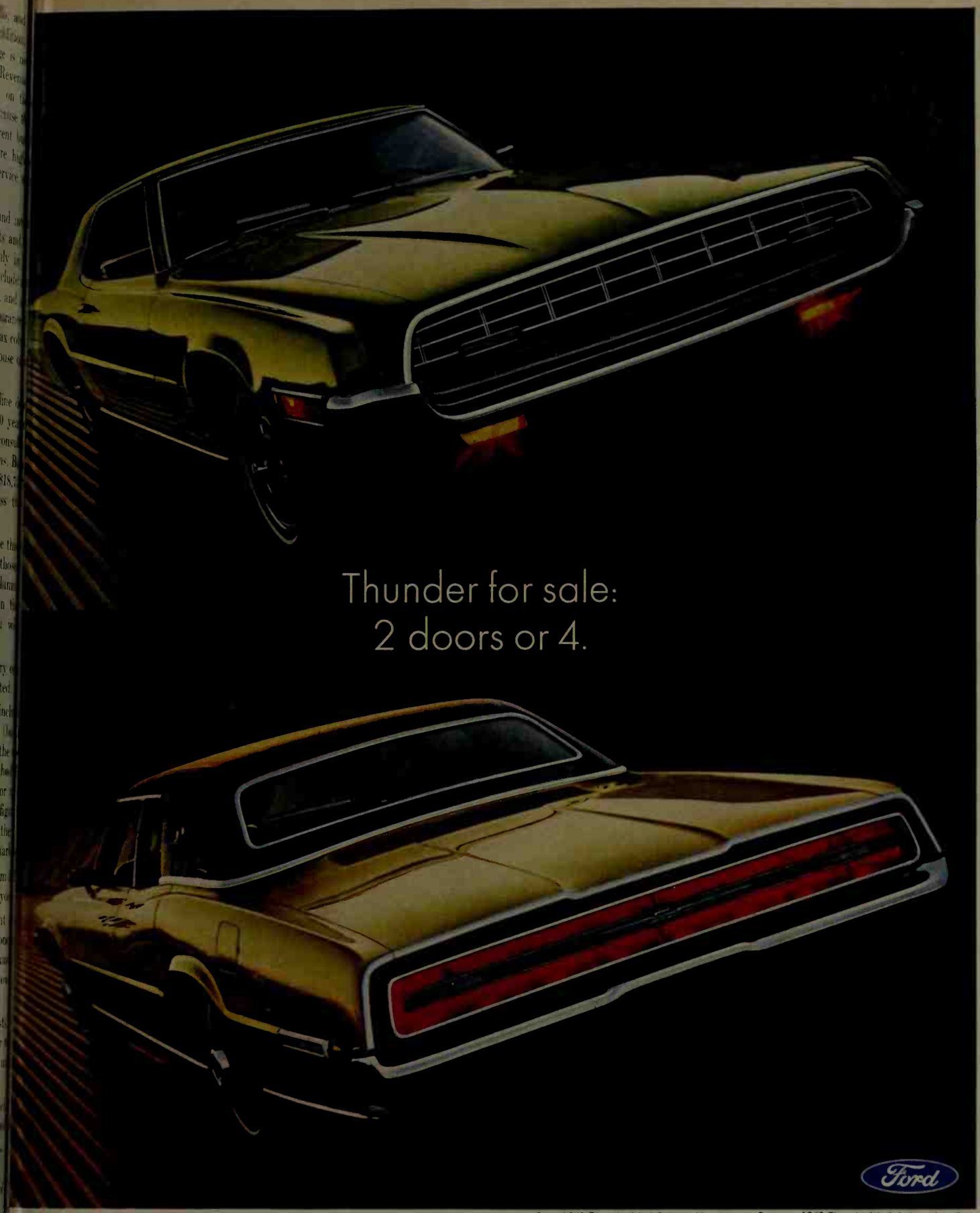
Item 8. Fixed costs plus rent costs
must have this amount every year t
your bills, regardless of the actua
penses on the house.

Item 9. Taxable income is the net
minus the fixed costs in the tax co
Often this will be a minus figure,
is here.

Item 10. Since the tax bracket of
imaginary owner is 25 per cent, one
ter of the taxable rent income is a
benefit and can be considered inc
(In a 50 per cent tax bracket, one
would be a benefit.)

Item 11. Tax benefit plus net rent s
your entire return for the year.

Item 12. Your total real income from
total cash outlay shows what you r
pay for the house each year: in this
about $140 a month.



Top: 1968 Thunderbird 2-door Hardtop. Bottom: 1968 Thunderbird 4-door Landau.

Fly any way you like with the Bird. 2 doors or 4. Buckets or full-width front seats. Room for 4, 5, or 6. With beautiful standards only the Bird offers as standard. All this, and a hot new Thunder Jet 429 cu. in. V-8 to flash you from where you are to where you're going. What are you waiting for? Get your kind of thunder at your Ford Dealer's now!

'68 Thunderbird

unique in all the world.

Someone suggested Ireland is one big view.

Could be.

Listen with your eyes and you'll hear the scenery of Ireland speak to you. It whispers gently of Tipperary's Golden Vale . . . soft hills of deepest green that turn silver in the changing light. It shouts with the wonder of the Cliffs of Moher—spectacular crags of reddish-brown granite that were nature's prehistoric gift to man. It sings of the incredible loveliness of Connemara, lush with golden gorse climbing hills of purple heather. Listen too, for the echo of an age of grandeur in resplendent Georgian Dublin with its perfectly proportioned streets and squares. And for the sweet rippling of the river Liffey. You'll hear the sound of centuries as castles call, and the roar of the sea stinging the rugged coastline, glittering in the moonlight.

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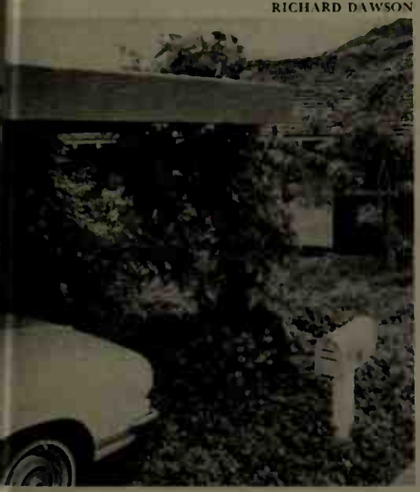
villea *on pipe and wood support.*
cts were Vladimir Ossipoff & Assoc.

The carport plant screen

by to make a carport seem less
or cavernous is to screen it with
and vines. It doesn't have to be
penetrable thicket to do the job.
ery of vine or a loosely espaliered
will camouflage the car and most
t clutter. There isn't anything you
to the opening you drive into, but
ng will reduce the light level inside
rport to minimize shapes, and will
the view from the sides.

vergreen plants. Twining vines are
or slender supports of wire, wood,
mboo. Non-twining vines require
trellislike support. Avoid plants
thorns, scratchy leaves, or flowers
are particularly attractive to bees.

RICHARD DAWSON



beans *make fast cover while perma-*
vines grow. Design: Richard Tongg

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Mead Johnson

If "what's happening" on the contemporary scene excites you, you'd enjoy the fun of blanketing your bed in the new Lions Pride pattern. And coloring your bathroom with Luxor® towels in any of the vibrant solid colors of the blanket. But whatever kind of woman you are, you can find Martex® colors and textures and patterns to suit your personality and express your approach to life. Martex towels of course, and now sheets and blankets, too.

inated *by even north light and fluorescent tubes between pairs of ceiling beams, room is airy place for artist and his family*

The family is welcome in his new upstairs studio

RICHARD FISH

second-story addition, designed as a io for a working artist, works equally as a room for family activities and ntertaining. It's a big room, 20 by 30 . set to the rear of the house away n the normal household activities.

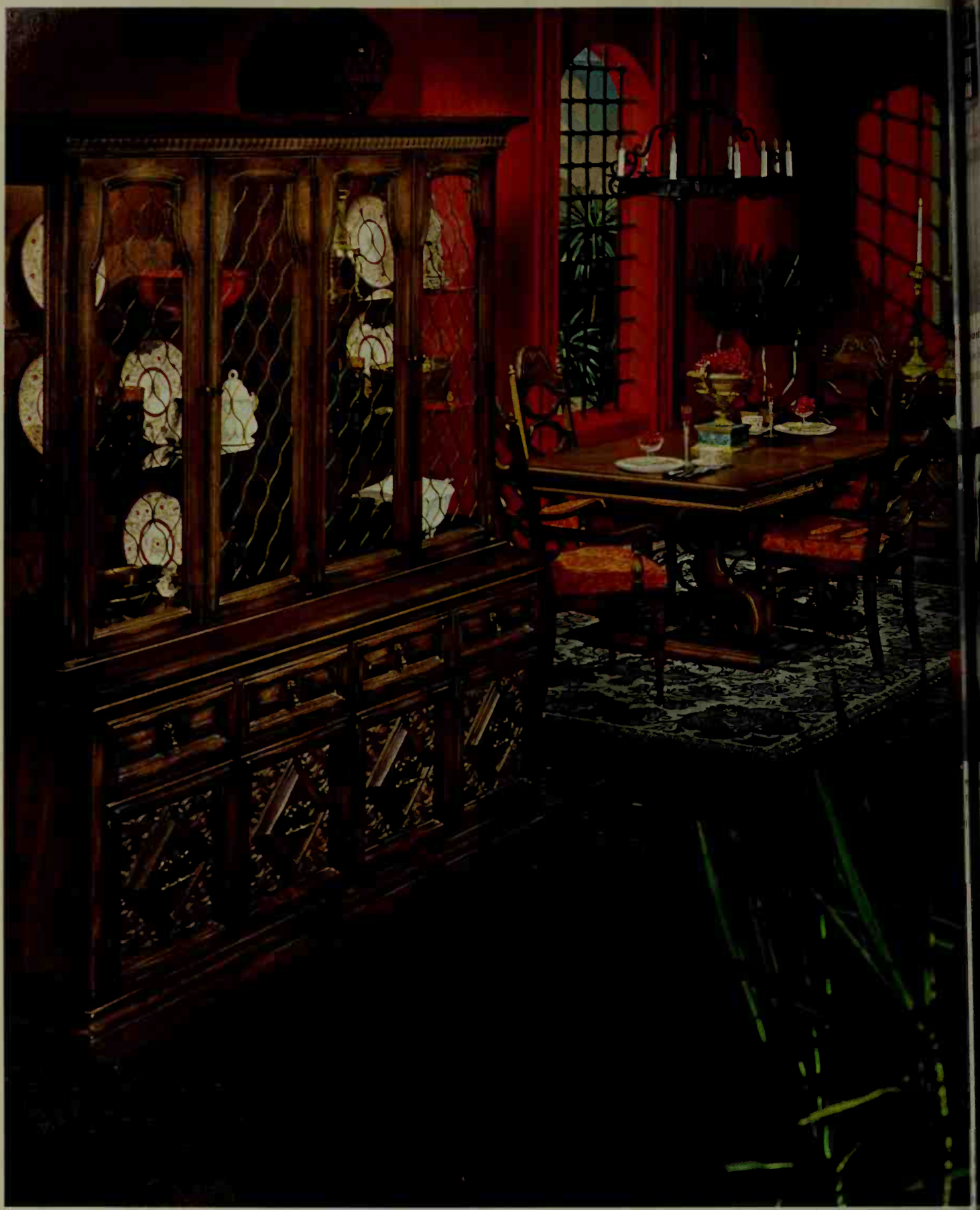
soft, even lighting, achieved by plac- a strip of windows to catch the dif- d northern light, enhances the feeling pace.

ial access to the studio is by a separate side entrance; this effectively helps to intain the feeling of privacy. There is an inside entrance, through a work- p, for cold or rainy days.

ien the family wants to use the room, canvases, paints, and easels can be red in 5-foot-deep compartments along e wall (on the right in the photograph ove). The same wall also contains a all office and a small bathroom.

ie addition was designed by Peter Rein- agen for Mr. and Mrs. Reginald Pollack, Los Angeles.

From rear, *studio addition reaches above hill behind house. The curved section at right contains a stairway down to the house, and serves as two-story-high picture gallery*



designed by J. Gordon Perlmutter & Ass

CONQUERO BY UNITED

A bold venture into dramatic design

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DRAMATIC GROUP IS FINISHED IN FRUITWOOD AS WELL AS ANTIQUE GREEN FOR DINING ROOMS, BEDROOMS AND LIVING ROOM ACCENTS.
SEND 25¢ FOR BROCHURES SHOWING A REPRESENTATION OF THE UNITED COLLECTIONS. UNITED FURNITURE CORP., DEPT. S-4, LEXINGTON, NORTH CAROLINA.

GLENN CHRISTIANSEN

ned vinyl *flooring: Easy-to-clean on foam backing still shows no indentions from high heels or stool legs*

Pure nylon *carpeting cleans easily, has no permanent stains, shows little signs of wear. Shampooing makes it look like new*

Laminated hardwood *counters are liked for all kinds of food preparation. Coats of oil keep wood from absorbing food odors*

dcrafted *tiles on countertop were sed into bed of mastic, which oozed between them. No joint grout added*

Bifold *doors on appliance garage fold out of the way; appliances pull forward on trays outfitted with nylon trunk rollers*

Built-in *warming tray is indispensable. Plastic dome lets editors hold foods at serving temperatures for several hours*

TRIAL AND ERROR

A report on the first two years in *Sunset's* new test kitchens

the November 1966 issue of *Sunset* we ported on our new test kitchens where r home economics editors test recipes, vise menus, and experiment with new uipment and techniques. Many of the eas incorporated into these kitchens ere experimental. Now, after almost two ars of experience, we bring you an up-date report on how they are working.

oor coverings. In two work centers we stalled cushioned vinyl; in two others we used nylon carpeting. We have been happy with both surfaces. The cushioned vinyl is comfortable underfoot and shows no indentations from high heels; the nylon carpet rates high for looks and comfort as well. Our maintenance staff finds them both easy to care for: The vinyl is washed each evening with lukewarm water, waxed and buffed about once every 3 months. The carpet responds well to spot removal and is easy

Still a pleasure *to work in:* Sunset's *test kitchen as photographed two years ago*

GLENN CHRISTIANSEN

Metal bins, *one each for flour and sugar, easy to fill, easy to reach; custom-fitted to drawer by means of a divider strip*

Wastebaskets *fit into deep utility drawer just below counter level. You can sweep scraps from counter directly into basket*

to shampoo. Liquid spills are sponged up immediately; dry ingredients are vacuumed up when they occur.

Counter surfaces. Laminated maple was used in two work areas—on a 33-inch-high, all-purpose peninsula and on a sink counter. The whole staff likes its looks, feel, and usefulness for every kind of job. The sink counter shows remarkably little water damage, perhaps because we've been careful not to let wet things sit on it; water spots that do occur are removed by a light application of mineral oil. A self-rimmed sink (one with a slight lip around the outside edges) would be advantageous to drain any splashes back into the bowl.

Our counters, raw wood when installed, were seasoned with several applications of paraffin oil (available at paint stores) mixed with an equal amount of special thinner (Standard Oil 250) to increase the penetration of the oil. For day-to-day care, we recommend either warmed paraffin oil or warmed mineral oil. (We have known home owners who have used salad oil; it should be applied lightly, for it can turn rancid and sticky.)

Laminated plastic is approved for general cooking purposes; it's smooth and easy to clean—even metal marks from pans are easy to remove. Our food editors feel strongly, however, that it should have an inserted section of wood for cutting, chopping, and baking purposes; and one of tile for hot plates or hot pans.

The marble counter is handsome, smooth, and cool to the touch. One editor finds herself concerned about dropping breakable utensils on it. For a kitchen plan in which price is a factor, she would recommend having only a small marble section for special jobs (such as candy making), or eliminating the marble altogether—using instead a combination of wood and plastic laminate to handle food preparation. A surface of small (3-inch-square) tiles, set on a bed of mastic with no grout between them, is working out remarkably well. Any darkening between tiles seems to enhance them. They rate high for appearance and feel, and can withstand the heat of dishes and pans fresh from the oven or range. The editor who uses this work center washes the tiles with water and detergent, and uses scouring powder to remove grease behind the range. Because the tiles form an uneven surface, she recommends that they be used for only part of a counter area and that the rest be of smooth-surfaced material for such tasks as pastry rolling.

Breakage of dishes has been a very minor factor with all these work surfaces; it's been less troublesome, of course, with relatively soft wood than with hard tiles.

Cabinets. These are walnut, treated with a Danish rubbing oil. Wax on top of the oil proved unsatisfactory; water spots turned the wax white. It has been removed, the cabinets are now oiled as needed, and the wood is gaining a rich finish.

Lighting. Our experiment with small incandescent light bulbs (from an automotive parts shop) to illuminate the countertops has proved a little troublesome. Because the lights are mounted in a recess underneath the upper cabinets, burned-out bulbs aren't immediately noticed. Tube lights might be easier to install, easier to maintain.

Appliance storage. Appliance storage at counter level has proved ideal. Appliances should be measured; if you plan to buy new ones, it would be wise to get their dimensions and plan the space accordingly. The fold-back doors offer a couple of advantages over the sliding doors: free

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ner, installed above the counter,
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warming tray has increased its
y—food is often held at serving
atures successfully for several
addition to keeping foods warm,
ared element is used to defrost
nd raise yeast doughs. Neither
is quite as good for warming
s a warming drawer would be.

nd sugar storage. There's unani-
pproval for the use of side-by-side
flour and sugar in a single drawer
of the baking centers.

th the trend toward the use of
l flour in many recipes, our editors
n the value of the sifter dispensers
d in a fourth baking center. If you
such a dispenser, keep a quantity
fted flour elsewhere.

cooktops. The stainless steel sinks
oktops, chosen for uniformity, have
well in several respects. They're
o clean, won't chip, won't stain.
ss steel is relatively resilient; this
own on breakage and noise.

gh most of the editors approve of
a of providing soap and hand lotion
sink, the built-in dispensers there
urned out to be either empty or
d most of the time.

lany. In talking with our food edi-
bout their experience with the new
ns, we collected some additional ob-
ions related to kitchen planning.

are both pros and cons regarding
latches on cabinet doors. All editors
that they're top choice for appear-
but sometimes awkward to open
lose. Without knobs, the doors get
easily; but they are easy to clean.

al question the efficiency of having
en two cabinet doors to pull out a
g tray for one utensil, when a simple
er might have served the same pur-
One editor would prefer a low lip to
h lip at the front of a pull-out tray,
tensils near the front could be re-
d without pulling out the tray.

are in favor of alphabetized spice
ge, and the use of vertical dividers
he storage of baking pans. Another
re that rates high is the counter-
utility drawer containing a remov-
wastebasket.

home economists think the walk-in
gerator (with a tile floor and a drain)
dispensable for their purposes. They
believe the idea (on a smaller scale)
d work well for a large family or a
ly that entertains a great deal.

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And our other handy helper, Grass Shears (#702) are designed to give you more power with less effort. (Due to its patented floating blade action). And because its blades are scientifically hardened, they stay keen for years.

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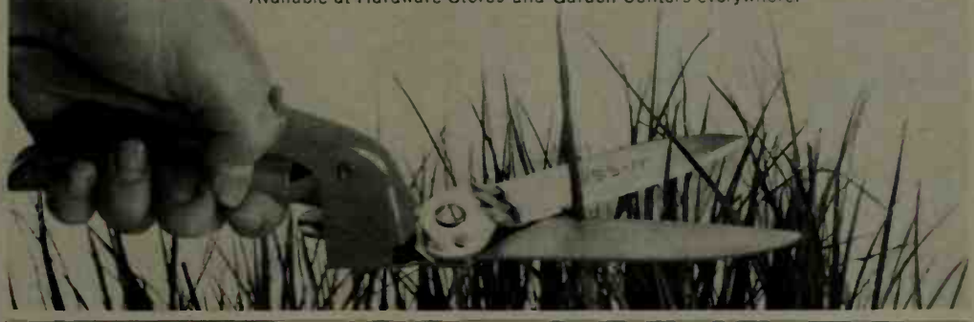

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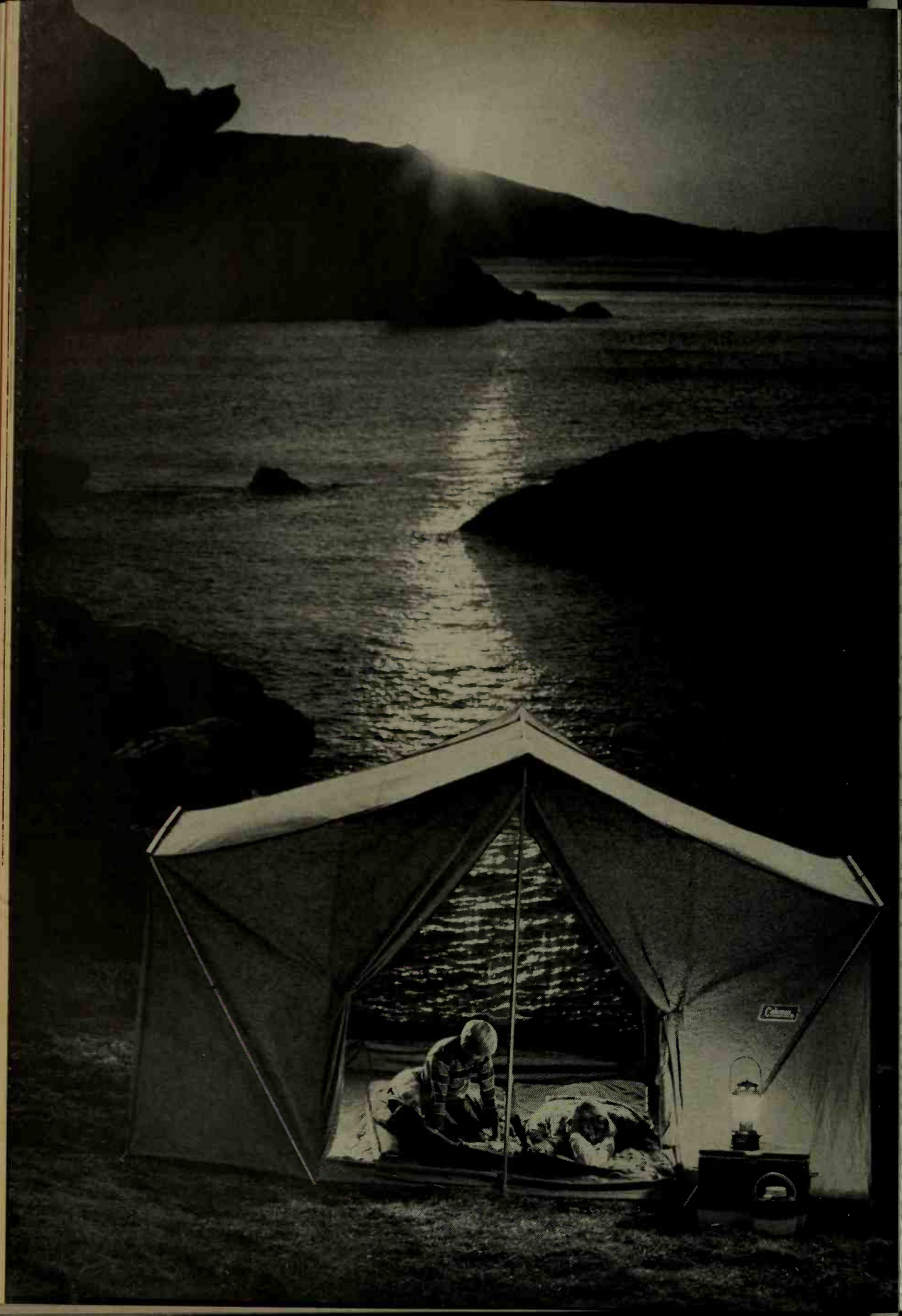

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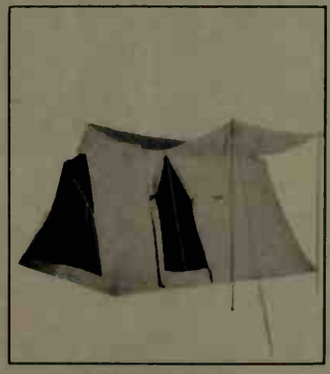

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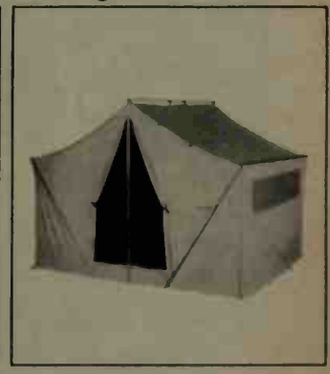

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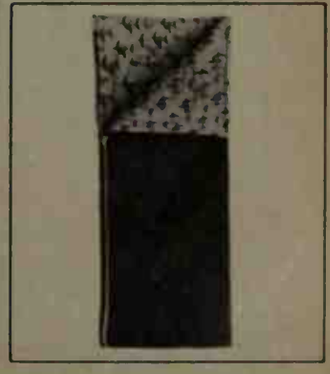

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Built-in gril serves two roo

A semicircular screen of sheet met operates much like a sliding door this barbecue unit to serve eitl kitchen or the dining room.

Vladimir Ossipoff and Associates d it for Mrs. L. A. R. Gaspar, Honol

The barbecue is a commercial u cessed into a heatproof tile coun tween the two rooms. Mrs. Gaspa the firebed with sand, then cove sand with foil to hold the charco quets. When it's time to empty the she lifts them out on the foil.

The cylindrical stack above th houses a light and an exhaust fan.

the sundowners

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SUNSET'S

Kitchen Cabinet®

April's occasions for entertaining may include a luncheon or br and perhaps a spring barbecue or picnic, as well as an Easter d Here are recipes chosen to help you plan such varied menus.

Dungeness crab, in a variation on Crab Louis, is our suggestic a salad luncheon. A delicately flavored dressing distinguishe make-ahead recipe.

Crisp cornmeal waffles would be a good choice for brunch. are delicious served with maple syrup, or try them topped creamed chicken or other meats.

For a guest luncheon, have the dressing mixed and salads arranged ahead

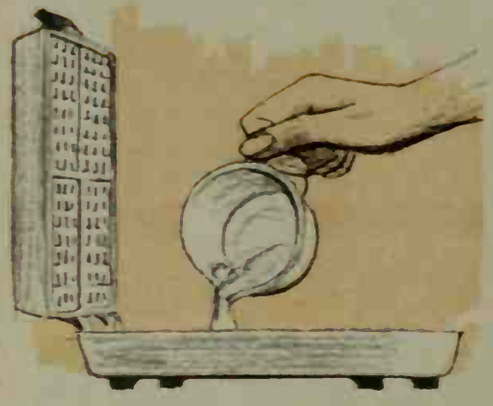
CRAB LOUIS, CREAMY DRESSING

If you have dressing left over, it keeps well in the refrigerator several days.

- 1 cup mayonnaise
- 3 tablespoons chile sauce
- 1 tablespoon *each* Worcestershire and lemon juice
- ½ green pepper, seeded and finely chopped
- 1 canned pimiento, diced
- ⅛ teaspoon salt
- ½ cup heavy cream, whipped
- 1 large head iceberg lettuce
- 4 cups crab meat (about 2 lbs.)
- 4 hard-cooked eggs, sliced or in wedges
- About 12 large ripe pitted olives
- Paprika for garnish

For the dressing, combine the mayonnaise, chile sauce, Worcestershire, lemon juice, green pepper, pim and salt. Fold in the whipped c cover, and chill for 1 to 2 hour

Remove outside leaves of lettuc arrange on each of six salad p Shred the inner part of the l and pile inside the lettuce leav each plate. Divide crab meat a range on the lettuce, saving s nice leg pieces for the tops. Ar egg slices or wedges and olives o plate and dust lightly with pa Cover each plate with clear plasti and chill for 1 or 2 hours, if you Pass the dressing at the table. Ma servings.—*L. W., Albany, Calif.*



Pour the amount of batter needed for one waffle all at once into your iron

CORNMEAL WAFFLES

You could easily multiply the ingredients in this recipe to serve for company brunch.

- 1½ cups boiling water
- 1 cup yellow cornmeal
- ¼ cup (⅛ lb.) butter or margarine
- 2 eggs, separated
- 1½ cups buttermilk
- 1 cup unsifted flour
- 1½ teaspoons baking powder
- ½ teaspoon *each* soda and salt

Pour boiling water over cornmeal, add butter, stir until butter melts and blends; cool slightly. Add egg yolks and beat until blended and smooth. Stir in the buttermilk. Sift flour with the baking powder, soda, and salt into the mixture in the bowl; stir until blended together. Beat egg whites they hold firm but moist peaks; into batter.

Heat waffle iron to medium hot lowing the manufacturer's direct if necessary to prevent sticking, l lightly with butter or oil. Pour in fle batter and bake until well bro and crisp. Serve with butter maple or maple-blended syrup. M about 4 waffles.—*B. D., Long Bea*

Instead of butter and syrup, you m top the waffles with diced coo chicken, turkey, or ham, bound well seasoned white sauce.

This main dish soup is a good way to use up the last of your Easter ham

HAM AND GARBANZO SOUP

You can use ham hocks if you don't have the remains of a bone-in ham.

- Ham bone from whole or half bone-in ham
- 1 large onion, chopped
- ¼ teaspoon *each* basil and oregano
- ½ teaspoon monosodium glutamate (optional)
- 1 can (1 lb.) tomatoes
- 1 cup dry red or white wine (optional)
- About 1 quart water
- About 2 cups diced ham
- 1 cup *each* sliced carrots and diced potatoes
- 1 can (about 15 oz.) garbanzos
- 3 tablespoons minced parsley

In a large kettle, combine the ham bone, onion, basil, oregano, monosodium glutamate, tomatoes, and wine (if used). Add water to just cover bone. Simmer slowly for 1 hour. the ham, carrots, potatoes, garba (including their liquid), and pars continue to simmer for about 45 m utes. Discard the bone and skim fat. Makes about 6 servings as a m dish.—*C. C., Lakewood, Calif.*

You can use ham hocks (about 2 l and omit the ham bone and ham. S mer the hocks with the seasoning liquid for about 2 hours, or until m comes away from the bone. When c enough to handle, discard bone dice the ham. Add ham and vegetab to broth, and complete as above.

ght carry the vegetable and ham-filled soup in a vacuum jug arly-season picnic or serve it to the family at home.

a sunny day beckons, grill the ground meat cutlets on the ue; if not, broil these deliciously different meat patties and hem inside.

invited to share your own recipe inventions with other West- ks through *Sunset's* food pages. Mail contributions to Home mics Department, *Sunset Magazine*, Menlo Park, Calif. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

ND MEAT CUTLETS

beef chuck, ground lamb, and vegetables combine to make eat patties. The contributor, of an heritage, serves them with f and stewed apricots.

- ounds ground chuck or lean ground beef
- ounds ground lamb
- up water
- gg, slightly beaten
- easpoons salt
- edium-sized onion, finely chopped
- reen onions (include a little of the green tops), thinly sliced
- reen pepper, seeded and finely chopped

the meat in a bowl, add water ork in with your hands until well blended. Then work in the egg and salt. Add the chopped vegetables and mix in until well distributed. Shape into 8 to 10 oval patties, dipping hands in water to help shape them smoothly and lightly without packing the meat mixture. Barbecue over hot coals; or broil, allowing about 4 minutes on each side for rare, a little longer for medium well. Makes 8 to 10 servings.—*S. B., San Francisco.*

You might want to freeze half the patties after they are formed; use foil or clear plastic film between them. Allow about 7 minutes on a side to broil the frozen patties to rare stage.

Shaped into ovals, these beef and lamb patties have a different look and taste

SED ROCK CORNISH GAME HENS

d this way in a Dutch oven, ens make a fine meal for two.

- Rock Cornish game hens, thawed
- tablespoons butter or margarine
- green onions, sliced
- cup thinly sliced celery
- cup cooked rice, hot or cold
- tablespoon minced parsley
- teaspoon rosemary, crumbled
- cup flour
- teaspoon *each* salt and paprika
- cup dry white wine or chicken broth
- can (6 or 8 oz.) sliced mushrooms

hens and pat dry. In a frying heat 2 tablespoons of the butter, sauté onion and celery until limp, t 5 minutes. Add rice, parsley, and nary; stir until heated through. Stuff cavities of the hens with rice mixture and skewer openings closed.

In a paper bag, combine flour, salt, and paprika; shake hens, one at a time, in the bag to coat lightly. Heat remaining 4 tablespoons butter in a Dutch oven and brown hens on all sides. Pour wine or broth over hens, cover, and simmer until tender, about 45 minutes. Add drained mushrooms (reserve their liquid) about 15 minutes before hens are done. Blend flour remaining in paper bag with about 3 tablespoons of mushroom liquid and use to thicken pan drippings. Makes 2 servings.—*H. W., San Carlos, Calif.*

Small game hens are stuffed with flavorful rice pilaf before cooking

RBLE POUND CAKE

might dust this unieed eake with dered sugar; serve with berries.

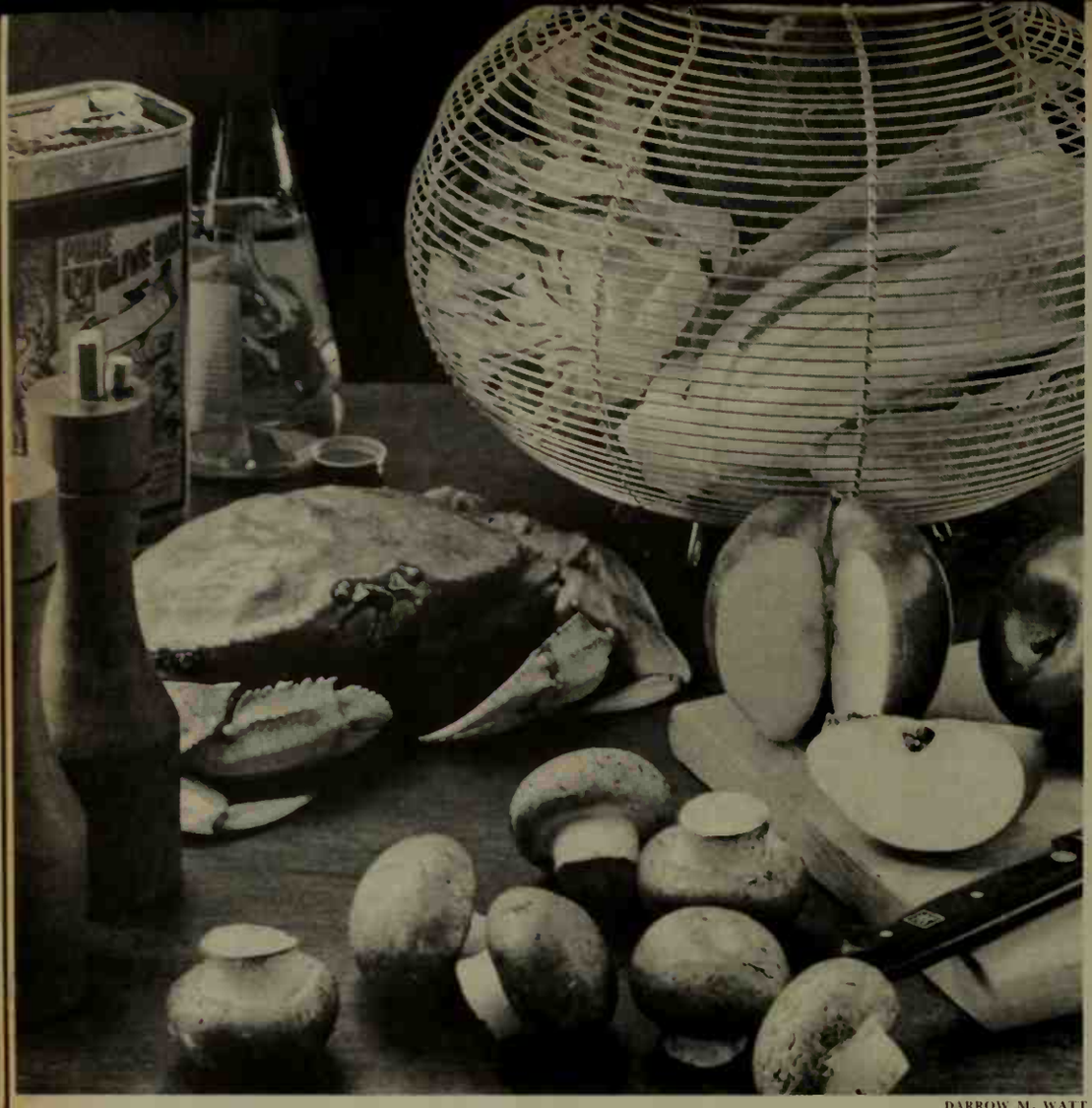
- 2 ounces unsweetened chocolate
- /3 cup hot water
- /4 teaspoon soda
- 6 eggs, separated
- 1 cup (½ lb.) butter or margarine
- 2 cups sugar
- 2 teaspoons grated orange peel
- ¾ cups regular all-purpose flour
- 3 teaspoons baking powder
- /4 teaspoon salt
- 1 cup milk

lt chocolate in the top of a double ler over simmering water; stir in water and soda, then cool.

t egg whites until they hold firm moist peaks; set aside. Cream the butter and sugar together thoroughly. Beat in egg yolks and orange peel.

Sift flour, measure, then sift with baking powder and salt. Alternately add flour and milk to creamed mixture, mixing after each addition until blended. Fold in egg whites. Remove 2 cups of the batter and stir in the chocolate mixture. In a greased and flour-dusted 10-inch tube pan, alternate the dark and light batters. Bake in a 325° oven for about 1 hour 10 minutes, or until cake tests done. Cool 15 minutes, remove from pan, and cool thoroughly. Makes 12 to 16 servings. —*A. H., McKenna, Wash.*

Alternate the chocolate and plain batters in the prepared tube cake pan



DARROW M. WATT

Crab, mushrooms, and apples *are a few of the unusual ingredients you can use to lend special flavor to a simple mixed green salad dressed with olive oil and wine vinegar*

You can include a surprise in the salad

A surprise ingredient or two can change the whole character of the classic mixed green salad, making it both festive and unusually savory.

In our first recipe, apple chunks combine well with succulent Dungeness crab.

CRAB AND APPLE GREEN SALAD

- ¼ pound raw mushrooms
- 1 tablespoon *each* white wine vinegar and lemon juice
- ⅓ cup olive oil or salad oil
- ¼ teaspoon *each* salt and garlic salt
- 1 head romaine
- 1 head butter lettuce
- ¼ pound Dungeness (market) crab meat
- 1 red-skinned apple

Wash and slice mushrooms thinly. In a small bowl mix together the vinegar, lemon juice, oil, salt, and garlic salt; mix in mushrooms and chill 10 minutes. Wash and dry greens; tear into bite-sized pieces to make 6 cups. Pile into a salad bowl. Add crab meat. Dice the unpeeled apple and add to greens. Mix in mushrooms and dressing. Serves 6.

Piping hot salami and garbanzos add zest to this fresh spinach and romaine salad.

HOT SALAMI AND GARBANZO SALAD

- ½ teaspoon *each* salt, garlic salt, and dry mustard
- 2 tablespoons white wine vinegar
- ⅓ cup olive oil or salad oil
- 1 cup canned garbanzo beans, drained
- ¼ pound sliced Italian salami
- 1 bunch spinach
- 1 head romaine
- 1 head butter lettuce

Mix in a small bowl the salt, garlic salt, mustard, vinegar, and oil. Add g
beans, cover, and chill at least
utes. Cut salami into strips, wra
and heat in a 350° oven for 10
or just until hot through.

Tear enough spinach, romaine, a
ter lettuce into bite-sized pieces t
6 cups; pile into a salad bowl. Po
beans and dressing and mix lightly
kle hot salami over the salad at t
and serve at once. Serves 6.

Citrus peel, both orange and len
freshes this green salad, embellish
orange segments, toasted slivered al
and cream cheese cubes.

ORANGE AND ALMOND GREEN S

- 2 oranges
- ½ teaspoon grated lemon peel
- 1 tablespoon *each* lemon juice and white wine vinegar
- ⅓ cup salad oil or olive oil
- ¼ teaspoon salt
- 1 bunch iceberg lettuce
- 1 bunch butter lettuce
- 1 bunch watercress
- 1 small package (3 oz.) cream cheese
- ⅓ cup toasted slivered almonds

Grate enough orange peel to make
spoon and place in a small bowl w
lemon peel. Cut off the orange ri
cut the fruit into segments; reserv
lemon juice, vinegar, oil, and salt
citrus peel.

Tear enough lettuce into bite-sized
to make 6 cups. Pull off enough wat
leaves to make ½ cup. Place gree
watercress in a salad bowl. Pou
dressing and mix lightly.

Cut cheese into ¼-inch cubes and
the salad. Add orange segments a
monds and mix lightly. Makes ab
servings.

The fascinating dressing on this
salad is based on peanut butter bl
with sour cream and lemon juice
salad retains its remarkable crispne
at least an hour if mixed and chil
advance.

PEANUT BUTTER SALAD BOWL

- ⅓ cup chunk-style peanut butter
- ⅓ cup commercial sour cream
- ¼ cup lemon juice
- 1 tablespoon brown sugar
- 2 teaspoons anchovy paste (optional)
- 2 cups shredded escarole
- 2 cups finely shredded cabbage
- ½ cup watercress sprigs
- 1 cucumber
- 1 bunch radishes
- 4 strips bacon, cooked and crumbled (optional)

For dressing, blend together the pe
butter, sour cream, lemon juice, b
sugar, and anchovy paste if desired.
in a salad bowl the escarole, cabb
and watercress. Peel and slice cucu
and add to the greens. Slice radi
thinly and add to the bowl. Pour
dressing and mix lightly. If desired, s
kle with crisp crumbled bacon. Mak
servings.

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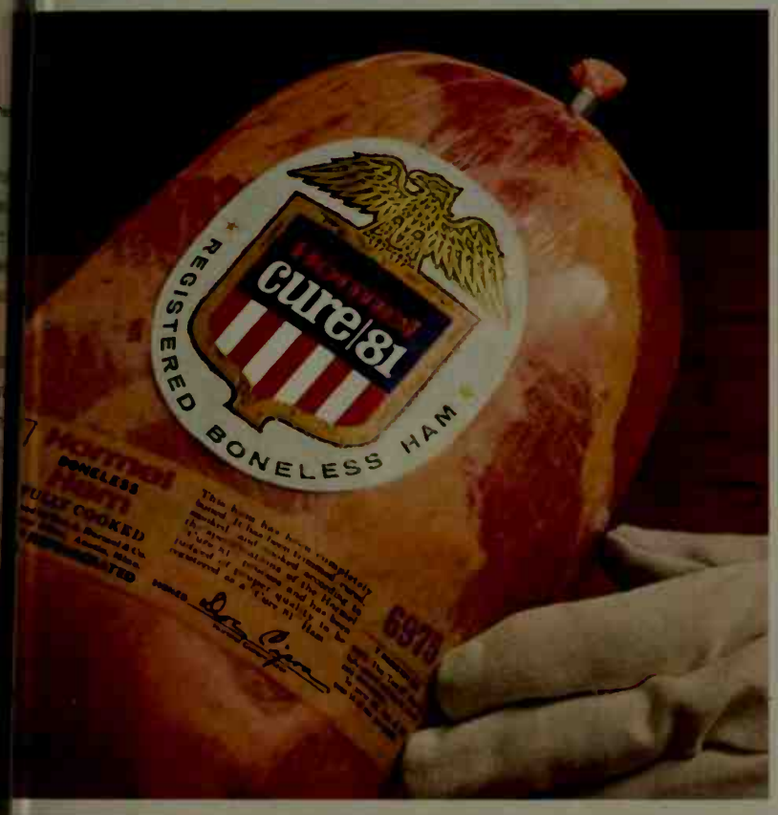

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Shake the drab left-overs habit! Sprinkle on the Kraft Grated Parmesan. Gives even yesterday's foods a just-cooked-today kind of taste. A zing. A zip. Kraft is 100% Parmesan, aged a whole 14 months. Just the shake you need to get you out of a stew!

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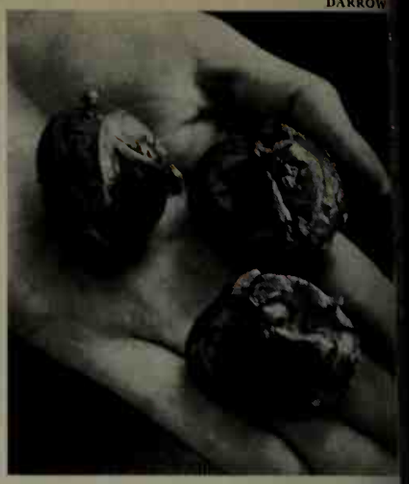
DARROW



Brown *husklike skin of water ch*
hides crisp, sweet, white inner p

Oriental mixture *of meat, vegetab*
folded in lettuce cup, eaten with fi

Cooking fresh water chestnuts

If you enjoy cooking Chinese food would like to try fresh water chestn you'll be delighted to find them sw and crisper than the canned ones.

Fresh water chestnuts (most are impo from Hong Kong) are available all in Chinese markets, and occasionall other stores selling Chinese vegetab

In cold storage, water chestnuts ca kept fresh several months. Once displa however, they deteriorate quite rapi Shop for firm, plump ones.

At home, you can store them in a pla bag in the refrigerator for about week. If you peel and refrigerate ther a covered bowl of water, they'll stay fi two or three weeks; change the wa every two or three days.

To prepare fresh water chestnuts cooking, slice off the top and botton each; then pare away the brown s and thinly slice the white inner part.

You can use canned water chestnuts

What's wrong with this lunch?

ng! Absolutely nothing!

e got a good thing going for you you sink your teeth into a deli- burger and have a sip from a tall, lass of milk. That's because this ills the bill as far as the four Food ps go. And that's what nutritious are all about.

eas to Launch a Better Lunch

hether you're ordering from a or eating at home, make sure your includes something from each of the four Food Groups: Milk, Meat, Vegetables and Fruits, Breads and Cereals.

2. When you're eating out, don't be tempted by attractive looking foods that add calories but little else. How much you get out of your afternoon may depend on your lunch.

3. Realize that most beverages do nothing but tickle your palate or offer a temporary boost. All milk—whole, low-fat, non-fat and buttermilk—is rich in good protein, the body builder, as well as calcium.

4. When in a hurry, shakes and malts and other milk drinks can add nourishment to a hasty snack.

It's easy to follow these few ideas. And when you do, you'll be enjoying food that's good tasting and good for you.

This information is brought to you by the Dairy Council of California in the interest of everyone concerned with improving family health through proper nutrition.

when dogs need a new trick

Try Betty Crocker Scalloped Potatoes
Hotdog Kabobs. And succulent slices of potatoes in a velvety sauce. Carefully seasoned with herbs, mellow Cheddar. Good show. Good eating.

when a sole needs a mate

Try Betty Crocker Au Gratin Potatoes
Once you try 'em, you're hooked. Tender potatoes in a delicately seasoned sauce, with blue cheese and Cheddar. What sole could find a better mate.

place of fresh ones in these recip
ever, these dishes point up the g
vor and texture of the fresh veg

Serve this entreé with rice for supp
part of a more elaborate Chinese

WATER CHESTNUTS, CHINESE PEAS, CHICKEN

- 2 whole chicken breasts, split (4 halve
- 2 tablespoons soy sauce
- 4 teaspoons sesame oil or salad oil
- 2½ teaspoons cornstarch
- 1 package (7 oz.) frozen Chinese (edit pod) peas, thawed, or about ½ lb fresh Chinese peas, trimmed
- 20 fresh water chestnuts, peeled and thinly sliced
- 1 can (2 or 3 oz.) sliced mushrooms
- ¼ teaspoon grated fresh ginger or dash ground ginger

Skin and bone chicken and cut i
sized strips. Mix 1 tablespoon of t
sauce and 1 teaspoon *each* of the
cornstarch; stir into chicken.

Heat remaining 3 teaspoons oil in
ing pan over medium high heat
chicken and cook, stirring, for 3 m
Add peas, water chestnuts, musl
(including liquid), and ginger. Cov
cook 1 to 2 minutes for thawed,
peas, 2 to 3 minutes for fresh. Ble
maining 1 tablespoon soy sauce w
maining 1½ teaspoons cornstarch
into liquid. Cook, stirring, until sl
thickened. Serve at once. Serves
M. L. W., San Mateo, Calif.

This Chinese meat dish is eaten
like the Mexican taco; serve with
and one other meat or vegetable dis

SHRIMP TUMBLE IN LETTUCE CU

- 1 tablespoon salad oil
- ½ pound ground pork
- ¼ pound cooked small shrimp
- ½ cup sliced canned bamboo shoots (optional)
- 1 can (2 or 3 oz.) sliced mushrooms
- 12 fresh water chestnuts, peeled and thinly sliced
- 2 tablespoons soy sauce
- ¾ cup water
- 2 teaspoons *each* cornstarch and water
- 1 green onion, chopped
- 6 large iceberg lettuce cups

Heat oil in frying pan over mod
heat; add pork and cook, stirring,
browned, about 5 minutes. Pour off
excess drippings. Add shrimp, bar
shoots (if used), mushrooms (inclu
their liquid), water chestnuts, soy s
and the ¾ cup water. Cover and sim
gently about 5 minutes. Blend cornst
and the 2 teaspoons water; stir into
uid in pan. Cook, stirring, until slig
thickened. Spoon into serving dish;
nish with chopped green onion.

Wash and drain lettuce leaves, and
range on a platter.

To serve, let each person take a let
leaf, spoon some of the meat into it,
fold the lettuce around the meat and
the whole "sandwich" with his fing
Makes 6 servings, enough for 3 perso

Who put the fresh taste of hot buttered sweet corn on ice?

Eating Niblets Brand corn is like corn-on-the-cob—without the cob. Tender extra-deep kernels of sweet corn, cut from the cob so you get all corn and no cobby fiber. The Giant freezes them in a sauce of 93 score butter, with a pinch of seasoning. And seals them in his special flavor-tight cooking pouch to keep them summer-fresh, sweet and buttery. Try Green Giant Niblets corn frozen in butter sauce, the crispest, freshest-tasting corn that ever dripped butter.

© Green Giant Company

Good enough to make a baker jealous. The new Betty Crocker Discovery Dessert.

It took the Betty Crocker Kitchens to discover a way to fluff up rich chocolate flavor for the first and only Fluffy Chocolate Frosting. And it took a cake mix that blends perfectly with eggs to get the delicately rich, specially moist flavor of a Betty Crocker Yellow Cake. Together, they make the Discovery Dessert. And it's good enough to make a baker jealous.

When the flavor's this exciting ... you can bet it's Betty Crocker.

Betty Crocker Yellow Cake and Fluffy Chocolate Frosting Mixes.

grilled sandwich, a classic with
rs, can be as imaginative as it
o make and serve.

informal supper you might offer
several—of the sandwiches we
here, a salad or some vegetable rel-
nd milk or soft drinks. You could
l the ingredients ready and let each
concoct his own; or completely
wrap, and refrigerate the sand-
several hours ahead of grilling. In
andwich grills you can grill two
sandwiches at a time. For a dif-
twist, grill them in a waffle iron.
waffle irons, both nonstick fluoro-
-finish and standard, can be used
ay. Check directions for your iron
e sure you can add butter to it.)

ch of the following, lightly butter
ter sides of each sandwich instead
sing the grill or grids directly. With
m-high heat, these sandwiches will
den brown and heated through in
4 minutes.

and Cheese. For each sandwich,
about 1 tablespoon *each* chopped
and chopped green pepper in 1
on butter until tender. Lightly but-
e side each of 2 slices firm-textured
bread. Spread vegetable mixture on
ttered side. Over this fit 1 thin slice
t 1 oz.) each of Edam or Swiss
e and boiled ham; top with remain-
read, buttered side out. Grill.

er Cheese and Bacon. For each sand-
lightly butter one side each of 2
sourdough bread. Arrange thin
chile-flavored process cheese (about
) over one unbuttered side. Crumble
3 slices drained, cooked bacon over
e; top with remaining bread, but-
l side out. Grill.

ken, Cheese, and Chile. For each
wich, lightly butter one side each of
ces firm-textured white bread. Ar-
e thin slices cooked chicken or turkey
ut 2 oz.) over one unbuttered side
spread with canned chicken spread us-
bout ¼ of a 4 to 5-oz. can). Sprinkle
teaspoon chopped green onion and 1
½ tablespoons chopped canned Cali-
ia green chile (seeds removed). Top
thin slice Cheddar cheese (about 1
and remaining bread, buttered side
Grill.

a and Cheddar. Mix 1 can (6 to 7 oz.)

DARROW M. WATT

Teens take turns *at waffle iron, grilling varied sandwiches for an informal supper*

tuna, drained, with 2 tablespoons *each* chopped green onion, chopped chutney, and mayonnaise; 3 tablespoons toasted slivered almonds; and 1 teaspoon lemon juice. Lightly butter one side each of 8 slices white bread; spread mixture over 4 unbuttered sides. Top each with thin slice Cheddar cheese (about 1 oz.) and another slice bread. Grill. Makes 4 sandwiches.

Bacon, Cheese, and Mustard. Fry 8 slices bacon, drain, and crumble. In 1 tablespoon drippings, sauté ¼ cup chopped onion. Combine bacon, and 1 tablespoon Dijon-style mustard. Lightly butter one side each of 8 slices white bread. Spread mixture over 4 unbuttered sides; top with thin slice Cheddar or jack cheese (about 1 oz.) and remaining bread, buttered sides out. Grill. Makes 4 sandwiches.—*V.P., Hawthorne, Nev.*

Hot grilled sandwiches... out of the sandwich grill or the waffle iron

Greek-Californians celebrate Easter with a picnic in the park

Many Greek families celebrate Easter with a picnic barbecue. Out-of-doors, they can see and savor the green leaves and new blossoms of spring, and delight in traditional outdoor merriment: cracking red eggs, dancing in a meadow, partaking in the grand feast.

The object is *to crack a friend's hard-cooked egg while leaving yours intact*

You might borrow the foods they eat and adapt the customs for your own Easter family dinner or for an April outing. The dishes we suggest here are uniquely Greek yet delicately seasoned to appeal to all tastes and ages.

With many make-ahead dishes included, the whole barbecue dinner is easy to pack and carry to the picnic site. In fact, much of the menu can be prepared in advance, leaving only a few details to complete on the busy picnic day.

You'll have to visit a delicatessen or Greek market to buy several ingredients that make the picnic authentic: a goat cheese called *feta*, a thin pastry named *fila*, Greek style olives, and a doughnut-shaped bread called *kouloura*. But in most cases we list substitutions to use if you can't find the Greek specialties.

While bounteous by most standards, the menu is still more streamlined than that set forth on a typical Greek holiday table and suits the need for portability on this occasion. Recipes are scaled for a family group of 12 to 14.

Greek Easter barbecue

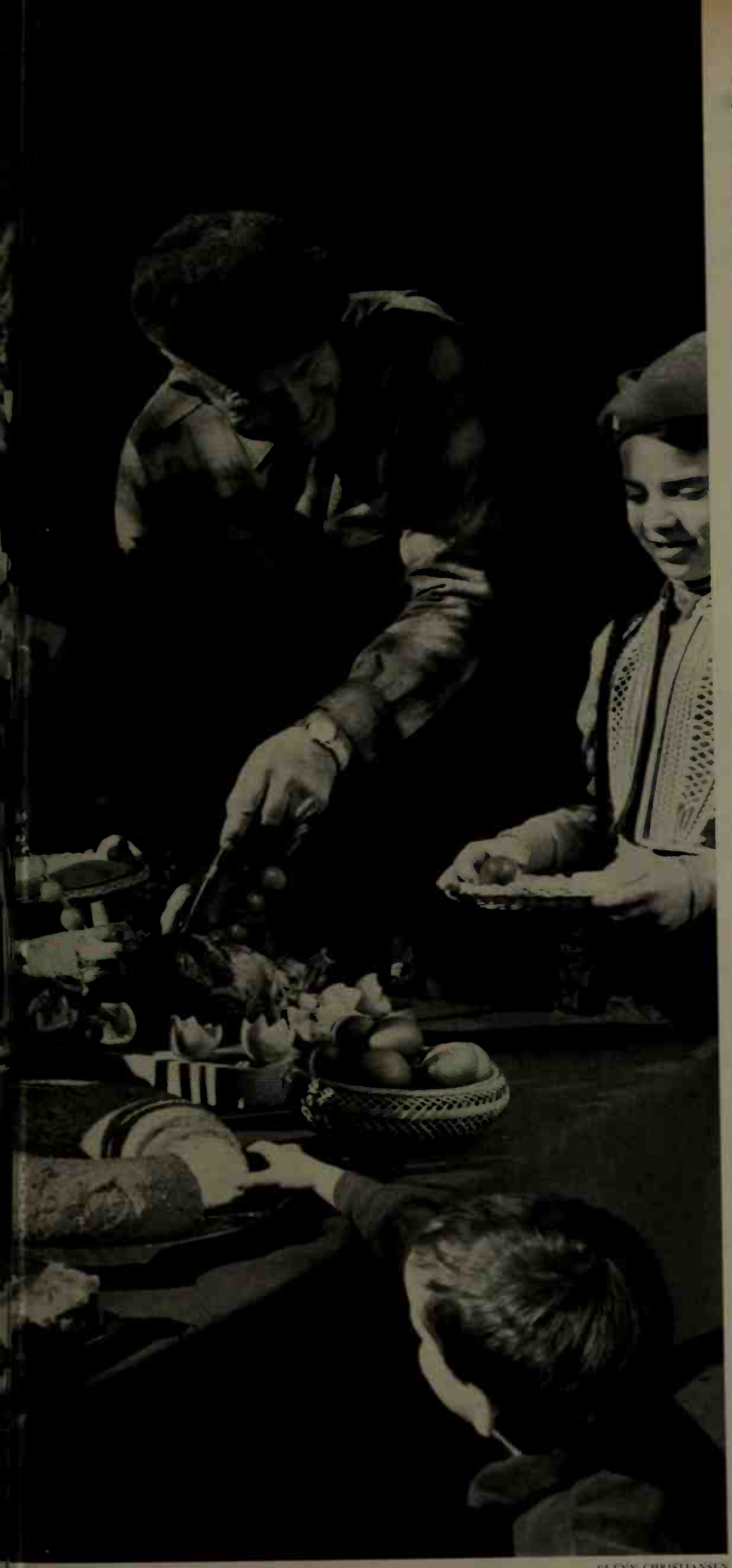
Athenian Green Salad
Barbecued Butterflied Lamb Rice Pilaf
Greens Pie Bread Ring
Red Hard-Cooked Eggs
Greek Pastries Oranges
Retsina or Zinfandel Turkish Coffee

For last-minute ease, bake and freeze the pastries in advance, and prepare the vegetables a day ahead. Marinate the lamb overnight. Buy the Greek bread *kouloura*, or substitute a sweet French bread. Dye hard-cooked eggs a brilliant red, allowing at least one per person. Cook the pilaf just before you leave, and pack in an insulated bag. Plan to mix the salad and brew the coffee on the spot. Offer a resinated red wine if you like it, otherwise a California Zinfandel or other light dry red table wine.

Athenian Green Salad. You can readily complete this handsome salad at the picnic site if you tear the greens and mix the dressing at home.

Wash and dry 1 head *each* iceberg lettuce, butter lettuce, and romaine, and tear into bite-sized pieces. Place in a plastic bag and chill. To serve, pile greens into a large salad bowl and pour salad dressing (recipe follows) over; mix thoroughly. Peel and slice 1 avocado and arrange on top. Core 2 tomatoes, cut in wedges, and arrange on salad. Crumble ¼ pound feta cheese over the top and scatter on top of all 2 dozen Greek style olives or ripe pitted olives, and 1 can

The service is buffet-styl



GLENN CHRISTIANSEN

his bounteous spring feast *is a Greek Easter dinner, arranged buffet-style on felt-overed table decorated with pots of daffodils. Plates are laden with barbecued lamb, ce pilaf, spinach pastry squares, Greek salad, bread, and—just for fun—red eggs*

(2 oz.) drained anchovy fillets. Makes 12 servings.

Salad Dressing. Pour into a jar ¾ cup olive oil, ¼ cup red wine vinegar, ½ teaspoon *each* salt and garlic salt, and freshly ground pepper; cover and shake well. Chill. Makes 1 cup.

Barbecued Butterflied Lamb. A boned lamb leg cooks readily and slices easily for a crowd. Squeeze lemons over the meat at serving time for extra zest.

Have your meatman bone and butterfly 2 legs of lamb. Lay meat out flat and insert 6 slivered cloves of garlic into both sides of meat. Place each piece of meat in a large shallow pan. Mix together ½ cup *each* lemon juice and olive oil, 2 teaspoons salt, ½ teaspoon pepper, and 1 tablespoon dried oregano; divide over the meat. Turn meat to coat both sides with marinade and chill overnight.

Barbecue meat over medium low coals, allowing about 20 minutes to brown one side; turn to brown other side, cooking about 20 minutes more for medium rare meat. Place on a large carving board and reshape into two roasts. Cut 3 lemons in half, zigzag fashion, sprinkle them with oregano, and place around roasts. Makes 12 to 14 servings, with some left over.

Rice Pilaf. Bring 7½ cups water to a boil in a large pan. Add 1 tablespoon *each* salt and salad oil and 3 cups long grain rice; cover and simmer 25 minutes, or until barely tender; remove from heat. Mix in 1 cup golden raisins with a fork. Heat 1 cup butter until it bubbles and starts to brown; pour over rice and stir with fork. Cover 10 minutes. Serves 12 to 14.

Greens Pie *(Spanakopita).* These pastry squares, full of assorted greens and feta cheese, are excellent warm or chilled. You need tissue-thin sheets of dough, called fila, available in 1-pound packages from Greek markets and many delicatessens.

Wash and finely chop 1 bunch *each* Swiss chard, spinach, chicory (curly endive), parsley, and green onions; pat dry with paper towels. Mix in ¼ cup olive oil; 1 teaspoon salt; ½ teaspoon pepper; 4 beaten eggs; and ¾ pound feta cheese, crumbled.

You need 10 sheets fila (about 12 by 16 inches in size). Lay out fila and cover with plastic film to keep from drying out. Melt ½ cup butter. With a pastry brush, lightly butter 5 sheets fila, one at a time, and layer one on top of the other in a buttered 9 by 13-inch baking pan. Place the greens mixture in the pan, and smooth the top. Sprinkle lightly with cinnamon. Fold any overhanging fila back over the greens. Arrange 5 more buttered sheets of fila, cut to fit the top of the pan, one at a time on top.

Cut squares through the top layers of fila only, making three lengthwise and five

crosswise cuts. Bake in a 400° oven for 1 hour, or until greens are tender. Cover top of pan with foil if crust browns ahead of time. Finish cutting into squares and remove to a rack so bottom layers of fila stay crisp. Serve hot or cold. Makes 24 squares.

THREE FESTIVE PASTRIES

Each of these three Greek pastries has a special shape and richness all its own.

This traditional Greek Easter cooky with a toasted sesame seed topping resembles shortbread.

Easter Shortbread *(Koulourakia)*

- ½ cup *each* butter and sugar
- 3 egg yolks
- ¼ cup half-and-half (light cream)
- 2¼ cups regular all-purpose flour
- 1 teaspoon baking powder
- ¼ teaspoon salt
- Sesame seed

Cream butter and sugar until light and fluffy. Beat in two of the egg yolks, one at a time. Mix in 3 tablespoons of the half-and-half. Sift flour, measure, then sift again with baking powder and salt. Add dry ingredients to the creamed mixture and stir until well blended. Chill dough thoroughly.

To shape cookies pinch off ¾-inch balls of dough and roll each with lightly floured hands into an 8-inch long strand. Form each into a pretzel shape and place on a greased baking sheet.

Beat the remaining egg yolk with remaining 1 tablespoon half-and-half and brush on tops of the prepared cookies. Sprinkle lightly with sesame seed. Bake in a 350° oven for 20 to 25 minutes, or until nicely browned. Makes about 30 cookies.

These sugary cookies are rich with almonds. To prepare nuts, grind almonds finely in blender; toast in a 350° oven about 7 minutes, or until light brown.

Sugar-Coated Butter Cakes *(Kourabiedes)*

- 1 pound sweet butter
- ¼ cup powdered sugar
- 2 egg yolks
- 2 tablespoons Cognac or Brandy, c
- 1 teaspoon vanilla
- 1 cup toasted ground almonds
- 4¼ cups regular all-purpose flour
- 1 teaspoon baking powder
- Whole cloves for garnish (optional)
- About 1 pound powdered sugar

Cream butter until light and fluf
in the ¼ cup sugar and egg
creaming well. Add Cognac or
Mix in almonds. Sift flour, measu
sift again with baking powder. Gr
add dry ingredients, mixing until s
Pinch off pieces of dough the siz
walnut and shape into crescents or
into rounds. Place on an ungreased
sheet. If you wish, stick a whole c
center of each round. Bake in a 325
for 30 minutes, or until very l
browned.

Remove from oven and let cool in
rack for 5 minutes. Sift a ⅛-inch
layer of powdered sugar over waxed
and transfer cookies to it. Sift more
over the top to cover. Let stand
cool, then store in a lightly covere
Makes about 5 dozen.

Hot lemon syrup soaks into this t
light nut sponge cake, lacing it
tangy flavor.

Almond Cake *(Amigthalopeta)*

- 6 eggs, separated
- 1 cup sugar
- ½ cup regular all-purpose flour
- 1 teaspoon baking powder
- ¼ teaspoon almond extract
- 2 cups very finely ground blanched almonds
- ⅛ teaspoon *each* salt and cream of tartar
- 1 teaspoon grated lemon peel
- Lemon syrup (recipe follows)

Beat the egg yolks until light and
ually beat in ½ cup of the sugar, be
until thick and lemon-colored. Sift
measure, then sift again with baking
der. Stir into yolk mixture. Add al
extract and half of the almonds, and
just until well distributed.

Beat egg whites until foamy, add salt
cream of tartar, and beat until w
hold soft peaks. Beat in the remainin
cup sugar, 1 tablespoon at a time.
in lemon peel and the remaining almo
Add one-fourth of the white mixtu
the yolk mixture and mix until blen
Gently fold the yolk mixture into rem
ing white mixture. Turn into a butt
9 by 13-inch baking pan. Bake in a
oven for 30 minutes, or until top spr
back when touched lightly.

Cool on a rack 10 minutes. Cut into
mond-shaped pieces (make five len
wise cuts in cake, then cut diagonally
inches apart). Then pour over hot le
syrup. Cool before serving. Makes ab
30 pieces.

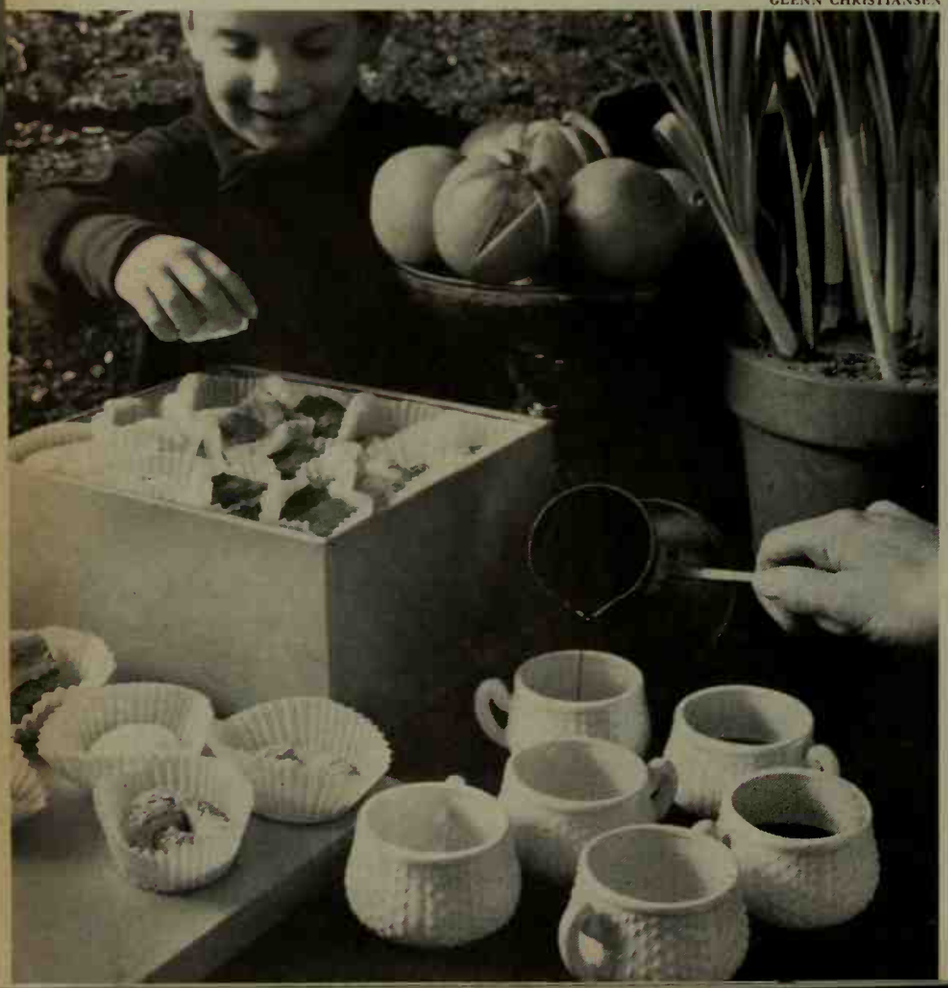
Lemon Syrup. Combine in a small
¾ cup sugar, 3 tablespoons lemon ju
and ¼ cup water. Bring to a boil
cook just until sugar is dissolved.

Turkish Coffee. Bring along a jar or ca
instant Turkish-style coffee and a Turk
coffee pot, if available, or other small
for brewing. Follow package directions
proper amount of coffee and water
serving. Cook over barbecue fire.

The picnic ends with coffee, oranges, and three festive Greek pastries

Pastries *travel well if packed individually in fluted baking cups in tin box*

GLENN CHRISTIANSEN



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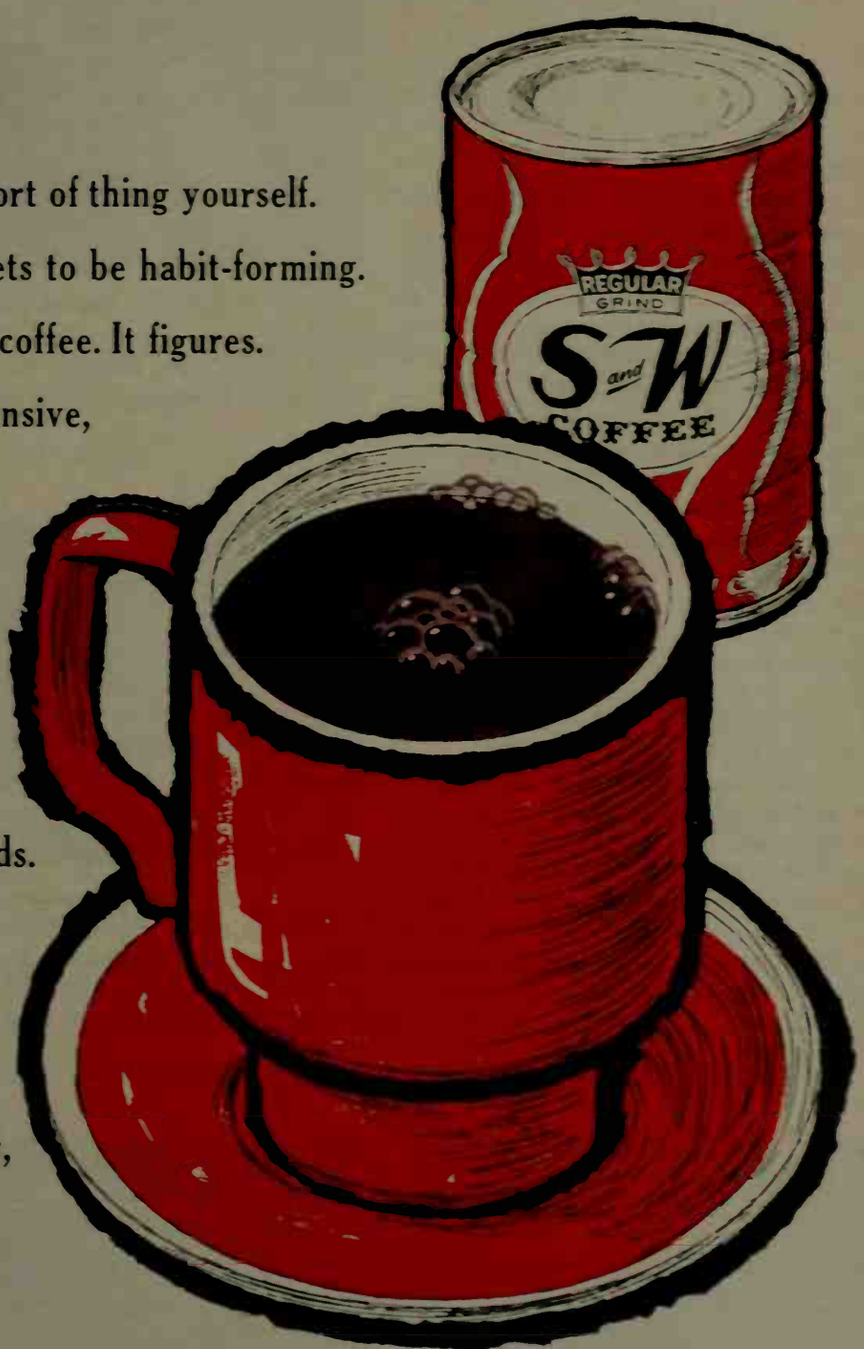

S and W Fine Foods – to know one is to love them all!

THE

Western Kitchen

NEWS AND IDEAS

Vacation home possibility: portable washer, portable dryer

Both a recently introduced portable washer and a new portable clothes dryer will operate on any grounded 120-volt outlet. Each handles about half a standard load or 6 pounds of clothes.

The washer stores in a space 31½ inches high, 29¼ inches wide, 16½ inches deep, and rolls on casters to the water supply. It has a washing compartment on a 4-minute timer and a separate spin-dry compartment.

The small dryer (28¼ inches high, 24 inches wide, 16¼ inches deep) can be hung on a wall or stored under a counter or in a closet. Its timer allows up to 115 minutes on one low temperature setting; most loads dry in about an hour. Because the unit needs no installation beyond plugging it into an adequately wired outlet, it is ideal for places where power as well as space is limited. Since it expels only about as much moisture as a normal shower bath, it can be vented to the room. Or, in a permanent installation, its exhaust duct can be vented to the outside.

EDMU

Choose your spice from a spice drawer

Spice labels are easy to read when the jars are stored on angled drawer partiti these in the Alan Director house, Portland. The drawer, which also protects from light, operates on nylon rollers. The architect was Richard Sundeleaf.

Make an appliance garage on a countertop

With little effort you could likely add an appliance corner—like this one in the of Gladys Johnston, Carmel, California—to your kitchen. Measure the height be countertop and upper cabinets, buy shutters to fit (they come in heights of 16 i and up), then hinge them to wood side pieces, cut wide enough to insure a go

RICHARD FISH

A use for the space in front of the sink

Two long narrow bins tilt out to show scouring pads, wire brushes, and other cleaning tools stored in otherwise unusable space at the front of the kitchen sink. The bins can be lined with tin or foil. Owners are Mr. and Mrs. Paul E. Klein, Los Angeles.

New: counter insert, food war

If you have burned or otherwise m a section of countertop, you might sider replacing it with a panel of ce glass, the heatproof material now us some cookware. It comes in white in three panel sizes priced from $8 $35: 16 by 20, 18 by 24, and 24 b inches. Set into the countertop, wit without a stainless steel rim, it's heat and won't scratch or stain.

You might combine it with a new i red warming unit to be installed dir above the insert (or above any til marble counter). It fits under an u cabinet, and plugs into any 120-volt let. You can use it to hold cooked f at a serving temperature of 125° an thaw frozen foods. It measures 6 b by 2½ inches and sells for about $42

SUN

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DARROW

To serve torte, *cut ice cream be cookies; top each serving with bluel*

Ice cream goes between cookies

To make this special ice cream tort your family, you just sandwich lem cream between sugar cooky crusts.

BERRY-LEMON ICE CREAM TORTE

Buy ½ gallon lemon ice cream in a r or rectangular container. Trace outli carton (if rectangular, trace wide s on paper; cut for cooky pattern.

With electric mixer, cream together 1 butter and ¾ cup sugar; beat in 1 and 1 teaspoon vanilla. Gradually a cup ground walnuts or almonds (wh fine in a blender) and 2 cups unsi regular all-purpose flour; mix well. Ch

Roll out one third of the dough o ungreased cooky sheet to ⅛-inch th ness; cut around pattern, using a flu pastry cutter if you wish. Remove exc Roll another third of dough on ano cooky sheet; shape second cooky, t score into 6 to 9 wedges or 1 inch str one more than the number of servings plan. (Use remaining dough to make co ies for another time.) Bake in a 375° o for 10 to 15 minutes, or until edges lightly browned. Cut apart; cool on rac

Using a sharp knife, cut through soli frozen ice cream, carton and all, to m a 2-inch-thick slice the same shape cookies. (Return remaining ice cream freezer.) Remove carton from slice; pl ice cream on the large cooky on a serv plate; top with wedges or strips, omitt one to provide space between. Return freezer. When firm, serve with blueber sauce; or wrap and store, up to a week you wish. Makes 5 to 8 servings.

Blueberry Sauce. Blend 1 can (1 lb. 5 o blueberry pie filling, ¼ teaspoon *ea* grated lemon peel and ground nutme and 2 tablespoons lemon juice; chill.

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Slip *slices of cheese and Canadian b inside the pocket in each meat se*

Dutch steak ha a pocket in it

The Dutch chefs took liberties with classic veal cordon bleu and came up a delectable Dutch version featuring steak, Canadian bacon, and Gouda ch You cut the steak with a pocket in it, sandwich cheese and bacon both in and top side. This is company fare, sautéed and served at once. With ev thing assembled ahead, you need on few minutes to finish it before serving.

DUTCH STEAK

- 1½ pounds top sirloin steak, cut in 4 servings (about ¾ inch thick)
- ½ teaspoon *each* salt and garlic salt
- ¼ teaspoon *each* dried whole marjoram (crumbled) and freshly ground pepper
- 16 thin slices Canadian bacon (about ¼ lb.)
- 5 oz. Gouda cheese, sliced thinly
- 2 tablespoons butter or margarine
- 2 tablespoons chopped parsley
- ½ cup dry red wine
- 1 teaspoon beef stock base *or* 1 beef bouillon cube

With a sharp knife, cut a pocket in side of each steak serving, cutting within ½ inch of the three other sid Rub meat inside and out with a mixt of salt, garlic salt, marjoram, and pepp Slip 2 slices of bacon and 2 slices of che inside each meat pocket. Heat butter i large frying pan and pan-fry meat un nicely browned underneath. Turn a brown other side. Distribute remaini cheese slices on top of steak servings a cover each with 2 slices Canadian baco Using a wide spatula and holding the t with a fork, quickly flip bacon-topp steaks over to heat and brown the bac (it takes just a few seconds). Transfer a hot platter, arranging servings baco side-up, and sprinkle with parsley. M wine and beef stock base and pour in drippings; simmer until reduced to a glaz Spoon over meat. Serves 4.

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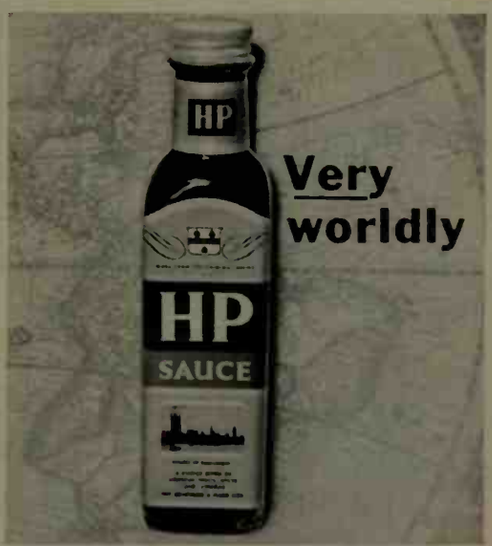

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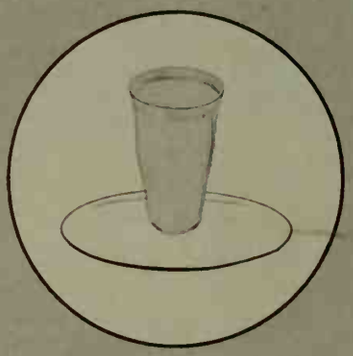

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BROILED MUSHROOM CA

Wash 16 medium mushrooms under cold w Drain, pat dry. Remove stems. Chop stems sauté for 5 min. in 1 tbsp. butter, melted. Cru 1 OXO cube in ¼ cup boiling water, add to s with 1 tsp. chopped chives and ¼ cup fine bread crumbs. Spoon mixture onto inverted placed on broiling pan. Broil 5" from heat for 5 Serve hot.

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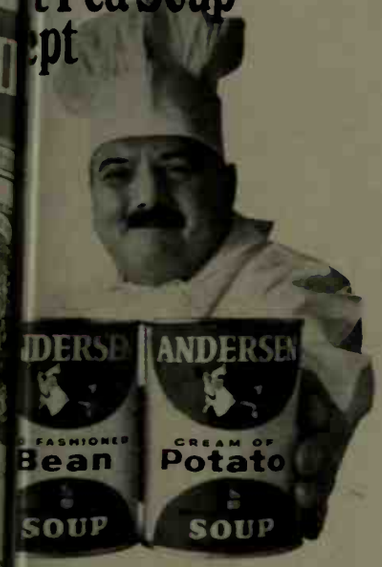

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DARROW

Easter brunch *served buffet-style, with meat and cheese platter, fruit baskets, colored eggs, bread, pound cake, hot*

APRIL MENUS

Oven roast dinner and salad luncheon for guests ...quick dinner and Easter brunch for the family

April's most festive occasion this year is Easter, and all that goes with it. This is also a month when spring weather comes on strong, and it's a time when many people first think seriously of breaking the year's stride with a big or little vacation trip.

For family meals we suggest an Easter buffet brunch following the egg hunt, and a quick fish dinner when outdoor activities keep the cook involved until late in the day.

For guest meals we include an easy salad luncheon appropriate for a "bon voyage" party, and a special oven roast dinner.

Family Easter brunch

This buffet-style breakfast suits a range of ages and a flexible number of diners. The menu is particularly easy on the cook on Easter morning. Since none of the food is hot (except the beverages), the meal can be set up well ahead of time, to await the family or guests after the traditional egg hunt.

Orange Baskets with Fruit
Colored Eggs in the Shell
Sliced White Bread Butter
Rolled Ham, Swiss Cheese, and Thuringer Sausage
Pound Cake
Coffee Hot Chocolate

Bake the pound cake a day in adv if you wish, bake and freeze it a we more ahead. Use the recipe for favorite pound cake or the Marble P Cake on page 183, and bake it in a f kugelhof (fluted tube) pan. You can

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ot meal from
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Dennison

An old favorite—*roast beef and vegetables—with a flair. Fish and relish a is the first course; strawberries, raspberry sauce, and whipped cream f*

make the orange baskets a day ahead; mix in other fruits just before serving.

Easter morning, arrange sliced boiled ham, cheese, and sausage on a large board. Fill a basket with dyed Easter eggs. Set out the bread and cake and fill the orange baskets. Arrange all on a buffet, and time the beverages to be hot when everyone is ready to dine.

Orange Baskets with Fruit. For 8 servings, cut 4 medium-sized oranges in half, zigzag fashion; remove fruit with a grapefruit knife and cut into sections, discarding white membrane. Mix orange segments, 1 cup hulled strawberries; and 2 sliced bananas, and pile into the orange shells. Cover and chill. Serves 8.

Oven roast dinner for guests

We suggest here an easy, last minute, company menu.

Fish and Relish Tray
New Potatoes with Sour Cream
Steamed Yellow Croakneck Squash
Paprika Oven Beef Roast
Strawberries with Raspberry Sauce and Whipped Cream

Time the cooking of the roast to allow 15 minutes for the juices to set up before serving. Once the meat is in the oven, prepare the vegetables for cooking, purée and strain frozen raspberries for the sauce, and whip and chill the cream.

Then assemble the first-course fish and relish tray. For this, set out in small dishes a selection of three or four of these: canned sardines, herring, smoked salmon, cherry tomatoes, carrot curls, celery sticks.

Paprika Oven Beef Roast. Purchase a 4 or 5-pound boneless rolled beef roast such as cross rib, shoulder clod, or sirloi 3 cloves garlic into slivers, mal the meat, and poke in the garli gether 3 tablespoons paprika, 2 salt, ½ teaspoon freshly groun and 1½ tablespoons olive oil; sp surface of the meat. Insert a n mometer into the roast. Place oven until meat thermometer 130° for rare meat. Makes 8 to 10

Strawberries with Raspberry Sau and hull 4 cups berries and pi glass bowl. Whip ½ pint whippi and flavor with 1 tablespoon *c* dered sugar and kirsch (or sub teaspoon vanilla for the kirsch in a blender, then push throug strainer 1 package (10 oz.) fro berries. Turn into a small pitche table, serve strawberries in smal bowls and pour over berry sau top with whipped cream. Serves

Salad luncheon for gu

This party lunch is quick to asse

Chilled Potato Soup
Crescent Rolls
Crab and Egg Salads
Lemon Custard Ice Cream

The menu offers flexibility. You choice of making and chilling t and salads early in the morning them just before serving. Place ic balls in dessert bowls and, if yo pass an orange-flavored liqueur.

Chilled Potato Soup. Thaw 1 can (1 frozen potato soup and purée in a with 1 soup can milk and 1 tab minced parsley. Chill. Serve in sm bowls, sprinkled with chives. Serv

Crab and Egg Salads. For dressin

Lovely new couple in town.

Have them both for dinner.

w from Guild—the drama of two-wine dining. Two beautiful new Chablis wines—one gold, the other pink—that complement any menu and any occasion. This ly couple is always available for dinner, so why not put them both on your table.

Guild *Wine Company*
Lodi, California

How about eating out in?

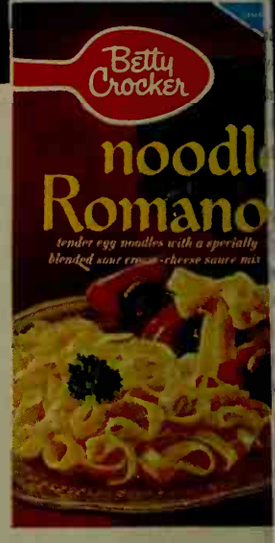
At Brennan's, in the heart of New Orleans' historic French Quarter, a dinner favorite is Shrimp Romanoff. Here's how to make it with Betty Crocker Noodles Romanoff.

1 pkg. (4-serving size) Betty Crocker Noodles Romanoff
1 can (4½ oz.) shrimp, rinsed and drained
1 cup shredded Swiss cheese
1 tbsp. chopped chives

Heat oven to 350°. Prepare Noodles Romanoff as directed on package except—increase milk to ½ cup.

In 1½-quart casserole, layer half the noodles, the shrimp and cheese; top with remaining noodles. Sprinkle with chives. Cover and bake *15 to 20 minutes. 4 servings.* Dinner rolls and a garden-fresh salad round out the meal.

Note: 1 can (6½ oz.) tuna, drained, can be substituted for the shrimp.



Doing anything tomorrow night? Sure. Eating out—in.

⅓ cup *each* mayonnaise and
n, 2 tablespoons chile sauce, 1
n lemon juice, and a few drops
bitters (optional). Chill.

lad plates with iceberg lettuce;
ups lettuce and mound on each
serve several crab legs from 1
ngeness (market) crab and mix
g crab meat with 1 cup chopped
d 2 tablespoons capers. Spoon
e-lined plates and garnish with
crab legs, cherry tomatoes, dill
nd lemon wedges. Spoon dress-
ch salad and grate 2 hard-cooked
them. Chill until serving time.

Quick family dinner

this meal just before serving, and
least 30 minutes kitchen time.

Green Salad
Spinach with Sour Cream
ole Amandine with Avocado
Marmalade Omelet Soufflé
with Whipped Cream

n whip up the soufflé and refrig-
nbaked; then slip it in the oven
utes before dessert time. Cook
r frozen spinach and top with
ls of sour cream. Mix a green
ith an oil and vinegar dressing.
he sole just before you sit down.

nandine with Avocado. Sprinkle 1
sole fillets with salt and pepper
ablespoon lemon or lime juice. Dip
flour to coat all sides and shake
ss. Heat 2 tablespoons butter in a
pan over medium heat and sauté
or 1 to 2 minutes, or until browned.
dd 1 tablespoon butter, and brown
ide. Transfer to a platter.

tablespoons butter and ¼ cup
lmonds to pan and sauté lightly.
tablespoons lemon or lime juice,
up nuts and drippings, and spoon
h. Peel and slice lengthwise 1 small
o and arrange over fish. Garnish
mon wedges. Serves 4.

alade Omelet Soufflé. Melt 1 table-
butter and ¼ cup orange marma-
n a 9-inch frying pan that can go
he oven; add 2 tablespoons lemon
and spread evenly over the pan;
ol.

ate 4 eggs, placing yolks in one mix-
owl and whites in another. Beat egg
s with ⅛ teaspoon salt until soft
form; beat in ⅓ cup sugar, beating
until stiff (still moist). Beat egg yolks
thick, and beat in 1 tablespoon flour.
beaten yolks into egg white mixture.
n into mounds in frying pan. Chill
onger than 1 hour). Bake in a 350°
for 10 to 14 minutes, or until set and
ned. Dust powdered sugar over the
nd serve immediately with sweet-
whipped cream. Serves 4.

食譜六 RECIPE No.6

HONG KONG REVEALS THE FINEST IN CHINESE COOKING

The Hong Kong Tourist Association helps Sunset readers share the secrets of preparing some of the choicest dishes ever to come out of the Orient.

This is the last recipe in our series, and it is possibly one of the most famous of all Chinese dishes. It originated in Canton.

芙蓉蟹肉炒翅

FRIED SHARK'S FIN WITH EGGS AND CRAB MEAT
(Fu Yung Hai Yuk Chow Chi)

INGREDIENTS:
6½ oz. shark's fin
8 oz. bean sprouts
2½ oz. crab meat
8 eggs
4 oz. frying oil
½ teaspoon salt
1 teaspoon soy sauce
Sesame oil and pepper to taste
2 pieces ginger
1 stalk spring onion, cut to pieces

METHOD: Soak shark's fin in water and boil for two hours. Take out and drain. Then fry shark's fin for a short while with frying oil, ginger and spring onion and put aside. Beat eggs with salt, soy sauce, sesame oil and a pinch of pepper (to taste). Mix shark's fin, crab meat and bean sprouts and fry for no more than five minutes. Serve immediately.

The Hong Kong Tourist Association, 291 Geary Street, San Francisco 94102, Tel: 986-2858

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Good Housekeeping GUARANTEES

It has to be good!

DARROW

Flaming brandy *focuses all eyes on* pièce de résistance, *Norman-style roasting chicken braised, served in subtly apple-flavored*

Show business again . . . this time flaming chicken before your guests

An aromatic conflagration of b
heightens both the flavor and the
of many memorable main dishes.
stage it in the presence of dinner
so much the better.

The rich yet subtle flavor that fl
brandy imparts is especially compl
tary to chicken, as the two entré
these pages attest.

Igniting the brandy isn't purely for
This step reduces its volume by bu
off alcohol—concentrating and smoo
the brandy flavor.

Brandy lights most readily when sli

the touch. Often it's enough if pour it into a pan warm from if there's any fat in the pan, k, as it will also burn, intensi- e flames). If you're lighting t the table, you can heat it in a ish over a low flame.

brandy burning as long as pos- tipping the pan gently from side 'se a broad shallow pan to pre- imum surface area.

t dish is a classic in Norman nisine. The sauce for the chicken one of Normandy's best known oducts, the fiery apple brandy 'alvados (pronounced cahl-va- f you can't find it, substitute randy, applejack, or regular Apple juice also is used in the accentuate the fruity flavor.

ned the chicken twice—in the before it's completely cooked, ain at the table. For this second ion, ladle on the flaming brandy ful at a time to prolong the pyro- .

wish, you can partially cook the ahead of time. Return it to the ntil it's tender and heated through, epare the sauce. Serve it with thin fried potatoes or steamed rice, and paragus.

EN NORMANDY
t à la Vallée d'Auge)

arge roasting chicken (about 5½ lbs.), or a large broiler-fryer (3¾ to 4 lbs.), cut up
Salt and white pepper
tablespoons butter or margarine
shallots, finely chopped, or the white part of 6 large green onions, thinly sliced
cup Calvados, apple brandy, applejack, or brandy
teaspoon whole thyme
cup *each* apple juice and heavy cream
egg yolks, slightly beaten
Drained spiced crab apples, and parsley (for garnish)

kle chicken pieces lightly with salt pepper. Brown well on all sides in r in a large frying pan over medium- heat; as pieces brown, remove to a casserole or Dutch oven. Remove rom heat, add shallots, and let cook soft; remove from pan with slotted n and distribute over chicken. Dis- pan drippings.

¼ cup of the Calvados to the warm ignite it and let burn, tipping pan and forth gently, until flames dis- e. Stir in thyme and apple juice, ping brown particles from pan bot- Pour liquid over chicken, cover, and e in a 350° oven for about 1 hour ut 45 minutes for a broiler-fryer) or l chicken is tender. Remove chicken warm serving dish; keep warm.

l cream to cooking liquid. Cook kly to reduce liquid to about 1½ ; stir a little of the hot liquid into yolks. Return egg mixture to pan and cook, stirring constantly, over medium heat just until thickened (do not boil). Pour sauce over chicken; garnish with crab apples and parsley. At table, ignite and spoon on remaining ¼ cup of Calvados, flaming. Makes 6 servings (5 from a broiler-fryer).

Although flaming brandy is important in creating the sauce for the second dish, this step occurs midway in its preparation. If you'd like an audience for this, invite your guests to look on. Or prepare this quick-cooking dish on a buffet or serving cart in the dining room.

It's important to have all the elements of this dish ready to use before you begin cooking. First prepare the Béarnaise sauce; it should be warm, or reheated if made ahead. Peel and cut up the vegetables to be sautéed; the onions must be parboiled before you brown them with the mushrooms. While you're working on the chicken, have the onions and mushrooms cooking over low heat, either on the range or in a chafing dish. The tomatoes and cucumbers should be ready to stir in at the last minute.

Transfer the cooked chicken breasts to a board or extra plate while you flame the pan juices and prepare the sauce; then return the chicken to the pan to serve.

CHICKEN BREASTS MÈRE CATHERINE

Have 6 whole chicken breasts split, boned, and skinned. Sprinkle chicken lightly with salt; brown lightly on both sides over medium-high heat in 3 tablespoons butter in an electric frying pan or other large frying pan. Cover and cook slowly for about 3 minutes longer, just until chicken is cooked through. Remove chicken from pan.

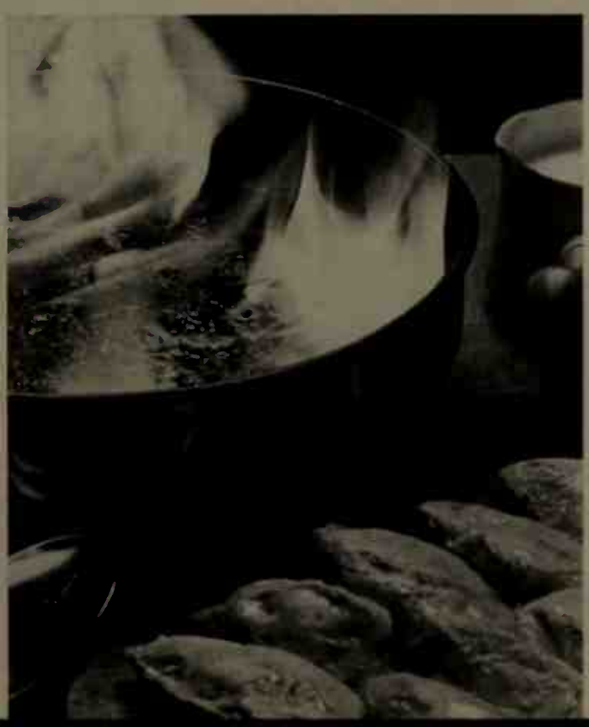
Add ⅓ cup brandy to warm pan; ignite it and let it burn, tipping pan gently from side to side, until flames are gone. Stir in ¼ cup dry red wine and cook quickly to reduce liquid slightly, stirring occasionally. Turn off heat and blend in Béarnaise sauce (recipe follows) until smooth. Return chicken to pan, turning to coat with sauce. Sprinkle with chopped parsley. Serve immediately with sautéed vegetables (recipe follows). Makes 6 servings.

Béarnaise Sauce. Place in blender container 1 egg, 1 teaspoon *each* tarragon vinegar and Dijon-style mustard, and 1 tablespoon lemon juice. Blend for a few seconds, then with motor running, slowly pour in ½ cup warm, melted butter, blending until thickened. Keep warm in top of double boiler over hot water until ready to use; or make ahead and reheat slowly in double boiler over barely simmering water, stirring occasionally, until smooth. Makes about ¾ cup.

Sautéed Vegetables. Cook 12 small white onions, peeled, in a small amount of boiling salted water until just tender, 8 to 10 minutes; drain well. Melt 3 tablespoons butter in a frying pan; sauté onions with ½ pound mushrooms, quartered, until both are lightly browned, stirring occasionally. Just before serving, stir in 1 cup halved cherry tomatoes, and ½ cup unpeeled cucumber slices.

You make the flaming sauce, then put the chicken back in before serving

From flames *to the finished dish in 5 minutes: Prepare sauce in pan, return cooked chicken breasts to it; serve with colorful tomato, cucumber, mushroom, onion mixture*



GLENN CI

Serve make-ahead *ham pie in crust with sour cream, crisp vegetables, and a tray of cheeses. Offer whole strawberries fo*

It's good hot or cold . . . at home or on a picnic

This handsome ground ham loaf, baked in a decorative crust, is particularly adaptable to springtime entertaining, for you can serve it hot or cold at a party buffet or at a picnic. Most of the preparation can be completed well in advance.

For an at-home menu, you might introduce the meal with cups of a creamy soup, serve a marinated vegetable salad with the ham pie, and conclude with a fancy make-ahead dessert.

HAM LOAF IN SOUR CREAM CRUST

2 pounds (about 4 cups lightly packed) lean ground cooked ham
2 tablespoons minced onion
½ cup shredded Swiss cheese
1 egg, beaten
1 can (3 or 4 oz.) chopped mushrooms
Sour cream crust dough (directions follow)
Milk
Commercial sour cream

Combine the ground ham, minced onion, Swiss cheese, beaten egg, and mushrooms with their liquid and stir to blend well; cover and keep cool until ready to use.

Cut the sour cream crust dough in half and roll out one section on a floured board to make a rectangle 6 by 14 inches; trim edges even and save scraps. Place the dough rectangle on an ungreased baking sheet; roll out the other half of the dough on the floured board to make a second 6 by 14-inch rectangle. Trim edges and save scraps.

Distribute the ham mixture down the center of the dough on the baking sheet, and, with your hands, firmly press the meat into a loaf about 3 inches in diameter, leaving a 1½-inch margin of dough on all sides.

Fold dough up against sides of the meat and brush the outside edge lightly with milk. Fit the second piece of dough over the loaf, and press sides securely against the sides of the bottom section of dough to seal. Prick the loaf in several places with a fork. At this point you ca the loaf tightly and refrigerate as overnight.

Brush the dough covering with mi reserved dough scraps out togeth floured board, cut into decorative and arrange them on the loaf. Ba in a moderately hot oven (375°) to 35 minutes or until the cr golden brown.

Serve pie hot or cold, cut in thick Pass additional sour cream to sp individual portions. Makes 6 to 8 se

Sour Cream Crust Dough. In a bow 2 cups unsifted all-purpose flour w teaspoon salt, then finely cut in (⅜ lb.) butter or margarine (or cr with your fingers). Beat 1 egg with commercial sour cream and stir ini flour mixture until it holds together. your hands, press dough into a ball. covered in a cool place or refrig until ready to use.

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So next time you have dinner guests, reserve a special place . . . for your favorite Almadén wine. And notice how the compliments keep cropping up.

ALMADÉN

For our free News from the Vineyards, write Almadén Vineyards, P.O. Box 997-I, Los Gatos, California

DARROW M

A contemporary steamer *for Chinese chicken dish: an electric frying pan. Its Oriental counterpart is bamboo steamer at left. Another Oriental tool, tension-tongs, grasps hot ing dish securely so that you can lift it easily from the st*

An introduction to Chinese steam cooking

The Chinese have a cookery technique as easy and reliable as Western-style casserole cooking; but instead of using the oven for heat, they let steam do the cooking.

In steam cooking, the flavors of the foods mingle more completely than in other methods; very little if any fat is used; and you serve right from the cooking dish.

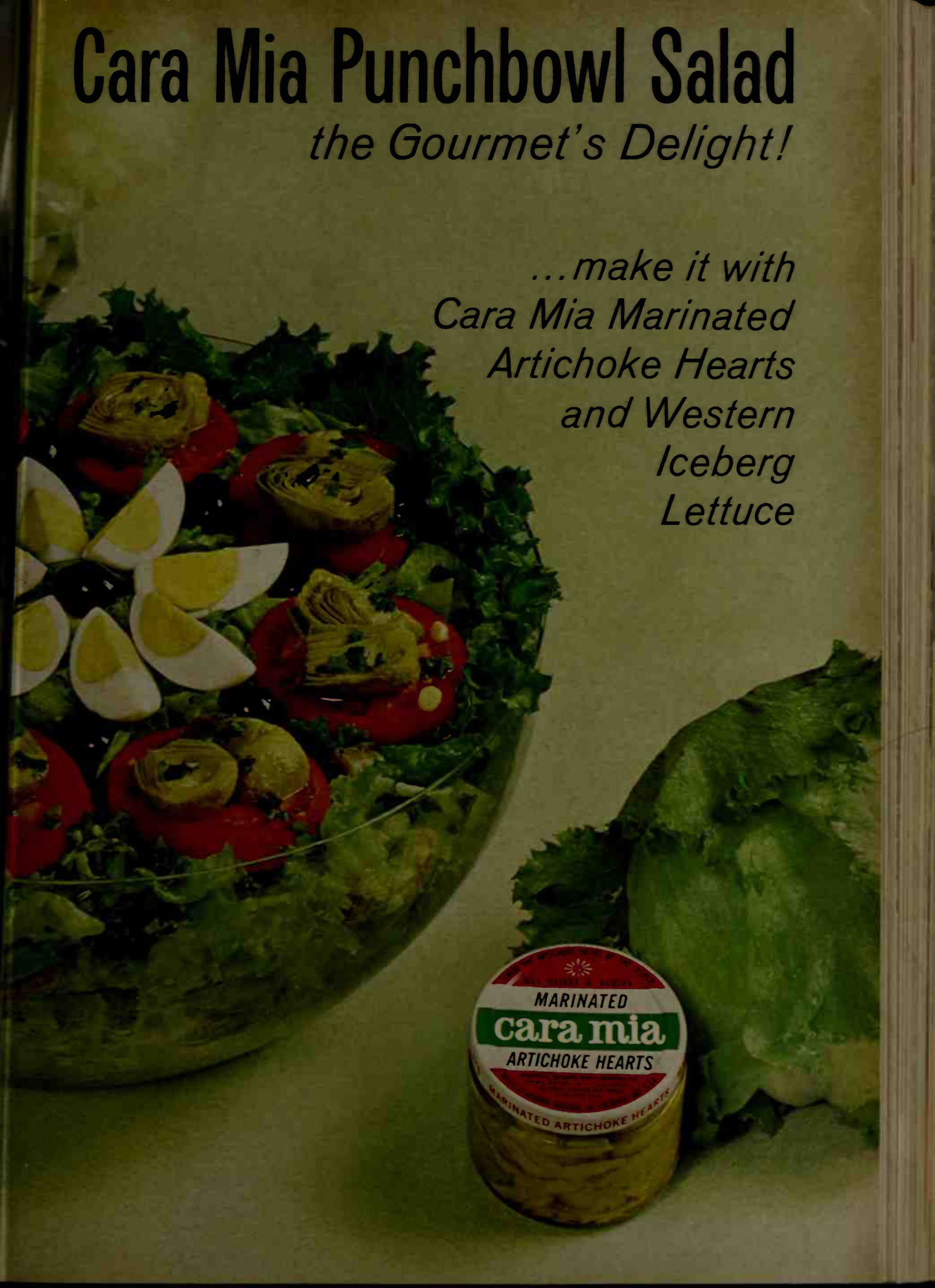
The basic procedure is to make an attractive arrangement of the seasoned (prepared well ahead, if you like) heatproof dish (such as pottery or m Cover the dish well with waxed pap prevent condensation from dripping the food during cooking. Then set the in a slightly larger pan on a rack, improvised, over boiling water. Cove snugly and simmer, untended, fo given time.

Here we give four authentic and e tionally delicious Chinese steamed di With each recipe we also describe h adapt the dish so you can make it out any of the unusual Oriental se ings that require special shopping. found the results of either method

Cara Mia Punchbowl Salad

the Gourmet's Delight!

...make it with Cara Mia Marinated Artichoke Hearts and Western Iceberg Lettuce



How I gave up floor scrubbing foreve

When my carpet dealer first suggested carpeting the kitchen, I was horrified. Visions of grease stains, muddy boots, spilt milk, and mildew danced before my eyes. But I must admit I was intrigued. Carpeting in the kitchen **would** be a luxury. I could envision myself peeling potatoes and washing dishes—while squiggling my toes in softness.

I discover "LesCare": So I listened while he told me about the new carpet by Cabin Crafts, "LesCare". He explained to me how it really would take "less care" than my floor. Milk, for instance, could be sponged up easily. LesCare's water-resistant Acrilan® fiber and its special backing would prevent mildew. (Which is why a lot of people install LesCare by the pool.)

I say goodbye to scrubbing floors: But when he told me I could give up scrubbing floors, that did it! I'd been scrubbing twice a week, cleaning up after three kids and a dog. And waxing twice a month. With LesCare I could throw in the towel.

My bright idea: I could select from 10 different colors to have a richer looking kitchen. And I figured I'd save about 5 hours cleaning time and a can of wax a month. Not to mention the savings on dish breakage by small children.

Living with LesCare: Now I'm convinced. Even though kitchen carpeting still seems like such a luxury, I've discovered it's economical in the long run. And I'm looking forward to the day our family room, entry, bathroom, and backyard patio can all be carpeted with LesCare. I never was one for scrubbing floors.

Put LesCare into your life: Everywhere. LesCare makes informal rooms cozier. Brings a touch of indoors to outside patios, porches, boat decks, poolsides, terraces or walkways. Fits right in to bathrooms, entries, mud rooms. And when it comes to color, let your imagination run the gamut. From deep, rich Autumn Gold to gay Carnation Red to sparkling Sea Blue Green. Ten beautiful colors in all.

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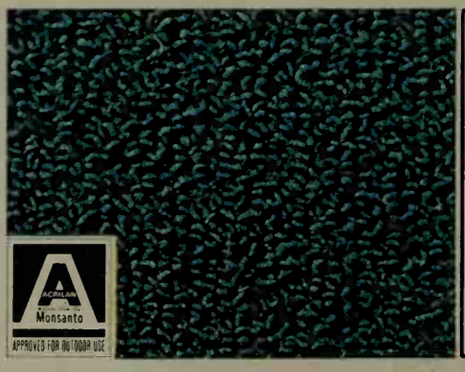

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d exotic character.

you might serve several or all ishes with steamed rice and ible pod) peas. Two of the serve 4 to 6 generously; four to 12. For convenience, you hem in sequence as they are he Chinese manner. You could ur dishes ready to steam; use g pans and simply pop in one you remove the other.

AKE A STEAMER

work well include: electric fry- th domed lid, regular 11 or 12- pan with domed lid, 11 or ameter deep kettle, regular ith rack, and electric steam h rack (see sketch, page 220). d must be at least 1 or 2 inches cooking food so steam can cir- nd the cooking dish must be naller in diameter than the pan. ng dish is supported above boil- The water may be an inch or and the dish may just touch the t not float. Or the dish may inches above the water. Devices old up the dish are: canning jar nce tuna cans with both ends 4 tablespoons with back sides wls turned up, an inexpensive steamer stand available in Ori- lware stores (it comes in many the rack in a steamer.

REMOVE FOOD FROM STEAMER

trick of steam cookery is to re- hot dish from the steamer with-

Four-string harness, *tied as at left, goes around dish of stuffed mushrooms before cooking so it can be lifted from cooker. Cover both string and food with waxed paper*

How to lift the hot dish without burning your fingers

out burning your fingers. Hot pads tend to soak up scalding water, and rubber gloves aren't adequately insulated. The best utensil is the three-tonged dish holder (see page 216) costing less than $1 in Oriental hardware stores.

The next best holder is a simple harness that you can fashion from string (see above); it's reusable.

DARROW M. WATT

d *lingcod steaks, a dish exceptionally low in calories. Steaming allows the fresh to penetrate subtly, deeply, adding a new flavor dimension to this delicate fish*

Diagonally sliced sausages make a colorful contrast to this tasty pork and mushroom base.

SLIVERED PORK WITH SAUSAGES

6 dried Chinese mushrooms, each about 2 to 3 inches in diameter
Hot water
1 pound boned, lean pork (butt or loin)
5 teaspoons soy sauce
3 tablespoons cornstarch
¼ teaspoon sesame oil
3 to 4 Chinese sausages (Lop Chong)

Cover mushrooms with hot water and let soak 1 hour; wash well. Pinch off and discard stems. Squeeze mushrooms dry and slice in ¼-inch-wide strips. Slice pork across the grain of meat into small bite-sized pieces ¼ inch thick.

Stir soy sauce, cornstarch, and sesame oil until blended (mixture will be very stiff), then stir in pork and mushrooms to mix well. Spread mixture evenly in a rimmed, heatproof serving dish about 10 or 11 inches in diameter.

Thinly slice sausages diagonally and arrange over pork. Cover top completely with a double thickness of waxed paper. Support dish on stand above 1 or 2 inches boiling water. Cover pan snugly and simmer rapidly for 30 minutes. Turn off heat and remove lid, allowing steam to disperse; discard waxed paper. Lift dish from pan, dry base with a towel, and serve. Makes 4 servings.

Western-Style Slivered Pork with Sausages. Instead of dried mushrooms use ¼ pound thinly sliced fresh mushrooms and spread over bottom of cooking dish. Omit sesame oil. Mix soy sauce, cornstarch, and pork and arrange over mushrooms. Instead of the Chinese sausages use 6 to 8

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and parties

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SAB

ounces Italian fresh pork sausages (salsicce); remove casings and cut sausages into thin diagonal slices.

Serve these stuffed mushrooms as an entrée or, perhaps, as an appetizer.

PORK-STUFFED MUSHROOMS

- 8 to 10 fresh mushrooms, each about 2 inches in diameter
- ½ pound lean pork (loin or well trimmed butt), cut in small chunks
- ½ pound raw shrimp, shelled or deveined
- 4 canned—or peeled and fresh—water chestnuts, finely chopped
- 2 tablespoons cornstarch
- ½ teaspoon salt
- 1 teaspoon sugar
- 2 tablespoons soy sauce
- 8 to 10 sprigs Chinese parsley (also called cilantro or fresh coriander)

Wash mushrooms, dry, and carefully remove stems without breaking cap (save stems for other uses).

Put pork and shrimp through the fine blade of a food chopper. Mix with water chestnuts, cornstarch, salt, sugar, and soy, blending thoroughly. Divide meat mixture evenly among mushrooms, mounding into the cupped side. Place filled mushrooms side by side in a 9 to 10-inch-diameter heatproof serving dish with a rim. Lay parsley over mushrooms. Cover dish completely with double th waxed paper. Support dish above 1 or 2 inches of boi Cover pan snugly and simmer 40 minutes.

Turn off heat and remove li steam to disperse; discard wa (If you like, discard the cook and garnish dish with a few fr Lift dish from pan, dry base wi and serve. Makes 3 to 4 serving

Western-Style Pork-Stuffed M Omit the Chinese parsley and directed at left and above.

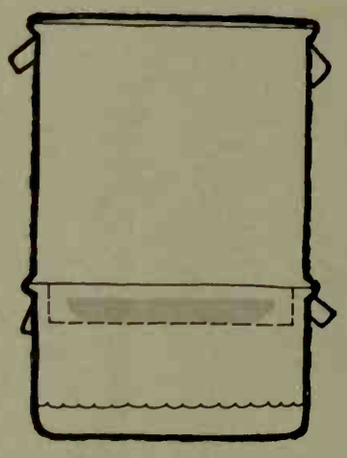
If you make this chicken dish well to redistribute cornstarc before arranging in cooking dis

LEMON CHICKEN WITH BLACK

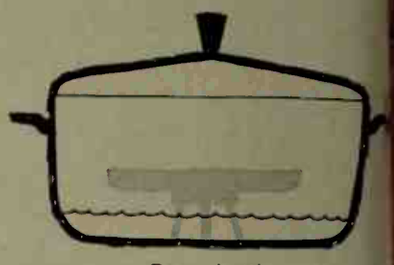
- 2 teaspoons sugar
- ½ teaspoon salt
- 4 tablespoons cornstarch
- 2 teaspoons sesame oil
- 3 tablespoons soy sauce
- 2 tablespoons Sherry
- ¼ cup black salted beans (Dow She
- 1 clove garlic
- About 2½ pounds chicken thighs legs, cut in 1 to 1½-inch length
- 1 lemon

Blend together smoothly the su

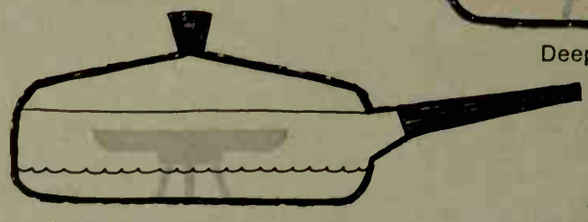
Any of these pa will do nicely a a steam cooke



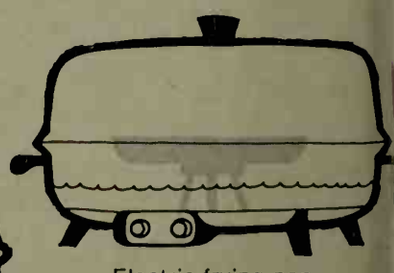
Steamer with rack



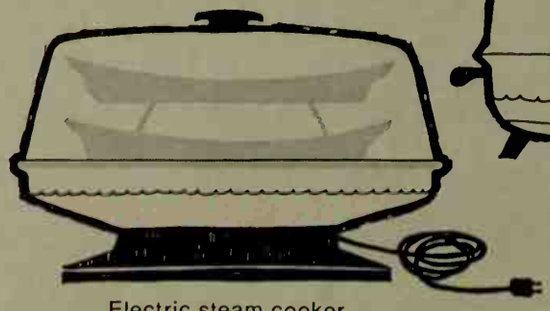
Deep kettle



Frying pan with domed lid



Electric frying pan with domed lid



Electric steam cooker with rack

Hot baked "po-tunas"

perfect with real mayonnaise
...Best Foods

w main course idea! Baked potatoes stuffed na, then topped with an easy cheese sauce. est Foods light, delicate taste is the perfect foil to blend all these good things together. eal mayonnaise—real whole-egg mayonnaise body like this to stay creamy and smooth when heated. When you make it with Foods, you've really got it made.

TUNA-STUFFED BAKED POTATOES

Filling:

4 baking potatoes, baked
1 cup BEST FOODS® Real Mayonnaise
1/2 cup grated Cheddar cheese
1/4 cup chopped green pepper
1/4 cup chopped pimiento
1/4 cup chopped scallion
2 (7-ounce) cans (solid pack white) tuna, drained

Topping:

1/4 cup BEST FOODS Real Mayonnaise
2 tablespoons grated Cheddar cheese
1 egg white, stiffly beaten

Scoop baked potato from shells. Lightly toss with other filling ingredients. Spoon back into shells. Heat 10 minutes at 400°F. (hot). For Topping: fold Real Mayonnaise and cheese into egg white. Spoon over hot, stuffed potatoes. Heat an additional 10 minutes, until lightly browned. Makes 4 servings.

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cornstarch, sesame oil, soy, [illegible]. Rinse beans under running [illegible] drain well. In a small bowl [illegible] with garlic and add to the [illegible] paste. Stir in the chicken [illegible] thoroughly, then arrange [illegible] in a 10 or 11-inch heatproof [illegible] with a rim.

Roll lemon under your palm [illegible] then cut in half and squeeze [illegible] chicken. Cut the lemon shell [illegible] and distribute over chicken.

Cover top of dish completely [illegible] ble thickness of waxed paper [illegible] dish on stand above 1 or 2 in [illegible] ing water. Cover pan snugly [illegible] rapidly for 30 minutes. Turn o[illegible] remove pan lid, allowing ste[illegible] perse; discard the waxed paper [illegible] from pan, dry base with a [illegible] serve. Makes 4 servings.

Western-Style Lemon Chicken [illegible] sesame oil and black salted b[illegible] preceding recipe. Put garlic [illegible] garlic press and mix with chic[illegible] Garnish cooked chicken with [illegible] cado, peeled and sliced.

When steamed, delicate lingc[illegible] absorbs the refreshing ginger fla[illegible] mushrooms can be arranged [illegible] down to make a flowerlike dec[illegible]

STEAMED LINGCOD

- 6 to 8 dried Chinese mushrooms (e[illegible] about 2 inches in diameter)
- Hot water
- 3 to 4 pounds lingcod, cut in steak[illegible] about 2 inches thick
- ½ teaspoon salt
- 2 slices fresh ginger, each about ¼ [illegible] thick, cut in slivers
- 1 tablespoon soy sauce

Cover mushrooms with hot wat[illegible] stand 1 hour; wash well. Pinch [illegible] discard stems; squeeze mushroom[illegible]

Arrange fish steaks close tog[illegible] rimmed, heatproof serving dish [illegible] or 11 inches in diameter; sprin[illegible] salt. Decorate the fish with ging[illegible] and soaked mushrooms.

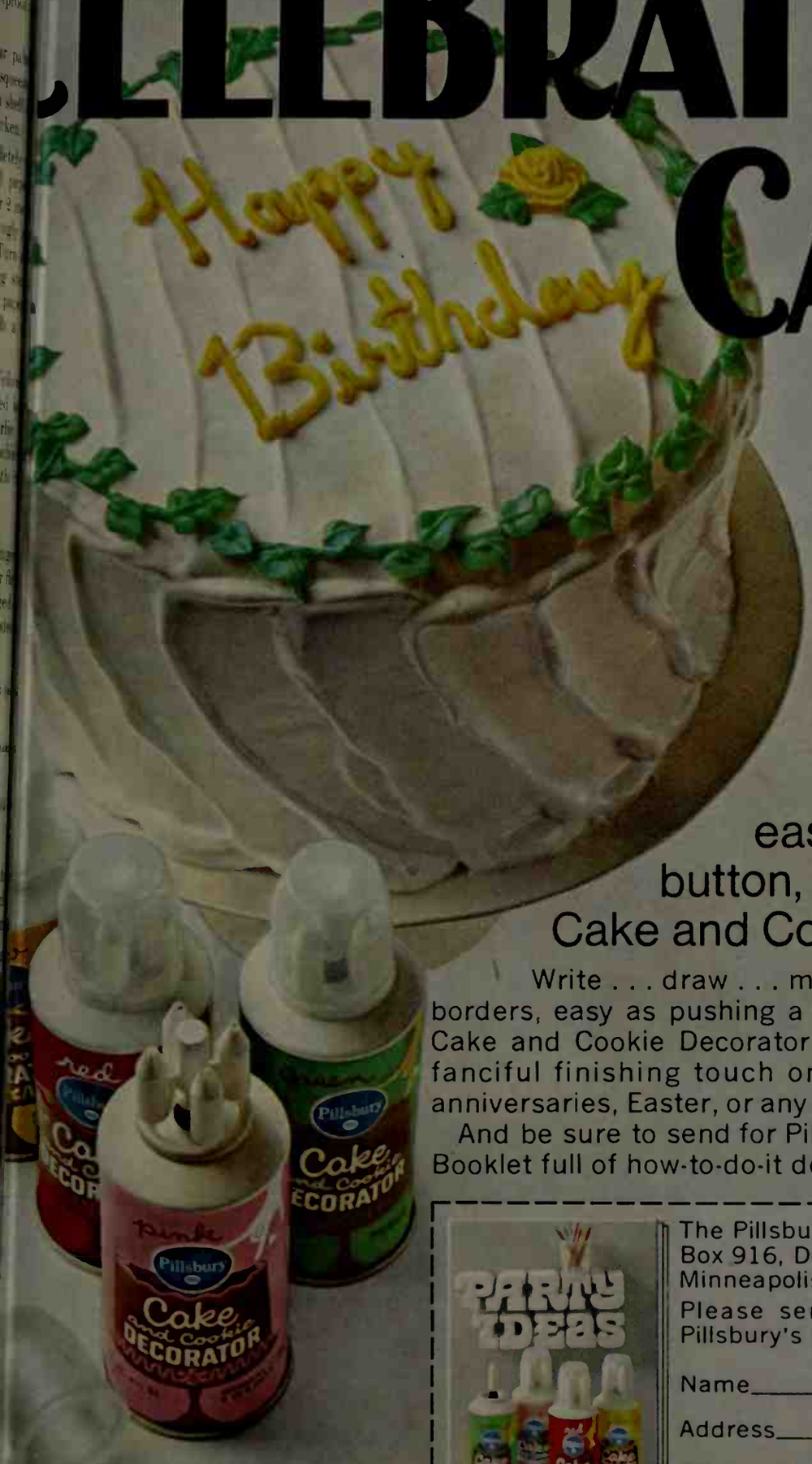
Cover dish completely with doub[illegible] ness of waxed paper and support [illegible] or 2 inches of boiling water. C[illegible] snugly and simmer rapidly for [illegible] minutes, or until fish breaks eas[illegible] prodded lightly with fork in thick[illegible] To test, remove pan from heat [illegible] and fold back a corner of the p[illegible] sure to cover fish and pan well [illegible] additional cooking.

When done, remove from heat [illegible] off pan lid to let steam disperse [illegible] the waxed paper, lift out cooki[illegible] and dry the base with towel. I[illegible] sauce over the fish steaks. Make [illegible] servings.

Western-Style Steamed Lingcod. [illegible] dried Chinese mushrooms; if fres[illegible] is not available, sprinkle ¼ t[illegible] ground ginger over fish.

orate a

CELEBRATION CAKE



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DARROW M. WATT

Pakistani *menu features spicy meat patties with hot and cold accompaniments*

Easy dinner in Pakistani style

This uncomplicated Pakistani dinner lets you enjoy the spicy flavors of Pakistani cuisine in some familiar foods. You need no lengthy preparations or unusual ingredients for this meal, based on lamb or beef patties and planned for six persons.

As is typical of Pakistani meals, the meat is the spiciest dish. The vegetable and rice, a little more subtle, have some of the same spicy seasonings. The yogurt sauce plays an important role in the menu, cooling and smoothing the other flavors.

Actually we've tempered the amount of hot spices in all the recipes to appeal to most Western tastes. You could easily adjust them upward if you are especially fond of spicy foods, increasing the hot chiles and fresh ginger in the meat dish and adding one or more hot chiles to the rice dish. For a milder flavor, remove the seeds from the hot chiles in the lamb recipe or decrease the chiles in the beef.

Pakistani Lamb (or Beef) Patties
Rice with Peas
Yogurt and Eggplant Sauce
Hot Buttered Tortillas
Raw Vegetable Relishes
Fresh Fruit or Ice Cream

Some parts of this meal may be done well ahead of serving. You can make the yogurt sauce and let its flavors blend and chill. And you can prepare and chill the vegetable relishes—we suggest carrot sticks, green onions, sliced cucumbers, or tomatoes. Enhance the carrots in the Pakistani way with a sprinkling of lime or lemon juice before you chill them.

Flour tortillas are quite similar to the Pakistani bread. Lightly butter about a dozen of them, stack, wrap in foil, and heat on a lower shelf of the oven while you broil the meat.

If you wish to use this menu for a company dinner, you can partially prepare the rice, stopping where it is noted in the recipe. Have the meat patties ready to broil—or barbecue, if you wish.

Pakistani Lamb Patties

3 eggs
⅔ cup *each* milk and fresh bread crumbs (whirl bread pieces in blender)
2 teaspoons salt
2½ teaspoons grated fresh ginger
¼ teaspoon *each* ground cardamom and ground cinnamon
1 small, dried hot chile pepper, finely crushed
Dash ground cloves
1 teaspoon ground cumin
1 medium-sized onion, finely chopped
2½ pounds lean ground lamb

Beat together the eggs, milk, bread crumbs, salt, ginger, cardamom, cinnamon, chile, cloves, and cumin. Stir in meat. Shape meat mixture into large patties, each about 1 Broil meat patties about 3 heat until brown; turn and b sides, cooking meat a total minutes for medium-rare. Ma servings.

Pakistani Beef Patties. Instead the ground lamb called for in above, substitute 2½ pounds beef or ground beef chuck.

Omit the dried chile pepper a cup chopped canned Califor chiles with the seeds remov amount gives moderate heat t patties; for spicier meat, leave in the green chiles or use the called for in the lamb recipe i to the green chiles.)

Rice with Peas

1 medium-sized onion, finely chop
1½ cups long grain rice (uncooked)
¼ cup butter or margarine
6 whole cloves
¼ teaspoon ground cardamom
½ teaspoon ground cumin
2 sticks whole cinnamon, each brok in half
3 cups regular strength chicken or beef broth
1 package (10 oz.) frozen peas, th

Sauté onion and rice in 2 tables the butter in a frying pan until tender. Stir in cloves, cardamom and cinnamon. (At this point take the pan off the heat, cover stand several hours until about utes before serving time.) Heat boiling, add to rice mixture, c simmer until liquid is absorbed. to 20 minutes. In a separate the peas in the remaining 2 ta butter; gently stir into rice Makes about 8 servings.

Yogurt and Eggplant Sauce

2 cups diced, peeled eggplant (per small eggplant cut in ¼-inch cu
About 2 teaspoons salt
2 tablespoons butter or margarine
3 cups yogurt
2 green onions, chopped
1 teaspoon ground cumin
½ teaspoon *each* sugar and garlic sa
Dash liquid hot pepper seasoning (to taste)

Spread diced eggplant on paper and sprinkle with the salt. Let stand about 20 minutes, then pat another paper towel. In a frying p the butter or margarine and s diced eggplant until tender, stirrin about 3 to 5 minutes.

Stir sautéed eggplant into the yog serve about 2 tablespoons of the green onion for garnish. Add re onion to the yogurt along with th sugar, garlic salt, and liquid hot seasoning. Refrigerate sauce at hour to blend the flavors. Serve a bowl, garnished with the re chopped green onion. Makes a cups.—*M. E., Palo Alto, Calif.*

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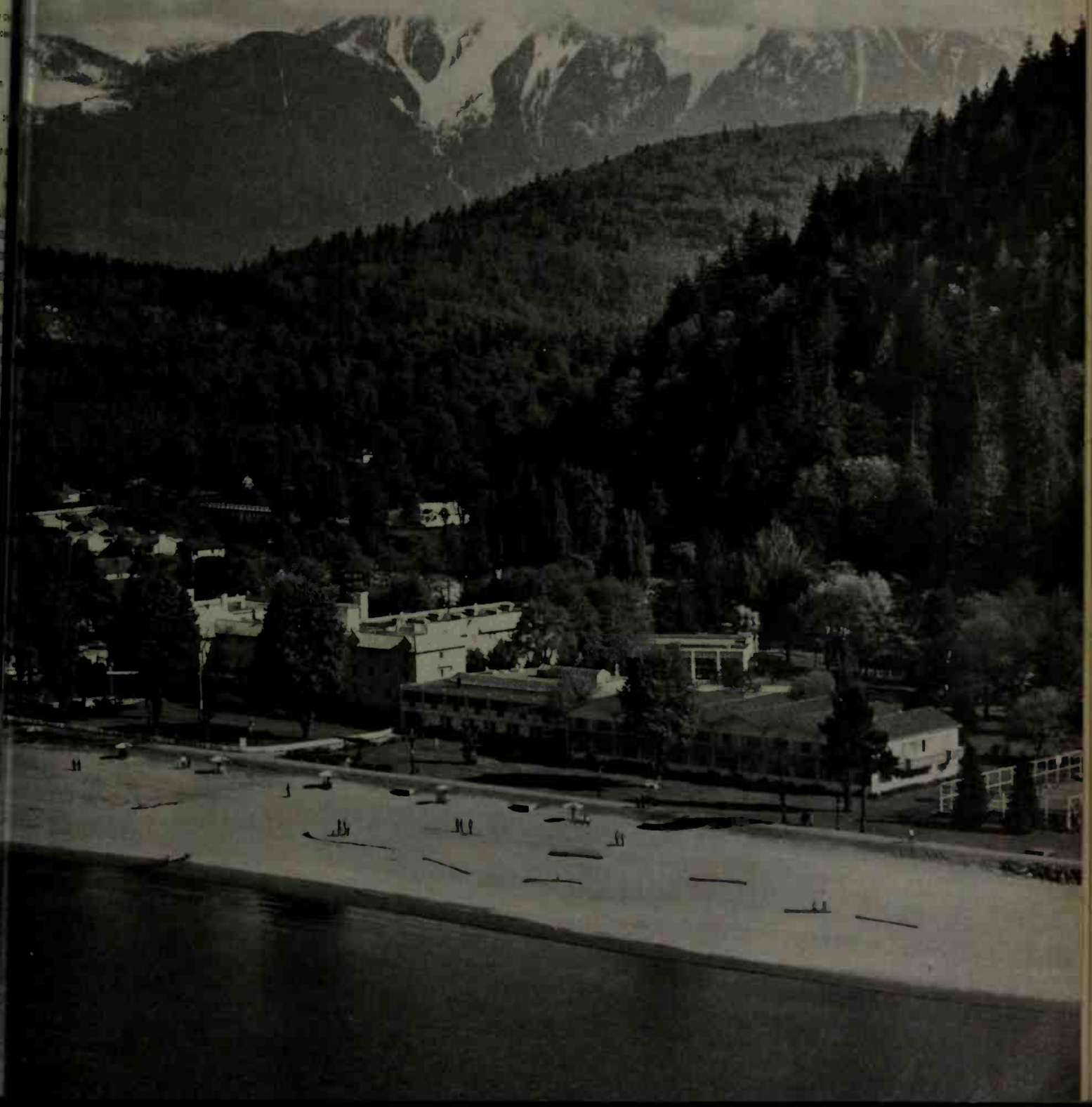

Chocolate, *fruits, and nuts spec*
nese bishops' bread, nice with t

From Vienna
bishops' brea

Among the special pleasures of Vi
its pastries. One of these—*Bisc*
or bishops' bread—is much sir
make than most of the others fo
Viennese pastry tray.

This loaf is more cake than bread
our tasters called it "a cross betwe
cake and chocolate chip cookies."
tains almonds, currants, golden
candied cherries, and sweet ch
Serve it as a tea bread, or for de

You can wrap the bread in foil a
it up to three days, or freeze it.

BISHOPS' BREAD (Bischofsbrot)

- 2½ cups unsifted regular all-purpose flo
- 3 teaspoons baking powder
- ½ teaspoon salt
- 1 package (4 oz.) sweet cooking chocolate, chopped
- 2 cups sliced almonds
- ¾ cup *each* currants and golden raisins
- ½ cup whole candied red cherries
- 4 eggs (at room temperature)
- 1¼ cups sugar
- 6 tablespoons butter or margarine, melted and cooled
- ¼ teaspoon vanilla
- Powdered sugar

Sift flour with baking powder ar
Add chocolate, almonds, currants,
raisins, and cherries to flour mixtu
to coat fruits and nuts well with fl

In large bowl of electric mixer, be
at high speed until foamy. Gradua
sugar, about 2 tablespoons at a
beating until mixture is thick and
colored. Beat in cooled butter and
Blend in flour mixture. Spread
evenly in a well greased 5 by 9-in
pan. Bake in a 300° oven for about
35 minutes, or until pick inserted
ter comes out clean. Cool loaf for
15 minutes; remove from pan an
completely on rack. Sift powdered
over top before slicing. Makes 1 loa

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n't a matter of birthdays. Whether you're in your r twenties, or well over forty, these can be your ears — if you learn how to make the most of your d now, for any woman who wants to become more here's a chance never before available — the re- new WORLD OF BEAUTY CLUB!

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ntroductory Beauty Kit is just the start of many l surprises that can be yours from the Club. As a you'll be entitled to receive — on approval and without risk — a new and different Beauty Kit of ame beauty aids every three months.

ample, last summer's assortment was packed in a aterproof "Beach Beauty Bag," containing sun tan ail hardener, bubble bath, shampoo, deodorant, ce, mascara, night cream, bath soap, and cleansing e late Fall-Winter Beauty Kit was a lovely jewelry aining moisture cream, eye shadow, cleansing lo- ke-up base, a powder compact, facial soap, hand ail polish and body lotion.

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My Hair Color	☐ Blonde	☐ Brunette	☐ Redhead	☐ Silver
My Skin Tone	☐ Fair (light)	☐ Medium	☐ Deep (dark)	
My Skin Type	☐ Dry	☐ Oily	☐ Normal	☐ Combination

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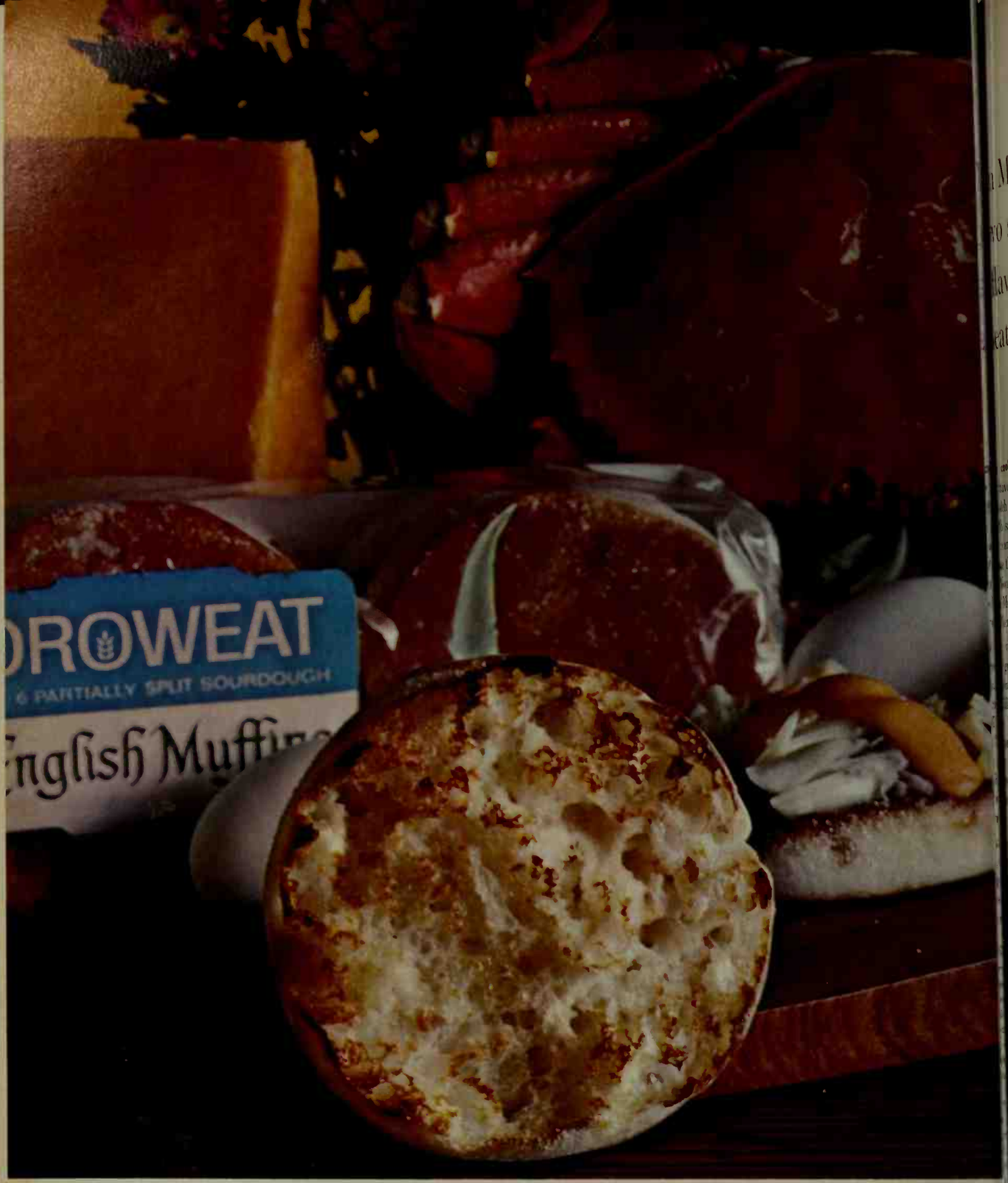


For those good Lenten dishes

There is a satisfying go-togetherness about Oroweat English muffins and the cheese, egg, and fish dishes in the Lenten menus.

As an accompaniment, the Oroweat muffin has just the right blend of crispness and chewiness and just the right lively flavor tang of sourdough.

As the supporting ingredient, the muffin has the substance and flavor needed to glorify the simplest of dishes — as simple as these:

- Cover toasted muffins liberally with a piping hot blend of canned mushroom soup, a beaten egg, a little sherry, and flaked tuna.
- Oroweat muffins give French toast a new personality. To make eggnog French toast, add a little sugar, a dash of van and some fresh nutmeg to your batter
- To give toasted cheese a lift, lay anchovy fillets on each muffin half, with crumbly aged cheddar. Toast oven until cheese melts.

OROWEAT
Oroweat Baking Co. of S. F.

n Mexico . . . vo subtly flavored eat sauces

cookery two especially mild flavored meat sauces are *mole* -leh *vair*-deh) and *pipian (pee-* sauces are quite simple to can be prepared well ahead; e them with the meat at serv- You may want to serve these Mexican menu, or incorporate ner less stylized meals.

verde gets its characteristic green color from the *tomatillo*, matolike vegetable which you kely to find in cans in stores Mexican foods. Almonds and nd seeds of the tomatillos give its interesting texture. (This e is not to be confused with s *mole poblano*, a dish of tur- lark, heavy, red chile sauce.)

ombine mole verde with cooked ey, or chicken. Or you can serve separately to go with roasts or ats; it is complementary to beef , and particularly to venison.

RDE (Green Tomatillo Sauce)

ium-sized onion, finely chopped
finely chopped blanched almonds
espoons salad oil
(10 oz. *each*) tomatillos
espoon fresh minced coriander
lso called cilantro or Chinese
rsley) or 1 teaspoon dry ground
oriander
ut 3 tablespoons minced canned
alifornia green chiles (seeds and
th removed)—more or less, accord-
g to the chile flavor desired
chicken broth, canned or
eshly made
4 cups cold or hot, cooked, sliced
ork, turkey, or chicken
t
mmercial sour cream, about 1 cup
all lettuce leaves
d pickled chiles (optional)

e the onion, almonds, and salad saucepan and cook, stirring, over e heat until onion is soft and the are lightly browned.

he tomatillos and liquid in a until mixture is fairly smooth (or ough a wire strainer, using all

DARROW M. WATT

Green *Mexican mole verde sauce seasons these thick slices of tender, precooked pork loin*

liquid and pulp); add to onions. Stir in the coriander and chiles; taste to determine how much of the chile you want. The sauce should be fairly mild.

Add the chicken broth and simmer rapidly, uncovered, until reduced to 2½ cups; stir occasionally. You can cover sauce and chill several days.

Arrange the meat (cut thinly or thickly, as you like) in a wide frying pan and pour the sauce over all. Cover and warm gently over low heat; when the mixture begins to bubble slightly, simmer 5 to 10 minutes. Add salt to taste. Arrange meat with sauce on a platter. Serve with sour cream, and garnish with lettuce leaves and pickled chiles. Serves 4 to 6.

Lightly toasted sesame seeds, pumpkin seeds, and spices give surprisingly heavy body to this light brown colored sauce. The flavor is decidedly peanutlike.

Pipian comes from the pre-Columbian cultures and is sometimes described as Indian fricassee. We do not cook the meat in the sauce, however, since pipian behaves rather curiously. The seeds, whirled smooth with broth, make a thin liquid that, when heated, thickens considerably and becomes grainy. Mexican cooks partially control this with a high proportion of fat. For Western tastes, we recommend whirling the heated sauce to smoothness once again, then warming it very gently to spoon over the hot chicken.

PIPIAN (Sesame Seed Sauce)

3 tablespoons sesame seed
½ cup plain or salted pumpkin seed (shelled)
1 small clove garlic
2 tablespoons salad oil
¼ teaspoon ground cinnamon
⅛ teaspoon ground cloves
¾ teaspoon chile powder
¾ cup chicken broth, canned or freshly made
Salt
1½ tablespoons lime juice
4 whole, boned, cooked chicken breasts, or 4 whole, cooked chicken legs
Shredded lettuce
Sliced green onions and lime wedges

In a saucepan, combine the sesame seed, pumpkin seed, garlic, and salad oil. Stir over moderate heat until sesame seed turns a pale golden brown. Remove at once from heat and stir in cinnamon, cloves, and chile powder. In a blender grind mixture to a smooth paste, adding broth a little at a time. (Or mash seeds to a fine paste with a mortar and pestle, blending in broth.) Salt to taste.

Stirring, heat sauce over moderate heat until it begins to bubble and thickens. Whirl smooth in blender (or beat vigorously with a balloon wire whip). You can cover sauce and chill several days.

To serve, very gently heat the pipian with the lime juice, stirring constantly, just until hot to touch. Spoon over the hot chicken. Surround with lettuce and garnish with onion and lime wedges. Squeeze on lime to taste. Serves 4.

It will look so professional tha you must explain it was just yo

A fondant icing is one of the most beautiful finishes you can give a cake. Incredibly thin ($\frac{1}{32}$ to $\frac{1}{8}$ inch thick), non-sticky, with a satiny gloss and the smoothest surface and taste you can achieve with any icing, it makes a refreshing and polished contrast to thick gooey frostings.

Fondant is sugar and water cooked to a certain viscosity (sugar-water concentration). You have to have a candy thermometer and follow directions exactly to make it properly. You cool the cooked syrup, then work it to a puttylike white mass that keeps, ready to use, for as long as a year in your refrigerator.

To apply fondant, you first warm it, then flavor, color, and thin it, then pour it on instead of spreading. Once the fondant is ready to pour, just a few seconds work produces spectacular, professional-looking results.

If you like chocolate, you will be particularly pleased with chocolate fondant. It is the easiest to use because the dark color covers well, the chocolate flavor is exceptionally good, and this icing stays shiny longest because of the cocoa fat.

ICING FONDANT

4 cups sugar
2 cups water
½ teaspoon cream of tartar

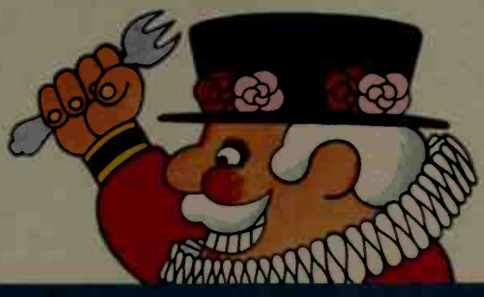
Combine sugar, water, and cream of tartar in a 7 to 8-inch-wide pan. Cook over highest heat, stirring until mixture is clear. Wash syrup spatter from pan sides with a brush dipped in water. Put candy thermometer in syrup and continue to cook, without stirrin heat until temperature is 23 sides once or twice with we

At 238° immediately remov heat, wash pan sides again, place thermometer where sy poured. Pour syrup onto ma into a ceramic tray or platte least 10 by 12 inches, mak cover the tip of the thermom *scrape pan*. Let stand undist cooled to at least 110° or no 90° (if thermometer is not in an accurate reading by tippin ing it face down to immerse m then check). Avoid movement much as possible while cooling become grainy.

Stir cooled syrup with a metal

Fondant icing *gives these cakes a professional, smooth-looking finish. When dry, little iced cakes are decorated with extra*

Beefeaters rejoice!



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wooden paddle, agitating it quickly (see photo) and continuously until it turns opaque, white, and thickens to a firm, plastic mass that does not readily adhere to your fingers when lightly touched (usually 10 to 15 minutes). Work mass with your hands in a kneading motion until it is glistening and smooth. Place this fondant in a bowl or jar and cover tightly.

Let stand overnight at room temperature or in the refrigerator to mellow. Refrigerated unflavored fondant keeps up to 12 months. Flavor and use for frostings as follows. Makes about 2½ cups.

To prepare fondant for frosting, put the desired quantity in a pan and set down into another larger pan that contains several inches of water (this heats faster than a double boiler).

Stir fondant constantly and heat gently until it becomes softened or liquefied and is about at body temperature (it feels neither hot nor cold when touched). *Never let water boil*—it should just steam and not bubble.

If fondant gets hot to touch, it will not dry with the desired sheen; glossiness, cool it and blend fresh fondant to equal about the total amount, then reheat

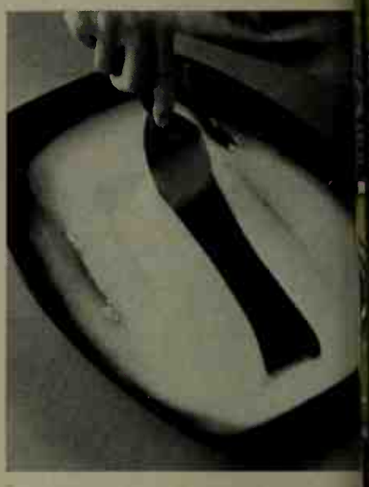
To flavor fondant, add to each one of these: 2 squares (1 oz sweetened chocolate, melted; spoon vanilla; or ¼ teaspoo mint, lemon, or orange extrac any liqueur or liqueur flavorin such as Cointreau, maraschi rum, cognac, crème de cacao menthe, and Kahlua. You can with flavorings as you like, bu anything that will not melt smoothly (such as grated fru

To color fondant, mix in any fo thoroughly, a drop at a time have the right shade.

To thin fondant for pouring, be water, adding no more than at a time for each cup of fon the mixture is the consistency cream that has been whipped it begins to show signs of Over-thinned fondant doesn't

Step by step . . . making and pouring fondant

Pour *hot sugar-water syrup immediately into platter or onto marble; let cool undisturbed to temperature of 110° to 90°*



Work *syrup with a spatula, reach corner; it begins to thicken lighter in color as the sugar c*

DARR

Use *a kneading motion to work fondant thick and stiff, until its surface is smooth and glossy. Cover and leave overnight*

Pour the melted, *flavored fonda tops of cakes; it runs down the si small spatula to touch up where*

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add enough fresh fondant t
again. Stir frequently to prev
tion of a surface crust.

To frost cake, brush or lightly
of any crumbs, and trim off da
ular crust (white or pastel fo
translucent). Place cake on a
port such as the base of a
bottom cake pan or foil-wra
board, cut to fit cake shape (b
not extend beyond cake). The
wire rack on a marble slab or
baking sheet.

Small cakes (cupcakes, petit
not need support but should l
1 inch apart on rack. Pour fo
heavy, rapid flow over cake
moving pan to cover entire su
quickly guide *(not spread)* fond
slender spatula over sides of c

For perfect results, pour enoug
at the start rather than add
later, as the icing starts to set
once. You can pour a second c
immediately, if you want a
frosting. Allow cakes to star
turbed (you can move rack) u

For optimum appearance an
serve frosted cakes within 24 h
icing gradually absorbs moisture
air, causing it to become dulle
smooth tasting. Cakes must no
ered tightly as icing gets syrupy
room temperature (chill if filling
able) in a loosely closed containe

To reuse fondant, pick out any
and scrape up fondant. Cover a
erate to store; or use at once, h
before. Used fondant should be
longer than a month.

KINDS OF CAKES TO FROST

Big cakes are easier than little
frost with fondant, rounds are ea
squares, but none are hard to
Sponge cakes or genoise (see pag
the April 1967 *Sunset)* are par
easy to handle because they h
crumbs and don't break readil
grained pound cakes are perfect
fours as the cake cuts up neatly
few crumbs.

However, you can frost any cake—
white, chocolate, angel food, spi
vided you carefully remove crum

HOW MUCH FONDANT TO USE

You always need more fondant t
tually sticks to the cake, but th
can be reused. These proporti
based on fondant that is an ideal
consistency (you may need more

Start with 2 cups fondant to
9-inch single or 2-layer cake, a 9
inch split and filled 3-inch-high ca
a 9 or 10 by 3-inch tube cake (a
of ½ to 1 cup fondant will drip

You'll need 2 cups fondant, pouri
then repouring as needed, to frost
1 by 1 by 1½-inch petit fours.

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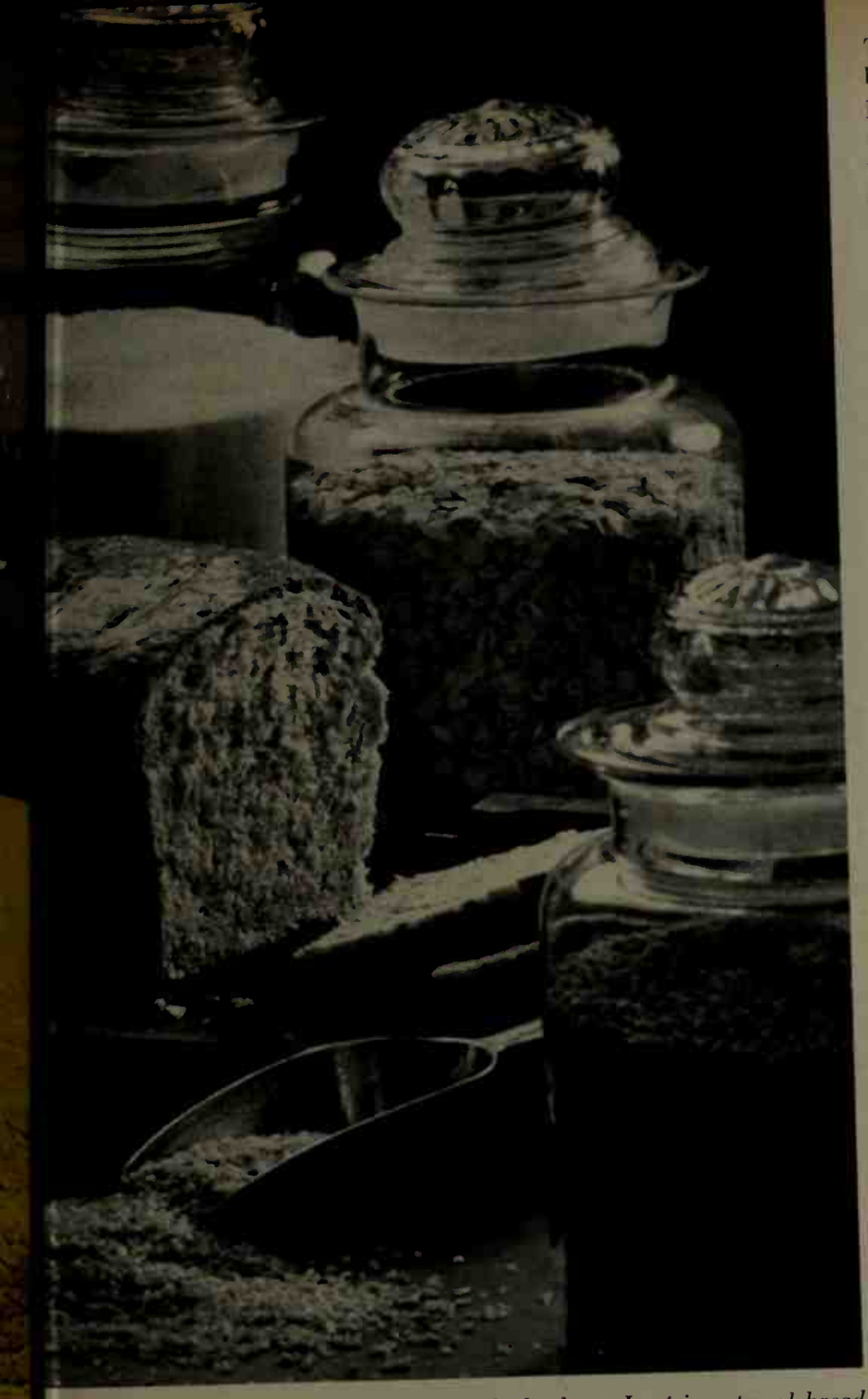


rains: *bulgur, cornmeal, rolled oats, cracked wheat. Loaf is oatmeal bread*

If you'd like to try a whole grain bread

in or coarsely ground flours and count for the distinctive quali- ne of the best tasting, best look- s.

ade nine different kinds to show iety of these flours. One bread as another when you use the hnique we've developed espe- working with such relatively coarse, heavy flours as whole and cracked wheat, bulgur, rolled and steel-cut oats, rye flour, and cornmeal.

You begin with a basic batter made from all-purpose flour. Extensive beating with your electric mixer—even a sturdy hand electric beater will do the job—gives this batter the elastic structure necessary to hold the special flours you blend in later.

The dough requires very little kneading before it's ready to shape into loaves.

Most of the special flours in these distinctive breads can be found in supermarkets in the West. You might have to shop in a health food store to find the steel-cut oats.

To make attractively rounded loaves, we baked these breads in medium-sized, 4½ by 8½-inch loaf pans. You can also bake them in the more standard 5 by 9-inch pans, but the resulting loaves will be somewhat flatter.

This basic recipe for whole grain bread contains a fairly high proportion of yeast, so the dough may rise faster than you expect. Rising times given in the recipe are approximate, depending in part on the warmth of the place where you put the dough to rise (we suggest good spots in your kitchen at the end of this article).

WHOLE GRAIN BREAD

2 packages yeast (active dry or compressed)
1½ cups warm water (lukewarm for compressed yeast)
1 cup undiluted evaporated milk
Honey or sugar (measurements follow)
2½ teaspoons salt
2 tablespoons salad oil, or shortening, melted and cooled
3 cups unsifted all-purpose flour
Whole grain flours or cereals, and additional all-purpose flour (see below)
2 tablespoons beaten egg

In the large bowl of an electric mixer, sprinkle yeast over ½ cup of the warm water; let stand until yeast is softened. Blend in remaining 1 cup warm water, evaporated milk, honey or sugar as recipe specifies, salt, and oil.

Gradually stir in the 3 cups all-purpose flour; beat for 4 minutes at high speed (beat for only 3 minutes if you have a heavy-duty mixer). Cover bowl with waxed paper or a damp towel and let stand in a warm place for 20 minutes.

With a heavy mixing spoon, stir in whole

DARROW M. WATT

Round loaf *of corn-rye bread is compactly grained. Cornmeal coats the crust crisply*

grain flours specified in recipe until well blended. Then add about the amount of additional all-purpose flour specified in individual recipe; use just as much as you can mix in well with a spoon, making a stiff dough. Cover and let dough rise in a warm place until doubled, 1 to 1½ hours.

Stir down dough and turn out onto a well floured board. Knead for about 5 minutes until dough is smooth, elastic, and no longer sticky, gradually kneading in ½ to ¾ cup more all-purpose flour. Divide dough in half.

To shape each loaf, form one portion of dough into a smooth ball. Use the heel of your hand to flatten the round of dough into a 5 by 9-inch rectangle. Starting from one of the narrow ends, roll dough loosely, jelly-roll fashion. Place, seam side down, in a greased 4½ by 8½ or a 5 by 9-inch loaf pan. Cover and let rise in a warm place until almost doubled in bulk, 30 to 45 minutes. Brush with the beaten egg.

Bake the loaves in a 350° oven (if you are using glass pans, reduce baking temperature to 325°) for 45 to 50 minutes, until loaves are well browned and a wooden pick inserted in center comes out clean (if breads become too brown before they test done, cover lightly with foil). Makes 2 loaves.

Oatmeal Bread. Use ¼ cup honey for sweetening. Add ½ cup *each* wheat germ and an uncooked hot wheat cereal (farina, or a fine-textured whole wheat cereal), 1 cup regular rolled oats, and about 2¼ cups additional unsifted all-purpose flour.—*L. W., Grand Ronde, Ore.*

Honey-Wheat Crackle Bread. Use ½ cup honey for sweetening. Add ¾ cup *each* whole wheat flour, rye flour, and cracked wheat; ½ cup wheat germ; and approximately 1½ cups additional unsifted all-purpose flour.

Graham Bread. Use 2 tablespoons honey for sweetening. Add 2 cups graham flour and about 1½ cups additional unsifted all-purpose flour.

Honey-Corn Bread. Use ½ cup honey for sweetening. Add 2 cups cornmeal, ½ cup wheat germ, and about 2 cups additional unsifted all-purpose flour.

Whole Wheat Bread. Use ¼ cup honey for sweetening. Add ½ cup *each* wheat germ and an uncooked, fine-textured, hot whole wheat cereal; 2 cups whole wheat flour; and about 1 cup additional unsifted all-purpose flour.—*N. H., Truckee, Calif.*

Cracked Wheat (Bulgur) Bread. Use ¼ cup honey for sweetening. Pour 1 cup boiling water over 1 cup quick-cooking cracked wheat; let stand 15 minutes. Add to batter with ½ cup wheat germ and about 4 cups additional unsifted all-purpose flour.—*W. B., San Francisco.*

Steel-Cut Oatmeal Bread. Use 2 tablespoons honey for sweetening. Add 2 cups whole wheat flour, 1 cup steel-cut oats, and about 1 cup additional unsifted all-purpose flour.

Buckwheat Bread. Use ½ cup honey for sweetening. Add 1 cup buckwheat flour and about 3 cups additional unsifted all-purpose flour.

Corn-Rye Bread. Use 3 tablespoons sugar for sweetening. Add ⅓ cup cornmeal, 2 cups rye flour, 1 tablespoon caraway seed, and about 1 cup additional unsifted all-purpose flour.

Before baking, sprinkle the egg-brushed surfaces of the loaves evenly with 3 tablespoons cornmeal.

If you want to make round loaves, as shown in the photograph on p is important to knead the dough very elastic and no longer sticky the amount of flour you knea dough to about 1 cup. Depend hard you bear down while kne may have to lengthen kneadi as much as 10 minutes.

To shape the round loaves, d kneaded dough in half. Shape into a smooth, round ball; place of dough on a greased baking flatten it slightly with the he hand. Then let rise as for loaves rectangular pans.

WHERE TO PUT DOUGH TO RI

The temperature of the area w place yeast dough to rise s between 80° and 90°, and the ar be free of drafts. In and near m ens you have several choices:

On the oven rack above a pan fi hot water, oven closed, heat t When using this method *don* shaped loaves; condensing moistu surfaces sticky and the covering remove.

On a burner over the pilot light cooktop, or in the oven of a g with the pilot burning.

In a cupboard directly over a w or range cooktop, warm fro cooking.

On the warm cooktop surface of over the oven, with the oven set

Under an above-counter warm like the one shown on page 86 November 1966 *Sunset*. Use marked "low"; cover rising dough prevent drying out.

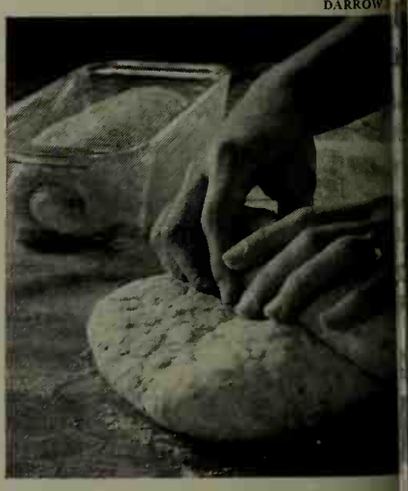
On the back seat of a car parke sunny spot; be sure the car i doesn't get too hot.

YOUR HANDS AT WORK: You knead, flatten, and roll

DARROW

Breads require *brief kneading: Fold dough toward you, then push down and away*

Stop kneading *when dough is elastic, loses stickiness, holds plump, rounded shape*



Shape each loaf *by flattening b dough to rectangle; roll jelly-roll f*

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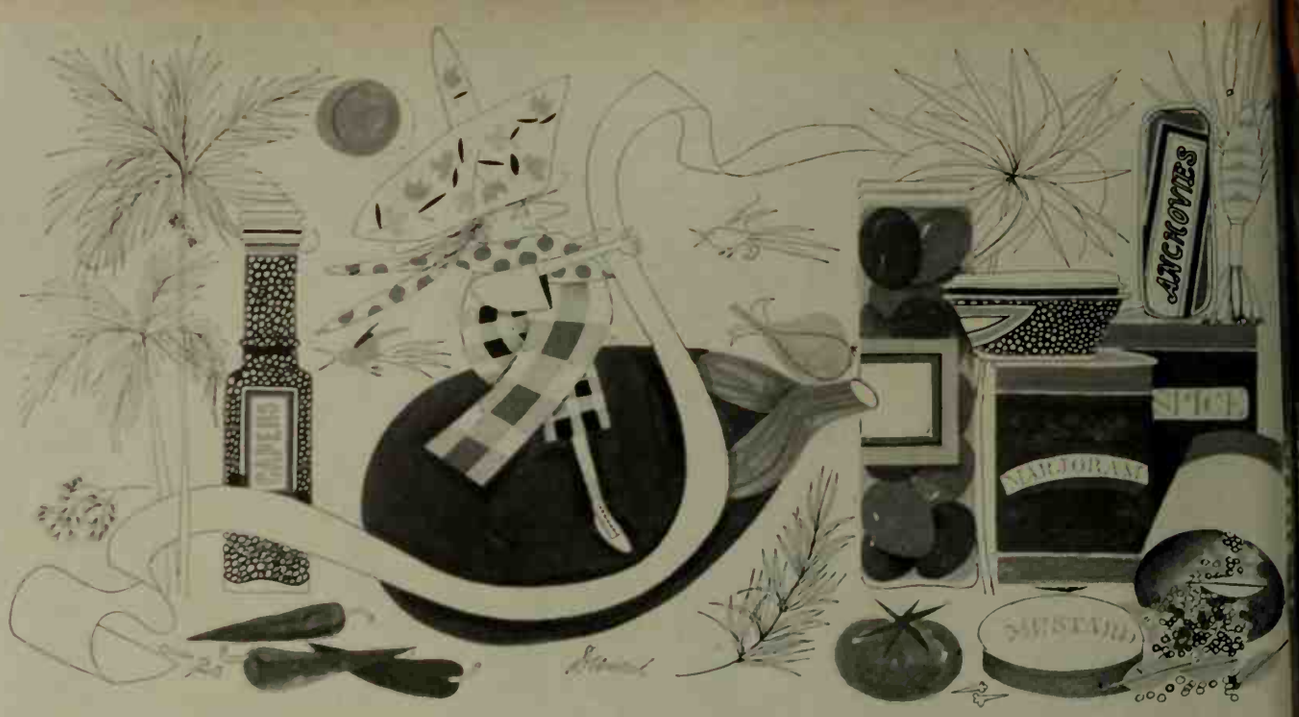

The *Chefs* this month do their cooking under the influence of the Mediterranean

We accuse all candidates for *Chefs of the West* this month of being guilty as charged: cooking under the influence of the Mediterranean. As evidence we cite their ingredient lists: capers, olives, anchovies, eggplant, shallots (all native to the Mediterranean region, or practically so); and tomatoes, chiles, caviar, shrimp, various herbs, garlic (all used very freely in the kitchens of sunny southern Europe).

We should administer a breath test?

Alfred Hanes, of La Mirada, California, shows his bias for the Mediterranean with a pasta dish like those one encounters in northern Italy. Mostaccioli, the particular form of pasta he uses, is a macaroni of about little-finger size with ends cut at an angle.

If you are more used to the tomato paste school of Italian cookery, this dish may seem rather pale and immaculate. In this case you might relieve its chasteness by mixing the parsley into the dish just before serving instead of using it solely as garnish.

"Tomato paste school of Italian cookery"

Incidentally, don't take the fini
tions lightly. You can't fully
this dish unless it is good and
set before you.

MOSTACCIOLI ALFREDO

- 6 ounces (or about half a 14-oz. pac mostaccioli
- Water and salt according to pack instructions
- ¼ teaspoon whole marjoram, crushe
- 4 tablespoons soft butter (preferab unsalted butter)
- 4 shallots, chopped
- About ½ cup grated Parmesan or Romano cheese (preferably fresh grated)
- Chopped parsley (preferably the broadleaf variety)

Cook mostaccioli according to instructions, adding marjoram cooking water. Drain thoroughly with the butter, the chopped shal the cheese.

Garnish with chopped parsley a *immediately*. Serves 2 to 4.

Alfred C. Ha

La Mirada,

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opportunity—if you have just ca
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able in your fish market—by all
use it as a base for the subtly f

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"If you have just caught a salmon"

"Foraging for a balancer"

sauce that Theodore Prichard proposes.

DELICIOUS FISH SAUCE

- 1 can (about 5 oz.) small shrimp
- 1½ tablespoons chopped anchovy fillets
- 1 pint (2 cups) mayonnaise
- 1 tablespoon chopped dill pickle
- 2 tablespoons capers
- 3 dashes Worcestershire
- 2 drops liquid hot pepper seasoning
- ½ teaspoon dry mustard
- ⅛ teaspoon white pepper
- ½ teaspoon crushed whole tarragon
- ¼ teaspoon onion powder

Rinse and drain shrimp and blend with anchovy and a small amount of mayonnaise in blender. Add all remaining ingredients and the rest of the mayonnaise; whirl until blended. Refrigerate and save until needed; will keep well for several days. Makes slightly more than 1 pint sauce. Serve with poached salmon or other fish of your choice.

Theodore J. Prichard

Moscow, Idaho

Lew Fay, of San Diego, confesses how he became a downright flavor thrill-seeker:

"When I finally admitted that my culinary concoctions were too fattening (for me), I turned to pickles and relishes as an outlet for my creative urge.

"One day at lunch time, while serounging in the refrigerator, I came upon a smidgen of Portuguese anchovies. I tried some on crackers for a light snack. That particular day they were too salty for my taste. Foraging for a balancer, I discovered a few Mexican jalapeño peppers. Not knowing what to expect, but just for the hell of it, I mixed the two—and *WOW!*

"You can tone it down for women and children and other lifeboat firsters."

In our testing of this recipe, we found that one of the best toner-downers was yogurt. But you shouldn't expect too much. Warn your guests that t and let them maneuver accordi

PORTUGUESE WOW

- Anchovy fillets, drained and chop
- Jalapeño chiles, drained and minc
- Yogurt (optional)
- Unsalted crackers (or cut-up piece cauliflower, carrot, or celery)

Mix in ratio of two parts anch one part chiles. Add yogurt to serve on the side. Serve on cra pieces of raw vegetable) f d'oeuvres.

Lew Fa

San Diego, Cali

D. W. Hardy, of San Gabriel, Ca has a variation on Russian dress he favors on a Reuben sandwich. it even better on a salad, where still taste all the flavoring ingredie none gets changed by cooking.

DET'S DELI-DRESSING

- 1 cup mayonnaise
- 3 tablespoons chile sauce
- 1 jar (2 oz.) lumpfish caviar
- 3 tablespoons prepared horseradish
- 2 tablespoons catsup
- 2 teaspoons chopped chives

Mix all ingredients. Store refrig Serve on green, vegetable, or s salads. Makes about 1 pint sauce.

Delmer W. Hard

San Gabriel, C

Dan Siegfried, of San Francisco, e richly-stuffed eggplant dish a "W

he first dishwasher detergent or dry-hards.

lards are tough-to-clean foods—like fruit pie, oatmeal, meat fats, eggs, s—that dry and cake and stick. And stick. And stick. To plates. On forks. g glasses. New Fortified Electrasol, with 20% more active cleaning dients than other leading dishwasher detergents, really removes Dry-Hards. our dishwasher give you cleaner, brighter, film-free dishes.

never perform a test like this, but New Fortified Electrasol's supe- inst Dry-Hards. Plate with Dry- e of blueberry pie baked on for es at 330°F. came out looking hen washed in another leading y dishwasher detergent can re- food soils. The ultimate test for ess is on a Dry-Hard.

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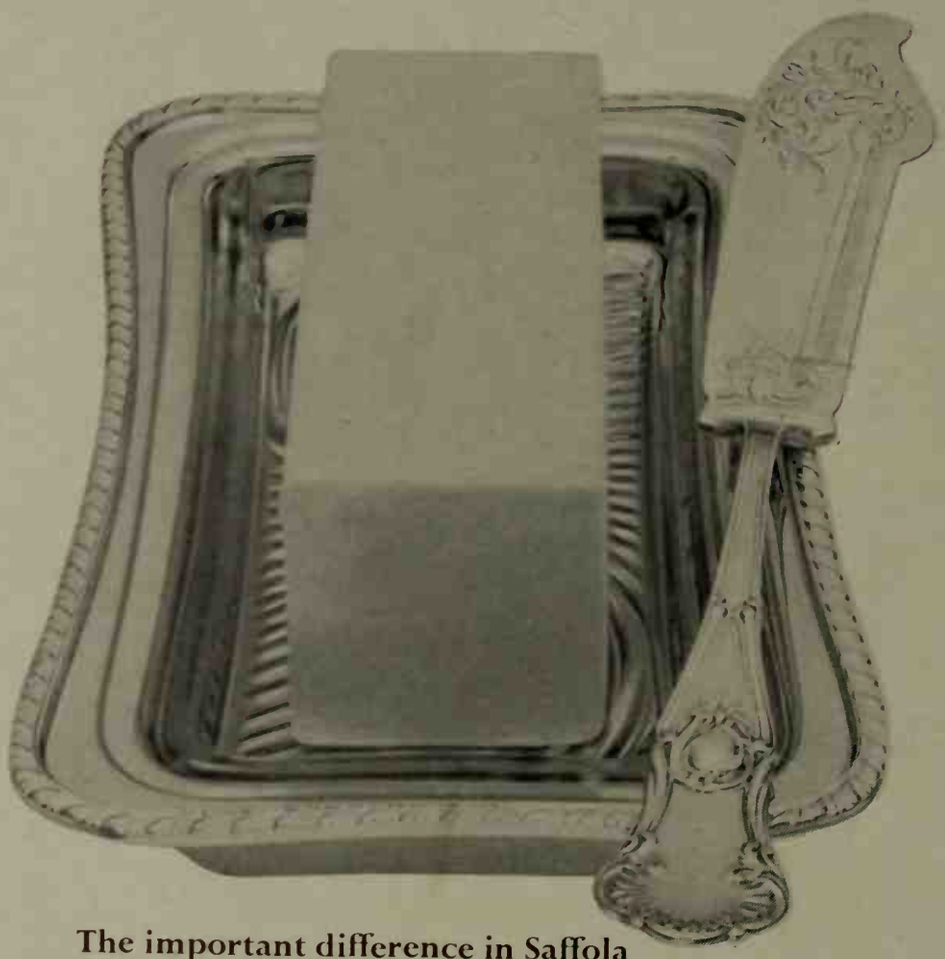

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version of an old Armenian re

STUFFED EGGPLANT CASSERO

- 2 medium-sized eggplants (about
- Olive oil
- 1 pound lean ground beef or ground chuck
- 2 medium-sized onions, thinly slice
- 1 can (1 lb. 12 oz.) pear shaped to
- 1 teaspoon *each* salt and garlic po (or 2 cloves garlic, minced)
- ¼ teaspoon pepper
- ½ cup dry white or red wine
- ¼ cup chopped parsley
- 1½ cups fresh bread crumbs, mixed 3 tablespoons melted butter

Wash eggplants; remove an stems and caps; cut in ½-inch-t Pour olive oil into small dish; eggplant slice in oil to coat both range in single layer in shallo pan; set about 3 inches below broiler till brown and tender; tu

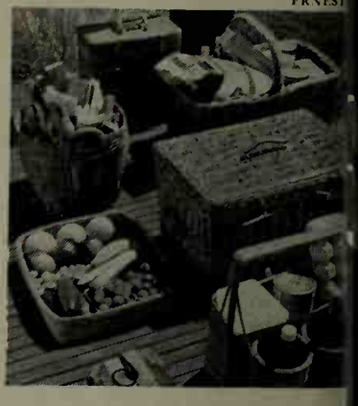
Meanwhile heat 2 tablespoons a frying pan and sauté the n browned and crumbly. Add t tomatoes including their liquid tomato into several pieces), s powder, pepper, and wine. Stir heat until most of the liquid orated; set aside.

Lightly grease with olive oil a inch baking pan. Overlap the slices in the bottom of the pa the meat mixture over eggplant. with parsley, then the butter crumbs. Bake, uncovered, in a 3 for about 20 minutes, or until th is browned and casserole heated With a green salad, it makes a m

Dan Sieg

San Fr

ERNEST



Traveling basket

Baskets in assorted shapes and are useful for carrying suppli a weekend or vacation cabi many cases, the contents ca kept available and attractive i basket throughout your stay: firewood and flat fruit and table baskets shown are exam The latter slides easily into refrigerator.

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on tha

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*U.S. Department of Agriculture Handbook 102.

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ng home some
sh crab meat

year for Dungeness (market) enty of the fresh crab meat is markets throughout the West. nient form of crab is especially or a company brunch or lunch. wo fine ways to serve it: in a ith crab and custard, a varia- iche Lorraine; or in a creamy oon into patty shells bought in foods section of markets or in

CHE

pastry shell (directions follow)
redded Swiss, Samsoe, Tybo, or yère cheese
rab meat (about ¾ lb.)
onion, finely chopped
spoons finely chopped parsley
spoons Sherry (optional)
cayenne
oon whole tarragon, crumbled

half-and-half (light cream)
ka

heese over the bottom of pastry nbine the crab, onion, parsley, yenne, and tarragon; mix and er the cheese. Beat eggs with d pour over crab. Sprinkle with Bake in a 325° oven for about es, or until the custard appears n dish is gently shaken. Serve es 5 or 6 servings.

stry shell. Generously line a deep 10-inch pie pan with pastry, ie crust mix or your own recipe, g 1½ times the amount you e for a normal 9-inch pie shell. sturdy fluted edge; set foil in nd fill with dry beans to keep om shrinking. Bake in a 425° 15 minutes; remove foil and d bake about 5 minutes longer, browned.

D CRAB IN PATTY SHELLS

cepan melt 1 tablespoon butter. blespoon flour, ¼ teaspoon salt, sh cayenne; cook, stirring, until Remove from heat and gradually cup half-and-half (light cream). tirring, until mixture boils and . Mix the hot sauce into 2 slightly gg yolks, return to pan, and cook heat, stirring, for about 1 min- in 2 tablespoons dry Sherry (op- nd 1 pound crab meat (about 2 This much may be done ahead.) slowly over low heat or over boil- er, stirring often. Serve in 6 pre- atty shells that have been heated cted on the package. Makes 6 s.—*G. L., San Francisco.*

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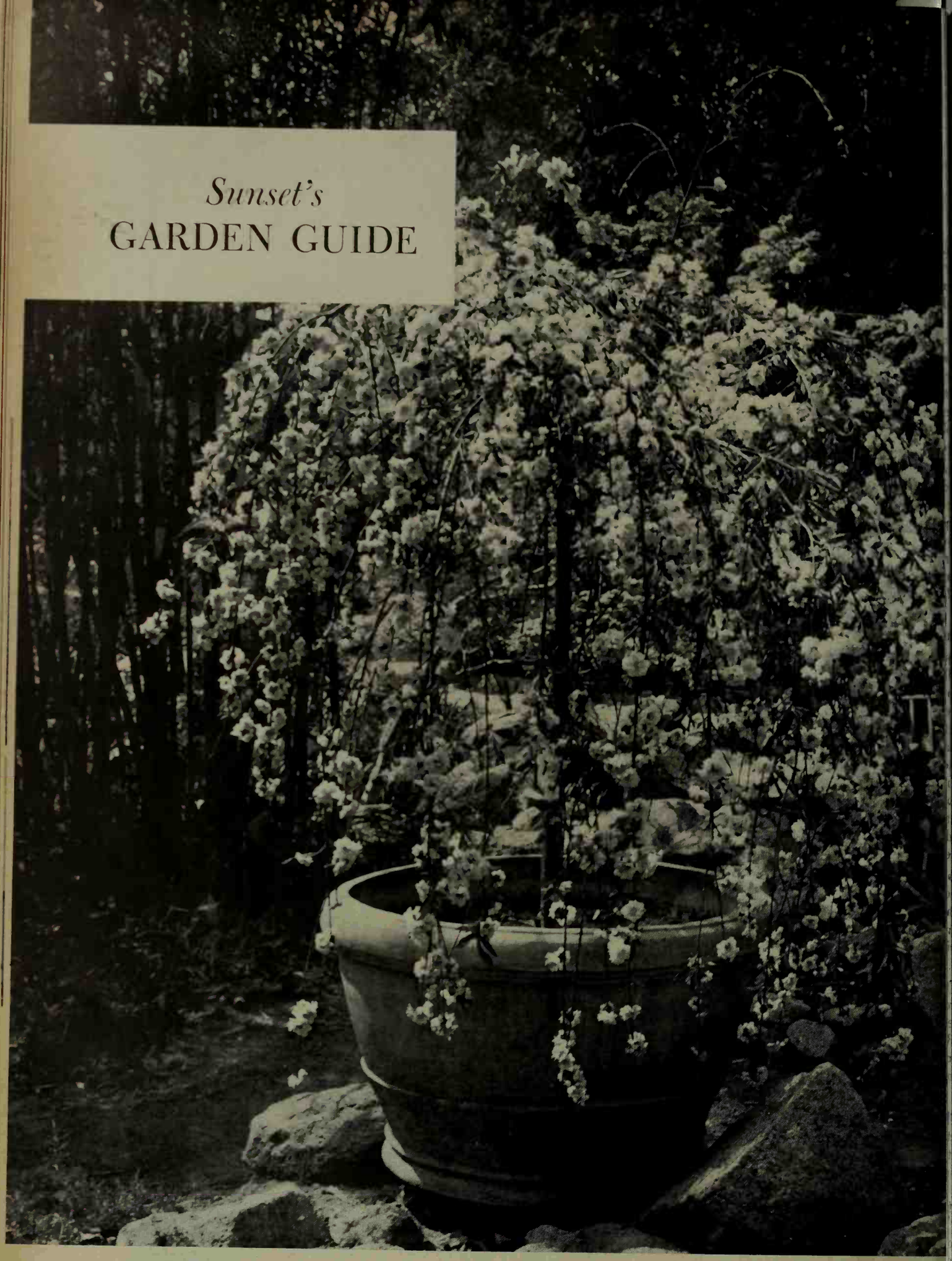
Sunset's GARDEN GUIDE



It's a double weeping cherry

Double weeping cherry in large ceramic pot, giant gray boulders in an Oriental landscape. Setting is wild, strong, disciplined forms of cherry and pot command and impose order, declaring that this is a garden, not

APRIL IN YOUR GARDEN:

You can expect rewards . . . and exasperation

, April is the cruelest month. tern gardener, it is at once warding and the most exas- nth. There's never enough e, feed, spray, and haul, and hing that needs planting. So yourself out trying. Keep an what absolutely needs doing ut don't become a slave to wer. Indulge yourself at least ook at and enjoy the fruits year's work.

that April gardening has be- work than you enjoy, and if et enough help with routine aps you should think about your plantings or revising garden plan to eliminate some time-consuming jobs—edging, edges, and the like.

ndron information

rons, old favorites in coastal California, are becoming in- popular in warmer inland heir needs and range of toler- etter understood. New books date information don't come ften, so you'll be glad to hear merican Rhododendron Soci- book *Rhododendron Informa-* available. The society's pre- odendron book (published in been out of print for years.

ook rates more than 400 kinds ndrons on quality of flowers characteristics. It rates hardi- west temperature a rhododen- withstand without injury) at ls.

n't find *Rhododendron Infor-* your bookstore, you can order he executive secretary of the Rhododendron Society, Mrs. urtis, Route 2, Box 105, Sher- gon 97140. The price is $6.95.

npleat planter

et by with just a spade if you ut you'll be able to do a better, of planting trees and shrubs a few additional tools. A wheel- haul plants and planting mix f course, as are stakes, ties, a core root ball or trim a broken pruning shears to make last- ts to remove dead or damaged branches.

ious aids are a sheet of thin ply- l a heavy hammer. The plywood is useful for piling soil and blending in soil additives. By spreading the weight of excavated soil it spares lawn or garden from compaction and eliminates considerable raking up after planting is done. The heavy hammer makes driving stakes easier, and saves stakes, too. Repeated blows from a light hammer are far more likely to damage the top of the stake than are relatively few blows from a broadheaded, heavy hammer.

Purely a luxury, but a desirable one if you plan to do a lot of planting, is your own can cutter. If you have your own, you're able to buy can-grown nursery plants uncut, then cut cans and plant at your leisure. At approximately $10 it's not cheap, but a can cutter lasts practically forever, and having it will give you greater choice in when you buy and when you plant.

Enjoy spring all summer

Most summer bedding plants are sturdy in growth, showy in bloom, and tolerant of summer high temperatures. But most of them lack the crispness, plumpness, and dewiness of such spring flowers as bulbs, pansies, or primroses. You might with justice refer to these qualities as being equally the virtues of a salad.

Bedding begonias have the salad virtues, and they are tough and heat-resistant as well; they bring the crisp spring look to summer (and fall) gardens. Plants are often sold as wax begonias or even as fibrous begonias (although there are other begonias that equally well deserve the latter name). Leaves are plump and glossy, rich green, bronzy, or reddish, often with deeper red veins.

Flowers of most common bedding kinds are single and come in white, pink, or red. Some cutting-grown double-flowering kinds are available, but these are usually grown as pot plants. Bloom lasts all summer and through the fall; in mildest areas plants may bloom nearly the year around.

Bedding begonias are perennials but usually freeze out in cold winters in interior climates. Near the coast they often live over, but most people replant them each year. Near the coast they will thrive in full sun; inland they grow best in partial shade, but will take full sun if given ample water.

Set out plants now for a long bloom season you may find that flat-grown plants at the nurseries are already in bloom. Set them out 8 to 12 inches apart in rich, well drained soil. More than most other plants, bedding begonias require large amounts of organic material in the soil. Since nurseries grow them in mixes largely composed of leaf mold or peat moss, plants should not be set into hard soil that will keep them from spreading out their roots.

White, *pink, red bedding begonias fill a corner, get much water, little other care*

Care and feeding of soil organisms

Healthy topsoil is teeming with soil organisms (mostly bacteria and molds) that reduce organic material to forms in which it will be useful plant food. To do a good job, these organisms need food (organic matter, nitrogen fertilizer, or both), moisture, and oxygen.

One excellent way to encourage greater activity among these organisms is to add large amounts of organic material to the soil. Doing so furnishes food for the organisms and, by improving air and water penetration, increases moisture and oxygen available to them.

The key word is *large*. *Sunset* recommends adding 30 to 50 per cent by volume of organic amendment when readying soil for a new lawn. This means adding 3 to 6 inches of sawdust or other organic material and tilling it in to a 6-inch depth. (If you use raw sawdust or ground bark, you'll need additional nitrogen fertilizer to feed the bacteria that break down the wood.)

You can't increase the soil bacteria count significantly by using small quantities of additives—compost, compost extracts, earthworm casts, herbal preparations, or other quasi-magical ingredients that are

supposed to activate bacteria, release nutrients from mineral soil, and improve soil structure.

Keep chrysanthemums from flopping

Here's a good way to keep tall chrysanthemums from flopping over, as they certainly will do if not supported. In spring, while plants are small, spread a wide-mesh wire screen over the area, suspended 15 inches above ground level. Fasten each corner of the screen to strong stakes.

Let the chrysanthemums grow up through the wire. You'll have to tuck back stems that grow out beyond the edge of the wire. By midsummer plants will be big enough and leafy enough to hide almost all the wire. If stems grow too tall, attach another tier of wire above the first.

You can use this scheme on other tall, gangly plants—carnations, gladiolus. Mr. and Mrs. Dee Sheneman, who garden in Concord, California, devised this scheme.

Spring leaf-raking

There's no cause for alarm when you notice broad-leafed evergreens dropping leaves in spring. It's a natural thing for them to do while they are starting new growth. An evergreen leaf is not immortal; it lives for a year or more, but eventually it ripens and falls. On azaleas, camellias, and rhododendrons, older leaves may turn yellow and red, then brown before falling.

If leaves from the oldest portions of the plant turn color and fall, don't worry; but if new growth turns yellow, with veins of leaves remaining green, plants most likely are suffering from iron deficiency, which should be remedied.

Some plants just naturally shed very heavily in the spring, most notably camphor trees. Take advantage of this signal that new growth has begun and start feeding the plants.

When is a fern not a fern?

The answer to this riddle is "When it's an air fern." The so-called air fern, air plant, or sea moss, far from being either fern or moss, is animal in origin, even though it is plantlike in appearance.

Air ferns are easy to find in stores. Information about them is a little less easy to come by. Several that we bought and then checked with the Department of Invertebrate Zoology at the California Academy of Sciences were identified as *Sertularia argentea*, hydroid animals native to the mouth of the Thames River in England. Similar hydroids are found on our own coasts.

The "fronds" you see are skeletons of whole communities of tiny animals resembling corals (to which they are distantly related). Commercial operators dredge up and clean the skeletons, dye them green, treat them to keep them soft,

Bright green *"air fern," shown diameter bowl, is really anim*

and package them for sale.

If you are the kind who plants, either with kindness air fern is for you. It needs air, no water, no feeding, a control. It won't grow, of co won't "die," either, since it's dead. All you have to do is material and arrange it in a

Newly opened air ferns have odor like that of some fertilize dissipates after a few days. does you should keep plan tops or other areas where y enforced intimacy with them them dry; water removes th conditioning material, leav bleached, dry, and tousled.

Protecting tree trunks

A correspondent from the foot Sierra Nevada tells us that las a bad one for borer problems;

APRIL CHECK LIST: *Here are the important jobs*

☐ **Bulbs and bulblike plants.** See page 183 of the March *Sunset* for after-bloom care of spring-blooming bulbs. Many bulbs and bulblike plants are available for planting now. Among them are agapanthus, fancy-leafed caladiums, pink and yellow callas, cannas, dahlias, gladiolus, tigridia, and tuberose.

☐ **Feeding plants.** Give azaleas, camellias, and rhododendrons their first feeding with acid plant food as soon as bloom is over. Most plants need feeding this month if they haven't been fed previously in March.

☐ **Food garden.** Set out eggplants, peppers, and tomatoes in all except mountain and intermountain areas. In these, wait until danger of frost is over. Plant beans, corn, and other warm-weather crops unless soil is still cold and wet. Spray apples and pears to control codling moth and mites; first spray should come just before flower buds open, second spray when three-quarters of the petals have fallen.

Thin stone fruits when they reach the size of your last thumb joint. First remove runty, malformed, and double fruits; then take out any that are crowding each other. Mulch strawberries to conserve moisture and keep berries clean.

☐ **Lawns.** If you didn't plant your new grass lawn in October, do it now. April is probably the second best month for planting grass—probably the best for dichondra. Mow established lawns frequently during periods of fast growth; if grass gets too long, lower parts of the blades are likely to t from lack of sun. Then mowi the unattractive yellow growth

Be sure that mower blades are blades tear or crush grass leaf t will turn brown and diseased-lo

☐ **Pest control.** Slugs, sn aphids will require consta tion this month. Ants are seldo in their own feeding habits, often move aphids from plant sometimes they so honeycomb containers that plant roots quickly. Chlordane will control

☐ **Planting for flowers.** There few flowering plants that set out now. A few summer a celosia, Unwin dahlias, zinnias— planted in late April or Ma

nd ornamental, were severely killed. Damage often followed mechanical injury. (Peach ran, and does, attack healthy talking about the many other ers that plague injured or dis-)

ly set trees are especially sus- umburn and subsequent borer elpful preventive is a white- ite latex *interior* paint or of formulated tree-trunk paint. xterior latex paint or any oil- : avoid splashing paint on uds or new foliage. Renew the pring for continued protection.

hina asters

best summer annuals are the ers *(Callistephus)*, known to eners simply as asters. Larger- inds are splendid cut-flower and effective for massing in

o aster *'Dwarf Blue'. Plants less oot tall; flowers are violet-blue*

Two dwarf varieties are especially useful for low beds, edging, or container growing. 'Snow White' has pure white flowers 2½ inches across. 'Dwarf Blue,' new this year, has violet-blue flowers. Plants are a little less than a foot tall and have a spread of 1½ feet. When bloom reaches its peak (in midsummer), plants are solid mounds of violet-blue or white.

Sow seed now or set out plants in a sunny place. Soil should be rich and well drained. Keep plants growing actively and never permit them to suffer from under-feeding or drought. Cut fading flowers to encourage prolonged bloom, and spray or dust to ward off leafhoppers, which carry yellows, a virus disease.

Asters do best if planted in fresh soil each year; soil that has grown asters recently may have wilt fungus present. If you grow asters in pots and use a prepared soil mix, soil-borne disease will be no problem.

Check balled and burlapped plantings

When weather warms up, balled and burlapped trees and shrubs planted in late fall or winter should begin to show signs of growth. If they do not, look to the root ball; it might be shedding water. If, for instance, the ball has a high clay content, it may cake and shed water into the surrounding easily permeable soil.

To inspect, remove soil carefully from the base of the trunk with fingers or a trowel. If you come to dry burlap or to dry, hard soil, you'll have uncovered the source of the problem.

Cut away burlap from the top of the root mass or perforate it in several places with an ice pick or screwdriver. Poke a few holes in the dry soil mass around the roots. Give the root ball a long, slow soaking from an uncapped hose slowly trickling water onto the soil ball at the base of the trunk. Once soil is thoroughly moist and roots are actively growing, the problem clears itself up. Burlap quickly rots and roots move into porous prepared soil mix in the planting hole.

And check new rhododendron and azalea plantings

It's possible to do almost everything right and still make one small, serious misstep. Peat moss is an excellent medium for growing azaleas and rhododendrons. Many container-grown plants come in what is practically pure peat moss. This material holds moisture very well; but it is also extremely hard to dampen when it's dry. Throw a handful of dry peat moss into a bucket of water, and you'll get the idea.

If a plant growing in dry peat moss is set out in the garden, the dry peat moss may shed water just as the burlap or the clay mentioned at left will do. The plant may wilt quickly, especially if weather turns warm, and no amount of drenching helps. To prevent the situation, see that plants are well watered *before* putting them in the ground. A dry plant will be light for its bulk, and the peat moss will be light brown; adequately watered plants are heavy, the peat moss very dark brown.

To correct the situation, soak the root mass with the merest trickle from a hose set where the trunk of the plant enters the soil. Once the root mass is damp, a mulch will help keep it so. If you plant in peat moss, knead it with water until it is thoroughly damp before putting it in the planting hole.

---

s really warm. In warmer inte- eys, the winter-flowering and ing annuals should be passed l next fall. Near the coast, how- n can plant and get good per- from calendulas, pansies, snap- stock, and violas.

dress-up of entryway or terrace, potted cyclamen and cymbidium n bloom. To fill gaps in edgings orders, sow seed of sweet alyssum laca, or set out plants.

anting for landscape effect. Set t tender plants — bougainvillea, old vine, heliotrope, hibiscus. The hey have to grow this summer more hard wood they manage to , the better their chances are of through a hard winter.

the flower color and flower form nt, buy your flowering cherry in Trees canned up from bare-root stock last spring are available in most nurseries. They're more expensive than bare-root material, but they're larger and easier to establish.

☐ **Propagating.** It's a good time of year to make softwood cuttings of azalea, carnation, chrysanthemum, fuchsia, geranium and pelargonium, ice plant, rosemary, and sedum.

☐ **Pruning and grooming.** Carefully cut back frost-damaged portions of tender plants. Beginning near tips of growth, make short cuts until you come to green, live wood. Tender shrubs apparently killed to the ground shouldn't be pulled and discarded yet. Shorten tops, but leave a few stubs behind; dormant buds may yet appear.

Not all sprouts that appear from the base of a plant are welcome; those that arise from below a bud or graft should be removed. These suckers are often quite different in appearance from top growth of the plant. On dwarf citrus, for instance, the leaves will be divided into three leaflets. On many deciduous fruit and flowering trees, foliage from suckers from the root or understock will have very little resemblance to that of the top growth.

☐ **Roses.** Unless late rains have kept soil very wet, build irrigation basins around roses, and apply a thick mulch. Spray to control aphids, or use one of the new systemic insecticides.

☐ **Weed control.** To control weeds around plantings of shallow-rooted azaleas, camellias, and rhododendrons, hand pulling is most effective and least damaging to roots. If shrubs are in soil as soft and well mulched as it should be, pulling won't be much effort.

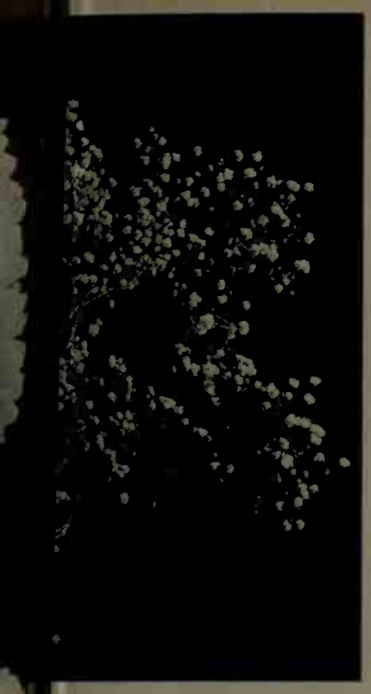
Control broad-leafed weeds in grass lawns with sprays containing 2,4-D; 2,4,5-T; silvex; dicamba; or some mixture of these.

Strawflower (Helichrysum monstrosum). *Annual with fully double flowers, crisp as straw when dried, in vivid reds, yellows*

Growing flowers to dry

They reward you when they bloom . . . and again next winter

DON NORMARK



(Gypsophila). *Tiny flow-*
hite when dry. Perennial;
erlasting; used in same way

Sea holly (Eryngium). *Perennial with 3-foot stems tipped by steel blue oval flower clusters in July and August*

Money plant (Lunaria). *Silvery, shining, thin circles remain on brittle stems after the seeds fall. Annual, it reseeds freely*

le (Echinops). *Steel blue*
flower clusters from mid-
late fall. Perennial; 4 feet tall

Star of Persia (Allium albopilosum). *A 12-inch cluster of violet flowers on 15-inch stem in July. Plant bulbs in fall*

Sea lavender (Limonium). *Several species with tiny, papery blue, lavender, rose, or yellow flowers in airy clusters*

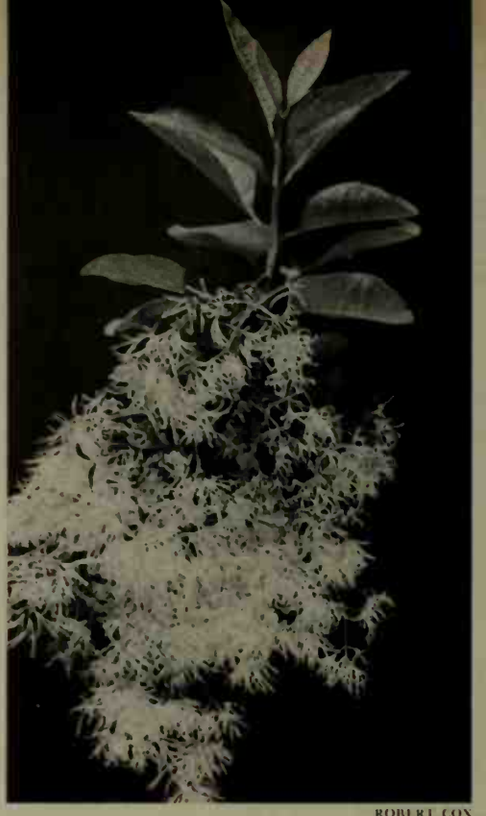
flowers will reward you twice — once when they
summer, and again when you use them dried in
next winter. Try growing several different kinds:
of annuals have either papery everlasting flowers or
seed pods.

hese annuals as well as the ones we have photo-
globe amaranth *(Gouphrena)* with big purple, red,
loverlike flower clusters; *Helipterum roseum*, often
roclinium roseum, with red, pink, or white daisy
ds; cupid's dart *(Catanunche)* with flowers like laven-
lor's buttons; and common immortelle *(Xeranthe-*
h papery bracts in pink, lavender, purple, and white.

After weather warms, sow seeds of everlastings in place in full sun in moist, loose, well-drained soil. Thin seedlings when large enough to handle. Water enough to keep ground evenly moist.

On a clear, dry day, as soon as flowers are fully open, you can harvest your everlastings, but wait until after the dew has dried. Cut them with long stems, and strip off all leaves and foliage immediately. To dry, place several stems of flowers in a tall container (without water, of course) or tie into loose bundles and suspend the bunches, flower heads down, from an overhead line. They will dry best in a cool, shady place with a good circulation of air. When flowers and stems are completely dry, store them in boxes, one kind or color to a box.

The fringe tree is a great bouquet



ROBERT COX

Greenish white *flowers of ca tree, in large, lacy, droopi new, leafy growth projects b*

Snow white *flowers of Chines form compact clusters (about of eastern kind) at tips of*

Fluffy clusters of pure white flowers that look like shaggy fringe almost completely cover the branches of fringe trees *(Chionanthus)* in spring. Two species are grown in the West: the Chinese fringe tree, *C. retusus*, and the fringe tree that is native to the eastern and southern parts of the United States, *C. virginicus*.

Under favorable conditions, *C. retusus* may grow to about 10 feet in 3 years; *C. virginicus* is generally quite a bit slower. They normally start to bloom at an early age, so you can enjoy their flowers.

Because fringe trees are wide branching, they need plenty of room to spread. If you want to train them to a tree form, stake the trunk at planting time and prune regularly to remove low side branches. They make good multiple-trunked trees too. When left untrained, they develop into tall, rather rangy shrubs.

The Chinese fringe tree shown in the photograph at the right is probably the oldest and largest in California. It was saved through the efforts of several of Southern California's leading horticulturists and a property owner who appreciated its historical value.

Its blossoms, shown at upper right, have four narrow, ¾-inch-long petals that give the full clusters a fringed effect. In warm areas such as Southern California, where spring comes early, bloom begins in late March or early April and continues into May. In California's Central Valley, May and June are the usual flowering months.

The attractive, deep green, leathery leaves measure up to 4 inches long and are quite broad; they turn a deep yellow in fall.

The American native, *C. virginicus*, usually grows slowly to 10 feet tall but may reach 30 feet under the most favorable conditions. The fragrant flowers open about the same time as the Chinese fringe tree, and look even more like fringe because the individual petals are both narrower and longer (up to an inch or more). The leaves are up to twice as large as those of Chinese fringe tree, and when they turn deep yellow in fall are often quite showy.

Both leaf out later in the spring than most deciduous trees. Male plants produce somewhat larger, showier flower clusters than the female. In addition to flowers, though, female plants bear clusters of ¾-inch, decorative, dark blue berrylike fruits in August. (Nurseries don't normally designate whether plant or female.)

Famous *old Chinese fringe tree at Chino, California, in full bloom late in April; stands 30 feet tall, nearly 50 feet wide*

Since neither fringe tree has b widely in the West, there's n deal of information available climate adaptability.

Based upon observations, hov Chinese fringe tree stands hot mers—though not desert condit ter than the American native, ar suitable for Southern California tral Valley climates. It's hardy cept the very coldest mountain *C. virginicus* grows best in coole of northern California, around Area, and south to the Monter sula. However, it doesn't do v exposed to prevailing coastal w cold-hardy anywhere in the We

Both fringe trees grow equally w sun or partial shade. Chinese frin more tolerant of poor soil, ever soils, than *C. virginicus*, but bot in sandy loam soil with an amp of water.

The Chinese fringe tree shown a is at 12510 Central Avenue (c Walnut Street), in Chino. You others in the Asiatic section of Angeles State and County Ar Arcadia, California.

In addition to gallon and 5-g sizes, some growers have larger big boxes. But unfortunately, th is limited.

The Garden Primer

or

How to Reason with Bugs and Weeds

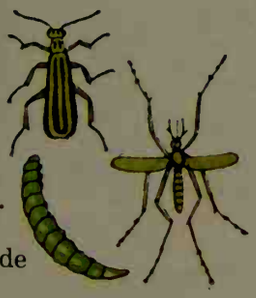
lert! Bugs, plant diseases to attack your arden.

WATCH OUT FOR s. Insects like fhoppers, scale. out the life juice Some infect it se.

s you can spot whole a plant. But often they leaves.

or not, wipe them out. Spray ants and shrubs with a recommended insecticide. And apply it right. Use a sprayer or duster that puts the bug-killer exactly where it's needed. That's what Hudson sprayers and dusters do. With their long extensions and adjustable es, you can reach into plant Get under leaves. Cover oroughly—but without overaste.

f chewers. ike beetles, ars. They n leaves, a plant's king system. ven with hey can't hide insecticide applied with n sprayer or duster.



reeloaders. Plant diseases kspot, other fungi. They live nts. Destroy chlorophyll. plants. ngicide—spray or dust—will or stop these troublemakers. pplied in a fine spray mist or ud that covers all the plant—nd you get with a Hudson or duster.

lawn weeds. You know the dandelions, plantain, crabchickweed. They make a lawn gly fast.

Clear them out. Apply a weed-killer with a Hudson sprayer. It's fast, easy. One application usually does the job. But keep spray away from flowers and shrubs. Use the sprayer at low pressure to prevent drift.

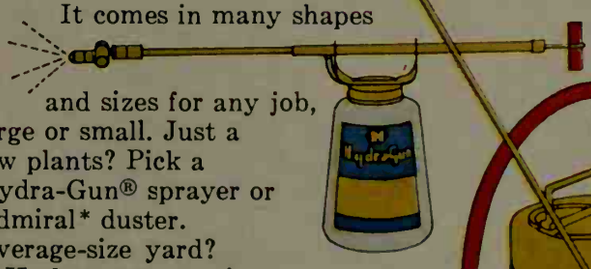
The aerialists. Blood-suckers like mosquitoes. Disease-carriers like flies. Both spoil your outdoor fun. Fight back. First, eliminate breeding places. For mosquitoes: stagnant water in rain gutters, old containers, bird baths. For flies: uncovered refuse cans, compost piles.

Next, spray or dust their daytime resting places: nearby shrubs, garden, breezeway ceiling.

That's another job for Hudson sprayers and dusters. They give you the right pattern to quickly cover any surface.

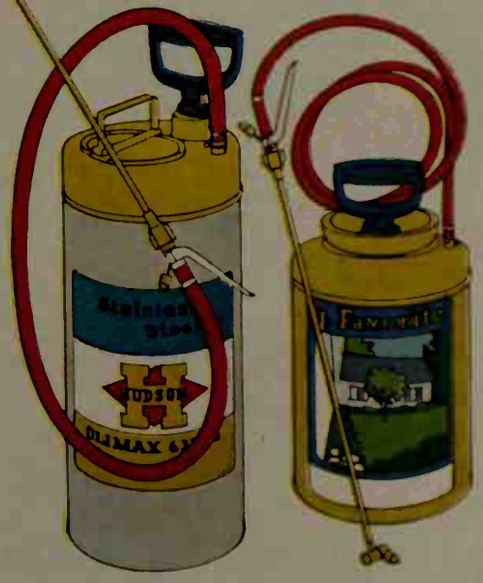
HELP FROM HUDSON

It comes in many shapes and sizes for any job, large or small. Just a few plants? Pick a Hydra-Gun® sprayer or Admiral* duster. Average-size yard? A Hudson compression sprayer with a 2 to 4-gallon tank is ideal.



For larger gardens and yards, move up to power—Hudson power sprayers. Choose the 10-gallon Spra-Boy®, 12½-gallon Suburban* or 15, 30 or even 50-gallon Matador®.

You'll find Hudson sprayers and dusters where garden supplies are sold throughout the United States and Canada. Get yours now.



CELEBRATE IN OUR SPECIAL-OFFER DRESS

Have a garden party in the gaily-colored "paper" dress shown below. Made of DuPont Reemay® polyester fabric. Only $1.25 ($1.50 in Canada) with coupon from your Hudson dealer. Or send direct to: H. D. Hudson Dress Offer, P.O. Box P2, Dept. 102, Burlington, N.C. 27215.† Specify size: S(6-8), M(9-12), L(13-16). Congratulations, proud gardener. From Hudson—the name bugs and weeds fear. And gardeners love.

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†Allow 2 to 4 weeks delivery. Offer expires December 31, 1968. Void where prohibited, taxed or otherwise restricted. Good only in U.S.A. and Canada.

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SPRAYERS AND DUSTERS

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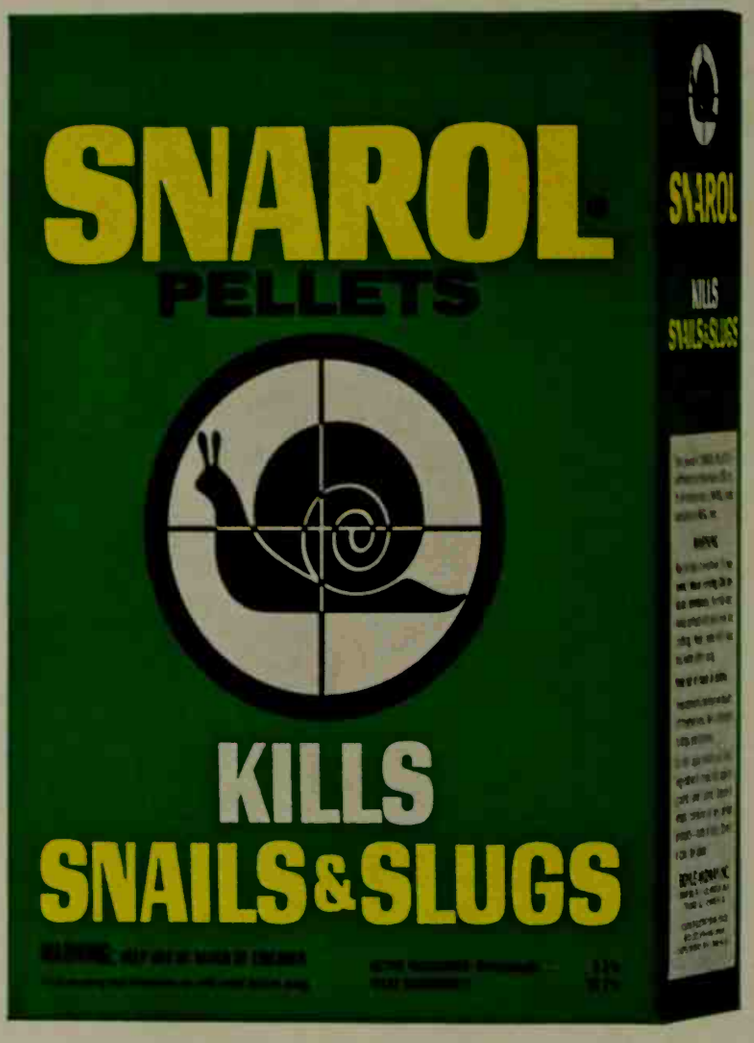
Good Housekeeping

THE ONLY GOOD SNAIL IS A DEAD SNAIL

(and that goes for slugs, too.)



You're running a garden. Not a cafeteria for snails and slugs. Now's the time to show them who's boss. Show them SNAROL.

SNAROL attracts and lures snails and slugs to their death. It's safer because it has no arsenic. More effective because it has metaldehyde. And no snail can stay away from it.

SNAROL

attracts and kills snails and slugs

'Golden Nugget' *calceolaria gi*
show in Los Altos, Californi

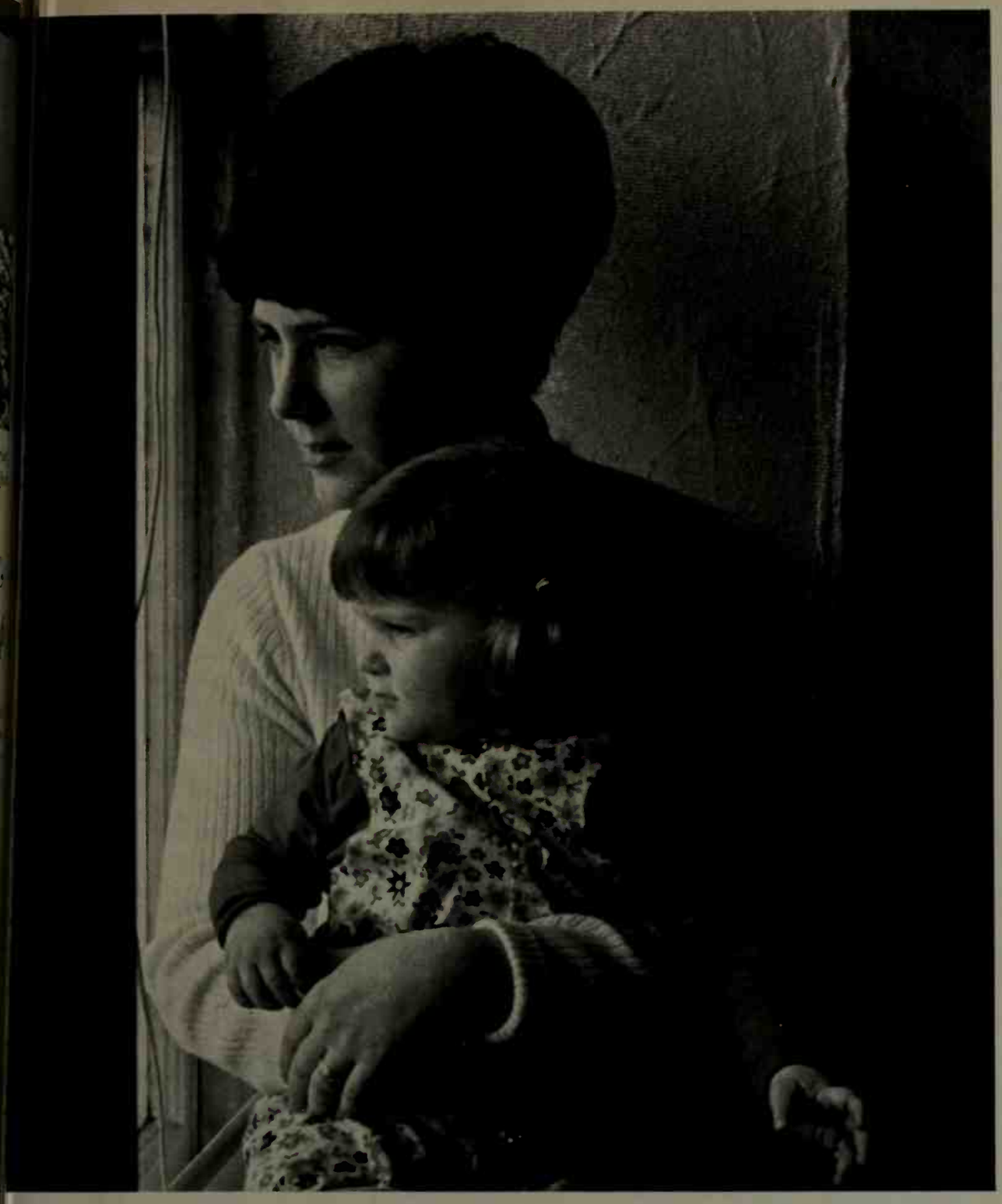
Lady's purse, f and slippe

Lady's purse, lady's pouch, and per are some of the comm applied to calceolarias, becau pouchlike flowers. The kind y florist shops have large (1-inc that demonstrate the reason common names quite clearly; really two pouches to each f lower large, the upper small "florist-type" plants are too ten year outdoor performance exc tremely mild-winter areas. Thu usually treated as annuals or house plants.

The one you see in the photogr has similar but smaller (½-incl and it does well outdoors all y the coast of California and in co leys. This form of *Calceolaria i* is called 'Golden Nugget' (some as 'Gold Nugget' or 'Yellow Ger

Like the species, it's shrublike to about 2 or 3 feet high with spread. Unlike the florist's cal which come in several colors heavily spotted, this one has u clear yellow flower pouches. Th a form with bronzy flowers usu under the name of 'Bronze Beau have a profusion of flower cluste long season—from spring to fall. green, wrinkled, 1 to 3-inch-lon are dark green above, grayish g felted beneath; edges are finely to

Plant this calceolaria in full sun bloom and compact growth. Se out in average good garden soil: the soil get too dry. Use calceolar for its vivid flower display, or i nial borders. It's also an excelle tainer or hanging basket plant.



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A new bookful of Japanese garden ideas

wave of interest in Japanese
t crested about 10 years ago
f books and articles has quietly
—and all to the good.

publication in this leveling-off
new book—*Japanese Gardens*
ks, Menlo Park, Calif., 1968;
hough in text and illustrations
explains the principles of the
panese garden, it cautions
empting to duplicate a typical
garden in a typical Western
nt.

ning chapter we read: "Within
work of good taste you can
y of the centuries-old ideas of
ithout compromising your de-
an achieve several points com-
l Japanese gardens:
suggest a closeness to nature.
express a quiet and repose.
create surroundings that are
, restrained.
beautify an intimate area."

d the end of the book is a chap-
d *Japanese Ideas that Work*
, in which it is pointed out that
the principles behind Japanese
sign are basically good land-
ractices." Among these princi-
table anywhere, are restraint,
and lack of clutter, close rela-
between house and garden, em-
texture and form of plants, and
se of small details and centers
t.

, all-important point to remem-
at you can use many of the
and significant features of Jap-
dens without creating a Japanese
r se.

re interested in seeing classic
gardens, you might visit one of
c gardens listed in the guide on
of the book. By far the largest
are in California, Hawaii, and the

Pacific Northwest. These gardens, often designed and installed by highly trained Japanese landscape architects, are intended to serve as a cultural display of a national tradition, but portions of them can serve as models to copy in private gardens.

Most of the book is devoted to special, often small and easily executed features in Japanese gardens that we can adapt to our own gardens using locally available plants and building materials. Among these features are the use of different kinds of stone in paths, in walls, along streams, near pools, or simply as settings for plants. There also are suggestions for use of sand, gravel, and pebbles.

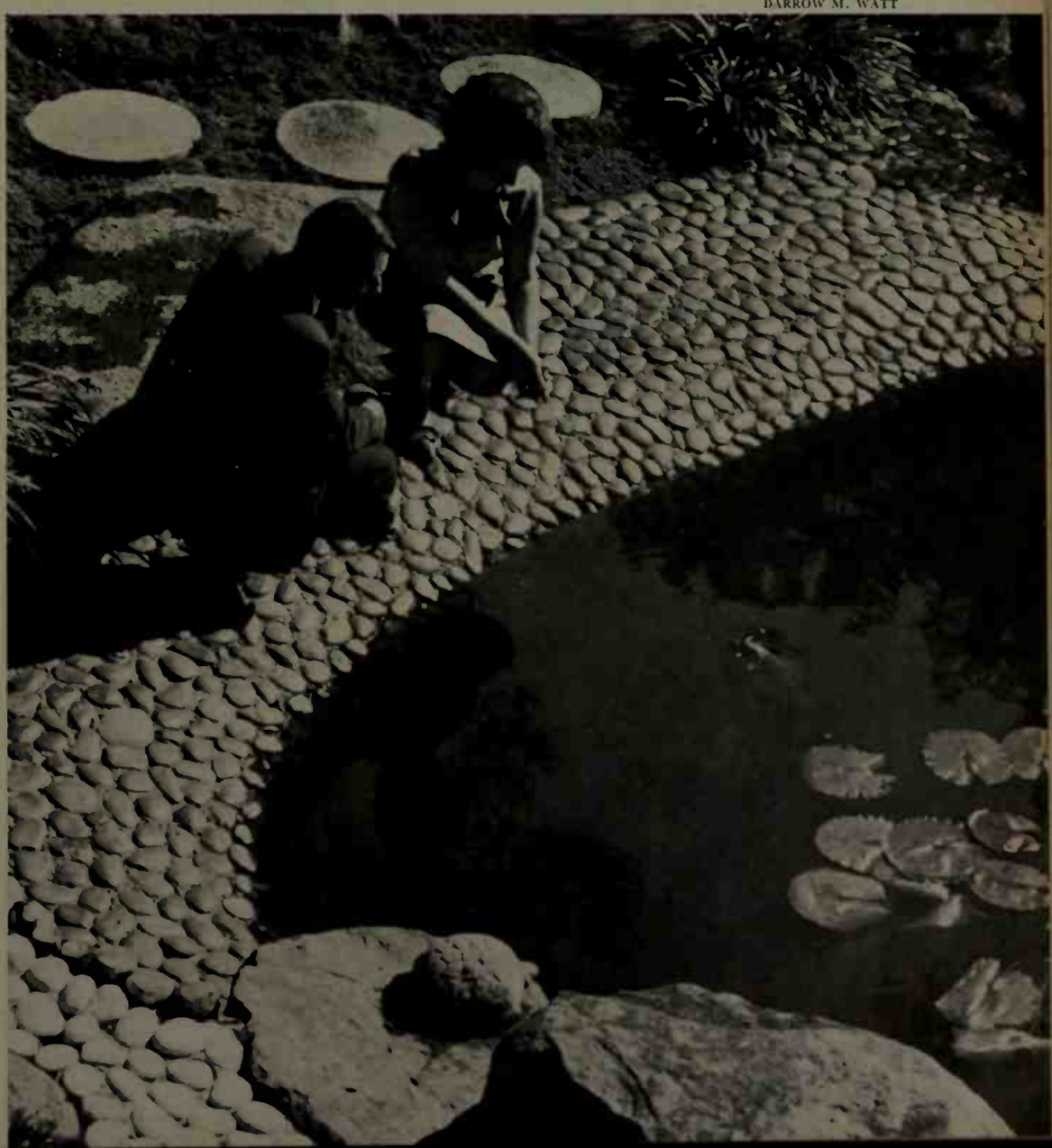
Other chapters deal with ways to use water in pools, streams, and waterfalls (there's also a section on how to create the illusion of water with dry materials); paths and walks; fences, gates, walls, and hedges; garden structures such as arbors, engawa, and tea houses; suitable plants; and accessories such as water basins, wells, lanterns, pagodas, and bonsai.

In several of these chapters there is considerable practical how-to-do-it detail. For example, you can learn how to handle stone without incurring back injury; how to plant or transplant, prune, and care for trees properly; how to make a wet garden; how to divide, plant, and restrain bamboo; and how to grow your own moss.

The book closes with five quite different landscape plans, with accompanying photographs, showing how significant features of Japanese gardens have been adapted to Western gardens with local plants and building materials.

Light and dark *cobblestones set closely in concrete suggest a curving ocean beach*

DARROW M. WATT



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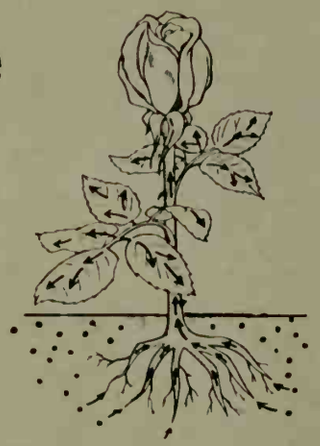

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ur welcome a cascade of yellow dodendrons

LYN DAVIS

Three yellow-flowered *rhododendrons grow in entry garden: 'Unique' in front of wall, taller-growing 'Damaris' and 'Mrs. Betty Robertson' in back. Bloom in April, May*

ance garden in Seattle welcomes April and May with a fanfare dendron blooms. Flower trusses s of yellow, ranging from pale to butter, reflect the color preference of the owners, Mr. and Mrs. Leonard M. Wilcox. The yellow flowers look especially handsome against the background provided by the gray stone wall that surrounds the garden.

cover *at left is* Viburnum davidii. *tone' rhododendron in back of wall*

Glimpses of plantings inside the wall invite visitors to examine unusual ground covers, tiny bulbs, perennials, and broad-leafed evergreen shrubs at close hand. The garden's appeal, not only in spring but at all seasons, is the result of close collaboration between the owners and landscape designer Ken Kelley.

The garden's color climax comes in spring when the yellow-flowered rhododendrons 'Unique,' 'Moonstone,' 'Mrs. Betty Robertson,' and 'Damaris' dominate the landscape. A pair of pink-flowering dogwood trees *(Cornus florida* 'Rubra') lend height and line to the plantings; their flowers echo the touch of apricot in the 'Unique' rhododendron's close-set flower trusses. Starry blue wood anemone *(A. nemorosa)* makes an effective underplanting, as do clumps of Auricula primroses.

In summer, the garden is basically cool and green. Tree fuchsias in tubs flank the front door and annual portulaca reseeds itself to add a fringe of bright-colored flowers to the borders.

Winter beauty depends mainly on the interplay of the different colors of the evergreen leaves. A Sasanqua camellia variety with large single white flowers begins to bloom in November, and the dogwoods contribute a pattern of bare branches to the landscape.

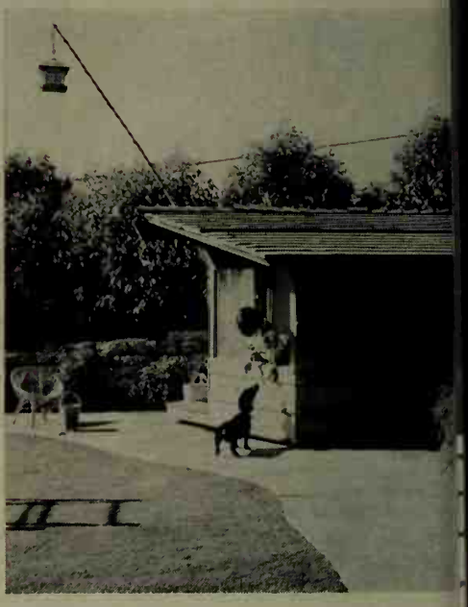
By earliest spring, *Crocus chrysanthus* 'Blue Pearl,' low-growing winter aconite with yellow, ball-shaped blooms, and white snowdrops begin to show. Magenta-pink *Cyclamen coum*, only a few inches tall, repeats the paler pink of the 'Rosamundi' rhododendrons, which are among the earliest to bloom. A little later the tall Himalayan pieris *(P. formosa)* adds a touch of vibrant scarlet as its new leaves begin to unfold.

The fact that the garden needs very little care contributes greatly to the pleasure it affords. The owners remove faded flowers promptly and nip back ground covers whenever they start to grow across paving. Otherwise, the main task is the thinning and shaping of evergreens in early summer.

WILLIAM APLIN

Girls slide *through cajeput tree that grows out from nichelike planter in stone wall. Branches reach around sides of slide, conceal its underpinnings*

Grilled gate *leads from pool to yard that includes playhouse*



Playhouse *sits back in retaining wall. brush in wall cracks. Myoporum screen*

They're sliding through a cajeput tree

These youngsters are playing in a Laguna Beach garden that's good looking as well as good fun.

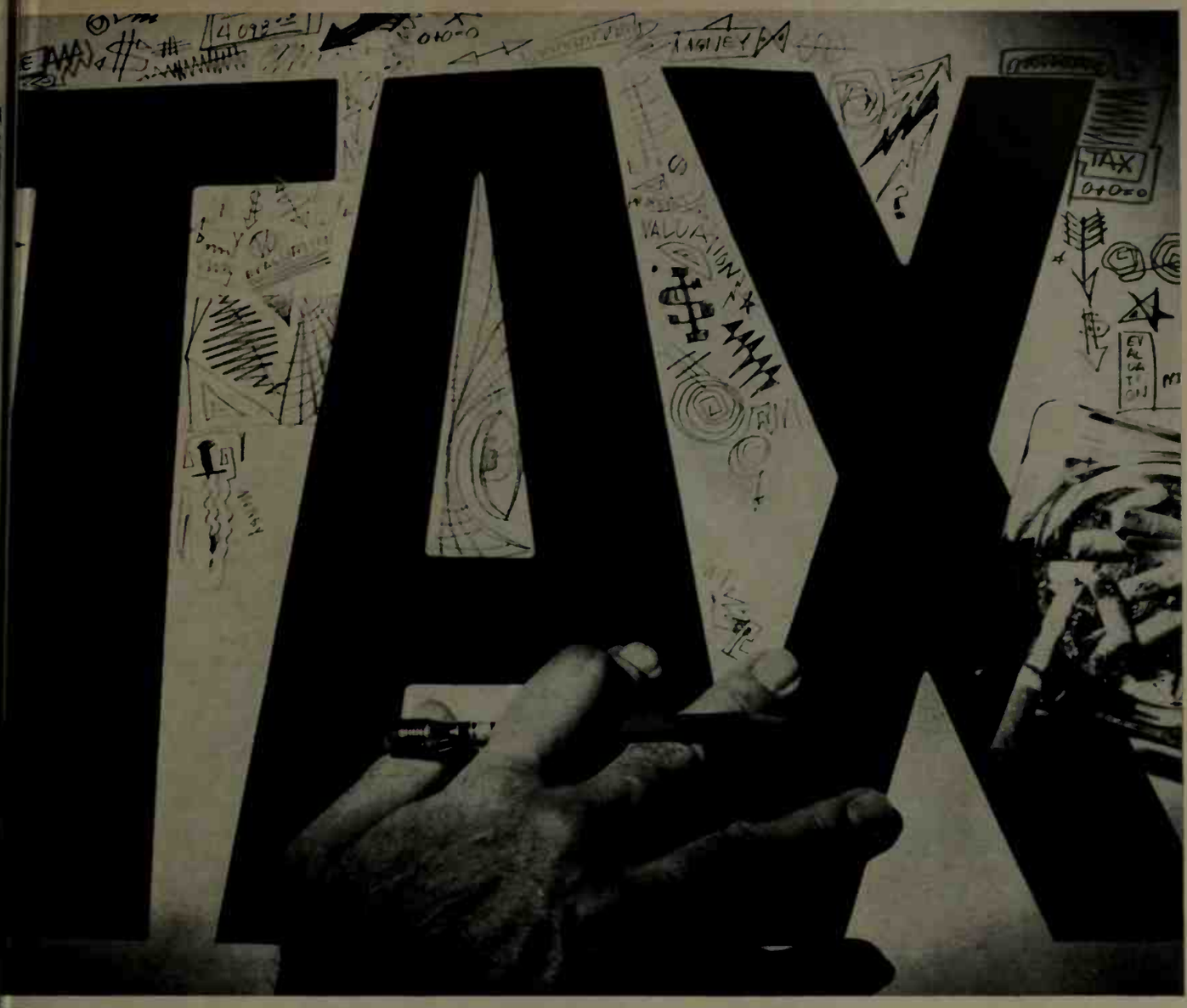
The slide-through-a-cajeput-tree is typical of the way landscape architect Frederick M. Lang worked play apparatus into a sophisticated garden design. The tree hides much of the slide's metal frame and thus helps preserve the natural effect of the pool, its sea-sculptured rocks for sitting and diving, and the stone wall behind the pool. This particular cajeput *(Melaleuca quinquenervia,* usually sold as *M. leucadendra)* was specially selected for its low branching pattern and Y shape.

The playhouse matches the owner's house in design and material. (Architect Richard H. Dodd designed both structures.) It's tucked back in a curve of the retaining wall that edges part of the play area. A lantern hung from a bamboo pole lights the area at night.

In the play area, children can ri on paving that circles a big, g curving lawn.

The lawn was tough enough to gym set just a few months aft planted. (The set gets moved w mowing—weekly in summer—so mark the lawn.)

The grass is Tifgreen hybrid Bern the mild Southern California cli stays green all year.



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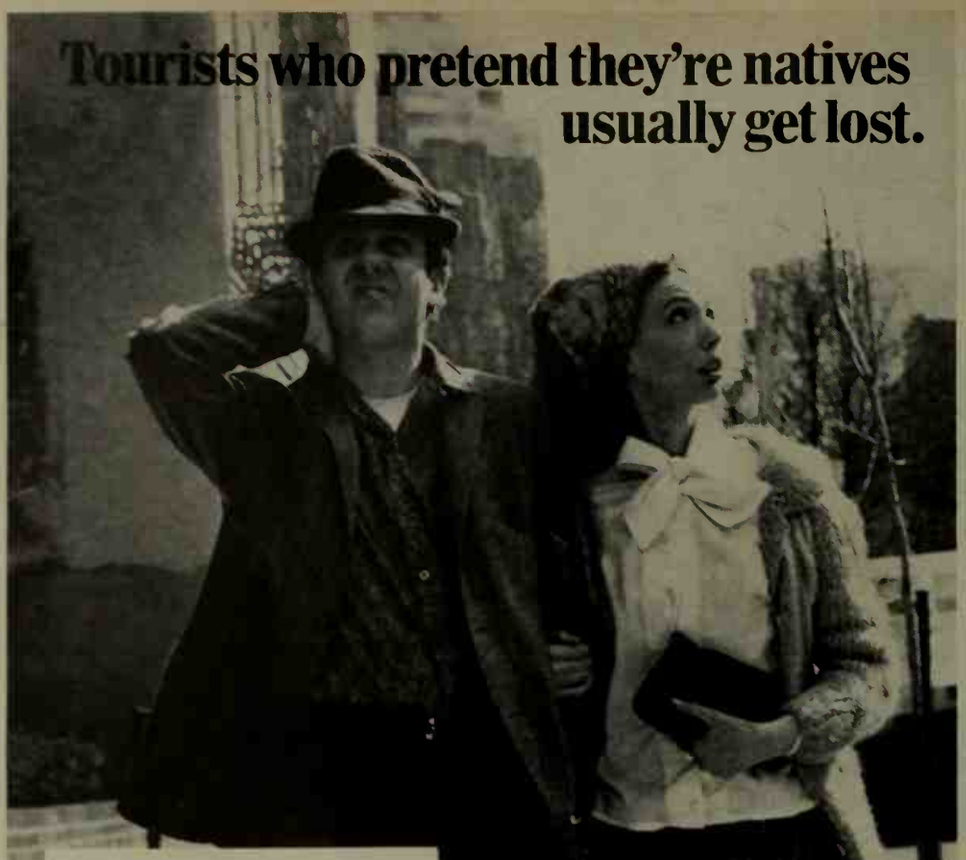
Tourists who pretend they're natives usually get lost.



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Garden ever in April

Aptas. April 6. Plant exchange by the Aptos Garden Club. Pla of American Legion Hall and Hotel. Hours: 9 A.M. until the gone. Free.

Chica. April 6. Tour of arilbre dens presented by the Butte Ir Place: Longfellow Shopping Ce and Longfellow avennes. Hou until all gardens have been visit

San Francisca. April 6. Dahlia sponsored by the Dahlia Societ fornia. Place: Hall of Flowers, N nue and Lincoln Way. Hours: 1 4 P.M. Free.

Oakland. April 6 and 7. Annu exhibit sponsored by the Fu Club. Place: Lakeside Park Gar ter, 666 Belleview Ave. Hours to 10 P.M. Saturday; 10 A.M. Sunday. Free. Demonstration each day.

Sacramento. April 6 and 7. Sl sented by the American Bonsa ation of Sacramento. Place: Sa Garden and Art Center, 3330 Blvd. Hours: 1 to 8 P.M. Satu A.M. to 6 P.M. Sunday. Free.

Redding. April 7. Cascade Wo Iris Society's annual aril and d show. Place: Crocker-Citizens Bank Building, 1320 Yuba St. to 6 P.M. Free.

Mauntain View. April 18, 19, and nual flower arrangement show p by Las Flores Club of Los Alto Mayfield Mall, Alma Street a Antonio Road. Hours: 1 to 9 P.M day; 9:30 A.M. to 9 P.M. Friday; 9 to 5 P.M. Saturday. Free. For information, write or telephone M Monroe, 781 Remington Dr., Su (408) 739-6322.

Madesto. April 19 and 20. Centra Iris Society show. Place: McHe lage Mall. Hours: 4 to 9 P.M. Sa 10 A.M. to 5:30 P.M. Sunday. Fre

Pacific Grove. April 19, 20, and 21. wildflower show. Place: Museum ural History, Forest and Central a Hours: 10 A.M. to 10 P.M. Friday a urday; 10 A.M. to 5 P.M. Sunday

More than 400 wildflower speci varieties to be shown, all gathered Monterey County.

Exeter. April 20. Flower show sp by Exeter Garden Club. Place:

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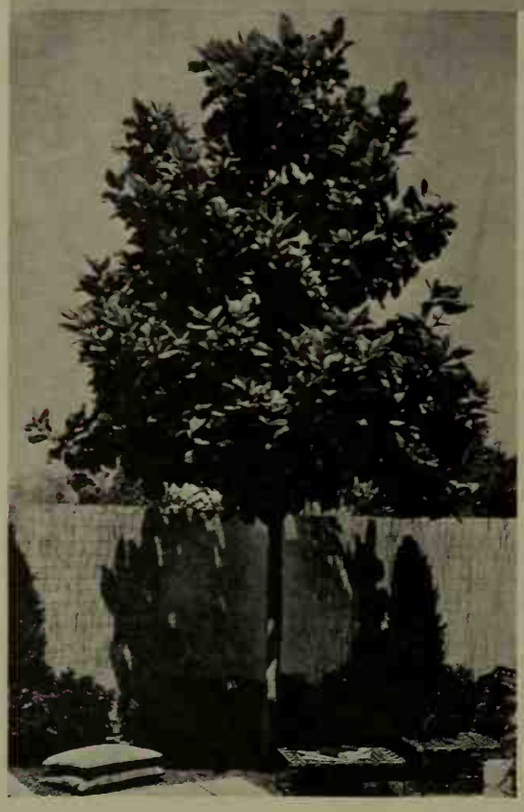

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Fillmore. April 20 and 21. Fillm[illegible] den Club show. Place: Veterans [illegible] Building. Hours: 2 to 8 P.M. S[illegible] noon to 5 P.M. Sunday. Free.

Folsom. April 20 and 21. Folsom [illegible] Club's flower show. Place: Co[illegible] Clubhouse. Hours: 2 to 8 P.M. S[illegible] noon to 5 P.M. Sunday. Free.

Sacramento. April 20 and 21. Sa[illegible] Iris Society show. Place: Sacram[illegible] den and Art Center. Hours: 2 t[illegible] Saturday; 10 A.M. to 6 P.M. Sund[illegible]

Santa Barbara. April 20 and 21 [illegible] show presented by the garden cl[illegible] plant societies of Santa Barbara [illegible] Covarrubias Adobe, De La Gu[illegible] Santa Barbara streets. Hours: 1:[illegible] P.M. Saturday; 10 A.M. to 5:30 P[illegible] day. Free.

San Francisco. April 20, 21, and [illegible] 45th annual show presented by t[illegible] fornia Spring Blossom and Wild[illegible] Association. Place: Hall of F[illegible] Golden Gate Park. Hours: 1 to [illegible] Saturday; 10 A.M. to 5 P.M. Sun[illegible] A.M. to 4 P.M. Monday. Free.

Redding. April 21. Cascade Wom[illegible] Iris Society tall bearded iris show [illegible] United California Bank, 1515 P[illegible] Hours: 1 to 6 P.M. Free.

Stockton. April 27. Stockton Rose [illegible] show. Place: Weberstown Mall [illegible] Pacific Ave. Hours: 1 to 5:30 P.M[illegible]

Concord. April 27 and 28. Flowe[illegible] sponsored by the Concord Wome[illegible] den Club. Place: new Exhibit an[illegible] ing Hall, John Baldwin Park. H[illegible] to 9 P.M. Saturday; 11 A.M. to [illegible] Sunday. Free.

The Mount Diablo Iris Society por[illegible] the show will have official Ameri[illegible] Society judging.

San Francisco. April 27 and 28. [illegible] spring show and plant sale of the [illegible] Violet Society of San Francisco. Hall of Flowers, Golden Gate [illegible] Hours: 2 to 6 P.M. Saturday; 10 [illegible] 5 P.M. Sunday. Free.

Leaves, plant clusters, and all s[illegible] new varieties and old favorites [illegible] available.

Boonville. April 28 and 29. Annual [illegible] wildflower show presented by the G[illegible] Section of the Anderson Valley [illegible] Club. Place: Fairgrounds. Hours: 1[illegible] to 6 P.M. Free.

Berkeley. April 28 through May 2[illegible] play gardens prepared for the Am[illegible] Iris Society's 48th annual meeting. [illegible] Claremont Hotel grounds, Ashby [illegible] Domingo avenues; AIS Test Garden [illegible] versity of California Botanical G[illegible] (There will also be an AIS display [illegible] ing at Melrose Gardens in Stockton [illegible] further information, see page 274.

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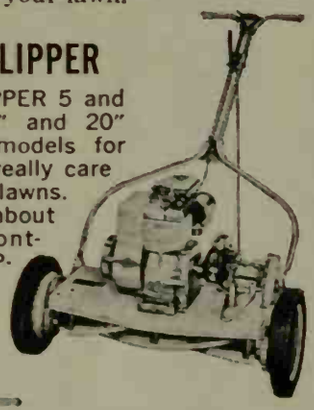

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Aside from the picturesque, gnarled appearance that these trees develop with this training, there are other definite advantages. You can shape your own tree: Since each of the original trunks one of the main scaffold branch new, braided tree, you can decid you start just how many main you want and how high these should be. And you strengthen t by braiding.

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DARROW M. WATT

He's braiding *trunks of five corkscrew willows. Snug ties hold them*

Spread trunks, *tying each to stake, to train them as main branches*

JAMI

Trunk *of mature corkscrew willow shows sm fused braid. Landscape design: Wallace M.*

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Various types of family Japanese gardens are treated—the tea, hill, flat, passage, sand, small-space, indoor, and rooftops gardens. Pathways, fences and gates, and structures—such as pagodas, tea houses, engawa, wells, lanterns—add interest to Japanese gardens and are discussed in several helpful chapters. Actual plans are shown to help start you on your way to Oriental garden beauty. All for only $2.95.

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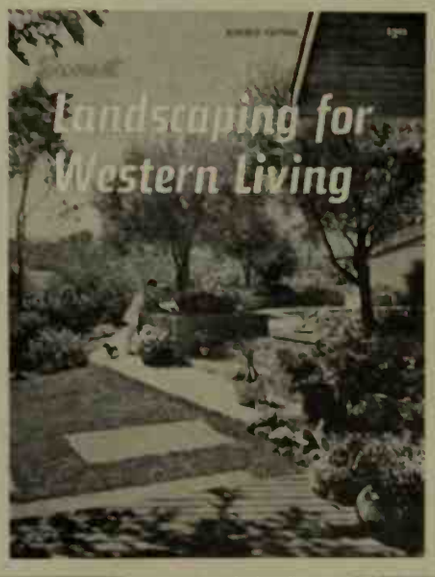

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then wash the soil from the ro
arrange the plants so their t
parallel and close together at
Fit the roots together so they
and form a fairly tight mass.

Before replanting them, tie the
gether at the base. Then plant
tainer about 12 inches wide
using equal parts of peat moss
bark and soil for the planting m

Even though these trees are ve
able and stand rather harsh t
it's a good idea to modify this
after growth starts in spring. I
washing the soil from the roots,
the root balls in water until the
oughly saturated. After you've
soil soft and pliable, you can re
root balls, bring their trunks
gether, and tie them snugly at th

If the trunks are thin enough
form, it's fairly easy to make a n
Thicker, less uniform trunks are
manipulate and the resulting b
have a less definite pattern. In eit
you'll have to make allowances
normal twists and curves of th
Don't try to make the braid too
one of the trunks may snap. If
goes only part way through th
you can still use it; as the trunk
will mend itself.

LOW OR HIGH-BRANCHING?

You can vary the length of the b
pending on how high above the
you want the trunk to branch
trunks aren't long enough to brai
height you want, braid it almost
way to the top, then continue t
using the new growth as soon as
ficiently hardened (generally abo
summer). Meanwhile, pinch off
branches as soon as they form s
have single trunks to work with. A
trunk, no more than 12 to 15 inch
be long enough for a tree that y
to keep in a container.

Tie the braid snugly with rubber,
or cloth ties at regular intervals
use wire or twine; these stems grow
ly and might be girdled or badly
To support and direct the growth,
branch to a stake as shown on pa

Willows grow so fast that they
need transplanting to a larger co
or into the ground. Within three
years, the trunk begins to take on
ture appearance.

You could also start your willow
cuttings taken in late fall or v
within a year the plants will g
braiding size.

Corkscrew willow thrives through
West and makes a well shaped, 3
tall tree with about a 20-foot sprea
might direct a floodlight on the t
you can enjoy its unusual branch
ette at night. In winter, the bare br
are especially attractive.

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ou can save up to 60% fly in an Overseas Na- ways Rent-a-Plane. But ups who don't have to out money fly with us, t be other reasons. After an afford to fly with any ywhere in the world. So all those special arrange- make for them that no ine will. We can, because oups is our business. Not a as it is with other airlines. we flew a hundred mem- e jet-set down to the dise Island Hotel in Nassau for a gala weekend, the French champagne flowed like coffee, tea or milk. There were American millionaires, English peers, Italian princesses, White Russian aristocrats. People who are used to pretty fancy treatment. And that's what we gave them. It was like owning their own personal plane.

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Iris on displ... Berkeley, Sto...

Late this month northern C... deners will have an unusual ... to see the best and newest i... many varieties not yet introd... named.

The American Iris Society ... 48th annual meeting at Berk... mont Hotel Sunday, April ... Thursday, May 2. Although t... and social events are open o... bers, display gardens of iris ... and Stockton, readied prima... occasion, will be open to the ...

Around the Claremont Hotel ... be planted about a thousand ... est tall bearded iris varieties ... most gardeners think of as *th...*

The American Iris Society T... at the University of California ... Garden, Berkeley, will have n... bearded iris but many other ki... —California and other West... species (many of them quite r... nese iris, dwarfs, Spuria iris, a... (hybrids of garden iris and va... tacular and difficult Near Ea... cies), and others. Here, in fac... see many kinds of iris that on... iris hobbyists have heard of.

Melrose Gardens in Stockton, ... cial iris nursery, will have not... growing for sale but also, like ... two display gardens, a number o... These guest iris, new introdu... loan from the originators, are, ... not for sale.

WHAT WILL YOU SEE?

The newer tall bearded iris are ... Hybridists have been working f... size, better branching, greater fl... stance, purer colors (especially i... blue), and deeper ruffling; and t... made notable advances on al... There is strong interest now in ... iris with beards of a particul... (white, blue, tangerine, bronze) t... nize or contrast with basic flowe...

HOW TO GET THERE

The Claremont Hotel is on Ashby ... (State Highway 24) at Domingo ... Berkeley.

The University of California B... Garden is in Strawberry Canyo... the Memorial Stadium, Berkeley.

Melrose Gardens is on South Bes... Stockton. You reach it by fol... Main Street (which becomes Copp... Road) for 4½ miles east from th... tion of U.S. highways 50 and 99.

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DARROW M. WATT

White impatiens *variety is ground cover under 'Akebono' cherry at* Sunset

Busy Lizzie is beautiful all summer . . . then she gets impatient

Maybe this month you'd like to plant some beds, pots, tubs, and hanging baskets with a plant that will do the following things:

—Carry red, lavender, purple, orange, or white flowers the size of half dollars every day from shortly after planting until frost.

—Grow and bloom continually in sun, half-sun, or shade. (All that's needed is good soil, regular watering and feeding.)

—Stay completely free of pests of all kinds: no damage by insects, mites, mollusks, or common fungus diseases. (For this alone, many a gardener would give a flowering plant the deed to his place.)

—Supply you regularly by late summer with entertaining, seemingly live seed capsules that can make girls and women squeal and giggle.

—Continue the same performance through winter if you dig up in late fall, plant in pots, and take indoors.

The plant we refer to is the "busy Lizzie" kind of impatiens, tropical Africa's gift to summer gardens. Botanically it's now known as *Impatiens walleriana,* but nurseries usually sell it either as *I. holstii* (Holstii mix or hybrids) or *I. sultanii* (Sultanii mix or hybrids). Fortunately they are both under one botanical name now, since the differences are so slight they are hard to tell apart.

Most nurseries, however, seem to make two distinctions. They sell them on the basis of how high they grow and what color their flowers are. There a
ors and mixed. There are dv
that grow only 4 to 8 inches
dwarf strains about 10 to 12 i
and tall kinds that grow 1½
high. Some of the dwarf stra
beled Imp, Treasure, and Jewe
growing kinds are usually nar
or Sultanii mixed, or merely i

Whether the plants are dwarf c
make rounded mounds about
high, or wider. The oval leaves
a glossy dark green, and the
stems are bountifully foliaged; a
have bronzy or apple green le

All summer they give a wondr
of clear, bright-colored (or w
soms that often mask the fo
now plant breeders are beginn
velop bicolors, such as the red a
flowered 'General Guistan' (a
'A-Go-Go') produced in Switze
available to American gardeners

The squeal-causing seed capsu
the flowers. Look for a big pl
pick it gently by its stem and a
ing guest to hold out her hand.
capsule there and tell the gue
her fingers gently around the
Wait a second or two. Unless
nerves of stone, she will jump
scream, or at least gasp at what
Body heat and slight pressure
capsule twitch as if it has mus
the capsule turns its large self c
inside out, all in an instant.

This is the plant's way of scat
seed. But such an experience, a
the palm of the hand, is somet

Coral red *impatiens makes bright*
in hanging basket; several plan

don't expect from a member of th
kingdom. These lively seed capsu
count for the names busy Lizzie a
patiens. The name impatiens is La
impatient, in reference to the viole
charge of the seeds from the c
when ripe. This characteristic al
counts for the impatiens group's co
name of touch-me-not.

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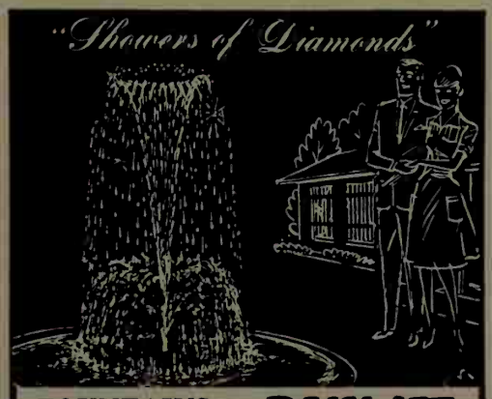

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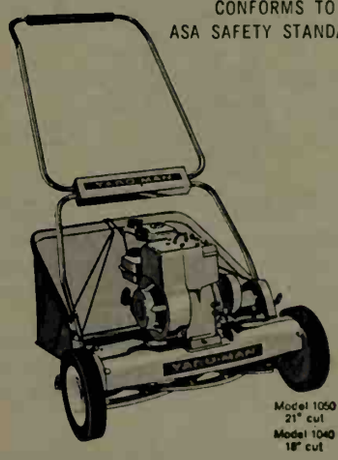

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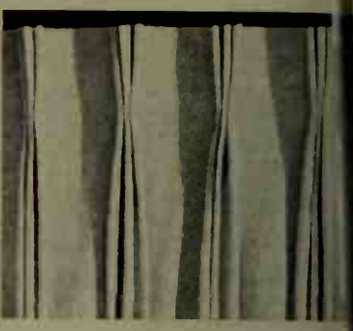

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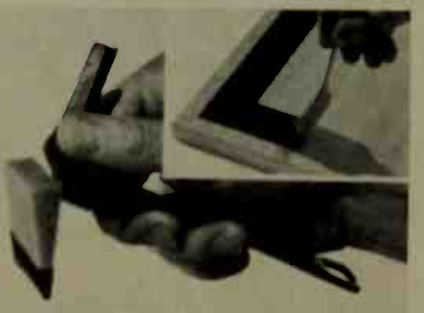

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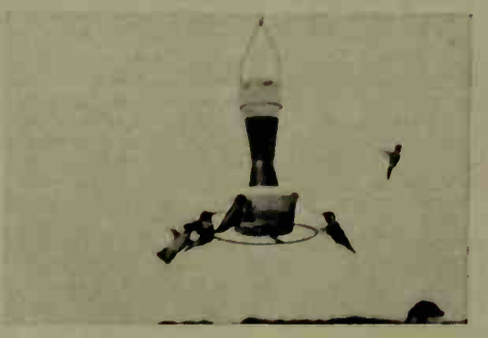

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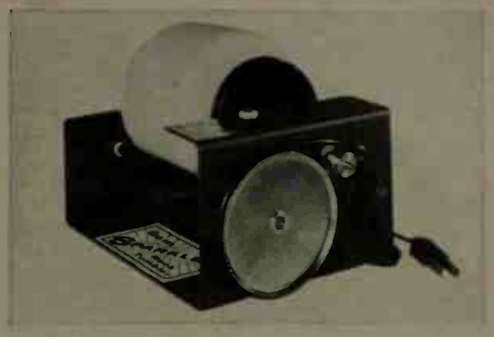

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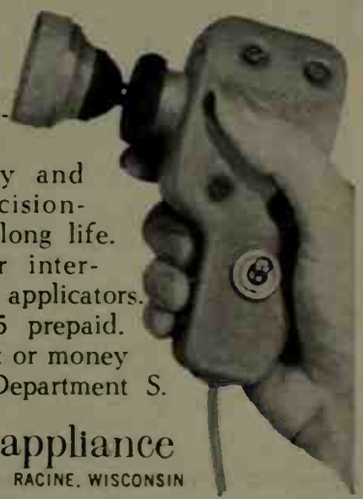

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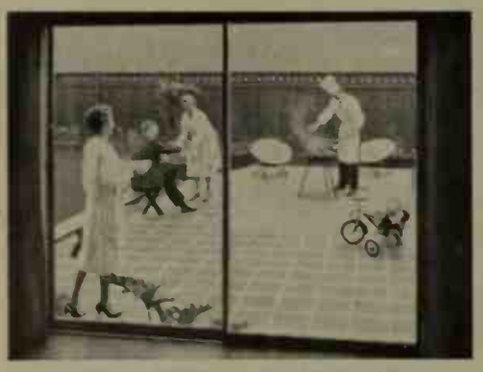

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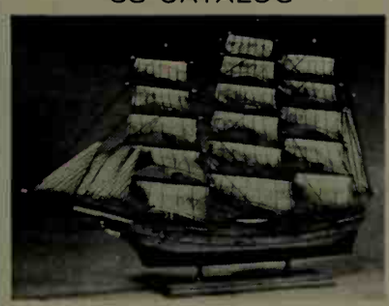

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Hummocky or billowy . . . it grows as you like it

Clump *of mondo grass grows at base of Indian laurel fig in terra cotta container*

Whether you plant a little or a lot of mondo grass *(Ophiopogon japonicus)*, you'll get something that's graceful, always rich dark green, and easy to grow.

That's just one clump of mondo grass in the container shown above. It's the right size now, but it will spread and fill the container if not controlled by uprooting stems that start to crowd the tree.

A whole area devoted to mondo grass should fulfill the wish of any gardener who'd like to forget about his mower and see his lawn grow deep and lush like a meadow. For a solid ground cover like the one below, space the plants 6 to 8 inches apart; spacing them farther apart will give a look that's more hummocky and not so billowy.

Mondo grass succeeds under almost any condition. It gets along fine in the sunniest or the shadiest spots (dark, hard-to-plant atriums present no problems at all). But the best appearance comes in part shade. It stands wet places as well as drought conditions, but does best where the soil stays on the moist side. It will grow in most soils but spreads fastest in light ones. It's hardy to about 10°.

The plants spread by underground stolon-like stems that form a thick mat. If the mat becomes too thick and the plants are crowded, dig up the plants, divide them, and replant the strongest divisions. Each spring cut off any brown leaves.

The photograph above was taken in a garden designed by Thomas C. Moore. The one below shows the garden entry of landscape architect Warren E. Lauesen.

WILLIAM APLIN

Mondo grass, *like a lush, 6-inch-high unshorn lawn, fills planting bed around sago palm*

An April invitation

In the big garden at *Sunset's* publishing headquarters in Menlo Pa
April is always a special month. If you are in our neighborhood any
between now and the end of April, you might like to drop in for
midseason display of our three-month-long spring flower show, with l
dreds of tulips on stage along with many kinds of annuals and perenn

Although March was the peak month for daffodils, you may still cat
few late varieties in April—when the main bulb blooming season is
beginning in most of the Midwest and East.

Weather permitting, our flowering crabapples and Japanese flowe
cherries will still be in color.

You'll see azaleas and rhododendrons. Look for a mass planting
'Daphne Salmon' azaleas in the bench-enclosed bed under a large
tree; in the same bed a pink-flowering dogwood should be in bloom.

If you notice the smell of ripe bananas as you walk out into the gar
from the barbecue terrace, look for the small, creamy yellow, magno
like flowers of the banana shrub. The evergreen, glossy-leafed sh
covers the entire wall between the terrace and the end of the buildi

By April, roses on the fences in front of *Sunset's* two buildings sho
be well along into their first (and almost always best) wave of col
'Mrs. Sam McGredy' holds the stage on the south side of the stre
and shares it with 'Peace' on the north side.

Sunset's garden is a laboratory in which our garden editors try out hu
dreds of kinds of plants, often in cooperation with growers and nurse
men. Here we can evaluate plant performance at first hand.

We also use our garden to try out gardening techniques, tools, chemica
soil mixes, fertilizers. In this way many of the garden articles you re
in *Sunset* have our own on-the-ground observation behind them.

*You'll find *Sunset* at the intersection of Willow and Middlefield roa
in Menlo Park, about 30 miles south of San Francisco. Turn west
U.S. Highway 101 (Bayshore Freeway) at Willow Road. Our buildin
and grounds are open Monday through Friday (except holidays) fro
9 A.M. to 4 P.M.

WINDOW ON THE WEST: Rodeo

The saddle bronc rider at left has just lost his stirrup, his seat, and probably his chance at prize money at Salinas last July. Rodeo is the West's own spectator sport. Today, though the professional circuit stretches clear across the nation to New York City, rodeo calls up place names like Tucson, Pendleton, Ellensburg; and where but in the West would you find a 12,000-seat arena called the Cow Palace? The sport thrives not only because it is colorful and exciting, but because its roots are deep in Western life. Ranching is still a major industry here; the skills displayed at rodeos are used in the everyday chores of working cowhands. For a report on rodeos in the West this year, turn back to page 80.

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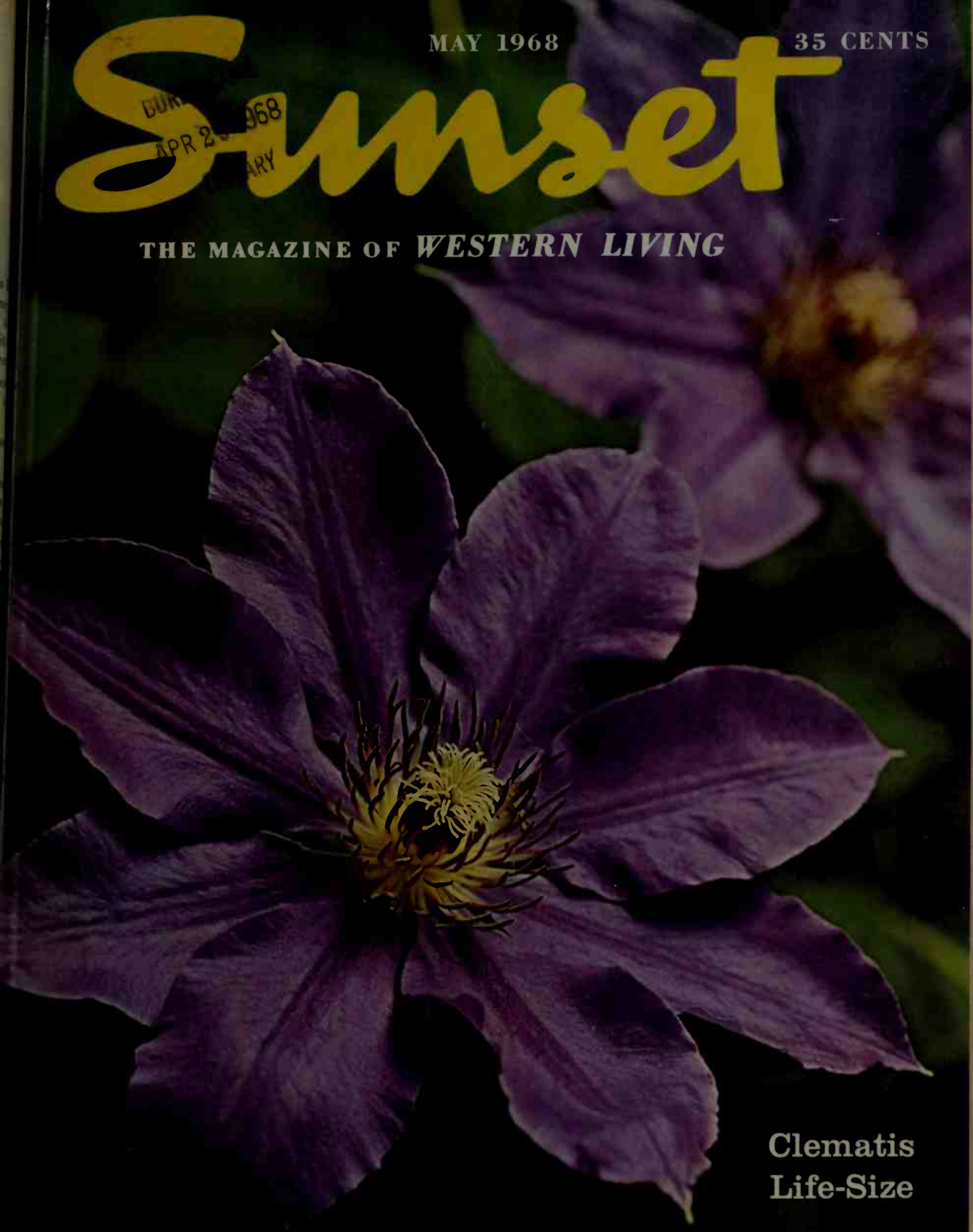
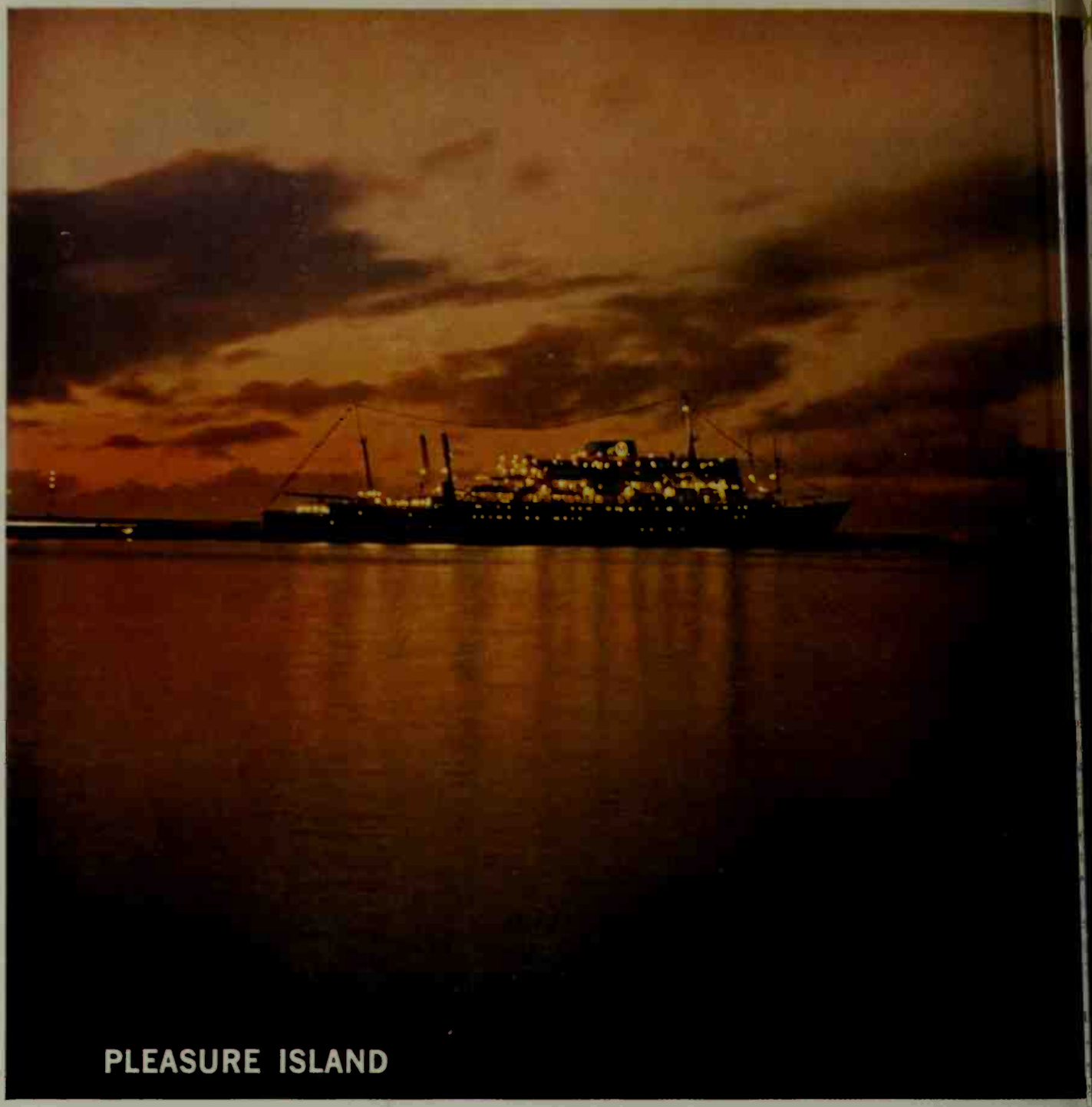
Sunset

THE MAGAZINE OF *WESTERN LIVING*



Clematis
Life-Size

A New Look At L.A. • Wine and Food Party



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The Cover Story

Each gorgeous blossom of 'Susan P. Emory' clematis is enhanced by a cluster of stigmas surrounded by dark-tipped stamens. Seed clusters form after the flowers fade. These are two blooms on a plant in a 12-inch pot (stem trained on bamboo frame). For more on clematis, turn to page 246. Cover photograph by Glenn Christiansen

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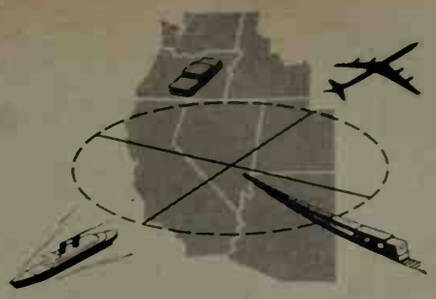

BARON WOLMAN

ial celebration
ley

nia Constitution of 1849 called nding of a state university. s not until after the Morrill t Act of 1862 provided free leges offering courses in "agri- l the mechanical arts" that the chartered the University of on March 23, 1868.

UC Berkeley, the oldest cam- University and regarded by ne nation's leading academic in- s celebrating the centennial.

servances of the occasion, many pen to the public, have contin- gh spring and will climax dur- nnial Week, May 20 through ne events mentioned below are ne public, and there is no admis- ge except where noted:

ening at 5 P.M. eampus musical ions will serenade from the steps Hall.

minent scientists will discuss "A f Scientific Discovery" and take the role of science in the future; will take place at 8 P.M. on May , and 24 in the Physical Seienees Hall, and at 10 A.M. on May 22, 24 in Pauley Ballroom.

major buildings will open during : Lawrence Hall of Science, at on May 20, with demonstrations ching equipment; and Zellerbach May 21, with Igor Stravinsky d to conduct the University Sym- nd Chorus at 8:30 P.M.

ame program will be performed wing evening. On the 25th, also at ., Stravinsky will direct a pro- chamber music in Zellerbach ckets for each of these three per- es cost $3 to $5.

ors in Hearst Greek Theater, the di Dance Troupe of Greece will enes and choruses from classical drama at 8:30 P.M. on May 23, 24, Tickets are $1.50 to $2.50.

P.M. on May 24 in the Student Plaza, new UC President Charles and President Kingman Brewster University will address a centen- nvocation.

uring the six-day celebration vari- partments, colleges, laboratories,

Tree-shaded walkways *wind through Berkeley campus. South Hall, Campanile in back*

Sunset

THE MAGAZINE OF WESTERN LIVING

May 1968

For quiet waters and swift rivers

Watertight hatches *are part of this dory's adaptation to really rough water*

The frustrating thing about dories built for swift Western rivers is that nobody is sure which end is which. In most rowboats, the oarsman faces the stern and travels backwards; but in a dory hanging along through white water, the high prow is in front of you and you face the way you're going, letting the current propel you and using the oars mainly to maintain heading.

It's all the more confusing if your dory is a double-ender, pointed at both ends. Anyway, as we see it, the near end of the dory pictured at right is the stern. Senior editor Martin Litton, shown finishing his own decked-over dory, later subjected it to the supreme test: navigation of the Colorado River, with its awesome rapids, through the 280-mile length of the Grand Canyon.

We're not advising that you, too, take a plywood dory to the Grand Canyon; the National Park Service wouldn't let you launch it if you did—unless you could pass the rather demanding safety tests required for a boating permit there.

But beginning on page 86 we do tell you about these light, strong, stable, cheap, remarkably versatile boats and how you can have one of your own.

L. W. LANE, JR. *Publisher*

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A bottle conclave in S

If in a forgotten corner you
bottle labeled "Dr. Harter's
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will gather there on May 18 a
show and sale of the San J
Bottle Collector's Associatio

The more valuable bottles
on exhibit are antiques (pr
that were not machine-made
probably blown inside a mold
closely you'll see that the se
go all the way up the neck.

If a bottle is purple in color,
sume it was most likely m
World War I; manganese, res
this coloration, was added to
up until that time.

Members of the bottle huntin
find likely digging sites by con
toric Spots in California, 1
Hoover, Hero Rensch, and Et
(Stanford University Press,
Calif., third edition, 1966; $10)
Cruz Mountains and their
camps were the repository fo
the bottles that will be on dis
show. Some will be for sale or
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May 18, and 10 A.M. to 4 P.M.
May 19. Admission is free.

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Bay Area photo shows

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What to take to Acapulco this summer

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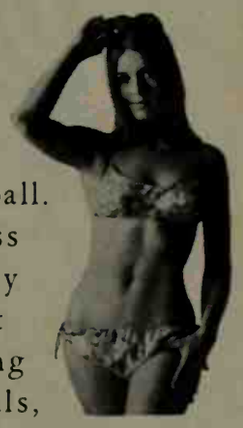

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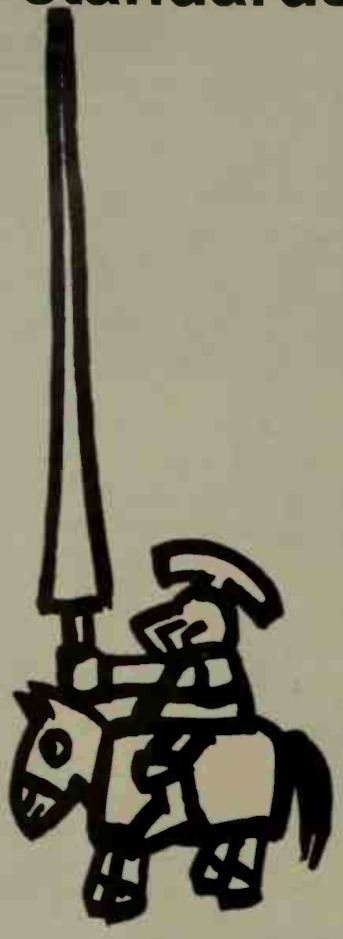

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GEORGE WOO

Young ballerinas *limber up for clicking cameras at sylvan Sigmund Stern Grove*

some likely subjects for shooting at two Bay Area shows this month.

Photography Day in San Francisco is Sunday, May 19, at Sigmund Stern Grove, 19th Avenue and Sloat Boulevard. Northern California Camera Clubs will show photographs by members, and camera and camera parts makers will be there to answer questions.

Even non-camera men will be interested in the day's highlight, the preliminaries of the Miss Universe Contes

Hours for Photography Day to 5 P.M.

Foto Fair in Oakland at K will be held Friday, May 24, to 9 P.M.; and Saturday, May A.M. to 5 P.M.

In addition to some 25 exhib camera manufacturers, ther collection of Mathew Brady on display. On the roof garde able to photograph young a as lion cubs and tiger kitte Oakland Baby Zoo. Kaiser 300 Lakeside Dr.

A correction on house

In *Houseboat cruising in th* page 31 of last month's *Sun* neously reported that Hava houseboats are available only The statement was based on c mation that prices are higher beginning June 15; however, y rent these houseboats the rest at lower rates.

From September 7 through houseboats (for six to eight reduced to $35 per day Mond Thursday and $40 per day Fri Sunday; $240 per week; and special off-season weekend ren days and two nights. Write t Box 5386, San Jose 95150, o (408) 264-2217.

For travel planners, a May check list

Sea of Cortez. Bonanza Air Lines has announced a new schedule of flights from Phoenix to the Mexican resort cities of La Paz, Mazatlán, and Puerto Vallarta beginning on or about May 1. Southbound flights will leave Phoenix each Tuesday, Thursday, and Saturday. Round trip excursion fares from Phoenix (for trips lasting longer than 7 days but fewer than 21) are $90 to La Paz, $120 to Mazatlán, $140 to Puerto Vallarta. For information, see a travel agent or inquire at reservation offices of Bonanza Air Lines.

Trail rides. The Mount Assiniboine area of Banff National Park will be the destination of four trail rides, each lasting six days, sponsored by the Trail Riders of the Canadian Rockies. Rides this summer have been announced for July 8 and 15 and August 4 and 11. Cost of each ride is $130 a person (including horse and saddle, all meals, teepee accommodations, and guide service), plus a membership fee of $3. For reservations, write to Trail Riders of the Canadian Rockies, Box 6742, Calgary, Alberta.

Museum tour. The Heard Museum of Anthropology and Primitive Art will sponsor 12-day tours of Colorado and western New Mexico, leaving Phoenix on June 16 and again on September 8. Itinerary will include Mesa Verde National Park, Aztec Ruins National Monument, the Navajo Arts and Crafts Guild at Window Rock, and the Pueblo Indian village of Zuni. Tour price of $320 per person inc transportation and accommodatio information, write to The Heard M 22 E. Monte Vista Rd., Phoenix

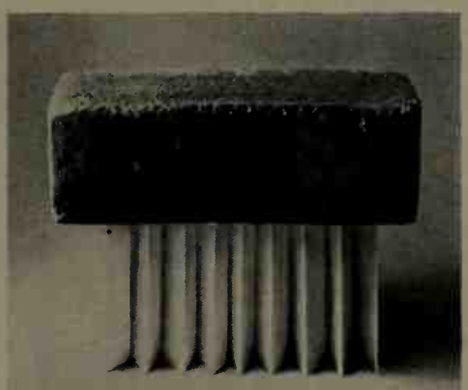
Golfing in Ireland. An illustrated entitled *A Guide to Golf in Irela* tains detailed descriptions of t famous Irish courses. The free bro available from offices of Irish Inter Airlines in San Francisco and Los

Fishing in British Columbia. The resort of Campbell River is the des featured in one of the "North Adventures" fishing tours sponsore by Western Airlines and Delta Alternate destinations include Gol Kamloops, and Prince George. P the Campbell River tour begin at person and include round-trip air portation from Vancouver, three accommodations, and use of a ren For information on these fishing to a travel agent or visit an office of Airlines.

What a travel agent can do fo Provide information on tours; reserv on air, rail, bus, and steamship lines hotel, ranch, and resort reservation care of trip planning, including sid and special events. Travel agencies charge for arranging transportat package tours, but do charge for "c tour service.

How Renault scrimps on gas without scrimping on car.

Renault 10 can scrimp at of 35 miles a gallon.
of the chief reasons for narkable mileage is the 10's engine. Quite sim-ou don't waste power, you aste gas. Which isn't all nple.
ractice, it meant develop-ew casting technique to ore compact engine block. oing the block size down, the car size down, which ne gas consumption down. ieant anchoring the crank-vith 5 main bearings (as as most V-8's) to cut vi-is down to an irreducible minimum. No vibration, no power waste, no gas waste.



A PIECE OF PAPER CAN SUPPORT A 4½ lb. BRICK

To explain the next bit of gas-saving we've set up a little demonstration. *(above)*

Without those pleats, the same paper would never even support another piece of paper. That, in principle, is the kind of extra wrinkle we design into the steel structure of the Renault 10. It allows us to increase strength

and rigidity without increasing sheer dead weight. And by not increasing dead weight, again, we don't increase gas consumption.

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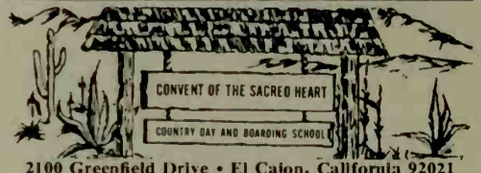

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e will be happy to answer questions concerning advertising from school d camp officials. Please write School and Camp Directory, SUNSET agazine, Menlo Park, California 94025.

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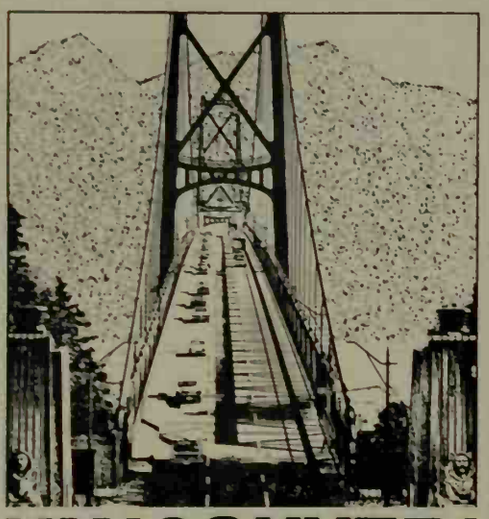

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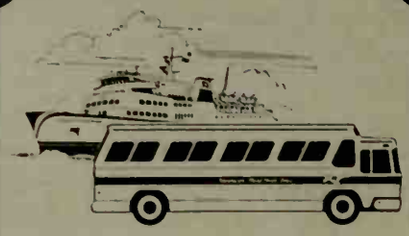

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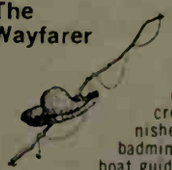

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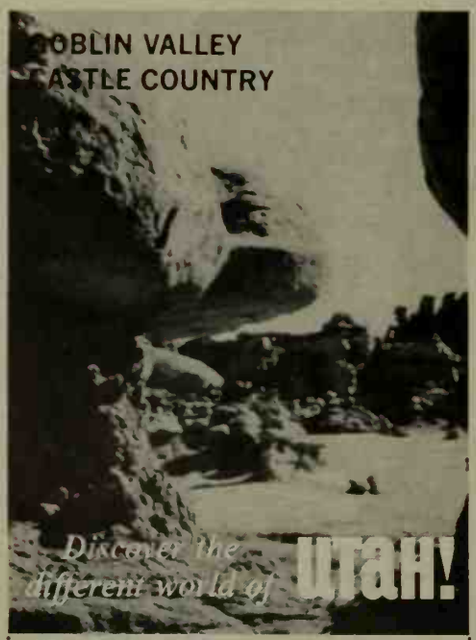

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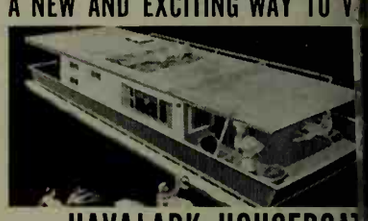

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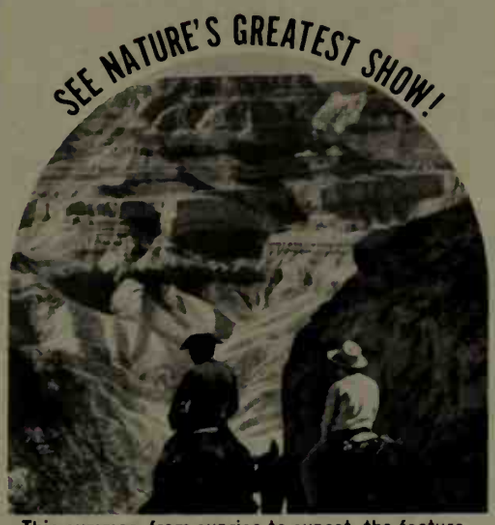

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no Underground Gardens, tour ut left) explains Forestiere's work

resno's human ole worked here

drive between San Francisco and ngeles, a good place to stretch a l to cool off in the heat of mid- the Fresno Underground Gardens. of tunnels and rooms, it is located rth of downtown, two blocks east . Highway 99.

uilder, Baldasare Forestiere, an im- t from Italy, spent 38 years on these rancan labors. His work attracted ttention outside Fresno, but after ath in 1946, with the public reali- that he had carved out some 65 ers, he received wider publicity ie nickname "the human mole."

ne of his probing he went 30 feet ground. His grasp of engineering l that of his countryman, Simon , who built the lofty and equally s Watts Towers in Los Angeles.

e knows quite why Forestiere labored gently. A 700-foot-long automobile l, and circular excavated areas open sky and planted with citrus trees nd which dining tables could be d—indicated that he may have ed to open a cave-like restaurant.

ssion to the Underground Gardens, W. Shaw Avenue, is 95 cents for and children 12 years and older, ts for children 5 to 11, and free for under 5. Tours start every quarter The gardens are open daily from to 4 P.M.; during daylight-saving they remain open until 5 P.M.

This No. 7 recipe is entirely new and completes the series of six as promised. Inadvertently, No. 4 was a repeat of No. 2 printed earlier.

食譜七 RECIPE No. 7

HONG KONG REVEALS THE FINEST IN CHINESE COOKING

The Hong Kong Tourist Association help Sunset readers share the secrets the preparing some of the choicest dishes ever to come out of the Orient.

冬瓜盅

WINTER MELON POND

(DOONG GWAAH JOONG)

INGREDIENTS:

1 tender winter melon about 1 foot tall by 8 inches wide
1 2 cup fresh Leen Jee (Lotus seeds)
1 8 lb. dried grass mushrooms (soak in water, parboil for 15 mins.)
1 4 lb. fresh grass mushrooms
1 4 cup abalone, diced
1 2 cup bamboo shoots, diced
1 slice ginger
1 2 lb. chicken breasts, diced
1 2 lb. duck breasts, diced
1 bone of Chinese ham, cut into big pieces
2 oz. Chinese ham, diced
1 tablespoon Chinese wine
2 stalks spring onion
1 chicken the breast of which is removed for dicing, the remains together with the carcass used for preparing the soup

METHOD: Cut top off melon about 1 4 of the way down; scoop out seeds and pulp. Notch edge for more attractive effect. Parboil melon for 15 minutes and remove to a plate. Combine all other ingredients, except fresh leen jee, abalone and fresh grass mushrooms. Steam for 5 hours or until meat of melon is transparent and tender. Ten minutes before serving, add leen jee, abalone and grass mushrooms. Add salt and monosodium glutamate to taste. Remove chicken carcass and bone from melon. Serve steaming hot.

The Hong Kong Tourist Association, 291 Geary Street, San Francisco 94102 Tel: 986-2858

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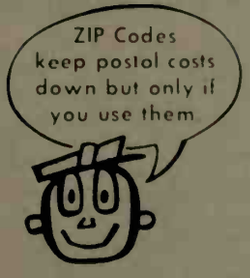

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ON OUR 70TH ANNIVERSARY...

Why are so many millions attracted to the West? And why do so few natives move away?

After 70 years of reporting the West, we have a hunch we know the answers

This is the 841st consecutive monthly issue of *Sunset* since the first one came out in May, 1898.

Over the last 70 years we've watched Western America grow, we've watched it change, and we've reported the changes. Since the present ownership took over 40 years ago *Sunset* has located, identified, and reported the conditions and attributes that have made the American West the most attractive place on earth—attractive in the dictionary sense of *attracting*, attracting people.

"They demonstrated their adventurous nature . . ."

Our astonishing population growth rate was already established at the turn of the century. Population has been climbing steeply through all of *Sunset's* 70 years. Today there are 29 million people living in the eight states of California, Nevada, Utah, Arizona, Oregon, Washington, Idaho, Hawaii. They make up around 14 per cent of the nation's population, earn about 16 per cent of the nation's income, occupy about 20 per cent of the nation's land. And their numbers continue to increase about twice as fast as the rest of the country.

Here are some aspects of the American West that we have identified as attractive of new immigrant population.

The big one is the mild-winter, mild-summer climate that exists up and down the Pacific Coast. In California it resembles the Mediterranean climate but is cooler in summer, more comfortable. In the Northwest it resembles that of the southern coast of England. Neither of these gentle Pacific coastal climates resembles the climate in any other part of the United States.

Two other Western climates are also particularly attractive to people. One is the winter-balmy, low-desert climate of Arizona and California (more attractive today with a new amenity, the air-conditioned summer). The other is the all-year balminess of Hawaii.

May 1898: *Vol. 1 No. 1 had 16 pages, lead article on Yosemite National Park*

May 1968: *Vol. 140 No. 5 has 276 pages, lead on Los Angeles as a city region*

Next on the list, after climate, is the geography of the West. Every big city in the West, with no exceptions, is within easy driving distance of wilderness. We in the West take it for granted, but this fact of Western life actually is true of no other urbanized region in the world. Most big citi West are also on salt water or close to salt water. (I Lake City has its own inland sea!) You can see n from every major Western city. In several of them Los Angeles, Salt Lake City, Honolulu), mountains inside the city limits.

Next comes the innovative society that has evolve West. No one knows exactly why there is so much ac of innovation in the West, but there is—whether in ture, in food packaging, or in automobiles. (For exa ported cars and the new domestic sports cars both s twice as fast in the West as they do elsewhere in Am

Some people think this interest in innovation is relat kind of people who have come West. They demonstra adventuresome nature when they pulled up stakes a here (or if they didn't, their parents did). They were try something new.

"You can see mountains from your patio . . ."

Not last, but last for this brief list, among the people-attracting attributes of the West, are simply the many side benefits of the mild climate. An important one to a cook is fresh-food abundance at low prices over a long, long season—mel available in December, strawberries in the markets in M fresh produce peak that lasts not two mo eight months.

Another attraction is simply what we call living—it's the way we use the out-of-doors even a small house live spaciously. Another around gardening, a rewarding hobby-disco millions with plants from North Europe t Africa, from Asia to Australia, all doing nic and all great fun to grow.

We don't make any of the statements abo ally, even though they may sound casual. T based on *Sunset's* 70 years of observing and ing what life in the Western states is like— people to deal with problems in Western liv to make the most of the grand opportunities.

Bill Lan

Publ

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MASTER HOSTS

Curator *examines teeth of seal p*
after zoo moved to San Jose last

San Jose's zoo . worth a detou

The San Jose Zoological Gardens, a year old, are already one of tha most popular attractions.

The zoo's collection was started when an engineer and his wife wl stationed in Colombia became int in the native animals. When th came for transfer back to the Stat brought along some of their favorit search for a permanent home for t nageric led first to Santa Barbar fornia, then to Scott's Valley nea Cruz, and finally, on July 25, 1 Kelley Park in San Jose.

Almost a hundred animals are on 14 exhibit areas at the 2-acre zo curator is the original collector and engineer. Besides lions, jaguars, an his charges include such exotic anir Malayan sun bears, caymans, and One of the best exhibits, with both water and under-water views, is th otter section.

Most of the animals come from America, Borneo, and Indonesia.

Admission to the San Jose Zoo is 2 for adults and children over 5 ye age. Children 5 and younger are ad free of charge.

It is open daily except Monday. this month and during the period o light-saving time are 11 A.M. to 6 hours the rest of the year are 11 A 4:30 P.M.

From the Bayshore Freeway (U.S. way 101), turn off on Story Road zoo is four blocks south on Story Ro Kelley Park.

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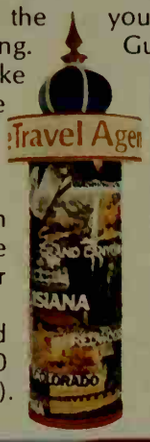

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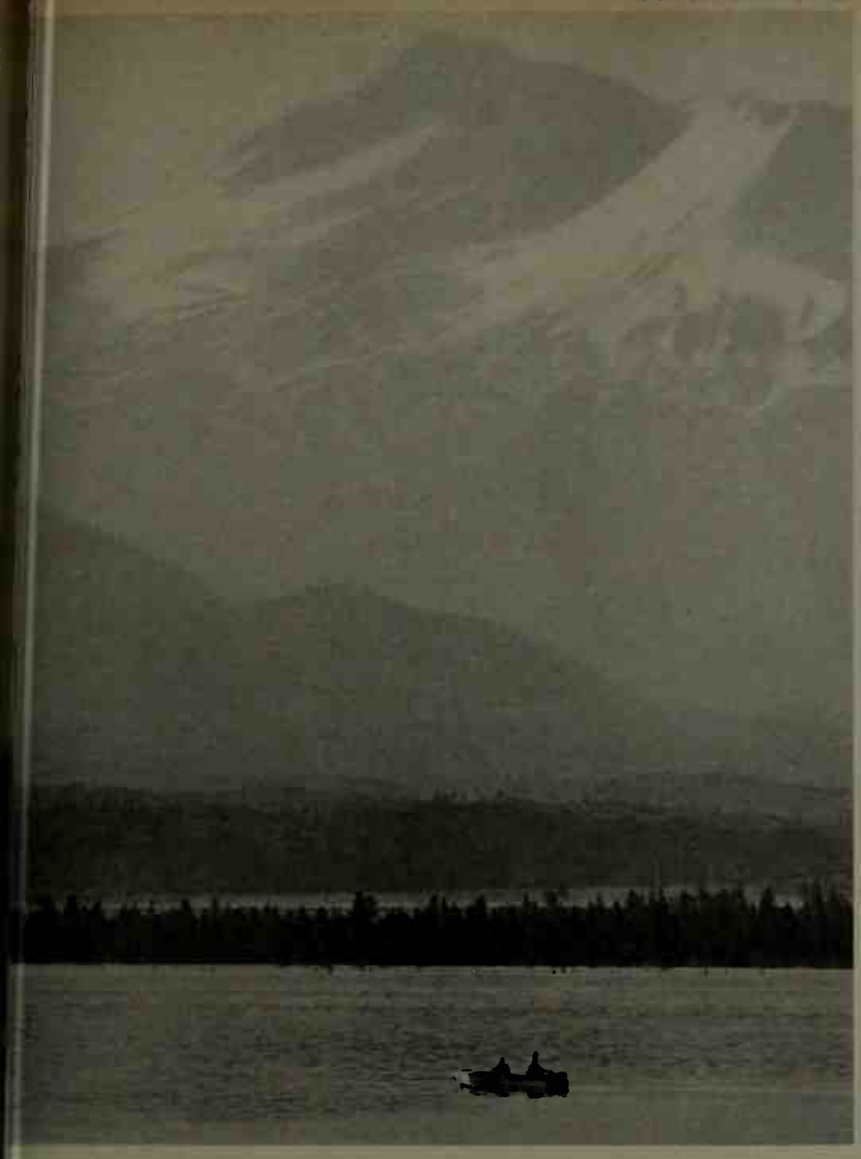

Mount Shasta *looms above lonely trout fishermen at Dwinnell Reservoir*

There will be fish at Dwinnell

rout season in most of California on April 27 this year, but there's s the possibility that poor water tions will mar the opener. When or excessive snow melt roils the and rivers, the best trout action found in lakes and reservoirs below feet.

f the most productive of these low- ion lakes is Dwinnell Reservoir, an -acre impoundment on the Shasta about 5 miles north of Weed. Dwin- ontains substantial populations of w trout and largemouth black bass, me large browns and other kinds of that have been planted on an experi- l basis.

f the best places to fish is the east of the reservoir near the dam. Bank nen still-fish with salmon roe or spin- mall flashbaits (mostly ¼ or ⅜-ounce spoons). Light spinning tackle is recommended with 4-pound-test line.

Other good trout lakes off U. S. Highway 97 include Juanita Lake near Macdoel and Orr Lake near Bray.

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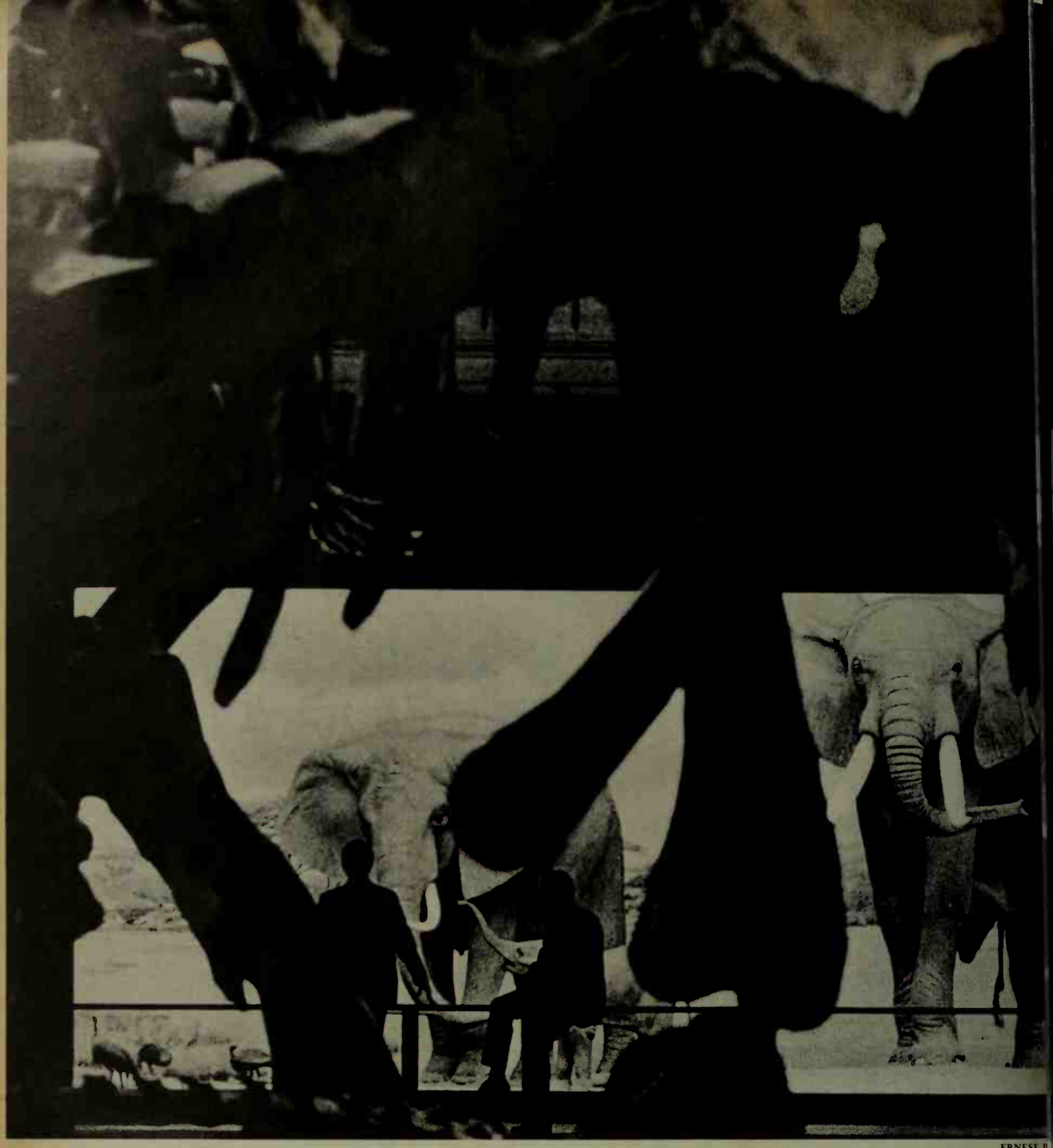

ERNEST B

Innovations in display: *African elephants are not behind glass; in foreground, first dinosaurs ever assembled without visible sup*

The new surprise at L. A.'s Exposition Park

Once an overcrowded attic . . . now an exciting new museum show

Recent history: *A now-obsolete jet engine sits below a pre-Wright Brothers steam airplane that failed*

Forms *that once terrified horses line up next to an Italian racing car*

three years since its painting and sculpture moved across
, the hulking old Los Angeles County Museum of Natural
ory in Exposition Park has had a chance to expand. In an
ly and sometimes exciting way, empty halls have been
and new halls opened as the museum's bounty of material,
of it in storage for years, some of it new, is put on display.
no longer an overcrowded attic, though familiar exhibits

Pastoral *Mexican California: a saddle, a wedding gown and other garb in California History Room*

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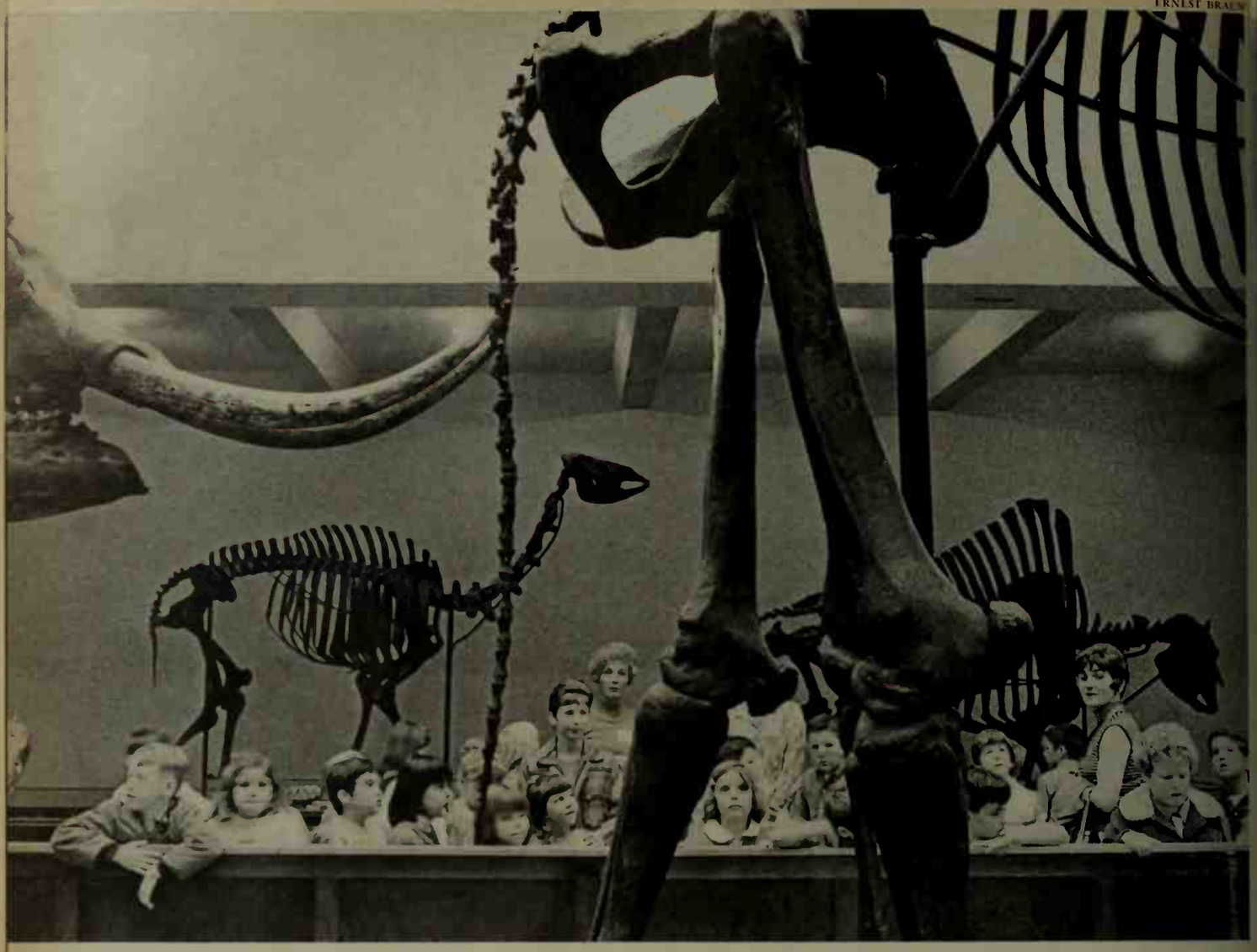

La Brea bones *from famed Los Angeles tar pits. Generations of school children have peeped at the spindly legs and bony faces*

New show... County Museum

Triceratops *is being reassembled before your eyes. Fossil bones are shipped to the museum as they are unearthed from Montana digs*

do remain. If you grew up in Los Angeles, your school class probably visited the ice-age fossils from the tar pits of Rancho La Brea (now Hancock Park). This splendid collection still stands—stark bony evidence of life around Los Angeles when Wilshire was grassier than it is now. And you most probably stopped to peer at the Egyptian mummy, the museum's most popular exhibit.

The classes still come, more than ever now, and the museum is still enlivened by young voices. The youngsters learn about Southern California life in the Indian, Spanish, Mexican, and American periods; and about the rich plant and animal life that remains, frequently in competition with modern artifacts such as engines and computers, which are also on display.

Now they can learn about farther places too: Polynesia, Africa, pre-Columbian America, all subjects of halls opened recently.

New creatures have also appeared. In the central rotunda, Antrodemus attacks Camptosaurus in a bony ballet. More dinosaurs are on their way. The Cenozoic Hall of Fossil Mammals opened March 20—before completion—so that you can watch the scientists assembling the fossil bones.

To get to the museum, take the Exposition Boulevard exit from the Harbor Freeway to Exposition Park. The museum is open every day except Monday from 10 A.M. to 5 P.M.

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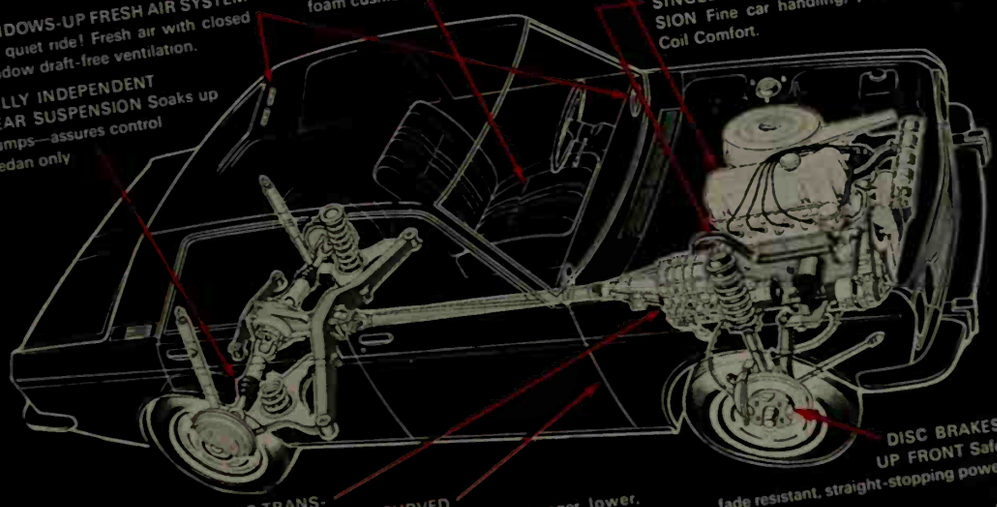

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See Garden of the... Rogers' Shrine, Loo... tain, Pike's Peak... Denver, the moder... Academy, Colorac... Indian Pow Wow! M...

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"Observation plaza" *reached by elevator and tunnel under Table Rock on Canadian side. Admission includes use of slick*

Nowhere else does so much water fall so far

Despite some of the tawdriness around it, Niagara Falls is still the grandest thing of its kind. Nowhere else does so much water fall so far.

Niagara is something everyone should try to see once; you can "do" it in one long day. If you're driving east—especially if you pick up a car in Detroit—it is on the shortcut along the north (Canadian) side of Lake Erie between Detroit and Buffalo.

The honkytonk atmosphere, especially in the city of Niagara Falls, Ontario, is depressing. The careful artificial landscaping along the brink of the gorge helps a little, but it can't altogether outweigh the proliferation of tourist-trap exhibits, curio shops, and hot asphalt.

To recapture some of the awe felt by the

Motor traffic *has superseded river and falls as Niagara's top hazard. Daring visitors risk it as pedestrians and carriage-riders*

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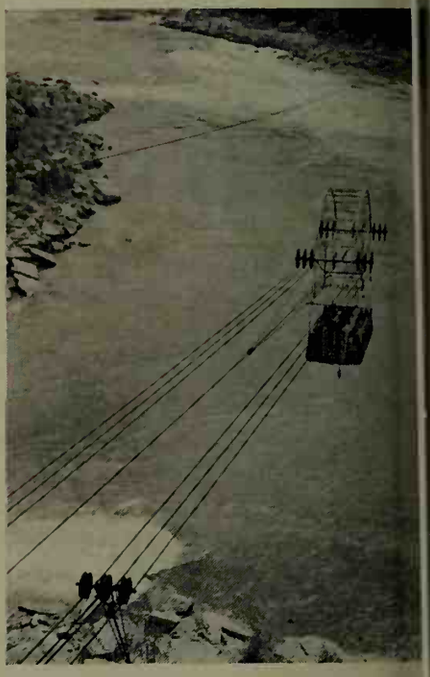
All the excursion boats *that go into t lent waters at foot of falls are n* Maid of the Mist. *From river, few made things appear; falls look na*



Loaded with sightseers, *suspended A Car crosses Whirlpool, bend in rive miles below falls. It does not cross r*

discoverers, go to Goat Island, on the N York side between the American a Horseshoe (Canadian) falls, at a q time of day—early in the morning or j before dark. There you can walk a ri side path, away from automobiles, to brink of the thundering Horseshoe.

From there, the three "observation t ers" spiking the skyline across the cha (following the current fad among fairs a cities) don't seem quite so intrusive, e though one of them is more than th times as tall as the falls.

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International Motel
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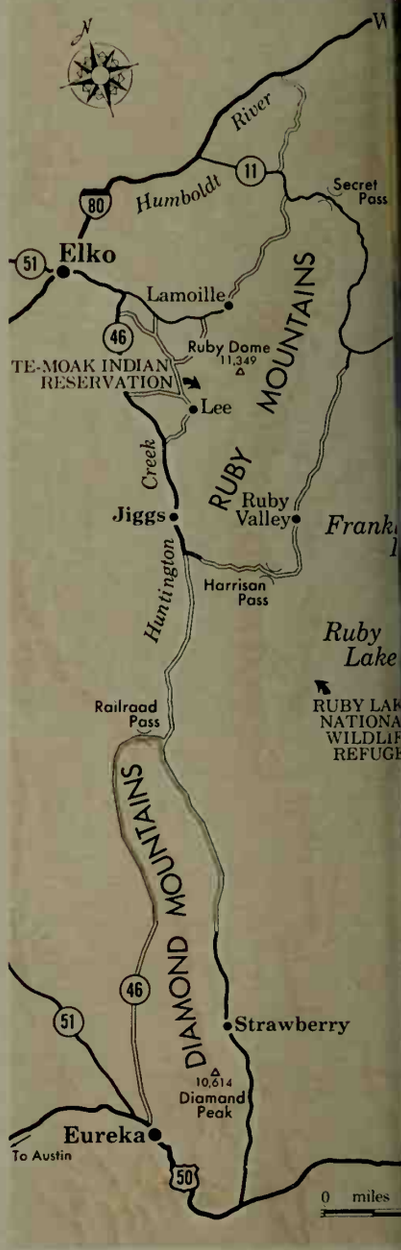
Unpaved section *of road is smoothly graded, sometimes dusty, always pleasantly*

Eureka to Elko crossover road

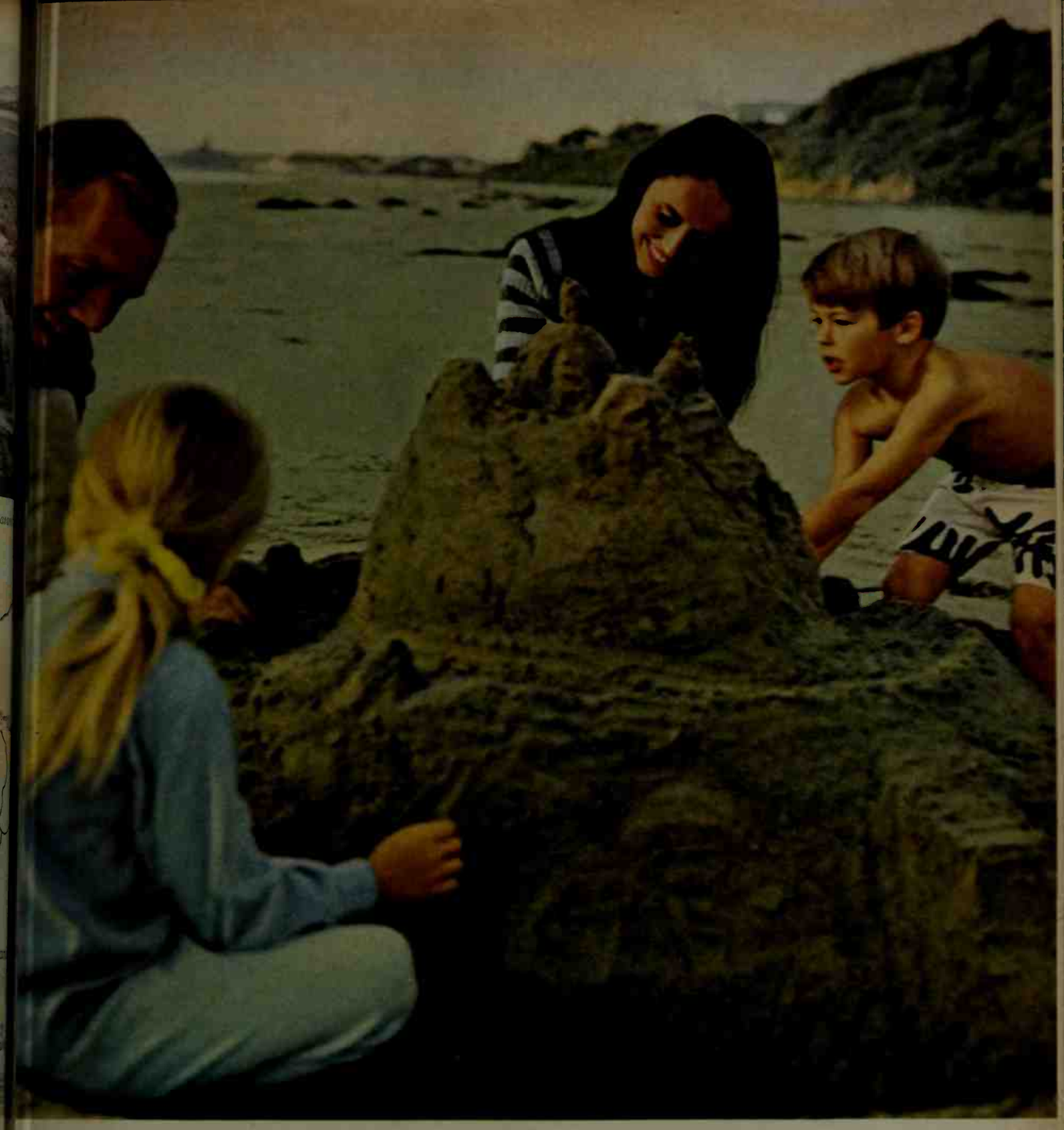
A crossover between U.S. Highway 50 and Interstate 80 (former U.S. 40), this 112-mile route is good to know about if you're traveling across north-central Nevada and have the time and inclination for a lonesome drive through beautiful desert. In May it is brightened with wildflowers and rimmed with snowy mountains.

The road gives access to tempting country on both sides. There are few people, and no services most of the way, so be prepared to handle emergencies.

In Eureka, *old fire engines and courthouse*



Some "towns" *on map are just old ra*



n you really get away from it all if you take the kids along?

Families who know sand-castle-building
he answer is a loud, happy "Yes!"

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untains, a dude ranch, or where
ma lives—no family vacation on earth
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acation destinations than any other
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We have special children's menus, free coloring books, hats, balloons, and lots of other keen stuff to keep them occupied. Every United stewardess mothers dozens of kids every month, so she knows how to help.

There's really only one problem: after you get home, your kids will drive you crazy asking, "When can we fly again?"

"It's my bottle of sand from the beach."

fly the friendly skies of United.

Traveling with small children can be a pleasure . . . if you know how

The problems of traveling by car with toddlers are mostly obvious. They are the reasons some parents don't bother: restlessness, car sickness, interruption of toilet training, safety considerations.

Yet of course many Western families do travel with children by automobile. In response to a query that appeared in the April 1967 issue of *Sunset*, dozens of readers wrote to tell us what they have learned that makes automobile travel with toddlers easier, safer, and more fun. The most experienced travelers were the first to admit that driving long distances with preschoolers requires patience, understanding, and occasionally heroic feats—such as "singing nursery rhymes from Portland to Spokane."

Our letters indicate that the best young travelers are those who do a lot of it—those who started young and travel often. Perhaps the dean of these young wanderers is Shawn Moore of Los Osos, California. He went along on his first long

drive when less than a month old (weight, 5½ pounds). Today, at age 2, he has traveled through 31 states.

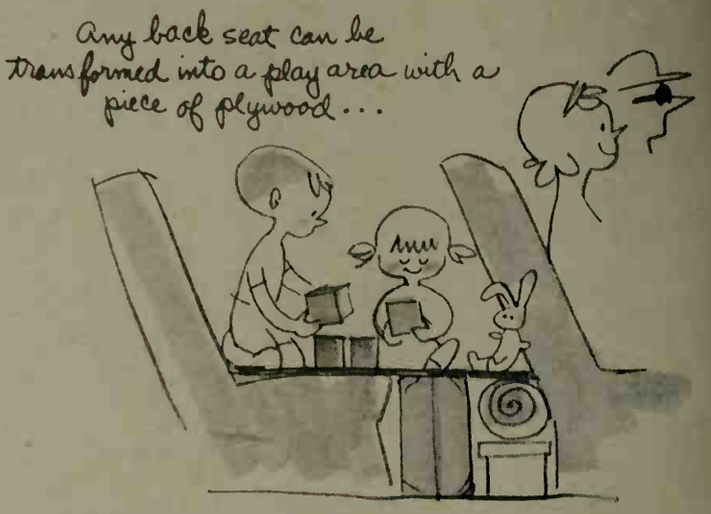
The following ideas from *Sunset* readers represent various points of view and contain many good suggestions. Some may work for you and your family.

SOME SPACE TO WIGGLE?

Snugly fastened seat belts provide the safest way for children to ride in a car (see page 59). Writes Mrs. O. F. Forsyth of Los Altos, California, "Start them young and they know they are expected to stay in seat belts like adults every time they ride in a car." Mrs. George Duncan, Jr., of Oakland says, "Our boys went directly from car seat to seat belts—they don't know what freedom is."

But many parents report that their youngsters never became reconciled to the confinement of a seat belt, even though it's well worth a try. Most children seem to demand, and perhaps physiologically require, some space to wiggle in, play in, explore—especially one and two-year-olds.

Many parents who wrote us have worked out ways to provide a large, flat surface in the back seat or on the station wagon bed. In certain compact cars, a standard-size crib mattress fits almost perfectly between the seats when the space below is bolstered with luggage.



Any back seat area can be transformed with a piece of plywood cut to fit. The board can be padded with blankets, pillows, or a built-in foam-rubber cushion covered with vinyl (easy to clean) or cloth (more comfortable). Some parents remove the back seat to make a lower, safer play area (with a view for standees only).

Owners of station wagons have lots of space to work with. It can be divided into compartments, or entirely padded for a large play area. Such large, flat areas are comfortable for naps, and mothers become adroit at changing diapers on them.

Extra pillows, blankets, sleeping bags, even laundry placed around the sides protect against bumps.

Attitudes toward infants' car seats vary. Mrs. Louis Falcon, of El Cerrito, Califor-

nia, writes, "Car seats for baby a
nitely unsafe in my book. They onl
as a launching pad."

There have been many recent in
ments in such equipment, howeve
best units also function as seat be
creasing safety but creating the
problems for restless youngsters as
ard seat belts). Children's safet
nesses are discussed on page 59.

SIPS AND SNACKS

Many families intersperse picnics
two meals) with dining in resta

Sometimes, when time is short, cl
are fed in the car. This is one advant
traveling with a car seat: A small
can be fed in one much as in a high c

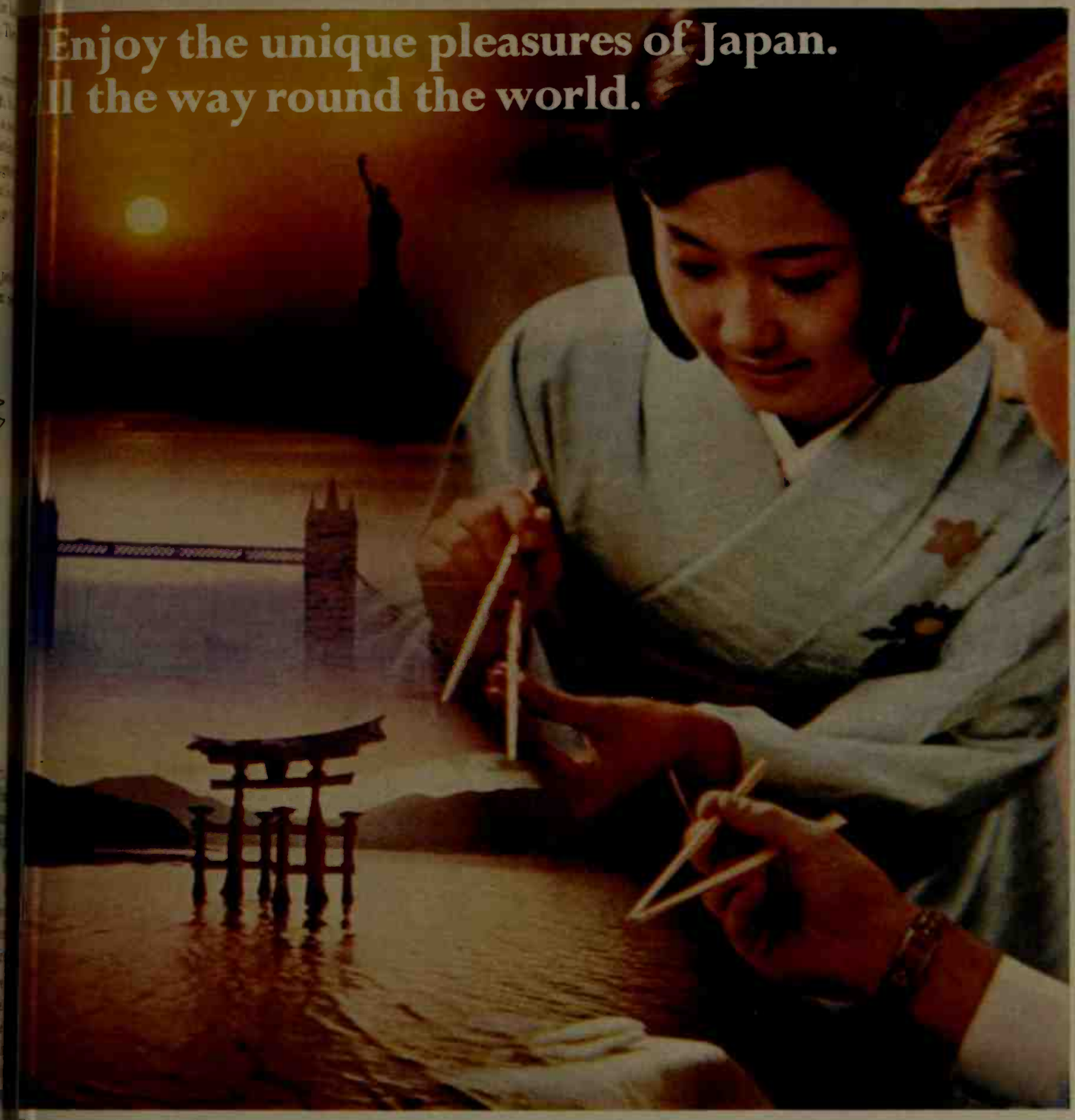
Automotive supply stores sell foo
bottle warmers that plug into cig
lighter sockets. If necessary, you c
ways stop a few minutes and warm
tle by placing it on top of the car en

Children seldom seem to require a
pletely inflexible feeding schedule. I
many preschoolers really eat one n
day—all day long. Such snack ite
apples, carrot sticks, celery, some co
and hard candies are not messy, an
can fill the void between meals.

Roadside rests and public parks are
mon in the West. Picnics serve other
tions besides eating—a chance to
cise; enjoy the scenery at close han

Mrs. John L. Nichols of Coronado
this description of meals and naps

Enjoy the unique pleasures of Japan.
ll the way round the world.



he cuisine is Continental,
ut you may enjoy trying
hopsticks for the Japanese
elicacies served first.

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SAFETY INFORMATION:
T.E.V. Princess Patricia, registered in Canada, meets international safety standards for new ships developed in 1960, and meets the 1966 fire safety requirements.

her family travels: "Lunch stop is *always* followed by nap time. A ritual is made of picking up toys and straightening the area . . . and the little ones are tucked in." A lullaby or short story sets the mood for sleep time. The Nichols family follows this same routine after dinner.

In many areas of the West, vacation driving is hot-weather driving. In Southwest and intermountain desert country, in California's inland valleys, and at times in eastern Oregon and Washington, summer driving can be almost all that parents can bear; and of course it's even worse for small children.

In the absence of an automobile air conditioning system, hot weather driving means supplying plenty of cool drinks. Mrs. Gerald Slavin, an experienced desert traveler from Albuquerque, writes, "We never go long distances without a plastic glass (with lid) for each passenger. Each has his own color. We fill these at point of departure with water, and refill at each stop."

Many families swear by the portable icebox. They get a vending-machine sack of ice in the morning and keep soft drinks, milk, juices, and water chilled.

TO FILL THE TIME

Toys are the most obvious solution for diverting restless children, but the inventiveness of parents can be a great help.

A popular plan is to take along a generous supply of inexpensive toys and surprises to be pulled from the hat at critical periods of restlessness. It's important, also, to have some old favorites at hand, especially the beloved bunny, teddy bear, or blanket.

Here are some variations on the theme:

"We went to a variety store to shop for small items at the toy and candy counters, letting the child select," says Mrs. Robert Williamson, of Anaheim, California. "At home we wrapped each one individually—enough to fill a big shopping bag. On the trip, every half hour the youngster got to select a package to open. We used a timer with a bell. Never a dull moment."

Mrs. C. A. Johnson of Empire, California, writes, "When friends or grandchildren go on car trips lasting a day or more, I give them a Surprise Package. On the outside is a tag telling when or where they are to open it . . . Inside the big package are smaller ones marked with time, mileage, or place, so they will be opened at times spaced far enough apart to provide new interest."

Thomson L. King of Calimesa, California, adds: "The donor must have both imagination and safety awareness. *Do's* might include puzzles, dolls, small books, simple games. *Don'ts* should include noisy toys (such as whistles), sharp objects, items that might be swallowed."

Mrs. Beverly Lienhard of South Gate, California, has this suggestion for night drivers: "At night in the back seat y a very small light that allowed th dren to see their books or toys. Th wasn't bright enough to distra driver, or the drivers of other ca was enough to keep the children a and they could hardly wait to l

. . . have some old favorites on hand for nap time

turned on, even if only for a few m It came in handy when we nee change diapers or read maps, also

Another good diversion is suggest Mrs. Ernest Holkestad of Arcadia fornia: "A small toy suitcase for odds and ends you will collect on a rocks, shells, leaves, plus the smal you bring along. Into this suitcas empty boxes. Start collecting small now for future trips. Your little o be eager to start collecting things o is out of the car, and will spend travel hours going over his collectio

Toddlers demand attention at hom expect no less in a car. They seem cially to enjoy family singing. "A sang," writes Mrs. Clarence H. P Phoenix. "My, how we sang!"

Mrs. Earl Pollock of Riverside a "My husband got darned tired of n key singing . . . He remarked that I know every Western song written that they all have 97 verses."

Mrs. Pollock also "bought a ball of and tied small toys to the end of s lengths. When we packed the car I p the toys under the seat, behind the and under other things in the car, le the string ends exposed. My dau would work and pull the strings unt had them all out. It was such a good that she had me hide them over over again. I went nuts, but she love

Another of this resourceful mother spirations consisted of drawing pictu a few feet of rolled paper (paper t work fine), then rolling the paper ba the roll. Her daughter rolled and un the paper to see the pictures, and the paper lasted the whole trip.

OH, OH!

Opinions about disposable diapers Mrs. Norman E. Jorgensen of Ber has an answer for at least some o complaints: "Disposable diapers ca doubled or tripled for nighttime us removing the plastic backing of the

Ah, wilderness.

At Banff Springs Hotel, we have to put up fences to keep the elk off our championship golf course.

At Chateau Lake Louise, you can canoe on a lake as green as jade. And photograph deer, moose, marmot, beaver, bear, and mountain sheep on their own stamping grounds.

At Banff, windows look out on trout streams jumping with rainbows; pony trails disappearing into pine forests.

At Chateau Lake Louise, you can swim in a pool filled with water melted from a 50,000-year-old glacier, and warmed to a languorous 72°.

At Banff—and at Lake Louise 40 spectacular miles away—two of the continent's finest resort hotels await you. There are modern highways, a comfortable railway, and jet airlines to bring you near.

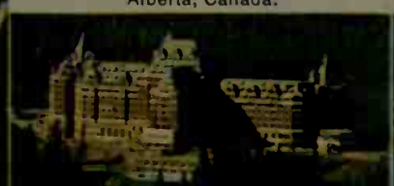
The air is free of ragweed pollen. The nights are cool for sleeping. There's tennis and shuffleboard. There are movies and cocktail lounges and concerts. There's Continental dining and ballroom dancing.

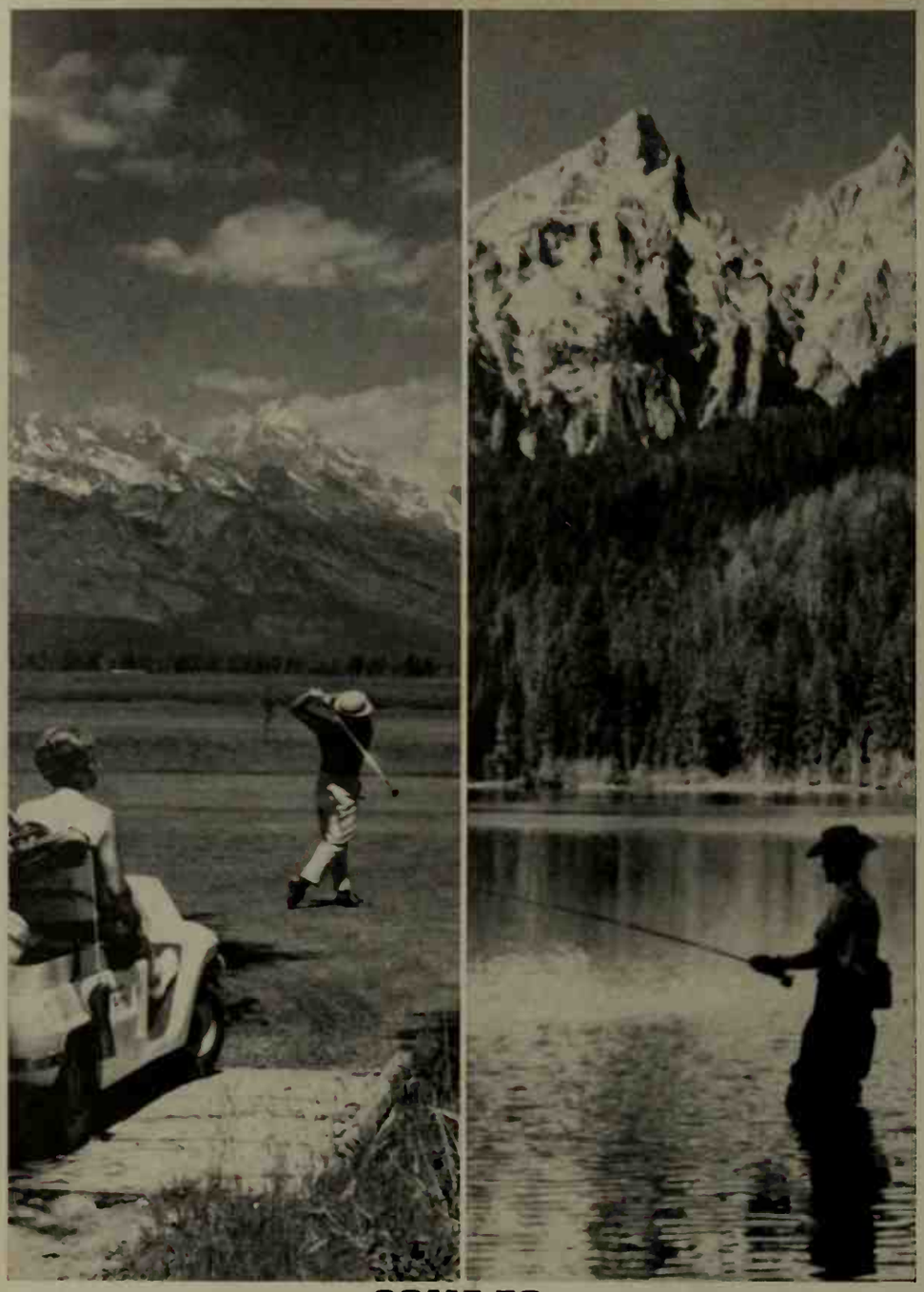
Ah, wilderness.

Banff Springs Hotel and Chateau Lake Louise are Canadian Pacific hotels. Contact your travel agent, any Canadian Pacific office, or the Managers.

BANFF SPRINGS HOTEL
Alberta, Canada.

CHATEAU LAKE LOUISE
Alberta, Canada.





COME TO GRAND TETONS' WILD OPEN SPACES IN JUNE AND SEPTEMBER

■ You don't have to be a very rugged individualist to have more of the Grand Tetons' pleasures to yourself—just be a June earlybird or September laterbird vacationer. Have a big half-mile of swift clear trout stream for your own. Share a vast meadow of wildflowers with nobody else, if you like. Choose other individualists for company while moose-watching, spotting the rare bald eagle, or boating on the lakes. ■ July and August in the Grand Tetons are great, too. You have more company on the horseback mountain trips and raft trips down the sweeping curves of the Snake River...convivial audiences for the evenings of Indian tribal dances and real cowboy songs...plenty of partners for golf on one of the West's most scenic and challenging courses, with fairways always green and freshly watered. ■ Without disturbing this National Park preserve, we've built a luxurious Lodge, and comfortable family-style cabins. Highway, rail and air connections are excellent. Make definite plans with the detailed Grand Teton vacation brochures which are yours for the asking. Please mail the coupon.

S-2

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Gentlemen: Please send me your brochure on vacations in the Grand Tetons ☐. Send special Golf Brochure, too ☐.

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to be used for the inner layers."

On behalf of standard diapers, Mrs Kuttner of Coos Bay declares that trouble to carry a diaper pail with fitting lid (a little antiseptic help Self-service laundries are easy to f

Car sickness isn't the problem it o fortunately, with today's stra smoother highways. Still, it does and prudent parents prepare for th

Mrs. D. J. Stieger of Carmichael, nia, arms herself with "facial ti damp washcloth, bath towels, change of clothes for each girl. If c ness threatens, the uneasy girl sits on a travel cushion and helps Da telling him about what she sees. T traction often helps; so does fresh

Whenever you expect that motio ness might loom, don't let youngst fatty or starchy foods.

The solution to soiled clothing and was summed up by Mrs. Bertram of Sausalito, California: "Take full tage of the coin-operated laundries are the greatest invention ev travelers."

PLANNING AND SCHEDULES

J. M. Vandewalle of Costa Mesa "We planned the entire trip in ac in detail — made reservations, go club maps, devised amusements t three boys, and so forth. I am con that this was a major element in th cess of the trip."

Good planning includes explaining t in advance to the youngsters. Writ Timothy J. Heydon of South Lake "Explain to the children what exa expect while traveling . . . the sight will see . . . explain when they w them . . . where they will be eatin sleeping."

Periodic rest and exercise stops are sary. Some families follow a form 10-minute rest for every hour of d or for every 60 or 70 miles. Other less frequently but for longer peri time. A lunch or picnic stop often a good run, a game, lots of exercise. can always get things started.

Among the parents who favor rigid ules, night drivers are especially dedi Night driving is perhaps the best so to hot-weather traveling, but the ican Automobile Association point with statistics, that a majority of accidents occur at night.

OVERNIGHT ACCOMMODATIONS

Most motels and hotels have crib sometimes they are all taken by the you check in. Parents who travel v collapsible car bed, crib, or playpen no problem. A crib mattress used t vide play space in the back of the ca also be made up on the floor.

Several letters indicated that th standby, a large dresser drawer — p

©American Tourister, Warren, R.I.

Original Crush-Proof Pack

Back in 1950 we came up with a great idea for a suitcase.

Shipping cases. For mortar shells.

A combination of materials strong enough to carry (and, obviously, protect) many pounds of high explosives.

We added fiber glass reinforcement. (All over, not just on the corners.) Non-spring locks that wouldn't spring open on impact. And a strong stainless steel frame.

And there we had the American Tourister, the world's first molded suitcase.

The rest is history.

In 1954, a 3800 lb. car overturned, pinning an American Tourister for 10 hours. There were two small broken places on one side, and nothing in the bag got hurt.

In 1961, an American Tourister fell from a car going 70 mph, hit the concrete highway, and skidded 100 feet. There were only a few minor surface scratches.

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Maybe awful things like this won't happen to your American Tourister.

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But for a lot of other suitcases, that's more than enough. **American Tourister**

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Two weeks to relax. Breakfast in bed. Dancing up a storm every night. Dining at one of the world's best restaurants every day. This is her way to enjoy a vacation—and she'll settle for nothing less than a First Class stateroom aboard a great President Liner. Her fourteen days and nights at sea will be filled with new sights, new sounds, new people to meet.

Deck games and costume balls, eight-course din and buffet luncheons by the heated pool, sunbath bridge, and cocktail parties—there's plenty of time to enjoy them all. With time to spare for si relaxing in a comfortable deck chair. By the tim she reaches the Orient, she'll be rested, refreshe ready to appreciate the pleasures that lie ahead.

He would rather fly.

He can only take off a few weeks. He wants to make the most of it. On his schedule: The Great Buddha of Kamakura, the geishas of Tokyo, cherry blossoms, a certain little tailor in Hong Kong, and the Royal Palace of Bangkok. He'll get to see everything and more, because he and his wife are taking an American President Lines Sea/Air Tour. Fares for these Orient tours start at just $1574, First Class, including the shipboard vacation out, the hotels sightseeing in the Orient, and the swift flight hom on a modern jet. There are eleven of these Sail Th Fly Back vacations planned for the coming year. A all are available on every sailing of a President L See your Travel Agent for complete information.

Sea-Air Orient Tours/American President Lin

Dept. 1-A, International Bldg., San Francisco, Calif.

SHIPS OF U. S.

r and padded with pillows and — still serves as an adequate bed for a small child.

IMENTS ON SAFETY

ways to accommodate a small ar can be listed in this approxi-: snugly fastened shoulder har-dard seat belt; child's safety his allows a child at least some *well anchored* car seat with t; *padded*, flat play area.

fastened seat belt is not on this

...a small child is safest with a snug seat belt

se it can cause internal injuries nt of collision. Seat belts should erly adjusted and fit snugly he hips. (A pair of shoulder har-now required safety equipment ront seat of every new car.)

harness, designed to let the ve about, is popular. The harness to the child and anchored securely or of the car by two long, strong e device keeps a child from being far forward or sideways by a sud-, and also provides some protec-n accident.

out car doors?

or cars offer no problems when ride in back. Automotive supply arry several kinds of child-proof ocks. Some car models, including station wagons, are available with tie electric door locks (for all that operate whenever the car is at more than 10 miles per hour.

arents remove rear door handles d each of the projecting spindles alf a small rubber ball.

forget a good first aid kit. Some s also carry in the glove compart-list giving each family member's age, blood type, and allergies or special medical problems, if any.

ver half the letters we received con-safety rules. Even year-old young-an understand such restrictions.

is a sample:

eryone must keep hands, head, and s inside the car.

eryone must sit down while the car notion.

one is allowed to bother the driver y way.

one may shout or roughhouse.

ildren will ride in back, except in al circumstances.

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You operate *this handcar yourself at the Cowichan Valley Forest Museum; you're welcome to climb on many of the*

DON NORMARK

Huge saws *carved big logs into lumber. Only a few exhibits, like this one with its sharp teeth, are behind chains for safety*

Vancouver Island's try-it-yourself logging museum

British Columbia's logging industry dates roughly from t
1800's, when sailing masters established a modest but pr
trade agreement with the British Admiralty for the ex
spars to England for naval sailing ships. The tall, strai
of Canada's west coast were ideal for this use.

But 1848, when British Columbia's first sawmill w
structed at Esquimalt, really marks the beginning of
rapid rise to the lumbering giant it is today. You can

THE CHARM AND GRACE OF MEXICO

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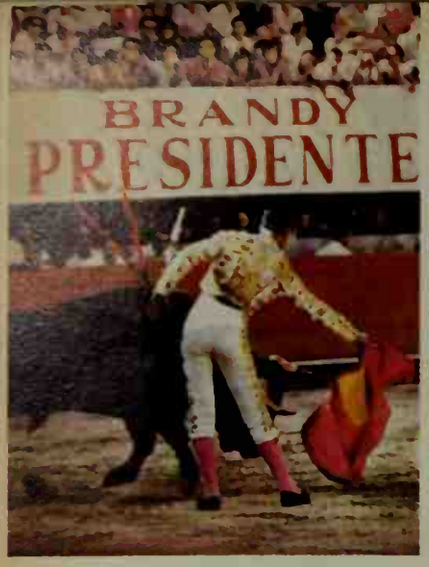


***Excitement** is the bullfight—an old-world spectacle, spring and summer in nearby old Mexico.*

***Excitement** is enjoying spectacular views at every turn. See one of the world's great harbors, al shipping . . . palm-dotted islands, the growing skyline of the West's third largest city, especially mag at night. Beautiful valleys, pine-clad mountains and vast sunny deserts are all just a short driv*

excitement!

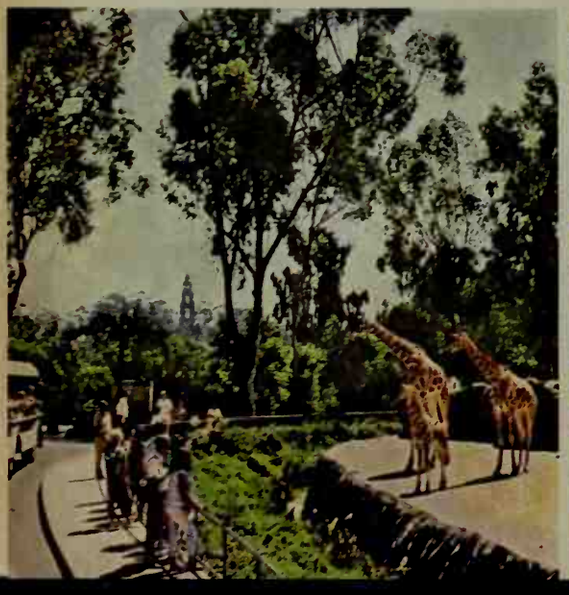
***Excitement** is unlimited water fun! Sail, swim, water ski, go sportfishing, sun on 70 miles of white beach, play on 4600-acre Mission Bay!*

San Diego excitement! Come, enjoy it all . . . a vacation brimful of the bes of California, crowded with the color of two countries, an unlimited var of fascinating things to see and do. Visit Mexico, just minutes away . . fish for marlin, play golf, see dozens of world-famous attractions, and mo The sun shines all year-round; mild temperature seldom varies more t 10 degrees; it seldom rains. Send for your free vacation kit now: things to do, places to stay! Write Convention & Visitors Bureau, Dept. S-568, 330 A Street, San Diego, Calif. 92101.

san diego

Celebrating 200th anniversary in 1969

***Excitement** is world-famous San Diego Zoo. Over 5000 animals in tropical gardens. Guided bus tours . . . and Children's Zoo.*



***Excitement** is golfing any day on one of 65 courses, green fairways all year. Some lighted at night.*

***Excitement** is Sea World's performing killer whale, dolphins.*

***Excitement** is thorou racing, all year at Ca summer and fall at D*

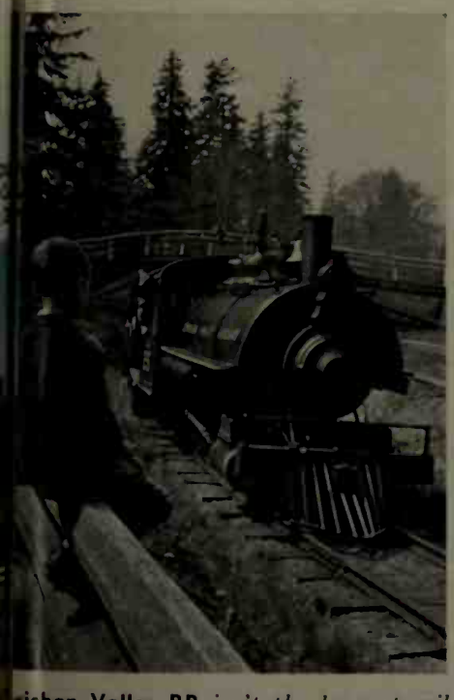
DON NORMARK

25-acre grounds *are pleasant to stroll through, rich in exhibits and displays*

rise, from the days of oxen to steam diesel power, at an unusual and fascig forest museum located 1 mile north ncan on Vancouver Island.

Cowichan Valley Forest Museum is ual in several ways, including a re- set of rules that allow visitors to on some of the abundant machinery. pt for some delicate or possibly dangerous exhibits, you are welcome to clamber aboard steam donkeys, tractors, trucks, flatcars, and an irresistible railroad handcar that you can operate on 200 yards of track.

Admission to the museum grounds—$1 for adults, 50 cents for children 6 through 16, free for children under 6—includes one free ride on a steam railroad that takes



ichan Valley RR *isn't the longest rail vice around, but it's very popular*

Museum *is just off Trans-Canada Highway, less than hour's drive from Victoria*

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With hard jaw *(and hard hat), sculp wood logger watches museum gr*

you over 1 mile of track around th acre forest park. It crosses on a t over a portion of Somenos Lake weaves through the museum's virgi est, the last of its kind anywhere i Cowichan Valley. Additional train are 25 cents.

The train makes a run every 20 mi when the museum is open: 10:30 A.M 5:30 P.M. every day from about the l ning of May through the end of Sep ber or early October.

The outdoor museum has an indoor seum too, a large building that h early-day logging photographs and memorabilia from the days when log was even more hectic and adventu than it is today.

Other exhibits include logging dior and the cross section of a Douglas fir mated to have been over 1,300 years making it the oldest known tree of species in Canada.

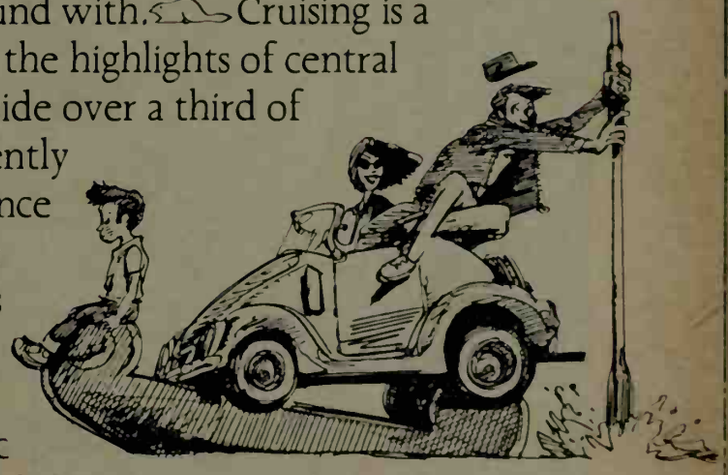
The museum park is a fine place for a nic, with tables located in open mea and tree groves.

Watch for the turnoff 40 miles nort Victoria, 30 miles south of Nanaim large sign and an old railroad locom mark the entrance.

Everybody *wants to turn the crank. classic is a well preserved 1918 Max*

Beat the traffic. Come by water.

Say you're shoving off from New York City. Enter the St. Lawrence River from the Lake Champlain-Richelieu River system. Journey westward, past Montréal, and then up the Ottawa River to Canada's beautiful capital. Boaters crossing at Niagara might choose Ontario's 240-mile long Trent waterway. It winds them leisurely up ugh the heart of the province's vacationland to Honey Harbour on Georgian where they'll have about 30,000 islands to play around with. Cruising is a derfully unhurried, air-conditioned way to take in the highlights of central ada, or any part of Canada for that matter. We preside over a third of world's fresh water and much of it is very conveniently nged for the boating enthusiast. Saskatchewan's Prince ert National Park, for example, boasts a remarkable system... hundreds of lakes, some as big as 20 miles ...strung together like pearls and perfect for ting. Every Canadian province is liberally laced cruiseways, and of course British Columbia's Pacific st and the Atlantic provinces' coast routes are naturals. Row your boat across border, tow your boat across the border, but come prepared for water. Bring ething, anything that floats. You and your water wings, for instance.



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Wine gardens *are especially delightf summer. Light food is served with*

The wine garden in Vienna's subur

The Viennese flock to the *heurigers* i suburbs of Grinzing, Sievering, and N dorf at the end of the day for glass new white wine, music, and conversa You can take a taxi or streetcar to destination. Then, listening to occasi strains of music, you can walk up street until you find an attractive p If you are in one of these suburbs be sunset, you might enjoy a walk along of the country roads through the ne vineyards.

Green branch *outside identifies heuri means new white wine is served ins*

Expo 67. Now, Canada 68.

is year get a close-up of the
y that created Expo 67, Canada.
ebec, the Old World come to the
Winding streets with the sights
unds of Europe. Children scamp-
by in a cascade of French. Not
ng, but cuisine. And the country-
And beyond, forests of solitude.
nada's cosmopolitan Montreal,
and His World," the encore to
67.
e Atlantic Provinces, salty and
c. Fishing villages so unspoiled,
feel you alone found them. The
e and skirling of bagpipes. Nova
a and Prince Edward Island. New
swick and Newfoundland. On the
crisp waters of the Atlantic where the sun rises.

Ontario, Canada's contrast country. Shakespeare at Stratford. Indian pow-wows at Manitoulin Island. Hot Dixie-land jazz in Toronto and red-coated soldiers in the changing of the guard at Ottawa's Parliament Hill. Thousands of lakes rippled only by trophy-size trout, and thunderous Niagara Falls gasped at by the world's tourists.

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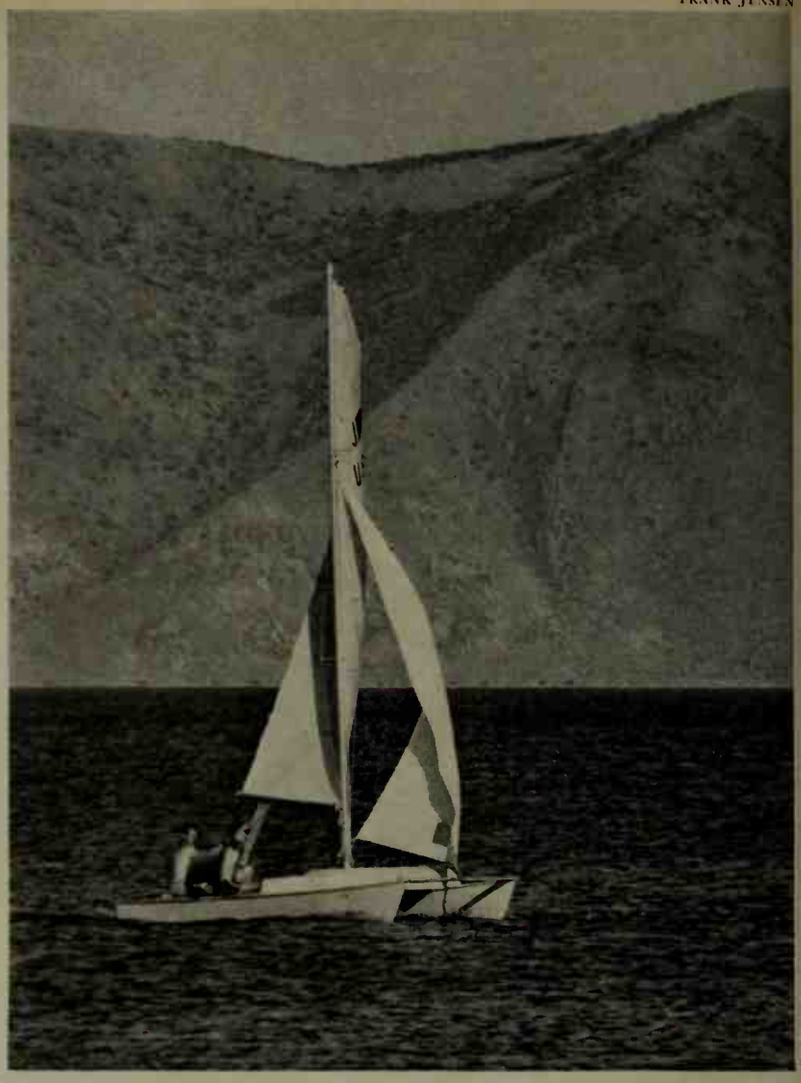
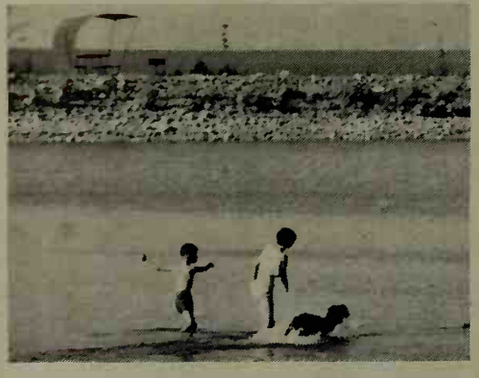
FRANK JENSEN



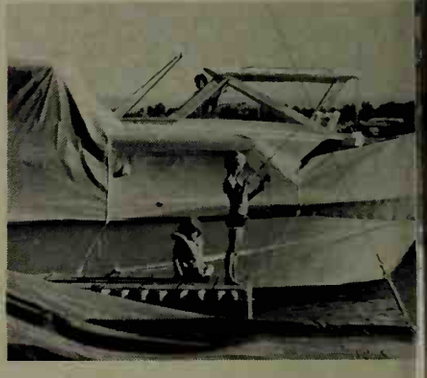
Brisk *summer breezes and some 200 square miles of lake surface attract a variety of sailcraft and power boats to Utah's Bear Lake*

On the Idaho-Utah border

Bear Lake, 20 miles long, 8 miles wide, and 200 feet deep at its deepest point, would be the largest fresh-water lake in Utah if it weren't for the fact that almost half the lake overlaps into southern Idaho. The lake is a popular weekend retreat for sailors, power boaters, and fishermen Salt Lake City and a logical stopov motorists heading north or south U. S. Highway 89. On the lakeshor a mile north of Garden City, Bear State Park has one of Utah's finest



Youngsters *take a dip at Bear Lake State Park. Picnic shelters are on breakwater*



Perch fisherman *tries for a nibble an cruisers moored at the state park ma*

ptain aner's at holds 0 cars

d 2,600 people! Captain Haner mmands the 382 foot Hyak, one of r new Superferries to join the wing Washington State Ferry tem. This twenty-four vessel fleet ls the waters of Puget Sound, rrying automobiles and passengers the beautiful San Juan Islands . to Bremerton, home of the ttleship Missouri...to the rugged ympic Peninsula and the Old World arm of Vancouver Island. Drive oard, then head topside for the vigorating touch of saltwater air d an unfolding panorama of iling ships and jewel-like islands, tted with picturesque inlets and aint villages. This year, enjoy a a-going adventure aboard a Vashington State Ferry.

ts sail for Bremerton

The character of Washington State

It's sailing the blue waters of Puget Sound...or following a moss carpeted trail, winding through the lush growth of the Hoh or Bogachiel Rain Forests. The Olympic Peninsula's topography ranges from glacier-clad peaks to the broad sands of Pacific Ocean beaches — a vast land of unspoiled beauty.

Walking through the Hoh Rain Forest

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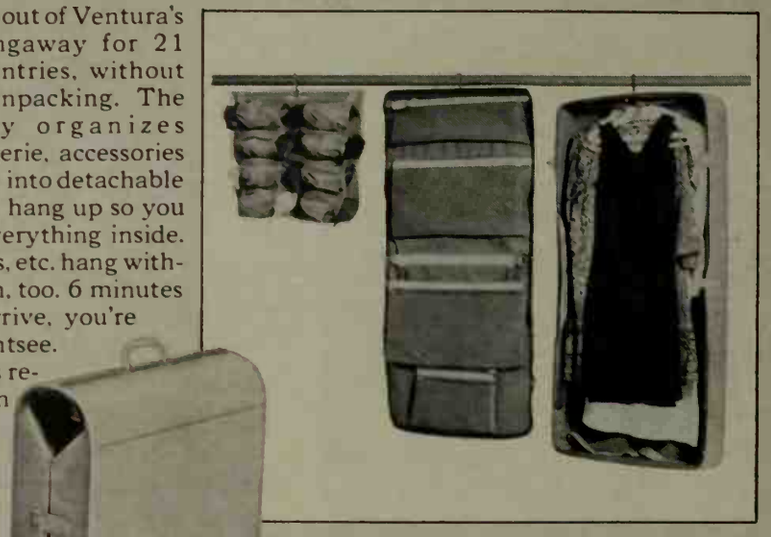

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See your Travel Agent

CEYLON TOURIST INFORMATION OFFICE

48 East 43rd St., New York, N.Y. 10017

Bear Lake *State Park is 125 miles east of Salt Lake City on U.S. High*

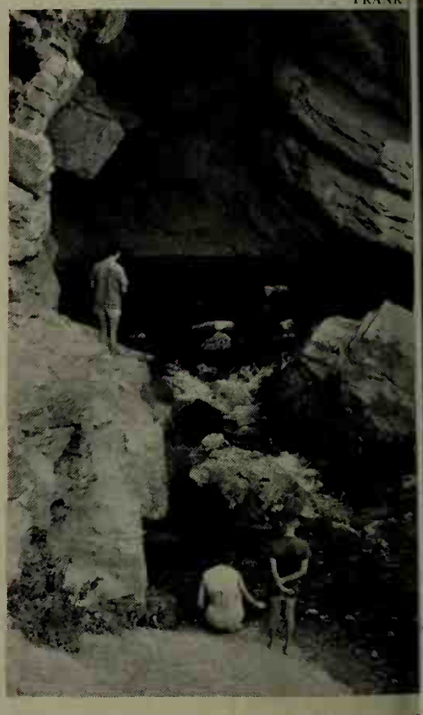
boat harbors (marina, launching and picnic facilities); it is deep enou large-keeled sailboats and the l cabin cruiser afloat.

The stiff afternoon breeze that across the Bear River Valley each su afternoon makes Bear Lake an extr popular destination for sailing craf winds are tricky, however, and change direction at any moment, t the skill of even the most seasoned s

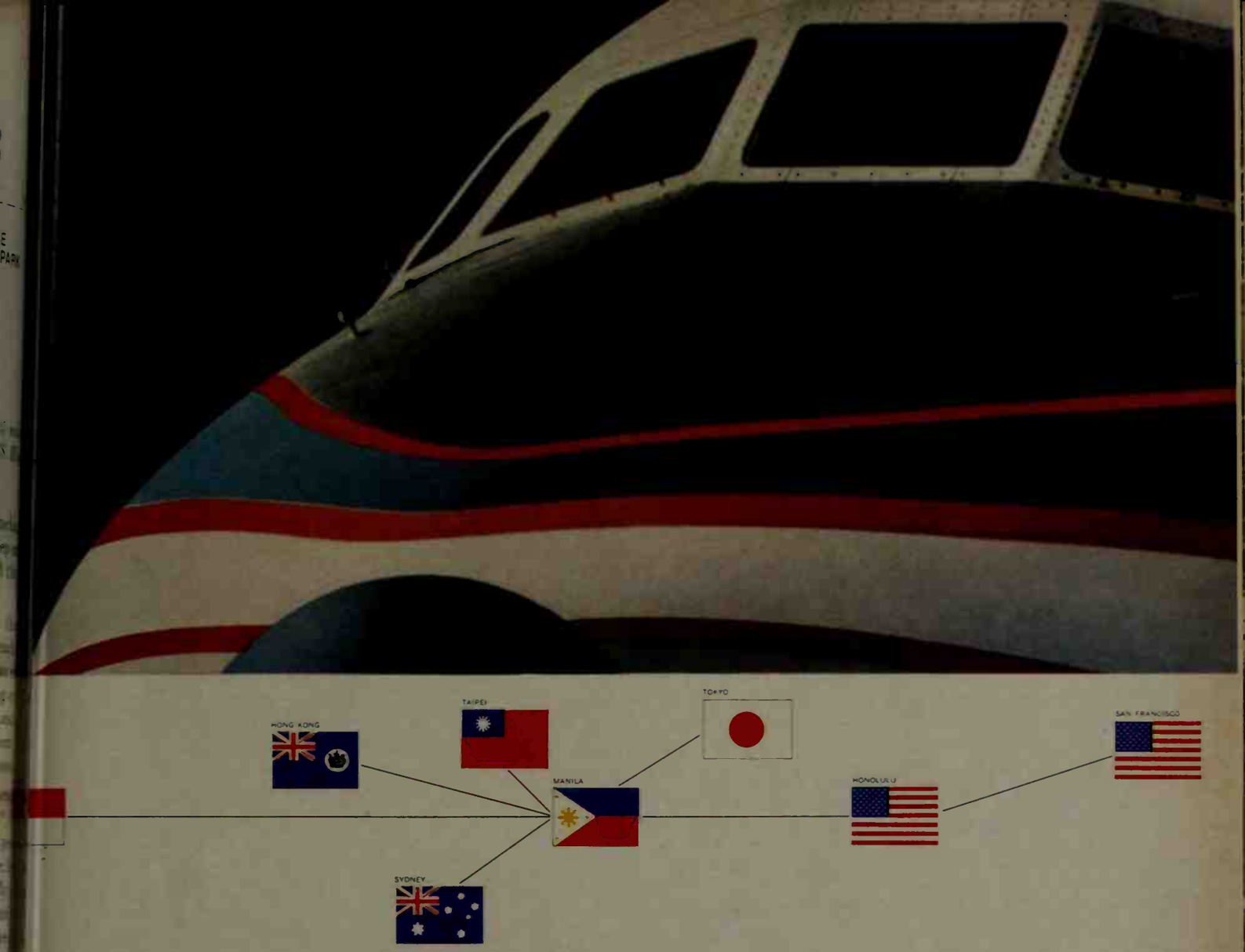
In midsummer, the surface tempe of the lake water is about 70°, ide swimming, water-skiing, and percl ing. A few feet below the surface, the is cool enough to support healthy po tions of rainbow, cutthroat, and n naw trout; whitefish; and kokanee sa

Boat rentals, overnight accommoda restaurants, trailer parks, and suppli available at resorts and lakeshore c opments around Garden City.

FRANK



Ricks Spring, *west of Bear Lake on l 89, is a roadside stop in Logan Can*



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For the man who wouldn't settle for a second-best anything.

Compared with other wagons, Chrysler's Town & Country isn't a wagon at all.

It's sort of the penthouse of luxury cars. With feature after standard feature you'd expect to be optional.

383 cubic inch V-8 with automatic transmission.

Power brakes and power steering.

All-vinyl interiors. Complete carpeting.

Getting the picture? Town & Country is a world apart from the plain-vanilla wagons.

And its options let you pile luxury on luxury.

Add a 7-position steering wheel. Power windows. Power door locks. Six-way power seat.

And three options nobody else has.

A 3-in-1 divided seat with passenger-side headrest and recliner. Dual air conditioners.

And a tail gate window that washe

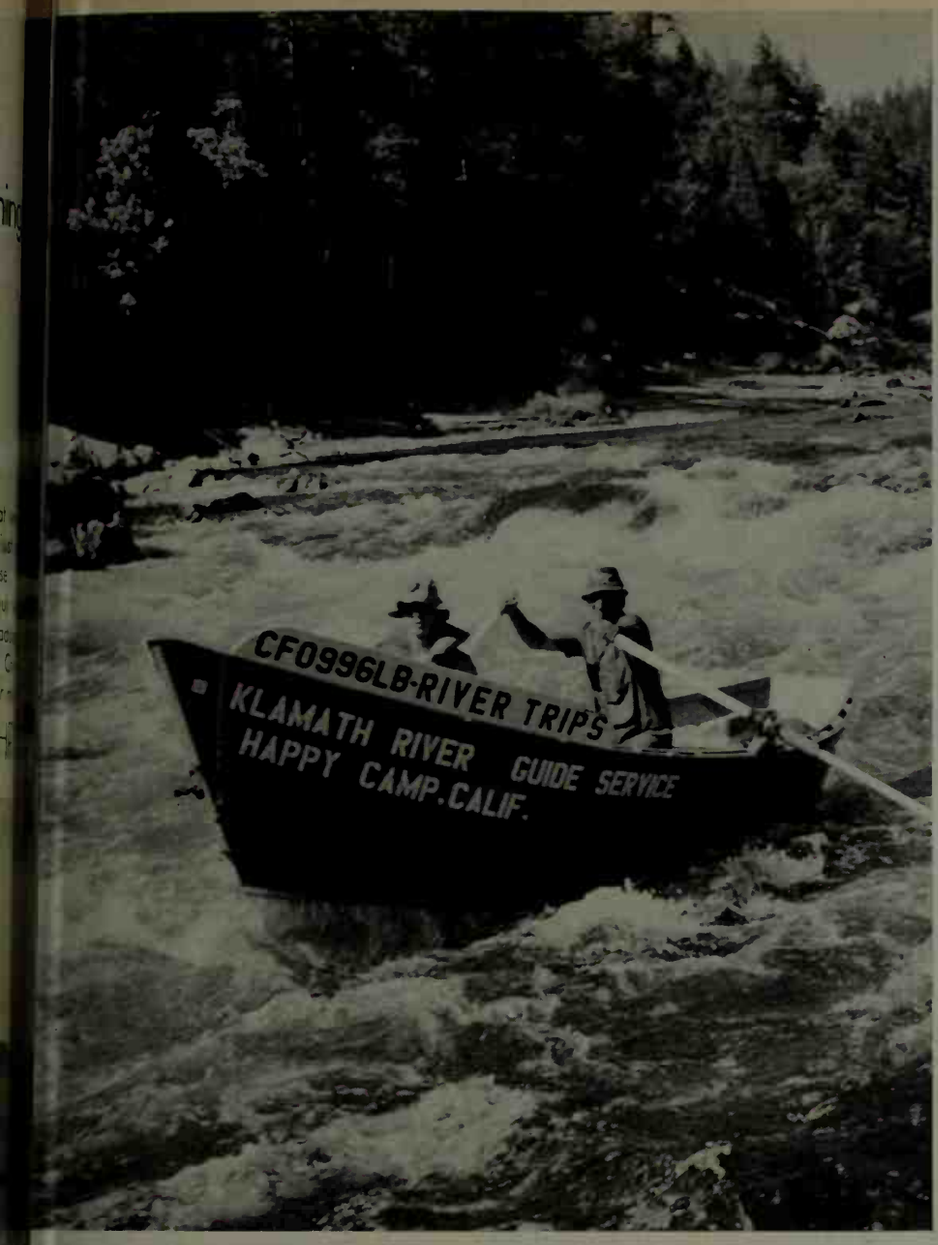
So if you're looking for just an wagon, look somewhere else.

But if you really want your wag be as much limousine as loadspac you've only got one choice. Chrys Town & Country. Make your move

MOVE UP TO CHRYS

CHRYSLER CHRYS MOTORS COR

See The Bob Hope Show In Color, NBC-TV. Town & Country 3-seat Station



n Klamath River maneuvers dory past rocks and shallows into deeper channel

Down the river highway from Happy Camp

lamath River subsides by summer glinting river highway smooth n for weekend flotillas. The small rn California town of Happy Camp les west of Interstate Highway 5) is ntly in the path of the rampaging Klamath; but this month the river her dangerously turbulent nor too or good river running.

ypes of river run, with boatmen ex- ced on the Klamath, are available: *Klamath River Guide Service* offers in wooden dories. You can charter for any section of the river, move at your own pace, fish for early season steelhead, and at the end of the day either camp by the river or stay in a motel. Rates are about $70 a day per boat (normally two passengers). For more information, write to Jim Roads, Box 207, Happy Camp, Calif. 96039.

Wilderness Water Ways schedules trips in inflated neoprene rafts during the month of August. They can be as long as five days ($85 per person) or as short as three days ($45 per person). For details, write to Bryce Whitmore, 4 Live Oak Circle, El Sobrante, Calif. 94803.

Sun Valley

Sun Valley

Sun Valley
-Summer-
does everything!

Where else can you hike in a primitive area in the morning and see an ice show that evening? There's tennis, swimming in three heated pools, trap and skeet, bowling, stage shows, shopping mall, movies, six restaurants, and for the youngsters, sports activities in a professionally coached Young Summer Program. Yes, there's a lot more to Sun Valley than skiing. Come see.

Sun Valley, Idaho 83353
Reservations, section Y
Please send information on:
☐ Rooms (from $7.00 to $45.00 twin)
☐ Activities and Young Summer
☐ Honeymoon Special

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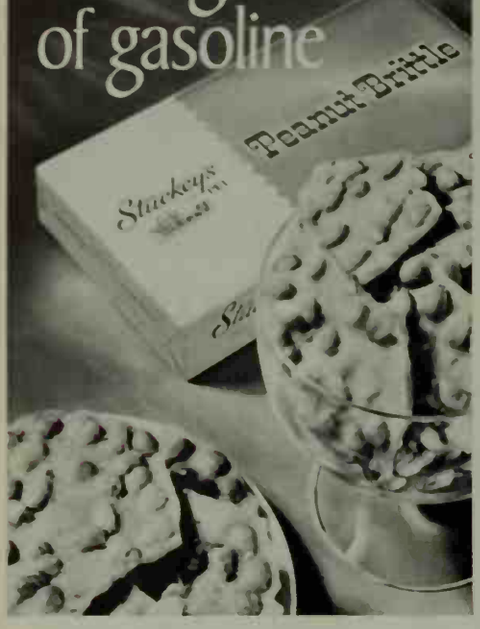

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Stuckey's
STUCKEY STORES DIVISION PET INCORPORATED

Offer good at participating Stuckey stores, expires Sept. 30, 1968, and is void if prohibited, taxed or restricted by law.

Causeway, *unused except by visitors and an occasional warden, goes about 4 through center of the Malheur Wildlife Refuge, offers splendid wildlife w*

The bird-watching is very good

On a day last May we saw the following bird species during an excursion through Oregon's remote Malheur Wildlife Refuge: redwing blackbird, yellowhead, Brewer's blackbird, robin, meadowlark, killdeer, magpie, raven, cliff swallow, goldfinch, pheasant, loggerhead shrike, turkey vulture, golden eagle, great horned owl, marsh hawk, mallard, cinnamon teal, blue-winged teal, pintail, coot, baldpate, Wilson's phalarope, black tern, Canada goose, trumpeter swan, and sandhill crane.

We saw some mammals too: cottontails, muskrats, squirrels, and mule deer.

The National wildlife refuge, approximately 32 miles south of Burns in Oregon's magnificently isolated southeastern region, is maintained principally for the protection of migratory waterfowl — but obviously there is more than waterfowl to be seen here.

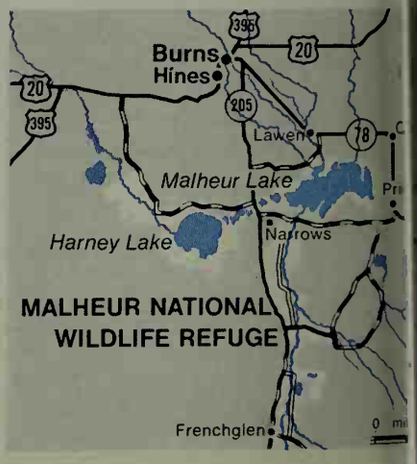
The best way to begin a tour is to stop by the refuge headquarters 6 miles east of the Narrows (see map). Here you can get a map of the area, a list of local birds, and information on current road conditions both in the refuge and elsewhere in Harney County. At the office is a museum where specimens of most birds that visit or live on the refuge are skillfully mounted and displayed. You can also climb a fire tower for an orienting view of the refuge.

The 181,000-acre refuge is a big piece of real estate, but it is dwarfed in size by the country that surrounds it. This is cattle country. It's big and desolate and beautiful. But if so much rural countryside is too much for you, you ca for Frenchglen, a tiny town on the ern tip of the refuge. A bit reminis a Hollywood western set, Frenchgl tains a handful of buildings, includi Frenchglen Hotel.

The town is a Saturday night gat place for local cowboys. If they little dustier and pack less hardwar Matt Dillon, don't be disappoin you're seeing the real thing.

The hotel has eight rooms ($5 t night) and serves meals.

Heading south or north between M Lake and Frenchglen, you can b much of State 205 by driving alo refuge's Center Patrol Road (white



You'll find *choice of overnight accor dations at Burns; one hotel at Frenc*

Ever have one of those vacation trips where you wind up in the wrong town in the middle of the night?

And then have to spend an hour trying to find a motel?

And then have to pay through the nose for it?

Welcome to the club.

The official password is Help. And that covers a lot more than just sending help when your car conks out.

Say you're planning a trip. We can give you more useful help than your brother-in-law and sixteen other amateur experts put together.

We'll lay out the entire route for you. We'll show you how to avoid that six-hour detour. We'll show you how to find the turn-offs and off-ramps that aren't on regular maps. We'll show you how to steer clear of the tourist traps and see the sights that most tourists don't.

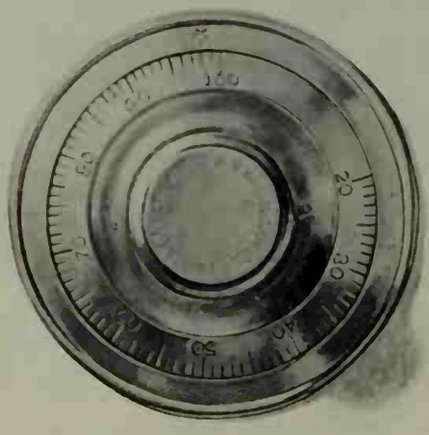
Ever get stuck in one of those towns where the only bright lights are the No Vacancy signs? We'll make your motel reservations and we'll guarantee them. We'll give you a tour book listing the motels that we have personally checked and double checked. (Only 1 out of 7 can pass muster.) We'll show you exactly what each place has to offer, and exactly what they charge. And we'll give you money-back protection against overcharges.

We'll also give you emergency road service, any time of the day or night. And we'll make available the best car insurance in the business.

All that, and that's just the beginning. How can we afford it? We're a nonprofit organization. One of 238 affiliated AAA clubs throughout the United States and Canada, serving more than 11 million members. Give us a call, or drop by our office. It takes about 12 minutes to sign up.

CALIFORNIA STATE AUTOMOBILE ASSOCIATION (WE'RE THE AAA IN NORTHERN AND CENTRAL CALIFORNIA, AND NEVADA). CHECK THE WHITE PAGES OF YOUR PHONE BOOK UNDER "AAA CALIF. STATE AUTO ASSN."

When you have over $1 billion worth of securities that don't belong to you... something is either very wrong...or



very right.

$1 billion! Obviously a great many clients find advantages in Dean Witter & Co. holding their securities for them. For example...

When we hold securities, all dividends are collected and automatically credited to your account. Your monthly statement provides a full account for your tax records of where the dividends originated and the date and amount received. For clients with many securities, this can be a great convenience.

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At refuge *headquarters, you can see mens of most birds that frequent th*

in map on page 74). Southbound enter this causeway at the refuge quarters. Northbound, you pick it miles east of Frenchglen at th P-Ranch (a tall tower is a landmark

The ranch was owned by the same Freneh for whom Frenchglen was n He was uneeremoniously shot fro saddle in 1897, and a portion of his is now part of the refuge.

Because of its remoteness, many v to Harney County and the refug campers. But you ean rent a room Frenchglen Hotel (reservations are sary), and at several motels in Bu

By all means earry binoculars, a guide, and perhaps a camera whe tour Malheur Wildlife Refuge; the much to the wildlife watching exper Take along drinking water, and b your ear is in good operating eon before leaving the main highways.

Across the Pacific in a thousand days

It's the rare Northwest beacheomb who hasn't found—or hoped to fi —a Japanese glass float on t beaches of Oregon, Washington, British Columbia.

A recently published book has nally brought together all the pert nent information on these float *Beachcombing for Japanese Gla Floats* by Amos L. Wood (Binfor & Mort, Portland, 1967; $4.50). covers the subject from their manu facture to the currents that brin them here and the best places t look for them.

One of the most fascinating chap ters lists the trademarks and im prints commonly used on float (with translations). By referring t this, you ean determine exactl where a float eame from.

BRITISH COLUMBIA

The jolly green place to go!

t. Verdant. Varied. That's British Columb. From the hushed splendour of Cathed- Grove on Vancouver Island to the steep untains of the Kootenays. Lively, too, with broad horizon in holiday fun. Swimming d relaxing on sandy coastal beaches and sort-rimmed lakes. Trail rides and rodeos the cattle country of the Cariboo. Fabu- ous trout and salmon fishing. Fascinating istoric sites, including Barkerville and Fort Steele. Exciting new developments like the great dams of the Peace and Columbia rivers. In Vancouver and Victoria, there's a glittering whirl of entertainment, shops and restaurants. And throughout the province, the scenic majesty of towering mountains, rugged river canyons, wooded coastline. Experience the lush, green beauty and rich variety of British Columbia soon. But first, send for our colourful Visitor's Kit.

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THE 4-SEASON
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New from Honeywell, the Thermostats for all seasons.

Total comfort begins in your home with a Honeywell thermostat. It's the symbol of finest quality. The new clock thermostat and the new Honeywell Round thermostat control heating in the winter, cooling in the summer . . . automatically. And they're backed by over 80 years of Honeywell experience. So when you buy, build, or remodel your home, go first class . . . and feel comfortable about it.

Honeywell
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The Honeywell clock thermostat automatically turns temperature down at night, up in the morning . . . you sleep cool, wake up warm.

Only Honeywell could improve on the world's mo popular thermostat. The Round has taken on a newer, r handsome look —and it's more accurate than ever bef

carp *fly from window of Victorian-house in San Francisco's Japantown inity of Post and Buchanan streets*

The carp fly on Boys' Day

s the month you see paper carp (or *bori*) billowing out in the breeze, from a pole at a window ledge or op or in the garden of many a Japa- household in the West. These bright- ed fish celebrate the holiday called Day, the fifth day of the fifth month e year.

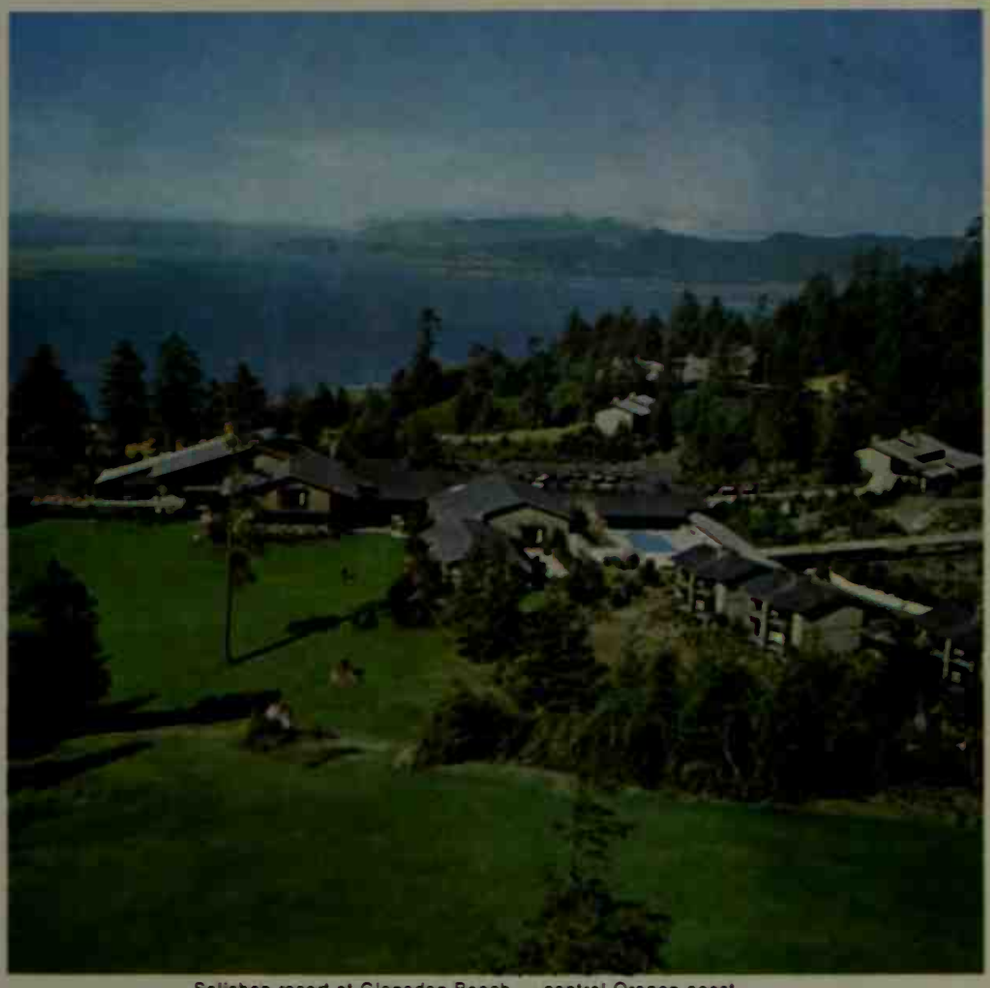
itionally a carp—for strength and de- ination (it's a strong upstream swim- —is hoisted for each son in the ly. The paper carp you see in the range in length from 15 feet, for an son, down to 1 foot, for a baby.

Japanese people often use them for or decoration, stuffed with crushed paper or tissue, or as whimsical gifts a fisherman, for example.

in Japanese gift shops and hardware es in the West, paper carp range ly in price: 90 cents to $4 for 12 to oot length, down to 10 cents for 1-foot th. Cloth carp are also available but e expensive—as much as $17 for a ooter.

Relax in a State of Excitement...

OREGON



Salishan resort at Gleneden Beach — central Oregon coast.

Does a vacation in the uncrowded, unspoiled natural beauty of Oregon mean "roughing it"? No.

It's true, we've pampered campers with our fine system of state parks — but we do the same for guests who desire more civilized amenities.

Friendly hospitality, good food, comfortable lodging at reasonable rates are prevalent border to border.

Even on a real luxury safari you'll be pleasantly surprised to encounter haut cuisine and princely accommodations in our "outback." You'll find that it's all very civilized—uncrowded and unspoiled.

Oregon has everything. Come see for yourself... soon.

SEND COUPON OR WRITE TODAY

Travel Information, Room 88, Highway Dept., Salem, Oregon 97310.

Please send me free items checked:

☐ Full-color booklet. ☐ Highway map.
☐ Parks and camping guide. ☐ Events folder.

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Please Print

A new look at Los Angeles ...as a lively city region

A new book presents the story of this extraordinary place... the early days, the astonishing geography... and L.A. today, the amenities and the action

This month a new book fills a gap that has long needed filling. Until now, no pictorial record has summarized the West's largest and most phenomenal city. The new book that sets forth such an inventory is titled quite simply: *Los Angeles.*

The subject is the megalopolis of which the City of Los Angeles is the dominant element. A rich Los Angeles literature does, of course, already exist. But as Lawrence Clark Powell points out in his reading list in this book, the vitality of this city-region has always excited writers to take sides, often with extreme reactions pro or con.

The new *Sunset* book *Los Angeles* does not take sides, either with the boosters or the debunkers—or with those incredulous visitors from east of the Rockies who put down the place simply as "a phenomenon."

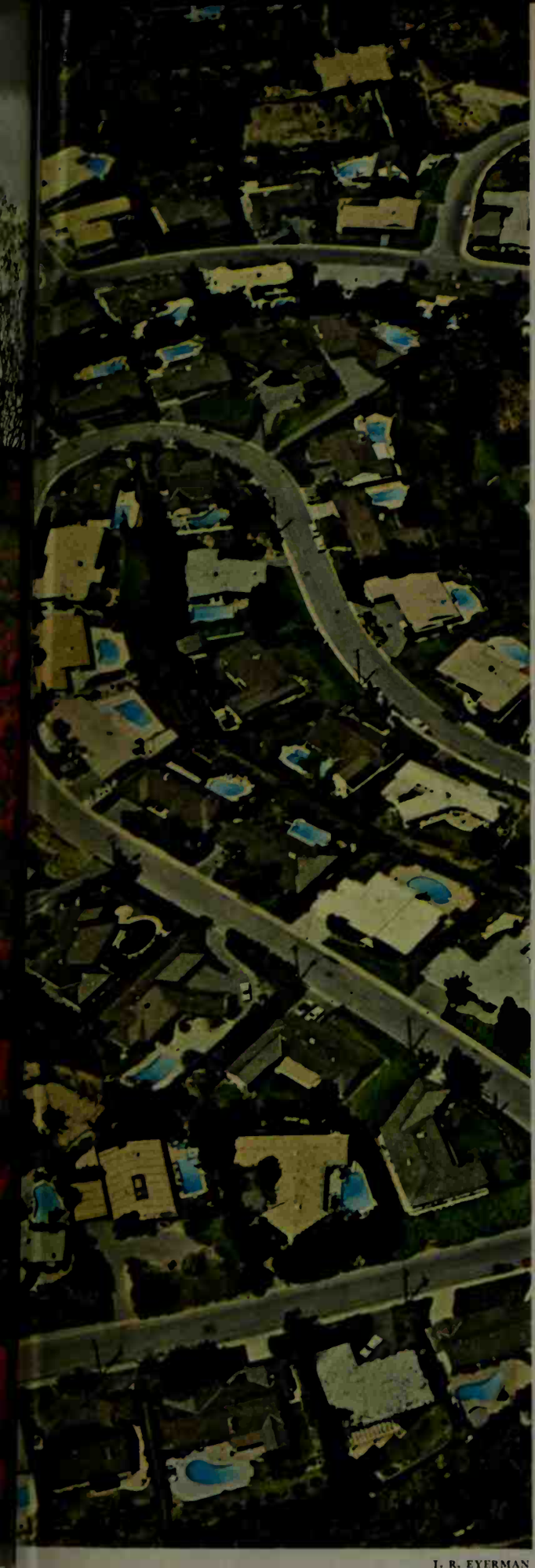
The actuality, as seen from here on the West Coast, is lively enough. Although *Los Angeles* makes no attempt to describe or to settle the staggering environmental and social problems

DAVID M

City's inland edge: the dry Mojave bloo

No longer deserted, vast desert—half an hour across the n tain barrier that edges the metropolis—still affords open

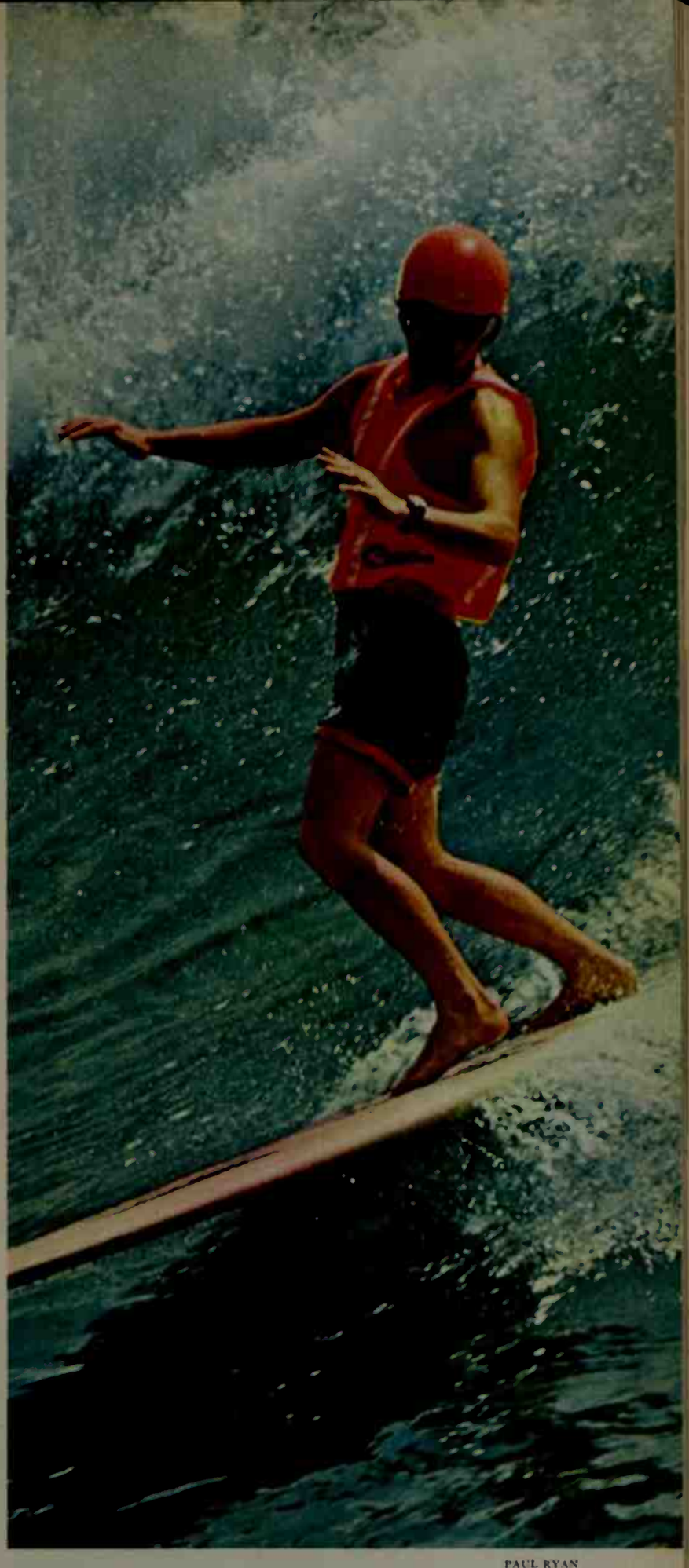
Sunset
THE MAGAZINE OF WESTERN LIVING
MAY 1968



J. R. EYERMAN

Swimming at home in a one-time desert

shion gentle-climate way of life, people brought in water, d landscape by planting treeless plain, recontouring hills



PAUL RYAN

City's outer edge: the rolling Pacific surf

City's greatest physical amenity is long shoreline of swimming beach. Gentle climate permits such pursuits as surfing all year

LELAND Y. LEE

Orient *and California at Descanso Gardens: Asian azaleas and camellias—and a pavilion of Los Angeles design—under oaks*

that face this restless area, it does—by picturing the
the setting, and the present-day action—provide even
mist with hope for this city of the future.

It does this by setting things in perspective. And the
tive has some surprises even for natives, a minority
numbered by immigrant residents and visitors.

One of the surprises of *Los Angeles* is its revelation of
history of this place. The remaining visible traces of it
scattered, or submerged by urban growth, or in need o
vation, but a good amount survives. Part of it is archi
expressed in such indigenous house forms as the ad
developed from a Mediterranean ancestor, and—ano
sponse to climate—the later California bungalow th
nated in Pasadena when lumber became more availabl

The Mediterranean climate was—and still is—the ke

The transformation of the Los Angeles plain from d

Los Angeles is a 304-
Sunset Pictorial in
format with 335 pl
graphs (49 in color)
maps, 27 sketches. (
Books, 1968; $9.95
June 30 and $11.75 t
after, with a de
clothbound, slip-c
edition also available
$13.50.)

garden, chiefly with Mediterranean-climate plant materi
a tour-de-force. The city started with none of the
assets that usually cause cities to flourish.

In *Los Angeles* you *see* why. The city had only a clima
made people want to come, the sun all year that was exh
ing to people and stimulating to what they planted.
that the energy and imagination of frontier-seekers wh
reached the geographical frontier—the Pacific—and sta

They reversed the laws of economics to create their a
city: reaching to bring in water from far beyond the
and then power; bringing in a railroad that was diffident
coming; digging a great harbor where there was none.
fostered such industries as the cinema and aviation that
for the all-year outdoor season—and then the techno
progeny of these: television and aerospace.

These vigorous people in their equable climate prized mo
and still do. And so they eagerly took up the auton
eventually to create the first modern city based on the
mobile's capability. From that they gained much, but
paid a price: The automobile defeated an existing rapid t
system and it encouraged urban sprawl. A complex of m
palities—now 77 in Los Angeles County alone—grew to
into a metropolis that has been accused of lacking struct

But structure is there, defined partly by the city's magni
setting between high mountains and the sea—clear-cut b
aries that are often obscured by the final result of relian
the combustion engine: air pollution. The freeway ne
follows the physical structure, along historic transport
routes and new ones. It reflects but always alters the
structure, continually redefining into new forms, thru
greenbelts through gray areas.

Once you sense the natural and the man-made structure u
lying the overwhelming spread of the Los Angeles region
can look at the people and at their accomplishments mo
context. Then you will see an innovative people, experime
in the arts and in education, pioneers in the sciences a
technology, and creators of a new and generous style of li

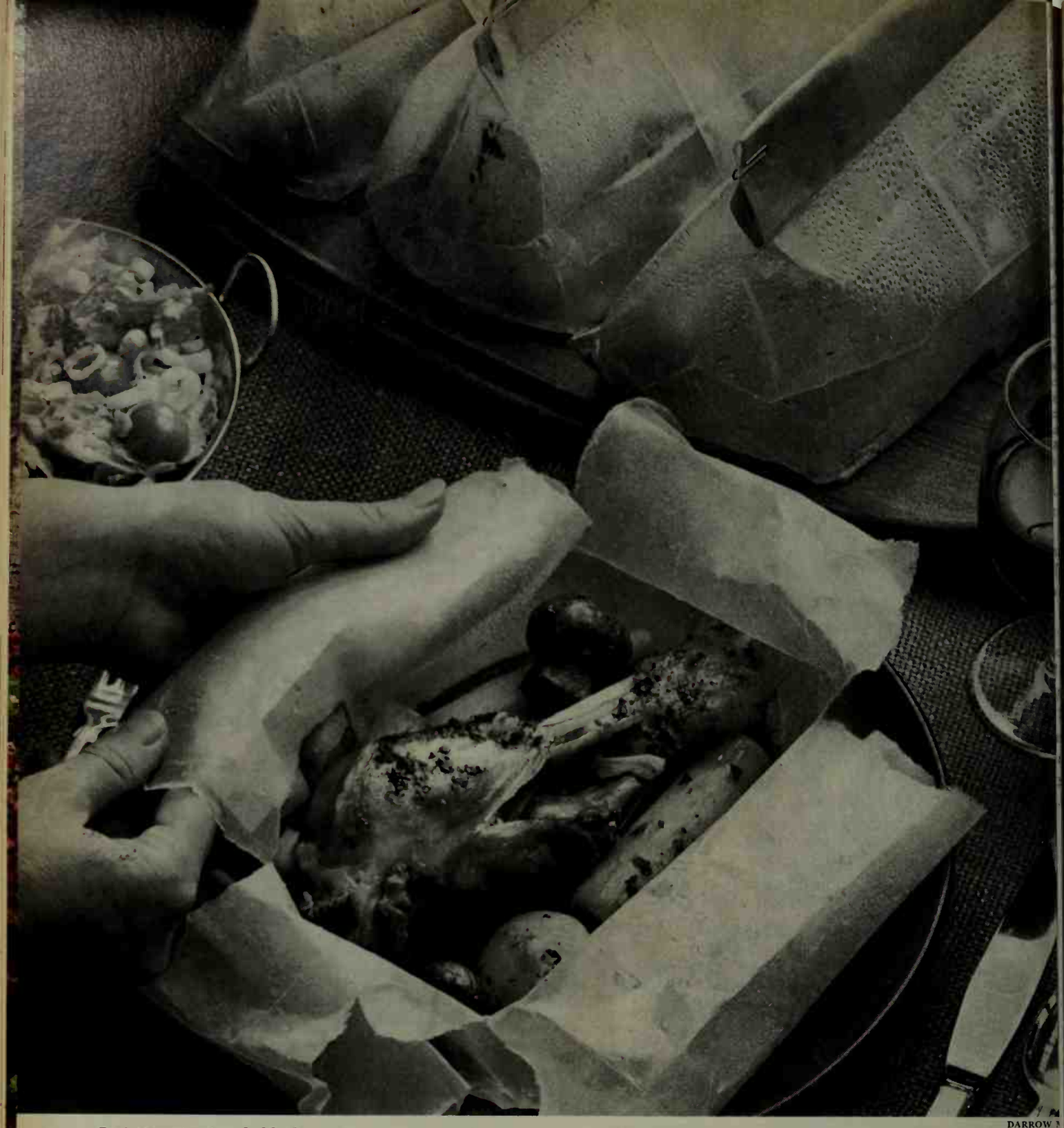
MARIE MAINZ

Bringing *new life to downtown, pavilion of Music Center is showiest of burgeoning cultural palaces*

Music, theater, art, gardens
. . . drawing and delighting
L. A. crowds as never before

BILL TARA

Bringing *art to the people, city's lively summer art festival is biggest, best attended on Coast*



DARROW

Each steaming bag *holds dinner for one—a succulent, lemon-scented lamb shank and tender, herb-coated carrots, onions, mush*

Lamb or chicken "bandit style"

It's a Greek secret . . . dramatic but easy

The Greek technique of cooking "l
style" is the secret of these two dra
yet easy entrées.

History relates how the clever G
used to seal their meat in oiled
ment, leaves, or a clay pot and b
among hot rocks or coals in the gr
Thus they concealed their wherea
from raiding Turks or unfriendly
just over the hill.

Refined variations of this old-time
and pot roasting method have survi
Greek cuisine today. We have eate
cialty dishes similar to these in po

restaurants on the West Coast.

ed white paper bags supply an in-
g package in which to roast indi-
l servings of lamb shanks and
bles. If you wish, assemble and chill
gs in advance, ready to pop in the
bout 2 hours before you plan to
You just oil the bags to keep them
corching as they bake.

IN A BAG

cloves garlic
lamb shanks (with bones uncracked)
teaspoons salt
teaspoons *each* lemon peel and oregano
teaspoon pepper
dozen *each* carrots, small boiling onions, and mushrooms
cup melted butter
tablespoons chopped parsley
heavy-duty white paper bags, about 6 inches across bottom
Salad oil

nd sliver each garlic clove and poke
into slits made with a sharp knife
ch lamb shank. Mix together 1½
oons of the salt, the lemon peel, oreg-
nd pepper; rub into each lamb shank.
arrots and cut off the ends. Peel
s and make a small cross in the
nd of each one to keep the insides
popping out. Wash mushrooms. Mix
d butter with parsley and remaining
spoon salt and roll vegetables in it,
g completely.

inches off the tops of 6 white paper
and rub outside of bags with oil.
g them completely. Place 2 *each*
ts, onions, and mushrooms in each bag. Place 1 seasoned lamb shank on top of each vegetable assortment. Fold down tops of bags and secure sides with paper clips. Place bags on a baking pan and bake in a 325° oven for about 2 hours, or until meat is tender (open one bag to see if done). To keep paper from breaking, transfer bags to dinner plates with a spatula. Serve 1 bag to a person. Serves 6.

A biscuit crust encircles the casserole lid during the final minutes this stuffed roasting chicken is in the oven. For a surprise effect, carry casserole to the table with the crisp bread still sealing the top. Then lift the lid to reveal the beautifully browned bird surrounded by mushrooms, artichoke hearts, and golden onions.

The cooking pot is important here. Select an oven-proof casserole or Dutch oven that is large enough to hold a 5-pound chicken with the lid on tight.

CHICKEN SEALED IN A POT

1 package (6 oz.) long grain and wild rice mix
½ cup golden raisins
About a 5-pound roasting chicken or a 3 to 4-pound broiler-fryer
3 tablespoons butter or margarine
½ teaspoon *each* salt and garlic salt
1 teaspoon grated lemon peel
8 small boiling onions
¼ pound fresh mushrooms
1 package (8 oz.) frozen artichoke hearts, thawed
⅓ cup dry white wine
2 cups biscuit mix

Cook long grain and wild rice mix in boiling water as directed on the package; remove from heat and stir in raisins. Finely chop the liver from the chicken and sauté in 1 teaspoon of the butter; mix browned liver into rice mixture.

Wash and pat chicken dry; rub with salt, garlic salt, and lemon peel. Spoon rice stuffing inside the body cavity of the chicken and skewer opening shut with a metal or wooden skewer. Tie legs together and rub chicken with 1 tablespoon of the butter. Peel onions and cut a small cross in root end of each. Melt remaining butter in large oven-proof casserole or Dutch oven, and roll onions and mushrooms in it; push to side. Place chicken in casserole and if any stuffing remains, spoon it in.

Roast uncovered in a 425° oven for 25 minutes to brown chicken; reduce temperature to 350° and roast 35 minutes longer. Add thawed artichoke hearts to casserole and pour over wine. Cover and roast 30 minutes longer (or 15 minutes for broiler-fryer). Remove from oven and let sit while preparing biscuit ring.

Prepare biscuit mix according to package directions for plain biscuits. Roll on a lightly floured board into a long rope the length of the circumference of the lid (you can measure it with a tape measure if you don't trust your eye). Lay dough around the edge of the lid, avoiding touching the hot casserole, and pinch ends of dough together. Press the surface of the dough lightly with fingers, making fluted edges. (If your casserole lid opens on the sides instead of the top, it may be necessary to secure dough in place with foil. Fold a long length of foil in half, making a 6-inch-wide strip, and place around biscuit ring; double-fold the ends to secure them.) Continue baking 30 minutes longer.

To serve, place casserole on the table alongside a carving board. Lift bread ring onto the board and place roast chicken in the center. Serves 6 to 8.

The biscuit ring seals the chicken inside

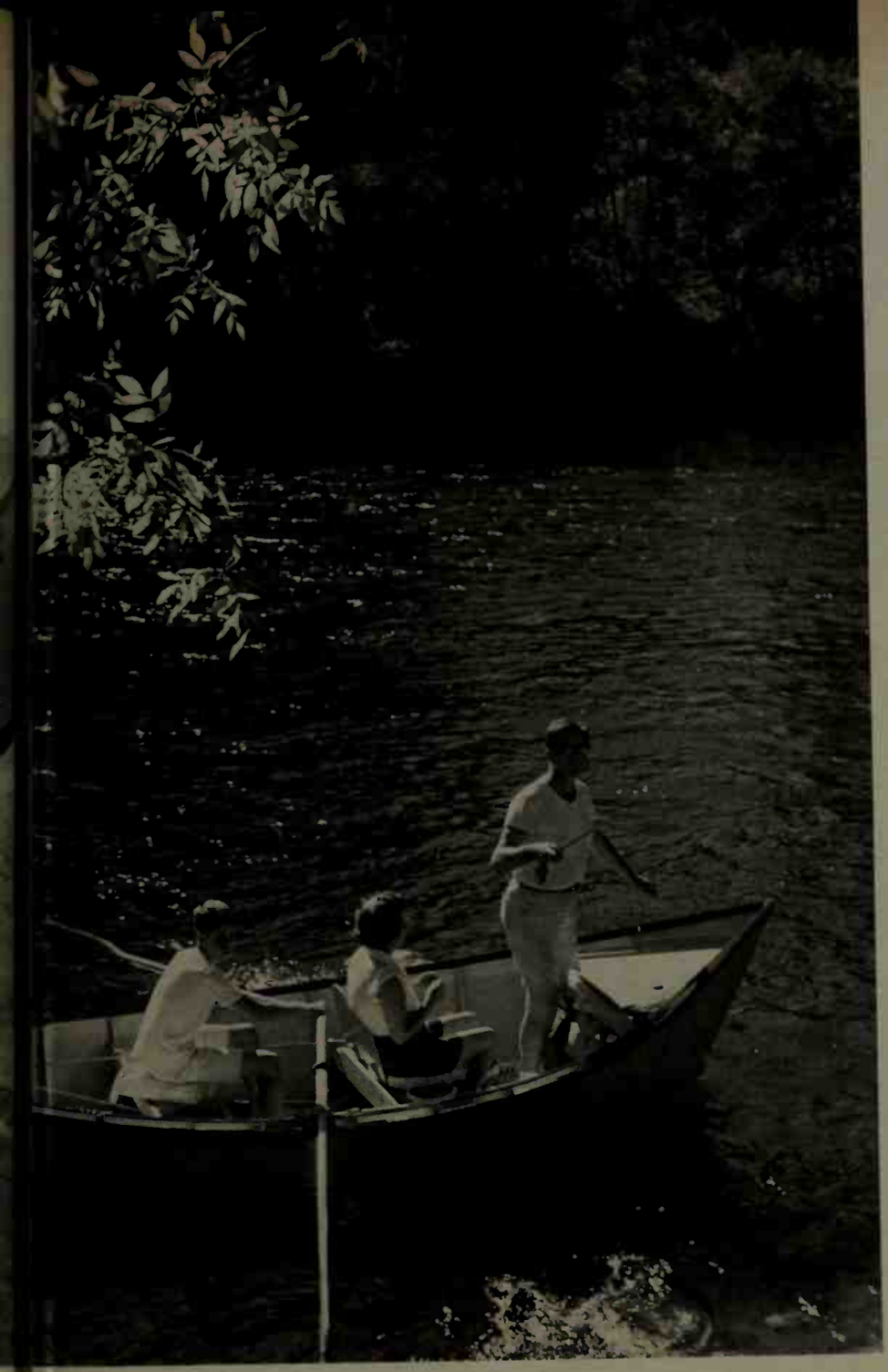
Golden brown *biscuit ring seals an aromatic stuffed chicken inside*

Carve *bird before guests and serve chicken, vegetables, stuffing, bread ring*

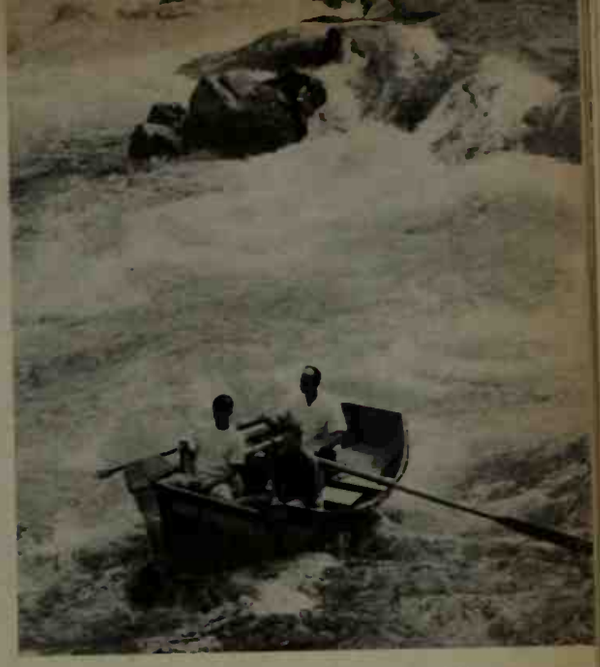
Seagoing rowboat. *Larger dories, descendants of Atlantic fishing craft, are at home in surf—as here at Pacific City, Ore*

The dory story

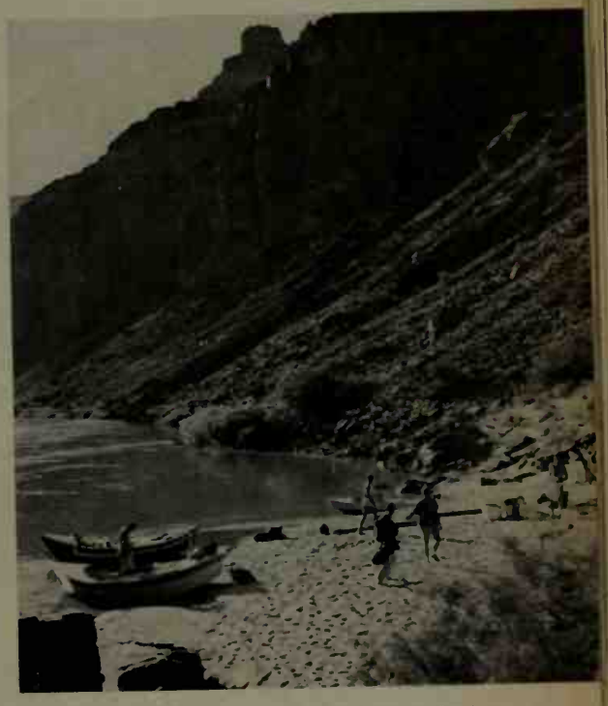
This capable and nimble boat is at home in river rapids, in Pacific surf, or in quiet fishing waters where it moves by oar power or by outboard power. You can buy one complete, buy an unfinished hull, or make your own



-around room *for the family, yet two persons (or one strong one) can launch it*



In Rogue River *rapids, nimble, high-riding dory slips easily down white-water chute*



On Colorado River *trip, decked-over dories are beached at campsite in Grand Canyon*

ry is not just another rowboat. It is skiff or a dinghy or a cutter or anyelse, but a hard-working roughboat bred in the stormy North ntic, where the dories of New Engand the Maritime Provinces have their place in history—and in the tions of artists—while earning their on the codfish banks.

recall the picture: a gale-lashed the high-sided, high-prowed, highned dory riding tall on the water ead of down in it; the whiskered rmen in streaming oilskins, pipes up-down between clenched teeth, arms tched far out and down to haul on heavy, sagging nets; but most of all

Always deep *and wide, dory may have stern pointed or squared-off for motor*

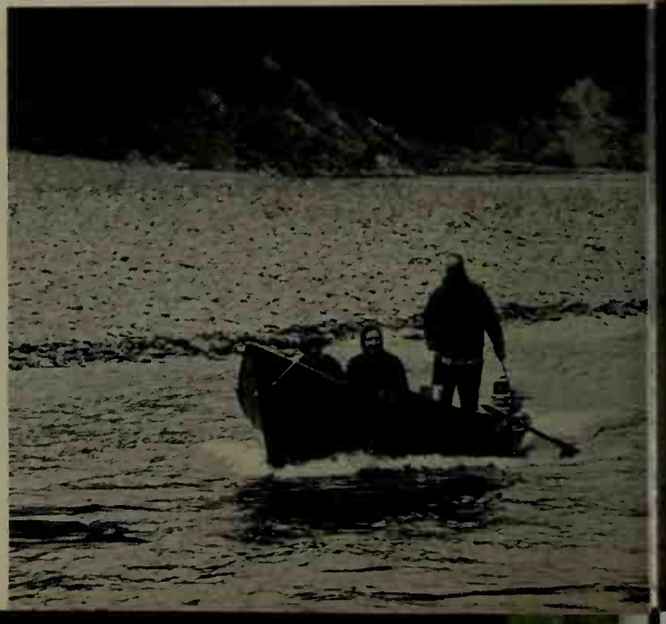
the miraculous boat—the boat that looks so top-heavy yet never capsizes, no matter how much she may heel over with the weight of her straining crew, the lopsided burden of her seines, the pressure of the tempest, or the rolling of the sea.

Inevitably, the dory—or at least the dory idea — came West. Skiffs and canoes, easily swamped and slow to respond to oars or paddles, are no match for steep, swift Western streams. Oregon rivermen adapted the seagoing dory's "formula" to small, light craft for the purpose of drift-fishing the white water of the Rogue and McKenzie rivers. Ultimately the boat was to prove its worth in the rapids of the Grand Canyon. And in many ways,

Look again. *Flaring sides, ends permit dories to be "nested" for double hauling*

Dory is readied *for trip up Yellowstone's Lewis River, where motors are banned*

In many ways the roomy dory is the ideal family boat. It's for fishermen and rivermen, but it's not for water skiers



Readily adaptable *to outboard motors, drift boats chug upstream on Rogue River. Note oars "at the ready" for emergency*

the peculiarly Western river do
proved to be the ideal family bo

THE "DORY FORMULA"

There are no precise dimension
make a boat a dory—and indeed
Western boatmen resist the use
term "dory" for what they prefer
Rogue River boats, McKenzie bo
drift boats. However, all these
embody the principles that mal
dory the most maneuverable of all
and the most stable of all keelless

In general, there is only one shape
can have. It is wide amidship
pointed or narrow at both end
squared-off end is a concession
outboard motor, but it remains n
rowing dories are often double-en
The bottom is perfectly flat in
section, but markedly rocker-shaped
viewed from the side; ideally, its
tudinal profile is a segment of a

The secret (no secret, really) of a
"spin"—its instantaneous respo
either oar—is that because of this
or "rake" it presents little resista
turning; only the middle of the boa
contact with the water, while th
ends are up in the air. The broad
(often 6 feet or more at the gu
amidships) gives the oars hefty lev

The stability of the dory is related
maneuverability. It can teeter like a
ing-horse fore and aft, but rare
wave that can come over its flared,
ant bow or stern. The sides slan
ward about an inch for every 2
of height; the resulting angle is the
(see diagram, page 90).

As a dory starts to tip, the side t
which it is tipping sinks and tilts
taneously, assuming the buoyancy
bottom and thus presenting iner
resistance to tipping. At the same
the other side—the high side—
higher and higher out of the wate
ting heavier and heavier, of course
does so. Thus a dory—unlike r
bottomed, vee-bottomed, and eve

ned boats that must depend largely
ight distribution for stability—
righting itself, or trying to, and
e forced a long way over before it
ally take water over the side and
e. Upside-down, it has no stability
and is easily righted.

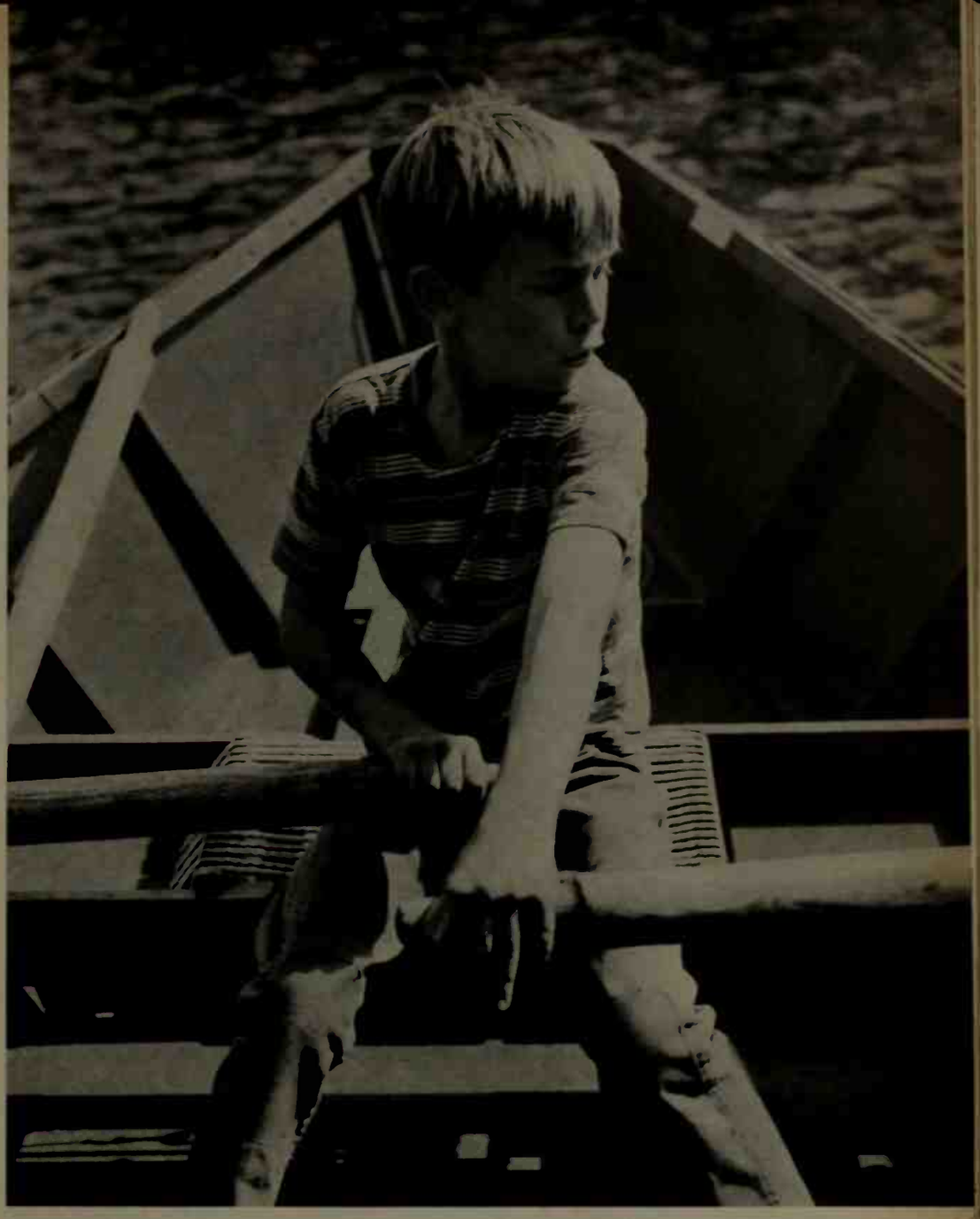
dvent of plywood brought rigidity,
ss, water-tightness, and ease of
uction. Bendable in only one plane
me, plywood won't assume the com-
urves of canoes or many motorboat
ilboat designs, but it is ideal for
nple curves and abrupt angles of a
and it is readily pulled together
tension to provide strength akin to
f spring steel. A rigid, drum-taut
can be made of quarter-inch ply-
throughout, but thicker material is
y used for the bottom, to with-
better the scraping and gouging to
most Western dories are subjected.

LL-PURPOSE BOAT? NOT QUITE

y is as versatile as any boat, and
e used in many ways. Seaworthy
pids-worthy, it is the easiest boat to
Rigged with a mast and rudder, it
irly good sailer, too; the sharp angle
meeting of side and bottom serves
vent leeway, and for stronger winds
terboard or daggerboards can be
led. A dory is a practical outboard
boat, with the motor affixed to a
om or, particularly in the case of a
e-ended boat, set in a motor-well
slips or slightly aft; for best steer-
ontrol under motor power, a shallow
or small skeg should be added.

ness is a special advantage of ply-
l dories. Two persons of average
gth can easily lift a small open dory
a trailer or into a pickup truck;
necessary, one man can usually
unload, or launch a 15-footer with-
ssistance. But no boat as roomy as a
ern river dory is small enough to be
ed handily on top of a car.

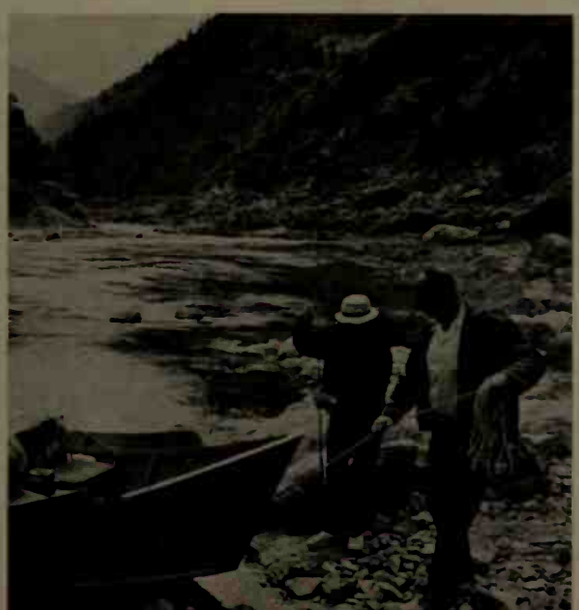
fully handled, dories can negotiate
edibly rough water. In 1962, im-



Once you get *the hang of it (this youngster hasn't, quite), a dory is easy to row*

pressed with their performance in Oregon, we decided to try two slightly oversize, decked-over McKenzie dories on the 312-mile run through the Grand Canyon. Fleet and responsive as no other Grand Canyon craft had ever been, they came through with flying colors, surprising seasoned rivermen and—with their singular capacity for precise maneuvering—making a sporting proposition out of the thundering rapids that formerly had been overcome mainly by brawn, luck, or the use of heavy "cataract" boats, excesses of horsepower, or great river-blanketing rafts made of huge inflated bridge pontoons lashed together, side by side.

Great for fishing and wilderness camping, dories nevertheless are not suitable for some things you might require of a boat. Although they are planing, in a sense, whenever they are moving on the water, they will not get up and plane safely at high speeds no matter how much power



You drag it *over rocks without worrying about scuffs or scratches. If bottom wears out, you replace it*

you apply; they are too narrow in the stern for that. So you won't be using a dory to tow water-skiers.

OWNING A DORY

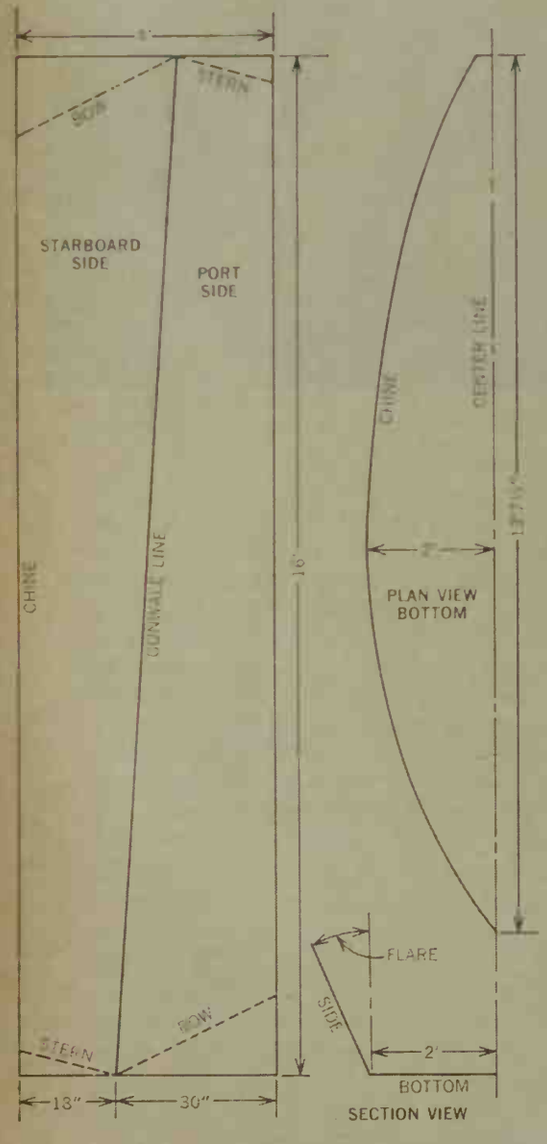
Most dories are made of Douglas fir marine plywood, spruce or cedar for ribs, and—where hardwood is needed—red oak and Philippine mahogany. If you are reasonably good at carpentry, you can inspect a dory, take measurements, and build a boat of your own. That is the only way we know to construct a dory from scratch, for no plans are available.

Much easier and surer of success is the assembly of a dory from a kit. There is now a manufacturer offering a set of preformed parts (see next column).

Buying a dory is mainly a matter of selecting the size you want and then getting in touch with a builder; most dories are sold by the people who make them.

For white-water use, a 12-footer is on the small side; a boat 14 to 15 feet long is "normal," and anything over 16 feet is considered oversize.

Here is a list of the dory-makers we have located, with some indication of the kinds of boats they build. You can have a dory shipped to you by freight, or you can tow it home on a trailer furnished by the builder or purchased beforehand ($175 and up); usually a little carpentry is required to adapt a factory-made boat trailer to the flat bottom of a dory, but a few bolts and some scraps of plywood will do the trick. Oars, which should be 8½ or 9 feet long, cost about $11 a pair.



Here is how *standard-size plywood sheet is cut to make both sides of McKenzie dory. Heavier sheet is used for bottom*

Boat Specialties, Inc., 1025 Shady Lane N. E., Salem, Ore. This company makes plywood boats in several styles and sizes. The "Rogue River Model" is what we would call a McKenzie dory or drift boat; the "McKenzie River Model" has ordinary rowboat lines and is rowed with the oarsman facing the stern. The dories come in 12, 14, and 16-foot lengths, with weights of 120, 140, and 160 pounds. Without paint and a few options, they are priced at $165, $195, and $225. Ready to go, with paint and accessories (some are superfluous), a 14-footer comes to $345. Write for a brochure, or call (503) 581-2755.

Kaarhus Craft Shop, 1366 Moss St., Eugene, Ore.; telephone (503) 345-4441. This is the only manufacturer offering a choice between assembled boats and kits of precut parts that you can assemble yourself. Kits for 12 and 14-foot dories cost $165; assembled boats, unpainted, are $265. A 16-foot boat kit costs $185; the complete boat is $300.

Willard Lucas, 850 Snell Ave., Eugene, Ore.; telephone (503) 343-3127. Mr. Lucas builds classic McKenzie dories, similar to the one shown being built on these pages. A 15-foot boat, without paint but with hardwood strips to protect the bottom, sells for $300.

Pacific City Boat Works, Pacific City, Ore., makes large power boats, square-sterned but otherwise resembling dories. They are primarily for use in the ocean.

Plant Boat Builders, 440 Potrero Ave., San Francisco; telephone (415) MA 6-2070. We include this company because its product, though not a dory by our definition, is called the Hunky-Dory. Described by its builder as a dory-skiff, this is a graceful skiff that can be rowed or sailed. It is not a rough-water boat.

Bob Pritchett, 4522 Upper River Rd., Grants Pass, Ore.; telephone (503) 476-3838. Mr. Pritchett is a fishing guide who builds his own 16-foot dories, uses them for a few seasons, and then sells them complete for $300 to $350.

Rogue River Boat Shop, 764 S. E. Seventh St., Grants Pass, Ore.; telephone (503) 476-2941. Dories in two lengths—15 and 16½ feet—sell for $395 to $495, completely finished and unique in that they are fiberglassed inside and out.

W. D. Schack Co., 3502 S. Greenville St., Santa Ana, Calif.; telephone (714) 549-2277. This builder's dories are not of plywood but of molded fiberglass, at $310 for the complete 15-foot "New England" model and $650 for the 20-foot "Lifeguard."

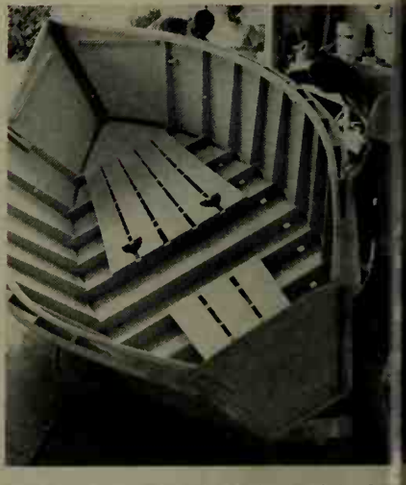
Keith Steele, Leaburg, Oregon; telephone (503) 896-3508. Products include 15-foot double-enders and "utility" dories (with outboard motor transom, as shown at right), for $290 to $340 (depending on optional equipment) unpainted, or $380 painted and ready for the water. If you expect to encounter high waves and want to keep them out, you can order sides 2 to 4 inches higher than standard.

Glen Waaldridge, 913 S. W. "H" St., Grants Pass, Ore. The pioneer of Rogue River white-water running is presently turning out few plywood dories but is tooling up for a revolutionary 16-foot dory of aluminum. The price has not been set. Write him for details.

At Leaburg, Or
on the McKenz

8:30 A.M. *Sides (cut day before) c*
ter-inch marine plywood are scre
grooved Philippine mahogany bo

10:45. *Ribs are trimmed; boat is*
to precise symmetry before final
ing by rails attached along gu



1:25 P.M. *Floorboards (with ho*
oarsman's heels) are in; boat is ti
protective rub-strip can be nai

...e Keith Steele family assembles a dory in a day

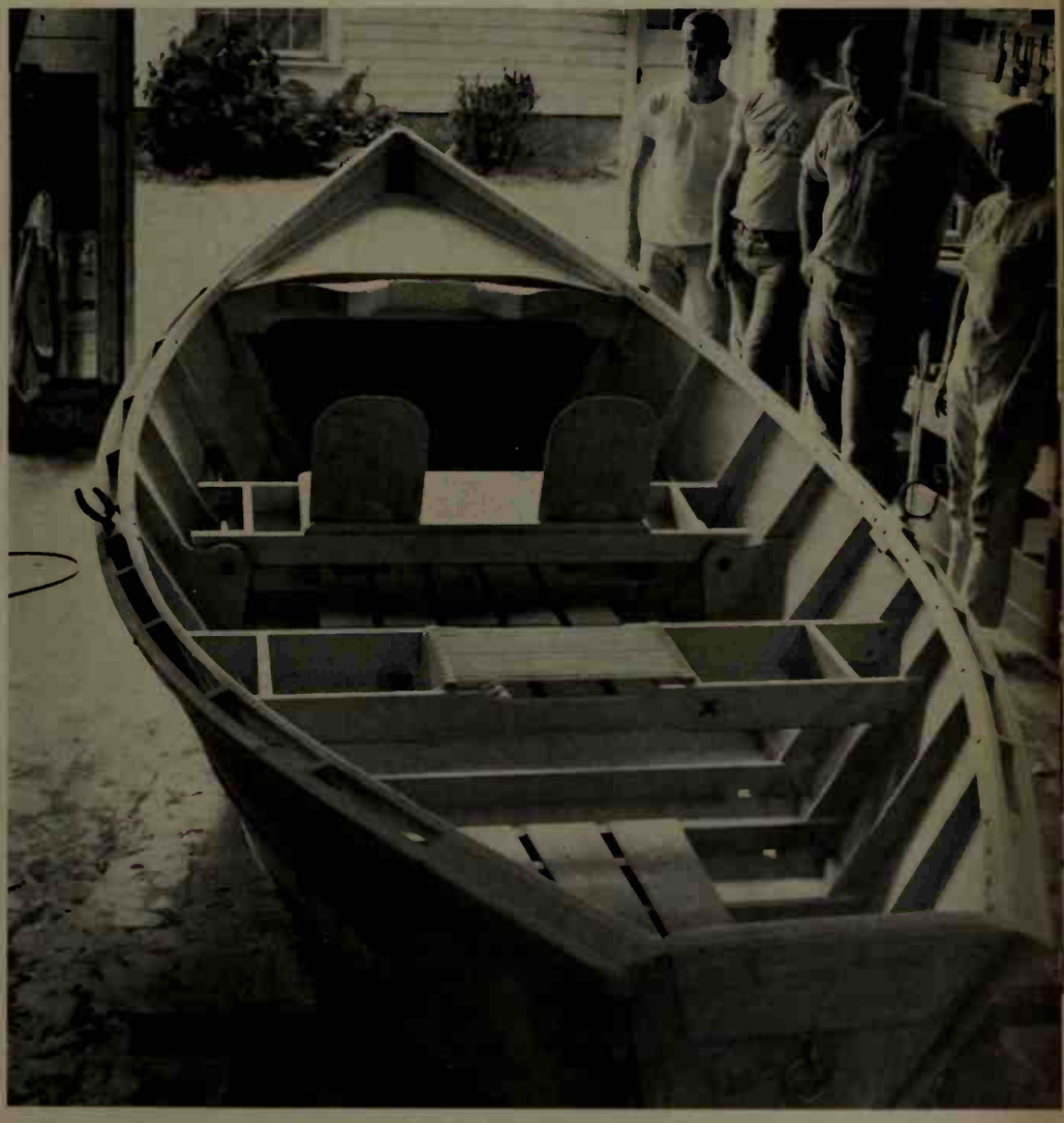
Cedar ribs, braced to hold shape basic assembly is complete, are , glued, and nailed with boat nails

9:40. *Untrimmed transom, made by one son while other was helping with ribs, is screwed in, completing dory's "shape"*

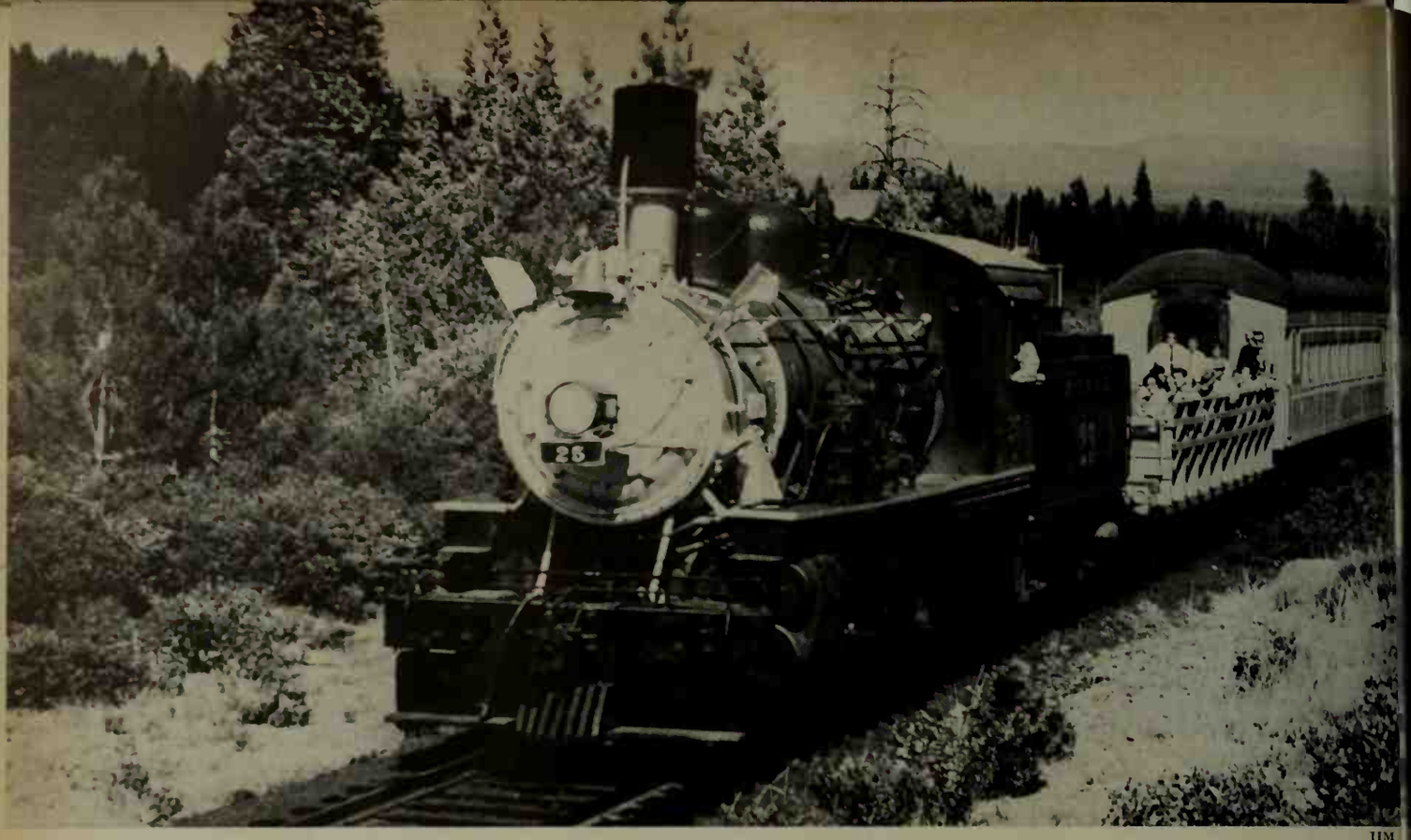
10:15. *Outline of boat is traced on a sheet of plywood, which is then turned over, cut on pencil lines to make bottom*

n. Time out for a milk shake while emplating progress so far. Bare hull mplete; next comes "slow" finishing

0. Rowing seat (to be "caned" with t, quick-drying nylon cord) goes in, h side compartments for tools, tackle



3:30. *Sons Stan and Steve, father Keith, and Mrs. Steele (Loretta) regard the day's work, complete with oarlocks set in hardwood blocks, adjustable double passenger seat with removable backs, padded "knee locks" in front to brace standing angler*



JIM

Shasta Huffen Puff

McCloud, Calif. *A 2-6-2 locomotive.*
Saturday and Sunday, June 15 to S
Adults, $4.75; children 5 to 12,

What steam is left in the West? These 10 cheerful excursion short hauls

Yosemite Mountain & Sugar Pine Railroad

Fish Camp, Calif. *A Shay. Operates*
from May 30 through Sept. 2, 10 A.
5 P.M. General admission fare: 50

Steam railroading hasn't yet disappeared from the West. True, the big diesels have crowded steamers off the major lines, but the little "puffer-bellies" have found sanctuary on the short-haul excursion tracks where the chief attraction is not just a train ride but a ride behind a steam locomotive.

You can hear the high, hoarse whistle of these surviving steamers in some of our amusement parks and city zoos, and here and there you'll find steam train excursions as a roadside attraction. Some of these trains are made up of historic old engines and coaches resurrected from railroad graveyards. Others are lovingly constructed, scaled-down replicas of famous trains that rolled across the early West.

On these two pages we show you all the Western railroads prepared to give you a ride behind steam this year.

For your information as a train watcher: Steam locomotives are classified according to wheel arrangement. A 2-wheel truck forward, 8 driving wheels, and 2 trailing wheels identify a 2-8-2 or Mikado-type locomotive like the California Western's "Super Skunk." If one of the standard wheel components is missing, a zero is used: The Portland Zoo's 4-4-0, for example, has no trailing wheels.

The letter T at the end of a classification, as in the Roaring Camp & Big Trees' 0-4-2 T, identifies engine as a "tank locomotive" that carries its water supply fitted around the boiler.

Geared steam locomotives are not classified according to wheel arrangement. A Shay locomotive features an off-center boiler with cylinders (usually four) mounted on one side. The vertical cylinders turn an exposed shaft that drives the wheels. The Heisler's cylinders (usually two) are mounted in a V at the front of the boiler. Geared engines were used most frequently on logging railroads.

Santa Fe & Disneyland Railroad

Anaheim, Calif. *Two 4-4-0's, one 2*
one 2-4-0. Daily, May 30 to Sept. 15;
to Sun., Sept. 16 to May 29. Sixty c

RALPH POOLE

White Mountain Scenic Railroad

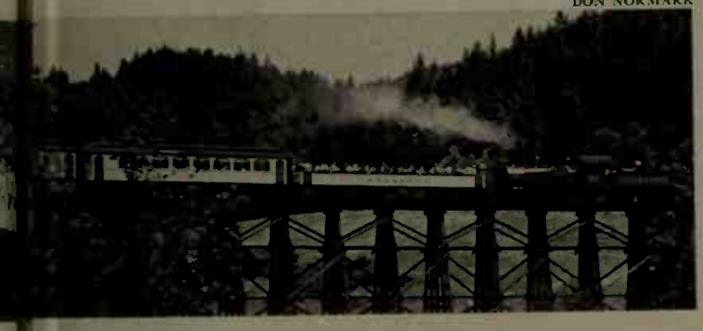
y, Arizona. *Two 2-8-2 locomotives. Operates every day Sundays from May 30 through Sept. 2. Leaves McNary M. for 7-hour trip. Adults, $5.95; children under 12, $3.95*

DAVID SWANLUND

California Western Railroad

Bragg, Calif. *A 2-8-2 locomotive. Operates daily, May 30 ot. 15; weekends only, April 27 to May 26, Sept. 21 to Oct. orty miles of track. Adults, $4.50; children 5 to 11, $2.25*

DON NORMARK



Vernonia, South Park, & Sunset Steam Railroad

s, Oregon. *Two 2-6-2 locomotives. Operates Sundays from 2 to Sept. 22, leaving 10 A.M., again at 3 P.M. Forty-two s of track. Adults, $3.50 round trip; children under 12, $1.75*

RICHARD DAWSON

Denver & Rio Grande Western Railroad

ango, Colorado. *Two 2-8-2 locomotives. Operates daily, June Oct. 6. Leaves Durango at 8:30 A.M., returns 5:30 P.M. ty-nine miles of track. Adults, $6.50; children 5 to 11, $4.50*

Ghost Town & Calico Railway

Buena Park, Calif. *Two 2-8-0, coal-fired locomotives. Operates daily, 11 A.M. until 9 P.M. along 1½ miles of track in Knott's Berry Farm. Adult fare, 50 cents; children under 12, 35 cents*

GLENN CHRISTIANSEN

Portland Zoo Railway

Portland, Oregan. *A 4-4-0 locomotive. Operates daily from June 1 through Sept. 2, 11 A.M. to 5 P.M. Limited schedule from Sept. 3 to May 31. Adults, 60 cents; children under 12, 40 cents*

Roaring Camp & Big Trees Narrow-Gauge Railroad

Felton, Calif. *An 0-4-2 T locomotive, two geared engines. Operates daily June 15 to Sept. 15, 11 A.M. to 4 P.M.; weekends and holidays, Sept. 16 to June 14. Adults, $3; children 5 to 15, $1.50*

Single Grandiflora
'Fiesta'

Single Grandiflora is most popular kind, has big flowers like these. 'Fiesta' is rose and white

Double Grandiflora
'Sonata'

Grandifloras, single and double, have ruffled or frilled flowers. In a double, you can't see the throat. White double 'Sonata' is very popular

Single Multiflora
'Sugar Plum'

Smoother edges and smaller identify a Multiflora. 'Sugar P single type, is orchid and de

The best petunias? Growers give

It's hard to imagine a really colorful summer garden without a bold swath of petunias. Whether you plant masses of them in borders or feature them in raised patio beds or containers, they almost invariably turn out to be the most spectacular flowers in the garden.

In most parts of the West you can plant petunias now. In California, except the coldest sections, the planting season started in late March and early April and extends into midsummer. Southern Californians can plant again in fall for winter and spring bloom. Planting time in the intermountain region and in the Northwest begins in May and continues until late June. In intermediate and low desert areas, fall and early winter months are the best for petunia planting.

The popularity of petunias has increased steadily since the introduction of the superior, hand-pollinated (F_1) hybrids some 25 years ago; today they're the favorite summer annuals. The F_1 hybrids, which account for about 90 per cent of the petunia plants and seeds sold each year, have these distinct advantages over most of the older, open-pollinated strains and varieties: improved flower types in a much wider range of colors and shades, increased flower production, greater vigor, more uniform plant size, and greater disease resistance.

The F_1 hybrid varieties fall into two classes, the Grandifloras and the Multifloras. Each class includes both single and double-flowered forms. Examples of all of these are pictured above.

The most obvious difference between Grandifloras and Multifloras is flower size. Grandifloras have larger flowers up to 5 inches across; flowers of the Multifloras are seldom more than 2½ inches across. In addition to being much larger, the flowers of the Grandifloras have petal segments either beautifully ruffled or delicately frilled.

Most popular are the single Grandifloras. They make a very creditable sh whether in small groups or mass pla

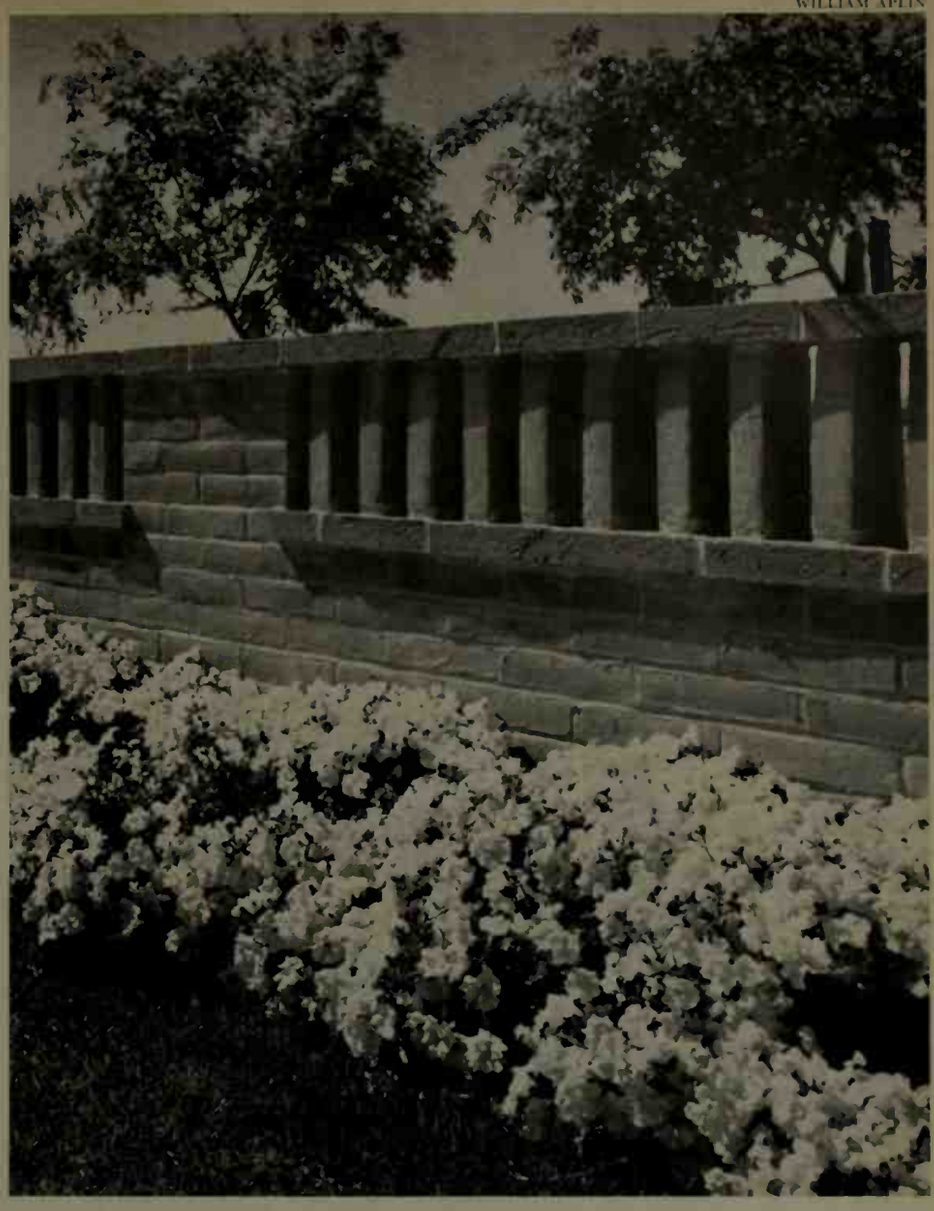
Although the Multifloras have s smooth-edged petal segments, the mally produce more flowers th Grandifloras. This, coupled witl neat, compact growth, makes the floras especially effective when large-scale plantings.

Generally the single-flowered fo both Grandiflora and Multiflora p produce more flowers than the flowered forms. Most double-fl ones, however, are productive eno add a good measure of color to the These full-centered flowers are e ingly handsome, and are best dis in raised beds and containers for c viewing.

The lists of petunias at right na day's best varieties in each of th classes—selected for *Sunset* this sp a panel of the West's seedsmen an ding plant growers.

Double Multiflora
'Red and White Delight'
*'an't see the throat so it's a dou-
Not very ruffled or frilled so it's
ltiflora. This one is a new variety*

WILLIAM APLIN



Fine showing *by a bed of 'La Paloma'—a white, single, Grandiflora variety*

e names

Here are 82 standout petunias available now in nurseries.
They come in four flower forms... and in half a dozen colors

Single Grandifloras

hite a Paloma' opcorn' now Magic' uper White' hite Cascade' hite Magic'	**Pink & Rose** 'Happiness' 'Pink Cascade' 'Pink Magic' 'Prima Donna'	**Red** 'Candy Apple' 'Cherry Blossom' 'Red Cascade' 'Tango' **Yellow** 'Sunburst'	**Salmon** 'Apple Blossom' 'Ballerina' 'Bridesmaid' 'Coral Cascade' 'Coral Magic' 'Maytime'	**Blue & Purple** 'Blue Jeans' 'Blue Lace' 'Blue Lustre' 'Blue Magic' 'Sugar Daddy' 'Sky Magic'	**Bicolors** 'Calypso' 'Crusader' 'Fandango' 'Fiesta'	**Mixtures** Ballet California Giants Can Can Cascade Dwarf California Giants

Double Grandifloras

hite onata'	**Pink & Rose** 'Caprice' 'Lyric'	**Red** 'Valentine'	**Salmon** 'Allegro' 'Cotton Candy' 'Princess'	**Blue & Purple** 'Blue Danube' 'Nocturne' 'Blue King'	**Mixtures** Canadian Glorious Fanfare

Single Multifloras

hite hite Satin'	**Pink & Rose** 'Pink Satin' 'Pink Velvet' 'Sugar Pink'	**Red** 'Comanche' 'Improved Red Satin' **Yellow** 'Moonglow'	**Orange & Salmon** 'Coral Satin' 'Orange Bells'	**Blue & Purple** 'Neptune' 'Purple Plum' 'Purple Satin' 'Sugar Plum'	**Bicolors** 'Kewpie' 'Rose Star' 'Satellite' 'Starfire'	**Mixtures** Carnival Colorama Happy Talk Plum Pudding Pow Wow

Double Multifloras

White Snowbird' White Delight'	**Pink** 'Pink Delight'	**Rose-pink & White** 'Cherry Tart'	**Red & White** 'Red & White Delight' 'Strawberry Tart'	**Red** 'Cardinal'	**Lavender & Plum** 'Lavender Delight' 'Plum Double'	**Mixtures** Bonanza Delight

DARROW

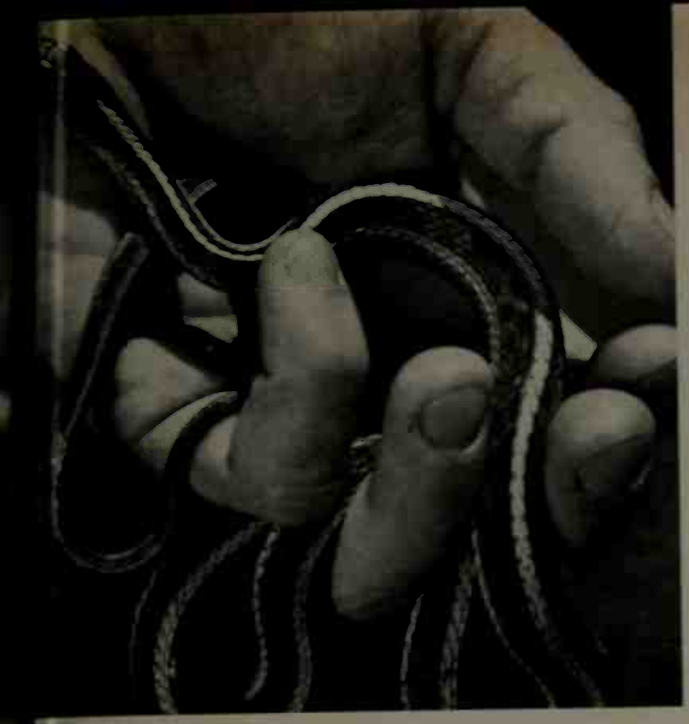
Examining a gopher snake *is complicated when you're 3. Compare the dark spots and tail with rattlesnake, on opposite*

Most of the snakes we have in the West make interesting and safe temporary pets

Three-year-old Miriam had never
snake until her father gave her t
and told her not to let it droop. Bo
and the snake enjoyed the meeting.

The snakes shown here are only a
the many Western species, but th
among the most common. All of the
cept the little rattlesnake at far
make excellent temporary pets. Y
keep them two or three weeks w
feeding them; they need only a little
and a broken pot to hide under.
become tame soon after you catch
—provided you don't squeeze the
you keep their long bodies suppor

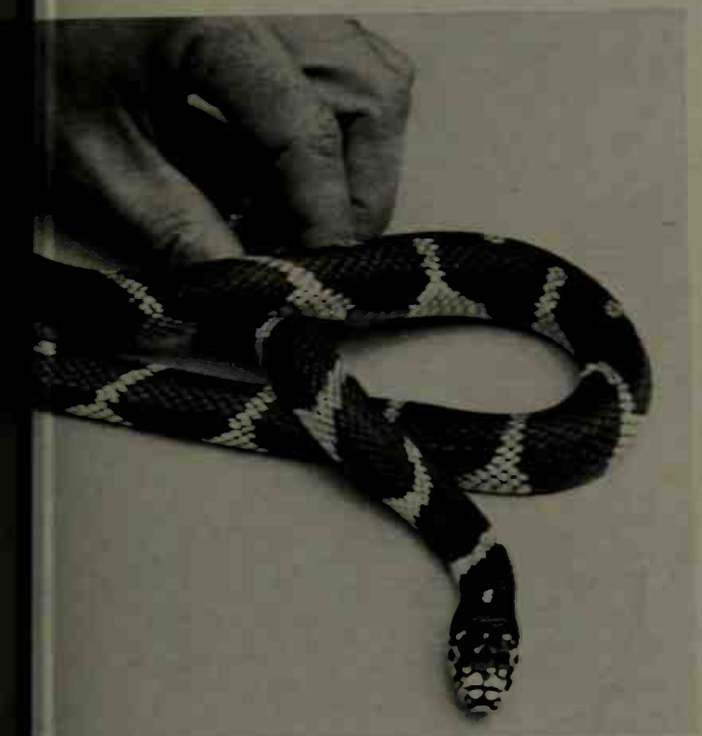
The dangers of snake collecting ar
minor here in the West. From
Columbia to Southern California—



snake *has light stripe, darker sides, and pungent odor*

Rubber boa *is called "two-headed snake." Real head has an eye*

ROBERT COX



ornia king snake *is crowned with a dot on top of his head*

Pacific rattlesnake *shows his narrow neck, ringed tail, rattles*

pillowcase *is a good collecting if you knot the opening tightly*

in the Southwest desert regions—the only poisonous snake is the Pacific rattler shown above. In the desert country there are many other species of rattlesnakes, all with characteristic wide heads, thin necks, and fatter bodies. Both rattlesnakes and harmless snakes are extremely useful, for they eat quantities of pests.

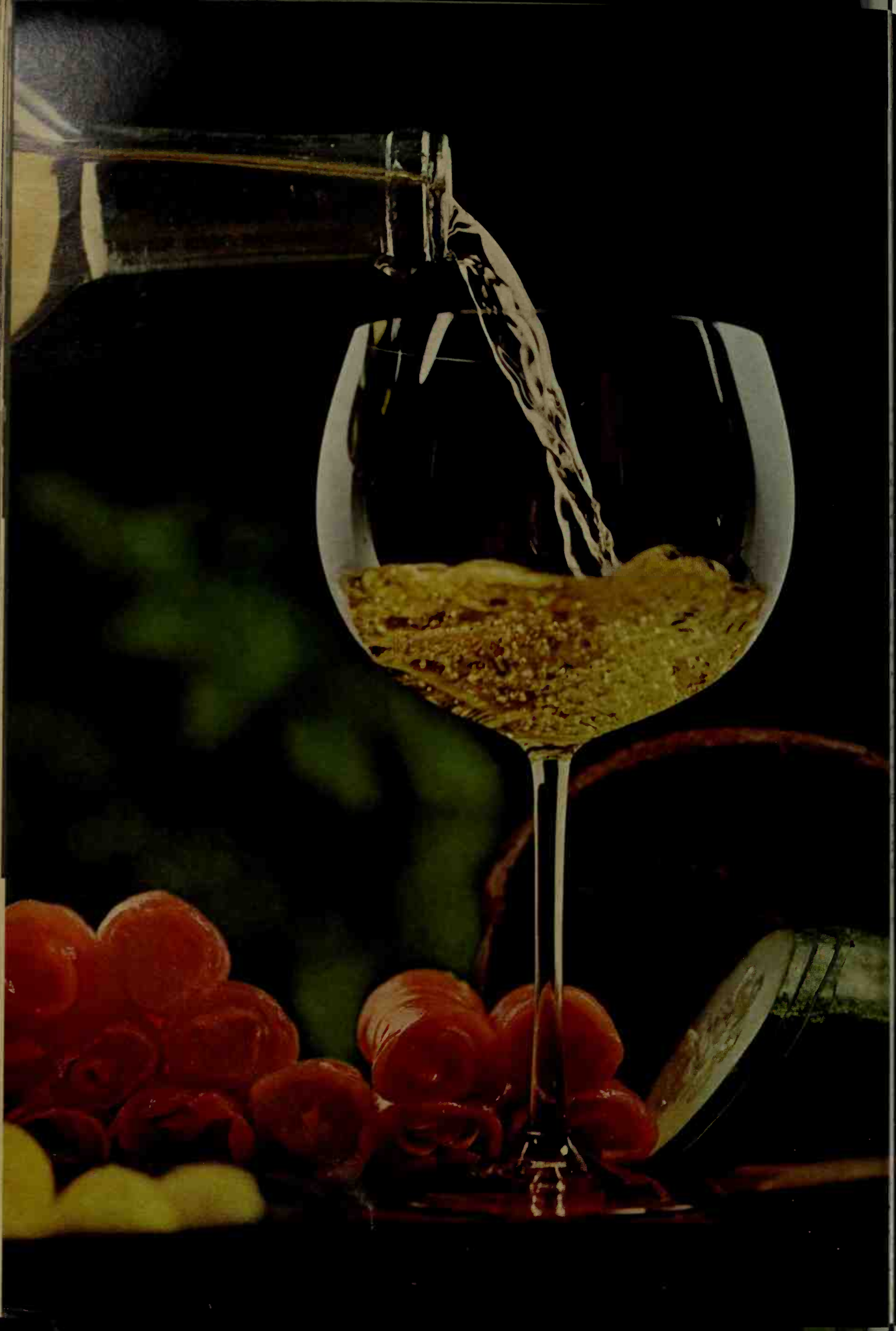
The big, powerful gopher snakes *(Pituophis)* like dry fields, where they catch mice and other small rodents. They often sun themselves on dusty roadsides.

Garter snakes *(Thamnophis)* like ponds and streams, where they catch fish and frogs. They smell terrible when you catch them, but the odor goes away. They're nervous and may bite.

King snakes *(Lampropeltis)*—very docile and beautifully marked—like dry country but often hunt mice in barns. They also eat lizards and snakes, including rattlers. The one in the picture, and the two snakes discussed below, were photographed at Steinhart Aquarium, California Academy of Sciences, San Francisco.

The rubber boa *(Charina bottae)* is a timid little forest dweller. You can find him under bark and leaves where he hunts for lizards and small mice.

The Pacific rattler *(Crotalus viridis oreganus)* likes the woods. His markings successfully copy fallen leaves and the shadows of branches. Although docile and hard to irritate, he *is* deadly if you bother him, and can deliver his bite a foot or two away without coiling first.



"Come to a wine-and-food tasting party"

vitation might read, "Come to a
d food party—and plan to make it
inner."

ntent of this party is twofold: to
limited sampling of wines, and to
the character of each wine more
by serving it with a complemen-
od.

mbine the wine and food along the
f a several-course dinner, but you
p the demands of a sit-down meal.
course, arranged at a separate sta-
s ready for self-service; when guests
, the hosts need to give no further
ion to food preparation. They can
nd enjoy the party.

e the courses of a dinner, these can
npled in any order, and the stations
e revisited at any time.

ize of group can be as small as a
persons, or you can serve two or
times that number with surprisingly
difference in effort.

WINE AND FOOD

the same quantities of food as you
l for a sit-down meal, and about half
tle of wine and one glass for each
u.

een courses, each guest swirls a few

GLENN CHRISTIANSEN

Left and above: Fish course, chilled white wine

Semillon served with smoked salmon and cucumber on buttered dark bread (also good: cold poached salmon). *Alternate courses:* Pinot Chardonnay with raw oysters on half shells. Johannisberg Riesling with cooked shrimp on ice or cold chunks of cooked lobster in shells to dip in bubbling butter and eat on sliced French bread. Sylvaner with hot scallops to spear from chafing dish

Meat course, room-temperature red wine

Cabernet Sauvignon and beef chunks braised tender in the same wine to eat on sliced French bread, or small chunks of broiled steak to spear. *Alternate courses:* Gamay with lamb stew simmered in Gamay. Grignolino with hot, meat-topped pizza, cut in small pieces. Ruby Cabernet and hot pork link sausages, tiny corn muffins

WINE AND FOOD TASTING PARTY: You go station to station . . . and everybody goes back

drops of the new wine in his
rinse it.

Prepare cooked dishes ahead. Wh
essary, keep them warm or re
serve; use your chafing dishes,
warmers, or electric warming tra

All the foods we suggest can be eat
the fingers.

For two-bottle wine coolers we use
paint buckets covered with self-a
plastic or spray-painted.

You can serve the exact four co
fish, meat, cheese, and dessert
here, or make use of any of the a
choices described. Because react
wine and food combinations ten
very personal, we subjected each
(including alternates) to a panel of
in *Sunset's* test kitchens; all of t
binations earned enthusiastic appr

THE LOGISTICS

For a smooth-flowing party the
should be close enough for easy
tion, yet far enough apart to avoid
ing. The seating shown at the right
in any case, some should be provi

The size of table for each course
quite small; we used wine barrel t
they were adequate, even with a
foliage for décor.

Cheese course, room-temperature red wine

Barbera with water crackers and Fontina, Gorgonzola, Provolone, and Rebloehon cheeses, or any one or two of these cheeses. *Alternate courses:* Zinfandel with bread sticks and Asiago, Fontinella, Samsoe (or as many as you like). Pinot Noir with unsalted crackers, toasted almonds, and all or choice of these: Brie, Camembert, Le Beau Pasteur (French process cheese)—or omit nuts and offer Gorgonzola, Mycella, or Roquefort. Petite Sirah with plain wafers, Caerphilly

Dessert course, selected wines

Chilled Chenin Blanc (a fruity one) or Malvasia Bianca (12 per cent), and butter cookies with strawberries to dip in powdered sugar (or you could serve Pink Champagne or Sparkling Burgundy). *Alternate course:* chilled Haut (sweet) Sauterne with uniced pound cake, and strawberries or nuts in shells (or serve chilled Brut or Extra Dry Champagne, or room-temperature Tawny or Ruby Port)

GLENN CHRISTIANSEN

It's a walking buffet

The pace is leisurely and sampling goes in any and all directions; courses are separate yet close enough for table-hopping. Hosts are free to join in the fun

In Tokyo home, *shoji screens open onto glass-enclosed engawa and 15-foot-deep garden. Plants include azaleas, pines, podoc*

The Japanese garden designer at work

He is practical and frugal. He also can be extravagant and whimsical

White Kurume azalea *shaped by shearing after flowering. Naturalized ferns and Japanese maple trees give woodland feeling*

TATSUO ISHIMOTO

Japanese iris *in small bog created by enclosing section at side of shallow pond with rocks, then filling with soil*

ing inside *from garden at left. Shoe-receiving stone (kutsunugi-ishi) in front*

Branch *of very large old pine tree is supported on 8-foot-high T-shaped post. Branch tied to support with rope*

gardens of Japan are a rich and seemingly endless source of s for Western gardeners.

March, 1958, *Sunset* published 14 pages of landscape ideas Japan. Most of the details were photographed in Japanese ly gardens, many of which were planned by their owners. now, a little over 10 years later, we offer this six-page illustrated by the same photographer, Tatsuo Ishimoto, sted on this second assignment by his wife, Kiyoko.

ing their six-week visit to Japan in May and June, 1967, Ishimotos photographed gardens in Tokyo and Kyoto on main island of Honshu, and also in cities on the islands of ishu, Hokkaido, and Shikoku. They spent most of their

Sand garden in Kyoto temple. *Coarse raked sand creates pattern suggesting movement of water. Rocks are reminiscent o*

Always the suggestion of water . . . even if the water really isn't there

time in private gardens, but also found scenes of quie in public gardens and parks.

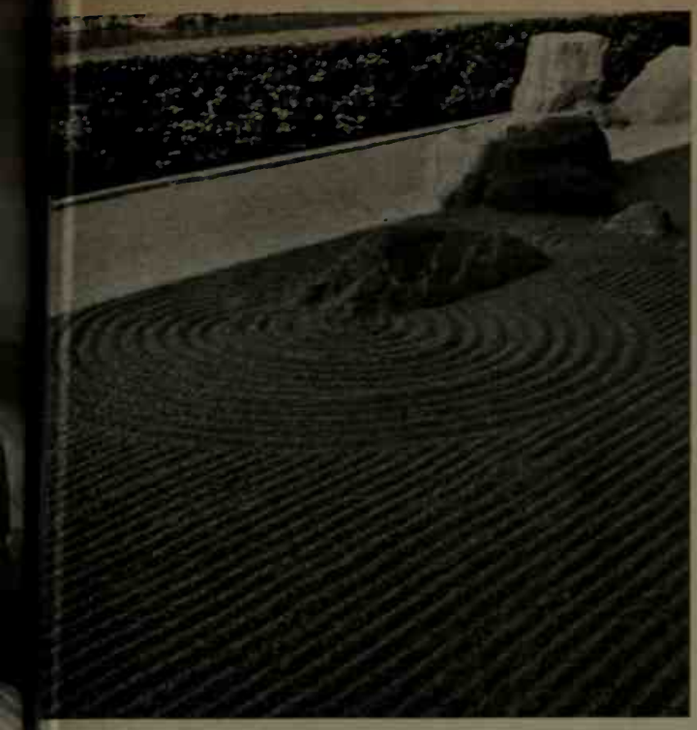
THE GARDEN AS MIRROR TO THE MAN

We hear so much about the symbolism, tradition, and to nature expressed in Japanese gardens that we ar overlook certain other aspects that reveal a good de Japanese gardens and gardeners.

In addition to his sensitive feeling for nature, the gardener is practical and frugal—in the simple, comm way he supports a tree branch with peeled post and uses natural, home-grown materials such as bamboo fo screen or vine support, or for retaining a small islan

But at other times he is anything but practical, and g

s



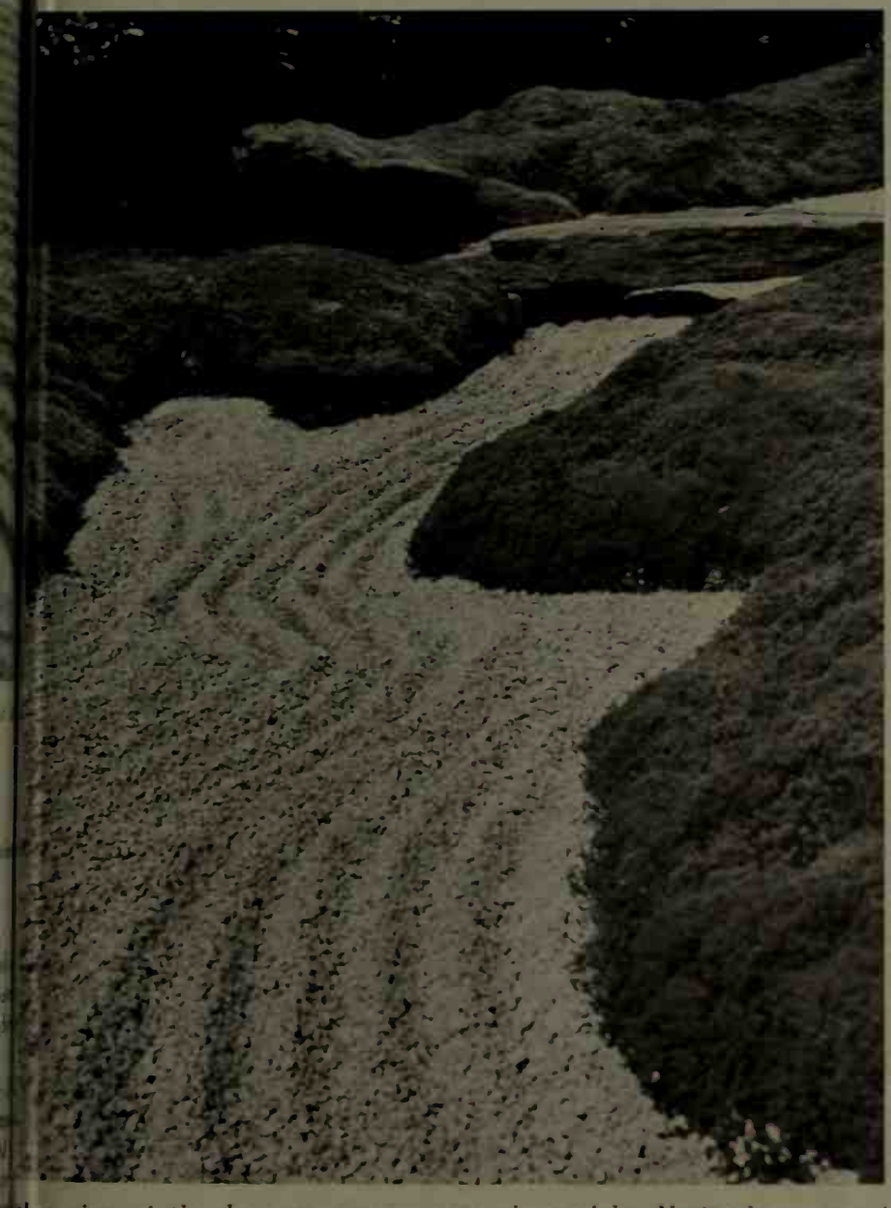
ately enclosed *sand garden in Tokyo, as seen through win-Privet hedge, moat in adjoining Imperial palace garden*

Stream of coarse granite sand *in Zen temple garden flows under bridge, between undulating mounds of velvety green moss*

TATSUO ISHIMOTO

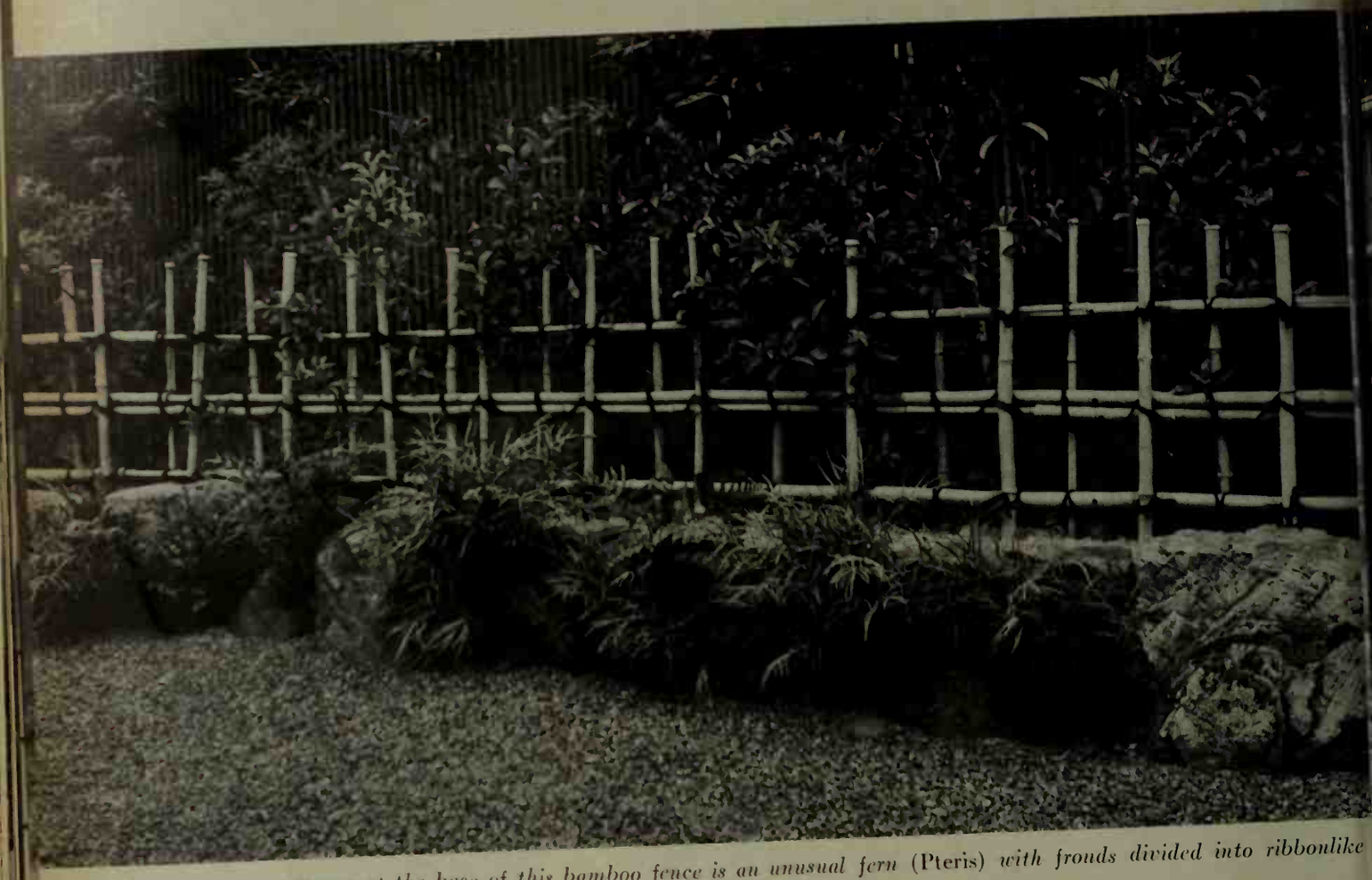
Zigzag bridge, *split bamboo fence in Ritsurin Park, Takamatsu, on Shikoku Island*

Cut granite bridge *over stream in Kyoto garden. Shade plants, maples abound here*



ther view *of the dry water course seen above right. Notice how natural oks, with the varying widths and deep bays characteristic of many rivers*

BAMBOO FENCES: Along pathways, along property lines



Growing between stones *at the base of this bamboo fence is an unusual fern* (Pteris) *with fronds divided into ribbonlike*

play to a sense of humor and whimsy—best illustrated, perhaps, by the zigzag bridge. (No doubt the Japanese will tell you that its purpose is quite serious: to make you walk slowly and stop now and then to look at the beauty around you.)

IDEAS WE CAN BORROW

Some of the most appealing ideas in Japanese gardens are clearly not for us because of the amount of maintenance they require. A classic example is the sand garden, which must be kept clean and freshly raked at all times, and should be fairly large to be effective. Still, the sand garden has taught us a great deal about the value of uncluttered space, and many Western gardeners have successfully adapted this idea with gravel, crushed granite, and similar materials.

Unquestionably, the way Japanese gardeners use and train plants has had a strong and very beneficial influence on Western gardens. Perhaps you could borrow or adapt some of the more important principles they follow to bring Oriental simplicity, unity, and feeling of repose to your own garden:

Use evergreen plants for the basic structure.

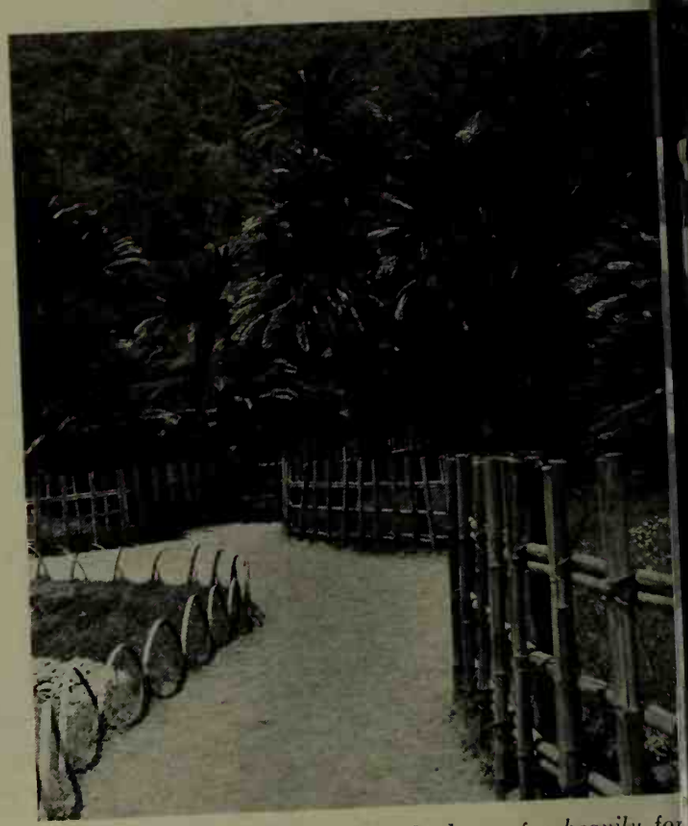
Limit planting to two or three kinds of plants, or even to a single plant, carefully placed, perhaps against a rock.

Choose plants for their beauty of structure or foliage as much as for their flowers.

Do not plant annuals in your main garden.

Keep plants groomed and pruned to scale at all times.

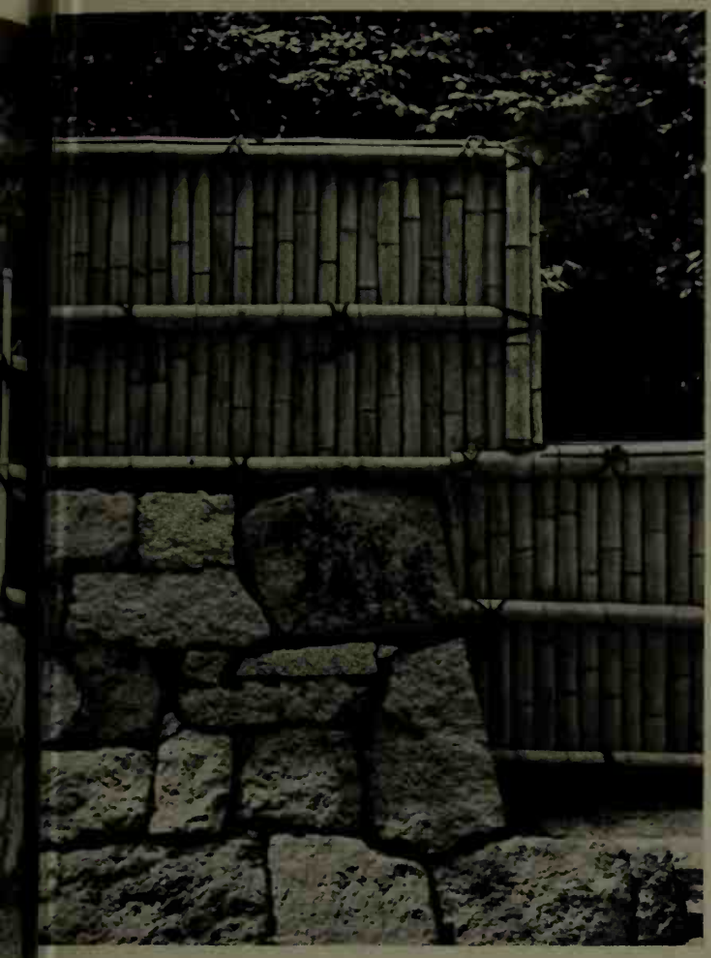
For a look at how Japanese features have been adapted to Western gardens, see *Sunset's* recently published *Ideas for Japanese Gardens* (Lane Books, Menlo Park, Calif., 1968; $2.95).



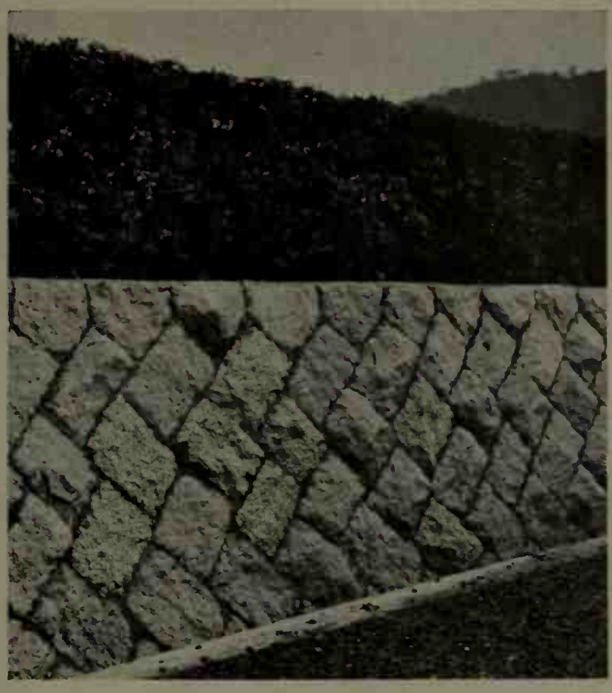
Magnificent old cycods *grow at the base of a heavily for mountainside in Ritsurin Park. A lake is at left of*

SUN

GARDEN DETAILS: Using stone and using cut bamboo

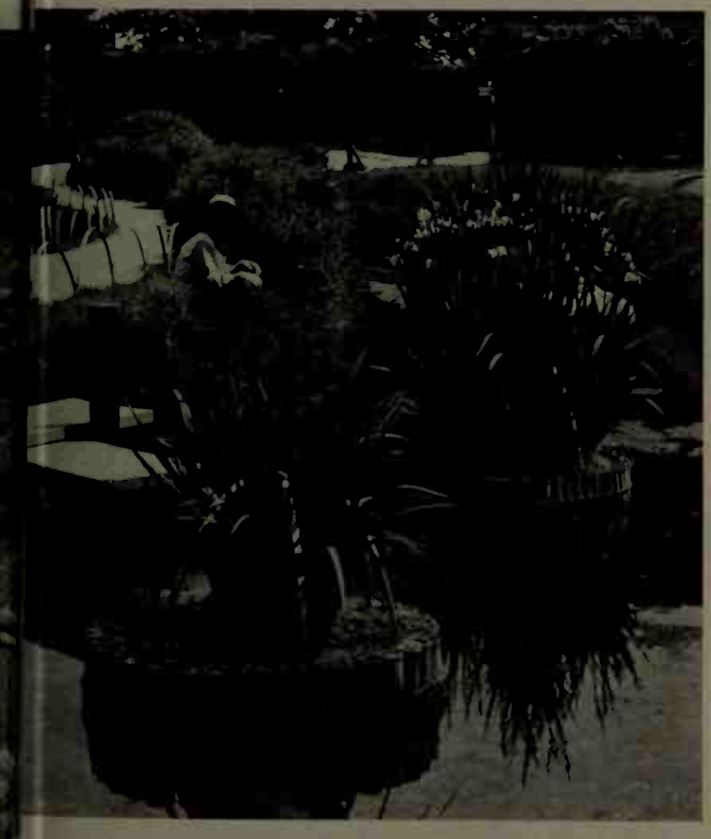


of tightly fitted granite rock, giant bamboo (cut in half)

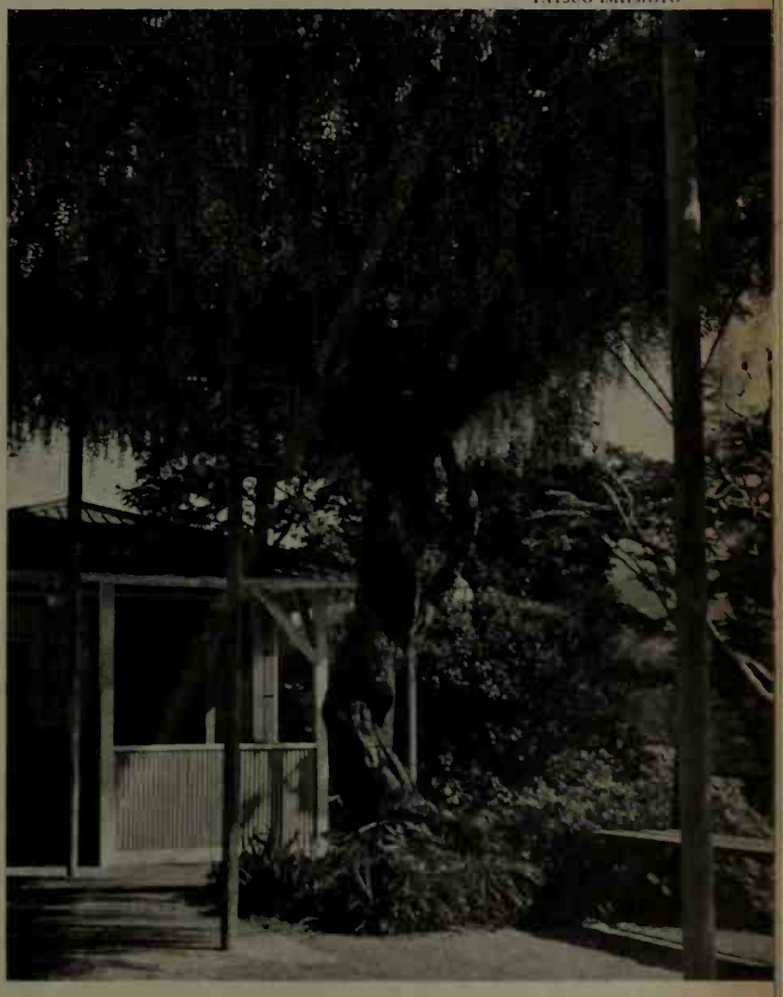


Granite blocks *set in mortar in a formal diagonal pattern. At the top is a clipped pyracantha hedge*

TATSUO ISHIMOTO



anese iris *grow in little islands of soil retained by cut sec-ns of giant bamboo set in the bottom of the shallow pond*



An old *long-clustered Japanese wisteria blooms in May in Hakone resort. Its support is an overhead bamboo frame*

Before. *House oriented to street; no private outdoor area*

After. *Not just a face-lifting, but a total change in appe*

Step by step they've been remodeling. Now they are four-fifths done

In this remodel there was no attempt to retain any of the character of the existing house, a stucco bungalow built in the 1920's. In fact, every effort was made to alter its appearance and to make it blend more naturally with its woodland setting. Another goal was to create a better indoor-outdoor relationship: the small high-sill windows had only limited views into the woods and kept out the light and warmth of the low winter sun.

The master plan for the remodeling, drawn up in 1963, divided it into five phases. Four have already been completed.

The first phase (completed in 1963) called for landscaping and repaving of the back garden and terrace. The second (in 1964) was the updating of the kitchen—new equipment, countertops, sink. The third phase (in 1965) required the greatest amount of alteration. It involved adding an entry hall, extending the living room on two sides (see plan), and

Brick pavers *on walk are carried through into the new ent*

KEN MOLINO

r projection *contains entry hall, window seat in living room. Smaller projection at right is part of bedroom, replaces old bay*

This all-new space *was created by extending wall of living room. There's a good view of redwoods and creek*

replacing the bedroom bay. The extensions gained only 170 square feet of space, but it was highly usable space. Also since 1965 the owners have completed a new entry walk, bench, and retaining walls.

A new carport is to be added this year. And the final phase—adding on two bedrooms and converting an existing bedroom to a second bath—will follow next year. (By that time the children will appreciate separate bedrooms.)

The architect and owner is Barry G. Smith, of Hayes and Smith, San Francisco. The house is in Mill Valley, California.

MUCH IS NEW

A roomy, U-shaped sitting alcove is new. So is glass-door access to the out-of-doors

KAR

Living room *now has easy access to outdoors. Fence, right, for privacy from street*

SU

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The Changing Western Home

Here's help in the shower . . . a new kind of siding . . . a new sliding wall . . . and how to keep batteries charged

The soap's in easy reach

In a combined bathtub and shower, the soap dish is often down around your calves, and putting the soap back when your eyes are full of lather can be a trial.

The special unit in the photograph above solves the problem and then some. You can attach it to any kind of wall. It holds the soap, a bottle of shampoo, and a wash cloth, and it serves as a grab bar, all at just the right height for showering. The unit costs about $8 and is easy to install yourself.

Mineral-surfaced plywood siding

Plywood siding with an aggregate finish, now available, requires no upkeep once installed. It is initially more expensive than conventional wooden sidings, but costs less than the masonry or stone that it resembles in appearance and durability.

The aggregate surface of the plywood is bound with epoxy and applied in a two-step process. There is a range of colors both of the epoxy base and aggregates, and a choice of aggregate size. The appearance, once installed, is rather formal, and the material lends itself to a house with straight, simple lines. Wooden accents set off the mineral surface well; for this reason the material is often installed with battens covering the joints.

Cost to a builder is about 70 cents a square foot; installation is somewhat more difficult than installation of ordinary wooden siding.

Standing up to a shower

With a bathtub-shower combination, it's safest to have a non-slip surface on the bottom of the tub. For a tub that's already installed, you have a choice of stick-on strips or suction mats.

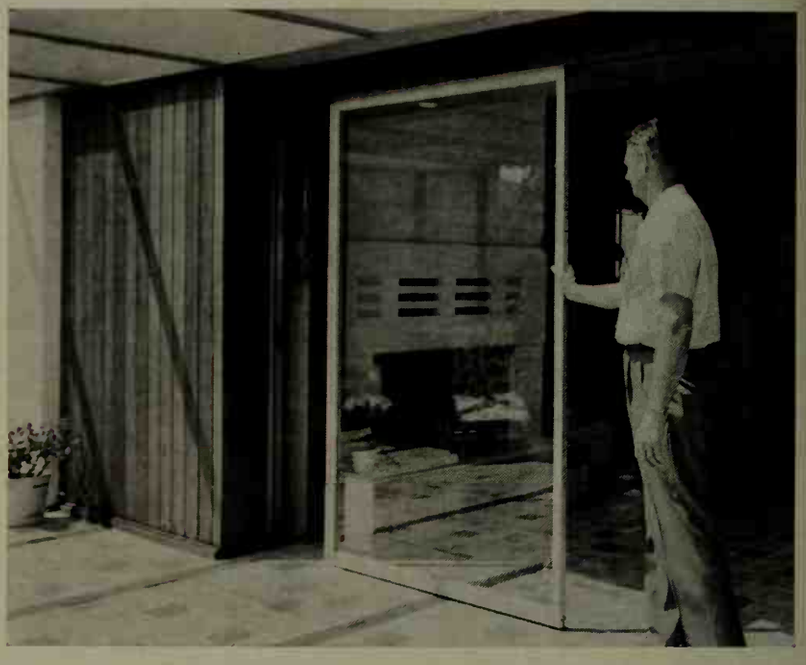
If you're putting in a new tub, you might look at those with a non-slip pattern in the enamel of the tub bottom. At least two major manufacturers produce tubs with bottoms covered by slightly roughened circles or squares. The speci face is included in the normal price tubs. The roughness is not enou bother you when you take a tub bat is enough to keep you firmly on yo through a shower.

Rechargeable flashlight batte

It's annoying when fuses blow at and your flashlight batteries are And when you try out your tra radio just before a Sunday outin the signal is weak and statieky, yo to make a detour for batteries.

A new battery charger ends these plaints neatly by recharging your light, penlight, or small radio batter to 1,000 times. You use a specia chargeable nickel-cadmium battery ting one set in a flashlight or radi other in the charger. When the diminishes, you switch. The charger ates on ordinary 120-volt house c and adapts itself automatically to t ferent battery sizes. Either remov batteries when charged, in about 14 or leave them in place until needed.

The D-size flashlight batteries are $3.95 a pair, C-size about $3.15, pe about $3.50. The charger is about $



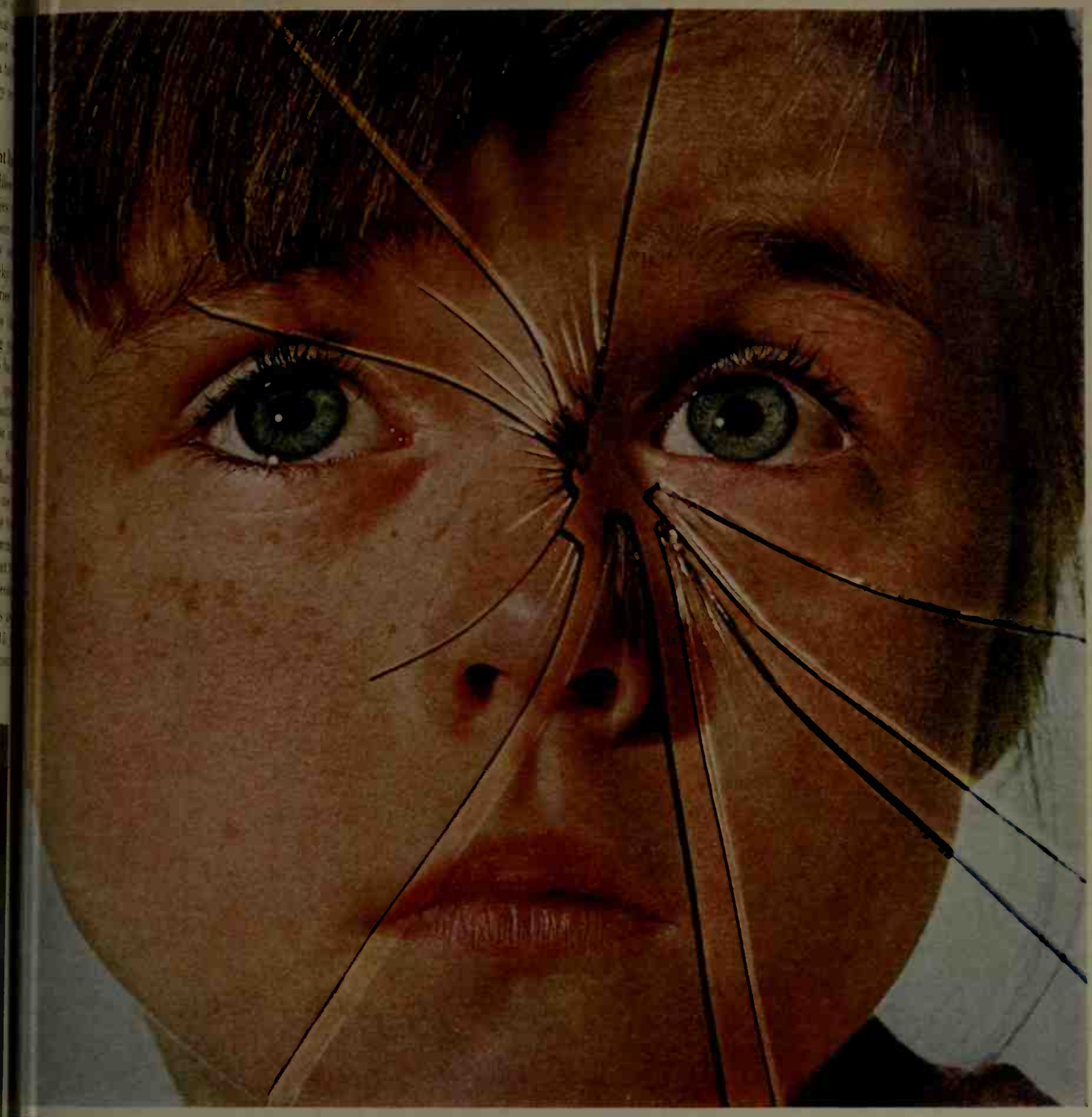
A sliding wall of glass that stacks up on itself

If you've ever thought that you'd like to push back a whole wall that separates you from a summer garden or a delightful view, you'll be interested in the new multiple-panel sliding doors now available on special order.

With these doors, you can open up any width of wall from 12 to 48 feet. Individual panels of the doors slide, one beside the other, into a storage hangar at the end of the line; it is only a little deeper than the width of a single panel and only a little wider than the combined thickness of all the panels. When all the panels are extended, the last door out operates regular sliding door so that you can and out without opening the whole t

The doors can be installed with an ele motor for automatic opening and clo There are both floor track and suspe models. With the suspended doors, i vidual panels move to their position inch off the floor, then drop down. T you can have an unbroken floor sur from your room to terrace or deck.

Cost runs about $200 to $600 for h ware, plus about $70 per panel; ins lation is extra.



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nd if it ever does break, it crumbles into the ll, rounded pieces shown at right. They won't se serious injury.

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DON NORMARK

ide panel *bolted in place for daily ont door works in conventional way*

The front door opens wide

nt door with a hinged side panel s it easier for the Ralph Johnsons of le to move furniture in and out. ing the panel adds 18 inches to the geway. Architect: Michael Soldano.

en you want *to move a piece of furni- e, you just open the hinged side panel*

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Space *under entry stairway accommo a Hawaiian-style hikiee. Architect: Thiry, for Robert D. McPhaden, S*

Three-section *closet under a stairway multi-use storage in a girl's bedroom. Fleming residence, Salinas, Calif*

Under-stair spa put to use

Often the space underneath stairwa Western homes is either closed off pletely or designed only for "trunk r storage. It's a sizable amount of space. We show here three exampl how it can be put to better daily us

Generous *pantry utilizes space here u a stairway. Architects: Hughan & Hug for Dr. Carl E. Bozzo, Gilroy, Calif*

Mauna Kea.

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here else but at Hawaii's Mauna Kea could you find the beachfront pleasures of a Polynesian paradise, thrill of championship seaside golf, and the high venture of a Western ranch . . . all in one great international resort. Hawaiian days are filled with sunning a crescent of sparkling sand . . . swimming, sailing, orkeling in the blue Pacific . . . teeing off on a spectular Robert Trent Jones course that challenged Jack cklaus . . . horseback riding, wild boar hunting and ploring on the Parker Ranch and the mountain opes of Mauna Kea . . . seeing fern tree forests, ancient temples, orchid farms and Rainbow Falls. Nights are for incomparable dining, dancing and entertainment, strolling leisurely under romantic Hawaiian stars. The hotel is an architectural marvel of spaciousness, colorful decor and comfort with rooms which look out on magnificent views through private open-to-the-air lanais. Hospitality reflects the true "Aloha Spirit." Small wonder Mauna Kea is already celebrated as one of the world's most unique resorts. For color folder, call your Travel Agent or Resort Representation Service, Inc. in the East or Glen W. Fawcett, Inc. in the West.

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RICHARD

Paintings *in drawer are easy to fin remove. Architects: Akiyama/Kek*

Where she store her paintings

A notable feature of this art studio foot-deep cabinet with two types of age space for paintings: vertical where they are slipped in edge to the and a compartmented drawer desig accommodate paintings that are than the cabinet's depth. Art suppli stored in two cabinets below.

Drawer *has heavy-duty, full exte glides. Owner: Richard Girton, Hou*

Spring colors from Fuller-now only $5.98 a gallon

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West Point Pepperell

Voriations on the care-free theme: Radiant "Rose Lea" sheet and pillowcases in permanent press Dacron®-cotton Miralux,® pottern-repeated in the 100% cotton "Summerette" blanket. The bottom sheet: "Aztec Gold" Mirolux.

The bath echoes the understated simplicity of the bedroom with "Ro bath towels, coordinated with solid-color olive and gold hond to Rug by Cabin Crafts.

not needed, *shelf folds up as part storage wall to free the aisle space*

DON NORMARK

small kitchen, *shelf faced with plas- inate folds down for extra counter*

She pulls down a cake counter

l-down shelf in this small, compact n provides counter space whenever eded for food preparation or serving. inches from the floor (lower than ard counter height), the shelf is com- le for sit-down work at a kitchen and a good height for pastry and making. The recess holds canisters, books, recipe files, and a hand mixer. helf, 4½ feet long and 18½ inches is firmly supported by a piano hinge desk support at either end.

tect Michael Soldano designed it for alph Johnsons, Seattle.

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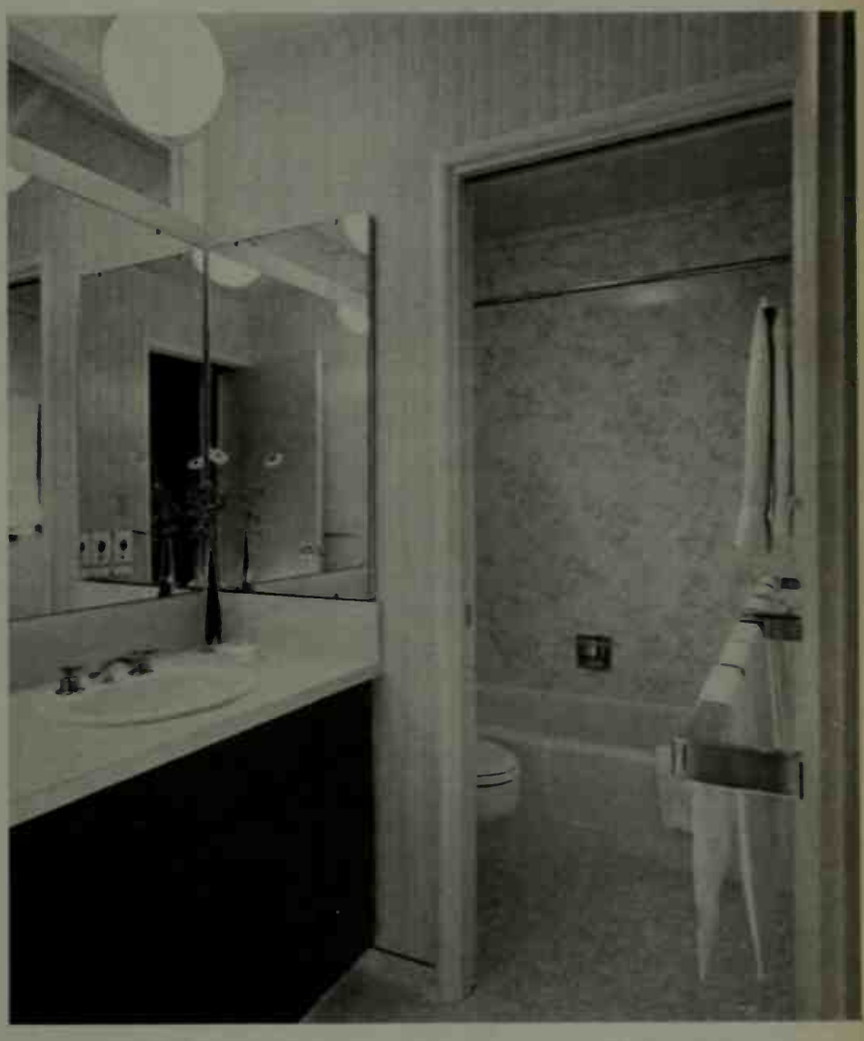
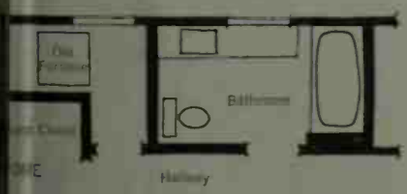
Two can use the oomy new bathroom

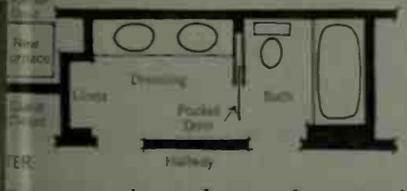
Before. *The bathroom accommodated only one person, gave little storage*



Two washbasins now, with generous storage below and on one wall. Tub and toilet are in separate room with door between



oom was small; the furnace room side had considerable unusable space



ace was relocated, now has exterior . The space gained is in the bathroom

Two things definitely needed to be replaced in this house: the tub in this bathroom, and the furnace, located in a room alongside the bath.

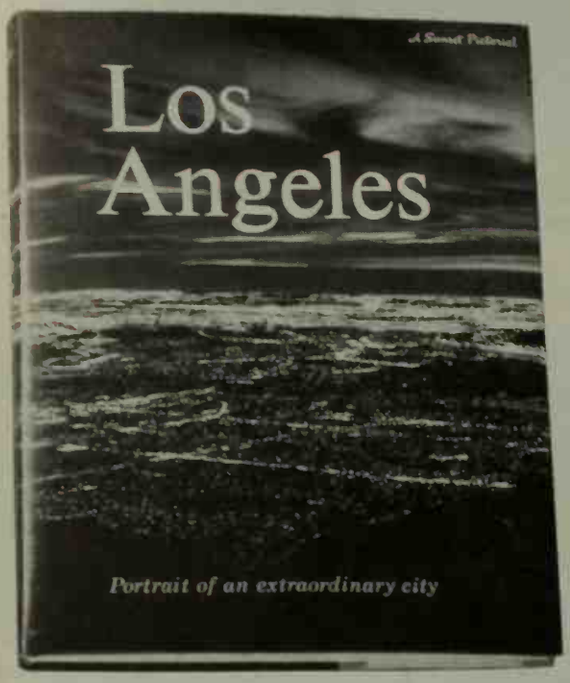
Moreover, the 17-year-old bathroom was showing its age; and it was ineffieient in that it was used mainly by two young daughters who often wanted it at the same time. Since the furnace room alongside had considerable unused floor space, the owner decided to undertake a complete remodeling of the bathroom while replaeing the tub and furnace.

Designer Tom Sanford relocated the furnace (this cost little extra since the old unit was being replaced). He gave it a convenient aeeess door on the exterior of the house, and moved the wall separating it from the bathroom.

With the floor space thus gained, and by moving the toilet next to the new bathtub, he was able to transform the drab room into a handsome, two-compartment bathroom with two access doors to the hallway and a sliding pocket door between compartments. There are two lavatories for the girls, ample storage cabinets underneath the counter, and a large linen closet on the wall alongside.

Cost of the remodeling, including all new bathroom fixtures and the new furnace, was approximately $2,700. A bid on simply replacing the furnace and the bathtub was $1,000.

A BEAUTIFUL NEW *Sunset* BOOK



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On utility room side, *this wine ra*
(of 1-inch stock) is 2 feet squa

Pass-through wine storage

This two-way wine rack was instal
remodeling a kitchen and utility
An existing ceiling beam on the
room side determined the smalle
there. Compartments (19 inches
take bottles end-to-end; those i
upper third (kitchen side) are 13 in

On kitchen side. *Architect: Fr*
II. Field, for Nicholas Reynol

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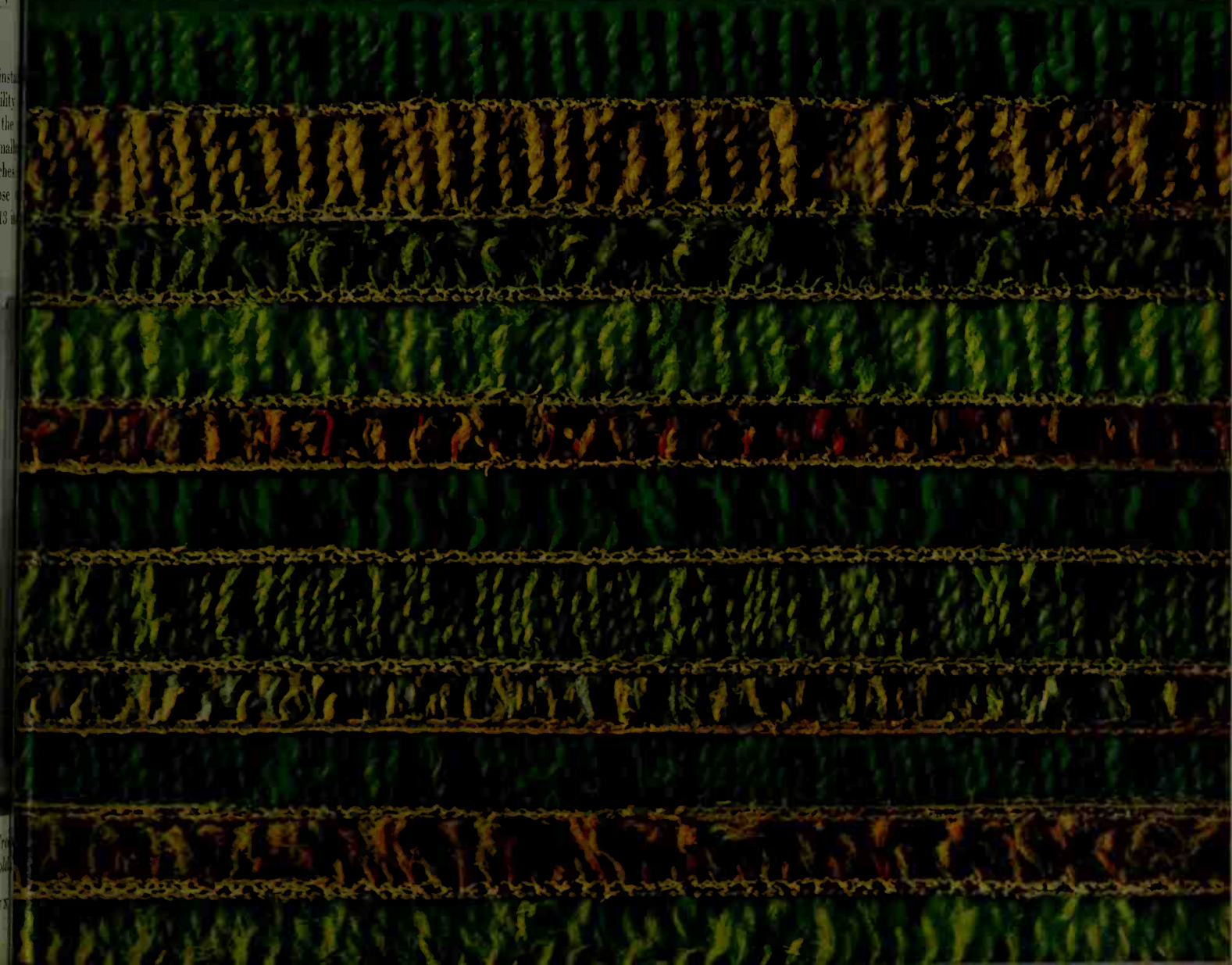
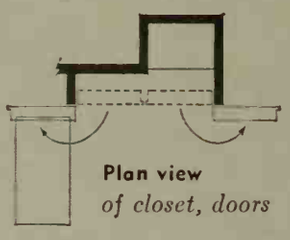


ERNEST BRAUN

Doors swing open, *a full 180° if necessary, making table accessible from three sides*

It's a fold-away sewing center



Plan view *of closet, doors*

Closed, *closet hides sewing clutter from family-dining room*

This small sewing closet takes up very little space, yet offers several advantages of a full-scale room. It's actually just some shelf space and two thick doors.

When Dr. and Mrs. John S. Dunn of Santa Rosa, California, remodeled their house, Mrs. Dunn wanted a sewing area in the main part of the house that would be small enough that she could close it up quickly.

Architects Duncombe-Roland-Miller designed the space you see here, facing it into a remodeled family room - dining room. They got maximum utility from the 10½-inch-thick doors: One accommodates fold-down work table and a storage bin for current work, and the other provides open storage by means of a perforated hardboard liner. At the rear are shelves for the sewing machine, supplies and equipment, materials, and patterns. When the doors (on piano hinges) are fully open, the closet becomes part of the family room-dining room, and can take advantage of the windows and the warmth and cheer of the family room fireplace.

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Simmons inspiration for this exciting collection of magnificent Contempor Traditonal sofa styles, is western livi depicted by SUNSET Magazine. Offe a variety of popular sizes, beautiful c and luxurious stain-resistant fabrics imported coated suede, Vectra® twe nylon cashmirlon, rayon jacquard, q luau print. One of these handsome H Bed® sofas is featured on the opposi

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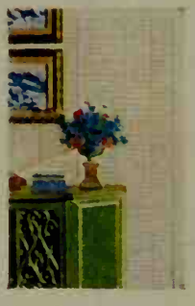

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Lath screen *provides foil for cora (commonly called dracaena palm) a separates brick entry walk from front*

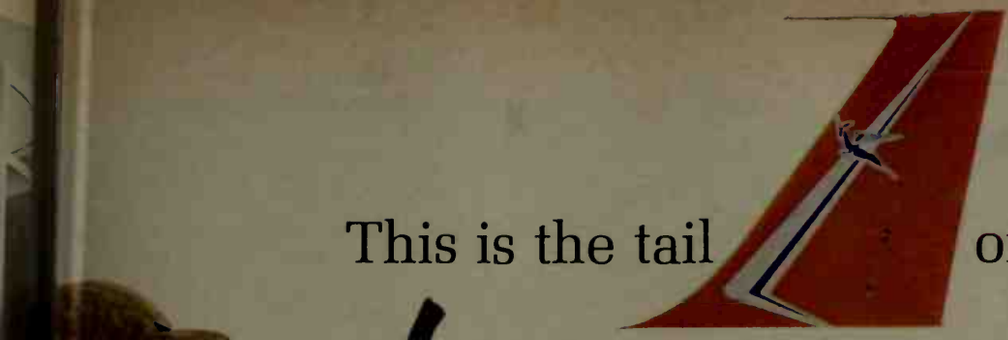
Lath screen at the entry

The partition shown here is useful in eral ways. It screens off the view of a thoroughfare without sacrificing ligh air, gives privacy to the entry and windows of the older subdivision h and furnishes an attractive backgr for plants on both sides.

In the design John Bollman used varying in width (½ to 2⅛ inches) thickness (¼ to 1 inch), alternate 4 by 4-inch posts. A gravel-covered d age and mowing strip runs underneat

The new partition projects no clos the property line than the most for part of the house, and does not vi the building code.

Plants inside *10-foot-high screen get of light, filtered sun. Low rises in b steps are outlined with small-leafed*



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elephants shade the lion's lair.

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to fashion foods you'll feast upon.

This is "endless Summer's" land

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Mountains, flowers and coolest cats

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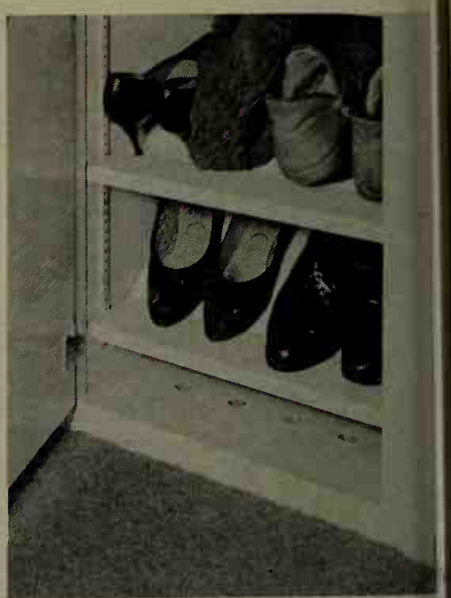
Double rows *of shoes cling by heels to 1-inch strips on sloping shelves. Archit Donald Sandy, Jr., for the Ron Vinc*

Slanting shelves for shoes

The shoe closets shown here have two sirable features: good ventilation, slanting shelves that make it easy to the shoes and remove them. In the ample above, shelves are well ai through the louvers of mahogany, bi-f ing doors. In the one below, air come through eight holes in a screened fl opening and through holes at the where there is an 8-inch vent to the at



Adjustable *shelves slant 4 inches, fast onto shelving strips. Architects: Rhi hart & Durr, for the Kenneth Schlenk*

Your husband asked us to run this ad.
It's about a sheet that irons itself. It's called wonderful Wondercale® by Springmaid.

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l cotton sheet that smooths out its wrinkles during the day,
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or.

And this new "Flower Dance" sheet (which comes in pink-marigold or blue-violet, with green) doesn't just look beautiful. It stays beautiful, day after day.

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After. *Louvered doors conceal close but don't hamper flow of air to co air return (register was moved lef*

Entry closet nov is generous

The generous entry hall closet sh above was made by combining a na coat closet with a portion of a linen cl On the other side of the wall, a redesi linen cabinet now opens to a remod bathroom.

Before. *The narrow coat closet didn't hold much; the linen cabine wasn't convenient to the bathroom*

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Announcing the end of routine air travel: Now, when you fly non-stop from New York or Chicago to California (or back), you can fly one of our new "Foreign Accent" flights!

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P.S. Get ready in Philadelphia, Washington, Baltimore and Boston. "Foreign Accent" flights coming soon.

up up and away* TWA

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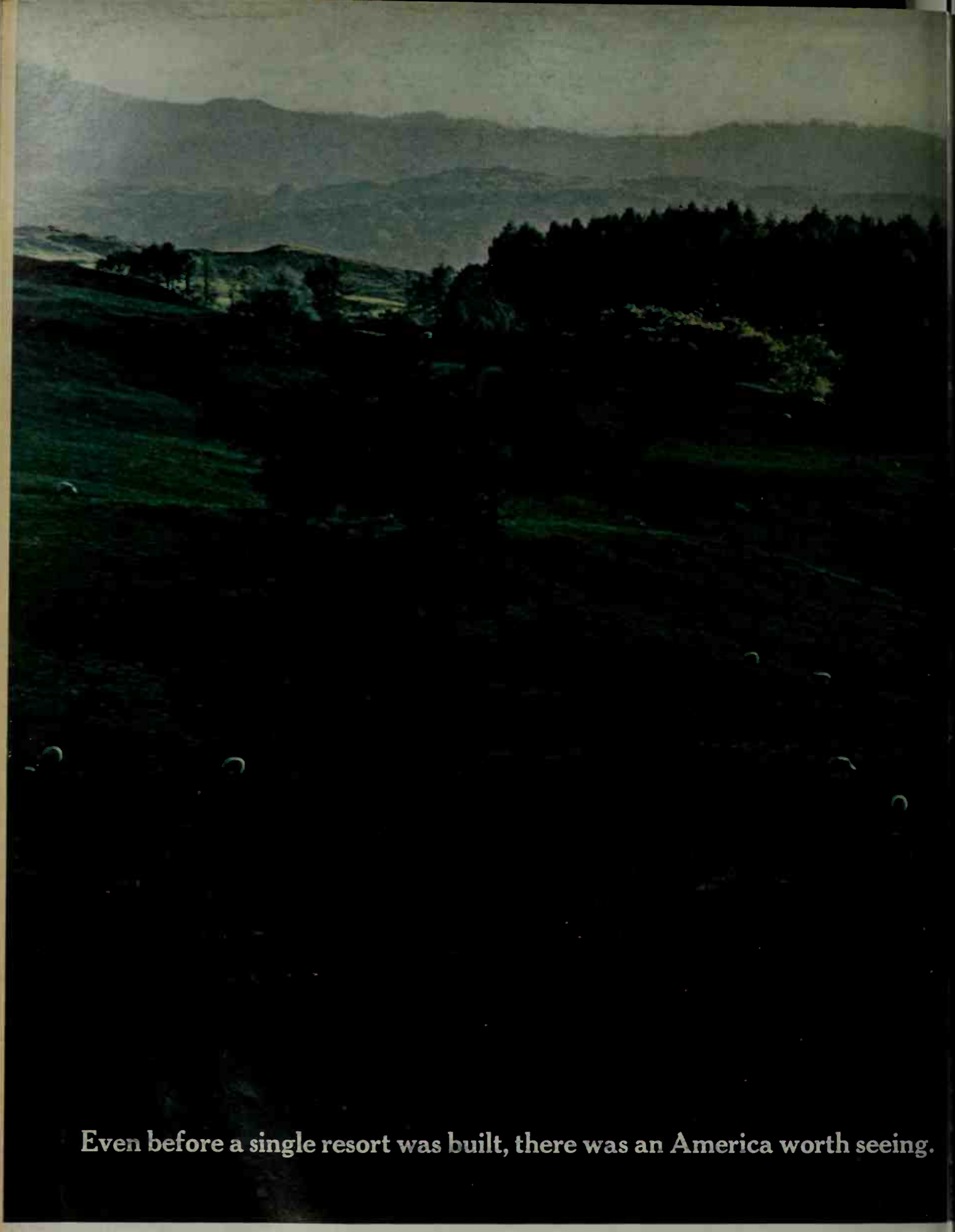


Even before a single resort was built, there was an America worth seeing.

Before there were dude ranches and skyscrapers and Olympic-size swimming pools, there were mountains and valleys and rivers and lakes and forests and prairies.

Before there was a New York, there was the Hudson.

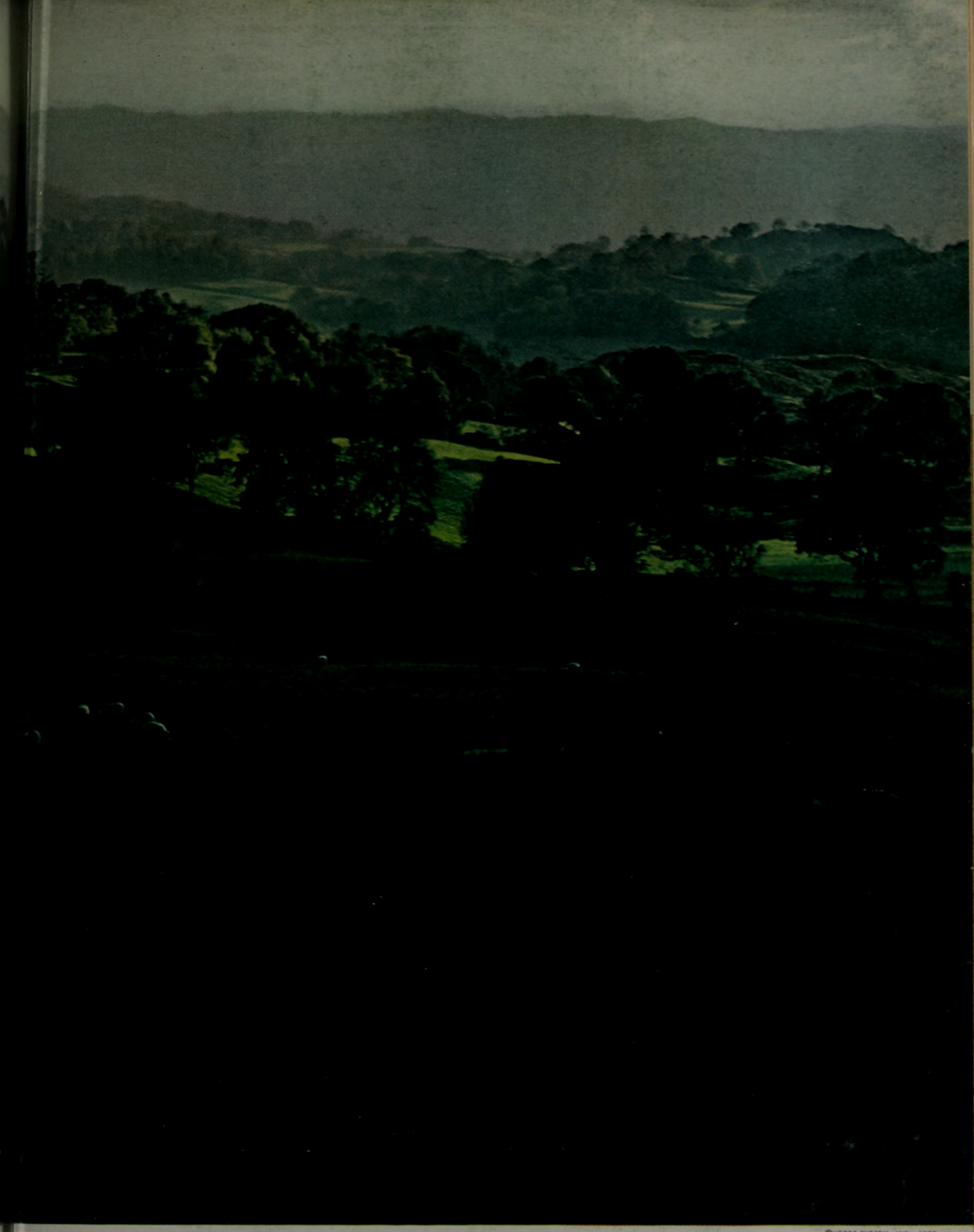
Before there was a Miami, there was the Everglades.

Before there was a Denver, there were the Rockies.

Before there was a San Francisco, there was Big Sur.

Even before anything was bu
it, there was an America. And it
there.

Despite all the square miles c
and concrete, much of the countr



s it did when the first explorers first
es on it.

his summer, when you fly some-
e for a vacation, don't overlook it.
adding a few dollars onto the
reds you'll be spending anyway, you
can rent a Ford or some other good car
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With one of our cars and one of our
many tour pamphlets, you can drive out
to where the Points of Interest don't
have signs hanging on them.

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Hertz

The WET SET is a special group of people who really know how to enjoy life, right in their own backyards. And, membership comes with every Master Pool.

Master Pool *prestige* is important . . . but even more important is the comfort of knowing you have the *finest* swimming pool money can buy. And, you will probably be surprised at the low price. Budget minded families with average incomes join the Master Pool WET SET every day. Easy financing is available to tailor your pool to your budget while you fit it to your dreams.

Look for your Master Pool builder in the Yellow Pages. He is part of the World's largest swimming pool building organization. He can give you the nationally known and trusted permanent swimming pool . . . *the standard of quality in the swimming pool industry.*

SWIMMING POOL "IDEA" AND INFORMATION BOOKLET. The Master Pools Story is 36 full-color pages of ideas and information about swimming pools and the World Wide Master Pool Organization. For your copy send your name, address and 50¢ to cover postage and handling to: "THE MASTER POOLS STORY — 3301 Gilman Road, El Monte, California — or — to 1121 Huff Road, N.W., Atlanta, Georgia."

Master Pools

The quality standard of the Swimming Pool Industry.

Whimsical *pincushions in the guises of (left to right) a mouse, a lion, and an ow*

Gift pincushions . . . in burlap

Made of burlap and decorated with yarn and felt, these simple pincushions would make good stocking stuffers, package tie-ons, or small gifts.

In addition to the burlap, you'll need bits of felt and yarn, and cotton or shredded foam for stuffing.

The basic shape of each pincushion is a chopped-off triangle. Cut out burlap pieces 6 inches wide at the base, 3 inches wide at the top, and with 7-inch sides. Then, for each one, cut a backing of felt 5 inches across the bottom and 2 inches across the top, with 6-inch sides. Machine stitch each burlap piece around all four sides, ½ inch in from edge. With a straight pin, unravel the edges up to the stitching line.

Then create the faces with bits of felt and yarn, using simple embroidery stitches. Anne Dougal, of Del Mar, California, who designed the ones shown, used a couching stitch for most detailing. The mouse ha French knot eyes, felt ears, and cheek of bright rounds of felt appliquéd in plac with yarn in a simple overstitch fro edge of circle to center. The lion ha similar eyes and cheeks, a felt forehead and a yarn ruff (use a tassel stitch or Swedish rug stitch, or make yarn knot by hand using a double thread). The ow has felt eyes and a felt beak; yarn wa used in a featherstitch for the wings.

When you've completed the face, sew o the felt backing by hand (to avoid stitch ing through the features) but leave th bottom edge open. Then stuff the pincush ion with cotton or foam and close th opening. To complete the mouse or lion attach a 5-inch tail of braided yarn o braided burlap strands.

To hang the pincushions, make a loop a the top with a burlap thread. Add colored pins for decoration.

Even a muddy elephant can't hurt Sears Acrilan carpeting.

Acrilan carpeting in the richest
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Thick 100% Acrilan® acrylic pile
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pile used in many busy hotels. It's
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Spring Lake. Looks and feels luxurious. But is under $14.00 a square yard at Sears, Roebuck and Co.

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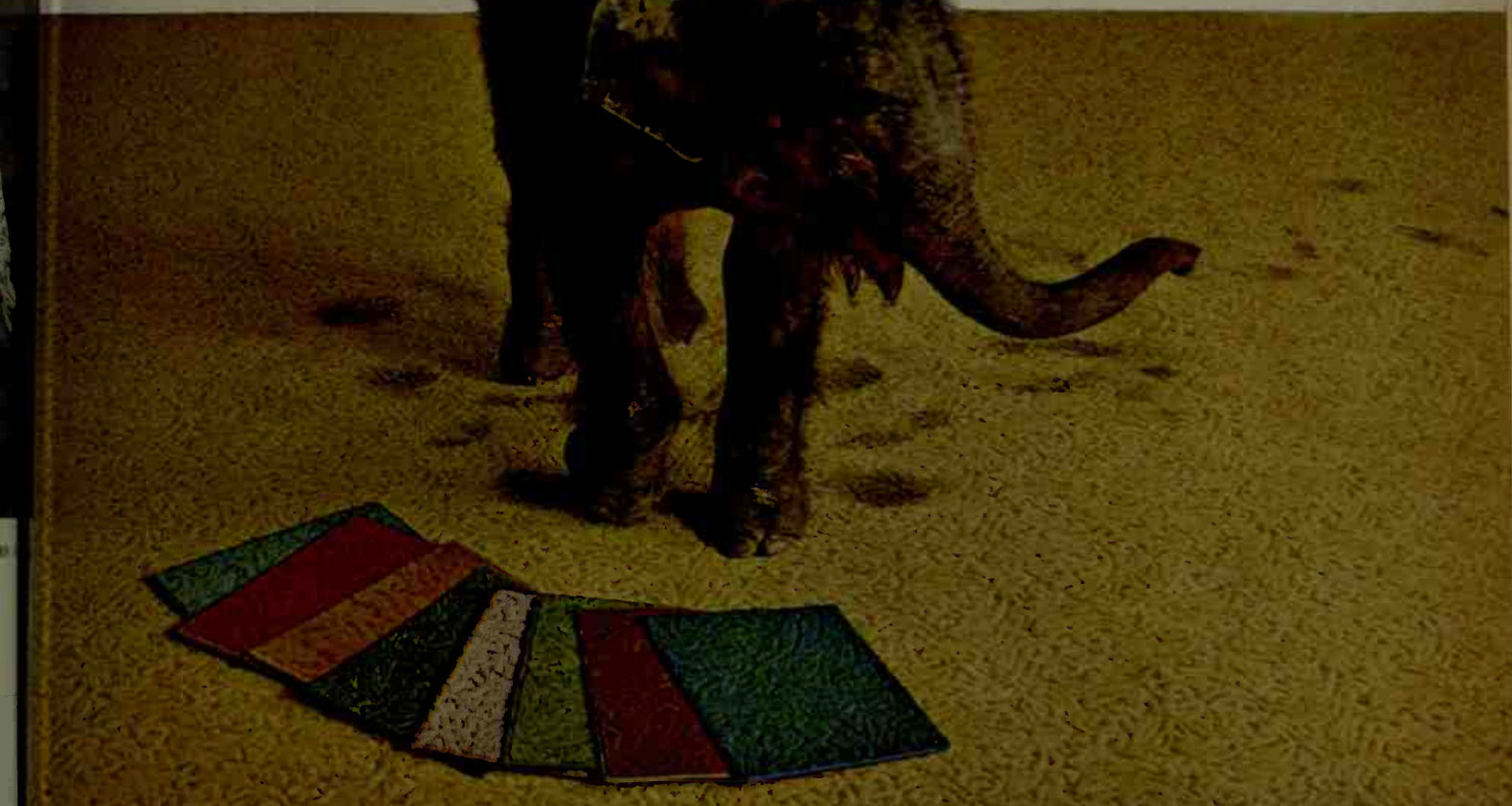

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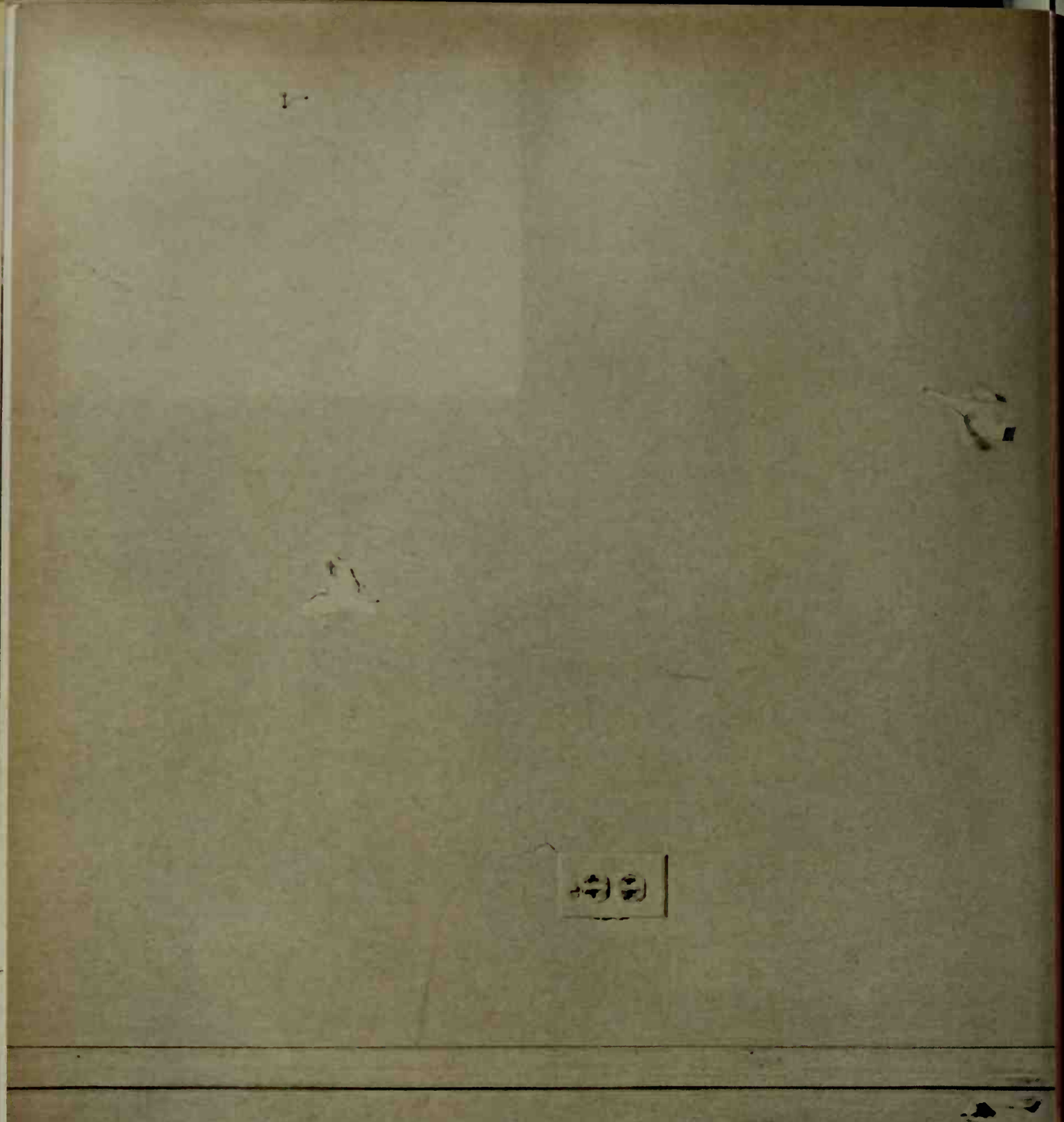


This wall is 10 years old.
This is the third time it's needed repainti

is wall is 10 years old. metimes it needs wiping.

ldwood® paneling lasts as long wall. And all it takes to keep it is an occasional wiping down quid wax.

easy to put up. You just stick it wall with Panel Adhesive. No s. No cleaning. No mess.

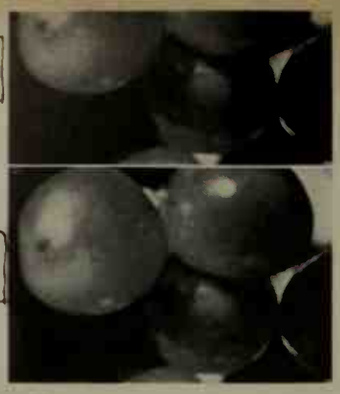
It costs less than you think. Prices start at $7.95 per 4' x 8' panel.

That's a bit more than paint costs. But once you've put it up, you never have to do it again. And if you ever want to sell your house, you'll be glad you made the investment.

You'll find Weldwood paneling at your Weldwood Headquarters dealer. And you'll find him in the Yellow Pages under Plywood.

U.S. Plywood

A Division of U.S. Plywood-Champion Papers Inc.



The Bolex 155 Macrozoom can make cranberries look like apples.

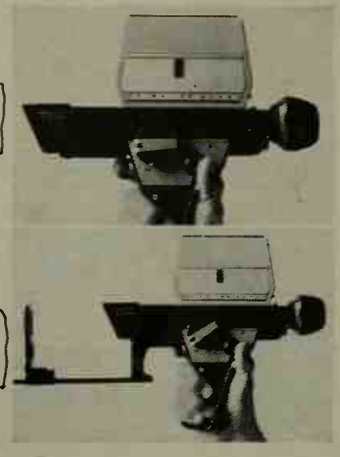
You can get within one inch of a cranberry, or anything else you're shooting, and still be able to focus. With any other regular or Super 8 camera, the very closest you can get is about four feet. Any closer and you'll be out of focus.

The extraordinary Bolex Macrozoom 8.5 to 30mm f/1.9 lens has the widest focusing range ever built into a zoom lens. That's what led us to invent the Multitrix, an incredibly versatile titling device.

Because of the unique focusing range, the Multitrix makes it possible to shoot your own movie titles, as well as incorporating slides and post cards into your footage. And with the Multitrix you can do professional looking superimpositions while you're shooting, as well as special trick photographic effects, using the focusing mechanism to make dissolves.

We're not knocking other Super 8 cameras for shooting cranberries that just look like cranberries. But the Bolex 155, with Multitrix (no extra charge), can make your home movies unique! For a demonstration of the endless possibilities, send $2.00 to Paillard and you'll receive an exciting color film about the Bolex 155. (Available in 8 or Super 8.) Paillard Incorporated, 1900 Lower Road, Linden, New Jersey, 07036.

BOLEX
155 Macrozoom



Prefabricated *private dock was delivered and fully completed at this landing for*

Is a pre-fab dock the answer?

GLENN CHRISI

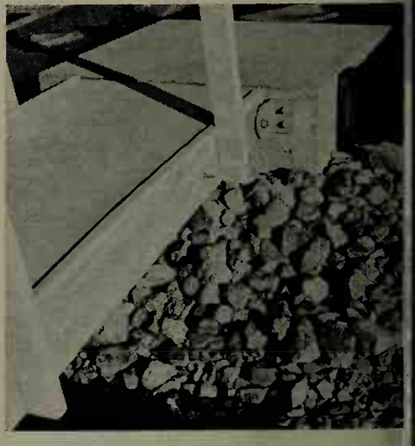
Swim ladder *made of anodized alum is removable for storage, costs abou*

This boat dock is factory-made. Built with wood decking and extruded styrene foam flotation, it was delivered and installed complete with non-skid ramp, concrete shore pad, galvanized cleats, butyl bumper strip, and ⅜-inch galvanized supporting cables for $650. A swim ladder and installation of two dock lights brought the total cost of the 20-foot-long dock to about $750.

Owners are the Roy Mitchells, of Foster City, California.

You can order other prefabricated docks to fit your needs. Lengths range from 15 to 100 feet; shapes include the standard rectangular dock shown above, finger docks, seawall docks, and swimming floats with attached anchor. You have your choice of three wood types, varying in price: unpainted Douglas fir, stained Douglas fir, and Port Orford and Alaska cedars. The same wood specified for the dock is used in the ramp. The ramp is hinged to both dock and the shore pad so that the dock can rise and fall with changes in the water level.

If you want to economize more, buy a prefabricated dock and install it yourself; or, if you want to build the dock yourself, buy the materials from the manufacturer and he will then supply free plans.



Ramp *attaches to concrete shore pa save $100, install concrete pad yo*

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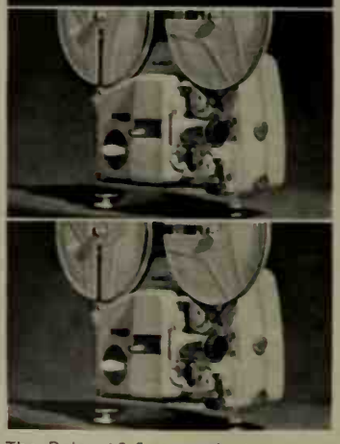
Most silent projectors come with a built-in sound track.

Most silent projectors come with a built-in sound track.



The Bolex 18-5 is a silent projector that's really silent. No mmmmmmmm, zzzzzzzzzz, or iiiiiiiii. So you won't get laryngitis from trying to shout over it. The 18-5 projector sounds something like a cricket from a mile off.

That means you can tell your wife it's Tacoma and not Grand Rapids you're looking at, in a calm livingroom voice.

It means a guest can ask for a glass of water without sounding mad.

But it also means you can't ignore the pleas for an intermission or a halt by pretending that you didn't hear.

The Bolex 18-5 Super 8 silent projector is the most silent silent projector you can buy. If it weren't for the pictures you might not even notice it was on.

For folder and name of Bolex dealer nearest you, address Paillard Incorporated, 1900 Lower Road, Linden, New Jersey 07036.

BOLEX
Bolex 18-5
Super 8 Projector.

Each side *opens up. Sink, stove, four-poster are part of the original dollhouse fur*

Just like the big house

This dollhouse was copied from an old family home built in 1915 at the corner of Beretania and Alexander streets in Honolulu. The house no longer stands; it was torn down early last year. But it survives, for the great-grandchildren and their friends, in this smaller form. Over the 50 years that the dollhouse has been passed around in the family to daughters of appropriate age, it has been added onto and remodeled to a closer and closer replica of the original house.

The dollhouse is built in three sections—roof, main body, and platform. The sides are hinged and open wide to place furniture and for play. French doors open to the porches in front and there are s windows in back. The house is 3 by 4 feet high; the platform is 14 inches The porches extend out 10 inches.

Although you may not have an old f home to copy, there are probably fine, old houses right in your own that could be scaled down to doll proportions. If the best have already razed, they were undoubtedly p graphed at one time and pictures a file with historical societies or your historian. Naturally you'll have to some liberties with the construction i you're a master craftsman and wa exact replica.

Jeepneys are Manila's flashy baby buses. They'll take you from one end of Manila to the other for four cents.

he "Jeepney" is as Filipino as

the Intramuros Golf Course,

The 18-hole Intramuros is the filled-in moat of a castle. During medieval times it was a Spanish fortress. (It's just a chip shot from the Manila Hilton.)

the bundok and

The bundok, the mountain country of rice terraces on the east coast of Luzon, has become world famous as "the boondocks"—meaning: just about as far from civilization as a place can get.

he new Manila Hilton

You'll stay at the Manila Hilton on an American Express 15-day tour of the Orient, for only $1068, including economy air fare from San Francisco. Call your travel agent for details. Incidentally, American Express escorted tours let you *prepay* your trip and help you to limit your spending overseas. **Suggestion: charge your whole trip on your American Express Credit Card and take up to a year to pay.**

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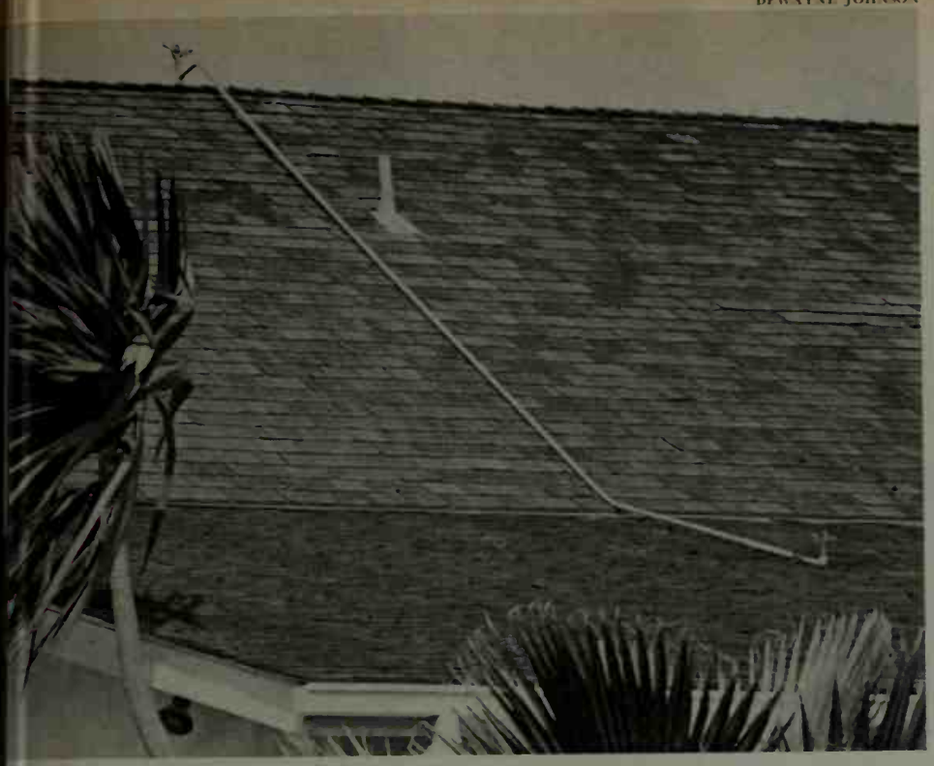

re two *of four sprinklers installed on this California house's shingle roof, ready vide some protection against a brush fire and to help cool the house on hot days*

To slow a fire . . . or cool the roof

ed in a steep, brushy area of Holly- California, this house was subject siderable hazard if a brush or grass arted in the vicinity. So the owner d what he calls his "$40 fire break" nt $40 worth of plumbing equip- that he easily installed himself in a ours' time.

sists of four large, rotary impulse- lawn sprinklers: two on the ridge of ouse roof, another at a lower level own) on a game room roof, and the over the garage. They are supplied ¾-inch pipe line that the owner ran e outside of the house in an incon- ous location. The valve that controls is easily reached from the ground.

tion, the four large sprinklers thor- ly soak the roof and plantings y, even in a strong wind. One bonus t they have also proved capable of ng the house 10° or more on hot even when turned on only partially. big bonus, of course, is peace of mind. mily members know where the valve d can turn on the system immedi- if there is fire danger. And for times the family is away, neighbors, too, where the valve is.

system is connected to the high pres- side of the water main feeding the e (the street side of the water pres- regulator). The valve for the system gate valve, giving maximum flow of r. Above it, an ordinary hose bib was installed to drain off some of the water in the piping after it has been used for cooling (otherwise, water would heat in the pipes the next day, dribble out of the sprinklers, and leave dark, wet streaks).

Water line *to roof sprinklers has a gate valve and a hose bib above it for draining*

If there's a chance of the water pressure dropping considerably, and you have a swimming pool, you could incorporate a gas or electric pump into the system to draw water from the pool.

Holy Macrozoom! You can get within one inch of the lens!

Holy Macrozoom! You can get within one inch of the lens!

With ordinary 8 or Super 8 cameras, the closest you can get to a subject is about four feet. But with the Bolex 155 Macrozoom, you can get close-ups so close, you'll hardly believe what you see on the screen. Cranberries the size of apples, a baby's finger a hundred times larger than life. A whole world of possibilities that you've never been able to shoot before. The Bolex 155 Macrozoom 8.5 to 30mm f/1.9 lens has the widest focusing range ever built into a zoom lens. That's what led us to invent the Multitrix, an incredibly versatile titling device.

Because of the unique focusing range, the Multitrix makes it possible to shoot your own movie titles, as well as incorporating slides and post cards into your footage. And with the Multitrix you can do professional looking superimpositions while you're shooting, as well as special trick photographic effects, using the focusing mechanism to make dissolves.

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BOLEX
155 Macrozoom

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*This unusual and generous offer is limited to two of Boysen's finest products: Dreem Latex flat wall paint, available in white and 10 ready-mixed colors and Rustic-Kote, a fine quality, heavy-bodied exterior flat finish for wood, stucco, cement, shakes and shingles . . . available in white and six ready-mixed colors.

Sale Starts May 1 . . . ends May 18.

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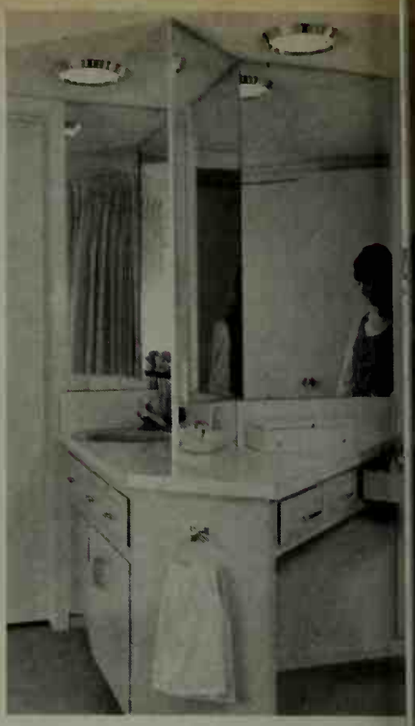
Your Boysen dealer has a handy postage-free form.

In custom colors, quantity may be slightly more or less than a gallon or quart, depending on the amount of colorant required. Prices may vary slightly.

A GROW Chemical Corp. Subsidiary



There's room *for two at this combin vanity-wash-up center. The mirror in four sections, with one double-*

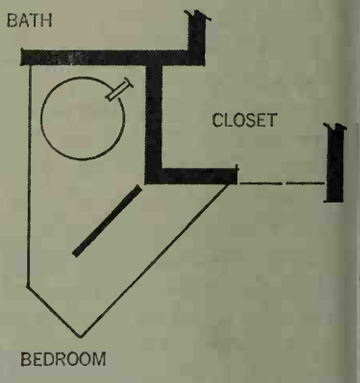
It's both vanity and wash-up

Every girl likes some extra space prettying up.

A combination vanity-wash-up c projects into this girl's bedroom blunted, triangular shape that w around a closet (see sketch below). sink side is convenient to the adj bathroom and full of useful storage s

The swing-out triangular drawer sl above solves one problem of the cer triangular shape. Hinged at one en has a curved hardboard side.

Architects were Rhinehart & Durr, fo David R. Harkness family, San Jose



Compact *arrangement for girl's groo*

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There's a lot to be said for any Sony but today we'd like to say something about our 700-U model.

For one, its screen measured diagonally is 2 inches bigger than the Sony 500-U, but it costs $20.00 less.*

A remarkable little value.

Also, the Sony 700-U weighs less than either the Sony 900-U or the Sony 500-U; all the more reason to own one.

However, to be perfectly honest it won't fit in the same small spaces as the Sony 500-U.

(The Sony 500-U is only 5⅝" high.)

And you can't show the Sony 700-U to a whole roomful like you can with our 900-U model.

All three sets, of course, come with the sunglass picture screen for outdoor viewing.

And all three operate on either house current or rechargeable battery.

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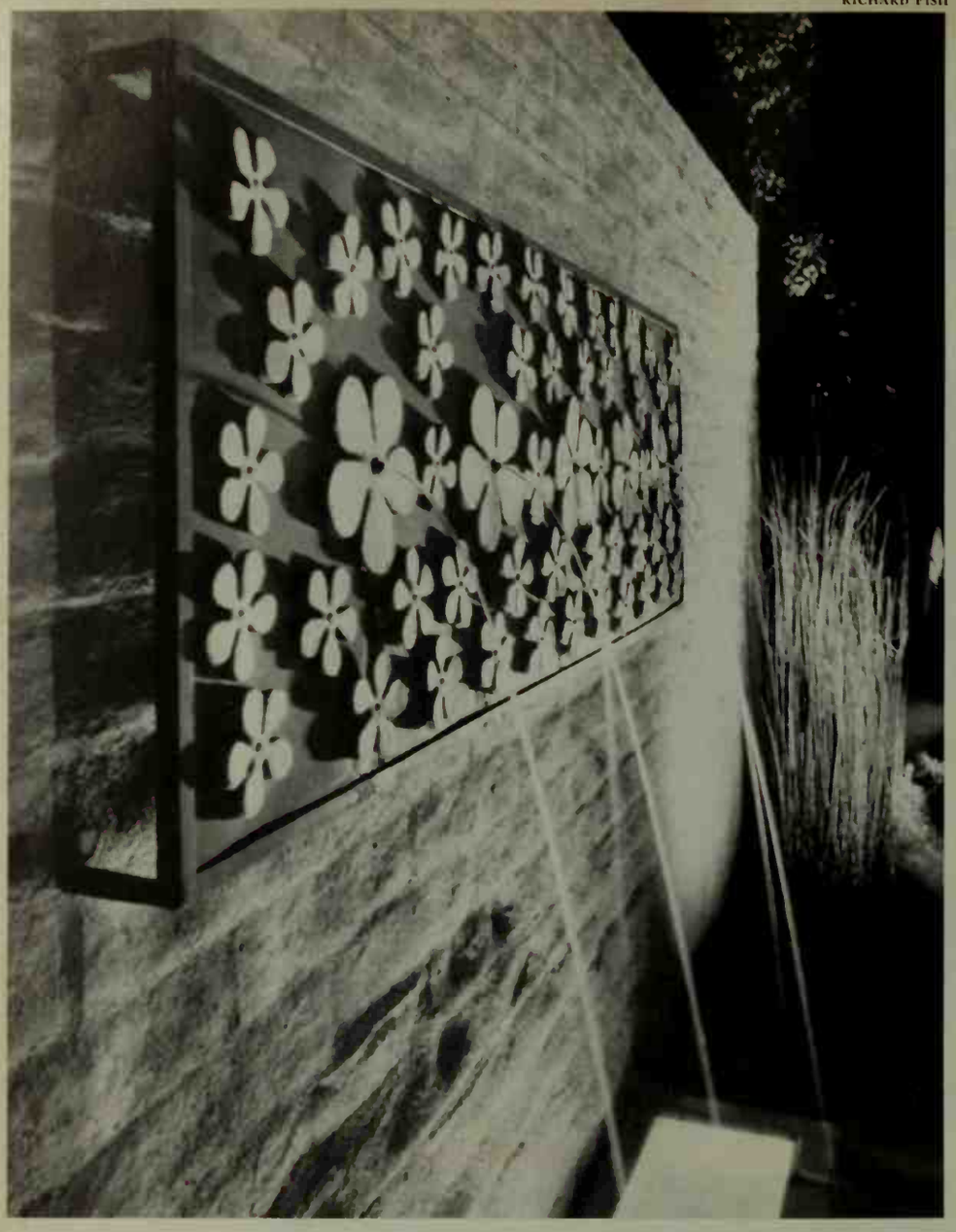
We make the sets. You make the decisions.

*AT MANUFACTURER'S SUGGESTED RETAIL PRICES. © 1968 SONY CORP. OF AMERICA. VISIT OUR SHOWROOM, 585 FIFTH AVENUE, N.Y.

RICHARD FISH



Pool water *is circulated through five-jet fountain of ceramic daisies on metal form*

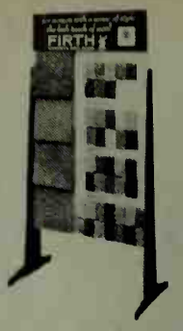
The Kleins' lively garden walls

To enliven some large expanses of masonry wall in the Alfred Klein garden, Los Angeles, landscape architects Jocelyn Domela Associates designed a special fountain and a display of metal figures. Both become even more striking at night because of the way they are set out from the wall and are lighted to cast strong shadows.

Mounted on a metal panel attached to the wall, the fountain consists of daisies by ceramist Raul Coronel. The five larger flowers contain the fountain nozzles. Water falls to a small pool, which contains a light to illuminate the fountain from below, and a recirculating pump.

On another wall, metal silhouettes (from Argentina) are set out 4 inches from the wall and are side-lit.

Light *concealed in raised planter, right, dramatizes metal figures on the patio wall*



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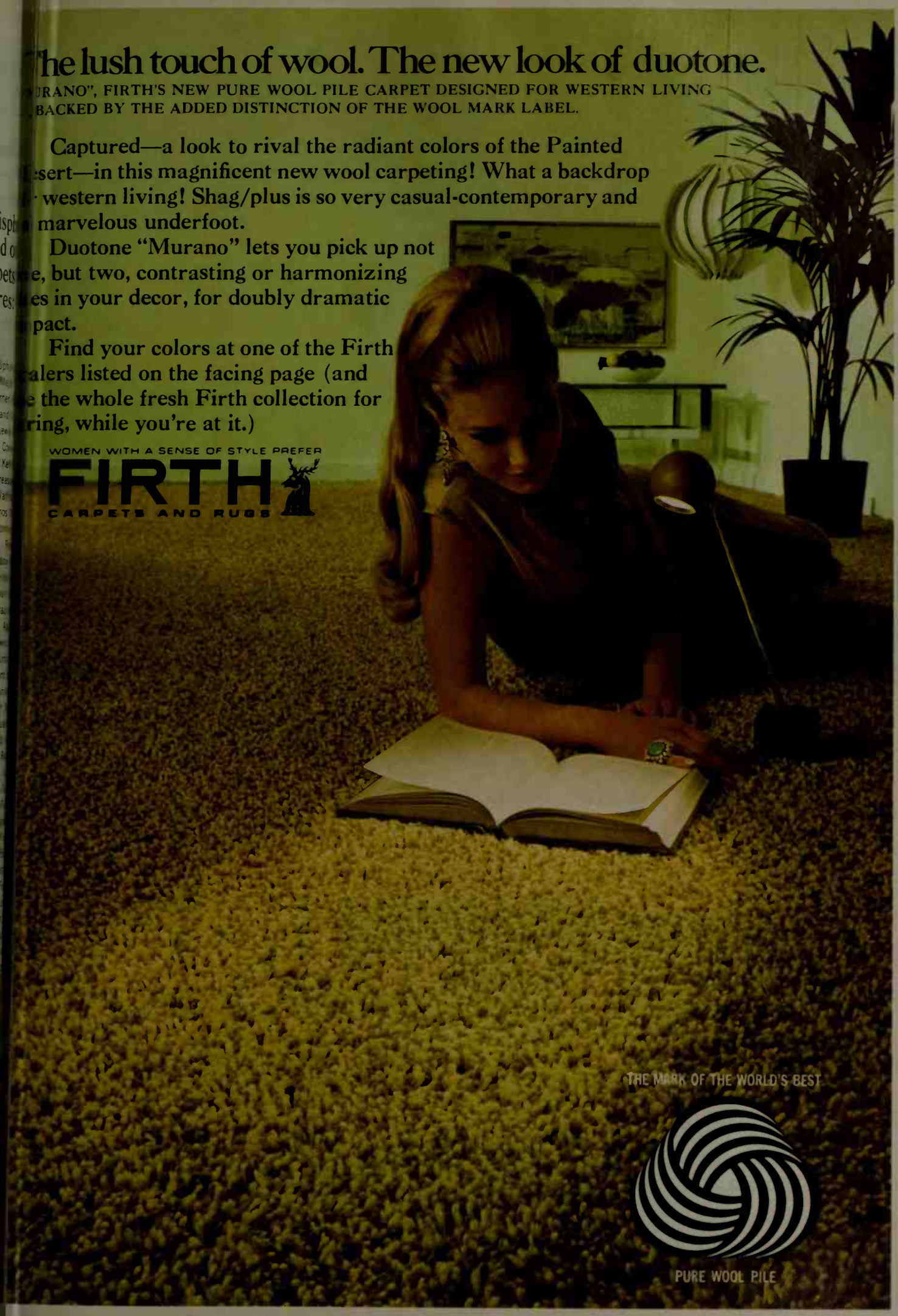
FIRTH

CARPETS AND RUGS



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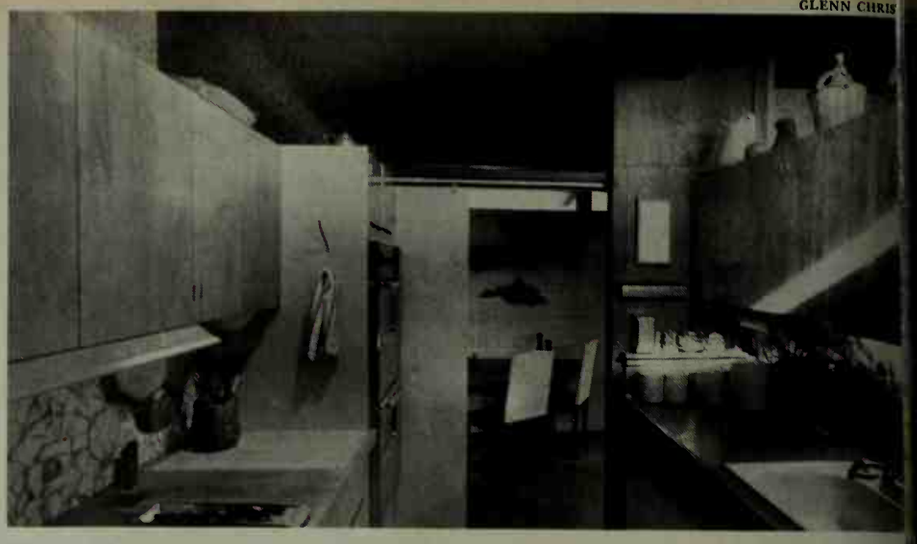
GLENN CHRIS



Kitchen *was open to the dining room. Sliding door (behind ovens) now forms par*

Open-plan *kitchen is behind the bookcase wall*

Dining side. *Door is plywood p*

Closing off an open kitchen

A problem in this open-plan California home was that the kitchen had a wide, open doorway that led directly into the dining room. No form of closure was provided to screen the view of normal mealtime clutter in the kitchen when family and guests sat down at the dining table.

There was no room for hinged doors, so Mrs. Frank E. Taylor designed this simple, low-cost sliding door. It is unobtrusive either open or closed, and is left open most of the time.

Mrs. Taylor, a designer of jewelry, likes to work with wood and woodworking tools; and she did this remodeling entirely herself.

She first extended the short, freestanding cabinet wall at the end of the bookcase shown with ¾-inch plywood panels, so it would be in line with a short floor-to-ceiling partition wall at the rear of the kitchen. Then she trimmed the top of the addition and spanned the space ac the top of the doorway with 2 by 6 wood, matching the top of the book On the dining-room side, ½ by 2- redwood trim serves as a valance b to hide the sliding-door hardware — steel sliding-door track and nylon-whe brackets commonly used for closet d The track is screwed to the undersid the 2 by 6 redwood trim.

The door itself is simply a piece of inch plywood, 45 inches wide, 77 in high. Because it hangs free outside enlarged freestanding bookcase cabine can warp slightly (as sometimes happ without causing any problems.

Door and paneling are painted. The usual handle on the door is a short len of ¾-inch copper water pipe, smoot and polished; one end is flattened bent slightly and secured to the d with brass screws.

Sea Ranch in Spring: A wonderful time to discover this spectacular area, breathe sea air and see the wildflowers. Photograph by Ernest Braun.

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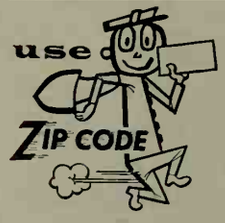

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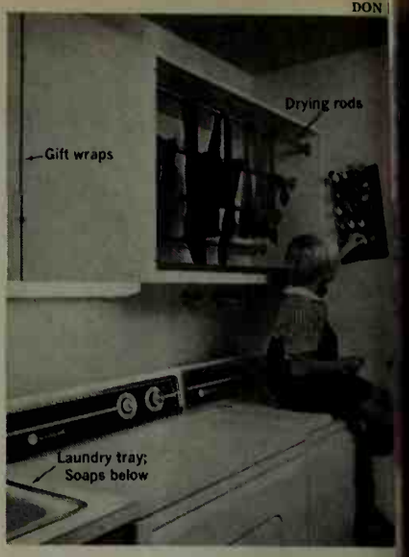

Hand laundry *dries on racks above t drips into metal pan. Jill places on thread-holder she made in Bl*

Utility room in the children's wi

This well planned utility room is up in the children's wing of the C Gotzian house, Spokane. With six dren, ages 4 to 18, Mrs. Gotzian this an ideal location; she can find of socks or start a wash load befo goes downstairs in the morning.

The children sort their own clothe color-keyed bins; the older girls oft their own laundry and, if need be run in any time to press a dress.

With a whole family of skiers, Gotzian also finds it a good place to clean and mended ski clothes.

The architects were Trogdon-Smith.

Roll-out *bins behind colored fronts clean clothes to be ironed; soiled cl presorted into white, dark, and p*

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How do you get yourself a cabin?

Sunset readers share and tell . . . where they looked, what they found

have always had a special appeal terners, with their wide choice of untry—seashore, mountains, des- l in the last decade or so this at- has only grown stronger, as the nild-up of metropolitan areas has atched by an equal surge in the and building of weekend and va- omes.

you get yourself a cabin?

October 1966 issue of *Sunset*, we readers who have already taken p to tell us how they did it, along y advice they might offer to others inking about it. This article is n their reports—on a cabin, vaca- ome, weekend place, or whatever ll their retreat-away-from-home.

of our correspondents spoke with about their experiences. One said s tempted to begin her letter, "Dear ," because "we have found at the ention of a vacation home or home u open a door to a wealth of friend- and personal interest."

A CABIN?

ority indicated that love of the out- was partly responsible.

roup sees a cabin as a way to enjoy tdoor life without sacrificing com- of home. The other strongly prefers ay-from-it-all camping, but will ac- cabin to regain some of the privacy hard to find in many camping situ- these days. ("Our older ones do re for 'busy' campgrounds, as we always encouraged them to hike us in the wilderness, and they have to prefer this way of life.")

family found even more compelling s for avoiding the camping crowds. family of eight runs from 4 years to e had tried camping but found that k too much equipment for our sta- wagon to carry. Also at overcrowded grounds we were told to come sday to be able to get a spot. My nd works Fridays and Saturdays."

ement. Other reasons for cabin hunt- ncluded an urge to plan ahead for ment ("We began looking in 1939, ng for a place to retire"), and just act that friends were doing it. ("My ly loves the woods, but we did not a weekend retreat in mind at all; it to us through a discovery some ds had made. When we drove to see what they had found, we fell in love with the area and arranged for leasing.")

Fond childhood memories influenced a few: "My husband grew up in Chicago and remembers going to the same rental cabin at the same Michigan lake year after year. I was raised in South Pasadena and I didn't much care if we went to Catalina, Newport, or Balboa, just so I could swim all day and dance all night."

Only one family specifically mentioned health. "Our daughters had been having respiratory problems each spring. Whenever they would catch a cold, the cough would last until summer, unless we spent several days inland with them."

Winter sports. Some, especially in California, thought of a cabin especially in terms of ski weekends. "Our interest centered on skiing in the Tahoe area."

And some reported that their yen for a cabin developed gradually. "About 15 years ago we began to go to various places on vacations and weekend trips. We did not really look at these with an eye to buying a cabin. After covering California pretty well in five years' time, we began to note that every time we went on a spur-of-the-moment trip we headed for the desert area of Palm Springs, Yucca Valley, and Twentynine Palms."

Frequently there was a combination of reasons. "We had thought about buying a cabin in the mountains for many years, but decided not to spend the money—until finally the smog and fast pace of suburban living got to us. Then we decided in earnest to buy a retreat that we could enjoy and also that would be an investment."

YOUR REQUIREMENTS

A most important factor was distance from home. A cabin within one hour's drive from home had major appeal (and appeared most attainable to those in the Northwest). But many were willing to settle for "a reasonable drive," with the upper limit interpreted usually as about 3 hours. But one reader with a cabin near Klamath Falls, Oregon, wrote:

"True, we can't spend every weekend there, but we leave our home in the San Fernando Valley at 6 A.M. and we are always at our cabin by 8 P.M. It is 742 miles. When we get there it is so relaxing."

Neighborliness vs. isolation. Some people frankly sought cabin subdivisions. "We decided to really look into the new developments (with beach rights) that are cropping up all over the Northwest." Others were just as firm about wanting to avoid them. "We established the following rather rigid requirements: (1) The property should not be part of a 'development.' (2) It must be semi-isolated and as primitive as possible. (3) There should be no regulations against latrines or tents. (4) It must be salt-water beach property. (5) It must cost less than $5,000."

One gave another reason for wanting isolation. "Our last requirement was that our vacation home *not* be easily accessible to constant 'drop-in', uninvited weekend guests — we remembered how they presented endless problems for our parents."

Some set pretty stiff requirements, and in many cases reported that a combination of optimism and persistence paid off. "In typical dreamer fashion we envisioned a rustic log cabin isolated from all civilization among tall pine trees with a fishing stream running by, all this within 2 hours' drive of Los Angeles at a total purchase price of not more than $4,000." (They found almost this for $3,000.)

One single woman had an unusual incentive for acquiring a cabin. She specialized in doing contract work on temporary assignment, and was moving a whole household of furnishings several times a year. "A friend of mine suggested that I make my permanent home in a resort area and my temporary home a room somewhere near my temporary jobs. It figured. So I moved 7,000 feet up into the San Bernardino National Forest and began to look for a mountain cabin."

Many tried to balance up desires, needs, and financial resources pretty carefully. Perhaps you can find some parallels with your own situation in one of these:

Beach development. "We wanted a large lot; privacy; no community clubhouse, swimming pool, or posh appointments; lights and water available, should we need them; the security of a few permanent residents to look after our things."

Country place. "Either a lot, a cabin, or a small older house with about an acre of land for privacy, away from the main highways and congested areas yet close enough to be able to reach civilization in a reasonable length of time, under $10,000 if possible, and close enough to

Sculptured metal French (Louis XVI) fluted urn with typical pineapple finial on pedestal. 37½ inches. About $82.

The Stiffel Lamp

For brochure of selected Stiffel lamps, send 25¢ to The Stiffel Company, Chicago 60610.

Oakland for year-round weekend use."

Pine trees. "We drew concentric circles on a map 1, 2, and 3 hours' drive from Phoenix. Our prime requisite was a fairly short drive into cool country, which meant pine trees to us. We needed water and electricity (paramount for easier building). We wanted private, not lease, land."

Mountain cabin. "I had the following requirements in mind: (1) within 3 hours' drive of home in Los Angeles; (2) adequate room for a growing family (three pre-schoolers and another one on the way); (3) suitable for year-round use, including accessibility during periods of heavy snow; (4) near a lake or stream; (5) less than $8,500; (6) deeded property (not a Forest Service lease); (7) reasonably close to stores, doctors, etc."

THE SEARCH

When you have made up your mind to look, and have the requirements in mind, where do you begin looking? It doesn't make much difference, provided that you switch your tactics when they don't seem to be paying off.

"Our first step was to purchase the *Sunset* book *Cabins and Vacation Houses* . . . we followed its advice and developed a list of requirements . . . We set out for Big Bear, Lake Arrowhead, and surrounding locations . . . During this time my husband mentioned at his office that we were looking for mountain property." (This mention produced a winning lead.)

The newspapers. Newspaper advertisements, of course, offer a convenient starting point. "The classified sections of the local newspaper for *Waterfront, Vacation, Island, Farm & Ranch* were our main leads. They gave a good education in price ranges, realtors, areas of 'land booms' (we avoided these areas)." Other papers besides daily papers many contain leads, too. A couple in Portland found property through an ad in a labor paper. A family in Seattle did so "through the vacation property listing in the small weekly sales paper that's left at the door."

Real estate firms. Sooner or later in their search, most people consult real estate agents. One man let several in the area know his requirements, then spent six straight weekends looking at what they showed him. "Although I considered this a tremendous waste of time, it was useful in two respects. By seeing a large number of properties I obtained a good idea as to the going prices. I was able to see cabins that ranged from a shell to completely finished, and thus got some idea of the work required to shape up a cabin."

In dealing with real estate agents, if you'd rather not play the whole field you can be more selective. "I decided I would like a beach cabin in Laguna. Undecided as to whether I would rent or buy, one weekend I went down to see a very highly recommended realtor." Another searcher said, "I shopped for a realtor as for the cabin and found some more than willing to give helpfu on location, weather, etc."

One of our correspondents said sh for property for about three yea she came across two firms that sp in country property and have a wide network of offices. "I wrote and they sent me a form card tha me exactly what I wanted in wha how much I had to spend, and intended to do with it (retiremen ness, etc.). After that is was si matter of sitting back and read folders—with photographs—an looking in person."

All-season research. Even with t and most expert of help, you sel all the answers you want witho sonal investigation of some kind. C Jose family did their preliminary with unusual thoroughness. "Abo years ago we found what we b would be our ideal location—a love in the Sierra . . . During the spring first year we rented a house in th . . . Through the summer mont stayed at different motels in th noting how many people came an the types of people, the shopping ties, the recreation available . . .

"We rented another house late in C for a week . . . At Christmastime w another house for a week in order the landscape laden with snow, a what difficulties or pleasures it pre . . . Dividing our vacation throug year into four separate vacations, came aware of the problems and ple of four seasons. A person could c same thing on weekend trips."

Change-as-you-go. There is no doub requirements are apt to change a search goes on. One of the best d strations of this process was report a family from San Francisco.

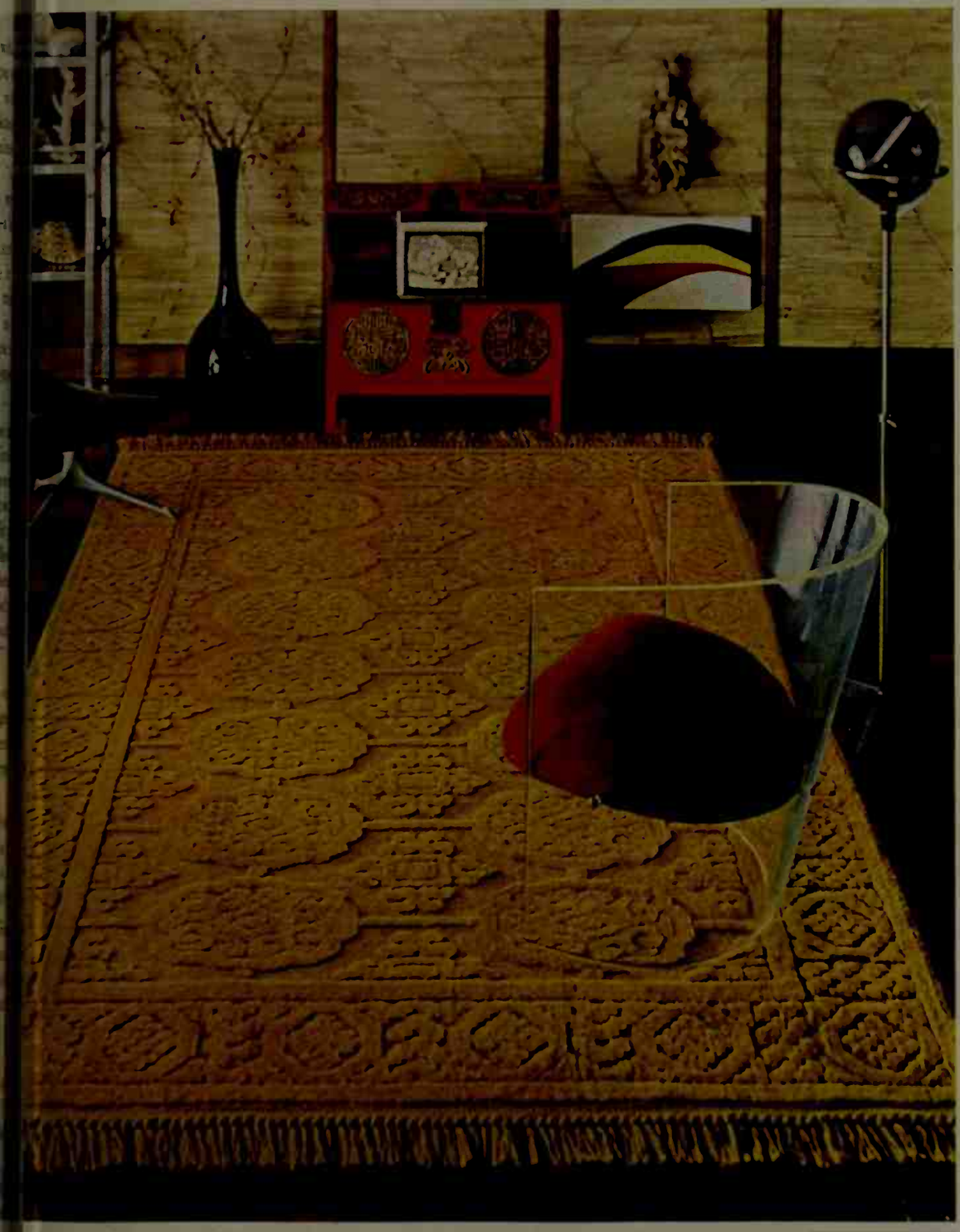
"Finding the right place for us took years. We wanted a place in the co and our only fixed requirement wa locale—southern Sonoma County.

"The classified section of the San cisco papers was our starting plac went from *Country Property* ads t farm catalogs; then to the Santa *Press Democrat* and real estate ag in that area . . .

"As our car crawled up a horrendou road, we realized how difficult it w be to get out in a fire. So our secon quirement was 'on a good road.'

"Looking at two parched, barren we decided we'd have to have tree a creek. And seeing a winter creek in mer, we added 'live' to our cree flooded cabin on a creek-bend mac amend 'live creek' to 'spring-fed, creek.' Finally, vandalized cabins an difference in size of property taxes

For the imaginative.



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SO WHAT DO YOU HAVE?

Family park. The San Francisco that we mentioned just above has for a park. "Our little park has acres of ferns, sorrel, horsetails, red maple, pepperwoods, and alders wrentits, woodpeckers, chipmunk squirrels; cool, clear water with crayfish, and salamanders—all th two acres of meadow . . . Mother does the housekeeping . . . We bridge across the creek and built foot picnic table (an idea from a contributor)."

Mobile home site. A family in the west added a slightly different va "We heard that the old quarant tion at Diamond Point, Washingto 30 miles from home, had been vided." They went down to loo found that "an old beloved picni now had "streets, lights, water, nei a low price, and low taxes. So we it . . . While we dreamed of A-fram ental teahouse-type cabins, etc., w a pit toilet, a picnic table with b and a 12 by 15-foot deck to put ou chairs on. Then after a few weeke wanted to go to the Pacific Ocean, 70 miles away, and that decided bought a small trailer. Now we are or stationary as the mood dictate

A rentable place. One California made a quite different choice in bu beach-front apartment on Montere "Our unit, one of 44, has three bed cost $29,000. It rents for $175 a w summer (a real estate office main on the property charges 15 per c this service). Units were in heavy d last summer and about half the rented theirs."

Mountain places also offer rental bilities; they were a factor in the of this unusual cooperative: "W three families who have vacation gether for many years. Because high rentals and the number of peo of us altogether), we always foun selves in cramped quarters.

"Since we all enjoyed the north sh Lake Tahoe more than any other tion spot . . . the six adults took a end to look for a lot . . . We paid ca the lot, cleared most of it without p sional help . . . The husband in one families is a designer of homes. have done most of the building ours with the exception of having the sl the house pre-fabbed and put up b fessionals — without help — in just days . . . Much of the year the hous be rented, with our three families

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dividing the remainder of the ti

Retirement. Some of our respond their houses already built for re One on the California coast ha pletely separate upstairs unit for rental. One on the Oregon c a separate "guest penthouse" u on the roof.

It is a significant clue to the rel availability of such land these d we received only one report of built on national forest land (l lease from the Forest Service). in the Northwest: an existing the McKenzie River in Oregon. with some assistance from th office. The lease (fee was $48 p was transferrable from the p owner, and the cabin was boug little under $10,000.

Two other Northwest families to locate on land that was almost wild: one on an old homestead 180 acres that was subdivide another on a reservoir created b power company dam. ("To confo government requests, there is campsite built on the water. B missing stroke of a draftsman's pe of the land adjacent to the wa not put on the map.")

Island retreat. Also in the Nor several families have found thei site on an island, including one t "fly-in" island: "accessible by bo by air (my husband is a pilot) . . . foot, year-round turf air strip wit approaches."

Several got unusual buys on lan existing buildings. A Seattle famil chasing two mountain acres with frontage and a cabin that hadn used four or five years while the were getting a divorce, reports cabin is almost as big as our ho came completely equipped with stove, refrigerator, all furniture, pl and fishing equipment." A Portlan ple, buying property in an aba mill town, got not one but two co each with two bedrooms, bath, elec and water.

An Oakland couple, seeking som under $10,000, settled for a small house "75 miles from home and outside the town of Occidental. W an acre with a small stand of 48 red in a ring around a former giant. T of the acre is devoted to an estab apple and pear orchard. We are o main road without a telephone or a bell. The little house is about 10 old and contains a large living-d kitchen combination, with a fire There is one large bedroom and a sle porch. We have a well with an el pump, and the kitchen is electric have portable electric heaters in the rooms for winter."

From the reports we received, it wou

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...le to generalize on how much it ...ple to put up their own cabins, ...e three—all built since 1961— ...strate the variety:

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... FROM THE WISE

...vo in the whole group indicated ...hey had it to do over again, they ...t. Here is what one, with a beach ...ad to say:

...st aren't able to use it as often ...ad planned. We feel guilty having ...mpty on weekends and we have ...ur friends feel welcome to use it ...e, but this just doesn't seem to ...t. At first I tried to phone them ...t would be available for the week- ...fter three or four refusals because ...o were busy, I'd give up and tell ... call us when they'd like to use it. ...ople hesitate to do this. So it's ...mpty more than used."

...ly other strongly negative note ...ed vandalism: "My husband and ... a plain log cabin in the moun- ...and have spent the last two ...pending money and effort to secure ...ce against vandals. It now takes at ... of an hour to open the place up, ...re beginning to wonder at what ...t is no longer worth it."

...dism is a potential scourge of cabin ... everywhere. Reasonable precau- ... policy of not leaving many val- ...or easily disposable items there, ... philosophical attitude toward the ... of vandalism are the only anti- ...ve have ever heard proposed.)

...re other bits of advice passed on ...re optimistic cabin owners:

... for a cabin. "Let it be known ...ou are interested in a cabin site or ...age. You never know who might ...e to help you."

...uld advise any prospective pur- ... of a cabin lot to do it as soon as ...le. Lots on our lake in 1955 were ... $750; today they are selling at ... to $2,400."

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Zion National Park
Grand Canyon National Park
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was finally over."

"A good rule of thumb in finding roads (in snow country) is to f rural school bus. The school bus always kept up and cleared ear other roads . . . It is good to be short distance of a main road, s your own road is missed, you d far to shovel. Likewise it is goo cabin to be placed close to the the lot . . . Best buys in the moun at the very beginning of the war when there are many listings, o middle of winter when some p lowered."

Cabin construction. "When yo that cabin, don't make it too sm have more friends than you thi

"If at all possible, build your ow . . . You don't have to start with niceties of civilization available Sad to say, they all will eventual out to you—they have to us."

"Shy away from A-frame cabi small economies they offer are, to of thinking, more than offset b design disadvantages. One can erect only in the middle few feet loft. Present building code requi of windows equaling ⅛ the floor a hard to meet . . . Storage space to come by, especially for skis, sk fishing rods, snow shovels, gar 'pioneer' tools, and clothes; all vertical storage . . . The sloping w makes installation of a masonry fi quite difficult in snow country."

One owner, in listing mistakes he included these: "Ordered all cabi ponents at once; should have had s a partial load, as rain was heav theft is a big hazard . . . In snow c avoid a doorway on the side wher will slide off roof."

Cabin furnishing. "Our original id to avoid the 'early attic' look so c to summer homes. We have ju basics: a large round white pedestal five director's chairs in white with canvas, two 50-year-old Thone chairs rescued from a thrift sho antiqued blue, two hanging bubble of Capiz shell, and a small mosaic-t coffee table. We plan eventually slab-door couches with foam pads, t ble as beds."

Relaxed cabin living. "The biggest lem was free-loading, do-nothing g Some thought they were checkin the Laguna Hilton, and as a resu owners did all the work. It is impo to establish house rules from the beginning.

"One very large pitfall is a garden advice: Keep it simple and as nati the area as possible. I started out bulbs, annuals, the whole bit. Towar end—succulents, geraniums, statice native to Laguna."

e pitched a Coleman Tent side the drenching Pacific surf.

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SUNSET'S

Kitchen Cabinet®

Many meals will be planned around meats cooked on the b this month. Often you will want to eat out-of-doors too; bu good idea to keep things flexible enough so you can switch t in or out at the last minute.

Two recipes we feature here this month are especially suita companiments to barbecued meats. One tastily combines s and rice in a dish you could cook in an electric frying pan. T ond is a vegetable casserole of summer squash and fresh mus in a cheese-flavored custard.

Shredded spinach cooks on top of rice pilaf; blend them together, serve

RICE AND SPINACH SAUTE

Use an electric frying pan or a large pan with a tight-fitting lid (such as a Dutch oven) to cook this dish.

- 2 tablespoons *each* butter and olive oil or salad oil
- 1 medium-sized onion, thinly sliced
- 1 cup long-grained rice (uncooked)
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 2 cups boiling chicken broth
- ½ cup chopped fresh tomato or canned tomatoes
- 1½ pounds fresh spinach

Heat the butter and oil in the pan. Add onion and sauté for about 4 minutes. Add the rice and continue to sauté, stirring, until rice and onion are lightly browned, about 10 minutes. Add salt, pepper, broth, and tomato. heat, cover, and simmer for a minutes, until rice is tender, a of the liquid is absorbed.

Meanwhile wash the spinach trim off stems; cut spinach lea shreds. Put spinach on top o pan; cover, and continue cooki spinach is just tender, about 3 Stir spinach into rice and ser ing more salt if needed. Or red of electric frying pan to war serve from pan. Makes about ings.—*Z. B., Boulder Creek, C*

You might sprinkle grated P cheese over this dish when you

Pour beaten eggs over the vegetables just before you put this dish in to bake

BAKED ZUCCHINI WITH MUSHROOMS

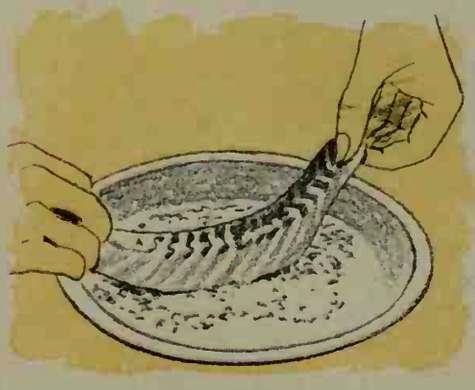
To get a head start for a company dinner, you can arrange the vegetable in this casserole several hours ahead.

- 2 tablespoons butter or margarine
- ½ pound fresh mushrooms, sliced
- ½ teaspoon salt
- ⅛ teaspoon *each* garlic salt and pepper
- ¼ teaspoon Italian herb seasoning or oregano
- 4 medium-sized zucchini (about 1 lb.)
- ¼ cup fresh bread crumbs (whirl bread pieces in blender)
- 4 tablespoons grated Parmesan or Romano cheese
- 4 eggs

In a frying pan, heat the butter; add the mushrooms and sauté over medium high heat for about 5 minutes, until most of the liquid has evaporat in the salt, garlic salt, pepp Italian herb seasoning; set asi

Wash and trim zucchini, the shred it. In a bowl combine z bread crumbs, 2 tablespoons cheese, and mushroom mixture into a greased 8-inch square dish. If making the dish ahea and let stand at room temperat

Beat eggs until blended, pour o chini, and stir gently with fork uncovered, in a 325° oven ju custard is set, 35 to 40 minutes topped with remaining cheese. 6 to 8 servings.—*H. S., Los Altos*



Preseasoned fish fillets are coated all over with bread crumbs before broiling

CURRY-BROILED FISH FILLETS

Serving-size fillets of halibut, flounder, lingcod, or rockfish are all good cooked this easy way.

- 1½ cups fresh bread crumbs (whirl bread pieces in blender)
- ⅓ cup mayonnaise
- 2 teaspoons curry powder
- 4 fish fillets (see above), about 1¼ pounds
- Salt
- 2 tablespoons butter or margarine
- 2 tablespoons finely chopped chutney or ginger marmalade
- 2 tablespoons lime or lemon juice

Spread bread crumbs in a shallow pan; put under broiler until toasted, then set aside. Combine the mayonnaise with curry powder. Sprinkle fish lightly with salt. Spread one side of ea with mayonnaise mixture, using it. Turn fillets, mayonnaise-side in the crumbs; spread second sid remaining mayonnaise and coa remaining crumbs. Transfer fille well greased shallow baking pa 5 inches below a preheated broil broil for about 5 minutes, un flakes when tested with a fork.

Meanwhile heat the butter in a saucepan. Stir in the chutney an juice until well blended; set asi With spatula, remove fillets to serving plate. Serve with chutne ter. Serves 4.—*H. N., San Fra*

for plentiful citrus fruits and luscious strawberries, it is be-
easons for fresh fruit in the West—thus a good month to
pecial apple pie. A little rhubarb baked in it gives a delicious
and rosy blush to late-season apples.

er: Contributions of original recipes and menu ideas from
lers in the West are always welcome. You are invited to
your own creations for testing in *Sunset's* kitchens; mail
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ublished.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

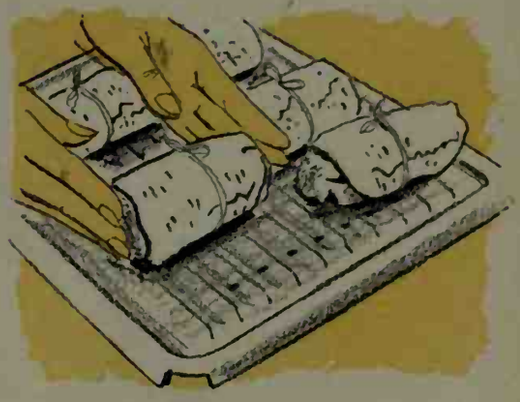
OLLS WITH DILL STUFFING

package of frozen chopped
ed veal or beef steaks and
ix, you can quickly put to-
ese impressive looking rolls.

- nd lean ground beef or ground uck
- seasoned bread stuffing mix, ely crushed
- poon instant minced onion
- slightly beaten
- dill pickle liquid
- poon salt
- poon pepper
- e dill pickles
- kage (15 oz.) of 5 frozen al or beef steaks, thawed

wl combine the ground beef
ffing mix, onion, egg, pickle liquid, salt, pepper, and one of the dill pickles, chopped. Divide stuffing mixture in 5 equal portions. Cut the remaining dill pickle into 5 long strips. Shape a portion of the stuffing mixture around each pickle strip. Roll stuffing inside each of the steaks; secure each roll with string. Place rolls on a rack in a shallow baking pan. Bake, uncovered, in a 325° oven for 30 minutes. Remove string before serving. Makes 5 servings.—*A. B., Larkspur, Calif.*

You might serve these rolls with mushroom sauce made by preparing a mushroom gravy mix as directed on the package.



You could prepare these meat rolls ahead, bake them just before serving

ALAD

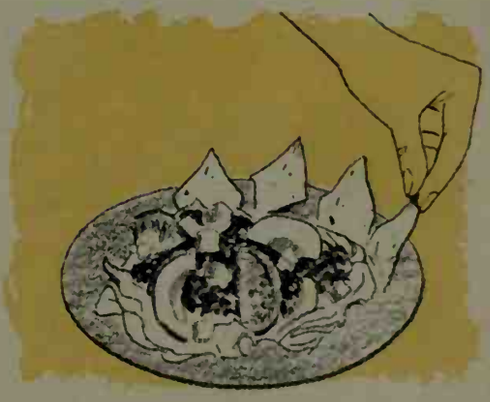
d Mexican fashion it combines
at sauce and cheese with cold,
uce.

- und lean ground beef
- o finely chopped onion
- spoon salt
- spoons chile powder
- (8 oz.) tomato sauce
- dium-sized head iceberg lettuce
- o shredded Cheddar cheese
- dium-sized tomatoes, peeled, ut in wedges
- ocado, peeled and sliced (optional)
- ps corn chips or tortilla chips

meat and onion into a frying
r medium-high heat; stir until
t is crumbly and has lost its pinkness and the onion is tender, about 7 minutes. Stir in the salt, chile powder, and tomato sauce; keep hot.

Shred the lettuce and arrange on individual salad plates. Top each with the hot meat mixture and sprinkle with cheese. Arrange on each salad tomato wedges and avocado slices, if used. Place corn chips around edges of salads, and serve immediately. Makes 4 servings.—*A. R., Alhambra, Calif.*

If you like more hotly seasoned Mexican foods, you might add chopped canned green chiles or liquid hot pepper seasoning to taste; stir into the meat mixture with the tomato sauce.



Crisp corn chips make the final addition to this unusual luncheon salad

APPLE PIE

brightest red rhubarb you can
best color in this pie.

- ps sliced peeled cooking apples
- ps thinly sliced rhubarb
- p granulated sugar
- blespoons quick-cooking tapioca
- aspoon mace or nutmeg
- stry for a 9-inch pastry shell, unbaked
- p *each* flour and brown sugar, firmly packed
- aspoon cinnamon
- p butter or margarine

wl combine the apples and rhu-
ith the granulated sugar, tapi-
d mace or nutmeg; mix lightly
d.

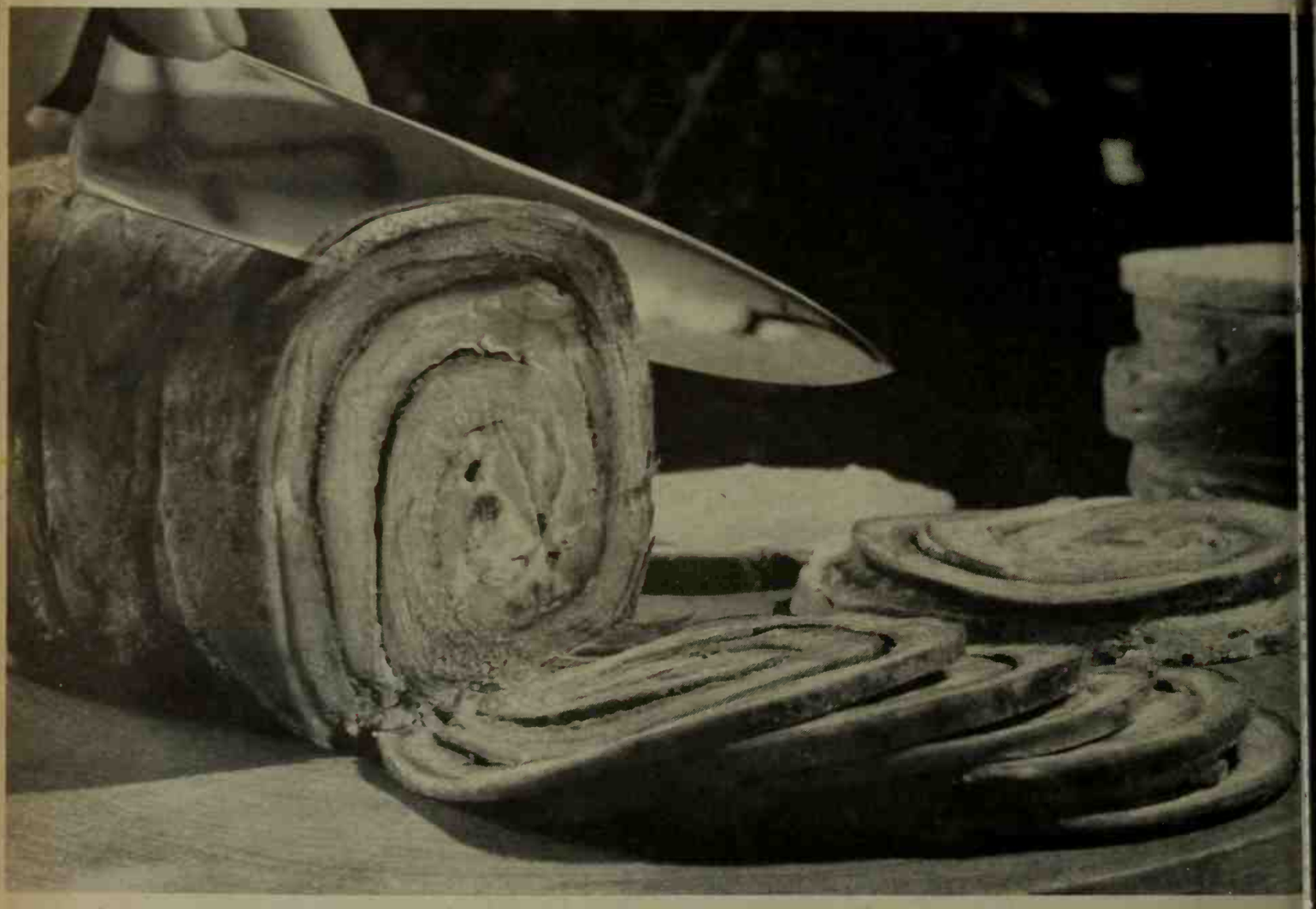
e the pastry shell using a pie crust mix or your own recipe; make a fairly high fluted edge to keep in pie juices. Turn the fruit mixture into prepared pastry shell. In a small bowl combine the flour, brown sugar, and cinnamon. Add butter and mix with a pastry blender or fork until coarse crumbs form. Sprinkle evenly over the top of the apples. Bake in a 375° oven for about 1 hour, or until apples are tender and topping is browned. Serve either warm or cold. Makes a 9-inch pie.—*M. S., Seattle.*

If calories don't count, a scoop of vanilla ice cream is delicious on this pie, freshly baked and served warm.

Rhubarb flavors this apple pie without asserting its own flavor too much

Serve Austrian steak roll *in ¾-inch-thick slices and accompany with bouquet of vegetable relishes in basket and sourdou*

DARR



Slice Danish meat roll *⅛ inch thick, arrange on buttered rye bread rounds, spread with Dijon-style mustard for picnic sa*

SU

Picnic meat loaves

Two actually are meat rolls, the other is pâté inside a bun

hree extraordinary meat loaves ne candidates for picnic menus. Of n, Danish, and French origin, they ly meat rolls and pâté in a loaf.

ctly shaped, they travel well-chilled r basket for easy slicing when you t the destination.

ne of these make-ahead entrées, n set a splendid outdoor spread by ng a few additional menu ingredi- complementary bread (for sand-) or rolls, vegetable relishes (raw or ted in French dressing) or salad, fresh fruit, and perhaps wine.

is handsome meat roll, round steak culent ham and mushroom stuff- t displays a pinwheel pattern when This is excellent served hot as well led.

ntrée requires a 1½-inch-thick top steak weighing about 2½ pounds. our meatman to butterfly it—that to slice almost through it but not tely, so it opens to twice the orig- ze.

RIAN MEAT ROLL

pounds top round steak, 1½ inches thick and butterflied
large onions, finely chopped
tablespoons butter or margarine
pound fresh mushrooms
teaspoon *each* garlic salt and whole tarragon, crumbled
egg yolks
cup soft white bread crumbs
cup grated Parmesan cheese
pound ham, sliced ¼ inch thick
teaspoon salt
Freshly ground pepper
cup sour cream

d the butterflied round steak flat on pping board and pound lightly with den mallet until about ½ inch thick.

a large frying pan, sauté onions in r until limp. Reserve 2 mushrooms rnish and finely chop the remainder; the chopped mushrooms to the pan sauté a few minutes longer. Season garlic salt and tarragon. Beat egg until light and mix in bread crumbs and cheese; gently mix in the onion and mushroom mixture and the ham, cut in julienne strips. Spread filling over steak.

Roll up the steak and tie with a string every 1½ inches or so. Place in a baking pan and season with salt and pepper.

Bake uncovered in a 425° oven for 15 minutes, or until browned; reduce oven temperature to 375° and bake 30 minutes longer for medium rare meat (it will be slightly pink inside). Cool and chill.

Before serving, remove strings and spread top with sour cream. Slice the reserved mushrooms and arrange overlapping on the sour cream. Makes about 10 servings.

Another time, you might enjoy serving this meat roll hot.

The spiciness of cloves permeates this Danish pinwheel of beef and lamb. It slices beautifully to any thickness desired. Because you weight it after simmering, the meat stays sealed together even when it is cut.

Try to select pieces of meat of equal length and width (their thickness may vary) for a neat meat roll.

ROLLED SAUSAGE (Rullepølse)

1 flank steak (approximately 1¼ pounds)
1 boneless breast of lamb (approximately ¾ pound)
2 teaspoons salt
1 teaspoon ground cloves
½ teaspoon allspice
1 teaspoon freshly ground pepper
½ teaspoon sugar
1 can (10½ oz.) condensed beef broth

With a wooden mallet, gently pound the meats into pieces of similar size. Lay flank steak down first and place the lamb on top. Mix together the salt, cloves, allspice, pepper, and sugar and sprinkle evenly over the meat. Roll up, starting at a narrow end, and tie roll with strings spaced 1 inch apart. Thread a large sewing needle with string and sew ends and seam securely.

Lay tied meat roll in a pan and pour in broth (undiluted). Cover and simmer for 2 hours or just until tender. Remove from broth and place in a 5 by 9-inch loaf pan (or other convenient dish); cover with a small board and weight with a heavy object (such as an antique iron or 5-pound bag of sugar) for at least 8 hours, turning roll several times to keep an even shape. As soon as roll is cool, refrigerate it. Remove string and slice to serve. Makes 1 roll, about 2 pounds. Keeps refrigerated for 1 week.

Butter-rich frozen brioche rolls make ideal edible containers to hollow out and fill with mushroom and chicken liver pâté. The result is intriguing: individual buns encasing a savory pâté filling.

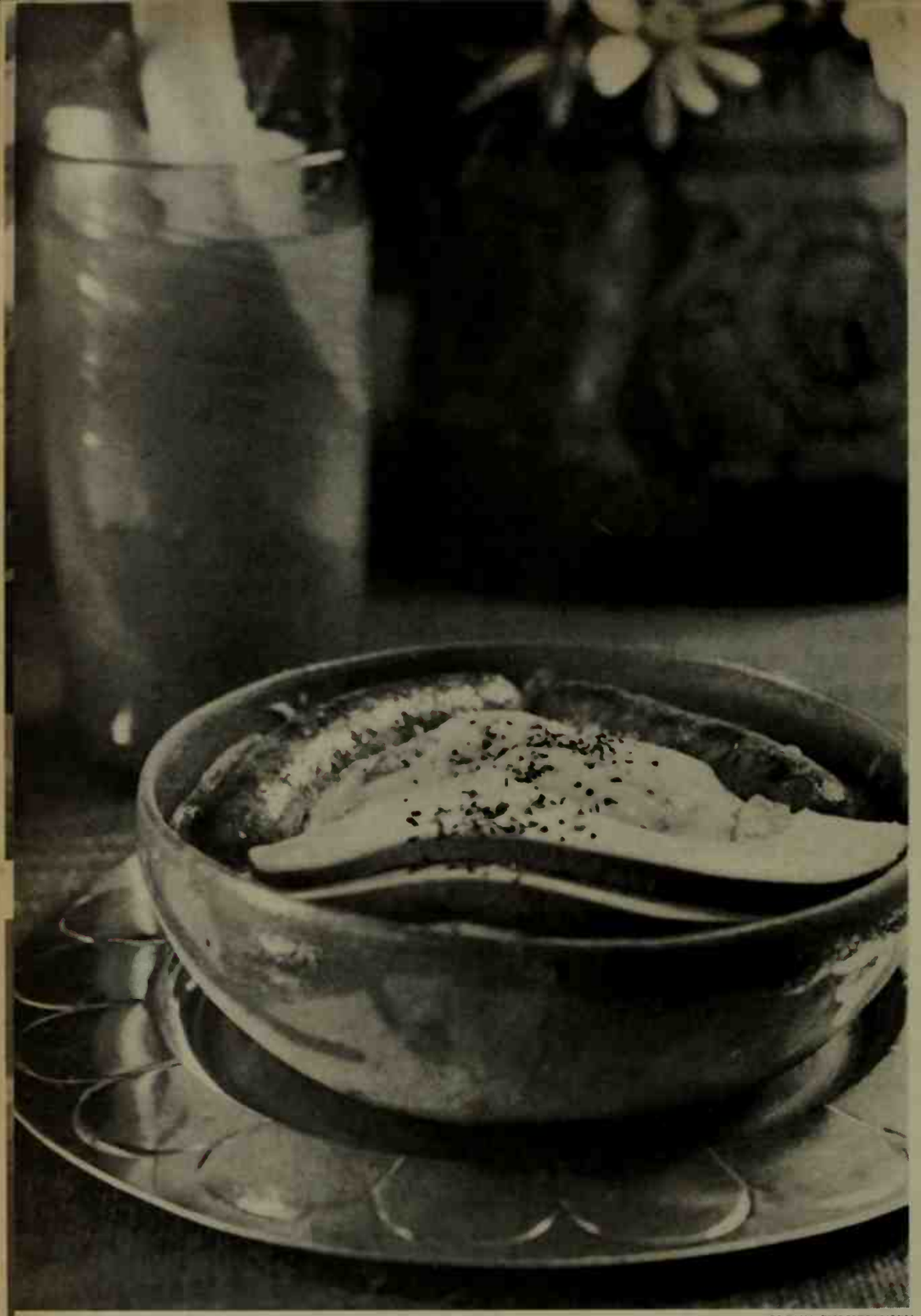
BRIOCHE PÂTÉS

¾ pound chicken livers
½ pound mushrooms, chopped
6 tablespoons butter or margarine
½ teaspoon *each* garlic salt, onion salt, and dried tarragon (crumbled)
2 tablespoons dry white wine
1 tablespoon brandy
2 packages (7½ oz. *each*) frozen brioche rolls (12 individual small brioches)

Sauté chicken livers and mushrooms in 2 tablespoons of the butter with garlic salt, onion salt, and tarragon for 5 minutes, stirring occasionally. Add wine and brandy, cover, and simmer 10 minutes longer. Transfer to a blender and purée until smooth. Then blend in the remaining 4 tablespoons butter.

Slice the tops off each brioche and with a sharp pointed knife hollow out the insides, leaving at least a ½-inch shell. Spoon pâté mixture inside each brioche and cover with the tops of the rolls. Bake in a 350° oven for 30 minutes. Cool and chill. Makes 12 pâté-filled brioches. Allow 2 per serving.

Carry *pâté-filled brioche buns in napkin-lined basket. Cut in half for easy eating*



GLENN CHRISTIANSEN

Avocado and sausages *surround fried egg that tops individual enchilada brunch dish*

Stacked enchiladas with a freshly
tomato and mushroom filling are
for this hearty and attractive b
supper entrée. You can assembl
dividual casseroles or one large
ahead and chill. Bake to heat, a
same time cook the eggs to serv

We suggest a Mexican-style fru
as both beverage and fruit cours
plete this colorful meal.

ENCHILADA CASSEROLE WITH

Salad oil
8 corn tortillas
Tomato-mushroom sauce (recipe follows)
2 cups shredded longhorn Cheddar cheese
8 cooked and drained pork link sausa
4 hot, fried or poached eggs with sof yolks
Avocado slices

Heat about ½ inch salad oil in
frying pan over medium heat. F
llas, one at a time, just until s
once. Drain briefly. Put 1 tortilla
of 4 individual baking dishes (5 t
diameter), or arrange 4 tortillas
tom of an 8 by 10-inch (or 9-inch
casserole. Spoon ¼ of the tomat
room sauce into each of the 4 ca
or spread all of it in the large c
Sprinkle with about ½ cup of the
top with remaining tortillas. Spri
tillas evenly with remaining che
place sausages on one side of di
this point you can cover and chill
long as overnight.)

Bake casserole uncovered in a 350
15 minutes for unchilled mixture
chilled (cover first 10 minutes). T
serole or casseroles with cooked eg
nish with avocado slices. Serve at

Tomato-Mushroom Sauce. In a w
ing pan cook 1 large, chopped oni
tablespoons salad oil until soft
browned. Add ½ pound sliced mus
and cook, stirring, just until slightl
looking. Add 1 can (1 lb.) whole,
tomatoes and mash with spoon.
½ teaspoon *each* oregano and salt
small dried hot red chile, crumble
mer, uncovered, over medium-lov

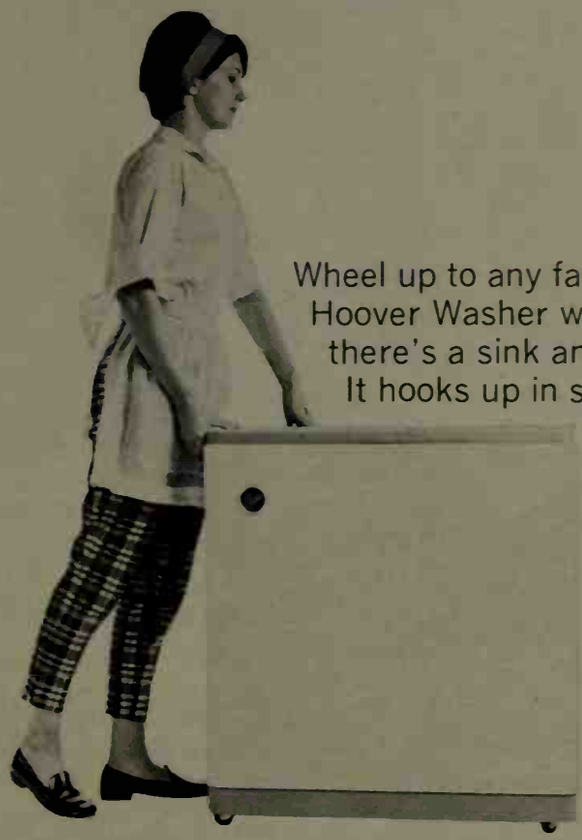
If you think an enchilada is just a sauced tortilla wrapped around a meat or cheese filling, these south-of-the-border variations offer you a surprising insight into the versatility of Mexican foods.

True, their ingredients lean heavily on a standard selection, but the assembling is unusual. The first enchiladas are flat tortillas with filling between the layers. In the second dish, a soufflé mixture bakes in a shell of tortillas. The chicken enchiladas are topped, rather than filled, with chicken. And the meat enchiladas are filled with a special kind of chorizo.

The Mexicans make more than one kind of enchilada

Hoover's Mobile Washer

It's like a compact car. But for clothes.



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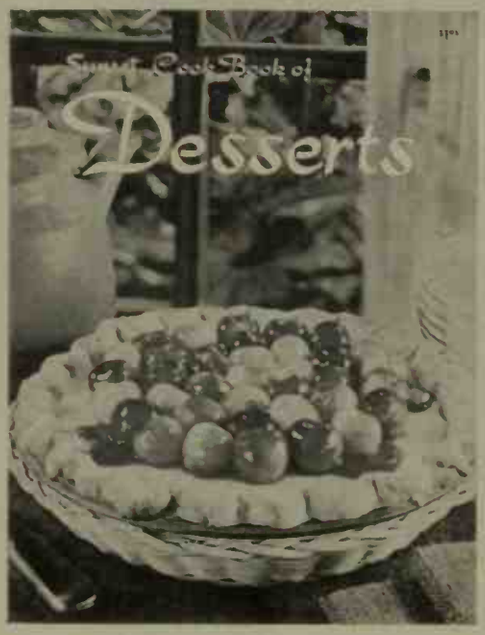

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DARRO

Melted cheese *and chile salsa form tasty crust of this unique enchilada ca Inside, a puffy egg mixture that resembles a savory soufflé but is much more*

stirring occasionally, for 15 minutes.

Planter's Punch. Arrange in *each* of 4 large glasses 1 or 2 slices fresh peeled pineapple; ½ of a small, peeled and sliced orange; and 1 or 2 slices fresh, peeled and seeded papaya. Fill glasses with a mixture of 1½ cups orange juice and 2 cans (12 oz. *each*) guava nectar. Chill and serve garnished with mint sprig. Sip juice with a straw and eat fruit with a spoon. Makes 4 servings.

This casserole is quite unlike a typical enchilada; whipped eggs, much like a soufflé, bake in the tortilla-lined dish. It goes well with simply roasted or grilled meats or poultry; or it can be a main dish.

GREEN CHILE ENCHILADA

7 or 8 corn tortillas
Salad oil
1 can (7 oz.) green chile salsa
4 eggs, separated
1 tablespoon flour
1¾ cups shredded jack cheese
3 to 4 canned green chiles, rinsed, seeds and pith removed, and finely chopped
Mild pickled red pepper for garnish

In a small frying pan heat ½ inch salad oil over medium heat. Fry tortillas, one at a time, just until soft; turn once. Drain briefly and immediately coat on all sides with green chile salsa. Put 1 tortilla in the bottom of a 7 or 8-inch-diameter casserole (at least 2 inches deep); lean remaining tortillas, overlapping, around sides and slightly over bottom center tortilla.

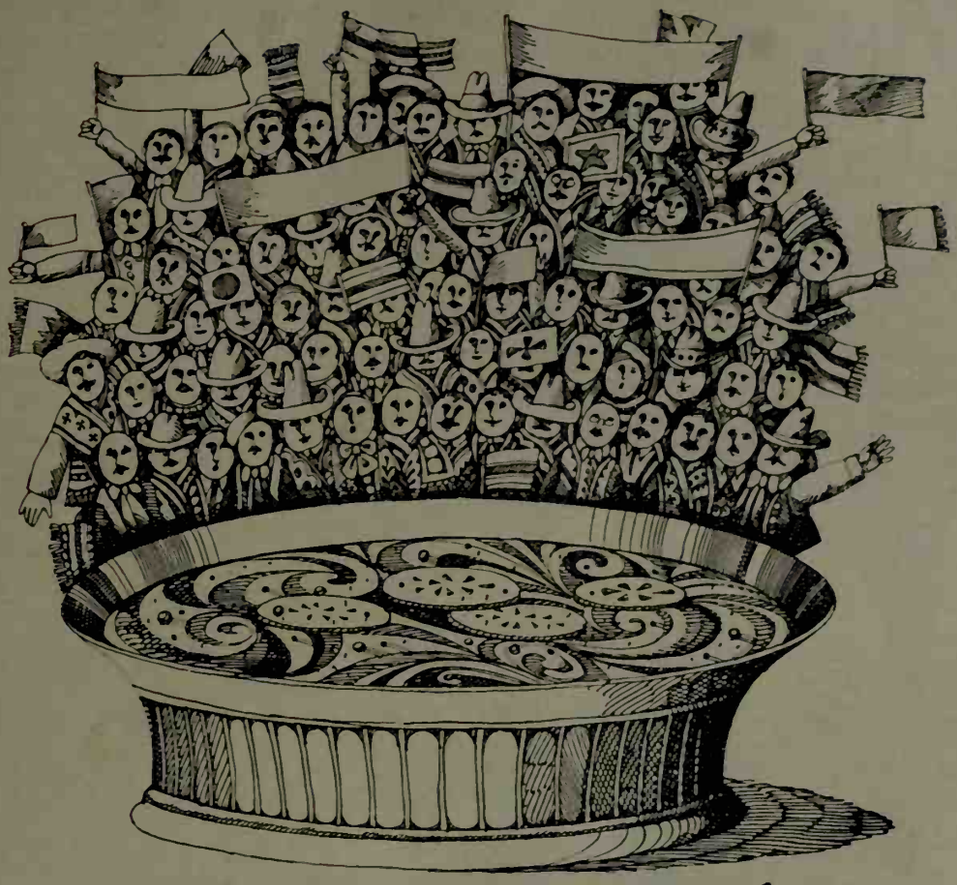
Beat egg whites until stiff; set aside. With same beater whip egg yolks until slightly thickened, then beat in flour; stir in 1 cup of the cheese, the chiles (taste first to decide the amount of hot flavor you want, adding more or less as you like) little of the egg white. Fold yolk into remaining whites and pour i tilla-lined dish. Fold tortillas dow filling. Spoon remaining salsa ont llas, then sprinkle tortillas evenly maining cheese. Bake, uncovered 375° oven for 30 minutes. Garnis pepper and serve. Makes 6 side-dis ings or 4 main-dish servings.

These chicken enchiladas are fille cheese, and the chicken pieces, sim tender in sauce, are served on top.

CHICKEN ENCHILADAS, URUAPAN STYLE

6 to 8 whole broiler-fryer chicken legs (including thighs)
Salt
Salad oil
1 small onion, finely chopped
1 can (10 oz.) red chile sauce
¼ cup water
1 package (12) corn tortillas
¾ cup grated Romano cheese
2 cups shredded jack cheese
Whole radishes, cucumber slices, and lime wedges for garnish

Sprinkle chicken pieces lightly with Heat 2 tablespoons salad oil in a wid ing pan over medium-high heat and l chicken well on all sides. Add onio chile sauce, and water, stirring to l Cover pan and simmer gently for 30 minutes, or until chicken is t when pierced. (At this point you can chicken in sauce as long as overnight, reheat to simmering and continue.) move chicken from sauce and keep w In a small frying pan heat about ½ salad oil over medium heat. Fry tort singly, just until soft; turn once. coat on all sides in chicken sauce.



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GAZPACHO

4 cups diced tomatoes
1½ cups chopped green pepper
1 cup chopped onion
1 clove garlic, minced
2 cups jellied consomme
½ cup lemon juice
¼ cup olive oil
2 teaspoons of Angostura aromatic bitters
1 tablespoon of paprika
1 teaspoon salt
1 cup sliced cucumber

Combine all ingredients except cucumber. Chill 2 to 3 hours or overnight. Add cucumber just before serving. Serve with salted crackers. Makes 8 to 10 servings.

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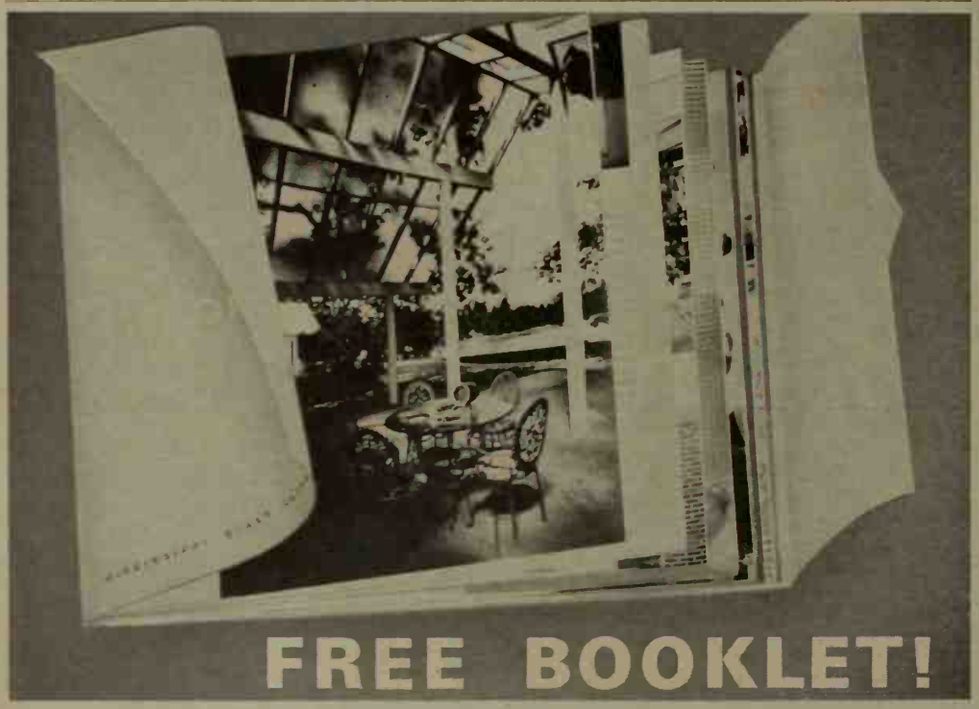

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tortillas as you go (they tear e
Mix Romano and jack cheese
spoon 2 generous tablespoons
down center of each tortilla a
half over filling. Arrange enchila
lapping, on a heatproof servi
and place chicken alongside o
Spoon on remaining chicken s
sprinkle enchiladas with balan
cheese. Bake, uncovered, in a 3
for 15 minutes to heat through
with radishes, cucumbers, a
Squeeze lime onto individual se
taste. Makes 4 to 6 servings.

In some parts of Mexico and t
west, chorizo refers not only to
Mexican sausage but also to a hi
soned ground meat mixture sold
bulk just as ground beef is. H
make this mixture, brown ligh
use it to fill corn tortillas to mal
dish enchiladas.

CHORIZO ENCHILADAS

Chorizo mixture (recipe follows)
1 large can (1 lb. 3 oz.) enchilada sau
1½ cups *each* shredded jack and longho
Cheddar cheese
Salad oil
1 package (12) corn tortillas
1 cup sour cream
Pitted ripe olives for garnish
1 can (about 8 oz.) frozen guacamole,
thawed

Cook chorizo mixture in a wide fry
over medium-high heat, stirring t
meat apart and lightly brown. Add
¾ cup of the enchilada sauce a
rapidly until liquid is gone; set a
cool slightly. Stir in ½ cup each ja
longhorn cheese.

In a small frying pan heat about
salad oil over medium heat. Fry t
one at a time, just until soft; tur
Drain briefly and dip in remaini
chilada sauce to coat all sides.

In a 9-inch square pan, overlap tw
tillas to extend across one side o
allowing part of tortillas to exten
the rim. Spoon ⅙ of the meat m
down center of tortillas and fold ov
filling. Repeat this technique to f
maining tortillas, placing them si
side until the pan is completely
Sprinkle top with the remaining ch
(You can cover and chill casserole a
as overnight.) Bake unchilled cass
uncovered, in a 350° oven for 30 mi
bake chilled casserole for 50 minutes
ering for the first 20 minutes. Spoo
sour cream decoratively, top with
and serve with guacamole sauce. Ma
to 8 servings.

Chorizo Mixture. Mix together 1 l
finely chopped onion; 1 pound gr
beef; ½ pound ground pork butt; 2
spoons *each* chile powder and oregan
teaspoon ground cumin; ¼ teas
ground cinnamon; 1 teaspoon salt; ½
spoon liquid hot pepper seasoning
tional); and 5 tablespoons vinegar.

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n with deviled eggs.
n up with devil faces,
he heck of it. They'll
e of the party; the hit
ening. And you'll get
pliments. Be sure to
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esh, delicate taste that
nique touch all its own.
st Foods touch" that
world of difference in

DEVILISH DEVILED EGGS

6 hard-cooked eggs, halved
1/4 cup BEST FOODS' Real Mayonnaise
1/2 teaspoon Worcestershire sauce
1/4 teaspoon dry mustard
Dash salt

Remove egg yolks and mash. Blend with Real Mayonnaise and remaining ingredients. Spoon into egg white shells.

Make devil faces from: pieces of celery, stuffed and ripe olives, cucumber, radish, scallion, carrot, tomato, pimiento, parsley, dill, etc.

VARIATIONS ON BASIC RECIPE:

Add: 2 teaspoons horseradish
2 strips crisp bacon, crumbled

Add: 2 tablespoons deviled ham
1 tablespoon chopped green pepper

Add: 2 tablespoons chopped pimiento-stuffed olives
3/4 teaspoon paprika

Add: 1 teaspoon onion powder

Add: 2 tablespoons crumbled blue cheese
1/2 teaspoon chopped chives

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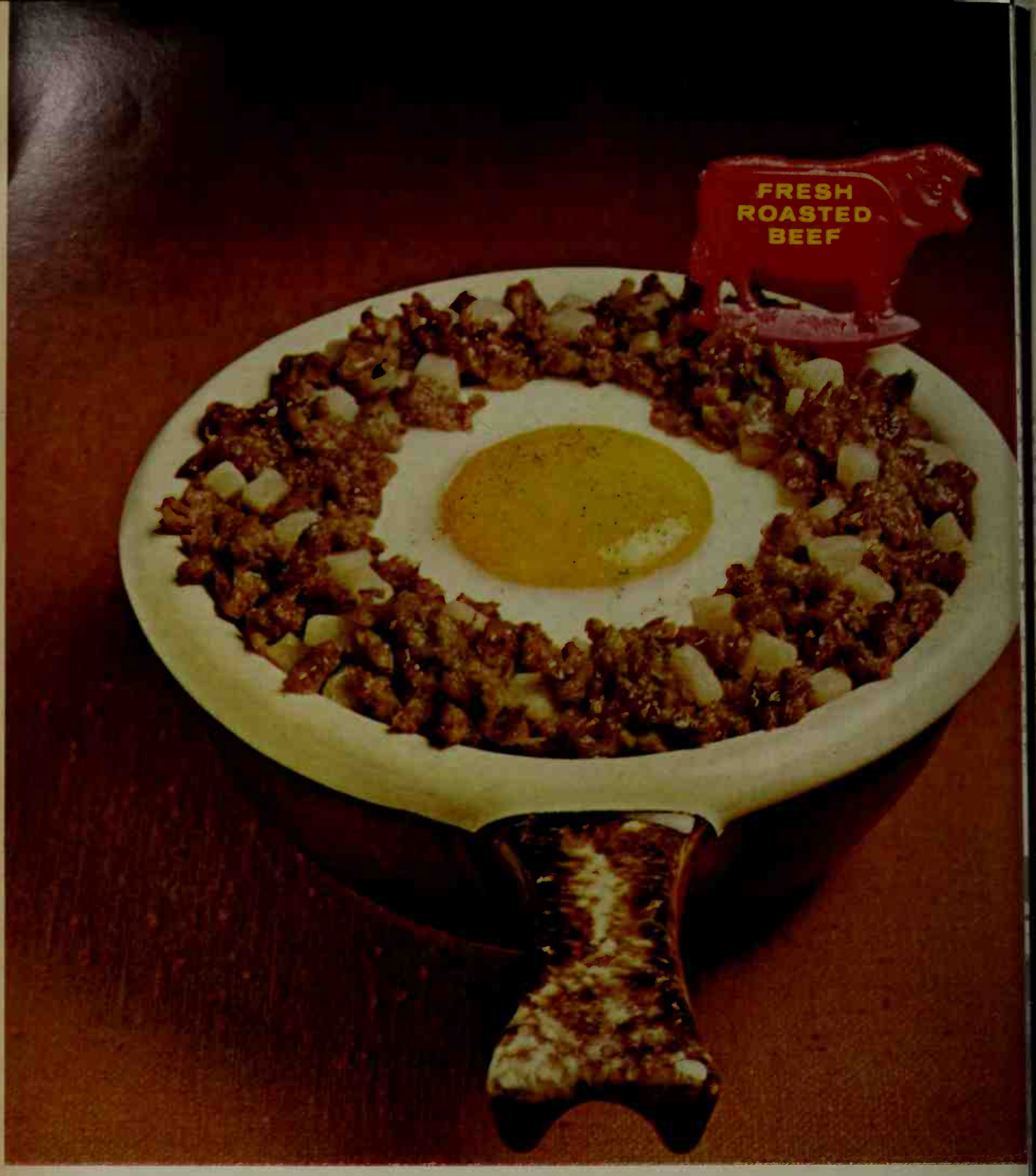

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NEWS AND IDEAS

New grill vent: no overhead hood

ıtly watched the performance of a new grill that has ı vent at counter level. We were favorably impressed moke, heat, and grease droplets were drawn into the system before they got very far above the surface of ing unit. The venting apparatus proved easy to clean. doesn't require an overhead hood, the unit offers a in kitchen planning that you might not otherwise wever, remember that it must be vented to the outside. e manufacturer is marketing an electric cooktop with exhaust arrangement between two pairs of burners.

To remove wax from oiled finishes

April 1968 article on the care of oiled woods, we men- hat you cannot re-oil a waxed wood surface without oving the wax. To do this, try denatured alcohol on a fine steel wool; if unsuccessful, try paint thinner; then, sary, use lacquer thinner the same way. Wax in the ay turn white; this will disappear when you re-oil.

Many uses for a new table pad

A new table padding has proved adaptable for a variety of uses. It's embossed foam-rubber, ⅛-inch thick, on a flannel backing. Soft to the touch and better looking than the average padding, it can be placed under a tablecloth to protect a table from hot dishes and spilled liquids, or used by itself to cover a table for card playing or children's games, for typing or sewing. You can cut it to any shape. It wipes clean with soapy water.

As yet the padding is handled by only a few West Coast department stores—in 41-inch widths (white and green) and 53-inch widths (six colors). A 53 by 90-inch piece costs about $14.

Hang the trash basket

This arrangement works beautifully and it's easy to install. A standard plastic wastebasket with a straight lip hangs on a strip of sheet aluminum shaped into a U and nailed to the inside of the cabinet door. When you open the cabinet door the container swings out to receive trash. The owners are Dr. and Mrs. Howard Dale, Seattle.

DON NORMARK

Rounded table for a family

dle shape for a family dining table offers more seating flexibility than a rec- and eliminates danger of bumps and bruises from sharp corners. It's in the n-family room of Mr. and Mrs. R. L. DuPree, Spokane. The plastic tabletop, ed at one end to the range cabinet, matches the counters.

RICHARD FISH

Compact dining for two

It's a neat, comfortable breakfast or lunch spot for two, or a kitchen desk. Drawer holds tableware; outlets handle appliances. Owner-designer: Jan Hlinka, Los Angeles.

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DARROW M. WATT

Armenian coffee cake, *cut in slices, shows cinnamon-flavored sesame tahini filling. Cheoreg, shaped in braided loaf and small rolls, is flavored with spice called mahlab*

Armenian bakers' secrets

The Armenian breads you see above may introduce you to two new flavors, sesame *tahini* and a spice called *mahlab.*

The bread at left is filled with tahini (pronounced ta-*hee*-nee), a paste made from ground sesame seeds. Tahini usually comes in a can as shown above, has a slightly nutlike flavor, and in consistency resembles thin peanut butter.

The large braid and small rosette-shaped rolls show two ways you can shape a butter-and-egg-rich yeast dough, called *cheoreg (choor*-reg). It depends on mahlab *(mah*-leb) for its intriguing flavor. Mahlab tastes slightly sweet and gives off a marvelous aroma while baking. You might compare its flavor and fragrance with coriander or cardamom. You can buy either ground or whole mahlab. Before using whole mahlab, whirl it in a blender until finely ground.

Look for tahini and mahlab in stores that carry food products of the N
Also, some health food stores sto
If you are unable to find eithe
area and would like a mail ord
send a stamped, addressed en
Home Economics Departmen
Magazine, Menlo Park, Calif.

You can make tahini from ses
(available at health food store
½ cup sesame meal and 1 t
salad oil in blender until smoot
about ¼ cup. Store unused ses
tightly wrapped in refrigerator.

COFFEE CAKE WITH TAHINI

- 1 package yeast, active dry or compressed
- ¼ cup warm water (lukewarm for compressed yeast)
- ½ cup milk, scalded and cooled to lukewarm
- 2 eggs, slightly beaten
- ¼ cup butter or margarine, melted and cooled to lukewarm
- 1 tablespoon sugar
- 1½ teaspoons salt
- 3 cups regular all-purpose flour
- ¼ cup sesame tahini
- 2 tablespoons sugar
- ½ teaspoon cinnamon
- 1 egg, slightly beaten

Soften yeast in water, blend in
2 eggs, butter, the 1 tablespoo
and salt. Sift flour before measu
in flour to make a soft dough. C
let rise until doubled in bulk, a
minutes. Punch down dough a
onto lightly floured board, kne
smooth, about 1 minute; divid
into 4 equal parts.

Roll each part to make a rectang
5 inches wide and 8 inches long
surface of each with 1 tablespoo
tahini. Mix together the 2 tab
sugar and cinnamon; sprinkle al
teaspoons evenly over sesame tah
each rectangle in half to make a r
4 inches wide and 5 inches lon
each on a lightly greased bakin
cover with clear plastic film, and
30 minutes. Roll each rectangle o
dough on a lightly floured board
a rectangle 5 inches wide and
long; fold in half again and re

To shape coffee cake, *roll prepared dough to 5 by 8-inch rectangle, fold again*

To shape rolls, *tie loose knot in end of 11-inch rope of dough, leaving 2 inches extra*

Loop 2-inch end *over once again; p through center of knot to finish s*

to be continued

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baking sheet; cover and let rise
place until doubled in bulk, about
Brush with the 1 egg, beaten.

Bake in a 350° oven about 25
until bread is lightly browned.
about 10 minutes; cut in slices a
warm with butter. — *E. M., L
Hills, Calif.*

Serve freshly baked rolls or a brai
of this Armenian bread hot with
Or bake them ahead, wrap in f
freeze. To reheat, place frozen,
cheoreg in a 400° oven; allow 25
to heat the rolls and 45 minutes
the braided loaves.

CHEOREG

- 1 package yeast, active dry or compressed
- ¼ cup warm water (lukewarm for compressed yeast)
- 1¼ cups milk, scalded and cooled to lukewarm
- 2 eggs, slightly beaten
- ⅓ cup sugar
- 1 teaspoon salt
- 1 cup (½ lb.) butter or margarine, melted and cooled
- 2 teaspoons ground mahlab
- 1½ teaspoons baking powder
- 5¾ cups unsifted all-purpose flour
- 1 egg, slightly beaten

In a large bowl, soften yeast in
blend in milk, the 2 eggs, sugar
butter, mahlab, and baking powder.
ually stir in flour to make a soft
turn onto lightly floured board and
until smooth, about 3 minutes.
dough in greased bowl, turn to grea
cover and place in warm area to ris
doubled, about 1 hour and 45 m
Punch down; shape and bake foll
directions for rolls or large braid
tions follow).

To make rolls, divide dough in half
divide each half into 16 equal pieces
each piece on a lightly floured boa
make a ropelike piece of dough 11
long. To shape each roll, tie a loose
in one end of the 11-inch rope leav
2-inch piece of dough at one end.
the 2-inch piece of dough over once a
poke end up through center of knot

Place rolls 2 inches apart on a gre
baking sheet, cover, and let rise in w
place until almost doubled, about 50
utes. Brush with remaining egg; bak
a 350° oven for 25 minutes or until go
brown. Makes 32 rolls.

To make braided loaves, divide doug
half then divide each half into 3 e
portions. To shape each loaf, roll 3
tions of dough on a lightly floured b
to make 3 ropes of dough, each 12 in
long. Braid the three together; pinch e
place braid on a lightly greased ba
sheet, cover, and let rise in warm p
until almost doubled, about 50 minu
Brush with remaining egg. Bake in a 3
oven for 40 minutes or until inserted
comes out clean. Makes 2.

he first ishwasher etergent or dry-hards.

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MORE PEOPLE PUT THEIR CONFIDENCE IN CARRIER AIR CONDITIONING THAN IN ANY OTHER MAKE

DARROW M. WATT

Scallop *edged canned rum cake presented deliciously on a liqueur flavored pudding*

Baba floats on a pudding cloud

Rum-soaked babas from a can are the easy, ever ready beginning for this memorable make-ahead dessert. You freshen the flavor of the cakes with a bit more rum, then present them on a delicate, cloudlike pudding that is uncooked.

You will find the yeast-raised rum cakes (single-serving size or tiny cakes) in the gourmet sections of large food markets, and often in the fancy food sections of import shops.

BABAS ANGELIA

- 2 cans (12 oz. *each*) rum baba cakes, single-serving size, or 1 can (14 oz.) petit rum baba cakes
- 1 envelope unflavored gelatin
- ¼ cup cold water
- 3 eggs, separated
- ½ cup sugar
- 2 tablespoons brandy
- 4 tablespoons rum
- 1 teaspoon vanilla
- 1 cup whipping cream

Arrange rum cakes in a single layer on several thicknesses of paper towels and set aside to drain.

Soften gelatin in cold water for 5 minutes, then melt over hot water. Beat egg yolks with ¼ cup of the sugar until slightly thickened; blend in gelatin, brandy, 2 tablespoons of the rum, and vanilla; set mixture aside.

Wash beaters and whip egg whites until stiff; gradually beat in remaining ¼ cup sugar until whites hold stiff, glossy peaks. Whip cream with same beater until stiff. Fold thoroughly together the yolks, whites, and cream. Pour equal portions into 8 dessert dishes or 1 large compote. Chill until slightly set.

Place cakes in a dish and sprinkle with remaining 2 tablespoons rum, then place 1 large cake or 2 petit cakes on each pudding or all the cakes over compote. Chill until set, at least 1 hour. Makes 8 servings.—*R. C., Belmont, Calif.*

DARROW M. WATT

Cold salad entrée *features eggs, shrimp, tomatoes, and spring's tender asparagus*

With asparagus and eggs . . . spring salad, or a shooting star sandwich?

Chilled, perfectly cooked asparagus and eggs are basic to each of these three cold entrées. Each combines meat or fish with a flavorful cold sauce. You can prepare and chill all the ingredients ahead.

The mustard-caper dressing adds zest to each ingredient in this pretty luncheon or supper plate.

SPRING SALAD PLATE WITH MUSTARD-CAPER DRESSING

- 3 pounds fresh asparagus, cooked, drained, and chilled
- 1 pound cooked tiny shrimp
- 9 hard-cooked eggs, shelled
- 1 basket cherry tomatoes
- Watercress for garnish
- Mustard-caper dressing (recipe follows)

To arrange salad as shown above, put half the asparagus at each end of an oval platter. Fill center with shrimp. Halve or quarter eggs and arrange over ends of the asparagus on each side of the shrimp. Garnish with tomatoes and watercress; sprinkle eggs with paprika, if you wish. Serve very cold with a bowl of dressing. Serves 6.

Mustard-Caper Dressing. Combine 2 cups sour cream, ½ teaspoon salt, ⅓ cup chopped green onion, ¼ cup prepared mustard, 3 tablespoons capers, and 1 tablespoon liquid from the capers. Stir well; refrigerate at least 1 hour to blend flavors. Makes about 2½ cups.

A generous amount of fresh asparagus and some ham rolls full of egg salad are superbly accented here by a homemade curry mayonnaise.

ASPARAGUS WITH HAM ROLLS

- 8 hard-cooked eggs, shelled
- Blender curry mayonnaise (recipe follows)
- ¼ teaspoon salt
- Dash pepper
- 3 tablespoons chopped sweet pickle
- 2 tablespoons minced fresh parsley
- ¼ cup finely chopped green onion (including part of the tops)
- 8 thin slices boiled ham
- Lettuce
- 2 pounds fresh asparagus, cooked, drained, and chilled
- 1 basket cherry tomatoes
- Large pitted ripe olives for garnish

For the egg salad, chop eggs a with 3 tablespoons of the curry naise, salt, pepper, pickle, pars green onion. Spoon about an e egg mixture onto each ham slice with one corner, roll ham around fasten with a wooden pick.

Arrange lettuce leaves on a lar Place bowl of curry mayonnaise i arrange asparagus and ham rolls i around dressing. Garnish with t and olives. Serve very cold. Serve

Blender Curry Mayonnaise. In container combine 3 tablespoon juice, ½ teaspoon salt, 1 teaspo prepared mustard and curry po egg, and ¼ cup salad oil. Whirl With blender on, slowly add ¾ c oil, whirling until mixture is thick 2 minutes. Makes 1½ cups.

The traditional name of this thi may refer to the golden yolk lying the asparagus spears, or simply to t prise quality of this combination o A Danish lady we know serves it a course with a dry white wine s Emerald or Grey Riesling. Serve t person for brunch or lunch; assemb before serving.

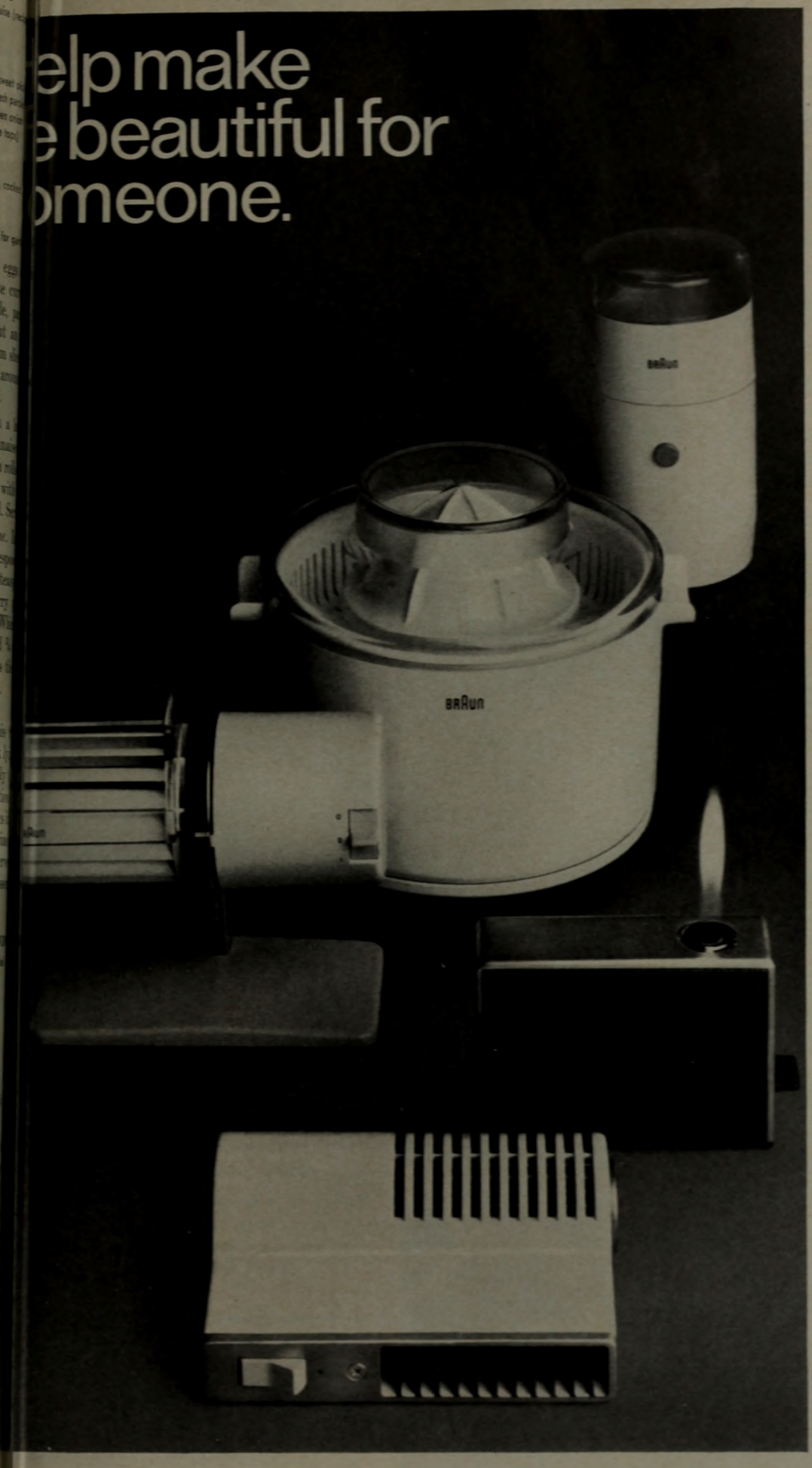
DANISH SHOOTING STAR SANDWI

- 4 thin slices French or pumpernickel bread
- Butter
- 4 lettuce leaves
- 4 eggs, poached and chilled
- ¼ pound cooked tiny shrimp
- 1 pound fresh asparagus, cooked, drained, and chilled
- Blender béarnaise (recipe follows)
- Lemon slices for garnish

To assemble sandwiches, lightly toa butter bread; top each with lettuc one well-drained poached egg, ¼ shrimp, and ¼ of the asparagus. spoonful of béarnaise and a lemon to each. Pass remaining sauce. Ma sandwiches.—*L. S., San Mateo, Cal*

Blender Béarnaise. Combine 3 egg 2 tablespoons *each* tarragon vinega lemon juice, ¼ teaspoon salt, 2 teas prepared mustard, 2 medium-sized s parsley, and ¼ teaspoon tarrago blender container; whirl smooth. Me cup butter with ¼ cup water until bly. With blender on high, pour in butter in a steady stream. Sauce thic when chilled. Serve cold. Makes 1½

elp make
e beautiful for
omeone.



Day-to-day living is mainly a repetition of little things.

Lighting cigarettes. Drying your hair. Squeezing oranges. Little things.

Uneventful, but do they have to be dull?

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Many Braun products are exhibited in museums around the world, including New York's Museum of Modern Art.

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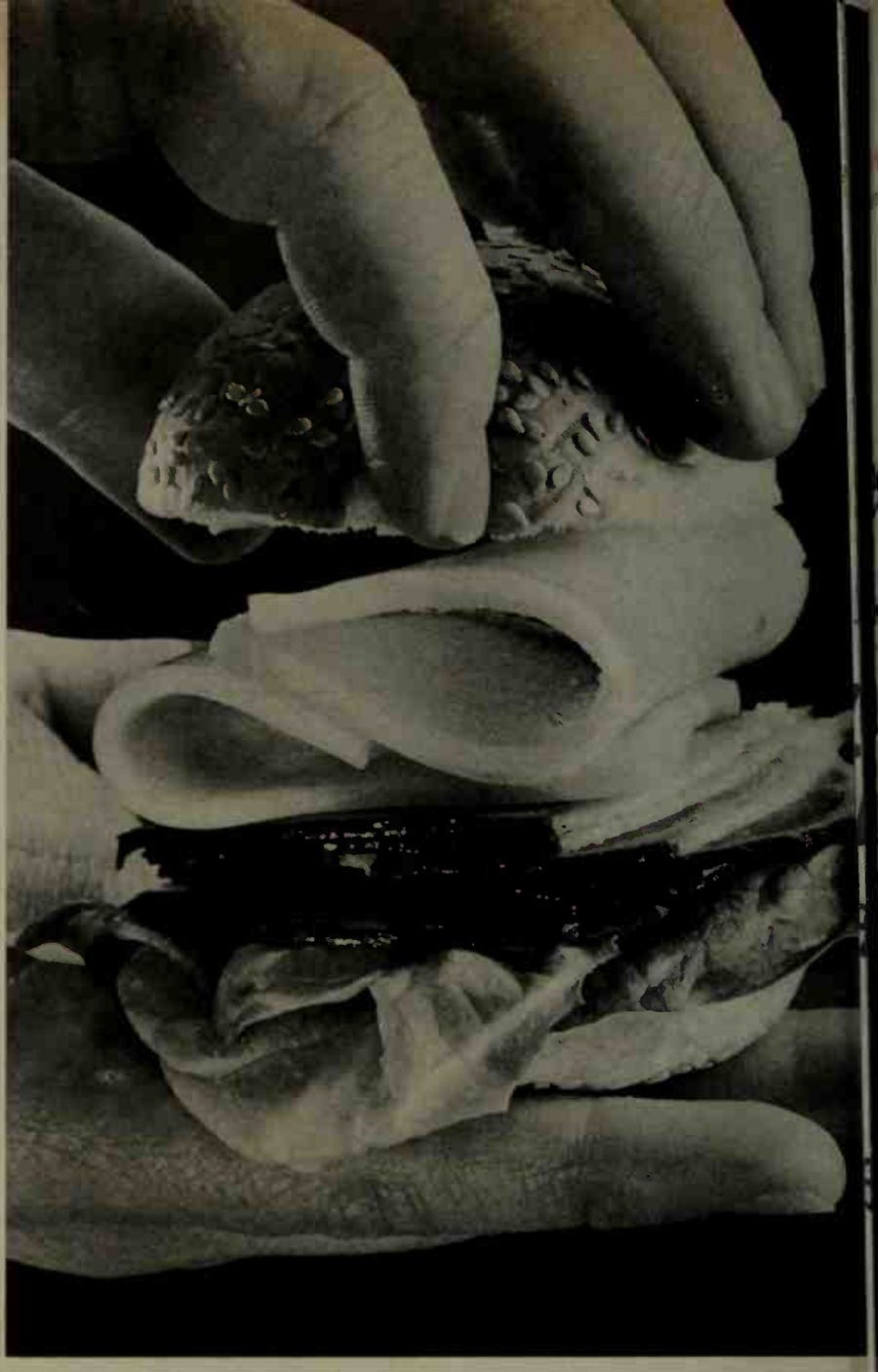
MAY MENUS

A Dutch sandwich lunch . . . a casserole picnic . . . and breakfast for Mother's Day



Broodje, *small but satisfying when piled high with filling; this holds ham,*

Maytime weather offers almost irresistible inducements to cut kitchen time to a minimum. Acknowledging this, our menus this month are simple enough to free you for other activities, or so flexible they fit in smoothly.

They include a Dutch sandwich lunch or supper party you might serve buffet-style on the patio; a Mother's Day breakfast in keeping with young cooks' capabilities; and a casserole picnic for Memorial Day.

Broodje lunch or supper party

This menu is inspired by the *broodjes-winkels*—or sandwich shops—of Amsterdam. A *broodje* (pronounced *broh*-ja) is a sandwich consisting of a small, soft roll, generously buttered and filled with a thick layer of meat, cheese, fish, or a salad mixture. Assembled, the sandwich is almost as tall as it is wide. *Winkels* are the impeccable restaurants where the sandwiches are served.

Although the bill of fare of an Amsterdam broodje shop may offer 30 o varieties, we recommend that yo the choices of fillings to from four Milk is the customary beverage paniment, but adults might prefer bodied Dutch beer.

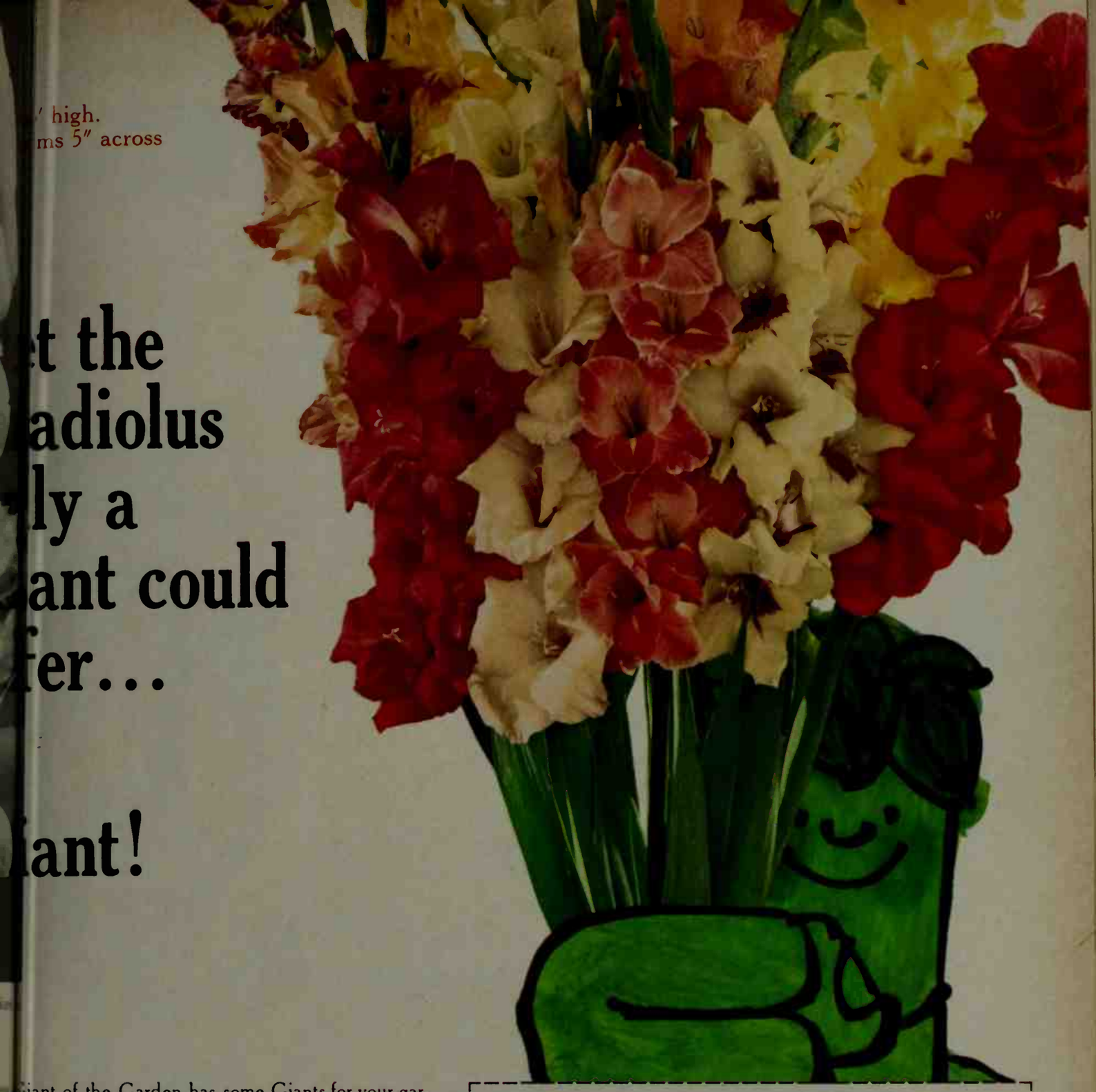
DARROW M. WATT

Essentials *for broodjes: cold meats, cheese, and salad fillings, on buttered roll*

Broadjes with Assarted Filling
Hard-Cooked Eggs **Dill Pick**
Mustard **Mayannaise**
Apples and Pears **Jan Hagel Co**
Milk

For dessert, serve fresh fruit and c Bake your own Dutch cookies (th suggest were named after a ren nineteenth century baker), or select aged or bakery spice cookies.

Broodjes. As fillings for the broodje might offer several cold meats and c from the delicatessen: ham, morta and liver sausage; Edam, Gouda, or



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Offer limited to U.S. residents only. *(Allow 3 weeks for delivery.)*

New 'Foodcenter 24' rolls into your old refrigerator space

General Electric's new 'Foodcenter 24' gives you 23.6 cubic feet of space for fresh and frozen foods, probably about twice the capacity of your old refrigerator. It's only 35¾ inches wide and 66 inches high and very likely will fit into your old refrigerator space.

The new GE automatic icemaker keeps a party supply of cubes on hand right at eye level and makes more as you use them. Big, convenient upright freezer holds up to 298 lbs. of frozen foods.

In the fresh food side, new strong tempered glass shelves are easy to clean; spills won't drip through. One shelf is adjustable; three shelves slide out. The seven-day meat keeper is convertible. Keeps meat fresh up to a week, or flip a lever and use the drawer for extra vegetable space. The butter conditioner delivers "table-ready" butter.

There's no defrosting ever in refrigerator or freezer. And it rolls out on wheels when you want to clean behind it.

GENERAL ELECTRIC

Drop by to [illegible] TFF-24A [illegible] Side-by-Side [illegible] GE Dealer's [illegible] opposite page [illegible] GE refrigerator[illegible]

You'll seldom ne[illegible] on a General El[illegible] frigerator. But [illegible] know, wherever [illegible] GE quality servi[illegible]

w do you nt your new E refrigerator?

ral Electric has the style you want ze to fit any kitchen.

zer at the side. This is how the dcenter 24' (23.6 cu. ft.) looks closed. details, see opposite page. Other GE by-sides from 18.1 to 23.7 cu. ft. and 32 to 35¾ inches wide. Some with matic icemaker.

ezer at the top. 'No Frost 17' has 6-cu.-ft. capacity. Freezer holds up to lbs; automatic icemaker. No defrost —anywhere. Butter conditioner. lls out on wheels for easy cleaning. odel TBF-17A).

reezer at the bottom. 'Spacemaker '—18.8-cu.-ft. capacity. Roll out freez- Automatic icemaker. No frost top or ttom. Seven-day meat keeper. Roll one to your kitchen, it's on wheels. (*Model CF-19A*).

GENERAL ELECTRIC

DARROW M. WATT

Greet mother *with breakfast: poached-scrambled eggs, toast, stemmed strawberries*

cheese. Have all of these sliced as thinly as possible when you buy them; broodje fillings typically consist of many thin layers. You can arrange the meats and cheese on a platter, cover it with clear plastic film, and refrigerate it several hours before serving.

Either of the salad fillings can be made two to three hours before serving and similarly refrigerated. We used an ice cream scoop to mound sandwich-sized portions (about ¼ cup each) on leaves of butter lettuce; guests pick up the filling, lettuce and all, and transfer it to a buttered roll. Thinly sliced cold roast beef might be an alternative to the tartare filling for those who don't care for this classic raw meat mixture.

Look for packaged small (about 3 inches in diameter), soft dinner rolls for your broodjes. Resembling small hamburger buns, they are usually sold in plastic bags of 12, plain or with sesame seeds. Have them split and well buttered for guests to use in making their own broodjes. You can expect each diner to eat about three.

Salmon Salad Filling. Drain and flake 1 large can (1 lb.) red sockeye salmon; remove bones and skin. Blend ½ cup mayonnaise, 2 teaspoons lemon juice, 1 teaspoon prepared mustard, ¼ teaspoon dill weed, and ⅛ teaspoon nutmeg. Lightly blend mayonnaise mixture, salmon, ½ cup finely chopped celery, and 2 hard-cooked eggs, chopped. Makes about 2½ cups, enough for 10 to 12 sandwiches.

Beef Tartare Filling. The day of your party, purchase 1½ pounds freshly ground round steak. Mix in 2 eggs, slightly beaten; 1 teaspoon *each* salt, dry mustard, and Worcestershire; ¼ teaspoon pepper; 2 tablespoons *each* grated onion and drained capers; and ¼ cup finely chopped dill pickle, blending lightly but thoroughly. Serve with lemon wedges to squeeze over each portion. Makes about 3½ cups, enough for 14 to 18 sandwiches.

Jan Hagel Cookies

- 1¾ cups unsifted regular, all-purpose flour
- ½ cup sugar
- ½ cup sliced almonds
- ¾ teaspoon cinnamon
- ½ teaspoon vanilla
- ¾ cup firm butter or margarine
- Sugar

Mix flour, the ½ cup sugar, almonds, and cinnamon thoroughly. Stir in vanilla. Cut in butter to form particles the size of dried peas. Work mixture with your hands until you can shape it into a smooth ball.

Divide dough into 2 equal parts; roll out one portion at a time about ⅛ inch thick on a floured board. Cut into 2-inch rounds. (Or shape dough into two rolls, each about 2 inches in diameter. Wrap dough well and refrigerate it for 1 to 2 hours or until you are ready to bake. Then slice dough ⅛ inch thick and continue as for rolled cookies.)

Sprinkle cookies lightly with sugar. Bake in a 400° oven for 8 to 10 minutes or until lightly browned. Makes about 3½ dozen cookies, 2½ inches in diameter.—*A. R., Santa Monica, Calif.*

Mother's Day breakfast

Youngsters familiar with simple kitchen techniques can easily prepare this menu

as a breakfast treat for mothe
tures poached-scrambled eggs a
fresh strawberries. If you have
poacher, the eggs can be cooke
tard cups set in water in a de
pan or Dutch oven.

Whole Strawberries Powder
Poached Egg Cheese Puff
Cracked Wheat Toast

Begin preparations by setting
breakfast tray or table. Then ri
ripe strawberries quickly unde
running cold water; drain them
towels and arrange in a basket
powdered sugar into paper candy
tiny salt dishes. The berries a
either before or after the eggs,
generously in the sugar.

Prepare the egg poaching pan, th
cheese and beat egg mixture. M
toast and spread it with soft butt
the eggs are cooking.

Poached Egg Cheese Puffs. For ea
ing, beat together 1 egg, 2 teaspoo
and a dash *each* salt, pepper, and
until well blended. Melt ½ teaspo
ter in each of 2 egg-poaching cu
simmering water; tip cups gently
tribute butter. Pour in egg mixt
viding it evenly into the 2 cups. S
with 2 tablespoons shredded C
cheese, using 1 tablespoon per cup
pan and cook for 3 to 4 minutes, ju
centers are almost set when you i
thin-bladed knife.

Invert eggs onto buttered toast tri
sprinkle with chopped parsley anc
tional shredded cheese, if you wish.
1 serving of 2 egg puffs. (If you
have an egg poacher, pour the enti
mixture into a 5-ounce custard cup
with 1 teaspoon butter; set in 1 i
simmering water in a deep pan. P
piece of waxed paper over cup, cove
and cook egg mixture as above, incr
cooking time to about 8 minutes.)–
Altadena, Calif.

Casserole picnic

If your Memorial Day picnic destin
is not more than about an hour's
distant, there's no reason why you
carry a hot main dish. Meatballs
with rice and a tangy mustard
should appeal to family appetites.

Baked Meatballs and Rice
with Mustard Sauce
Green Cabbage Slaw
French Bread (optional)
Watermelon Big Sugar Cookie

The meatball casserole can be prep
ahead and refrigerated. About an
before you leave on your picnic, re
it in the oven and add the hot s
Cover the casserole, wrap it in se
layers of newspaper, and then a h
cloth. Place it in an insulated bag or
rene foam chest. Pack the French br

OOTH AS VELVET. EVEN WHEN THE HEAT'S ON.

Just watch Kraft Mayonnaise heat up in a sauce. It stays smooth. Kraft-smooth. Like pure velvet. Because Kraft's is special. It's made with lots of eggs and extra egg yolks. Beaten smooth Kraft's own way. See what we mean in this saucy blend for **Ham and Egg Combo:** Blend 1/2 c. Kraft Mayonnaise, 1/4 c. flour, 1/2 tsp. salt and dash pepper; gradually add 2 c. milk. Cook and stir until thickened. Add 1/4 lb. Kraft Pasteurized Process American Cheese, cubed, 1/4 c. sliced green onion and 1/4 c. chopped pimiento; heat until cheese melts. Then add 1 1/2 c. cubed, cooked ham and 4 hard-cooked eggs, sliced; heat. Serve with toasted English muffins. 6 to 8 servings.

KRAFT

See Kraft Music Hall, Wednesday Nights, NBC-TV

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Delicious escape from the ordinary! *Creative cooks relish the "new idea" inspirations subtle, zesty Kikkoman Hawaiian teriyaki sauce brings their menus. A mere dash or two does it...* **Marvelous!**

cookies, and eating utensils an
around the casserole, filling the
container as full as possible to h
the heat in.

Cold drinks, watermelon, the mix
greens, and a container of dres
go into a second container to ke
(For other containers useful f
picnic-packing possibilities, see
of the August 1967 *Sunset.)*

Use your favorite sugar cooky
making them four to five inches i
eter (a large jar lid is a good cut
buy them from a bakery.

Baked Meatballs and Rice with Mustard Sauce

- 1 package (7 oz.) Italian-style rice m
- 2 pounds ground beef chuck
- 1 large can (4½ oz.) deviled ham
- ½ cup *each* fine dry bread crumbs and milk
- 2 eggs
- ¼ teaspoon garlic or onion salt
- 36 pimiento-stuffed green olives, draine
- Mustard sauce (recipe follows)
- Sliced olives (for garnish)

Prepare rice mix according to pack
rections. Spread rice mixture in a b
2½-quart casserole or baking pa
aside.

Combine ground beef, deviled
crumbs, milk, eggs, and garlic or
salt. Mix lightly to blend. Shape mea
ture around olives to form 36 me
the size of golf balls. Place meatb
an ungreased shallow baking pan;
uncovered, in a 500° oven for 12
minutes or until well browned and c
to stage desired (cut into a center
ball to test). Pour off and reserve 1
spoon of the pan drippings for sauc

Arrange meatballs over rice. Cover a
frigerate. Then bake, covered, in a
oven until meat and rice are h
through; 45 minutes to 1 hour. Pou
sauce over all. Serve garnished with
olives. Makes 6 to 8 servings.

Mustard Sauce. Heat the reserved 1
spoon drippings with 2 tablespoons b
until bubbly. Stir in 1 medium-sized o
finely chopped, and sauté until oni
soft and translucent. Stir in 2 tables
prepared mustard, ⅛ teaspoon nut
dash cayenne, and 3 tablespoons
cook, stirring occasionally, until bu
Gradually add 1 can (about 14 oz.)
lar strength chicken broth, and cook
thickened, stirring constantly. Blend
cup shredded Cheddar cheese, stir
until it is melted and smooth.

Green Cabbage Slaw. Lightly mix toge
8 cups finely shredded cabbage, a
cup *each* finely chopped parsley and th
sliced green onions (including par
tops). Cover and chill. To serve, lig
mix in a dressing made by combinin
tablespoons sugar, 1½ teaspoons salt
cup white vinegar, and ⅓ cup salad
shaken together or whirled in blender
smooth. Makes 6 to 8 servings.—*N.
Palm Springs, Calif.*

German Chocolate Cake

The true bake shop classic—with real cocoa, coconut and pecans—comes from the Betty Crocker mixes.

Real cocoa in German Chocolate cake gives the famous bake shop classic its light color and deep sweet flavor.

Real coconut and pecans give the frosting its traditional chewy goodness.

Betty Crocker mixes use all three key ingredients. That's why these are the mixes that make the true bake shop classic dessert.

When the flavor's this exciting, you can bet it's Betty Crocker.

The Original German Chocolate Cake & Coconut-Pecan Frosting Mixes

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CORNING

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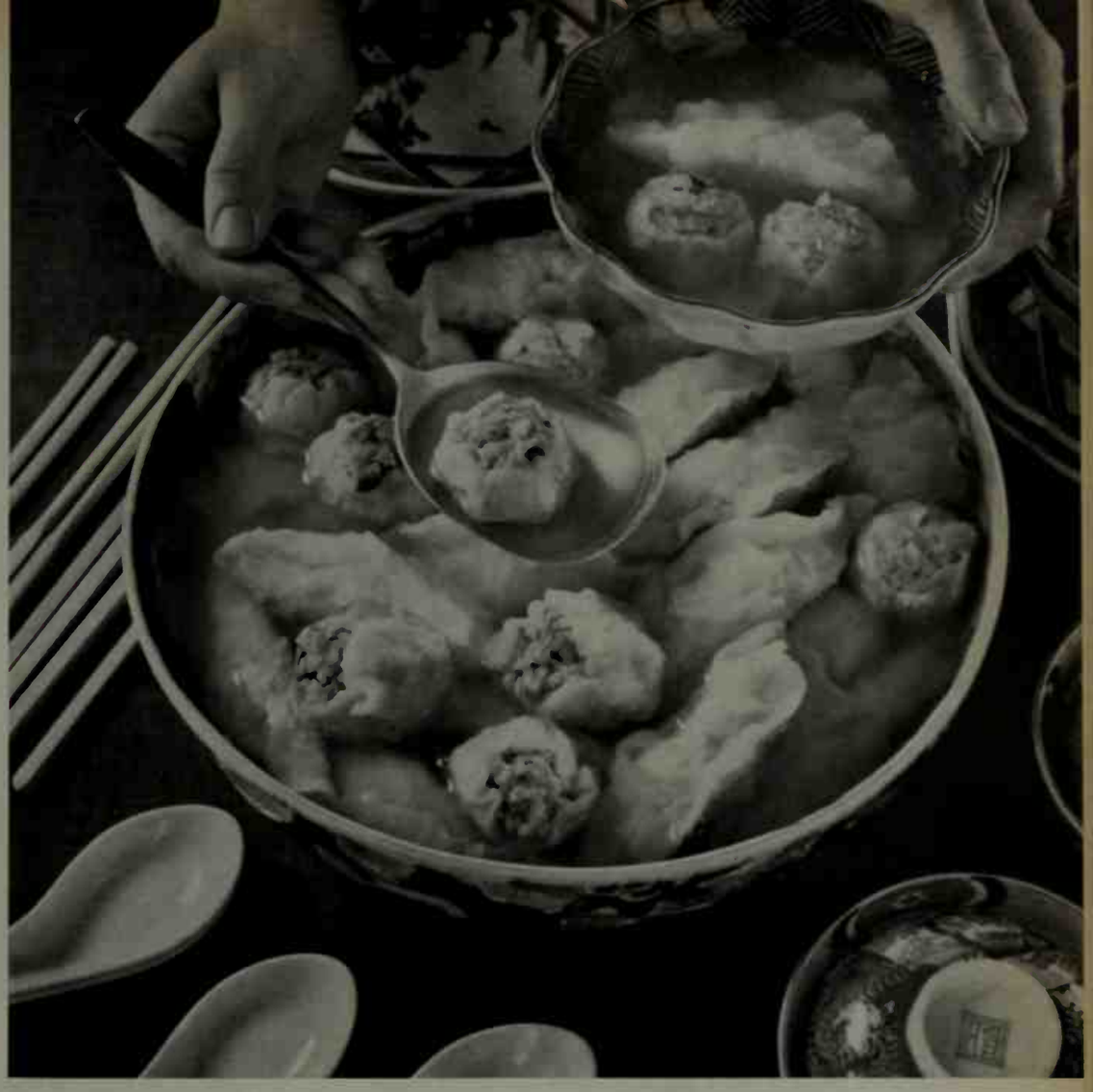
ic dough, made with hot water, thin rounds to enclose fillings

DARROW M. WATT

dough around ball-shaped pork eal boat-shaped shrimp dumplings



A unique *party entrée: Chinese steamed dumplings in soup with savory pork or shrimp fillings. You can make these specialties with ingredients available in most markets*

The Dowager Empress thought these were great

the delights of old China's cuisine e tidbits favored by royalty, called *am* (touch of the heart), and con- of a large variety of unique pas- n assortment of 60 or 70 kinds was unusual offering to be presented in setting, for courtiers to pick and from for light refreshment.

l of the most delicious and intri- members of these are the steamed ngs — savorily seasoned meat or h mixtures wrapped in thin dough nd steamed. Here we tell you how e shrimp dumplings, *ha gow*, and umplings, *fin kue*.

n serve these small steamed dump- s hot appetizers, to be eaten with and dipped into soy sauce or hot rd sauce as desired.

ve the dumplings as a main dish, t them in a rich broth soup (above) ccompany with hot Chinese pod or finely shredded cabbage salad with a hot mustard or sesame oil dressing, hot cooked rice (which you can stir into individual soup servings), pickled onions, and tea. Dessert might be almond cookies with preserved kumquats or ginger-flavored ice cream.

Patience is perhaps the most important requisite in making steamed dumplings, for even though they are not difficult to make, they do take time to shape. To facilitate their preparation for a party meal, you can freeze the cooked dumplings, and reheat; or simply refrigerate the blended ingredients for the fillings overnight, and shape and steam the dumplings early in the day, reheating to serve.

Another time-saving alternative is to make only one of the dumplings; the recipes give directions for this change.

If you cannot get fresh coriander (also called Chinese parsley or cilantro, and usually available in Oriental or Mexican food markets) or fresh ginger, use the dried spice substitutions that follow.

SHRIMP DUMPLINGS (Ha Gow)

- 1¾ pounds medium-sized raw shrimp, shelled and deveined
- ⅔ cup minced canned bamboo shoots
- 1 teaspoon grated fresh ginger (or ¼ teaspoon ground ginger)
- 1 teaspoon minced fresh coriander (or ¼ teaspoon ground coriander)
- ¼ cup minced pork fat
- ⅛ teaspoon anise seed, crushed
- ⅛ teaspoon white pepper
- 1 teaspoon salt
- Dumpling dough prepared for shrimp dumplings (recipe follows)
- Salad oil

Grind shrimp through medium blade of a food chopper and measure exactly 2 cups; save any extra for other uses. Mix the 2 cups shrimp with bamboo shoots, ginger, coriander, pork fat, anise seed, pepper, and salt. (You can chill mixture, covered, overnight.) Divide shrimp mixture into 30 equal-sized portions.

To make each dumpling, roll a piece of

the dumpling dough out on a moderately floured board to make a round that is 4 to 4½ inches in diameter. Spoon a single portion of the shrimp filling down the center of the dough round. Lift opposite sides of the round over the filling and pinch together, fluting to completely seal in filling. Brush entire surface of each dumpling generously with salad oil. Keep covered and cold until all are shaped.

Cover a wire or perforated rack with foil and brush foil with salad oil. Place rack in a steamer or deep pan, keeping rack several inches above water level. Perforate the foil liberally with a fork to prevent the accumulation of moisture while cooking. The pan should be deep enough to allow a lid to cover dumplings without touching. Have 2 or 3 inches of water boiling in pan and keep at a steady boil. To steam dumplings, place slightly apart on rack, cover, and cook 15 minutes.

You can serve dumplings as hot appetizers, freshly made, or reheat them in the steamer for about 5 minutes. (If you cook dumplings ahead, keep cold and covered, for no longer than 1 day.)

If you serve the dumplings in the soup (recipe follows) you can add the hot, freshly made dumplings to the soup, or cook the dumplings ahead (chilling during the interim) and reheat them in the hot soup.

You can also freeze the cooked dumplings for up to 1 month; place slightly apart on a sheet of waxed paper on a baking sheet and freeze until firm, then store in plastic freezer bags. Remove from bags and set dumplings apart to thaw; if they touch, the dough skins stick together. Reheat as directed above. Makes 30 dumplings.

PORK DUMPLINGS (Fin Kue)

2 cups (about 1 lb.) ground lean pork
½ cup minced soaked dried Japanese mushrooms (directions follow) or ½ cup minced fresh mushrooms
⅓ cup minced green onion
¼ cup *each* minced celery, canned water chestnuts, and canned bamboo shoots
2 teaspoons minced fresh coriander (or ½ teaspoon ground coriander)
1 teaspoon grated fresh ginger (or ¼ teaspoon ground ginger)
3 tablespoons soy sauce
1½ tablespoons cornstarch
1 egg white
Dumpling dough prepared for pork dumplings (recipe follows)
48 fresh or frozen green peas (optional)
Salad oil

Mix the pork with mushrooms, onion, celery, water chestnuts, bamboo shoots, coriander, and ginger. Gradually blend soy sauce with cornstarch and add to pork mixture along with the egg white. Beat to blend thoroughly. (At this point you can chill, covered, overnight.) Divide mixture in 48 equal-sized balls.

To make each dumpling, roll a piece of dumpling dough out on a very lightly floured board to make a 3-inch-diameter round. Place a pork ball onto the center of the dough. Crumple the dough up and around the filling (see photograph at lower left, page 197); the top surface of the filling stays exposed. Put 1 pea in the center of each dumpling, if you like. Brush dumplings all over with salad oil. Keep covered and cold until all are shaped.

To steam, follow directions for shrimp dumplings, and cook for a total of 20 minutes. You can serve, or reheat and serve, or freeze as directed for shrimp dumplings. Makes 48 dumplings.

Soaked Dried Japanese Mushrooms. Place 4 large dried Japanese mushrooms in a small deep bowl. Pour over them ½ cup warm water mixed with 1 teaspoon sugar. Soak 30 minutes. Drain, rinse in clear water, and squeeze dry. Discard stems and mince caps to make ½ cup.

Dumpling Dough. Stir 1 cup boiling water into 2 cups unsifted all-purpose flour, blending thoroughly with a fork or chopsticks. Shape dough into ball; knead on a moderately floured board for 10 minutes or until very smooth and velvety. Cover and let rest for 20 minutes. Divide into 2 halves; cover one while shaping the other. To make the shrimp dumplings, roll one of the dough halves into a 15-inch-long log. Cut in 1-inch sections and then cut each section in half to make 30 pieces. Keep covered with clear plastic wrap at all times to prevent drying. Shape according to directions with shrimp dumplings.

To make pork dumplings, roll the other dough half into a log 24 inches long and cut in 1-inch lengths, then cut each section in half to make 48 pieces. Keep the pieces covered with clear plastic wrap. Shape according to directions given for pork dumplings.

(For best results, do not divide the large ball of dough into the small sections until you are ready to shape and fill dumplings; you can make half the recipe if you want to make only one kind of dumpling.)

Chinese Dumpling Soup. Combine in a big, deep pan 2 large cans (1 qt. 15 oz. *each*) chicken broth, 1 large onion (sliced), ¼ cup packed fresh coriander (or 1 tablespoon whole coriander, crushed), 2 slices fresh ginger (or 1 teaspoon ground ginger), and 1 or 2 pounds bony chicken parts. Simmer, covered, for 1½ to 2 hours.

Pour soup through a fine wire strainer, discarding residue. Return liquid to the large pan and heat to boiling; reduce temperature to simmering and add the prepared pork and shrimp dumplings.

Quickly return to simmer, then remove from heat and serve, spooning soup and dumplings gently into bowls to avoid breaking the dumplings. (You can make just half this recipe if you want to serve only one of the dumplings in the soup. You can also refrigerate the soup, without dumplings, for several days, covered; or freeze until you are ready to heat and add dumplings.) Makes 8 to 10 servings.

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givers' gui

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Berkeley—Guy's Drug Stores
Chico—Clark's Appliances
Clovis—Great Western Hardware
Concord—Guy's Drug Stores
Concord—Rhodes
Crescent City—Daly Brothers
Daly City—Skyline Hardware
Daly City—Westlake Hardware
Eureka—Daly Brothers
Eureka—PayLess Drug Store
Eureka—The White House
Fairfield—Meyers Jeweler
Fortuna—Daly Brothers
Fortuna—The White House
Fresno—Edmonds Jewelers
Fresno—Gottschalk's
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Gilroy—McMahan's Furniture Store
Hayward—Airport Appliance
Hayward—Skagg's Hardware
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Modesto—Roger's Jewelry Co.
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Mt. View—Rhodes
Napa—Meyers Jeweler
Oakland—Breuner's
Oakland—Guy's Drug Stores
Oakland—Rhodes
Oakland—Swan's Department Store
Oakland—White Front Store
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Pacific Grove—McMahan's Furniture
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Pleasant Hill—White Front Store
Redding—PayLess Drug Store
Sacramento—Breuner's
Sacramento—Farmco Stores—All Sto
Sacramento—Handyman
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Sacramento—Roger's Jewelry Co.
Sacramento—White Front Store
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San Francisco—Redlicks—All Stores
San Francisco—T.O.P. Store
San Francisco—U.S.E. Department St

CENTRAL CALIFORNIA
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Hot muffins to start the day

Cornmeal muffins *with bacon make a satisfying breakfast with a soft-cooked*
On a leisurely weekend morning, expand menu to include butter-sautéed sma

Hot muffins for breakfast can give a day the nicest possible start. The recipes that follow show several ways you can vary this simple bread.

If you want to serve muffins quickly on a weekday morning, there are two ways to prepare ahead: Bake the muffins the night before and wrap them in foil; then reheat them in the wrappings in a 350° oven for 15 to 20 minutes. Or prepare your baking pans; combine the liquid ingredients and refrigerate them; and sift the dry ingredients into a bowl in advance. Then in the morning stir the two mixtures together, and the muffins are ready to bake.

If you have muffin pans with a nonstick fluorocarbon finish, there's no need to grease them for any of these recipes.

Bacon-speckled corn muffins and soft-cooked eggs are good companions.

BACON CORN MUFFINS

Coarsely chop 6 slices bacon. Cook slowly until browned; drain, reserving 2 tablespoons of the drippings. Crush bacon until crumbly. Sift and measure 1 cup regular all-purpose flour; sift into a bowl with 1 cup yellow cornmeal, 2 teaspoons baking powder, ½ teaspoon *each* salt and soda, and ⅓ cup sugar. Beat 1 egg lightly with 1 cup cultured buttermilk and reserved bacon drippings. Stir crushed bacon (if you wish, reserve about 1 tablespoon for topping) and milk mixture into dry ingredients just until combined.

Fill greased 2½-inch muffin pans two-thirds full; sprinkle reserved bacon over tops. Bake in a 425° oven for 15 to 18 minutes or until muffins are golden brown. Makes 1 dozen.—*A. M., Oceano, Calif.*

These golden orange muffins use puréed fresh orange peel and pulp for flavor.

ORANGE-RAISIN MUFFINS

- 1 large orange
- About 1¼ cups buttermilk
- ½ cup melted butter or salad oil
- 2 eggs, slightly beaten
- 4 cups regular all-purpose flour
- 2 teaspoons soda
- 1½ teaspoons salt
- ¾ cup sugar
- 1 cup chopped raisins

With a vegetable peeler, remove thin outer peel from orange. Remove and discard white membrane from orange. Cut pulp into pieces and whirl, with peel, in blender until puréed. Measure and add enough buttermilk to make 2 cups liquid. Blend in butter and eggs. Sift flour, measure, and sift flour again with soda, salt, and sugar.

Combine liquid ingredients, flour mixture, and raisins, stirring just until blended. Spoon into greased 2½-inch muffin cups, filling about three-quarters full. Bake in a 350° oven for 20 to 25 minutes or until lightly browned. Makes 2 dozen muffins. —*I. J., Bothell, Wash.*

Each of these lemon muffins is coated with a brown sugar and coconut mixture. Turn them out of the pans as soon as they're baked; serve upside down.

UPSIDE-DOWN LEMON MUFFINS

- Coconut topping (recipe follows)
- 2 cups regular all-purpose flour
- 3 teaspoons baking powder
- ½ teaspoon salt
- ¼ teaspoon nutmeg
- ¼ cup sugar
- 1 egg
- 1 cup milk
- 3 tablespoons melted butter or margarine, or salad oil
- 1 tablespoon *each* grated lemon peel and lemon juice

Divide coconut topping evenly into 12 well greased 2½-inch muffin cups; press against bottoms and sides. Sift and measure flour; sift into a bowl with baking powder, salt, nutmeg, and sugar. Beat egg lightly with milk, butter, lemon peel, and lemon juice; stir mixture into dry ingredients just until combined. Fill prepared muffin pans about three-quarters fu

Bake in a 400° oven for about 20 mi or until well browned. Turn muffins pans immediately; serve upside d Makes 1 dozen.

Coconut Topping. Blend ½ cup flaked coconut and firmly packed b sugar, 2 tablespoons flour, 3 tables melted butter, and ⅛ teaspoon nutm

Sugar-crusted muffins are mildly anis vored here, and contain chopped p for crunch. Our tasters enjoyed the fins with peach jam.

PECAN-ANISE MUFFINS

- 2 cups regular all-purpose flour
- ¼ cup sugar
- 3 teaspoons baking powder
- ½ teaspoon salt
- ½ cup finely chopped pecans
- 2 teaspoons grated lemon peel
- ¾ teaspoon anise seed, crushed
- 1 egg
- 1 cup milk
- 3 tablespoons melted butter or margarine, or salad oil
- Sugar

Sift and measure flour; sift into bowl sugar, baking powder, and salt. Mi pecans, lemon peel, and anise seed all are well coated with flour mixt Beat egg lightly with milk and butter. milk mixture into dry ingredients until combined. Fill greased 2½-inch fin pans ⅔ full; sprinkle about ¼ spoon sugar over top of each muffin. B in a 425° oven for 18 to 20 minute until golden brown. Makes 1 dozen.

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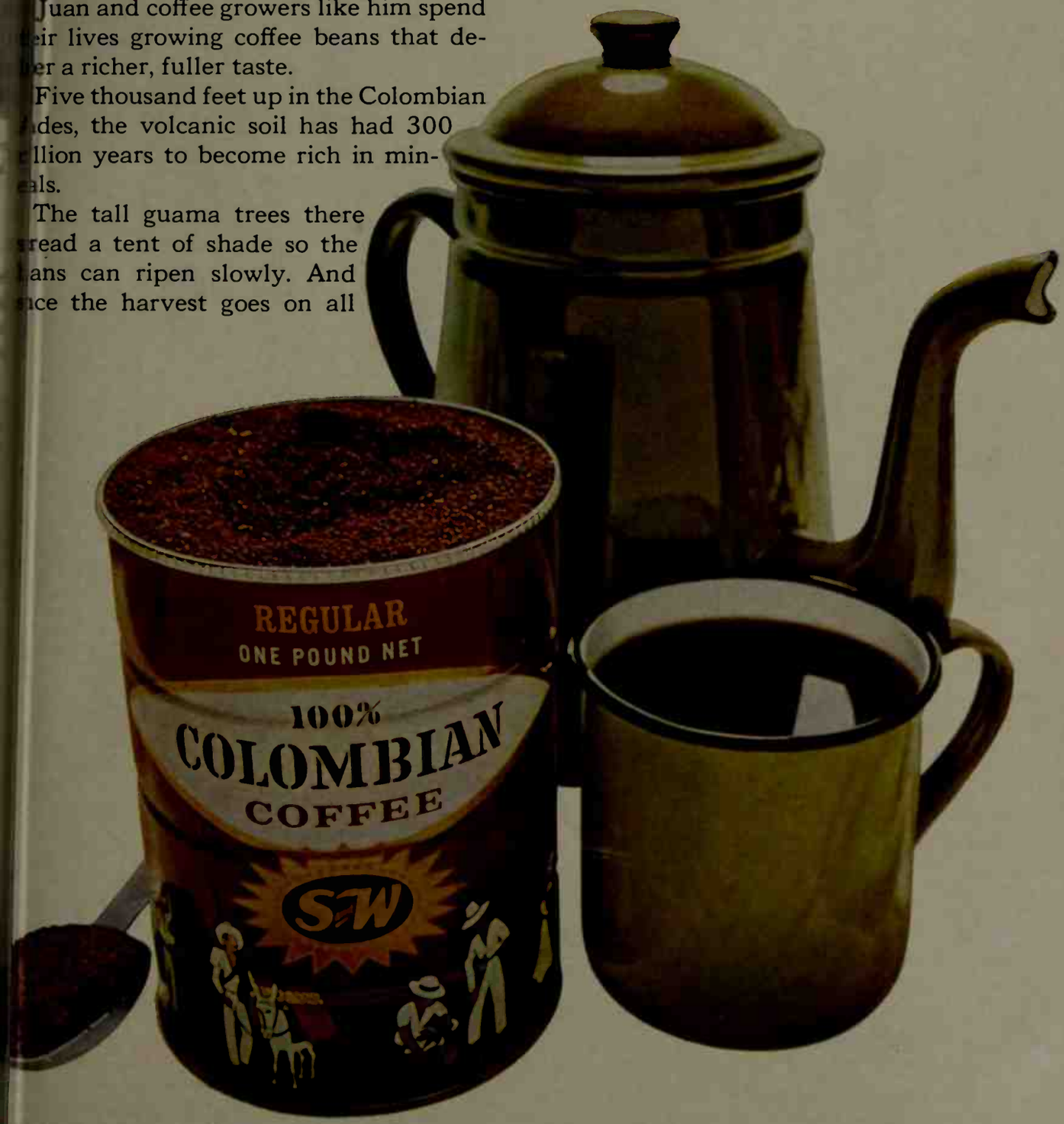

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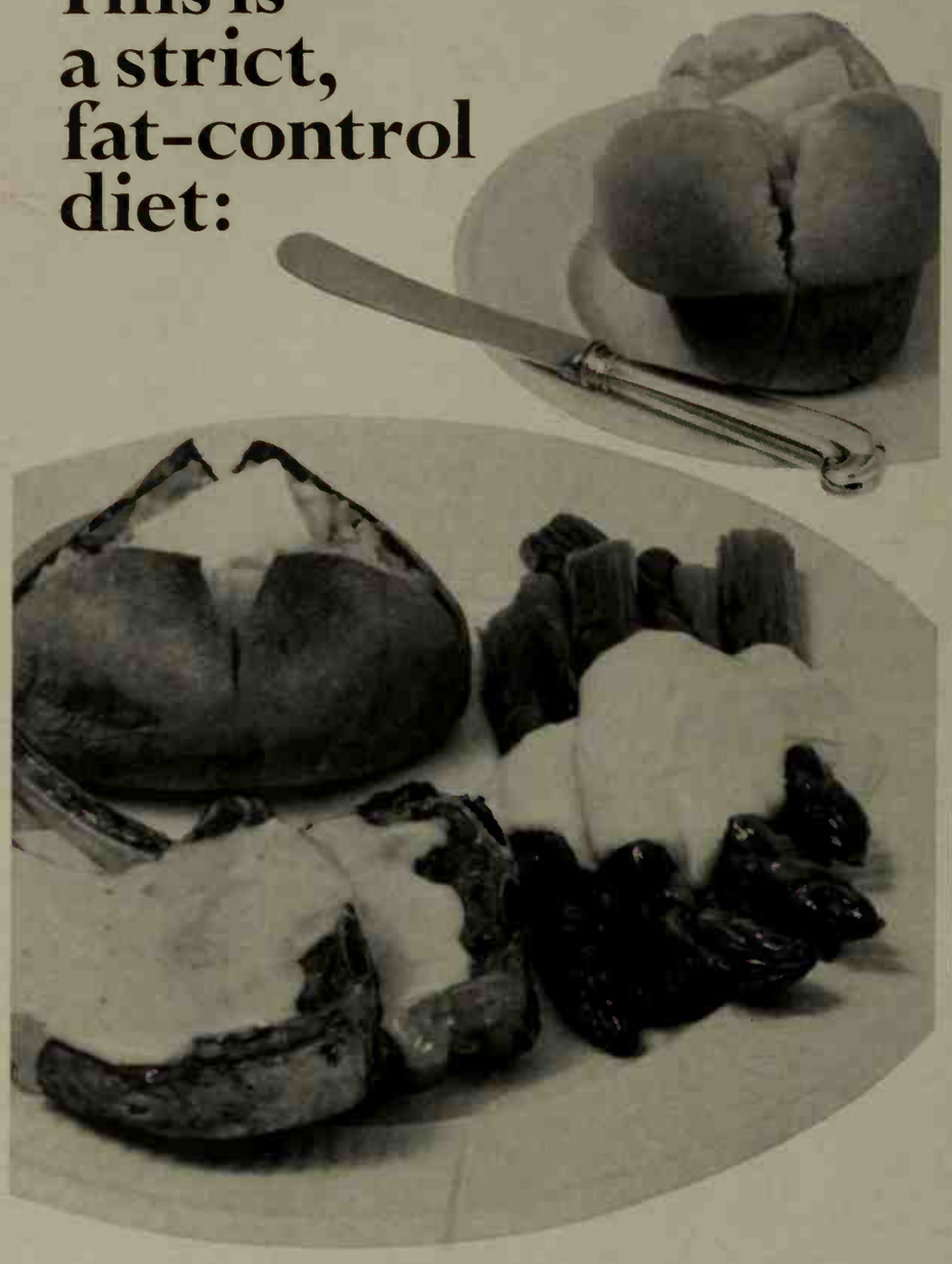

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Fruit punch? ... are choices

When the occasion calls for a ligh ing fruit punch, you might c suggested here. Serve it in indiv or glasses, or ladle it from a p or other attractive container.

We found this unusual punch su delicious. Serve it very cold o float strawberry or raspberry she

SPRING RHUBARB PUNCH

Heat 1 cup *each* sugar and w low heat, stirring until sugar is set aside. Cut 2 pounds rhuba inch slices; you'll have about 7 in pan with 3 cups water; bring and simmer until tender, about Strain through a fine wire stra carding pulp; you'll have about juice. Add part or all of the su to the juice to bring it to the you like. Chill well. Just before add 1 bottle (1 pt. 12 oz.) chill ale. Serve at once and garnish, if with sliced strawberries or sprig mint. Makes 9½ cups.

You mix frozen fruit juices and make this refreshing punch. Serv or with floating scoops of sherb

GOLDEN FRUIT MILK PUNCH

In a large bowl or pitcher, m (6 oz.) *each* thawed, frozen pineap concentrate (undiluted) and tha zen orange juice concentrate (un and 3 cups *each* water and mi thoroughly. Just before serving, p serving container; add scoops of (pineapple, orange, or lime), usin of 1 pint sherbet. Makes about

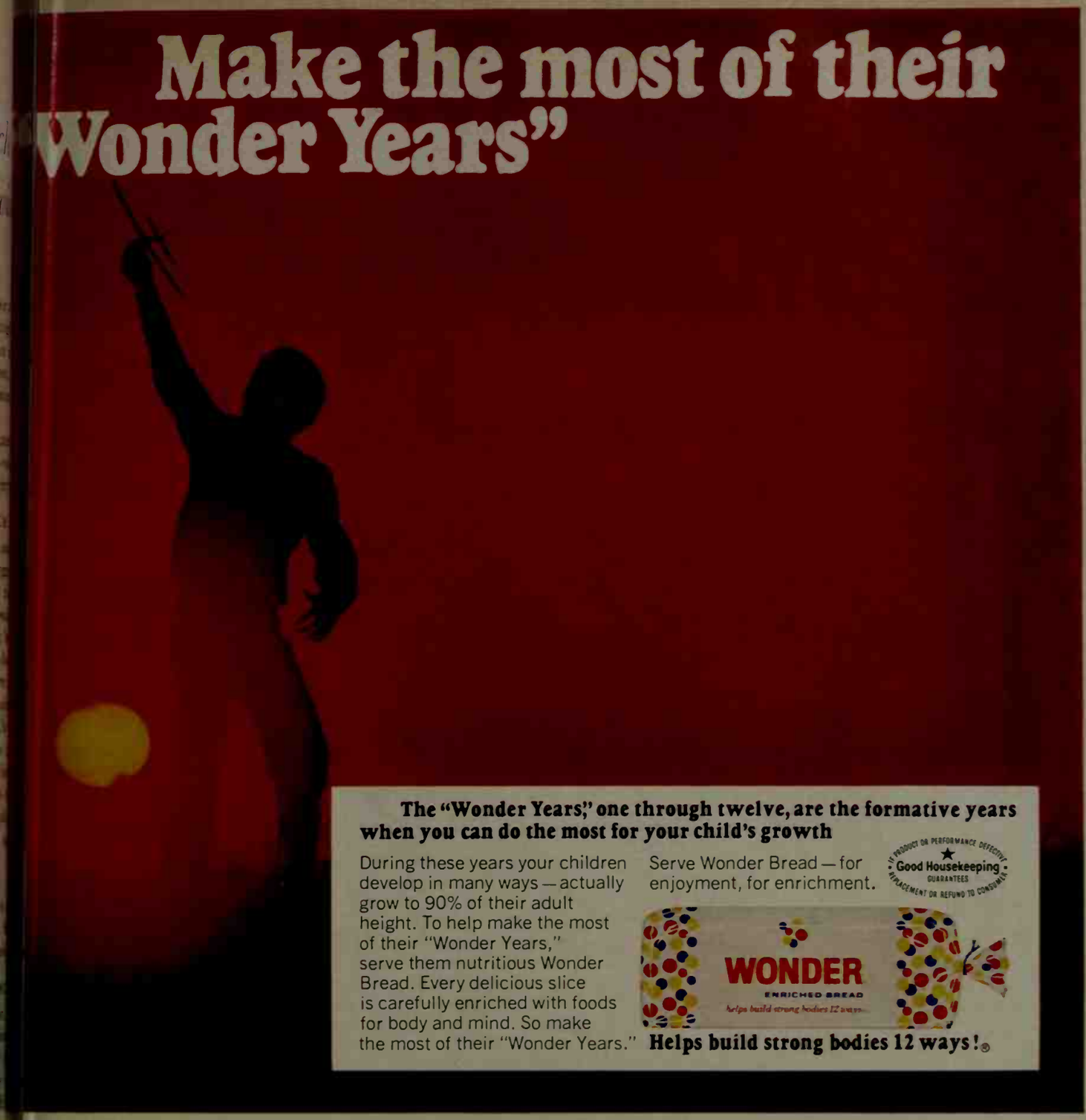
The simplicity of this fruit punch prepare it almost on a moment's if you have the two ingredients

STRAWBERRY-GINGER ALE PU

In an electric blender whirl smoot ket fresh strawberries; you'll hav 1½ cups purée. Sweeten to ta about ¼ cup sugar. Freeze firm, shallow pan to speed freezing if ne (If you wish, use one pint con frozen strawberry ice instead of the fresh berries.)

Just before serving, break strawb into chunks and put in a blender cups ginger ale; whirl just to blen at once with a fresh strawberry or fresh mint, if you wish. Make 1 quart.—*M. Z., Palo Alto, Cali*

Make the most of their Wonder Years"



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Crisp *Dutch cookies have ginger centers. Serve with spring stra*

Adding ginge to a cooky

Ginger, either preserved in syrup tallized, can transform simple coo quite sophisticated accompanim fresh spring fruits or ice cream.

DUTCH GINGER COOKIES (Gemberkoekjes)

Sift regular all-purpose flour and 1¼ cups; mix in ½ cup sugar. C cup (¼ lb.) firm butter or margar in 1 egg yolk, slightly beaten, and spoon vanilla; work dough with until smooth. Roll out on a floure to about ⅛-inch thickness; cut 2½-inch scalloped or round cutte on ungreased baking sheets.

Slice preserved ginger about ⅛ in to make ¼ cup. Press a ginger sl each cooky center. Beat slightly white with 1 teaspoon of the ginge brush cookies with mixture. Bak 375° oven for 10 to 12 minute lightly browned. Makes 2 dozen.

CHOCOLATE GINGER CRISPS

Cream together ½ cup (¼ lb.) so ter or margarine; ½ cup brown firmly packed; ¼ cup granulated and ½ teaspoon vanilla. Add 1 eg well. Sift regular all-purpose flour ure 1 cup, and sift again with ½ te baking powder and ¼ teaspoon sa into flour ½ cup chopped walnu pecans; 3 ounces semisweet cho chopped into pieces about the dried peas; and ¼ cup finely cl crystallized ginger. Blend flour m into butter mixture. Drop by round spoons onto ungreased baking Bake in a 375° oven for 8 to 10 m until lightly browned. Makes 3 do

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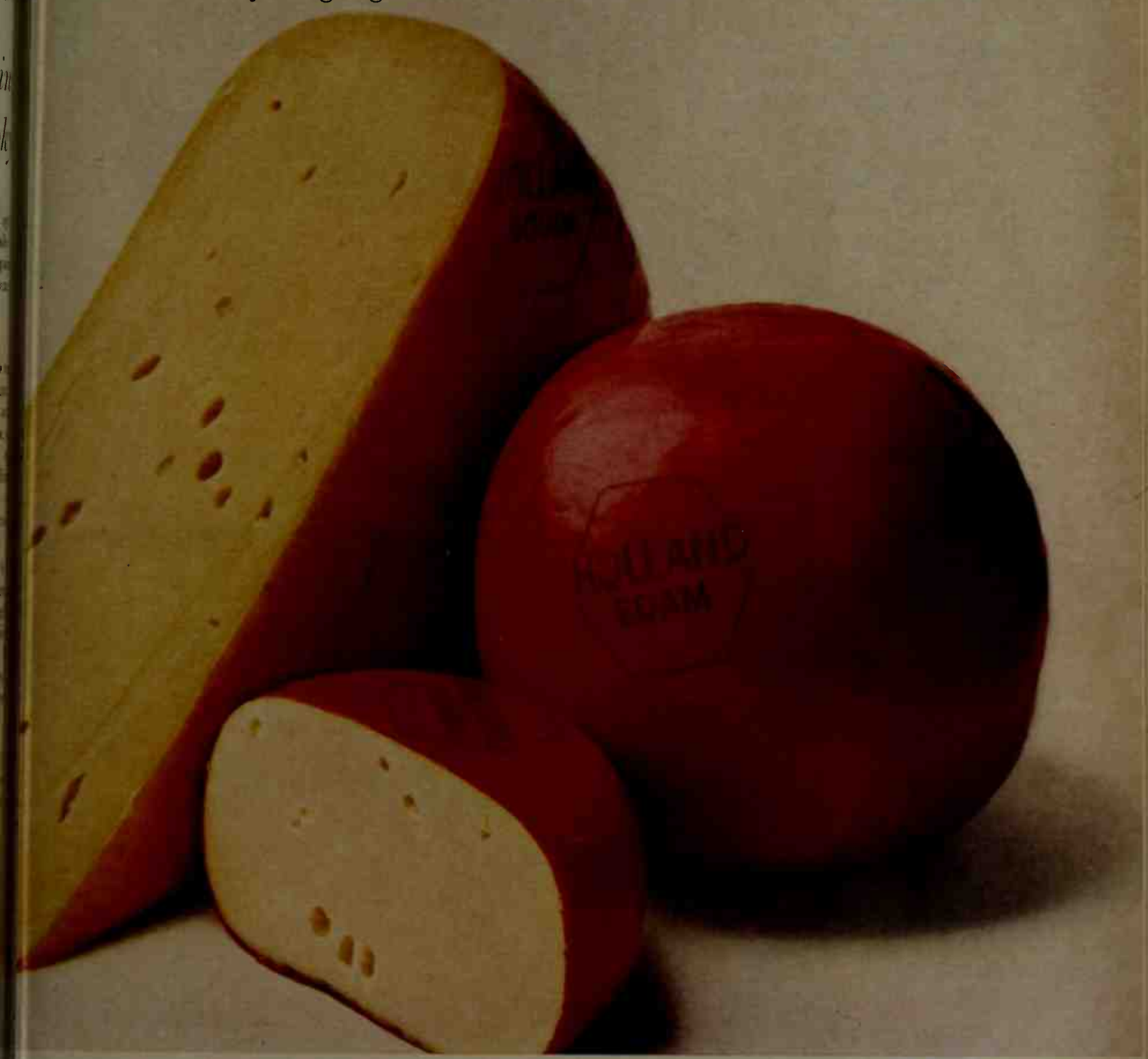
in any language but American?



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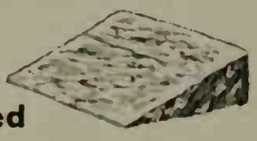

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It has to be good!

You can heat *and flame this entrée in a chafing dish at the table in front of y*

Swiss veal . . . and *rösti* potatoe

The veal dish called *Geschnetzeltes* (gnh-*shnet*-sel-tis) is offered on restaurant menus throughout Switzerland. It is a simple combination of quickly cooked julienne strips of veal in a rich wine-accented cream sauce. The make-ahead character of this dish makes it ideally suited to company entertaining at home.

To complete the meal we suggest the traditional accompaniment "rösti" potatoes (diced, buttery, pan-roasted potatoes), a crisp green salad, and hard rolls.

SWISS JULIENNE OF VEAL
(Geschnetzeltes)

Carefully trim away skin or fat from 2 pounds boneless veal cutlets, ⅓ inch thick. Put one piece at a time between two pieces of waxed paper and pound with a smooth-surfaced mallet to flatten it evenly to about ¼-inch thickness. Sprinkle meat lightly on each side with salt, pepper, and paprika. Cut into strips ¼ inch wide and about 1½ inches long.

In a wide frying pan heat 3 tablespoons butter or margarine until bubbly. Add 2 tablespoons chopped shallots or green onions and sauté until just softened. Add veal strips and cook over medium high heat, stirring frequently, until no longer pink, about 4 minutes. Remove meat and shallots (or onion) to a 1-quart
3 tablespoons flour into drippin
cook, stirring, until bubbly.
blend in 1 cup whipping crea
cup dry white wine. Cook, stir
thickened and smooth. (If yo
serve the dish later, cover and r
the meat and the sauce separat
Shortly before serving, add cook
to hot (or reheated) sauce in
dish or other pan. Cook, sti
quently, about 5 minutes, or un
through. Heat ¼ cup brandy j
warm to touch; ignite and pour
in sauce. Stir until flames die d
serve. Makes about 6 servings.

Butter-Roasted Potatoes (Karto
Cook 2 pounds large new potato
ing salted water for 25 to 30 mi
until just tender; drain, cool,
finely dice. Melt 5 tablespoons
a 10 or 11-inch heavy frying
potatoes and ¼ teaspoon salt; st
tribute butter evenly. Press pota
an even layer in the pan. Sprink
teaspoons water, cover tightly,
over medium low heat until cr
golden at the bottom, about 15
Slip spatula under potatoes to l
the way around. Invert onto servi
Makes about 6 servings.

s. Doll doesn't believe you have to have 14 children to appreciate a Maytag.

MPANY, NEWTON, IOWA WASHERS, DRYERS, PORTA-DRYERS, PORTABLE DISHWASHERS,

age 5. *Center:* Helen, 4; Mrs. Doll.
, 10; Mr. Doll; Gregor, 11; Faye, 9.

Her 5 are no slouches in the "dirt department."

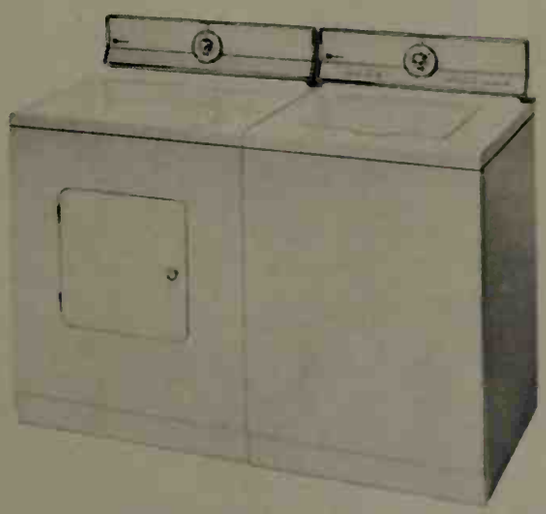
And only one repair each for her 10-year-old Maytags.

Mrs. Tami Doll of Rockland, Ontario, wrote to say that Maytag dependability is just as important to families like hers as it is to really big families.

And Mrs. Doll's record proves it! She's had her Maytag Washer and Dryer for over ten years and they've handled everything from diapers to dirty jeans—3 to 4 loads a day, 5 days a week. With only one small repair for each machine.

Of course you can get a New Generation Maytag Washer and Dryer with a lot of new features. Giant new washing-capacity. Dryer with Electronic Control. And a choice of decorator colors.

We can't promise that all Maytags will equal the performance Mrs. Doll has enjoyed. But dependability is what we aim to build into every Maytag. No matter what size family you may have.



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Shape *dough into tapered ovals, 1*
seams and sealing feta chees

Greek cheese buns with fet

Hot oval yeast buns encasing feta are a popular morning pastry in We like them as an accompanime soup or salad luncheon.

Feta is available in cheese shops Eastern markets, and some superm

GREEK CHEESE BUNS

- 1 package active dry yeast
- ¼ cup warm water
- ½ cup milk
- 1 tablespoon sugar
- ¼ teaspoon salt
- 3 cups plus 2 tablespoons unsifted all-purpose flour
- ½ cup soft butter or margarine
- 3 eggs
- 6 ounces feta cheese
- 3 tablespoons melted butter

In a large bowl, add yeast to wat stand until dissolved. Scald milk, lukewarm, and stir in. Mix in suga and 1 cup flour. Mix in butter an If using a heavy-duty electric mix remaining flour and beat 10 m otherwise, mix in flour with a w spoon and knead 10 minutes on f board. Let rise until doubled.

Turn onto a floured board and lightly. For each roll, cut off a 2½ ball of dough and roll into a 6-inch Sprinkle with 2 teaspoons crum cheese. Fold over two opposite side pinch together, making tapered Place seam down on a greased b sheet; let rise about ½ hour. Prick bun about six times with toothpick; with melted butter. Bake at 375° 15 minutes, or until golden. Makes 1

There is one other place you can find Mexican food this good.

(Mexico.)

Thank goodness for

Banquet®

frozen foods.

Goodbye, Monotony!

Lemon cooky wreath *encircles delicate, superbly cool, pale yellow lemon torte*

On a fresh May day . . . an icy cold lemon dessert

The summerlike euphoria occasionally brought on by May can stir an urge for a light, refreshing dessert—long before summer's berries and stone fruits are around to satisfy that urge. When this happens to you, you might consider one of these two excellent spring desserts.

Both are easy frozen lemon desserts; each is refreshing with canned or frozen fruits. You must freeze them at 0° or colder; they can be made weeks ahead.

FROZEN LEMON TORTE

- 4 eggs, separated
- 1 cup sugar
- 1½ tablespoons grated lemon peel
- ½ cup lemon juice
- 1½ cups whipping cream
- Berry sauce (recipe follows)
- About 30 lemon-flavored wafer cookies, each 2 inches in diameter

Beat egg whites until stiff. Gradually beat in ¾ cup of the sugar, 1 tablespoon at a time, until whites form glossy, stiff peaks when beater is withdrawn. With the same beater blend yolks, remaining ¼ cup sugar, peel, and juice. Whip cream until stiff. Smoothly fold whites, yolks, and cream together.

Line bottom of a 9-inch cheesecake pan (springform or removable bottom) with cookies, then stand a row of cookies, top side against pan rim, around pan. Pour in lemon mixture, smoothing top slightly. Cover and freeze at least 8 hours. Remove pan rim, cut in wedges, and serve with berry sauce poured onto individual portions. Makes 12 to 16 servings.

Berry Sauce. Let thaw 1 package (10 oz. size) *each* frozen boysenberries and frozen blackberries. Whirl fruit in blender and pour through wire strainer, discarding seeds, or simply rub fruit thro strainer. Makes about 2 cups sa

FROZEN DANISH LEMON CREAM

- 6 tablespoons butter, melted
- 2 teaspoons grated lemon peel
- ⅓ cup lemon juice
- 1 cup sugar
- 3 eggs
- 3 egg whites
- 1 cup whipping cream
- Sweetened whipped cream
- 1 large can (1 lb. 14 oz.) purple plums partially drained

In the top of a double boiler bl gether butter, peel, juice, ¾ cup sugar, and the 3 whole eggs. Co simmering water, stirring cons until mixture is thickened. Remov heat, cool, then chill.

Beat egg whites until stiff, then gr beat in remaining ¼ cup sugar un glossy peaks form when beater drawn. With same beater, whip until stiff; stir in lemon mixture. egg whites. Pour into a plain, sm (6 to 7-cup size), cover, and fr least 8 hours.

To unmold, immerse pan in hott water to a level slightly above mixture; hold about 15 seconds, o edges just begin to show signs of m Invert onto chilled serving dish; h mold in place on dish, shake fir release. Smooth sides with a sp freeze about 30 minutes to firm e

To serve, spoon a puff of swee whipped cream onto top of mold a into it a well drained purple plu stand in refrigerator for about 1 utes, or at room temperature for 5 minutes. Cut in wedges and with purple plums and more swe whipped cream, if you like. Make 12 servings.—*E. S., El Cerrito, Cal.*

For variation, you can use lime pe juice instead of lemon in these two r papaya is a fine companion.

Purple plum *tops rich Danish lemon*

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The Chefs this month are concerned with the chicken and the egg

The chicken and the egg are the whole concern of the *Chefs* this month. Which came first matters less to these gentlemen than what happens after either arrives.

What happens to an egg when *Chef* Fred Cherry finds one is a sort of fritter.

"May I say that this was invented on a dismal, rain-drenched morning after? We called it Featherless Swallows.

"We thought some solid food would help, but the refrigerator revealed little more than four ears of corn and an egg. The corn was grated into a bowl containing the one egg yolk and beaten *very quietly* with a sprinkle of salt. The egg white, stiffly whipped, was stirred into the mixture, and spoonfuls dropped into a buttered pan, quickly browned, turned, and swallowed. Naturally we went out for more corn, but life now had a purpose.

"I've since tried it with canned and frozen corn, but fresh is best."

Chef Cherry makes this a morning dish with syrup, honey, or jam, but we found it versatile enough to serve by itself as a side dish with meat.

FEATHERLESS SWALLOWS

- 1 egg, separated
- 4 medium-sized ears of corn, or 1 can (12 oz.) whole kernel corn, drained and chopped
- ⅛ teaspoon salt
- 2 tablespoons butter

Place egg yolk in a small bowl and grate or scrape in fresh corn. Add salt and beat just to blend. Whip egg white until stiff and fold into yolk mixture. Melt butter in a frying pan over medium high heat and fry mixture a tablespoon at a time until lightly browned, turning once. Makes 12 to 15 small fritters.

Fred Cherry

San Francisco

An omelette with a spicy sauce makes up what Herb Goldstein calls Mediterranean Omelette. Since one of the primary ingredients is our own Western jack cheese, the name needs a little qualification. The ingredients draw from both the Mediterranean and Mexico, and the flavors will remind you as much of chiles of a Spanish omelette. This is approach to the piquant flavor climes; and whatever you call probably like it very much.

MEDITERRANEAN OMELETTE

- 3 tablespoons butter
- 1½ tablespoons *each* onion and gree pepper, finely diced
- ⅛ teaspoon *each* basil and oregano
- ⅛ teaspoon *each* onion powder and powder
- 2 large eggs
- 2 teaspoons water
- ⅛ teaspoon salt
- Dash pepper
- ⅓ cup shredded jack cheese
- ¼ cup tomato, peeled and diced

Melt 1 tablespoon of the butter frying pan. Add onion, green pep oregano, and onion and garlic sauté until onion is translucent per tender. Set mixture aside.

Beat eggs with water, salt, an until yolk and white are blen remaining 2 tablespoons butter i lette pan over high heat. Pour i lift edges as bottom sets to a cooked portion to run underne omelette is nearly set, sprinkle cheese evenly over the surface half and slide onto plate, then vegetable mixture and tomato. omelette.

Herb Gold

O

Chef Paul de Sainte-Colombe is writing analyst by profession an

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ation. An analysis of his recipe talent and confidence. The con- s apparent in the bold strokes of nd port, while the talent, an ar-

l strokes of brandy and port"

e; comes through in the little licues of olive that make the dish ve.

ou serve this, remember that the re subtle. It needs only simple niments.

CHICKEN

ole chicken breasts, cut in half
ter
cken bouillon cube
e lemon
diced green pepper
lespoons butter
lespoons brandy
n (10½ oz.) condensed cream of
ushroom soup
lespoons tomato sauce or catsup
n (4½ oz.) chopped olives
all cans (2 oz. *each*) button
ushrooms, drained
lespoons white port
p half-and-half (light cream)
aspoon tarragon
aspoon rosemary
eshly ground black pepper
g yolks
iento strips

alved chicken breasts in a large an. Add cold water just to cover, cube, lemon, and green pepper. o a boil and simmer, covered, 6 . Drain liquid from breasts (save s). When cool, remove skin and Melt the butter in a large shallow e (9 by 13 inches) and arrange in a single layer. Drizzle chicken ndy.

ucepan, blend the soup, tomato olives, mushrooms, port, light tarragon, rosemary, and pepper to Heat to simmering. Remove from range, stir in egg yolks, and pour over chicken.

Bake uncovered at 350° about 40 minutes. Remove the chicken to a serving platter, spoon over some of the sauce, and decorate with pimiento strips. Pass the remaining sauce in a separate bowl. Makes about 8 servings.

Paul de Sainte Colombe

Los Angeles

Chicken Eugenio is, we quote, "the result of ingenuity when left alone with an uncooked chicken, an unsatisfied appetite, and an undaunted imagination."

K. E. Svilich is the source of this ingenuity, and his inspiration is primarily Italian.

The resulting dish has its antecedents in such fare as Chicken Cacciatore. The flavors are strong and hearty, so you'll need a good Italian red wine and a salad with some gumption to stand along with them.

CHICKEN EUGENIO

4 tablespoons olive oil
1 clove garlic, minced or mashed
3-pound broiler-fryer chicken, cut in pieces
¼ teaspoon paprika
¼ teaspoon sage
About ⅓ cup flour
2 green onions, chopped
¼ green pepper, chopped
1 can (1 lb.) peeled, pear-shaped tomatoes
1 teaspoon salt
1 teaspoon basil
1 tablespoon parsley flakes
1 can (4 oz.) button mushrooms
2 tablespoons grated Parmesan cheese

Heat oil in a large frying pan with garlic. Dust chicken parts (reserve giblets) with paprika and sage; roll in flour, shaking off excess, and brown on all sides in the hot oil. Meanwhile finely cut giblets. Remove chicken from pan; add giblets, onions, and green pepper and sauté until vegetables are limp. Return chicken to pan, add tomatoes, salt, basil, parsley flakes, and mushrooms including liquid. Cover and simmer over low heat for 30 minutes, or until chicken is tender.

Arrange chicken on platter, sprinkle with Parmesan cheese, and keep warm. Over high heat, reduce tomato sauce about half or until desired consistency. Pour over chicken. Serve with extra Parmesan, if desired. Makes 3 or 4 servings.

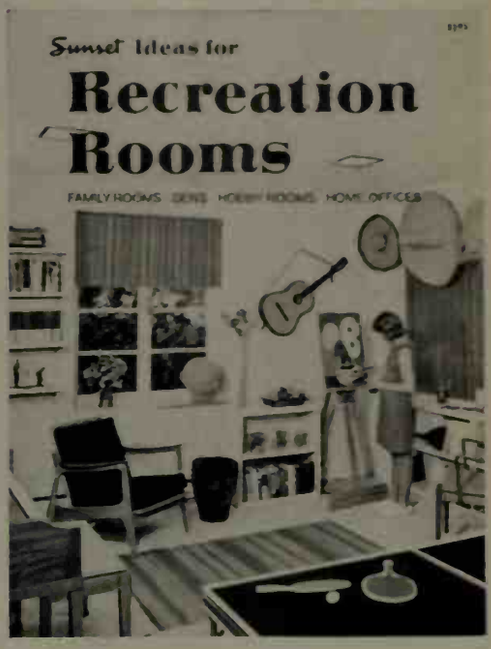
Kenneth E. Svilich

Manhattan Beach, Calif.

Chef Virgil L. Newell serves a chicken and rice mixture around a mound of guacamole and calls it Chicken Mexicado. It's a good-looking combination, and good-tasting too, particularly if you're liberal with the avocado.

Chef Newell is on familiar ground in this discussion of the chicken: In previously submitted recipes, he has given us his

NEW!



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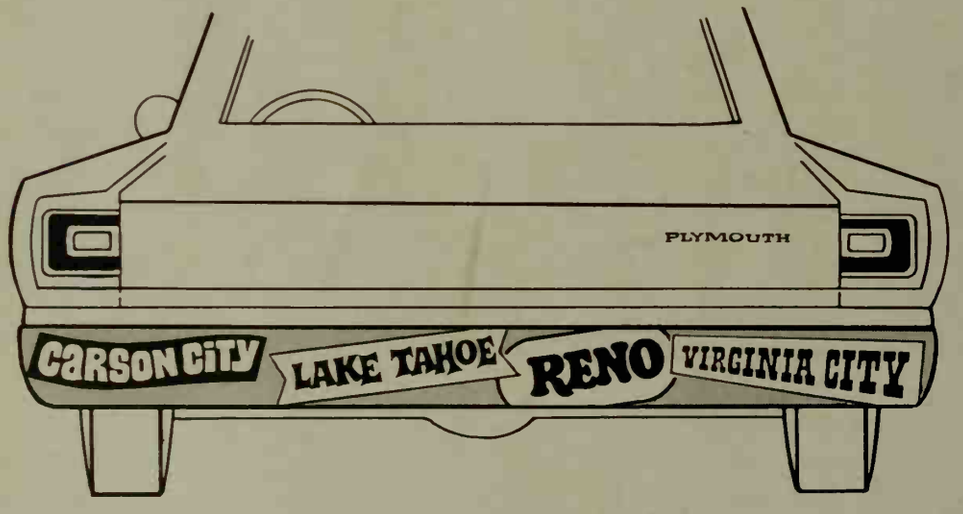

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approach to barbecued chicken a
cial frying method. This present
is baked. Where can he go now
boiling and broiling?

"Chicken, rice, and guacam

CHICKEN MEXICADO

- 3 to 3½-pound broiler-fryer chicken, in serving pieces
- ½ cup evaporated milk
- ½ cup flour
- 1½ teaspoons salt
- ⅛ teaspoon pepper
- 3 tablespoons salad oil
- 1 cup uncooked rice
- 2 cups regular chicken broth, or 2 cu water and 2 chicken bouillon cub
- 1 can (6 oz.) tomato paste
- 1 ripe avocado
- 2 teaspoons lemon juice
- 1 tablespoon minced onion
- Liquid hot pepper seasoning
- Salt and pepper

Dip chicken pieces in evaporat
Combine flour, salt, and pepper,
chicken, shaking off excess. Heat
large frying pan over medium h
and brown chicken pieces on a
Place chicken in a 2½-quart casse
add rice; heat broth and tomat
and pour over chicken. Cover
bake at 350° about 1 hour,
chicken is tender.

Peel, pit, and mash avocado;
lemon juice and onion; add the li
pepper seasoning and salt and p
taste.

Mound avocado in center of serv
ter and surround with chicken
mixture. Makes 3 to 4 servings.

Virgil L. Neer
Coos Bay

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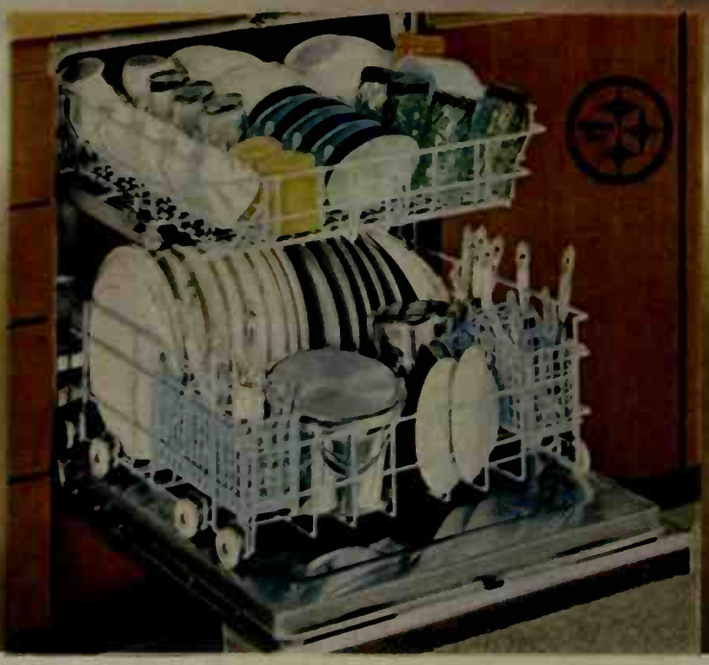

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Fresh green p in the sala

If you have a vegetable garden be harvesting fresh peas this not, chances are good that locally grown peas in your ma resistible prices. Their extra sw is reward enough for the mino shelling them.

Briefly cooked and quickly ch peas make colorful and delici They are featured here in two spring luncheons. A pound of p pod yields about 1 cup shelled

GREEN AND WHITE SALAD

- 1 bunch green onions
- 2 cups shelled peas or 1 package (frozen peas
- Boiling salted water
- 1 small green pepper, seeded and
- 1 pint cottage cheese
- ½ teaspoon salt
- ⅛ teaspoon pepper
- ½ teaspoon curry powder or 1 teas weed
- 2 tablespoons finely chopped pars

Slice the white parts of green serving tops. Cook the peas onion slices in boiling water tender, about 8 minutes (about for frozen peas). Pour into a co run cold water over to chill quic Slice the tender part of onion mix with green pepper, cotta salt, pepper, curry, parsley, Cover and chill for 30 minutes hours. Garnish serving plates wi if you wish. Makes about 4 servings.—*D. B., San Francis*

PINK AND GREEN SALAD

- 2 cups shelled peas or 1 package (frozen peas
- Boiling salted water
- ½ cup sour cream
- 1 teaspoon tarragon vinegar
- ¼ teaspoon prepared mustard
- ½ teaspoon *each* salt and dill weed
- ½ pound cooked, shelled and deve small shrimp
- 2 hard-cooked eggs, chopped
- ¼ cup sweet pickle relish or choppe pickle
- ½ cup thinly sliced celery

Cook the peas in boiling water tender, about 8 minutes (about for frozen peas). Pour into a col chill quickly with cold runni then drain well.

Combine the sour cream witl mustard, salt, and dill; refri you're making this dressing ahea Shortly before serving, add shr pickle relish, and celery to the the dressing and mix lightly. Ga ing plates with lettuce, if you wi 4 servings.—*R. M., Roseburg, C*

e one time your life hen you dare not ke chances...

time when you find a new meaning to nd a deepened sense of responsibility. matter of diet, for instance, now takes uch more importance than that of losing pounds to get into a size 10. It's a time you really listen to your doctor's advice se the foods he tells you to eat no longer t you alone.

A dietary guide for the mother-to-be

hen prenatal or postnatal complications r they may sometimes be traced to incor- diet. So it is wise to build your meals nd the four Food Groups: The Milk p, Meat Group, Vegetables and Fruits, ds and Cereals.

Add extra milk, meat and other protein- foods at this time. Milk, as well as being nportant source of protein and riboflavin, perior to all other foods as a supplier of um for bone formation. The daily recom- dation for an expectant mother is 4 or e glasses—for a nursing mother at least 6.

Increase your servings of vegetables and ts for extra vitamins A and C.

Go light on sweet foods, fried foods, rich erts, fats, gravies and other high calorie ls to avoid gaining excess weight.

oman who follows these simple rules will her baby the best possible start and set stage for a happy future family life.

****

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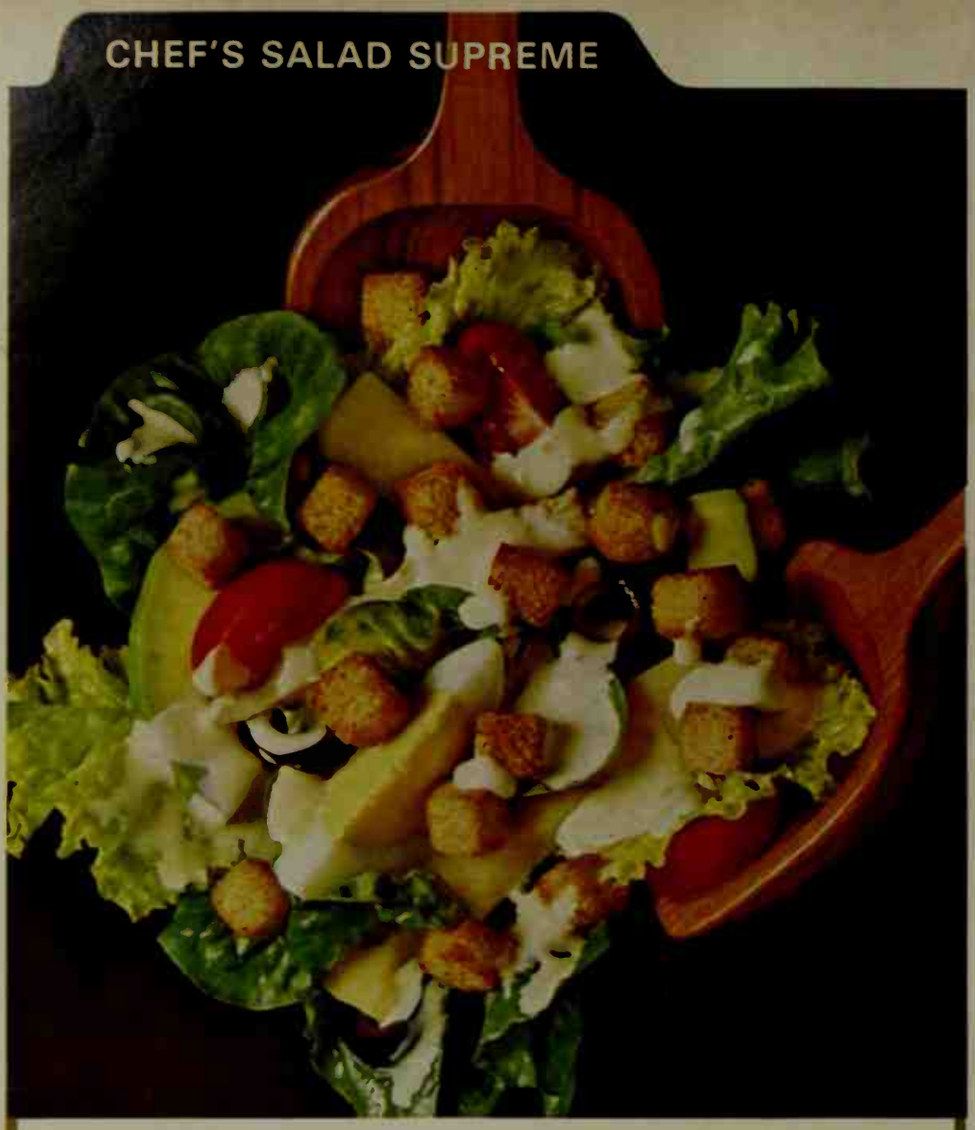

Toss a marvelous meal with

Kellogg's Croutettes and Seven Seas Dressing

Be a chef with the gourmet touch —serve a tempting, tasty salad like this. It's so easy to toss up, too, when you use Kellogg's Croutettes and your favorite Seven Seas Dressing. Kellogg's oven-toasted croutons give salads a delightful, spicy crispness. And, Seven Seas Dressings are made creamy so their flavor clings to greens, won't sink to the bottom of the bowl. Toss this extra-special Chef's Salad Supreme for dinner tonight.

- 10 cups chilled torn salad greens (romaine, iceberg, spinach)
- 2 cups KELLOGG'S® CROUTETTES®
- 1½ cups cooked chicken or turkey strips
- 1 cup cheese strips (Swiss or American)
- 1 ripe avocado, pared and cut in wedges (optional)
- 2 hard-cooked eggs, sliced
- 1 cup cherry tomatoes, cut in halves (or tomato wedges)
- ½ cup pitted ripe olives
- 1 cup SEVEN SEAS® DRESSING (Green Goddess, Caesar, Coach House, Creamy Russian, Italian Bleu, Creamy Italian)

Combine greens in large salad bowl. Add Kellogg's Croutettes (herb-seasoned croutons), chicken, cheese, avocado, eggs, tomatoes, and olives. Toss with your favorite Seven Seas Dressing before serving in individual salad bowls. Additional Croutettes may be sprinkled over top, if desired. Makes 6 main-dish servings.

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Shrimp and o
. . . fresh fried

Most youngsters love fried shrim almost everyone finds it hard this seafood, tender and perf with a thin, crisp coating. R often feature the item, but fe it as well as you can at hom

Our directions are for fried sh fried onion rings. The onions, f in milk, are sweet and mild, crisp and tender.

To be at their best, fried shri be consumed as soon as pos they are fried—a good reason one customer at a time when your family to this meal.

An electric frying pan—not a ramic one—is convenient for t and a deep fat thermometer wi maintain the best frying tem You'll need about a quart of f oil or shortening and a slotted small wire skimmer.

FRENCH-FRIED SHRIMP AND

Peel 1 large or 2 smaller onion ¼-inch thick; separate into ri rings in bowl; pour over 1½ c let stand for 1 to 2 hours. Pee large shrimp or prawns (defrost leaving on tails if you wish. each shrimp by cutting down but not quite all the way thro out sand veins. Drain well an with about ¼ teaspoon salt.

Drain onions, saving the milk; s on a cooky sheet and sprink tablespoons flour. In a blender or a bowl, combine 1 egg and the reserved milk. Add 1 cup ½ teaspoon salt. Whirl or b smooth; set aside in a bowl.

Heat salad oil (it should be 2 inches deep) in a frying pan to 350° and 355°—you may need electric frying pan 25° or more maintain the oil at this tempera shrimp, one at a time, into bat briefly, then put into the hot o time you have about 6 or 8 shri pan, the first ones will probabl and brown (it takes 2 to 4 minut briefly on paper towels, then se

Put onion rings for one serving ter, lift out with a fork, drai then fry until crisp and brow minutes. Remove with skimm briefly, sprinkle with salt, and se tinue to fry shrimp and onions serving; remove any particles that collect in the oil. Makes servings.—*P. K., Palo Alto, Cali*

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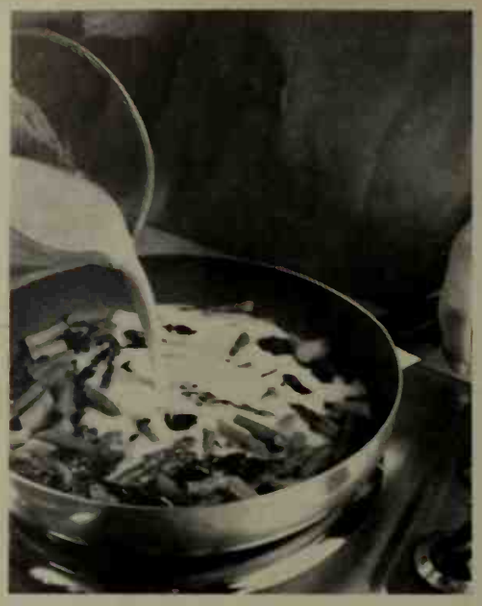
This is Cindy Pinkstaff and her doting daddy. Her diapers and his greasy work clothes are both washed clean in cold water with Cold Power!

Mrs. Alice Pinkstaff, Middleton, Mass., wrote us: "I gave it a try, and now I really can't say enough about Cold Power."

Alice Pinkstaff

d Power gets out the worst kind of dirt in cold water. Germproofs, too.

DARROW M. WATT



To cook *frittata, add egg mixture to vegetables. Cook until almost set; invert onto large platter, slide it back into pan to cook top side; invert again onto serving plate*

Yours from Italy . . . two frittatas

An Italian frittata is a simple mixture of cooked vegetables, eggs, and seasonings that is fried quickly (on both sides) in a wide, open frying pan. It is typically served for brunch or lunch, but you might also consider it as a late supper entrée with a green salad and French bread.

Special pans for making frittatas—made of aluminum or rolled iron, with straight, shallow sides—are available at gourmet cookware shops. But we found that a frying pan with a non-stick fluorocarbon finish is the easiest to use. A well seasoned cast-iron pan also works well.

If you plan to use a frittata pan or cast-iron frying pan that is not well seasoned, you should season it beforehand to prevent the frittata from sticking. To do this, pour about a half inch of salad oil into the pan and place over medium heat; when oil just begins to smoke, remove it from the heat and let cool. Drain oil from pan and wipe with paper towel; do not wash.

Spinach and Asparagus Frittata. Wash and remove stems from 1 pound fresh spinach and cook, covered, in the water that clings to the leaves after washing; cook until limp, about 2 minutes. Cool, drain, and chop; set aside. Slice 1 pound asparagus diagonally into inch-thick slices; cook in boiling salted water until just tender, about 5 minutes. Pour into colander and cool quickly in cold running water; drain; reserve.

Beat together 8 eggs, 3 tablespoons whipping cream, ¼ teaspoon salt, dash pepper, and 2 tablespoons shredded Parmesan or Romano cheese; set aside.

In a 10 or 11-inch frying pan (see left for types to use), combine 3 tablespoons olive oil and 2 cloves garlic, minced or mashed; stir over medium heat until golden. Add cooked spinach and asparagus, distributing them evenly in pan; cook about 2 minutes. Pour egg mixture over vegetables and cook, without stirring, until set about ¼ inch around outer edge. With a wide spatula, lift some of the egg mixture from the sides of the pan, all the way around, tipping pan to let uncooked egg mixture flow to bottom. Continue cooking until top of frittata is almost set (top ⅛ inch of egg mixture towards center should still be liquid).

Invert a large platter over frying pan and turn frittata over onto platter. Add 1 tablespoon olive oil to pan, tip pan to coat bottom with oil, then slide frittata back into hot pan to cook top side. Cook about 2 minutes, then invert onto serving plate. Cut in wedges to serve. Makes 6 to 8 servings.

Zucchini Frittata. Follow recipe for Spinach and Asparagus Frittata, with these changes: Omit spinach and asparagus. Cook 1 pound fresh zucchini, thinly sliced, in boiling salted water until just tender, about 5 minutes. Pour into colander, cool in cold running water, drain. Combine squash; 1 can (2 oz.) sliced pitted, ripe olives, drained; ½ cup sliced green onion (including part of the tops); and ¼ teaspoon oregano. Add these vegetables to hot olive oil and garlic, distributing evenly in pan; cook about 2 minutes. Add egg mixture; cook as directed above.

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DARROW M. WATT

ish-style: sprouted indoors
d off for a garnish, flavor fillip

nish sprouted the kitchen

ress garnish many of the dis-
en-faced sandwiches in the
shops of Copenhagen. The
can enhance the flavor and
of other dishes as well, and
cellent ingredient in butters,
lads.

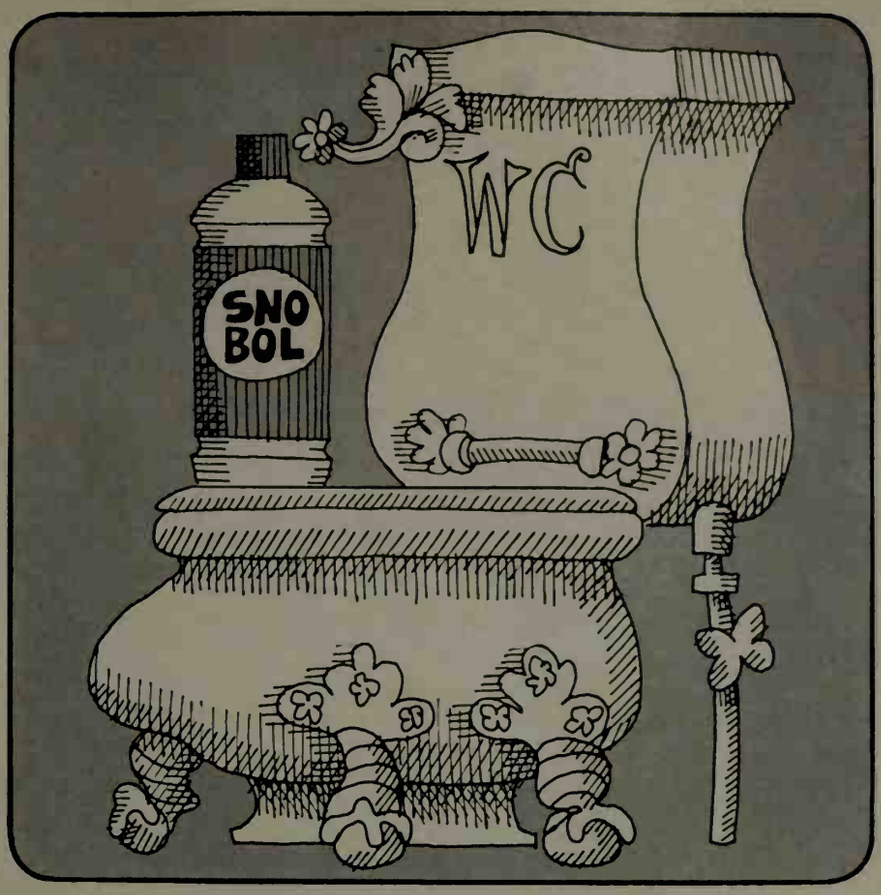
nost absurdly easy to sprout
ur kitchen—in a week to 10
lanting it's ready to use. Sev-
es are suitable. Curled cress,
ss, pepper grass, and broad-
can be grown interchangeably.
to use true watercress, how-
y sprouts lack flavor.

t find seeds for these kinds of
den stores, you can order them
m a specialty seed house. For
a stamped, addressed return
: Cress Editor, Food Depart-
set Magazine, Menlo Park,
5.

e cress, select a small, shallow
2 inches deep). Cover the bot-
a layer of cotton or several
of cheesecloth; saturate it with
nkle on a single layer of seeds,
little space between them.

to 36 hours, you will be able to
ds burst and the pale shoots
om then on the cress grows so
can almost see it happening.
otton or cheesecloth moist but
rged.

cress is large enough to use,
tops lightly to remove any
ed cases. Clip off the leaves
rs. Once these first leaves are
lant is finished. For a constant
plant every two weeks.



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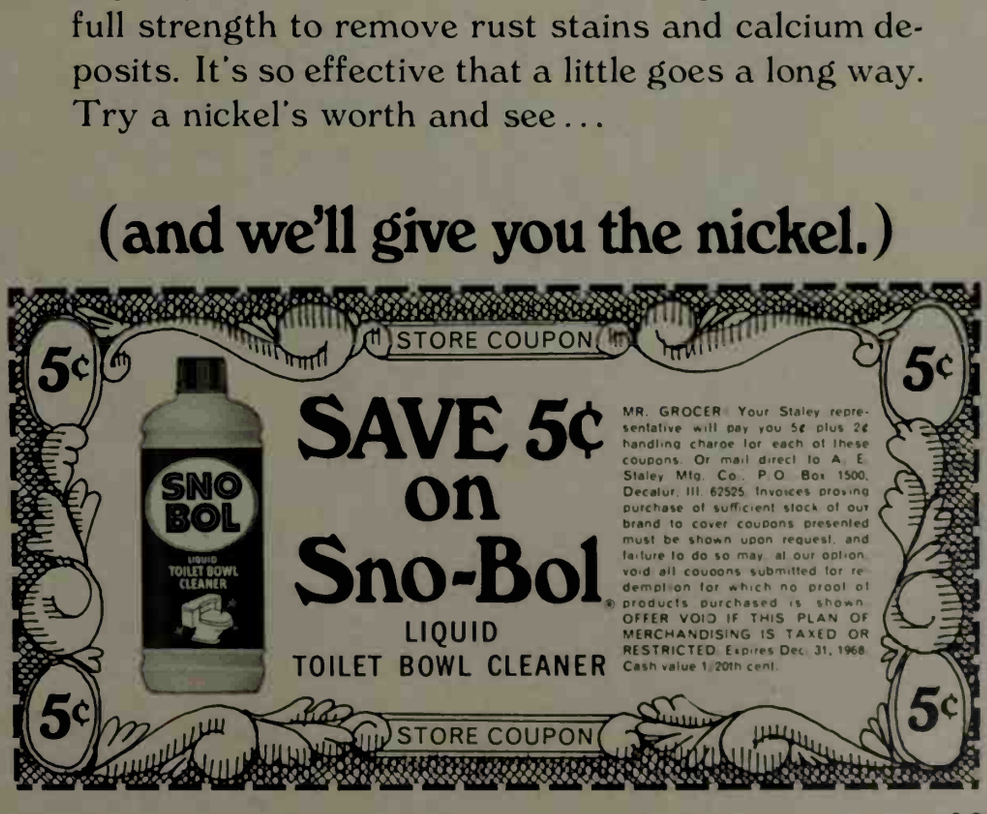
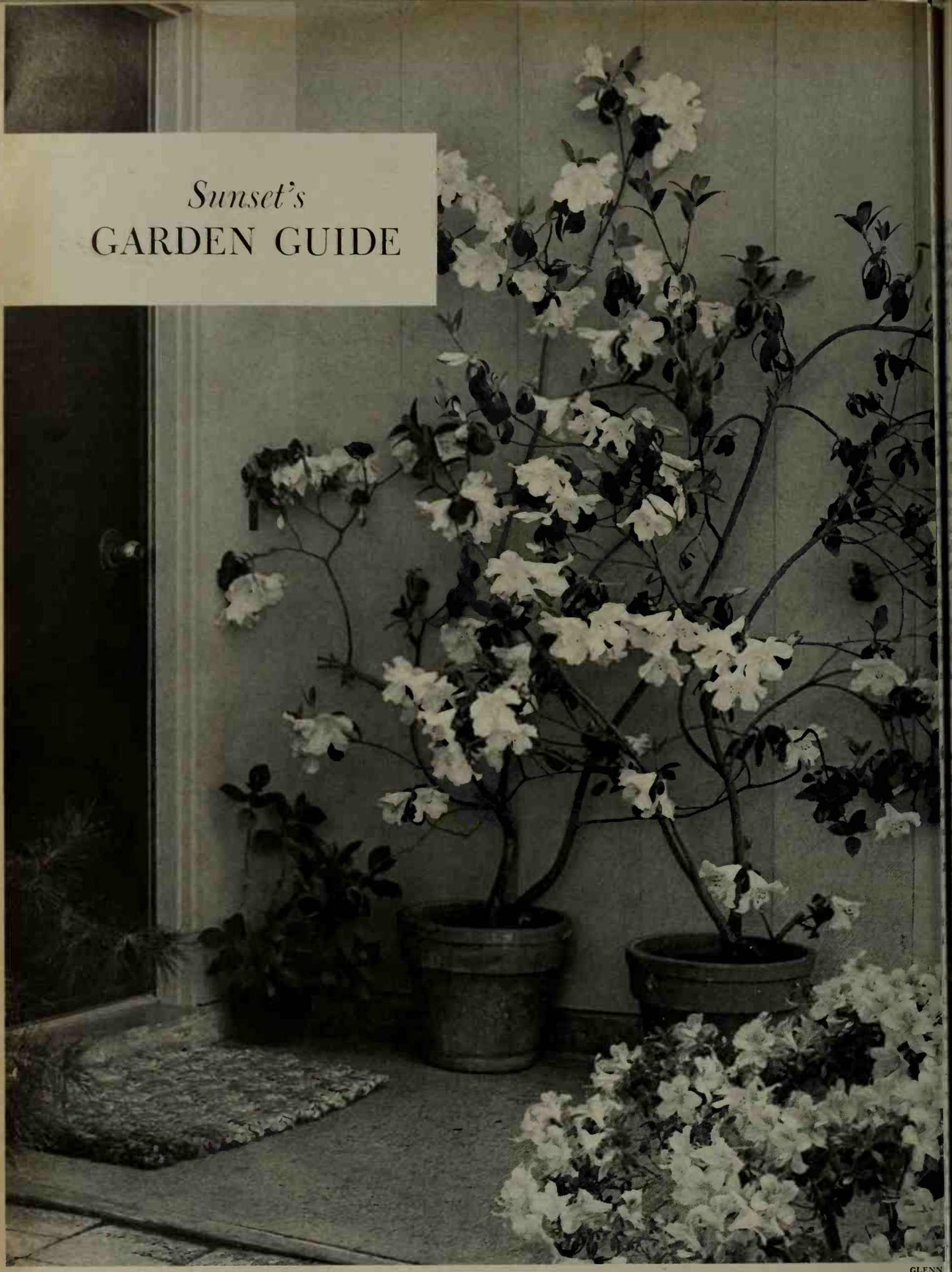


Sunset's GARDEN GUIDE



GLENN

Some plants, like these Rhododendron *'Fragrantiss best seen in profile, displayed against a simple backd ers open from red-tinged buds, are white, up to 4 in and have a sweet nutmeg fragrance. Pink azalea in f*

A fragrant rhododendron greeting

MAY IN YOUR GARDEN:

Walk to keep up, or run to get ahead of things

California gardener lives bliss-
wo worlds. Roses, rhododen-
flowering cherries proclaim the
rld of spring: seed racks, flats
y plants, warming soil, and
g days promise a summer world
flowers and succulent garden

o a month for cleaning up after
ril burst of bloom, and also for
weeding, spraying, watering,
aking, tilling, edging, thinning—
it. To keep up, you have to
To get ahead, you have to run.

zing your work will help you
chedules help to keep you sys-
simple schedules are easier to
d live up to) than elaborate
t-too-systematic neighbor with
unsystematic teen-age son laid
simple schedule for lawn care
ner: Mow Saturday morning;
lightly just after mowing; water
feeding. It works well in the
ra Valley; it would require ad-
in cooler or hotter areas, or in
hot weather.

chsias for 1968

ır the Berkeley Horticultural
holds a fuchsia show in Septem-
each year visitors to the show
favorites. Last year the nursery
2 introductions for 1968 and ran
rity contest in which varieties
n 5 points for each first-place
r a second, 3 for a third, 2 for a
nd 1 for a fifth. The following
the high point plants (name of
r, point score, in parentheses):

Paskesen, 895 points.) Trailer.
-sized double. Corolla white, with
nens. Sepals white, short white
ght green foliage. Needs some
best performance.

Fan.' (Pennisi, 741 points.) Trail-
lla deep reddish violet marked
ls red. Large flower, short tube.

n.' (Paskesen, 624 points.) Up-
uble, with pale pink corolla and
hort tube is nearly white. Should
e shade.

ar.' (Paskesen, 486 points.) Up-
t can be trained as trailer. Large
lower with orchid corolla fading
le pink sepals with darker tips.
hite tube.

King.' (Pennisi, 422 points.) Up-
arge double flower. Corolla white,
lute with pink tips.

A pinto bougainvillea

Bougainvilleas come in many colors, but up until now each variety had its own single color. The bougainvillea aptly named 'Surprise' has two colors that it flaunts simultaneously. The bracts (the colored parts most people think of as flowers) may be white or they may be rose purple. Bracts on a single branchlet may be all of one color or of both. Long, profusely blooming branches may have a foot of pure white, a foot of rose purple, and a foot of mixed bloom.

Not all bougainvilleas are equally hardy to cold, but 'Surprise' seems as hardy as any. Two plants in Menlo Park and Los Altos lost leaves during a cold spell last December but came back strong with fresh foliage in March—and one plant was in a can, a severe test of hardiness.

A Southern California wholesale grower has a good supply of these plants; prices run about twice as high as those of other bougainvilleas.

Time to plant tomatoes

Tomato plants have been in nurseries for six weeks or so, but there is still plenty of time to plant them. In fact, the experience of last year's "baseball gardeners" suggests that early planting of tomatoes is useful only if warm weather follows. Some gardeners were so discouraged by the lack of early growth of last year's tomatoes in cold, wet soil that they replanted later in the spring, using sturdy plants that came from growers' greenhouses in mid-May or even June.

Some, stymied by wet soil, planted tomato plants in milk cartons or similar containers to grow on until weather improved and soil could be readied. Of course, if it's a warm spring, earlier planting will give earlier tomatoes.

When you choose varieties to plant, be guided by your nurseryman; he's been listening to tomato reports for a long time and knows well what will yield best in your area.

Pumpkins and sunflowers

Last year we reported the Big Pumpkin Contest held by the Men's Garden Clubs of America (*Sunset*, page 180, June 1967 and page 219, October 1967). Running concurrently with this year's contest is a Big Sunflower Contest; sunflowers win on diameter, pumpkins on weight. To be eligible, contestants must be 16 or younger.

Where there's a Men's Garden Club unit, you'll see contest dates and rules announced in local newspapers; in many areas club members will distribute free seeds to entrants. One such distribution will be made at the Men's Garden Club show to be held April 27 at the Valco Shopping Center, Homestead Avenue and Wolfe Road, Cupertino, California.

Children in areas where there is no unit can still enter. For seeds, send a stamped, addressed return envelope to Ben Hoyle, 433 Eureka Ave., Mountain View, California 94040. Closing date will be in late September; we'll let you know the exact date as soon as it's decided, so that you can have pumpkin weighed or sunflower measured in time by a county farm advisor or 4-H director. Then you can mail the certificate (along with a snapshot of contestant and his pumpkin or sunflower) to Mr. Hoyle.

Patience with bare-root plants

Most bare-root trees and shrubs planted this spring should be in full leaf by now, but there may be laggards that still look

Prize-winning *sunflower is an armful for its grower; it measures 19 inches across*

as bare as poles. It's especially distressing when large, relatively expensive shade trees are slow to show signs of life. Have patience; these large trees have been shocked by digging, and it takes them some time to reestablish roots and put out top growth.

Trees whose roots are relatively few and coarse are likely to be the slowest to start into growth—fruitless mulberry, silk tree, pecans, and walnuts. Such trees may remain obstinately bare until the first few really hot days (90° or thereabouts) "boil" the buds out of trunk and branches.

While you wait, be conservative with the hose. Until the tree is in active growth it needs little water; too much water at the roots (especially at a time when soil is warming) invites root rot. Plants must not go bone-dry, of course. Best technique is to water by inspection of the soil, turning up a trowelful from time to time to see that some moisture, but not too much, is available.

How long should you wait before pulling out the plant? It's hard to be specific; we've heard of trees being pulled out as late as the first of July and returned to the nursery for replacement, then starting into growth after replanting.

"June drop" a friend, not an enemy

Very shortly after pollination, petals fall from flowers of deciduous fruit trees and young fruits begin to show. Many embryonic fruits that were not pollinated drop right away, but they are so small that their loss is not noted. Other fruits drop at later stages for a variety of reasons; they are not missed either.

The last wave of dropping takes place when fruits have reached good size and the owner has begun to estimate the size of his crop. This last wave is the so-called "June drop," which may take place before, during, or after June, depending on climate, season, and type of tree.

It's distressing to see large green fruits littering the ground, but it's not a thing to be alarmed about. Consider June drop the tree's way of thinning out those fruits it couldn't successfully ripen. Even this natural thinning, distressing though it may be, is seldom heavy enough to guarantee best size and quality in the remaining fruit; you'll have to supplement it with hand thinning.

Blear-eyed marguerites

When rays of marguerite flower heads fail to open properly and a squint replaces the wide, golden-eyed stare, you can be pretty sure that thrips are responsible for the damage. You can make positive identification by breaking open one of the distorted buds and shaking it over your hand or a piece of paper. If you're pretty sharp-eyed yourself, and thrips are there, you'll see them, but just barely. They're tiny insects, usually light brown in color.

Thrips have become a serious pest of marguerites, white marguerites in particular. They do their worst damage in late spring when they move in from fields and orchards. They persist through summer and fall but cause little trouble during the cool winter months.

So far no one has come up with a sure-fire way of eliminating thrips

Healthy *marguerite on rig*
left, deformed by thrips, will

guerites. All you can do is
damaged buds and destroy
spray with one of the many
that list thrips control on the
that spray doesn't work—or
only for a while—switch to an
Keep cutting off damaged bud
ing or thrips will keep on com

Plant guide to the Mills College campus

Relatively few Bay Area re
aware of the rich plantings a
lege. These were begun in 18
the college moved from Beni
land. Dr. and Mrs. Cyrus Mill
made or supervised some o
plantings. From 1918 until 1
tinguished botanist Howard M
in charge of the campus arbore
he enlarged with many trees
both native and exotic.

In his *Trees and Shrubs of M*
(Mills College, Oakland, 1967
Baki Kasapligil, Mills professo
lists woody plants growing on
and gives locations at which
can be seen. The 56-page book
449 species or varieties repre
genera and 93 families. Listing
lar in form; each plant entry sh

MAY CHECK LIST: *These jobs are important*

☐ **Feeding.** Feed annuals that were set out last month and have begun to grow. Feed azaleas and camellias that have finished bloom, using fertilizer with an acid reaction. Feed early-blooming rhododendrons that have just finished flowering. Feed fuchsias and tuberous begonias lightly and often. Check color and growth rate of lawn; when growth rate slows, or if grass turns a paler green, feed.

☐ **Food garden.** Set out plants of eggplant, pepper, and tomato. Sow beans, corn, cucumbers, melons, pumpkins, and squash. In warmer areas make successive sowings of such early crops as lettuce, carrots, and radishes.

☐ **Grooming, pruning.** Remove old, withered fronds from ferns when new fronds begin to unfurl; take care not to injure tender new fronds.

Trim off dead wood you missed during dormant pruning, and cut back to live wood any tender plants damaged by the heavy freezes of last December.

When you cut rose flowers, make every cut a pruning cut. If you want plants to spread, cut to an outside bud; if you want them to grow upright, prune to an inside bud. If your roses are mostly for garden decoration, keep spent blooms cut off.

☐ **Lawns.** Start dichondra
seeds or flats. Start h
muda grasses and zoysias
stolons, or sod. Cool-season gra
fast now, but the effort of bri
through summer heat and fun
is too great to risk unless y
coolest marine climate.

Mow frequently, so that eac
takes off only a little of the ti
blades. Grass will look greene
more strongly. Encourage deep
deep watering; water should s
depth of 12 inches. Check de
soil sampling tube.

nical name, common name, brief descriptive or cultural nap reference.

ok dealer has a copy or can ou.

of the campus comes with can be removed from it. A n of the map is bound into case you lose the big one, by with the smaller.

plants grow in the Joseph norial Botanic Garden in the Life Sciences Building; visi- ited time would do well to sit here. On the campus as a han 700 trees and 300 other ens bear labels showing bo- ommon names. To reach the off the MacArthur Freeway Boulevard and enter at the . The botanic garden is open m 8 A.M. to 6 P.M. during ademic year. There's no ad- e.

nnuals from flats

uals sometimes sit sullenly, ng and blooming nor dying room for something better? reason that shrubs and trees il to thrive—inadequate soil oo many annuals are wasted st into tiny, cramped plant- ard earth; root systems never the hole, and the plants are, fined to tiny pots.

als should have an adequate anic matter to improve aera- enetration, and water reten- d also have an adequate sup- ood. Annuals in flats are well , and their rooting is prodi- filling the flat. If plants are oor soil, roots will not grow 'll stay where the living is if they don't grow much.

od results with annuals, pre- as carefully as you would a planting hole for a tree; add a complete fertilizer and peat moss, ground bark, rotted sawdust, or other humus-forming material. Churn into the existing soil by rotary tilling or by vigorous spading and raking. Final result should be a soft, fluffy soil. If you have to work hard to thrust a trowel into it to prepare the planting hole, soil isn't soft enough.

Fast shade for a wall

Owners of new houses may find that a west-facing or south-facing wall absorbs so much heat that the room inside can become nearly unlivable. Shading is the answer, and the fastest solution is an architectural one that would use awnings, screens, louvers, or a shade-making structure built outward from the wall.

Landscaping solutions might involve a large shade tree, a group of trees, or a tall screen planting—all slow or (using large plant material) expensive. One economical answer is to plant the tree or screen and wait, meanwhile using temporary shade from fast-growing vines on temporary supports — twine, wire, poultry netting, and the like. Fastest and most economical of vines are the annual kinds you grow from seed — and these may yield useful or amusing by-products.

For fast growth and a bonus of fresh vegetables, string beans (vining kinds, of course) are an excellent choice. For bright flowers (but second-rate beans) you could use scarlet runner beans. For bright flowers alone, consider morning glory, canary bird vine, cypress vine, moonflower, hyacinth bean, or cup-and-saucer vine. Moonflower is an especially prodigious grower. For fruit that's amusing, decorative, sometimes even useful, plant gourds.

It's a blast

Withered leaves, shriveled twig, and apricots in the picture at right indicate that the tree is infected by bacterial blast, a disease caused by an organism known as *Pseudomonas syringae*, the same organism that causes lilac blight and citrus blast.

Not shown here, but characteristic of the disease, are long, wet-looking or gummy cankers that form on branches. Branches die back, and entire trees have been killed. In this stage the disease is called bacterial canker. As a blast, or destruction of young buds, twigs, leaves, or fruit, it attacks other fruits, notable cherry and pear.

Bacterial blast is easily confused with brown rot; unfortunately, unlike brown rot, it is hard to control. Until further research uncovers a specific cure we can only recommend cutting out the infected branches well below the infected areas. To be safe, sterilize pruning tools between cuts. The copper sprays used on apricot before bloom to curb brown rot are being evaluated; they may prove to have some value in controlling blast.

On citrus the disease may cause black pitted spots on the rinds of lemons, or it may wither and blacken leaves of other kinds of citrus, especially orange and grapefruit.

Withered *leaves and shriveled fruit (left) contrast with normal growth at the right*

---

ontrol. Watch for aphids on new growth of all plants. y vigilant with citrus and Aphid attacks distort new ing twisted, malformed leaves n the plant and look ugly for or more.

is warm, spider mites may le even this early. Watch cit- y; spray with miticide or all- ecticide if you notice silvery leaves, faint webbing under e yellowing, and leaf drop.

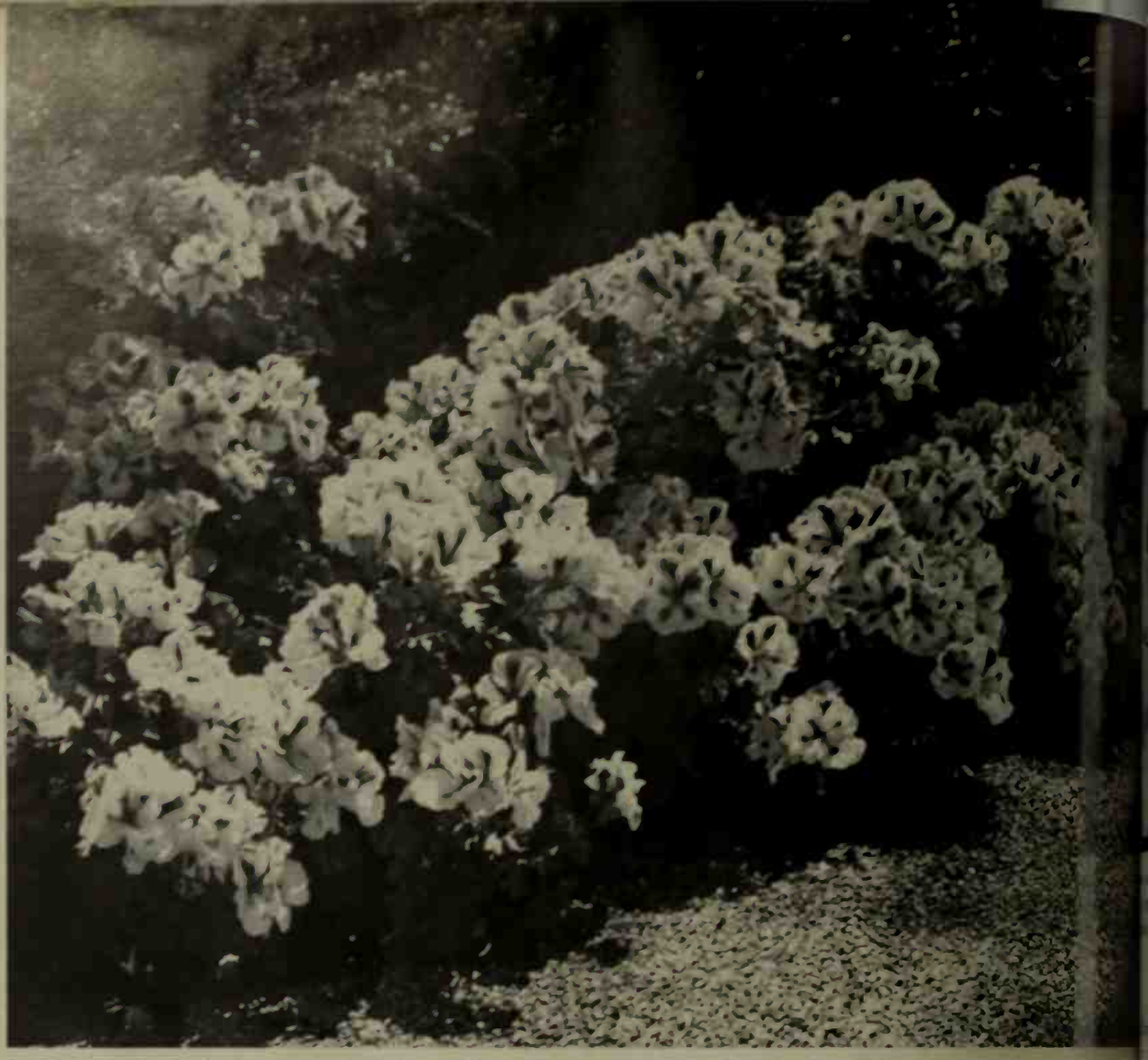
ng. There's little that you plant at this season. Among possibilities for summer and re summer bulbs or bulblike lias, gladiolus, and tuberous begonias; perennials — carnations, chrysanthemums, geraniums and pelargoniums; warm-season annuals such as ageratum, celosia, dwarf dahlias, marigolds, petunias, verbenas, zinnias; tender shrubs and vines such as bougainvillea, hibiscus, and cup-of-gold vine; and rhododendrons in bloom (usually at their best around Mother's Day).

If you missed the bare-root season, you can still have roses. In fact, by getting container-grown plants in bloom you can pick your color combinations without fear of clashes.

☐ **Propagating.** Make cuttings of carnation, fuchsia, geranium, marguerite, and pelargonium this month. Divide bamboo when new stalks begin to push out of the ground. Even small divisions, carefully lifted, will establish themselves, but large divisions start off faster and make big stems faster.

☐ **Watering.** In most years May is not too early to build watering basins around trees and shrubs and to apply a mulch for conserving water and frustrating weeds. If rains continue late, as they did last year, basins and mulches can wait. But replenish mulches around azaleas, camellias, and rhododendrons no matter what the weather; it will keep soil soft, moisture content of soil fairly even, and root run cool through fluctuating weather conditions.

Be sure to keep container plants well watered, even if weather is cool.



Beside a gravel walk *in Sunset's garden, these pelargoniums grow in cool, filtered sunlight. Flowers are white, mar*

Meet the geranium's elegant cousin

Salmon-pink *flowers in a gray container*

If a geranium could turn around to admire another plant, it would probably be to admire its refined cousin, the pelargonium.

Yet the two plants, similar in many ways, have significant differences that go beyond appearance. It's common knowledge that "you can't kill a geranium;" no one says that about the pelargonium.

Pelargoniums are in bloom now, and it's a good time to set them out. You'll be able to see and select colors you like, and plants set out now will be well established before hot weather comes. If you keep old blossoms picked off, plants growing in coolest seaside gardens may bloom

In pots: *natural, or*

…ound. Further inland bloom …y ends by early summer.

…s can survive some neglect, …reatment will never produce …flowers you see at left. For …pact plants with abundant …elargoniums the tender care …y choice plant.

…bbed pelargoniums are much …o dry out than plants in the

…elargonium flowers typically …per petals larger than others, …es and veins of deep coloring

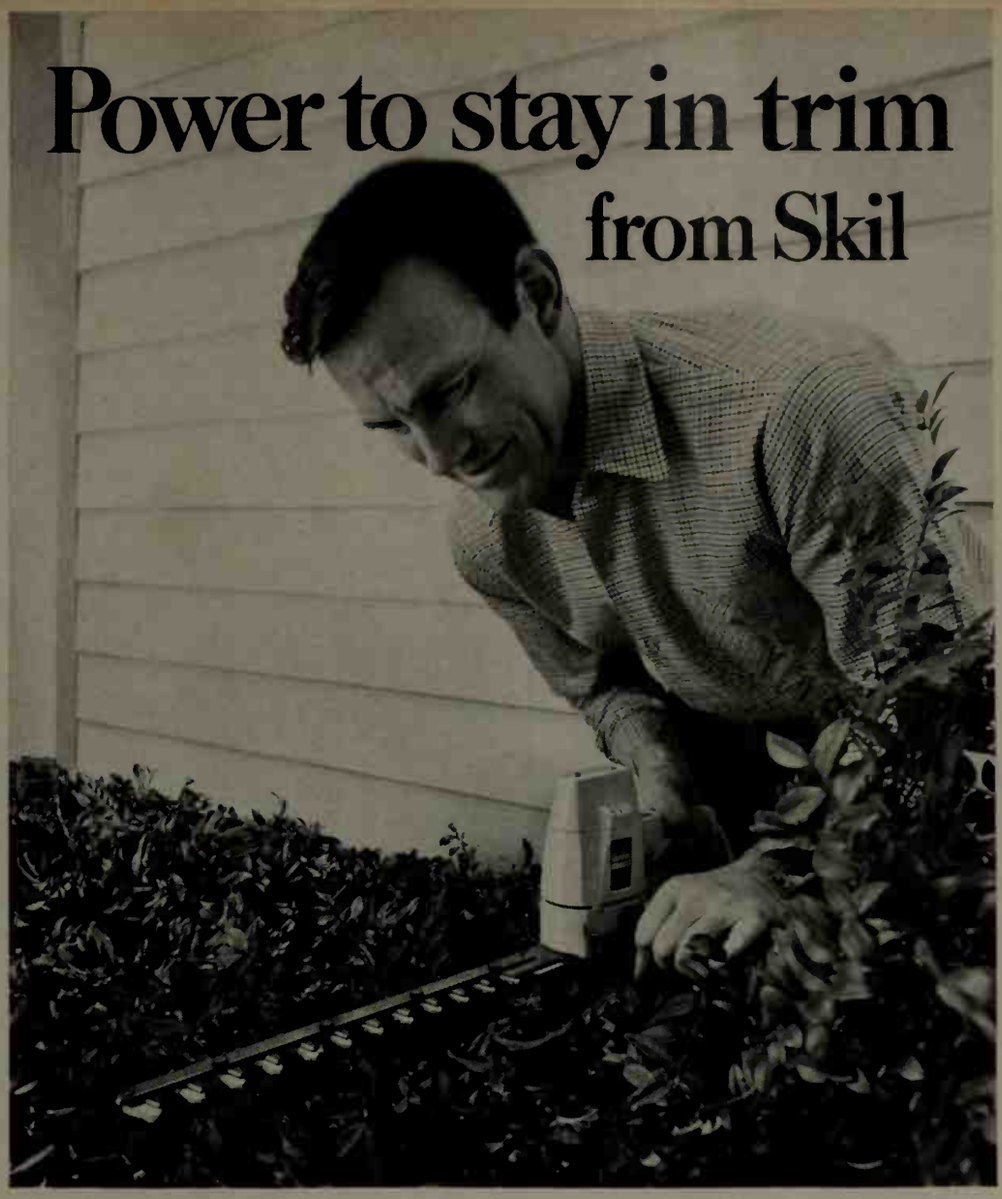
…ring warm, dry weather these … need daily watering. Under- …ill make lower leaves drop pre- …causing plants to be leggy. A …cation in partial shade reduces … of potted plants drying out … for easier care. A lath house …red shade of trees is a good … hot climates.

…wing in the ground may need … once a week—more often if …y and weather warm and dry, …f soil is heavy and weather cool … Lighten really heavy soil with …l amendments.

…s in pots monthly during grow- …; liquid fertilizers act fast and …n plants if used according to … Plants in the ground need less …eeding; if soil is rich and well …at planting time, plants may …eeding for several years. If soil …nally fast to drain, leaching may …e frequent feeding necessary.

…wth will freeze at 28°; older …n survive lower temperatures. …s in December of 1967 damaged …ms even in mild coastal Cali- …dens. Plants can make a good …, but it's wise to move potted …shelter on frosty nights. In cold- …limates, you can keep them …ll winter.

Power to stay in trim from Skil



Power at a new low price with the Skil Deluxe Hedge Trimmer

Less than $20.00 buys this time-saving trimmer with its extra-long cutting blade and scallop tooth design to cut more branches with a single stroke. Rugged 2.3 amp. motor produces 1800 cutting strokes per minute, and it's super-burnout-protected to guard against overloads. Now sale-priced at **$19.88***

Also from Skil, new Double Edged Trimmer with twin reciprocating blades for twice the cutting action. Only **$42.95***

New! Skil Trimmer Edger with power for double grooming action.

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Trims flush to trees, walls, fences.

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See the full line of Skil Lawn and Garden Power Tools at leading garden supply dealers everywhere. Skil Corp., Chicago, Ill. 60630

*Manufacturer's suggested retail price

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SYSTEMIC INSECTICIDES: They mal the plant itself lethal

In 1963, a remarkable new kind of garden product made a quiet and rather inconspicuous appearance on garden store shelves. Then last year the product suddenly multiplied, the one form became seven forms, the trade names became numerous. The big splash of new products in 1967 brought an enthusiastic reception on the part of Western gardeners.

The new products are systemic insecticides—insect-killing chemicals that plants absorb into their systems. The chemicals remain effective in the plant tissues for as long as a month to six weeks, possibly even eight weeks. By comparison, some surface insecticides such as malathion remain effective for only about three days. While the chemicals are in a plant, most kinds of sucking insects that take juices out of the plant get killed.

The plants can be rained on and washed repeatedly with water from sprinklers and yet remain, all during the effective period, safe from damage by sucking insects.

In all other respects the treated plants do not appear to differ from untreated plants of the same kind growing under the same conditions.

The form in which you buy a systemic insecticide determines how you use it. Following are the seven forms and some observations about their uses.

The first three you put on dry; the fourth goes into soil via a subsurface injector; and the last three go on the foliage as spray. Systemic insecticides can be taken into plant systems by way of root uptake, by absorption through leaves, or both.

THE DRY PRODUCTS

Di-Syston granules. Several products, put up in large canisters, contain Di-Syston granules as the only active ingredient. The label tells you how to apply by sprinkling the granules on the ground and mixing into the top 2 inches of soil. Subsequent waterings put the active ingredient into soil solution where the roots take it into the plant system.

A characteristic of this form is that under all conditions and especially during cold weather (when plant activity is slow) the uptake of the systemic from the soil is slower than it would be with sprayed-on material entering through leaves.

Di-Syston granules plus fertilizer. This is one of the two most-sold forms. Five major manufacturers of garden materials in the West market such a product, and all five product names contain *rose:* "Rose and Flower Care," Ornamental Systemic," "Syst Care," "Double Duty Rose C "Rose Care Kit."

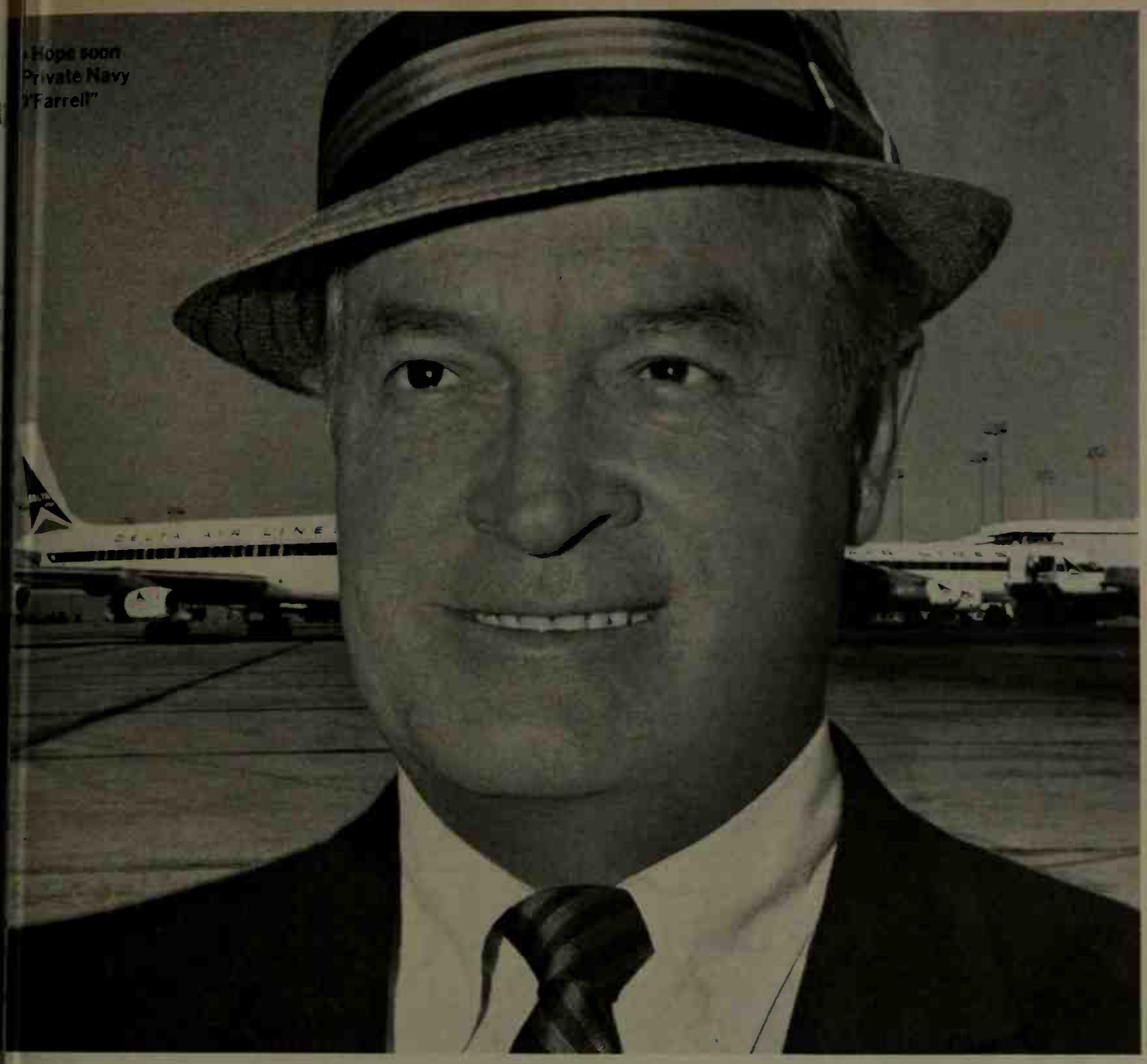
The combination is a natural because roses benefit from a fe month to six weeks through th season—and that interval happ the period over which the sy secticide remains effective. M systemic insecticide keeps away the number-one pest on roses.

Many other plants can bene same way from simultaneous fertilizer and insecticide. Cine instance, can benefit from the fe need the systemic insecticide the leaf miner that attacks then

Di-Syston granules plus fertilizer emergence weed killer. At leas formulation combines these th ingredients. It, too, has *rose* in —"Rose Guard." The pre-emerg killer in it is Treflan—a chem stops germination of many diffe of weed seeds. The idea is that y this material into the surface cultivated soil around rose pl it keeps the rose bed weed-free the rose bushes and keeps them sucking insects.

As with any of the new garden that do several things to the soi lawn) at once, you should use terial with care. Follow direc plicitly. Realize that every time any three-way or four-way co material to the soil for any one you are also supplying the soil chemicals that are in the mix for purposes. After a while you co up a high concentration of che the soil that could damage som This hazard is greatest with w ingredients.

Di-Syston cartridge. A firm with h ters in the Midwest manufact sells a root feeder, with valve, t on the end of a hose and opera water pressure. This firm also sell materials in cartridge form. Yo cartridge into a chamber in th unit, the cartridge dissolves a passes over it, and the chemical with the water through the hollow tube that you stick into the root This firm now packages and sells ton cartridges, which you can pu



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(PLANT PAT. NO. 2491)

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'Mint Julep' Juniper (Trade Marked)

'Mint Julep' Juniper stands out in any landscape! Lovely, rich mint green foliage on arching branches fills its compact growth habit. The fountain-like form makes an attractive accent plant, mass border planting, or an occasional patio planter.

Available at Leading Nurseries

MONROVIA NURSERY CO.

root feeder to inject Di-Syst rooting area around plants.

THE LIQUID PRODUCTS

Meta-Systox-R liquid spray. Met is a slightly different version phosphate chemical that cons Syston. Meta-Systox-R comes You spray it on plants. The lea the chemical, giving control insects up to three weeks du While the spray is going onto and for a short period therea a contact action—it kills cert with which it comes in cont same way as do many of th old-fashioned surface sprays. two kinds of action—contact temic—from Meta-Systox-R. The spray-form systemics—th the next two—get into the pla faster than the dry-form prod The point to remember if you Systox-R is that, like the proc tioned up to this point, it wi sucking insects and leaf mi insects that chew (mostly ea beetles, weevils, and earwigs) affected, at least not to a degre do your plants any good. Mi and other diseases won't be touc

Meta-Systox-R liquid spray plus ingredients. This is the other form. As made by different man you will find Meta-Systox-R above) as one of several active i —along with such familiar oth sevin and lindane, which get s chewing insects by contact: toxaphene, which kill chewin Trithion and Kelthane, mite co Karathane, which controls botl mildew and mites.

Cygon liquid spray. This is a diff of chemical from Di-Syston a Systox-R. Where those two are put up singly or mixed v ingredients by a number of diffe ufacturers, Cygon is sold to hon ers under only one trade name. on its label tell how to drench it for systemic entry through with Di-Syston granules)—an use it as a spray for entry throu

SYSTEMICS ON FOOD CROPS?

Government control agencies tain systemic insecticides to b a few food crops. Evidently exactly as directed, the small a chemical that ends up in the produce is considered harmless t Some home garden packagers a ing these Government-okayed ed on their labels' lists of plants th treated. Others have taken a see attitude and presently do use on or near food crops. Our re dation at this time is to treat f only with old-fashioned insecti

AIR POLLUTION...

w you can do something about it in your home

oneywell Electronic Air Cleaner removes up to
the airborne particles passing through it.

llutes the air with over 30 million
st and pollen every year. Modern
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The Honeywell whole-house air cleaner fits into the ductwork of any forced air furnace or air conditioning system. It catches 99% of the pollen, and up to 95% of all the particles passing through it . . . including irritating particles so small that about 7000 of them would fit on this dot (·). It's about 19 times more efficient than most ordinary furnace or air conditioning filters.

Maybe you can't eliminate air pollution in your area now. Only time and enlightened clean air programs will do that. But you can start to fight air pollution in your *home* with a Honeywell Electronic Air Cleaner.

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Whole house air cleaner fits into existing forced air heating or air conditioning duct-work. Portable units also available for single rooms and homes with other types of heating or cooling systems.

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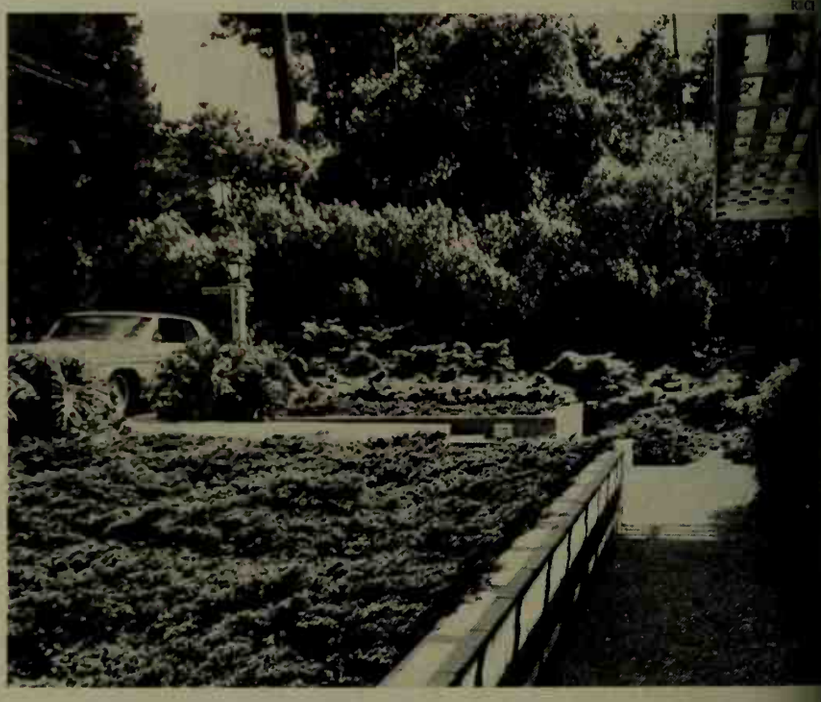
All-green roadside planting *uses* Philodendron selloun *(two mounding plants) and ground cover of tamarix and Pfitz*

Broad easy steps *lead from the garden to the roadside and off-street parking area*



Raised beds *are filled with tamarix juniper; Pfitzer juniper grows at fa the other side;* Myoporum laetum *hedge beyond.* Berberis darwinii *under*

A Del Monte prize-winner:

Green garden . . . pleasing to passersby

This attractive entry garden won first prize in the 1967 roadside beautification contest in the Del Monte Forest on California's Monterey Peninsula.

As worked out by owners Mr. and Mrs. Fred M. Dodd with architect Jim Pruitt and Watson's Nursery, its strongest points, in the judges' opinion, were general appearance from the road and ease of maintenance. The judges also commented on the way several large native pine trees had been retained on the rear of the property to tie in with surrounding sections of pine forest and trees on the golf course across the road.

Green is the predominating co house is gray-green; plants are shades of green. There is subdued in the soft tones of the earth adobe brick retaining wall and th exposed-aggregate entry walk.

This is Ralph. Sears outdoor-indoor carpeting ignores him. It's Acrilan.

"Terrace Time" comes in 6 sun, rain, and mud-resistant colors.

in nor Ralph can hurt Sears
l heather-tone colors. Deep
t stay that way.

The rich Acrilan® acrylic pile won't shrink, buckle or fade. It's odorless and mildew proof.

Terrace Time has Sears exclusive "Snip 'N Fit" waffle back. Install yourself. Just cut and fit into place.

et, non-allergenic carpeting.
r patio, kitchen, baby's room,
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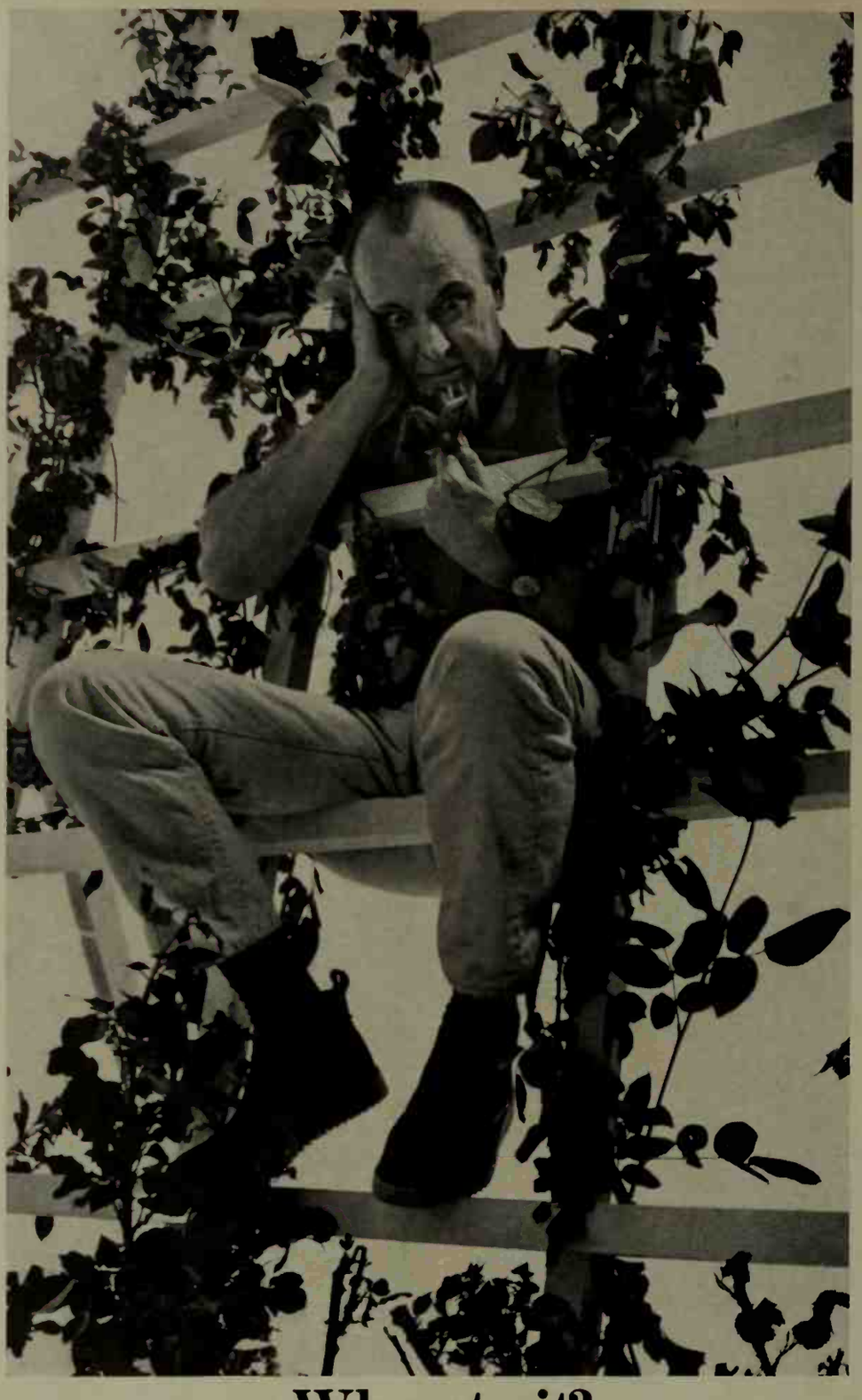
Easy to keep clean. Hose it off outdoors. Indoors, Ralph's muddy footprints vacuum away.

And under $8.00 a square yard at Sears, Roebuck and Co. No Money Down on Sears Easy Payment Plan. Carpet hunters, Sears has 838 glorious carpet colors and styles!



Who ate it? Who cares!

Any one of a hundred different insects may be bugging your flowers. That's why you need the one insecticide that can kill off virtually all of 'em. Spectracide® (with Diazinon®). In fact, Spectracide will protect your trees, shrubs, lawn, fruits and vegetables from just about any insect that may be bugging them, too.

So simplify insect control by protecting everything you grow with Spectracide. It's available in liquid concentrate (for most jobs), granular (for large lawn areas), and pressurized spray form (for small jobs). It's made by Geigy Agricultural Chemicals, Division of Geigy Chemical Corporation. **Spectracide**

© 1968 Geigy Chemical Corporation.

Every corn pla should know

May is corn planting month. A June and July. Here are things t novice corn planter should kno

Corn needs full sun, warmth, w well drained, enriched soil to pro kerneled, full-flavored ears.

Don't plant corn in straight, si That advice is in all corn litera it needs repeating. We were that of the 11 *Sunset* baseball who grew corn last year, 5 p single rows; they brought in poor

Instead, plant in blocks of shor rows. Wind blows pollen from t to the silks and the pollinated duce the kernels. If corn is pla single row, wind blows much of t away from the silks.

Space rows 3 feet apart. Plant inch deep, 4 to 6 inches apa plants are up, remove the weak lings, leaving strongest ones sp 12 inches apart. Or plant five seeds about 4 inches apart i spaced 3 feet apart, and later t lings in each circle to the strong

You can stagger planting dates on a continuous harvest. Or you short-season and long-season va one time. Corn varieties differ in ber of days from planting to r the seed packets tell the numbe for the variety contained.

But quality isn't the same in all 'Golden Bantam' and 'Golden Ci tam,' both old-timers, remain against which all others are co Said one baseball gardener of perience last year: "I tried a ne variety, but I shall never agai from 'Golden Cross Bantam.' To m is no corn that can surpass its fla other was productive but not a

When you water corn, put on enough to soak the top foot of heavy soils and normal weather, get by with four heavy wate planting time; when stalks are inches high; when tassels emerge stalks; and when silks appear on hot or windy weather or in sandy may have to water more often eight or nine times during its 70 day life.

Corn is a heavy user of nitrogen prepare the seedbed, broadcast on eation of nitrogen fertilizer, fro directions. When stalks are 8 inch fertilize again in bands 6 to 8 in from one side of each row.

ne of four distinctive patterns in the new Filon Carousel series.

Pattern design and patio by Lloyd Faulkner, A.I.D.

ow! Add the elegance of color and pattern to outdoor ving with new translucent *Filon-Stripes*

ilon-Stripes are brand new... and so is the elegance bring to outdoor living. The rich, crisp, decorative rs were stolen right from nature for a perfect fit with r landscaping. The Bluegrass pattern is shown; others Autumn Leaf, Red Oak and Driftwood.

ut color is only part of the decorative elegance of Filon-pes. The strong fiberglass panels capture and transmit , diffused light which banishes patio darkness. And there you have it—pleasant light-filled living with lasting year-around color, year after year. The cost? It's low.

Beginning to see an idea for your outdoor living? There are a good many more ideas, including carports, fences, pavilions, storage shelters and screens, in our free *Patio Planning Kit*. The kit is an idea-starter complete with Decorator Guide, Color Selector, Building Plans and Materials List.

n-Stripes and the free Patio Planning Kit are available right now at leading building supply dealers. Or use this coupon.

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DIVISION OF VISTRON CORPORATION

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Please send me your free Patio Planning Kit with pictures and plans of new Filon-Stripes.

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Comporison *of normal stem of* Euphorbia veneta *at left with fasciated stem at right*

What you see here is a mystery called fasciation

This monster *is fasciated tower of jewels* (Echium wildpretii), *6 f feet wide. Normally has tall, round stems. Rose red blooms, to*

The weird growth formations shown in the photographs on this page are examples of fasciation — an abnormal flattening or coalescing of stems. In the case of crested cockscomb (example at lower left), growers actually propagate to retain this characteristic because they think it an attractive novelty.

Many kinds of plants show fasciation; it occurs among annuals, perennials, shrubs, and trees. Mostly it takes a form—several of the stems c make an abnormally wide stem, flowers usually develop in som abnormal fashion.

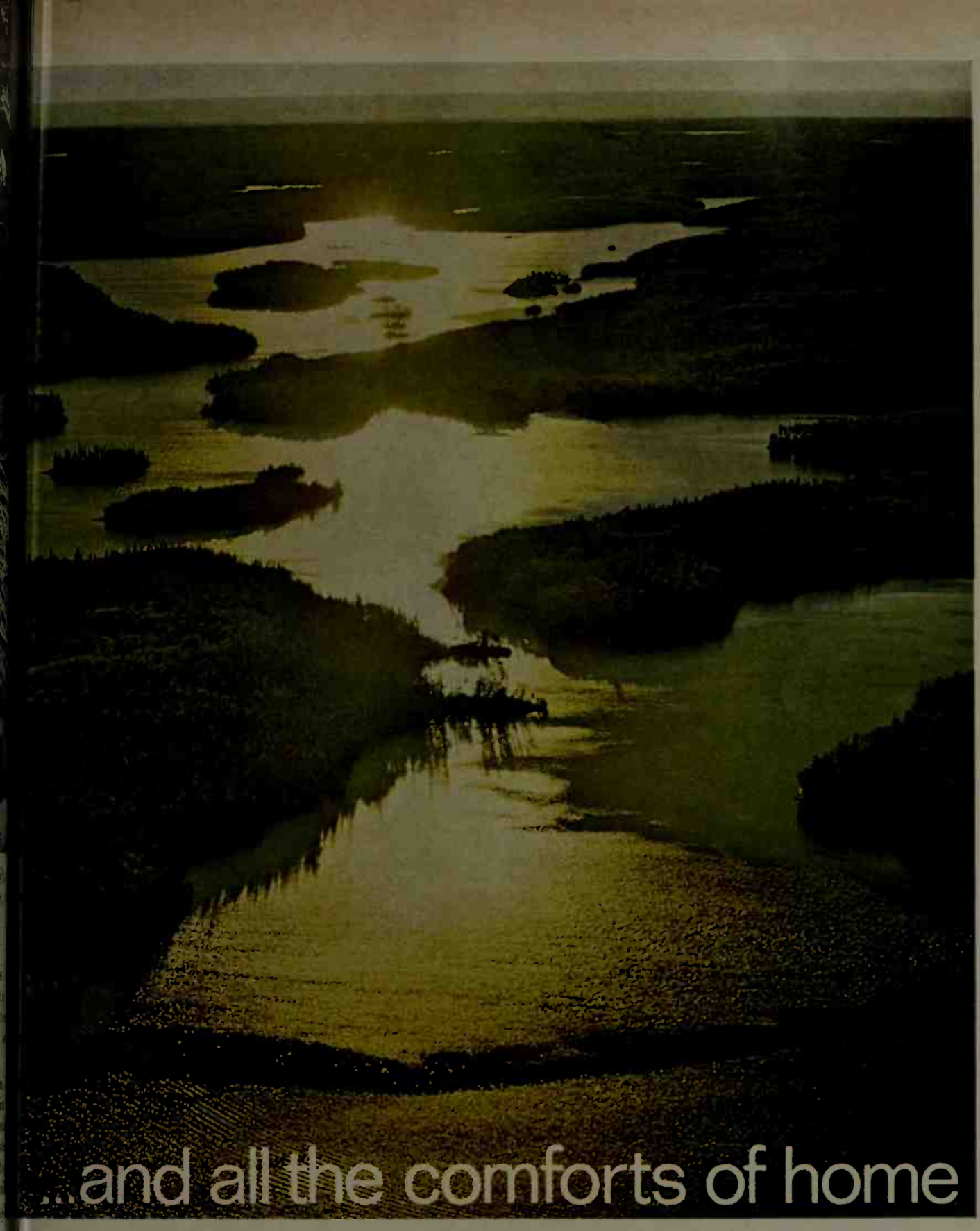
The other form of fasciation is ing seen quite commonly in c and in eactus. This type may elaborate; not only is the stem but it's flattened at the top, whole stem much fluted or coile

There's often considerable myst the cause of fasciation. With co many suceulents, and cactus, it be inherited. Perhaps an insec virus, or a bacteria ean cause people theorize that too much loving care" ean be a cause. mechanical injury might split t ing point so that several ste often so close together that they into one.

Seeds from the flowers carry the of producing another fasciated p one does oceur and you find it tive, just eut off the fasciated s branches and dispose of them.

Crested cockscomb, *a fasciated form that gardeners enjoy as novelty. Fancy crests in shades of red, rose, gold look velvety*

White-flowered *variety of* Daphne odora *is highly susceptible to stem fasciation. Bloom clusters crowded; also look warped*



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So we made our Pastorale Ensemble.

It brings the beauty, the feeling of fresh flowers all over your house and it brings it with quality. The Pastorale Ensemble is 100% cotton in plush, sheared terry.

And you have your choice of a Blue, Pebble or Apple Blossom bouquet. Bath Towel about $3.50.

You don't have to have long hair to be a Ensemble Flower Child.

Just good taste.

Complement your Springmaid towels and sheets with beautiful Morgan-Jones blankets and bedspreads. Springs Mills, Inc., 104 West 40th Street, New York, N.Y. 10018.

wers screen vegetable wing ground

rmal cutting gardens are pretty hing of the past these days. But ght planning and plant selection, have ample flowers for summer even in a small garden.

you see how a Spokane gardener nias, zinnias, and sunflowers to vegetable garden.

n, sunny location like this, with ground of husky sunflowers, a ler of dwarf, medium-height, and golds in yellow and orange shades o provide a splashy summerlong nd ample cut flowers. Or, if you r colors, annual phlox (along the d snapdragons would be good

notograph at left, below, is a see- order with flowers in pastel col- front are 'Peaches N Cream' backed by pink and white pen- nd perennial white baby's breath *hila).* In the far background (not he photograph) is white and rose nnial phlox. Although all of these flowers can be used in arrangements, gypsophila is particularly long-lasting when cut and can also be dried for use in winter bouquets. One mature plant of the perennial double-flowered, white variety 'Bristol Fairy' will make a billowy cloud about 4 feet wide and high. Annual gypsophila *(G. elegans),* a bouquet filler, is easy to grow from seed sown in the open ground from late spring into summer.

The crisp flowers, spiky form, and varying stem lengths of snapdragons are equally satisfying in borders and arrangements. Available in many colors, snapdragons combine superbly with delphiniums and other plants with spikelike form such as larkspur and penstemon.

Following are other plants you can grow for cutting, with suggestions for using them in the garden:

Fernleaf yarrow *(Achillea filipendulina).* Chrome yellow flowers in flat clusters in summer, fall; also attractive when dried. The 4 to 5-foot plants make good temporary screens, or fillers in large borders.

Astilbe. Plumelike flower clusters in pink, red, white, from May through July. Plant in part shade with ferns, hellebore, hosta.

Carnations. Many colors; bloom late spring into summer. Grow in pots or tubs from which you can move them into bare spots in borders. Stake to keep upright.

Coreopsis. Yellow flowers of perennial kinds bloom from late spring to fall. Excellent tall fillers in wide shrub borders.

Cosmos. Summer and fall-blooming annuals with daisylike flowers in many colors. Splendid quick fillers in borders.

Morning glory *(Ipomoea).* Use cut stems of vining kinds such as 'Heavenly Blue' for deep vase arrangements. Plants useful for covering fences, walls, banks.

Petunias, zinnias, sunflowers *make gay summer screen for vegetable garden*

DON NORMARK

grouping *of pink and white petu- d penstemon, white baby's breath*

Snapdragons *elegant in borders, arrangements. This is Bright Butterflies strain*

Too good looking to be true? That's the way it is with clematis

JOHN ROBINSON

White *Henry clematis makes a handsome post or pillar plant*

Graceful garland *of lavender-blue Ramona*

What vine is more magnificent than a clematis in fl with enormous flowers poised elegantly on slender smaller ones massed in a tumbling cascade?

Now and during the next few months they are in b an ideal time to learn more about the large-flowered kinds so beautifully represented on our cover and two pages.

Clematis 'Susan P. Emory,' in color on the cover, an mona,' in black-and-white above, are two of the fin flowered blue kinds; Henry clematis *(C. lawsoniana* 'H the best known white.

The smaller-flowered anemone clematis may have blooming by now, especially in warmer climates; but get a good idea of its springtime splendor in the pl at far right.

In the West, deciduous clematis grow best in the Pacif west, next best in northern sections of California. Ga formance, especially of the large-flowered deciduous is generally disappointing in Southern California w cording to a clematis-conscious landscape architect) men would have a gold mine if they could propagate these splendid vines successfully."

But gardeners in Southern California can grow t flowered kinds in containers in a proper soil mixture posure. And in their gardens, they can enjoy the beaut smaller-flowered, deciduous anemone clematis *(C.* 'Rubens' and newer, more vigorous *C. m.* 'Tetrarose') these smaller-flowered varieties are widely available i ern California nurseries.

Most kinds of clematis, including the deciduous kind here, are shade-sun plants: That is, roots need cool (shade) but the top growth needs full sun for a good the day.

Plant in porous, well drained soil with added peat mos bark, or similar organic material. Treat extremely a with lime; add bonemeal to soils that are alkaline o

DON NORMARK

hite Henry clematis planted on back side of fence facing the street. Owners: Mr. and Mrs. Edwin A. Wells, Seattle

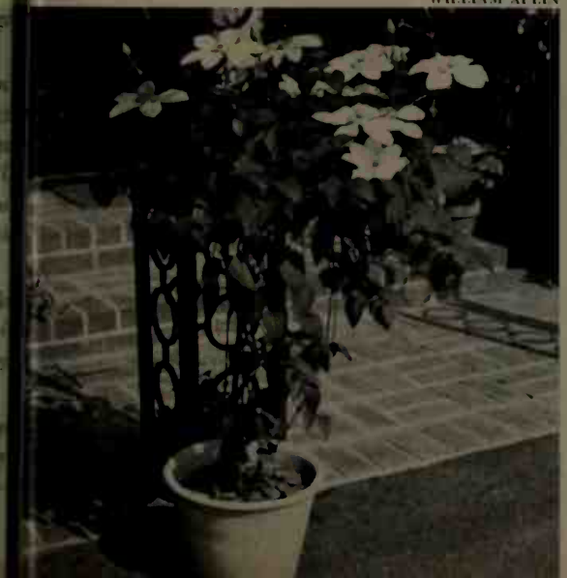
h.

lants 2 inches deeper than they were in previous nditions (at this time of year you will find deciduous lematis only in containers). In removing plants from ner, be careful not to let the soil fall away from the ce the stake or other support at the time you plant. d tie the brittle stems gently.

epends on the kind of clematis, when it flowers, and blooms on new or old wood. For the kinds of large- leciduous clematis in these pages and on the cover, nne, then remove their spent flowers and tangled or growth. Subsequent growth will produce a second owers in summer. In fall or (in cold climates) in early ter growth starts, cut back stems to abont 2 feet base.

ontana 'Rubens' and *C. m.* 'Tetrarose,' which flower ood, prnne or thin heavily right after blooming to vigorous growth for next spring.

WILLIAM APLIN



RON PARTRIDGE

Anemone clematis *spills exuberantly over a glass-paneled baffle*

At left. *Large-flowered clematis trained on umbrella-shaped wire frame*

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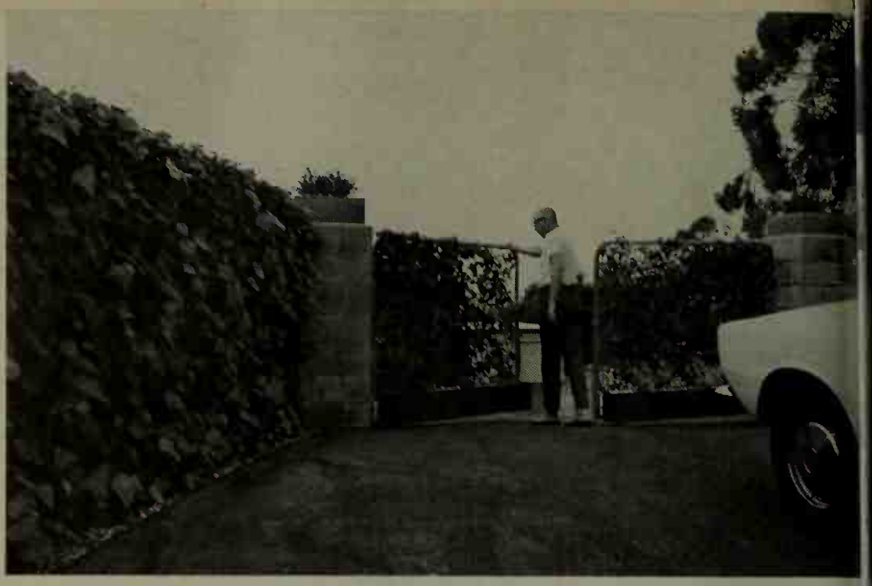


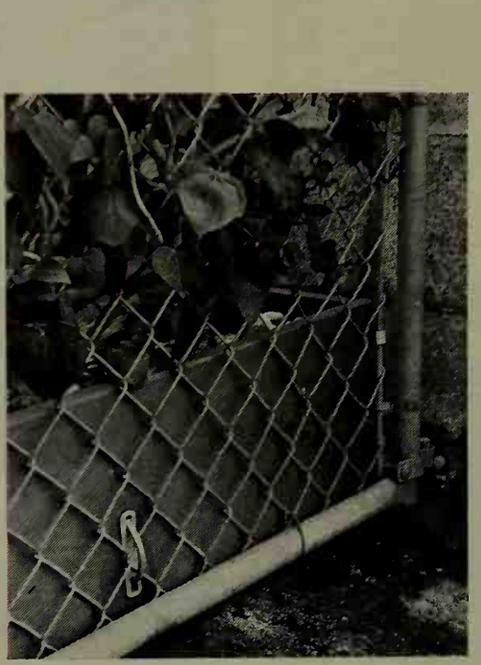
Ivy in boxes *hides much of chain link gate, provides privacy. More ivy on fe*

Growing ivy on a gate

The secret is the swinging planter boxe

As long as there are chain link fences and gates, gardeners will try to hide or disguise them.

Hiding a fence isn't tough. Shrubs can screen it off. Vines will clamber up, over, and through it. Plant some ivy at the base, and in a few years the fence disguises itself as a thin, straight-up mass of vegetation—as shown at the left of the photograph above, where you'd never guess that underneath the ivy a chain link fence is hiding.



Back *of each box fastens to gate by two corner clasps (one visible at far right) and by long U-bolts gripping the gate wire*

But concealing a gate isn't so ea
The two photographs here show
way to do it. Mr. and Mrs.
Stetson, of Montecito, California
yet have completely hidden tl
link gate, but they've considera
down its stark, institutional loo
same time, they've gained mor
from the road beyond.

About three years ago, the Ste
tached a 7 by 9 by 66-inch bo
half of their double gate and
small Algerian ivy plants in
In the photographs you can see
ivy has made its way over mo
gate. (The Stetsons had to we
and out for much of the way.)

Even filled with light soil, the
heavy and need strong support.
is fastened to the gate with a 4-
metal clasp bolted to the box
around the side bars. The back
is fastened to the gate in two pl
metal rods bent into U-bolts. I
fits through a metal plate, thro
drilled in the back of the
through a second metal plate, a
cinched tight by nuts.

During growing season, the i
water about every other day,
ming every few weeks. The Ste
tilize the plants twice a year.

It's interesting to compare the i
boxes with the same kind of ivy
nearby in the ground. Probably
of limited room for roots, the b
is nowhere near as vigorous,
leaves are smaller.

nsect protection that works inside flowers and plants...

(and it fertilizes, too)

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ew ORTHO® Rose and Flower Care gives owering plants insect protection that won't ash away. It works systemically, inside the lant. Just work in the granules around the lant base. Then water. The insecticide's ab- rbed into the sap stream and protects om the roots up. When aphids, mites and her pests come to feed, they've had it.

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Boulder, Colorado

Some less-known rhododendron to see in bloom this month

Initial success is guaranteed new roses that appear as All-America selections; the best remain best sellers, while the others quietly drop out of prominence.

Success comes harder to rhododendrons. They make their quiet debuts, are seen at rhododendron shows, receive awards, and attract considerable attention among rhododendron fanciers without creating much stir in the general gardening world.

There are, in fact, many splendid new rhododendrons; there are also many splendid rhododendrons, not new or not even recent, that have failed to receive the attention they deserve simply because a few rhododendron varieties have so thoroughly blanketed the field.

Consider some of these "other" rhododendrons when you plan your garden—the less widely sold varieties that may offer better flowers or better plant form than the old, established favorites; or that may merely offer something different, something as good as (but less familiar than) the popularity winners.

Here are some that you may wish to look at now while they are in bloom. All are available in northern California rhododendron country if you do some looking; most are fairly common in the Northwest.

RED RHODODENDRONS

For years the best-selling red rhododendron has been 'The Hon. Jean Marie de Montague,' a variety whose virtues include compact plant form, dark green foliage, and a profusion of large trusses of scarlet flowers. It is a relatively easy plant to propagate and grow. The latest American Rhododendron Society yearbook lists its quality ratings at 3 for flowers, 4 for plant characteristics (5 is highest).

Here are some other good red varieties:

'Britannia.' An old variety, but a great plant. New quality rating is 4 for flowers, 4 for plant. Compact shrub with large, rather pale green leaves that may yellow in full sun. Has been scarce because cuttings are hard to root. Hardy to −5°.

'David.' Rating of 4/3 suggests flowers somewhat better than those of 'Jean Marie,' plant somewhat less good. Fairly new as rhododendrons go; won an award in 1939. Hardy to 5°.

'Earl of Athlone.' Rated 5/2; superb flowers on a plant of open, spreading habit. Cuttings hard to root, plants often grafted. Plant rates better than 2 if on own roots. Hardy to 0°.

'Leo.' Fairly new (award in 1948) English rhododendron rated 5/3. C plant, large leaves, large truss berry-red. Seems destined to b best seller. Hardy to −5°.

'Mars.' Another old variety with of 4/3. Slow grower and needs even in the Northwest. Hardy to

PINK RHODODENDRONS

The average gardener's standard lence has been 'Pink Pearl,' certa of the most popular rhododendr ties in the West. Flowers are large trusses, open soft pink and fade blush pink. Plant is a fast, op grower, hardy to −5°. Latest qua ing is 3/3.

Other rhododendrons of similar

'Anna Rose Whitney.' Quality this one is 4/3. Flowers are dee than those of 'Pink Pearl.' May consider plant quality higher tha a big, fast growing shrub but com with outstanding large leaves. I hardy to 5° and is easy to grow probably become a best seller.

'Cotton Candy.' New rating is high 4/4. Large, soft pink flower a tall, conical truss. Plant is a grower of medium size with lar green leaves. Hardy to 0°. Like the ing, probably headed for best-sell

'Jan Dekens.' Quality rating is but most gardeners would not fi Dekens' inferior to 'Pink Pearl' in They would almost certainly note usually large, handsome leaves. mind that foliage is noticeable a and flowers last only a month Hardy to 0°.

'Mrs. Furnival.' At 5/5, the rated pink. 'Mrs. Furnival' is n novelty nor a neglected variety variety that everyone should see b before he plants a pink rhododend not the biggest, the brightest, or th iest, but compactness and hand balanced proportions may make best, as its ratings would seem to i Plant is hardy to −10°.

WHITE RHODODENDRONS

White rhododendrons have to be against 'Loder's White'; this stands alone in its class with a ra 5/5. Pale pink buds open to large slightly scented flowers. A heavy producer and easy to grow. Other in general production can't match though many have merit for one

. Hardy to 0°.

te rhododendrons to consider:

OF LITTLEWORTH.' Rated at 4/3. re very large, in a tall truss, dark purple spotting. Plant is ht, and spreading. Plants are —5°.

KER.' Rating is 5/4. Plants not available as others mentioned, some looking for. White flowers on stain in throats form very ne-shaped truss. Plant is quite us, upright, with very large (to ves. Hardy to 0°.

OF PEARL.' Rated 4/3. This va- sport of 'Pink Pearl' and like y respect except flower color. pen palest pink and fade white, faint spotting in the throat. 0°.

'PEARL' ('Halopeanum'). Rating vigorous old variety. Flowers h pink flush, fade pure white. , cone-shaped. Hardy to 5°.

ODODENDRONS

blues—or rather the closest ap- to pure blue—in rhododendrons found in the small-leafed, small- kinds. Among the large-flowered, sed varieties, the standard has years been 'BLUE PETER,' an old at has stood up surprisingly well ings with a score of 4/3. Flowers lavender-blue with a dark purple illed at the edges, in cone-shaped Shrub is medium compact, with ssy leaves that tend to droop. —10°.

ORD.' Not superior in flower color to 'Blue Peter,' but with out- large, glossy leaves. Plant is tall rous, hardy to —5°. Rating is 4/3.

NSIGN.' Resembles 'Blue Peter' ms later, has somewhat better it. Rated 4/4. Hardy to —10°.

Y.' A rather new rhododendron in of 'Blue Peter.' Flowers lavender- h brown blotch, in tall, compact Some people think it a purer blue ue Peter.' Plant dense, compact, ght green leaves narrower than 'Blue Peter.' Rated 4/3 and —5°.

Hard to root, and not very well n spite of several awards. Has y handsome dark green leaves on m-sized plant. Large flowers in a me-shaped cluster are blue-violet dark purple stain at the throat. s 3/4 (some judges think it should h higher) and plant is hardy to nts scarce.

RHODODENDRON

SPLENDOUR,' an old favorite, still alone in the large-flowered royal lassification. Frilled purple flowers rker blotch at the throat. Rating nd plant is hardy to —10°.

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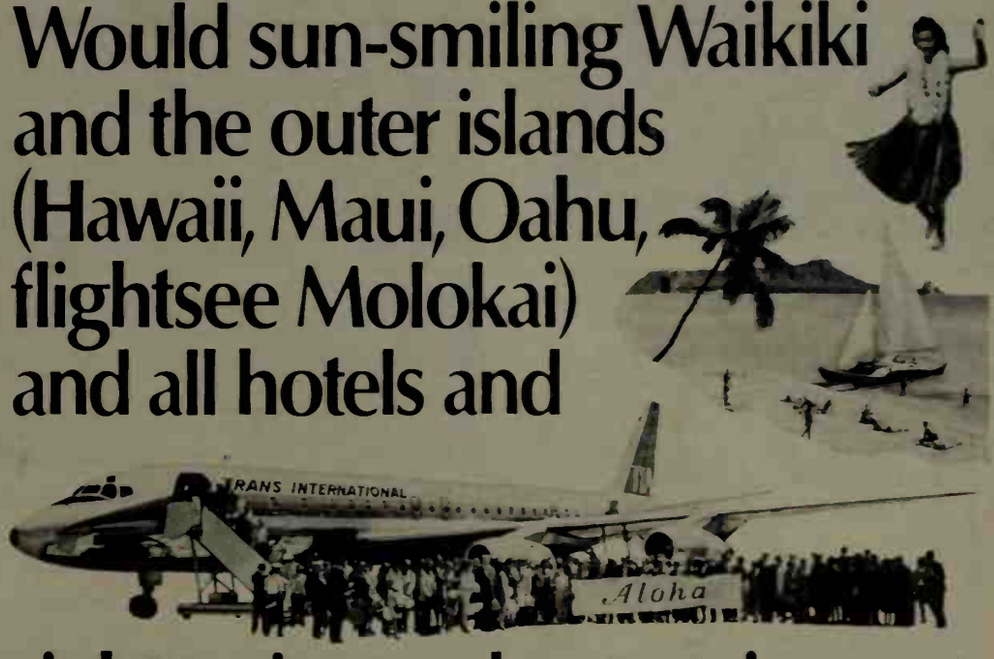

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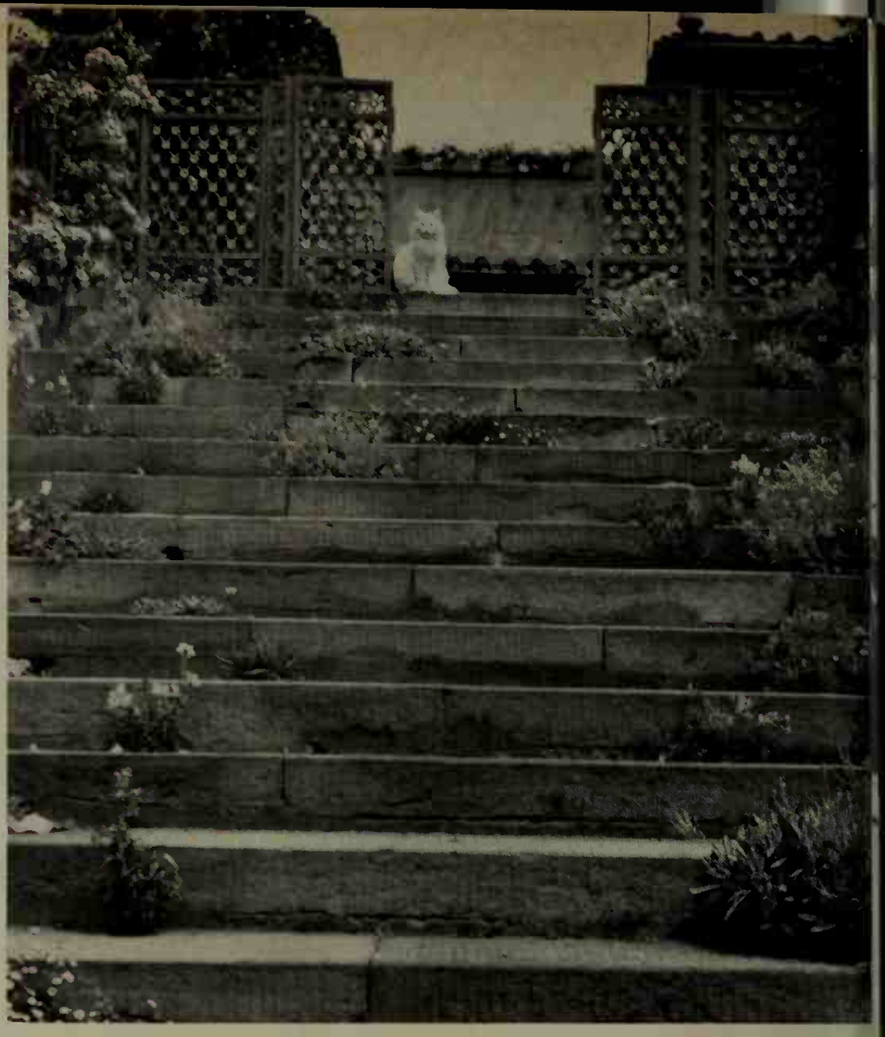
Thriving *in pockets in rock wall: lamb's ears* (Stachys), *festuca, and helianthemum*



In Florentine villa *garden, centuries-old steps (watched over by patrician cat)* [illegible] *to many plants including perennial alyssum, erigeron, gazanias, dwarf sna*[illegible]

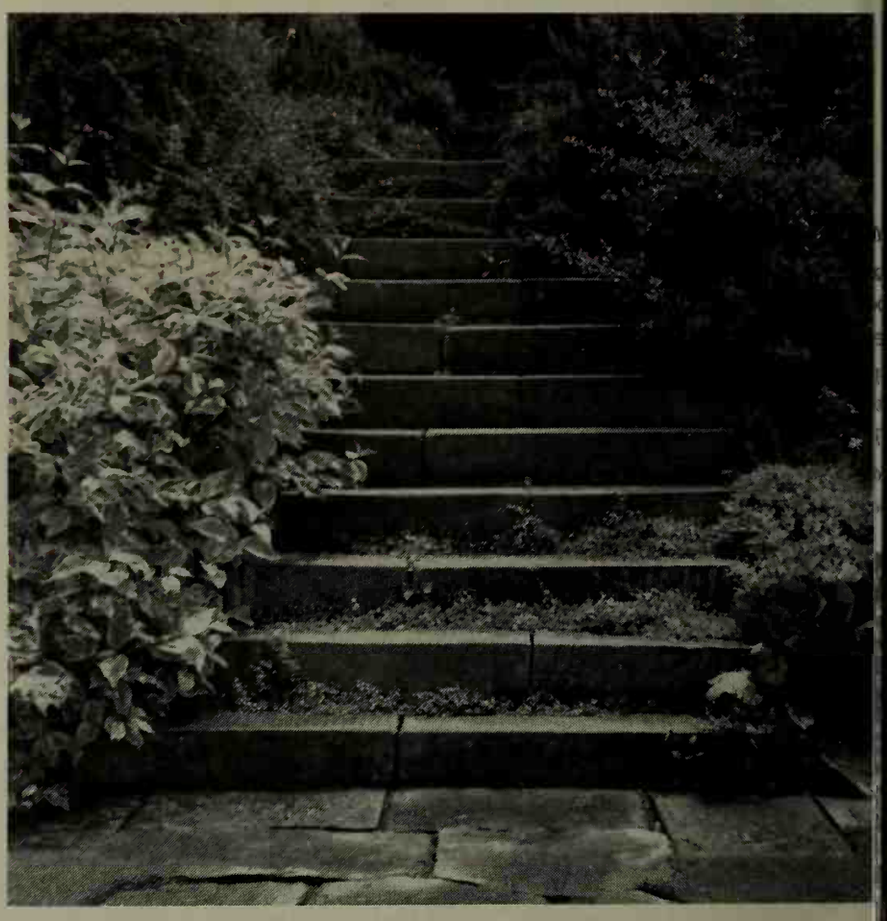
These plants like to grow in crevices

Many kinds of plants grow in crevices. You often see weeds and even ornamentals growing out of cracks in sidewalks and walls. As long as there is a bit of soil to nurture roots, and a way for moisture to reach them, the plants will grow.

You find charming examples of crevice planting in ancient, weathered walls, steps, and paving in older gardens, as in Florence, Italy, where we took the photographs on this page.

Some of these plantings were deliberate, but just as often they were happenstance—with the informal, whimsical results seen in the two sets of steps to the right. But even in younger gardens rock and plants can look as though they had been together a long time. A rock wall planted only a year or so might well appear much like the one above—assuming, of course, that the rocks have a soft coloring and texture that comes with age.

You can plant a dry rock wall in two ways: as you place the stones, or after the wall is built. If you use the first method (considered best), place a layer of rocks; set out the plants, with roots



Here plants *grow more or less as they please. Variegated hydrangea and jasmi*[illegible] *bergenia, cerastium, pyracantha, rosemary (right). Creeping wire vine alo*[illegible]

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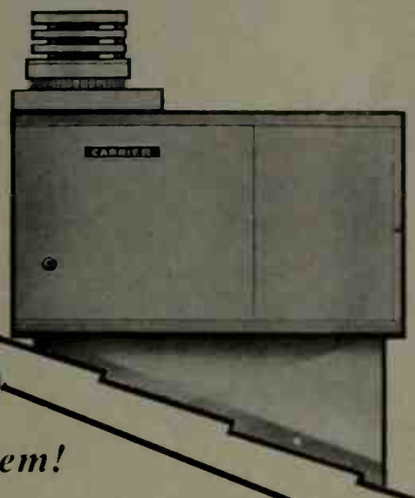

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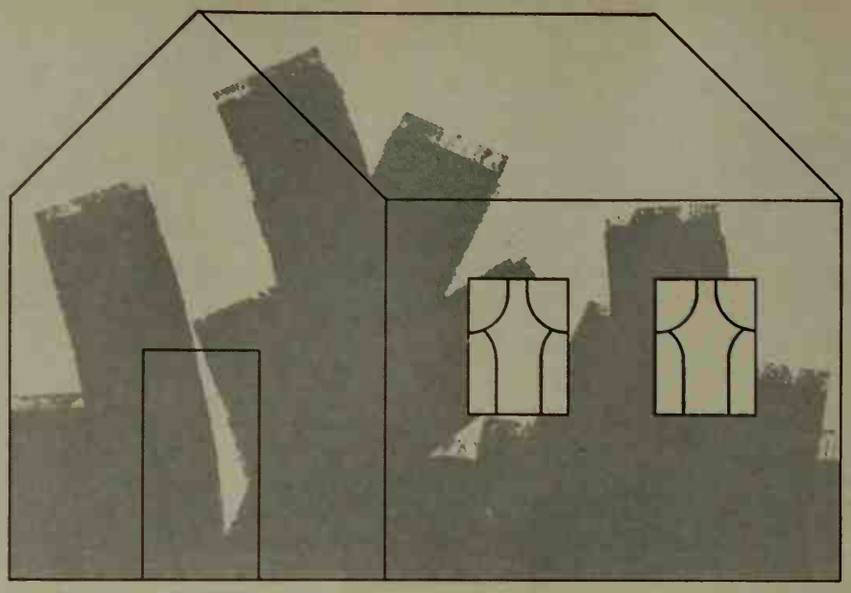

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spread; cover roots with porous, l
mixture; then set next layer of
you plant after the wall is bu
roots of plants into pockets bet
rocks; tamp soil around roots.
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flower clusters in summer.

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flower clusters late spring to su

Wall rockcress *(Arabis caucasi*
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small white flowers in spring.

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such as maiden pink *(D. deltoi*
pink *(D. neglectus), D.* 'Little
'Rose Bowl,' or *D.* 'Tiny Rubi
bloom in late spring and early s

Gypsophila *(G. repens).* Trailing
leaves less than inch long; airy
small white or pink flowers in s

Sunrose *(Helianthemum numm*
Evergreen; single or double flowe
colors; bloom April to June in w
mates, May to July in cooler are

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Dark green leaves always goo
pure white flowers early spring
mer. Compact varieties are 'Lit
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Thyme *(Thymus).* Mother-of-t
serpyllum) and woolly thyme *(T.*
sus) are ideal plants for rock w

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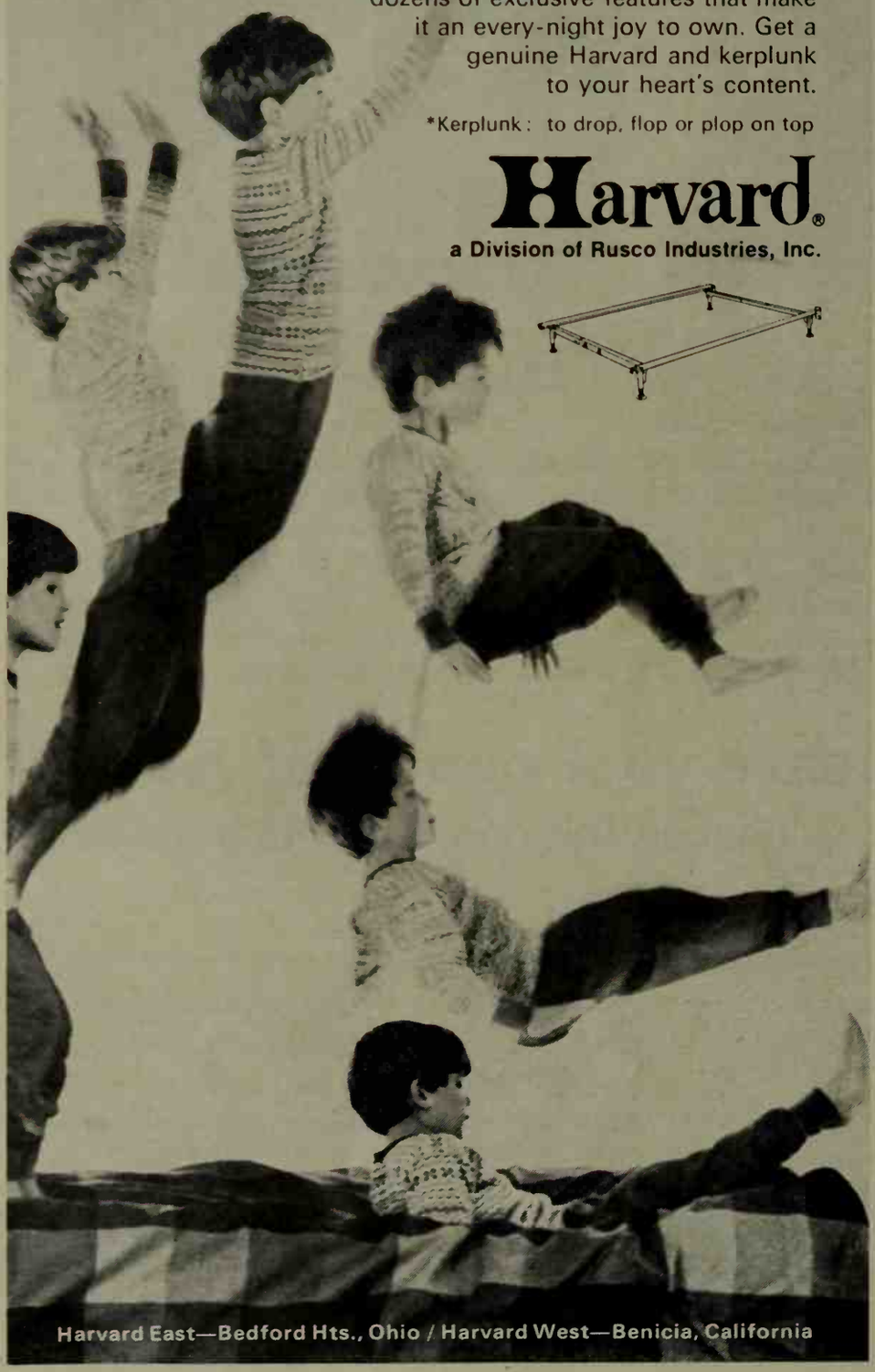

Harvard East—Bedford Hts., Ohio / Harvard West—Benicia, California

The big gard show in Oakl

Until a few years ago, you could the California Spring Garden certain familiar features year a Inside the Oakland Exposition there usually were towering redwoods, waterfalls, banks of drons, and masses of orchids. there were individual landscaped And in a tent between indoor door exhibits were all kinds o and merchandise for sale.

This is still the biggest and m orate garden show in the West the 60's, the decade of change, t been some great changes made.

Last year the show moved soutl to the new Oakland-Alameda Coliseum (Hegenberger Road an Freeway, Oakland). It will be th this year.

This year the name changes to C Garden and Home Exposition. changes its scope. This year's t "The Greatest Show IN Earth."

A new feature will be entertainm Blossom," a costumed ventriloq tell stories and make flowers children. Each evening there v candlelight procession of people in costumes, carrying representativ country" flowers that now grow fornia. The procession will be fol opening night by the musicians a ers of the Youth of America gr on one or two other nights by fornia Youth Symphony. Each too, there will be a fashion sh ballet settings by the Oakland

In the arena you can look out u main gardens from an elevate large observation deck, and gaz gardens within the arena will e huge pool with seven fountains.

Adjoining the arena, a large di paintings and sculpture will be e with the exhibit of flower arrang

The exhibit hall will display c exhibits by building and garden s Here, too, will be the exhibit o plants by the East Bay Bonsai tion in a "bonsai garden."

In the center of the outdoor ar find a composite garden featuring six different designers, and a 1,200 foot demonstration home.

The exposition will be open fr 11 through May 19. Hours: 10 10 P.M. (on May 19, closing wi 6 P.M.). Admission: $2 for adult youngsters 12 to 16; children fre

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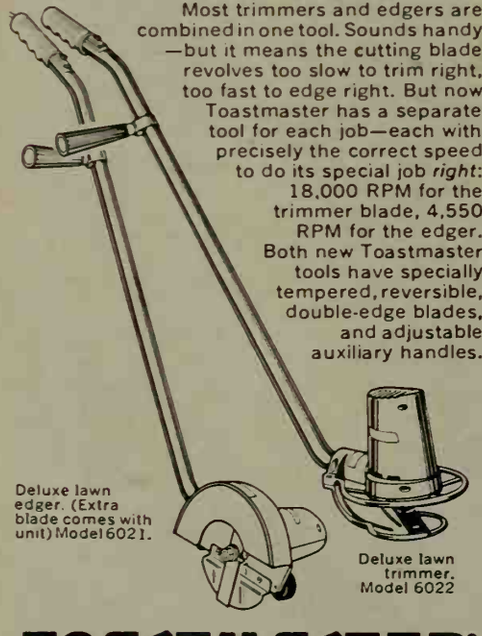

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San Francisco. May 1. Second ann den fair presented by the Auxi Edgewood. Place: Hall of Flowers Gate Park, Ninth Ave. and Linco For details, see page 270.

Santa Rosa. May 1. Annual table show by the Santa Rosa Garde Place: IOOF Temple, 545 Paci Hours: 1 to 9 P.M. Admission: $1

Santa Clara. May 3 and 4. Annu by the Santa Clara African Viol Place: St. Claire Room in the Em Stevens Creek Blvd. Hours: 1:30 t Friday; 9:30 A.M. to 4 P.M. Sa Admission: free.

Fresno. May 3, 4, and 5. Fresno A Auxiliary's wildflower show. Place Museum of Natural History, 1 Winery Ave. Hours: 10 A.M. to Admission: free.

Oroville. May 4. Ice cream social garden, under the auspices of Om Sorority. Place: Judge Lott M Home, Montgomery St. Hours: to 4 P.M. Admission: 50 cents; st 25 cents.

Morgan Hill. May 4 and 5. Flow presented by the Morgan Hill Lovers Club. Place: Live Oak High auditorium, Monterey Rd. and W Ave. Hours: 1 to 9 P.M. Saturday to 8 P.M. Sunday. Free.

Redwood City. May 4 and 5. Show sored by the Peninsula Rose S Place: St. Peter's Episcopal Churc ton and Brewster streets. Hours: P.M. Saturday; noon to 5 P.M. S Admission: free.

Sacramento. May 4 and 5. Cact Succulent Society show. Place: and Art Center, 3330 McKinley Hours: 2 to 7 P.M. Saturday; 10

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A special educational section will Maddenii rhododendrons. In ad more than 50 of these have been in Strybing Arboretum and some pected to be in bloom at show tin

San Mateo. May 4 and 5. San County Rose Society's annual show. Place: Bank of California, El Camino Real. Hours: 2 to 9 P.M urday; 10 A.M. to 5 P.M. Sunday. F

Stinson Beach. May 4 and 5. Stinson Wildflower Show. Place: Communit ter, Highway 1 and Belvedere Ave. 10 A.M. to 5 P.M. Admission: Ad cents; children 25 cents.

Fresno. May 5. San Joaquin Valley Society annual show. Place: Fresn trict Fairgrounds cafeteria, Kings C Rd. and Chance Ave. Hours: 2 to Admission: free.

Oakland. May 5. Twenty-third a show of the East Bay Rose Society. Lakeside Park Garden Center, 666 vue Ave. Hours: 1:30 to 6 P.M. Fre

Santa Rosa. May 5. Redwood Empir Society show. Place: Luther Burba and Garden Center, 2050 Yulupa Hours: 10 A.M. to 4 P.M. Free.

Paradise. May 8. Flower show a presented by the Paradise Garden Place: Elks Hall, 6309 Clark Rd. 1 1:30 to 8:30 P.M. Free.

San Mateo. May 9. House and garde combined with a flower show presen Carolands Garden Club of Hillsbo Place: residence of Mr. and Mrs. Lehr, 321 W. Bellevue Ave. Hours A.M. to 4 P.M. Admission: $3.50. F information and tickets available Mrs. James Dunphy, 1435 Marlbo Rd., Hillsborough, (415) 342-2986.

San Jose. May 9 and 10. Santa County Rose Society show. Place: S Valley Savings and Loan, Prospec and Saratoga Ave. Hours: 1 to Thursday; 10 A.M. to 6 P.M. Friday

San Carlos. May 10 and 11. San County African Violet Society Place: Breuner's, 1133 Industria Hours: 1 to 8 P.M. Friday; 10 A.M P.M. Saturday. Free.

Oakand. May 11 through 19. Cali Garden and Home Exposition, for California Spring Garden Show. Oakland-Alameda County Coliseum plex. For further details, see page

San Francisco. May 14. San Fra Rose Society show. Place: Hall of Fl

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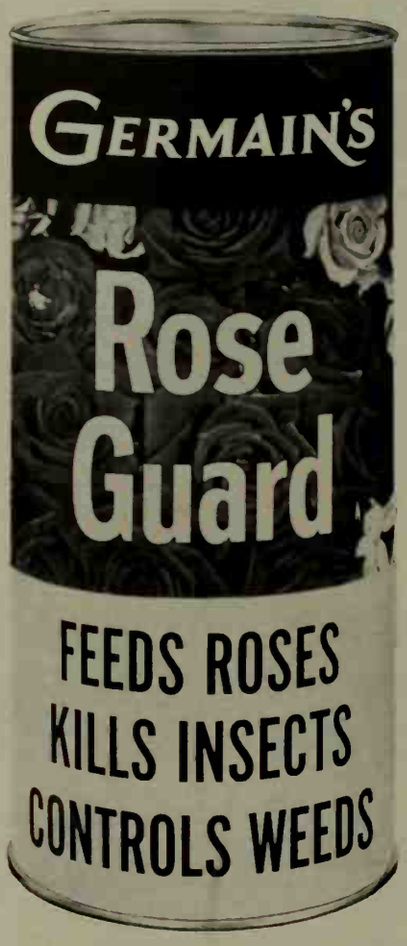

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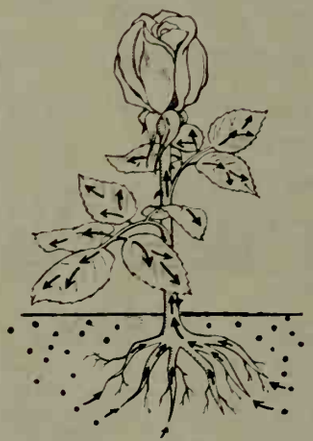

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culture Bldg., Fairgrounds. Hours
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and Sunday. Free.

Oakland. May 18 and 19. Ninth
show presented by the African Vio
ciety of the East Bay. Place: La
Park Garden Center. Hours: 2 to
Saturday; 10 A.M. to 6 P.M. Sunday

Palo Alto. May 18 and 19. Fifteenth
bonsai exhibit presented by the Pen
Bonsai Club. Place: Palo Alto Bu
Church, 2751 Louis Rd. Hours: no
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4:30 P.M. Sunday. Free.

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ments, cut flowers, and potted pla

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sented by the Southern Humboldt
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Hours: 2 to 7 P.M. Free.

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City Saintpaulia and the Sacram
Saintpaulia Societies. Place: Garde
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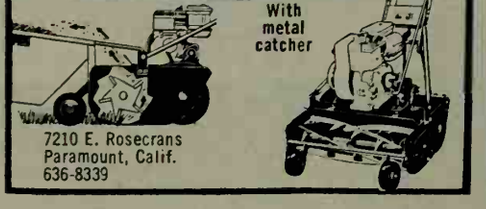

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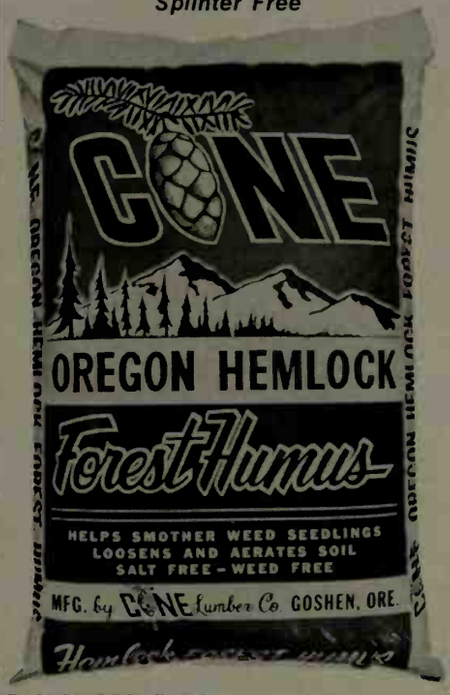

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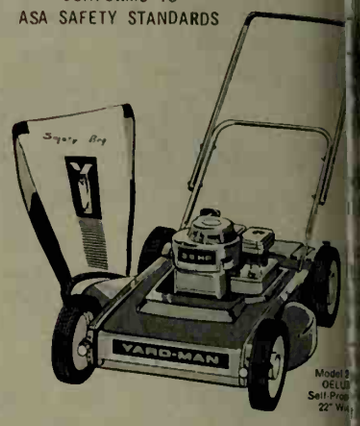

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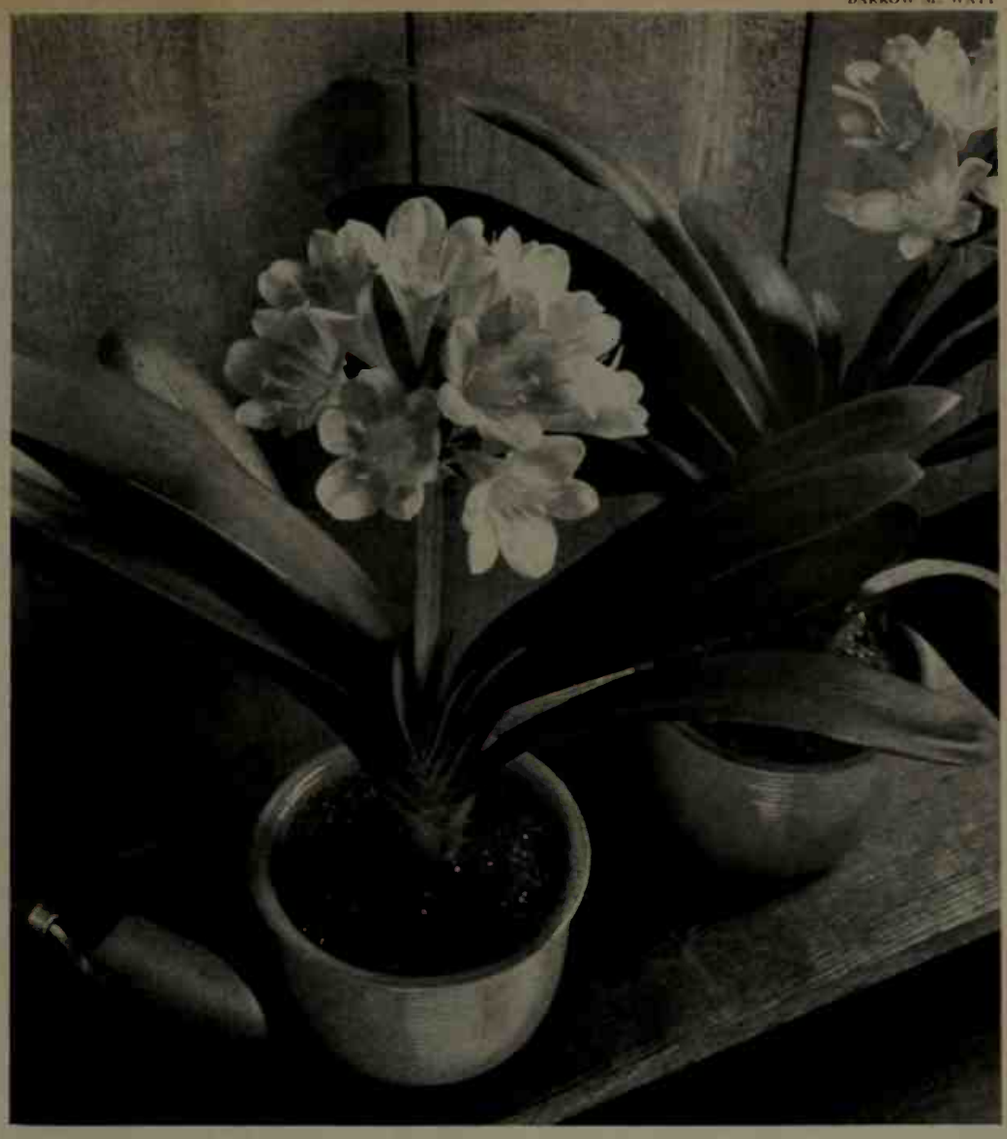

These are clivias. *Deep orange and yellow flowers in spring. Fine house plants. In California (coast and coastal valleys) they grow outdoors, bloom with azaleas, take same conditions. Clivias will be given to finishers of contest described below*

For garden contestants, two clivias

This year, every *Sunset* reader who enters and finishes our summer-fall garden contest will receive a pair of clivia plants. (Last year, we called the gardens "baseball gardens," because they are planted, flourish, and are pulled out within the baseball season; and the premiums then were baseball plants—*Euphorbia obesa.)*

The clivias that this year's finishers get will be two years old. Clivias usually do not bloom until their fourth year (the ones pictured are five years old). Then, they produce more flowers each spring.

The idea of the contest: You plan and plant a six-months garden in the spring, and make it as good-looking, abundant, and comfortable as you can. You take snapshots of it in the beginning and during the season. In July, by postcard survey, we will ask for dates when a *Sunset* photographer might come to photograph your garden. We'll also give you a chance to drop out if you wish. Then between October 6 and 21 you send in your own snapshots and a report on what you did, what you planted and how it fared.

A team of judges will look at all reports and snapshots and score them. They'll be looking for evidence of imagination, resourcefulness, and heroic horticultural and architectural accomplishment.

Those entrants that get the greatest number of points—in the adults' division and in the children's division (16 and under)—will win cash prizes and nursery merchandise orders.

You can see some of the best baseball gardens from 1967 starting on page 104 of last month's *Sunset*.

To enter, send your name and address (and age, if 16 or under) to Summer-Fall Gardens, *Sunset Magazine*, Menlo Park, Calif. 94025—before June 15. You will be sent an entry number and more details.

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No More Wet Shoes or Clothing

Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, stucco and concrete. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. 16-oz. spray can $1.89; Qt. $1.75; Gal. $5.35; 5-Gal. $25.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, Calif. 94109.

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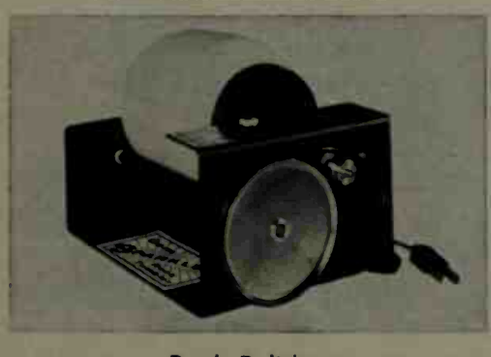

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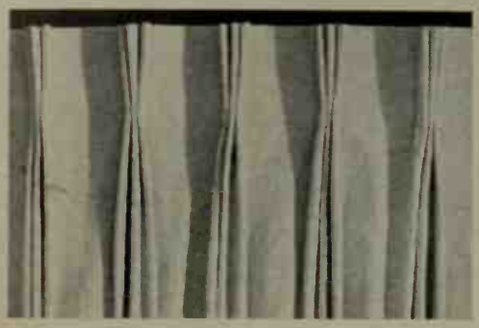

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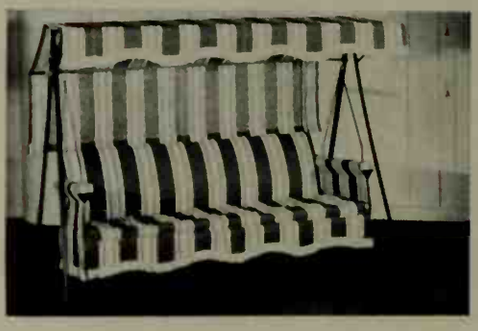

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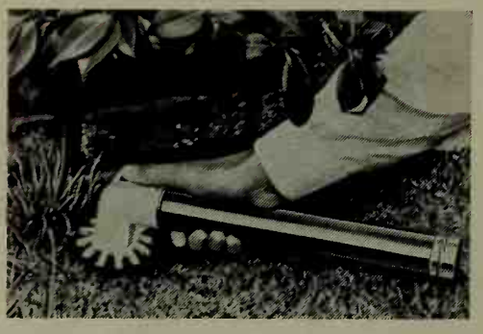

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Garden Fair Golden Gate Pa

On May Day—Wednesday, May second annual Edgewood Garden take place at the Hall of Flowers Francisco's Golden Gate Park. Thi event is sponsored by the auxil Edgewood Children's Home, a res school-and-day-treatment center f bled young boys of all races and residing in the Bay Area.

The fair will be open from 10 A. P.M. Admission is free.

Visitors will find a wide range of on sale: unusual plants, flower a ments, garden accessories, and b items. Garden furniture and garde will be on display; and there wil exhibit of the art work and han of the boys at Edgewood.

Robert Cannard, bonsai expert, w a lecture and demonstration on from 11 A.M. to noon and from 3 t

Roy L. Hudson, Assistant Superint of Parks, San Francisco, will lec pruning from 1 to 2 P.M.

Bob Bell, of The Greenery, will d décor employing plants and flowe 2 to 3 P.M.

James Kerr, the "Scotch Garde radio and television, will answer qu on gardening from 2:30 to 3:30 P.M

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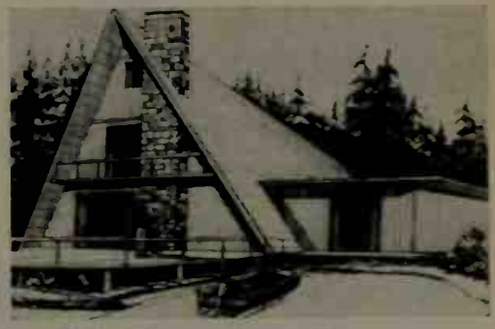

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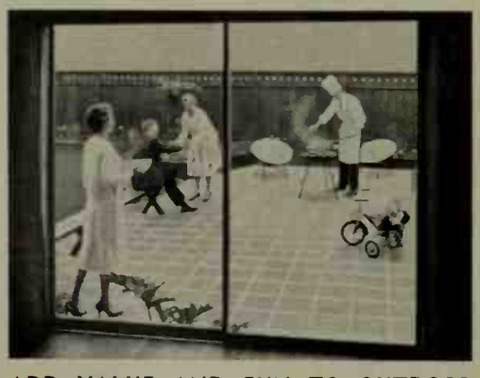

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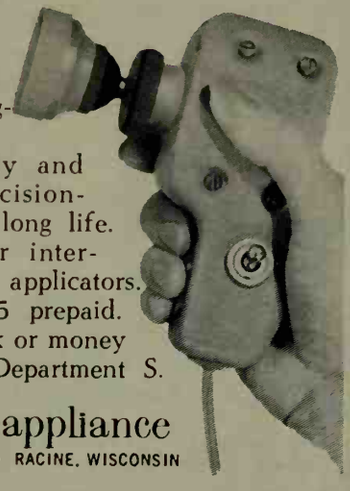

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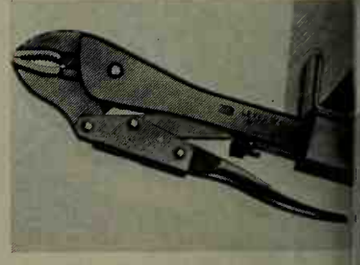

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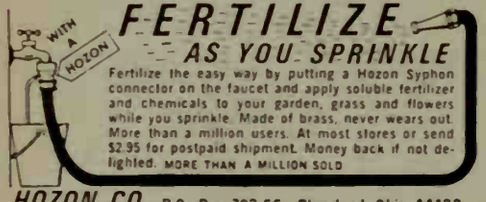

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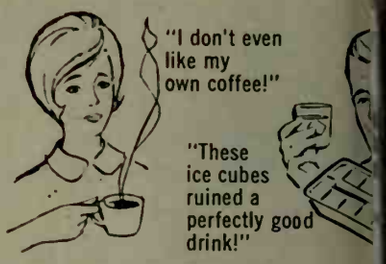

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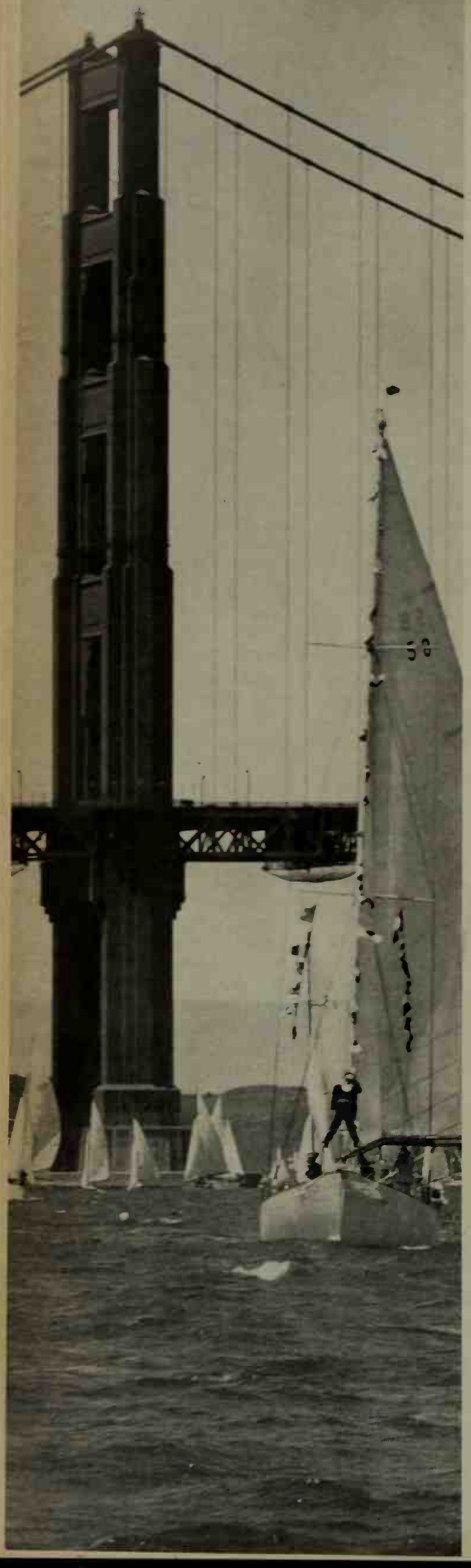
Nasturtiums grow well in full sun and seem to revel in heat. However, early May sowing in hot dry areas may be a little late unless you give them some shade —at least during part of the day. Plant the seeds in soil that's well drained but not too rich, or you'll get all leaves and few flowers. Keep soil moist. Spray to control black aphids.

Seed racks in nurseries and garden supply stores usually carry a good supply of both climbing kinds (to 6 feet) and compact dwarf kinds (to 15 inches). Flowers are either single, double, or semidouble. They come in many rich colors ranging through red-brown, maroon, red, orange, yellow, and creamy white. Most often the seed packets include mixed flower colors; however, you can also buy certain kinds that are all one color.

Use the climbing or trailing kinds on slopes, or plant them at the top of a wall and let them trail over. If you want them to climb on a fence or wall, supply string or wire for the leaf stalks to coil around and thus lead the plants upward. Or let them trail from hanging baskets. The dwarf kinds make excellent compact plants in containers or in flower borders.

When flowers fade, you usually get an abundant seed crop; allowed to stay on the ground the seeds will germinate, and you'll probably have nasturtiums around for years. However, if you keep the flowers picked before seeds form, you'll prolong the bloom season—usually up to the first frosts.



"Slightly different west of the Rockies"

In the office of *Sunset's* publisher hangs a large relief map of the Un States. The whole right side is relatively smooth; that's the East Middle West. The left side, from the Rocky Mountains all the way the Pacific, is generously wrinkled.

That mountain-wrinkled West is the mainland territory that *Su* serves: the seven Western states that lie west of the Rockies. In 1 we also added Hawaii, because it has an affinity for new ideas in liv that are later adopted wholeheartedly in the West.

A hundred years ago, the great Western mountain barrier seriou limited contact between the West and the East. Western communi had to look to each other for mutual support, and the cities of Seat Portland, San Francisco, and Los Angeles grew up as centers to se them. These cities are still major Western centers for distribution goods, along with Spokane, Boise, Salt Lake City, San Diego, Phoeni

Immigrants from the East notice differences along our Pacific slo And *Sunset's* service to you is based on these differences.

Most important is climate. Because the Rockies effectively cut us from Great Plains weather influences, our winters are generally somew warmer and wetter and our summers mostly are milder and drier; n the Pacific Ocean, the climate is moderated by warming ocean curre These factors give much of the West a wide choice in garden plants more greenery and more flowers through the year. They also allow us take for granted certain locally grown foods that are special delica elsewhere.

Our houses tend to be more open in the mild-climate West, and we spend a good deal of time outdoors all year. And with a choice of s coast, mountain, forest, and desert very near where most of us live, find picnicking, camping, fishing, hiking, and boating readily available

Thus the West served by *Sunset,* which continues to be a semisepar region economically, is also a proving ground for a new pattern of ho and family living. Both these aspects of the West are reasons for *Sun* Our job is simply to help Westerners enjoy the special opportunities (a solve some of the special problems) of living in the West.

The jet plane is shrinking the time barrier between West and East. I it doesn't diminish the difference in weather and geography, and therefo in our ways of living. That difference is still the basis for *Sunset's* serv to both reader and advertiser. As the French say, *Vive la différence!*

WINDOW ON THE WEST: Opening Day

Big sloop, pennants flying, leads a sailboat parade under the Golden Gate Bridge. It's Opening Day (April 28 this year), and the new racing season is under way. It won't end, really, until next opening day. Weather is mild enough on San Francisco Bay for racing to continue right through winter. Opening Day on Puget Sound is May 4. Organized racing on the Sound stops with Labor Day, but sailing doesn't. You'll find hardy sailors in impromptu races on brisk days right into late autumn and again in the spring. In Southern California sailing is an all-year affair, as it is in Hawaii and on several of Arizona's reservoir-lakes.

Sunset

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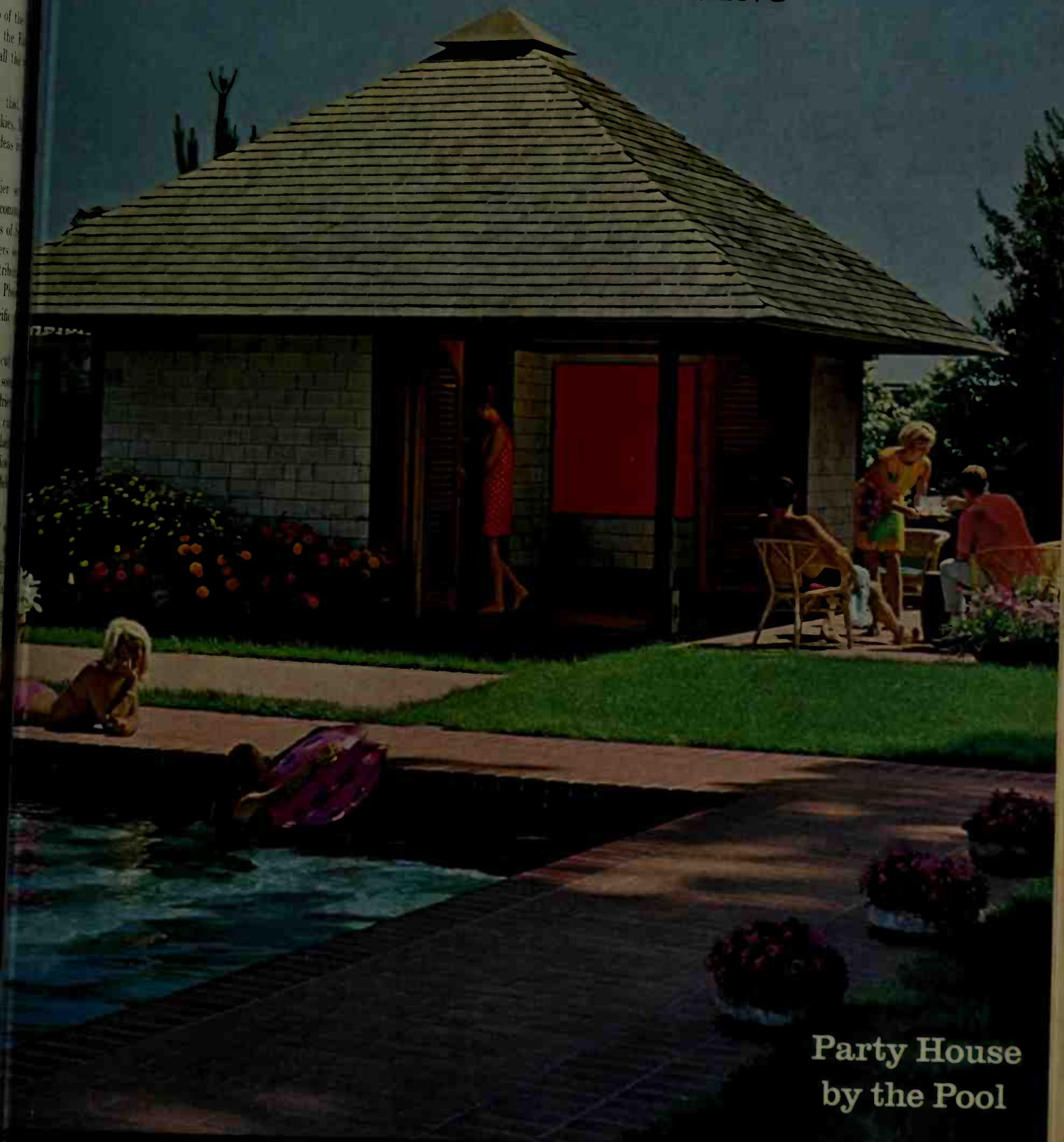

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Feature articles for June 1968

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The Cover Story

Poolside parties are great fun for the guests. But they're not always easy for the owners when there are no facilities for changing and no handy arrangement for storing, preparing, or serving food and drink. The poolhouse on the cover provides for all this admirably (see page 72). Photograph is by Glenn Christiansen

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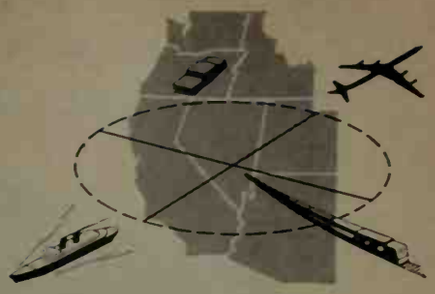

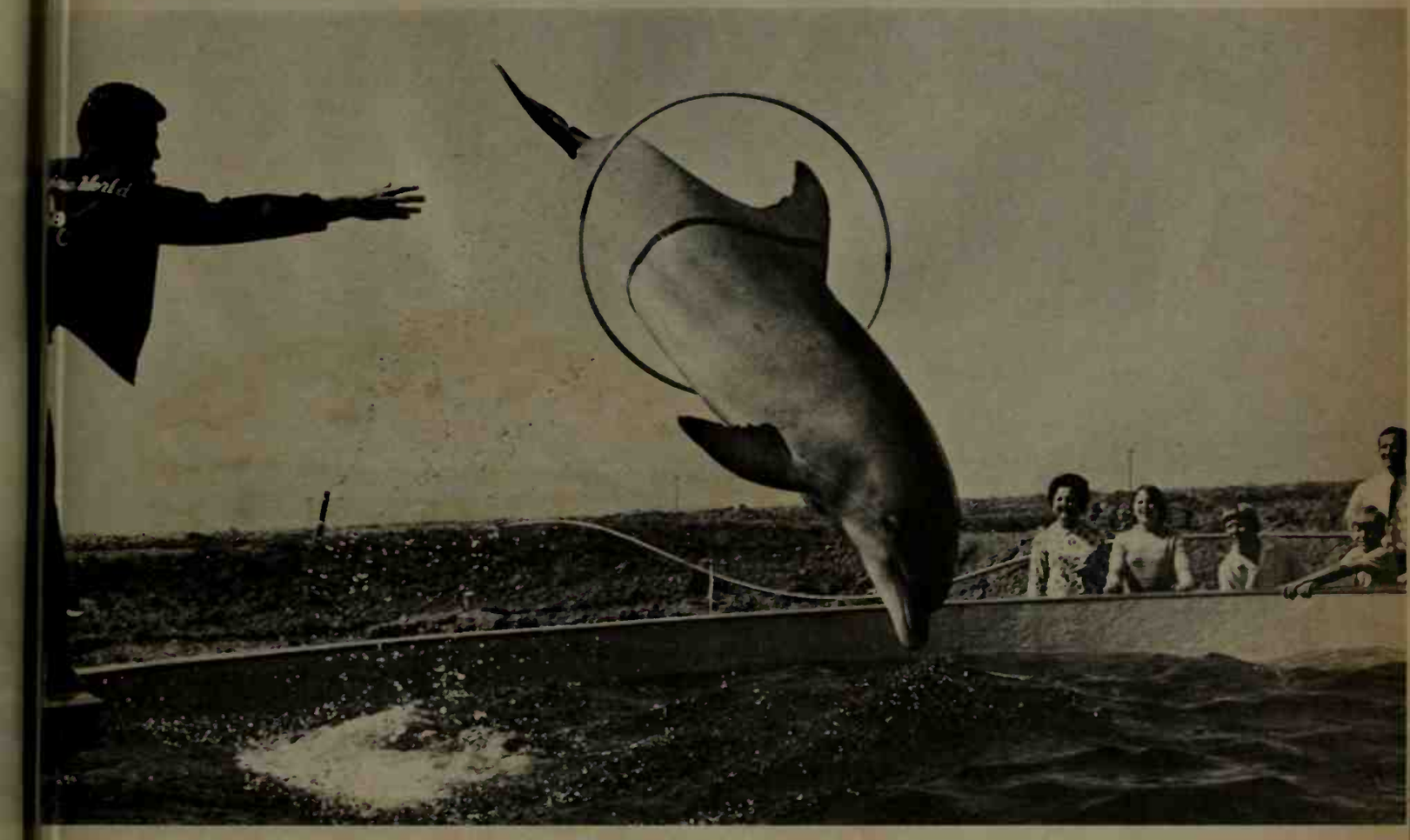

g bottlenose dolphin *scores a bull's-eye in afternoon training session before pre-opening visitors at the new Marine World*

iew of the big water show in Redwood City

tidal flats off Redwood City, Cali-
it's still a month until Marine
will be open for business. While
ng touches are being applied to
te aquariums, a marine stadium,
network of canals, the fish and
c animals are being readied for the
y.

om now until opening date, set for
, the owners of Marine World are
g groups of elementary school chil-
such as nature study and science
, Cub Scout packs—to come see
e performers are trained. Interested
s can telephone (415) 863-0077 and
reservations with Marine World.
is no charge.

tly some *Sunset* editors and their
es were invited to watch three bot-
e dolphins and a pilot whale get
acquainted with their trainer. The
rs were allowed to press right up
side of the concrete tank, where the leaping performers, with a flick of their tails, could send a spray of water over them. As a reward for jumping to a suspended ball, or for swimming around the pool underside-up with the trainer standing on his belly, the pilot whale (named Willy) was tossed a few mackerel, squid, and smelt, which he swallowed without chewing.

In another pool, two dolphins made happy squawking noises while they leapt in tandem, seemingly enjoying the public display of their talents.

New campgrounds opened in two California state parks

Advance reservations, accepted at state parks through May 31, indicate that space will be available at northern California campgrounds on most days this summer. However, in Southern California parks and the most popular northern

Pilot whale *dives deep in pool and with a rush shoots up out of water for ball*

Sunset

THE MAGAZINE OF WESTERN LIVING

June 1968

Splendid view *of Alaska Range is part of hiker's reward. A Sunset editor on Sable Mountain scans slopes for Dall sheep*

Getting face to face with mountain sheep

It isn't difficult to see Dall sheep in Mount McKinley National Park, but getting close to them is another matter. Their world is rugged, the ridges and steep slopes of Alaska Range mountains. The *Sunset* team parked near the East Fork of Toklat River and began the climb upward, not sure the effort would be rewarded.

It took 2 hours of whacking through brush and climbing a near-vertical sheep trail to reach the crest. There they saw the green leeward slopes and, by day's end, the sheep too.

Sometimes sheep were above, sometimes below, and frequently just out of normal camera range. But finally our photographer was able to get quite close, to within 20 feet—and snap the young ram pictured on page 66.

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parks such as Pfeiffer - Big Sur a... Pine Point (Lake Tahoe), late... campers may find all campsite... reserved or taken.

To help ease the crowding, two ... opening new facilities this mon...

Henry Cowell Redwoods State ... sected by the San Lorenzo Rive... new campsites. They are designe... or open-air camping but can a... date a trailer up to 20 feet l... park is 7 miles northwest of Sa... on State Highway 9.

Del Norte Coast Redwoods St... has 142 campsites ready this m... overnight visitors. Meadows, r... drons in bloom, groves of res... large redwoods, fishing in fre... streams, and surf casting attract... The park is 9 miles south of ... City on U. S. Highway 101.

L. J...

Baseball *signed by Willie Mays a... mates sold at last year's KQED*

A grand place for an auc... in San Francisco

The sound of the gavel at th... KQED auction will echo thro... newly permanent arches of Ma... gem, the Palace of Fine Arts, fro... to 2 A.M. the evenings of June 2 ... 8. Proceeds go to educational t...

Earlier—on May 31 and June 1 ... of the donated works of art and ... will be displayed at the Palace ... Arts. Viewers can submit writte... that time. Most of the objects o... will be auctioned the afterno... evening of June 2.

The entire proceedings will be ... on KQED in color. You bid by ... (415) 434-4300. Participants in ... 14 years of auctions suggest tha... want one of the 14,000 or so ite... high—the pace is fast and ofte... isn't time to phone in a second bi...

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Memorial State Park, with its swimming beach, camping, and picnic sites, makes the grim events of the winter of 1846-47 seem far distant. Yet it was only 50 years ago this month that three survivors, Martha "Patty" Reed and Eliza and Frances Donner, squinted into the sun and were photographed (see right) with the governors of Nevada and California at the dedication of the Donner Party Monument.

On June 9 California officials plan a rededication of the monument on its semicentennial in conjunction with the centennial of the nearby town of Truckee, California. At 1 P.M. in Truckee a parade will begin a march to the monument in Donner Memorial State Park. Participants will include a band, a dancing group from the Pyramid Lake Indian Reservation, vintage cars of about 50 years ago, and a contingent of mounted horsemen.

The monument was erected on the site of the Breen family shack and the Keseberg lean-to. Its stone base stands 22 feet high, the depth of the snow during that fateful winter—as documented by the stumps of trees cut to that height by the Donner party and still standing at the turn of the century.

Elsewhere in the park, a museum of history displays relics of Indians of the area and early pioneers, and mementos of the railroad line that crosses the Sierra at Donner Pass. On display near the museum is a steam tractor built b iel Best, which once hauled cut lu the eastern slope of the Sierra.

In 1918 photograph: *survivors of Party, governors of Nevada, Ca*

For travel planners, a June check list

Alaska for photographers. Mount McKinley National Park will be a featured destination during two 21-day tours of Alaska designed especially for photographers. Itinerary will also include the Mendenhall Glacier, Tracy Arm, a trip on the White Pass and Yukon Railway, the Eskimo village of Kotzebue, and the Sutik River wilderness near Yakutat. The first tour leaves Seattle on June 23, the second on July 14. Price of $1,433.09 per person includes all transportation, accommodations, meals at Camp Denali, Takn Lodge, and Yakutat. For details, see a travel agent or write Thru The Lens Tours, Inc., 5301 Laurel Canyon Blvd., North Hollywood, Calif. 91607.

For girls only. Two 14-day pack trips restricted to girls from 10 through 16 years of age will leave from the Collis Hunting Camp in northeastern California's Warner Mountains on July 7 and July 22. Cost of $200 per youngster includes two weeks of camping, riding, and fishing in the South Warner Wilderness, all meals, a saddle horse, guides, and the services of qualified counselors. For information, write to Don Collis, Box 476, Alturas, Calif. 96101.

Canadian Rockies. An Inside Passage cruise combined with a deluxe bus tour through British Columbia's Cariboo Country to Lake Louise and Banff are highlights of a series of 15-day tours leaving Vancouver, B.C., this summer. Thrift season prices (June 1 and September 5 departures) begin at $576.52 per person. Midseason prices (June 17, July 3 and 19, Aug and 20 departures) begin at $626.52 person. For information, see a travel a or write to Alaska Hyway Tours, Inc., IBM Bldg., Seattle 98101.

Spring trail drive. Sierra packer Herb l don invites "dudes" to join his spring drive of horses and mules from Owens ley to summer meadows in the eas Sierra. Cost of the five-day ride, pla for mid-June, is $98.50 per person. details, write to Rock Creek Pack Sta Box 248, Bishop, Calif. 93514.

Dude ranch vacations. Frontier Airl has joined forces with 42 guest ran throughout the Rocky Mountain state combining Family Plan air fares with 7 vacation packages at the dude ranch your choice. Costs range from $100 to per person for the 7-day ranch experi plus air fares from your home town. Fo formation, see a travel agent or writ Frontier Airlines, 5900 E. 39th Ave., D ver, Colo. 80207.

What a travel agent can do for Provide information on tours; reserve s on air, rail, bus, and steamship lines; n hotel, ranch, and resort reservations; care of trip planning, including side t and special events. Travel agencies do charge for arranging transportatio package tours, but do charge for "cust tour service.

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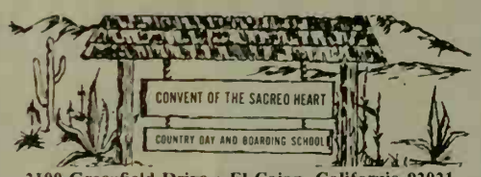

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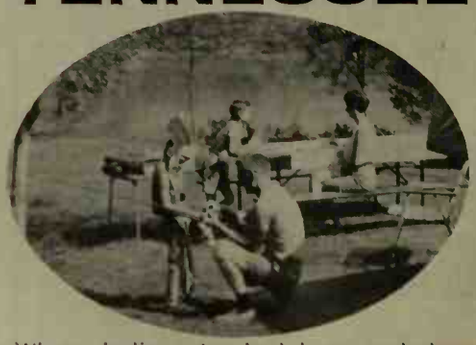

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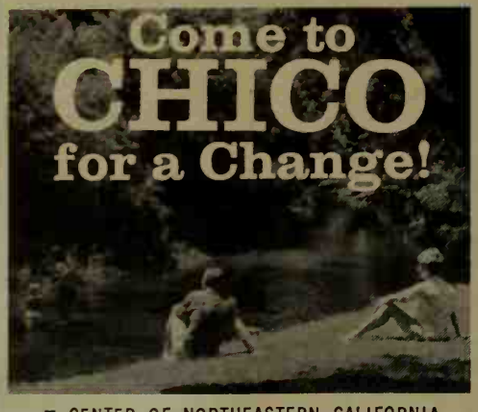

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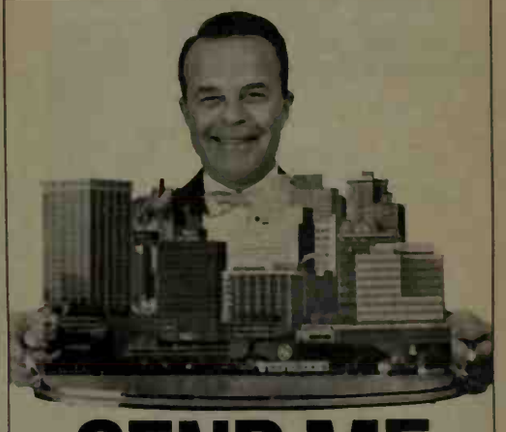

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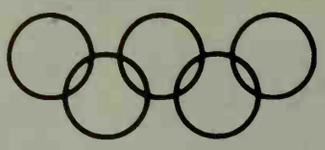

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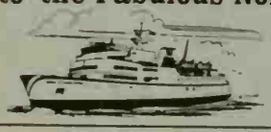

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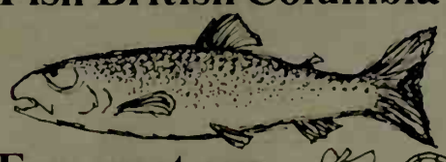

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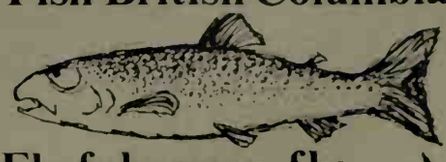

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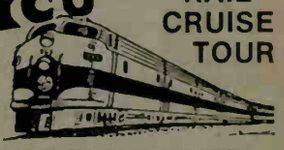

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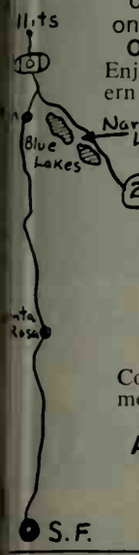

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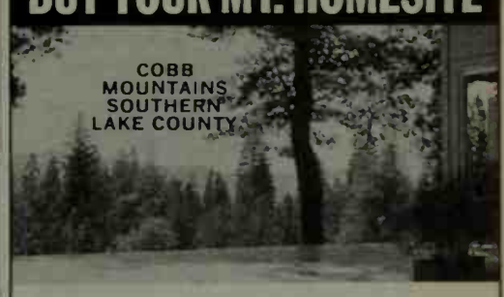

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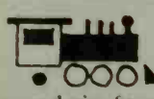

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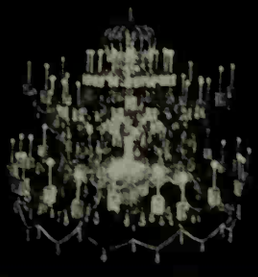

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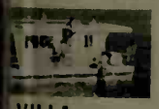

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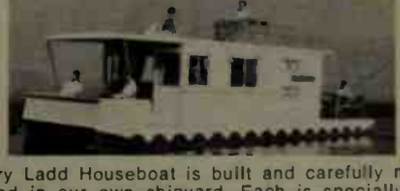

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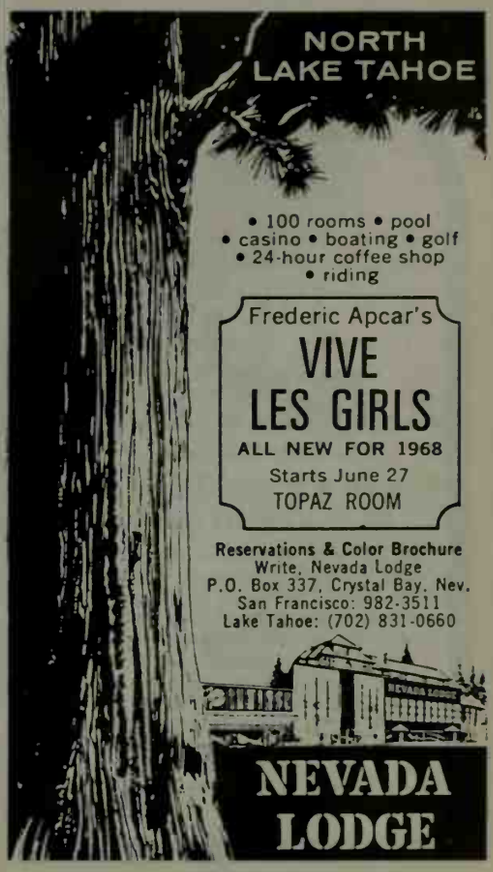

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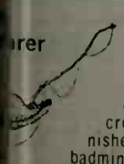

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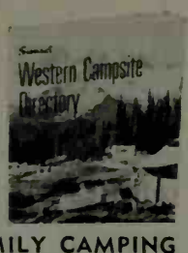

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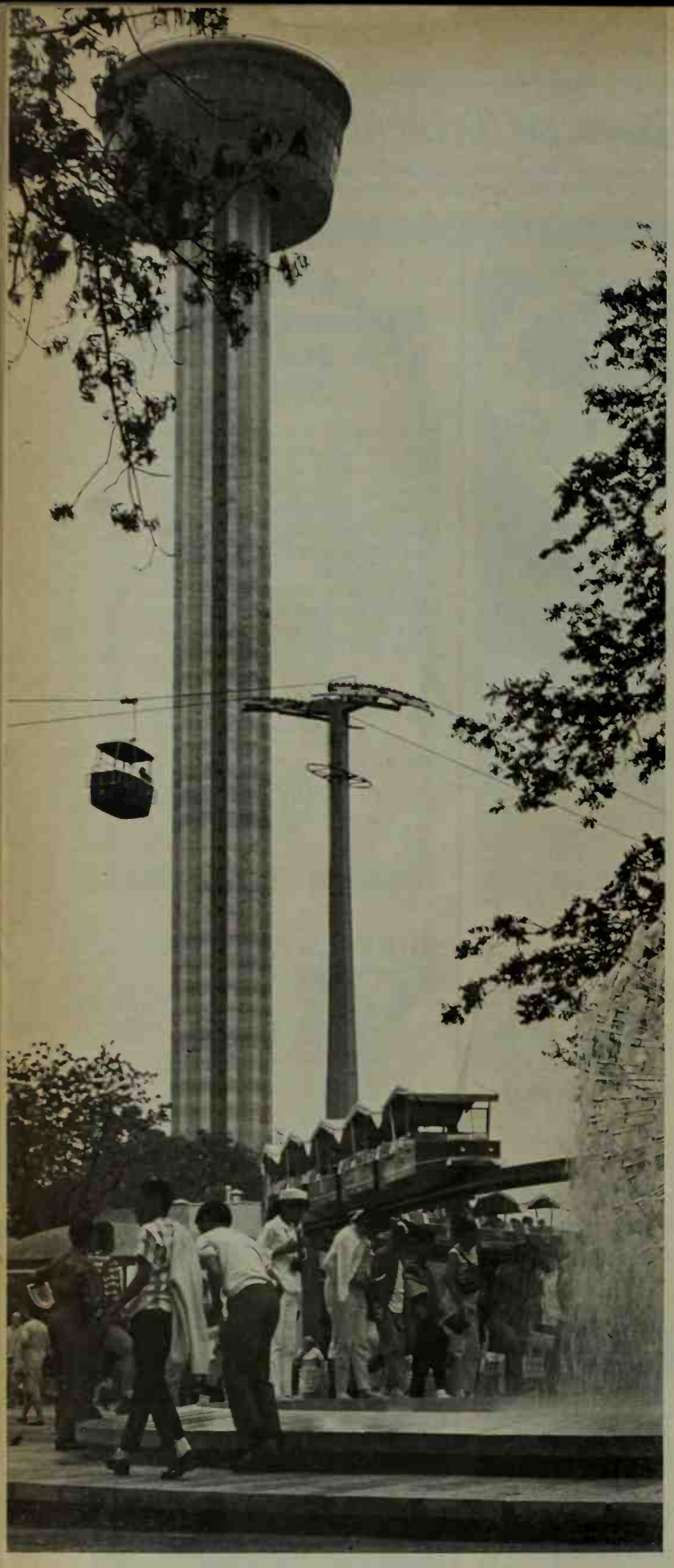

Tower of the Americas *soars 622 feet above HemisFair; ride to top costs $1. You can tour the fairgrounds by monorail ($1), funicular (50 cents), or boat (75 cents); children under 12, half fare*

HemisFair *features landscaped waterways, g lawns, shade trees, and fountain-splashed p*

Texans make a colorful show of HemisFair

Since opening day, April 6, over a million visitors have strolled the flag-bedecked promenades of HemisFair in San Antonio. Landscaped waterways meander through a parklike maze of pavilions and plazas, and broad, tree-lined walkways crisscross the 92-acre grounds.

On a three-day visit last month, we were favorably impressed with the new "world's fair." Among the many spectaculars, we particularly recommend the show at the U. S. Pavilion's Confluence Theater, and Alexander Girard's imaginative exhibit of Latin American folk art. Altogether there are more than 50 pavilions on the grounds.

The fairgrounds open each morning at 9 and remain open until midnight. Most of the governmental pavilions are open from 10 A.M. until 10 P.M. These and the other exhibit halls are air-conditioned, which is a help considering the nature of the central Texas summer. Evenings are the best time for strolling. Temperatures after dark are pleasantly mild, and the fair becomes a fantasy of light and color.

HemisFair closes on October 6. If you are considering a visit, write Visitor Services, Box H, San Antonio 78206. Back will come literature on events, prices, lodging.

Going Hawaiian is too good a thing to rush

x and enjoy it. Go iian aboard Matson's rline.

her you spend five ruising between Cali- and Honolulu, or 15 cruising to Hawaii's major islands, you'll to unwind and enjoy he way Hawaiians do. omfortable Polynesian phere of the SS Lurline ase you into a carefree iian mood. You'll live the sun will always , the weather will al- be fair and everything ake care of itself.

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You can expect to be treated to service in the Grand Manner of Matson; service that has all but vanished from life on land.

You can order breakfast in bed. (And be sure to try the fresh papaya.)

You can learn the hula. Our Hawaiian instructor will have time to help you get it right.

You can hold a party in your stateroom. We will send our written invitations to your friends and provide help for the occasion — complimentary of course.

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You can request our ship's Hawaiian Trio to play your favorite Island songs.

The SS Lurline sails every week between San Francisco or Los Angeles and Honolulu. Five times a year it makes special 15-day all-expense cruises to the four major islands of Oahu, Kauai, Maui and Hawaii.

Either way is the best way to see Hawaii. You'll have a lot of fun while you relax at the same time. And that's the best way to go Hawaiian.

For a booklet giving you a day-to-day account of a Hawaiian cruise aboard the SS Lurline, see your travel agent or write Paul Thompson, Matson Cruise consultant, 110 Mission Street, San Francisco, California 94105.

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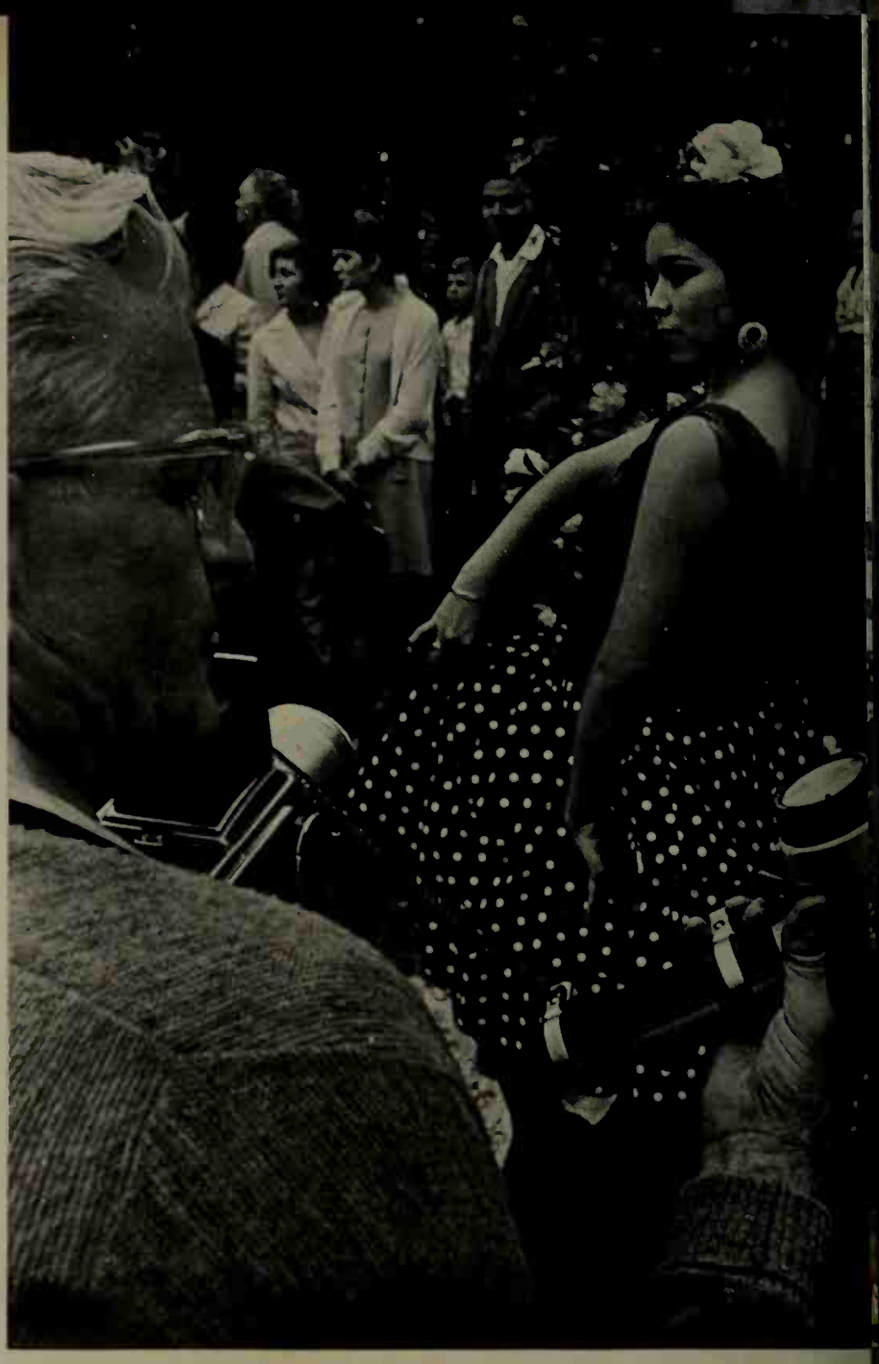

Spanish dancer *Melín Barnett poses outside El Paseo, where she performs. Fl lighting shadows is needed less on typically gray June days than on sunn*

Stairs, *balconies serves as backgrounds. One set of prizes is for street pictures*

If you are in Los Angeles in mid-month...

On June 15 . . . bring your camera to Olvera Street

Little *Carolina Tanzini's elaborately embroidered costume reads best in close-up*

From 1 to 4 P.M. on Saturday, June 15, Olvera Street — next to downtown Los Angeles—will blossom forth with bright-colored flower decorations and costumes, and characters not normally seen on the block-long street.

The occasion is Flower and Camera Day. It is an event designed for photographers, and photographers participate with such gusto that they are as interesting of the happening as the models, the and the backgrounds.

The models will include those pi plus others evocative of Old Me water carrier with shoulder yoke, a with panniers sprouting bright pape ers, a potter, perhaps a serape wea Visitors who do take pictures are i

ever said Wide-Tracking was all play and no work r bossed our Executive wagon.

wagons are, above all else, Pontiacs. Which, in the that Executive Safari regaling you below, means a -in. V-8 cunningly connected to Wide-Track. A designed to make you forget you're driving a wagon, hen you're using every inch of Executive's 91 cubic cargo space.

urse, design a station wagon that's all work and no d you design a truck. Which is why Executive also comes with expanded Morrokide (man's answer to deep, soft leather), simulated wood, electric clock and other plush interior touches. So that even when you're not using our Executive wagon as a wagon, you'll be glad you own one.

At this point, you're probably expecting us to say that this luxury/power philosophy applies to all seven Pontiac wagons. And you're right. From our Bonneville right down to our lowest priced Tempest model. After all, they're Pontiacs.

this Executive Safari is great, wait until you see our Bonneville, Catalina, Tempest Safari and Tempest Custom wagons.

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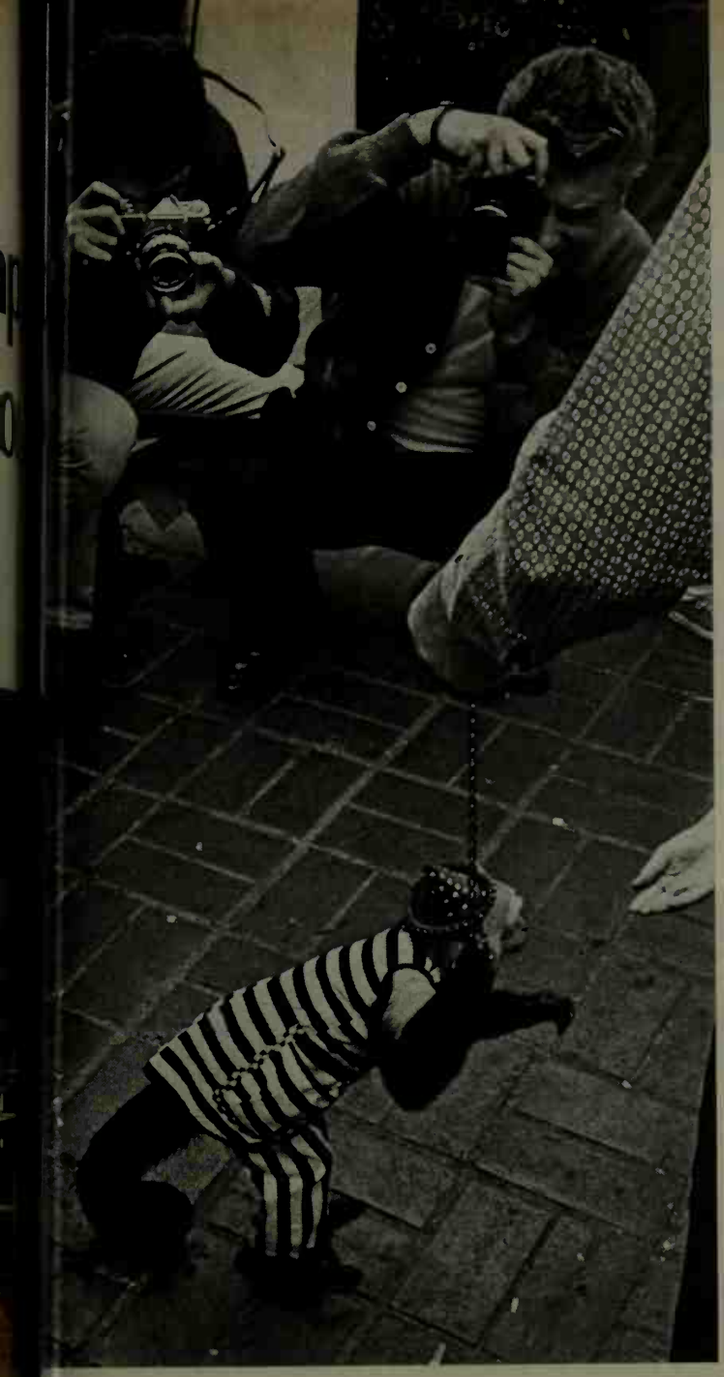
It's Flower and Camera Day...



pictures *of monkey are taken at child's eye level. He is Sam, o, or Pepper—assisting resident organ grinder Fred Jones*

Bold mass *of* charra *hat helps subject to stand out from surrounding visual confusion—as do simple blouses, costumes*

GLENN CHRISTIANSEN

Charra *looks at stereo viewer. Costumed group* Las Adelitas *is named for women insurgents in the Mexican revolution*

al charro *and charra, Sr. Marcelino Rodríguez and Sra. Tere- Olivos, will be there. Note his decorated hat and her tie*

to enter their best prints and slides in a competition. Just deliver them to the Los Angeles City Photography Center, 412 S. Parkview St., on July 22. Prizes will be awarded that same day for the best "theme" photographs (showing Olvera Street) and the best "general" photographs (those with no specific location) in color and black-and-white. For details, including format, telephone (213) 383-7342 or write to the Photography Center.

WALTER J. HICKEL
GOVERNOR

STATE OF ALASKA
OFFICE OF THE GOVERNOR
JUNEAU

April 17, 1968

Mr. L. W. Lane, Jr.
Publisher
Sunset Magazine
Menlo Park, California 94025

Dear Bill:

As you and other members of the Sunset staff know, I have long felt that the State of Alaska should become a part of Sunset's editorial service area.

So I am very pleased to learn of your decision to make Alaska a part of the Sunset family of Western states.

Mrs. Hickel and I have for many years enjoyed Sunset in our home, even though you have not encouraged Alaska circulation.

As a businessman, and now as Governor of Alaska, I have felt that Sunset's editorial subject matter and Western regional service have strong appeal for families in Alaska. From the visits many Sunset people have made to Alaska over the years, I know you are aware that our way of life is closely related to life in the other Western states that you serve.

Sunset has been a firm friend to Alaska and a leading authority on travel within our state, and I have long been aware of Sunset's knowledge of Alaskan economic growth and how important this growth is to the Western and Pacific Ocean areas served by Sunset.

On behalf of the people in my State, we look forward to increasingly close ties between Alaska and Sunset, and we extend a cordial invitation to all Westerners to visit their 49th stat

Warm personal regards.

Sincerely yours,

Walter J. Hickel

Walter J. Hickel
Governor

ALASKA joins California, Utah, Arizona, Oregon, Washington, Nevada, Idaho, and Hawaii to boost *Sunset's* editorial service area to 9 Western states

For almost 40 years now, *Sunset* has been edited as *The Magazine of Western Living* with its circulation primarily confined to a limited number of Western states. Circulation outside this area was and is discouraged, chiefly by charging a higher subscription rate and with no discount for long-term subscriptions. In all states east of the Rockies, *Sunset* is not sold on newsstands.

The states that make up *Sunset's* basic circulation area are as different as Hawaii and Utah, Oregon and Arizona, California and Idaho, but they do have many things in common. Among these are a recent frontier heritage, modern urban and suburban living next door to wilderness, an interest in and an acceptance of innovations in daily living.

Why have we waited so long for Alaska? For a long time we simply felt that too much of *Sunset's* editorial content wouldn't apply adequately to the realities of Alaskan living. We felt that not enough of *Sunset's* how-to-do-it articles would be useful to Alaska readers.

But times change and conditions change.

Alaska's climate hasn't changed, of course. It's still exactly what it's always been, mild and moist in Southeastern, not so mild but not too difficult along the southern coast, and with winters that encourage tall tales in the Interior and the Arctic.

Other things have changed. The jets have almost wiped out the historic time gap between Alaska and the lower mainland 48. Air freight has brought fresh produce from California in hours, couturier fashions from New York overnight.

Alaska is still the frontier, but suburban Anchorage today is definitely not the frontier. Life at home in Alaska is changing, not just in Anchorage, but life at home in Valdez, Cordova, Sitka, Haines, Fairbanks, Wrangell, Juneau. And as it does, *Sunset's* how-to-do-it articles on house planning, remodeling, landscaping, cooking, entertaining, all will prove increasingly useful to increasing numbers of Alaskans.

Alaska has always been a part of the American West, and for the last 70 years, so has *Sunset*. Alaska really got its start in 1898 when Nome and the Klondike opened everything up. *Sunset* got its start the very same year.

Sunset's Alaska readers receive *Sunset's* Pacific Northwest edition. Much of its content fits Alaskan conditions. Not all of it does, as Alaskans will very well understand.

But the garden information we publish can be most helpful throughout Southeastern—from Ketchikan to Skagway.

Our cooking and entertaining articles are based on Western foods, including Pacific salmon and Alaska king crab.

Our house planning and remodel planning articles should be stimulating and useful to families throughout Alaska. So should the many craft articles we publish.

Our travel articles concentrate on travel in the Western states (including this month's lead article on Mount McKinley National Park), but *Sunset's* issues carry additional travel reports from almost anywhere in the world, and Alaskans are great travelers.

Until now *Sunset's* subscription price in Alaska has been $5 each year (the same rate we charge in all states except California, Oregon, Washington, Nevada, Idaho, Utah, Arizona, Hawaii).

Starting with this June 1968 issue, *Sunset's* subscription price to Alaskans drops to $3 per year (two years $5, three years $6, four years $7).

The lead article in this new June *Sunset*, quite appropriately we feel, is on Mount McKinley National Park. It is the work of three different *Sunset* editors who visited the park in 1966 and 1967 to hike, explore, make notes, and take photographs.

To our present Alaska readers and the many new Alaska readers we hope to serve in the years ahead, we send our best wishes. We hope you will enjoy forthcoming issues of *Sunset* and will find them both stimulating and useful.

Through watery hinterlands ...away from roads, dams, and motorboats...in a rented canoe or canoe of your own

In the days of Indians, voyageurs trappers, the canoe was a classic co ance for wilderness explorers. More a century later, it's still hard to be travel through watery hinterlands from roads, dams, and motorboats.

The standard-size canoe built tod light enough for one man to carry, s enough to haul two adults with all equipment and supplies. And in the we keep discovering good canoeing w previously overlooked.

In such waters through attractive w ness, few modes of transport are pleasant. You can dally if time per and fish and sightsee as you mosey a Yet if you're strong and experienced can cover as much as 25 miles a day lake or other flat water; more wh stream current speeds you along.

You can carry considerably more ge a canoe than in a back pack, a fac

Gliding along *west shore of Buttle Lake in Strathcona Provincial Park on Canada's Vancouver Island. Motorboats are allo*

g to outsdoorsmen who are not iastic about Spartan wilderness g. A canoe laid on its side, with tarp to complete a lean-to, makes dry tent.

herever you head in the West for ng vacation, you can take advan- whatever water you come aeross strap a canoe atop your car.

dard car-top carrier, car-top rack, vy-duty ski rack will hold it. One er the canoe securing it to the rack on't slip from side to side, and two lines from the front and back of noe to front and rear bumpers, are . Well secured (strong rope, good and no slack), a canoe will ride on a car easily at 50 or 60 mph.

G AND RENTING CANOES

n buy or rent canoes of wood, can- bber, fiberglass, or aluminum. All

ROHN ENGH

Back pack *holds cargo for portage. Note life belt (around waist)—standard gear*

are similar in shape. Because they are lightweight and durable, the aluminum and fiberglass canoes are probably most widely used.

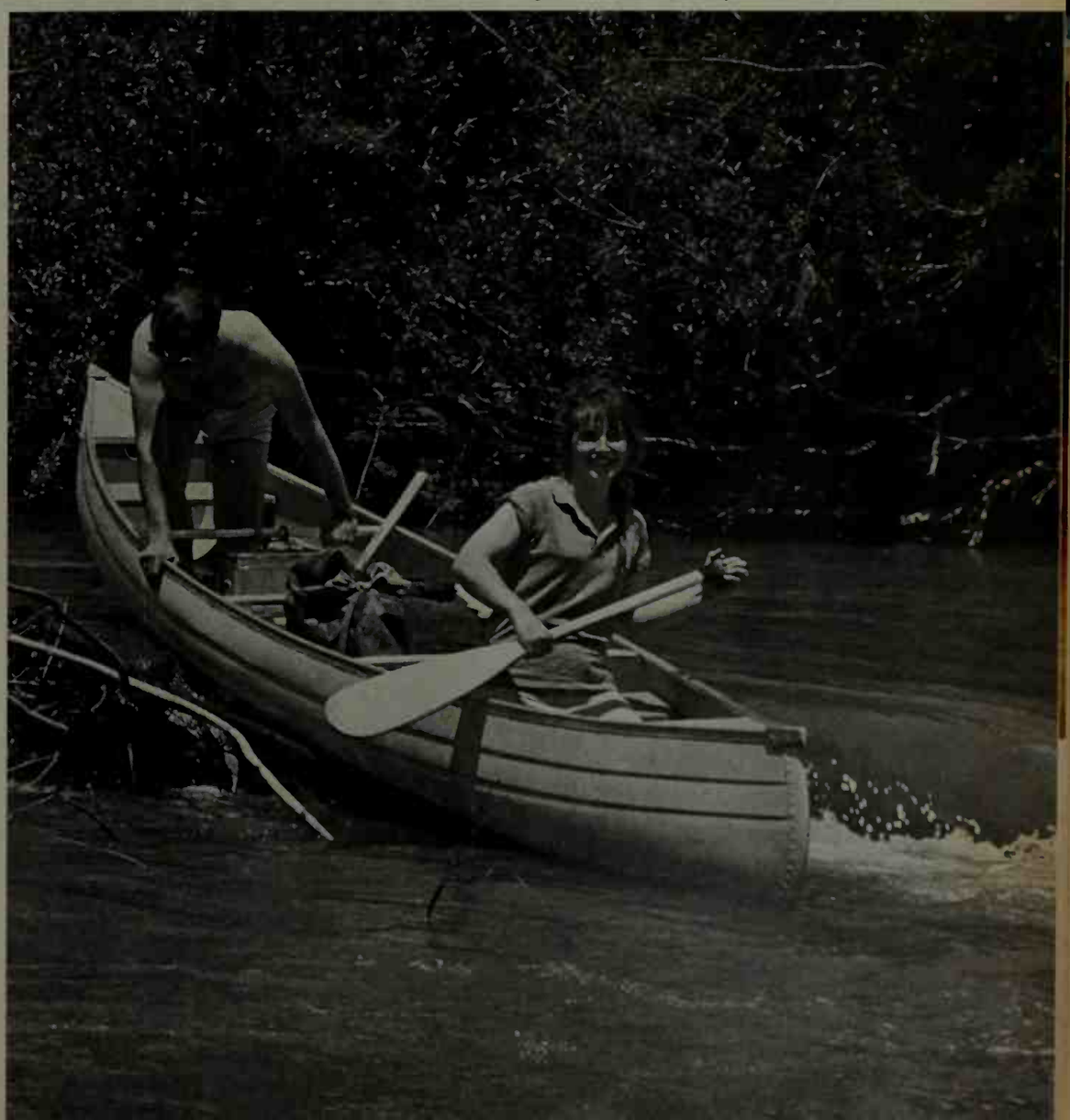
Many canoes built today have flotation tanks built in, usually in the bow and stern. Even when swamped and full of water, these craft will support two men and all their gear without sinking.

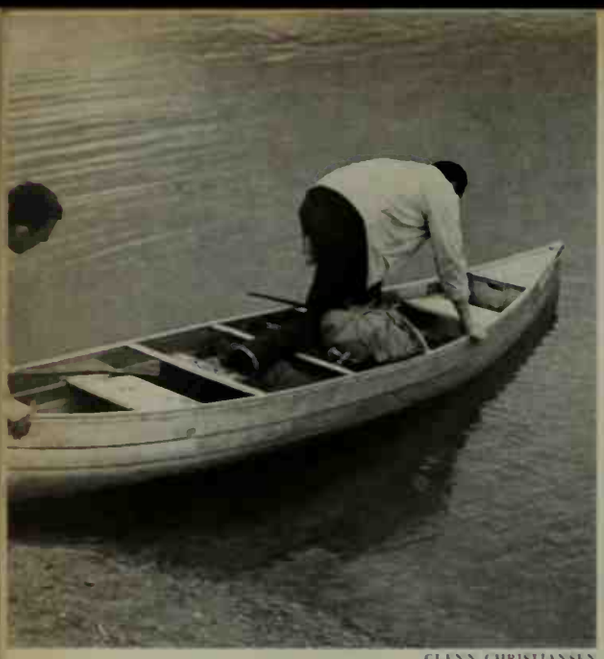
Canoes range from about 14 feet long, weighing 50 to 70 pounds and carrying 400 to 700 pounds, up to 16 to 18 feet long, weighing 80 to 100 pounds and carrying 800 to 1,200 pounds. For a 14 to 16-foot canoe of good design and workmanship, you can expect to pay from $175 to $250.

In many of the West's cities you can rent canoes by the day or week—look under *Boat rentals* in your telephone book. Costs vary but are usually quite reasonable: $12 to $20 a week, which often

, *but they aren't bothersome*

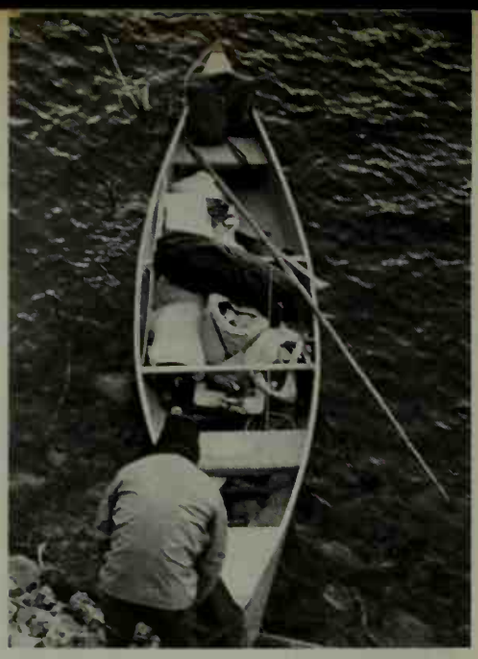
A temporary hang-up *on brush obstruction nesting in northern California's Russian River*





GLENN CHRISTIANSEN

Sternman *walks up center of canoe while partner holds it steady and pushes off*



It isn't desirable *to load canoe to capacity, but it will hold a surprising amount*

Sternman *uses J-stroke (dotted line motion) to keep canoe traveling s*

Canoes are light, strong, quiet, buoyant, tippy. With paddles, poles, even a sail, the going is easy

Pole the canoe? *Sometimes, in very shallow water, poles work better than paddles. Here, going upstream, the trick is to keep bow from turning and pointing downstream*

includes a car-top rack for carryi canoe.

THE CANOEING EXPERIENCE

Canoes are deservedly popular. Because they draw only 3 to 8 inc water (loaded with two passenge their gear), they can be paddle water most other boats can't navig fast, shallow water, a practiced cr often pole a canoe upstream. Wh countercurrent proves too rapid to through, the canoe can sometim towed on a line from shore. Or it portaged—carried over short stret land between navigable waters.

Even in rough water, canoes are s ingly stable if you are careful to p quarter them into the waves. Th handle well in following wind and (One shouldn't, however, press hi too far: On large bodies of water winds can come up quickly, stay to shore. Not only is this safer, bu inlets, wildlife, and good camping are best seen from close in.)

The canoe is well suited to certain spot adaptations. For example, it fitted with a makeshift sail to go wind. If you do this, hand-hold the (line or lines holding sail into wi you can let go if a heavy gust hits.

In a successful experiment on Butt in Canada during a heavy blow, we that two canoes lashed together ca ran style, and rigged with a small s paddle rudder, could sail dow through 3-foot whitecaps with n culty at all.

For crossing large bodies of open canoes can be equipped with sma board motors (though some purists object). Some canoes have flat rea soms for mounting motors more eas

When loading your canoe, place h gear—stove, tools, heavy duffel—

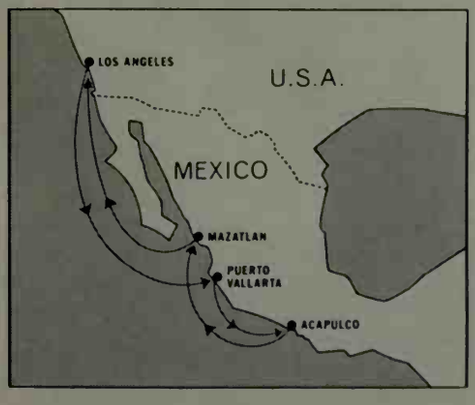
Take a princess to Acapulco this summer

This summer, why not make your vacation something special? Take your e on an 11-day, play-all-the-way ncess Cruise from Los Angeles Puerto Vallarta, Acapulco and zatlan. The "Princess Italia" is ır magnificent resort ship, tom-built for cruise fun, with -size swim pool, gym, theatre, nges, night club and an elegant ing salon. During the day you m, enjoy deck games, or just and soak up the sun. At night ı can go topside to watch the onlight dance on the waves or y inside to enjoy parties, gaming, ertainment and special events.

At each port you go ashore to explore, swim in the surf, sightsee and just plain have a ball. Then you return to the "Princess Italia's" delicious meals and fine accommodations: each stateroom comes complete with phone, music, TV, individual air-conditioning and private facilities.

Take your princess to Acapulco this summer. The new "Princess Italia" sails July 15, 26; August 6, 17, 28; September 8. Fares from $375 include all meals, service and entertainment aboard. Plan to join us. OK? Ole!

SAFETY INFORMATION: The Princess "Italia," registered in Italy, meets International Safety Standards for new ships developed in 1960 and meets the 1966 fire safety requirements.



For helpful information and a colorful folder, send this coupon to a travel agent. You'll find some listed in the Yellow Pages.

Hey, friendly travel agent!

Please send me a colorful folder on 11-day Princess Cruises to Mexico this summer. OK? Ole!

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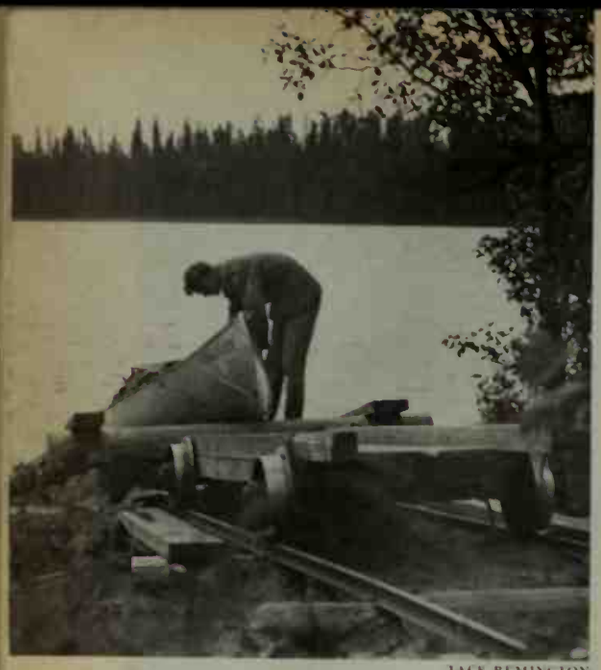


JACK REMINGTON

A railroad handcar *to carry your canoe is available at two of Bowron Lake portages*

RUTH KIRK

Beaver canal *provides a canoeing path through a shallow swamp in Lake Ozette*

bottom. Use watertight sacks or heavy plastic or rubber to hold sleeping bags, clothing, and perishable items. Lash all cargo into the canoe.

WHERE TO CANOE

Lakes that penetrate back country and moderately slow rivers through wilderness particularly attract canoe explorers. Rivers you do not know well are tricky because of the uncertainty of what may lie around the next bend. Until you are experienced and confident in your ability to run white water, avoid raging rivers.

Though most Western national parks are too up and down to provide placid canoeing rivers (an exception, if established, will be the proposed Redwoods National Park in northern California), some parks —Olympic, Yosemite, Yellowstone—have quiet lakes, big and small, where yo canoe on waters prohibited to motor (In general, it's wise to keep well from motorboats because their wak set a canoe bobbing violently.)

Many high mountain lakes in the cades and the Sierra have road acce launching, but offer far shores dev civilization's intrusions. Hundreds of and dozens of streams and rivers in W ington, Oregon, and northern Cali remain fairly remote.

The lower portions of several rive the west side of Washington's Oly Peninsula offer fine canoeing, as do peninsula's Lake Ozette. Canoeing o water is increasingly popular in Wa ton's Puget Sound where there are administered small islands for can Many rivers, or long portions of th Washington, eastern Oregon, and flow smoothly enough through inter country to provide grand canoeing e ences. The rivers of Oregon's Willa Valley, and most of California's R River, can offer excellent canoeing.

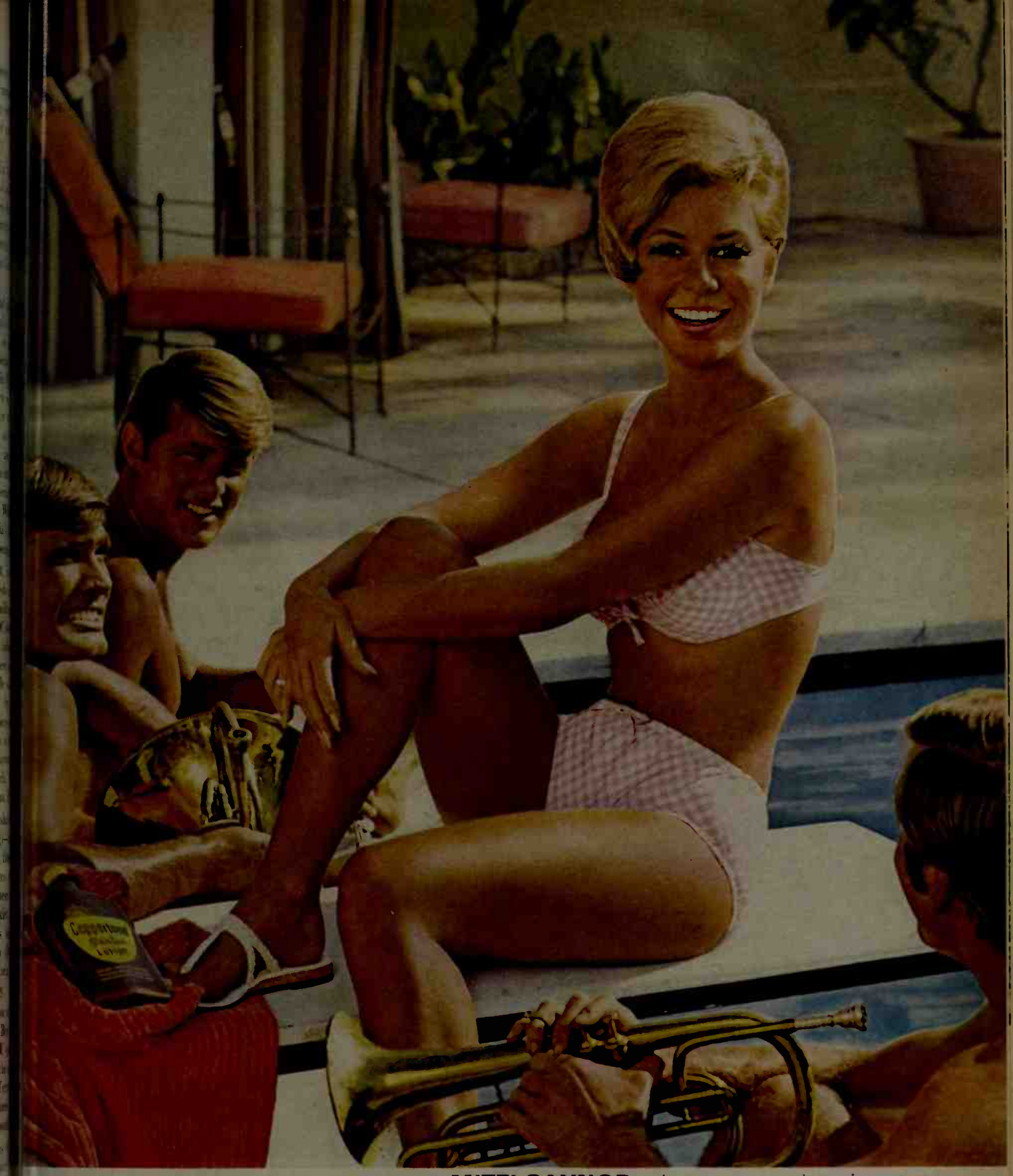
Canada, today, as in the past, is canoeing country with hundreds of nificent and challenging possibilities of the most famed is British Colu Bowron Lake Provincial Park (abo miles north of Vancouver), where yo make a loop trip on a 73-mile cha lakes and streams connected by portages. This inspiring wilderness a ture is thoroughly described in a fr noeing guide to the park, *Bowron Park* (Provincial Parks Branch, B Columbia Government, Victoria, B.

Several lakes on Vancouver Island excellent canoeing (and fishing)—S Comox, Great Central—and ther dozens of voyaging possibilities o rivers of British Columbia. These will be described in a free booklet s uled for publication late this su *Canoeing in British Columbia* (D ment of Travel Industry, Victoria). can write now to reserve a copy.

You can rent canoes in the major cit western Canada. The Hudson's Bay pany of Canada has begun a "U-pa canoe service at $25 a week in the c provinces and the Northwest Territ For details, write to Northern Stores, son's Bay House, Winnipeg, Manito

Basic canoe paddling strokes ca learned quickly—in half an hour of paddling. The "J-stroke" is the important. It helps the single paddl the rear paddler in a two-man team, the canoe moving in a straight line excellent introduction to canoeing nique is the merit badge pamphlet *noeing* (Boy Scouts of America, Brunswick, N.J., 1966; 35 cents).

Canoes *lashed together (1½ feet space tween). Sail was made from a ground cl*



MITZI GAYNOR—glamorous motion picture star

"Coppertone gives you a better tan"

C'mon, join the tan-ables! Get the fastest tan with maximum protection. That darker, deeper, richer tan . . . skin that feels satiny soft, smooth. Let Coppertone give you a better tan! More people rely on its exclusive moisturizing-tanning formula than any other suntan product in the world!

Tan, don't burn, use Coppertone.®

Products of Plough, Inc. Also available in Canada.

Young shoppers *pause at a produce stand at Lucerne's riverside open-air market*

On Tuesday mornings
and Saturday mornings

Walking in old Lucerne

Walking is often the best way t
acquainted with a town. That is cert
true of Lucerne. In fact, a two-hour
through its old part provides an exc
introduction to some of the charm
central Switzerland. On this walk yo
see many painted building fa
some adorned with elaborately c
and painted *Erker* (projections); fl
bedecked fountains; and covered w
bridges.

The tour we suggest is particularly e
able on a Tuesday or Saturday mo
when open-air market stalls line the
of the Reuss River near the Kapellb
(Chapel Bridge) seen in the photo
below. Families from the outlying dis
bring in their produce and flowers t
You might also see stalls with fish
still swimming in tanks), fowl, and
for sale.

Lucerne is located at the northwest e
Lake Lucerne at the outflow of the
River. The town originated as a
fishing village, then grew in impor
as trade routes developed.

In medieval days the octagonal
tower in mid-river guarded the to
the water side, while on the mou
large square towers connected by a
wall protected the town from the
The two covered bridges across the
were built later.

THE OLD TOWN

You can begin your walking tour ne
Schwanenplatz, a square at the nort
of the main traffic bridge, Seebrück
map on page 45).

Walk westward toward the Kapell
passing a fountain and the chapel
Peter. Continuing down Kapellg
you'll come to the Kornmarkt, the s
where the Rathaus (Town Hall),
in the seventeenth century, stands.
recognize it by its tall square t
Nearby, the Gasthaus zu Pfister
brightly painted walls.

Many wrought iron signs and flower-
window boxes adorn the buildings

Kapellbrücke, *built in fourteenth century, crosses river near Lake Lu*

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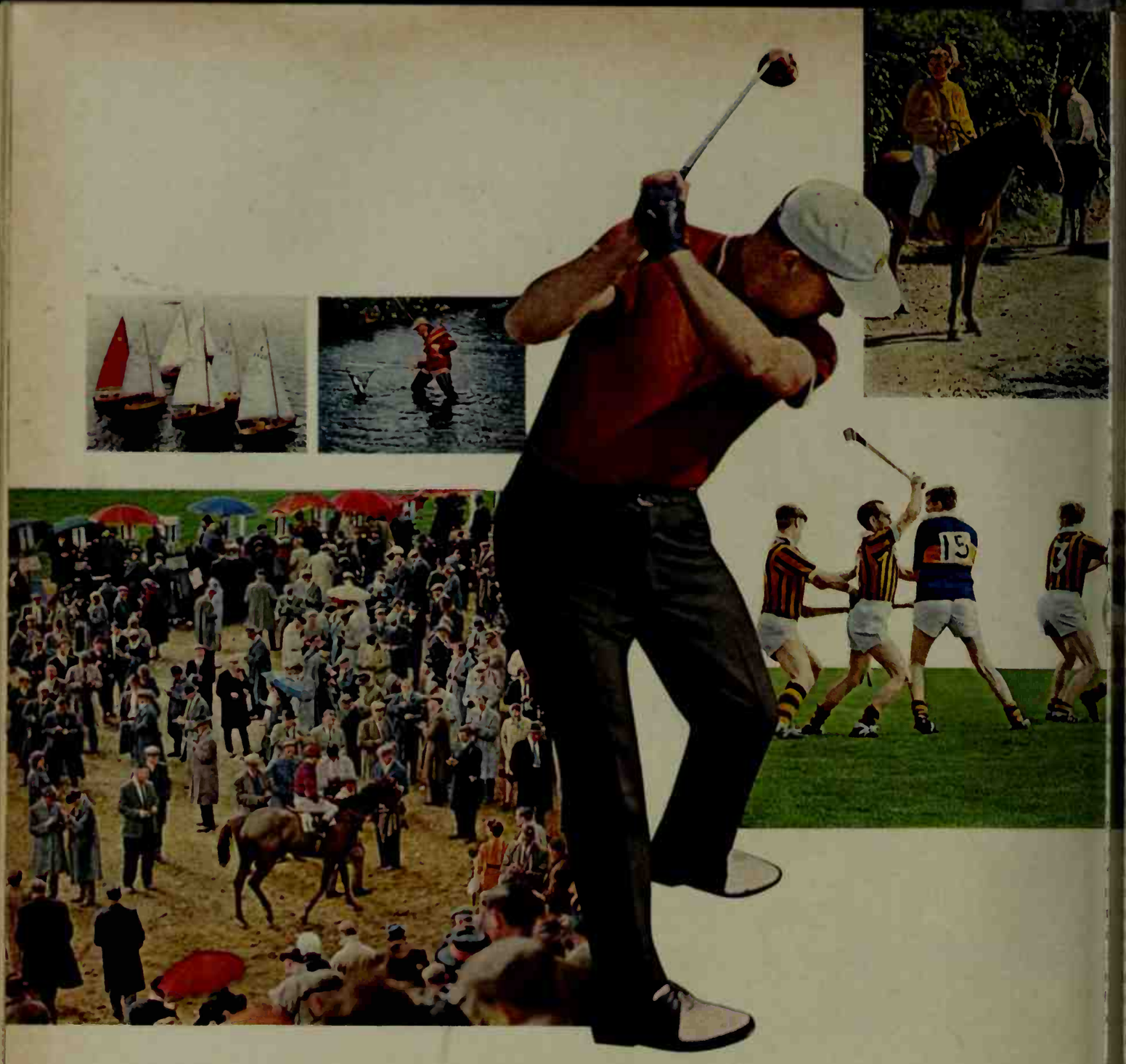
Q. How many beans are in the box?

A. About twice as many beans as you'd find in a normal station wagon.

If you can put $2616.00* into a Volkswagen Station Wagon, you can put exactly 1,612,462 beans into a Volkswagen Station Wagon.



Someone suggested Ireland is one big sportsman's holiday.

Could be.

Tee off beside sunlit surf . . . sink a putt on lush green links . . . see the ball fly against a backdrop of mountain crags. You're golfing in Ireland, on any of the 219 courses that include the finest in the world.

And perhaps nowhere else in the world is the setting and mood for the sportsman so vivid and varied. You'll see it in the spectacle of the Dublin Horse Show . . . the color and excitement of a hurling match . . . the exhilaration of a ride to the hounds . . . the serenity of a pony trek through the Gap of Dunloe.

If you've a feeling for fishing, cast your line in shining lakes or crystal streams teeming with trout and salmon.

Sailing is superb. So is hiking and cycling. So is Ireland.
Get into the holiday spirit on an Irish International Airlines jet. In both first class and economy, you can relax a enjoy the service, good e and hospitality unique to Ireland. Depend on Irish the only airline with dail year 'round service to Ire —Shannon, Dublin, Cor Belfast. Call your Travel or Irish International Ai

JET IRISH

IRISH AER LIN

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OFFICES IN: New York, Boston, Chicago, Cleveland, Dallas, Detroit, Los Angeles, Montreal, Philadelphia, San Francisco, Toronto, Vancouver, Washingtor

harktgasse, the narrow street lead- the Weinmarkt. You may want to at this attractive square with its painted buildings and its Renais- fountain.

RED BRIDGES

nue on to the river via Kramgasse ühlenplatz. Here the Spreuerbrücke Bridge), one of Lucerne's two d wooden bridges, crosses the This bridge was built in 1407 and d during the nineteenth century. nder the roof, painted several ies after the bridge was built, depict e of death. There's a small chapel center of the bridge.

crossing the river, turn left onto rgasse for a short distance. When ach a small square with a fountain, an return to the quay and walk the river.

are benches under the trees in case like to stop to watch the water- activity and look at the town's in- ing buildings and spires. The towers all of the Musegg fortifications be- he old town are seen best from this ge point.

nue walking along the river until each the Kapellbrücke. On the way see more buildings with *Erker*, more w boxes overflowing with flowers, nother fountain or two. The baroque h you pass is the Jesuit church.

Kapellbrücke, across the river near ake, and the Water Tower have be- the symbol of Lucerne.. The 200- long footbridge was built at the ning of the fourteenth century. r the roof beams, more than a hun- paintings on wood depict the origins history of the town up to the six- h century when the paintings were . Verses in German explain the res.

e open-air market is in operation, nay want to stroll along the quays on sides of the river near the bridge. of the colorful stalls will shut down nd noon or a little later.

Many buildings *facing Weinmarkt square have elaborately painted façades, wrought iron signs, flower-filled window boxes*

MUSEGG WALL

If you have time for another short walk, you might take a look at the Musegg wall built in the fourteenth century to protect the old town. Nine towers, connected by a wall, comprise the largest remaining medieval fortifications in Switzerland.

To reach this wall, you can take any inviting street that heads in an uphill direction. At the top you will come to Museggstrasse, which follows along the base of the wall.

Sehirmer Tower, near the center of the wall, is open to the public. You can climb stairs into the tower, and also walk along the top of the wall for a short distance. A small park is below.

lking tour *through the old town of Lucerne follows route shown by colored arrows*

The most complete hotel in Tokyo.

(Maybe the world.)

For example, you can live in a luxurious air-conditioned room, swim in the pool, dance until 2:00 a.m., hold an international conference for 1,500, book a tour, see a museum, learn flower arranging, unwind in a spa, go to the post office, enjoy your radio and TV, dine French or Italian or Swiss or Scandinavian or Spanish or Cantonese or Japanese in 7 unique restaurants, admire a river roof garden, be served by 1,070 experts, telephone from the bathroom, shop leading Tokyo stores, get a haircut, rent a car, take a turkish bath, sleep *tatami* style or in superb Western type accommodations and view Mount Fujiyama all without leaving the quiet, peaceful grounds of Hotel Okura. And if you walk across the street, you're at the American Embassy.

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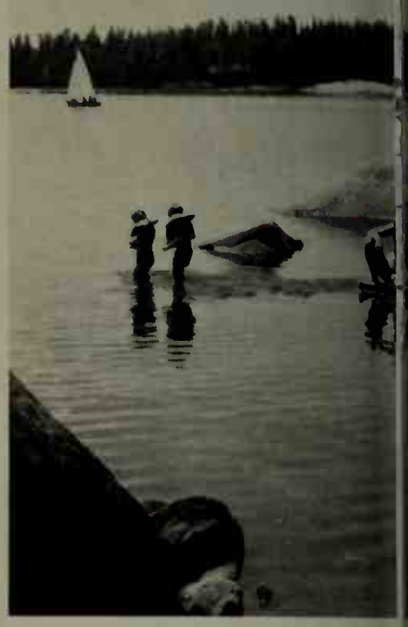
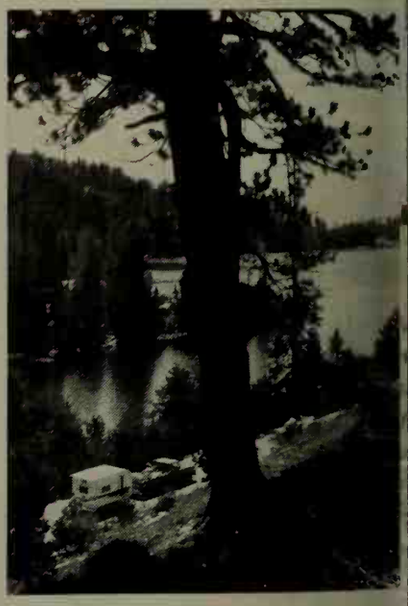


Except *in shallow, protected cov*
lake water stays cool all through s

Lake Alpine . . an easier driv

For years the upper reaches of Cal
Highway 4 approaching Ebbett
have been tortuous and twisting. N
prisingly, in 1967 this road carrie
1/100th the traffic flow of the broa
Donner Pass highway (Interstate
the north.

But late last fall the final narrow s
of the 50-mile stretch between
Camp on State 49 and Lake Alpi
widened and repaved. Now a tw



Three campgrounds *dot the lakesho*
welcome trailers. View is looking

BRITISH OLUMBIA

The jolly green place to go!

t. Verdant. Varied. That's British Colum-. From the hushed splendour of Cathed- Grove on Vancouver Island to the steep ountains of the Kootenays. Lively, too, with broad horizon in holiday fun. Swimming d relaxing on sandy coastal beaches and sort-rimmed lakes. Trail rides and rodeos the cattle country of the Cariboo. Fabu- us trout and salmon fishing. Fascinating storic sites, including Barkerville and Fort Steele. Exciting new developments like the great dams of the Peace and Columbia rivers. In Vancouver and Victoria, there's a glittering whirl of entertainment, shops and restaurants. And throughout the province, the scenic majesty of towering mountains, rugged river canyons, wooded coastline. Experience the lush, green beauty and rich variety of British Columbia soon. But first, send for our colourful Visitor's Kit.

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BRITISH COLUMBIA,
THE 4-SEASON
VACATION LAND

Name

Address

City

State Zip

"Daddy, do you realize I'm 4 years old and I've never been to Hawaii.

Do you, too, dream of black beaches, banks of purple flowers, white-crested rollers rising up from the ultrablue sea?

Stop dreaming. Instead, go to your Travel Agent.

You don't have to tell him how old you are. Just tell him you want to go to Hawaii.

He'll show you United's 7-day, 10-day, 14-day Hawaiian holidays. He'll tell you about our new fares that let you visit all six islands, if you like, for as little as $5 per extra island.

He'll tell you that you can charge everything on United's free Personal Travel Credit Card.

He'll show you United's schedules to Honolulu or Hilo.
They're the most convenient you'll find. The most comfortable, too, because only United flies the great new Super DC-8 to Hawaii.

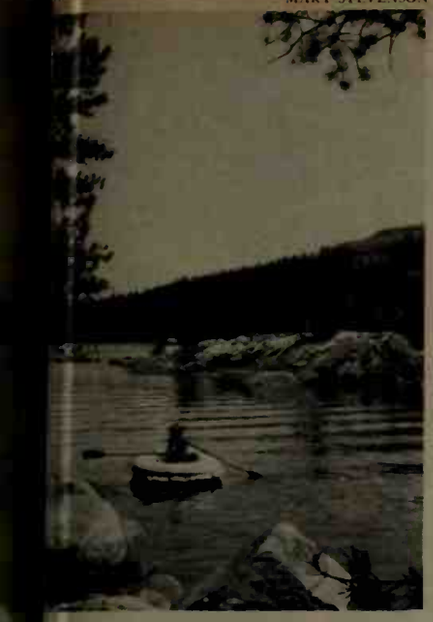
You've probably wanted to go to Hawaii for a lot more than four years.

This is your year to get away from it all. And United is the way.

"Now I'll never stop dreaming."

fly the friendly skies of United.

MARY STEVENSON



ong and less than ½ mile wide, oine is a good size for youngsters re in a rubber raft or rowboat

ay whisks you all the way from Camp up past the side roads to Cave and Moaning Cave, past the ing town of Murphys, past the e to the cool, dark stands of *dendron gigantenm* at Calaveras - es State Park, and through for- files to the lake shore.

l Lake Alpine, State 4 is still nar- the 12 miles to the summit and 16 yond.)

e makes an inviting end-point for rip from any nearby Gold Rush a welcome place to break a trans- urney.

s can choose from 27 units each at and Lake Alpine campgrounds, units at the new Red Fir camp- at the east end of the lake. Over- e is $1 per car per night. For a rite to U.S. Forest Service, Box nold, Calif. 95223.

lpine Lodge, near the lake shore, June 15 to October 1; it has cabins ousekeeping) that rent for $8 to night, plus a coffee shop and store. w Bear Valley Lodge, 3½ miles the lake on State 4, is open all has rooms costing $8 to $20 per lso a restaurant, store, and stables. um rowboats rent at Lake Alpine for $6 a day. Motorboating is per- on the lake but no water-skiing. ng children, swimming is safest at l cove near the lodge, where the is sandy and there are logs to and a float to play on.

monthly in season Lake Alpine is l with rainbow trout; best fishing ugust and September.

00 feet elevation, the lake is cool midsummer. Bring warm clothes ll be there in the evening or early g.

Kodak

Meet the sharper shooter.

The brand-new Kodak Instamatic 814 camera lets you shoot sharper, clearer pictures your very first time out. And for two reasons. One, it has the superb new super-sharp 4-element *f*/2.8 Kodak Ektar lens. Two, it does practically everything for you automatically.

Just drop in the film cartridge. Automatically, the new "814" adjusts for the speed of the film. Adjusts for the level of the light, too, with its sensitive CdS exposure control—tells you if the batteries are okay—warns you when to use flash. For easy shooting, both film and flashcube advance automatically. And the lens-coupled rangefinder helps you get a sharp shot every shot.

See this sharper shooter, less than $140, at your Kodak dealer's. Remember—no experience necessary! Price subject to change without notice.

Kodak Instamatic® 814 Camera.

How would you like to give your films a beginning, a middle, and an end.

How would you like to give your films a beginning, a middle, and an end.

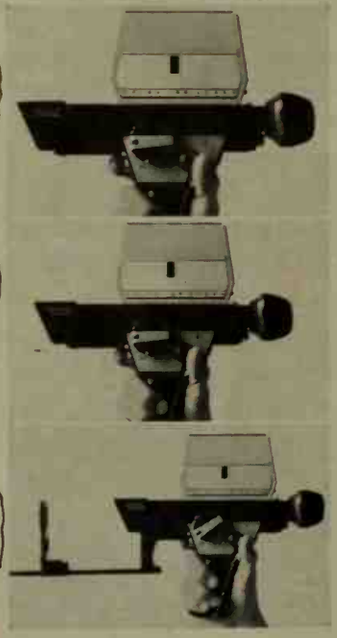
The Bolex 155 Macrozoom lets you make professional-style home movies in the camera instead of at the lab. First of all, you get the Multitrix, an incredibly versatile titling device which allows you to shoot your own titles separately, or superimposed over whatever you're shooting.

Then you get the benefit of the unique Bolex Macrozoom 8.5 to 30mm f/1.9 lens, which lets you get within one inch of your subject and still be able to focus. The Bolex 155 Macrozoom has the widest focusing range ever built into a zoom lens. With ordinary 8 or Super 8 cameras, the closest you can get is about four feet. Any closer and you'll be out of focus.

The Multitrix also makes it possible to incorporate slides and post cards into your footage, and it provides a way to do professional looking superimpositions while you're shooting, as well as special trick photographic effects, using the focusing mechanism to make your own dissolves.

Last of all, you can end your film with a title or a dissolve, instead of just letting it cut to blank leader. The Bolex 155, with Multitrix, (no extra charge) makes ordinary home movies extraordinary! For a demonstration of the endless possibilities, send $2.00 to Paillard and you'll receive an exciting color film about the Bolex 155. (Available in 8mm or Super 8.) Paillard Incorporated, 1900 Lower Rd., Linden, N.J. 07036.

BOLEX
155 Macrozoom

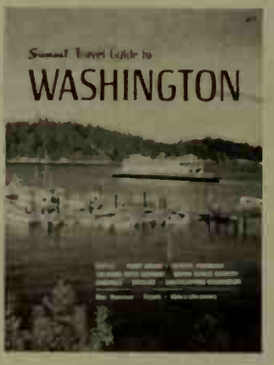


Three new Western guide book

Some travel books end up as coffee table decorations. Others get used — they lie open at your elbow as you plan a vacation trip, go with you in the car, get referred to again in hotel, motel, cottage, or camp.

The three new *Sunset* books pictured here are of the second stripe. They are meant to be of service. Each is illustrated throughout with black-and-white photographs and maps, but these are mainly adjuncts to the practical how-to-get-there and what-to-do-there text.

Price of each of the books is $1.95.



Sunset Travel Guide to Washington. A decade ago Lane Books published *Discovery Trips in Washington*—a potpourri of suggestions based on *Sunset* articles. Just before the Seattle World's Fair in 1963, this book, a like one on Oregon, and material on adjacent states and on British Columbia were all combined to form a thick volume titled *Pacific Northwest and British Columbia.*

Now the Washington and Oregon information has been revamped, updated, expanded, and published in separate books.

In its 96 pages, the book on Washington sweeps the state geographically: Seattle, Puget Sound and the San Juans, Southwest Corner, the Cascades, Grand Coulee Country, and so on. Two additional chapters reach into Idaho for a report on the lake country just across the boundary, and into British Columbia for a glance at Vancouver and Victoria.

For hikers there are descriptions of forest and beach trails in the Olympic Peninsula and other places; for shumpikers, side-road suggestions such as the old stage road over the Colockum pass between Ellensburg and Wenatchee; for the average touring family, scores of other varied suggestions.

Sunset Travel Guide to Oregon. Th
guide is as thorough and speci
Washington book, and is organi
much the same lines, except th
its chapters follow a pair of muc
north-south routes: Interstate H
from the lower Willamette Valle
land, and U. S. 97 from The Da
California border.

One chapter dips into Idaho t
ghost towns, the Seven Devils M
and Hells Canyon of the Snake.

Sunset Discovery Trips in the Rocl
book differs considerably from
prehensive Washington and Or
umes. Covering parts of Idaho,
Wyoming, Utah, Colorado, a
Mexico — encompassing alm
quarter the area of mainland U
has to be more selective.

And so it focuses on more than
cities, national monuments, pa
yons, and rivers, almost all w
air miles of the Continental D
this vast stretch of high cou
stress is on outdoor activities: h
winding trail to Sperry Glac
running the Salmon River, ca
the Grand Tetons, jeep-touring
rado's San Juan Mountains, w
about the living pueblos of New

A 14-page final chapter presen
recreation possibilities in the si

Why let fiery sunburn wreck a weekend?

SOLARCAINE stops sunburn pain!

Takes pain out of skin-nerves
Benzocaine — a surface anesthetic
by doctors.

you start to burn get Solarcaine
Cool, of course. But more,
s pain where it counts—
r skin nerves.

aine is faster — its effects
nger — than creams and
aids" that don't have a
e anesthetic. And it softens,
rizes sun-dried skin — so you
feel human again. (It helps
nt infection; aids healing, too.)

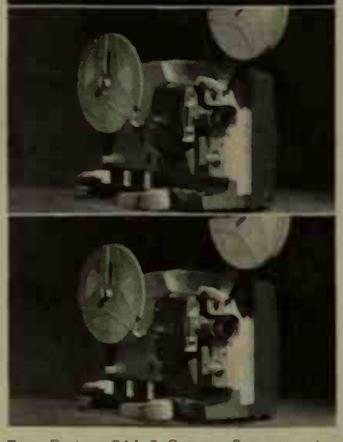
too short for burned-out week-
Stop the pain with Solarcaine.

Solarcaine takes the pain out of dozens of skin troubles from kitchen burns, to cuts and scrapes. Use Solarcaine Lip Balm for dry sunburned lips.

Quality Products of Plough, Inc.

Wouldn't it be nice to have the sound and the picture begin together?

Wouldn't it be nice to have the sound and the picture begin together?



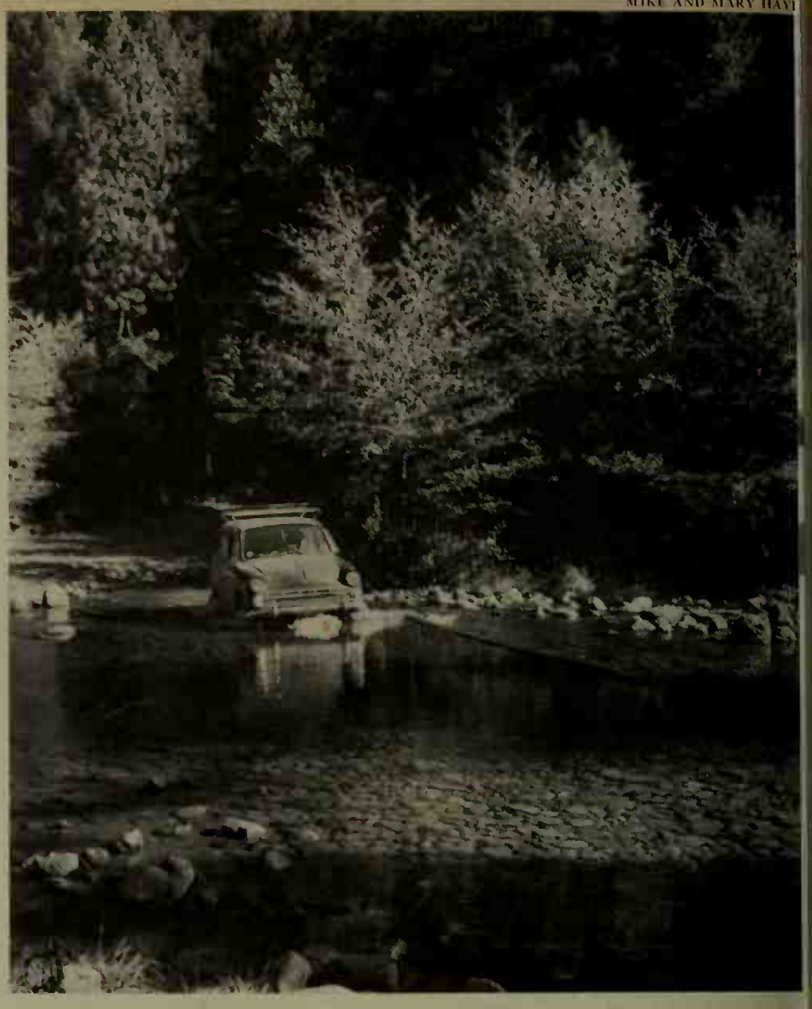
The Bolex SM-8 Super 8 magnetic sound projector is completely transistorized, so it goes on instantly. And on means the sound as well as the picture. No more warm-ups, false starts, apologies, groping, "lights on again, please" type experiences. Another remarkable feature of SM-8 is the accessory mixing console which allows you to record, mix, and erase on your film, or use the unit as a P.A. system.

Still, the Bolex SM-8 Super 8 sound projector is as simple to operate as a simple tape recorder. In fact, it's even simpler than that.

Wouldn't it be nice to have a projector that did everything right the first time? A nice Bolex SM-8 Super 8 magnetic sound projector.

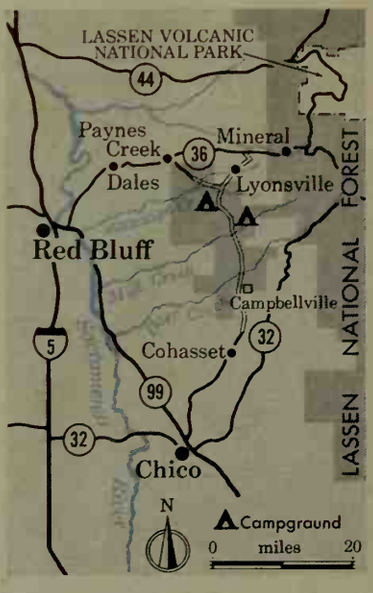
For folder and name of Bolex dealer nearest you, write to Paillard Incorporated, 1900 Lower Road, Linden, New Jersey, 07036.

BOLEX
Bolex SM-8
Magnetic Sound Projector.



At a low-water crassing, *you ford the North Fork of Antelope Cre*

It's a poke-along-and-fish route



Route *between U.S. 99, State 36*

Ponderosa Way is a narrow, wind road that snakes across a lonel of forest-clad ridges, steep-wal yons, and seldom-fished trout str tween Chico (on U.S. Highway the little settlement of Paynes California Highway 36. Consid it sometime as an alternate to Lassen Volcanic National as a leisurely poke-along-and-fi between Chico and Red Bluff.

You can drive the entire 74 mil Ponderosa Way in an ordinary p car, but the steep climbs and switchbacks between the two pa ways may prove a challenging your back-country driving skill Cohasset on the south to Payn on the north there's not a sing ment, country store, or gasolin One motorist described the ro wilderness trail for passenger ca

Leave U.S. 99 at Chico and Cohasset Ridge Road about north to the little backwoods co of Cohasset (two general stores; picnic supplies). The pavement miles beyond Cohasset, and the r rows; then you climb about 1,20 the 12 miles between Cohasset abandoned fire lookout at the o station near Campbellville.

North from Campbellville you wi

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Long, low, lively luxury!

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American Airlines

feet in about 6 miles to the pools riffles of Deer Creek, then climb feet in 15 miles to a narrow summit Mill Creek.

winding descent into Mill Creek is most challenging section of the trip, poorly maintained, loosely graveled hacks dropping 2,000 feet in a dis- of 4 miles. Black Rock Campground tree-shaded campsites on the banks

MIKE AND MARY HAYDEN

t fisherman *samples Mill Creek near k Rock Campground in Lassen Forest*

Mill Creek) provides a welcome respite the dusty rigors of the road and an ortunity for some serious trout fish- Try the dark pool at the base of k Rock falls. Then, refreshed, pre- for the 7-mile, 2,000-foot climb to summit above Antelope Creek.

the next 7 miles you cross the South, ddle, and North forks of Antelope ek, fording the latter at a low-water ssing. South Fork Campground has six amside campsites; all three forks offer mising trout fishing.

m the North Fork ford, the road bs 4 miles up an easy grade to the of Plum Creek Ridge. From the crest he ridge it's 5 paved miles to Paynes ek and State 36.

ps of the Ponderosa Way region (the galia and Mineral districts of Lassen tional Forest) can be obtained from Supervisor, Lassen National Forest, Nevada St., Susanville, Calif. 66130. quire locally about road conditions ore leaving the main highways.

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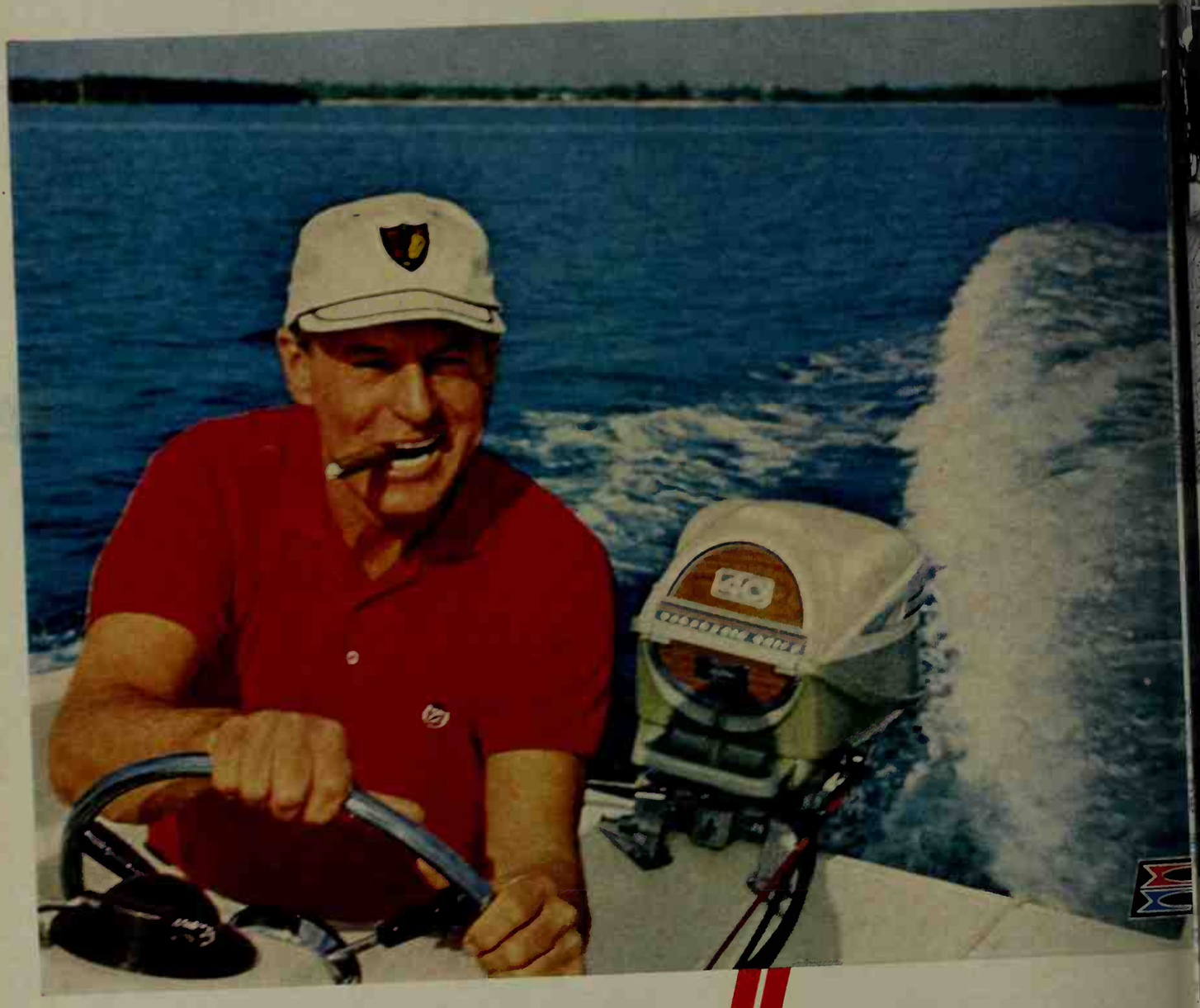

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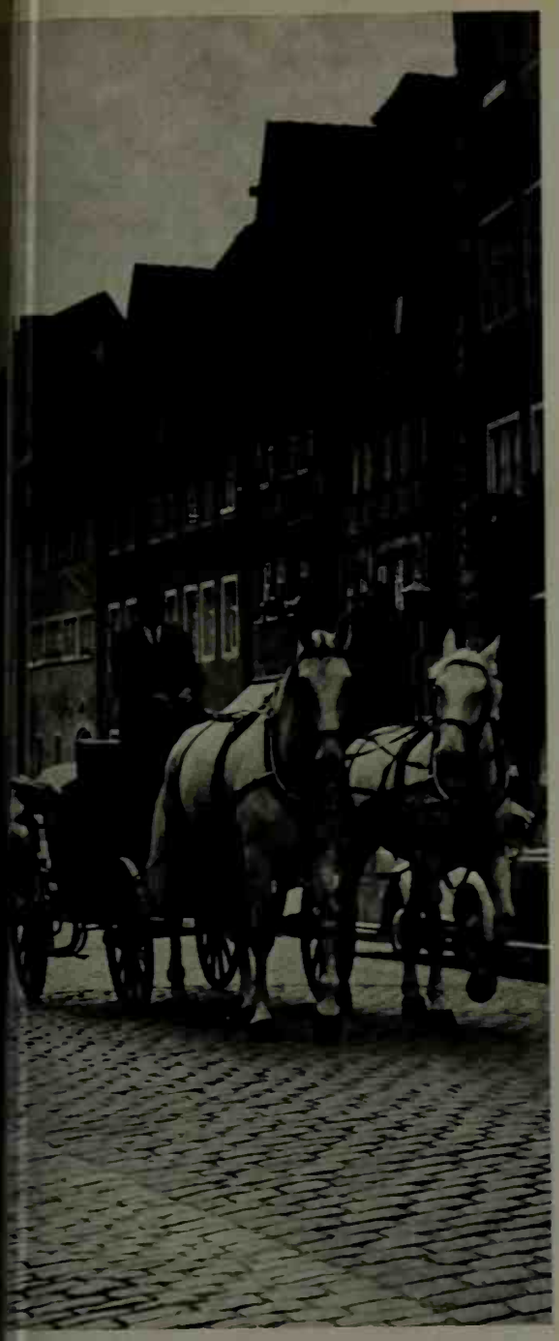


Sturdy towers, *steep tile roofs, narrow cobblestone streets are familiar sights*

Horse-drawn *carriage returns to town from trip to Tauber Valley*

Authentically medieval, *the town looks much the way it did in the sixteenth century*

Stopover in the 16th century

enburg ob der Tauber is one of Ger-y's medieval gems, a walled and ressed settlement with its sixteenth ury architecture kept almost intact oday's visitors.

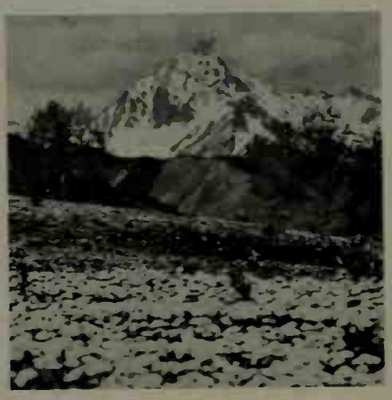
, gabled houses with steep, red-tiled s line the cobblestone streets. Renais-ce fountains, wrought iron lanterns signs, and bloom-filled window boxes grace and color. And nearly every yway looks interesting to explore.

thenburg is on Germany's Romantic d, about midway between Frankfurt l Munich (approximately 120 miles m each). The town is built on a prom-ory overlooking a deep bend in the uber River. According to legend the was an early Franconian stronghold, although the town's recorded history dates only from the twelfth century. It became a free town of the Holy Roman Empire in 1274, and was an important stop on trade routes. Its major growth came from the mid-fourteenth through the sixteenth century.

The town failed to recover from a depression after the Thirty Years War, which ended in 1648, and thereafter it expanded very little. Since the end of the last century official policy has preserved it as a typical sixteenth century town.

Wine legend. Rothenburg presents an annual historical pageant on the day after Whit Sunday (June 3 this year) which turns the town back to the days of the Thirty Years War. The festival play *Der*

This Summer take separate vacations together



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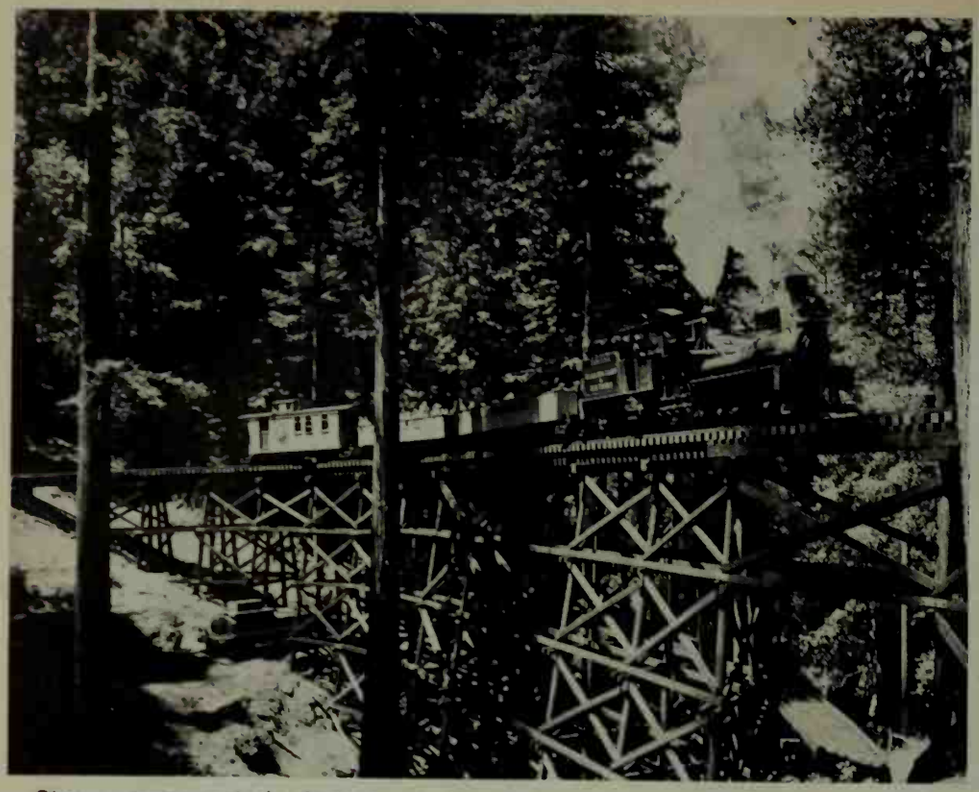

Steam passenger train *climbs over itself on Spring Canyon's famous "Corkscrew Loop."*

Ride an 1880 Steam Train to Roaring Camp & Big Trees

You can still ride an old-fashioned steam train through redwood country on California's historic Roaring Camp & Big Trees Narrow-Gauge Railroad, just seventy miles south of San Francisco. This quaint backwoods railroad is still untouched by the Jet Age and operates regular passenger service with steam locomotives and equipment actually dating back to the 1880's and 90's.

Passenger trains depart from Felton Station, a quaint narrow-gauge depot built in 1880 and located about ½ mile southeast of the tiny Santa Cruz mountain community of Felton. On the five mile roundtrip route, you pass through the first redwoods to be preserved for posterity (back in 1867), up the steepest railroad grades in western America, and over a number of spectacular trestles spanning redwood-forested canyons.

You can stopover at Bear Mountain, Cowell Redwoods State Park or Roaring Camp to picnic, returning on a later train. At Roaring Camp, while your steam locomotive takes on water, there is ample time to visit an 1880 General Store and an old-fashioned caboose restaurant.

Passenger service is operated daily throughout the year and, during the summer months, steam trains leave Felton Station every hour from 11 A.M. to 4 P.M. Roundtrip fare is $2.80 with half fare for ages 5 through 15. Children under 5 are free.

A copy of the railroad's latest timetable can be obtained free by writing: *Roaring Camp & Big Trees Narrow-Gauge Railroad, Felton, Santa Cruz County, California.*

Just beyond Big Trees, *steam locomotive engineer and fireman pause for a portrait on Indian Creek trestle.*

Locomotive *"Dixiana" pulls into Roaring Camp to take on water while passengers visit General Store and caboose restaurant.*

Meistertrunk (The Master Draught ... picts the time in 1631 when the Pr... tant town of Rothenburg was overru... an imperial army. The commander a... to spare the town if a leading ci... could drink a 6-pint tankard of wi... one draft. The hero did so.

After the play, townspeople in histo... costumes parade through town.

North of the marketplace a clock i... gable of the Ratstrinkstube tavern e... the wine legend daily at 11 A.M., ... and 1 and 2 P.M.

Architecture. Rothenburg's architecti... a combination of Gothic and Renaiss... The imposing Rathaus (town hall) i... excellent example: The Renaissance ... tion is pictured below; the Gothic po... is hidden at left. The main entrance ... to the imperial hall, which is open to ... tors. From March through October ... can also visit some restored Gothic r... in the town hall, and make the steep c... to the top of a belfry for a view of ... thenburg's rooftops and walls.

Half-timbering above a stone base ... the most common building form, th... a roughcast plaster often hides the be...

Exploring. Rothenburg is a town y... enjoy most on foot. Ask for a map a... visitor information office on the M... platz, or get one in advance by writi... the German National Tourist Office, ... Geary St., San Francisco 94102.

You can walk quite a way along the ... wall. Stairs lead up through some o... towers. Part of the walkway is cov... part is open.

For a striking view of the Tauber V... and Rothenburg's much photograp... two-tier bridge, stroll through the ... garten at the western edge of town.

You can arrange for a horse-dr... carriage ride at the Marktplatz. The ... riages travel down to the Tauber V... and north to the small village of Detw...

Town hall *dominates the market squ... Belfry and some rooms are open to pu...*

Ah, wilderness.

At Banff Springs Hotel, we have to put up fences to keep the elk off our championship golf course.

At Chateau Lake Louise, you can canoe on a lake as green as jade. And photograph deer, moose, marmot, beaver, bear, and mountain sheep on their own stamping grounds.

At Banff, windows look out on trout streams jumping with rainbows; pony trails disappearing into pine forests.

At Chateau Lake Louise, you can swim in a pool filled with water melted from a 50,000-year-old glacier, and warmed to a languorous 72°.

At Banff—and at Lake Louise 40 spectacular miles away—two of the continent's finest resort hotels await you. There are modern highways, a comfortable railway, and jet airlines to bring you near.

The air is free of ragweed pollen. The nights are cool for sleeping. There's tennis and shuffleboard. There are movies and cocktail lounges and concerts. There's Continental dining and ballroom dancing.

Ah, wilderness.

Banff Springs Hotel and Chateau Lake Louise are Canadian Pacific hotels. Contact your travel agent, any Canadian Pacific office, or the Managers.

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Alberta, Canada.

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Alberta, Canada.

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17 DAYS $338

(Complete tour. No group required.)

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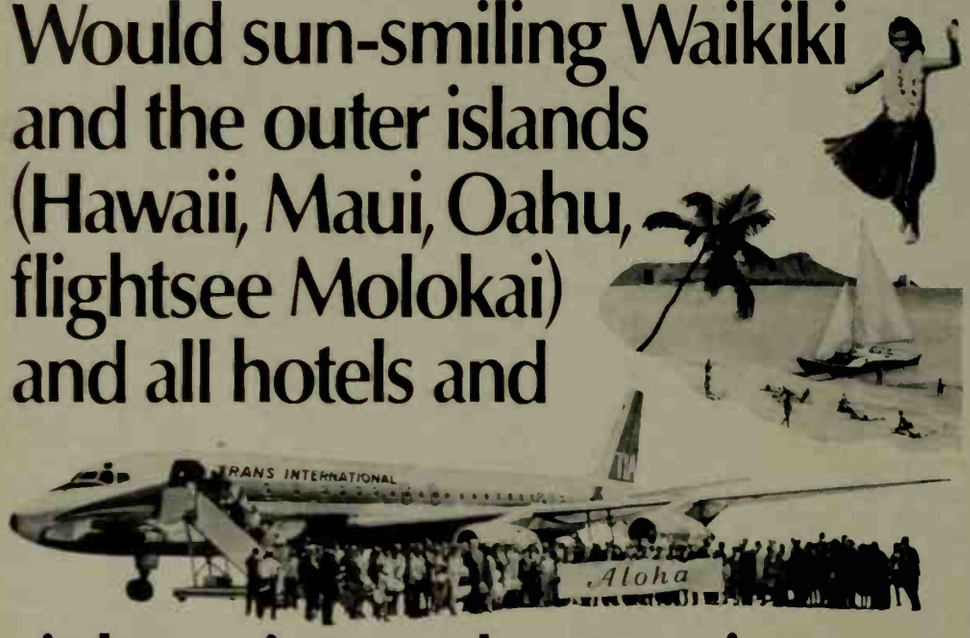

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If you photograp wildlife

If you are headed for McKinley Nat Park (see page 62), a camera and o more telephoto lenses will enrich visit. No other park in North Am offers a similar opportunity to photog such a variety of wildlife.

For a 35 mm single-lens reflex cam perhaps the most useful tool for wi portraits—a standard lens (50 to 55 a medium telephoto lens (85 to 150 and a long telephoto lens (200 mm longer) will provide a suitable ra Lenses longer than 300 mm are us very expensive, must be used with pods, and are difficult to focus rapid

On pages 62 to 71 you will find a va of wildlife portraits photographed lenses of various lengths on 35 single-lens reflex cameras.

Our own experience at McKinley gested that a 200 mm lens was the s most useful telephoto lens for an studies. It brings images close, ca hand-held, and is lightweight enoug carry easily (something to consider if do much hiking).

What does this kind of equipment Purchased new, a good 35 mm ca with three lenses (standard, medium photo, and long telephoto) can cost $210 to $800 or more. There is also a siderable amount of good used equip available at most camera stores at lower prices. As when shopping for cars, it is both enlightening and w your while to visit several stores b buying used equipment.

OTHER OPTIONS, OTHER CAMERAS

Tele-converters are inexpensive att ments designed to double the focal le of any lens. For example, a 2-X tele verter will turn a 135 mm lens in functioning 270 mm lens. Its disad tage is that it reduces exposure by (thus you must double the lens ope or slow the shutter speed by half).

Variable focal-length zoom lenses are to use and practical for wildlife photo phy. Experts consider them not as eally sharp as fixed focal-length le They do provide a variety of focal-len quickly and easily.

Although not as quick and easy to u 35 mm cameras, larger single-lens r cameras are also suitable for wildlife tography. There are experts who use t lens reflex and range-finder camera photographing wildlife, but on the w they are slower to use.

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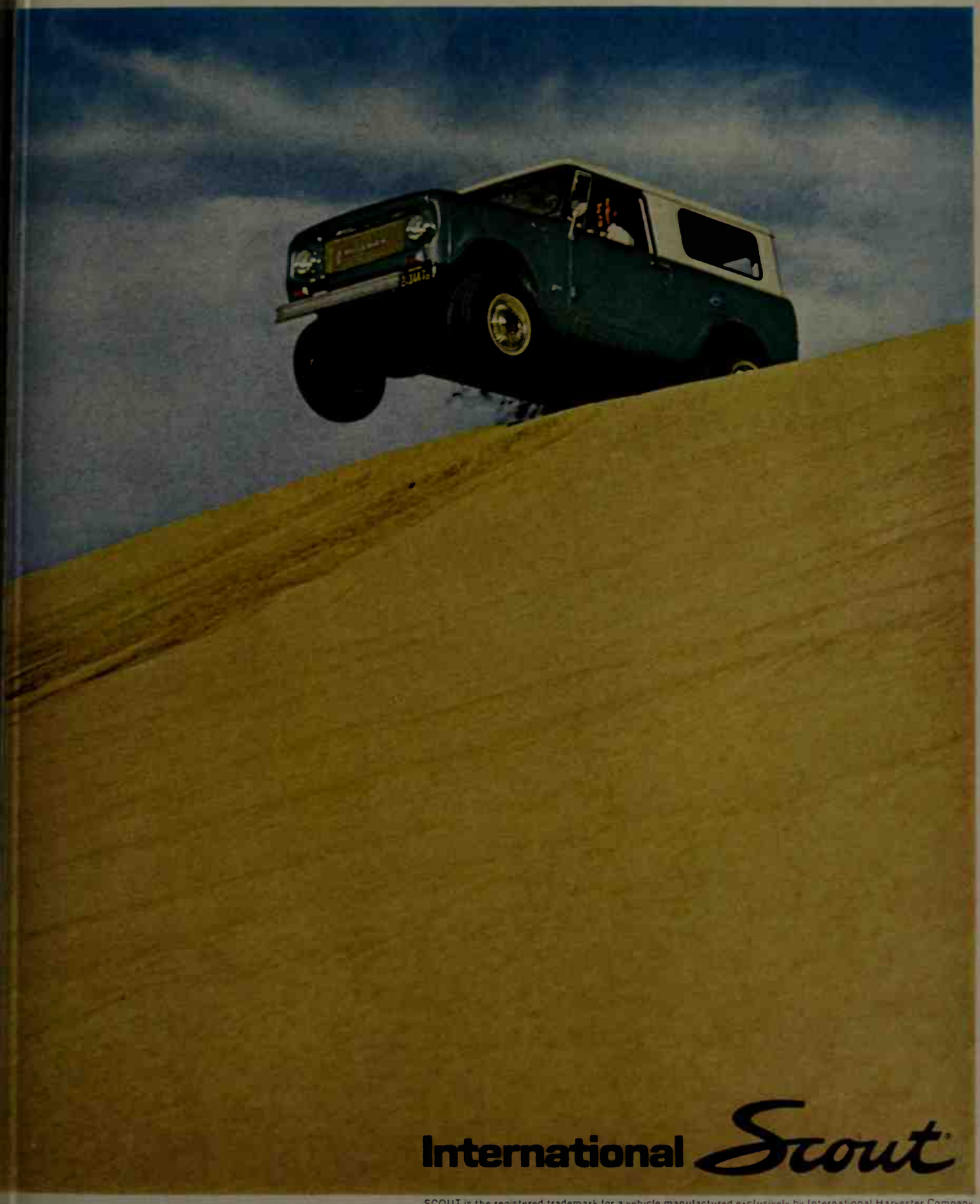

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Sunset THE MAGAZINE OF WESTERN LIVING JUNE 1968

The great wildlife park is Alaska's McKinley

Beneath North America's highest mountain is North America's finest wildlife show. You and your camera can get close to foxes, beavers, moose, even grizzlies

GLENN CHRISTIANSEN

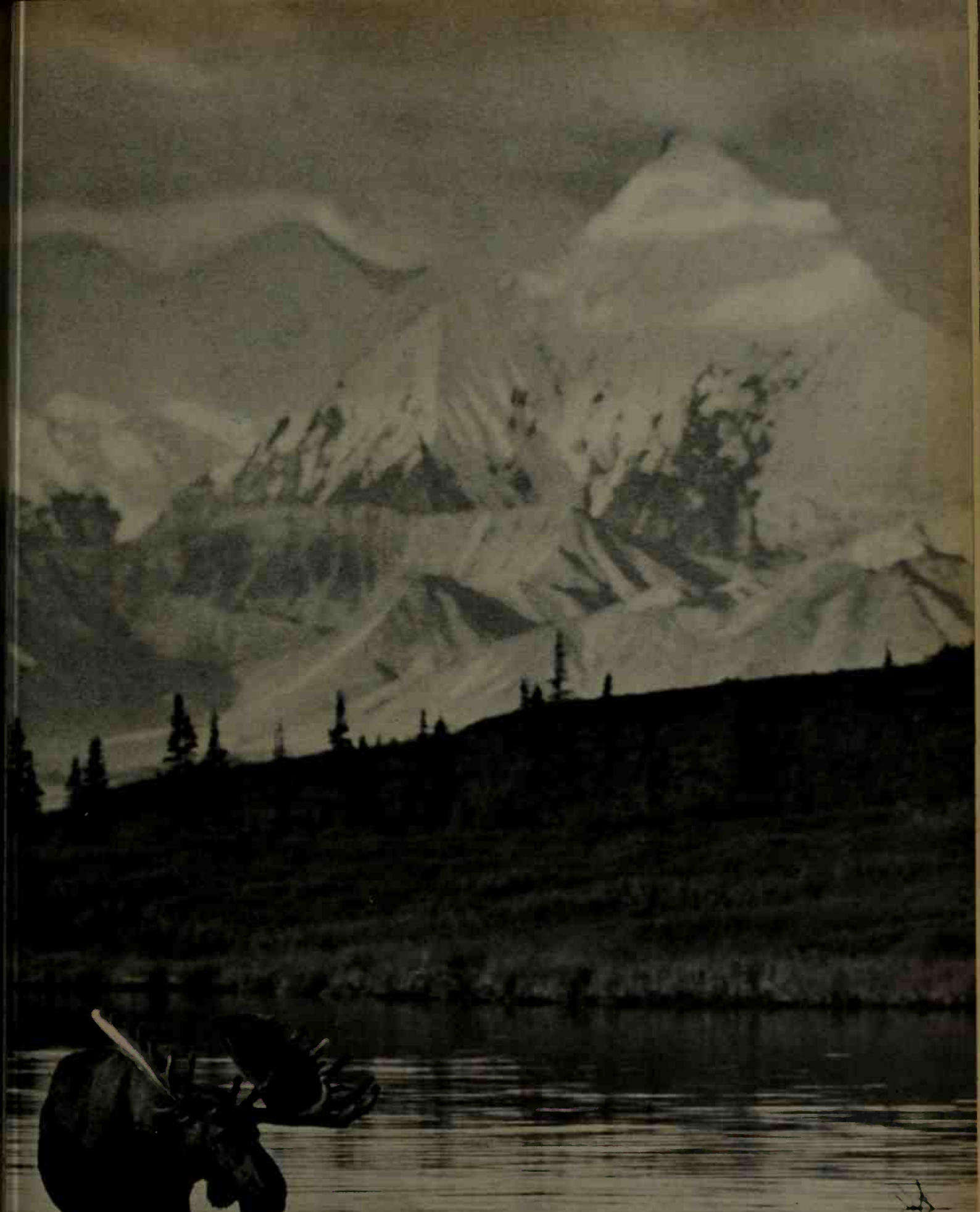
This red fox pup *learns more each day about the wonderful wilderness in which he lives: Mount McKinley National Park, established by Congress in 1917*

Two hundred fifty miles south of the ...tic Circle, Mount McKinley towers ... America's most unusual wildlife re... a 3,030-square-mile sanctuary of m... tains, glaciers, braided river cha... spruce forests, and vivid green tu... valleys.

The immense mountain for which ... national park is named appears e... cally during the visitor season, late ... through September. But you can de... on the wildlife. Along the park's ... 93-mile road, and wherever you leav... road to strike out across the bea... subarctic landscapes, you can see ... photograph grizzly bears, moose, car... Dall sheep, wolves, foxes, beavers, e... ptarmigans, curlews, and dozens of ... birds and animals.

A trip to McKinley is not as difficu... it may seem. You can reach the par... car, train, or charter plane. Slightly ... than half the park's visitors come ... Anchorage or Fairbanks on the U. S. ... partment of Transportation's Al... Railroad. One northbound and one s... bound passenger train run each day ... a 3½-hour schedule south from ... banks, 7½-hours north from Ancho... but the trains are seldom exactl... schedule. The cars are comfortable, ... take you through a variety of Ala... landscapes. You can also ship you... to the park by rail.

Round-trip rail fare is $18.70 from ... chorage to the park, and $9.80 from ... banks. Reservations are not neces... but if you are shipping a car, it is us... required that you bring it to a rai... freight office the day before your ...



WILLIS PETERSON

Moose . . . and McKinley

Bull moose escapes the relative warmth of subarctic summer in Wonder Lake. Above him looms 20,320-foot Mount McKinley. Indians called it Denali, *"Home of the Sun"*

GLENN CHRISTIAN

"There he is. *Do you see him?" On bus tours from McKinley Park Hotel, stops to see and photograph animals are frequ*

departure. Automobile shipping cost to the park is $65 fr
Anchorage, $35 from Fairbanks.

To reach McKinley by car from anywhere in Alaska, you m
drive the Denali Highway.

We first drove it in 1959, then again last summer; it has
changed. Some stretches along its 163 miles from Paxson a
better than others, but in total it is a poky dirt and gra
road, even by Alaska standards. It is not difficult to dri
however, just slow; and it takes you through spruce and tun
country that is a prelude to Mount McKinley National Pa
You'll see animals, though in numbers that are only teasi
compared to those at McKinley; and you'll find campgroun
points of interest, a few overnight lodges, a café here and the
and an occasional gas pump.

The best guide to the Denali Highway (and to all other hig

Your bus leaves the hotel at 4 A.M. . . . for the camera tour

in Alaska) is the *Milepost* (revised annually by Alaska west Publishing Co., Juneau; $1.95).

337 miles by car from Fairbanks to the park, 423 miles Anchorage, and 803 miles from Haines (the closest point park reached by the northbound Alaska Ferry).

is an airstrip at McKinley Park Hotel. Daily passenger rvice is available from Anchorage ($35) and from Fair- ($16.50).

MMODATIONS

inley Park Hotel is plain but comfortable, with a cheerful room serving hearty food, cocktail lounge, gift shop. Service information desk, service station (gasoline and repairs only), and a small grocery store.

can take advantage of a bus tour through the park to n Visitor Center (65 miles) and back. The 8-hour guided leaves the hotel at 4 A.M. after an uncomfortably early fast, and is one of Alaska's best bargains: $15 covers the our and a box lunch. You see a great variety of wildlife the road, and you get a fair sampling of park. You don't time, though, for exploring on foot.

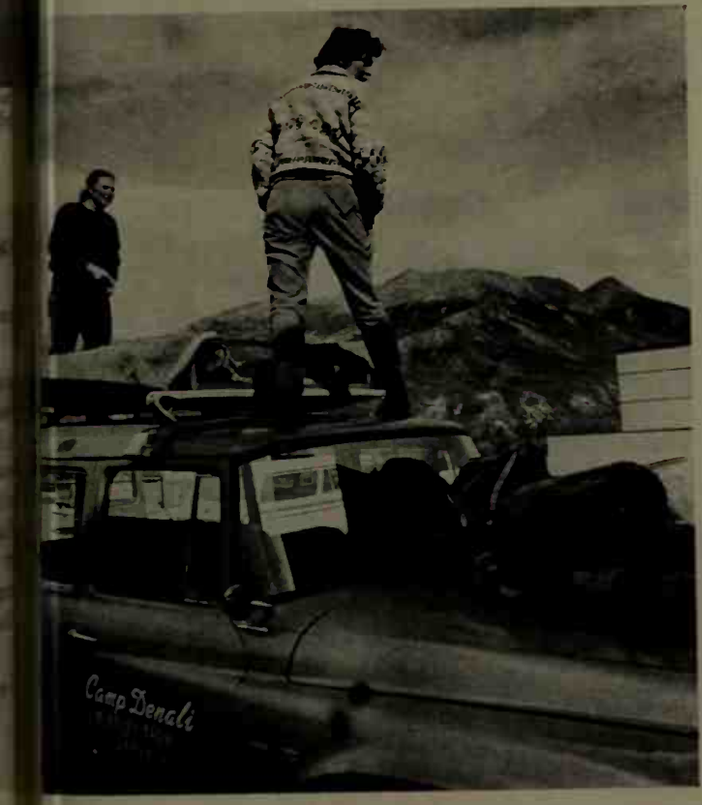
can also rent a car with driver at the hotel for $12.50 an either for your own private tour, or as transportation to ing destination with arrangements to be picked up later.

l reservations are essential ($14 to $22 a night, double). e McKinley Park Hotel, Mount McKinley National Park, a 99755. From October 1 to May 1, write Mount Mc- y National Park Co., 149 North Stone Ave., Tucson, 85701.

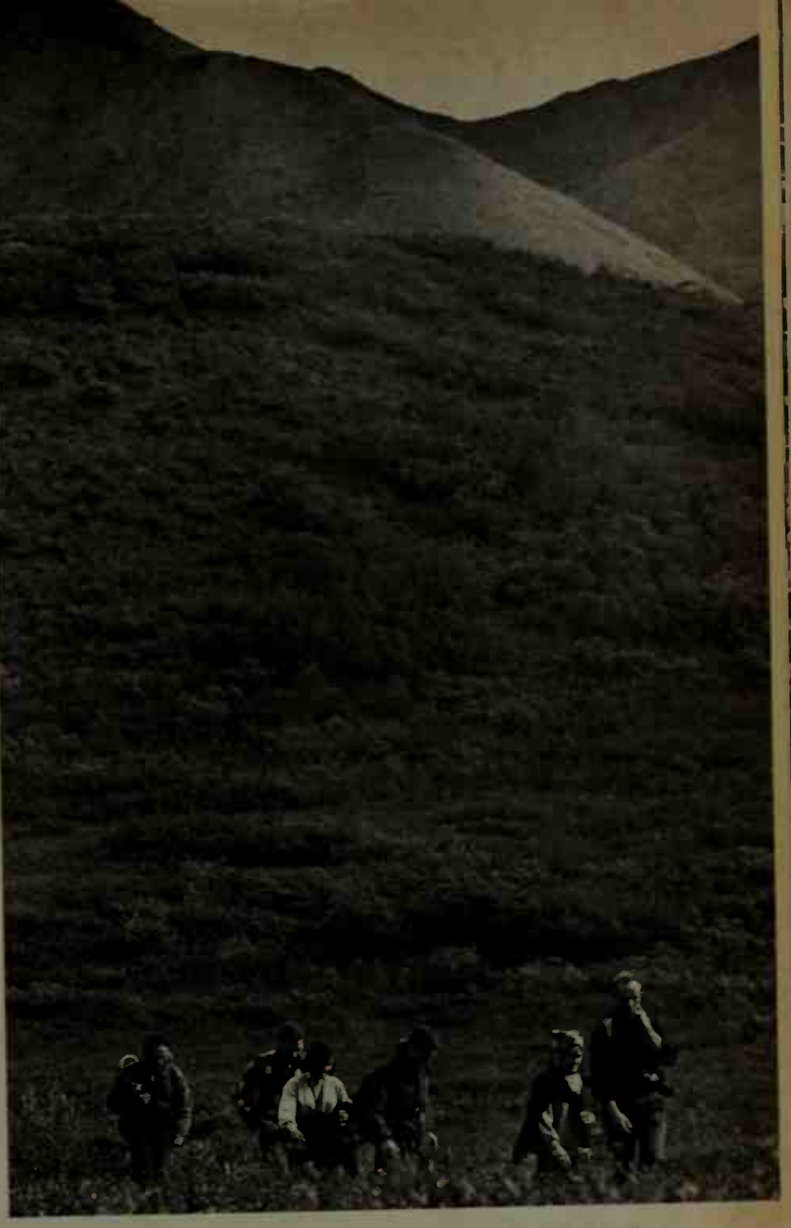
e are seven campgrounds along the 93-mile road from the entrance to Wonder Lake on the north-central boundary he park. These have pit toilets, fireplaces, picnic tables, r (piped or river), and tent sites. There are no trailer hook- and because it is not advisable to take large trailers nd Teklanika River, they are limited to four campgrounds.

p Denali is an outdoorsman's retreat 2 miles outside the beyond Wonder Lake. The proprietors point out, with derable pride, that their Alaska-style dude ranch is "not everyone." Facilities include cabins, tent platforms, dining area, and an excellent library. Rates vary from $7 a day for housekeeping units to a one-week package at $210 that includes round-trip transportation from the train station (90 miles away), room, meals, and the use of such equipment as fishing tackle, canoes, gold pans (nearby streams produce considerable color), hiking equipment, and even transportation by four-wheel-drive vehicle in the vicinity. For information, write to Camp Denali, Box D, College, Alaska 99701.

There are a few simple, overnight lodges and cabins just outside the park on the Denali Highway. For descriptions and locations, see *Milepost*, the guidebook described at left, above.



mp Denali truck *meets you at the park railway station. rries you to wilderness camp beyond far end of the park*



Hunting party *(they do their shooting with cameras) returns to road. Note turf-like alpine tundra on upper slopes*

YOU AND YOUR CAMERA

If you are headed for Mount McKinley National Park and have thought about purchasing a camera, now's the time to do so. If you have considered a telephoto lens for the camera you now have, by all means buy it before you visit the park. If you bring no camera, at least come to the park with a pair of binoculars. With even a minor interest in wildlife, you'll find camera and binoculars invaluable. For a few suggestions about camera equipment, see page 60.

THE WILDLIFE

Grizzly bear *(Ursus horribilis).* Grizzlies are among the park's most difficult animals to photograph, not because they are hard to find but because they are potentially so dangerous. You will see the bears most predictably along 5 miles of road in Sable Pass, the park's only closed area. You are not allowed to leave the road or hike through this restricted area, but you

Dall sheep *of both sexes have horns, but only the rams (shown here) have heavy, curled headgear. Note lamb at left of pict*

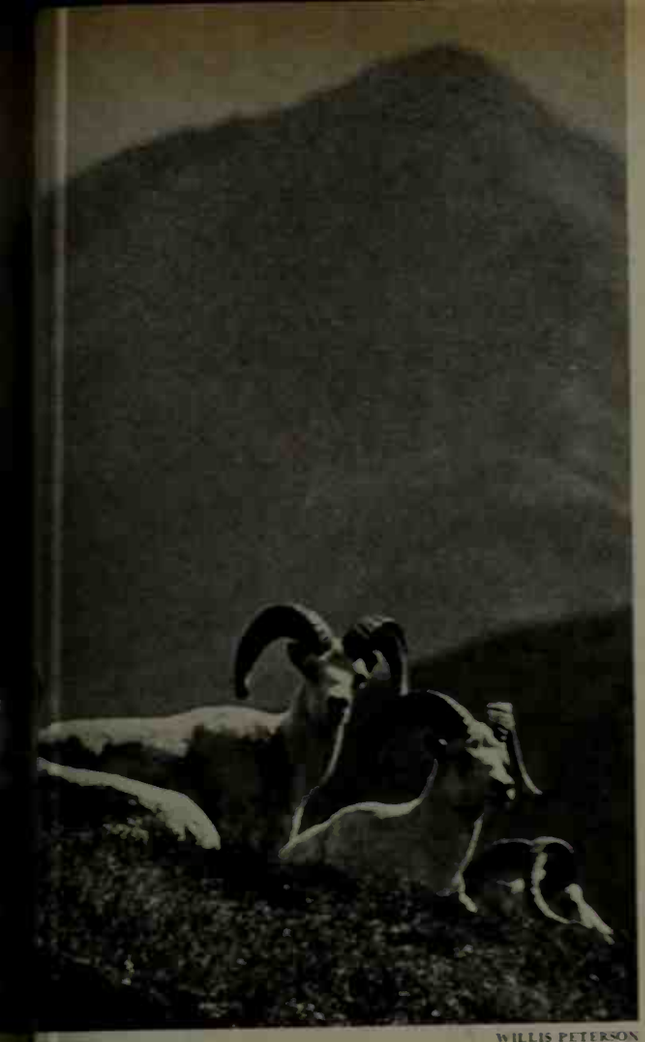
With 300 mm lens, *photographer backed up to get this young ram in focus. They were only 25 feet apart on a ridge top*

Bears and caribou are right by the road... you must climb to stalk the mountain sheep

can almost always expect to see a bear or two as you dr through, or when you park and examine the nearby slo through your binoculars. Frequently the bears are within a feet of the road.

Grizzly bears can appear almost anywhere in the park. Beca most hiking is over low-growing tundra, you can usually them a long way off and avoid them. A favorite haunt grizzlies is stream and ravine bottoms, where there are thic grown willows. If you must walk along a rushing stream bott

Bull caribou *prances through tundra near road. By fall, velvet on those remarkable antlers will be gone (200 mm le*



WILLIS PETERSON

Magnificent *in his blonde fur coat, dangerous in temperament, the grizzly is best photographed from the road (500 mm lens)*

Sable Pass *is the park's only restricted area—separation of animals and people for the benefit of both. This is bear country*

GLENN CHRISTIANSEN

Drama *of wilderness is told by such clues as these bull caribou antlers. The wolves of McKinley are park's population control*

s one, talk or sing or whistle. Bears will usually avoid they hear you coming. Some hikers strap "bear cans" r packs. These are tin cans filled with a few pebbles that s you walk.

move around considerably, primarily in pursuit of food , berries, and an occasional small animal). In late sum- d early fall, when the tundra is rich with berry crops, rs wander the most.

leaving on a long hike, check with park rangers for ation on bear sightings in the area you want to explore.

(Alces alces). Moose are so abundant in McKinley it is drive through spruce forest regions without seeing Because of their size, you should treat them with respect re considerably faster than they look). A female moose alves may charge if you move too close.

moose are so big, you need not be very close to get excel- ctures. When you spot them while hiking, give them lots n. If you keep your distance, a moose won't approach you.

u *(Rangifer arcticus)*. McKinley Park lies in the middle migratory range for an enormous population of barren- d caribou that move through the region from May h August in groups as large as 5,000. The biggest herds ually seen in late June, with continuous sightings of groups or individuals through September.

g summer, caribou are plagued by vicious flies; hence re frequently restless and moving at a lively clip. Grace- d fast, they appear and disappear quickly.

are especially numerous in the Sable Pass region, and en Wonder Lake and Thorofare Pass. You may see a hasing a group of caribou. Wolves do not often overtake y adult caribou, but serve as a check on sick and weak ls.

heep *(Ovis dalli)*. Among the most picturesque animals

The small animals are great fun... and sometimes you get awfully close

GLENN CHRISTIANSEN

Arctic *ground squirrel (parka squirrel) is seen almost everywhere in the park (135 mm lens)*

Curiosity *works both ways. Twin foxes may never have seen man (200*

MAL LOC

How close *can you get? About this close if you are patient. The trick is to move very slowly*

gans *are handsome, wary; some of neighbors like to eat them (300 mm)*

On sunny days, *you'll see marmots along road on steep, rocky hillsides (300 mm)*

Loud and chatty *red squirrels make their homes in spruce trees (85 mm)*

park. Dall sheep are frequently seen from the road in gloo Mountain area. You can get remarkably close to if you are willing to climb up into their world—steep and craggy peaks where the wind howls almost con- y. The high mountain pastures, at times thick with alpine s, are breathtaking to see, but unless you have stout legs re in condition, don't try climbing after Dall sheep.

mmer, the rams isolate themselves in their own special (behind Igloo). The ewes and lambs are more widely buted.

approach openly and slowly, you'll be able to get quite Approaching them stealthily is futile. Dall sheep have ibly sharp senses. They know you are there, and the ng around makes them nervous. A slow, open approach ly doesn't.

ox *(Vulpes fulva).* Red foxes can be red, gray, or almost . They are widely distributed throughout the park. Occa- lly, one or two will become beggars along the road, the animals in McKinley thus far to have picked up this c national park habit. You can frequently get within easy range. We photographed the pups on page 68 at the nce to their den.

r *(Castor canadensis).* In most parts of the West, few als are more elusive than beavers. When, at McKinley, waddles to within 10 feet of you and your camera, wiggles ose at you, and then goes about his business as if you were here, it's an experience to remember. At Horseshoe Lake, asy walk from Mount McKinley Park Hotel, look for rs after about 4 P.M. They don't move around much g midday.

(Canis lupus). Wolves range widely through the park hunting routes that may be as long as 200 miles. Seeing is luck; it usually happens in the evening or at dawn. es avoid people as a rule, but it isn't uncommon to see close to the road. Whenever you see fast-running caribou, behind them. There may be a wolf chasing them.

ler animals. You'll most likely see parka squirrels (pro- ced "parky," Alaska-style), porcupines, red squirrels, mar- , varying hares, and pikas.

In his *Birds of McKinley* (see page 71), Dr. Murie 132 species. Ptarmigans, curlews, and golden eagles are ng the most common. One summer resident, the golden er, comes all the way from Hawaii. Another species, the atear, comes from Asia.

park's numerous ponds and lakes are important nesting for waterfowl, some of which find their way to Wash- on, Oregon, and California in winter.

THE PARK ROAD

McKinley Park Road, actually a continuation of Denali Highway, goes 93 miles from the park entrance to Wonder Lake; it continues 4 more miles outside the park beyond Camp Denali to Kantishna, a mining town ghost. The road's highest point is 3,980 feet at Highway Pass, and the average elevation is about 2,500 feet.

Everywhere along the road to Wonder Lake you can expect to see wildlife

Most of it is gravel, except for about 15 miles of blacktop near the park entrance. Along the way the road serpentines through forests of black and white spruce, crosses low mountain passes, and open valleys and slopes. Anywhere along it you can expect to see wildlife.

HIKING

The few trails in the park are mostly short paths near the hotel. Elsewhere serious hikers strike out over the tundra or along gravel river bottoms.

Subaretic tundra in the park is of two general kinds, wet and dry. The wet bogs of bottom lands are thickly grown with willows and bushy species that make hiking difficult. On slopes, however, where drainage is good, low-growing alpine tundra is springy and easy to hike over. Looking almost like an immense golf course, mile after mile of rolling tundra offers an open invitation to go exploring.

An easy day-hike through particularly beautiful country is along the trailless west shore of Wonder Lake. You can fish along the way and, if the clouds cooperate, photograph Mount McKinley where it looks close enough to touch even though it's 25 miles away.

If the waters are low, adventurers might like the trek from Eielson Visitor Center up the Thorofare River to Sunrise Glacier, or the long trip across the braided, shallow channels of the Thorofare, around Mount Eielson and up Glacier Creek. Glacier Creek flows right next to one flank of gigantic Muldrow Glacier. Do not attempt to walk on the glacier unless you

GLENN CHRISTI

At mealtime *it's willow bark for this beaver, who isn't the least concerned that a photographer is 10 feet away (135 mm l*

You can watch the beavers at work... cutting timber and mending their dams

are a veteran ice climber and are eqnipped with climbing g r. It is heavily fractured and full of crevasses.

Where the park road crosses 3,760-foot Polychrome l ss (named for its colorfnl rock formations), you can step f m the road onto the ridge-tops of low Alaska Range mount ns and walk as far as you like throngh hilly carpets of al ne tnndra. In July and early Angust, you'll see a variety of sed ns and heathers, arctic poppies, and white-flowered dryas in blo n. Ask rangers for additional hiking snggestions, and let t m

Awkward on land, *beavers are fast and graceful in the water*

Distinctive tail *serves as a paddle and rudder (55 mm le*

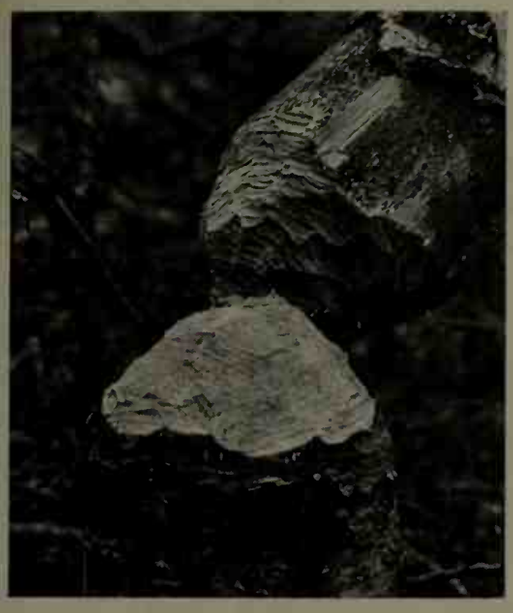
your destination and your approximate route when you for overnight hikes or long day trips.

THER

ners at McKinley are usually cool to mild (40° to 75°) frequently wet. Most of the park's annual 15 inches of comes in summer. As elsewhere in Alaska, dress is infor- with emphasis on function; hiking boots and parkas or slickers are standard gear. But the sun shines often, up 3 hours a day in midsummer (plus 6 hours of twilight). quitoes are abundant in the park, especially prior to mid- ner. Carry insect repellent and—if you plan to camp sect netting.

ING

he whole, the streams and rivers of McKinley are too full facial silt to provide good fishing. There are native lake



If you're tempted *to pet a beaver, first consider the teeth that felled this large tree*

Beavers build *and repair their dams to provide deep water for safety from predators. Some of these logs are 6 inches across*

ut in Wonder Lake, and Moose Creek (both in and out of park) offers good angling for arctic grayling. No license equired inside the park. If you fish outside the park, you st purchase an Alaska fishing license.

OKS FOR MCKINLEY BUFFS

Naturalist in Alaska, by Adolph Murie (Doubleday and Co., w York, 1963; $1.45) is an excellent introduction to the k, and includes anecdotes about Murie's studies there.

ds of Mount McKinley, by Adolph Murie (Mt. McKinley tural History Association, 1963; $1.50) lists and describes 132 bird species that have been identified in the park.

mmals of Mount McKinley, by Adolph Murie (Mt. Mc- nley Natural History Association, 1962; $1) lists and scribes the park's mammal population. An excellent invest- nt for the potential visitor, it offers useful tips on where and en to see animals.

lderness of Denali, by Charles Sheldon (Charles Scribner's ns, New York, 1930, reprinted 1960; $8.95), describes Shel- n's early explorations in the McKinley region which led to creation of the park in 1917.

neki, an Alaskan Moose, by William D. Berry (MacMillan, w York, 1965; $2.95), is an illustrated children's book about McKinley Park moose. Adults will appreciate the book's cellent descriptions of subarctic animal ecology.

Beaver dam *across Horseshoe Lake, 10-minute walk from hotel*

With its inviting *open corner, refreshment center is handy to swimmers in the pool area as well as to loungers at the s*

POOLHOUSE ON THE COVER:

For taking it easy, for pool watching, for eating, showering, dressing

You can shop for instant color

Just one petunia *more than fills hanging pot*

e dozen plants on the opposite page resent a recent Western gardening nd—more nurseries are now offering oming-size, one-to-a-pot annuals, sell- for five to ten times the price of unger plants in packs or flats.

r your extra money you get plants that n provide a good display immediately. ie photographs on this page suggest w to take advantage of them—for a splash without really splurging. These ick and easy ideas for summer color ch cost less than $5.

t out plants like any of these in June or ytime through summer, and right away u either catch up on planting you ould have done in spring or you aug- ent your carlier planting. You can dec- ate with plants for a garden party on the day of the party. You can dab color in garden beds the minute spring flowers finish blooming.

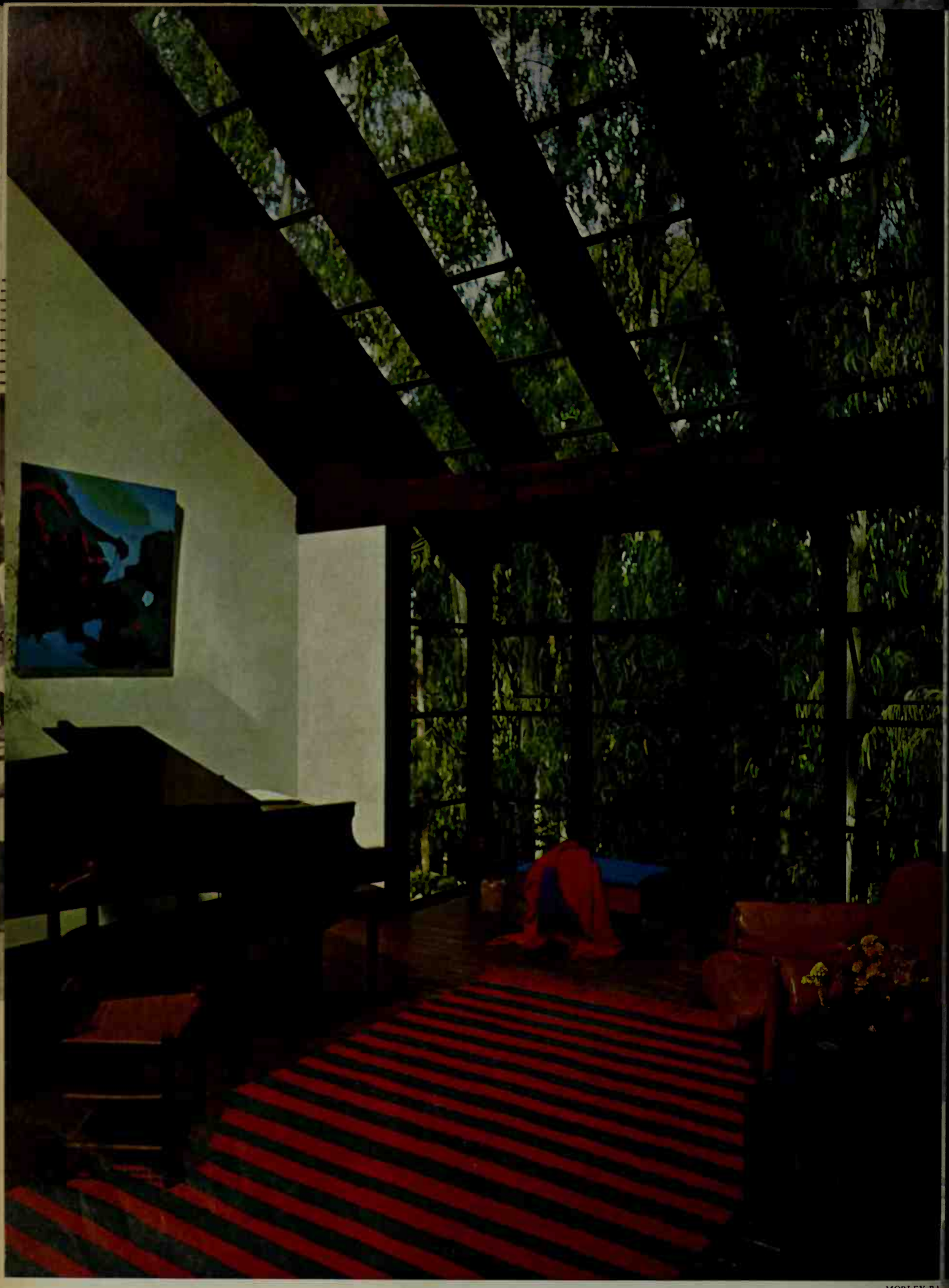
Considering the cost of annuals in bloom in pots, you'll probably limit yourself to just a few and do any large-scale planting with economical smaller plants or seeds. To get the biggest impact from the fewest plants, try to saturate several strategic garden locations. Concentrate plants near heavily traveled walks, alongside entries, in containers on the patio, underneath garden-view windows. Plant close together for immediate effect; allow growing room if you want them to last longer.

When shopping for annuals in pots, look for those just coming into bloom—unless you need flowers that same day. Beware of woody, overgrown plants that may have passed their prime; such clearance-sale annuals are not to be confused with the plants shown here, purposely grown to be sold in bloom.

Three *'First Lady' marigolds in each pot. For not-so-quick color, one would do*

hite and light green *coleus brighten bed of azaleas that have finished blooming*

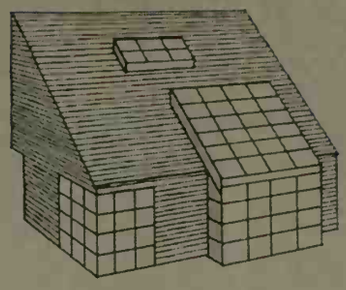
'Orange Jubilee' *marigolds plug gaps in juniper bed so well you hardly see junipers*



MORLEY BA

Sky window and trees

To take full advantage of a eucalyptus grove, architect F. Malcolm George opened u the roof as well as the wall in his own home, winner of an Honor Award in 1967-19 A.I.A. - Sunset *Western Home Awards. The roof-climbing window is its central then*



The sky window idea

You look out on clouds and treetops. You enjoy a grand wash of daylight

he Western house continues to go through an opening-up rocess.

)ne of the earliest developments along this line was the sliding lass door to a patio. Another, the so-called "picture window," ontinued to grow larger; and windows in general increased in umber and in size, in both custom and mass-built houses. 'lerestories were used to pull daylight in above the standard eiling heights. Ribbon windows filled end walls and stairwells o wash walls with light and offer outside views.

nd then, with house walls well opened up, architects began o see new possibilities—skylights could pierce the roof and ring overhead daylight into interior spaces for special effects.

Now we have noticed increased use of another source of daylighting that, for lack of a better name, we call a *sky window*—a kind of mixture of skylight, window wall, and clerestory.

Sometimes it takes the form of a window wall extension angling up above the eave line and becoming a part of the roof itself: for example, the window in the color photograph at left is not unlike a window in an artist's studio or loft. At other times it may be a large, high-up window for a view of trees or sky, replacing the normal ceiling. Here and on the next two pages, we show four different houses with sky-turned windows.

Whether it's legally a skylight or a window depends on its location in the house and the interpretation of applicable

In the George home, *no matter which room you're in you look right into trees—even from the bedroom balcony*

Studio loft *on the third level has its own sky-turned view. Clear wired glass was specified for all of the roof windows*

Daylight pouring in from above cuts into shadows... gives you light balance

building code requirements.

If the opening is classified as a skylight, you can use an approved clear plastic or a wired glass. Restrictions are mainly to insure the safety of persons on the roof who might walk or fall into a skylight, and to protect those inside against breaking glass. The wire holds the glass together and prevents a shower of sharp pieces in the event of breakage by impact or fire. In some situations, laminated glass may also be an acceptable overhead glazing material.

The wire mesh design in the glass is far less obtrusive than it used to be; at a distance you hardly see the wire. If the opening is used solely as a source of light, you could use wired glass in one of many patterns, or a clear or translucent plastic skylight. But if you want to sky-watch or look out at a view, you'll want a non-patterned wired glass.

If the opening faces north, clear wired glass is suitable since the window won't get any direct sun. But for an east or west exposure, and to a lesser degree for a south

JOSHUA FREIWALD

Slanted, *north-facing, wired glass window, 34 feet by 8½ feet high, provides tree-sky view, daylight for three levels: studio balcony, living room, bedroom (not shown). Architects were Kosovitz, Knox & Nairn for Mrs. D. C. Fowler, Mill Valley, Calif.*

JEREMIAH O. BRAGSTAD

In this house, *high windows and doors face south, are glazed with tinted glass to reduce the glare inside. From bedroom balcony (upper left in picture at left) and living room you can look out at fields, trees, and sky. Architect Rai Y. Okamoto designed the house for Dr. Donald Broering*

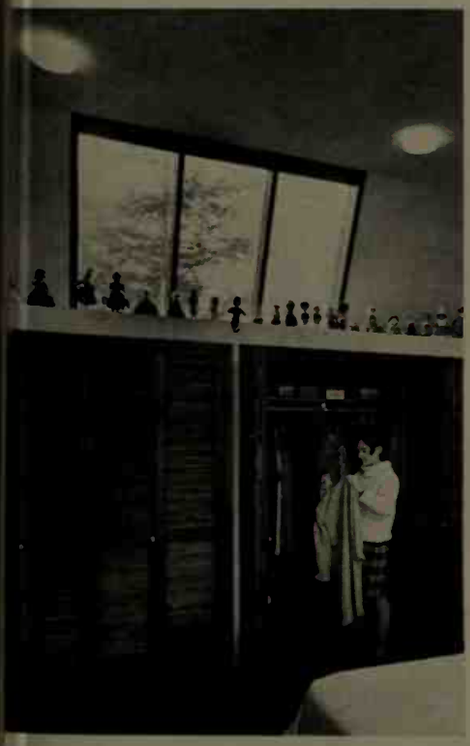
Second-level windows, *slanted to face sky, are protected from midday sun by hooded roof. Home of Cdr. John Woodall, Whidbey Island, Wash. Architect: Larry Neil Erickson. Inside views below*

, sun and glare can be a problem. At sent there is no tinted non-patterned ed glass, so you're limited to clear ed glass.

wever, there are some things you can to reduce glare and solar heat buildup. ve a light-reflecting plastic film placed the inside of the wired glass (a poly- er film with a thin coating of reflective tal); it will reflect about 75 per cent of sun's heat and substantially reduce re. Or use roll blinds during the sun- st part of the day. Or plant trees out- le; they'll take time to grow up but will entually help shade the glass and give u something interesting to look at. Use ciduous kinds if you don't want to shut t the winter sun.

the opening is legally classified as a window, you have a wide choice of glass types for almost any daylighting condition. There are tinted and heat-absorbing glasses to reduce glare and cut down solar buildup inside the house. Insulating glass will reduce heat buildup in summer and heat loss in winter. If the exterior pane of the two-pane unit is heat-absorbing glass, heat gain can be cut by as much as 50 per cent.

DON NORMARK



ne window *brings in light over closet, rovides view of treetops. Adjacent bath as smallest of three sky-turned windows*

Largest *of the three windows (polished plate) opens up high-ceilinged living room*

Watch a professional groom a garden

for a party five days hence

You will recognize this garden if you saw the article on page 82 of the March 1968 *Sunset—Getting the garden ready for a grand occasion in June*. Here the same garden is getting its final touches by a hired professional gardener five days before it became the site of a late-June wedding reception.

The moves of this experienced pro should be interesting and helpful to gardeners who are finishing off preparations for a wedding reception or a big garden party like the one described on page 86 of this issue. His work should also interest any amateur weekend gardener who looks for help in making plantings look better and in ways to do jobs more effectively.

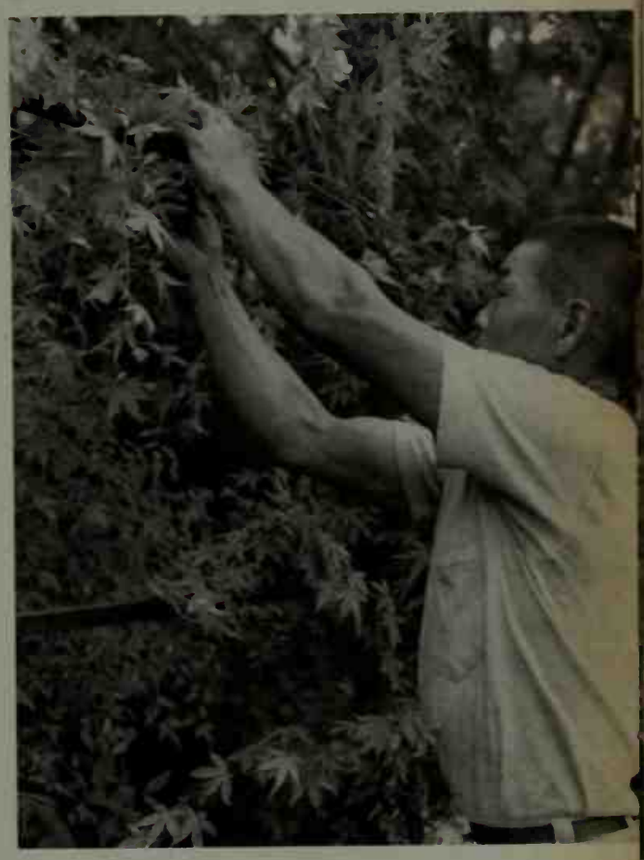
All professional gardeners are not alike. Some are simply garden janitors, best at mowing, edging, sweeping, and taking refuse to the dump. Others are strongest as diagnosticians and preventers of plant ills. And others are really artists that can bring out the best in plant form, flower display, and garden

Each area *gets groomed from sky to ground. Gardener [illegible] pruned tops (trash foreground); now he starts to neaten surf[illegible]*

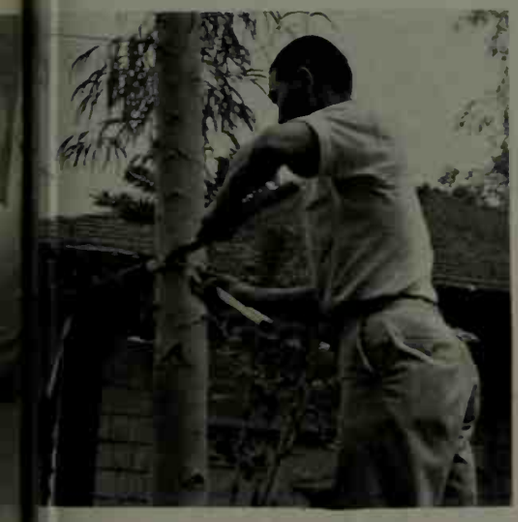
Trick *to make edges distinct: Slope earth to an inch below paving surface. Dirt can't creep over; shadows emphasize edge*

Azalea beds, *now out of bloom, can be supplied with compat[illegible] bright spots by planting Gumpo azaleas that bloom this [illegible]*

Giant *timber bamboo* (Phyllostachys bambusoides) *being aligned, after trimming of lower branches. Push leaners into place, cinch to fence with line hitches*



What to do *with a formless Japanese maple seedling? Shape it up by tying it to a frame*



No deadwood, *no leafless twigs or snags should remain in a finished show garden. Here go some dead lower side branches*

"Character" plants *may need help.* Mahonia lomariifolia *has side branches removed to emphasize clumps of new growth*

Hedge *gets final nipping. Real shearing now would give bristly look of GI haircut. Last hard shearing was given in April*

bed appearance. This professional, Yoshihiro Okasaki of Los Altos, California, is of the latter group. He's an outstanding bonsai grower and trainer and this skill reflects in the manner in which he prunes, trains, and displays garden plants.

Our camera followed Mr. Okasaki as he worked one full day in this garden. Other things he did during the day: plunged 24 potted 'Popeorn' petunias into a bed of same to fill it out; spaded and raked a 12 by 12-foot bed and plunged blooming pelargoniums (in their cans) into it; pruned, groomed, and edged a ground cover of chlorophytum, three beds of impatiens, two borders of lobelia, a bed of marigolds and petunias, and a bed of sword ferns; and thinned and pruned to embolden the forms of three small palms, three draeaenas, tree ferns (removed all aging fronds), a big fatsia, and the overhanging branches of the neighbor's loquat, cotoneaster, and oak.

At the end of the day, he raked and swept up his prunings, clippings, and mess, and with them completely filled his ½-ton pickup truck—all from an area of about 7,000 square feet.

When you move *a party into the garden, you can take advantage of such assets as a fine view. This may call for improvisatio*

The grand party that's completely out of doors

Here are several you might want to consider . . . and here are inexpensive ideas for handling a considerable crowd

GLENN CHRISTIANSEN

n this case, an awning for shade, low tables, and tripod holding leg of lamb over barbecue. For menu and recipes, see page 88

ince summer brings highly reliable weath- r to much of the West, your summer ntertaining can extend beyond confines f living and dining rooms to your garden.

The best time of day for parties in the arden depends on where you live. A eekend brunch or afternoon dinner arty best suits the climate in many reas. If you live in the desert or in outhern California, entertaining out of loors can wait until evening. In parts of he Northwest, the wise hostess will have n alternate plan for moving the party nside in ease of a shower.

The summer party in a garden can be an specially easy way to entertain, and the nformality of such an occasion helps put uests at ease. With the additional space your garden provides, you may want to nvite a larger group than you usually entertain. Then, you may find yourself in need of some extra equipment. From friendly and well equipped neighbors you can often borrow extra garden furniture. But improvising some of the necessities adds to the fun of the party and can emphasize its theme.

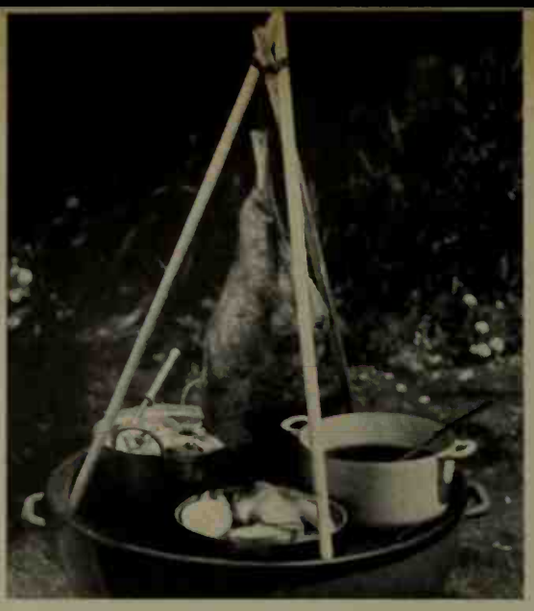
For example, the canopy that provided shade for the diners at our Turkish lamb barbecue party, pictured above, was made of inexpensive denim fabric. It proved surprisingly stable when subjected to modest amounts of wind and bumping by guests. Directions for making it follow. A photograph on the next page shows how we made the low tables. We asked guests to bring their own cushions.

Don't overlook the possibility of renting such party needs as extra chairs, tables, or garden umbrellas. Rental agencies in all large population centers are listed in the telephone book's yellow pages.

Their prices are quoted by the day, but that usually means the one day you use the equipment; actually for a Saturday party they often deliver Friday and pick up Monday, yet charge only the one-day rate. Typical prices are 75 cents to $1 for a lawn chair; $4 to $5 for a round garden table; about $8 for a table with umbrella; 40 or 50 cents for a cushion.

Articles rarely ordered or difficult to store run higher, but you can find large canopies (about $30), infrared heaters (about $35), glassware, punch bowls, and portable bars. It's wise to call the rental agency 10 days or so before the party so that equipment can be held for you.

To make your own canopy like the one shown above, you'll need four strips



The leg of lamb hangs from a tripod

Lash together three sticks or dowels (2½ feet long) as shown at left above. Drill small holes through lower ends of sticks to secure tripod to grill with wire

of sturdy fabric about 3 feet wide and 12 feet long; sew sides together and insert six grommets at points where poles will go. To support the canopy, you'll need two 7-foot center poles and four 6-foot end poles; drive a nail into one end of each pole and run nails through grommets in fabric. Attach a length of cord at each canopy corner, tie other end to a tent stake or 6-inch spike driven into the ground.

Serving food out-of-doors poses other problems, including how to keep hot food hot and cold food cold. You can use ice lavishly for foods that need chilling, provided that your arrangement allows melting ice to drain harmlessly onto the lawn.

If you use a barbecue, you can utilize its heat to keep meats hot until served. For the barbecue party shown on pages 86 and 87, we cooked the lamb on the grill; then, with just enough hot coals remaining to keep foods warm, we rigged the grill for serving the meat and all accompaniments. The party shown on page 89 used barbecue fires another way, with a menu planned around skewered meats; guests did their own cooking on the small barbecues at each table.

Another trick for keeping foods warm is to plan a menu using small electric appliances and then serve from them outdoors (see photograph on page 90). The two appliances used for this Mexican-style brunch shouldn't overload a single electric circuit. If you use more than two, better use two extension cords plugged into different outlets.

In testing ideas for garden entertaining, we staged the three parties pictured on these pages. If you'd like to duplicate our party foods, here are menus and recipes.

The barbecue buffet

Meat cooked on the barbecue and served with salad and bread makes simple, time-tested fare for a relaxed summer party. This party plan utilizes the barbecue also to keep the cooked meat and its accompaniments warm for serving.

Adapted from a classic Turkish dish, the entrée introduces a rather surprising flavor combination of lamb, broth, yogurt, and green pepper.

Our taste testers including those who didn't especially care for some of these foods individually, heartily approved of the combination.

Shredded Vegetables Buffet Salad
Lamb Kebab in a Bowl
Sweet French Rolls
Green Pepper - Yogurt Sauce
Fruit Dessert Centerpiece
Almond Cookies Coffee

Serve the salad as a first course, or substitute a mixed green salad and have it at the table. After the lamb has cooked, set up the tripod as shown at left and suspend meat from center with wire.

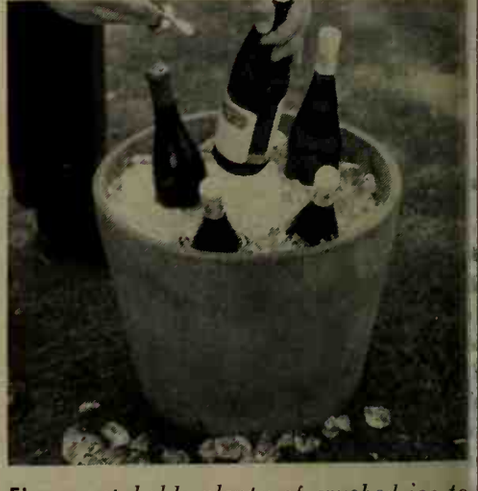
For each 6 to 8 guests, you'll need about 1 quart rich meat or chicken broth, which can be homemade or canned, and about 1 dozen sweet French rolls. Split and toast the rolls and heat broth ahead. For

Sometimes the answer is to improvise

Low table *for seating guests on cushions was made from damaged door (about $4 at a building supply store) supported by a pair of wooden benches*

A large waste container *such as this wicker basket, placed near eating area, minimizes clean-up*

Small garden table *handles salad course. This shredded vegetable salad keeps fresh without refrigeration; recipe is on page 89*



Flower pot *holds plenty of crushed ice to chill wine, other beverages. Drainage and spilled ice are no problem out on the lawn*

GLENN CHRISTIANSEN

Skewers on the grill

To keep pace lively, table barbecues should be large enough to hold several skewers for each guest. Keep fires hot enough to cook foods quickly. These barbecues cost less than $1.50 each; we shortened the legs slightly

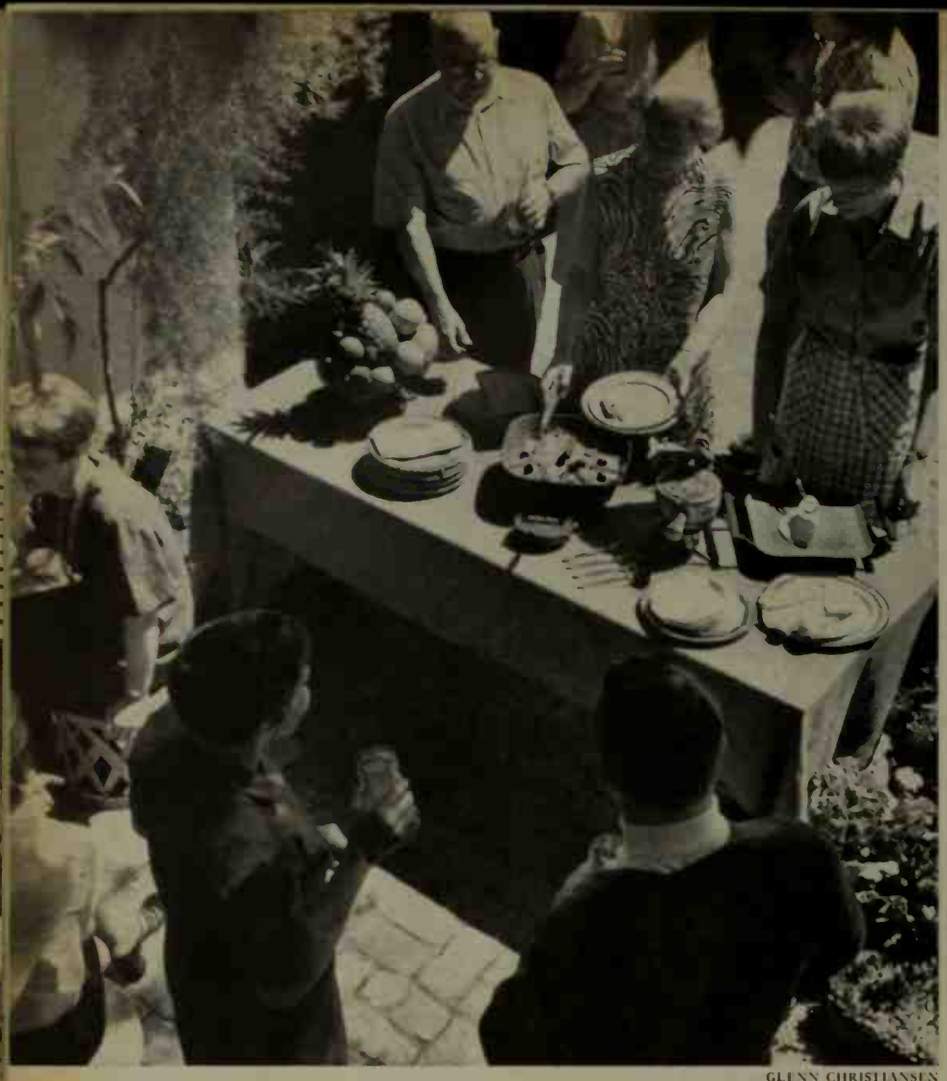
ving, you'll need large soup bowls or p plates.

dded Vegetables Buffet Salad. Finely d 1 small head *each* red cabbage and ite cabbage, and 1 bunch carrots. ke separate piles of the vegetables on d tray (small photograph at far left). rnish with lettuce, olives, and pickled peppers, if you wish. Serve with olive and lemon wedges (3 or 4 lemons). ests select vegetables, then drizzle n with olive oil and squeeze lemon ce over. Makes 12 to 16 servings.

Lamb Kebab in a Bowl. Buy a large leg of lamb with bone in (about 6 lb.) for each 6 to 8 guests. Drill a small hole through end of shank bone. For each leg, crush 1 clove garlic, blend with 2 tablespoons olive oil and 1 teaspoon *each* oregano and thyme, and rub over surface. Roast lamb slowly in a barbecue that has a hood, allowing about 2½ hours. Use a meat thermometer and roast to about 150° for medium rare or 160° for medium well. When done, remove the barbecue hood, take out all but a few ignited coals, attach tripod to grill, and suspend meat with wire.

To serve, place pan of rolls under meat, ladle a little hot broth over rolls, and carve meat thinly, letting it fall onto rolls. Each guest places bread in a bowl, piles meat slices on the bread, ladles broth over, then generously tops all with the following sauce:

Green Pepper - Yogurt Sauce. Cut 6 green peppers in ½-inch-wide strips and put in bowl. Drizzle over the peppers 6 tablespoons olive oil blended with ¾ teaspoon



GLENN CHRISTIANSEN

Mexican brunch is buffet-style

Electric appliances keep the food warm for serving at this Mexican-style brunch. The guests can eat this meal standing or use your garden seating

liquid hot pepper seasoning; refrigerate, covered, for 2 hours or overnight.

In the top of a double boiler (or using an improvised pair of pans), blend 6 tablespoons flour with 1 cup heavy cream into a smooth paste; gradually stir in 1 quart plain yogurt and 1 tablespoon sugar. Set over gently simmering water and heat slowly, stirring often, for 1 to 1½ hours.

Shortly before serving, turn green pepper strips and oil into a large frying pan; cook, stirring constantly, over high heat, until browned but still slightly crisp. Combine peppers and yogurt in a pan; keep warm on barbecue. Serves 6 to 8.

Cook-at-the-table barbecue

This menu was inspired by the Japanese method of cooking right at the table. Each of our guests had a tall, slender glass of soy-seasoned sauce to dip and glaze the skewered meats. You could adapt the party idea to any skewered meat entrée that might be marinated in advance for simpler table cooking. Start the charcoal fire in a large barbecue nearby and use tongs to transfer hot coals to tables as needed.

Hot Beef or Chicken Broth
Fried Rice with Vegetables
Skewered Meats:
Beef Sirloin with Green Pepper,
Lamb Kebab with Eggplant,
Swordfish with Shrimp, and
Boned Chicken Breast with Chicken Livers
Cucumber Slices Radishes Celery Fans
Rice Caakies Hat Tea

The delicately seasoned broth was passed in mugs to guests before they were seated. Other items on the menu, including the

Guava punch *with fruit. Spoon fruit into 12 or 14-ounce glasses, fill with punch; offer straws and spoons for eating fruit*

selection of filled skewers, were serve from a buffet table. The hot rice wa kept warm in an electric frying pan.

Fried Rice with Vegetables. In an electr frying pan or other pan, heat 4 tabl spoons butter or margarine. Sauté 6 cu cooked rice (hot or cold) until golde Add ½ bunch green onions, sliced; 1 sm can (5 oz.) water chestnuts, drained a sliced; 2 carrots, shredded; about ½ c chicken broth; and 3 teaspoons soy sau Cook, stirring, until heated, adding mo broth if needed. Reduce heat to war and cover (keeps well up to about hour). Makes about 8 servings.

Skewered Meats. Pieces of meat and ve etables should be bite-sized. Arrange one skewer the foods that cook in sa time; string 4 or 5 pieces close together the end of each skewer. Plan on about pound meat and fish for each guest. F the glazing sauce, combine 4 cups s sauce, 2 cups sweet Sherry or apple ju 1 cup salad oil, ½ cup sugar, and 1 t spoon ground ginger; heat. Makes enou to fill 8 slender glasses or mugs.

Brunch buffet

The easiest of the three menus to prepa this Mexican-style brunch is served fr a counter or table on your patio. Use electric frying pan to prepare the dish and keep it warm for serving, a an electric griddle (or another frying pa to heat and butter the flour tortillas the buffet table.

Guava Fruit Punch
Mexican Egg Scramble (Chilaquiles)
Green Chile Sauce Refried Beans
Buttered Toasted Flour Tortillas
Hot Chocolate Coffee

Start this meal with the combinati punch and fruit course, which might set up on a small garden table. A rec for the special Mexican egg dish is page 172. It makes 6 to 8 servings; a larger party, make another recipe i second electric frying pan.

You'll need about 1 can (1 lb. 4 o refried beans for each 6 to 8 servin heat as directed on the can. One sm can green or red chile sauce will be m than enough for 8. Fry the flour tortillas a well buttered hot griddle until ligh toasted, about 1 minute on each side.

Guava Fruit Punch. Combine in a pun bowl 3 cans (6 oz. *each)* frozen ora juice concentrate, reconstituted, and cans (12 oz. *each)* chilled guava nect Just before serving pour in 10 oun light rum (optional). In a bowl arra these chilled fruits: 2 unpeeled orang thinly sliced and slices halved; 1 fr pineapple, peeled, cored, and cut in spea 1 large papaya, peeled and sliced; an cups whole strawberries. Float a f pieces fruit in punch. Makes about servings.

It's for families who want a set that's ght enough to really get around. Yet large ough so the whole family can really get ound *it.*

Of course, you could say that calling any ny a giant is a gross exaggeration. That ere are plenty of portables you could buy at could truly be called giants.

But if you believe a set is portable just because someone's stuck a handle on it, you could get stuck with a portable you just can't handle.

It's a cinch to handle our giant. It weighs only ten pounds.

But when it comes to sound and picture quality, it's head and shoulders above a lot of big sets. Even outdoors, operating off a rechargeable battery pack. Thanks to new epitaxial transistors. And an overgrown speaker.

Maybe we're making a big thing out of a little portable. But we expect it to be even bigger with a lot of families. And that's not stretching the truth!

THE SONY® GROSSLY EXAGGERATED 900-U TV

8" picture measured diagonally.

OUR SONY, THE GIANT.

© 1968 SONY CORP. OF AMERICA. VISIT OUR SHOWROOM, 585 FIFTH AVENUE, N.Y.

The Changing Western Home

A lamp that goes where you want it to go . . . a useful tool carrier . . . a roomy bench where there isn't room for one

DARROW M. WATT

Any direction, including straight out

A draftsman's lamp mounted on a wall bracket makes an extremely versatile bed lamp. You can extend or twist the lamp to shine exactly where you want it to shine, instead of having to scoot yourself around until you match the beam coming from a stationary lamp.

Good quality draftsman's lamps with a wall bracket cost about $25. Import stores sometimes have lamps for $12 to $15.

Vacation houses: a cost correction

In the article on renting out vacation houses in the April 1968 *Sunset*, an error appears in the chart on page 164. In item 12, "actual cost to the owner," the parentheses should read (item 3 minus item 11) instead of (item 8 minus item 11). The actual cost of the house then becomes $812 instead of $1,662.

Tool organizer that stores and carries

If you have a tool drawer where the things you need collect at the bottom and everything sharp or pointed piles up on top, you'll like the new three-layered tool organizer. It has drawers at the bottom for nails and screws, troughs just above for tape, small boxes, and so forth, and a perforated platform at the top through which you can insert screwdrivers, pliers, hammers, and wrenches.

Its sturdy handle is easy to grasp when you want to carry tools to your work, and the whole unit is only 11 inches high, 14 inches long, and 7 inches wide.

The tool organizer costs about $5. You must order it by mail; for information send a stamped, addressed return envelope to Building Department, *Sunset Magazine*, Menlo Park, California 94025.

Fire!

In a summer cabin (especially one far from fire protection) it's reassuring to have on hand some means of extinguishing fires.

Good for an ordinary wood, paper, or rubbish fire is a garden hose with a spray nozzle adjusted for heavy misting. Be sure your hose will reach into the house.

For inflammable liquids or electrical fires the best extinguisher is dry powder type with a BC rating. For a house, the 4-pound size, costing about $14 to $27, is adequate. Have it checked once a year by an authorized dealer. Charge for servicing is about $6 if you've used it, about $4 if you haven't.

For car or boat there are 2¾-pound dry powder extinguishers with a BC rating costing $10 to $15, and $4 for servicing.

RICCO-MAZZUCHI

Make a bench in the middle of the railing

A raised deck or terrace with a view beyond tempts people to sit down and look out for a while. If nothing else is available, they tend to sit on the railing itself, an uncomfortable and somewhat unsafe place. Mr. and Mrs. Earl Cheit of Kensington, California, solved the problem neatly with the bench pictured above, designed by Charles W. Stickney.

Now, when the Cheits or their guests are tempted to sit, there's a place for them—and the bench can hold plants too.

Think colorful thoughts

Think colors like these for the floor of your fun-and-games room. They have a way of brightening the whole room—and the mood of everybody in it.

This is new Rocosa™ Excelon® Tile—budget-priced vinyl asbestos, but with something special on top—a vinyl-formula wear layer that gives it a rich, expensive look.

You can install it yourself. It's easy!

See the many Excelon colors and designs at your Armstrong retailer's. He's in the Yellow Pages under "Floors." Ask about his easy payment plans.

And make sure you get that special vinyl-formula wear layer. Only Armstrong Excelon Tile has it.

Free! "Color Creates the Mood," our *new* 24-page booklet of decorating ideas. Write Armstrong, 6806 Ruth Ave., Lancaster, Pa. 17604.

Armstrong

Airy, open *pavilion a short walk from the house is a place for entertaining guests or for just sitting and enjoying the canyon vi*

Their deck is topped with a "space frame"

The raised deck pictured here occupies one end of a long, narrow garden on a hilltop. It is a focal point of the garden and just naturally attracts people. Part of its appeal is a device that designers call a "space frame."

A space frame simply consists of a framework of upright and horizontal members suggesting an enclosure while remaining open. The one here creates an airy garden pavilion effect. Equally important, it dramatizes a long view by supplying a foreground that gives depth and scale to the canyon beyond.

This space frame also seems more like a pavilion because its deck is above the level of the remainder of the garden; and because it is raised, you have a more interesting view of the garden from it. For entertaining, the deck's surface handles groups well, and the pavilion is conveniently near the kitchen.

In another climate, the posts might support a roof for shade, but here on the seaward side of the Santa Monica Mountains, only a suggestion of shade is needed most of the year.

The pavilion was designed by landscape architect Jack W. Buktenica, for Mr. and Mrs. Irving Hammer, Los Angeles.

RICHARD F

Three pebble concrete *steps lead from garden up to deck. Masonry block to right co tains small pool with fountain, also acts as display platform for cycads in contain*

Rapid transit.

Douglas DC-9.

The Douglas DC-9 has captured the fancy of rush-hour travelers from coast to coast, from the Great Lakes to the Gulf, and everywhere in between.

This quick and quiet jetliner makes it possible for airlines to schedule more flights to meet the needs of today's businessman.

It also makes possible jet-fast commuter service into close-in airports, smaller cities, and new industrial sites once served only by slower, propeller-type airplanes.

Aboard a Douglas DC-9, you'll feel a lot more relaxed starting out, along the way, and homeward bound.

For business or pleasure, fly twinjet DC-9s, or our big, super-luxurious DC-8s. You'll find it's a great way to get places.

MCDONNELL DOUGLAS

Her new kitchen has both barbecue and cooktop set into a long maple counter

Table *looks like giant pull-out board but is stationary. Window was raised to accommodate seat*

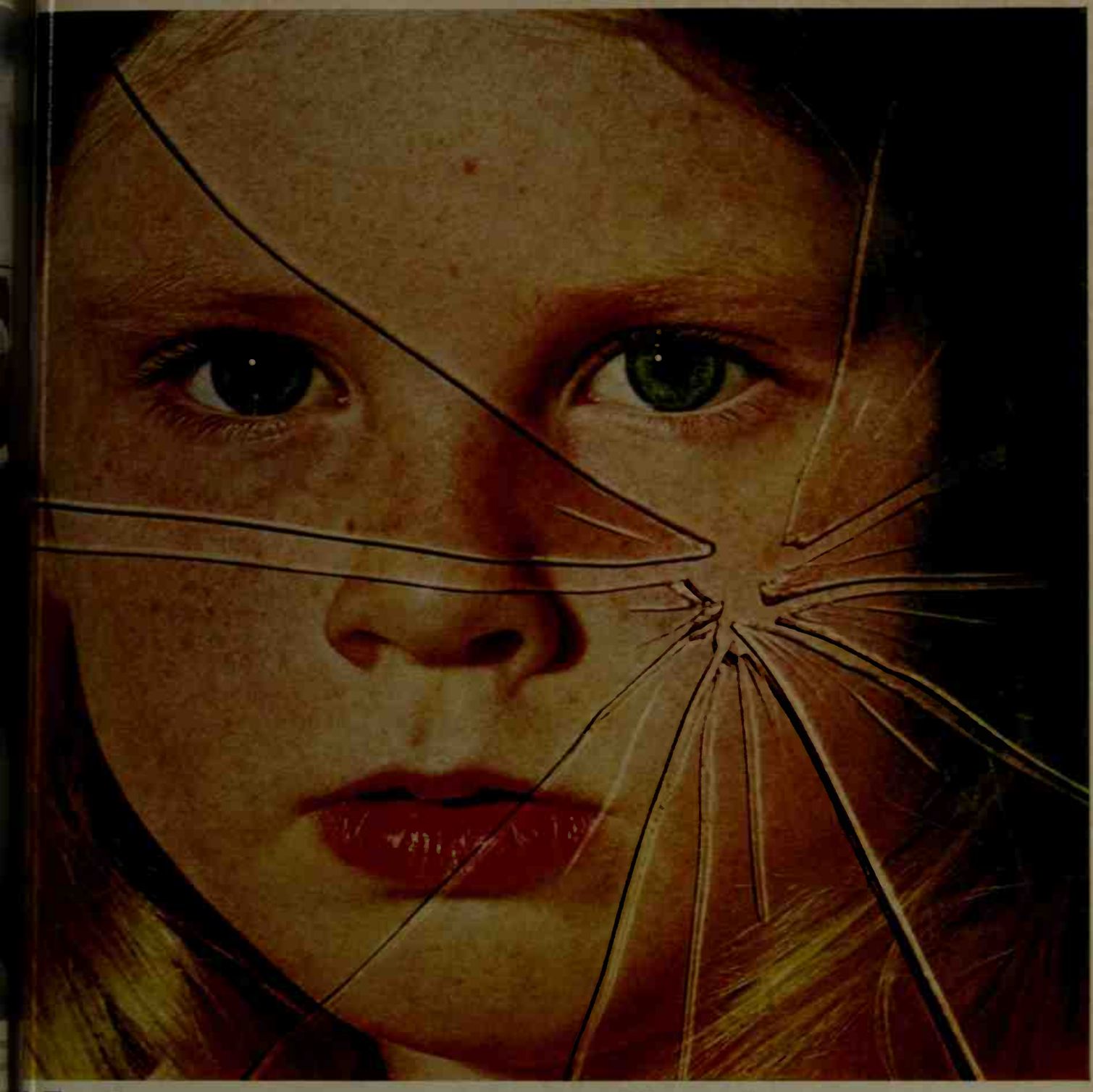
Cooktop, *barbecue, and sink occupy counter along window side. Sliding panel conceal storage below high sill. Storage cabinets flank the original window*

Twenty-three feet of maple counters and a side-by-side cooktop and barbecue unit are the special features of this remodeled kitchen in the Hollywood, California home of architect Perry Neuschatz.

Without changing the original floor plan, and working around existing windows, Neuschatz took full advantage of the wall space. He provided for top-of-the-range cooking under a custom-made hood along the window wall (picture at upper right), and sandwich and salad making and baking in the alcove opposite. The small fixed table satisfies kitchen dining needs.

Because Mrs. Neuschatz likes to be able to put things away, all wall space above the counters and between the windows was used for storage, behind brightly painted sliding hardboard panels.

Counter *between ovens (left) and refrigerator (right) has marble inserts at each end. Pull-out board closes flush with counter front*



Make sure your patio doors have PPG Safety Glass.

Those long, jagged edges will never threaten our child.

PPG Safety Glass is so strong that it takes most bumps that shatter ordinary glass.

And if it ever does break, it crumbles into the small, rounded pieces shown at right. They won't cause serious injury.

Sliding glass patio doors are a beautiful way to go in and out. Make them safe—even for kids—with PPG HERCULITE® K Tempered Safety Glass. PPG INDUSTRIES, Inc., San Francisco 94104.

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Gentlemen: Please send me the names of nearby Patio Door dealers who offer PPG Herculite K Safety Glass.

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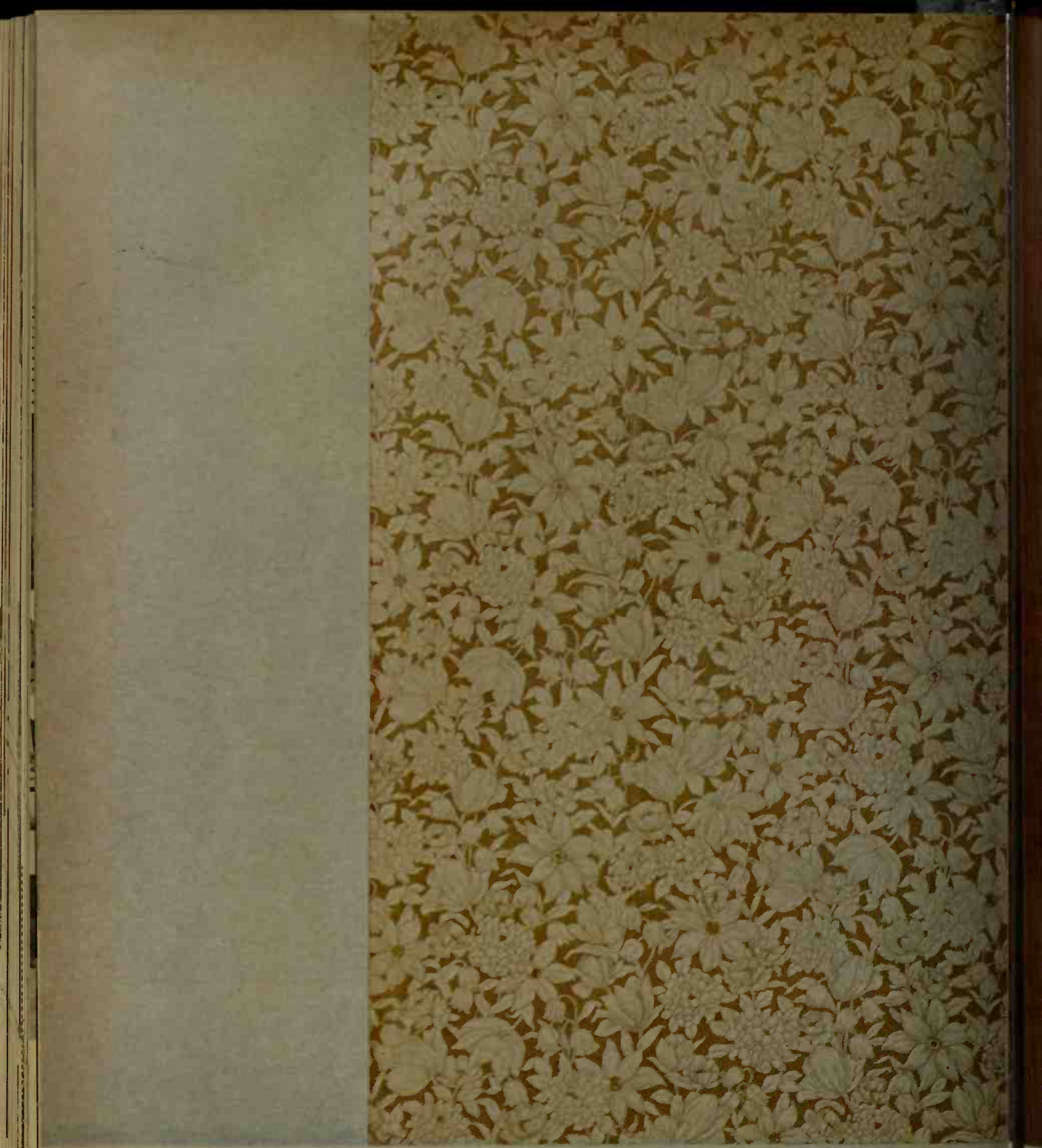


An $8 roll of wallpape
covers 4x8 feet of wal

If you can't find a wallpaper that doesn't look cheap until you get up around $8 a roll, maybe you should take a look at Weldwood® paneling. It starts at $7.95. And it's a whole lot easier to put up.

It comes in broad, flat, stiff 4'x 8' panels. You just squeeze panel adhesive on the back and stick them on the wall. 32 square feet at a time.

Wallpaper comes in long, narrow, floppy rolls (5 yards x 27 inches—about 34 square feet). You need paste, brushes, cutters, rollers and a stepladder. Then you can get one roll up in half an hour. Maybe.

And with cutting, trimming and overlapping you'll be lucky if you cover as much wall as you can with one Weldwood panel.

Unless you're an expert, it still won't look right.

And you'll be standing there kicking yourself with paste in your hair.

So next time your wife is dragging you around the wallpaper stores, steer her into a Weldwood dealer's and show her some paneling.

It has a rich, warm look. It's a cinch to put up. And it lasts as long as your house, so you never have to do it over.

The panel shown here is Weldwood Ranchero®—$7.95 at your Weldwood Headquarters Dealer (you'll find him in the Yellow Pages under Plywood).

For two booklets full of remodeling ideas, with lots of color pictures, send 50¢ to Remodeling, Box 61, New York, N.Y. 10046.

U.S. Plywood

A Division of U.S. Plywood-Champion Papers Inc.

o does $8 worth of wood.

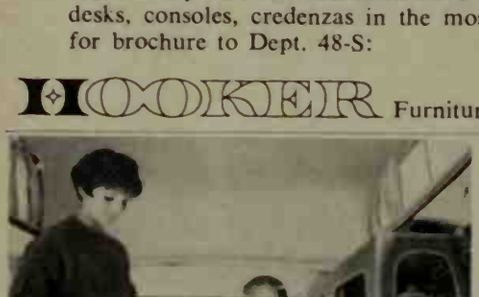
ELEGANT SURPRISE

This Mediterranean charmer gives you a delightful surprise anywhere in your home decor—entrance foyer, living room, dining room, den. Surprising storage behind dramatic block front doors, handsome molding detail . . . all in rich, glowing hickory. Fit this high-style 52" credenza into your house plans today.

No. 232 Mediterranean Credenza

One show piece from the versatile "Decorator Group" of bars, room dividers, desks, consoles, credenzas in the most popular styles and woods. Send 50¢ for brochure to Dept. 48-S:

HOOKER Furniture Corporation, Martinsville, Virginia 24112



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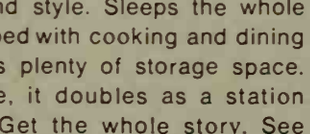
The Travco Family Wagon is built to take you through the most rugged country—in comfort and style. Sleeps the whole family. Equipped with cooking and dining facilities. Plus plenty of storage space. Easy to drive, it doubles as a station wagon, too. Get the whole story. See your Dodge dealer or send the coupon below.



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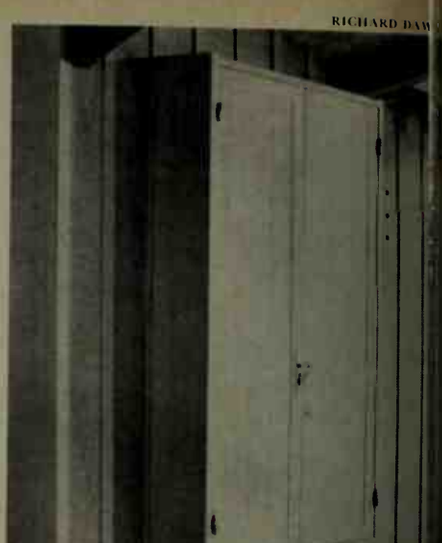
Follow me! Right to where it's all happening in Acapulco. On the ocean at the Pierre Marques. Do everything. Private beach, morning and afternoon pools, tennis, golf, water sports, fishing. Informal atmosphere, lavish dining, lively nightlife. Or do nothing. As you choose. After you choose your air conditioned room or bungalow. From $10 daily per person, double occupancy, to Dec. 15. Modified American Plan from $18 per person. See your travel agent or write direct.

PIERRE MARQUES
HOTEL AND BUNGALOWS
ACAPULCO, MEXICO

RICHARD DAV



Cabinet *is 6 feet high, 2½ feet wide, inches deep, stained to match ho Knuckle hinges used so doors open f*

Large serving shelf *is hinged to the r rower shelf below it. It raises up hooks to side walls when unit is clo*

Hanging cabinet

This wall-hung cabinet serves as a har glassware and bottle storage unit an mixing and serving refreshment center outdoor entertaining. (Ice and water brought out from the house when neede There's also a special compartment at bottom, concealed behind sliding do that holds garden tools used for pl chores in and around the adjacent pa For night use, a tube light on top of cabinet shines up under the roof ov hang, and another concealed under a g shelf illuminates the serving section. architect was Sidney Snyder of Vladi Ossipoff & Associates for Mrs. L. A. Gaspar, Honolulu.

Tranquil beach at The Sea Ranch – the beautiful second-home colony on the Sonoma Coast. Photograph by Ernest Braun.

near to the Bay Area –
far from the madding crowd

he Sea Ranch

u might be a whole world away
m the city's concrete canyons –
your second home at The Sea
nch is just two-and-a-half hours
th of San Francisco.

ere are over a half dozen
autiful beaches to explore here.
bble beaches for rock hounds,
ftwood beaches, rocky coves and
ite sand beaches, beaches for
n divers, abalone hunters and
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hind. The rhythm of the waves,
beauty of meadows bright with
wers, the serenity of the red-
oods all restore and refresh you.

arly half of The Sea Ranch area
meadows, forest and beaches –
is reserved for preservation in its natural state. This "dynamic conservation" plan has won national acclaim, but more importantly, it makes sure there will always be open space here for you and your family to enjoy.

Because The Sea Ranch is a private development, you'll find relief from the crowds in urban and resort areas. Sea Ranch roads are private; access is limited to residents and their guests.

With your lot, paved streets, security patrol services and underground utilities in most units are included. Factors like these make your Sea Ranch property an excellent investment.

Discover The Sea Ranch for yourself. You'll see why this outstanding Castle and Cooke development is the ideal site for your second home. Send the coupon now for more information.

The Sea Ranch
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The Sea Ranch, California 95445
(San Francisco phone 434-3111)

Please send more information on The Sea Ranch, without obligation.

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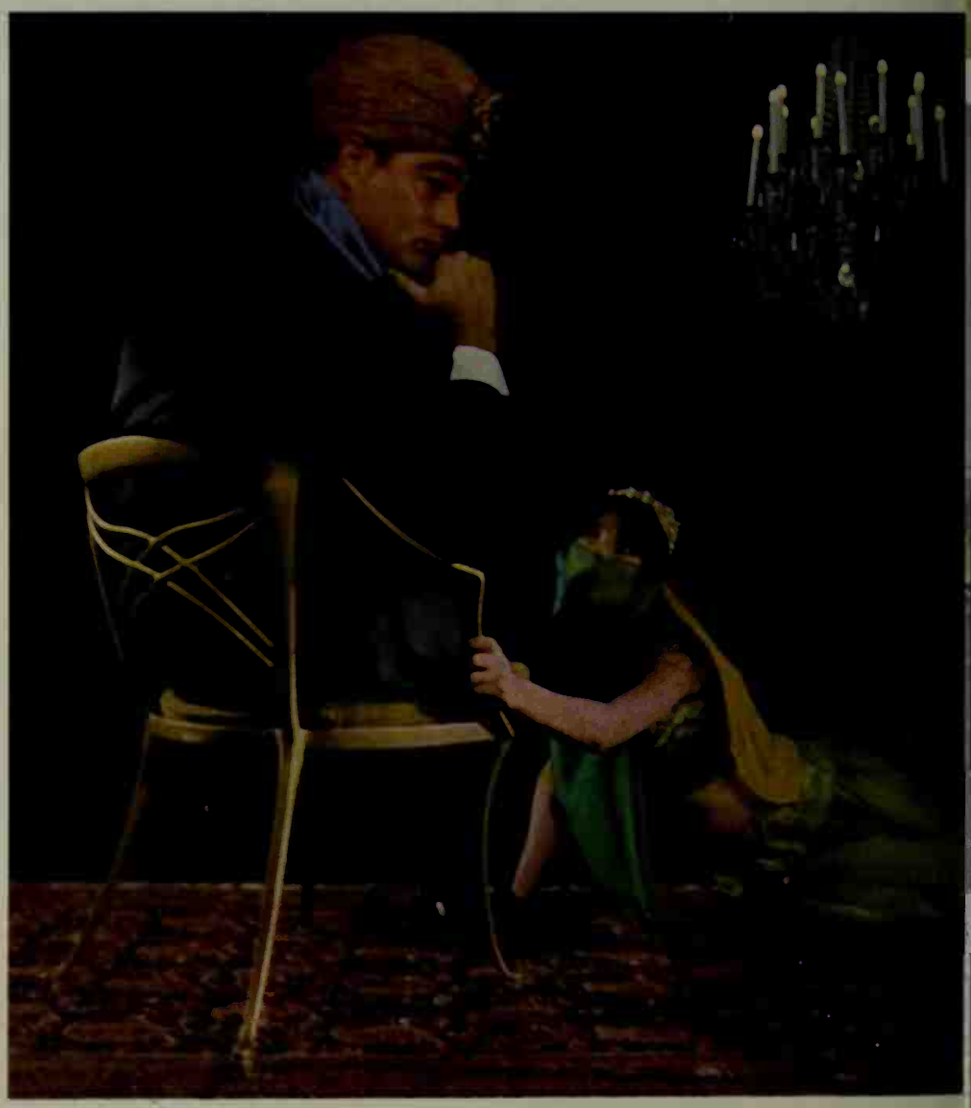
Address _____

City _____ State _____ Zip _____

SS-3

We don't make furniture for just any old Tom, Dick or Harry

Prince Tomaharajah *flipped his turban over Brown-Jordan's Classic II. And the chairs are so comfortable that he's become positively mellow. It's been weeks since he had anyone beheaded. In 372 of the palace rooms you'll find its understated elegance, the sculptured contours of lifetime cast aluminum, the rich splashes of subtle colors in a dining set (with half-round console), sectionals and corner tables (in the harem) and occasional chairs (on the ramparts). Of course, the Royal Decorator had it all made up in his own choice of fabric and color finish. (The best stores in town will handle custom orders for you too.)*



Richard the Lionhearted

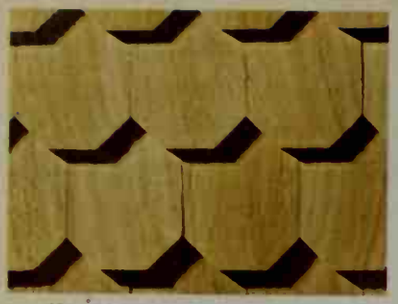
trusts Brown-Jordan's Tamiami to take hard abuse. Its aluminum frame and ribbon-like vinyl are impervious to sun, rain, salt air—and the other half of his act. He feels lionized by his sturdy table with its chatterproof top (set in exclusive shock-absorbers). The tempered glass top is eight times stronger than ordinary glass. Tamiami may be just the fashions-in-the-sun you've been looking for. (How about a rocker, garden-picnic table and a quartet of stacking stools for your garden tent?)

Hal Owen

prize pitcher for the Saints, believes the team that sits together hits together. But with his contract, you can't blame him for preferring the luxury of Regent II in the dugout. Hand-laced with extra-wide vinyl straps, and triple-baked to an automobile finish, Regent II comes in a complete collection. 5 shapes and sizes of tables, 7 types of chairs. For the 7th inning stretch, Hal has his manager deliver his refreshment on a matching service cart. (You'll find Regent II is priced right in your ballpark.)

You may have already dined at one of our tables in a hotel in Florida, sunned on one of our chaise' at a resort in Hawaii, or flirted in one of our club chairs in a gazebo in Connecticut. (Professional interior designers rely on Brown-Jordan for its high fashion and long life.) Now's the time to pick out a few pieces for your own home. You'll find Brown-Jordan collections at the best stores. And you can write for a brochure to Brown-Jordan, El Monte, California.

Brown-Jordan



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FINISH WITH OLYMPIC STAIN

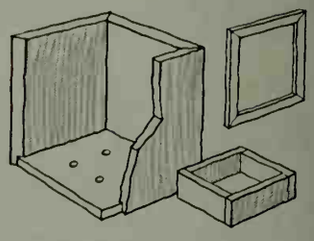
Costs less than paint.
Lasts longer than paint.
Easier to apply than paint.
Protects wood with P.M.O.
Guaranteed not to crack, peel or blister.
66 Colors, solid or semi-transparent.

Wood: Cedar shingles. Architects: Bennett & Johnson, A.I.A. / Olympic Stain, 1118 N.W. Leary Way, Seattle

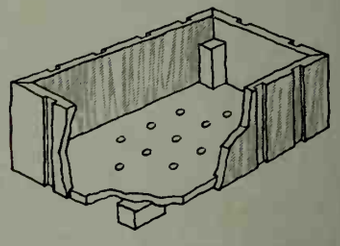
Jade plant *grows in the square container; cinerarias, white pansies fill the other*

Easy-to-make planter boxes

Of these two straight-sided planter boxes, the taller one at left best suits a smallish shrub; the other looks good brimful of annuals. Each costs $1.50 to $2 to build. Paint or stain the planters, or let them weather naturally.



Box on a box. The sides are 1 by 12 rough redwood, 12 inches high, mortised to accept an 11-inch-square bottom of any scrap wood. Miter the corners, then use waterproof glue and nails to secure sides and bottom together. Use glue and nails to attach decorative wood trim desired. The base is four 8-inch lengths of 1 by 2.



Box on four blocks. The sides are ⅝-inch-thick resawn plywood with vertical grooves, costing $13 per 4 by 8-foot sheet. Half a sheet will cut down to make four planters of the size shown—about 12 by 23 by 8 inches deep. Mortise sides to accept whatever material is used for the bottom, and miter the corners; then glue and nail all together in one operation. Later, glue a reinforcing block into each corner. Use small scrap blocks for legs.

*PLUS LICENSE, TAX, D&H, LOCAL FREIGHT, IF ANY.

Even if
it didn't have
a 96 h.p. overhead cam
engine, fully independent rear
suspension, front
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windows-up fresh
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it would still be worth $1996.00*

Because... this beauty delivers complete! All-synchro 4-speed. Heater & defroster. Carpets. Bucket seats. Alternator ...and more! Two options: Radio. Automatic transmission. No wonder owners vote it Value Car of the Year!

DATSUN

the difference is value!

A drop makes quite a splash

Nothing reflects a masculine outlook as much as ENGLISH LEATHER ALL-PURPOSE LOTION. Brisk as a salute; in distinctive redwood gift boxes, $2.50, $4.00, $6.50.

The array of ENGLISH LEATHER toiletries and gift sets includes ALL-PURPOSE LOTION and SOAP in handsome redwood box, $3.50. Other GIFT SETS from $3.00 to $10.00.

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Weathering . . . part nature, part art

The natural, understated beauty of our Western woods often heightens with weathering, whether it be natural or artificial. Outdoors, a weathered finish on wood house siding, decks, fences, and patio and garden structures is an attractive and practical alternate to painting. It blends in well with most Western landscapes and requires very little in the way of maintenance.

Indoors, weathered wood finishes can be particularly practical and handsome in family rooms and other places that receive considerable abuse. They are durable and resistant to marks and abrasions.

A partially weathered piece of driftwood from the beach or mountains often benefits from more weathering or from removing some stains here and there. Or you may have bought or made something in your workshop of new raw wood that you would like to give a weathered finish.

How do you weather wood at home?

There are a great many ways. We describe here some of the easiest and most effective methods commonly used in the West. We speak mainly of Western softwoods because most Western hardwoods do not weather well, and tend to crack and warp when cut into boards and exposed to the elements. Whole branches of such plants as manzanita or myrtle are exceptions.

NATURALLY

One good way to weather our softwoods is just to be patient.

On any outdoor structure, decking, or fencing, Port Orford and Alaskan cedars —our best weathering woods—will turn a handsome silvery gray in a few months. Other Western cedars, pines, and hemlock will turn a light gray in a year or so. Douglas fir and white fir change to a somewhat darker gray in about the same time. Redwood usually turns a dark gray in a few months, then gradually lightens over the years.

With any of these structural woods, you can hasten the natural weathering somewhat by hosing down the wood whenever you water the lawn in warm weather. And with any structural wood left to weather naturally outdoors, it is best to use aluminum or stainless steel nails to avoid unsightly rust streaks. Plain steel nails rust badly; even the heads of galvanized nails, after being hammered, will rust to a considerable extent.

To weather individual pieces of wood such as a piece of driftwood you have

(Continued on page 111)

Play the hot one!

When you play
The Pennsylvania Centre Court,®
the advantage is yours.
Regardless of the score.

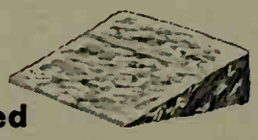
Available wherever fine tennis equipment is sold.

GENERAL TIRE

Pennsylvania Brand Athletic Products
Akron, Ohio

YOU CAN SANDWICH IN DANISH BLUE ALMOST ANYWHERE

In canapes, in hero sandwiches, in sizzling franks and burgers on buns . . . in salads, in stuffed celery, in steaming baked potatoes or with tomatoes . . . in snacks, in lunch-packs, in budget suppers and company dinners. Try a bite of the blue!



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DANISH BLUE CHEESE

TRY OTHER DANISH CHEESES, TOO

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Your husband is a great guy. But face it. On summer days, isn't it just a bit annoying to see him trot merrily off to work while you're left behind in a hot, sticky house?

Well, we say, it's time for you to rise up. Win equal rights! Persuade him you need home air conditioning *now*. And, we'll help you—with our Free Rheem Husband-Persuader Kit. In it, you'll find things to put in his wallet, slip in his shoe, paste on the mirror, hang on the door! Each combines fun with logic to remind and convince him that your home will be a cooler, quieter, healthier, happier place to live . . . just by installing Rheem Central Air Conditioning!

To get your Husband-Persuader Kit Free, phone your Rheem Air Conditioning and Heating Contractor (he's in the Yellow Pages under Air Conditioning Equipment & Systems) or mail coupon below. Do it today—while they last!

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Rheem

Gentlemen: Please send me, without obligation a Free Rheem Husband-Persuader Kit. I enclose 15¢ to cover the cost of mailing and handling.

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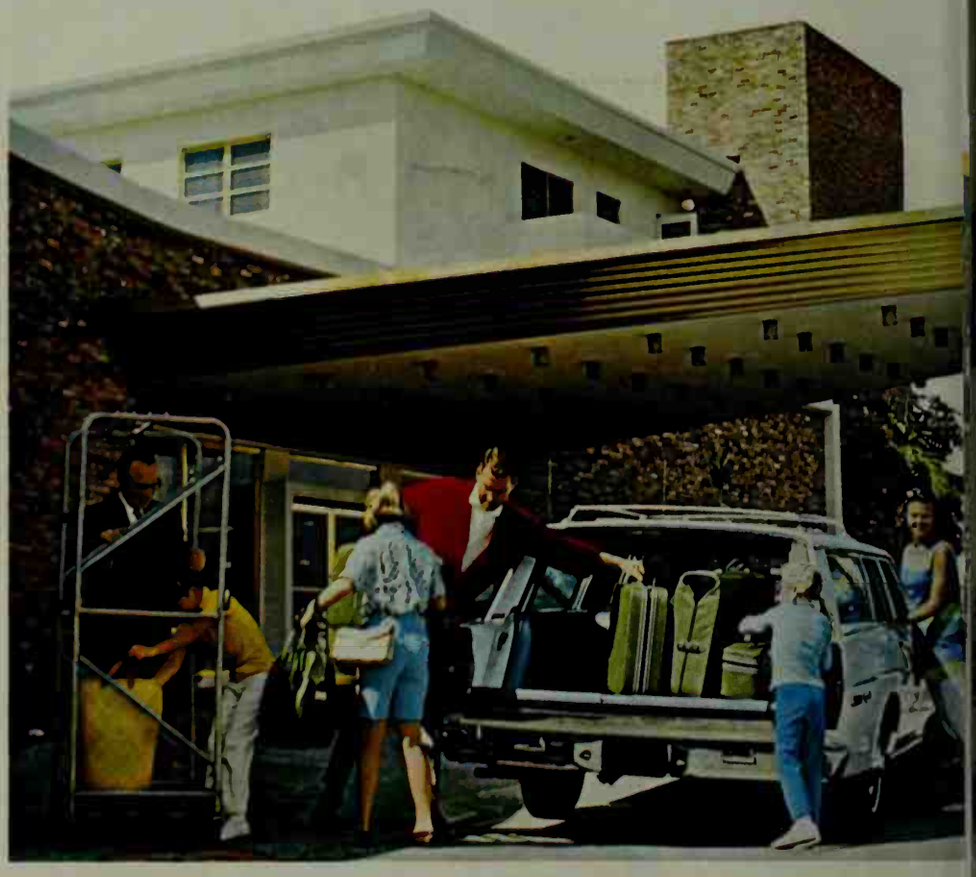
Rheem, makers of comfort products for the home: residential, commercial water heaters • warm air and hydronic heating equipment • complete home air conditioning

Win Miracle Whip's Swing Around America

with Holiday Inn® hospitality for your whole family!



★25 GRAND PRIZES★

ach a cross-country motor trip to Anyplace, Continental U.S.A. Just pack the family in your car and ake off. We pay an allowance for your gas and oil nd give you $200 extra for spending money.

For two weeks, as you tour, you and your whole amily get breakfast, lunch, dinner and delightful ccommodations every night at famous Holiday nns®—as prearranged for you.

Every Grand Prize Winner may also collect an dditional $500 cash bonus.

Start planning your trip now to the American cities you and your family have always wanted to ee. Enter today—and as often as you wish.

NO PURCHASE REQUIRED TO ENTER.

Visit the Redwood Forest, Washington, D.C., Disneyland, the Great Smokies, the Blue Ridge Mountains, New York, San Francisco, Yellowstone Park, the Grand Canyon, Miami Beach, Niagara Falls. Anywhere you want to go, you're sure to have a colorful trip.

To make your Swing Around America travels even more enjoyable, Miracle Whip has arranged for the American Automobile Association to plot your route and estimated driving time on easy-to-read, easy-to-follow road maps—from your home, to the Holiday Inns® in cities you plan to visit, and back home again.

DISCOVER AMERICA

a Sweeps

y!

NO PURCHASE REQUIRED TO ENTER.

See Kraft Music Hall, Wednesday Nights, NBC-TV

KRAFT

There are 189 other big prizes plus 25 $500 cash bonus prizes

TURN PAGE—FOR DETAILS AND RULES.

MORE EXCITING PRIZES

in Miracle Whip's Swing Around America Sweeps WITH HOLIDAY INN®

25 Grand Prize Winners can also win a $500 cash bonus

Each of the first 25 winning entries will be awarded a $500 cash bonus if—in addition to a major portion of a Miracle Whip label or alternate substitute—it also includes a blank sales slip or sales tag from any store which sells any of the prizes; or, as a substitute, you may hand print the name of any of the prizes in plain block letters on a plain piece of paper.

NO PURCHASE IS REQUIRED TO ENTER OR TO QUALIFY.

10 Cub Cadet® Tractors with Mowers or Snow Throwers. New from International Harvester Co. 7 horsepower—to level lawn in minutes, clear walks and driveway, do dozens of lawn and garden chores. Built like the big ones: full-length steel frame, all metal (no belts), 3-speed transmission, instant cold-weather starting, extra comfort, safety, other features.

35 Smith Corona Electric Portabl Typewriters—The deluxe Electra 110™. Precision-built, big-machine fea tures. Full 88 character office-size key board. Changeable type™ bar lets yo type in professional, technical languag symbols. 5 electric repeat actions typ dots, dashes, etc. Up to 10 carbons. Flight styled, metal, vinyl clad carrying case.

15 PG Professional Golf Sets—Registered PG Professional clubs, perfectly weighted and balanced. Customized shafts, each with same flex. Woods (1, 3, 4 & 5), irons (2 to 9), plus pitching wedge. Elegant PG golf bag of DuPont Corfam®. Resists scuffs, wipes clean. Matching weekender, shag bag and headcovers. Looks, feels, is professional quality.

4 EMBA® Mink Jackets—Luxury from the magnificent Rare Quality Collection of Emba® mink. Bred in America. Just imagine yourself in any one of these jackets of world-famed beauty: JASMINE® white mink, AUTUMN HAZE® natural brown mink, LUTETIA® natural gunmetal mink, TOURMALINE® natural pale beige mink. Made in your correct size.

® Emba Mink Breeders Assn.

15 Rayette Salonett "Beauty Center" Hai Dryers: Includes ne facial sauna which can b used with dryer or sepa rately. Vapor and Powe Mist for better and faste hair drying and uniforr hair coloring. Giant-sizec full-contour snap-u hood with geared heigh adjustment. Remote con trol with 4 settings.

10 Magic Chef Chateau Gas Ranges—Complete double oven range. Easy to clean. Bake, broil, keep food warm in either oven. Upper oven has rotisserie. Removable lower oven door, liners, rack runners, cook top. Magitrol thermostatic top burner keeps food warm. Eye-level infra-red radiant broiler gives charcoal tastiness without smoke.

15 Samsonite 5-piece Luggage Combinations—Ladies' beautifully styled Samsonite Fashionaire® luggage. Sleek, pliable, strong. Fashionwise interiors for more packability, exclusive hidden locks, light magnesium frames to keep things shapely. Includes Folding Wardrobe, 26 Pullman, Beauty Case, Weekender, Handi-Tote in choice of 5 smart colors.

15 Story & Clark Organs—Even beginners can make good music right away. Completely transistorized. Two ful 44-note keyboards. Authentic instrumental voices. Many special features including "Lilt" control for Hawaiian Guitar, Auto-Beat for Marimba, and Sustain on keyboards and pedals. Exquisite spinet styling; walnut finish.

35 Norelco Tape Recorders—Carry-Corder "150". Cassette loading. Cordless. Up to 120 minutes recording/playback per cassette. Capstan drive and constant speed, transistor regulated motor. 80-10,000 Hz. Comes with tape cassette, dynamic microphone, fitted carrying case, patch cord. Output jack for external speaker and viewing window in lid.

20 Gibson Jumbo Flat Top Acoustic Guitars—Superbly rich, resonant tones. Carefully crafted from premium spruce and Honduras mahogany. Special adjustable bridge and truss rod. Tortoise shell finished finger rest, chrome-plated enclosed machine tuning heads and rosewood fingerboard with pearl dot inlays. 20 frets. Natural finish top; walnut trim.

15 KitchenAid® Portable Dishwashers—Gets dishes cleaner... drier, too. Push-button VariCycle selection. Full cycle. Utility-Utensil. Rinse and Hold. Hydro Sweep wash. Flo-thru drying. Automatic-lift top rack. Big, versatile capacity. Beautiful Avocado green with maple cutting board top. Porcelain enamel inside and out.

RULES: **1.** Send your name and address, together with a Miracle Whip Salad Dressing label or a piece of paper 3" x 5" on which you have hand printed in plain block letters, written or typed the words "Miracle Whip Salad Dressing." NO PURCHASE REQUIRED. Wisconsin and Missouri residents send only name and address on a plain piece of paper.

2. Mail entries to Miracle Whip Sweeps, Box 730, Chicago, Illinois 60677. Enter as often as you like. Each entry must be in a separate, stamped, addressed envelope. Entries must be postmarked by July 6, 1968 and received before midnight July 10, 1968.

3. Winners will be chosen by drawing five days after close of Sweeps. First 25 names win a Grand Prize of a two-weeks' Swing Around America tour—a total of 13 nights' lodging, 14 days' meals for you, your spouse and your children, covering any itinerary you choose to go in your car; as prearranged for you through the American Automobile Association from your hometown in Continental U.S.A. to any selection of the 700 cities where over 900 Holiday Inns® are situated and return. Catalog of all Holiday Inns® will be furnished to Grand Prize Winners.

Prize includes Holiday Inn® normal double room occupancy, as needed for you, your spouse and your children, plus all meals (breakfast, lunch, dinner) at Holiday Inns® on your chosen itinerary. Each Grand Prize winning family also receives $200 spending money. In addition, Miracle Whip pays an allowance for your estimated motoring costs for the trip.

Grand Prize Winners will be required to provide Kraft Foods with a specific itinerary of all of the Holiday Inns® to be visited on your trip, and dates of travel plans. Also the names of the members of winning family, along with ages of sons and daughters who will accompany parents on the tour. Reservations prearranged, based on availabilities.

4. The American Automobile Association, as prearranged through Kraft Foods, will provide each Grand Prize Winner marked road maps of his chosen itinerary, along with the total estimated road miles per family to be traveled. Based on these estimates, Kraft Foods will advance in cash 15¢ per mile for total mileage planned in each itinerary prior to each winner's tour, as an allowance toward motoring costs including gasoline and oil.

5. Next 189 names drawn will win the next 189 prizes in order of value. All winners will be notified by mail.

6. Each Grand Prize winner must take his Swing Around America tour prior to December 31, 1968. If, for any reason, a winner is unable to take the tour, or to accept any part of any prize, no alternate, substitute or exchange will be made.

7. A $500 cash bonus will be awarded to each of the first twenty-five winning entries which—in addition to a major portion of a Miracle Whip label or alternate substitute—also includes a blank sales slip or sales tag from any store which sells any of the prizes; or, as a substitute, you may hand print the name of any of the prizes in plain block letters on a plain piece of paper. No purchase is required to qualify.

8. This Miracle Whip Sweepstakes is void outside the U.S.A. and wherever prohibited, taxed, or restricted by federal, state or local regulations. Employees of Kraft Foods, its advertising agencies, and the judging organization and their immediate families are not eligible. State, federal, and other taxes imposed on a prize winner in the Sweepstakes will be the sole responsibility of the prize winner.

NO PURCHASE REQUIRED TO ENTER

MIRACLE WHIP SWEEPS
P.O. BOX 730, CHICAGO, ILLINOIS 60677

☐ Enclosed is a Miracle Whip label or appropriate substitute according to Rule 1.

☐ Enclosed is a Miracle Whip label or appropriate substitute according to Rule 1—and, to qualify me for the $500 cash bonus, a free sales slip or appropriate substitute as set out in Rule 7.

Name _____

Address _____

City _____ State _____ Zip _____

Miracle Whip Sweeps closes midnight July 10, 1968.

icked up, simply expose them where they re away from soil and other possible ources of staining, perhaps on top of a oof, fence, or rack of firewood. Just turn he pieces over about once a month and et them down when watering. A six-onth exposure is usually ample.

ECHANICALLY

n furniture and small wood objects, you an almost immediately obtain an attrac-ive weathered finish mechanically. One ay is simply to wire-brush the piece of ood. You can do this by hand with a teel wire brush, or use a wire wheel on bench grinder, turning lathe, portable lectric drill, or flexible shaft. Wire-brush ith the grain of the wood so the steel rush will remove the soft summer wood nd leave the hard winter grain un-ouched.

nother way is first to burn the surface f the wood to a dark brown with a pro-ane torch or blowtorch, and then to wire-rush it as above. The surface burning ats into the soft summer wood so that he wire-brushing can cut in much deeper. nd leaving some of the dark, burned oloring can be quite attractive.

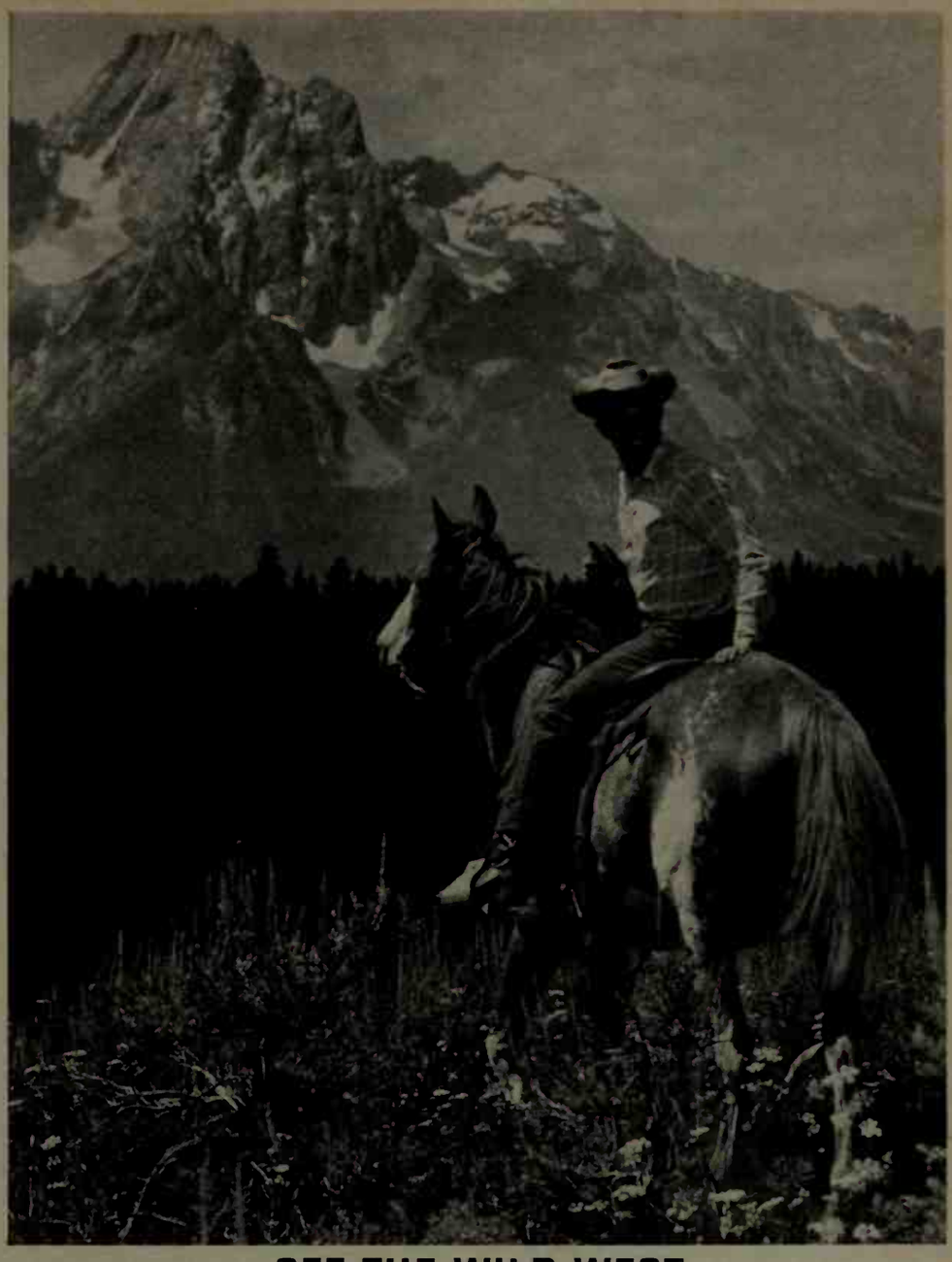
r take the piece of wood to some firm hat does sandblasting (look in the class-fied section of your telephone directory). fter sandblasting, a manzanita limb, for xample, will be returned to you almost one-white, looking very worn and weath-red. A dry piece can be sandblasted uch easier and better than a green piece. ost of sandblasting a 4-foot-long gnarled mb suitable for a mantel or wall decora-ion runs about $3 to $4.

Y BLEACHING OR STAINING

o weather large areas of wood such as fence, deck, or house siding, you can ake a strong solution of salt dissolved a pail of water and just brush it on. ou will need to repeat this treatment any times to arrive at anything like he appearance of driftwood.

ou can immediately darken and elimi-ate the raw look of redwood by painting t with a mixture of ½ cup of baking soda o a quart of water (see page 176 of the January 1967 *Sunset* for full details). The oda reacts with chemicals in redwood to ive it a dark weathered appearance. This reatment does not darken other Western oftwoods to any appreciable degree.

o bleach structural Western woods a air degree, you can brush on a mixture f liquid chlorine in water (5 per cent hlorine). This is the liquid chlorine used o treat swimming pools, similar to laun-dry bleach but stronger, cheaper, and less ure. Try it first on a sample board to ee if you are obtaining the coloration you want; if you use it on paneling or furni-ture that is to have a varnish or other ealer finish, be sure to let this bleach-ng solution dry and weather at least two weeks before sealing. Otherwise, the



SEE THE WILD WEST WHERE IT'S STILL WILD... THE GRAND TETONS

■ At the foot of these towering snow-crowned peaks, the shaggy buffalo still roam. You can see the deer and the antelope play. You'll watch Indian tribal dances and hear old cowboy songs of the Wild West. Go bird-watching for the rare bald eagle and the "way out" yellow-headed blackbird. On a rubber-raft trip down the Snake River, you may meet a moose family "people-watching" you. More exciting things to do, for every age and taste: Horseback rides to shimmering secret lakes. Easy trail hikes to hidden waterfalls and past lush meadows jeweled with brilliant wildflowers. In dozens of sparkling streams, the rainbow trout gives every angler a champion fight. Swimming, boating, water skiing, loafing. Challenging golf on one of the West's most scenic 18 hole courses, its fairways are always freshly-watered. ■ Without disturbing this National Park preserve, we've provided a luxurious Lodge, comfortable family-style cabins, swimming pool. Highway, rail and air connections are excellent. Make definite plans now with the detailed Grand Teton vacation brochures. They're yours for the asking. Please mail the coupon.

Grand Teton Lodge Company S-3
Reservation Office
Jackson, Wyoming 83001

Gentlemen: Please send me your brochure on vacations in the Grand Tetons ☐ Send special Golf Brochure, too ☐

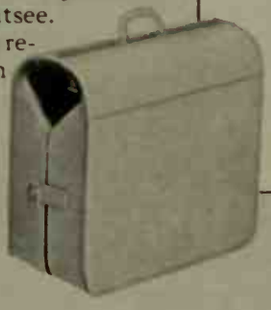
Name:_____

Address:_____

City:_____ State:_____ Zip:_____

Travel via Ventura... and never unpack till you're home!

You can live out of Ventura's deluxe Hangaway for 21 days, 7 countries, without pack-and-unpacking. The Hangaway organizes blouses, lingerie, accessories (even shoes) into detachable pockets that hang up so you can reach everything inside. Dresses, suits, etc. hang within easy reach, too. 6 minutes after you arrive, you're ready to sightsee. While others repack, you can nap, shop, snap that last picture. Then zip, zip—and go.



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THROUGH THE GREEN by J. H. Bradbury — BLYTH COLLECTION

With quiet competence, Blyth & Co., Inc., long one of the nation's leading underwriters, also serves a select group of discriminating people in the buying and selling of listed and unlisted securities for their private investment accounts.

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bleach may bring out some unwanted coloration from the wood and leave it under the sealer coat.

Bleaching oils, available at paint stores, will weather our Western softwoods to some extent and also partially seal them. Some contain an ingredient that prevents dark mildew spots on damp wood; your paint dealer can add such an ingredient to the others.

For small wooden items and interior paneling (this treatment is too expensive for fencing and large structures), you can buy at a paint store a two-part commercial bleach that will almost immediately turn wood bone-white. Brush on the powerful bleach from one bottle; when the wood is the color you wish, brush on a neutralizer from the second bottle to stop the bleaching action.

You can weather rough-sawn beams, posts, fencing, and siding immediately and inexpensively by staining them with a thin mixture of Portland cement in water. Simply try your mixtures on a scrap board until you obtain the color desired. The cement gives rough-sawn wood a light, weathered coloration and also induces a slight chemical reaction that further weathers the wood.

The clear water repellents and such wood preservatives as pentachlorophenol do nothing in the way of giving your wood a weathered appearance. It will look the same after such a treatment, but either water repellent or preservative will considerably increase the wood's durability while it weathers naturally, as well as afterwards.

Last but far from least, you'll find a wide variety of weathering stains at paint stores. They give wood a slightly painted look (some more than others), but they also seal and protect the wood to a considerable degree. This is particularly helpful when you are weathering Douglas fir or white fir, which have a tendency to split and crack in sunlight.

Some of these are made for indoors, others for outdoors. Some are called shingle or siding stains, some penetrating stains, others stain-sealers, and so forth. Some are lightly pigmented (semitransparent), others heavily pigmented.

The best way to make your choice from the many weathering stains available is to take a sample of your wood to a knowledgeable paint dealer who handles one of the better-known brands, and try the manufacturer's different types on it.

These stain-sealers are very easy to apply with a brush, roller, or spray gun. On a deck or any smooth wood siding exposed to the sun, you will probably have to apply a new coat every two years. Rough-cut lumber soaks up two or three times as much of one of these stains or sealers as smooth lumber does, but it will probably need a new coat only once every seven years.

1080 delicious colors from Fuller-$5.98 a gallon

When it comes to summer colors, Fuller has the latest scoops—1,080 to be specific—all the way from delicate vanilla to the newest decorator delectable, creamy chocolate brown. At just $5.98 a gallon beautiful Fuller Ful-Pruf Interior Latex Paint is the best value in a month of sundaes. Fuller Ful-Pruf is also a treat to apply. It has no odor, dries in an hour, cleans up with soap and water and covers so flawlessly, you need only one gallon to do 400 square feet. So why pay a la mode prices for paint when you can buy quality Fuller Interior Latex for only $5.98 a gallon. For the sweetest paint value in town, see your Fuller Dealer. Like Fuller Paint, he's in a class by himself in the classified section of your telephone book.

FULLER PAINTS

Since 1849 Fuller has painted the West-best.

Prices slightly higher in Hawaii and Alaska.

This just might be your favorite rye

It might be if you like a mild delicate rye, light and springy in texture. Its flavor is what comes naturally from a medium grind of the rye berry — without a trace of caraway seed.

If your taste runs to more robust ryes, we have a rye to match it. We bake nine different loaves of rye. Each with its own personality. In one, the accent is on the sourdough flavor; in another, the caraway seed — crushed or whole — makes the intriguing difference.

Flavors change, too, according to the grind of the rye berry, and the blend of dark, medium, and light rye flours, and the addition of whole wheat or white flour. For example, compare the delicate Swedish Rye with robust Sandwich Rye that combines full flavored dark ryes, mellow medium ryes, the sharpness of caraway, and the piquancy of sourdough.

Why not taste your way through the Oroweat Ryes? There's one for every taste and every occasion.

OROWEAT
Orowcat Baking Co. of S. F.

DARROW M. WATT

Wall-long *storage and display is provided by recessed shelves and cabinets. Art desk at left has swing-up top, built-in light box*

When inches count . . . storage inside a wall

When space is tight, you can sometimes squeeze an extra few inches out of a room by partly recessing shelves and cabinets into a wall.

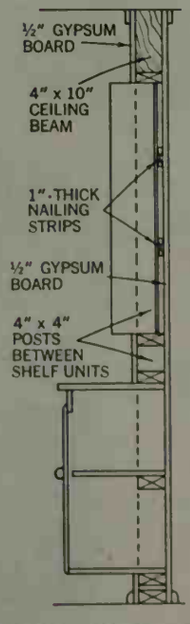
In this 8½ by 10-foot den, part of a larger remodeling project, the owner used 4 by 4 posts about 40 inches apart as one nonbearing wall. He then designed and assembled shelf units to recess between the 4 by 4's, and below them built similarly recessed cabinets and a desk.

The upper units were divided into various-sized shelves and open sections, to suit the possessions to be stored and displayed. For example, each shelf of the shallow section at upper right in the photograph above is 5 inches deep and 8 inches high to hold paperback books; one section in the middle unit is 7 inches deep, 9 inches high, to hold hardcover books.

Nailing strips were attached to the back of each shelf unit so the gypsum board that lines the room on the other side of the wall would have adequate support. The units were then nailed through their sides into the 4 by 4 posts; they project at most 3½ inches into the room.

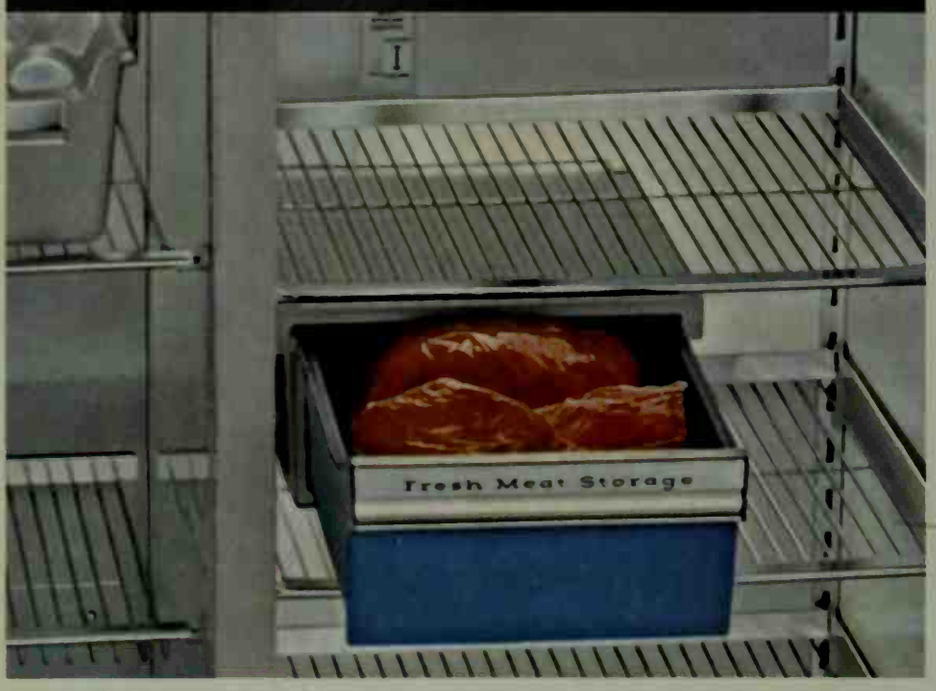
Below the open shelves are built-in-place cabinets, open all the way to the back of the gypsum board. Thus the cabinets have a usable interior depth of 15 inches yet they project little more than 12 inches into the room.

In the far corner the owner put in a small drawing table. Its hinged top swings upward against the shallower lower part of the shelf unit above it, where it is held by a magnetic catch. Beneath the hinged top is a light table—a long incandescent light under a panel of obscure glass—with two drawers for pencils, brushes, and similar gear. The switch on the wall above the desk controls a 2-foot long electric radiant heating unit at foot level.



Shelves *were assembled of 1 by 7 and narrower boards backed by ¼-inch plywood*

Amana's independent little "refrigerator within a refrigerator."



It keeps meats market fresh up to twice as long as ordinary meat trays.

Usually, meat trays are only storage bins. But Amana's meat keeper actually has its own independent cold control. It protects steaks, chops, and what-have-you with a surrounding blanket of cold (up to 10 degrees colder than the rest of the refrigerator). No drying air blasts ever touch the meat.

Our exclusive "little refrigerator" is a bonus you get with our big side-by-side refrigerator-freezers. Like the Amana 25 and the Amana 22. (Meat keeper is also standard on freezer-at-the-top models.)

Check these other bonuses, too: Separate cold controls for refrigerator and freezer (set one without affecting the other); adjustable cantilevered shelves*; butter conditioner; Free-O'-Frost; rollers and a brake (to hold the unit in place). Plus Amana's exclusive 5-Year Total Appliance Warranty.

See our full line of refrigerators at your Amana dealer's. Look at our little "refrigerator within a refrigerator," too—it's a good example of the way Amana is first with the firsts.

Amana®

Backed by a century-old tradition of fine craftsmanship.
Amana Refrigeration, Inc., Amana, Iowa.
Subsidiary of Raytheon Company

Amana 5-Year Total Appliance Warranty: Amana warrants for 5 years from date of original purchase in U.S., free replacement or repair, including related labor, of parts found defective as to workmanship or material under normal use, and returned through Amana's dealer-distributor organization. Owner is responsible for local cartage, repairmen's travel expense if required, replacement of gaskets, rubber or plastic parts and light bulbs. Any product subjected to accident, misuse, negligence, abuse, defacement of serial plate or alteration shall void the warranty. In Canada, the warranty applies as above except that it does not cover taxes, duties, assessments levied at time of part export.

*Patented

GLENN CHRISTIANSEN

Half *of an old air mattress makes a handy camp cabinet when it's tied to a tree*

For your kitchen in camp

When you go camping or picnicking and are preparing fairly complete meals, you will really appreciate something that helps organize the miscellany of culinary equipment you bring along.

Either of the two kitchen "cabinets" shown here holds a goodly amount of that equipment, keeping it handy for use and away from most animals. Both are simply tied around a tree like an apron, do no harm the tree as do nails, and roll up into small packages for transportation.

The cabinet shown above is the larger—it's half a rubberized-cloth air mattress that leaked once too often. The owner took it to an awning shop (because a heavy sewing machine was needed) and had four lines of stitching sewn across

A carpenter's apron *serves the same way*

Fly the Flight Fantastic to Tahiti

The Flight Fantastic is Air New Zealand's special way of introducing you to the splendors of the South Pacific. Powerful DC-8 jetliners are your own blue-green islands in the sky, with Polynesian decor, Maori motifs, South Seas cuisine and exotic drinks by Don the Beachcomber.

Fly Air New Zealand's Flight Fantastic to the South Seas through Tahiti or Hawaii. Leave any Friday from Los Angeles or a stop in Tahiti or go through Hawaii any Wednesday or Sunday on your way to New Zealand and on to Australia. How about switching stopovers on your return? Even more fantastic, how about saving 25% with an excursion fare? Your travel agent can arrange it. Or call us. Or call our general sales agents in North America, BOAC.

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Please send me your tour folder on:

- ☐ **Enchanting Discovery Tours**—Escorted—31 days
- ☐ **South Pacific 1967-68**—Independent departures every Friday
- ☐ **South Seas Bounty Tours**—Any or all of the Pacific—escorted or independent—pick your own individual tour—15 to 58 days

Name_____

Address_____

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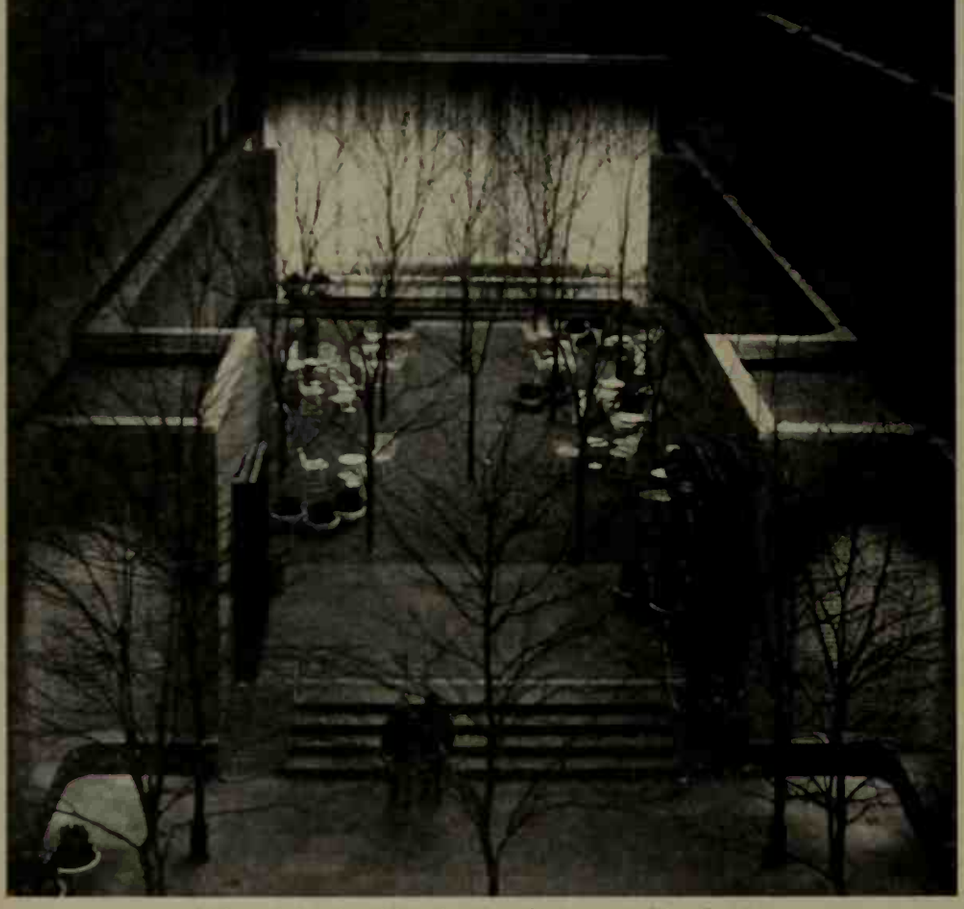
LOS ANGELES, TAHITI, HONOLULU, AUCKLAND, WELLINGTON, CHRISTCHURCH, SYDNEY, MELBOURNE, BRISBANE, NEW CALEDONIA, NORFOLK ISLAND, FIJI, SAMOA, SINGAPORE, HONG KONG

Even your dear Uncle Charlie can't show you everything.



Although he should make a perfect tour guide: lived in the city all his life, won't have any trouble showing you all the famous landmarks you've seen pictures of. And the street he used to play on as a kid.

But he probably wouldn't be able to help you find a waterfall in the middle of Manhattan. (Some people who live there haven't seen it, but a Gray Line tour passes it every day.)

Or things like Bottle House in Death Valley, built out of beer bottles by an old saloon keeper. Or a 300 year old water mill near Boston that now lies underneath Central Street.

And then Uncle Charlie might not be able to tell you about the history of his city, or about its architecture, and which movie star lives where.

For that you need a tour guide who really knows his way around.

Between them, Gray Line guides know their way around almost 600 cities in the United States and Canada. And some in Australia, Hawaii and Japan. (If you just let us know where you're going, we'll send you our brochures.)

Gray Line tours all start in comfortable, clean, air-conditioned motor coaches. They cost as little as $2.75 (not much compared to the cost of a vacation).

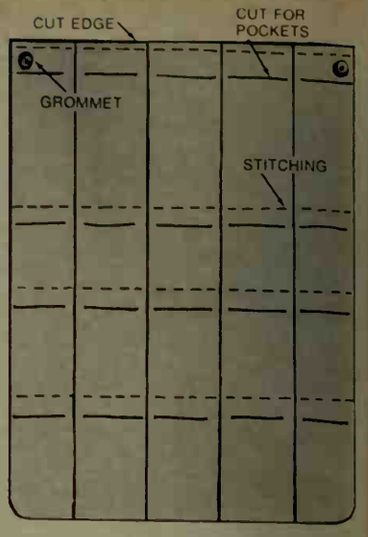
And range from coffee and doughnut tours to night club tours to 6 days in the wilderness of the West.

You could probably interest Uncle Charlie himself in one of our tours. It would be a lot nicer than bringing him another tie.

The GRAY LINE

We know our way around.

Gray Line Sightseeing Companies Associated. One Rockefeller Plaza, New York, New York



Make the pockets *whatever depth desi*

and two grommets installed, as shown, a the cotton clothesline that holds it. T he cut the openings for the pockets wh a knife and scissors.

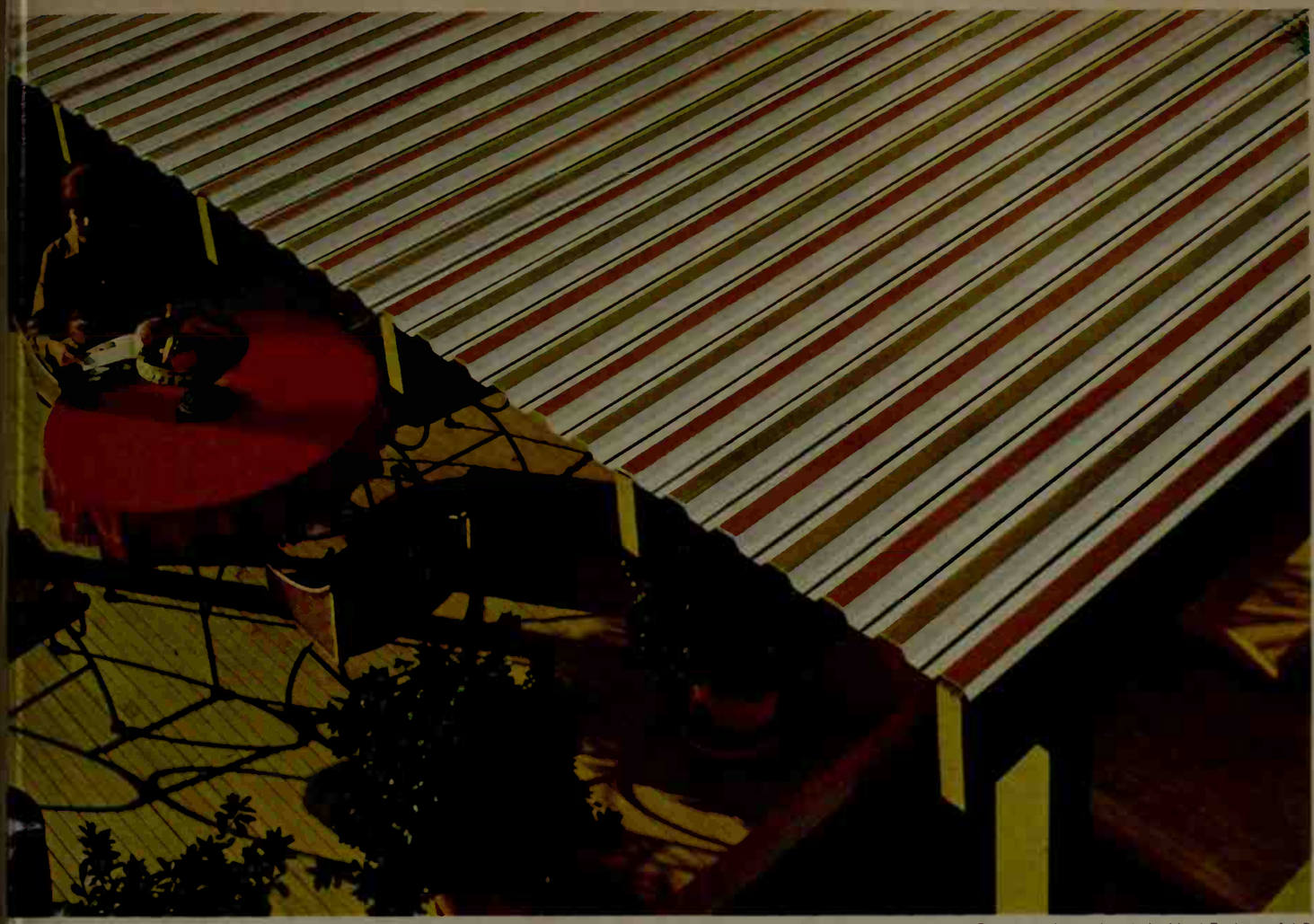
The other cabinet is simply a comm multipocket carpenter's apron (ab $1.75 at lumberyards). Its pockets hol many things and its cloth loop, made o a hammer, is your towel rack.

Here *ties provide steps, patio edgi*

Short row *goes well with plantin*

Railroad ties

Railroad ties on end can divide t various parts of a garden from ea other. The upper photograph sho them separating a raised back pa from a planting bed below. In t lower photograph they separa lawn and a brick mowing strip (n shown) from a planting bed. D signer: Phil Fields, Garden Gro Calif., for a home in San Jose.



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Pattern design and patio by Lloyd Faulkner, A.I.D.

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Beginning to see a patio idea for your home? There are a good many more ideas, including carports, fences, screens, storage shelters, and pavilions in our free *Patio Planning Kit*. The kit is an idea-starter complete with Decorator Guide, Color Selector, Building Plans, and Materials List.

Filon-Stripes and the free Patio Planning Kit are available right now at leading building supply dealers. Or use this coupon.

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Canopy *scales bed down to child-size, gives a sense of coziness that children enjo*

Canopy bed . . . and a firepole bed

On the theory that children don't usually get a very exciting place to play or sleep when their parents move into a new house, architect Ronald Lowry Molen designed these two combination units for the children's bedrooms in the Duane A. Fluckiger house, Salt Lake City.

Each one combines the functions of a bed, dresser, and desk, scaled down to child size. The canopy bed has an enclosed feeling that most children like, and there is ample space for books above the dresser. The firepole bed is as much a game as a piece of furniture, and the space under it creates a quiet corner.

Both units were constructed of birch plywood with the beds anchored to the walls. The mattresses rest inside boxlike frames so that blankets and sheets can be tucked in neatly at the sides.

Carpeting on the floor is comfortable underfoot and warm to play on. In the unit above, it was carried up the bed's support piece to simplify vacuuming. One wall in each room is rough-sawn cedar to provide a pin-up wall for posters and artwork.

The unit above is one piece; the canopy hangs from a frame attached to the wall and open to the ceiling. In the room at right, the unit was designed as two pieces —a desk-dresser sits at right angles to the 5-foot-high bed. Decorative applications of wood on the side of the bedframe form channels for the ladder, which toenailed to the floor to prevent slippag The firepole sits out from the bed ju far enough that a little boy can clear t bed on his way to the floor.

Asked whether he'd heard mothers obje to making up stationary beds, archite Molen said that he had heard some suc murmurs, but pointed out that childre are soon big enough to make their own.

FRANK JENS

A ladder *to climb and a firepole to sli down make a simple bed an adventu*

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What happened was a kind of space explosion

Before. *Living room had windows to view, but no garden acc*

The original house, a pleasant one-bedroom stucco structure, occupied a highly desirable view site at the end of a quiet lane, but its size (777 square feet) was totally inadequate for a couple with children. What happened was a kind of space explosion: The owners added 1,760 square feet of new living space, not including decks and carport. The expanded house still retains much of the effect of the original stucco house, though ther little left of the old shell.

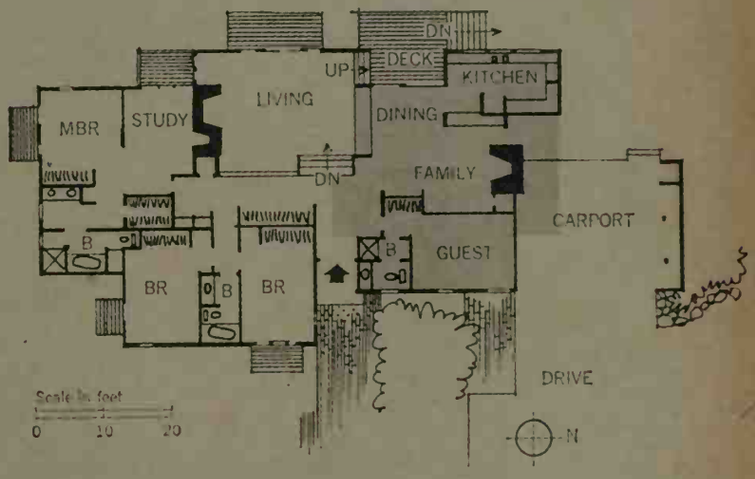
Architects were A. Jane Duncombe of Duncombe-Roland-M ler, Santa Rosa, California, and Donald James Clark a Thomas Higley, San Francisco, for Dr. and Mrs. John S. Du of Santa Rosa.

Expanded house *is sited among native oaks. Unless told, you'd never suspect that this was built around an old, one bedroom hou*

ps take *you down from deck (reached from dining or living room) to garden. Landscape architect: Casey Kawamoto*

ERNEST BRAUN

Shaded *portion on the plan at right is original house. Note location of new entry*



From new *sunken living room you can see into dining room, part of old house*

Borg makes Temptierra as thick as they come. The lush-looking stuff is really outdoor-indoor carpet. It's made with Vectra® fiber. Which, of course, means it's remarkably stain-resistant, fade-resistant and rugged. And Temptierra is one surprising thing more. It is downright elegant.

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You may not rush right out and buy Temptierra outdoor-indoor carpet made with Vectra fiber. You may want to sleep on it awhile. We suggest you buy it... then sleep on it.

You'll rest easier.

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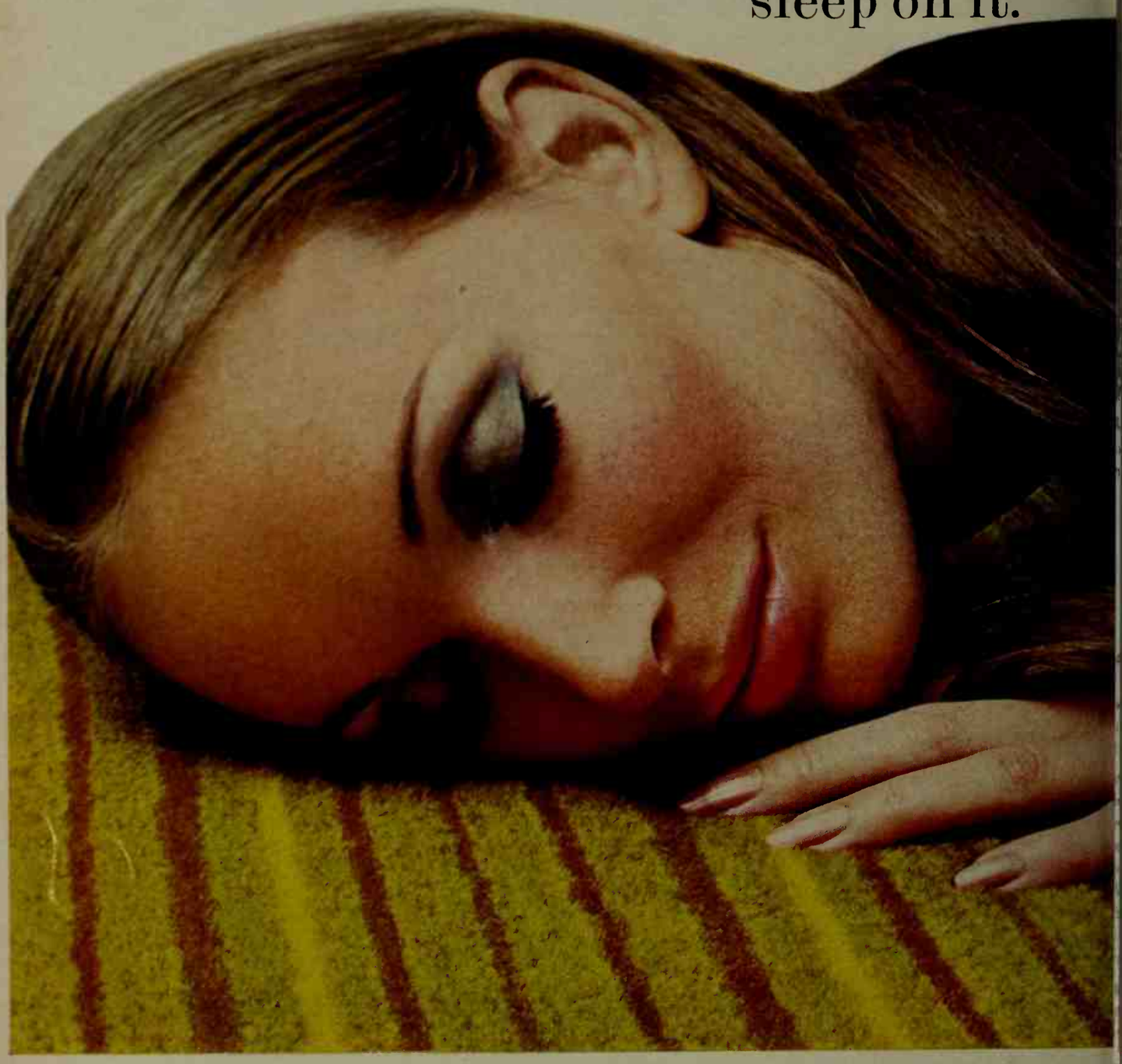
sleep on it.



Before. *Owner wanted a door in the passageway between master bedroom and dressing room at the right*

Doorway *was framed in usual fashion using clean, straight 2 by 4's with double 2 by 4 header across top*

Jambs *were nailed to 2 by 4's and door was hung. Opening above door and narrow side strips were paneled*

Completed door. *Lock and door stop installed. Outer trim covers joint between jambs and wall paneling*

Closing an open passageway

lose off a passageway in an open-plan se with a standard, hinged flush door seem an expensive and messy proj- But it usually is not, particularly in lern Western homes.

installation shown here is a typical nple. An open doorway led from the ter bedroom into a dressing room npsed at right) that contains two lav- ies. Another small room, with a door the tub and toilet, is just off the sing room; and the entrance to the room from the hallway is through the sing room.

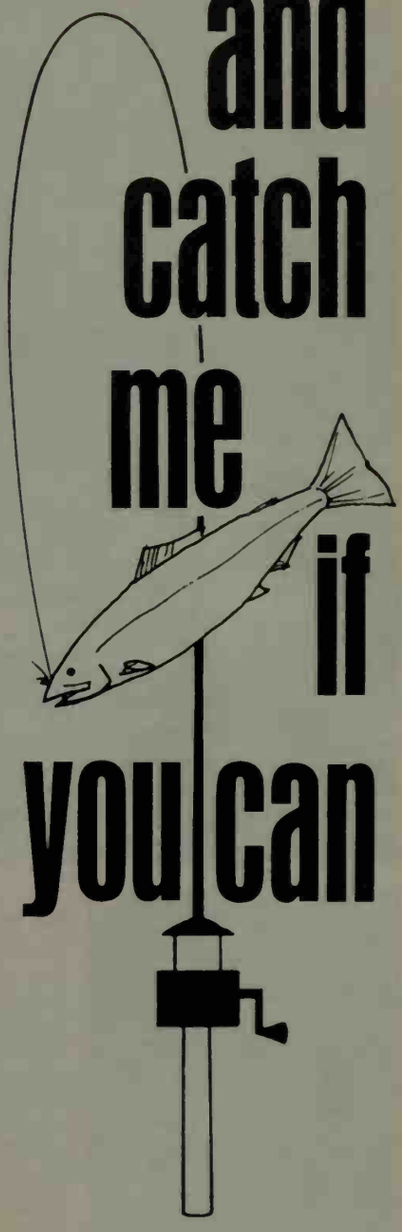
h a master bath arrangement is popu- and quite common in contemporary stern homes. But this family wanted to make the roomy master bath available also to teen-age children. That necessitated a door for privacy in the bedroom.

The door installation, both labor and materials, cost slightly less than $100. Time required was one day.

If you are handy with woodworking tools, you can install such a door yourself, saving 50 to 60 per cent of the cost.

You first nail the 2 by 4 framing *solidly* to the existing doorway, whether plumb or not, and then plumb the jambs with shims of wood shingle. A good method is to plumb and secure the hinge-side jamb, hang the door, and then use shingle shims to align the top and other jamb with the door. This reduces trimming on the door.

cast and catch me if you can



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Fold-down *table turns breakfast room craft area with good light and elbow*

Craft shop goes up and away

The usual craft workshop has to be gated to some out-of-sight corner house because of the attendant cl Not this one. It's in the breakfast where the light is good and there is p of space, and it hides away when it being used.

The work table folds down to un supply shelves within easy reach. I the shelves is storage space big enou half-finished projects and large mat Overhead is a luminous ceiling: a sk during the day, evenly lit by fluore tubes at night. The table and shelves designed by the owner, Mrs. Roger liams of Encino, California.

Entire *workshop unit can be closed easily behind the folding louvered*

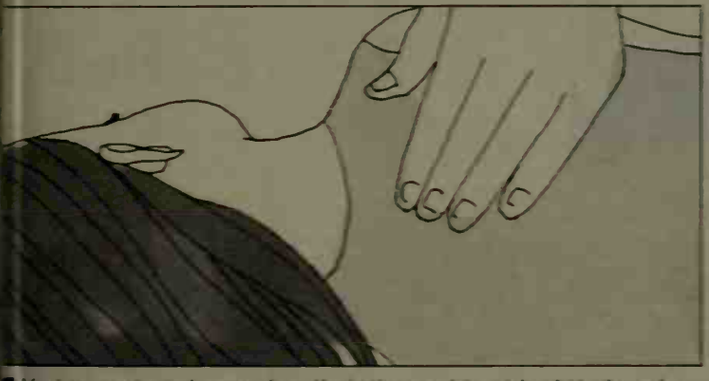
Out of the water. Not breathing. Now what?

Clear visible foreign matter from mouth.

2 With one hand under neck and other on forehead, tilt head backward. This draws the tongue forward opening the air passage. For infants, do not exaggerate backward tilt of the head.

3 Seal your mouth around child's mouth and nose. (For adult pinch nose shut and seal your mouth over his.) With a child, blow gently. Repeat breathing cycle 20 to 30 times a minute. (For an adult blow in twice the amount of the victim's normal breathing 12 times a minute.)

4 On every breath, chest should rise. If chest does not rise, recheck the head position. Pull or push jaw into a jutting position and blow again.



5 If air is not exchanged, roll victim on his side, hit sharply between shoulder blades to dislodge possible obstruction. Clear mouth, tilt head, and resume blowing.

6 If stomach inflates with air, turn the head to side, exert moderate pressure with hand on stomach. If regurgitation occurs, clear mouth and begin again.

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DARROW M. W

Reflected *in the cabinet mirrors: shower, slid door to the toilet. Bidet is screened by the u*

Note *the built-in soap dish*

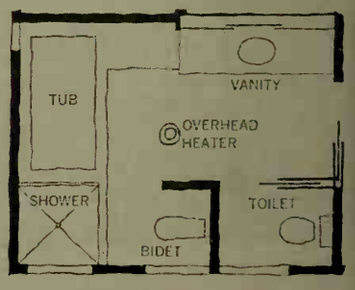
Small guest room becomes a luxurious bath

It isn't often that one makes a bedroom into a bath, but architect Ellis Jacobs and his wife Janina, a busy interior designer, decided a larger bathroom was more important than an infrequently used guest room. So they converted a 10 by 12-foot room accordingly.

To trim costs, Mrs. Jacobs laid the ceramic tile floor, and also selected and stacked the marble for the shower-tub wall, ready for the tile setter. A soft beige, the marble had a thin black vein in it that the Jacobs wanted to run in a continuous line around the wall.

Glazed tiles, 2 inches square, line the tub and shower pan (the shower is open to the room) and cover the vanity counter; all are in various shades of blue-green. The fixtures—basin, toilet, and bidet—are turquoise.

Among the amenities are a ceiling hea two hydro-massage units in the sunl tub, a built-in magazine rack in the cc partmented toilet, a fold-out adjusta mirror to the right of the three la sliding mirrors (which conceal a medic cabinet), and built-in scales.



Using *pocket doors saved space*

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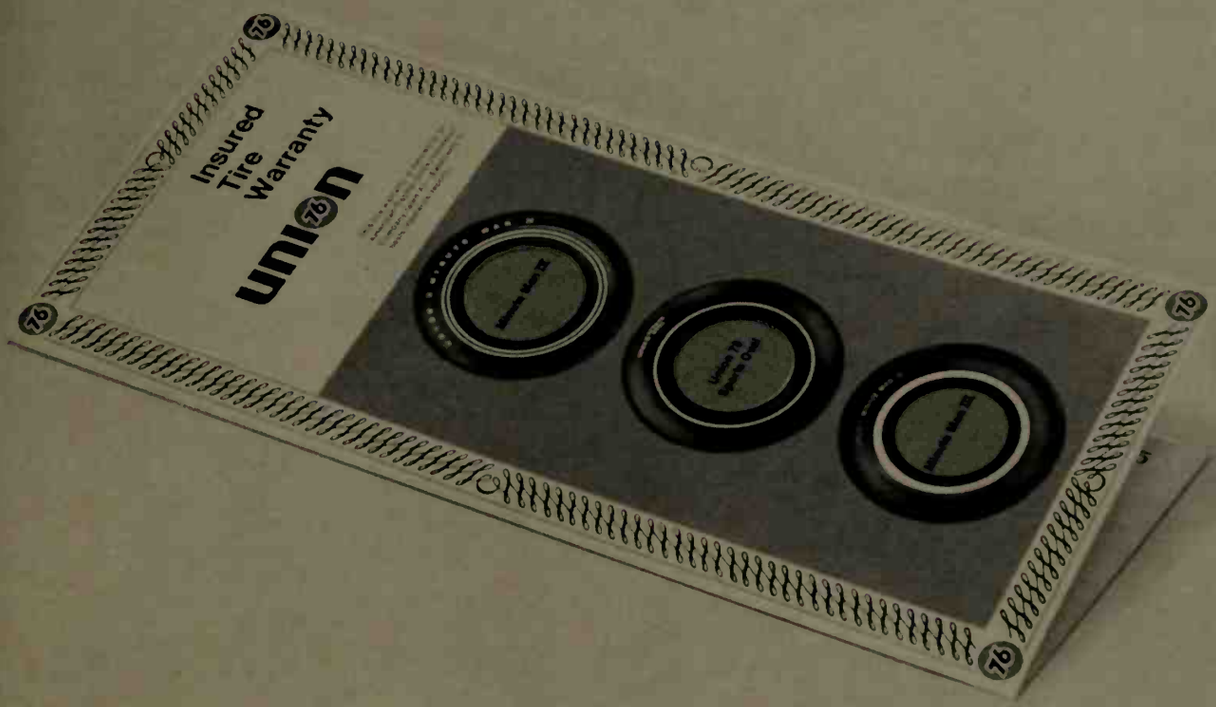

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nly Union Oil offers America's strongest tire warranty. the tire fails for any reason except malicious damage repairable puncture during the first year or 10,000 iles (whichever occurs first), you get a new tire free. /hat's more, you get many more miles of prorated pro- ction after that time.

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The Minute Man III — A tire that delivers up to 35% *more* mileage than an original-equipment tire on a new car.

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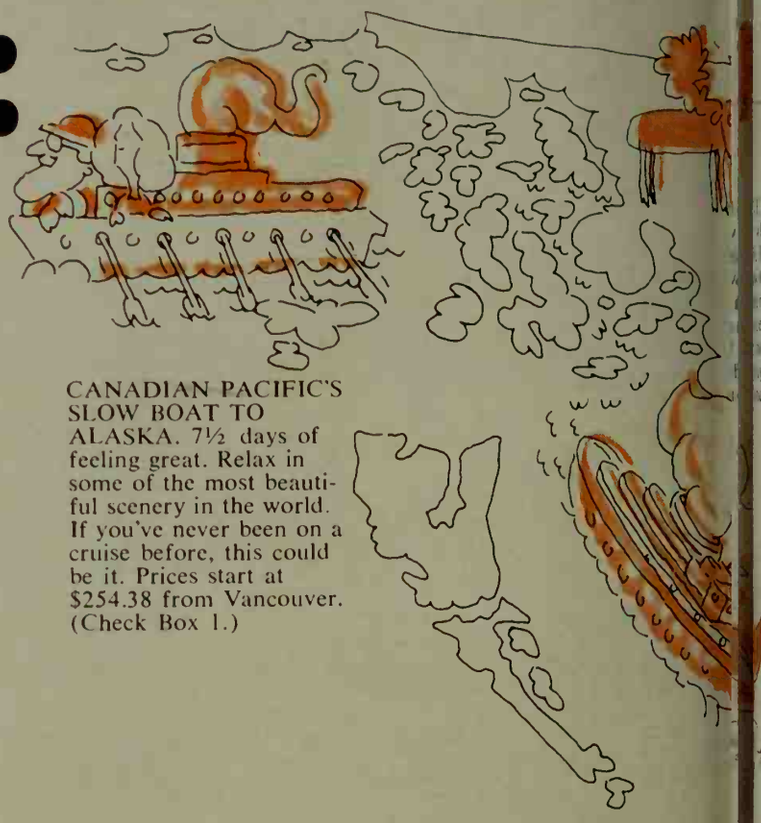

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Picnics, camping, boating, and a host of other outdoor activities families away from home this month. Some good hot dishes to c at home and carry with you may simplify meal preparations.

Our first suggestion is a macaroni casserole generously laced v meat and vegetables. If you take it piping hot out of the oven wrap it well inside an insulated container, it will stay hot fo hour or more.

Dutch-oven beef is a spicy treatment for pot roast. It cooks several hours, then could be carried hot in its cooking pan to y

This casserole can be assembled the day before you bake and serve it

MACARONI, SICILIAN STYLE

If this dish is refrigerated, allow 15 or 20 minutes extra baking time.

- 1½ pounds lean ground beef
- 2 tablespoons salad oil
- 4 medium-sized carrots, diced
- 1 large onion, chopped
- ¼ pound mushrooms, sliced
- 2 cans (6 oz. each) tomato paste
- 1 can (1 lb.) tomatoes
- ⅔ cup dry Sherry or water
- 1½ teaspoons each salt, sugar, basil, and oregano
- ½ teaspoon each pepper and garlic powder
- 1 package (10 oz.) frozen chopped spinach
- 6 ounces small elbow macaroni
- 1½ cups shredded Cheddar cheese

Cook ground beef in oil until crumbly. Add carrots, onion, and mushro sauté, stirring often, for about 5 utes. Add tomato paste, toma Sherry, and seasonings. Cook sl uncovered, for 30 minutes; stir o Meanwhile, thaw spinach and macaroni as package directs. I macaroni and spinach; mix toge

Put half the macaroni mixture greased 9 by 13-inch baking pan with half the meat sauce and ½ cheese. Repeat layers, then spr remaining 1 cup cheese on top. I uncovered, in a 375° oven for a 30 minutes, or until heated. Serves 10.—*T. R., Bremerton, Washingto*

Coffee is the cooking liquid that flavors the meat and tangy gravy

DUTCH-OVEN BEEF

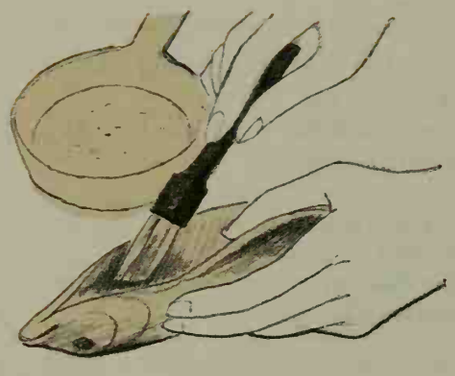
For this beef pot roast, you might choose top round, rump, or chuck.

- 3 to 4-pound beef pot roast
- 1 or 2 cloves garlic, slivered
- ½ cup red wine vinegar
- 1 teaspoon each salt and allspice
- ¼ teaspoon pepper
- 1 tablespoon each brown sugar and Worcestershire
- 2 tablespoons salad oil
- 1 cup each chopped onion, carrot, and celery
- 1½ cups strong hot coffee
- 3 tablespoons flour blended with ¼ cup cold water

Make tiny cuts in the meat and insert garlic slivers. Put meat into a bowl. Combine the vinegar, salt, allspice, pepper, brown sugar, and Worce shire; pour over meat. Cover and nate for at least 4 hours or overn turning meat over several times.

Drain meat, reserving marinade. B meat slowly in oil in a Dutch oven vegetables when you turn meat. coffee and reserved marinade, re heat, cover, and cook slowly tender, 2 to 3 hours.

Remove meat to a warm plate. cooking liquid through a wire str into a saucepan; skim fat from Stir in the flour paste and cook, ring, until it thickens; serve with Serves 6 to 8.—*H. N., San Franc*



Paint the inside of each fish with melted butter before putting in stuffing

BAKED TROUT WITH SOURDOUGH STUFFING

The amount of stuffing is about right for six trout if you are lucky enough to have 12-inch specimens; or it could stuff twice that number of small ones.

- 6 large trout, cleaned
- 3 cups fresh sourdough French bread crumbs
- 2 tablespoons finely chopped parsley
- About ½ teaspoon salt
- About ⅛ teaspoon pepper
- 5 green onions, thinly sliced
- 3 tablespoons dry white wine or water
- ¼ cup melted butter or margarine
- Salt and pepper

Wash the trout and pat dry with paper towels. Prepare crumbs by whirling small pieces of bread in the blender until they form coarse crumbs, or pull apart with a fork. Combine in a the crumbs, parsley, salt, pepper, onion. Drizzle over the wine and a half of the butter; mix lightly.

Paint inside cavity of each fish some of the melted butter and spr lightly with salt and pepper. Stuf cavities lightly and close openings picks or string. Arrange fish sid side in a greased, shallow baking Drizzle any remaining butter over of fish. Bake, uncovered, in a oven until the flesh flakes when t with a fork, about 18 minutes fo inch trout, less time for smaller Serves 6.—*M. S., China Lake, Cal*

ination or be reheated there. If you happen to bring home some t, we suggest you serve them stuffed and baked.

stay-at-home days, the onion cornbread and vegetable casserole informal meals with meats done on the barbecue. You might off one of these dinners with our light, refreshing dessert.

invite you to share with other Westerners original recipes that lt from your own experiments in the kitchen. Send such contri-ons to Home Economics Department, *Sunset Magazine*, Menlo k, Calif. 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

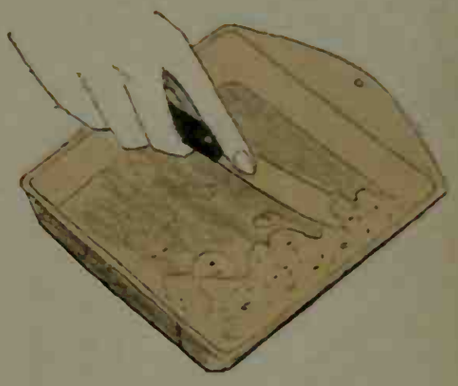
ON-POPPY SEED CORNBREAD

robustly flavored bread makes an l accompaniment to barbecued ts and poultry.

- ¼ cup (⅛ lb.) butter or margarine
- ¾ cup chopped onion
- 1 cup milk
- 2 eggs, slightly beaten
- 1 cup unsifted all-purpose flour
- 3 teaspoons baking powder
- ½ teaspoon salt
- 1 cup yellow cornmeal
- 4 tablespoons each mayonnaise and grated Parmesan cheese
- 1 teaspoon poppy seed

t the butter in a small frying pan sauté ½ cup of the onion for about inutes. Remove from heat and stir ilk and eggs; set aside. Sift flour with baking powder and salt into a bowl. Stir in the cornmeal. Add the milk-butter mixture all at once and stir just until blended together.

Spread batter into a greased 8-inch square or round baking pan. In a small bowl blend together the mayonnaise, cheese, poppy seed, and remaining chopped onion. Spread over top of the batter. Bake in a 350° oven for about 30 minutes, or until it tests done when a pick is inserted in the center. If the top has not browned sufficiently, set under the broiler briefly. Serve hot with butter. Makes 6 to 8 servings.—*E. B., Santa Rosa, Calif.*



Before baking, spread the poppy seed-onion-cheese mixture over the batter

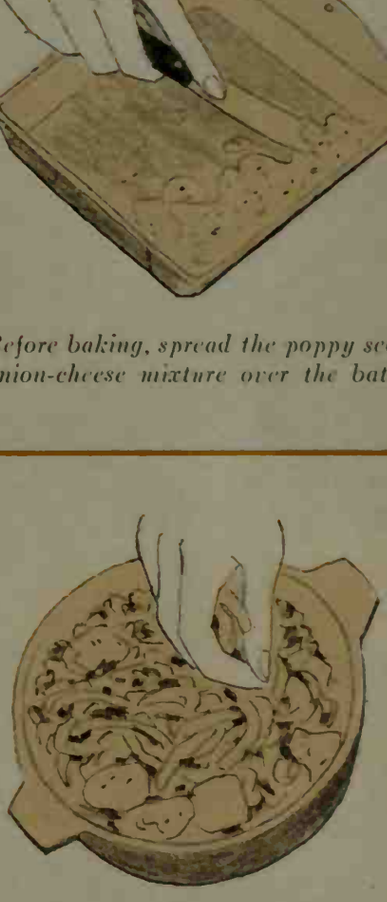
A BEANS WITH CURRY SAUCE

can keep this vegetable dish in a m oven for up to an hour, or reheat a casserole before serving.

- 1 large package (1 lb. 4 oz.) frozen lima beans
- Boiling salted water
- 2 slices bacon, diced
- 1 medium-sized onion, minced
- 1 small clove garlic, mashed
- 1 teaspoon curry powder
- 1 can (10½ oz.) condensed cream of mushroom soup
- 2 tablespoons dry white wine, Sherry, or milk
- ½ cup sour cream
- 1 can (3½ oz.) French-fried onions

k the lima beans in the boiling er until just tender, about 15 min-s; drain well. In a frying pan, fry the bacon pieces until crisp; remove bacon with a slotted spoon and reserve. In the drippings, sauté onion, garlic, and curry until onion is soft, about 5 minutes. Stir in the soup, wine and sour cream; heat to just under boiling point. Stir in the beans and reserved bacon; heat through again.

Turn into a serving bowl, cover, and keep warm in oven; heat onions in a shallow pan, then sprinkle over beans just before serving. (Or put beans in greased 1½-quart casserole and top with onions; reheat, uncovered, in a 325° oven for about 15 minutes.) Makes 6 to 8 servings.—*G. W., Phoenix.*



Sprinkle crisp fried onion rings over these beans before serving or reheating

NEAPPLE-ORANGE REFRIGERATOR DESSERT

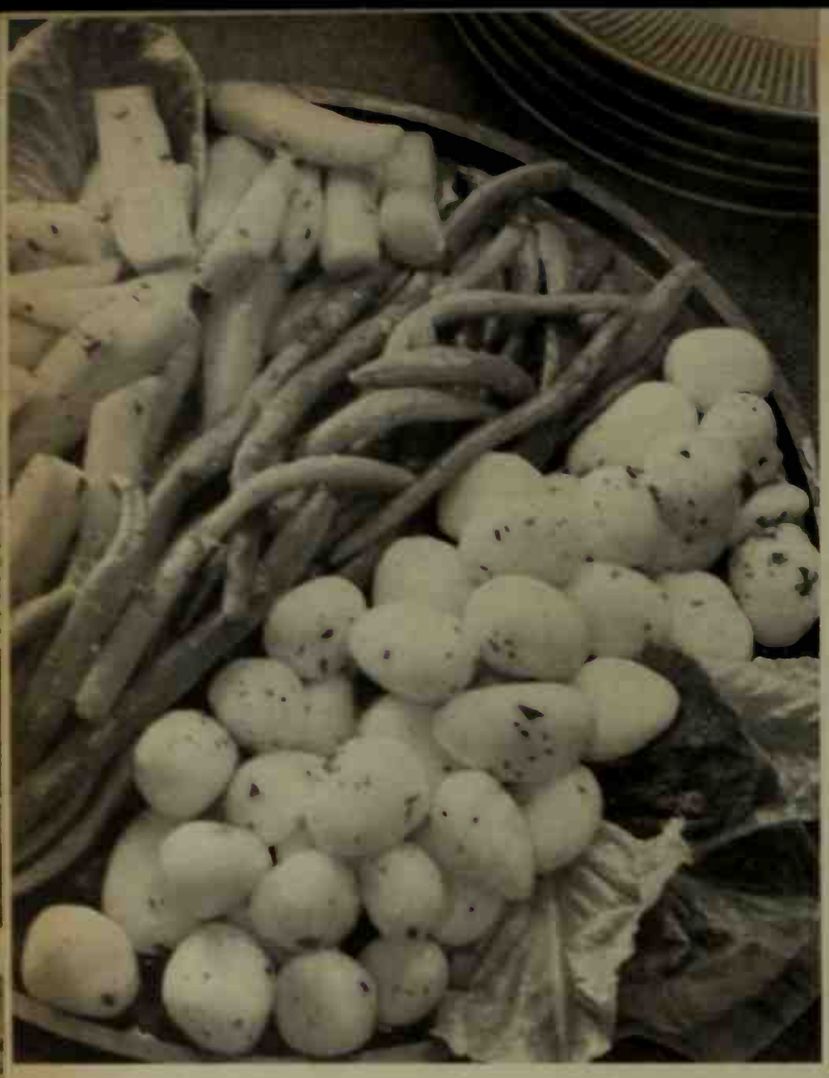
spite of its elegant appearance, this surprisingly light dessert; garnish ith whipped cream, if you wish.

- 1 envelope unflavored gelatin
- 1 cup plus 3 tablespoons sugar
- ⅓ cup flour
- ½ teaspoon salt
- 1 cup milk
- ¾ cup orange juice
- 3 eggs, separated
- 1 small can (about 8 oz.) crushed pineapple (including syrup)
- 1 teaspoon grated orange peel
- 1 dozen ladyfingers

a saucepan combine the gelatin, 1 p sugar, flour, and salt. Stir in the lk and orange juice. Cook over me-m heat, stirring, until thickened. Beat egg yolks, stir in some of the hot sauce, then return all to pan, and cook about 3 minutes. Stir in pineapple and orange peel; chill until slightly thickened. Beat egg whites until thick; gradually beat in remaining 3 tablespoons sugar until moist, glossy peaks form. Fold into pineapple mixture.

Cut ladyfingers to 2-inch lengths; save ends. Split ladyfingers and line sides of 9-inch cheesecake pan. Distribute end pieces and any extra ladyfingers, broken, over pan bottom. Pour in filling. Cover and chill at least 6 hours, or overnight. Makes about 12 servings. —*W. S., San Carlos, Calif.*

Line a cheesecake pan with split ladyfingers, then pour in custard filling



Mixed vegetables *are arranged for easy buffet service; carrots, beans cook separately, marinate together with canned potatoes*

Peas and onions *with mint dressing keep cool nested in ice for dinner on the patio; add creamy dressing just before serving*

Out of an oil and vinegar bath come these four vegetable salad surprises

A salad repertory that includes a variety of marinated vegetable recipes can simplify your summertime meal planning. Pick any one of these salads to take the place of a hot vegetable and provide cool crisp complement to the rest of the meal.

Marinated vegetables have some other noteworthy advantages. They are prepared ahead so that the vegetables may absorb the marinade flavors. They carry well to picnics away from home. And once out of the refrigerator, they hold up better than most other salads.

Our way of cooking vegetables for salads is to plunge them into a large quantity of boiling water, cook until almost tender, then cool quickly with cold water.

Grated Parmesan cheese is sprinkled over these zestily flavored vegetables.

MIXED VEGETABLE SALAD

- 1 pound green beans
- 1 bunch carrots
- Boiling salted water
- 1 can (1 lb.) small whole potatoes
- ¼ cup *each* olive oil and salad oil
- ⅓ cup white wine vinegar
- 1 teaspoon *each* salt and garlic salt
- ¾ teaspoon basil
- Lettuce for garnish
- Grated Parmesan cheese

Cut ends from green beans and leave whole. Peel carrots and cut in strips. Cook

DARROW M. WATT

Cauliflower salad: *Small flowerets were cut apart before cooking and marinating; the head was reassembled for presentation*

salad *has orange-flavored dressing. It carries easily picnic in a squat glass jar; serve on lettuce-lined plates*

vegetable separately in the boiling just until almost tender; remove a slotted spoon and cool quickly in ng cold water. Drain and arrange ables in a shallow dish. Rinse and potatoes; add to dish.

ine the oil, vinegar, salt, garlic salt, basil; drizzle over vegetables, and about 2 hours. (For longer storage, beans in a separate dish without ma- e; add to salad 1 to 2 hours before ng.) Lift out of marinade and arrange rving plate; garnish with lettuce, if wish.

cheese at the table to sprinkle over s. Makes about 8 servings.

this slightly sweet and minty salad a lamb, poultry, or fish dish.

WITH SWEET ONION AND MINT

About 4 cups fresh shelled or frozen peas (4 lb. fresh peas)
Boiling salted water
2 tablespoons salad oil
3 tablespoons minced fresh mint (or 2 teaspoons dried mint)
2 teaspoons *each* salt and honey
1 medium-sized sweet onion, thinly sliced (or 4 green onions, sliced)
½ cup commercial sour cream
½ tablespoons white wine vinegar

peas to boiling water and boil about inutes (for frozen peas, bring cook- water just back to boiling). Pour into a colander and cool quickly in cold running water. Drain well and put into a bowl. Combine the salad oil, mint, salt, and honey; mix until blended and mix into peas. Add the onions. Cover and refrigerate at least 2 hours, or overnight.

At serving time combine the sour cream and vinegar and mix into salad. Makes 6 to 8 servings.

The subtle fruit flavor of this salad goes well with chicken, lamb, beef, or pork.

CARROTS WITH ORANGE DRESSING

2 bunches small carrots
Boiling salted water
¼ cup *each* salad oil and white vinegar
1 teaspoon grated orange peel
½ teaspoon salt
Dash seasoned pepper or pepper
¼ cup orange juice
3 green onions, sliced

Peel carrots and cut in slices about ⅓ inch thick. Add carrots to the boiling salted water and boil until slightly tender, about 5 minutes. Turn into a colander and run cold water over carrots until cooled. Drain well and put into a bowl. Combine the salad oil, vinegar, orange peel, salt, pepper, orange juice, and onion; mix and pour over carrots. Chill at least 2 hours or overnight. Serve drained carrots on lettuce, if desired. Makes about 6 servings.—*R. M., Roseburg, Ore.*

A whole cauliflower—cut apart, then reassembled—makes a dramatic salad. You might serve it with beef or cold cuts.

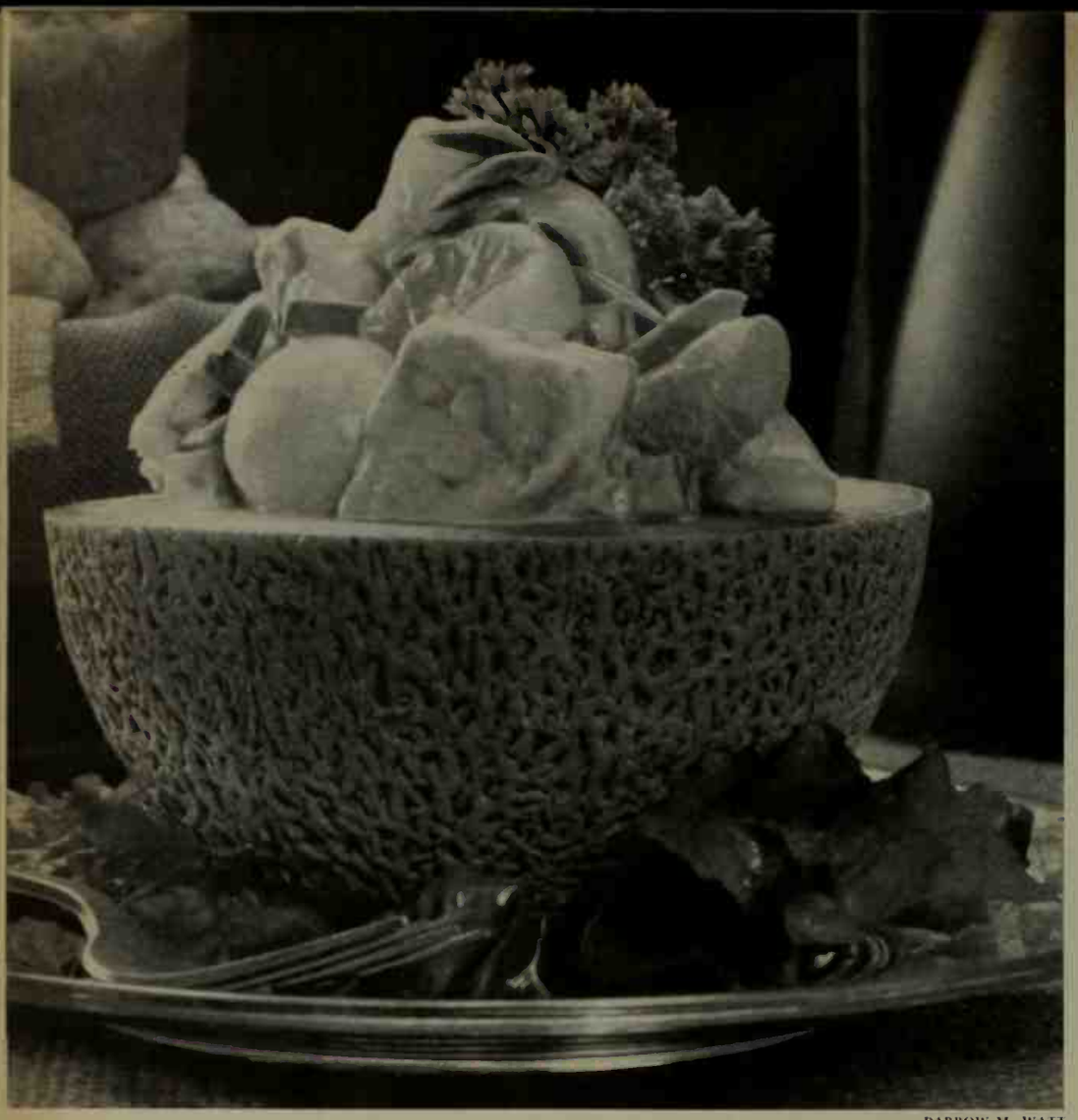
CAULIFLOWER WITH BLACK OLIVES

1 medium-sized head cauliflower
Boiling salted water
6 tablespoons olive oil or salad oil
3 tablespoons white wine vinegar
1 tablespoon *each* chopped capers, minced parsley, and chopped pimiento
1 green onion, chopped
½ teaspoon salt
⅛ teaspoon *each* dry mustard and pepper
½ cup sliced pitted black olives

Cut apart the cauliflower carefully, keeping the flowerets fairly large. Drop into boiling salted water; boil 4 to 5 minutes, until just slightly tender. Pour into a colander and cool in running cold water.

Drain well and reassemble by arranging top-side-down in a bowl (one about the same shape on the bottom as the cauliflower). Combine the oil, vinegar, capers, parsley, pimiento, onions, salt, mustard, and pepper; spoon over the cauliflower. Cover bowl and refrigerate for at least 2 hours, or overnight.

To serve, hold cauliflower in bowl with one hand and drain off the marinade into another bowl. Flip cauliflower over onto a serving plate. Add olives to the marinade and spoon over top of cauliflower. Makes about 6 servings.



DARROW M. WATT

Ginger, toasted almonds *accent this chicken salad that's mounded in cantaloupe shell*

JUNE MENUS

Chicken salad for a light lunch . . . baked steak for dinner . . . and a brunch frittata

Simple menus that adapt to a variety of situations are especially appreciated this month as summer brings changes in many family routines. Each menu here has a minimum of dishes to prepare, and each is appropriate for company or family.

June luncheon or light supper

Juicy, ripe cantaloupes hold a ginger-flavored chicken salad full of melon and orange. We've planned the menu f... luncheon or family supper on a w... June day; it serves four as given here, ... the quantities could easily be double to serve eight.

Chicken Salad in Cantaloupe Halve...
Warm Date-Nut Muffins
Assorted Cookies

You can cook and dice the chicken, ... pare the cantaloupe shells, and make ... dressing early in the day or even a ... ahead. Have all of these well chilled ... fore assembling the salads. Make mu... and cookies from your favorite recipe... prepared mixes, or buy them at a bak... Assemble salads and bake or heat mu... just before serving.

Chicken Salad in Cantaloupe Halves

- 2 medium-sized cantaloupes, chilled
- 2 cups diced cooked chicken (directions follow)
- ½ cup *each* thinly sliced celery and toasted slivered almonds
- 1 can (11 oz.) mandarin orange sections, drained
- ¼ cup *each* mayonnaise and sour cream
- ½ teaspoon grated lemon peel
- 2 tablespoons *each* lemon juice, chopped preserved ginger, and syrup from ginger
- ½ teaspoon sugar
- ¼ teaspoon salt
- Parsley or mint for garnish

Cut cantaloupes in halves, discard s... and scoop out flesh with melon b... leaving ½-inch-thick shells; smooth ... ged edges inside shells with a spoon. C... bine the melon balls with the d... chicken, celery, almonds, and orange ... tions; chill.

In another bowl combine mayonnaise ... sour cream with lemon peel, lemon ... ginger, syrup, sugar, and salt; chill. ... before serving, mix dressing with ... ingredients; mound salad in cantal... shells; and garnish with parsley or ... Serves 4.

To cook chicken. Put 3 split chi... breasts (1½ whole breasts) in 2 ...

Thick steak *was oven-baked to juicy perfection; serve vegetables as ga...*

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OUR CHOICE OF FOREMOST'S EVER-VARYING VARIETY OF FLAVORS.

00 Other Prizes!

'e pay all expenses for two. We fly ou to Kotzebue, the Arctic Circle, laska. We put you on a dogsled for e trek north to your ice cream igloo, ade with the flavors you specify, quipped with everything you'll need r your two week stay. An English peaking Eskimo guide is provided.

uring the day you can sightsee, eet Eskimos, learn local customs, atch caribou. Or, if you prefer, ou can just horse around in your ice cream igloo. In the evening seek your pleasures where you may and hand the tab over to us.

We know that this prize will appeal only to the hardy, the heroic, the adventurous. So you may be happier entering somebody else's contest. However, since we're offering some very good consolation prizes, you may want to take a crack at those.

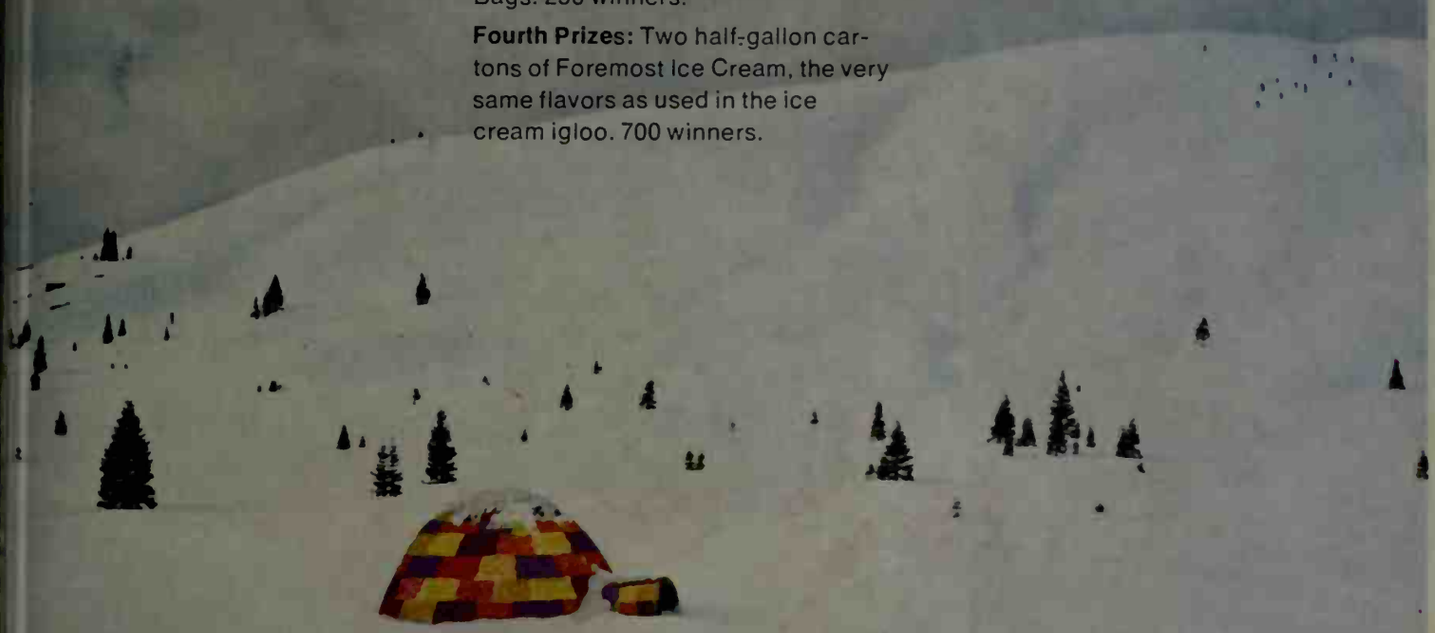
Second Prizes: Alaska Trapper Snowshoes. 50 winners.

Third Prizes: White Stag Sleeping Bags. 250 winners.

Fourth Prizes: Two half-gallon cartons of Foremost Ice Cream, the very same flavors as used in the ice cream igloo. 700 winners.

Official contest rules and entry blanks are available wherever our delicious ice cream is sold. No purchase is required to enter, but this should not be misconstrued as license to deal with our competitors.

(Another Fresh and Strange Contest from Foremost)



Foremost

Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix . . . both made with cocoa from imported cocoa beans. Cocoa so rich, it's more flavorful than even the finest chocolate. Together, these two mixes make a devilishly delicious, wickedly wonderful dessert. Sin a little. Tonight? *When the flavor's this exciting you can bet it's Betty Crocker.*

Cocoa more flavorful than the finest chocolate in this devilishly delicious Betty Crocker dessert.

Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix

ater with 1 teaspoon salt, ½ teaspoon hole thyme, and ½ small onion, sliced. over; simmer 20 minutes. Then remove om broth, cool, remove skin and bones, d dice.

Baked steak dinner

this uncomplicated dinner, one large eak bakes in a very hot oven while you ish the rest of the meal. The vegetables this menu garnish the steak.

Baked Steak with Glazed Vegetables
Bulgur Pilaf
Green Salad with Orange Dressing
Crusty Sourdough Rolls
Chocolate-Cherry Roll

o-ahead tasks for this menu include aking the cake for the dessert, prepar- g and refrigerating the salad dressing, d slicing the vegetables. Assemble the ssert about an hour ahead; refrigerate ntil served. In the 30 minutes before nner, bake the steak, cook the quick- oking cracked wheat (bulgur) using our favorite recipe or one suggested on ackage, make the salad, and heat rolls.

aked Steak. Purchase a 1½ to 2-inch- ick piece of boneless top sirloin weigh- g about 3 pounds. (Or substitute the rst cut of the top round or an equally ick rib or Porterhouse steak weighing bout 2½ pounds.) Place meat on broiler an; brush with melted butter and sprin- le with garlic salt and pepper. Bake in preheated 500° oven for 10 minutes.

urn steak and insert a meat thermom- ter horizontally into center of steak. Brush second side with butter and sprin- le with garlic salt and pepper. Basting nce with butter, bake 10 to 20 minutes, r until thermometer registers doneness ou prefer; a 2-inch-thick top sirloin will each 130° (rare) in about 15 minutes. Re- move steak to warm serving platter and poon glazed vegetables (directions fol- ow) over it. Sprinkle with chopped pars- ey, if you wish. Makes about 6 servings.

Glazed Vegetables. Cut into slices about ⅛ inch thick ½ pound mushrooms (about 3 cups), 3 large carrots (about 2 cups), nd 1 large onion. Sauté vegetables in a arge frying pan with 3 tablespoons butter r margarine, ½ teaspoon sugar, ¼ tea- poon *each* salt and whole thyme, dash epper, and 2 tablespoons lemon juice or ry white wine. Cook, stirring occasion- lly, over high heat about 10 minutes, or ntil pan juices are reduced and vege- ables tender. Spoon over steak. Makes 4 to 6 servings.

Green Salad with Orange Dressing. Wash, dry, and tear 2 quarts mixed salad greens. Refrigerate in plastic bag until needed. For the dressing, combine in a blender or jar ⅔ cup salad oil, ⅓ cup orange juice, 1½ tablespoons grated orange peel, 3 tablespoons white wine vinegar, 1 small clove garlic, 1 cut-up green onion (including part of the tops), 1½ teaspoons tarragon, ½ teaspoon sugar, ¼ teaspoon salt, and dash pepper. Whirl smooth or shake until blended; refrigerate at least 1 hour to blend flavors. Makes about 1½ cups.

Combine greens with 1 can (11 oz.) well drained mandarin orange sections and 2 green onions, cut in ½-inch lengths. Use enough dressing to coat greens; refrigerate the rest. Serves 6.

Chocolate-Cherry Roll. Prepare an 11 by 15-inch shallow baking pan by fitting waxed paper over bottom; lightly grease paper and sides of pan. Beat 3 eggs with ⅔ cup sugar in electric mixer until thick and pale yellow, about 5 minutes on high speed. Sift together ⅓ cup unsifted all-purpose flour, 3 tablespoons sweet ground chocolate or cocoa, and 1 teaspoon baking powder. Sift ingredients again over the well beaten eggs; fold gently together. Spread in pan and bake in a 350° oven for 15 to 18 minutes, or until cake springs back when lightly pressed.

Dust a clean, smooth towel, with sifted powdered sugar. Turn cake out immediately onto towel, remove paper, and roll up with towel inside cake roll and finally covering it. Cool thoroughly.

To assemble dessert, carefully unroll cake and remove towel. Spread ½ cup cherry preserves over inside surface of cake. Whip ¾ cup heavy cream and spread evenly over preserves. Carefully reroll cake and place on serving plate. Dust top with sifted powdered sugar and garnish plate with fresh cherries with stems. Serve slices of cake roll with fresh cherries. Makes 6 to 8 servings.

Brunch or light supper

This simple menu, planned for 12 persons, could be served almost any time of the day. For a family meal we give instructions for baking half the frittata.

Zucchini Oven Frittata
Fresh Fruit with Yogurt Sauce
Toasted English Muffins

The baked frittata and the fruit (except bananas) can be prepared several hours ahead and refrigerated. Plan to put the frittata in the oven about 45 minutes ahead of serving. Slice the bananas and toast the muffins just before serving.

Zucchini Oven Frittata

- 2 pounds medium-sized zucchini (about 8)
- 1 cup *each* thinly sliced celery, finely chopped green pepper, and diced Cheddar cheese (¼-inch cubes)
- ½ cup chopped green onion (including part of the tops)
- 2 cups diced cooked ham (¼-inch cubes)
- 1 dozen eggs
- ¼ teaspoon *each* pepper, garlic salt, and whole thyme
- ¾ cup grated Parmesan cheese
- Paprika for garnish

Cut off ends and slice zucchini ⅛ inch thick. Cook half in a little boiling salted

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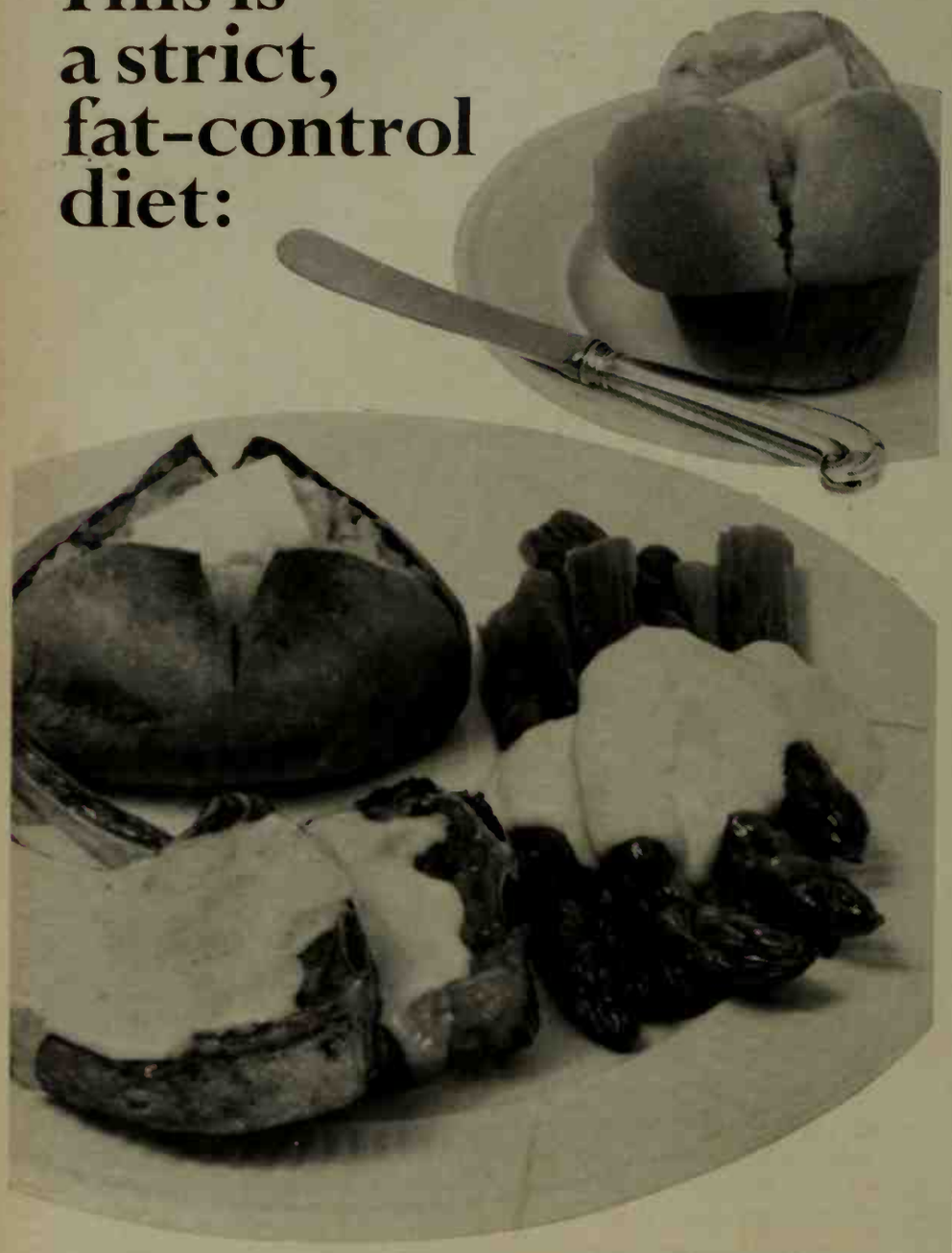
This is a strict, fat-control diet:



Rich Bearnaise Sauce. Smooth Hollandaise Sauce. Melting good rolls and baked potatoes. All prepared and served with Saffola margarine. Saffola is the secret of a fat-control diet. Because Saffola helps you cut down on saturated fats—without cutting down on your favorite foods. It's made with pure safflower oil—the 100% vegetable oil that's lowest in saturated fats—and highest in good poly-unsaturates. Ask your physician about guarding your health with Saffola. It may be just what the doctor ordered.

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water in a large frying pan for about minutes, or until just tender; lift out wi slotted spoon; drain well on paper towe Repeat with remaining zucchini.

Grease a 9 by 13-inch baking pan. M together the celery, green pepper, Che dar cheese, onion, and ham. Spoon on third of this mixture over bottom of pa arrange half the zucchini slices in a lay over vegetables. Spoon over another on third of the chopped vegetables and ma another layer of zucchini using remainin slices. Top with remaining vegetable mi ture. (Cover and set aside, if you wish.)

Just before baking, lightly beat eggs wi pepper, garlic salt, and thyme; pour ov vegetables, lifting vegetables slightly wi a fork. Sprinkle Parmesan cheese over t and add a little paprika for color. Bak uncovered, in a 325° oven about 45 mi utes, or until just set (egg will not flo when pan is tilted). Serve at once, cut squares. Makes 12 to 15 servings.—*H. F San Mateo, Calif.*

For six servings, use half the amoun called for in the recipe above. Bake in greased 8-inch-square baking pan in 32 oven about 40 minutes or until set.

Fresh Fruit with Yogurt Sauce. For 12 pe sons, purchase about 3 pint-size baske strawberries, 3 large ripe papayas, and bananas. Peel, seed, and slice papay and arrange on tray with washed stra berries, leaving space to add sliced ban nas. Cover and refrigerate.

To make yogurt sauce, mix together 1 cups plain yogurt, ¼ cup brown sug (firmly packed), and ½ teaspoon ea grated lemon peel and ground mace nutmeg. Refrigerate at least an hour blend flavors. Serve sauce in a bowl.

Upside-down muffins

Packaged biscuit mix simplifies making these novel pineapple up-side-down muffins.

Blend ¼ cup *each* soft butter or margarine and firmly packed brown sugar until fluffy; stir in 1 small can (about 9 oz.) crushed pineapple, well drained. Place about 1 table-spoon of this mixture into each of 12 greased 2½-inch muffin cups.

Prepare rich biscuit dough, using 2 cups packaged biscuit mix and following directions for drop bis-cuits. Drop biscuit dough evenly over pineapple mixture, filling cups about three-quarters full. Bake in a 400° oven for 18 to 20 minutes or until golden brown. Invert pan onto serving plate or cooling rack and let stand for about 10 seconds, then re-move pan. Serve muffins upside-down. Makes 12 rolls.—*I. R., North Sacramento, Calif.*

Announcing the biggest challenge to frozen orange juice in twenty-one years.

The challenger is Birds Eye's new Orange Plus.™ An orange juice drink that's made to taste better than the best frozen orange juice you can buy.

We start with regular frozen orange juice then add lots of extras. Extras that make Orange Plus taste less like frozen juice and more like fresh-squeezed. New Orange Plus mixes faster, too. Right from the freezer.

That's why we figure it won't be long before Birds Eye's new Orange Plus, the challenger, becomes new Orange Plus, the favorite.

GF
GENERAL FOODS KITCHENS

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Gala is lap-*size*. Just perfect for small laps, medium laps, even laps that overlap.

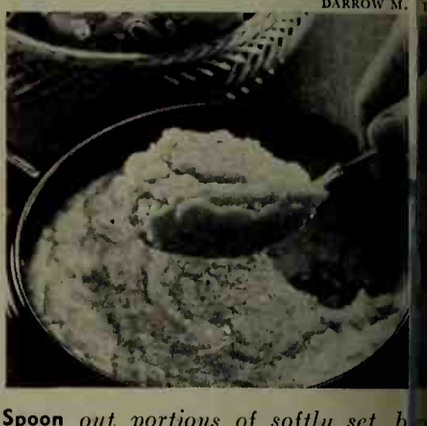
Gala is two layers thick. That means two layers soft. So it's as nice to lips as it is to laps.

Gala comes with borders. Blue borders. Silver borders. Even avocado borders.

So give your lap the very best. Gala. It's the lap of luxury.

Scrape *the milky pulp from ears of* [illegible] *forcing across shredding surface of g*[illegible]

DARROW M.



Spoon *out portions of softly set, b*[illegible] *corn pudding; serve it as a vegetable*

It's corn puddin

Thick, golden milk scraped from ea[illegible] fresh corn is the base of this delic[illegible] flavored baked pudding. Pleasantly [illegible] it makes an agreeable companion fo[illegible] barbecued meat or poultry choice: lamb, pork, turkey, or chicken.

CORN PUDDING

- 8 to 10 medium-sized ears of corn, husked
- 1 teaspoon sugar
- 2 tablespoons flour
- 3 eggs
- 1 teaspoon salt
- ⅛ teaspoon pepper
- Dash *each* cayenne and nutmeg (freshly grated, if possible)
- 2 or 3 teaspoons butter

Scrape corn over large shredding su[illegible] of a food grater, letting pulp fall i[illegible] large bowl; you will need 2½ to 2¾ [illegible] pulp. Also scrape each cob with ba[illegible] a knife to remove all pulp. Combine [illegible] sugar, flour, eggs, salt, pepper, cay[illegible] and nutmeg, stirring with a fork to l[illegible] well. Pour into an ungreased shallow [illegible] serole (about 1-quart size). Dot corn [illegible] butter, broken in small pieces. Bake [illegible] covered, in a 300° oven for 1 hour, or [illegible] pudding is set in center when g[illegible] shaken. Spoon out to serve. Makes [illegible] 6 servings.

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Collect 25¢ for 2 "Milk Pitcher Seals," or 50¢ for 4 "Pitcher Seals"

Look for these "Seals" on backs of special packages of Kellogg's Corn Flakes, Rice Krispies, and Special K.

This year you can DOUBLE your Free Milk Money from Kellogg's. Collect 25¢ for any two different color "Milk Pitcher Seals" from specially-marked packages of Kellogg's Corn Flakes®, Rice Krispies®, and Special K® (see sample in this ad). Or, you can "tall up" your Milk Money and get 50¢ for four package "Seals" (two from one product, plus one "Seal" from each of the other two products).

HERE'S ALL YOU DO: Cut out the required "Milk Pitcher Seals" from backs of these Kellogg's packages (each product has a different color "Seal"). Paste 'em on the pre-addressed Milk Money Request Form printed on the package, and send 'em to Kellogg's. You'll receive your Free Milk Money by return mail.

Get three times as many "good mornings" by buying all three Kellogg's favorites—double your Milk Money, too!

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How about eating out in?

At the Stockholm, in glittering Manhattan, a dinner favorite is Swedish Meatballs in Sour Cream. Here's how to make it with Betty Crocker Noodles Romanoff.

1 cup soft bread crumbs
½ cup milk
1 pound ground beef
3 tbsp. chopped onion
1 egg, slightly beaten
1½ tsp. salt
¼ tsp. nutmeg
⅛ tsp. pepper
2 tbsp. butter or margarine
1 pkg. (4-serving size) Betty Crocker Noodles Romanoff

Soak bread crumbs in milk. Mix in ground beef, onion, egg and seasonings. Shape mixture into 1- to 1½-inch balls. Melt butter in large skillet; add meatballs and brown on all sides. Cover; simmer over low heat 10 minutes. Prepare Noodles Romanoff as directed on package except—increase milk to ⅔ cup. Drain excess liquid from meatballs; pour noodles over meatballs. Cover and simmer about 5 minutes or until desired consistency. *4 to 6 servings.* Crisp rolls and a crackling green salad round out the meal.

Doing anything tomorrow night? Sure. Eating out—in.

The walking cook tells us how to eat high in the high country

What can be carried in a pack on one's ack that will provide a tasty meal?"

unset reader Gertrude Saxton has excelnt answers to her own question, acuired in the course of spending "many onderful days" on the trails of the Sira, Cascades, Canadian Rockies, Death alley, Superstition Range, Uintas, "and any more I could name."

er report covers all the subjects the ail cook must worry about before ever tting the trail: equipment, food shopng, menu planning, recipes. It has been ecked thoroughly and approved by *unset's* own experts on back-packing and mp cooking.

er no-nonsense approach is evident.

There are a few practical considerations nd anyone can follow them. You need ot be like a teen-age student of mine ho had a glorious trip with four other oys and arrived home full but starved. or five days they ate salami, white read, peanut butter, and candy bars. he mountaineering books aren't helpful hen they suggest 2 pounds of food a day er person. I remember being at a comlete loss until I thought in servings just s I plan at home."

hese are the basic principles: It is absotely necessary to plan each meal in adance at home in writing. It is necessary o purchase the food and assemble it all efore you on a large table, then systeatically envision what you will be eating everal days hence come sun or thunder howers, and what pots will be required o cook it. And then it is important to ack small amounts for compactness.

he plan is to take only what you need nd will use, plus one extra dinner in case he journey takes longer than anticipated. here is no "throwing in" of possibilities r a little of this or that. Weight simply hoots up. Foods selected must be those hat are easy to prepare and quick to ook, for the main object of the trip is he hiking and not the cookery. Foods nust please the palate, provide adequate ourishment (ideally with calories kept ow and protein high), and offer a suffiient variety to save the party from restess dreams of steak all night.

YOUR EQUIPMENT

These few articles can be surprisingly adequate for feeding a family of four. ("Our trips are usually planned for four to six people and last six to seven days.")

One cup per person. The Sierra Club cup of aluminum with stainless steel rim and handle saves one from burned fingers and burned lips, the disadvantages of an all-aluminum cup. These can be purchased in mountaineering supply stores.

One spoon per person. Buy the lightest stainless steel, soupspoon size. Make a hole in the handle to attach to the belt of your pants with twine or light chain. Then the spoon is always convenient. Carry one extra for cooking and serving.

Nest of cooking pots. These are sold in all camping departments. Buy a set of the lightest weight. Take along only the 6-cup coffee pot, the quart and 2-quart pots, and frying pan which doubles as a lid.

One tomato can (16 or 17-oz. size). This fits inside the coffee pot; attach a handle of thin wire. This and the pots are sufficient to cook for four to six people.

One pot lifter. This is essential. Very small ones are available, and adequate for pots of this size.

One sharp knife. This should be a medium-sized knife in a sheath, strong enough and large enough to cut small pieces of wood as well as food.

One small spatula. Get the kind sold at the variety store as a children's toy. Keep pancakes small and this will work well.

One small grill. Variety stores sell small broiler racks and cake racks. Buy one of rectangular shape 4 to 6 inches long to make your cooking fireplace.

Two steel wool soap pads. These are for scrubbing the dishes. Put each in a separate plastic bag. Two will last several days.

Paper towels. Remove cardboard roll; carry about a half roll of towels. Pour boiling water over the dishes and pots after scouring, then dry in the air; the towels are for emergencies.

Heavy-duty aluminum foil (1 to 2 square feet). This is used to wrap around or place over food to keep it hot while waiting for something else to cook. Wash and save from meal to meal.

Folding plastic bucket. This is useful for toting water or for personal washing but is optional. The light ones weigh about 6 ounces.

Lightweight plastic bag. Each person carries his own cup and spoon. The rest of the equipment is nested together in this bag. One from the cleaners or the covering from a new bed pillow is ideal. Pans accumulate char, and plastic keeps this off the rest of the pack. Even if the plastic tears, the bag is large enough to serve as covering.

Five heavy plastic bags. A good size is 12 by 18-inch (2-gal.). These need to be heavier because you will pack food in them and will be opening and closing them daily.

One-quart plastic bag. This is to carry a small amount of water if your route includes a dry stretch; otherwise carry it empty, hooked on one person's belt, for mixing juice for brunch and lunch.

Pipe cleaners and rubber bands. Pipe cleaners are used for bags that are opened frequently. They will last the trip. Small rubber bands are used for individually-packed plastic bags.

This is a modest kitchen indeed. Obviously all meals are eaten from a cup with a spoon. The advantage is that both spoon and cup can be securely carried by hooking to one's belt. The cooking pots double for mixing bowls. The tomato can is fine for mixing powdered milk or sauces and can be put over the fire. In addition to the sheath knife, the smallest-size pocket knife, attached to one's belt, is convenient. The spatula can also serve to drain liquids from food. The foil can make an extra lid for small pots.

The grill is used to complete a small, efficient fireplace. On some trails there are campsites with grills, but often it is necessary to make a fireplace. (Incidentally, with more and more people using the mountains, it is considerate to destroy your fireplace before leaving an area.) A large fire is cheerful in the evening, but a small fire shielded by the rocks is far more satisfactory for cooking, especially if there is a little wind. It also takes very little wood if wood is scarce.

("If we are going into a rainy area such as the Olympics, we do carry a small Alpine stove which comes with compact cans of gas. These add weight but are absolutely necessary in some areas.")

YOUR KITCHEN ON THE TRAIL

Of the five heavy plastic bags designated for food, breakfasts, and dinners, take one each; lunch takes two because the foods are bulkier; and the fifth is a basic bag. ("We divide the carrying of these among four of us, and the one who carries breakfast also carries the basic bag.") Breakfast is likely to be the most hurried meal and everything should be immediately available.

The basic bag should contain the coffee, tea, salt, pepper, sugar, margarine, powdered milk, cocoa, and seasonings. The kind of tea with spice and fruit additives has more zest than ordinary teas, and now comes in tea bags. Rose hips tea (a Swedish delicacy) has vitamins as well as its own distinct flavor. Maté is something between a tea and a bouillon and is also nutritious. Some hikers prefer brown to white sugar.

For seasonings, consider these: two cloves of fresh garlic, a cube of fresh ginger root, a cinnamon stick, dried ground orange and lemon peel, dried parsley, dry minced onion, curry powder, dill weed, an herb mixture, a dozen whole black peppers, a few juniper berries, a little Parmesan cheese. Such small quantities can be put

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in tiny plastic bags or the smallest pill bottles that have tight lids (the druggist will sell them to you).

Carry the margarine that comes in a plastic dish with tight lid. Margarine keeps its consistency through the heat of the day, while butter has a remarkable ability to spread all through the pack.

BREAKFASTS

Cooked cereal, piping hot, is the easiest and most welcome breakfast on a cold, rainy morning. Served up with brown sugar, margarine, and powdered cream, it is a far better one-dish meal than one would expect from memories of breakfast at home over the morning newspaper.

Powdered eggs "doctored" with a bit of dry minced onion and Parmesan, or a pinch of herbs and bacon crumbles, become downright edible. A fair omelet can be made if beaten well with milk and cooked in a quart pot rather than a frying pan. The toy spatula will turn the eggs nicely.

Pancakes are great for a sunny, leisurely morning. They take more time and trouble, and every piece of equipment: the big pot for a mixing bowl, the foil for keeping the bacon warm, the frying pan for cooking, the tomato can for syrup, and the quart pot for lots of hot water to get off all the syrup later.

Following is a list of breakfast possibilities for a week's trip, to give the beginner some idea of how to start. Each day's amount is prepackaged at home, so there's no measuring in camp, no looking around for ingredients.

Cereals. Use mixture of dark coarse cereals with lots of raisins and walnuts; cut in bits of dried apple or pear, or try a variety of nuts. (The Swiss have a prepared mixture—Bircher müsli—which includes hazelnuts and toasted coconut.) Serve with sugar, margarine, and powdered milk or cream; Canadian bacon, two slices per person; coffee.

Scrambled eggs. Add bacon crumbles or dried ham nuggets. The prepared omelet mixes are fine, especially the Western omelet. If you mix your own, delve into basic bag for seasoning and cheese. Serve with hot apple sauce.

Buttermilk pancakes. Use a mix; add ham nuggets directly to batter (or serve with Canadian bacon). Make syrup of powdered maple syrup mix (hard to find), or simply boil brown sugar and water, just enough for the meal. Syrup simply cannot be carried.

Oatmeal (just to vary the cereals). Add apricot and date nuggets, sugar, margarine, and cream. Slivered almonds are good in this. Serve with Canadian bacon or ham.

Wild rice pancakes. Use a mix. Spread with jam that comes in a tube. Serve with Canadian bacon. (Regular bacon can be carried, but it is greasier to handle and gets strong unless eaten early on the trip.)

Additional possibilities: Dehydrated corned beef hash, stew, chile, a dry concentrated cereal with dried bananas.

"Lest these meals seem light or limited," Mrs. Saxton notes, "we have found it more satisfactory to eat in smaller amounts several times a day: midmorning snack of fruit juice with a handful of roasted nuts, a piece of semisweet chocolate, or diet food packets. We alternate orange and grapefruit crystals for juice. These have a more natural flavor than many of the fruit powders available. Plan on lots of juice: for lunch also, and for midafternoon with a handful of tart hard candies to nibble along the trail."

LUNCHES

Lunch is the heaviest and bulkiest meal and the hardest in a way because most ordinary sandwich combinations are not possible. Bread is a nuisance, and one sandwich apiece for six persons for seven days means 84 slices. Crackers crumble and are hopeless if they get wet. A better solution is to take small amounts of compact pumpernickel, rye rounds, or canned date or nut bread (removed from can at the beginning of the hike).

Real cheese and real meat are more satisfying and keep better than many of the substitutes for them.

Under no circumstances take along sardines or smoked oysters, unless you like them so well you are willing to have the oily, fishy odor travel with you on the trail throughout the day, the next day and the rest of the trip. What's more, if you leave them home, you will be spared a difficult decision: whether to bury the can which you know a small animal will dig up or carry the smelly thing out.

There are many good hard candies and individually wrapped candies. The best cookies are small, chewy ones that won't end up a heap of crumbs. Dried fruit these days are steamed, and this moisture adds weight, but the fruit is delicious. In addition to the usual varieties, look for dried mango, pineapple, banana slices, crystallized ginger, and candied orange peel in specialty shops.

Here is a summary of lunch suggestions:

Breads. Compact pumpernickel, rye rounds, date or nut bread; Melba toast, rye wafer bread; shredded wheat crackers (they carry better than most crackers).

Meats. Pastrami, smoked pork butt, tongue, lean ham; beef jerky, Chinese dried shrimp, canned ham, Vienna sausage, chicken spread or pâté de foie gras.

Cheese. Smoked hickory, hard jack, Cheddar, Swiss or Gouda; canned Camembert for the end of the week.

Dried fruits. Pitted prunes, dates (dried or fresh), apricots, peaches, pears, bananas; pineapple and mango (hard to find but a real treat).

Cookies and candies. Good fruit flavors, such as English orange sherbet drops; Dutch mints, toffees, coffee and Swedish rum drops; cookies (including imported kinds) in packages made to travel.

Assortments for variety. Cocktail dried mushrooms, coconut chips, dry roasted nuts (cashews and almonds carry better than pecans which crumble); shelled salted sunflower seeds, Mexican squash seeds; lemonade and lime powders packaged with their own sugar; instant iced tea.

("But what to do for salad? We make a small fresh treat bag, and we often chew

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As for the Indians, some of them deep in the interior have still never seen, or been seen by, explorers. Others, have made friends with the few who have ventured into their lands.

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BARBECUED ROUND STEAK

3 to 4 pounds beef round steak, cut 1½ to 2 inches thick
1 tablespoon mixed Italian herbs
½ teaspoon pepper
1 tablespoon catsup
1 tablespoon cooking oil
3 tablespoons soy sauce
Meat tenderizer (available at your grocer's)

Trim most of fat from beef. Slash remaining fat at 1 inch intervals to prevent curling. Combine all ingredients, except tenderizer, and brush on beef. Place in shallow pan, cover and refrigerate overnight. Bring beef to room temperature 30 minutes before grilling. Apply tenderizer as directed. Grill 4 to 5 inches from coals, 10 to 15 minutes per side. Turn only once. Carve into ½-inch slices. Serves 6 to 8.

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the first day with everyone carrying a fresh orange or apple in his own pocket. Strips of green pepper, a few lettuce leaves, celery, even a handful of green beans wrapped tightly will keep for as long as three days.")

DINNERS

These are vastly improved if a good fisherman is along. The ultimate: trout flipped from the stream into the frying pan and eaten as hors d'oeuvres with daiquiris of rum, snow, and lemonade mix. ("We take a Jamaican rum of 150 proof. This is further enhanced if we happen to find a pungent small wildflower called Pennyroyal along the trail.")

The standard first course of dinner is soup. For four to six people, use two packages and less water, despite the directions. Many dried soups combine well. You'll find cream of leek and chicken very good with herbs. Dill weed adds a nice touch to any of the vegetable soups. Curry and ginger root make a spicy tomato; try dried parsley and minced onion in smoky pea. Minestrone and onion both need Parmesan. Experiment with combinations you never thought of at home. Add more vegetables (from packets of peas, beans, tomato flakes), thicken with potato flakes or pre-cooked rice, throw in dehydrated meat balls: You have what the French call *potage*. Make in the large pot (if there's an entrée, however, make soup in the coffee pot, to be washed out for hot chocolate later).

Pot switching is an art, and the true virtue of a tomato can is quickly recognized under these stringent conditions. It is just right for puddings, flavored gelatin, gravy, no end of other uses. Gelatin, though, is a risk. The sports stores sell a fast-setting kind (you can make one yourself by adding an extra tablespoon of unflavored gelatin). Snow is not always where you want it; even then gelatin takes time to set; but of course flavored gelatin is drinkable. Cooked puddings are more reliable. Tangy flavors seem to taste best after a day's hike.

("Our family is not pudding minded, and we prefer a rich hot chocolate with a bit of cinnamon stick à la Mexican chocolate and a dash of rum. We like this every evening, and the making and the drinking have taken on the aura of a pleasant ritual. Buy one of the good Dutch or Swiss ground chocolate mixtures, and use larger amounts than directions indicate.")

The various dehydrated fruit mixes (these are commercially dried to very light weight) take some soaking and are improved by fairly long cooking. Simmer them down; use brown sugar, cinnamon, some dried orange or lemon peel. This makes a delicious compote that lacks only sour cream.

The dessert should be cooked first or simultaneously with the soup, the main dish last. Soup is in the coffee pot, dessert in the tomato can; and you have quart and 2-quart pot for the entrée, frying pan doubling as a lid.

Meat that needs it is browned first in th frying pan. Cook spaghetti, noodles, ric mashed potatoes in the quart pan. Sav the largest pot for sauces to which yo will add the meat and *pastas*.

Don't attempt to cook vegetables sep arately. None of them is very good b itself; but when you simmer them t gether with meat and sauce in the larg pot (the frying pan now serving as a lid you can produce a delectable dish. (Whi dining on the main course, fill an empt pot with water and put on the fire for h water to rinse cups for dessert.)

The new freeze-dried meats have revoh tionized back-packing, not only for the weight but for their many menu poss bilities. Some of the products are pacl aged as complete meals: shrimp creol beef and chicken stew, Swiss steak, chi pork chops. All require a few minut soaking; some come with a specially pr pared enzyme that you pour into th packet with hot water for the soaking Remove them from their colorful box before starting the trip, and punctu with a pin near the top of the envelop This makes them lie flat for packing. B do not puncture in the middle, for yo will use this packet for the soaking, th drain to cook.

Here are some ways to use package dinner dishes:

Beef stroganoff with green noodles

2 cans (2 oz. *each*) freeze-dried beef steaks
1 envelope (1½ oz.) dry beef stroganoff mix
1 envelope (about 1⅜ oz.) dry sour cream sauce mix
3 tablespoons instant dry nonfat milk
About 6 ounces green noodles
Water
2 tablespoons margarine

Combine in a large bag the cans of steak envelope of stroganoff sauce, a small plast bag with sour cream sauce mixed with mil and a bag with noodles.

In camp add ½ cup water to sour cream sau bag and squeeze to mix; set aside at lea 10 minutes. Meanwhile, bring water to b (unsalted) for noodles, and refresh beef stea in water according to directions on the ca Drain and dry beef and brown in margari add stroganoff sauce mix and about ½ c water, blending smoothly. Simmer uncover for about 5 minutes, then stir in the so cream sauce and a little more water if y want a thinner consistency. Also, at this tin cook the noodles until tender to bite, dra and serve the meat and sauce over the Makes 4 servings.

Chile beans and pork chops

3 cans (2 oz. *each*) freeze-dried boneless pork chops
1 envelope (about 1¾ oz.) dry brown gravy mix
1 package (10 oz.) precooked dried chile flavored beans
2 tablespoons brown sugar
Water
About 4 tablespoons margarine

Combine in 1 large package the cans of po

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chops, envelope of gravy mix, bag of beans, and small bag with sugar.

In camp refresh pork chops in water according to directions on can, drain, dry, then brown in 2 tablespoons of the margarine. Stir in the gravy mix and water as directed on envelope and heat to simmering, stirring. Set aside.

Combine beans with water as directed on package, add brown sugar, and simmer 20 to 30 minutes or until beans are tender to bite. Then stir in pork chops and gravy and heat through. Makes 4 to 5 servings.

Pork patties with sweet potatoes and apples

- 1 envelope (1⅜ oz.) dry sour cream sauce mix
- 3 tablespoons instant dry nonfat milk
- 1 package (4 oz.) dried seasoned apple sauce mix
- 1 1 or 2 inch piece cinnamon stick
- 1 package (5 oz.) instant mashed sweet potatoes
- 3 cans (2 oz. *each*) freeze-dried pork patties
- Water
- 3 or 4 tablespoons margarine

In separate plastic bags combine sour cream sauce mix with dry milk and apple sauce with cinnamon stick. Put in a larger bag with sweet potatoes and cans of pork.

In camp add 6 tablespoons water to sour cream mix, squeeze gently to mix, and let stand at least 10 minutes. Also pour boiling water into cans of pork and let stand 1 minute, drain.

In pan combine apple sauce and cinnamon stick with 3½ cups water and bring to a boil, simmering about 10 minutes or until sauce is ready to eat. At the same time melt about 3 tablespoons butter in a wider pan and brown the pork patties; then gently stir in the sour cream mix, blending in all the browned particles.

To serve, stir the potatoes and about 1 tablespoon margarine into the apple sauce, heating through; accompany with the lightly sauced pork. Makes 3 or 4 servings.

Spaghetti with meatballs in sauce

- 1 envelope (1½ oz.) dry spaghetti sauce mix
- 1 package (1 oz.) tomato flakes
- About 1 tablespoon freeze-dried parsley
- 3 or 4 whole black peppers
- About 1 tablespoon instant minced onion
- A generous pinch mixed herbs seasoning
- 2 cans (1¾ oz. *each*) freeze-dried meatballs
- 8 ounces (½ lb.) spaghetti
- About ½ cup grated Parmesan cheese
- 1 small clove garlic
- 2 tablespoons margarine
- Water

In a heavy plastic bag combine spaghetti sauce mix, tomato flakes, parsley, peppers, onion, herb seasoning, and meatballs. Put spaghetti and cheese in separate bags, then into sauce bag.

At camp pour sauce mix into pan, add garlic, margarine, and 3 cups water; blend and bring to boiling. Simmer 20 to 30 minutes, stirring frequently as mixture tends to stick.

Also bring to boil a large quantity of water. When sauce is about ready cook the spaghetti in the water until tender to bite—takes 5 to 10 minutes. Drain spaghetti and blend with sauce. Sprinkle with cheese. Serves 3 or 4.

Desserts are easy. Numerous pudding mixes can be prepared and eaten alone. Pour vanilla sauce over a small piece of fruit cake or canned plum pudding (good for two nights). The specially dried fruit mixes are very light: cocktail mix, apricots, peaches, pears, apple sauce. Add orange or lemon peel and brown sugar.

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GLACÉED FRUIT

⅔ cup light corn syrup
1 cup water
2 cups sugar
Clean dry fruits; suggestions precede

Combine syrup, water, and sugar i
deep saucepan and cook over high
heat, stirring until sugar is dissolved. I
rapidly until temperature reaches 2
on a candy thermometer (just about ha
crack stage).

Remove syrup from heat and begin
dip fruit immediately. *You must w
quickly.* Hold stemmed fruit by the st
hold other fruit between two forks.
merse fruit individually; lift out at o

Place dipped fruits on a lightly oiled
non-stick fluorocarbon-finish baking sh
Keep them separated. To protect the
fect finishes from drips, do not carr
freshly dipped fruit directly over the c
on the sheet.

When the bubbling of the hot syrup s
sides, set pan in a bowl and pour eno
boiling water into the bowl to come ab
the syrup level. As the syrup cools,
glaze coats the fruit more heavily; w
the coating becomes excessive, ret
syrup to direct heat and stir until i
thinned. Remove again to hot water
continue dipping. You will have e
syrup as it is not possible to neatly g
the fruits when there is no longer eno
syrup to immerse them quickly. Use
leftover syrup to sweeten other foods s
as fruits or beverages, or discard it.

Serve glacéed fruits at once or keep,
covered and cool, for as long as 2 ho

This recipe makes enough syrup to g
about 40 medium-sized strawberries.

Summertime treat . . . fresh fruits inside a transparent candy shell

Frivolous in a way, but exceptionally attractive, these summertime treats are quick-to-make fresh-fruit confections that glisten in thin, transparent candy shells. You bite through the sweet, crackling exterior to savor the juicy fruit inside.

The glacéed fruits, their colors intensified by the crystalline coating, are fun to serve whenever the occasion calls for a sweet. Arrange them individually, perhaps on leaves or in bonbon cups; or group them just before serving. (When grouped, they begin to stick together rather quickly.) These fruits also make handsome decorations for desserts such as cakes, ice cream bombes, and tortes.

Since the fruits gradually dissolve the candy coating, you can glaze them only about 2 hours ahead; have the fruits ready in advance. They must be clean and dry. Strawberries and cherries with stems work well; or use hulled strawberries, raspberries, blackberries, or other small berries; tiny figs; small apricots; clusters of two or three seedless grapes; or dry-surfaced orange segments.

DARROW M. W

Working rapidly, *immerse clean fruit
syrup; let cool; serve within 2 ho*

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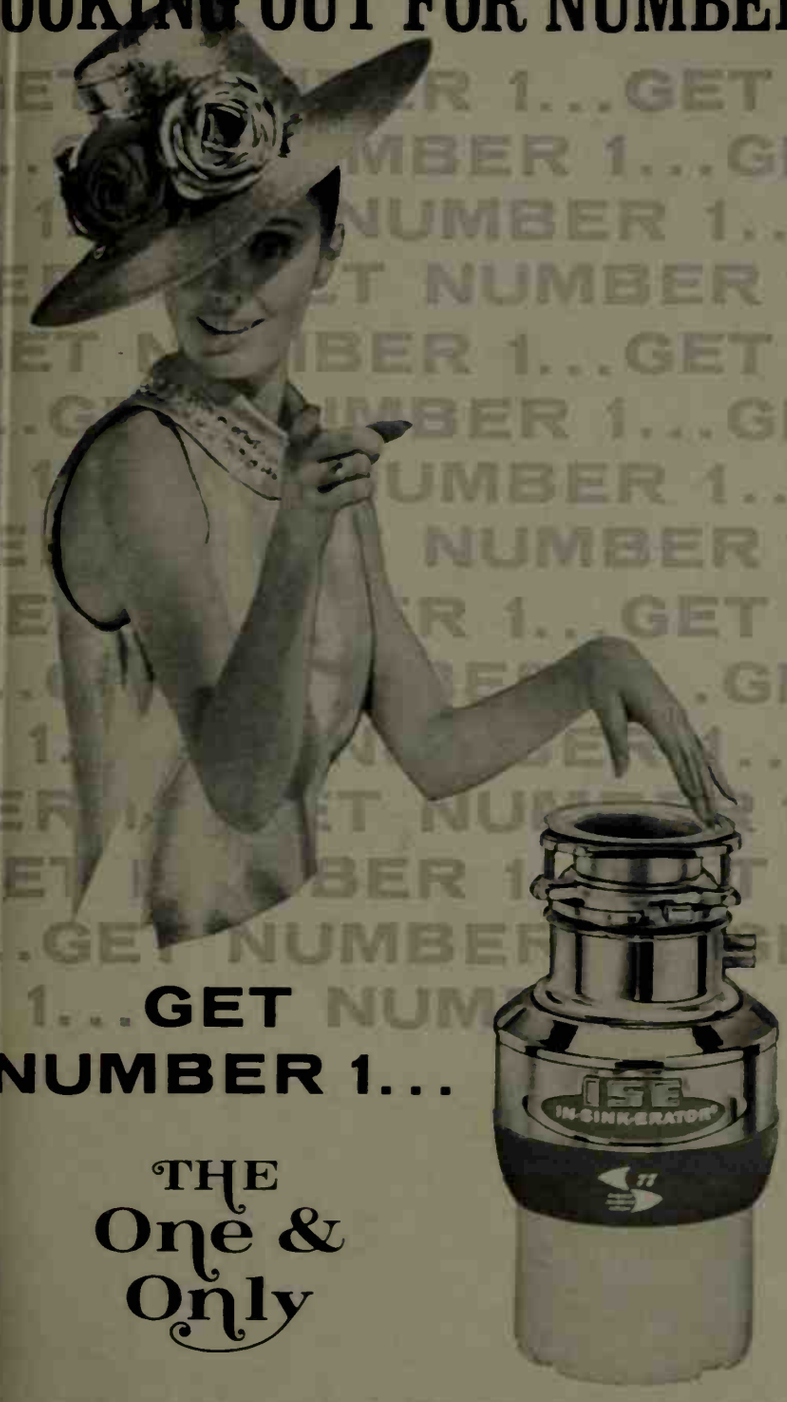

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Pairing up . . . early fruits with French cherry and grape cheeses

Beginning in June our cherries, apricots, peaches, and nectarines can combine with some exceptional cheeses to offer you some delightful taste discoveries, all within the fruit-and-cheese approach to dessert.

In recent years the West's supply of cheeses from all over the world has multiplied manyfold. Among them now are several French process cheeses that pair beautifully with the early stone fruits.

These cheeses are characterized by their buttery texture and delicate flavor. The cherry cheeses, Nec Plus Ultra and Gourmandaise, are almost identical in taste; their distinctive bite comes from Kirsch (cherry brandy), which is part of their composition. Le Beau Pasteur is very similar to the cherry cheeses but hasn't the tang of Kirsch. The grape cheeses—they have many names, but are all about the same—are the mildest of the cheeses, and most easily identified as they are all encased in a heavy black rind of pressed grape marc.

You find these cheeses in shops specializing in cheese and gourmet foods, and also, with surprising frequency, in the refrigerated section of large supermarkets. They keep well refrigerated for a week or so; if cut, they should be covered with clear plastic film. Trim off any mold. For best flavor, hold the cheeses at room temperature several hours before serving.

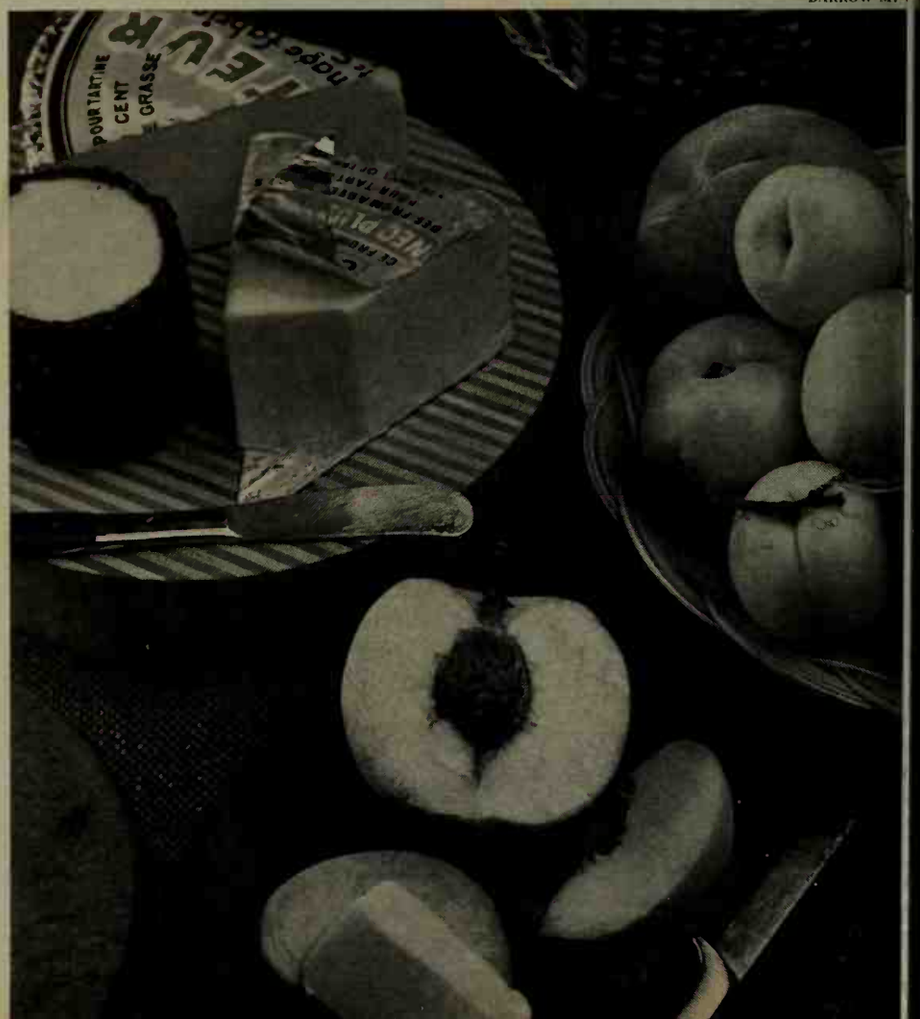
CHERRIES WITH CHEESE

A combination of distinction is sweet cherries and creamy Nec Plus Ultra or Gourmandaise. There is an unmistakable unity of flavors here. To emphasize the impact, serve only cherries with either cheese, and plain crackers.

PEACHES, APRICOTS, AND NECTARINES WITH CHEESE

The cherry cheeses, grape cheeses, and Le Beau Pasteur are very complementary to each of these fruits, and they will all go well together if you would like to offer a basket of fruit and a cheese board. Slices of cheese can be served right on top of slices of fruit.

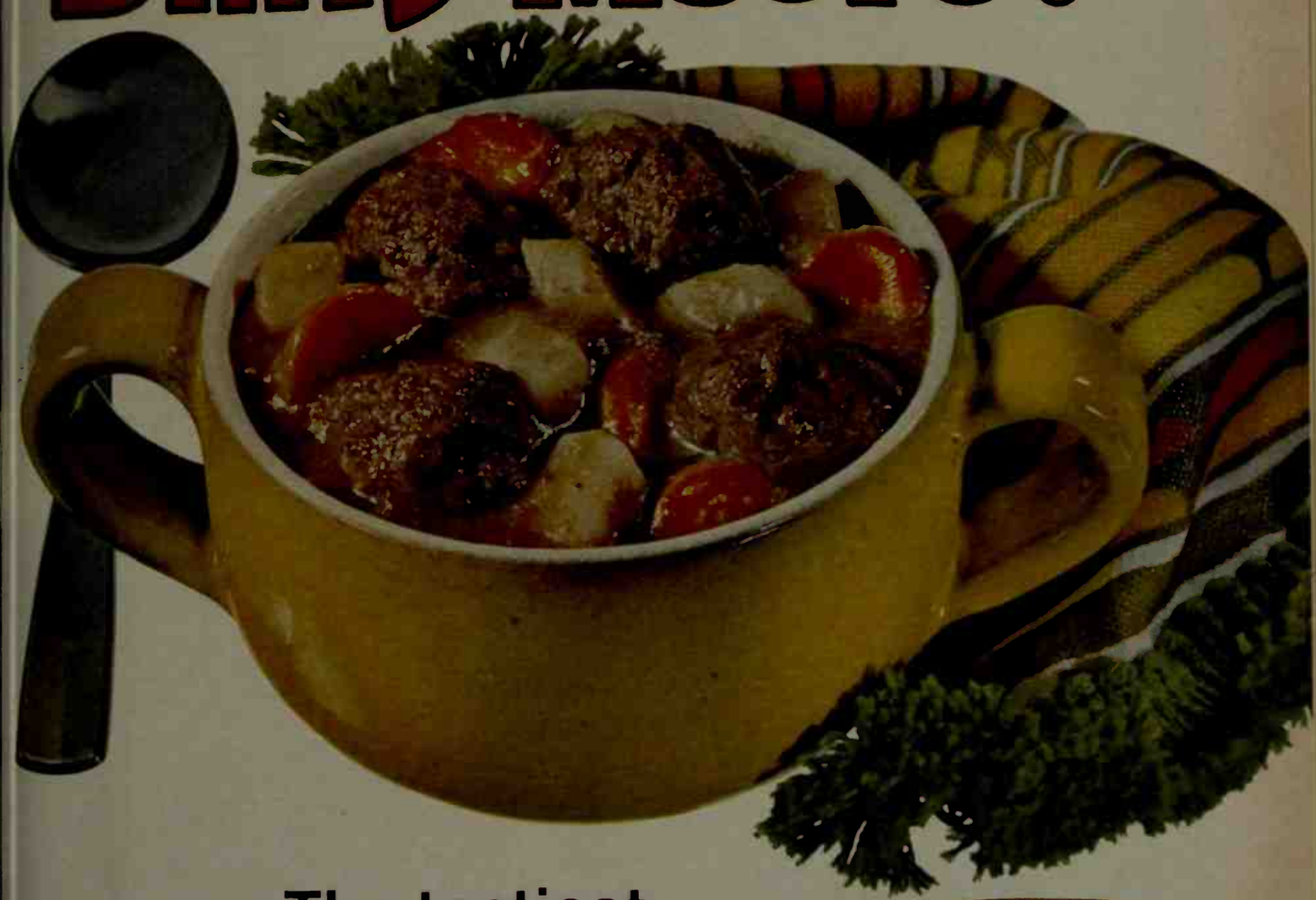
Bing cherries *with a cherry cheese to spread on crackers and a champagne to*



Sampler *of stone fruits and cheeses—Le Beau Pasteur, grape cheese, cherry ch*

DARROW M.

New hot meal from Dinty Moore!



The tastiest meat ball stew ever

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COOKING WITH Kellogg's

lemon-freeze

Make the no-bake crust with Kellogg's Corn Flake Crumbs . . . and the no-cook filling with ReaLemon Lemon Juice and Borden's Eagle Brand Sweetened Condensed Milk

¾ cup KELLOGG'S® CORN FLAKE CRUMBS 2 tablespoons sugar
¼ cup butter or margarine, melted

* * * * * * * * *

2 eggs, separated
1 can (1⅓ cups) BORDEN'S EAGLE BRAND® SWEETENED CONDENSED MILK
⅓ cup REALEMON® RECONSTITUTED LEMON JUICE (measure accurately)
3 tablespoons sugar

1. Combine Corn Flake Crumbs, 2 tablespoons sugar and melted butter, in 8-inch pie pan or ice cube tray; mix well. Remove 2 to 4 tablespoons Crumbs mixture and reserve for topping. Press remaining Crumbs mixture evenly and firmly around sides and bottom of 8-inch pie pan or in bottom of ice cube tray.
2. Beat egg yolks until very thick and lemon-colored; combine with Eagle Brand Condensed Milk (you must use sweetened condensed milk). Add ReaLemon Reconstituted Lemon Juice; stir until thickened.
3. Beat egg whites until stiff but not dry. Gradually beat in the 3 tablespoons sugar. Fold gently into lemon mixture. Pour into Crumbs-lined pan; sprinkle with reserved Crumbs. Place in freezer compartment and freeze until firm.
4. Cut into pie wedges or bars to serve.

YIELD: 8 servings NOTE: If frozen very hard, set pan on hot, wet towel for a few minutes before cutting.

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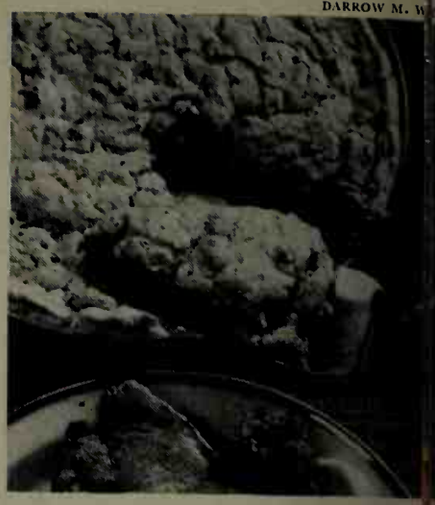
DARROW M. W



Spinach soufflé *cuts into neat pie-sha wedges to accompany hot barbecued st*

A vegetable souffl

This fresh green vegetable soufflé handsome, versatile dish. It would d well accompanied by barbecued meats a dinner as it would topped with crea crab or chicken for a festive lunch entrée.

When baked in a large round casserol frying pan, it holds its airy height w

SPINACH SOUFFLÉ WEDGES

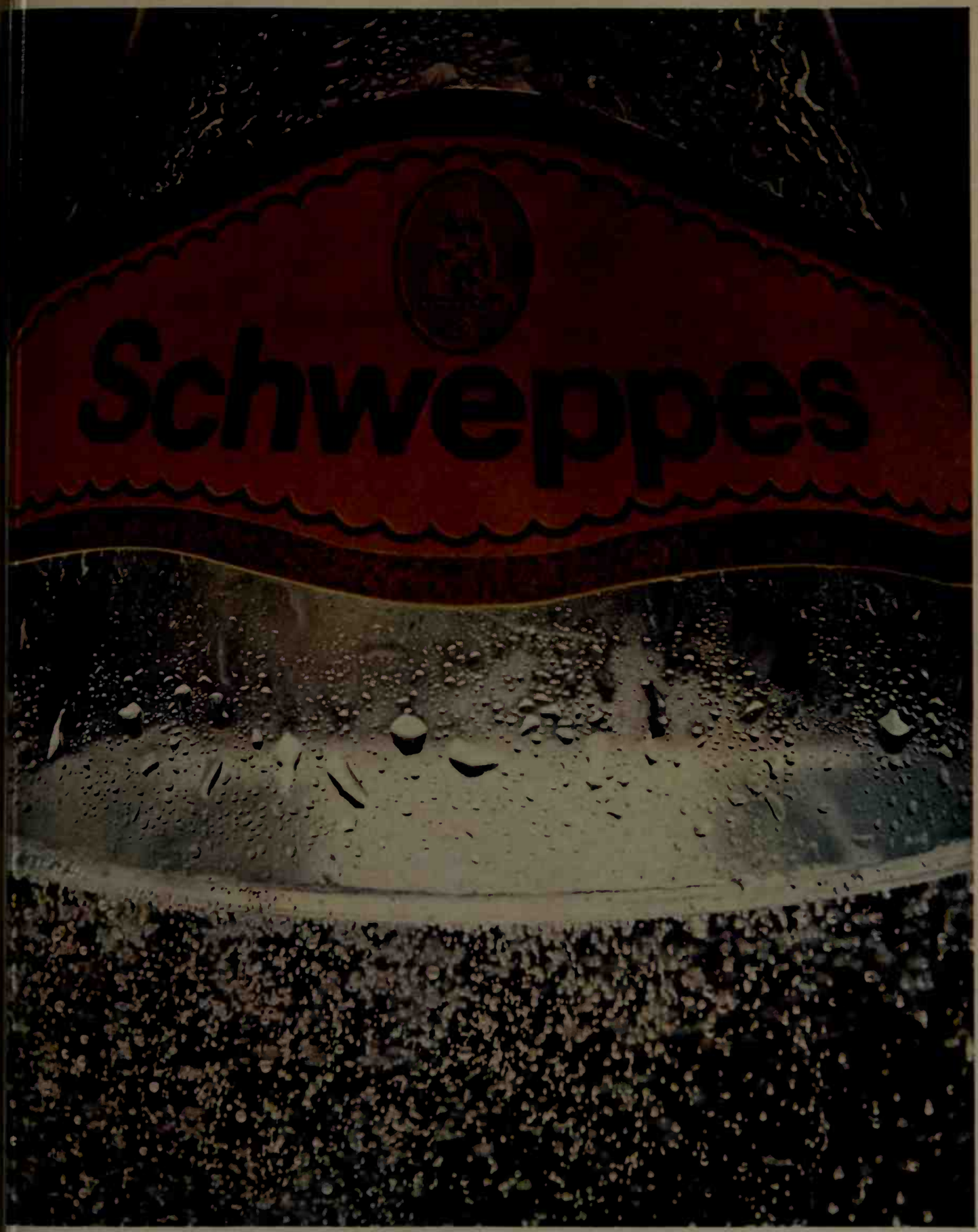
- 3 tablespoons *each* butter and flour
- ⅔ cup half-and-half (light cream)
- ¼ teaspoon *each* salt and nutmeg
- 2½ cups finely chopped fresh spinach (about 1 large bunch)
- 2 green onions, finely chopped
- ¼ cup chopped parsley
- 1 cup shredded Swiss cheese
- 4 eggs
- ⅛ teaspoon cream of tartar

Melt butter in a medium-sized saucep blend in flour, and cook until bub Gradually stir in light cream and c stirring constantly, until thick smooth. Season with salt and nutmeg add spinach, onions, and parsley. Simm uncovered, 3 minutes. Stir in cheese remove from heat.

Separate eggs, placing whites in a b with spoon beat yolks, one at a time rectly into the spinach sauce. (You prepare ahead of time, up to this poin

Beat egg whites with cream of tartar u soft peaks form (almost stiff). Ge fold spinach sauce into the beaten wh Turn into a buttered 9 to 10-inch ro casserole, baking pan, or ovenproof fr pan (pan sides should be 2 inches de smooth top of the soufflé evenly. Bak a 350° oven for 25 to 30 minutes, or u a knife inserted near the center co out clean.

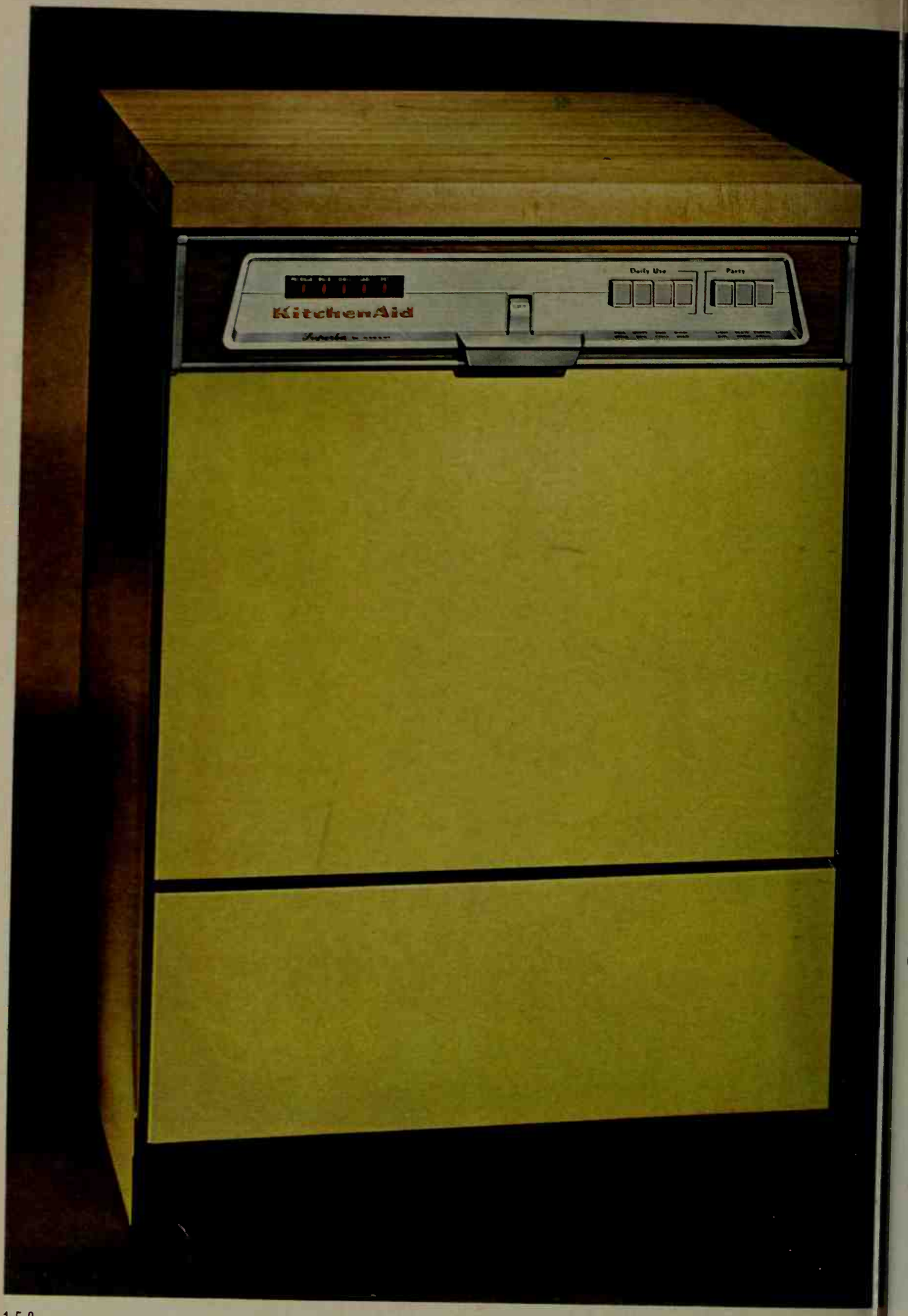
Serve at once, cut in pie-shaped wed Makes 8 servings.



The twelfth bubble from the left is an excellent example of Schweppervescence.

So is the one almost dead center. They're all rather good, actually. From the top of the bottle to the bottom. From first sip to last. Set a good example. Serve Schweppes Tonic. *Unique* taste. Curiously refreshing. In one way bottles, naturally.

Schweppes—a lively English tradition.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DARROW M. V T

Lemon *sugar cookies are a tempting sn k*

Five cookies for the cooky jar

Gaily-shaped sugar cookies and crisp l- fashioned oatmeal cookies are ti tested, perennial favorites. Here we c recipes for both, plus variations. E recipe yields about 5 dozen 2½-i cookies, making a generous supply desserts and snacks at home or for pi lunches. You can bake any of the coo ahead and freeze them, packed in tight containers.

Lemon sugar cookies are tender ins yet slightly crisp when you bite th For a crisper version, try the sour cr variation.

LEMON SUGAR COOKIES

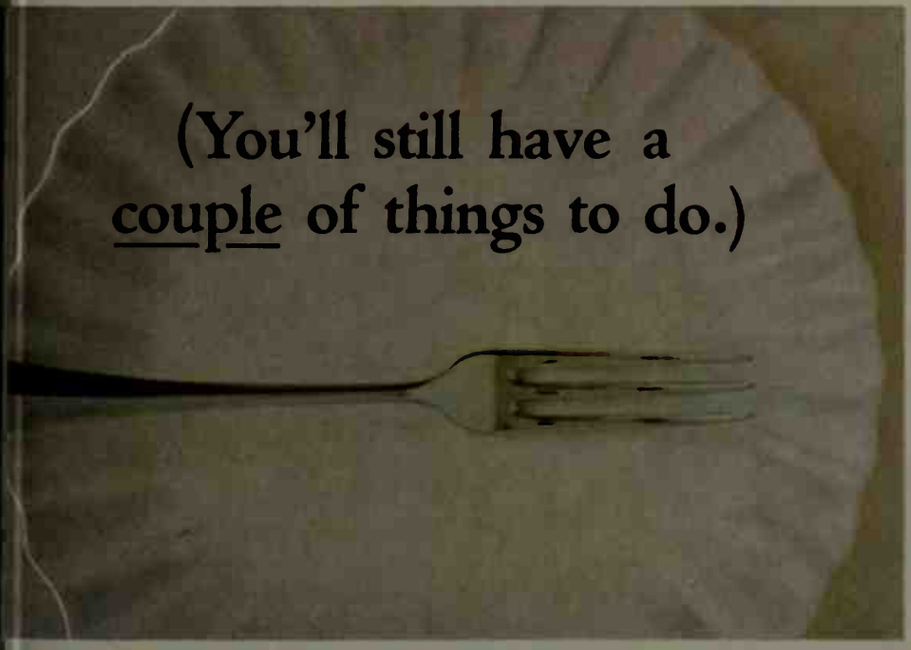
- 1 cup (½ lb.) butter or margarine
- 1½ cups sugar
- 1 egg
- 1 tablespoon lemon juice
- 1 teaspoon grated lemon peel
- ½ cup buttermik
- 4 cups unsifted all-purpose flour
- ¼ teaspoon salt
- 1 teaspoon *each* baking powder and soda
- Sugar

In a large bowl cream together butter sugar until light and fluffy. Blend in continue beating until light and flu Then blend in lemon juice, lemon and buttermilk. Mix together the fl salt, baking powder, and soda and g ually blend into creamed mixture. C bowl with clear plastic film and re erate for 4 hours, or until well chilled

Take about a third of the chilled doug a time, leaving remaining dough in refrigerator. Roll to ¼-inch thickness

Sitting down to a turkey dinner this good isn't all there is to it.

(You'll still have a couple of things to do.)



Thank goodness for

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Surprise 'em tonight!

lightly floured board and cut into desir shapes with floured cutters (we used 2½-inch-diameter size). Place cookies inches apart on a lightly greased baki sheet; sprinkle lightly with sugar, a bake at 350° for 10 minutes, or just un lightly browned. Remove to wire rac Let cool thoroughly; store in airtight c tainers. Makes about 5 dozen 2½-in cookies.—*M. D., San Francisco.*

Sour Cream Sugar Crisps. Follow rec for lemon sugar cookies above but ma these changes: Omit the egg, lemon jui and lemon peel; add instead 1 teaspo vanilla. Substitute ½ cup sour cream the buttermilk. Decrease flour to 3 cu Makes about 4½ dozen 2½-inch cooki

You can change the flavor of this oatm cooky by adding coconut or dried ap cots, and still not lose its crispness.

CRISPY OATMEAL COOKIES

- 1 cup (½ lb.) butter or margarine
- 1 cup *each* granulated sugar and light brown sugar, packed
- 2 eggs
- 1 teaspoon vanilla
- 1½ cups unsifted all-purpose flour
- ½ teaspoon salt
- 1 teaspoon soda
- 3 cups regular rolled oats
- ¾ cup chopped walnuts
- Granulated sugar

In a large bowl, cream together but and 1 cup *each* granulated sugar, a light brown sugar until well blended. A eggs and vanilla and beat well. Mix gether the flour, salt, and soda; then gra ually blend into creamed mixture. Stir rolled oats and walnuts until well blend Cover bowl and refrigerate for about hours, or until well chilled.

To shape cookies, roll a slightly round tablespoonful of the dough between t palms of hands into a round ball. Pl about 4 inches apart on a lightly grea baking sheet. For the first cooky, ligh touch the bottom of a glass (one that h a wide, flat base) in unshaped dough, th dip it in the granulated sugar and pr cooky to ¼-inch thickness. For rema ing cookies, dip glass in sugar after pre ing each.

Bake at 350° for about 14 minutes, until lightly browned. Remove cookies wire racks. Let cool thoroughly and st in airtight containers. Makes about dozen 2½-inch cookies.

Coconut-Oatmeal Cookies. Follow t recipe for crispy oatmeal cookies b make these changes: Decrease oatmeal 2 cups. Use ¾ cup chopped pecans place of walnuts. Along with oatmeal a nuts, stir 1 cup coconut into the dou

Apricot-Oatmeal Cookies. Follow rec for crispy oatmeal cookies but make th changes: Decrease oatmeal to 2 cu Combine ¾ cup finely chopped dr apricots with the oatmeal before stirr into dough.

How to keep six delicious flavors turned on.

Surround it with Saran Wrap.

Nothing saves food like Saran Wrap. It clings better and seals better. And, because it does, Saran Wrap* food wrap protects better than anything else you can buy. You can even make up a fruit salad ahead of time. And serve it hours later—fresh out of the Saran Wrap!

*TRADEMARK

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On the road from New Delhi to Agra to see the Taj Mahal . . . a recipe discovery

Like the ancient alchemists, *Chefs of the West* keep restlessly pressing and probing and testing for purest gold —in the form of food that lifts the spirit and delights the senses.

Daniel Kelly conducts his quest in spare time from duty as a Marine Corps officer, and has good opportunities for travel. "My wife, Grace, and I discovered this recipe in New Delhi, India. On our visit to Agra to see the Taj Mahal, we stopped at the Clark-Shiraz Hotel and found the exact same recipe. (We have fixed it up for American tastes.)"

These countries around the rim of the Indian Ocean tend to make their rendering of lamb shish kebab rather fruity, hot, and slightly sweet. ("The Indian people put hot red chile peppers in everything," says candidate Kelly.)

We have encountered the name as saté, satay, and sosatie, but never sassatie. With the unexpected double play on Grace Kelly, it harks back to the old American slang word, "sassiety."

SASSATIES A LA GRACE KELLY

- 2 pounds boneless lamb leg or shoulder
- ⅓ cup chopped onion
- 6 cloves garlic, minced or mashed
- 2 tablespoons olive oil
- 1 can (about 1 lb.) apricots
- 1½ teaspoons grated orange peel
- 2 tablespoons curry powder
- 2 tablespoons brown sugar
- 1/16 teaspoon cayenne
- ½ teaspoon salt
- 4 tablespoons wine vinegar or lemon juice

Cut lamb into about 1-inch cubes and string on skewers. Sauté onion and garlic in olive oil until soft. Add apricots puréed in a blender with ½ cup of the apricots' syrup, orange peel, curry powder, brown sugar, cayenne, salt, and vinegar. Stir and boil 2 minutes. Cool sauce and then pour over the sassaties—the lamb cubes on skewers. Marinate the lamb in the sauce overnight, turning occasionally.

Drain sassaties, saving the sauce, and then broil until brown on all sides. Heat sauce and pour over the grilled sassaties when you serve them—perhaps with hot steamed rice and minced hot chile peppers. Serves 4.

Daniel A. Kelly

(USMC)
San Clemente, Calif.

The proprietor of Señor Pico in San Francisco—and now also in Los Angeles—likes to experiment personally with the food served in his far-flung eating houses.

"When we are researching a new product, we like to go to markets early in the morning when the busy activity is a regular bustle and the vegetables look fresh and beautiful. One morning in San Antonio, Texas, we visited a produce market. On the corner of

Chefs of the West®

The Art of Cooking . . . by men . . . for men

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This is Cindy Pinkstaff and her doting daddy. Her diapers and his greasy work clothes are both washed clean in cold water with Cold Power!

Mrs. Alice Pinkstaff, Middleton, Mass., wrote us: "I gave it a try, and now I really can't say enough about Cold Power."

Alice Pinkstaff

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New Compact 30 Electri-clean Range, Model RBE-539N
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Buy her Frigidaire built-ins because . . .
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"She carefully cut off the needles and then peeled he outside from a cactus"

of the streets was a little Mexican gal g at her stall cleaning and cutting a us. We watched fascinated while she fully cut off the needles and then ed the outside from a gray green eac- about 6 or 7 inches in diameter. She cut the fresh green inside meat in ll slivers.

stomers coming up to her bought a lful and proceeded down the street little restaurant where they ordered mbled eggs and sprinkled on top the cactus, crisp and flavorful. After tast- this, we wondered how we could uti- cactus in both Señor Pico and Trader s restaurants.

st year we found a preserved cactus ly obtainable. This cactus had the chiness and flavor which makes the erence in this interesting vegetable. started to use it in our condiment."

experimenting continued, in the res- rant kitchens, and probably elsewhere; here is one result that probably owes piration to the scrambled eggs served hat little restaurant down the street. can find canned diced cactus in Mex- ican grocery stores or stores that carry Mexican foods.

SEÑOR PICO OMELETTE
(quantities for 1 serving)

- 1 tablespoon butter
- 1-inch slice of chorizo, skinned and crumbled
- ½ teaspoon minced onion
- 3 eggs
- ⅛ teaspoon *each* freshly ground pepper and salt
- ½ teaspoon monosodium glutamate
- ¼ seeded jalapeño pepper or ⅛ teaspoon salsa jalapeño (hot green chile relish)
- 2 tablespoons diced preserved cactus, drained
- 1 tablespoon crumbled tortilla chips
- 1 tablespoon croutons, sautéed in butter (optional)

In an omelet pan (about 8 inches) melt butter, then sauté chorizo and onion until lightly browned. Beat eggs; add pepper, salt, monosodium glutamate, jalapeño pepper, cactus, tortilla chips, and croutons if you wish them. Pour eggs over onion-sausage mixture and cook over medium high heat, lifting cooked portion and tilting pan until eggs are almost set. Fold over omelet and serve on plate.

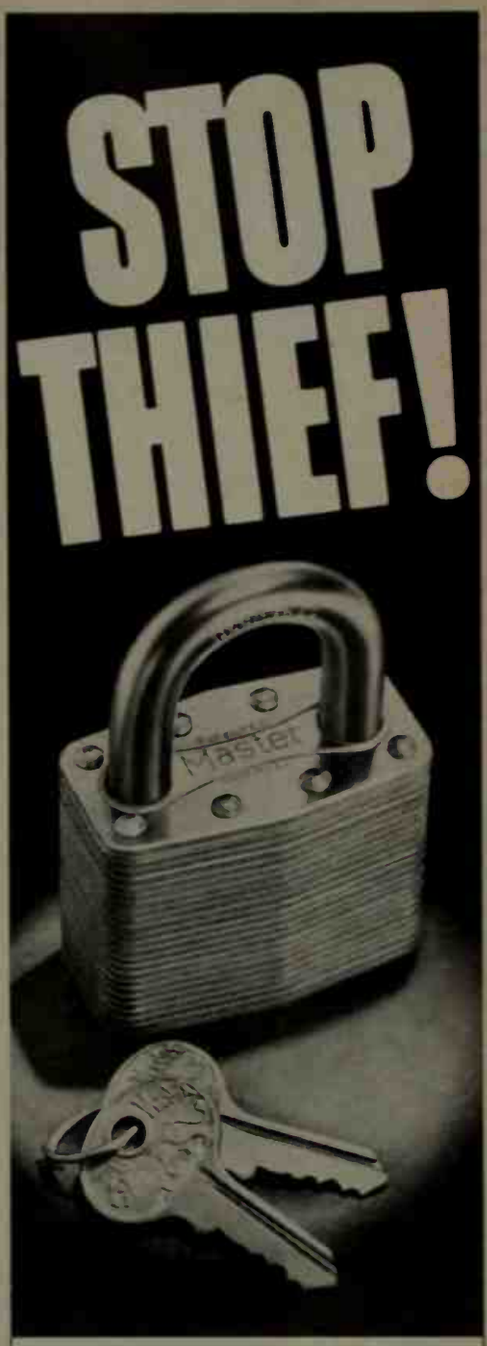
San Francisco

"Max got his share, of course"

"First broil a steak." That's the rather startling preamble to *Chef* Jerry Whalen's recipe for a stew. The story behind it involves an indisposed guest, a leftover steak, and "save it for the dog" (a poodle).

"Man's best friend and all that notwithstanding, steak is steak! Max got his share, of course; the rest became Barbecue Stew."

A leftover steak is the best beginning. If you have to barbecue it especially for this purpose, it's up to your own tender mercy



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AMERICAN GAS ASSOCIATION, INC.

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to whether the steak should be filet ignon or bottom round.

ARBECUE STEW

1 broiled steak
1 small onion, sliced
2 tablespoons butter or margarine
2 small smoked pork chops
2 stalks celery, sliced
¼ teaspoon *each* thyme, basil, and marjoram
1 can (11 oz.) condensed bisque of tomato soup
½ soup can water
2 medium-sized tomatoes, peeled and diced
½ teaspoon wine vinegar
Salt and pepper to taste
1 tablespoon dry Sherry
Chopped parsley

When next you barbecue, toss on an xtra steak of your choice—sirloin, T-one, porterhouse, etc. Make it medium are, with no sauces—just salt, pepper, nd fines herbes. Cool and refrigerate.

auté onion in butter for about 5 minutes ntil limp and lightly browned. Cut moked pork chops into bite-sized pieces nd add to pan with celery, thyme, basil, arjoram, soup, water, tomatoes, and inegar. Cover and simmer for 10 minutes. Taste for seasoning and add salt nd pepper if necessary. Continue at very low simmer, uncovered, for 10 minutes or o to thicken sauce. Cut steak into bite-ized pieces and stir in with the Sherry; garnish with chopped parsley.

Serve in soup plates or bowls with warm French bread and a crisp green salad. Serves 2 generously. Double for 4, triple for 6, etc.

Jane Nielsen

Palo Alto, Calif.

For wine detectives

What U. S. winery makes a Pinot Noir? (Actually, 46 wineries do, all but 3 of which are in California.)

What varietal wines does a given winery make?

If you ever ask either kind of question, you can find tabulated answers in the four-page pamphlet *U.S. Varietal Table Wines*, just published by the trade journal *Wines and Vines* ($1, postpaid, from Marcus Publications, 16 Beale St., San Francisco 94105).

One chart covers the wines made from native American and hybrid grapes; a much larger one covers the traditional *vinifera* grapes imported from Europe and grown in this country almost entirely in California. The two charts cover 76 different varietal wines, produced by 103 wineries (their addresses are included).

Cooking with a Mexican accent.

by Elena Zelayeta

Taco stands make me cringe. Not that I'm against making tacos an everyday food here in America. After all, in Mexico they're the equivalent of sandwiches, and that's pretty unpretentious. But, must Americans take Mexican foods, which are as spirited as we Mexicans ourselves, and make them so banal?

There just shouldn't be any such thing as a trite taco. Mexicans make bizarre ones filled with armadillo meat. They make mundane ones filled with beans. They make elegant ones filled with lamb brains. They make mischievous ones with enough chili peppers to ignite you. But dull tacos, no.

Promise me you won't make bland tacos. But don't feel you have to make a big production of them, either. The tortillas for taco shells are so simple that I find the supermarket ones (usually in the delicatessen case) just fine. As for a basic meat filling, forsake lamb brains and use good ground beef. It calls for a sprightly but balanced seasoning, and actually you can buy that in a mix. Lawry's Taco Seasoning Mix is vivacious without being overwhelming. It has the chili and oregano and comino (cumin seed) Mexicans put in their taco seasonings. (My impression is that the Lawry's people, with their various Mexican-style mixes, are going into Mexican cookery quite seriously. Surely they're doing their mixes with more authenticity than any other American maker I know.)

Extemporizing is the key. Once you have the tortillas and the meat filling, let yourself go. Mash avocados. Mince onions. Grate all sorts of cheeses. Put out ripe olives, shredded lettuce, sour cream, chopped tomatoes and green bell peppers. Then turn your guests into an assembly line of do-it-yourself taco makers.

Mexican Supper Menu I
Tacos
Ensalada Esmeralda (Romaine, zucchini, onion, crumbled cream cheese, oil-and-vinegar).
Refried beans
Torta Borracha (Rum torte)

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she wrote *Elena's Secrets of Mexican Cooking.*

For free Mexican recipes write Lawry's, Box 2572J, Los Angeles, California 90054.

Sunset fine foods cupboard*

If any product is not sold by mail, and is not available at stores in your area, write "Mother Hubbard," SUNSET Magazine, Menlo Park, Calif. 94025, for nearest dealer.

50¢ CASH for this ad

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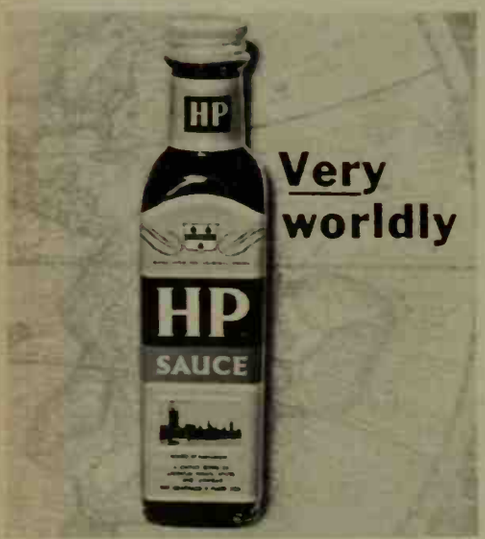

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Crumble 1 OXO cube into ¾ cup boiling water. When lukewarm, add 1 tsp. sugar and 1 package active dry yeast. When yeast has softened, stir in 3 cups biscuit mix and 1 tsp. mixed herbs to form stiff dough. Knead until smooth on flour-coated bake board. Let rise in covered, greased bowl in warm place about 30 min. Shape into 1 dozen rolls; place on greased baking sheet; let rise until rolls double in size (45 min.). Bake at 375° for 15 min.

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Zabaglione the cold way

Served with berries and cream, Italian zabaglione (pronounced zah-ba-*yoh*-nee) makes a refreshing summertime dessert.

Made from egg yolks, sugar, and wine for flavoring, it is traditionally served hot, but in these two versions you serve it chilled instead.

Use slender parfait glasses or stemmed wine glasses to show off the effect of alternating this lemon-flavored zabaglione with whipped cream and berries.

VENETIAN ZABAGLIONE

- 6 egg yolks
- 6 tablespoons sugar
- ½ cup Marsala or dry Sherry
- ¼ teaspoon grated lemon peel
- 1 cup whipping cream
- Sugar
- ½ teaspoon vanilla
- 1½ cups strawberries, hulled

Using the top of a double boiler, beat egg yolks until light and gradually beat in sugar; then beat in wine and lemon peel. Place over simmering water and use a wire whip or portable electric beater to beat constantly until custard thickens and retains a peak (about 5 minutes). Immediately remove from heat and let cool to room temperature, or cover and chill.

Whip cream until stiff, sweeten to taste, and flavor with vanilla. Alternate spoonfuls of zabaglione, berries, and whipped cream in slender glasses. Serves 6.—*D. V., Palo Alto.*

Here rum-flavored zabaglione makes a sundae-style topping on ice cream and berries.

ZABAGLIONE AND ICE CREAM

- 8 egg yolks
- ¼ cup sugar
- ⅓ cup dry white wine
- 3 tablespoons light rum
- 1 quart vanilla ice cream
- ½ cup fresh or frozen blueberries (optional)
- 2 cups fresh strawberries, hulled
- ½ ounce semisweet chocolate

Using the top of a double boiler, beat egg yolks until light and gradually beat in sugar; then beat in wine and rum. Place over simmering water and use a wire whip or portable electric beater to beat constantly until custard thickens and retains a peak (about 5 minutes). Remove from heat and let cool at least to room temperature, or cover and chill.

Place scoops of ice cream in large dessert bowls. Spoon over blueberries and strawberries and top with zabaglione. Cut chocolate into curls with a vegetable peeler; sprinkle over top. Serves 6.

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PD 668

GLENN CHRISTIANSE

The egg dish *(in electric frying pan) con tains bits of corn tortillas, and you migh serve it with hot toasted flour tortilla*

For a Mexican egg scramble

In Mexico this scrambled egg dish woul be called *chilaquiles* (pronounced cheel-a *kee*-les). There are many versions, but a have crisp tortilla bits inside.

Ours is adapted for serving in an electri frying pan; the cooked mixture stay creamy and fresh for about an hour whe held at a warm temperature. It's a goo choice for a company brunch (see men suggestions on page 90).

MEXICAN EGG SCRAMBLE (Chilaquiles)

- 6 corn tortillas
- 2 tablespoons shortening or salad oil
- 4 tablespoons butter or margarine
- ½ cup minced onion
- ½ to 1 can (4-oz. size) California green chiles, seeded and chopped
- 1 cup half-and-half (light cream)
- 1 can (6 oz.) white sauce
- 8 eggs
- 1 teaspoon salt
- 10 or 12 link sausages, cooked and drained
- 3 tomatoes, peeled, seeded, and chopped
- 2 cups shredded longhorn Cheddar cheese
- Pitted ripe olives for garnish
- Green or red chile sauce (optional)

Cut tortillas in matchstick-sized piece Heat shortening and 2 tablespoons of th butter in an electric frying pan at 350 Sauté tortillas until crisp, about 5 min utes; push to edges of pan. Melt remain ing 2 tablespoons butter in center, an sauté onion and chiles about 4 minute

In a bowl, gradually stir cream into whit sauce until smooth. With a fork, beat i eggs and salt. Reduce heat to 250°; pou in eggs; and cook, stirring, until softl scrambled, about 3 minutes—tortillas wi mix into eggs.

Distribute over top the sausages, toma toes, cheese, and olives. Cover and le stand until cheese melts, about 5 minute Then reduce heat of frying pan to warn until serving time. Pass the hot chil sauce. Makes 6 to 8 servings.

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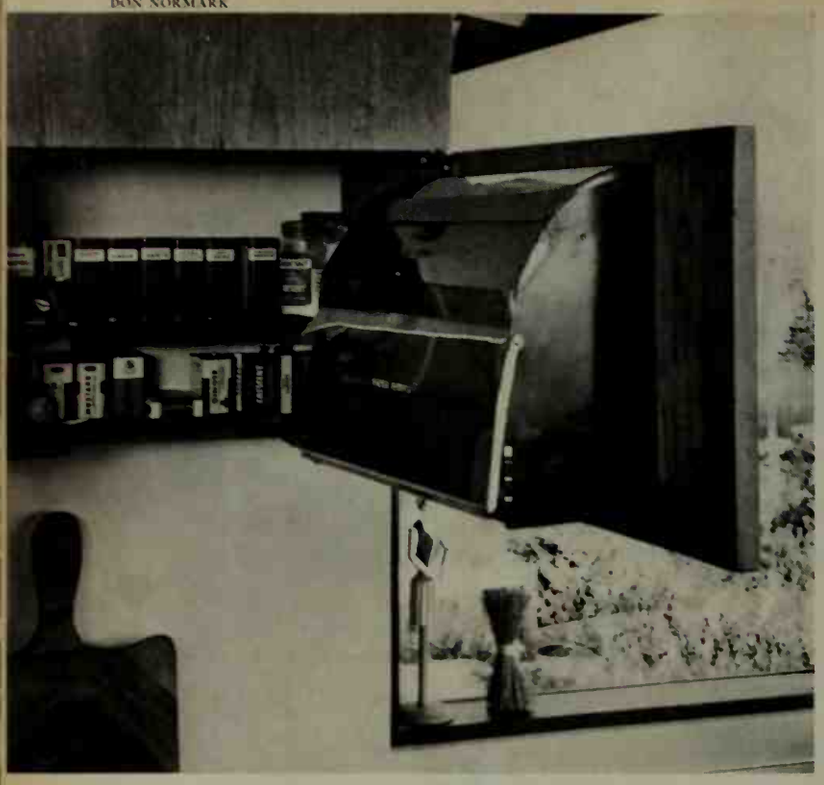


A convenient and tidy space saver

Next to the range hood, Dr. and Mrs. Howard Dale of Seattle store both spices and paper goods: U-shaped shelves wrap around the paper dispenser and provide one-deep spice storage.

To eliminate a tangle of cords

This breakfast counter sits out from the wall on solid bra angle irons; appliance cords drop between it and the wall. T owners are Mr. and Mrs. Kenneth MacDonald, San Francis

THE Western Kitchen

NEWS AND IDEAS

New portable electronic oven

The first portable electronic oven is now available in Southern California—and planned for June distribution in the San Francisco Bay Area. A somewhat hefty 91 pounds, it fits into a space about 15 inches high, 23 inches wide, and 18 inches deep; the corresponding oven space is about 9 by 15 by 13 inches, large enough to take a 25-pound turkey. It's priced at $475.

It might be worth considering for the patio, a vacation house, or boat or trailer equipped for 115-volt, 60-cycle current. It cuts cooking time as much as 75 per cent. You set one dial for cooking times under 5 minutes, or another for times of 5 to 25 minutes—and push a switch.

The unit automatically shuts off whenever the time is up or the door is opened. It does not have a browning element; the obstruction-free inside stays cool and wipes out with a damp sponge. For more information on electronic ovens, see page 96 of the August 1967 *Sunset*.

One new, several old ways to light a barbecue fire

Everyone has a favorite way to light a barbecue fire, from using paper and kindling to inserting an electric starter. For safety reasons, you should never use kerosene, gasoline, or alcohol; they're poisonous, and the first two are explosive.

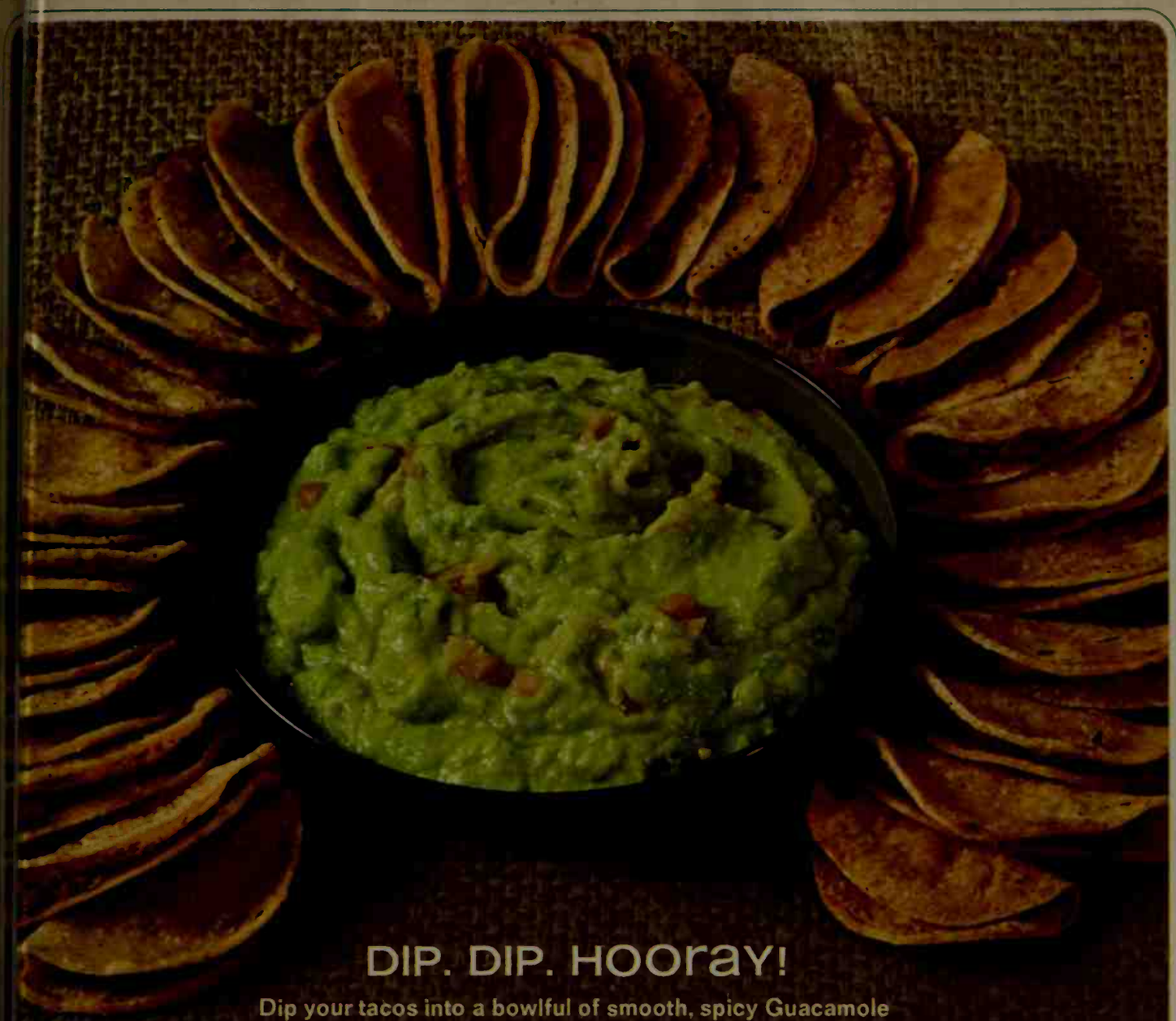
To get an idea of what's available this summer, we made a quick trip through several markets. We found the usual variety of starter fluids in squirt-top cans (since the stream of fluid has been known to ignite, one should be extremely careful not to squirt it on an already lighted fire). Jellied alcohol and pre-treated briquet packs are still available. And so are a number of portable electric starters, each with a handle and simple resistance coil. You pile the charcoal on the starter and let it heat for about 20 minutes. Don't leave it there too long, however, for it can burn out.

The newest starter we found was a solidified foam holding tiny drops of flammable fluid suspended in the cells. It is both clean and safe. White and slightly oily to the touch, it comes packaged 24 cubes to a box for about 4 cents a cube. We found 2 cubes sufficient to start 25 briquets.

PAUL SEAM

Storage cabinet pulls out

This arrangement makes it easy to get things in the back of a deep cabinet; t whole cabinet pulls out on rollers. T owners are the Randall Pratts, Kailu Hawaii; architect: Charles Chamberlan



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To make guacamole dip:
Coarsely sieve 2 ripe California avocados; add 1 diced tomato;
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1½ Tbsps. wine vinegar;
salt and pepper. Makes about 2¼ cups.
Get in the avocados.
Stock the freezer with Rosarita Cocktail Tacos.
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when a burger needs a buddy

Try Betty Crocker Au Gratin Potatoes
Succulent burgers built up with tomatoes, onions, greens. Serve with potatoes in a sauce of blue cheese, Cheddar and herbs baked nice and brown. Hungry?

Making your own wine vinegar

Making wine vinegar with a wine vine culture is a reliable, quiet process th takes place over a period of seve months, unnoticed and untended.

The resulting product is a uniquely f vored vinegar that varies with each bre ing and with your choice of wine. Y can use homemade vinegar just as y would a commercial vinegar—always serving a starter for succeeding batches

Once you get going, your vinegar outp can easily be made generous beyond yo immediate needs; you can soon start g ing it as very personalized gifts.

WINE VINEGAR CULTURE

You may be familiar with the ancie method of using a mother of vinegar- growth that floats on the liquid and a slowly—to convert wine into vineg Though many readers have reported su cessful results to us, wine vinegar a thorities warn that the slow action m permit undesirable side growths to flo ish. They much prefer the controll results achieved with a culture of unp teurized wine vinegar. Combined wi wine and water in prescribed proportio the culture immediately acidifies the m ture to the point where no undesired ganisms can grow.

Wine vinegar culture can be ordered mail. A 4 to 6-ounce container costs abo $2.50, including postage. For a list sources, send a stamped, addressed retu envelope to Wine Vinegar Editor, *Sun Magazine,* Menlo Park, Calif. 94025.

HOW TO MAKE WINE VINEGAR

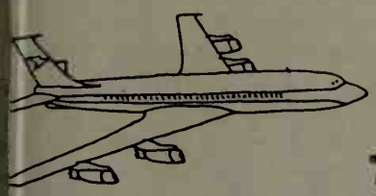
The wine vinegar culture, which is usua red, can be used to make red or rosé wi vinegars. You can also use the same c ture to make white wine vinegar, but y have to make several batches with wh wine before achieving the desired p color. The yield is four times what y start with; use part or all of it to start t next round.

Choose a glass, wood, or stainless st container that will be no more than tw thirds filled by the vinegar mixture; co tact with air is essential for the cultu action. Wash the container, rinse, po boiling water into it, and drain well.

Combine in the container 1 part wi vinegar culture, 2 parts wine, and 1 p water (added because full-strength wi might contain enough preservatives to k the culture.) Close opening with a wad sterile cotton.

Set mixture in a warm place (ideally S

Now, little yen gets much Orient.



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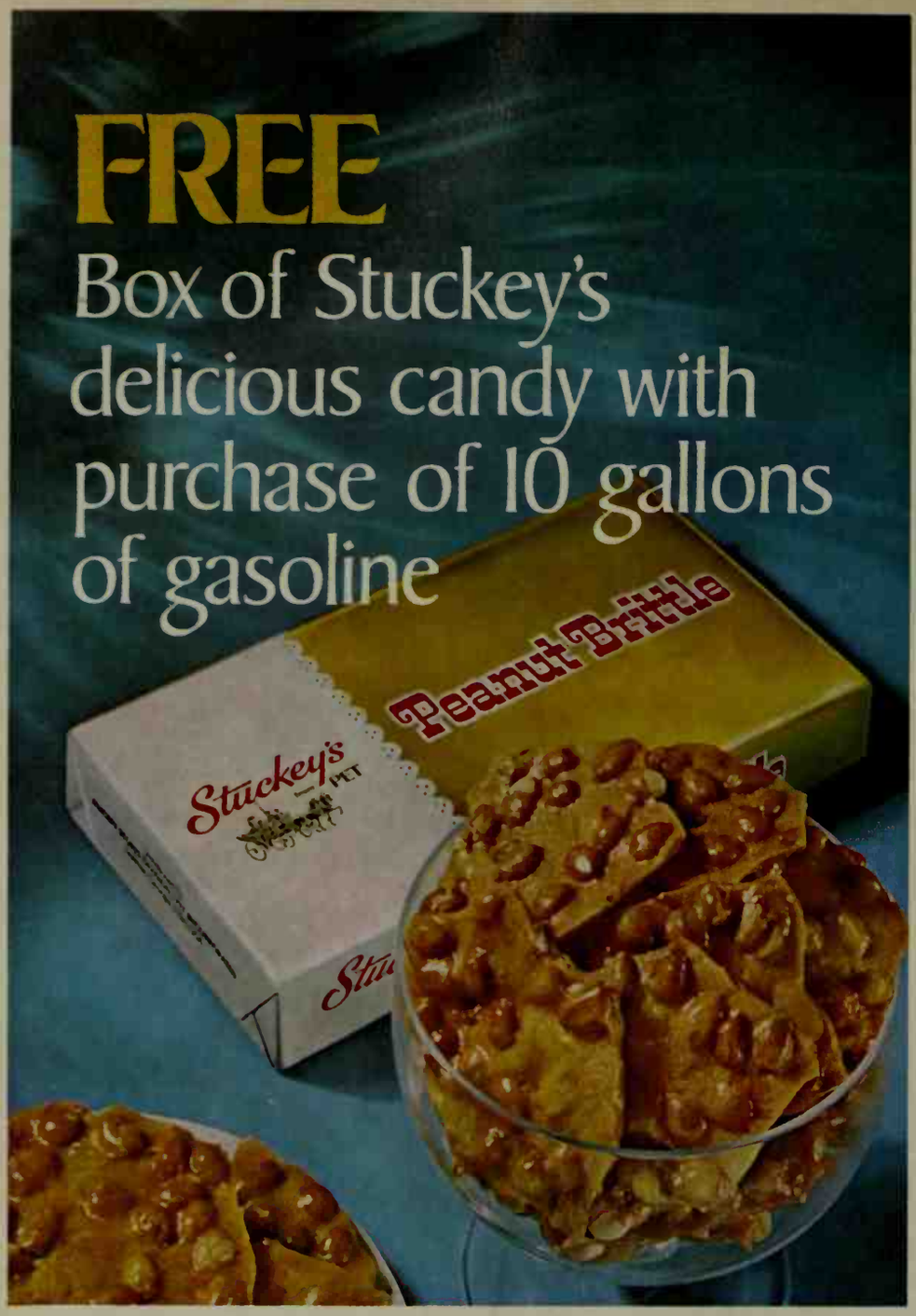

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to 90°) where temperature is fairly co stant; near the hot water heater is a go spot. Let stand two to three months, longer if the room is cooler.

When the vinegar is ready, it tastes ve acid and has no alcoholic flavor or aron It is about 8 per cent acetic acid (or 8 grain strength); commercial wine vi gars are about 5 per cent acetic acid (4 grain strength). To make more vineg use part or all of the finished, unpaste ized vinegar, again adding an equ amount of water and twice as much wi and set aside another two or thr months; be sure the container is ne more than two-thirds full.

If you won't be needing more vineg immediately, pour the amount of start you wish to save into a container, addi water and wine as before, but keep m ture very cool to greatly slow growth the culture. If allowed to continue wo ing without being thusly refreshed, t culture eventually consumes the ac leaving a strong, bad-tasting brew.

HOW TO USE IT

Homemade wine vinegar is about twice acid as commercial vinegars so use it spa ingly. Or you can dilute it to suit yo taste with as much as an equal amount water, a combination of water and wi or all wine. The extra wine introduces mellow flavor that many people enjoy.

For a clearer-looking vinegar, pour through a piece of muslin or nylon stoc ing to remove sediment.

HOW TO PRESERVE IT

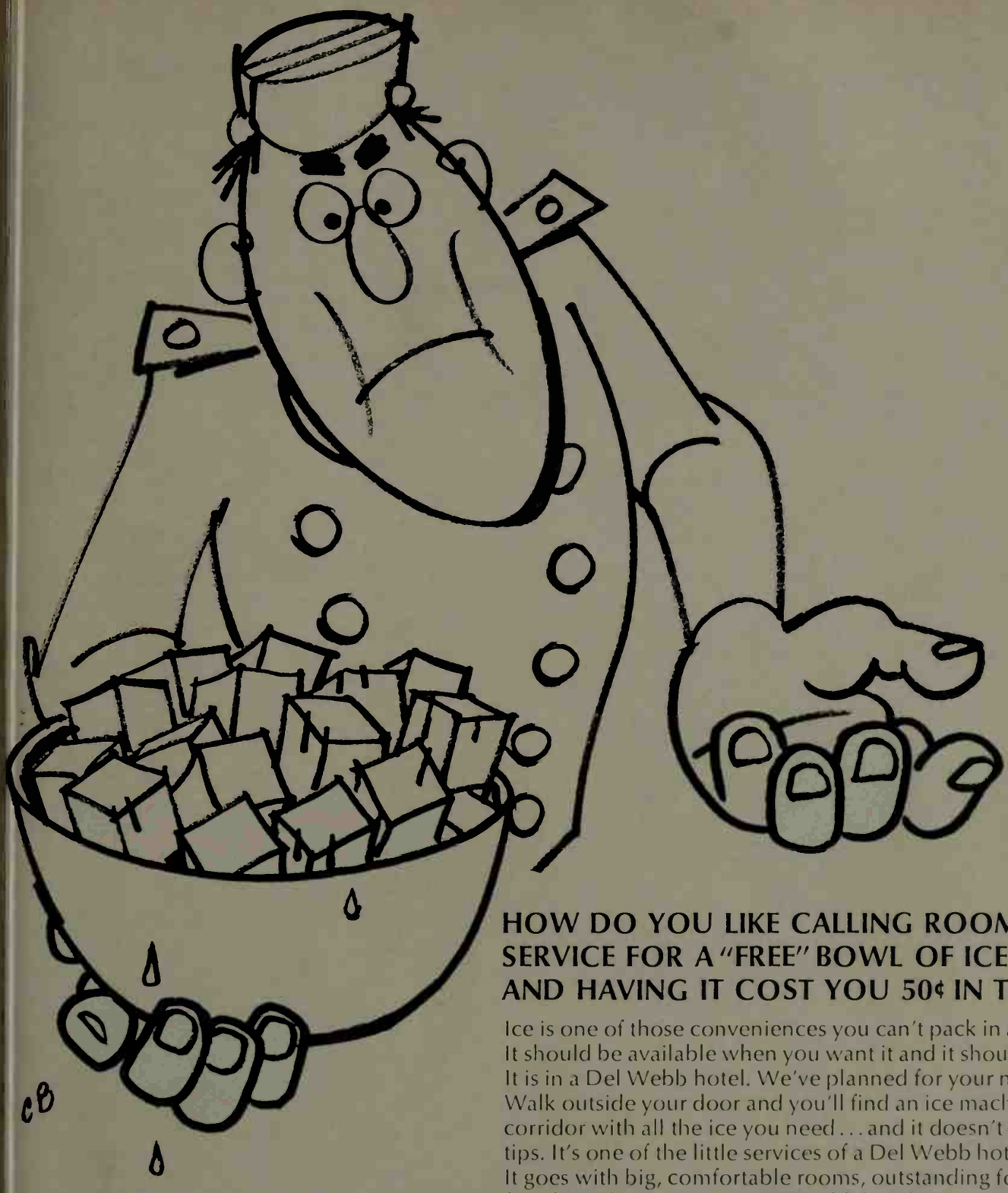
Wine vinegar makers, professionals a amateurs alike, recommend pasteurizati to deactivate the culture when the vi gar is at its prime (pasteurized vineg however, cannot be used to make mo vinegar). The technique is simple: He the vinegar to 140° to 150° over dire heat or in a hot water bath; test with thermometer. (If you plan to dilute wi vinegar with wine, pasteurize the vineg after you add the wine.) Store in tight closed bottles at room temperature.

HOW TO FLAVOR IT

After you pasteurize the vinegar, t amount of flavoring you add depends e tirely on your personal taste.

To make herb-flavored vinegars using t ragon, oregano, basil, dill, thyme, or oth herb, immerse freshly cut sprigs (or dri herb) in the vinegar. Let stand until t vinegar takes on the desired flavor, th use. If you want to hold the flavor at certain level, take out the herb, or po the vinegar through a strainer.

To make garlic, onion, or shallot-flavor vinegars, add the chopped vegetable the vinegar; let stand one to two wee or until as strongly flavored as desire Pour through a strainer and discard t vegetable.



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For a starter . . . a soup from Sonora

In Mexico a cup or small bowl of a lig but distinctly flavored soup is one of t most typical ways for a special meal begin. Here are two easy-to-make Me can soups you might try at home.

The first is called cream of asparag soup, yet there is no cream in the sc you might expect. Frozen asparag pieces heat and cook in canned chick broth, and to this you have the opti of adding melting chunks of cream chee or cool, thick spoonfuls of sour crea

The second, named for the state of Sono is also based on chicken broth plus mingling of the sweet, mild flavors green pepper, canned corn, and chile po der. Whipped cream is piled into the l soup just before serving, and dissol deliciously into each portion.

CREAM OF ASPARAGUS SOUP

- 1 package (10 oz.) frozen cut asparagus
- 4 cups chicken broth, canned or freshly made
- Salt
- 2 small packages (3 oz. *each*) cream cheese *or* 1 cup commercial sour cream

Combine the asparagus and broth in saucepan and bring to boiling, uncover Stir to break apart asparagus and simm gently, uncovered, for 10 minutes. A salt to taste, if needed.

Cut the cream cheese into about ½ in cubes and place in a soup tureen. P in the hot asparagus soup and serve once. Or instead of using the cream chee you can pass sour cream to spoon i individual servings of the soup. Make to 8 servings.

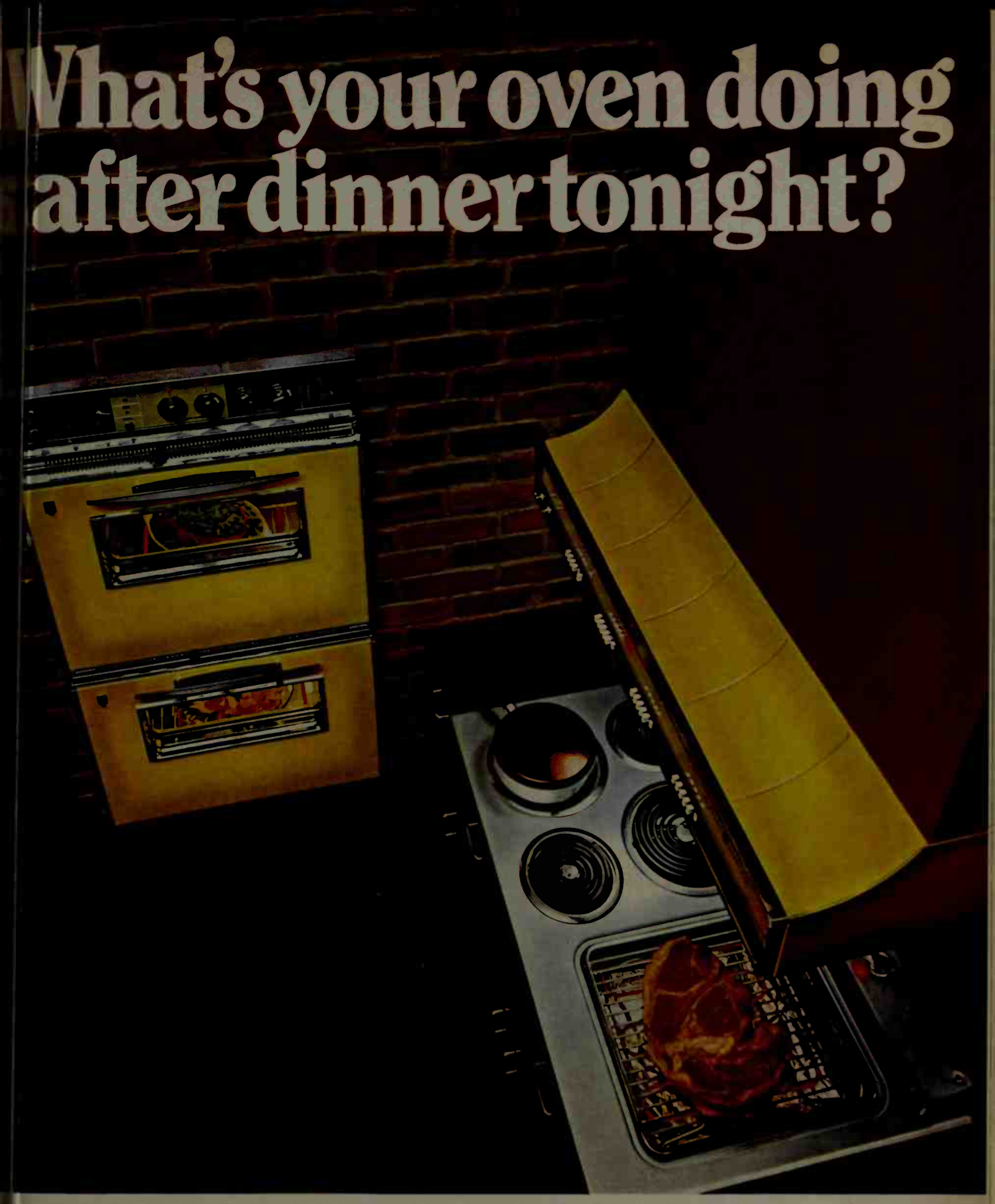
SOPA SONORESE

- 2 tablespoons butter
- 1 teaspoon chile powder
- 2 cups largely diced green pepper
- 1 can (12 oz.) whole kernel corn with red and green sweet peppers
- 1 small dry whole hot red pepper
- 6 cups chicken broth, canned or freshly made
- Salt
- 1 cup whipping cream

Melt butter in a saucepan and stir chile powder and green pepper. Co stirring, over moderate heat for abou minutes. Then add corn, red pepper, a broth and bring to a boil, uncovered. simmer about 3 minutes; salt to ta if needed.

Whip cream with ¼ teaspoon salt u stiff. Pour soup into tureen and pile whipped cream on top. Stir slightly a ladle mixture from bottom of dish (corn settles) to serve. Makes 8 to servings.

What's your oven doing after dinner tonight?



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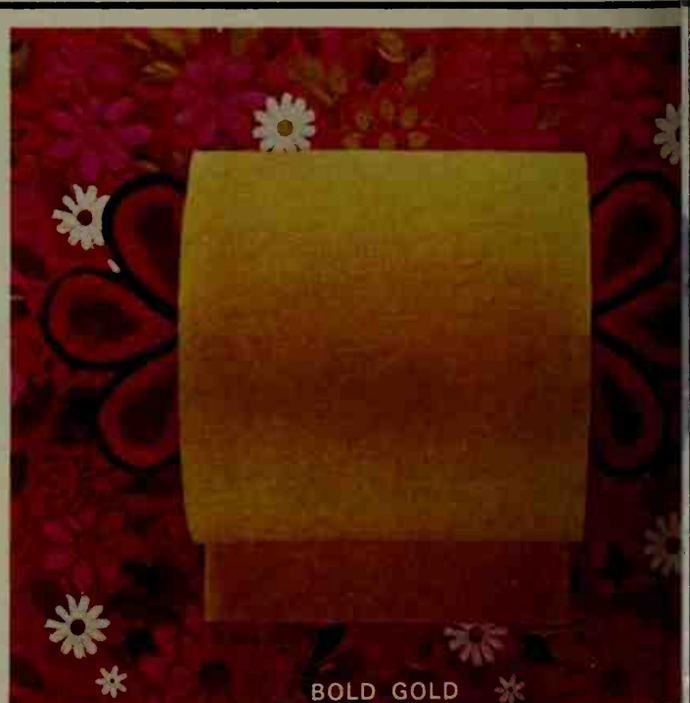
GENERAL ELECTRIC

TRUE BLUE



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hese make great leftovers

your family like hot meat loaf for , and then like the cold leftovers dwiches the next day? If so, you'll to try these two unusual recipes. irst is a meat roll with a spinach, acon, and cheese filling; the second yaki-flavored—may be doubled and in a 9 by 13-inch pan, if you wish.

ED BEEF LOAF

- pounds ground beef (or mixed ground lean beef, pork, veal)
- cup soft bread crumbs (whirl bread pieces in blender)
- eggs, slightly beaten
- teaspoon salt
- teaspoon ground nutmeg
- Dash black pepper
- package (10 oz.) frozen chopped spinach, thawed and drained
- slices bacon, cooked, drained, and crumbled
- hard-cooked eggs, chopped
- cup shredded Cheddar cheese
- slices Cheddar cheese (about 4 inches square)

bine meat, bread crumbs, eggs, salt, g, and pepper, blending well. Pat re out on waxed paper, making a ngle. Cover with another piece of d paper and roll to a ½-inch- rectangle, about 10 by 15 inches. ogether spinach, bacon, hard-cooked and cheese. Spoon onto meat, mak- n even layer. Starting with short of rectangle, roll meat and filling, roll fashion, sealing edges. Set meat ased 9 by 13-inch baking pan. Bake, vered, in a 350° oven about 1 hour. cheese slices diagonally, overlap on and bake 5 minutes longer. Let stand nutes before slicing. Makes 6 serv- —*C. C., Lakewood, Calif.*

YAKI LOAF

- pound *each* bulk pork sausage (mild) and ground lean veal or beef
- cup soft bread crumbs (whirl bread pieces in blender)
- eggs, slightly beaten
- cup *each* finely chopped onion and green pepper
- tablespoons *each* soy sauce, lime or lemon juice, and brown sugar
- clove garlic, minced
- teaspoon ground ginger
- tablespoon *each* soy sauce and honey

bine sausage, veal or beef, bread bs, eggs, onion, green pepper, the 2 espoons soy, lime or lemon juice, n sugar, garlic, and ginger.

e into a round loaf and place in a ch square baking pan. Bake, un- red, in a 350° oven about 30 min- . Blend together the 1 tablespoon soy honey; baste loaf and bake about 30 utes more. Makes 4 to 6 servings.

Opening
June 22, 1968

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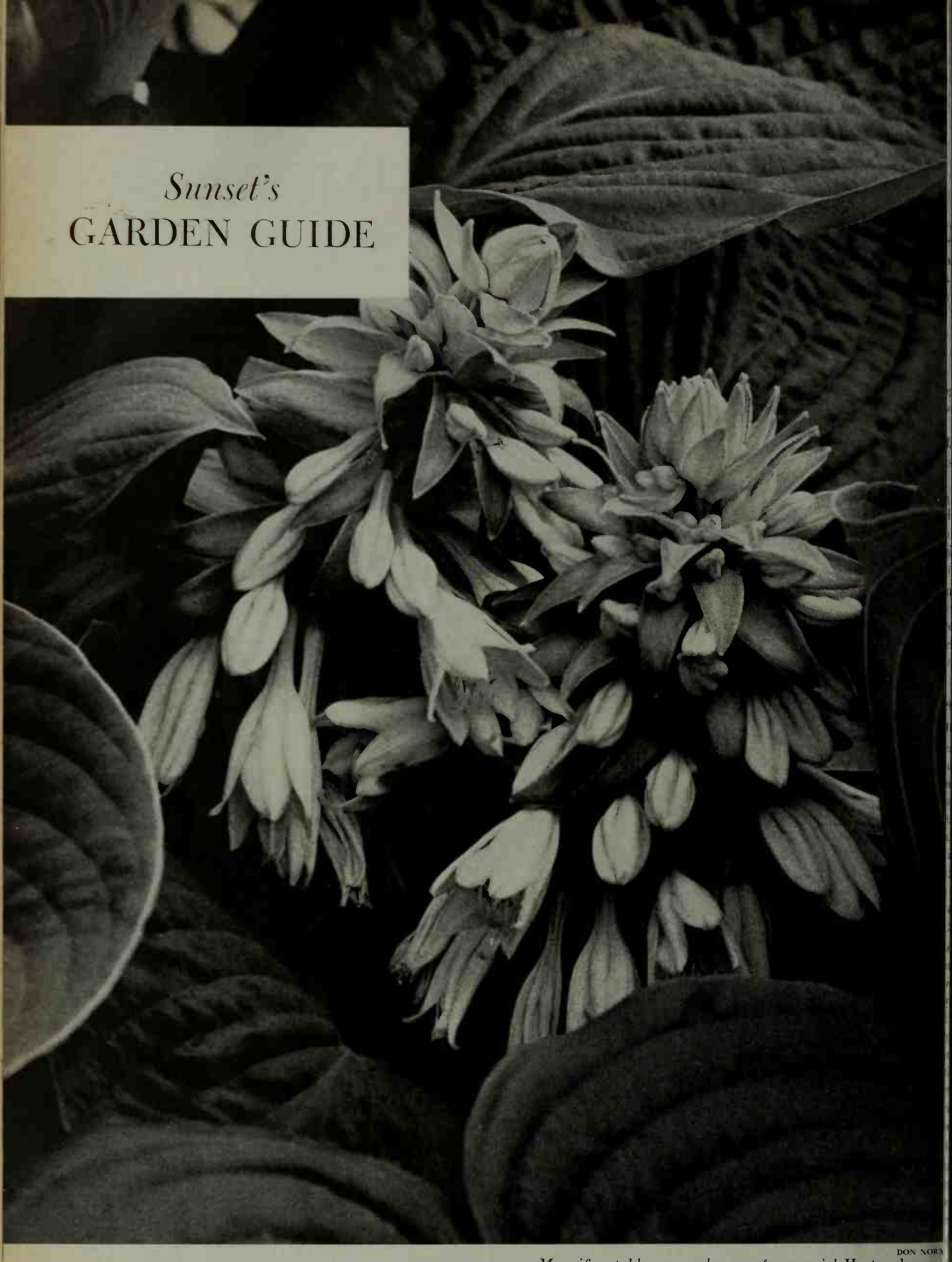


Sunset's GARDEN GUIDE

DON NORM

Magnificent blue-green leaves of perennial Hosta glauca *round stems of clustered lilac blue blooms, just opening June. In a shaded spot where the soil is moist or even boo this hosta will grow into big clumps. Shown here nearly life*

The hosta likes the shade

JUNE IN YOUR GARDEN:

Don't let June's explosive growth get away from you

gain a little and lose a little. June's er days bring an opportunity for more ening, but they also bring other out- activities to divide your time and energies. If May weather has been , and if you've worked hard, you can a little now—but don't go limp.

can't let go of the reins; you still to exercise control or June growth get away from you. Weeds sink great oots, and hedges seem to explode out- l and upward. Vines lean on neighbor- shrubs, and the shrubs stretch limbs ss the pathways to block your stroll. weeds while they are still small gh to come out without a great strug- Keep pruning shears at the ready so can keep growth under control with ip here and there; this will save you pruning jobs later on.

p an adequate supply of water deep he soil and you won't have to scurry nt during the first heat wave trying to er—deeply, thoroughly, and simulta- usly—all your garden plants.

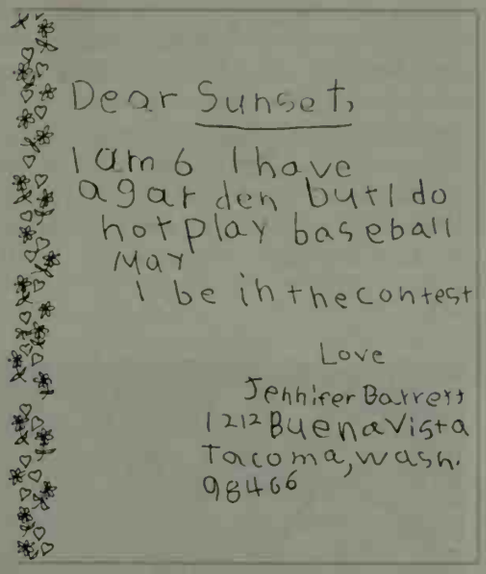
eck Monterey pines for quoia pitch moth

ew pest has recently been noticed on nterey pines in Santa Clara County he sequoia pitch moth *(Vespamima uoiae)*. Adults are clear-winged moths ut ⅔ inch long; they look like yellow kets. (The name *Vespamima* means itating *Vespa*," the hornet or yellow ket.) Despite their appearance, they related to peach borers, and the ¾- h-long dirty white or yellowish larvae k something like peach borers.

nptoms are masses of pitch 1 to 2 hes in diameter with a white larva in h. Adults lay eggs in late June and ly July. The borers spend two years their burrows inside the cambium of nk or limb. The opening of the burrow narked by a mass of pitch mixed with ing dust. The mature larva leaves its row and enters the pitch mass to pu- e. Just before the moth emerges the pa pushes to the surface of the pitch.

far the moth has proven to be a dis- uring but not a deadly pest; seriously ested limbs could be weakened to the int where they might break under ess of wind or weight.

a single tree is involved, scrape away pitch and kill the larvae; if infesta- n is heavy, try a spray of lindane or DT to trunk and limbs about the third ck of June. Wet bark thoroughly. Add a miticide to the spray to control mites, which often proliferate when spraying destroys their natural enemies.



Yes, Jennifer, *you may be in the contest and you don't have to play baseball at all*

Last call for entries in our Summer-Fall Contest

Anyone who wishes to enter *Sunset's* Summer-Fall Gardens Contest should send his name and address (and age if 16 or under) to Summer-Fall Gardens, *Sunset Magazine*, Menlo Park, California 94025, before June 15. See page 111 of the April *Sunset* and 267 of the May *Sunset* for details.

Young Jennifer Barrett asks about baseball in her entry letter above; many adults silently wondered the same thing. Last year the contest gardens were called "baseball gardens"—only because the season duplicates the baseball season. You don't have to play baseball or even follow the game to enter this year.

Alstroemeria for cutting

Alstroemerias have too many faults to be first-class landscape plants, but as cut flowers they have no peer—and, during their bloom season, they contribute a lot of color to the garden.

The color runs to what might be called the "buffet" colors—delicious shades of salmon, apricot, shrimp pink, lobster red, orange, lemon—and many have a pronounced speckling of brown or purple on the petals.

Plants of the kinds commonly seen in northern California make leafy masses 2 to 5 feet tall. Above these in June or July come the flowers—broad, open clusters of lilylike flowers that somewhat resemble deciduous azaleas (Mollis and Knap Hill-Exbury) in effect and range of color. Cut flowers last well in arrangements.

After blooming, plants dry up and become something of an eyesore unless tops are cut off (some scarce kinds are nearly evergreen; don't cut them back). Summer-dormant plants don't need water but can tolerate it.

Getting plants is a problem. Nurseries sometimes have the tuberous roots in fall, or sell plants in cans, but roots are brittle and hard to store, while plants in cans look shabby and don't bloom well. Seeds that drop in summer sprout in late winter, but won't bloom before second spring. If you can't buy plants or beg some from a friend, you can get seeds from seed specialists.

Strips and straps

Containers and container plants are a tradition at *Sunset*. Our gardens and patios have many splendid examples of both, and our employees are accustomed to seeing them every day. Nevertheless, the containers pictured here created a mild sensation when we brought them in to have their pictures taken. (By a mild sensation we mean expressions of interest and delight, followed by inquiry about price and the laying out of cash to place an order.)

The outer, decorative portion of the container is made of strips of redwood stained a rich walnut brown and bound together by bands of tough black plastic. The inner, working portion is a black

Tub *will hold this dwarf Alberta spruce from 8-inch pot; potting mix ready at left*

Sunset's GARDEN GUIDE

plastic container of the kind used by wholesale nurseries for growing plants for sale. A turned lip at the top of the plastic container fits into grooves routed into the wood strips. The straps are fastened to the strips by hex-headed screws, the only metal in the whole assembly—and the screws are plated to resist rusting.

The larger container in the picture is 13 inches across, 14 inches high; it will take most plants growing in 5-gallon or 3-gallon (egg can) containers and usually sells for $5 or $6. The smaller is 9½ inches across, 10½ inches high, and will take plants from gallon cans or large pots; it costs about $4. A 7 by 8-inch size costs about $2.50.

The same strips and straps combine to make a low (11½ inches high) garden fence. Each 4-foot length has four strips 20 inches long and sharpened at one end to serve as anchoring stakes. Containers and fence are designed and manufactured by a Santa Cruz, California, firm. Your nurseryman or garden supply dealer can get them for you.

Late spring stalwarts

Prominent in late May and June gardens are Shasta daisy and *Achillea taygetea*. The latter is often spelled *A. taggetea*, but shouldn't be; it's named after Mount Taygetos in the south of Greece.

Both are easy to grow, both are showy over a long period, and both are superb cut flowers. Give them a sunny situation, reasonably good garden soil, average watering and feeding, and they'll need little additional care beyond dividing every other year or so.

Shasta daisies come in single forms (like those in the picture) and in double forms. The well known 'Esther Read' is typical of the doubles. Until recently all the singles have been white with yellow centers, all the doubles pure white; recent introductions among the doubles have creamy or yellow-tinged flowers.

Achillea taygetea grows to 18 inches and has flat-topped clusters that open bright yellow, slowly fade to primrose, then stay there until removed. Flower clusters can be dried for winter arrangements.

WILLIAM APLIN

Tall *single Shasta daisy in rear; primrose yellow* Achillea taygetea *in front*

Sowing biennials . . .

Perennials need no promotion, but ennials need an occasional push if t are to stay in the garden picture. At f glance they seem to ask a lot for w they give. These plants cost as much perennials, but give one year's blo instead of many. Seedlings take a y to bloom, and then plants die.

On the other hand, like candles burn at both ends, they give a strong lig And they often come at a time when garden is between acts — in June early July.

Typically a biennial spends a summ fall, and early spring growing into a plant that has sufficient food reserves support a big flower and seed crop. longer the growing season, the larger plant — and the bigger the flower cr It's to your advantage to sow plants ea to allow time for germination, grow on, transplanting, and getting pla established in final planting sites.

June is not too early to sow biennials, fact, they'll need this much growing t where winters are cold. Sow seed thi in rows in well prepared soil, or sow flats or pots. Shelter young plants fr hot sun, but give good light. Transpl sturdy seedlings to stand 6 to 9 inc apart in rows (less in flats), then set permanent places once their roots are v established.

Among biennials to sow are Canterb bells, foxglove, money plant or hone *(Lunaria)*, and sweet William.

. . . and perennials

The same instruction will serve for s ing perennials, at least the easier ones columbine. Here again, the longer gr ing season the plants have this year, better the flowering next year.

Since plants are obtainable, why g

JUNE CHECK LIST: *Here's what needs doing*

☐ **Feeding.** Give rhododendrons first feeding as soon as flowers fade. Give azaleas and camellias a follow-up feeding. Light applications of liquid fertilizer will push along begonias, fuchsias, young transplants of annuals and perennials. Roots of container plants can't range for food, so watch their feeding very carefully. Look for off-color in foliage, failure to grow.

☐ **Food garden.** One secret of success in growing root vegetables is thinning; give roots room to expand sideways, or they'll be undersized and misshapen. Cultivate around vegetables, but don't dig so close as to loosen plants, or so deep as to cut valuable feeder roots.

Thin apricots and peaches if fruits crowd together; room to grow means good air circulation, less chance of rot. Support heavily laden branches of fruit trees.

☐ **Lawns.** June, like May, is a good month to sow dichondra. Established dichondra may look shabby now; chances are that it is making its annual seed crop. It will recover soon and come back stronger than ever because of the new seedlings. A feeding now will help.

If fungus has plagued your lawn in past summers, anticipate it this year with prophylactic sprays of fungicide. If weather is cool, feeding a blue grass lawn will help it outgrow rust damage; if weather is hot, feeding won't push the blue grass to faster growth. Encourage deep root with deep watering.

If you didn't use a pre-emerger crabgrass control, you may find yo crabgrass a problem now; apply a p emergence killer before plants form s

☐ **Pests and diseases.** June's wo pests are aphids and other suck insects, which find tender June growt veritable delicatessen. For one way control them, see last month's story systemic insecticides (page 234).

Keep roses sprayed or dusted to prev mildew.

☐ **Planting.** Container-grown pla can be set out this month,

y beech aphids *show up well against underside of a copper beech leaf*

nials from seed? Well, it's fun. And heap, especially when you need a quantity of coral bells or evergreen tuft for edging. And sometimes either purchased from a specialist ven by a friend, may be the only o start certain unusual perennials.

ll perennials are easy to grow from In some, seed will germinate quickly olutely fresh, but is slow and uneven d has become dry in storage. Har- and sow hellebore seed as soon as it e. Primrose seed and seed of many garden plants often germinates ly and easily if perfectly fresh; if the seed may require chilling or ng to germinate.

erennials except the very easiest d be sown in pots, seed pans, or flats, he more delicate kinds should have ction of a coldframe or lath shelter ready to go into permanent garden ions. And all, delicate or not, require ction from snails, slugs, dogs, cats, gardeners' big feet.

Woolly beech aphids, woolly apple aphids, and others

Aphids come in a variety of sizes and colors; most are smooth, but many are covered with white "wool"—actually a white wax extruded into threads or powder. The kind in the picture is the woolly beech aphid, which infests all forms of beech but looks most striking against the rich purple of copper beech leaves. Writers on insects have even called the effect handsome.

But handsome is as handsome does, and woolly beech aphid doesn't do handsomely. It secretes a vast amount of sticky honeydew, which in turn supports an ugly, if harmless growth of sooty mold fungus. Control aphids by spraying with malathion or lindane. A dormant oil spray will destroy many eggs and overwintering aphids.

Many other woolly aphids infest various plants; most serious is the woolly apple aphid, which makes easily visible white, woolly masses on trunk or branches of apple trees, and which also feeds on roots of apple trees. Summer sprays of malathion or diazinon will keep them in check (with an assist from the dormant spraying that apples should get as a routine matter).

Finding perennial seeds

Sometimes readers ask us where they can buy seeds of certain rare or unusual perennial plants. If we find a source, it's usually in one of these catalogs:

Geo. W. Park Seed Co., Inc., Greenwood, S.C. 29646. Catalog is free.

Harry E. Saier, Dimondale, Michigan 48821. Catalog costs 50 cents.

Thompson and Morgan, Ltd., Ipswich, England. Catalog costs 25 cents.

These firms also list seeds of trees, shrubs, bulbs, and bulblike plants.

A small Texan

Texans swell with pride at the mention of the bluebonnet, a small annual lupine. They seem less impressed by another small Texas native, annual phlox *(P. drummondii);* nevertheless the phlox has made a far bigger name for itself in the outside world.

Plants of annual phlox grow from 6 to 18 inches tall; the most popular kinds are dwarfs that reach only 6 to 8 inches. Most are sold from flats in mixed colors, either bright or pastel. Unmixed colors are available in seed packets. Flowers of Globe, Nana Compacta, and most other dwarf strains are nearly round, and come in broad, rounded clusters. In Twinkle and in Starred and Fringed strains, the flowers have fringed, starry-pointed flowers.

You grow the plants much as you would grow petunias; flower season, like that of petunias, will go on all summer if old flowers are pinched off. The low annual phlox are among the finest annuals for foreground planting, edging, window boxes, and containers.

Dwarf, *brightly colored annual phlox are good plants for low, squatty bulb pans*

---

l planting during heat waves, in your best interests and the plants'. Heat- g plants do well if set out this month. special care to prepare the soil well oid the possibility of the new plants' being trapped in the planting hole ard, dry soil.

Pruning, shaping, grooming. Chrys- anthemums are probably ready for ond pinching. If you haven't given their first yet, and stems are tough, back with shears to a healthy lower If you didn't do so at planting time, stakes beside tomatoes and dahlias. p plants as they grow. Be sure that and labels are secured, but be sure they are not so tight as to choke or e the stems. Tie down branches of liers or vines as they grow; if you too long, wood may be brittle.

It's a good time to prune pyracantha to reduce its size and emphasize the beauty of the fruit. Berries are sufficiently advanced so that you won't accidentally prune any off as you shorten branches.

Remove spent flowers from the large-flowered rhododendrons to prevent seed formation and lessening of next year's bloom. Prolong bloom season of geraniums and pelargoniums by removing spent flowers.

☐ **Propagating.** Divide primroses and replant divisions in enriched soil. Divide and replant bearded iris; see page 69 of the September 1967 *Sunset.* Take tip cuttings of chrysanthemums.

☐ **Watering.** Conserve water with irrigation basins, mulching, and vigilance. The last is the best tool; watch to see where water is going, and guide your further irrigating by what you see. Water that is sprinkled onto unplanted ground is wasted; worse still, it encourages weeds you otherwise wouldn't have during summer. Water that runs off the lawn is wasted; water for a shorter period, then turn off sprinklers, let water soak in, and turn on sprinklers again.

If sprinklers don't reach as far as they should, you may be a victim of low water pressure. Try watering earlier or later, or on a different day, to see if the situation improves.

☐ **Weeding.** Keep ahead of summer weeds (crabgrass, knotweed, purslane, spotted spurge) with hoe or weed oil. Water where possible by basin or furrow to discourage weeds that sprout under sprinkler irrigation.

Orange trees *grow in beds that project into both lawn and graveled section in the streetside garden of this Paradise Valley ho*

The pebble mulch . . . a great desert idea

During a recent tour of gardens in and around Phoenix we noted widespread use of pebble or stone mulches.

A large expanse of pebbles or stones often covers an entire streetside garden, frequently relieved by native cactus, other desert plants, or perhaps large rocks. Quite often a stone-mulched panel separates a lawn or other ground cover from a driveway, path, or foundation of a house; or it may serve as a buffer between swimming pool deck and plants or lawn. In some areas, particularly on slopes, you may find stones of different sizes combined with gravel to simulate a desert wash as well as to solve a drainage problem.

On these two pages you see some of the ways in which the Douglas Driggs, of Paradise Valley, aided by landscape architect John Vogley, have used stone mulches to enhance structure, plants, and containers. The smooth, water-wash stones complement the overall feeling elegance and meticulous maintenance

There are strong practical reasons fo pebble or stone mulch: You can ins it in a short time (compared with planting of a ground cover) for an im diate, neat finish to a bed or border. S a mulch prevents dust and mud-splat ing, conserves moisture, helps to keep and roots cool in summer and warm

th *gray pebbles around olive tree con-*
in color, texture with lawn on either side

Strategically situated *at the end of the Driggs' covered entryway is an Aleppo pine in a black clay container. Pine trained as adapted bonsai by Leroy Fuji*

GLENN CHRISTIANSEN

te containers *planted with fern asparagus,*
on pebbles below wall near swimming pool

Panel *of dark gray stones contrasts with light brick wall, white tile and walls, black pool. Ferns, ivy in hanging containers. Architect was William F. Cody*

ter, and inhibits weed growth.
nplanted areas a safe distance from
ging roots of trees or shrubs, you can
ther insure against weeds by treating
soil with a chemical that prevents
ir growth for a long period. Or, before
spread pebble, stone, or gravel
ches, peg down heavy plastic sheet-
over the surface of the area, punch
w holes for drainage, and cover with
ugh stones to conceal the sheeting.

Grove of three *Catalina ironwoods is a good landscaping solution for dry garden spot*

These handsome natives will follow your lead. Grow them in a grove, as a hedge, for a screen

The foliage pattern of California's native Catalina ironwood *(Lyonothamnus floribundus asplenifolius)*, sometimes called Santa Cruz ironwood, is indeed beautiful —on the tree and in long-lasting flower arrangements.

The leaves are divided into two to seven, narrow, leathery, 4 to 8-inch-long leaflets that are glossy dark green above, yellowish green and often hairy beneath; you get a two-toned effect when breezes ruffle the foliage. Each leaflet has coarsely scalloped edges. The leaves look rather fernlike, and densely clothe the branches. New stems are bright red.

(The species—*L. floribundus*, found only on Catalina Island—is similar to the variety except the narrow leaves are cut into leaflets. Thus its foliage does have the unusual fernlike quality. you probably won't find it in nurse However, on Catalina Island, the spe is intermixed with the variety.)

In June and July, the tree displays s white flowers in many flat clusters 18 inches wide. (They have a stra odor, somewhat like that of pyracan flowers, which many people don't but if you plant it far enough away f house windows you might open, then scent shouldn't bother anyone.)

When the flower clusters become f they turn brown and dry-looking, hang on a long time. While the tr short, you can trim them off—but s it eventually becomes 50 to 70 feet many of the clusters will soon be reachable, so you'll just have to put with this fault. Actually the foliage i dense you hardly notice the dried clus

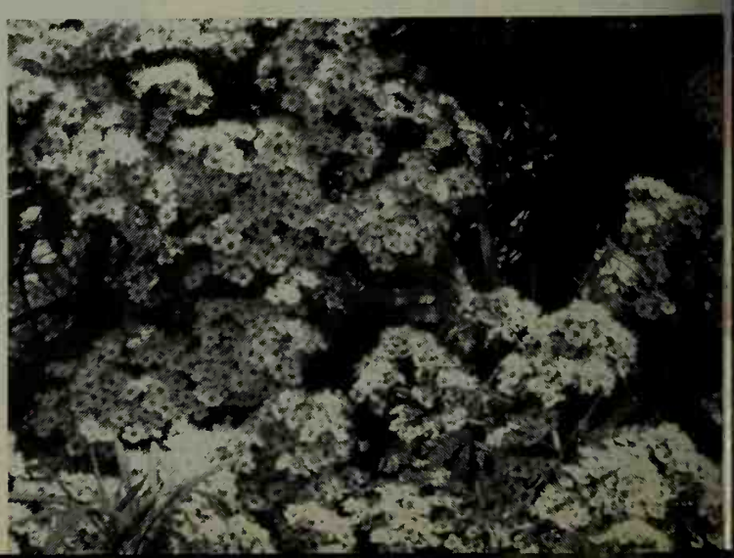
When the tree gets tall it also show fibrous dark red bark on the trunk w is quite attractive; it looks somewhat that of coast redwood.

Catalina ironwood, native to the isl off the coast of Southern California, best along the coast and in coastal va gardens (anywhere temperatures above 20°). It grows in a wide variet soils, but they must be exceptionally drained; a deep sandy soil is ideal.

If Catalina ironwood fails to grow the usual cause is planting it in too h soil or overwatering. Water trees r larly for a year or two. After that, w deeply during the dry season but no often than once a month.

Catalina ironwood is quite adaptab pruning, so it makes a handsome fo hedge. It can also be an informal sc (it takes wind well) or a street (because of its rather narrow gro habit). Or you can plant it in grov three or more. If you let the st sprouts grow instead of pulling t you'll end up with a multistem shrubby tree or a great big shrub.

June *brings profuse display of white blooms in flat clus*



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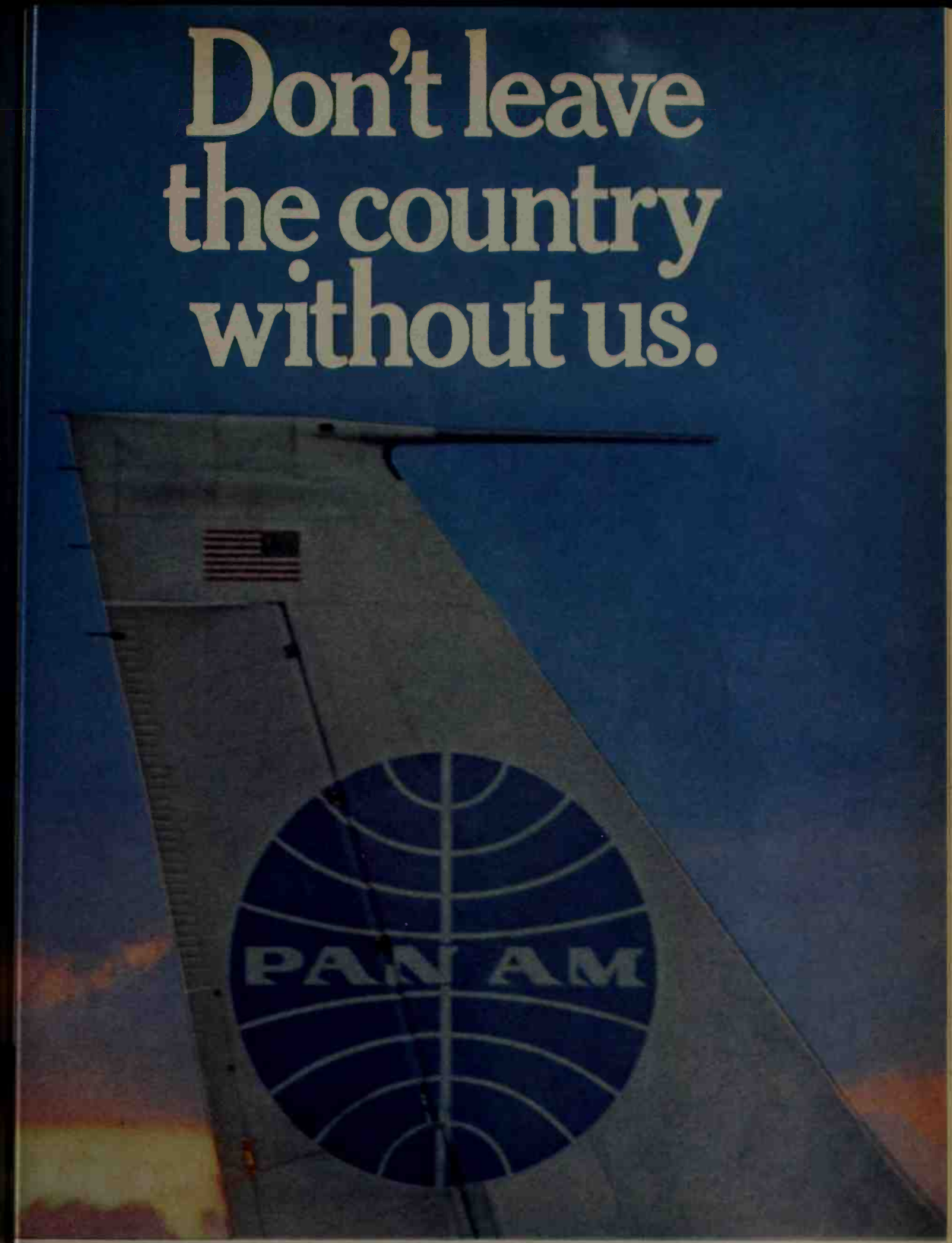

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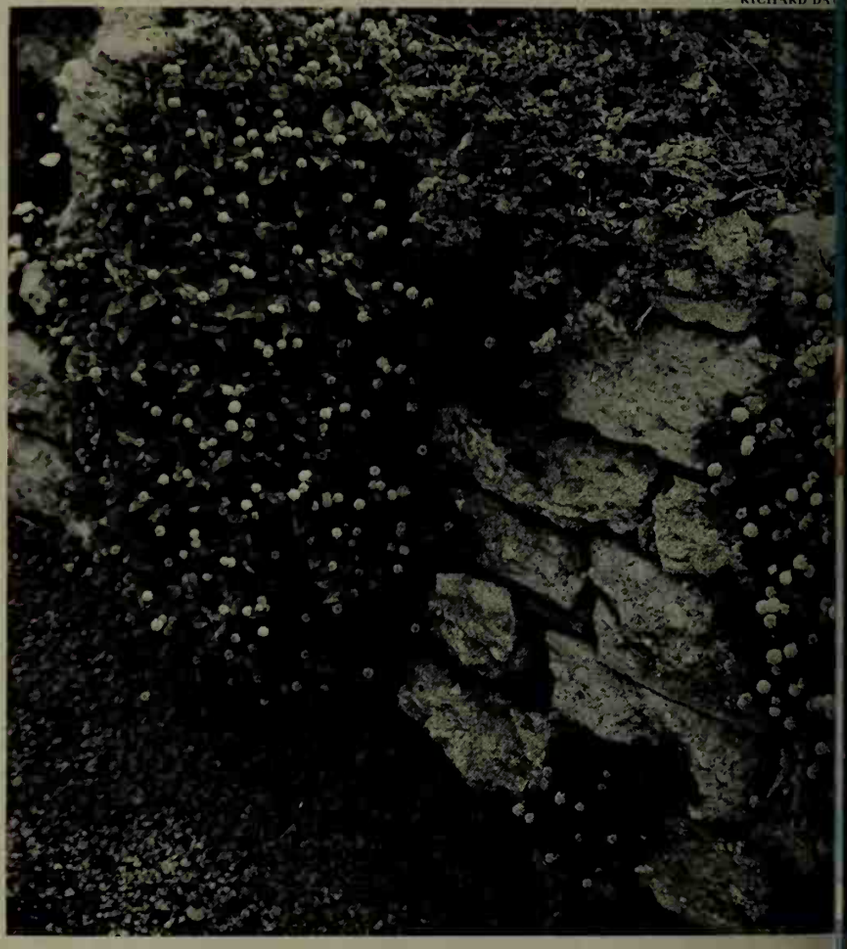
ROBERT COX

Cracking concrete *the hard way: boy cracks slabs from earlier terrace. Man sets test courses*

Plant trailing *over the wall is pink-flowered* Polygonum capitatum

RICHARD DAY



Wall building with broken concrete

You can't make a silk purse out of a sow's ear, but you might be able to make a serviceable pigskin wallet.

Here the wrecking of a substandard terrace and the excavation of an area for a room addition left a vast pile of earth mixed with shattered slabs of concrete. The owners decided to save soil and concrete to use for leveling and terracing the rear lawn, and to make a raised planting bed in front of a low retaining wall.

They stacked pieces of broken concrete in courses to make a low barrier, then filled in behind with a mixture of excavated soil and sawdust. Construction is easy; chunks are laid down to bridge gaps in the previous course, and the wall is given a slight "batter"—an inward slope for stability. Since every crevice is a weep hole for drainage, water drains freely and pressure doesn't build up behind the barrier.

The good drainage makes a cracked concrete wall an excellent place to grow small flowering plants, and the neutral background displays them well. You can choose from a variety of small rock garden plants for the crevices. If these are hard to find where you live, consider the low-growing flowering or foliage plants sold as ground cover. Many make splendid trailing or cushiony wall plants.

The following are easy to find and grow: basket-of-gold, trailing campanulas, perennial candytuft, perennial dianth, smaller ice plants, snow-in-summer.

You can set small plants in the chi while you are building the wall.

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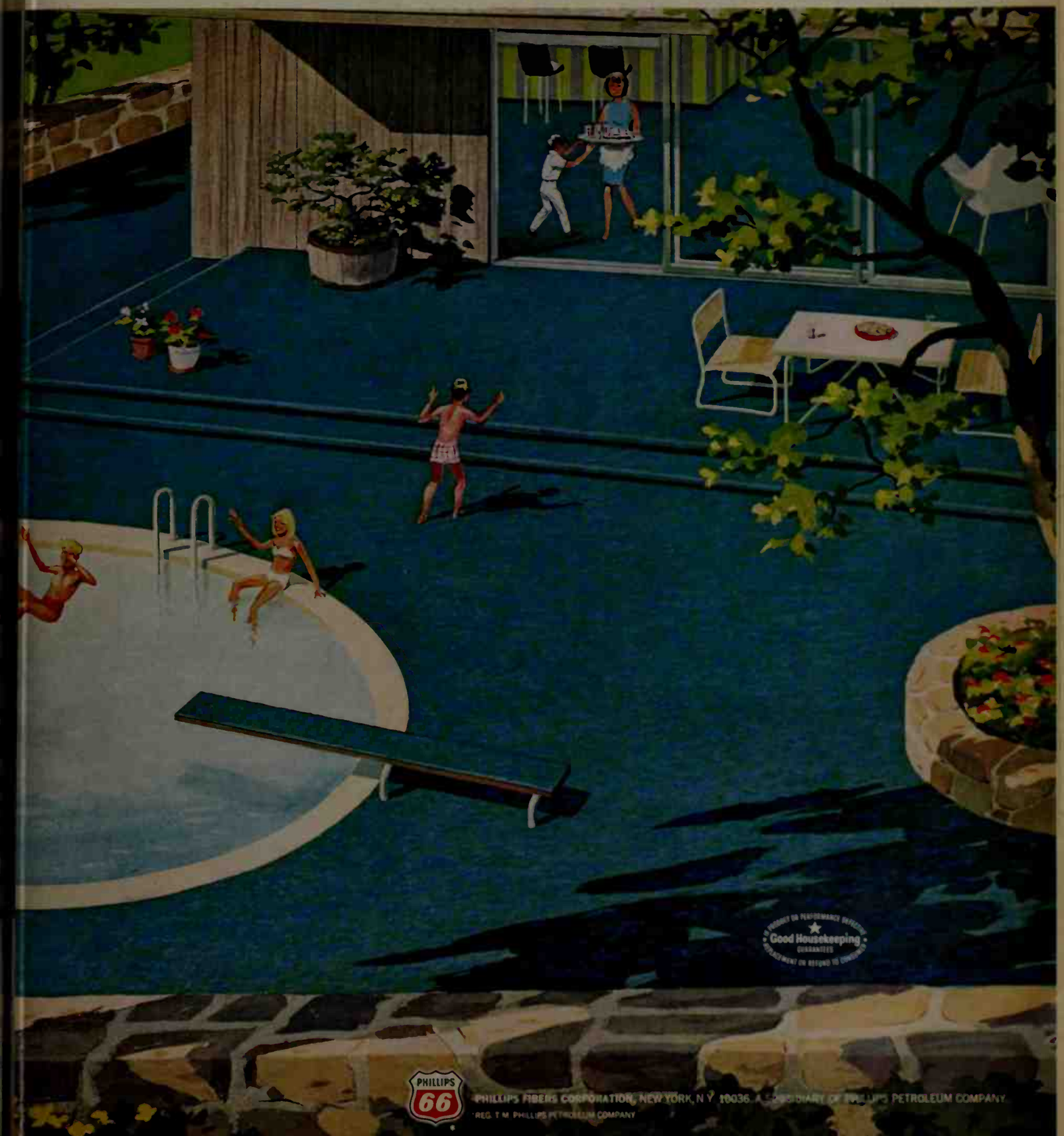

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RICHARD DAWSON

Katsura tree *growing in Dr. Marvin Naman garden, Santa Cruz (design: Roy Rydell). Typically, trunk divides low into several stems*

The katsura tree likes it in the cool

Bark *of trunk gray-brown with interesting stripes*

Gardeners who live in cool coastal areas, who can find a place in the shade of broad-branching trees where there's plenty of humidity in the air, can grow the delicate-looking katsura tree *(Cercidiphyllum japonicum)*. It needs rich, moist, well drained soil, and does best where it won't get reflected heat.

In its native Japan it may grow to 100 feet, but it stays 20 to 30 feet high in western gardens. The farther south you go, the more shrublike it is. Foliage burns badly in hot dry areas.

Inconsequential flowers show before the leaves. It's the handsome foliage that counts. New growth is purplish to reddish; the mature 2 to 3-inch, roundish leaves are dark green above, blue-green beneath, on red stalks; they are regularly arranged in pairs. The more frost you get, the more beautiful is the autumn color—bright yellow with some scarlet.

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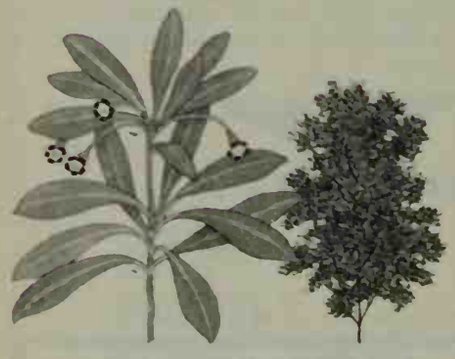
Nine pittosporums ...good looking and very useful

Pittosporum—say it "p'-*tahss*-p'rum" and you suggest that you're learned but may be a bit of a snob; say it "pit-o-*spore*-um" and you are one of the vulgar masses or a determined individualist. Nobody—snob, slob, or iconoclast—ever puts the accent on the first or last syllable.

However you say it, pittosporum is a word we live with a lot because it's the name for some of the most-used shrubs in California landscaping (and, in a few cases, in Arizona, too). There is no common name for the whole group, and the common names for the different species rarely catch on because they are either old-fashioned, gingerbread English, or hard-to-pronounce native words of the continents and islands from which they come.

All are evergreen and reliable. All have nice foliage. None has showy flowers but most have fragrant flowers. Several can be handsome, full-sized trees; or they can be planted close and trimmed to be hedges. In the descriptions below, you will find "natural height," the height they reach if they aren't pruned or sheared. The illustrations show the typical unsheared form and the shape of the leaves.



P. crassifolium

Leaves 1 to 2 inches long, thick, dark green above, whitish beneath—total effect is gray-green. Natural height: to 25 feet. Can be kept at 6 to 10 feet by pruning. Annual pruning also helps keep it densely foliaged to the base. Wine red flowers in loose clusters, dark and barely noticeable, appear at branch ends in late spring. The flowers are followed by gray, hairy capsules about an inch long. Good near the ocean; takes wind well.

P. napaulense

Leaves 4 to 8 inches long, glossy. Natural height: to 12 feet or more with a 10-foot spread. Large shrub or small tree. Won't be sold much until 1970. A vigorous grower with exquisitely scented blooms consisting of large clusters of small flowers in terminal clusters. Called "golden fragrance." Has known success in Southern California for 20 years, and is hardy to at least 27°. Does well in both full and partial sun.

P. rhombifolium

Leaves 4 inches long, glossy, rich green. N ural height: 15 to 35 feet. Slow-growing sh makes handsome foliage pattern open enou to see through, dense enough to serve numbers) as screen. Nice small patio t Clusters of small, white flowers in late spr mature into yellow to orange, ½-inch-ro fruits in clusters, showy from fall thro winter. Very subject to aphids. Grows coast, coastal valleys, length of California

P. eugenioides

Leaves 2 to 4 inches long, medium glossy finish, yellow-green to deep green with clean lemon-pine fragrance when crushed. Natural height: to 40 feet. Hidden yellow-green flowers (on unsheared plants) give fresh spring fragrance. Marvelous hedge (used chiefly along northern California coast, in Bay Area). Plant 18 inches apart; shear off top 2 to 6 inches several times February to October; trim sides to hedge pattern.

P. phillyraeoides

Leaves 3 inches long, dusty green. Natural height: 15 to 25 feet. Takes intelligent staking and pruning to grow it into tree form. Attractive in a spotlight position of distinction. If it's by a patio or window, you can smell its great abundance of small yellow flowers in late winter, early spring. Decorative, oval, ½-inch-long deep yellow fruits. Gets along on little water, but also does well when watered regularly.

P. tenuifolium

Leaves 1 to 2 inches long, glossy, medium dark green; leaf stems and twigs are alm black. Natural height: to 40 feet. Tiny flo ers that grow among the leaves on unshear plants in spring are dark purple; you not their nice honeylike scent. Fruits, ½ inch lo are not ornamental. Popular for hedges in S Francisco Bay Area and northern Califor coast and coastal valleys. Can become han some tree. Often sold as *P. nigricans*.

P. tobira

s 2 to 5 inches long, dark green, glossy. al height: to 30 feet. Handsome tiger e pittosporums — toughest, most often d. Don't shear it. Give ample room for al development, or prune to single trunk aracter plant. White spring flowers have e-blossom scent. Roundish green summer split to show orange seeds. *P. t.* 'Varie- grows lower (spreads as wide), has gray- leaves edged in white.

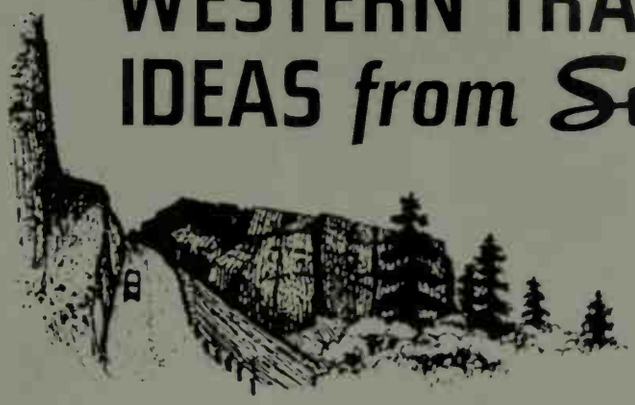
P. undulatum

es 4 to 6 inches long, lustrous deep green. ural height: 30 to 40 feet. Small, unim- nt white flowers in spring give strong e-blossom fragrance. Round, yellowish e fruits open in fall to show orange seeds sy on paving). Used as street and lawn or unsheared screen plant — widely in hern California, to fair degree in Bay Area some big freezes have killed plants and planting a risk.

P. viridiflorum

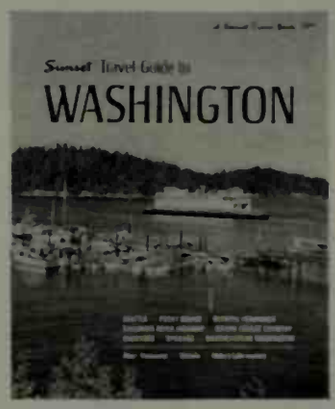
es to 3 inches long, deep green, glossy. ural height: to 25 feet. This one comes South Africa, but it's similar in many s to *P. tobira* that comes from China and m. Yellowish green flowers have fragrance *P. tobira*. Use as you would its Oriental tive, but its treelike stature makes it also ful as small street or garden tree. More ten- than *P. tobira* and best along coast and in stal valleys.

WESTERN TRAVEL IDEAS *from Sunset*

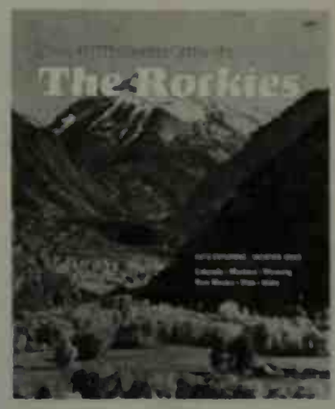


OREGON The unspoiled quality of Oregon refreshes the traveler. Few states offer such a dramatic assortment of travel experiences. From the spectacular Coast Highway to the Oregon Caves and from Hells Canyon to the modern city of Portland, this guide features practical, up-to-date travel information. Divided into geographic regions for easy traveling. Excellent large photographs and maps emphasize the highlights of this diversified state. $1.95

WASHINGTON Variety is the key to Washington with ideas for trips to the mountains, ocean beaches, inland lakes and rivers, modern cities, and primitive forest lands. This is reliable where-to-stay, what-to-see information for visiting Seattle, Puget Sound, the San Juan Islands, Coulee Dam, the Columbia River, the Olympic Peninsula, the Cascades Recreation Areas, Spokane, Walla Walla, as well as Idaho's Lake Country and parts of Canada. $1.95



THE ROCKIES Vacation ideas abound in this all new Sunset Discovery Trips in the Rockies. Extending from Montana to New Mexico through Idaho, Wyoming, Utah, and Colorado, each range of the Rocky Mountains has its own special scenic variations. Popular regions, such as Yellowstone, Grand Teton, and Carlsbad Caverns National Parks are thoroughly explored. Here is current information on what to see and do along the length of the Rockies. $1.95



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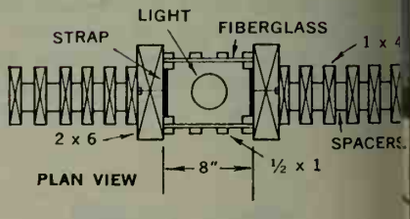
DON NORY

Light bulbs *behind each of the narrow fiberglass fence panels (three are shown here). Double petunias blooming in foregro*

Low-voltage garden lighting



View from above. *Bulb sockets are se continuous concrete footing beneath fe*

Night-lighting without glare was the architects' objective for this suburban entrance court near Bellevue, Washington. The low-voltage lighting is pleasant to live with on summer evenings, when the generously wide approach through garden beds doubles as a terrace.

The 6-foot-tall screen that separates the parking space and carport from the entrance court acts as a background summer flowers. Amber fiberglass pa placed at 5-foot intervals in the fe are sources of light. Bulbs at ground l reflect up the entire length of the colu

Notice in the photograph at left how shallow steps are illuminated at ni for walkers, by tiny bulbs in the rise

Landscape architects Jongejan & Gern redesigned this court for Dr. and M Alvin S. Pearl.

Subtle, *low-voltage lighting includes tiny bulbs cessed in risers of shallow steps to illuminate tre*

SUNS

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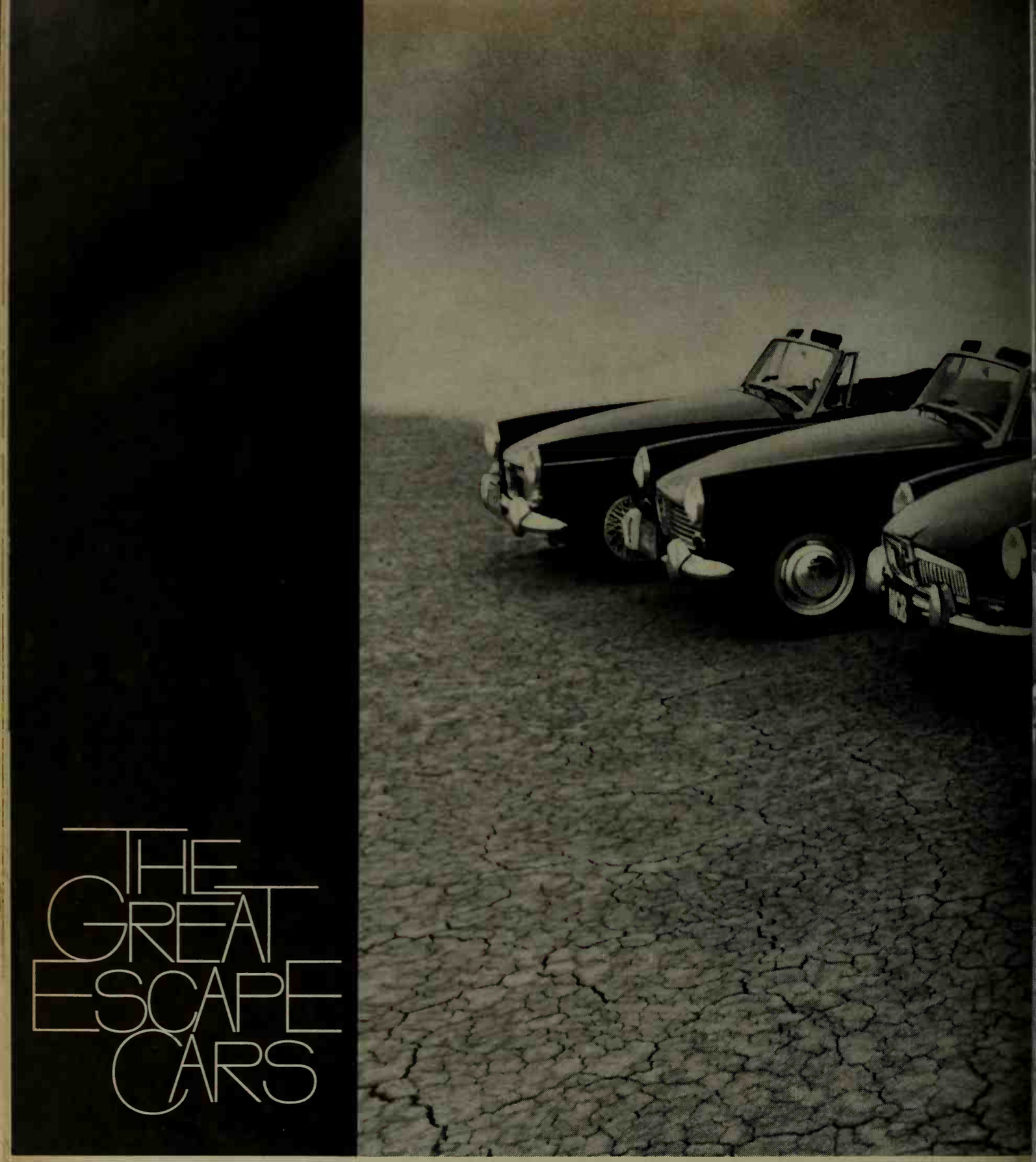

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LEFT TO RIGHT: MG MIDGET, SPRITE, MGB, MGB/GT, SPY (FEMALE TYPE)

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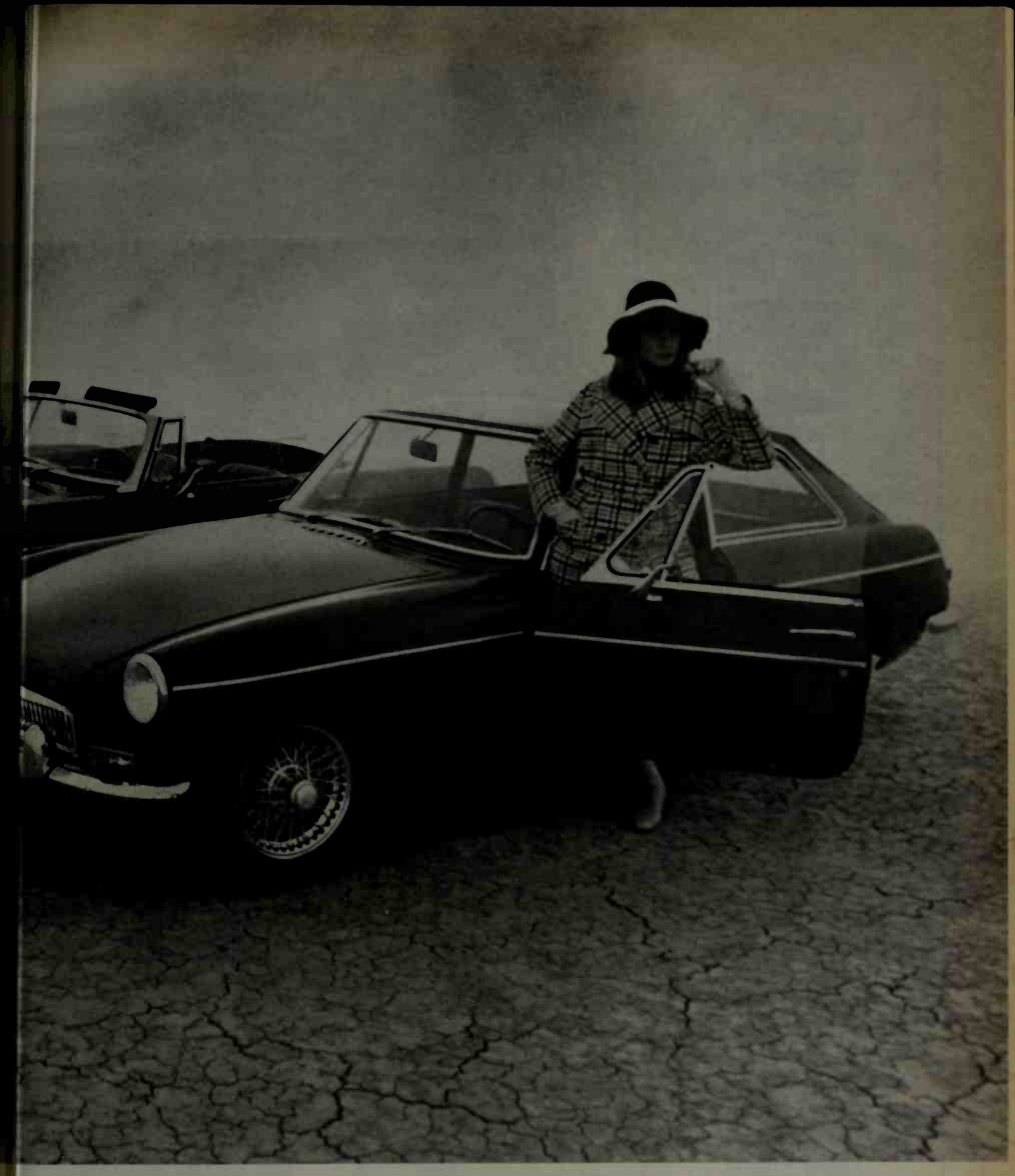

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DON NORMARK

Coral pink *'Marytje Cazant' blooms repeatedly on yard-high plants*

A look at the "other" roses

Modern Hybrid Teas, Floribundas, and Grandifloras have so thoroughly monopolized the rose scene that the other roses are sometimes overlooked. They shouldn't be. These other roses—Polyanthas, Moss roses, Bourbon roses, shrub roses old and new in nearly two dozen classifications—have much to offer. Many are deliciously fragrant, many are hardy and resistant to pests, and most are highly compatible with other shrubs, both deciduous and evergreen, in mixed borders.

HOW OLD IS AN OLD ROSE?

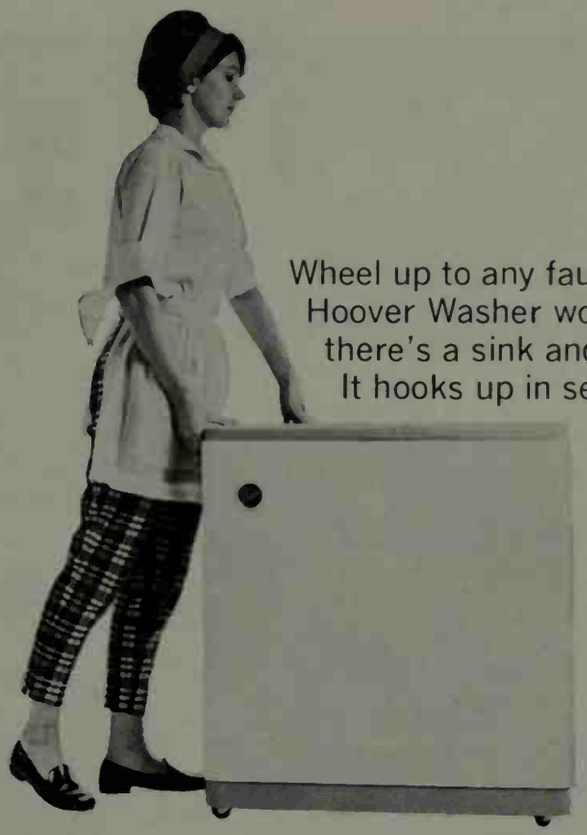
Some rose specialists contend that the only "true" old roses are those developed before hybridizers began to cross-breed with the China rose *(Rosa chinensis)*. Earliest species used in breeding garden roses were the following three:

R. centifolia, the cabbage rose, with pink to purplish double flowers, and a number of roses derived from it known collectively as *R. c. muscosa* or moss roses. Flowers may be single, semidouble, or

White *flowers of moss rose 'Comtesse Murinais' are lightly tinged with pi they grow on vigorous, 5-foot-tall pla*

Hoover's Mobile Washer

It's like a compact car. But for clothes.



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Horrell & Son Inc.
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557 Fourth St.
Phone 982-7130

San Jose
O. C. McDonald Co.
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Phone 295-2182

San Leandro
Marina Heating & Air Conditioning
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Phone 483-4547

San Rafael
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Phone 463-0564

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Canby's
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Phone 686-2879

Turlock
Turlock Refrigeration
510 North Hiway 99
Phone 634-7235

Ukiah
Redwood Air Cond. Co.
1078 Cunningham St.
Phone 462-2468

Vacaville
Hickory Air Cond. Co.
440 McClellan St.
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double, and colors range from white to red. Flower stalk and calyx of the moss roses are covered with green "moss"—a thick growth of bristly hairs.

Among cabbage roses still sold by specialists is 'Petite de Hollande,' a heavy producer of small, double pink flowers. Among many moss roses still available are: 'Alfred de Dalmas' (blush pink to white, blooms repeatedly), 'Comtesse de Murinais' (white with faint blush, blooms once a year), and 'Madame Louis Lévêque' (lilac pink, blooms once).

R. damascena, the damask rose, is said to have been brought back by crusaders from Damascus. Its double, heavily-scented flowers range from red to pure white. Among varieties still sold are: 'Celsiana,' pale pink blooms deepening to blush; 'Madame Hardy,' white flowers; and 'Marie Louise,' pink. These bloom once a year.

R. gallica, the French rose, is another very old garden plant, with records dating back to the thirteenth century. Most varieties are semidouble or double, and colors include pink, purple, slate blue, red, and white with red stripes. 'Charles de Mills' has deep purple flowers shaded lavender. *R. gallica* 'Officinalis,' also known as the apothecary's rose, has light crimson flowers with yellow stamens.

ENTER THE CHINA ROSE

Around the end of the eighteenth century the China rose *(R. chinensis)* was brought to Europe to add its everblooming qualities to roses already diverse in size, color, and fragrance. Among the kinds of roses that came from these crossings are Bourbon roses and Hybrid Perpetuals.

One of the older groups used in developing the Floribunda type is the Polyantha. These roses have very large clusters of small flowers and bloom profusely over a long period. Examples are 'Cécile Brunner,' with creamy pink flowers; and 'Marytje Cazant,' with coral pink flowers on a three-foot bush.

SOME CLIMBING KINDS

Lady Banks roses *(R. banksiae)* are evergreen climbers that may, in cold winters, lose some or all of their leaves. They have no thorns, a characteristic you'll appreciate at pruning time. Leaves are glossy, small (for roses), highly disease and pest-resistant. Flowers are small, but come in big clusters. The two kinds sold are 'Alba-plena,' with double white, violet-scented flowers; and 'Lutea,' with double yellow, unscented or slightly scented flowers.

'Mermaid' is a hybrid between the Macartney rose *(R. bracteata)* and a double yellow Tea rose. Its large single, pale yellow flowers appear over a long period. Leaves are shiny and evergreen except in coldest winters; growth is vigorous and thorny. 'Mermaid' makes a fine ground cover and looks great on a rail fence.

Here are June garden events

Redding. June 2. Show presented by the Redding Rose Society. Place: Crocker Citizens National Bank, 1320 Yuba St. Hours: noon to 5 P.M. Free.

Belvedere. June 6. The 22nd annual tea bazaar, and garden walk sponsored by the five Belvedere Guilds of Sunny Hill Home. Place: San Francisco Yacht Club, 98 Beach Rd. Hours: 1 to 4 P.M. Donation: $3.00. Tea will be served at the club from 2 to 4 P.M.

Five outstanding lagoon gardens and a mosaic workshop will be featured. Transportation will be provided from the club to the gardens.

Los Gatos. June 8 and 9. Annual event patterned after an old-time country fair presented by the Ming Quong Auxiliary. Place: Ming Quong Children's Center, 499 Loma Alta Ave. Hours: 10 A.M. to 4 P.M. No admission charge to the grounds; 40 fair booths will sell food and other items.

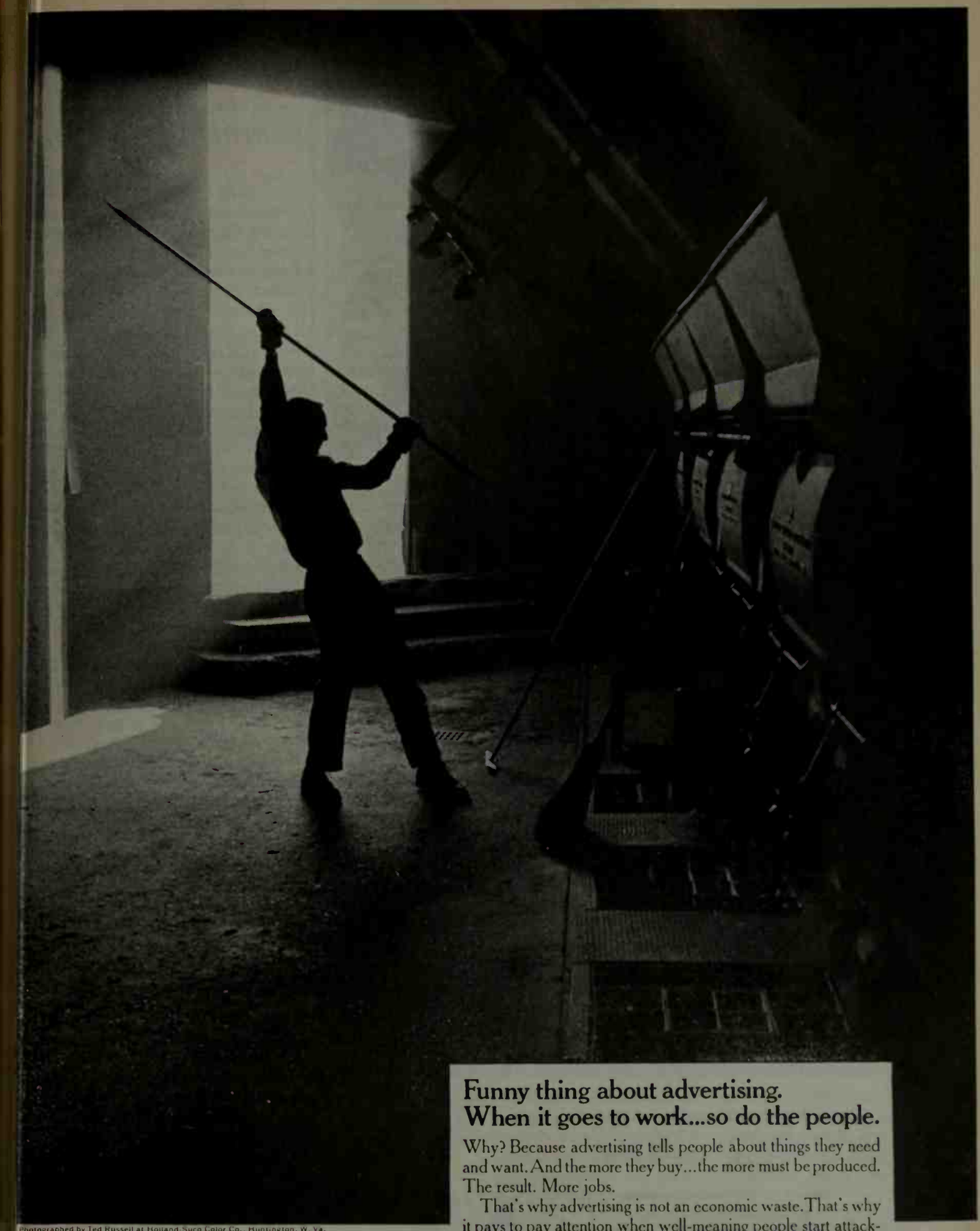
The site is an old estate with 9 acres of old native oaks, flowering eucalyptus, and many ornamental shrubs remaining from the original landscaping.

Carmel. June 10. The fifteenth annual house and garden tour presented by the Monterey Peninsula Volunteer Services. Hours: 10 A.M. to 5 P.M.; tea will be served from 3 P.M. at the Robert Louis Stevenson School, Forest Lake Rd., Pebble Beach. Admission: $3.00 — by mail from Monterey Peninsula Volunteer Services, Box 2004, Carmel 93921; or at any of the four Seventeen Mile Drive entrance gates (customary $2.50 gate fee has been waived). Advance reservations for optional lunch at the Beach and Tennis Club should be made by mail to the above address; enclose $1.50 extra per person for the lunch.

The tour this year will be within the Del Monte Forest. A map of the tour area with garden addresses and suggested driving route will be printed on the ticket.

Vallejo. June 17 through 29. Show sponsored by the North Bay Bonsai Society. Place: Solano County Fairgrounds. Hours: 9 A.M. to 10 P.M. Admission to the fair: adults, $1; students 12 and over, 25 cents with student card; children under 12, 25 cents.

Petaluma. June 27, 28, 29, and 30. Marin Bonsai Club exhibit. Place: Sonoma-Marin Fourth District Fair, Petaluma Fairgrounds. Hours: 10 A.M. to 10 P.M. Admission to the fair: adults, 75 cents; children 6 to 12, 25 cents; under 6, free.



Photographed by Ted Russell at Holland-Suco Color Co., Huntington, W. Va.

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Plant these for summer fragrance

There's a special magic in a fragrant garden. On warm summer evenings, the scent of flowers perfumes the air and sets a tropical, romantic mood. You can't find a better place for outdoor entertaining and relaxing.

All the plants listed below have fragrant flowers that bloom in summer. Some of them—such as jessamine, gardenia, sweet olive, and star jasmine — are equipped with fragrance so potent that it can fill every cubic inch of garden air space and drift into the house too. The others produce more subtle perfumes that usually won't travel quite as far and are best appreciated at close range.

To be sure of capturing the more elusive scents, grow your fragrant plants in a wind-sheltered place as close as possible to outdoor living areas. Grow fragrant shrubs underneath or next to a bedroom or living room window. Train fragrant vines up a patio support, over an arbor or on a post near a door. Grow the smaller plants in containers and move them onto the patio for special occasions.

SMALL PLANTS

Heliotrope. This is a good choice for containers. Plants stay small enough—usually not more than 2½ feet tall—and in containers they're easily moved to a protected spot during the winter. The dark-ish leaves and violet-blue flowers blend handsomely.

Tuberose *(Polianthes tuberosa).* A small plant, but one of the strongest scent-producers discussed here. It's easy to bring pots of tuberoses onto a patio where you can enjoy the fragrant white flowers. Plants grow from tubers. At some nurseries, you can buy plants blooming in cans now.

SHRUBS

Jessamine. Night jessamine *(Cestrum nocturnum)* and willow-leafed jessamine *(C. parqui)* produce flowers with a powerful (to some, overpowering) scent. A single plant per garden should be plenty.

Both of these evergreen shrubs grow to 6 feet tall or more. In inland gardens, plant in a place with overhead protection from the frost.

Gardenia. The fragrance is well known, not so well known is the best way to grow the plant. Except in hottest inland and desert areas, place it in a warm spot in full sun—never in shade. Plant in fast-draining soil mixed with at least an equa

t of peat moss or ground bark. Let
t system extend slightly above soil
Mulch with 1 or 2 inches of organic
. Keep soil moist. Feed every three
weeks with acid food.

generous source of fragrance, grow
plants as a hedge or screen; or
n containers for the patio.

s shrub *(Michelia figo,* often sold
fuscata). Pick one of the creamy
flowers and savor an aroma re-
g that of ripe bananas. This ever-
shrub has handsome, glossy, me-
green leaves. It usually grows to 6
so. Plant in rich, well drained soil
sun (part shade in hot areas).

olive *(Osmanthus fragrans).* You'll
ly never notice the tiny white flow-
t produce sweet olive's fragranee,
can reach as far as the seent of
lant described here. This is a big
een shrub that grows 10 feet high
re.

AND
ND COVERS

e. There are lots of different kinds
nine as well as several other plants
by that name—including the two
at the bottom of this page, star
e and Chilean jasmine.

rue jasmines that bloom with fra-
summertime flowers are Spanish
ne *(Jasminum grandiflorum)* and
ving jasmine *(J. nitidum,* often sold
magnificum). Spanish jasmine, a
ne, needs lots of room and a fairly
support. Angelwing jasmine can
own as a ground cover or trained
ine.

ysuckle. You can cover an arbor,
support, or any sturdy structure
giant Burmese honeysuckle *(Loni-
ildebrandiana).* This big evergreen
as fragrant tubular flowers that are
when they open, yellow to dull
e as they age.

fragrant bank or ground cover, you
lant Hall's honeysuckle *(L. japou-
Halliana').* But don't grow it near
you like—it will spread and crowd
lmost everything in its way.

an jasmine *(Mandevilla laxa,* often
as *M. suaveolens).* The flowers of
fast-growing deciduous vine smell
at close range and even at some
nce. They're attractive too: white,
pet-shaped, flaring to 2 inches wide
e top. Plant in a sunny spot in soil
d with organic matter. Provided with
g support, a Chilean jasmine will
15 feet or more.

jasmine *(Trachelospermum jasmiu-
).* Tie this plant to a post, fence, or
other support and it will climb; or
out branch tips and it will cover
ground. The clusters of star-shaped,
e flowers contrast nicely with shiny
green leaves.

New Seabury home, Cape Cod, Mass.; Architect: Royal Barry Wills & Associates, Boston; Developer: Emil Honslin, New Seabury; Cabot's Stains on siding

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Zinnias are lovers of heat and sunsl They thrive best with dry air and g ventilation; crowding, overhead water planting in confined, airless places them open to attacks of powdery mil

June is a good time to set out zi plants; growers have many kinds for

TALL ZINNIAS

It's hard to give exact heights, but v of the tall zinnias grow from 2 to 4 high. These big plants bear big flo with good stems for cutting. Plants usually sold in mixed colors, but stra colors are sometimes available.

'Bonanza.' Plants 2 to 2½ feet Flower heads 5 to 6 inches wide, v rolled and quilled (cactus-type) r Color is brilliant golden orange.

Burpee Hybrids. (Giant Cactus-Fl ered). This strain grows 2 to 2½ feet Flower heads 5 inches wide, with sha cactus-type rays in red, pink, ora coral, yellow, cream, and cerise. (See 'V Cherry,' below.)

California Giants. Tall (3 to 4 feet), v 5 to 6-inch-wide flower heads of da shape in bright and pastel colors.

Dahlia-Flowered. (Mammoth or Gi Mammoth.) Plants of this strain grow feet tall. Flower heads to 6 inches acr 4 inches deep. Rays broad and flat.

'Envy.' Plants 2 to 2½ feet tall. Cl treuse-green dahlia-type flower head to 4 inches across.

'Firecracker.' Resembles 'Bonanza,' flowers are bright, clear red.

State Fair. Plants of this strain ar feet tall and produce an abundanc 6-inch, dahlia-type flower heads in bri and pastel colors.

'Wild Cherry.' This Giant Cactus vari is a 1968 All-America selection. Plants feet tall have 6-inch cactus-type flow of rich cherry rose.

LOWER-GROWING ZINNIAS

Lilliput, Pom Pom, and Tom Thu These strains are all very similar. Pla are bushy, compact, 1½ to 2 feet Flower heads are about 2 inches acr often nearly as deep, with broad rays

Old Mexico. Novelty strain grows as inch mounds heavily studded with 2 inch flower heads. These show strik blendings of deep red and yellow.

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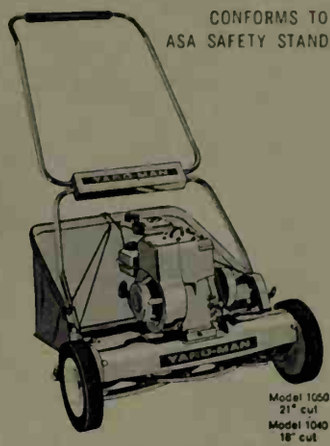

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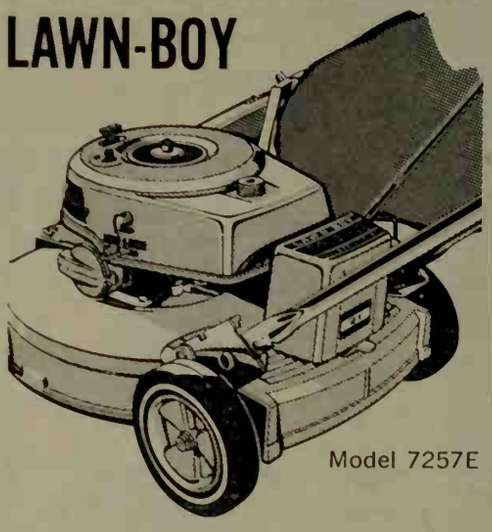

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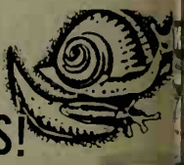

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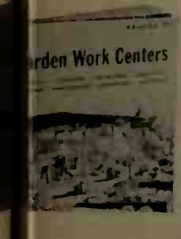

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Yasutomo & Co., the West's largest importer of Japanese art, craft, & stationery supplies, is offering its new catalog. You will find Sumi painting kits, Origami books, rice paper napkins, Soroban counting boards (to teach the New Math), Mingei calendars, Someil dye crayons (to make batik fabrics), art print stationery sets, wrapping paper. All are available at your local gift or stationery store. Send 50¢ for catalog to Yasutomo & Co., 24 California St., San Francisco, California 94111.

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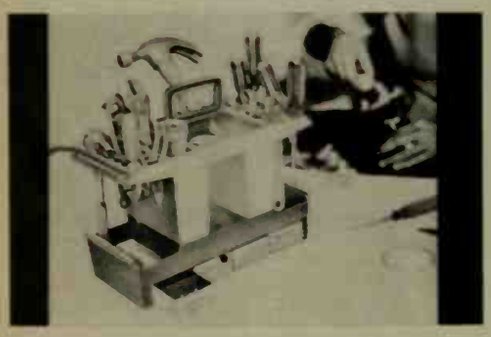

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The iridescent rascals are at their prime now. Hang "Hummy-Bird Bars"® in your garden and enjoy bird antics as they sip goodies from clear plastic buffets. They love the *real wood perch* (actual photo). No metal to rust, no drip, so easy to clean. A gracious gift! Money back guarantee, full instructions, $2.95 and 26¢ pp. In Calif. add 15¢ tax. Sorry no COD's. Hummingbird Heaven, 6818-S Apperson St., Tujunga, Calif. 91042 (Makers of the Oriole "Fun-Bar"). Our 13th year of service.

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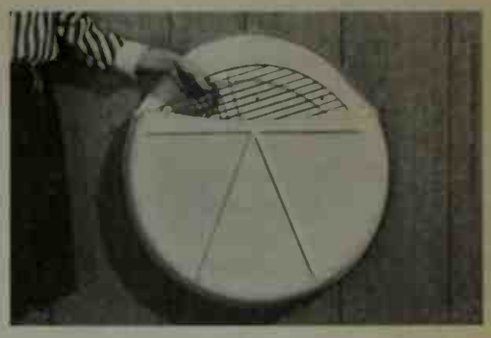
Handy Dandys are sturdy, plastic caps that snap into ⅛" pegboard and hold quarter-twist baby food jars. Nothing better for storing nuts, bolts, nails, screws, small tools, etc. Make use of wasted wall or door space. Keep workshop supplies orderly, clean, visible. Sample order 10 for $1; ## 36 for $3; ## 72 for $5; ## 500 for $32.50. Handy Dandys only—no jars. Shipped USA post paid. No COD's. Wickliffe Industries, Box 286 SS-6, Wickliffe, Ohio 44092.



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"Parisienne" Twins

Imported matching salt shaker and pepper mill by the world famous Peugeot Freres will help spice up all your meals. Sturdy case hardened steel grinders guarantee years and years of dependable service. Each set is gift boxed with a jar of Malabar peppercorns. Perfect gifts for a shower, weddings, or your favorite hostess. Dark Walnut Set, $4.25; Light Beechwood Set, $4.25. Ppd. anywhere in the U.S. No C.O.D.'s please. Write for complete catalog. Bazar Francais, 666 Sixth Ave., New York, N.Y. 10010.

Pineapple House Plants—from Hawaii

Start your very own Pineapple Plantation. Will grow anywhere. These attractive plants produce a beautiful bright red cone in the center of the forming fruit. The fruit turns from green to a vivid gold at "harvest time" and after chilling is ready for the table. Starter slip and full instructions come to you direct from Hawaii for $1.95 or three for $5.00 prepaid. Add 50¢ each for handling and postage. Hawaii Plantations, Inc., P.O. Box 10185, Honolulu, Hawaii 96816.

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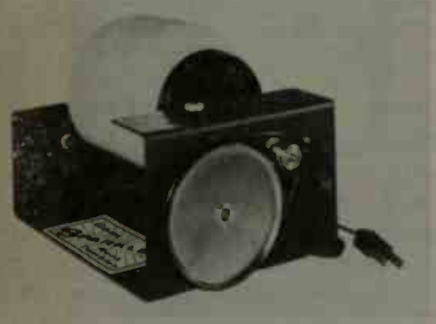

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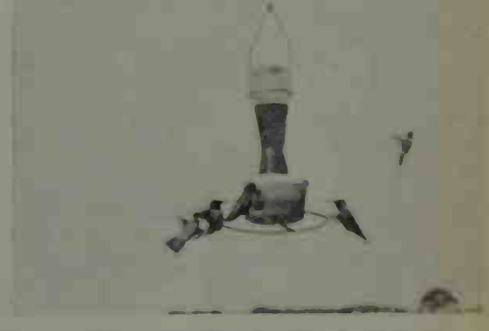

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Now you can enjoy these pretty little birds as they flock to feed, four and five at a time, on this genuine Iridite® circle perch. (See actual photo.) Will not drip, even in heavy wind. Will not rust and is so easy to clean. No bees or other birds allowed. A thoughtful gift for any age. Money back guarantee and full instructions. $2.95 each plus 30¢ postage and handling. In Calif. add 15¢ tax. *Dorbud Products*, Dept. B-6, 6855 Van Nuys Blvd., Van Nuys, Calif. 91405.

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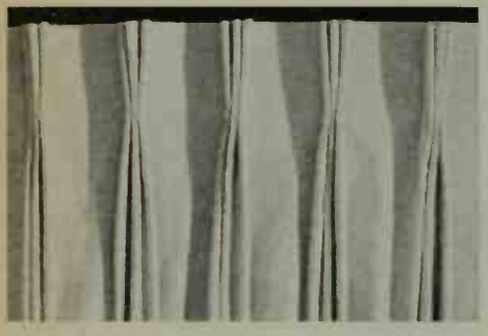

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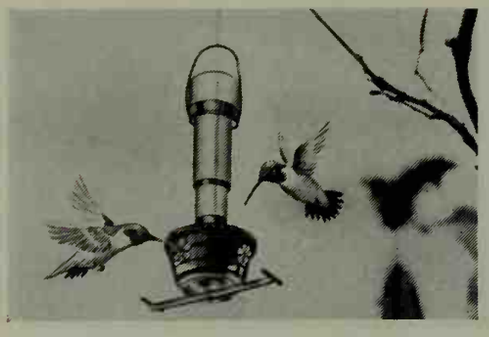

4-Way Hummingbird Feeder—$1.98

Deluxe hanging feeder attracts the tiniest, quickest, most agile birds of all. Four can feed at one time. Hours of enjoyment for bird-watchers, shut-ins, everyone! A hummer consumes half its weight in food daily, so one may drink from your feeder as often as every 15 minutes. Lure them with a 4-oz. pack of Nectar Mix or sugar water. Weatherproof plastic 9" high. *Money-back guar.* Hummingbird Haven $1.98, Nectar Mix 69¢. Ppd. Sunset House, 435 Sunset Bldg., Beverly Hills, Calif. 90213.

You can grow popcorn

You can grow all the popcorn your family is likely to pop if you have about 150 square feet of reasonably good soil in a sunny part of the garden.

It's easy to do. Anyone who has grown sweet corn already knows how to grow popcorn. The two crops are similar, but they do have a few small differences.

You will notice one difference when shopping for seeds. Racks may hold a dozen different packets of sweet corn but probably only one kind—if any—of popcorn. If you can't find popcorn locally, order by mail from either of these two Western seed companies: W. Atlee Burpee Co., Box 748, Riverside, Calif. 92502; or Gill Bros. Seed Co., Box 16128, Midway Station, Portland, Ore. 97216.

Here are some kinds of popcorn that you may find on seed racks and in seed catalogs: 'Hybrid South American' and 'Burpee's Peppy' have kernels like ordinary corn; 'Australian Hulless' and 'Japanese Hulless' have narrow, pointed kernels; 'Strawberry' has dark red kernels and ornamental value too—the small ears are shaped like strawberries.

WHEN AND HOW TO PLANT

For most parts of the West, May and June are the corn-planting months. In the Northwest, try to get seeds in the ground by mid-June. In sections of California with long growing seasons, you can plant until the end of July.

Plant seeds 1 inch deep in blocks of short rows 3 feet apart; when seedlings come up, thin so they stand about a foot apart. Or plant in "hills"—six or seven seeds in clumps spaced 3 feet apart. Later, thin seedlings, leaving only the three strongest plants.

DURING THE GROWING SEASON

When stalks are 7 or 8 inches tall, feed with complete fertilizer. Plants need ample water throughout their large root zones all the time they're growing. When tassels first show at the top of stalks, water especially thoroughly and deeply. Give another good deep watering when silk appears on ears. Don't remove suckers at base of stalks.

HARVEST

Leave ears on stalks until they ripen fully—when husks are dry and kernels hard. Store ears in a dry place and let them cure for at least two or three weeks before popping. Remove kernels by rubbing ear from tip to base.

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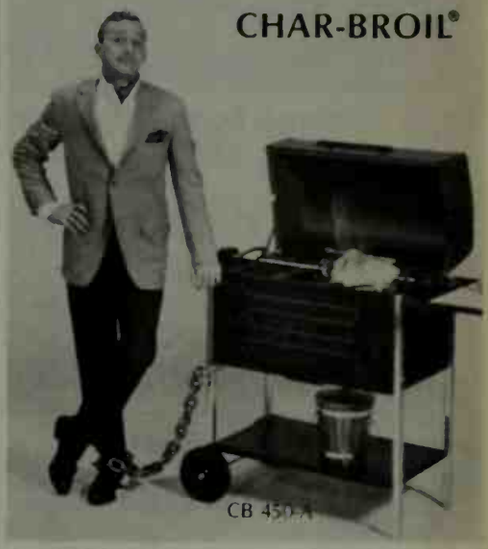

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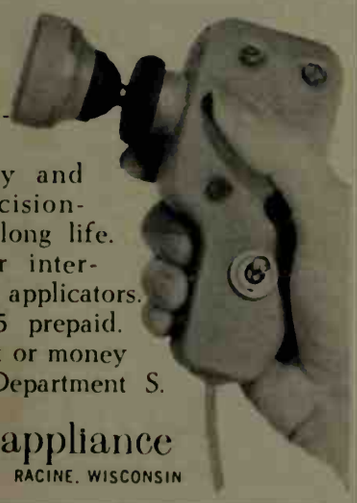

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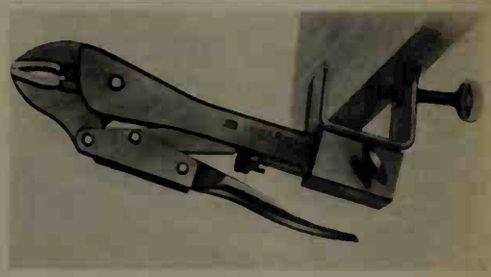

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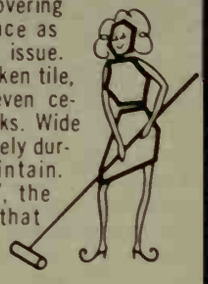

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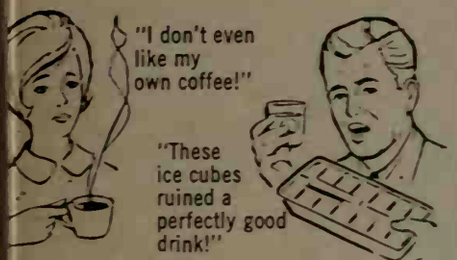

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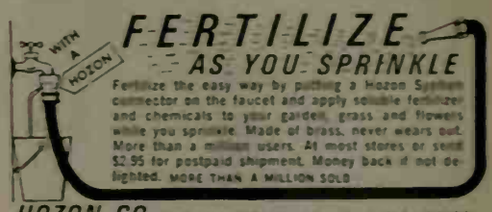

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Can you trust what you read in Sunset?

Many of Sunset's friends ask about our scouting, research, and reporting procedures: how we go about developing and confirming the information we publish in *Sunset* articles.

It is our aim to make our magazine as reliable as we possibly can. To accomplish this we have a staff of writers, editors, and specialists with experience in many different fields—from food chemistry and entomology to geology and architecture—and with a background of long-time residence in every state and region in the West.

There are more than 40 of them, based at our home offices in Menlo Park and at field offices in Los Angeles, Seattle, and Honolulu. Their editorial assignments serve continually to increase their expertise. They experiment in *Sunset's* gardens, kitchens, studios, workshops. They travel a great deal in—and beyond—our primary area of interest, the Far West. They draw on the most knowledgeable sources of information. They personally see, try out, and evaluate the things they are going to write about.

Finally, when they have written their articles, they subject the manuscripts to a crossfire of critical checking.

This checking system is unusual, and we consider it invaluable in helping us maintain a high standard of thorough and accurate reporting. Copies of *Sunset* articles in preparation are sent to persons with expert knowledge of the subjects. On a major story these checkers, leading authorities in their fields, may number as many as 25 or 30; each one is asked not only to make necessary corrections but also to challenge any statement that seems even slightly questionable.

Sometimes, of course, the checkers don't agree with one another; then still further investigation is necessary, with *Sunset* finally deciding what's right—and taking responsibility for the decision.

Errors occasionally creep into *Sunset*, but to do so they must elude a complex system of filters—a system we constantly try to make more effective. For it is very important to us to retain the confidence of the two million Westerners who read what *Sunset* has to say each month.

WINDOW ON THE WEST: The inland sea

The venerable double-ender *Chetzemoka* heads into the ferry slip at Shaw Island, on the Washington State Ferries route from Anacortes through the beautiful San Juan Islands to British Columbia's Vancouver Island. The Washington State Ferries are connecting links within the state's highway system, absolutely necessary because the inland sea called Puget Sound slices 75 miles into western Washington with channels too wide to bridge.

Middle-aged California visitors may find the *Chetzemoka* and several other Puget Sound ferries strangely familiar, because these are ferries that served on San Francisco Bay before the building of the bridges. The *Chetzemoka* changed her name when she went north a generation ago. In her earlier life she was the *Golden Poppy*.